

The Christian Life.

Marital Purity is Essential to Truest Happiness.

8th Year.

Morton Park, Ill., Oct.-Dec., 1894.

No. 30.

THE CHRISTIAN LIFE.

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National Purity Association, Publishers.

Sexual purity is essential to highest spiritual Christianity, to best health, to true happiness, to noble parentage, and to the highest quality of offspring, physically, mentally, morally and spiritually.

Quarterly, per year, 50c.; 12 Copies 1 Year for each \$ 5 Share.

Not published weekly at present time.

Entered at the Morton Park P. O. as second class.

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Grand Humanity.

The hours are growing shorter for the millions who are toiling,

And the homes are growing better for the millions yet to be;

And the poor will learn the lesson, how that waste and sin are spoiling

The finest and the fairest of a grand humanity.

It is coming! it is coming! and men's thoughts are growing deeper;

They are giving of their millions as they never gave before;

They are learning the new gospel: man must be his brother's keeper,

And right, not might, shall triumph, and the selfish rule no more.

HUMANITY'S OPPORTUNITY.

We think that the circulation of pertinent facts by the printed page is one of the most helpful, as well as most successful plans.

It is of the utmost importance that the laws governing heredity shall be generally known, instead of being almost totally ignored, as in the past.

As long as people labor under the delusion that natural law is not applicable to the propagation

of the human race; that nature is fickle, and that no provision can be made to change the quality or character of offspring, that an imbecile or monster is just as likely to be born under favorable conditions as a perfect child, just so long will the matter of heredity be ignored, and hap-hazard, ill-conditioned children be the rule.

As the glory of a nation is in the nobility of its citizens, the first care of government should be to promote and conserve the things which tend to the production and preservation of truly noble men and women.

This, then, is the highest question which can engage the mind of man. The true measure of an age or a nation is the moral worth and purity of its people.

A nation may become great and powerful for good—be a worthy object for patriotism, or it may die disgraced, a victim of its self-engendered vices.

What could stand before a nation of patriots, every individual member of which had just cause to be grateful to that nation for a wise and intelligent heredity?

When a nation shall awake to the magnificence of the opportunity, not only to better the condition of mankind, but also, to aid in the production of a superior race, the past achievements of man's brain, grand and beneficent as they have been, will sink into comparative insignificance.

The Bible and Sexual Purity.

Continued.

The teachings of Jesus, in regard to divorce, are plain and unmistakable (Matt. 19:9): "Whosoever shall put away his wife, except it be for fornication, and shall marry another, committeth adultery; and whoso marrieth her that is put away doth commit adultery."

It is evident that separation without future marriage is permissible where circumstances demand it without either party being guilty of adultery.

It is also evident that the innocent party to a divorce may remarry.

The language used in reference to divorce was a reply to Pharisees who were trying to entangle him. His disciples, hearing the reply, say, "If the case of the man be so with his wife, it is not good to marry." But he said unto them "All men cannot receive this saying, save they to whom it is given. For there are some eunuchs which were so born from their mother's womb; and some were made eunuchs of men; and some have made themselves eunuchs for the kingdom of heaven's sake. He that is able to receive it, let him receive it."

To most people the meaning of this quotation is obscure and an explanation may prove helpful to such.

The disciples were referring to the statement against divorces. They, it appears, considered indissoluble marriage too great a hardship, and that the rule laid down by the Saviour gave too small chance to escape from matrimonial bondage.

What did Jesus mean by his reply, "All men can not receive this saying, save they to whom it is given"?

Did he mean they could not be governed by his teaching on the subject of divorce? That seems to be the logical conclusion, and yet the reason for such a statement is not evident. If it is the law it is equally binding upon all; and he stated it as the highest interpretation of law upon the question.

Did he mean, then, as so many have thought, that with some men virtue is an impossibility? and that to avoid sin they must be married? Could he mean that a marriage ceremony changed a vice into a virtue?

Did he mean what Richter said that "No man can live piously or die righteously without a wife"? or is Joseph Cook's idea the correct one, *"that the man who, when a supreme affection has been sent him, and an opportunity to found a new, self-supporting home, is yet determined to live alone, is living neither happily or righteously"?

It is pretty clear, from what follows in verse 12, that he made reference to the saying, "It is not good for a man to marry." This makes the matter clearer. That it is "not good to marry" does not apply to all men, however well it may apply to eunuchs. Others may find in marriage a truer, happier, more virtuous life.

He did not mean, then, that virtue is an impossibility, but that a man who ought to marry sins by refusing to do so.

*Cook, Marriage, p. 139.

"All men cannot receive this saying" must apply to "It is not good to marry", for the following reasons:

1. It is perfectly applicable to eunuchs, and to all who, for spiritual, mental or physical defects, or deficiencies, are not fit to marry.

2. It does not apply to that large class of virtuous men and women, whose evident natural duty seems to be to marry, found homes and rear children, an honor to God and a blessing to the world.

3. It cannot apply to the Saviour's statement regarding divorce and fornication, for this is applicable to all.

4. It cannot mean that a virtuous life is an impossibility, or that marriage is a cover for vice; for, if virtue is impossible it is unjust to require it; and to make marriage a protector of vice rather than a promoter of virtue is a sacrilegious perversion.

[This subject, begun in No. 29, will be continued until all biblical reference has been discussed. As a correct understanding of what the Bible really teaches, will be helpful to right living, and as the prevailing idea is the greatest hindrance to marital purity, and the prosperity of true Christianity, we consider this one of the most important questions which can engage our attention.]

If I can stop one heart from breaking,
I shall not live in vain;
If I can ease one life the aching,
Or cool one pain,
Or help one fainting robin
Unto its nest again,
I shall not live in vain.

—Emily Dickinson.

A reverent view of creative life is essential to true manliness.

Importance of Sexual Knowledge.

"My people are destroyed for lack of knowledge."
—Hosea 4:6.

"If I had only known," "If my parents had only told me, what a life of suffering I might have escaped!"

These, and similar exclamations, are the heartfelt laments of many men and women who feel that their lives have been made very unsatisfactory through failure to observe natural law relating to sex. In these laws every child has a right to be wisely and lovingly instructed, as early as he or she can comprehend such knowledge.

Parents feel incompetent and delicate about instructing their children. They put off the time and fear that knowledge may be worse for their little ones than ignorance. So they let them grow up uninformed as to the plainest and most important laws of life. They trust that in some way their innocent children may learn the truth and come out all right in the end: they thus run the risk of having them injured for life rather than impart to them the knowledge to which they are certainly entitled.

It is rightly considered of utmost importance that men in charge of passenger engines shall be thoroughly competent and informed. It is even more important that each child shall be so instructed that it shall be able to avoid making a wreck of body, mind or soul.

When we consider the great results which hinge on seemingly unimportant trifles, we can better appreciate the importance of correct knowledge upon the most vi-

THE CHRISTIAN LIFE.

tally essential subject with which mankind has to deal—life, and its varied interests.

"Trifles", an artist has said, "make perfection, and perfection is no trifle." If this is true of painting, of art, of literature, it must be equally true of that which pertains to life and character, health of body, clearness of mind and beauty of soul.

Upon obedience to correct, scientific laws depends the reaching of the highest attainments of wisdom and virtue. Disobedience, through ignorance or willfulness, will as surely lead to lowest degradation and deepest misery, as effect follows cause.

Correct knowledge, then, may make the difference between all that is grand and good, and that which is low and vile.

In stock raising it produces the difference between the inferior animal and the splendid thoroughbred.*

In the human race it affects the physical, mental and spiritual life, and marks the difference between strength and weakness, brilliancy of mind and total imbecility, virtue and vice, true goodness and moral leprosy.

Virtuous intelligence leads to highest positions of truest honor. Vice leads to lowest levels, and fills the almshouse, the jail and the asylum.

*In 1873, at the New York Mills sale, one Duchess cow was sold to R. Pavin Davis, of England, for \$40,600. Other cows sold at from \$5,000 to \$26,000. Later, one cow and three calves were sold by Mr. Murray to Mr. Cochran, of Canada, for \$50,000. Mr. Cochran sold this cow and her calves for over \$100,000. The pedigree of these cattle ran back only one hundred years.—History of Dukes and Duchess Cattle.

Virtuous intelligence is a safeguard against the pitfalls and seductions of vice. It is protection against the painted and flattering allurements and the siren voice of sin.

Virtuous intelligence makes the happy, prosperous, true home, possible. It gives to woman her rights, and inspires her heart with noble purposes. It gives man a reverent regard for woman and true respect for himself. It will give to both a just regard for the inalienable and divine rights of childhood, and enable them to so live that these rights shall not be violated.

Virtuous intelligence makes of men and women good citizens, and these make a noble state in which injustice becomes less and less, and in which the rights of all are respected and protected.

It is, under present conditions, impossible to entirely eliminate ignorance. There are too many wronged and degraded human beings, who have been so demoralized by hereditary influences, unjust laws and unwholesome environments, and it would be impossible, in one or two generations, to remedy the evil, or impart the needed information; and then there is the large class of conservative people who find it easier and more comfortable to move in the ruts of habit and custom, and to float down the stream, than to think for themselves; they prefer the "traditions of the elders" and the evils of custom to the enlightenment of science and Christian common sense. These stand in the way of all human progress; they deprive woman of her rights; they keep man

from being truly noble; they defraud the innocent, helpless unborn of what they are divinely entitled to—the best possible birth, and the noblest heritage of health, wisdom and virtue.

But the car of progress can only be hindered and checked by would-be teachers who themselves need to be taught. It is impossible to stop the progress of truth, for the day is speedily coming when the importance of knowledge will be recognized, and the day and the people that consider ignorance a virtue will sink into oblivion through the brightness of righteous intelligence.

Human monsters are born because natural law is transgressed. Idiots, thieves, libertines and murderers are the inevitable results of violating the laws of heredity and transmission. Much of this violation is occasioned by ignorance.

Inharmony, divorce and ill-assorted marriages are frequent because the law of love is transgressed, and for the most part ignorantly. Wives are outraged by kind husbands, ignorant of the laws of love and life.

Incorrect knowledge may be worse than ignorance. "None is so hopelessly wrong as he who is conscientiously wrong," and who can bring a clear text of scripture to his support. And if, in addition, he has the commentators and the church to stand at his back, his position becomes almost hopeless. But truth and justice must eventually prevail, and the true light shine.

Children must not only be well born, but they must be wisely in-

structed before they learn from vile and vitiating sources. They deserve and should have correct information, reverently imparted.

OUR THOUGHTS.

Our thoughts are odors, and we cannot seal them
So close with action but they will creep out;
And delicately-fashioned souls will feel them,
And know they're sweet or vile beyond a doubt.

Good deeds fall dead if selfish causes guide them,
Good words fall flat that but from lips have birth:
And eloquent and noble seems, beside them,
The silence or inaction of true worth.

—Ella Wheeler Wilcox.

Right thinking is one of the most important things in right living. Pure thought is essential to purity of life. It affects the present generation, and will affect that which is to come, as the thought of the past has left its impress upon the present.

There is a divine law that takes cognizance of the most subtle thought. This fact is a basic principle of the teachings of Christ. The facts were known, although the manner in which the law operates was not clearly understood. Now science confirms the fact, and the United States government has established a bureau for the investigation and development of the science.

It is a well-known fact that a cheerful disposition is conducive to health. A benevolent act results in physical as well as moral benefit. Pleasant recollections produce pleasing exhilaration, as worrying and brooding over evils have a depressing and injurious effect. Cases are recorded of children being poisoned by nursing soon after the mother had been angry or frightened.

Emotions of the mind cause chemical changes in the blood,

and affect not only the individual, but all concerned.

The following extracts are from the report of Prof. Gates who has charge of the bureau:

Suppose half a dozen men in a room, one feels depressed, another remorseful, another ill-tempered, another jealous, another cheerful, and another benevolent. It is a warm day: they perspire. Samples of their perspiration, on examination, reveal all these emotional conditions. Each bad emotion produces its own peculiar poison, and has a deleterious physical effect. A man greatly depressed is unfit for work. Bad ideas kill energy. On the other hand, happy feelings create energy and make one feel like exerting himself. Of all the chemical products of emotion that of guilt is the worst.

This new science does not pertain to the realm of the visionary. Its conclusions are based on facts.

For each bad emotion there is a corresponding chemical change in the tissues of the body, which is life-depressing and poisonous, while every good emotion makes a life-promoting change. It follows that it pays to be good and to do good for one's own sake. A noble, generous action blesses both doer and beneficiary.

Every thought which enters the mind is registered in the brain by a change in the structure of its cells. The change is a physical one, more or less permanent. Bad thoughts build up structures of cells which engender evil ideas. Cheerful thinking makes a happy disposition, while indulgence in melancholy has an opposite effect. Apply this idea to morals: Take an ill tempered child. Its evil propensity springs from the over-development of certain brain structures. Too much blood goes to that part of the mind machinery, and excessive nutrition causes overgrowth. Every time the child is angry the blood flows to that portion of the brain. The remedy for this, or any other vice, is to teach the child to contemplate other things, such as are calculated to uplift the mind and to distract attention from bad ideas.

Consider the case of a man who is unhappy and depressed, discouraged with life, who has lost ambition and

walks the streets stoop-shouldered and with slouching gait. The psychophysicist can take such a person and in six weeks transform him to such an extent that every friend of his may notice the difference. The alteration will be accomplished without communicating to the individual any suggestion as to desirable improvements in his gait or outward aspect. He will simply be put through a course of mental lessons. To begin with he will be taught to rehearse for one hour each day all the pleasurable memories he can summon up, and to deliberately devote more time to cheerful and agreeable thoughts. By this means more blood and nourishment will be directed to those parts of the brain which produce such pleasant ideas. Correspondingly, the parts that gave birth to unpleasant feelings and recollections will be deprived of nutrition and at length will become atrophied. Following this plan, the man is transformed from a victim of melancholy and despair into a happy citizen, a joy to himself and others.

It is an axiom that the mind can only be educated through the senses. Let a child be blind from birth, and the part of the brain which records the impressions of vision will remain rudimentary.

Let the esoteric mind builder systematically devote an hour each day to calling up pleasant ideas and memories. Let him summon those finer feelings of benevolence and unselfishness which are called up in ordinary life only now and then. Let him make this a regular exercise, like swinging dumb bells. Let him gradually increase the time devoted to these psychical gymnastics, giving to them 60 to 90 minutes per day. At the end of a month he will find the change in himself surprising. The alteration will be apparent in his actions and thoughts. It will have been registered in the cell structure of his brain. Cells useful for good thinking will have been developed, while others productive of evil will have shrunk. Morally speaking, the man will be a great improvement on his former self.

If one does a thing many times there is a tendency to go on repeating it. That part of the brain structure which does the thinking in connection with

the act has been nourished and developed by blood flowing into it. Accordingly it continues to engender the same impulse with increased strength. One must starve these particular cells by directing the attention to other quarters in order to get rid of the habit.

It is easy to understand how an avaricious young person develops into a miser later in life. The idea of accumulating money has developed in the cell structure of the brain until it dominates all things else.

By the exercise of generosity one becomes more generous. Every good action makes one better.

This science confirms the truth of correct religious teaching. It is in harmony with the benefits to be derived from the contemplation of divine things and the proper worship of God.

It also confirms the teachings of heredity. What affects the brain of the mother similarly affects the brain of her unborn child.

Thus, of those who are religious and those who are irreligious, the loveliest characters are those who think the noblest thoughts and live the most virtuous lives.

This new science commends itself to all, and its practice will be helpful in proportion to the intelligence and persistency used in its exercise.

Try it, regularly, earnestly, perseveringly.

The following quotations are to the point, and will help enforce the truth of the foregoing:

"I maintain that disease might appear and disappear without the influence of any other agency than emotion. Mental qualities, like drugs, neutralize therapeutics, and they can also increase the effects of drugs."—Dr. Beard.

"The joy of the spirit indicates its th. All healthy things are

sweet tempered. Genius works in sport, and goodness smiles to the last. It is observed that depression of spirits develops the germs of a plague in individuals and nations."—Emerson.

"I am now an old man. I have seen nearly a century. Do you want to know how to grow old slowly and happily? Always eat slowly; masticate well. Go to your food, to your rest, to your occupations, smiling. Keep a good nature and a soft temper everywhere. Never give way to anger. A violent tempest of passion tears down the constitution more than a typhus fever."—Waldo, in "Looking Toward Sunset."

WHAT IS OUR DUTY

In Regard to the Question of Sexual Purity?

1. As a Christian, can I afford to ignore the subject? Am I not my brother's keeper? and in large measure responsible for his well-being? Is it not, therefore, my duty to learn the truth and do my duty as in the name of Christ, as one who must render an account for his actions?

2. As a parent, what is my duty toward my children? Shall I permit them to grow up and go out into the world, subject to evil temptations, without having made intelligent effort to enlighten them and thus fortify them against the evil devices of the ignorant and vicious?

3. As a citizen, what is my duty in regard to this question, the treatment of which so vitally affects the welfare and prosperity of individuals and nations?

4. As minister, teacher, humanitarian, as a man, as a woman?

The need of correct sexual life is so apparent that the National Purity Association feels like urging upon every individual the ne-

cessity of prompt and decisive action in regard to the subject.

First, give the matter sufficient study to arrive at an intelligent understanding; then determine the best methods to promote the truth.

Every church should come out squarely for purity of life in the marital relation, and should enforce its observance upon its members. The violation of the law of purity here is fraught with most serious evil. It is as hurtful to spiritual development as other sins against the seventh commandment.

Every pastor, and physician, of experience is conversant with a portion of the great evils produced by marital injustice. Examples of robbed, wronged and deformed children, the result of marital sins, are not lacking in any community. Criminals, the heritage of marital vice, afflict humanity on all sides.

DIANISM, WHAT IT IS.

So many are inquiring "What is Dianism?" so many are craving something higher, purer and better than life is giving them now in the sexual and love line, that I am impelled to give a few plain, simple ideas of what Dianism really is, and the great good it will inevitably bring to all who accept and live it.

Dianism embodies and comprises every form of love, companionship and intercourse between the sexes; and holds the one supreme creative act sacred to the perpetuation of the species. Dianism encourages close intimacy and companionship of the sexes all through life—from the earliest

childhood to extreme old age. It aims to make a brotherly and sisterly love between boy and girl, and man and woman, so full, so complete, so universal, as to render it unnecessary for any one to be sexually starved.

Sexual contact and companionship of a general nature is to take the place of the imperious demand now made for the gratification of an intense local feeling and passion.

Sexual equilibrium is to come so pleasantly and naturally that the mad craving now felt by the many will be so diffused and blended with other feelings as to give entire and perfect sexual satisfaction.

Pure lover-love is to pervade the whole being. To walk, ride, play, sing, talk, work, and be together in all lines of life freely and intimately is to so equalize the magnetic forces as to fully satisfy all natural sexual demand: especially if so educated as to realize that a closer union is legitimate only for procreative purposes.

"Impossible," says one. Yes, impossible for the majority under present educational conditions, surroundings and heredity, but entirely feasible when properly arranged for.

The most of the people are amenable to it now, if they could have favorable conditions.

A sound, healthy, well educated and herited person readily receives the common-sense idea of no sex union save for parentage. All they need is to have the facts plainly stated.

Dianism is an essential part of the teachings of the CHRISTIAN LIFE which is calculated to—

Make happy marriages, homes and lives;

Sweep away all demand for preventives;

Put an end to abortions;

Do away with infanticide;

Make undesired children an impossibility;

End nearly all sexual diseases ;

Cause prostitution to cease;

Bring innumerable and inconceivable blessings;

Be a love-cure for undisciplined passion;

Bring a happy, healthy heredity to every child;

Bring a condition when each may say to the other:

"I love myself because thou art my lover,
My name seems dear since uttered by thy voice;
Yet, argus-eyed, I watch and would discover
Each blemish in the object of thy choice.
I coldly sit in judgment on each error;
To my soul's gaze I hold each fault of me.

"Like some swift-rushing and sea-seeking river,
Which gathers force the farther on it goes,
So does the current of my love forever,
Find added strength and beauty as it flows.
The more I give the more remains for giving,
The more receive, the more remains to win;
Ah! only in eternity of living
Will life be long enough to love thee in."

What and How to Teach.

I. Teach inspired by the Holy Spirit. This inspired record tells us of Joseph, and of "Mary, his espoused wife, being great with child" (Luke ii, 5). To teach this lesson you need to go straight from your closet to your class, go, having been anointed with fresh oil, go with a holy awe in your manner, a subdued look in your face, a fervent prayer in your heart, and tender, true words on your lips. For, if you touch the

subject which will be uppermost in many curious little minds, you must enter with them into the very holy of holies and tell them God's own truth. Happy is that child whose mother or teacher never turns carelessly away from his eager questions about the mystery of his birth, but always gives a truthful answer inspired by the Holy Spirit.

There is never any excuse for a lie, and to deceive a child concerning the origin of his existence, is the cruelest of deceptions. Those old falsehoods about doctors, angels, cabbage leaves, sea-shells and tree stumps, have wrought a world of harm. Many a girl lies in a dishonored grave who might be living, useful and respected, if she had been told the truth in her childhood. Many a lad is sowing his "wild oats" only to reap disease, degradation and death, who might have been a blessing to humanity if he had been taught from babyhood the principles of purity. Thousands of boys and girls are being ruined by the vice of self-indulgence because they have never been told that it is a vice or in the slightest degree injurious.

Teachers of some classes may deem it wise to follow the example of a father who determined that his boy should not obtain his first knowledge from stories that bad boys in the neighborhood were likely to tell him.

The foregoing is taken from an article on how to teach, by Mrs. Morrow, editor of the *Illustrator*. She continues by giving pertinent incidents, which have already appeared, from time to time, in the CHRISTIAN LIFE.

Correct teaching is undoubtedly essential to the preservation of the purity of the young, and if one thing above another should have precedence, in home and school teaching, it is correct sexual science.

We shall be pleased to hear from parents and teachers who have given this matter attention, whether with favorable or unfavorable results, as we purpose, at an early day, to give the subject further attention. Any practical information or advice will be very acceptable.

Next in importance to right pre-natal conditions and a good birthright comes correct knowledge, wisely and lovingly imparted.

Don't Send My Boy Where Your Girl Can't Go.

Don't send my boy where your girl can't go,
And say, "There's no danger, for boys you know,
Because they all have their wild oats to sow."
There is no more excuse for my boy to be low
Than your girl. Then please do not tell him so.
This world's old lie is a boy's worst foe,—
To hell or the kingdom they each must go.

Don't send my boy where your girl can't go;
For a boy or a girl, sin is sin you know;
And my baby boy's hands are as clean and white,
And his heart is as pure as your girl's to-night.
That which sends a girl to the pits of hell,
Will send the soul of my boy there as well.

—Woman's Voice.

"The N. Y. Committee for the Prevention of the State Regulation of Vice", has very sensibly changed its name to the "American Purity Alliance", and will extend the scope of its work. It is proposed to hold a national purity congress; to put forth efforts to have the age of consent (seven years) in Delaware, and in the six other states, where it is ten to twelve years, raised; and to inaugurate special work among young

men, in behalf of chastity and purity. Their work is excellent and timely, and has our most hearty sympathy. One thing they lack, however, and that is, teaching upon marital purity.

We know of leading thinkers who admit their belief in the absolute truth of our marital purity teaching, but who are unwilling to have their names known in this connection.

The Alliance, though, is gradually coming around to see the need of marital purity, if we may judge from the following words, taken from their latest manifesto:

"In view of the widespread suffering, physical disease, deplorable hereditary results, and moral deterioration, inseparable from unchaste living, the undersigned, members of the medical profession of New York and vicinity, unite in declaring it as our opinion, that CHASTITY—A PURE, CONTINENT LIFE FOR BOTH SEXES—is consonant with the BEST CONDITIONS OF PHYSICAL, MENTAL AND MORAL HEALTH.

"D. B. St. John Roosa, M. D., LL. D.,
President of the N. Y. Academy of
Medicine, etc.

"Andrew H. Smith, M. D., Physician to
the Presbyterian Hospital, etc.

"E. L. Keyes, M. D., Consulting Surgeon
to Bellevue Hospital, etc.

"F. Andrew, M. D. Gynæcologist to the
Out Patient Department, Bellevue
Hospital, etc.

"Walter Mendelson, M. D., Late Assistant
Attendant Physician, Roosevelt
Hospital, etc.

"Wm. H. Thomson, M. D., LL. D., Professor
Materia Medica and of Diseases of the
Nervous System, University Medical
College of N. Y.; Physician to the
Roosevelt and Bellevue Hospital.

"This... is to be widely disseminated
as an antidote to the abominable heresy
that vice, for men, is a necessity."

"Judging by No. 22, I want to scatter
them by mail. Yours for reform. M."

"I am so thankful for the paper you
sent me. C.P."□

The effects of the circulation of the truth has another example in the following extract from a late letter from a prominent business man of New Orleans, La.:

"Your paper and its purposes I regard as very noble and elevating indeed. I have been married two years and have from the very start practiced what you teach; and I owe it to Dr. Cowan's work, the Science of a New Life, which I read with profound interest, when I was quite a boy and the impressions it left on my mind will follow me through life."

Great good is sure to result from the circulation of the truth.

A friend in California writes as follows:

"God bless your paper, the CHRISTIAN LIFE. I believe every boy in the land ought to read it. Send them to every school-boy. How? You must have money. Apply to some of our rich men—millionaires, for funds, then send to every school-boy, with his name on the paper. Our children must learn how to live soon, or our nation must be wiped off the earth.—H. H."

We do not know about the plan to raise funds, nor the best plan to reach the youth of both sexes, but the remainder of the letter we heartily endorse.

If it is impossible for sanctified people to live pure lives, and keep animal passion in subjection, it is because they have not attained the experience of the Bible, which says "I can do all things through Christ."

All women should have it settled, before marriage, in a written, properly signed contract, that the so-called marital rights of the husband are set aside, and that he is to wait until desired and invited by the wife. A mu-

tual love and a proper understanding beforehand will greatly help matters to turn out rightly, and according to the purity taught by the Saviour.

If indulgence takes place for love's sake, it should be for offspring too—that is, offspring should be probable, mutually and lovingly desirable.

Efforts are being made among social purity advocates to promote the sale of a certain book which advocates the use of preventives. These advocates are evidently honest but sadly mistaken if they think such a movement is in the interest of purity. The only true method of limiting population is intelligent self-restraint—continence except when offspring is desired. The plan advocated by the book is one calculated to give free rein to passion, and thus destroy not alone the power of noble parentage, but sink the moral character to low levels. Such advocacy of social purity seems to be a backward step. Of course there are many good things in the book, but its special feature, the prevention of conception, is objectionable.

In our next issue we expect to have more to say regarding the use of various means for the prevention of conception. At present we wish to say that we think continence and wise self-restraint the only really safe plan of limiting offspring. But our treatment of the question will not be dogmatic, but rather, truth-seeking and helpful.

Send for 100 tracts for distribution.

THE CHURCH IS AWAKING.

The North Minnesota annual conference, of the Free Methodist church, adopted the following resolution:

"Your committee has been requested to report on the question of social purity. Dearly beloved in the Lord Jesus, what can we say? God pity and help us when impurity is so much as named among us. But, alas! it is not only named but actually exists, and existing must be dealt with. God give us grace and courage for this work. May the love of God dwell in us richly and in such wisdom that we shall not esteem our own pleasure or self-gratification above the health or happiness of wife or husband, the requirements of the best parenthood and the uplifting of a down-trodden humanity; and that we may go with true Christlikeness to lift up the fallen, "considering thyself lest thou also be tempted."

This advanced step is commendable and gives ground for hope that soon this church will take her right place on this question as she has already on many others.

"During a conversation I recently had with a lady who is a skilled physician," writes B. O. Flower in the December Arena, "who is engaged in a noble work of calling back to virtue unfortunate girls who have been caught in the net of vice, I asked the question, 'What are the principal causes, judging from your personal experience, which lead to the ruin of girls?' She replied: 'Of course the causes are numerous; ignorance, our social conditions and other things might be mentioned, but my experience leads me to place among the principal causes, the inborn appetite, the passion which is the legitimate result of a child being the offspring of lust instead of the blossom of love.' I believe every person who has looked below the surface of this appalling and deeply tragic problem will agree that the popular acceptance of the double standard of morals and the low ideas prevalent in society in regard to marriage are leading well-springs of present-day impurity.

"Beyond the debauched imaginations which a large proportion of men

bring into the new home, due to society's upholding the double standard of morals, and which taint the natures of the unborn, even when they fail to drag down the unsullied soul of the wife to their low levels, there is that frightful and hopeless form of prostitution about which so much is known, but of which so little is spoken—prostitution within the marriage bond.

"In New York city, according to conservative estimate, are one hundred thousand impure men. At least thirty thousand are fathers and husbands—one hundred thousand men in one city from whose souls that which is finest and most divine has taken flight—thirty thousand men, a large proportion of whom are giving to the civilization of to-morrow a generation poisoned with the virus of triumphant animalism."

All animal desire, all physical appetites, all sexual propensities may, and should, be subject to the control and direction of the highest spiritual wisdom.

The object of sex is primarily, the propagation of the species and the perpetuation of the animal kingdom. Only worthy objects can justify the expenditure of vitality in this relation.

The conservation of the life element will tend to, and finally result in, its being transmuted into brain power and spiritual force, just as surely as its expenditure results in brain depletion and physical exhaustion.

In order to maintain a good religious experience—a clear conscience—one must constantly live consistently with his highest conception of a truly noble life. Lust, which is mere animal, selfish desire, without a worthy object, is inconsistent, always, with the true idea of a noble life.

The truest life, the most sincere and lasting love, is that which has its foundation in the realm of the spirit, rather than in that of the animal. In other words, the spirit is the divinely-ordained ruler of being; and therefore, in every true life the animal nature is subject to the spirit.

TWO YOUNG GIRLS.

A woman well known for her active work in the charities of an Eastern city recently told this little incident which had come under her observation.

Walking on the street one day at nightfall, she saw before her two young and pretty girls. They seemed to her to be girls of good moral character, although their dress was too gay, their voices were too loud, and their walk a bold swagger. She was tempted to remonstrate with them, but fear of a rebuff kept her silent. She felt that they were in grave moral danger, going down what might prove the broad road to ruin; but after all, she thought, it was none of her business.

At that moment they passed a group of young men, who, from their conversation, the lady inferred, were medical students. The voices of the young girls, as they passed this group, grew louder and their glances more self-conscious.

One of the young men, leaving the others, followed the young women, and spoke quietly to the louder of the two, but so that the lady could not help hearing what he said.

"Look here!" he exclaimed. "You're not a bad girl, but you are acting as if you were one. If you want to be respected and to keep your own respect, you can't afford to behave as you are doing on the street. If you have a mother, go to her."

The girl, frightened and almost crying, went home, and the young man went on his way. His rebuke seemed the most simple and natural of kindly acts. "He rebuked and helped me," said the elder woman, "as much as I hope he helped the foolish girl."—*Youth's Companion*.

Is there not a Lesson Here for Someone?

Two plowed in a field. One plowed straight, keeping his eyes upon the ground. No weeds grew, and he gathered great stores of corn. When he died, his son inherited much land. He lived in comfort, and plowed in his father's fields. The other's furrows were not straight. At times he stopped to listen to the lark, or to admire a flower that grew upon a weed.

He knew the names of the plants and their time of flowering. He knew the names of the stars, also. He died, owning no goods or lands. His son inherited his father's poverty. The son inherited also his father's love of nature. And he became a great artist, whose name and fame spread over two continents.—*Berry Benson*.

Give Attention to the Best.

More than two-thirds of the half-way failures are due to the fact that valuable time is frittered away in watching over trivial things when attention ought to be devoted to weightier matters. A man has but a certain amount of energy and available working time, and it needs not very deep reasoning to see that if he devotes a large portion of it to minor affairs he will not be able to give the attention which he ought to the work that he is best fitted for.—*Geyer's Stationer*.

Shall a Young Man Smoke?

Oliver Wendell Holmes says: Certainly not. It is liable to injure the sight, to render the nerves unsteady, to enfeeble the will, and enslave the nature to an imperious habit likely to stand in the way of duty to be performed.

Have you ever lifted your pen or voice against the Goliath, sexual uncleanness, that is "defying the armies of Israel"? Can you say with the beloved apostle Paul, "I take you to record this day, that I am pure from the blood of *all men*. For I have *not shunned* to declare unto you *all* the counsel of God" (Acts 20:26, 27)? M.M.

NO MAN is going to get into heaven until he proves that he has the same kind of material in him that heaven is made of.—*Ram's Horn*.

Cyclone overgaiters and leggings combined, in diagonal, \$1. Send price and size of shoe to Dart Mfg Co., 10 E. 14th st., N. Y.

ANTI-INFIDEL Tracts, Pamphlets, Books and Papers!
More than 50 kinds! Circulated by millions! Send 25 cents for samples to H. L. Hastings, 47 Cornhill, Boston, Mass.

Mrs. L. F. Bent, superintendent of of the Licensed Cottage Lying-in Hospital, Lynn, Mass., in a recent letter, says: "We believe that much of the social evil would be prevented could your magazine, the CHRISTIAN LIFE, be circulated in all known places of the earth. . . . If you feel led to send us back numbers for the use of patients we shall be very grateful. Yours in the Masters' service."

This issue is late, owing to a combination of circumstances. Instead of making money during the past year, receipts have been insufficient to pay for the cost of stock and presswork. We are not discouraged in regard to the quality of the work being done, but with better financial support the quantity could be greatly extended.

A good friend writes suggesting that we use better type and better paper in printing the CHRISTIAN LIFE, and as there are doubtless others of the same opinion, we reply publicly. The type used is practically new, and is one of the best and most popular faces ever used. As to quality of paper we use the tint and quality that long experience has almost universally determined to be best for the eye-sight—a most important consideration. The presswork is done in one of the best pressrooms in Chicago. But our aim is to reach as many people as possible and do them all the good we can. We know of some excellent publications, like the Youth's Companion, that by their small type and glistening paper, are doing incalculable damage to the eyesight of readers. Our friend also suggests that we issue a monthly. With our present support this would be impossible. However, if the friends of purity wish a monthly paper and will guarantee 3000 or more yearly subscribers, at 50c. each, we will be willing to start a monthly of 16 pages.

"You have been used of God to liberate a great many from the bondage of sensual passion. How these words come, 'Pure even as he is pure'? EFS."

"I read with interest and conclude it ought to be in every school, so that children of both sexes, competent to understand, would have access to its teachings. A.J."

THOUGHT PROVOKERS.

The Lewiston, Me., Journal, speaking of recent police raids upon women inmates of houses of ill-repute in that city, uses the following kindly, humane and wise words:

"It is the duty of the city that shuts up houses of ill-fame to see that their occupants are wisely cared for in public institutions until better individual arrangements can be made. All this shows that prevention of social evil is the best cure. Hence the work of social purity should begin before the ranks are recruited and continue afterwards."

Parentage, the most responsible position man or woman can fill, is the only occupation for which the masses seem to think no previous preparation is requisite.

Current History, by Garretson, Cox & Co., Buffalo, N. Y., is a cyclopedic quarterly review of current events. \$1.50 per year. It aims to give unbiased record, and succeeds admirably in doing so. We consider it invaluable as a work of reference, and it will become more and more so as time goes on.

BURNZ FONIC SHORTHAND.

A thoro' guide to verbatim reporting. On the basis of "Pitman's Phonography," but swifter and far more legible. The only complete dollar text-book. Specially arranged for **Self-Instruction**. Used for 17 years in short-hand classes at Cooper Union, and now in the public schools of New York city. Send for circulars. \$1 prepaid. **Burnz & Co., 24 Clinton Place, N. Y.**

The "crusty" bread pan may be had for 10c. sent to the Niles Mfg Co., Niles, O. It is excellent.

The fiber carpet, made by the Hodges Co., 50 Essex st., Boston, is handsome in design and durable in quality. Send for samples and prices.

The Waukenhose Mfg Co., Lowell, Mass., make the justly celebrated stockings—made rights and lefts to fit the feet. The quality is A1, and prices reasonable. We have used their goods for years.

The head rest, made by the Puritan Spring Bed Co., Ingalls, Ind., is a very desirable article for the sick-room, hospital, etc., being readily adjustable to any desired angle. Send for circular and prices.

The Triumph Meat Cutter, made the Peck, Stow & Wilcox Co., 27 Chambers st., New York, is an exceedingly useful article, and will be appreciated wherever used. We offer it as a premium to subscribers. The price is \$1.75, with a year's subscription, \$2.

Ladies who are troubled with corns, bunions or rheumatism of the feet, who want comfort and ease, combined with elegance and style, should wear our satinola cushion sole boot. Perfect fitting, different from other makes. Made in opera and common sense—2 grades, \$2.50, and \$3.50 a pair. Send size and letter. Fit guaranteed. Postpaid.

Manufacturers Shoe Co., 42 Bedford st., Boston.



LITERARY NOTES.

Why not send a pointed purity tract in each letter you write?

If Christ came to Congress is the title of a novel that strikes heavy blows against the sins of our national capital. 50c. Howard, 29 Park Row, N. Y.

The Mystic Gate and Flash Lights of Thought, by Mary Robbins Mead, Watkins, N. Y. 25c. A book that tends to develop the will and elevate the soul.

Ascent of Man, Prof. Drummond's latest book, is published by James Pott, 114 5th ave., N. Y. It is in the author's popular style, and is one of the books of the year.

Remember, we are selling the famous humane prize stories, Black Beauty, Strike at Shanes, and Holyhurst, at cost—10c. each. Order while the limited supply lasts.

The Heavenly Twins, one of the most popular books of the year, is published by the Cassell Co., N. Y. 50c. They are leading publishers of popular books, and this is considered one of their best.

Christ, the Socialist, by the author of "Philip Meyer's Scheme." A fine, stirring story, imbued with a noble and lofty purpose. A good antidote for the vicious teaching which apologises for injustice and spoilage of the producing classes. Paper, 50c.

Young West, a sequel to Looking Backward, by S. Schindler. Describes civilization under nationalism. This book, besides being interesting and valuable, is one of a series printed with yellow, green and blue margins—a feature patented by the Arena Co. Paper, 50c.

"Armazinda" is the title of James Whitcomb Riley's latest book of poems. Bowen Merrill Co., Indianapolis, Ind. Many of these poems are of unusual merit, while others are decidedly silly. Otherwise, we would be glad to fully commend the work of this unique, large-hearted, generous Hoosier poet.

Dr. M. L. Holbrook, the veteran publisher of hygienic literature, has recently issued a book entitled Chastity, which is one of the strongest, purest and best books published upon the subject. 50c. only, and it is worth a dollar any day. Our subscribers can have a year's subscription and this excellent book for 85 cents, fully prepaid.

From Lee & Shepard, 10 Milk st., Boston, we have received an excellent Christian science book, entitled "I am Well", and the set of four Jerome banners, each consisting of four lovely cards, about 5x8, joined together with silk ribbons. Each banner contains appropriate prose and poetry, beautifully printed and illuminated. The book is \$1.25; banners (4), \$2.00.

The Emphatic Diaglott, published by Fowler & Wells Co., N. Y., gives the New Testament in the Greek language with a word-for-word English translation under each line, and a smooth English translation in parallel columns, showing also the emphasis of the Greek. We find it a very valuable and helpful reference book in writing the series of articles on The Bible and Sexual Purity. Price, \$2.50.

Funk & Wagnalls have lately completed their great dictionary, the Standard. It has taken five years, and cost a million dollars. Two hundred leading specialists, from various parts of the world, were engaged in its production. The interesting, valuable and beautiful features are "too numerous to mention"; but for 25c. they will send specimen pages containing a colored lithograph of birds, and full particulars.

True Manliness, our new book for young men, is not meant to take the place of True Manhood, which is a very superior book, but rather, to anticipate it, and place before young men high and noble ideals, which, if followed, lead to true manliness. The particular physiological instructions, to which some object in True Manhood, will be omitted from this book. In

answer to frequent inquiries, we state that, owing to illness in the author's family, he has been unable to complete the manuscript. The book will be pushed as speedily as practicable.

A Moral Busybody is the title of a recent book published by the Mascot Pub. Co., 169 Sixth ave., N. Y. Paper, 50c. Its author, Alan Dale, inscribes it to Dr. Parkhurst. Dr. Parkhurst, good as his work has been, may learn a lesson from this quotation: "Here is a worthy cause to adopt—not the persecution of weak women, but the purification of strong men; not an unworthy struggle with the sex that gives, but a hand to hand encounter with the sex that asks." It seems certain, however, that if Dr. Parkhurst could have had his way, Superintendent Byrnes would have received a most thorough investigation. The Lexow committee made a serious mistake in lightly passing the character of Byrnes—who should have been condemned or honorably acquitted.

The New Christianity is a 16-page monthly, devoted to religion according to Swedenborg. \$1 per year, sample free. S. H. Spencer, Ithaca, N. Y.

Dr. Parkhurst, who has become so justly famous by his reform work in New York city, will contribute a series of articles to the Ladies' Home Journal for 1895. It is well worth the price, \$1 per year.

The Literary Digest, weekly, contains a record of the most important news of the world. In fact, it is a fair history of the world, in weekly installments. \$3 a year; 10c. for sample. Funk & Wagnalls, N. Y.

The Proofsheets, a neat monthly, devoted to the best interests of proofreaders, is a new publication, \$1 per year. 232 Irving ave., Chicago. Friend Boss knows how to make a valuable paper as well as read proof.

The Youth's Companion, Perry Mason & Co., Boston, Mass., keeps up its usual high standard of excellence, making it almost an ideal paper for young people. Its reading matter is elevating in tone and tendency. \$1.75 per year.

Review of Reviews, edited by the justly famous W. T. Stead of London, and Dr. Albert Shaw, is published simultaneously in London and New York. It contains a synopsis of that which is most popular in current literature. \$3 a year.

Journal of Hygeio-Therapy, is a publication devoted to the science of anti-drug medication, anti-vaccination, anti-dress slavery, and to general hygienic living—a magazine worth reading. T. V. Gifford, Kokomo, Ind. \$1 a year. Sample free.

The Household Realm, Cleveland, O., is a woman's magazine edited and published by a woman. The Housekeeper, Minneapolis, Minn, is another. The American Woman's Journal, N. Y., the Woman's Voice, Boston, and Kate Field's Washington are three more live publications by women. The Woman's Tribune, Washington, Woman's Column, Boston, are leading papers devoted to equal suffrage.

Pomeroy's Advance Thought is an advocate of free silver and other reform measures. Send to N. Y. for sample copy. \$1.00 per year.

We do not endorse free silver, however. We believe that the government should issue all money; that the issuance of bonds payable in gold coin, when all the gold available is less than one-fourth the obligations assumed, gives capitalists a chance to control the money market and to create a panic at their pleasure. It is disastrous and suicidal. It is poor business policy, to say the least, to keep \$500,000,000's worth of silver (if coined) lying idle in the treasury vaults while borrowing money to keep up the gold reserve. If congress can change the condition of its bonds from coin to gold coin to favor the government's creditors, why can it not devise money and a banking system that will be absolutely safe while the government lasts? A just system must certainly be started ere public confidence can be restored.

STANDARD PURITY LITERATURE.

<p>Christian Life, Nos. 4 to 28, each 10</p> <p style="text-align: center;">BOOKS.</p> <p style="text-align: center;">PARTIAL LIST OF BEST BOOKS ON SEX.</p> <p>Boy's Companion, instructive, paper, 25c.. 40</p> <p>Build Well, splendid, practical, beautiful.. 1 25</p> <p>Chastity, Dio Lewis—most excellent..... 2 00</p> <p>Child-birth and Diseases of Children..... 2 00</p> <p>Controlling Sex, unique and important.... 1 00</p> <p>Cure of Disease Simplified by Mrs. Melendy, a superb book of 386 pages, issued in 1893; every family should have it; gives latest thought on painless child-birth, by a successful practitioner 1 75</p> <p>Darkest Places in Chicago, issued by committee appointed to investigate..... 50</p> <p>Dying at the Top, startling statistics..... 50</p> <p>Ethics of Marriage—a superb work..... 1 00</p> <p>For Girls, one of the best books..... 1 00</p> <p>Marriage and Parentage, Holbrook..... 1 00</p> <p>Marriage Bed, Keith—startling, radical ... 2 50</p> <p>Marriage by Joseph Cook, very fine..... 1 50</p> <p>Moral Muscle, an excellent, stirring book.. 50</p> <p>Painless Parturition by Holbrook 1 00</p> <p>Physical Life of Woman, Napheys; justly popular, thoroughly helpful..... 2 00</p> <p>Potiphar's House, Flint—grand, paper, 25c 75</p> <p>Private Counselor, a superb book 1 50</p> <p>Relation of the Sexes, Duffey—very good.. 1 00</p> <p>Science of a New Life, Cowan—unexcelled 3 00</p> <p>Seven Studies, illustrated, nicely bound ... 1 50</p> <p>Sex and Life a fine book of 142 pages..... 50</p> <p>Sexual Physiology by Trall, illustrated ... 2 00</p> <p>Song of Life, splendid for the young 1 25</p> <p>Strike of a Sex by Geo. Miller, unique..... 50</p> <p>Tokology,—painless childbirth, etc..... 2 75</p> <p>Traffic in Girls by Mrs. Edholm of the Crittenton Missions; a startling book..... 1 00</p> <p>True Manhood, for boys, by Shepherd..... 1 75</p> <p>True Manliness, A Pocket Companion for Boys and Young Men, C. E. Walker.. 75</p> <p>Vital Force by Dr. E. P. Miller, excellent.. 50</p> <p>Whose Daughter? against age of consent . 1 00</p> <p style="text-align: center;">PAMPHLETS.</p> <p>Ante-Natal Infanticide, Mrs. Griffith..... 05</p> <p>Better Way Newton—a worthy booklet.... 25</p> <p>Black Sheep, by Dr. C. B. Winslow, pointed 05</p> <p>Curse of Manhood, private lectures 20</p> <p>Disinherited Childhood, Mary W. Sewell. 10</p> <p>Father's Advice, and Mother's Advice... 20</p> <p>Heredity, Mrs. Mary L. Griffith 05</p> <p>Importance of Knowledge concerning our Sexual Nature, by Gertrude Hitz 25</p> <p>Marital Purity, Rev. C. E. Walker..... 05</p> <p>Marriage, its Duties and Dangers, superb. 10</p> <p>New Sermon from an Old Text, "Increase, Multiply, Replenish," Parson Jonesbe 05</p> <p>Pre-Natal Culture, an invaluable treatise. 25</p> <p>Pre-Natal Influences, J. B. Caldwell, brief, comprehensive, unsurpassed..... 05</p> <p>Private Letter to Parents, Physicians and Principals of Schools; convincing.... 05</p>	<p>Relation of the Sexes, Prof. Hinckley..... 10</p> <p>Rights of the Unborn and How to Secure Them, a symposium of seven articles.. 10</p> <p>Scientific Marriage, by Rev. Jesse H. Jones 10</p> <p>Perfect Good in Wedlock, " " " " 10</p> <p>Suggestions to Mothers, none better..... 10</p> <p>Thoughts of a Young Man on Marriage... 10</p> <p>Tobacco Vice, How to Overcome..... 10</p> <p>To the Studious and Thoughtful concerning Sexual Nature; Rev. N. E. Boyd.. 10</p> <p>What We Have to Do, by E. Kingsbury, one of the most forcible English writers, and this is her best thought 25</p> <p style="text-align: center;">TRACTS.</p> <p>25 cents per 100 of any one kind; 5 cents per 12 of any one kind; single and assorted copies, 1 cent per copy.</p> <p>100 ready assorted, for samples, 25 cents.</p> <p>A Frightful Evil—the corset condemned.. 25</p> <p>An Experience in Marital Purity. Good 25</p> <p>Appeal for purity's cause and promotion... 25</p> <p>A Woman's Reply—a beautiful poem..... 25</p> <p>Baby's Rights, by Mrs. Florence Kellogg.. 25</p> <p>Bishop Taylor Answered, a thorough tract 25</p> <p>Case Against the Editor, Not Guilty 25</p> <p>Dancing, considered in its sensual aspect.. 25</p> <p>How to Overcome Inherited Tendencies.. 25</p> <p>Importance of Right Generation..... 25</p> <p>Important Subject, a candid statement... 25</p> <p>Is Continence Healthful? 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The question answered.. 25</p> <p>Why Christian Life was Started..... 25</p> <p>Valuable Testimonial by a noted worker . 25</p> <p>4, 6, and 8-page tracts, 5c. each; 50c. per 100.</p> <p>Disease Without a Name, denouncing a prevalent, but destructive practice... 05</p> <p>Is Continence Scriptural? Comments on the 7th chapter of 1st Corinthians..... 05</p> <p>Masturbation, a compilation of the best thought on the subject; unexcelled, 5c 50</p> <p>Social Purity, J. B. C., the first article written for, and sent out by, the C. LIFE.. 05</p>
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THE NATIONAL PURITY ASSOCIATION, 108 FRANKLIN STREET, CHICAGO, ILL.

WILL YOU HELP, PLEASE?

DEAR FRIEND:

There is a field in all our large cities for effective work in rescuing innocent, ignorant young girls, who are just entering upon an active criminal career. The causes are lack of proper teaching, lack of a true mother's love and kindly care, youthful vanity, love of pleasure, the delusive allurements of sin, the starvation wages that corporations may pay large dividends; unscrupulous managers' vile advice; unhappy homes; the lack of honor and the degraded ideas of heartless men and boys. The awful results of the career they are entering they are utterly oblivious to.

The NATIONAL PURITY ASSOCIATION has devised the following plans to protect and rescue these victims of an evil environment: Personal work among them of an educative character; preventive work; the removal of such temptations as drive the needy to part with that which is dearest to woman; the inculcation of noble aspirations, and the development of moral courage that will stand for virtue and purity; to establish homes where young girls and women can be cared for, educated on the sacred duties of motherhood, returned to their homes, or placed in honorable, self-respecting positions.

Will you do something to help?

It is suggested that each person receiving this shall write two copies of it and send to friends, and also send ten cents or more to the National Purity Association, Rescue Department, 108 Franklin st., Chicago, Ill. [Larger sums are needed, but small sums can be used to advantage.]

Everyone sending ten cents or more will receive a copy of Christian Life, giving further particulars.

Sign your own name and address to each letter you write.

To those who will use them, the Association will gladly send, free, as many printed slips containing this information as are asked for.

Understand, it is only suggested that you write what appears on this page, down to the above double rule.

The foregoing is only a brief statement of a matter, the full facts of which are too horrible to relate.

Our plan contemplates reaching the thousands of young people in practical and helpful ways.

It includes warning the parents against sending their daughters to the cities.

It includes the development of a public sentiment which will check, if not stop, the nefarious traffic in girlhood.

It contemplates making those who now pay girls starvation wages, feel the weight of an enlightened public sentiment in a most practical way.

It has in view municipal reform, and a plan that will send to the penitentiary those officers and detectives who extort "hush" money from the victims of vice.

We must have reform on many lines, in order that humanity as a whole may reach its divine possibilities.

Any suggestions will be welcome and carefully considered.

Do not hesitate to write us because your views may not be the same as those of the association.

THE CHRISTIAN LIFE.

J. B. Caldwell, Editor.

National Purity Association, Publishers.

Quarterly, per year, 50c.; 12 Copies 1 Year for each \$5 Share.

Entered at the Morton Park P. O. as second class.

THE CHRISTIAN LIFE

MARITAL PURITY IMPLIED.

A thus saith the Lord for "continence in the married relation" is easily found if we consider—

1. That the union of the sexes is an exhaustive relation that cannot be had without loss of vitality, unfitting the participants measurably for the highest success in life's duties.

2. That wives and husbands are enslaved by it.

3. That it is a habit that overcomes and overrides every consideration of duty to God and man.

4. That children are cursed by unwelcome, accidental and undesired parentage.

5. That wives are overburdened, exhausted and prematurely die on account of too frequent childbearing and marital excesses.

6. That by the perversion of this, the highest of our God-given faculties, we sink below the level of the brute; and instead of man being ruler of himself, he is enslaved by the lowest animal passions.

Either of these considerations makes it certain that God could not well be glorified by incontinence, which may result in so many deplorable evils.

Our object is to glorify God in teaching the highest truth and advocating the best life we know—the dominion of the Holy Spirit over every faculty and propensity of the mind, soul and body.

CONSISTENT, SENSIBLE VIEWS.

From the principles enunciated by the World's Missionary Association, and printed in the *Fire Brand*, we copy the following: [This Association is among the first, outside the National Purity Association, to recognize that there is such a thing as marital purity needed. They should, in this view, receive the hearty support of all

who have justice and the good of the world at heart. They make it very clear that some things are forbidden by implication, that are not specified in the sacred volume. The church, in opposing marital purity, by precept and practice, is bringing upon itself sure and swift condemnation.]

We agree with the standard commentators as to social purity; that the design of the sexual functions is procreation of the species, in man as in all the rest of the animal creation. We affirm that perfect freedom from sexual lust is the blessed privilege of the purified. Continence invigorates all the faculties, while lust dissipates and degrades. We do not enforce these principles as positive Bible doctrines. We do not claim that habitual sexual indulgence is specifically prohibited by the Word of God, any more than the habitual use of tobacco and narcotics. We cannot unchristianize all whose prayers are hindered by marital impurity. But the almost infinite miseries resulting from lust in the marriage relation, the teachings of all true science, and the general trend of all Scriptural truth pertaining to purity, should force convictions as to Christian consistency and chastity. Rom. 8: 13; 1 Cor. 7: 17; 1 Cor. 10: 31; Eph. 5: 25-33; Col. 2: 17; 1 Pet. 2: 11; 1 Pet. 3: 7.

TO BE crucified with Christ means to be so dead to self that we can see things as they are and judge them with unbiased, unprejudiced minds; and not hold to any opinion simply because we have been taught that way or because it agrees with our ideas, but because it accords with the highest truth and our best conception of God's will as found expressed in the most spiritual interpretation of his word.

The following from the World's Advance Thought is worth considering:

"Any nobleness begins at once to refine the features, any meanness or sensuality to embrate them."

The highest possibilities of the race depend upon pure and natural sexual relations, those governed by mutual love, desire and virtuous intelligence.

OLD SAL.

MRS. SUSAN H. BARNEY.

I remember very well in working this out for a city, they said to us, "Well if you could see one woman that comes in here three or four times a year, 'Old Sal'"—they told me it always took four policemen to bring her into the cell, and usually they got their faces scratched. One morning these policemen stood there radiant, and then they said, "We have got her here this morning and we would like to see you bring her in; if you can do that we will not oppose you any more." The chief said he would send two men to take care of me. I said, "I don't want you."

So they let me go. As I came to the cell door, I rapped with the key and opened the door, and there in the long, dark, narrow cell crouched the woman, looking more like a wild beast than like a woman. She was just ready to spring, as she was expecting the policeman, and she cried out, "Who are you?" "I am your friend." "No you are not; I haven't got any friends." "I am," I said. "I thought something was queer when somebody rapped on that door; I never had that done in all the times I have been here before. Who are you any way, a policeman?"

"No I am a policewoman." "Oh, I didn't know they had such things."

As I stood there beside her I dropped my hands down upon her shoul-

ders. Friends, I believe in the laying on of hands in more than a theological sense. I looked down into her eyes and called her by her last name with Mrs. before it. Who told you that; I have not heard it before for forty years." I said: "You know you have got to go into court in a minute and you are not fit to go." And I began to fix her hair; I took a pin out of my own hair; she hadn't a pin or a button or a fastening of any kind to her clothes; she sat there tugging and holding them together, and as I tried to fix her she said: "Tell me what you are up to, tell me what you mean?" Bye and bye, looking into her eyes I said: "Do you remember the first time you were ever in a police station?" "Oh God, don't I remember it?" How old were you?"

"I wasn't sixteen." How old are you now?" "I am more than sixty." "How many times have you been in these places?" Oh, I don't know I guess God don't know; it is so often. "Look here, Sally, if I had been there that first morning—do you remember how you felt?" "Ah, I was almost scared to death; I cried all night."

"Sallie, if I had been there then and had taken my hand and wiped the tears off your face, if I had put your hair up and put my hands on your shoulders as I have now, what would it have meant to you?" "Oh, I would never have got back again, but nobody ever cared." "Now let me tell you, Sallie, I want you to do something for me; I want to get a wo-

man to go into these places to care for the women in the way I want to care for you; wouldn't you like to do it to help me?" "I would do anything I could to help you," she said. "Now, the policemen say I can't bring you into court this morning." "They don't know what you can do." "Will you go quietly with me?" "I will do anything you say to me." Then after a minute I said to her, "Sallie do you remember your mother?"

"Oh God, don't talk about it, she's dead long ago. I suppose she died before I was seven years old." "Was she a good mother to you, Sallie?"

"The best that a child ever had. "Did she ever pray with you, Sallie?"

"Oh don't, you will kill me if you talk about it." "Sallie I am going to pray with you," and with my hands upon her poor head, stroking down the poor face, I lifted my voice to Him who is not willing that she should perish. Oh, how pleasant she seemed to us that morning; it seemed to me that instead of my hands upon her tempted, tired head there were hands that had the nail prints in them. She said, "I feel like another woman." "They are calling us now. We must go." "You will remember, now what you have promised?" "I will remember." I said to her, "Shall you take my arm or shall I take yours?" She looked me over and said, "Well, I am about three times as large as you, I guess you had better take mine." So we went into the court; they said they would have cheered us if it had been proper. A policeman swore a round oath that I had bewitched Sallie, but some one keener than the policeman said, "She's got the touch of the Master."

PURITY LITERATURE.

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AN UNCOMMON MOTHER.

Some years since, a lady physician related to me a bit of interesting experience: A bride who had been four months married came to her for examination and counsel, or treatment if necessary. The doctor discovered readily a trouble which though curable, she knew must have prevented the "consumation of the marriage." Asking the wife if this had not been the case, the reply was in the affirmative. "You must have an uncommon man for a husband," said the Doctor, for it was evident that there had been no violence exercised. "Oh!" replied the bride; "my husband had an uncommon mother. She had instructed him and given him all kinds of cautions, and he has waited, saying, 'When you feel ready, go to some woman doctor and you will find out what is the matter.'" The outcome was a successful treatment of her difficulty, and a happy wedded life.

What a pity that generation after generation of boys are left to street-culture, bar-room enlightenment, the knowledge given by unclean stories, instead of to the teachings and admonitions of

WISE MOTHERHOOD.

What the race needs is intelligent, competent, educated motherhood, as the fountain from which knowledge and pure teaching shall flow to quicken the higher nature, and associate its force with the impulse of quickened maturity.

Bread winning by the mother is contrary to nature's laws, and is incompatible with the ante-natal and post-natal life of the child, and the health and well performed maternal duties of the mother. One of the causes of the much-deplored physical degeneracy of the race has been the overwork of mothers during pregnancy. How much moral degeneracy may also be the result of exhausted vitality, cannot be known. —Extracts from an excellent tract on

Social Purity by L. B. Chandler.

ENCOURAGING.

Dear Bro. C. Thank you for your favor in sending us your much needed paper, CHRISTIAN LIFE.

Don't know that I am capable of making suggestions for improvement in your paper for making it more effective for good.

I would love to inspire the minds of the readers with the valuable truth it contains.

2. We favor principles rather than personalities.

3. I accord with the teachings of CHRISTIAN LIFE, 1st because I find it to accord with Bible teaching also with animal nature. 2nd, It agrees with the plan revealed by the Divine Spirit to me in my innocent (ignorant) days of purity; ere I ever knew the real teaching of the Bible on purity, or had violated the just way or knew even that it was the voice of God making the truth to bear on my pure and tender mind. The blessed Spirit will do this work; but imparted or inherited nature practiced will drive away the Divine Instructor.

We are willing that our names be used (if need be) in C. L. or in the behalf of Social Purity in life and practice, and only regret that our whole life has not been devoted to it. Yours and Christ's.

June 1, '89. J. H. & S. MILLER.



J. H. Bennett, Jacksonville, Ill.

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CHRISTIAN LIFE.

MARRITAL PURITY IS ESSENTIAL TO CHRISTIANITY.

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Vol. 3.

JACKSONVILLE, ILL., JUN. 29, 1889.

No. 72.

MY COMMISSION, "GO THOU."

"Father in heaven have mercy," 'twas a young girl's cry of woe.
'Twas sinned against Thee and heaven, tho' my guilt the world may not know.
My body, Thy temple, is ruined, yet only now I've learned
That all who are not pure in heart shall be from Thy presence spurned.

I have sinned, yet I knew not Father, for I was never taught
That I should keep pure from passion the body thou hadst bought.
I yielded myself to an impulse that seemed as much inbred
As my hunger for food, and instinct alone against it plead.

'Twas but a faintest whisper 'gainst the countless hosts of sin.
Oh, that my mother's voice might have let the truth and knowledge in.
Thou hast heard me, my Father, and speakest as to that one of THINE;
Thou saist, "Neither do I condemn thee; go thou, and sin no more."

Then to her soul he whispered "Go and tell them who bear my name,
That their souls must be chaste and holy and pure from lustful shame."
"Go, tell the fathers and mothers to teach their children aright,
And into each secret chamber to admit the Gospel light."
DAISY.

A NEW ORDER.

observation, that the majority of men will respond to such request from women in such condition. The request should be made, not merely as an expression of feeling on the part of the individual, but far more as a declaration of one of the eternal laws of the living God, which all nature obeys except man.

"For women who believe in the Bible I would urge another step, namely: that they distinctly avow their desire to follow the example of Mary the mother of Jesus. There are few men who will not feel that precedent as they would no other. And as soon as any shall be ready I would advocate the founding of a Sacred Order, to be called the Order of the Mother of Jesus, the members of which should be devoted to the bearing and rearing of the highest bred

children they and their husbands are capable of, and who should sacredly keep the law to be separate after they are fully confirmed that they were with child. Such an order, fitly conducted, would be of the highest service that can now be rendered to mankind.

When the "reverse," which Mrs. Chandler speaks of shall have been attained, or a beginning thereto made, where then shall the "thought" centre? In answering this question I give results of experience which cannot be described, only the results may be given. Under "the prevailing idea" the loins are the centre of thought. I suppose that few men imagine that there is any other sex centre, especially in the male. But there is now coming on a reorganization of human nature, and as it unfolds, it will be found that the high, the noble and spiritual sex centre is through the region of the chest. In the better formed man that is to be, there will be experienced a glow and sweetness and strength of the love feeling through that region which will far surpass any that can be experienced in the lions; and men will not find it so hard as it seems to them now to live whole, and so holy lives. All this cannot be reached in a year or a generation; but after four generations of the Sacred Order there will be a humanity of which few now even dream. JESSE H. JONES.

Was Adam given a wife "to avoid fornication" or for an helpmeet?

Jesus lived a pure life for 30 years. What is to hinder his followers from living continent lives in and out of the married relation?

Can any one be a consistent Christian and pervert his sexual nature?

The Christian Life.

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FACTS AND PRINCIPLES.

One fact is more potent than many fancies. While it is a fact that antenatal infanticide is practiced in not a few localities, and families, there are other facts as potent and lamentable.

I know that not a few fancy that that fashion is the sole cause of this wholesale murder of the unborn innocents. Jer. 2:34.

It is a fact that it is not a numerous offspring that men (as a general rule) want. It is their lascivious nature they want gratified.

The writer knows preachers of the gospel (?) who have undesired children, children of chance, children of lust. These same preachers of the gospel fight the doctrine of marital purity, and fancy that marriage covers the sin of licentiousness.

There are thousands besides ministers and church members who fancy that the marriage ceremony is a license to commit lewdness; and there are thousands that get married for that very purpose. (Now reader, don't take this if it does not belong to you, for God's word says "Thou shalt not steal.") Yes, antenatal infanticide is practiced by some preachers of the gospel (?) and their wives, as well as by worldly, fashionable people, and some church members are guilty of the same practice.

Reader, did you ever hear a preacher cry out against the heathen mother throwing her child into the jaws of the crocodile to appease the wrath of her god? I have, and it was all right for him to cry out against the heathenish practice. But then, when this same preacher hears some one filled with the Holy Spirit and by the grace of God crying out against the Christian mother being

compelled by an incontinent husband to throw her unborn child into the jaws of the crocodile, licentiousness, (yes, forced by her licentious husband to practice licentiousness up to the very time, almost, of the child's birth, thus stamping the unborn innocent with the image and nature of the crocodile of licentiousness), he cries out "unscriptural!" He sees his craft is in danger and he turns to his god, licentiousness, and cries out, "Great are the privileges of the married man—'God-given' privilege to commit lewdness!"

Thus by worse than brute practice thousands and thousands of children are destroyed. The writer verily believes that it is the sin of licentiousness that gets the heat past feeling. Eph. 4:19; and that because of this hardness of heart comparatively few "take the cup of salvation."

Reader, look to these momentous facts.

A MOTHER.

In perfect harmony with the above is the following by a noted revivalist—entitled

SELFISH PROFESSORS.

"Such persons are always apologizing for their sins, and pleading for certain practices, that are not consistent with strict religion.

It shows that they love sin still, and will go as far as they dare in it. If they were true Christians, they would abhor it, and turn from it, and would feel it a cross to be dragged to it. * * They are not cheerful and happy in religion. They are grieved because they have to break off from so many things they love, or because they have to give so much money. They are in the fire all the time. Instead of rejoicing in every opportunity of self-denial, and rejoicing in the plainest and most cutting exhibitions of truth, it is a great trial to them to be told of their duty, when it crosses their inclinations and habits.—C. G. Finney.

THE MEN WHO ENDORSE C. L.

Dear brother, God's first and greatest command is still being fulfilled, through Christ, to every soul whose eye is fixed on the Sun of Righteousness:—"Let there be light!" Brother Caldwell, I have sinned greatly in this matter in the past, "but I did it ignorantly in unbelief." I believe you are speaking forth the truth in this matter with the spirit of the Master—in love; but I have no sympathy with the bitterness of tone with which some women are discussing it. It is not Christlike. I yield to no man in reverence for pure-hearted woman—God's crowning work—not as much lower than the angels as man, because his most angelic gifts embodied with more fitting grace than his more rugged earth form. I bow before her, as the evangel of the coming reign of Christ on earth and she whom loyal men will follow as she plants the standard of the Cross far to the front in the great warfare with "the world, the flesh and the Devil."

No man who "strives to keep his body under" and soul thoughts, words, and actions uppermost, would willingly or knowingly degrade the "bone of his bone and flesh of his flesh," and will hail this great light with as much joy as she who has been so greatly sinned against as well as sinning.

How many of these suffering ones looked with blinded eyes before marriage on the occasional glass of beer their lovers quaffed, the fragrant (foul) cigars they smoked, pretending to enjoy the odor, the sensual dance and senseless game of cards, the Sunday drives, the wild gluttony of the animal nature by midnight suppers and theatrical revels! how few cared to touch on matters of temperate living in food, dress and recreation, physical harmonious development of the body as a basis for the greatest usefulness of mind and most healthful activity of soul, which comprise the trinity of perfect manhood!

But thank God for the light, yes The Light—"Christ in us the hope of glory!" God will abundantly own his work in this greatest of matters. It must, it SHALL go on! God helping me, as a consecrated young business man I want to be one of those to hold up your hands.

I have been feasting on Our Day next to my Bible, but I honestly believe CHRISTIAN LIFE is a greater necessity to dying man. As Joseph Cook would say, "it digs down below the surface and cuts the tap root of the Upas tree of sin."

Don't modify the CHRISTIAN LIFE Obligation. Give no chance for evasive endorsement. Direct, implicit terms are necessary in this lukewarm age. Clear cut truth is what we want. The original pledge is the best. Keep it intact. There is a bright future ahead for those who will walk in the light. In the words of that beautiful song "There is pardon, peace and power and purity and paradise! With all of these in Christ for me let joyful songs of praise to Him arise." Yours, for the restored image of our Maker through Christ, our Redeemer.

T.

The writer of the foregoing words is a married man, and shows his faith by his works. He and his loving wife have taken the CHR. LIFE Obligation, and in the last 8 weeks have sent orders for CHR. LIFE aggregating nearly \$40.

B. T. Roberts writes that he wished to say in his letter published on page 95, 'I answered that I did not.'

The compositor followed the copy closely and set it as it was written.

The annual harvest home camp meeting of Pentecost Bands, will be held at Carlinville, Ill., July 25 to Aug. 12. All are invited.

We presume there is hardly a lady to be found in our broad land who, if she does not already possess a sewing machine, expects some day to become the owner of one, and if she desires the best in the market, should get the Light Running Sew Home.