

KENTUCKY Kerbel

an independent student newspaper

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University of Kentucky
Lexington, Kentucky



Burnout

By BILL BELL/Kerbel Staff

The Lexington Fire Department's Arson Bureau is currently investigating this one alarm fire which gutted the inside of a two-story wood frame house at 231 Kentucky Ave. a little after 8 p.m. last night.

However, Major Donald Sullivan said the fire was "probably not arson."

Sullivan said the fire, which started somewhere in the front of the house, was "real involved" by the time fire

units had responded to the call at 8:10 p.m., one minute after it was called in. A total of six fire units arrived at the scene.

Sullivan said the "firefighters were hampered somewhat due to disarray of items and articles which were scattered about the house."

Leonard Jetter, owner and sole occupant of the house, said he didn't think he had insurance.

Alcohol abuse Legislators, colleges take action as public awareness increases

By BARBARA WARD
Staff Writer
and DEBBIE WEIS
Reporter

"The pressure of classes always seems to be there hanging over you. When I can't take it any more I get drunk. It helps me forget it all for a while," said a UK sophomore.

The most abused drug in America, as judges, sociologists and law enforcement officials have begun to acknowledge, is not marijuana, amphetamines, barbiturates, heroin or even cocaine. It is alcohol.

Reports from alcoholism programs across the country show there are over 10 million alcoholics in the United States — 135,000 in Kentucky. Some are undoubtedly UK students.

Drinking is as much a part of the college experience as dormitories and exams. Although many students drink because they feel it is relaxing or fun, many experts think the drawbacks are too often ignored.

Studies show one of every seven people in the United States will develop serious drinking problems; one in 10 Americans will become an alcoholic. If so, nearly 3,300 of the 23,000 students at UK are problem drinkers and 2,300 are potential alcoholics.

One of the particular problems involved with campus alcohol abuse is its hidden nature. Students do not know the difference between use and abuse, according to Bob Clay, north campus area coordinator.

"Alcohol abuse is one of the most significant problems on campus," Clay said. "There is a way to drink responsibly, but at UK, being drunk is socially acceptable and that often leads to abuse."

College alcohol abuse is pervasive. Thirty percent of the students polled at four Florida universities told researchers they miss classes because of hangovers.

A study of 7,000 students at 34 New England colleges was released in October by Henry Wechsler, research director of Boston's Medical Foundation. It revealed some startling statistics:

More than 95 percent of undergraduates drink occasionally.

This is the first in a four-part series on Alcohol Abuse in the United States. Look for the second installment in tomorrow's paper.

Twenty percent of the men and 10 percent of the women said getting drunk "was important" to them.

Heavy drinkers — those who regularly consume more than a six-pack of beer or five shots of liquor at a sitting — comprise 29 percent of college men and 11 percent of college women.

More freshmen than upperclassmen claim to drink heavily.

At UK the attitudes seem strikingly similar.

"When you go to a party and everyone else is drinking, you naturally don't want to be the only one sober and not having a good time," a freshman business student said.

Booze is readily available to almost any college student who wants it. Bars and liquor stores around campus cater to the collegiate desire for alcohol.

Sales at liquor stores near campus have risen substantially in the last year. Bridget Lorenz, an employee of Coliseum Liquors on Rose Street, said their profits are up 10 percent from 1978. The store, which sells primarily to UK students, peddles around \$1,500 to \$2,000 worth of booze daily. That figure jumps to around \$4,000 on football weekends, she said.

Students and the general public are surprisingly unaware of the consequences of alcohol abuse, according to campus officials and local alcohol counselors.

Lexington police arrested 165 people between the ages of 18 and 22 for public intoxication or driving while under the influence of alcohol between Oct. 12 and Dec. 4 last year. Twenty-five percent of those arrested were UK students.

Fifty-nine arrests for public intoxication were made on the UK campus last fall, according to UK Police Chief Paul Harrison.

According to the National Council on Alcoholism, alcohol use is involved in 50 percent of all fatal accidents, 65 percent of all murders and 41 percent of all assaults. It is involved in 34 percent of all rapes, 24 percent of other sex crimes, 30 percent of all suicides.

Fifty-six percent of all domestic fights and 60 percent of all incidents of child abuse also involve alcohol use.

Statistics from the U.S. Department of Commerce indicate that Americans spend more money on alcohol than on education or charity.

Expenses related to alcohol abuse — lost production, health and medical costs, accidents, crime, fire and other social losses — run about \$4.41 for every dollar spent on alcohol, according to the National Institute on Alcohol Abuse and Alcoholism.

The problems on college campuses associated with alcohol have not been ignored by the brewing industry, however.

A survey of 500 schools indicated that 80 percent of all administrators felt their students needed help in handling alcohol. The U.S. Brewers Association responded by publishing a quarterly *On-Campus Review* to help administration officials keep abreast of consumption rates.

Last fall the UK Inter-Fraternity Council passed several restrictions on alcohol use during rush week. The rules were reportedly passed after an accident involving two local high school students who had allegedly attended a fraternity rush party last

Continued on page 3

UK staff blood drive enters crucial winter season

By ANNE CHARLES
Staff Writer

The (usually) cold, snowy weather and large number of surgeries scheduled during January often mean dwindling supplies of blood and a lack of donors to replace supplies. January is National Blood Donor Month this year, and UK faculty and staff members donated 60 units of blood at a drawing at University Hospital yesterday.

The Central Kentucky Blood Center and UK's Employee Benefit Office are conducting blood drives to insure supplies don't fall behind hospital demand.

Obtaining a plentiful supply of blood is important because many people postpone surgery until after the Christmas holidays, according to Patty Bowen, a CKBC recruiter in donor services. Also, blood drawings in other Kentucky cities often are postponed because of bad weather. The CKBC serves 40 counties in the state

and holds drawings there as well as in Lexington.

UK's faculty and staff are involved in a group plan coordinated by the CKBC and the Employee Benefits Office. If twenty percent of UK's approximately 6,000 full-time faculty and staff donate blood during the year, all who have worked at least one year at the University will receive blood protection for themselves and their families.

Under the group plan, married donors receive free blood for themselves, their spouse and their unmarried children under 18 years. The donor's and spouse's parents are also eligible.

Single donors receive protection for themselves, their dependents, any brothers and sisters under 18 years, and their parents.

UK has participated in the group program since 1975 and holds drawings once a month in different departments of the University. Of the 1,200 donor goal set for the 1979-1980 school year, 450 faculty and staff have donated blood under the program.

"There's not the appreciation (for the program) that there should be," said Bruce Miller, director of Employee Benefits and Risk Management. "I wish people would realize the advantage of the University's staying involved (in the donor program)."

The advantages, according to Miller, include knowing that blood is available when needed and the fact that the blood is provided free. A unit of blood costs \$25 if the patient isn't covered by one of the donor programs.

After donating, faculty and staff members can receive unlimited free units of blood for one year at any medical facility in the United States. Retired University employees are also covered under the program.

CKBC has a similar group plan for UK students coordinated through Student Government, and SG plans to sponsor a drive in early March. Although SG drives are aimed primarily at students the one planned for March may be open to the Lexington community, according to Susan Hagen, student volunteer chairman.



A smiling Bill Massey, assistant executive director of University Hospital, is pictured here donating blood during the UK faculty and staff blood drive in the Hospital

yesterday. The Central Kentucky Blood Center reports they collected 60 pints of blood during the one-day blood drive.

today

state

RETIRED BUSINESSMAN JOHN SMILEY and his wife, Louise, are confident of meeting with Ayatollah Ruhollah Khomeini later this month when they make a second trip to Iran, Smiley said yesterday.

"We won't have no trouble seeing him," Smiley said in a telephone interview. "We wouldn't have had no trouble before, but we came home early."

The Smileys spent 10 days in Tehran last month. During their visit they were allowed inside the embassy gates and met with the students holding 50 American hostages. They returned Dec. 13.

An Iranian journalist encouraged them in a telephone call this week to return to Tehran, and promised an audience with Khomeini, Smiley said.

He said no firm date for the trip was set.

nation

REVOLUTIONARY GUARDSMEN FOILED A PLOT by Iranian army officers to overthrow the Khomeini regime, and the conspirators were secretly executed by firing squad, a Kuwait newspaper reported yesterday.

Word of the alleged plot came after saboteurs reportedly bombed an oil pipeline in what Iranian officials also described as a pro-shah anti-Khomeini attack.

Yesterday was the first anniversary of Shah Mohammad Reza Pahlavi's flight from Iran, and the 74th day in captivity for some 50 American hostages held by Muslim militants at the occupied U.S. Embassy in Tehran. It also was the first full day of a blackout imposed by the Iranian government on American news reporting from Tehran.

world

GOLD FUTURES PRICES shot upward again yesterday, establishing new record highs for all contract months. In New York prices reached \$770 an ounce before closing at \$744 an ounce. Prices on the London market reached a high of \$765 an ounce.

All back months were bid up the \$50 daily limit and the Chicago Board of Trade changed its limit to \$60 an ounce because of the continuing interest in gold futures that has deadlocked trade in back months when they reached the previous limit.

through customs yesterday as he arrived at Tokyo International Airport for a Japanese concert tour, authorities said. The two-week tour by his group "Wings" was canceled as a result.

A drug-control office spokesman said McCartney was charged with possession and smuggling of marijuana — violations of both Japan's narcotics control law and customs law.

If found guilty officials said he could be sentenced to a maximum of seven years in prison and face a fine of up to \$200.

weather

WELL, AT LEAST IT'S WARM. Mostly cloudy today with a chance of some evening showers, high in the low to mid 50s. Chance of lingering showers tonight and tomorrow. Tonight's low in the upper 30s, high tomorrow: near 50.

FORMER BEATLE PAUL MCCARTNEY was arrested for allegedly trying to smuggle a half-pound of marijuana

KENTUCKY Kernel

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The UK basketball team is going through its annual midseason slump

Even though probably all UK students have finally returned for another semester of hitting the books, the constant question around campus isn't "What classes do you have?" but "What in the world is wrong with the basketball team?"

In any place but Lexington it would be strange for the fans to be down on a team with a 13-3 record and a No. 6 national ranking. However, for Kentucky that's just par for the course; and the fact that Wildcats were once ranked as high as second and have lost two of their last three games has caused everyone to go into a panic. Also the fact that they are currently in fourth place in the Southeastern Conference doesn't help much.

The obvious question is why? Why does a team that beat No. 1 Indiana, No. 10 Purdue, and No. 4 Notre Dame suddenly get outscored 41-20 in the first half against unranked Alabama on their home floor. And why on earth can't they beat Tennessee?

True, the Wildcats have not played championship

Oh no, not again!

State legislature off and running

By TOM FITZGERALD

Good evening. This is Babba Waa-Waa, and here is a preview of coming attractions in the upcoming Kentucky General Assembly Wagsiawative Session.

Well well. It looks like the better part of us made it through the 1970s unscathed. Let's see — the big hand is on 1980, and the little hand is on January, which can mean only one thing — it's time for the Greatest Show on Earth, that Eternal Comedy of Errors, those laughable guys and gals, your favorites and mine, the Kentucky General Assembly!!! Yes, for a limited time only, for the amazingly low price of your patience and civil liberties, health and welfare (who said that word), you too can have a General Assembly for your very own. The legislature, they pontificate, and they desecrate.

I approach this task with a mixture of apprehension and dread. The Kentucky legislature is like a scary movie — you don't want to look, but you are somehow drawn to it. Here's a rundown on the highlights.

Some re-repressive legislation dealing with abortion. (The last time I discussed the issue, the crazies descended, and took to calling me with offers to pray for me. Dear Crazies, save it, OK?)

The anti-abortion forces have pre-filled some bills which would severely restrict a woman's right to choose. Never mind that the bulk of the bills have already been declared unconstitutional in other states; the abortion foes have also toyed with a state resolution to repeal the Bill of Rights and the law of gravity. The pre-filled bills include requiring notification of parents for all unmarried women under 18 years of age before an abortion is performed. Another bill would require burial or cremation with a burial permit of any fetus. Still another would require a physician to give detailed information designed to discourage abortion. Yet another would prohibit the use of any government funds for abortion, even if the life of the mother

were in danger. This last one is intended to stop abortions at the university hospitals in Lexington and Louisville.

I think it is crucial that individuals who believe that it is a woman's right to choose whether or not to bear a child, should make their voices heard. The anti-abortion forces are statistically a minority, yet very heavy

commentary

financed by the political right. The right has gained much by fragmenting issues so that opposition to them is likewise fragmented — on one hand people opposed to the death penalty, or people fighting the threat to unions by right to work laws, will fight those issues singly, with little joint effort. Each issue, on its face, seems unconnected. Yet the funding and power behind those who favor repression of individual liberty and the bolstering of property rights and interests are not disjointed. The malaise among those who favor individual liberty which pervaded the late 1970's, has hopefully passed. Let's not be so silent and self-serving as we enter the 1980's, for the right surely isn't.

Surface mining is a major issue in Frankfort this time around. A little background in 1977, Congress passed the "Surface Mining Control and Reclamation Act of 1977." The Act was set up in two phases; during the first, both the state and the Office of Surface Mining would enforce certain environmental protection standards. During that interim program, states which wished to take over primary enforcement (primacy) would submit to OSM a program which was consistent with the goals of the Act and regulations. We are now in that phase, and Kentucky is stumbling along the road to primacy.

Various legislators, and John Brown Junior himself, have been spouting off about passing laws to

make Kentucky's program less stringent than the Federal programs, without the slightest notion of what they are saying. The key to the act is that the state program must be no less stringent than the Federal program, or it won't be approved. Kentucky's General Assembly, and the Old Guard at the Department for Natural Resources and Environmental Protection are deluding themselves, and threatening Kentucky's chances at regulating its most vital industry, by their reluctance to realize that the good of days of the rape and pillage school of surface mining are over. Legislators such as Bill Kenton, who appears to be using the issue to gain ground for an upcoming bid for the Governor's mansion, and Ken Gibson, had better read the Act more closely. Were it not for the unnecessary foot-dragging at the Department for Natural Resources, and the tossing of then Secretary Mooney's proposed regulatory package in favor of those issued by his short-lived successor, Frank Harscher (and numerous other problems that possibly reflect the fact that they aren't capable of running such a program), Kentucky would be well on the way to achieving primacy, and the changes would have been much easier on the industry. It appears that we again will be dragged kicking and screaming into the present.

The legislature needs to hear from you. The *Courier-Journal* has good legislative coverage, and there are numbers to reach the legislature. To leave a message for your legislator, call 1-800-372-7164 (toll free). Or if you want to talk to them, call 502-564-4859. Information on the status of bills can be gotten, at 1-800-372-7194. Letters and cards are good ways to let your views be known. Address it to your legislator at the State Capitol, Frankfort, Ky. 40601. See you next time. Hasta lumbago.

FITZ is a former *Kernel* columnist presently in the UK School of Law. His commentaries appear when he writes them.

Another problem is that the Wildcats' season is divided up into three distinct units making the middle of the year susceptible to a letdown. The Wildcats almost always play a tough December schedule and with the excitement and anticipation of the new season they seem to have little trouble getting emotionally ready for the early games.

However, after the Notre Dame game UK hits a little easier schedule with the SEC. Therefore, the Cats have trouble getting themselves ready to play these lesser opponents.

By the end of the season, UK has usually recovered enough to take the SEC and the excitement and anticipation builds once again for NCAA tournament time. The same situation seemed to happen last year around SEC tournament time.

Examples, last season UK won eight of their last eleven, the year before 13 in a row to win the NCAA. The year before that, 17 of their last 19.

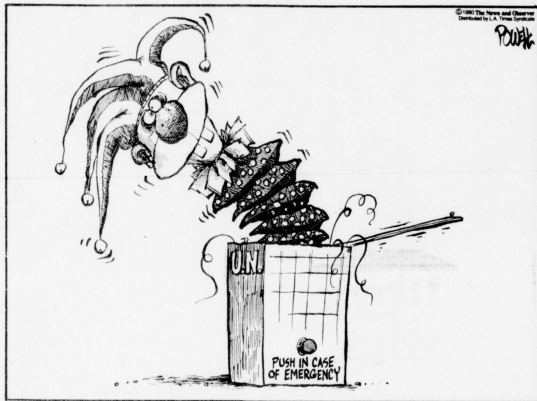
So, what can be done while the UK slump is going

besides holding The-get-the-Cats-out-of-their-slump pep rallies. Probably nothing that hasn't been done. Let Joe B. do it.

If anyone can figure out how to get the Wildcats out of their slump its Joe Hall. After all, this is the same coach who brought go-go dancers into his team's locker room when he coached at Regis College in Denver to loosen them up. This is still the same guy who took off his coat and stomped on it like a lunatic during a game with North Carolina in his first year here to wake up his troops. If anyone can wake up the Cats its Joe B.

So, until UK loses a couple of more let's wait before we call in the FBI to find out what the problem is. It's like that old basketball saying, "a team is never as good as it looks or as bad as it looks."

So take heart, while UK may not have been as good as they looked in the early season, they probably aren't as bad as they have looked lately.



Conformists beware — Joe Lincoln returns to blast closed minds open

By JOE LINCOLN

Before I get into my commentary this time, there are some things I would like to make clear. First of all, I do not make special appearances at fraternity houses — for whatever reason. And I may be lots of things, but a Sigma Chi is not one of them. Also, the *Kernel* does not print my commentaries to increase circulation. I think I would be deluding myself if I believed that my articles caused stampedes at *Kernel* drop-off points. My commentaries are for those of you who appreciate another point of view, or those who need confirmation of opinions you already hold — nothing more, nothing less.

Well, now that is settled. I hope you all have not gotten the impression that I dislike straight people or that I am

the slightest bit hostile towards THEM. How could any of us guys be opposed to people with such high ideals, such concern for their fellow

opinion

man? Why, it sends shivers right down my spine (coming to rest just south of my hips) when I think of how thoughtless they are in pointing out the errors of our ways. Besides, some of my best friends are straight, not to mention my parents. And I also heard that some of the most respected athletes and entertainers are straight. I personally recommend that everyone have at least one straight friend. They have such a unique grasp of how things are and

should be. (And take every opportunity to share that insight.) Where would we be without straight people? What would we do with all those CARE packages if we had no over-populated, underdeveloped countries with which heterosexual intercourse handily provided us? And let us not forget the lofty heights to which they have elevated the woman. How gallant to remove her from the evils of equal work, self-esteem, and independence, pointing out authoritatively that a woman's place is in the home (some areas of which are also off-limits).

Most people think that we gays are the trendsetters in clothing styles, but straight people can at times be avant-garde in the realm of fashion. I will never be able to fathom how they can anticipate when we will stop wearing something so they can start. It is

uncanny to be sure. And then there is that "straight look" peculiar to the Greek (as in organizations) variety. How energy-conservation-minded of certain sorority girls to be their own sources of light. Now do not get me wrong; it is hardly any bother at all to shield my eyes when I walk past a pack of them. And I suppose it is only a rumor that Gucci is hard at work developing a "hot oxblood." But let us move on to the contributions being made by the frat men. On any given day at the Commerce Building there is so much plaid it looks like Mary, Queen of Scots, is in town.

Then we need to mention all those "straight spots" in town and across the country, where one can feel free to experience rampant conformity. Nationwide, in almost every major city and in some smaller ones, there are the

straight ghettos, characterized by hardware stores, barber shops, and the ever-present straight bars on the corners. Here one can have a few beers with the boys and, if it is a slow night, get into a lethal knife fight over whose wife looks the least like Lassie. Supposedly the most populous straight meccas are in Kansas City, Philadelphia and Montgomery.

OK, I got a little sarcastic, so sue me. The truth of the matter is that I really do have very nice straight friends whom I love a lot. And they love me. Not because or despite the fact that some of us are straight and some gay; condescension and patronage can only lead to contempt in the long run. No, it is because we are who we are and accept one another on the basis of that. In order for anything to be accomplished as far as social contacts and relationships (business, professional, etc.) go, sexuality — like race, creed, nationality and sex — must be transcended. Now I do not expect all of the straights to like all gays because I do not. Some of us are just as ignorant, stubborn, and obnoxious as anyone else. Straights do not have a monopoly on the asshole market. And all gays cannot be expected to embrace all straights for similar (et al) reasons. But what can be encouraged (and must be) is to look beyond someone's sexual orientation. A unidimensional evaluation stifles everyone. Yes, I know thousands of years of conditioning are not easily forgotten, but it has to start somewhere. My parents had the same conditioning, and they have accepted me. Most of my straight friends were not exposed to gays before, but they have not shunned me. What's your excuse?

Alcohol abuse grows across the country

Continued from page 1

Officials keep abreast of consumption rates.

Last fall the UK Inter-Fraternity Council passed several restrictions on alcohol use during rush week. The rules were reportedly passed after an accident involving two local high school students who had allegedly attended a fraternity rush party last fall. Complaints by school administrators instigated the restrictions.

During rush week this semester one night will be alcohol-free; grain alcohol will not be served; no one will be allowed to leave a party with alcohol; parties will be carefully restricted to UK students and alcohol will not be served in original containers.

Other schools are also responding to the question of permitting alcohol on campus. The University of Massachusetts encourages use of a free Saturday night bus service, nicknamed "the drunk run." Dartmouth is considering a similar proposal. Beer kegs were banned from dormitories at the University of Kansas.

Legislatures in six states that

lowered drinking ages to 18 in the early 1970s have decided it was a mistake. Iowa, Maine, Michigan, Minnesota, Montana and Massachusetts have made 21 the legal age again and other states with low drinking ages are considering doing the same.

But liquor store owners, clerks and students in the UK area agree that students under Kentucky's legal drinking age of 21 have little trouble getting booze when they want it.

"There are plenty of fake ID's (identification cards) around," a clerk said. And, as one underage UK student said, "Everyone's got friends who are 21 to buy liquor for them if they can't get it themselves."

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Transylvania University's Office of Community Education is offering a seminar designed to discuss many issues confronting persons in a two-career family. Topics will include the attitude of one partner toward the career of the other, division of household labor, effects of maternal and paternal employment on children and child-care alternatives.

The class meets on Wednesday evenings, beginning Feb. 6 through Feb. 27, from 7 to 9 p.m. To register, call 233-8124.

briefs

The Lexington Fayette Urban County Division of Parks and Recreation and the Do-Si-Do Square Dance club will offer a Basic Square Dance class beginning Jan. 18.

The classes will be held at 7:30 p.m. on the second floor of the Kitchen Planning Center Auditorium at the corner of Loudon and Limestone streets.

To join the club, attend an open house Jan. 18 or Jan. 25. For more information, call club presidents Will and Barbara Dunn at 269-2049.

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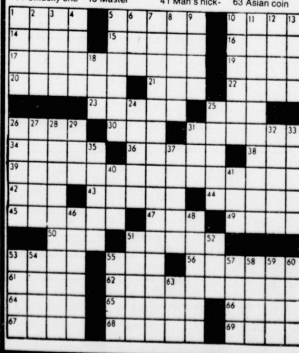
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Kernel Crossword

ACROSS

1 Milk: Prefix
5 Health: Comb. form (pl)
10 Old instrument
14 Pain
15 String
16 Rifle fodder
17 Clear: Obs.
19 Mast
20 Whip
21 Over-amer
22 Dispatch
23 Crazy
25 Vehicle
26 Head covers
30 Sp. title: Abbr.
31 Ethics
34 Decree
36 Say
38 Asian natives
39 Putting off
42 Shred
43 —
44 Cheer up
45 Foray
47 Vetch
49 G.I. fare
50 Tool
51 Unlucky one

53 Curse
55 Soft food
61 "Woe —"
62 Battle cry
64 Ending for job or mob
65 "Rose —"
66 Toronto's Case —
67 Some goats
68 Even
69 Direct
DOWN
1 Praise
2 Skin disease
3 Food expert
4 Ribbon: Suf- fix
5 Position
6 Arista
7 "A —"
8 Ribbons: name
9 Gables
10 Italian island
11 Quebec university
12 Scottish island
13 Cheer
14 Scheduled
15 Record
16 Dry: Fr.
17 Wine area
18 Splendor
19 Clear as a
20 Poughkeeps-
21 Symptoms
22 Legal affair
23 Legat affair
24 Besides
25 Miner's nail
26 Man's nick-
27 Asian coin



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sports

Wildcats are taking lowly Gators seriously

STEVEN W. LOWTHER
Staff Writer

Now that the spring semester is under way, things seem to be getting back to normal around the Kentucky campus — except for the Wildcat basketball team, that is. Over the semester break, the Cats lost to Tennessee, lost one starting guard, and were flooded by the Alabama Crimson Tide in Rupp Arena, 78-64.

Kentucky coach Joe B. Hall will try to whip his Cats back into winning form tonight against the Florida Gators in Alligator Alley. Given Florida's 4-9 record, this may seem like an easy task, but don't count the Gators out in Gainesville, Fla. Of the 10 games that Kentucky has lost to Florida, eight have come on the road.

Hall will be the first to admit that this Florida team is not to be taken lightly.

"We see them as a potentially dangerous team," said Hall. "It's always been a place we've gone into with a lot of concern and apprehension. Our thoughts are on ourselves and how we are going to get our game together, rather than worry about them at this point."

After changing their offense to a slow-down, deliberate attack, the Gators recently beat a tough Georgia Bulldog team 57-52 in Gainesville and the future looked brighter for coach John Lotz and his squad. But then the roof caved in on Lotz when the Gators were swamped by Auburn 82-62, and Lotz was asked to submit his resignation.

Assistant coach Ed Visscher took over the team as interim coach until the end of the season when a new coach will be named by Florida Athletic Director Bill Carr. Considering the talent Visscher has to work with, and the way Kentucky has been playing, the Gators should be able to give Kentucky a good run for their money.

Florida has been led this season by junior center Reggie Hannah, who averages 19.6 points and 11.5 rebounds per game. At 6-8, though, he may prove to be no match against Kentucky's Sam Bowie, who has 5 inches on him. However, it should be an interesting battle underneath as Hannah has two years experience on the freshman Bowie, who has been averaging 11.1 points and 8.8 rebounds per game. Bowie

leads the Wildcats in blocked shots with 33.

Playing alongside Hannah underneath has been sophomores, Mike Milligan and Bob Van Noy. Milligan topped all scorers last Sunday against Ole Miss in Florida's third straight loss with a 16-point effort. Milligan has pumped in 10.9 points and 4.5 rebounds per game. One more dimension that Milligan adds to the game is a sharp passing ability. Moved from guard to forward at the beginning of the season, Milligan brought with him last season's team-leading 85 assists.

At guard position, the Gators are solid with the duo of Jimmy Cotton and Mark Giombetti. Giombetti, a junior, tossed in 18 points in Florida's 90-72 loss to Mississippi State

earlier in the season and 15 in a 93-88 win over Biscayne. Cotton, a 6-3 junior, will be Florida's counter to the outside bombs of Kentucky's Jay Shidler. Cotton's outside shooting range extends from 20 to 25 feet and has a game high this year of 12 points.

One downfall for the Gators tonight may be their lack of height. Other than reserve center Jim Grandholm, who is 6-11, Florida's tallest player is Van Noy at 6-9, and he has not been tearing up the boards.

Both teams will be going into this game looking to end their respective slumps. Florida has been in a slump all year while Kentucky has only been in their slump for two weeks. The team that comes out of its slump tonight will probably win the game.

A basketball career seen in the eyes of former Kentucky star Jack Givens

This article was submitted by former UK basketball star (and currently a member of the Atlanta Hawks) Jack Givens for the book "Sports in America — Past and Present." The book was funded in part by the Kentucky Humanities Council.

By JACK GIVENS
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I've been asked many times what's the difference between playing college and professional ball. Really it's very much like making the switch from high school to college. The first major adjustment you have to make is to the different styles and philosophies of the coach and his staff. At Bryan Station (where Givens attended high school), Coach Bob Barlow was an easy-going, very religious man who hardly ever got upset. This is not to say that Coach Joe Hall wasn't a religious man, but if I was to say he never got upset I wouldn't be telling the truth. In the three years I was at Bryan Station I can honestly say I never heard Coach Barlow swear. Coach Hall was a forceful man who ran his ship with a strong hand and would go to the end before he would give in to something against his philosophy.

Both men were disciplinarians, and although Coach Hall was a lot tougher than Coach Barlow, they shared a lot of the same problems. They had to win the respect of their players, make sure they all attended class and kept their grades high enough to remain eligible, enforce curfew rules, and other things of this nature.

The big difference was that means each coach used in enforcing the rules when they were violated. Coach Barlow would always talk to a player using reason first. He would sometimes make threats like making a player miss a game if his grades didn't improve or if he was caught missing a class. But usually in high school, and I can only speak for the guys on our team, a threat was all that was needed.

Coach Hall handled his disciplinary problems in a different way. He would also start out trying to reason with a player, but most of the time reason just simply was not enough. As players always seemed to think along a different line than the coach did, especially someone like Coach Hall who was different from every coach we ever had. So while Coach Barlow's major problem was getting guys to go to class every day and make the grades, Coach Hall had to deal

with these problems as well as convincing guys his was not necessarily the right way, but the only way. Period. And believe me, when you have 15 players who think their way is the right way and a coach who knows his way is the right way, there is no way to avoid problems.

In comparing Coach Hall with Hubie Brown of Atlanta, I can say that these men are similar in many ways. By having Coach Hall in college I was very much prepared for someone like Brown. Both believed that his way is the way and both are reluctant to change their philosophies because they both do things that have worked for them and the teams they've coached for many years.

The biggest similarity between these men is that they both love to win. Winning is their livelihood. Consequently they don't let anything or anybody stand in the way of winning. This is very important

because a lot of coaches are intimidated by their star player and try to please him at the expense of the other players. Neither Coach Hall or Coach Brown will hesitate to reprimand his star player when necessary.

Another thing that is similar in the two is that they both believe in playing everybody on the team every game. They both know they could probably have more success by playing five to eight players the whole game as many coaches do. However, by playing everybody, the spirit and morale is much higher for the players. They also know that in the event of an injury to a key player or two there is always someone to step in and replace them.

As for basketball and the actual play, there were many adjustments and changes I had to make as I progressed. The changes were basically the

Continued on page 5

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At UK he enjoyed his freshman year most

Givens says early days in the pros 'were the worst days of my life'

Continued from page 4

same both from high school to college and from college to professional. The first adjustment is to accept the fact that you are no longer the only superstar around. Most players at UK were number one on their high school teams, and many were number one in their state. We were all leading scorers, we received all the praise from our coaches and we each received all the publicity from the press. It's not hard to imagine the problems of trying to please 15 guys with this status.

I think both coaches Hall and Brown handled this problem the best and only way to handle it. They both ignored the fact that we came in as stars by playing no favorites. There were some guys they liked more than others as people, but when it came to basketball everybody was the same. The players who did things their way and did them best were the ones who started and got more playing time. The players who insisted on doing things their own way could, as Coach Hall would say, "rot on the bench."

The practice sessions in both college and the pros were totally new experiences for me. The switch from high school to college was probably the hardest. It was almost like starting all over again. Everything was taught differently than it had been in high school. First of all, in high school we had so much more talent on our team than most high schools we played that we didn't need much coaching. Although we had plays and a couple of zone defenses, our superior talent carried us over the schools from the small counties on our schedule. So a lot of the fundamentals were left out in high school because they weren't needed. At UK it was different. Although we still had a lot of more talent than many of the

teams we played, a fundamentally sound college team can often win over a more talented one that does not work together as a team.

The changes from high school to college ball began even before official practice started. The conditioning program at UK was like a season in itself. There was just as much blood, sweat and tears shed on the track and in the weight room as there was on the court. Since we didn't have a conditioning program at Bryan Station, when I became a freshman at UK I couldn't see the importance of one. Especially one as tough as what I had heard the veterans talking about. I later found out that the vets took pride in seeing who could frighten the freshmen the most and they worked hard at it.

However, before the month of conditioning was over I was a true believer of every horror story I had heard. I'll describe the conditioning program and let you decide. If it does not sound tough I challenge any of you readers to give it a try.

The program was set up in two parts. On Monday, Wednesday and Friday we had sprints and weight lifting. On Tuesday and Thursday we had distance running. Since Tuesday and Thursday were easier days, I'll describe them first. We started out those days with about 15 to 20 minutes of exercises and stretching to loosen up. Then we would start our distance running. Most days this would consist of being driven out in the country, let people out of the van, and told to start running. The van stayed in front of us and kept track of the miles. We never knew how many miles we would run when we took off, but we were always happy when the van finally pulled over. I think the most we ever worked up to was five or six miles, but you know what

they say about those country miles.

Monday, Wednesday and Friday were the hardest days of the program. They consisted basically of 220-yard dash sprints followed by a weight lifting session which lasted anywhere from an hour to an hour-and-a-half. These sessions were also preceded by fifteen or twenty minutes of exercises and stretching - on top of the mile-and-a-half run to the track. Also, before we did our 220's we usually did a couple of 50-yard dashes and a couple of 100-yard dashes and then jogged a lap around the track.

We started out the first Monday with one 220, which I thought was just super. I thought, man, these guys have been talking all this time about how hard this was going to be. This conditioning is going to be a piece of cake. That Wednesday we ran two and Friday we ran three. Sounds easy enough. But each 220 had to be run under 32 seconds. If you didn't make it, you ran it over. This first week was pretty easy, but by Friday we were all dreading the days to come.

Each day the sprints got a little bit harder. And by the time we were up to five and six a lot of guys had missed a time or two. I think I missed about the eighth or ninth day but by then a lot of guys were in worse shape than I was. Mike Phillips had already put claims on the trash can halfway across the field. Danny Hall had put his spot already marked out by a pole on the side of the field.

These places were used to deposit that day's lunch. The big men always seemed to have it tougher than the rest of us. Rick Robey didn't have as much trouble as Phillips and (Danny) Hall, but he missed a few that year too.

We worked up to fourteen 220-yard dashes that year and, believe me, those were the toughest days of my career at UK. Remember each sprint had to be run under 32 seconds, plus we had to run a mile-and-a-half to the track, plus the 15 minutes of exercises. You think it's easy, try it!

So you can see the conditioning is like a season in itself. The training camp in Atlanta was even worse. It was probably the worst two weeks of my life. I never hated basketball more than I did those two weeks. During that time we had what we call "2-a-days," which consisted of a two hour workout in the morning and a two hour workout in the evening. The morning session consisted of an hour and a half of drill work. I mean constant drill work every minute, each drill run a top speed. This is no different from the way we worked at Kentucky but we also went through this the first hour of the evening session. The last half hour of the morning session was spent running plays. And we had so many plays to run and learn. The last hour of the evening session was spent scrimmaging.

The time I wasn't playing ball I was eating or sleeping. We were all put up in a hotel for the training camp. We had free-

dom to come and go as we pleased, but after working out I had no desire to leave the hotel. My body was so sore during the first week or so I couldn't even sleep at night and would sometimes just sit and soak in the bath tub. I thought the last day of training camp would never arrive. And when it did, there was not a happier man on earth.

As far as the actual playing of the game is concerned, everything is pretty much the same. I mean, in both college and the pros, playing ball is playing ball. The overall talent throughout the NBA was a lot stronger than in college. I was surprised that many guys I hadn't even heard of before were some of the better players in the league. The change in the quality of talent was exactly like that from high school to college - it was just unbelievable. But from the time the first ball was tossed up until the final horn sounded, everybody played the game hard. Either they did or they were gone.

Maybe the biggest difference between college and professional ball was getting used to the increased number of games and the constant travel. Our regular season schedule consisted of 82 games, not including the 10 preseason games and nine playoff games. So we played 101 games. That's

almost three college seasons wrapped up into one. We sometimes played as many as five games in seven days, as compared to no more than three games a week in college. Many times it got to the point where I didn't even know who we played from night to night.

The travel was much the same. The airports and hotels started to look more and more alike as the season went on. Of course, some cities are nicer than others, but most were similar in a lot of ways. First, we didn't get to see much of the cities we played in. We would always fly into a town late the day before the game, so all we could do was get something to eat and go to bed. We couldn't do much the day of the game and after the game it was usually late so there was nothing going on. Then we would have to get up early to catch our flight at the airport. So we didn't get to do much exploring in the cities. But for me travel was all right, at least the first time through a city. I had never been to most NBA cities so it was nice to see what little we did see.

I'd have to say I've thoroughly enjoyed my experiences with basketball. I've learned many things about myself and other people. I guess of all the years I've played basketball, I enjoyed my freshman year at

UK the most. Of course, my senior year was not bad, but for me my freshman year beat all. As a freshman I didn't feel the pressure. I felt the other years. Even though I played a lot and started a few games, I wasn't a regular so I didn't have as much weight to carry. The pressure was definitely there, but the seniors of that team carried most of it. We had so much fun that year that I think about it more often than any other. I still remember the game against Indiana in the Midwest finals at Dayton. That was one of the most memorable games of my career. And the police escort that met the bus at the Kentucky-Ohio line and led us back to Lexington was just unbelievable. Naturally going to the NCAA finals in San Diego didn't hurt either.

Kentucky game to be televised

Tonight's basketball action between the Kentucky Wildcats and Florida Gators will be broadcast live on Channel 27 as part of the SEC broadcast series. The game is one of many Wildcat basketball contests to be televised during the course of the 1979-80 college basketball season.

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Eating too much over holidays may make dieting at new center worthwhile



By GARY LANDERS/Kemel Staff

Nellie Scalf, (left) a registered nurse and member of the Lexington Diet Center's national advisory board, weighs Margie Annis at the Center on Southland Drive. Dieters must weigh in daily at the Center and follow a prescribed diet, which is supplemented by vitamins.

By LESLIE OMOHUNDRO
Reporter

Now that the holidays are over, a belly that shakes like a bowl full of jelly doesn't always elicit a chorus of "Ho-ho-ho."

Luckily, the Diet Center, located on Southland Drive, can help to streamline some of those figures still overuffed with holiday goodies.

Nellie Scalf, a registered nurse and member of the Diet Center's national advisory board, opened the local center after going on their prescribed diet herself. "I was impressed with the good nutrition, ease and simplicity of the diet," Scalf said. "I lost 25 pounds in six weeks."

Scalf said the Diet Center focuses on teaching proper nutrition through a program of nutritionally balanced, low-fat meals. Fruits, vegetables, non-fried chicken and fish comprise

the bulk of the diet until dieters reach their desired weight.

After the desired weight is reached, more foods are added to the list of acceptable foods in what is termed the stabilizing time period. This time period lasts until the dieter's weight is no longer fluctuating. A maintenance program is then followed, providing participants with permanent diet guidelines.

The program includes the prescribed diet, supplemental vitamins, counseling, nutritional behavior classes and a daily weigh-in—all for a set fee of \$30 a week. Free counseling and maintenance are provided after dieters reach their desired weight, Scalf said.

UK student Sue Finesilver, an arts & sciences sophomore who successfully completed the diet, now works at the center.

"The diet is easy to follow using the UK meal plans," she said. "I eat at (the) Equinox (in the Student Center) every day. Even the dorm cafeterias have salad bars."

Because the foods suggested in the diet plan are generally cheaper than more conventional foods, eating on the plan saves money, Scalf said.

But, Finesilver said, the process of losing weight doesn't occur if the dieter is not mentally prepared to follow the rules. She compares the whole dieting process as an awakening of the self to the body.

"You find dieting to be a whole communication process with yourself," Finesilver said. "You feel good, you look good."

One culprit to the dieter, Scalf said, is the vending machine.

"I think they're terrific if they offer apples, hard-boiled eggs and the like," she said. "As far as machines that offer bologna sandwiches on white bread go, well, you just don't have to put your money in them. I think public institutions should give people a role in deciding the

type of food that is served to them," Scalf said.

Scalf said she thinks the Diet Center can offer some workable solutions to the junk food problem—a problem she attributes in part to advertising. "Madison Avenue has made us believe that we have to eat at fast food places," she said.

One solution she mentions is exercise. Although the center does not offer an exercise class, it does advocate the proper amount of exercise.

"Most experts agree that vigorous exercise is not good for people who are overweight," Scalf said. "We do advise dieters to walk a lot. We also let them use our indoor

jogger, a type of trampoline that doesn't put pressure on the joints."

Scalf said the concept of a diet center helps people to maintain their diets. "It is hard to lose weight by yourself. You almost have to have someone to account to when you are trying to lose weight," she said.

Finesilver said dieting isn't necessarily the "no food, no festivities" game many think it is. "I went to a party last night and ate cut-up apples. I don't miss the junk that much," she said.

Because overeating is associated with factors such as stress, loneliness, boredom and tension, Scalf said the center's counseling, nutrition awareness and behavior modification

programs play key roles in reducing the influence of these factors on a person's eating habits.

And the Diet Center plan recommends the use of a B-complex vitamin for dieters living in stress-related situations.

Scalf said their largest group of dieters are women, usually from the age of 25 to 45. However, she said the most successful group of dieters are men—about eight have joined the center since it opened.

Scalf said there are about 10 college women enrolled in the program, but no college men. She says the program is "about 50 percent successful. The success ultimately depends on the dieter."

CHE terms, labor wording changed, road fund review set

By MARIA BRADEN
Associated Press Writer

FRANKFORT — Most of the action was in the Senate yesterday when the Kentucky General Assembly returned for its second week after a four-day weekend.

The upper chamber passed its first legislation of the 1980 session—a bill to increase the terms of office of board members of state supported universities and members of the Council on Higher Education from four to six years and a measure that changes "workmen's" compensation to "workers" compensation in state insurance laws.

The Senate also met for the first time as a "committee of the whole"—with every member present—to begin a review of the state's ailing Road Fund.

The sponsor of the education measure, Sen. Robert Martin, (D-Richmond) said it probably would be tested in court, since there are those who think the state Constitution prohibits terms of office longer than four years.

However, he said higher education authorities believe expanded terms would give greater continuity and independence to regents and trustees. And he said the move would prevent any one governor from making all appointments to the state university boards and the Council on Higher Education, as is now the case.

The schools covered by the bill are the Universities of Kentucky and Louisville, Kentucky

State University, Northern Kentucky University, Morehead State, Eastern Kentucky, Western Kentucky and Murray State.

Sen. Georgia Davis Powers (D-Louisville), sponsor of the name change bill, said it would be the "least controversial workmen's compensation bill during the session."

However, Mrs. Davis encountered some stiff opposition to her proposal for changing the name of the system under which workers are compensated for on-the-job injuries.

Sen. Walter Baker (R-Glasgow) said the 138-page bill was needless and "in no way

applies to women's rights."

Sen. Michael Moloney (D-Lexington) said the cost of printing the bill would be a needless expense by the Legislature when it is pressing state agencies to cut costs.

However, the Senate defeated a motion by Baker to send the bill back to committee and then passed it 27-8.

Both measures now go to the House.

The Senate's hour-long meeting as a committee of the whole to review the state's Road Fund was primarily a briefing by legislative staff members on organization of the Transportation Department.

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345 South Limestone 253-1300

A testimonial from a satisfied

KENTUCKY Kernel customer!

Mr. Kevin Cagney Advertising Representative Kentucky Kernel Room 210 Journalism Building Lexington, Kentucky 40506

Dear Kevin:

I would like to take this chance to thank you and the Kernel for helping us make our debut at U.K. a successful one.

As you know, this is our first year at U.K. and we didn't know what to expect from the college market. With your help we have been able to reach our sales goals and effectively meet our competition head-on.

Throughout the year we have placed many advertisements in the Kernel. These ads yielded outstanding results which have added to our success.

The college market has proven to be an important determinant in the success of our store. I am pleased with the Kernel's assistance in capturing this market. We look forward to doing more business with you in the future.

Thankfully yours,

Paul M. Knight

Paul

Let the Kernel work for you too... Call our advertising department today. Phone 258-2872

258-4646

is the number to call for information about the best read bulletin board on campus, the Kernel Classifieds. The deadline for classified ads is noon. One day prior to the day of publication.

The Kernel Classifieds office is located in room 210 of the Journalism Building on campus. All ads must be paid in advance.

classifieds

Rates

CLASSIFIEDS One day, \$1.00 Three days, 95 cents per day Five days, 90 cents per day

The above rates are for ads of 10 words or less, there is an additional charge of 12 cents for each extra word per day.

for sale

BEER CASE-Big Daddy Liquors... 194 PLYMOUTH-1975 after 6PM... HEVI 99 STRAT-Soncher Assy... HEWLETT-PACKARD HP-26 complete... 1972 PLYMOUTH FURY-good shape... DANKROOM EQUIPMENT-complete... I HAVE TEXTBOOKS-PHI 220... ROOMS-U.K. area \$2.50 Mo. 278-3383...

for rent

NEAR UK-1 bedroom \$225 and efficiency... 312 LAFAYETTE Ave-one bedroom... GEORGETOWN-small, remodeled... ROOM WOMEN ONLY-no smoking... 288 SOUTHLIMESTONE-4230 per month... LARGE EFFICIENCY-1 block UK... THREE BEDROOM HOUSE-184 Rosemont... KENTUCKY AVENUE-share 3 bedroom house... PRIVATE ROOM-all bills, parking... MALE STUDENTS-furnished room...

3 ROOM APT-newly decorated... ARE YOU IN MOOD FOR A MOVE?... BELL COURT AREA-2-3 bedroom unfurnished... ONE BEDROOM-1800 month... ROOMS-private bath \$80... STUDENT SPECIAL 'TWEEN UK-City... RENT OPTION-to buy transcript... RENT OPTION-to buy four bedrooms... EFFICIENCY APARTMENTS-160 month... NICE FURNISHED ROOM-on South Hanover... LARGE EXTRA NICE FURNISHED ROOM-on South Hanover... DUPLEX-3 bedrooms... ELEGANT ONE BEDROOM-CENTRAL... STUDENT ROOMING HOUSE-large furnished room... TWO BEDROOM APARTMENT-furnished \$225 plus utilities... UNFURNISHED TWO BEDROOM APARTMENT-195 plus utilities... ROOM 1-BLOCKS FROM CAMPUS-share bath facilities... RESPONSIBLE MALE STUDENT ON STAFF-to share comfortable furnished 2-bedroom apt UK Area... STATE ST-1 bedroom apartment...

help wanted

"A GREAT JOB (Light Delivery)"... PARTIME DRIVER-Afternoons only... CEASAR'S PIZZA-full and partime help wanted... "OFFICE STAFF"-partime positions available... PHOTOCOPYING SERVICE... BASKIN ROBBINS UK-partime Serious employees only... PARTIME ELECTRONIC TECH-needs \$10.00 an hour Basic knowledge required... GUYS AND GALS need models for haircut class... MALE STUDENT-1 bedroom apartment...

WATRESS-WAITER-kitchen help full and part time... YMCA NEEDS PART TIME-Coaches and referees for basketball... WOODLAND PIZZA HUT-Apply between 2 and 4... SECRETARY(STAFF ASSISTANCE)-16 hours per week... FEMALE ROOMMATE NEEDED-to share 2 B.R. Apt... FEMALE TO SHARE-2 bedroom apartment... FEMALE ROOMMATE WANTED-Corn Terrace... FEMALE ROOMMATE WANTED-walking distance to campus... ROOMMATE WANTED-3 blocks from campus... MALE SHARE-3 bedroom 2 story duplex... NEED FEMALE-non smoker to share 3 bedroom Chevy Chase Apt... NEED MALE ROOMMATE TO SHARE-1110 a month... NEED MALE TO SHARE HOUSE-on Waller... MALE OR FEMALE ROOMMATE NEEDED-to share bottom floor of duplex... SHARE HOUSE with graduate student and daughter... NEED MALE ROOMMATE TO SHARE-Northside house... MALE ROOMMATE WANTED-to share two-bedroom apartment... TYPING-theiss dissertation... VOICE, PIANO & ORGAN STUDIES... TYPING WANTED-fast, accurate, reasonable... EXPERIENCE-And Professional typing Nancy Jones... UK OUTDOOR CLUB MEETINGS... THE RED CROSS-will offer an Adapted Aquatic Instructor course... FRESHMAN-There are openings in Freshman Seminars... TUTORING-We have openings in... VETERANS BENEFITS RECIPIENTS... SIGMA IOTA EPSILON... SIGA ACADEMIC AFFAIRS COMMITTEE... WINTER WEIGHT PROGRAM... READERS NEEDED-Read psychology for blend graduate student... ANA MEMBERS-don't forget!... FIGI BILL-I'm anxious to find the third spot... ELY THAX-for finding time in your hectic schedule... TOM AND KYLE-last semester great ready for more Party... ATTENTION LAMBDA CHI CRESCENTS-Meeting Thursday night... HILLES SPRING OVEN-House & Cheese Party... WILLING TO BUY-2 student or guest tickets for Vanderbilt game...

services

WANTED FEMALE ROOMMATE-Woodland Ave... FEMALE ROOMMATE TO SHARE-furnished duplex... FEMALE TO SHARE-2 bedroom fourplex... FACING A STANDARDIZED TEST-Stanley Kaplan comprehensive courses for SAT, MCAT, SAT, GRE, Nursing License... WILLING TO BUY-2 student or guest tickets for Vanderbilt game...

lost & found

LOST-set of keys around new apartments... FOREVER TAN-Sun Tan Clinic Free Visit... SIGMA IOTA EPSILON... WINTER WEIGHT PROGRAM... READERS NEEDED-Read psychology for blend graduate student... ANA MEMBERS-don't forget!... FIGI BILL-I'm anxious to find the third spot... ELY THAX-for finding time in your hectic schedule... TOM AND KYLE-last semester great ready for more Party... ATTENTION LAMBDA CHI CRESCENTS-Meeting Thursday night... HILLES SPRING OVEN-House & Cheese Party... WILLING TO BUY-2 student or guest tickets for Vanderbilt game...

Look for a bargain in Kernel classifieds

KENNEDY'S

**FOR
MORE
USED
BOOKS**