

Kentucky Kernel *FiNa*LS

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INDEPENDENT SINCE 1971



Doctor urges students to avoid stimulants

Wake up and smell the coffee

By Jeff Vinson
Staff Writer
and Jennifer Smith
Co-Editor

Juan Valdez will be making appearances in many forms all over campus this week.

Students looking for extra caffeine pick-me-ups have a variety of products to choose from, however, professionals advise extreme caution in using the stimulants.

Dr. Timothy Nolan Jr., director of UK's Student Mental Health Clinic, said students use everything from bronchodilators, used by asthmatics, to over-the-counter stimulants like Vivarin to increase their caffeine intake.

Sebastian Parks, an architecture freshman said he has used coffee, Vivarin, NO DOZ and other things he can't mention to stay awake.

"I can drink a lot of coffee, a pot a night, sometimes two," Parks said. "I do not like Vivarin because it makes you jittery. NO DOZ is OK."

Nolan said the main problem with drugs that increase attention is that there are other side effects from the stimulation that can work against a person.

Some possible side effects from increased caffeine dosages are jitteriness, nervousness and an irregular heartbeat, Nolan said.

Charlie McDonald, a political science senior, knows what it's like to get the "shakes."

He said NO DOZ caused him to be "really jittery and busy."

French sophomore Jill Payne said she had strange side effects when she used Vivarin and coffee together for last year's finals.

"I was awake, but I felt jittery and uptight," Payne said. "I don't know if it helped or hindered. It's just hard to retain information when you're wound up."

Nolan said cases like Payne's are not isolated.

"Caffeine is a stimulant and, as such, does to some extent improve a person's attention and concentration," Nolan said.

He said problems arise when a person needs the stimulation for a sustained amount of time. The side effects of the drug begin to overtake the caffeine's benefit.

Long Thai, a chemical engineering freshman, said he was addicted to Jolt!, a caffeinated beverage, for about a month.

See PICKUP on 2

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Pickup

Doctor says stimulants may cause a loss of concentration

From PAGE 1

"After a while I built up a tolerance to it," Thai said. "It just helped me get things done."

Thai said it caused him to get really tired in his classes, though.

Nolan said one or two cups of coffee at certain times may be helpful for a person. However, he said that "by the time they end up taking several doses of the over-the-counter preparation, (a person) can have considerable side effects to the point that it would interfere with their concentration."

Megan Lawson, a hotel management sophomore, said after taking Vivarin she was very tired the next day.

"I think (Vivarin) helped because it helped me stay awake," she said. "It's not like I'm a drug addict or anything."

Biology sophomore Chris Webb said coffee and caffeine hurt his exam studying.

"When you come down off your high, you feel worse than when you started," Webb said.

Ellen Lamb, an undeclared arts and sciences sophomore, said she "just kept drinking diet Cokes" to stay awake while studying one night.

"I had four or five of them in a row," Lamb said. "I just kept opening them. I was feeling a little sick at five in the morning."

Nolan said that all things considered, it is better for students not to use caffeine stimulants. He also said if students have an underlying problematic reaction to excess amounts of caffeine, the effects can be serious.

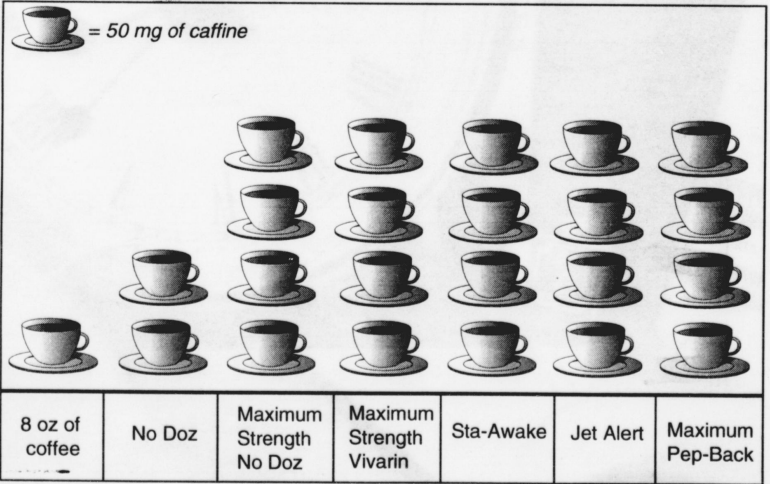
"I can't think of situation that I would actually recommend (stimulants)," Nolan said.

Stephanie Ackner, a biology sophomore, said she does not need caffeine or other stimulants to stay up to study.

Elementary education freshman Barret Howard said he does not use them either.

"I just cannot stay up late enough, anyway," Howard said. "At least not to study, anyway."

Nolan said the fact that caffeine and other stimulants are available means that the U.S. Food and Drug Administration recognizes them as safe and effective when taken as directed.



Cats to get tested after finals

By Brett Dawson
Sports Editor

The UK basketball team is here to help you through the Christmas doldrums. The Wildcats have a handful of matchups over the holiday to keep hoops fans hyped, including the annual Dream Gam.

Things get ripping this Saturday when the Cats head for Cincinnati to take on Texas Tech (8 p.m. on UKTV, live). Tickets are all gone, but you won't want to miss it on the tube.

Texas Tech returns five players who averaged in double figures last season, including three who averaged 17 or more.

"Believe it or not, the NBA scouts tell me 'this is the toughest game on your schedule,'" UK Coach Rick Pitino said. "They

have a very talented team."

On Dec. 27 the Cats play host to Marshall University in Rupp Arena (8 p.m., UKTV live).

Marshall coach Billy Donovan was an assistant under Rick Pitino his first five seasons in Lexington, and this is Donovan's first stop as a head coach. UK and Louisville ring in the new year in style, facing off Jan. 1 in the 25th installment of their series (4 p.m., CBS live). This year's matchup would seem to favor the Cats, although Louisville is the home team. The Cardinals lost three starters from last season to the NBA Draft.

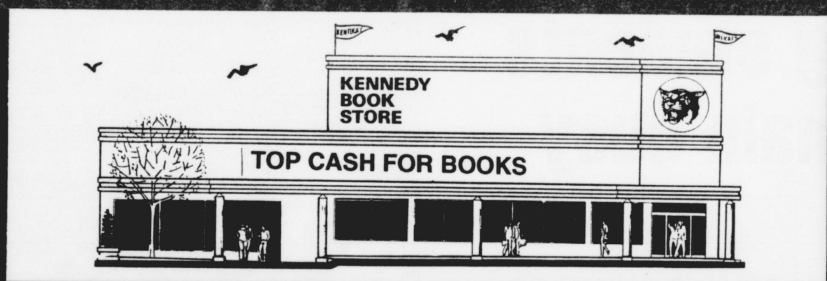
The Cats come back home on Jan. 4 for the opening of Southeastern Conference play, a tilt with the Auburn Tigers (8 p.m., Jefferson-Pilot, live). AU lost some key performers from

last season's team, including Wesley Person and Aaron Swinson, now hooping it up for the NBA's Phoenix Suns.

UK continues in SEC play on Jan. 7 at South Carolina (7:30 p.m., UKTV delayed). Coach Eddie Fogler's team lost several big-time players, but Fogler always has his teams primed to face UK and Pitino.

The best game of the break promises to be the last, UK's tilt with Florida Jan. 10 in Gainesville (9:30 p.m., ESPN, live). This game, on the eve of the start of classes, will be an early test for supremacy in the SEC's Eastern Division.

The Cats knocked off the Gators two out of three meetings last year, but Florida got the last laugh, advancing to the Final Four before bowing out to Duke.



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Studying students still remain busy

By Jacob Clabes
Staff Writer

Jobs and extra curricular activities have been put on the back burner this week while students spend the bulk of their time in the library or in the confines of a dorm room lapping up caffeine and cramming for finals.

For students like chemical engineering sophomore MuriAnita Andrews, who has had balanced jobs with school on several occasions, it is not always easy to arrange study time for finals.

"Every time I would ask off, they would pitch a fit," Andrews said.

"My supervisors could not relate because they had never been to college. They required me to work so many hours that it simply took up too much time."

The problem of scheduling time to study around part-time jobs is not the

◀ ▶
Yes, I work, but that is not the reason I have trouble finding time to study. I will have trouble because I procrastinate.
▼
Amy Glenn
Communications sophomore

only reality of the exam season. There is yet another cancerous plague infecting the students during this exam week.

"Yes, I work," communications sophomore Amy Glenn said, "but that is not the reason that I will have trouble finding time to study. I will have trouble because I procrastinate." For non-traditional students the responsibilities that come with jobs and families can sometimes clash with their exam schedules.

"When students come to us with a conflict, we send them straight to the source," said Jim Kuder, vice-chancellor for Student Affairs.

"If the problem is not resolved, they are then directed to the department head and then on to the academic ombudsman."



JOSEPH REY AU Kernel staff

REGISTERING Child development junior, Krista Sipes, cashes a check for a student at Kennedy Bookstore. Manager Carol Behr says being flexible for student employees is important to her.

For some students, however, employers are understanding about time conflicts at exam time. Many employers are aware of the conflicts a student has and are more than willing to accommodate.

"The week of finals is a busy time for us, but they work when they can," said

Carol Behr, a manager at Kennedy Book Store, a business that employs many students.

"I feel that we are very flexible to allow them to study. That is one reason they like to work here. We understand that school comes first and we come second."

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December grads get lost in the shuffle

By Carrie Morrison
Campus Editor

LeAnn Wood is graduating this month. She will not need to buy a cap and gown, nor will she whistle "Pomp and Circumstance" in anticipation of the big event. Instead, she will check the mailbox every now and then this holiday season to see if her diploma has arrived.

Who are these silent scholars? Does anybody care about them?

UK only holds graduation ceremonies in May. Diplomas are sent through the mail to December graduates. This procedure has always been implemented and will probably not be changed in the near future, according to officials from the Student Director's office.

"There are so many people graduating in December due to all the requirements you never seem to fill," said Wood, a psychology senior.

"Most of my friends are staying at least an extra semester, and that's even if they come here knowing what they want to do."

Wood said she would like to have a ceremony, so she will probably try to come back in

May to "walk."

"After four years, I feel I deserve to be recognized and have time to say goodbye to people," Wood said. "But after graduating, a lot of people travel or leave town to work. It's hard to come back when it's five months later."

Wood will travel for e i g h t



months and then return to UK to go to law school.

Psychology junior Steve Anderson's brother had the uneventful UK December graduation.

"It's like everything runs on the fall, then spring semester thing," he said.

"It leaves out the students who graduate in December."

However, Anderson said he will probably graduate as soon as he can, even if it is next

December.

"Graduation in May is so massive," he said. "It's not very personalized."

One freshman, having just come from the typical grandiose high school commencement exercises, was a little surprised to learn of UK's December graduation procedure.

Jennifer Sivertsen, an international studies major, believes a December graduation should be no less special than the traditional May event.

"I would want my ceremony to be very formal and very expensive," she said.

"I paid so much for my education ... I deserve it. I think there's a lot of hard work that goes unrecognized."

Wood said she feels concern that many students just want to get their credit hours and get out, regardless of whether or not they get recognition.

"A lot of students have that attitude," she said.

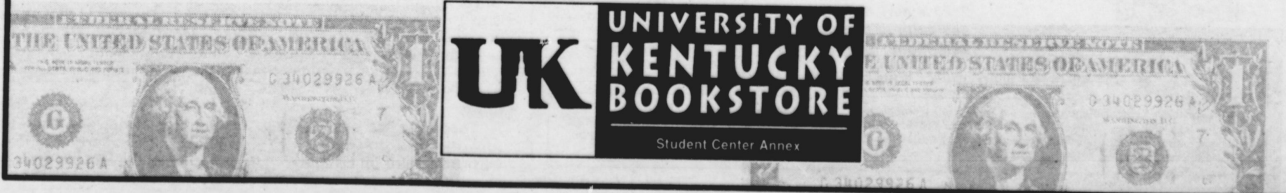
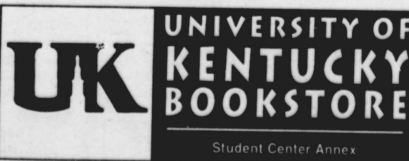
"I'm pretty close to having that attitude right now."

Anderson said he could do without attending another boring ceremony.

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Campus organizations spread cheer

By Brenna Reilly
Staff Writer

As the holiday season draws near, UK organizations take time to help local charities.

Becky McIlwaine, head of

philanthropy for Chi Omega social sorority, said her organization is participating in the Salvation Army's Angel Tree.

The sorority selected 30 angels off the Angel Tree at Fayette Mall and will ask two or

three girls to share the cost of the presents for each child.

"Instead of buying presents for each other," McIlwaine said, "This year we are buying gifts for those less fortunate."

McIlwaine said the Salvation

Army volunteers were impressed that the sorority took the time to buy the gifts on the angels.

"Our members really got excited about the idea," she said.

Also, Jenny Likens of Alpha Gamma Delta social sorority said her sorority is buying gifts for children.

In addition, the Panhellenic Council participated in the Story Book Christmas program sponsored by the Lexington Herald-Leader.

Sorority members bought children's books at a 20% discount from bookstores.

Chi-O won the contest, turning in more than 100 hundred

books, said Jane Ann Bardin, Panhellenic president-elect.

Interfraternity Council Jonathan Bruser said he has been trying to encourage fraternity chapters to volunteer individually for Christmas.

"Thanksgiving is really our focus," Bruser said, "just because of the time." He said many students and fraternity members are away over the holidays and cannot participate in large community service projects.

Also, this year, the Student Activities Board participated in the Circle of Love Program. Participants bought presents for a children who could not afford them.



Instead of buying presents for each other, this year we are buying gifts for those less fortunate.

Becky McIlwaine
Head of philanthropy for Chi Omega social sorority

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Volunteer to give hope for the holidays

By Brenna Reilly
Staff Writer

UK students who want to make someone else's holiday season a little brighter have many opportunities this year. Campus and local organizations are still looking for volunteers for their programs.

The UK recreation department is sponsoring the "Santa Calls" program. Santa will be calling Lexington area children on Dec. 13 and 14 from 6:30 to 8:30 p.m.

The program is still in need of male volunteers to play Santa.

"The more people we have to make calls, the less calls each person will have to make," said Kathy Cole, organizer of the program.

She said each volunteer should make no more than 10 calls and will be on the phone no more than an hour.

Anyone who wants to participate in the program should contact Kathy Cole at 257-3928 today.

There also are opportunities for students to spread the Christmas spirit off campus.

Diane Williams of the Salvation Army said they have many programs in need of volunteers. It has set up an Angel Tree at Fayette Mall.

Shoppers choose angels, which have information about a local children, from the tree; buy presents for the children; and return the presents to the mall. Volunteers are needed to work at the tree.

On Dec. 22 and 23 volunteers are needed to help the recipients of the Angel Tree donations with their packages.

There is a Mountain of Love inside Turfland Mall this Christmas. The food donations have piled up and the Salvation Army needs volunteers to box up the food Dec. 18 at 1 p.m. inside Turfland Mall.

Anyone interested in helping should call Jennifer Holloway at (606) 276-4411.

The Hope Center also needs volunteers for its Christmas programs.

There are two orientation sessions for anyone who wants to volunteer. For more information, contact the Hope Center.



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Salvation Army
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New Christmas music's not the same

By Eli Humble
Staff Critic

The holidays can mean a few things for different members of the music industry. Some prefer to take some well-deserved time off to relax with their families.

After several long months on the road, some rest probably would be a great gift. Others, unfortunately, feel the need to make more bucks for their stockings by putting out Christmas albums. (I'm not counting the Chipmunks, though.)

Today, I'm going to talk about three albums that are on the market as you are reading this. I can tell you this: Don't get out the shopping list just yet. Step away from the crossword puzzle for a minutes.

Here we go:

Mariah Christmas

It's no secret that I'm not exactly a Mariah Carey fan. To say that she can't sing, however, would be an extremely false statement. She certainly can sing; I'll give her that. I just don't like her music.

So here we have *Merry Christmas*, a collection of both traditional songs and a few of Mariah's originals. Guess which ones are better.

"Silent Night" is first. As I said earlier, she can sing, but does she have to be so annoying?

As is the case with most of the album, she tends to overdo things. She sings, no restraint, plugging her vocal range whenever she gets the chance.

Next we have one of Mariah's own chestnuts, "All I Want for Christmas is You." This sounds basically like anything else she has ever done, except it's about Christmas.

The same overproduced beats make it sound like something I heard at my sixth grade dance.

Other featured titles on the album include "Christmas (Baby Please Come Home)," "Joy to the World" and "Santa Claus is Coming to Town." These aren't as bad.

They're definitely better than her own creations. Unfortunately, though, Mariah apparently tries too hard to sing with passion. The fact is, I've got more soul in the bottom of my shoe.

Overall, nice try, but no thanks. Of course, if you are a Mariah Carey fan, (I'm guessing that there are a few) this is probably what you're looking for. *Merry Christmas* is a good representation of her sound. But if you're not a fan, move along.

Jingle Monks

I never really understood this

whole "chant" craze that supposedly swept the music world. It seems more like a marketing strategy to me. Anyway, the monks are back, and they're ready to jam out some serious holiday tunes.

Yeah, right.

The thing that confused me the most was that if it didn't say so on the cover, I wouldn't have known this was a Christmas album. I can't imagine any of their other albums sounding much different. It could've been for Arbor Day, Labor Day, Columbus Day or Lincoln's birthday for all I knew.

Let me get something straight:

I know nothing about these monks and/or their religion or beliefs. If you do, maybe you will understand what they are chanting about. I don't know if this is some sort of monk equivalent to Christmas or what. If so, that's fine. For those of us who don't know, look elsewhere for your listening pleasure.

I really don't know why they bothered to label the songs because they all honestly sound the same. That's right, all 21 of them. There is nothing but voices; no instruments whatsoever. I never heard anything that resembled Santa Claus, decorating the tree, wrapping gifts, or milk and cookies.

As I said earlier, maybe that wasn't the point, but I'm not going to force myself to like it.

Bottom line: Unless you are a card-carrying monk maven, you should steer clear. I guess the guys are good at what they do, but I still didn't like it. Santa Maria! Believe me, by the end of the album, I was ready to take the monkin' thing out of my CD player.

So This is Christmas

The idea seemed good enough: Fill an album of Christmas tunes performed by some alternative-type artists. My guess is that this is some kind of benefit album, but I'm not sure. The results are a decidedly mixed bag, with a few bright spots, but

nothing ground-breaking.

One of my favorites from the album is "Silent Night" from L.A. punk-pop bashers Bad Religion. It surprised me, too. They did a great job maintaining

their speedy, Ramones-style power chords with their trademark harmonized vocals. They even stop and break into "My Sharona" for a few seconds before going back into "Silent Night."

A new band that has caught my attention, Hootie and the Blowfish, turns out a

respectable version of "The Christmas Song." Lead singer Darius Rucker's soulful vocals proves that this is a band to watch. The South Carolina quartet's catchy sound is well represented. Another surprise comes in

the form of "Blue Christmas," performed by Collective Soul. I know that MTV played (and probably still does) "Shine" to the point of suicidal insanity, but I'm not going to hold that against the band. The song isn't bad; it's more of a rhythmic, up-tempo thing, unlike most Christmas songs.

Lemonhead Evan Dando also performs "Silent Night" on the album. His version is obviously different from Bad Religion's, but it's pretty good all the same. His folksy, acoustic strumming and calm, sweet voice make this one of the better tunes.

You have to take the good with the bad, and there are plenty of lumps of coal on the album. The biggest one comes from Daniel Johnston, who performs "Rudolph the Red-Nosed Reindeer."


I've never heard of this dude. I guess he's some cool, alternative guy whom I would know nothing about. I do know, however, that he sounds like one of the Muppets.

Victoria Williams shows up for "Have Yourself a Merry Little Christmas." I just don't like her voice. She painfully squeaks her way through this one.

Tori Amos does "Little Drummer Boy," while Juliana

want. The thing that most of these albums are lacking is timelessness. For a real Christmas treat, check out an Elvis album or maybe Bing Crosby.

Those are the ones that I grew up listening to, and they'll probably be on the turntable when I go home.



MUSICreview

★★★
"Merry Christmas"
Mariah Carey
(Columbia)

★ 1/2
"Chant Noel"
The Benedictine Monks of
Santo Domingo de Silos
(Angel Records)

★★★ 1/2
"So This is Christmas"
Various Artists
(Atlantic)

RATINGS
★★★★ Excellent ★★★ Good
★★ Fair ★ Poor

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Some freshmen fearful of first finals

By Glenda N. Ethington
Staff Writer

As the clock ticks, many freshmen still have questions about finals. Some wonder if they can score well enough to bring up their grade. Others begin to question why they chose a certain class or major in the first place.

For Amanda Caskey, a psychology freshman, the burning question is ... "What the hell is dead week?"

Caskey is not alone. Her friends, fellow nursing freshman

Laura Strader and psychology major Alice Lannon, admitted that they have no idea what dead week really is.

Elizabeth Mitchell, a freshman in communications, defined dead week as "the week leading up to finals where you really study a lot."

"I know we are supposed to have less work, but that hasn't turned out to be the case," Mitchell said. "I have daily homework in two classes."

Are freshman studying, and just how prepared are they for finals?

"We studied yesterday in a group session," Lannon said.

"We sing 'Phantom of the Opera' to relieve tension," she added. "We also wrestle."

Caskey said she mostly studies alone because she doesn't know anyone in her classes.

"I don't know anyone in my class to ask (if I have questions)," Caskey said. "I'm the one people always ask questions of."

Caskey, Strader and Lannon all expect to pull all-nighters while studying for

finals.

"I wait until the last minute to cram," Strader said. "I know that's horrible, but it's just reality."

Mitchell admits to becoming distracted while studying in groups, and prefers to go it alone.

"I don't think I'll be staying up all night studying," she said. "I'm trying to spread it out over this week and the weekend."

"It seems I'm just now getting into the routine of college. It became more apparent that I

needed to pick up on my studies after mid-term."

Perri Kersh, learning skills instructor at the Counseling and Testing Center, said the center can offer advice for students "looking for exam strategies or in dealing with the end of the semester."

Kersh said constant review of class material and attendance are main factors in preparing for finals.

"For a lot of first-year students, (college) is very different from high school, and you can't study for an exam in one night," she said.

"Probably the most important thing is to start as early as you can. Also, it's important to have a study schedule set up the week before and the week of exams."

When taking a cumulative exam, Kersh said, students should break that task down into smaller tasks involved in a daily review, so it doesn't seem so overwhelming.

"Preparation is the key to reducing test anxiety," Kersh said. "If experiencing extreme anxiety over exams, remember sleep, diet and nutrition are important during finals week."

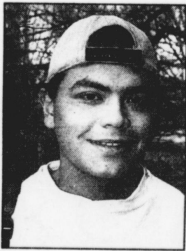
Kersh said students may want to form study groups "to help formulate possible test questions and to use the group as a review to test each other."

The center also provides several study skills programs for students, such as the Masters Student Program.

For more information, contact the Counseling and Testing Center at 257-8701.

SOUNDbytes

What do you do to relieve your finals stress?



"I've spent everyday this week studying in the library. I take Effidrin to stay awake."

Jason Prather
Communications
junior



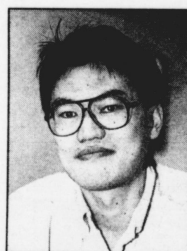
"Study. I play ball, sports, anything active."

Billy Fluker
Biology
freshman



"What stress?"

Saara Maunu
Elementary
education senior



"I cannot eat because I have stress."

Seichi Morisaki
Communications
graduate student



"Study. I make sure that I get enough rest and play time. It has to be balanced."

Leah Kidwell
Psychology
junior

AIM HIGH

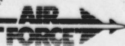
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WHAT's your sign?

By John Abbott

Aries (March 21 - April 19) Kidnap a department store Santa, take his place, and start telling horrible lies about Christmas to all the children.

Taurus (April 20 - May 20) You won't get a Red Ryder BB gun! You'll shoot your eye out!

Gemini (May 21 - June 20) On the day of our Saviour's birth, get down on your knees and thank Him for making you such a flawless, individual. Remember: You didn't get to be so perfect by yourself. You had help.

Cancer (June 21 - July 22) As the Christmas spirit washes over everyone, people will forget how unfriendly and boorish you are and will speak to you for once. Enjoy it while you can; by Jan. 1, it's back to unpopularity and loneliness.

Leo (July 23 - Aug. 22) You've gone way past the "naughty" list; you're on the "pure evil" list now. But take heart: Santa can be bribed. Leave him some milk, cookies and \$500 in unmarked bills, and you'll be just fine.

Virgo (Aug. 23 - Sept. 22) All of your toys will be of the "some assembly required" variety, and the instructions will be printed in a Turkish dialect. Good luck.

Libra (Sept. 23 - Oct. 22) When you go home for holidays, you will find it burnt to the ground, with the charred bodies of everyone you love inside. But don't let this spoil your holiday.

Scorpio (Oct. 23 - Nov. 21) Santa didn't like those lima bean-flavored cookies last Christmas. Better suck up big time, or you might get presents that tick.

Sagittarius (Nov. 22 - Dec. 21) Death will visit your family this Christmas. Death likes to drink screwdrivers, so stock up on the vodka and orange juice before the 25th.

Capricorn (Dec. 22 - Jan. 19) Santa's sleigh will be hit by anti-aircraft fire and crash in your yard. Before he wakes up, riffle through his sack for all the cool junk you weren't going to get.

Aquarius (Jan. 20 - Feb. 18) What's that in your stocking? Why, it's a lead pipe, painted red and green and decorated with tiny reindeer! Take it and club a deserving Virgo over the head with it. Don't forget to scream, "Merry Christmas, punk!"

Pisces (Feb. 19 - March 20) Just before you jump off a bridge, your guardian angel will come down to stop you. Seeing you, however, he will decide that you are too repulsive to save and leave, mumbling something about how no pair of wings is worth this crap.

If your birthday is today: Since it's so close to Christmas, people might try to pull that "This is your birthday and Christmas present in one!" nonsense. Don't fall for it. Demand two trips on the Materialism Express.

LCC final exams similar to UK's

By Tiffany Gilmartin
Staff Writer

Students at Lexington Community College often are forced to deal with the popular misconception that their academic work is not of the same caliber of students at four-year institutions.

This feeling of superiority surfaces especially around finals time, but students and professors at LCC are prepared to combat the myth.

For starters, LCC instructors are hired only to teach, so they can focus all of their attention on the students, instructors said.

"We are not stretched too thin, which is a little advantage over other instructors," said Susan Kavanaugh, an associate professor in the biological sciences department.

Also, professors and students are aware of the scrutiny that their graduates will endure, so the desire to turn out a well-prepared student is a priority for instructors.

"We have high standards because the departments that many of our students are transferring into have high standards," Kavanaugh said.

Other than the additional strain of preparing for regularly scheduled examinations during the last week of classes, students and teachers think finals at LCC and UK are similar.

Some even argue finals are more difficult for LCC students.

"(At LCC) a student has to pass the final to pass the class — even if the student has an A in the class — flunk the final, flunk the course," Kavanaugh said.

Undeclared junior Becky Grigsby said she has a harder time at community college than she did at a four-year university.

"I'm having a hell of a time with the classes here," undeclared Grigsby said. "I went to Morehead (State University), and I did not have a problem at all."

With smaller classes at LCC, students become better known by their instructors, which can be both beneficial and detrimental.

Dave Wachtel, a sociology professor at LCC, said he thinks the smaller classes give students the advantage of being more comfortable with the material.

He said this helps them do better on their final exams.

"I taught at UK and here. I would say the main difference is that students develop a level

of confidence about the material and feel more confident," Wachtel said.

Wachtel said there are not many differences between UK's main campus and LCC.

"The courses are not differ-

ent, and the instruction is not different," he said. "But the classes are smaller and students are able to feel more confident."

Richard Reece, an undeclared sophomore, agreed that the smaller classes are an added ben-

efit for LCC students, especially around exam time.

"The teacher-to-student ratio is better here," he said. "That might not make for an easier exam, (but) a better knowledge of what to expect."

Dumb happens.



This Christmass. Crismas. Winter.

The Semester in a

FLASH

"This could be the best pressing team we've had. This team has great reach, good quickness, great speed. They jump well, and they're able to recover well when they get beat."

-Rick Pitino
UK coach



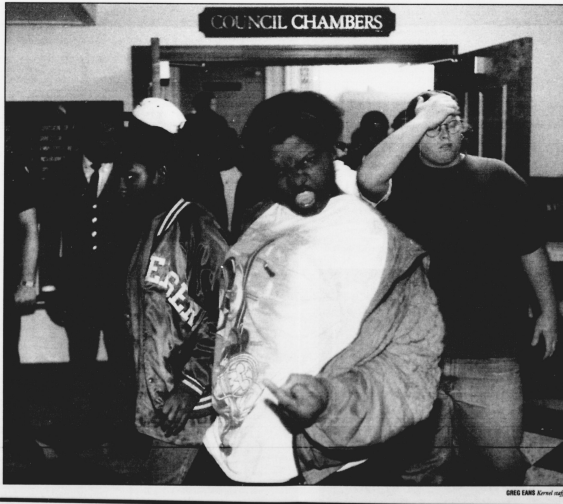
JOSEPH REY AP Kernel staff

"If they're going to arrest us they are going to have full jails."

-Scott Medley
Undeclared Freshman



JOSEPH REY AP Kernel staff



ORIS EMMO Kernel staff

"It's all just a cycle. What this really should do is scare middle-class America."

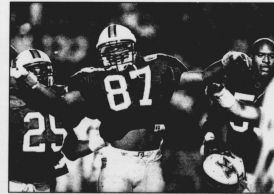
-Sandra Delarosa
UK Graduate Student in Rehabilitation Counseling



ORIS EMMO Kernel staff

"You're on the road to hell with this organization. So get in the car, and see what happens when you get there at the end of the year"

-T.A. Jones
Former Student Government Association President



JAMES DRIPP Kernel staff

"We've wanted Louisville ever since they signed a contract to play us."

-Donte Key
UK Linebacker

Going beyond Christmas

By Thomas McIntosh
Staff Writer

Got the Santa Claus blues? Are you tired of "Silent Nights?" UK students are celebrating many different holidays this season, to lift your spirit.

Among the different holidays celebrated on campus is Kwanzaa, a non-religious holiday, pays tribute to black Americans. Kwanzaa is not centered around a specific religious or political figure.

Sociology senior Heather Watson, a member of Zeta Phi

Beta social sorority, organized last week's "It's Kwanzaa Time," said anyone can celebrate Kwanzaa.

A professor in California began the holiday to adapt feasts celebrated in ancient societies in Africa, Watson said.

"Kwanzaa is a time for us to gather and recommit ourselves to the things that are important throughout the year," Watson said.

It is celebrated from Dec. 26 through Jan. 1 and is based around seven universal principles, including unity, coopera-

tive responsibility and spirituality.

Watson said Kwanzaa has positive impacts on students.

"Usually the only time we gather is when there is a problem, and this is a positive way to end a difficult semester," Watson said.

She said the October riots in Lexington has hung a dark cloud over students' heads this season. She said Kwanzaa is a time to regain lost faith.

For Jewish students, there is Hanukkah. It was developed after Jews in Jerusalem were thrown out of the Holy Temple by Antiochus of Syria, said Austin Cantor, an animal science professor.

When the Jews regained the Temple, there was only enough oil to last one day.

"Students who celebrate (Hanukkah) light candles, say prayers and attend one of two synagogues here in Lexington," Cantor said.

Some students said life at a school based on Christian holidays create conflict for students celebrating Hanukkah.

"In college it's hard to celebrate because all the days (of Hanukkah) fall on different days every year, and it's hard to go home, when it is during school," said Tara Lieberman, president of the Hillel Foundation, a campus organization for Jewish students.

Lieberman said many Jewish students cannot celebrate because of the conflict.

Not all students going 'home for the holidays'

By Carrie Morrison
Campus Editor

As students pack their bags to roll merrily along to their holiday destinations, some will be prepping their passports.

Some won't get to leave at all. Anna Ulitskaya, an international student from Vladimir, Russia, won't be going home this week.

"I haven't got money for a (plane) ticket to get there," she said.

Carolyn Holmes, advisor for the department of International Students and Scholars, said there are a variety of options for those who are "stranded."

"Many students come here for two to three years at a time," she said.

"Sometimes they make American friends and are invited to their homes. Some stay here and sweat it out."

Jewell Hall, a dorm for American and international students, stays open over the Christmas season for students like Ulitskaya. Graduate student housing is also open all year.

"It's good for them to join forces with other students who are here," said Holmes.

Ulitskaya said she will be hooking up with other students staying in Jewell for the next month.

Holmes' department sponsors a program called "International Hospitality." Foreign students

are "matched" with local families through the program. These families befriend the students and show them the area.

"It's not a live-in program, but one of friendship," she said.

There is also a program through International Students and Scholars that informs students of trips that take them south for the winter.

The Christian International House accepts applications in October for students who want to travel to warm sites such as Florida, Georgia or Texas for two weeks. PPTThe program arranges housing.

Holmes said people who partake in the program "report back a wonderful time."

Holmes said not all students stuck in Lexington are upset about it.

"For many students, Christmas is not a holiday, so it doesn't have the same overtones," she said.

The services for international students at Bradley Hall try to recognize their country's holidays while they are here, such as the Chinese New Year, which takes place in February and is similar to Christmas in its family-gathering and gift-giving element, said Holmes.

Ulitskaya is not sure what her holiday plans are, but she looks forward to Christmas in America.

"I want to stay here," she said. "I like it very much."

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Religion target of liberalism

"There is no God, and if there was, she made a mistake."

I was recently reading a letter to the editor in one of my favorite magazines, and this was the statement the writer said she had heard from a professor in one of her philosophy classes.



Trent Knuckles
Editorial Editor

It's not surprising considering the way colleges in this country have made themselves bastions of political correctness, where feel-good, self-esteem building educations are given rather than the truth.

With the Christmas season in our midst, I can't help thinking that a quick, sharp, obligatory mention of the holiday is probably as close to the "C" word (that being Christ, not Communist Manifesto) that most students at UK will ever get.

It should come as no surprise. Christianity and all of its beliefs have been the target of liberalism in our education system, for quite some time.

After being taught that man (people, for those who prefer the gender-neutral, all-inclusive language) started out as primordial ooze, became fish, then apes and now what we are today, many are left wondering where the crazy notion of being created in the image of God could have gone.

Divine creation, among other subjects, must be left in the hands of the church (whereby now churches are constantly correcting the mistakes of the schools instead of working alongside them).

Christmas is a time we are supposed to celebrate Jesus' birth. (I say this only because many have probably forgotten that fact amid the forced liberalization, which replaces the values of their own traditional families with the values of man-hating feminists, radical gays and angry culture-thugs who blame whites for every problem our society has suffered throughout history).

You won't learn that religious nonsense here. It would take too much time away from the study of queer marriages and adoptions, porno-art and the virtues of Communism.

I notice that at UK, no mention is made of Christmas break, but rather our time off after finals is noncommittally called "winter break." The reason, of course, is so we do not exclude those that don't celebrate the holiday and would be offended and oppressed at the mere mention of it, not to forget that this

could be a breach of church-state separation.

Anyway, I know this time of year is supposed to be a time in which giving is valued over receiving. But I'm not really in the giving mood this year.

I work an average of six hours per day putting out the editorial page for the students' reading

pleasure. I get a monthly salary of \$180 for my efforts. I did the math, and it comes out to about \$1.50 an hour.

So, like many, I get a little angry when I see a large chunk of my paycheck taken by the government.

I understand that some taxes are necessary to carry out essen-

tial activities (building of roads, national defense, etc.), what I don't understand, though, is why I should subsidize the work of so-called artists whose masterpieces belong on the back-room shelves of sleazy bookstores and video rental establishments and not on the walls of public galleries for all to see.

I also can't understand why it is used to give handouts to those who are too lazy to get out and work (see artists, above).

I guess a little cheer is in order, though. We all will be home visiting our families soon (father-mother, mother-mother or father-father), enjoying good food and basking in the spirit of the holiday, remembering, the plight of the homeless and feeling guilty for everything we have that they do not.

So Merry Christmas, or rather, Merry "Winter Break."
Editorial Editor Trent Knuckles is a political science senior.

**Question
The
Knowledge**

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COLUMBIA PICTURES

At Theatres Soon

CAMPUS CALENDAR

The Campus Calendar appears in the Monday edition of the Kentucky Kernel. All organizations wishing to publish meetings, lectures, special events and sporting events, must have all information to SAB room 203 or call 257-6667 1 week prior to publication.

MONDAY 12/12

ARTS & MOVIES

-EXHIBIT: A Spectacular Vision: The George and Susan Proskauer Collection, UK Art Museum; CALL 257-5716, (thru 03/12/95)

SPECIAL EVENTS

-FINAL EXAMINATIONS thru 12/16
-Add/Drop for Spring 1995 by UK VIP, (thru 12/31)

RECREATION

-Aikido Class, 8:00pm, Alumni Gym Loft; CALL 257-3988

TUESDAY 12/13

MEETINGS & LECTURES

-Crafts As A Successful Business, sponsored by the Ky Small Business Development Ctr, 9:30am-12:00pm, 4th Floor- Lex. Central Library, \$10; CALL 257-7667

-Kentucky Craft Marketing Program: How It Can Help You sponsored by the Ky Small Business Development Ctr, 1:00-3:30pm, 4th Floor- Lex. Central Library, \$5; CALL 257-7667

SPECIAL EVENTS

-Student Night at the Newman Center, 7:30pm

RECREATION

-Dance Lessons sponsored by the UK Ballroom Dance Society (Every Tues.), 7:00-8:00pm Beginners, 8:00-9:00pm Novice, Buell Armory Dance Studio, FREE; CALL Beth Nodurft at 257-2873, Learn Latin & Ballroom Social Dances- Partner not required, but helpful

WEDNESDAY 12/14

ARTS & MOVIES

-American Theatre Arts for Youth: "Babes in Toyland," 10:00am & 12:15pm, Concert Hall- Singletary Ctr for the Arts; CALL 1-800-523-4540 for group reservations
-Beethoven's Birthday Concert, 8:00pm, Recital Hall- Singletary Ctr for the Arts; FREE

MEETINGS & LECTURES

-Basic Recordkeeping & Accounting, sponsored by the Ky Small Business Development Ctr, 2:00-4:30pm, 4th Floor- Lex. Central Library, \$20; CALL 257-7667

-DESIRE TO STOP DRINKING? Try A.A.- it works!, Every Wed., 5:00pm, Rm. 4 Newman Ctr

SPECIAL EVENTS

-Deadline for applying to The Graduate School for readmission, post-baccalaureate status, and visiting student status for the 1995 Spring Semester in order to register before the beginning of classes and avoid \$40 late fee

INTRAMURALS & RECREATION

-Aikido Class, 8:00pm, Alumni Gym Loft; CALL 257-3988

THURSDAY 12/15

MEETINGS & LECTURES

-People: Your Greatest Asset, sponsored by the Ky Small Business Development Ctr, 2:00-4:30pm, 4th Floor- Lex. Central Library, FREE; CALL 257-7667

FRIDAY 12/16

SPECIAL EVENTS

-End of 1994 Fall Semester
-Last day for candidates for a December degree to submit a thesis/dissertation to The Graduate School

SATURDAY 12/17

SPECIAL EVENTS

-Catholic Mass at the Newman Center, 6:00pm

SPORTS

-UK Lady Kats Basketball at Ole Miss, 7:00pm
-UK Men's Basketball vs. Texas Tech (UKTV-Live), 8:00pm; Cincinnati, OH

SUNDAY 12/18

SPECIAL EVENTS

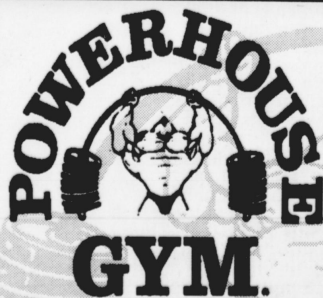
-Catholic Mass at the Newman Center, 9:00 & 11:30am, 5:00 & 8:30pm

INTRAMURALS & RECREATION

-Aikido Class, 1:00pm, Alumni Gym Loft; CALL 257-3988

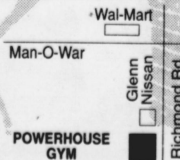
SAB wishes good luck to everyone on their final examinations.

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Go home, but don't just sleep there

The holiday season, and the semester break with it, has finally arrived, fellow students. I think that we are all looking forward to heading back to our numerous homesteads, taking some time away from daily grinds and not studying a darn bit.

However, while sinking back into the days filled with hometown friends, joyous parents and relatives, tormenting siblings and getting stuff you may or may not deserve, it's easy to get a little bored.

Maybe even a little restless. You might even feel a desire to actually accomplish something while at home.

Now, those of us with people to see and places to go may not find our time quite so free, but if you are genuinely searching for activities to fulfill your break, see how many of these 10 things you can actually do.

I'd love to hear your response on this matter. If, by some freak of nature, you find this a worthwhile undertaking, please send or bring me a note to the Kentucky Kernel in 035 Enoch J. Grehan Journalism Building. It'd be cool to see how much of this is possible.

Anyway, No. 10. We're all in this together, and it's a whole lot easier to be politically correct if you know something about a culture other than your own. There's a lot to be said for the power of human understanding.

No. 9. Convincing a young'un of the big guy's existence will *not* make you a cruel villain living in a fantasy world. Trust me, I'm an expert. However, wouldn't it suck if he actually does and you didn't think so? Who could really know?

No. 8. God knows there are plenty of them. You can go with the original, a recent remake, "Scrooged" with Bill Murray, the Muppets version or my personal fave "Mickey's Christmas Carol," and it don't have a thang to do with Rocky.

No. 7. I've got one thing to say. It's a genre in which Mariah Carey and Amy Grant can co-exist.

No. 6. Use the college excuse of "I didn't know

where to shop in Lexington, so I decided to wait until I got home." This will cover your gift choice of varying shapes of soap for each member of the family. Just say it's all that was left, then steal them to bring to school.

No. 5. Great fun. Make sure you don't partake yourself, though. That could make things much less funny. Note: Younger siblings can be made to do anything after three of these babies. At least, that's what I've heard.

No. 4. If you are a female and you find yourself obsessing over keeping the wrapping paper in good shape, *you're becoming your mom*. It can't be used again anyway. I agree with conservation, but let it go.

Guys, if you insist on cooking things a certain way or on taking on the chore of watering the tree or on being in charge of the remote, notice the smile on Dad's face — he is overjoyed at having raised you in his image. If your same sex parent won't be present, miss him or her.

No. 3. This is the scenario. Look for MTV. Keep finding the Family Channel or a local CBS affiliate. Note part two: It might not be Channel 11 at home. Re-adjust. It's good for you. Make sure you're equipped with a *TV Guide* to sort through the parades, miracles on various streets and wonderful lives.

No. 2. Admitting to yourself what you think is cool/sucks will help to make you happier/more pissed off about coming back, thus making your holiday cruddy/pretty neat. Just a little contemplative service from the Kernel. You're welcome.

No. 1. Call it a cliché, but seeing my sister or grandad beaming at a gift makes me feel a lot warmer than getting a sweater or some jeans. Regardless of commercialization or anything else, handing someone you love a gift is the purest and most beautiful thing about this season.

Thanks again for reading. If this list has provided a great service to you, feel free to get together with some friends and buy me a pinball machine. Enjoy your holiday, folks.

Staff Writer Nick Rhoton is a journalism freshman.



Nick Rhoton
Kernel columnist

Top 10 things to do at home over the holidays

10. Learn just a little bit about a holiday different from the one you and your family celebrate.
9. Convince a little kid that Santa Claus does, in fact, exist.
8. See how many times you can catch a movie version of Charles Dickens' "A Christmas Carol."
7. Find something to hate about big stars producing albums of Christmas carols. (This should be easy.)
6. Shop.
5. Spike your family's eggnog and watch the fun begin. Keep your disillusioned aunt away from the Cheetos during this experiment.
4. Take notice of how much you are becoming like your same-sex parent. Consider this a warning sign.
3. Spend a day, 8 a.m. to 8 p.m. on the couch changing channels. See how many times you mix up your home channels with the Lexington channel numbers.
2. Write a Top 10 list of the things you do/don't like about UKK. I think you'll find this very liberating.
1. Remind yourself that giving is a hell of a lot better than getting.

THE KENTUCKY KERNEL:

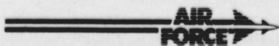
We would have gotten away with it if it weren't for those pesky kids!!!

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Get great gifts with your VendPlus

By Scott Drake
Staff Writer

In all the world, there is nothing I dislike more than shopping. I would rather go to the dentist and have all of my teeth pulled than go shopping.

I guess the single thing I dislike most about shopping is hav-

ing to wait. I am a fairly patient person most of the time, but everywhere you go and everything you try to do concerning shopping, you end up waiting.

You have to wait in traffic to get into the parking lot and you have to drive around and wait to find a parking space. Then, you get to wait in long lines to buy

stuff people you don't even like won't like either.

Lucky for me, this shopping only involved walking across campus to the UK and Kennedy bookstores.

Two bonuses, I don't have to fight traffic, and I get to spend some of the excess money on my VendPlus card that I won't come close to spending before the university takes it in the spring.

I put the challenge to UK Bookstore Manager Paul Little. I asked him what nifty Christmas gifts he might have.

"If you are shopping for a Kentucky fan, we have a lot," he said.

You can find just about anything a good UK fan should possess.

The store has a lot of things that would make great gifts for

less than \$20. They have a vast selection of UK sweats and T-shirts. There's also hats, basketballs and footballs, trash cans, Cross pen and pencil sets, stuffed animals, window flags, posters, ornaments and calendars.

The store even has panty hose, but not with UK on them.

The store has books, too. Go figure.

No, not just textbooks. We're talking New York Times best seller list. Who wouldn't want the latest book by Stephen King, John Grisham or Anne Rice?

If you wander over to the Kennedy Book Store, you will find much of the same selection, also available for purchase via your card.

The store offers a good selection of calendars and journals, greek items and apparel, watches, clocks and even cuff-links.

Of other interest on the list is Russell Rice's book "Adolph Rupp, Kentucky's Basketball Baron," selling for \$22.95, a UK drinking jar for \$5.49, a golf ball set for \$11.99, and even a \$9.99 UK laundry bag.

Wherever you end up, you'll find decent gift ideas and each store will happily accept your card.

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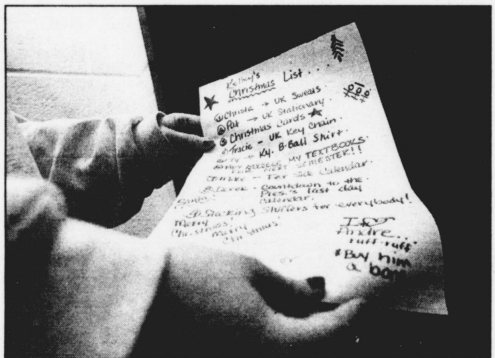


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CHECKING IT TWICE With some creative shopping, students can take their lists to campus bookstores and find gifts for almost everyone.



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Shop until you drop

By Scott Drake
Staff Writer

While the UK and Kennedy bookstores earn major bonus points for allowing UK students to make purchases on their VendPlus cards, there are many shops close to campus that also have great gift ideas.

Court Sports, located at the corner of Euclid Avenue and North Limestone Street, was the first stop on my list.

"We have anything a sports person might need," assistant manager Bob Foster said.

They have hats from \$10 to \$25, T-shirts from \$15, sweat-shirts from \$20 to \$40, 200 different styles of shoes from \$20 to \$130, Starter jackets from \$74.99 and up, and Stussey equipment, posters and duffel bags.

Next to Court Sports is Third Street Stuff. If you have never been in there, do yourself a favor and check it out.

"We sell lots of odd items, stuff you can't get at other stores," sales associate Joshua Weill said. "We make some of our own stuff like the boxes and furniture."

The store also sells jewelry (most under \$20), "knick-knack"

items like mobiles, puppets, candles, Christmas string lights and "out of the ordinary" clocks that start at \$20.

If there is an alternative person on your list, you might stop in at Retail Hell.

"Most of our stuff is harder edge alternative or punk stuff," sales associate Jason Wolfe said.

Retail Hell carries a lot of clothes like leather jackets; T-shirts; accessories, like hats and jewelry; and other items, like patches and posters.

A little farther up Limestone Street is Pep-Tab. Like Retail Hell, Pep-Tab carries a lot of clothing items for the alternative person on your list. Some of the clothing is imported, manager Ben Gambrel said.

This store also has jewelry, both beaded and "hard core," and a vast selection of T-shirts and posters. It also has lava lamps starting at \$39.99.

Special Media, also on North Limestone Street, sells new and used books, small toys, T-shirts, Indian tapestries, candles, wind chimes and jewelry.

There is no shortage of unusual places to shop around campus. Many stores have unique gifts at various prices.

Students want Grand Slam exams

By Jason Dattilo
Assistant Sports Editor

As finals time rolls around at UK, local all-night restaurants become clogged with students seeking a reprieve from the traditional study environment.

Some popular places around UK include Denny's, Tolly-Ho and Common Grounds coffee shop.

Any Finn, an undeclared junior, sat in a booth at Denny's with books sprawled over the table and cigarette in hand at about 12:15 a.m. last Wednesday morning.

Finn and her study partner, Jennifer Haas, an animal science junior, are boycotting Common Grounds because, in addition to charging \$1.25 for coffee, the coffee shop strongly discourages loitering, the two said.

One of the reasons the girls sat at Denny's is because it charges 94 cents for unlimited refills of the brew.

"I come in for the coffee," Finn said. "It's also good to get away from all the distractions at my apartment."

Finn said the smoke-filled, noisy atmosphere at Denny's is actually less distracting than her apartment where phone calls and roommates constantly interrupt her academic progress.

"At home you just want to sit around and watch television," said Shane Cecil, a psychology senior.

"Being here kind of isolates what you're doing. You can eat or study, and you can only eat for so long."

Cecil said he frequents Denny's because the Tolly-Ho is too noisy and distracting.

"They got that jukebox always going, and they got a lot of strange people coming in there," Cecil said.

Paul Eakins, a waiter at Denny's, works the late shift. He said students always flow in at a steady pace during the days immediately preceding midterm and final exams.

The UK students usually come in and stay for long periods of time at one table, he said.

But, in exchange for the extended service, which includes countless refills of coffee, Eakins said students usually tip well.

Eakins, however, is still confused about why people come to his place of employment to study.

"I've thought about this for a long time," said the 21-year old waiter.

"I mean, it's noisy in here. It doesn't seem like they get much studying done, but I guess they do. We've had the same people coming in here for years."

In addition to coffee, Eakins said many of these regulars order the Grand Slam breakfast, which is currently being sold at a discounted price.

"It seems like most people just come in here for a study break," he said.



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AGD - happy holidays and good luck on finals!

AGD - happy holidays and good luck on finals!

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ALPHA GAMMA DELTA AMELIA, you are the greatest. Thanks for your help. Delta Sigma Phi.

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CHI O PLEDGES - good luck on your finals & have a great week. Love, your sisters.

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DELTA SIGMA PHI - good luck on your finals.

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SKYDIVING INSTRUCTIONS. Train and jump same

day. \$90. 606-873-0311.

SPRING BREAK CANCEL: March 12-19 air from Cincinnati. Transfers, hotel and taxes. \$656.50 each (double). Travel options. Call Norma at (800) 223-7100.

THE 1-900-DATELINE. CALL 1-900-945-5500. EXT. 9585. \$2.99/MINUTE. MUST BE 18+. PRO CALL 602-954-7420. LISTEN TO SINGLE GUYS AND GIRLS LOOKING TO MEET SOMEONE LIKE YOU!

THE LEXINGTON BALLET NEEDS VOLUNTEERS- to usher the Nutcracker Dec. 10, 11, 16, & 17. Please call Christine 233-3925.

THIRD STREET STUFF... purple hearts, green stars, pink moons & blue diamonds... Try it with milk. 385 S. Limestone for unique visual stimulation.

THROTTLE! Do you require professional illustration done for your next ad, flyer, pamphlet, etc.? Call me! Reasonable rates! 233-1926! Ask for Ken!

WANTED: 78 PEOPLE who are seriously interested in losing 5 to 20 pounds. 606-281-8282, 24 hours.

WINNERS, SPIRITS & FOODS presents Karaoke on Wednesday nights from 9-11. 2 for 1 well drinks till 8:00. \$1.25 Miller products from 9-11.

WANTED

NEEDED: healthy females ages 19-35 to be trained patients/instructors for Physical Diagnosis Course for second year medical students; requires 2-4 hours paid training (\$10/hr) in January and 8 hours of instruction/demonstration with medical students (\$20/hr) on Tue. and Wed. afternoons during February. Please contact Susan Brodie at 323-5179, 7:30-4:30, by December 16, 1994.

ROOMMATE WANTED

FEMALE ROOMMATE NEEDED to share top floor of house. \$170 month. One block from campus. Call 225-3736.

FEMALE ROOMMATE needed for spring semester, Royal Lexington Apt. \$300/mo + utilities. Call Jana for details. 226-5037.

FEMALE ROOMMATE WANTED FOR 3BR, old historic house, wood floors, 2 fireplaces, \$150/mo. Call Mishi 763-3658 or 739-5873.

FEMALE ROOMMATE WANTED to share house with serious student. \$250/month + 1/2 utilities. 272-3239.

FEMALE ROOMMATE - needed to share 3BR, 2BA apartment. W/D, walking distance to campus. 277-6977.

FEMALE ROOMMATE - Private vanity. Very close to campus. \$250 + utilities. 226-9101, ask for Amy.

FEMALE TO SHARE TOWNHOME - Private bath, walk-in closet, washer/dryer, privacy fenced yard \$250 plus 1/3 utilities. MUST LOVE DOGS. 271-5439.

FOUR BEDROOM APARTMENT FOR RENT at ROYAL LEXINGTON APTS. Features include w/d, security system, pool and central A.C. One block from campus. Rent is \$292 for three people, \$249 for four. Call 226-5001.

LIBERAL ROOMMATE TO SHARE TWO BEDROOM APARTMENT. Dining room, Solarium, central air, dishwasher, walking distance. \$212.50+ 226-9580. Parking included.

MALE ROOMMATE NEEDED - to share 4 BR super nice apartment at Royal Lexington. All amenities, 1 block from campus. \$250/mo negotiable. Call 226-5055.

MALE STUDENT TO SHARE 2BR, 2BA TOWNHOME - 1 mile from campus. \$250/month, 1/2 utilities, flexible lease, deposit. 272-4245.

MALE TRANSFERRING STUDENT looking for apartment close to campus. (513)548-1289 can call collect, ask for Diane.

ROOMMATE NEEDED FOR 3 BR with washer and backyard. Close to campus. 256 Lexington Ave. 255-0615.

ROOMMATE NEEDED FOR GREAT HOUSE ON HIGH ST. 281-2363.

ROOMMATE NEEDED TO SHARE 2BR APT on Alumni Dr. \$175/month, includes utilities. Call Matt 272-0485.

ROOMMATE WANTED TO SHARE 2BR APARTMENT - \$200/month + 1/2 utilities. Male preferred. Call 277-7186, leave message.

ROOMMATE WANTED TO SHARE 2BR TOWNHOUSE. \$275/mo all bills. Must Love pets. Kim 252-1816.

ROOMMATE/ROOMMATES NEEDED TO SHARE

2BR apartment for Spring Semester. 325 Linden Walk. Easy walk to classes, large bedroom, nice porch. \$225/156. Gas/heat included. Call 225-9494.

ROOMMATES WANTED to share 4BR house 2BA w/d connectors, A.C. Walk to UK. 272-2684.

SERVICES

!!!CAMPUS TYPING! 315 South Lime. Great rates. Drop by or call 226-0396.

100 + TYPING - Resume, Thesis, Research, APA/MLA, Graphics, WP 6.0, Laser. Days, evenings, weekends. Call Kathleen 271-9213.

*******ACCURATE TYPING.** APA, MLA. All papers, resumes, reports. Laserprint. Fast return. Norma, 277-0991.

****TYPING BY M.E.** - Wordperfect 5.1, APA, MLA, Laser Printing. All student requirements. Reasonable Rates, Mary Ellen. 231-3805.

****PROFESSIONALLY * TYPED** and laser printed WP 6.0, APA thesis, law brief, journal articles, resumes at affordable prices. Charlotte 278-5981.

ACCURATE TYPING, WORD PROCESSING. Guaranteed. Free disc storage. Legal, Nursing, Everything. APA/MLA. Call Doris 273-2149.

ACCURATE WORD-PROCESSING AND TYPING. MEDICAL, NURSING, APPLICATIONS, RESUMES, LEGAL, EVERYTHING. GUARANTEED. APA, MLA. FREE DISC STORAGE. PHONE 273-2147. DORIS.

ALL TYPING/WORD PROCESSING resumes,

research, legal and theses. LAST MINUTE ACCEPTED. Days, evenings, weekends. 254-1076 or 299-7639.

ALL TYPING/WORD PROCESSING - Resumes, research, legal and theses. LAST MINUTE ACCEPTED. Days, evenings, weekends. 254-1076 or 299-7639.

CHILD CARE Newly born, infants only. SPECIAL NEEDS MEET 269-3180.

LAUNDRY AND/OR IRONING. Will pick up and deliver. 266-6309

TYPING BY WEEZY. "You write it, I'll type it." Pick-up and delivery. 278-8500 anytime.

TYPING!!! \$1.20/PAGE. Legal Citis, Medical, Research, Anything else!!! Cindy 277-3496.

TYPING - Experienced, fast, accurate. P/C and laser printer. \$1.50/page. Call 273-1363.

LOST & FOUND

FOUND: BASEBALL GLOVE, lefty, beside tree in field between Student Ctr & Ctr for Arts. Call 257-6053. M-F 8:00-4:30.

FOUND: watch on sidewalk on Rose St. in front of St. Augustine/ Fine Arts Building. Contact 257-1436.

LOST: Diamond tennis bracelet, lost at Super America on Nicholasville Rd across from UK Clinic. Female seen recovering it. Reward. Call 271-0655.

LOST: MAN'S RING WRAPPED IN YARN -11/30 in 3rd floor CB restroom. Please call 272-1679.

BUILD LEADERSHIP SKILLS BE A ROLE MODEL • HAVE FUN!!

The Chancellor's office of Community Projects has the following positions available:

Arts in Action - Two Project Coordinators are needed for a mural project. Coordinators (with demonstrated artistic ability) will be paid to direct and help develop a mural with middle school students and selected school staff, recruit UK volunteers, and serve as a liaison between the school and UK. For more information, please call 606-257-8942.

Winburn Community Academy - Volunteers needed as: Boy Scout/Girl Scout Assistants (2 hours/wk), Chess Buddies to teach students to play chess (2 hours/wk), Childcare Assistants to supervise a small group (infant-K) (2 hours/wk). In-school and After-school Homework Pals: As one-on-one tutors, middle school, high school, and two local youth centers, (3 hours/wk), to supervise educational game room (2-3 hours/wk), to assist students with portfolios in writing lab and math lab (2-3 hours/wk).

*Minimum two hour per week commitment needed. Transportation and some work study positions may be available.

For more information call Winburn Community Academy at 257-1961 or 257-8942.

Blimpie
SUBS & SALADS

UK Campus 231-9499 (Corner Rose & Euclid)
Tates Creek Center 272-4549
Palomar Centre 224-4242

Lexington Green 245-2992 (across from Movies 8)
The Market Place 231-5855 (Downtown)

Buy one 6" BLIMPIE Sub Sandwich & Get one FREE with purchase of 22 oz. drink

50¢ OFF 6"

\$1.00 OFF Footlong

Blimpie

For Fresh-Sliced Subs.

For Fresh-Sliced Subs.

Please present this coupon before ordering. Not valid if altered or duplicated. One order per receipt. One coupon per customer per visit. Cash-out must pay sales tax. Use good in combination with any other offers. Cash value .00001¢. Redeemable at participating restaurants.

Please present this coupon before ordering. Not valid if altered or duplicated. One order per receipt. One coupon per customer per visit. Cash-out must pay sales tax. Use good in combination with any other offers. Cash value .00001¢. Redeemable at participating restaurants.

FREE LEGAL SERVICE
Don't let lack of legal advice keep you from setting things straight, use the legal counsel you pay for.
CALL 257-3191 For an appointment Monday-Friday, 8:30 a.m.-5 p.m.

YOU PAY FOR IT... USE IT!

MEETINGS

SNOW SKI CLUB: Check the Club Desk for any new information in Room 106 Student Center.

RIDES

YOU'RE GETTING SLEEPY, sleepy, sleepy... ARGH... HHH... you awaken to a speeding oncoming Mack truck! Sound familiar? Going home this weekend? Hate driving alone? Take someone along who could really use a ride. Advertise in the RIDES section in the Kernel Classifieds, 257-2871.

Kernel
FINALS guide

Alison Knight, co-editor
Jennifer Smith, co-editor
Erin Bacher, design editor
Greg Eans, photo editor, cover illustration
Lance Williams, associate editor
Mary Madden, managing editor
Robin Jones, production manager
Jacob Clabes, Ty Halpin, Tom Marshall, Tom Tally, production staff
Kelley Bozeman, advertising manager

ACADEMIC PROBLEMS?

St. Catharine College Can Help!

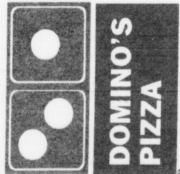
- Class sizes average 10 - allowing for personal attention and strong academic support.
- Financial aid is still available.
- For more information, call Fields Halsey or an admissions counselor at 1-800-599-2000.

2735 Bardstown Road
St. Catharine, Kentucky 40061

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LARGE PIZZA WITH ONE TOPPING
\$5⁹⁹
FINALS WEEK ONLY

2 LARGE ONE TOPPING PIZZAS
\$10⁹⁹
FINALS WEEK ONLY

MEDIUM PIZZA WITH ONE TOPPING
\$3⁹⁹
FINALS WEEK ONLY

LARGE PIZZA WITH TWO TOPPINGS PLUS EXTRA CHEESE
\$7⁹⁹
FINALS WEEK ONLY

LARGE MEATZA PIZZA
\$8⁹⁹
FINALS WEEK ONLY

STEAK HOAGIE 6 PACK WINGS ICE COLD COKE
\$6⁹⁹
FINALS WEEK ONLY

MEDIUM ONE TOPPING PIZZA

DELIVERED

FINALS WEEK ONLY

MUST PRESENT VALID UK ID
*Prices does not include sales tax.

VALID EUCLID AVE STORE

269-3030

OPEN TILL 3:00 AM MON. TUES. WED

UNIVERSITY OF KENTUCKY