

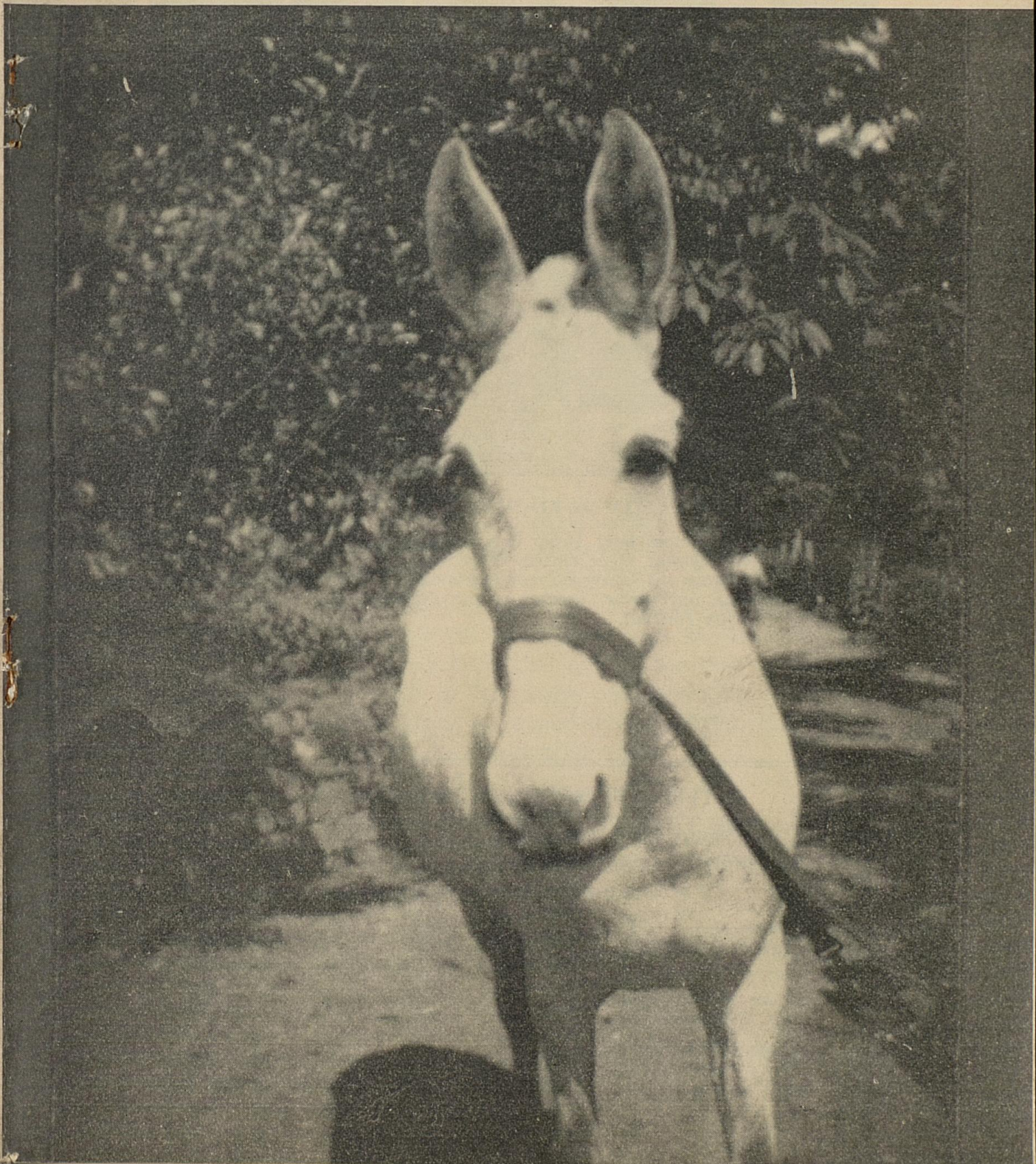
**The Quarterly Bulletin of
The Frontier Nursing Service, Inc.
TWELFTH ANNUAL REPORT (Condensed)**

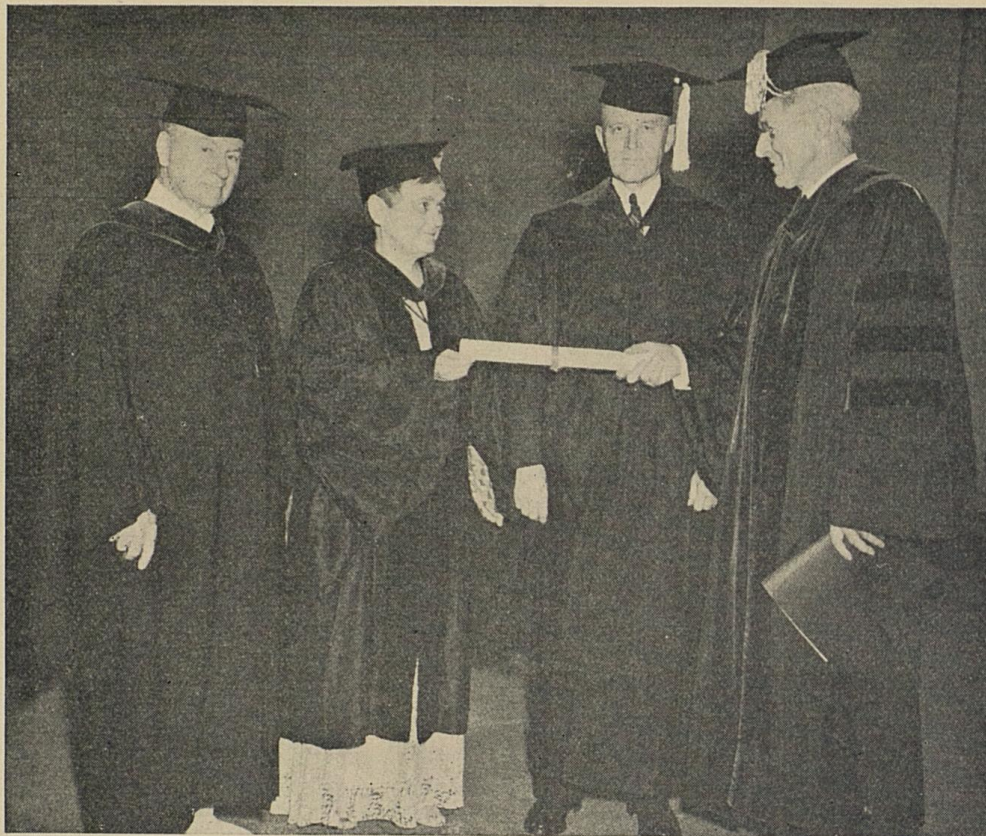
VOL. XIII

SUMMER, 1937

NO. 1

GABRIEL OAK





UNIVERSITY OF LOUISVILLE, JUNE 8, 1937

R. C. Ballard Thruston, left; Mary Breckinridge and Tom Wallace, editor of The Louisville Times, were among those who received honorary degrees Tuesday night from the University of Louisville. Raymond A. Kent, right, president of the university, conferred the degrees.—*By courtesy of the Louisville Courier-Journal.*

**THE QUARTERLY BULLETIN OF
THE FRONTIER NURSING SERVICE, Inc.**

Published quarterly by the Frontier Nursing Service, Lexington, Ky.

SUBSCRIPTION PRICE \$1.00 PER YEAR

VOLUME XIII

SUMMER, 1937

NUMBER 1

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Lexington, Ky., under the Act of March 3, 1879."*

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HIFNER AND FORTUNE
CERTIFIED PUBLIC ACCOUNTANTS
CITY BANK BUILDING
LEXINGTON, KY.

To the Officers and Trustees,
Frontier Nursing Service, Incorporated,
Lexington, Kentucky.

Ladies and Gentlemen:

We have made a detailed examination of your records and accounts for the fiscal year ended April 30th, 1937, with the result as disclosed on the annexed Exhibits, A, B, and C, and supporting Schedules B-1 to B-5, both inclusive.

Endowment and Memorial Funds, together with the income therefrom, were certified to us by the various Trustees therefor. Contributions and gifts, in cash, have been checked against the Treasurer's receipts and reports and traced into the bank.

All disbursements have been verified by means of canceled checks and supporting vouchers, and the bank accounts have been reconciled and found correct. In our opinion all monies received have been duly and properly accounted for.

During the year there was a reduction of \$7,570.74 in the current indebtedness; an increase of \$26,145.42 in land, buildings and equipment; an increase of \$65,500.00 in endowment; and an increase of \$3,148.59 in cash reserves at the end of the year. It is apparent, therefore, that during the year the Service has increased the scope of its future usefulness by more than \$100,000.00. This is truly a remarkable achievement and we congratulate you upon its accomplishment.

Respectfully submitted,

HIFNER AND FORTUNE
Certified Public Accountants.

Lexington, Kentucky.
May Twenty-second,
Nineteen Thirty-seven.

ANNUAL REPORT OF THE FRONTIER NURSING SERVICE

May 1, 1936, to April 30, 1937

For the sixth consecutive year we condense our annual report to reduce the cost of printing. There follows a summary of the fiscal year which closed April 30, 1937, both as to funds and as to the work.

FISCAL REPORT

We received this year from all sources, including donations and subscriptions, nursing, medical and hospital fees, investment income, the Alpha Omicron Pi Social Service fund, sales of books, revenue from the Wendover Post Office, the Director's lecture fees, benefits, and refunds, but exclusive of \$20,593.39 in new land, buildings, and equipment, and exclusive of \$65,500 new endowment, a total for running expenses and retirement of debt of \$101,916.87; the total receipts for all purposes were \$188,010.26.

For the first time in several years, our revenue met the budget spontaneously, with a margin over for retirement of indebtedness. The budget has been balanced, of course, during these lean years, but entirely because some of our trustees have met the deficits, and also because of long continued self sacrifice on the part of the staff. At the annual meeting of the trustees, members, and friends of the Frontier Nursing Service, all present united in thanksgiving for the blessings of the past year and in renewed dedication for the year to come. We hope that our revenues this year will be sufficient to enable us at the close of the current fiscal year to print our audit in full, as we did during all of the early years, so that those who are not able to attend the annual meeting, and hear the treasurer read the audit, may have the detailed information sent them.

In this connection, we want to remind our subscribers that from the first year of our existence, namely 1925-26, when our

budget was only \$11,000, we have had a complete system of accounting for each donation. Our treasurer is president of one of the largest trust companies in Kentucky, and we have had an annual audit by certified accountants from the very beginning. Our fiscal affairs have, therefore, been upon as good a basis from the beginning as they are now. Our auditors early put into operation the system of the duplicate numbered receipt with which our members are familiar. For every receipt sent you a carbon copy with exactly the same number is retained by the treasurer. These are checked against the bank statements by the auditors, and each one accounted for. In addition, there is a complete set of books kept on all receipts, as well as on all expenditures, and expenditures are checked by vouchers and cancelled checks.

The total number of subscribers to the Frontier Nursing Service during the past fiscal year was 2,214, the largest number we have ever had. This figure includes 1,773 old donors, and 441 new donors. We extend our very special thanks to our Cincinnati chairman, Mr. J. M. Hutton, and to the law firm of Ernst, Cassatt, and Cottle for their voluntary services in connection with the legacy from the Augusta T. Errett Estate in Cincinnati.

ENDOWMENT

The Frontier Nursing Service again increased its endowment by a substantial sum during the past year. Our endowment figures at the close of the fiscal year were as follows:

Joan Glancy Memorial	\$ 5,000.00
Mary Ballard Morton Memorial	53,024.53
Belle Barrett Hughitt Memorial	15,000.00
Jessie Preston Draper Memorial Fund No. 1	15,000.00
Jessie Preston Draper Memorial Fund No. 2	50,000.00
Isabelle George Jeffcott Memorial.....	2,500.00
General Endowment (Anonymous—from "A Friend")	63,000.00
	\$203,524.53

Since the year closed we have received an additional ten thousand

dollars general endowment through the will of the late Mrs. Marion Taylor of Louisville, Kentucky. We have also received notification that we are included in the legacies of the late Mrs. Elizabeth Nixon Billings of Cleveland, Ohio. Our existing endowments represent gifts from friends in Detroit, Louisville, Chicago, New England, Washington, and New York. They are represented by trust funds held with the Security Trust Company of Lexington, Kentucky, the United States Trust Company of Louisville, Kentucky, the Guaranty Trust Company of New York, and a group of trustees selected by the anonymous donor of \$63,000 in New York. The income from these investments is now a vital asset towards our budget. We urge our friends wherever possible to set up an endowment in their lifetime sufficient to represent at least a part of their annual gift to the Frontier Nursing Service. Our chairman has for years been building up an endowment annually, and all of the officers of the Frontier Nursing Service feel that the time has come to make a very real effort to establish a fund of sufficient size to enable us to carry the work of this unique demonstration without annual appeals.

In addition to this endowment, the Frontier Nursing Service owns realty, equipment, and livestock conservatively estimated by our auditors at \$209,604.56, all without lien. No mortgage has ever been placed against any of the Frontier Nursing Service land or buildings, even during our leanest years. The Frontier Nursing Service is still indebted to its trustees for the sum of \$23,000, and to its staff, after allowing for a one-third cut in salary, for the sum of \$19,215.55. Both of these indebtednesses have been reduced in size, and each year's budget allows for a further reduction. It is due only to the generosity of both trustees and staff during our lean years that so young an organization as the Frontier Nursing Service was able to tide over the years of depression.

ANALYSIS OF RECEIPTS

Our grateful thanks are due the chairmen of a number of the Frontier Nursing Service city committees for the benefits and the special appeals by means of which they raised additional

funds during the past year. New York and Kentucky, as is usual, competed for the first place in the total amount raised, Kentucky contributing \$18,363.19, and New York, \$18,305.49. The two other committees which contributed the largest amounts were Cincinnati, \$8,934.50, and Pittsburgh, \$8,194.00. After the fiscal year closed, however, Pittsburgh added still another \$1,000 to her contributions. Our special Christmas and spring saddlebag appeal brought in \$7,675.50. The months during which we receive the largest number of contributions are May (the first month in our fiscal year), December, and April (the last month of our fiscal year). Our leanest months are always those of March, July, August and September. We have not, however, found it necessary during the past two years to send out a special summer appeal. We do make an honest effort not to badger our friends; and our filing clerk invariably answers a letter requesting that no appeal be sent, and as invariably removes the name of the person writing from our appeal list.

In the case of regular subscribers who are members of the Frontier Nursing Service, we send an annual reminder when their contribution is due, and a request for toys for the children at Christmas; but, except in a crisis, we do not send a special appeal to a current subscriber. We wish to extend our grateful thanks to those members who have for years regularly supported a nurse, her horse, and supplies.

FIELD AND HOSPITAL

The field nurses carried during the year a total of 7,412 people in 1,480 families. Of these 4,535 were children, including 2,007 babies and toddlers. Bedside nursing care was given to 312 very sick people, of whom 17 died. The district nurses paid 17,080 visits and received 25,913 visits at nursing centers. The Frontier Nursing Service Hospital at Hyden was occupied 4,340 days by 414 patients. There were sent to hospitals and institutions outside the mountains 26 patients, 25 of whom, with their attendants, were transported on passes given us by the Louisville and Nashville Railroad Company.

Under the direction of the State Board of Health, the Service gave 7,341 inoculations and vaccines against typhoid.

diphtheria, smallpox, etc., and sent 453 specimens out for analysis.

We held during the year 182 field clinics with an attendance of 5,247 people.

MIDWIFERY

The nurse-midwives delivered 329 women in childbirth of 322 live babies, 10 stillbirths, and 4 late miscarriages; and gave them full prenatal and postpartum care. There were no maternal deaths. There were seven sets of twins. There were 375 new cases admitted and 327 closed after postpartum care.

In addition to our regular cases, the nurse-midwives were called to twelve emergency deliveries where the mother had not been registered or given prenatal care; 7 miscarriages (unregistered cases); and they gave postpartum care to four unregistered mothers. In this group there was one set of twins.

There were 19 outside area cases, of which 10 were delivered in the Hyden Hospital. In this group there were two sets of twins.

MEDICAL AND SURGICAL

Dr. R. L. Collins and Dr. J. E. Hagen, of Hazard, Kentucky, performed numerous operations during the year, those on indigent people as a courtesy to the Service. None of the doctors in the various cities, to whom we sent patients, made any charges for their services. Our regular medical service was carried by our own medical director, Dr. John H. Kooser.

SOCIAL SERVICE DEPARTMENT (Alpha Omicron Pi Fund)

Service and aid have been given in connection with the following numbers and types of cases:

Dependent and neglected children: 11 cases
Handicapped children: 14 cases

Medical-Social cases: 40 cases: of these—12 were sent to “outside” hospitals, 26 were given service of other types.

Family casework on a fairly intensive basis was carried on in connection with 4 cases

Services too varied for classification were given in 42 cases.

Service has also been given in connection with the following community activities:

- Sewing classes
- Circulating libraries
- Christmas celebrations
- County Red Cross Chapter
- Tuberculosis Seal Sale Campaign

The social service director has, in the course of the year, engaged also in the following activities:

She spoke at the Ohio State Meeting of the Alpha Omicron Pi, and the Regional Conference of Mountain Workers, at Quicksand, Kentucky. She wrote three magazine articles concerning the work of her department.

In October, 1936, she became the Treasurer of the Kentucky Conference of Social Work.

CONCLUSION

In concluding this report of our twelfth fiscal year, we want to remind our friends again of the purpose for which the Frontier Nursing Service stands. The splendid work, for which we extend our grateful thanks, of the staff—doctor, district nurse-midwives, hospital and administrative group and courier service—the unswerving cooperation and loyalty of both our outside and our local committees, and of our thousands of patients, all this has more than a purely local purpose. Even our patients realize that the Frontier Nursing Service came into existence to work out among actual human beings a method for reaching the isolated mother and child and sick person which will some day be applicable to every other remote American

frontier. We are realists, not theorists. We were not interested in expensive city offices and a paper program advising people what to do. We selected a typically isolated region and set about doing it. Our ultimate purpose will be met when we have the funds for the support of our demonstration area, plus a training field to teach other doctors and nurses our remotely rural technique.

From Porto Rico to Alaska, on the Indian reservations, along the Mexican border, in America's other far flung frontiers, work like ours is needed. Other agencies, both religious and secular, are interested in these lonely outposts of American life. We hope the day is not distant when we can give their personnel the graduate training in saddlebag and cabin technique to meet the demands made upon them, and answer their appeals to us. Our purpose remains what it always has been, namely to do our work so well, report it so accurately, account for its funds so honestly, that it will be a model to be copied elsewhere. And, further, to extend our usefulness by training others. We will leave to the agencies already interested the problem of support of their own personnel. What we want to give them are people thoroughly prepared to do the work in every lonely outpost, from the tropics to the icelands, where the American flag should bring protection for the sick, the expectant mother, the little child.

MRS. S. THRUSTON BALLARD, Chairman.

C. N. MANNING, Treasurer.

MARY BRECKINRIDGE, Director.

Quoted by our treasurer, when he dropped a blot of ink on a particularly liberal check for the Frontier Nursing Service:

“I never had a piece of toast,
Particularly broad and wide,
But what it dropped on the sanded floor,
And on the buttered side!”

HAZARD COAL CARNIVAL

There has to be a first time for everything. Labor Day was set as the time for Hazard's first Coal Carnival. For months, Perry County made preparations for the great event. For days, Hyden and Wendover looked forward particularly to one phase of it—Hazard had invited the Frontier Nursing Service to ride in its parade.

Since the entertainment was necessarily planned for the open, it was most essential that the weather be favorable. The heavy downpour on Sunday made everyone uneasy lest the rain continue during Labor Day on Monday. Aside from light showers now and then during the next morning, however, the weather was quite nice. As a matter of fact, the cloudiness overhead was preferable to the blazing sun.

By nine o'clock, the streets were already packed with thousands of people. The crowd grew as the day advanced until there must have been at least 35,000 persons altogether. This isn't a random guess but an estimate made by a man who has had much experience in the matter of crowds and is an able judge—Mr. J. W. Thompson of the Thompson Float Company.

With the varied forms of amusement, time couldn't have hung heavily on anybody's hands. I can only account, however, for a few of the events enjoyed by a few of the members of the F. N. S.

Wendover arose at five o'clock and at half past five was on its way to the Head of Hurricane with Kermit and the four horses which were to be in the parade. Walter Begley backed his truck up to an embankment where the horses were easily loaded—Babbette, Bonnie, Flint and Gloria. With Kermit there to quiet their fears, they didn't seem greatly to mind the long trip to Hazard. If horses could speak the human language, I am sure they would have assured us that any discomfort occasioned by riding in the truck was quickly forgotten in their enjoyment of the abundance of green grass found in the ball

park near Hazard where they awaited their part in the day's festivities. Having "parked" our saddlebags with their contents of horse brushes, combs, clean shirts, and the like in the basement of a nearby garage (whose proprietor was most kind in granting this favor), we had to find out our instructions as to our part in the parade. Imagine our surprise in all of that mob to run into the one person we needed most to see—our Hazard chairman, Mr. Judy. He assured us that the only instruction we needed was to be on hand at the ball park at one o'clock in order to take our place in the line of parade. In the meantime, we were free to do as we pleased.

There was quite a variety of entertainment at the grandstand—band music, speaking, solos, duets, tap-dancing, and the like. But one must eat! And Mrs. L. H. Stiles had invited the whole Frontier Nursing Service to a buffet luncheon at her home where we gathered at twelve o'clock. Feeling much refreshed with both the food and hospitality of the Stiles, we left about an hour later in order to prepare for the parade which was made up of about fifty units in its mile or more.

The Frontier Nursing Service held position No. 9—directly behind the Fish and Game Float. Perhaps Babbette who led the way felt quite at home behind this particular type of float, recognized as friends the dog and raccoon and refused to get the least bit excited even though Mac who rode her carried a big banner in the form of the F. N. S. seal. Bonnie, much to Vanda's delight, arched her back and pranced like a show horse. Flint and Gloria acted as if parades were common, everyday occurrences to them—showing much less excitement than their riders felt. With Kermit on hand lest the horses become frightened and a courier leading each horse, it isn't to be wondered at that the horses felt so much "at home".

After the parade, the F. N. S. returned home in relays. Some went immediately in the truck with the horses, some had early dinner before leaving, others stayed for a movie and the fireworks. Everyone agreed that Hazard's first Coal Carnival was a huge success and that having had a part in its celebration is an honor to the Service.

LUCILE HODGES.

THE BIG SURPRISE!

If any one had told us a month ago that Wendover would be the proud possessor of a lovely new eleven-foot kerosene-operated Electrolux, we would have said it was impossible, for how could any of our friends on the outside know how much we wanted one? And how could we ever consider such a thing as buying one out of the budget, even if we could afford it?—which we couldn't. And so summer after summer, year after year, individually and collectively, we have longed for a refrigerator, without once entertaining the hope that we should some day really have one.

This summer, as always, the butter, sent by parcel post from Lexington, could not be kept in the stone "cool house" for more than twenty-four hours without its becoming rancid and sometimes even moldy; and the morning's milk soured before dinner. And then one Monday morning Mr. Smith of the Maytag Company in Hazard arrived at Wendover and asked where we wanted the Electrolux he had for us. Such excitement as he caused! The Electrolux couldn't be for us—it had not been ordered. But Mr. Smith insisted that it was bought and paid for, and he had instructions to bring it to Wendover. Still unconvinced, Ann called me in Hazard, where Willeford and I had gone for the day, to find out if by any chance we knew anything about it. Willeford and I were both non-plussed, but we would go around to the Maytag office and find out who had ordered the Electrolux, and if it could have been sent us by mistake. We got the same answer—it had been bought and paid for, and they had been requested not to divulge the name of the donor. We came home, fearful lest it should prove to be a fanciful dream rather than an actuality. But not so. One look at Mrs. Duvall, who has struggled for years to plan summer meals without the convenience of refrigeration, told us that our dream had come true. She, with all the others who had witnessed the actual installation of it in the morning, ushered us to the back porch; and there it was in all its beauty and loveliness. Already the milk and the butter and the eggs were getting cold;

and there was space left for meat, and plenty of ice for cold water in hot weather. All of us stood almost reverently before this Electrolux, admiring it, wondering who could have been so wonderful as to give it to us, and experiencing such a thrill as few surprises have given us.

It doesn't seem right not to be able to express to the donor our profound and grateful thanks for such a longed-for and useful gift; but we hope that the silent thanks from the bottom of our hearts has reached out to him, and that somehow he will know and understand how deeply it is appreciated by all of us.

AGNES LEWIS.

FROM THE HELEN DRAPER AYER MEMORIAL NURSE
AT BOWLINGTOWN:

After two weeks of cold and rain, yesterday, Saturday, was really a very nice day and we had a good number at our children's party—140 children, 18 mothers or adults and two babies, making 160 in all, besides two couriers and two nurses. Although I said the party would be after dinner, they began coming at 10 A. M. We took weights, heights, chest measurements and inspected teeth and tonsils of practically all the children. A very few escaped without this attention, but not because we intended they should. Fanny played some games with them, then we took some pictures and finally gave each one a little colored cup of home made candy, a little store candy and two or three cookies, also a cup of pink lemonade—and balloons. We also allowed the children to take balloons home to the little children who couldn't come—in all we used up at least 250 balloons. The yard looked so colorful after they had had their balloons—also the road as they started home with them. I feel it was a very successful party indeed and the children on the whole were shining clean and all dressed up.—Eva Gilbert.

“The F. N. S. Bulletin arrived today—packed full of news. It's an awfully good number this time. They are always such a joy to receive.”—Excerpt from letter of Carmen Mumford.

A POSTPARTUM HAEMORRHAGE

A midwifery call came one day when I was at the opposite end of my district. I hurried back, collected my bags, and arrived at the house about three minutes after the baby's first cry.

Both patients were in good condition and after quickly preparing my set-up I separated the baby. Immediately after the placenta had come, there was a gush of blood, followed by a steady flow. I gave the medication of our Routine by mouth and by hypodermic as quickly as I could, and tried to get the uterus under control. In a very short time the haemorrhage stopped, but not before the three neighbor women were all running around. One, a local midwife, brought me cloths wrung out in cold water to put on the patient's abdomen—the only method of control that she knew. The patient's mother-in-law sent the husband running a mile up the creek to a man who is supposed to be able to control bleeding by absent treatment. The other woman, my patient's sister, assisted me.

My patient was pulseless, cold, and without any color. She behaved splendidly. Only once did she cry out, "I feel numb. Oh, God, help me!" Silently I, too, prayed for help.

The nearest telephone was four miles away, and Dr. Kooser twenty miles. Up the creek three-fourths of a mile was a man who owned a truck, and to him I sent the mother-in-law with word to come at once. The sister who, fortunately for me, could write, took down a message for help.

By this time the haemorrhage was under control, and I was commencing treatment for shock—heat, rectal saline, coffee, and elevation of the foot of the bed. I gave the stimulant by hypodermic authorized by our Medical Advisory Committee, in our Routine, for this emergency, after I was sure there would be no more bleeding.

Much more quickly than I dreamed possible, my patient revived; and by the time the truck arrived her pulse was fairly strong and only 100. Her lips were pink, and she was wanting

to talk. Luckily she called for water, and we gave her all she wanted, while keeping her perfectly quiet.

Later she retained the saline, was able to drink coffee and water; and her pulse had improved so much that I did not send for Dr. Kooser, but kept the man sitting in his truck until the emergency was definitely over.

When the husband returned, I asked, out of curiosity, what had happened at the house of the man he visited. All he had been told was to go home—all would be over. Long before he had arrived at that house all must have been over, one way or the other.

I stayed three hours, and satisfied that all would be well, I came home to report to the doctor and midwifery supervisor. What I could not report was my feeling when I heard the drip, drip of blood flowing from the rubber sheet to the floor.

In appreciation, one of those women said to me on my next visit, "If it wan't for the Service, I declare, I don't know what the women in this county would do."

Estimated haemorrhage, 48 ozs.

BETTY LESTER,
Clara Ford Center on Red Bird River.

PROBLEMS OF TELEPHONES

Our telephone messages often have to be relayed through more than one person. It makes you think of the old whispering game where a complicated sentence goes around a circle and comes out, oh, so different from the mouth of the last person. Lately one of the nurses at an outpost center started a message to headquarters at Wendover, the gist of which was: "The wife of Bill Couch has the palsy." The message arrived at Wendover as follows: "The milk of Blinkie, the cow, is paltry."

There once was a plesiosaurus
Who lived when the earth was all porous.
But it fainted with shame
When it first heard its name
And departed long ages before us.

A COURIER'S LOT IS A HAPPY ONE

Life is full of surprises. Little did I know that I should one day be designated as a "horse doctor." Mary and Lois, the nurses at Brutus, thus exalted my status in foretelling my arrival. Speaking of arrival—I drove over to Bullskin Creek from Hyden in a car, with Mary, who had left a patient at the hospital. "My kingdom for a horse." The car lurched drunkenly over the bumps, while Mary gazed apprehensively over the side. From my safety point on the inner side I calmly remarked, "Well, if we go over the edge, we do, and that's all there is to it." In spite of this fatalistic quietude, a small black mule beneath me, after we left the car and remounted animals, felt like the rock of Gibraltar. Rock is quite appropriate, as I was also sitting on a sack of potatoes which Mary's horse had efficiently shied off her back.

"Pinafore" was my patient. Our best diagnosis was that she had been quicked by a nail. The baffling aspect was that nothing showed on the hoof. I had had visions of an incessant struggle to keep her hoof in a bucket. Quite the contrary, "Pinny" stood like a lamb while I held a book in one hand and a kettle of hot water in the other. I was frequently entertained by the sound of singing, which I discovered came from the porch of Frank's house directly below the stable, in the valley. Unfortunately, strain as I could, I couldn't catch the words. Now and then I distinguished "altar" and "wedding bells." No doubt it was a ballad on the eternal theme.

Life was enlivened at Brutus by a very busy week of deliveries for the nurses. Also, there was the continual struggle to get butter from Manchester, "Blinkie" having gone dry. And scraps of conversation shrieked over the wire to Wendover in an attempt to inform Aggie of "Pinafore's" condition. Communicating over a tired telephone is a highly strenuous activity, especially in hot weather. It was with real regret that I said good-bye to that lovely valley, the nurses stationed there, and the nice neighborhood people.

To make an abrupt jump, bugles and drums and marching feet called, and the Frontier Nursing Service quickly responded. In other words, four horses replete with nurses and couriers took part in the Coal Carnival parade at Hazard on Labor Day. Fortunately, "Pebble" Stone had just arrived from New York, so there was a courier to lead each horse. The horses were shod with rubber pads to prevent their slipping on the pavement. Mac led the procession, carrying a round placard with the F. N. S. seal. Next came Vanda on "Bonnie," Sybil on "Flint," and Lucile on "Gloria." There had been some apprehension concerning "Bonnie's" behavior. She had been offended by the rehearsals at Wendover. However, beating on waste baskets, waving newspapers and umbrellas, were less nerve-racking than the actual parade. "Bonnie" merely bowed to the applause and pranced gaily to the delight of the onlookers. As Willeford said: "Now that it is all over and you are all safe, I'm glad Bonnie did dance around a bit." I trust we all carried out Willeford's instructions and acted like ladies. However, it was quite a temptation not to retort to some of the remarks made by the spectators. The favorite one was, "Why don't you ride double?" The whole affair was great fun, and there were no casualties, even minor ones.

ANNE UPTON.

KIND WORDS FROM GUESTS:

"Our visit was such an inspiration and *such fun!*"

"An experience that I can never forget."

"One of the most enjoyable trips of my life."

"A wonderful atmosphere—so cheerful."

It was a long case, reports one of the outpost nurses. I had read the newspapers on the wall and was tired of knitting. Then I spied an old copy of Thoreau's *Walden* and asked if I might read it. "Yes," said the housewife rather deprecatingly. "But," she added in a proud voice, "we have a new Bible you can read."

IN MEMORIAM

PRESTON JOHNSTON, of Fayette County, Ky.
OTIS TENNEY RUSSELL, of Boston, Mass.

Kind hearts and true
Gentle and just. . . .

This year has seen the passing of two men among our earliest friends and committee members, the one from the Blue Grass in Kentucky and the other from the old Bay State Commonwealth. The passing of the one was slow, following an illness of many months' duration. The going of the other was swift and sudden in an accident. Both men had reached that period in life which we count as a man's prime, and the years thereof we hold as those of his greatest usefulness. Each of the two men was a gentleman born and stood in his own community for those gentle manners coupled with rectitude, which we hold to be the gentleman's birthright.

In the homes of both these men we have met with hospitality over and over. In fact, their homes were ours—the one on a country place twelve miles from Lexington, the other in the heart of old Boston.

In the hearts of both these men the cause of the Frontier Nursing Service, its championship of lonely outpost women and children, met invariable sympathy and understanding. We shall miss them sorely in the years to come.

Each man has left a widow and children. May God bless and keep them and bring them peace.

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MRS. BETHEL B. VEECH, of Louisville, Ky.

It is hard to see our loved ones go. This dear woman, wife of one of the our oldest trustees, and the dearest, most humorous, friendly, sparkling, kindest person, is now part of all "the loveliness which once she made more lovely". Her friends, her many friends, will miss her always and share in profound-

est sympathy the desolation of her husband and daughter. This world has been the brighter because she lived in it and many people are the better because they knew her. Somewhere in the great economy of God another place is gladdened by her coming—one of the many mansions prepared for those who loved and served their fellow men.

.
DR. CHARLES F. THWING, of Cleveland, Ohio

The death of this distinguished man, the President Emeritus of Western Reserve University, at the age of eighty-three, not only means the passing of one of our most distinguished trustees, but severs the ties of a long and close friendship. He and his wife Mary, whom he had loved and mourned for years, were old friends of ours. They hailed the formation of our committee in Cleveland with enthusiasm and both of them worked indefatigably for the cause of the Frontier Nursing Service.

Where a man's life has been widely known for great public usefulness, as in the case of Dr. Thwing, ours would be only one of many causes dear to his heart. We are proud to have meant something to him, and it is a further privilege to declare how very, very much he meant to us.

.
MARGARET F. SHAW of Louisville, Ky.

It is sometimes one's privilege to come in touch with the shy beauty of a hidden life. Miss Shaw has recently died in an old ladies' home in Louisville. Before she became destitute, she had been a subscriber of a dollar a year to the Frontier Nursing Service since 1928. In 1934 she gave three dollars because we were hard pressed. After 1935, she wrote us that she had been obliged to take refuge in an old ladies' home and that she no longer had funds of her own. We honored ourselves in giving her a complimentary membership in our organization and continued to send her the Quarterly Bulletin until her death.

Miss Shaw's interest in us and love for us never flagged. We count her friendship as one of our big blessings. In our garden of memories we have placed a sprig of rosemary—for remembrance.

BEYOND THE MOUNTAINS

The summer has brought about many weddings, both among nurses and couriers of the Frontier Nursing Service. First, in June, Margaret Tinline, who for so many years was the senior nurse at the Caroline Butler Atwood Memorial Center, was married to Mr. James McQueen. They are making their home in England in Kent. Next, Bridget Ristori to Dr. W. Tothill, late of Trinidad. They will make their home in western Australia. On one and the same day, August 4th, two more of our old nurses were married thousands of miles apart. Marion Price to The Reverend John Franklin Buyer at St. Paul's Church, Rochester, New York, and in St. Mary's Cathedral, in Johannesburg, South Africa, Edith Matthams married Mr. Fabian Mercer-Cox. Truly the life of the Frontier Nursing Service girdles the globe.

Two of our couriers to be married during the summer were Susan Adams of Dubuque, Iowa, who on June twelfth married Mr. Frederick Ezekiel Bissell, Junior, and Susan Morse, of Weston, Mass., who was married on June first to Mr. John Winslow Putnam. On September thirteenth, our Cleveland courier Harriet Morley, married Mr. Howard Wendell of Johnstown, Pennsylvania.

We have also to announce the engagements of our Chicago courier Evelyn Bouscaren, to Mr. Malcolm W. Stevenson, of our Hartford courier Eleanor Field, to Mr. Herbert W. Wells, Jr., our New York courier Louise Wilcox, to Mr. Richardson Knowlton of Brooklyn, and the engagement of Miss Mary Cowles, who was in our Boston office a number of years ago and now lives in Washington, D. C., to Mr. Willard Reed, Jr.

In wishing all of these young people a long and happy life, we are reminded of another invitation that has just reached us. Mr. Jouett, one of our vice-presidents and a member of the first group of trustees who drew up the Articles of Incorporation of the Frontier Nursing Service, and his wife, are deeply loved by their many, many friends. We give their invitation in its

original form, but it is lettered in gold, just as their lives are written in golden cadences.

1887

1937

Mr. and Mrs. Edward Stockton Jouett
request the pleasure of your company
at the celebration of their
Fiftieth Wedding Anniversary
Tuesday evening, September twenty-eighth
at seven o'clock
Pendennis Club
Louisville

The favor of no gift is asked

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The University of Louisville is America's oldest municipal university. During the spring and early summer, this University celebrated its centennial and chose the occasion to grant several honorary degrees. On June eighth, Mary Breckinridge, Director of the Frontier Nursing Service, was granted the honorary degree of Doctor of Laws.

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Benefits held for the Frontier Nursing Service during the past few months include a bridge party by the Hartford Committee of the Frontier Nursing Service at the Hartford Golf Club. The chairman, Mrs. Charles W. Page, Jr., was assisted by Mrs. Edward B. Field, Miss Eleanor Field, Miss Sally Taylor and Miss Barbara Glazier. All expenses were met by the Hartford Committee and the entire proceeds donated to the Frontier Nursing Service.

Mrs. Wallace Campbell gave a tea at her home in Providence, R. I., for members of the Frontier Nursing Service at which Miss Doris Briggs, our courier, told of her work. Mrs. Walter S. Ball, our new Providence chairman, and Mrs. Tristram R. Coffin assisted.

The annual meeting of the Princeton Committee of the Frontier Nursing Service was held on May 13th with the chairman, Mrs. C. F. Goodrich, presiding. A huge crowd attended. Outside speakers were our former staff member, Miss Gladys Peacock, and our courier, Miss Margaret Noyes of New York.

The Frontier Nursing Service has followed with profound interest the proceedings of the International Congress of Nurses held in London in July. The Congress opened with services in St. Paul's Cathedral at which the Archbishop of Canterbury was the preacher, and where a great congregation, representing nurses from over thirty-two countries of the world, gathered together for divine worship. This service is fully written up in the British Journal of Nursing, and the Archbishop's sermon, there reported in full, should be read by every nurse. Before the congregation dispersed, they remained standing and together repeated the Thanksgiving beginning: "We praise and bless Thy Holy Name, O Lord, for the life and example of Florence Nightingale"

America is greatly honored that our own Miss Effie J. Taylor, M. A., R. N., Dean of the Yale University School of Nursing, has been elected the new president of the International Council of Nurses, succeeding Dame Alicia Lloyd Still of St. Thomas Hospital, London, and that an American city will welcome the world's nurses at the next international meeting in 1941. We Americans will be hard put to it to match the splendid hospitality of old London, and of course, there are some things that we simply can't do. The nurses in London took tea with the two Queens in Buckingham Palace, they sat on the Crimson Benches of the House of Lords, they were received by the Lord Mayor of London at the Guild Hall and they stood by the grave of Florence Nightingale.

The Frontier Nursing Service extends its sincere sympathy to the College of Nursing in London in the recent death of one of its founders, Dame Sarah Swift, G.B.E., R.R.C.

We deeply appreciate a sympathetic notice of the work of the Frontier Nursing Service which has appeared in the August edition of Nursing Notes and Midwives' Chronicle.

The National Association of Trained Nurses of France have elected as their successor to their late President, Mlle. Chaptal, a very old friend of the Frontier Nursing Service in

the person of Mlle. de Joannis. We congratulate the French nurses on their choice of so able a nurse and so fine a woman for their President.

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An excellent article about the Frontier Nursing Service appeared in the March 27th issue of the Nursing Times in London, by our former nurse, Miss Janet Coleman, who is a graduate in midwifery of the famous British Hospital for Mothers and Babies. The article is illustrated by Miss Coleman's own kodak pictures.

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Among the pictures of the Frontier Nursing Service taken during the past year by Miss Marvin Breckinridge, a selection with captions have appeared in Life, Vogue, The Digest and the Junior League Magazine.

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The Director has met only three public speaking engagements during the summer months. She made the graduation address to the senior nurses of the Good Samaritan Hospital in Lexington. The other two engagements were with the Nurses' Reunion at the City Hospital in Springfield, Ohio, and a broadcast with Edgar A. Guest, on September 7th from Chicago, on the program of the Household Finance Corporation. On both occasions the Frontier Nursing Service received substantial fees and its message reached a great many people.

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The annual meeting of the trustees, members and friends of the Frontier Nursing Service took place this year at the Country Club near Lexington in the Blue Grass on Friday, May 28th. In the absence of our beloved chairman, Mrs. Ballard, who was not feeling quite equal to the long motor trip from Louisville, our vice-chairman, Mr. E. S. Jouett, presided. It was a very real happiness to welcome Mrs. Charles S. Shoemaker of Pittsburgh and Mrs. Henry B. Joy of Detroit, two of our out-of-state trustees. With Mrs. Joy came two other friends, Mrs. James T. Shaw, who was one of our earliest supporters in Detroit, and Mrs. F. N. McMath.

FIELD NOTES

The orange milkweed (asclepias Tuberosa-Butterfly weed-Pleurisy root) planted in our garden at Wendover in memory of Kate Pettit of Hindman and Pine Mountain, the roots of which were sent us at her direction, but after her death, grew into full bloom this summer. We wish we had a flower in our garden, in memory of every friend.

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The cover picture on this issue of the Bulletin is of Mrs. Henry B. Joy's mule, Gabriel Oak, and is an enlargement of a kodak print taken by Margarita Noble, our courier from Greenwich, Conn.

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An outstanding event of the summer was the big Fish Fry and Rally, attended by thousands and held near Hyden on the Middlefork of the Kentucky River. It was sponsored by the Fish and Game Clubs of four counties—Leslie, Clay, Knott and Perry. Mr. Henry Johnson of Perry County presided and the speakers were Dr. Thompson, Chairman of the Fish and Game Commission, of Pikeville; Judge Caudill of Prestonsburg; Mr. S. A. Wakefield, State Game Warden At Large of Frankfort; Mr. Roy White of the C. C. C.'s in Clay County and Judge Dixon of Hyden. The game warden for the four counties, Mr. Fawbush Brashear, and the Leslie County sheriff, Mr. Rex Farmer, with other citizens, presided over the food. The Plum Ford Band, with banjo, violin, guitar and spoons, made the music and the young people went in swimming. We quote from our own paper, Thousandsticks: "All the speeches were directed toward one end—preserving by mankind of the wild life so generously given us by Mother Nature. Mr. Johnson closed the program by inviting everyone to a dinner of fried fish."

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The list of couriers of the Frontier Nursing Service has been: Seniors: Helen Stone (Pebble) of New York, and Fanny McIlvain of Downingtown, Pa. Juniors: Margarita Noble, Greenwich, Conn.; Deedie Dickinson, Grosse Pointe, Mich.;

Suzannah Ayer, Milton, Mass.; Louisa K. Williams, Winchester, Mass.; Katharine Bulkley, Cleveland, Ohio and Washington, D. C.; Anne Upton, Cambridge, Mass.; Betty Thorn of Philadelphia.

Especially welcome guests this summer and early September have been: Mrs. Walter B. McIlvain, our Philadelphia chairman, and Mrs. Henry Goddard Leach of New York; Miss Ella Woodyard of Columbia University, and Senator and Mrs. Robert Bulkley of Ohio.

We have many friends to thank for various needed gifts: Mr. George H. Clapp of Pittsburgh has given the Hospital two Gatch beds, and has enlarged and remodeled the Hospital kitchen and back porch. Mac and Dr. Kooser are ecstatic over the beds and Mac feels that she has a new lease on life with that new kitchen.

Eva Gilbert's father has been visiting her at the Margaret Durbin Harper Center at Bowlington. He has used his spare time in repainting the entire buildings which badly needed it.

The record department at Wendover is very grateful to Mrs. Grace S. Boswell for the gift of a steel locked cupboard and to Mrs. Henry B. Joy for the gift of a real safe, something we have needed for years, and to Miss Barbara Glazier, for steel files and office equipment.

Mr. Richard Quillen, engineer of the Kentucky River Coal Corporation at Hazard, has given his invaluable advice to Wendover in regard to its coal mine and chute.

When the Hyden Hospital gave up its private light plant and connected with the Kentucky-West Virginia Power Company, this company most kindly waived its deposit fee of fifty dollars.

The sympathy of the Bulletin is extended to Margaret Watson, on furlough, nurse formerly in charge of the Wendover district, on the recent death of her mother in Scotland. Mercifully Margaret had returned home in time to be with her mother during the last weeks of her life.

Our hospital nurse, Charlotte Dugger, who came to us from

Western Reserve Hospital in Cleveland, has left for a furlough in which she will learn x-ray procedure. She is already a finished anesthetist and a laboratory technician. Sometime there are coming golden days when the Hospital in Hyden will have an x-ray plant. Charlotte is coming back to us then to have charge of x-ray and anesthesia and be Dr. Kooser's assistant in the laboratory.

We welcome to the administrative staff at Wendover Bernice Gaines of New Jersey, and to the hospital staff Thelma Hood of Ohio and Catherine Ratcliffe of Colorado; to the district, Annie Ellison and Violet Clark from the Queen's Nurses in England. We wish success on their new ventures to Dorothy Gunklach who has been in the statistical department, and to Laura Noodel who was one of our hospital staff.

Summer holidays have been taken this year by Annie MacKinnon (Mac), who visited her brother in Calgary and gained fifteen pounds; by Isabel Milne (Scottie) and Della Int-Hout (Inty) who took their holiday in England, Inty visiting Scottie's people; and by the Director who spent several weeks of rest-cure for her back on her brother's island in the Muskoka Lakes in Canada. Our holidays are evened up over the year to make relieving possible. "Some like it hot and some like it cold". We try to give the shivery ones summer holidays and the boiling ones winter holidays, and then some of us just naturally ease in a holiday when we can.

We want to extend the grateful thanks of the whole Frontier Nursing Service to Mrs. Edith Woods of Bull Creek. Over a period of years she has invited to lunch the Frontier Nursing Service nurses who attend every Thursday the Bull Creek Clinic, in addition to helping out in every emergency that occurs in her neighborhood. The daughter of our early Hyden committee member, the late George Morgan of Short Creek, she holds a very special place in the affections of the Service.

One of our trustees gave the money a year ago to have the porches screened at all of the nursing centers. During the sum-

mer we received a letter from one of the outpost nurses in which she says: "I don't believe we have ever used and enjoyed anything in this place any more than our screened porch. By four P. M. it is lovely and cool there. I wish the one who gave the money for the screening could know how much this porch means to us here."

Miss Nora Kelly, who organized so splendidly the Possum Bend nursing district, has taken over the Caroline Butler Atwood Center at the mouth of Flat Creek on Red Bird River. Among other social activities in addition to her nursing and midwifery, she has started a class of girls in sewing and knitting. This class now numbers nearly fifty girls, and Kelly writes: "Really, I am sure that nowhere else would people walk so many miles to learn to knit". Mrs. James Carson Breckinridge has started the knitters off with enough wool to make fourteen sweaters. We need a lot more wool. Won't you who read this, please send anything from a skein on up, by parcel post insured direct to:

Miss Nora Kelly,
Van Camp Post Office,
Clay County, Kentucky.

The Leslie County Superintendent of Schools, Mr. J. D. Begley, Mrs. Begley and Miss Leota Sullinger (Home Economics teacher) entertained members of the Wendover and Hyden Hospital F. N. S. staff at a delicious chicken dinner on the evening of July 31st.

We have very little to add to the description given by Lucile Hodges and Anne Upton in other parts of this Bulletin of Hazard's famous Coal Carnival except to say that the Queen of the Carnival chosen was Miss Rita Duff of Chavies, and that she was crowned by Lieutenant-Governor Keen Johnson. According to the Hazard Herald she is "beautiful, red-headed, weighs 110 pounds, is five feet four inches tall, has blue eyes and is 17 years of age."

Our senior nurse, Della Int-Hout, known to all her friends as "Inty", was called home several weeks ago by the illness of her mother in Thornton, Illinois. As we go to press, we have just learned of her mother's death, The deepest sympathy of the Service and of the whole neighborhood in the Possum Bend district where "Inty" works, will be extended to her in her grief.

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The Eastern District of the Kentucky State Nurses Association met at Wendover on June 22nd. About forty nurses attended, some of them coming a distance of over two hundred miles. Mrs. Myrtle Applegate came from Louisville for the meeting and presided. After the luncheon and the business of the meeting were over, Dr. John H. Kooser gave a delightfully interesting address.

"Amidst the grief and solitude of the pure, there comes at times a strange and rapt serenity—a sleep-awake—over which the instinct of life beyond the grave glides like a noiseless dream; and ever that heaven that the soul yearns for is colored by the fancies of the fond human heart, each fashioning the above from the desires unsatisfied below—

"'There,' thought the musing maiden, 'cruelty and strife shall cease; there vanish the harsh differences of life; there those whom we have loved and lost are found, and through the Son, who tasted of mortal sorrow, we are raised to the home of the Eternal Father!'

"'And there,' thought the aspiring sage, 'the mind, dungeoned and chained below, rushes free into the realms of space; there from every mystery falls the veil; there the omniscient smiles on those who, through the darkness of life, have fed that lamp, the soul; there thought, but the seed on earth, bursts into the flower and ripens to the fruit!'"—*The Last of the Barons, by Bulwer.*

IF EVER I SHOULD BE BLIND

If ever I should be blind,
I'd not weep, I know
I'd quickly turn and go
To a small storehouse of mine.

There, for days like these,
Rare gems I've stored
In a glittering hoard—
A miser, you say? Forgive me, please.

I have an emerald made from a tree,
All beautiful, green and cool;
(I found it by a woodland pool)
And stored it away, you see.

I have a diamond, a good one, too.
It glitters and gleams
Like white moonbeams.
I found it clinging to the grass like dew.

I have a ruby all set in gold—
I saw it one day
By the sun's last ray—
I took it—I knew I was bold.

If ever I should be blind,
I'd not weep, I know,
But quickly I'd go
To live with these treasures of mine.

By Emma Morgan, a Wendover neighbor,
reprinted from the Highland Outlook.

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DIRECTIONS FOR SHIPPING

We are constantly asked where to send supplies of clothing, food, toys, layettes, books, etc. These should always be addressed to the *Frontier Nursing Service* and sent either by parcel post to Hyden, Leslie County, Kentucky, or by freight or express to Hazard, Kentucky, with notice of shipment to Hyden.

If the donor wishes his particular supplies to go to a special center or to be used for a special purpose and will send a letter to that effect his wishes will be complied with. Otherwise, the supplies will be transported by wagon over the 700 square miles in several counties covered by the Frontier Nursing Service wherever the need for them is greatest.

Everything sent is needed and will be most gratefully received, and promptly acknowledged.

Gifts of money should be sent to the treasurer,

MR. C. N. MANNING,
Security Trust Company,
Lexington, Kentucky.

FORM OF BEQUEST

For the convenience of those who wish to remember this institution in their wills, this form of bequest is suggested:

"I hereby devise the sum of
dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky."

.....

.....

It is preferred that gifts be made without restriction, since the Trustees thereby have a broader latitude in making the best possible use of them. Of course, however, they are also welcome where a particular use is prescribed.

To facilitate the making of gifts of this sort, it is suggested that if they come by will there be added to the form shown above some such language as the following:

"This devise is to be used (here describe the purpose.)"

Suggestions for special bequest:

- \$50,000 will endow a field of the work in perpetuity.
- \$12,000 will endow a Frontier hospital bed.
- \$ 5,000 will endow a baby's crib.
- \$10,000 will build and equip a Frontier center for the work of two nurses.
- \$15,000 additional will provide for the upkeep, insurance, repairs and depreciation on this center, *so that*
- \$25,000 will build and maintain in perpetuity a center.

A number of these centers have been given and equipped. One is endowed for upkeep, and one for both upkeep and nursing.

Any of the foregoing may be in the form of a memorial in such name as the donor may prescribe, as, for example, the Jane Grey Memorial Frontier Nurse, the Philip Sidney Frontier Hospital bed, the Raleigh Center, the Baby Elizabeth Crib.

Any sum of money may be left as a part of the Frontier Nursing Service Endowment Fund the income from which will be used for the work of the Service in the manner judged best by its Trustees, and the principal of which will carry the donor's name unless otherwise designated.

FRONTIER NURSING SERVICE, Inc.

Its motto:

“He shall gather the lambs with his arm
and carry them in his bosom, and shall
gently lead those that are with young.”

Its object:

“To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives for rural areas in Kentucky and elsewhere, where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and midwifery training schools for graduate nurses; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them at a price they can afford to pay; to ameliorate economic conditions inimical to health and growth, and to conduct research towards that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them, to cooperate with individuals and with organizations, whether private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.”

