

# Kentucky Kernel

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REFLECTIONS OF THE CAMPUS: Memorial Hall is reflected in the windows of the robotics center yesterday afternoon. The

robotics center is scheduled to be officially opened by UK later this semester.

## Officials say 10 miners died in explosion

By PAUL DE LA GARZA  
Associated Press

WHEATCROFT, Ky. — A flash fire killed 10 miners as they dismantled a large piece of machinery inside a Western Kentucky coal mine yesterday in the nation's worst mining disaster in nearly five years, federal mining officials said.

"There's an indication that some of them had survived the initial explosion and succumbed to the smoke and dust," said Charles Schulties, president of the mine's parent company, Costain Coal Inc.

There were conflicting reports of the number of miners injured in the methane gas fire. Schulties told a news conference about six hours after the 9:30 a.m. CDT fire that no miners had suffered injuries.

The Kentucky State Police and the federal Mine Safety and Health Administration reported three miners had been injured. A document the company submitted to state officials included the names of two miners who were listed as injured.

The accident at Costain's Pyro Mining Co. Williams Station Mine claimed the highest death toll since 1984 when 27 miners died in a Utah coal mine, according to Frank O'Gorman, an MSHA spokesman.

"We had an ignition, apparently near the head gate of a longwall mining machine that was being dismantled to be moved," O'Gorman said.

Schulties said officials believed initially because some of them were found wearing self-rescuing units, which provide a source of fresh air for miners in emergencies. He did not provide details.

Schulties acknowledged that MSHA had cited the mine about two months ago for high levels of methane gas, which occur naturally during the mining process. Levels of methane can be lowered only through ventilation.

The mine, about 40 miles southwest of Evansville, Ind., employs 367 people, Schulties said.

The flash fire, which is referred to as an "ignition," is a small but potentially deadly fire, "like a flame thrower," said Sam Stafford, another MSHA spokesman. Stafford said such fires usually occur after a piece of machinery strikes something, such as stone.

Company officials said the miners who died were about 1,000 feet underground when the explosion occurred. Jim Greenlee, an executive vice president of Costain Coal, said 14 to 15 miners were in the immediate area when the jet of flame erupted and another 15 workers were within 1,000 feet.

"There was smoke in the area, and it took some time to locate all the individuals," Greenlee said.

All employees were immediately pulled out of the mine and all workers had been accounted for, Schulties said.

## Owners select Fay Vincent new baseball commissioner

Associated Press

MILWAUKEE — Fay Vincent was elected baseball commissioner yesterday, less than two weeks after A. Bartlett Giamatti died of a heart attack.

Vincent, 51, had been deputy commissioner under Giamatti. His election was recommended Tuesday during a meeting of baseball's executive council, which had been running the sport since Giamatti's death Sept. 1.

"I take this job. I do not replace Bart. I know that this is not the way to get this job," Vincent said at a news conference.

Vincent, who was given the unofficial title of acting commissioner by the executive council on Sept. 2, will serve the remaining 4½ years of Giamatti's term, through April 1, 1994. He is baseball's eighth commissioner.

Vincent said Giamatti's establishment of a deputy commissioner should make his transition to commissioner relatively smooth.

"I think Bart had it just right. I think the transition ought to be relatively seamless," Vincent said. "There's very likely to be a deputy commissioner. I don't have any candidates in mind."

Vincent, who headed baseball's negotiations with Pete Rose, began his professional career as a securities lawyer, worked briefly for the Securities and Exchange Commission and spent almost 10 years as chief executive officer of Columbia Pictures Industries Inc. He quickly won the respect of baseball officials with his business and financial acumen and his quiet gentility.

Vincent refused to discuss his position on allowing Pete Rose to apply for reinstatement after one year of banishment from the game.

"That application, should it arise, will be dealt with in light of the circumstances at the time," he said.

Vincent's first announcement was to reveal that in memory of Giamatti the players will wear black armbands at the World Series and the balls used will carry Giamatti's signature.

Some owners had expressed thoughts of turning elsewhere for a new commissioner, but the consensus was that there could be no delay because collective bargaining negotiations with the Major League Baseball Players Association start after the World Series.

Thus, baseball owners again chose a commissioner whose background is completely different from his predecessor's. After Peter Ueberroth, who ran the 1984 Olympics, and Giamatti, the former Yale University president.

## Donovan Scholars turn 25



Oliver William "Bill" Gard, and his mother, Mabel Gard Anderson, are members of the Donovan Scholars program.

## Mother, son return to class

By KRISTI WILLETT  
Staff Writer

Editor's note: This is the fourth in a five-part series.

Although many UK students may cringe at the idea of their mother attending college with them, that is not the case with one mother and son.

Oliver William "Bill" Gard, and his mother, Mabel Gard Anderson, are members of the UK Donovan Scholars program that offers classes to adults 65 years and older. The program, one of

the first in the nation to offer free education to senior citizens, is celebrating its 25th anniversary this month.

Anderson, 87, is a retired teacher who enjoys oil painting. She attends art classes on Thursday afternoons under the direction of Gail Hartman.

"I love going over to the campus and meeting all of the people and getting to paint," she said. "The best part is no tests or grades."

Anderson also is enrolled in a forum that meets twice a week.

See MOTHER, Back page

## ROTC to hold ceremony for MIAs

By ROBYN WALTERS  
Contributing Writer

The UK Arnold Air Society wants people to remember American MIAs in Indochina by keeping their house lights on or driving with their headlights on today.

Operation Bright Lights is an effort to raise public awareness of Americans who are still reported missing in Indochina, said Lisa Blair a member of the Arnold Air Society, an honorary of the Air Force ROTC.

The U.S. Congress has declared tomorrow, Sept. 15, National POW/MIA Recognition Day. Operation Bright Lights is one way UK's Air Force ROTC will observe it.

Capt. John Gregory, Commandant of Cadets of the UK Air Force ROTC program, said he hopes people will keep their lights on today and tomorrow to remind people of those who have not returned from Southeast Asia.

Although the U.S. involvement in Vietnam officially ended more than 10 years ago, 2,338 American servicemen and civilians still are unaccounted for in Indochina, according to the National League of Families of American Prisoners and Missing in Southeast Asia.

In honor of those Americans, the Air Force ROTC also has planned a retreat at 5 p.m. today on the lawn in front of Administration Drive. The event is open to the public.

Air Force ROTC programs from UK, Eastern Kentucky University, Georgetown College, Transylvania University, and two Junior ROTC groups will assemble for two speeches and a short ceremony.

Air Force ROTC Escorts also will hold a vigil around the flagpole from 3 to 5 p.m. Today's activities mark the fifth year the UK Air Force ROTC has formally observed American MIAs in Indochina.

## Lohman vows to fight attempts by state presidents to raise tuition

By MICHAEL L. JONES  
Editorial Director

Student Government President Sean Lohman said last night that SGA will fight any attempts by the state's eight university presidents to raise tuition in the 1990-92 biennium.

Lohman said raising tuition would be "the easy way out" for university presidents.

"We will fight it," Lohman said at last night's meeting of the SGA Senate. "We pay a high amount of money for an education that is ranked 48th in the country."

Lohman said a tuition hike would be unfair because of the high prices most already pay for housing, books and other student fees.

"We will not pay for an educational system our legislature will not pay for," he said.

Lohman recently was elected

secretary-treasurer of the Board of Student Body Presidents.

He said that he and the other seven student body presidents do not want to fight the university presidents in Frankfort during the next meeting of the General Assembly because "that would make higher education weaker."

The SGA Senate unanimously passed Lohman's budget that allocated \$2,300 for the UK lobby in Frankfort. SGA's projected 1989-90 budget was \$146,087.

In other action last night:

•The Senate defeated a motion to suspend its rules and add a bill that would allocate \$1,000 to send 20 students to the Oct. 7 Housing Now March in Washington, D.C. The motion required a two-thirds vote to pass and was three short of what was needed.

The original bill asked to send 100 people to the march, but it was

tabled by a joint session of the Political Affairs and Appropriations and Revenue committees.

Senator at Large Chris Price presented the new bill Monday night at an emergency meeting of the Committee on Committees, but it was tabled.

•The Senate passed two constitutional amendments sponsored by Senator at Large Allen Putman.

The first would add the Freshman Representative Council to SGA's constitution and the second deals with its membership. The two amendments must be passed twice to be adopted, and both will be on the next Senate meeting's agenda.

•Four bills sponsored by Lohman were passed unanimously.

•The Senate also passed a bill to send Senator at Large Amy Butz to a national conference on alcohol abuse.

I N S I D E  
DIVERSIONS

Class teaches art of fighting. Story, page 2.

SPORTS

Shively renovations build on past. Column, page 4.

# DIVERSIONS

Kip Bowmar  
Arts Editor

## Stage combat class teaches UK students the art of fighting

By JAMES A. STOLL  
Senior Staff Writer

"I pray thee, good Mercutio, let's retire. The day is hot, the Capulets abroad, and if we meet we shall not 'scape a brawl, for now these hot days is the mad blood stirring."

Benvolio  
"Romeo and Juliet"  
Act III, Scene 1

Errol Flynn, John Wayne and William Shakespeare had to start somewhere. Before they could swashbuckle their way across stage or screen, or pummel an opposing cowpoke into the sunset, they had to study the ins, outs, thrusts and jabs of stage combat.

For the next generation of heroes, the UK theater department now offers a course in theatrical combat that is open to majors and non-majors alike.

The class is called Stage Combat, and will be taught by Bruce Le-

cure, a new face in the theater department. After receiving his master's degree in acting from Southern Methodist University, Lecure spent a few years plying his trade in New York and Dallas before coming to UK.

In 1984 Lecure attended a workshop with the Society of American Fight Directors in Las Vegas, Nev. At the workshop he received training in five different stage weapons and achieved certification as an "actor-combatant."

In 1985, while in New York, Lecure worked with a fight company that called itself "Steel" and rehearsed nothing but stage combat. The company eventually performed an off-broadway evening of combat scenes.

After such extensive work in the field, Lecure says he feels qualified to teach combat techniques. He said he will divide the class into three areas of study.

"Probably three-quarters of the

semester will be tumbling and hand-to-hand," Lecure said.

The initial tumbling techniques will teach students to take falls onstage without injury. Only then will the class move on to hand-to-hand combat techniques, much like the barroom brawls of the old West or the classic Clint Eastwood fist fights.

Lecure said he wants the class to be safe and not result in any injuries because of over-eager or under-trained combatants.

The main weapons Lecure said he will use will be the rapier and dagger. Other weapons also could be taught, including the quarter-staff and broadsword. However, Lecure said it is unlikely that a great deal of weapons work will be done in the first stage combat class.

"Depending on how advanced they are, I'd like to do the weapons as soon as I can," he said, "but that will be definitely toward the end of the semester."

For those Errol Flynn types interested in advanced work in weapons, Lecure said he hopes to offer a class devoted specifically to that sort of training.

"Depending on the interest, weapons could be more of a class later on down the line," Lecure said. "But you can't do that until you've had the hand-to-hand class."

It has been so long since stage combat has been offered at UK that the course has been dropped

from this year's University's bulletin.

In previous bulletins, the class had both a prerequisite and required the consent of the instructor, but Lecure has decided to do away with both requirements in hopes of encouraging a larger variety of students to try the course.

"We want to open it up to anyone in the student body," Lecure said.

"I start at ground zero anyway," Lecure said he also is trying to get the physical education depart-

ment to allow the class to fill an elective for physical education majors.

This semester Lecure also teaches theater movement, which is an introduction to three different movement techniques. The class includes some stage combat work, but it is not a prerequisite to register for next semester's class.

In theater movement, students create their own movements and study a variety of different styles throughout the semester.

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# State ACT scores drop for second year

Associated Press and Staff reports

FRANKFORT, Ky. — Declines in Kentucky's American College Test scores dropped even faster than the national average last year, but state school Superintendent John Brock still found some bright spots in the statistics.

The drop in Kentucky students' ACT scores is "not what we would like to have happen," Brock said. But he added Tuesday that considering all the factors that can influence test results, "we believe Kentucky students overall turned in a solid performance," he said.

Brock made the remarks after the state Department of Education announced that the average composite scores on the ACT among Kentucky students fell four-tenths of a point, from 18.2 in 1988 to 17.8 in 1989. The drop outpaced a decline in the national average, which fell from 18.8 to 18.6.

The test, used to predict success in college, measures student performance on a composite scale of 1 to 36.

Although the average ACT score in UK's freshman class is 22.5, Joseph Fink of the UK admissions of-

fice said the University is concerned by the state's decrease.

"To see a four-tenths drop in Kentucky and a two-tenths drop nationwide is a substantial change. What concerns us is the direction of the change," Fink said.

To ensure that the state's ACT scores improve, Fink said he thinks there need to be more work done at the secondary level.

"We in the admissions office encourage high school students to take the most rigorous high school courses because that will cause the ACT scores to go up," he said.

One bright spot for the state was that Kentucky students' English scores were only one-tenth of a point behind the national score, Brock said.

Another encouraging sign was that Kentucky students' overall score equaled the average for the ACT's nine-state Southeast region, he said.

The ACT reported that 25,547 students in Kentucky's 1989 high school graduating class took the test.

However, Brock said the fact that scores declined for a second year in Kentucky was "a red flag." "If that were to continue, then I

think we'd be very concerned about it," he said.

Kentucky's scores lagged behind the national averages in all four test areas — English, math, social studies and natural sciences — and trailed the regional averages in math and social studies, the ACT report showed.

The results also showed the state's average scores in all four subject areas fell for both male and female students between 1988 and 1989.

In addition, the high school grade averages that Kentucky students reported on the test registration form also fell slightly for both sexes, according to the results. This year's Kentucky grade averages for ACT test-takers were 2.85 overall, compared with a 2.9 national average. Kentucky's grade averages were 2.9 for women and 2.77 for men.

"Clearly we can do better, and we've got to start early," said Cindy Heine, associate executive director of the Frichard Committee for Academic Excellence, a citi-

zens' group formed to help reform Kentucky's schools.

Heine said the test results were discouraging.

Meanwhile, the scores of Kentucky students improved on the Scholastic Aptitude Test — a college admission test taken by only 10 percent of the state's high school graduates.

Scores in the state were up by an average of two points on the verbal section and four points on the math section. Nationally, the verbal scores fell one point and the math score remained unchanged.

In Kentucky, the average verbal score this year was 477 — 50 points above the national average — and the math score was 519 — 43 points above the national figure.

The SAT results are "a solid indicator that our best students are continuing to be well prepared for college," Brock said.

Kentucky's SAT scores were above the national averages chiefly because only the best college-bound students take the test, while most students take the SAT in many states, Brock said.

# Education officials submit their wish list

Associated Press

Brock. Board members were asked to make their own suggestions in the coming weeks.

The list's future is in question because of the uncertainty over funding for education.

Some legislators have proposed withholding any action on a budget for education until the current debate over recreating the school system is complete.

Nevertheless, all agencies are required to submit budget requests to the Governor's Office for Policy and Management by Oct. 15, and the spending list indicates where one particularly powerful interest group — the Department of Education — thinks emphasis should go.

FRANKFORT, Ky. — Although there are serious questions about what the General Assembly will do about an education budget given the current debate over the future of schools, the Department of Education has its own ideas.

Members of the State Board of Education were given a wish list yesterday of where department officials would spend any additional money in the next biennium.

The list is unofficial, does not include a price tag and has not been approved by State Superintendent of Instruction John

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**OPENS FRIDAY**

# SPORTS

Barry Reeves  
Sports Editor

## Renovation of Shively Field a throwback to old ballparks

Commonwealth Stadium was an improvement over Stoll Field, capacity-wise, but it lost the tradition that the first site of a football game in the South had.

Rupp Arena was the largest arena built primarily for basketball. But the house named after the "man in the brown suit" didn't have the intimacy of Memorial Coliseum — "the house that Rupp built." Memorial Coliseum, in its heyday, commanded the adrenaline of everyone who walked through its silver doors.

Tuesday was groundbreaking for a 2,500-seat renovation of Shively Field — home of the UK baseball team. The groundbreaking not only broke a barrier which has prevented the Bat Cats from drawing large crowds, it also broke the trend that a more modern stadium is better.

All the old arenas are known as



Greg HALL

much for their idiosyncrasies as the events that took place in them.

The Coliseum was the home of two national championship teams and the practice site for another.

Since the Coliseum didn't have stands at the south end, Rupp forced opponents to shoot into the crowd at the north end during the second half.

The Coliseum still has a scoreboard capable only of displaying 99 points. After the 1952-53 suspended season, rumors swirled that Rupp was to have modernized the

scoreboard so that no one could accuse the Cats of shaving points.

Stoll Field, just across Euclid Avenue from the Coliseum, was the home of the Wildcats' only team to win the Southeastern Conference crown and go to the Sugar Bowl (which was played at Tulane-Sugar Bowl Stadium, a magnificent historical field of the past sacrificed for a dome). It also was the site of UK's only victory over the University of Alabama in 1922.

Baseball's storied past is enriched by the abnormalities that were characteristic of old ballparks. Some of those differences are as legendary as the immortals who graced their fields: the green monster at Boston's Fenway Park, the ivy-covered walls at Chicago's

Wrigley Field and the short right field fence at Ebbets Field and old Yankee Stadium.

These old athletic venues had personality. They were not carbon copies of other super stadiums.

The Coliseum's walls were made of stone and brick. The siding and Lexington Center emblem on the walls of Rupp Arena pale in the shadow of the Coliseum facade.

It is welcome to see UK avoid the generic symmetrical baseball stadium that has become too prevalent.

by always building new facilities, but by improving some of the old ones.

The new field will not have the tradition owned by a vintage ball park, in the way that Gabby Hartnett's homer in the gloamin' and Milt Pappas' near perfect no-hit game in 1972 are remembered at the corner of Clark Street and Addison Avenue.

But the new Shively Field, off Sports Center Road, will be a relief from modern technology and a welcome return to the foundation where teams had a true home field advantage.

Contributing Writer Greg Hall is a journalism freshman and a Kernel columnist.

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# Cross country teams hope for repeats

## Women going for second straight national championship in 1989

By CRAIG HENDERSON  
Contributing Writer

The UK men's and women's 1989 cross country teams hope to repeat last year's performances, starting with the season-opener Saturday at the WKU Invitational in Bowling Green, Ky.

The women were unbeaten in 1988 and won the Southeastern Conference and NCAA titles by wide margins.

The men's team also finished first in the SEC, when they edged past the University of Tennessee 37-39. The team went on to place eighth in the nation.

Although the women's team lost All-Americans Lisa Breiding and Kristy Orre, the female harriers should once again contend for the SEC and NCAA titles, as it has several returners from last season's top seven: senior All-Americans Valerie McGovern and Sherry Hoo-



WEBER

ver, and All-SEC performers Denise Bushallow and Donna Combs.

Others expected to be top performers are former All-American track and All-SEC cross country runner Patricia Padorno, indoor track All-American Kerry Rink and Jennifer Kendall, a member of the 1989 U.S. National Junior team.

Christa Ann Holms, the top freshman recruit, is a three-time Iowa state cross country champion, and she has achieved one of the top five 3,000-meter times in the country.

Entering the season knowing his team must defend a national championship has not changed UK coach Don Weber's outlook.

"We do not feel any added pressure due to our past success," Weber said. "We've been a good team for the past four years, and I believe we can continue that."

When asked about repeating in 1989, Weber said: "I believe we have a good shot. I haven't been able to get a close look at the team's overall development yet, but we will definitely be competitive."

While the women's team is expected to be at the top of the national rankings when the polls come out, the men will have to rely

Men's and Women's CROSS COUNTRY SCHEDULE		
Sept. 16	Western Kentucky Invitational	Bowling Green
Sept. 23	Kentucky Invitational	Lexington
Sept. 30	Louisville Cardinal Invitational	Louisville
Oct. 7	Loyola Lakefront Invitational	Chicago, IL
Oct. 14	Indiana Invitational	Bloomington, IN
Oct. 20	Eastern Kentucky Invitational	Richmond
Oct. 30	Southeastern Conference	Auburn, AL
Nov. 11	NCAA District III	Greenville, SC
Nov. 20	NCAA National Championship	Annapolis, MD

on new runners to have a successful season.

Russell Nally is the only senior on the 1989 squad.

This year's team includes three foreign athletes, who were all members of their National Junior teams in Ireland, West Germany and Greece.

"Our freshmen recruits may be as far along fitness-wise as our veterans at this point," Weber said. "They could be a real factor this season."

Along with a strong freshman base, the men have several returning members from last year's SEC championship team.

Juniors Jim B. Kaiser and Char-

lie Kern each received All-SEC honors last year, and Alan Thomas, Bob Whelan (All-American indoors) and Nally were among the UK top seven. Two 1988 All-Americans, Benny McIntosh and Richard Ede, were lost to graduation.

"Ede and McIntosh were a big part of our team last year, especially in the leadership role. Repeating as SEC champions may be difficult," Weber said. "Several teams will be tough this season, with Florida possibly being the strongest."

The Kentucky Invitational at the Kentucky Horse Park on Sept. 23 will mark the cross country team's first home meet.

# NCAA warned Ellis about UNLV probe

Associated Press

SYRACUSE, N.Y. — Former UK star LeRon Ellis decided to attend Syracuse University rather than the University of Nevada-Las Vegas because he was alerted to the NCAA's investigation of the Runnin' Rebels basketball program, a published report said yesterday.

Ellis told the Syracuse Herald-Journal that he spoke with "a couple" of National Collegiate Athletic Association investigators during the governing body's probe into the UK program who told him about the NCAA's re-



ELLIS

view of the UNLV program.

The 6-foot-11 Ellis announced July 17 he was transferring to Syracuse from UK, which has received three years probation from the NCAA for recruiting violations because of the NCAA penalty, Ellis is immediately available to play at Syracuse.

Earlier in the summer, Ellis had said UNLV was his first choice. The school announced July 21 that it was under investigation by the NCAA concerning the recruiting of former New York City player Lloyd Daniels.

Ellis said he questioned the NCAA investigators about UNLV's future and was told UNLV might be headed for the same punishment as UK. That conversation caused him to change his mind, he said.

"That's the only reason I changed my mind. The only reason," he said.

UNLV head coach Jerry Tarkanian told the newspaper he had heard nothing of Ellis' contact with the NCAA, but that he had wondered why Ellis changed his mind.

"He committed to us verbally. We were really shocked when there was a turnaround," Tarkanian said.

NCAA spokesman Jim Marchionni said the NCAA allows investigators to speak to recruits if the school in question has been notified of a pending investigation.

## Wanted: Players for UK hoop team

Staff reports

Any full-time students wanting to try out for the UK men's basketball team should drop by the basketball offices in Memorial Coliseum and fill out a questionnaire. Interested students also must submit a current physical report to head trainer Walt McCombs by Oct. 6.

## Lady Kats need team managers

Staff reports

The UK Lady Kat basketball team needs managers for the 1989-90 season. Managers for the Lady Kats receive the opportunity to travel with the team and some financial assistance. Anyone interested should contact Jane Dalton at 257-6946 or stop by the Lady Kat offices in Memorial Coliseum.

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## Hungary may break emigration treaty

Associated Press

BUDAPEST, Hungary — The deputy foreign minister said yesterday that Hungary's agreements limiting movement of East bloc citizens are out of step with its human rights commitments and it will seek to revise them.

Ferenc Somogyi also said Hungary will continue to dismantle border barriers but does not plan to be a springboard to the West.

Budapest's decision to allow the exodus of more than 12,000 East Germans to the West was "a unique step," Somogyi said.

In Austria, border authorities said that by late afternoon the number of East Germans crossing from Hungary en route to West Germany had climbed to 12,545 since the freedom convoy began at midnight Sunday.

Bavarian border police gave a similar estimate and said the push to the West had peaked.

Polish television, meanwhile, reported that about 50 East Germans seeking freedom in the West have taken refuge in the West German Embassy in Warsaw.

The Telexpress TV news program showed pictures of the refugees, including children at play in the embassy courtyard.

They are following dozens of others who recently sought refuge at West German embassies in Czechoslovakia and Hungary.

Budapest's reform-minded government, risking censure from its Warsaw Pact allies and courting Western praise, allowed the East

Germans to leave for West Germany via Austria.

Its decision to defy an ally and work together with West Germany to let the East Germans emigrate marks the first time a Warsaw Pact country has cooperated with a NATO nation to help citizens of an allied country resettle in the West.

But in Prague, about 250 of 400 refugees gave up Tuesday and left the embassy compound after East Berlin promised they would be allowed to emigrate legally.

Polish media have reported on the exodus, but there has been no comment from the Warsaw government, the first East bloc administration led by non-communists. Hungary also is pressing for major reforms.

East Germany remains one of the most rigidly controlled states and refuses to consider demands for change sweeping the communist world.

Junge Welt, an official East Berlin newspaper, gave the first indication yesterday the Communist leadership should rethink its views on reform. Even a "minority" of healthy young people vital to the economy should not be enticed away by better living standards, the paper said.

"How do we make this country indisputably the focal point for dedication and happiness for every individual? How do we make it a homeland for even more people in which one accepts burdens and from which one is not lured away just by shop windows full of bananas or glossy travel guides?"

## Mother, son enroll in Donovan program

Continued from Page 1

The chairman of the Forum is her son, Bill Gard.

"Each week we try to present different programs of interest," Gard said.

The class has guests from the University and Central Kentucky to speak on topics such as religion, politics, Kentucky history, health and music.

"We have a committee, which I'm chairman of this year, that tries to present programs a couple of times a week that everyone will enjoy," Gard said.

Anderson has been involved in the Donovan Scholars program for more than 10 years and has seen it grow to its present status of more than 300 participants.

Roberta James, director of the Donovan Scholars program, said the mother-son team are always smiling.

"I first met Mabel many years ago. I decided her son, Bill, must have inherited her smile and good nature because it's a quality they share," James said.

Anderson first became interested in the program because of the art classes.

"I've always loved art and will take any opportunity I can to paint," she said.

She said she used to have to stay after school as a child for drawing pictures during class.

"That's where my love for art began," Anderson said.

She moved to Kentucky from Michigan when she was in eighth grade and was surprised to find there were art classes available.

When she later moved to Indiana where there weren't any art classes she began to paint on her own.

Anderson moved to Berea, Ky., and married Paul Gard in 1918. She graduated from UK with a bachelor's degree in 1922 and earned a master's degree in 1925. She taught in several Kentucky school districts, bringing a little art with her wherever she taught.

"Each year I tried to instill some art by incorporating it into social study lessons or in wherever I could find," Anderson said. "I wanted the children to know that there was more to school than reading, writing and arithmetic."

Gard graduated from Henry Clay High School and received a degree in engineering from UK in 1948. He taught industrial engineering for 37 years at UK before retiring in 1985.

Gard sings in the Donovan Choir and is on the Donovan Advisory Committee. He says the program gives him the chance to stay active on campus and meet people from different backgrounds.

"It's really enjoyable to meet people who have done things completely different than you have in life," he said.

## Chicken sandwich not always healthy

Associated Press

BOSTON — Would you believe that a fast-food chicken sandwich contains as much fat as 1½ pints of ice cream? That a half dozen chicken nuggets are fatter than a hamburger?

Health-conscious diners who opt for chicken and fish at fast-food counters aren't doing themselves any nutritional favors, says a committee of the Massachusetts Medical Society.

Fish and chicken, usually considered relatively low-fat alternatives to red meat, can be booby-trapped by fast-food cooks with vast amounts of hidden fat.

In a report in yesterday's New England Journal of Medicine, the committee offers statistics about the pitfalls of these and other menu choices to back up its proposal for wider disclosure of what's in fast food.

Among the society's proposed fast-food guidelines:

- Reveal the type and quantity of fat in food, as well as the amount of protein, vitamins and minerals.

- Provide printed menus for people who want to restrict their intake of salt, calories or fat.

- Identify the nutrient content of items on salad bars, especially such selections as potato salad and dressings.

- Offer such alternatives as low-fat or skim milk, margarine, low-fat salad dressings and whole-grain buns.

The report was written for the society's nutrition committee by Connie Roberts, a dietitian at Brig-

ham and Women's Hospital in Boston.

"I find that my clients and patients are very well aware of the recommendation to include more fish and chicken in their diets," Roberts said.

"In their natural state, they are indeed much lower in saturated fat and total fat than red meats. Unfortunately, what we forget when the order is placed is the method of preparation that goes into chicken sandwiches and chicken nuggets."

"Many people are quite surprised to find that the total fat in a single hamburger may be 13 grams but six chicken nuggets may have 20 grams of fat," she added. "In contrast, a fish sandwich, by the time it's coated and has a slice of cheese and sauce, is up to 25 grams of fat."

In fairness to the fast-food industry, the report notes that nutrient-poor, fat-filled food can also be found at home, in high-priced restaurants and in school cafeterias.

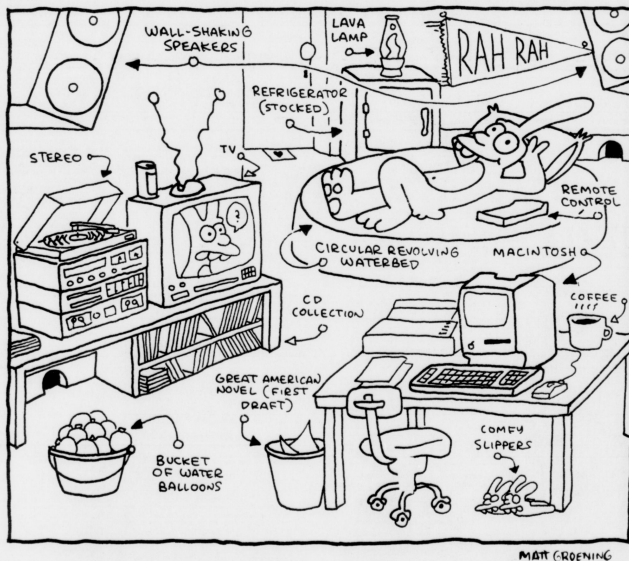
However, because so many people eat fast food — one-fifth of all Americans every day — the report suggests the medical profession should be concerned about its effect on health and nutrition.

The report noted that in general, fast food is high in fat, salt and protein but low in fiber, vitamins and other nutrients.

Chicken nuggets and chicken-patty sandwiches are often made with chicken skin, which is high in fat.

They also may be cooked in beef tallow or in vegetable oil that's high in saturated fat.

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