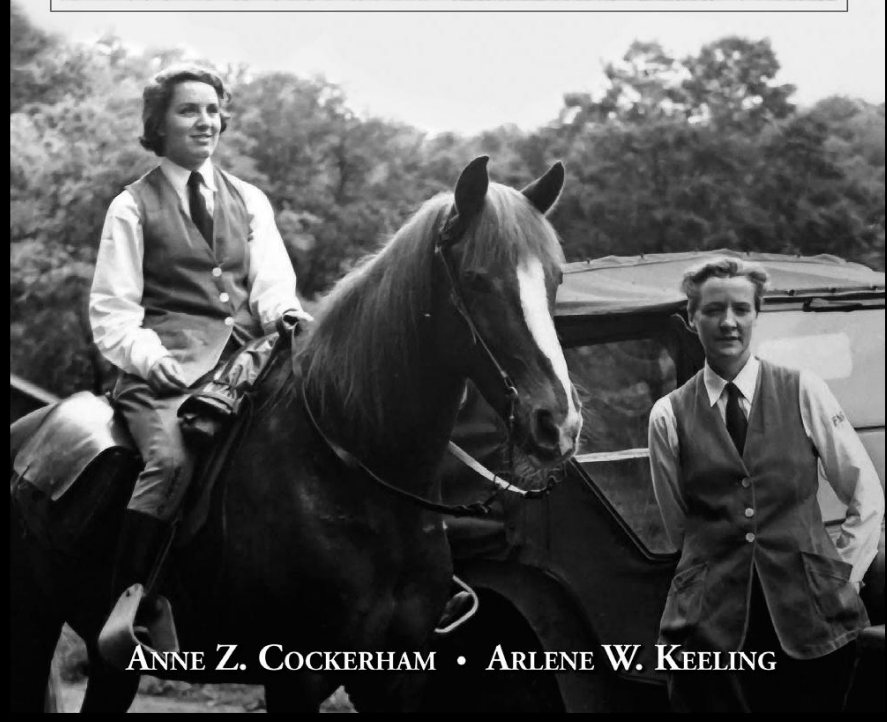




ROOTED IN THE MOUNTAINS, REACHING TO THE WORLD

STORIES OF NURSING AND MIDWIFERY AT
KENTUCKY'S FRONTIER SCHOOL, 1939-1989



ANNE Z. COCKERHAM • ARLENE W. KEELING

HOT OFF THE PRESSES –
A BOOK CELEBRATING
FRONTIER'S EARLY GRADUATES

(PAGE 8)

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On the cover: *Rooted in the Mountains, Reaching to the World* is a beautiful new book that shares the story of Frontier's early graduates. It is coauthored by FNU faculty member Dr. Anne Cockerham and Dr. Arlene Keeling. Pictured in the cover photo are Bertha Bloomer (on the horse) and Betty Lester (standing). Read more about the book on Page 8.

Introduction to Frontier Nursing University

Mary Breckinridge spent her early years in many parts of the world – Russia, France, Switzerland and the British Isles. After the deaths of her two children, she abandoned the homebound life expected of women of her class to devote herself to the service of others, particularly mothers and children.

Mary Breckinridge founded the Frontier Nursing Service in 1925 after several years of studying and practicing nursing and midwifery in the United States, England, Scotland and France. It was the first organization in America to use nurses trained as midwives collaborating with a single medical doctor/obstetrician, based at their small hospital in Hyden. Originally the staff was composed of nurse-midwives trained in England. They traveled on horseback and on foot to provide quality prenatal and childbirth care in the client's own home. In 1939, Mrs. Breckinridge established a school of nurse-midwifery. The school provided graduates, many of whom stayed to offer care to families in Leslie County, Kentucky.

Today, Mrs. Breckinridge's legacy extends far beyond Eastern Kentucky through Frontier Nursing University (FNU), which offers a Doctor of Nursing Practice degree and a Master of Science in Nursing degree with tracks as a Nurse-Midwife, Family Nurse Practitioner and Women's Health Care Nurse Practitioner. FNU has students and graduates serving all 50 states and many countries.

Mary Breckinridge's home, The Big House, located at Wendover, is a licensed Bed & Breakfast Inn. For more information or reservations, call (606) 672-2317 or e-mail michael.claussen@frontier.edu.

Mary Breckinridge said: "Our aim has always been to see ourselves surpassed, and on a larger scale." (*Wide Neighborhoods*, 1952)

www.frontier.edu

THE JOURNEY

*By Dr. Susan E. Stone,
Frontier Nursing University President and Dean*



JOIN US IN CELEBRATION THROUGHOUT 2012

This year marks a time of incredible celebration at Frontier Nursing University, filled with exciting events, new projects and innovative programs. The months ahead promise to be exhilarating: we look forward to seeing our friends at Committee luncheons across the country, welcoming our Frontier family back to Hyden for the annual Alumni Homecoming & Courier Conclave, and honoring our founder during the 50th anniversary of the Mary Breckinridge Festival.

We're also thrilled to announce the release of a highly anticipated book about Frontier's "Pioneer" graduates, and we're looking forward to welcoming Class 100 to campus for Frontier Bound. The energy can be felt within the faculty, staff and student body. We hope you can join us in celebration this year!

50th Anniversary of the Mary Breckinridge Festival – Hyden, KY

The City of Hyden and the University are busy preparing for the annual Mary Breckinridge Festival, set for Oct. 5-7. This year marks the 50th

anniversary, and many special events and activities are being planned to commemorate this milestone year. As in past years, FNU is hosting our annual Alumni Homecoming & Courier Conclave in conjunction with the festival. FNU staff and city representatives are working together to coordinate festival and homecoming activities to ensure a memorable time for everyone. If you haven't been back to Hyden recently, we hope you will consider sharing in this special weekend with us. You can read more about homecoming on Page 17.

Rooted in the Mountains, Reaching to the World:

Stories of Nursing and Midwifery at Kentucky's Frontier School, 1939-1989

When we embarked on the Pioneer Project in 2006, we hoped to gather memories and photos from our earliest graduates, those who attended Frontier when it was a campus-based program. We wanted to reconnect with these alumni and learn how their Frontier education influenced their professional lives. The tales that emerged from these interviews were fantastic. To bring these stories to a wider audience, Frontier faculty member and alumna Anne Cockerham began work on a book to showcase the project. You have read about the Pioneer Project frequently through the years, and it is our pleasure to announce the release of *Rooted in the Mountains, Reaching to the World: Stories of Nursing and Midwifery at Kentucky's Frontier School, 1939-1989*. You can learn more about Dr. Cockerham's book on Page 8.

Celebrating Class 100

On May 15, FNU will welcome Class 100 to our Hyden campus for orientation. It's hard to believe we will celebrate our 100th class since the inception of the Community-based Distance Education Program in 1989. We have graduated five times more graduates since starting this program than we did in the first 50 years! This important milestone will be celebrated through a series of communication efforts as well as an on-campus celebration. Read more on Page 7.



FNU remains a fast-paced and thriving institution. Thanks to the support of former Couriers, alumni and more than 5,000 faithful supporters nationwide, we are growing and changing to remain a leader in nursing education. We hope you enjoy reading about the wonderful events ahead and will join us at one of our celebrations.

FNU endowment campaign update

Honoring our past, focusing on our future



Your investment in Frontier Nursing University is an investment in quality healthcare for all

As we have announced in earlier Quarterly Bulletins, Frontier Nursing University has embarked on a campaign to raise \$10 million to fund a supporting endowment for the University. This endowment will provide annual income to support our faculty, students and campus, allowing FNU to maintain an affordable tuition for our students and continue to innovate and grow as needed.

At FNU, the mission to serve families is embraced wholeheartedly by our students, alumni, faculty and staff. It drives our work each and every day, motivates students to push through and study hard, and inspires graduates to provide compassionate care. We cannot say enough about the thousands of graduates, and thousands of students who will follow them, who are

TO MAKE A GIFT

Gifts to the endowment can be made in cash, gifts of stock, or as planned gifts/bequests to be realized in the future. Pledges of support can be made for a period of up to five years. Please call Denise Barrett, Director of Development, with any questions about giving to the campaign at 662.846.1967.

dedicated to providing quality healthcare to families across the globe.

We are honored that you are part of this national – really global – movement to improve the health of women and families. No matter where you live, any state, rural or urban, a Frontier nurse is not far away. And more Frontier nurses are on the way. We are operating the largest graduate school of nursing in the country and with outstanding results. Our graduates have higher pass rates on the national certification exams and are serving more rural and medically underserved families than any other institution. It truly is remarkable, and in the words of our founder, “The glorious thing about it is that it has worked.”

The faculty of FNU is supportive of the campaign, as indicated by their financial support. More than 30 faculty have already signed up to support the campaign and pledged more than \$100,000 to the goal. The Leadership Council for the campaign, comprised of 23 volunteers, is also showing their support with initial gifts of nearly \$100,000 in just our first year. Together, we can meet our goal and provide financial security for our students, faculty and historic campus.

Please join with us to help meet our campaign goal and seed an endowment that will support FNU in perpetuity. Your gift to the endowment is the gift that will keep on giving, providing financial stability, support and funding to continue to meet the educational needs of aspiring nurse-midwives and nurse practitioners to serve future generations of your family.

DONOR RECOGNITION LEVELS

Gifts to the FNU Endowment Campaign are recognized in the Mary Breckinridge Society at the following levels:

Founding Trustee: \$1 million and above

Life Trustee: \$500,000 - \$999,999

Trustee: \$250,000 - \$499,999

Ambassador: \$100,000 – \$249,999

Sponsor: \$50,000 - \$99,999

Steward: \$25,000 - \$49,999

Patron: \$10,000 - \$24,999

Friend: \$5,000 - \$9,999

Supporter: \$1,000 - \$4,999

ALUMNI SPOTLIGHT

Recent graduate opens clinic to serve his community

As a family nurse practitioner, William Miller seeks to make a difference one patient at a time. “I am looking for the ‘one’ – someone whom I haven’t met, but needs me to touch their life in some way.”

That desire to make a difference has led William, a 2011 graduate of Frontier Nursing University, to open the Lighthouse Family Clinic in Ocean Shores, Wash., to provide care to a community that is rural and underserved. Lighthouse is a same-day appointment clinic and chronic care location for people of the Ocean Shores and the north beach.

“My community and surrounding area of 12,000 has very limited health-care options,” William says. “There is a community health center that provides care to about 40 people a day. Many more are turned away and forced to rely on the emergency room 40 miles away. The closest urgent care is 75 miles away. There are no private clinics or medical offices for 40 miles.”

William points out that while two OB-GYNs – who are 40 miles away – serve his community, there is no midwifery care for 70 miles. So he is partnering with Sylvia Swanson, who will graduate from Frontier’s CFNP program in the months ahead, to offer a women’s clinic twice a month at Lighthouse. He said Sylvia’s plans are to provide a Woman for Woman Clinic and midwifery service in Ocean Shores.

“In an era where healthcare should be available to all, here there is little,” he says. “We will put the care back in healthcare.”

William is a Class 62 graduate of Frontier’s ADN-MSN Bridge option, which allows associate degree nurses to complete their master of science in nursing with some coursework to “bridge” them into the specialty track of their graduate program.

He is grateful to Frontier for nurturing him along this path of helping others. “Thank you for helping me make my dream come alive.”

“Frontier knows how to teach the online course material,” William says. Having recently passed his national boards, William says he knows other FNP students from campus-based programs who were not as well-prepared as he was. “Frontier and its faculty know what education is.”



William Miller, MSN, FNP, ARNP, NP-C

CLASS NOTES

Angela Kreider, a Class 31 CNEP alum who graduated in 2006, has recently opened a clinic, Women's Circle Nurse-Midwife Services Inc. in Yuba City, Calif. Angela will be providing holistic and compassionate care to women of all ages and providing birth services at the local hospital. She was part of a long-time nurse-midwife service known as Great Beginnings, which closed in August, and decided to keep the torch burning to give women in her community access to nurse-midwifery care, regardless of whether they are insured. Angela says she looks forward to serving women in her community who have come to value the care of midwives. At the same time, she aims to increase knowledge and awareness of midwifery care. Women's Circle celebrated its grand opening March 27. For more information, visit the website at www.yubasuttermidwife.com.

Pam Holtz, a Class 72 CFNP graduate, has been hired as a family nurse practitioner on the emergency medicine team at Essentia Health's 32nd Avenue campus in Fargo, ND. Before becoming a nurse practitioner, Pam was an RN in the emergency department at Essentia. She has experience in pain management, endoscopy and critical care. She previously worked at the University of Minnesota Hospital as a flight nurse and in the Pediatric Intensive Care Unit.

FNU welcomes our 100th distance-learning class

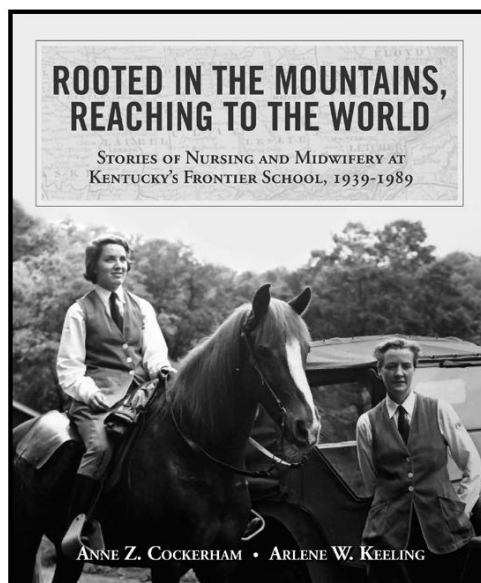
This May, Frontier Nursing University is proudly celebrating the 100th class since the inception of the Community-based Distance Education Program in 1989. The goal of the community-based distance education model was to enable nurses to remain in their communities while obtaining graduate education and ultimately increase the number of nurse-midwives and nurse practitioners working in underserved areas. This distance-education model has helped FNU serve the mission that Mary Breckinridge set forth more than 70 years ago.



With more than 2,000 graduates since this model was introduced, FNU is proud to see our students and alumni continuing to serve women and families in all areas with an emphasis on rural and underserved populations.

Class 100 will be welcomed to the Hyden campus for Bridge Bound, May 15-18. This important milestone will be celebrated through a series of communication efforts as well as an on-campus celebration.

BEYOND THE MOUNTAINS



FNU proudly announces ‘birth’ of book about our Pioneer graduates

Rooted in the Mountains, Reaching to the World: Stories of Nursing and Midwifery at Kentucky's Frontier School, 1939-1989

Six years after the launch of Frontier’s Pioneer project, we are overjoyed to announce the publication of this highly anticipated book chronicling the graduates who attended Frontier during its first 50 years.

In *Rooted in the Mountains, Reaching to the World*, nurse historians Anne Cockerham, a Frontier faculty member and graduate, and Arlene Keeling share a fascinating glimpse into a part of nursing history that has received little attention until now – the stories of pioneering students who attended one of the first nurse-midwifery schools in America.

When she wrote her autobiography, *Wide Neighborhoods*, in 1952, Mary Breckinridge reflected on what her beloved Frontier Nursing Service had achieved since its founding in 1925. She compared FNS to a tree, a metaphor that aptly described the service’s steadfast and powerful roots in the mountains of Eastern Kentucky, as well as the plentiful yield of healthy babies delivered by the Frontier nurses. Mrs. Breckinridge was equally proud of another of the Frontier Nursing Service’s products: the hundreds of graduates of the Frontier Graduate School of Midwifery (later called the Frontier School of Midwifery and Family Nursing and today known as Frontier Nursing University.)

Through their subsequent work in the United States and around the world, Frontier alumni constitute a significant portion of the Frontier legacy. Through their care of thousands of women, babies and families, the graduates have provided “shade and fruit” to many. The stories and experiences of the early Frontier graduates provide a fascinating glimpse into this part of nurse-midwifery history.

Frontier students embraced adventure. They crossed swinging bridges high above rushing creeks, rode horses through snow-covered hollows, attended births in remote cabins, vaccinated mountain children against potentially devastating illnesses, and provided healthcare for entire families (including the families’ pigs, horses and dogs). The students endured extremes of weather, long hours, and separation from family and friends. Many were motivated by gaining valuable experience that would prepare them for international missionary work or care of women and families in rural areas of the United States.

Studying in remote Eastern Kentucky launched the careers of hundreds of nurse-midwives and family nurse practitioners, allowing them to touch the lives of countless women and families around the world.

Using photographs and alumni memories, *Rooted in the Mountains, Reaching to the World* captures the unique and exciting experiences of the students who lived, learned and established deep and meaningful roots at the Frontier School between its inception in 1939 and the School’s transition to a distance-learning format in 1989.

TO ORDER THE PIONEER BOOK

The book retails for \$30 plus tax and shipping and is available from the following vendors:

■ **Butler Books**,
www.butlerbooks.com
or 502.897.9393. You can also complete the order form on the next page to mail or fax in your order.

■ **Frontier Nursing University gift shop*** –
606.672.2312

* Limited copies are available in the gift shop; we encourage you to direct phone, online and mail orders to Butler Books.



FRONTIER NURSING UNIVERSITY

ROOTED IN THE MOUNTAINS, REACHING TO THE WORLD

STORIES OF NURSING AND MIDWIFERY AT KENTUCKY'S FRONTIER SCHOOL, 1939-1989

To purchase copies, order online at www.butlerbooks.com or complete the order form below and mail or fax it to Butler Books, P.O. Box 7311, Louisville, KY 40257 – Fax (502) 897-9797

I would like to purchase the following number of copies of Rooted in the Mountains, Reaching to the World by Anne Z. Cockerham and Arlene W. Keeling	Quantity _____	Unit Price x \$30.00	Total \$ _____
		Sales Tax (6% KY Addresses only, if applicable)	\$ _____
		Shipping and Handling (USPS Media Mail) (\$6.00 for the first book; \$2 per book thereafter)	\$ _____
		TOTAL	\$ _____

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Calling all Couriers!

Please share your memories and photos for inclusion in our Courier History Project

On the heels of the Pioneer Project, Dr. Anne Cockerham is embarking on a similarly exciting project to document the history and impact of the Frontier Nursing Service Couriers. This oral history project will serve to showcase the incredible service the Couriers provided to Frontier spanning more than 80 years.

Dr. Cockerham will conduct in-depth oral histories with a number of Couriers representing various decades. In addition to these histories, we want to gather as much additional information as possible for inclusion in the book. This is where you come in! Please take a few minutes to complete this form and mail it to Frontier (132 FNS Drive, Wendover, KY 41775) or email it to denise.barrett@frontier.edu. We want to be inclusive of all former Couriers whose volunteer work with Frontier undoubtedly made a positive impact on the community and our work.

COURIER HISTORY PROJECT

Name: _____

Street address: _____

City: _____ **State:** _____ **Zip:** _____

Phone: _____ **Email:** _____

Year/Time period as Courier: _____

Favorite Memory as a Courier: _____

Yes, I have photos I would like to share! Please send me instructions for sending copies of photos.

I am interested in being interviewed for this project.

* Submission of this form grants authorization for FNU, Inc. to use information for publication and distribution. Personal information including address, phone and email will not be printed or shared with outside parties.

Make plans to attend the annual FNU committee luncheons

It's time again for the annual spring committee luncheons. We enjoy these annual events where we have the opportunity to give thanks to Frontier supporters in-person and provide updates on the work and future of Frontier. Please mark your calendar for an event near you!

Washington, D.C., Committee Derby Party, hosted by Mrs. Ruth Newell

Many of our Washington, D.C., area friends and supporters remember fondly the annual Derby Parties hosted at the home of Mrs. Marvin Breckinridge Patterson. This annual event brought together Frontier staff, friends, alumni and others interested in our mission to hear important updates on the work of Frontier and receive our greatest appreciation for their ongoing support, all while celebrating the annual Kentucky Derby.

This year, we were excited to revive the Kentucky Derby theme with a wonderful gathering at the Congressional Country Club in Bethesda, Md., hosted by Mrs. Ruth Newell, former Washington, D.C., Committee chairperson and longtime Frontier supporter. We wish to extend a special thanks to Mrs. Newell, Molly Singerling, Marion McCartney, Linda DeVries, Sally Tom, Anne Cockerham, and Cherry Wunderlich for helping bring this successful luncheon together. Our guests enjoyed a Kentucky-themed buffet and silent auction as well as a book signing by Dr. Anne Cockerham and Dr. Arlene Keeling, who recently co-authored a book about Frontier's early graduates.

We were pleased to be joined for the first time at this event by Arthur Perry, son of the late Mardi Perry, a Courier and longtime Frontier supporter for whom Mardi Cottage on our Hyden campus is named. Also celebrating with us were Kitty Ernst, FNU's Mary Breckinridge Chair of Midwifery, and her daughter, Kate Bauer, who is the executive director of the American Association of Birth Centers. Many other longtime friends, including Frontier Trustee Joan McPhee and Catherine Davis, a veteran member of the Washington Committee, joined us.

Over a delicious lunch that included country ham biscuits, grits and other Bluegrass specialties, Dr. Susan Stone, FNU President and Dean, delivered a presentation about the university and the impact that our graduates are making. Thanks to all of our friends and supporters who shared time to be with us. We look forward to seeing you again next year!

QUARTERLY BULLETIN



Mrs. Ruth Newell, front, graciously hosted our Washington Committee Luncheon at the Congressional Country Club. She is joined in this photo by, from left to right: Catherine Davis; FNU President and Dean Susan Stone; Priscilla Becker; and Molly Singerling, a member of the event planning committee and Mrs. Newell's daughter.



Former Couriers Abigail Porter and Cherry Forbes Wunderlich



Peggy Soderstrom, Linda DeVries (a member of the planning committee) and Pat Travis



Arthur Perry with Denise Barrett, FNU's Director of Development



Evelyn and Fred Harris with FNU President Susan Stone

Boston Derby Party, hosted by Abby and Peter Breckinridge Coffin

Peter Breckinridge Coffin and his wife, Abby, hosted a Kentucky Derby party on May 5 to benefit Frontier Nursing University. The event was hosted at historic Gore Place in Waltham, Mass. Nearly 100 of the Coffins' friends and colleagues and many longtime Frontier supporters attended this festive event. Guests enjoyed mint juleps and Kentucky-inspired dishes leading up to the "Run for the Roses," which was shown on a large-screen TV for the party. President Susan Stone and Director of Development Denise Barrett traveled to Boston to represent FNU during the event. President Stone provided guests with an introduction to FNU and our mission.

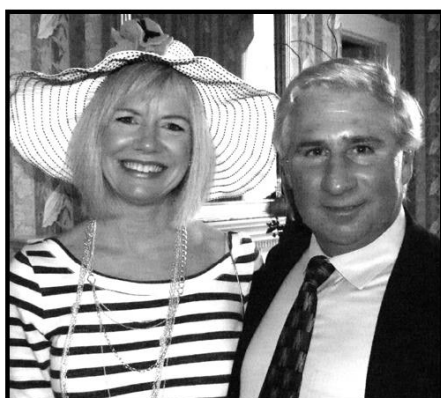
We were overjoyed to see several FNS Couriers, including Muffin O'Brien, Lois Cheston and Deborah Smith. Several members of the Breckinridge family were also in attendance, including Peter Coffin, John and Anne Grandin, and Lees Breckinridge Yunits. We were honored to have this opportunity to see old friends and introduce Frontier to many new friends. We extend a huge thank you to our hosts Peter and Abby for a wonderful event!



FNU President Susan Stone with former FNS Courier Muffin O'Brien



FNU Director of Development Denise Barrett and President Stone posed with Peter Breckinridge Coffin and his wife, Abby, who hosted a lovely Derby Party on behalf of FNU.



Lees Breckinridge Yunits attended the Boston event with her husband, Jack.



John and Anne Grandin, pictured with former Courier Lois Cheston

**New York City Committee Luncheon,
hosted by Dr. Ruth Lubic**

Noon Wednesday, June 27 ♦ Cosmopolitan Club ♦ 122 East 66th Street ♦ New York, NY 10065

Frontier has been hosting this annual event at the Cosmopolitan Club for many years. Some of our regular attendees remember when Mary Breckinridge would travel to New York and host supporters at the Cosmopolitan Club. We are honored to continue this tradition today. Former Couriers LouAnne Roberts and Sarah Bacon, both New York City residents, are helping to plan this year's event, and we look forward to sharing news from the Frontier with you there.

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We are also starting to plan fall luncheons in Lexington, Louisville, Philadelphia and Cincinnati. We will announce those details in our next Quarterly Bulletin.

We cannot thank our hostesses and committee members enough for their tireless work securing locations, planning event details, and helping us to reach out to supporters in their region. The committee events are a great opportunity for Frontier to thank our supporters and inform you of our important mission and work. Formal invitations for these events are mailed to friends in these regions. If you have any questions, please contact Denise Barrett at 662.846.1967 or Denise.Barrett@frontier.edu.

**Plea for knitted lap quilts,
baby caps and scarves**

Frontier nurse-midwifery students present baby caps to the first baby they deliver, and our nurse-practitioner students present lap quilts or scarves to their patients. Frontier receives these items from our knitting friends, and as Frontier Nursing University continues to grow by leaps and bounds, we need more and more of these items. The size needed for lap quilts is approximately 40-by-42 inches. Yarn should be worsted weight.

Our graduates are honored to pass these handcrafted treasures on to their patients and share the story of Frontier!

ALUMNI EVENTS

Annual Frontier alumni receptions are just around the corner

Each year we look forward to several conferences where we gather our alumni, faculty, students, friends and preceptors for an evening of celebration and sharing. If you are a graduate, student or FNU preceptor planning to attend the ACNM or AANP conference, be sure to join your Frontier family at one of our annual receptions. If you have questions, contact the alumni office at 859.253.3637, ext. 5014 or alumniservices@frontier.edu.

JUNE 4

American College of Nurse-Midwives Annual Meeting, Frontier Nursing University Reception

7 p.m.-9:30 p.m. Monday, June 4 ♦ Beacon B Ballroom
Hyatt Regency Long Beach ♦ Long Beach, CA

The ACNM Frontier Reception is our most popular alumni event with more than 100 people in attendance. Dr. Susan Stone provides updates on Frontier, we pass the microphone to encourage alumni to share their updates, and we always “Circle Up” in song. This year’s reception also will be the formal kickoff to the “1,000 for \$1,000” campaign, which aims to secure commitments from 1,000 faculty, alumni, students and preceptors to support our mission by pledging or donating \$1,000 each toward the FNU Endowment Campaign. The “1,000 for \$1,000” campaign will represent 10 percent toward our full campaign goal – we hope you will join us on this evening and pledge your support to the future of Frontier!

JUNE 20

American Academy of Nurse Practitioners National Conference, Frontier Nursing University Reception

7 p.m. Wednesday, June 20 ♦ Taverna Opa Greek Restaurant in the Pointe Orlando complex
9101 International Drive #2240, near the convention center ♦ Orlando, FL

The Frontier Reception hosted at this annual conference grows each year as more and more students graduate from our nurse practitioner track. Join us for a night of Frontier fellowship and celebration as Dr. Julie Marfell, Associate Dean for Family Nursing, leads this event, sharing updates about our university, our graduates, and the “1,000 for \$1,000” campaign. Join us for live entertainment and a festive Mediterranean atmosphere on the patio of Taverna Opa.

Don't miss Alumni Homecoming & Courier Conclave! Make your reservation!

If you haven't been back to Hyden in a while, this fall will be a perfect time to make the trip. The City of Hyden is gearing up for an exciting celebration to mark the 50th anniversary of the Mary Breckinridge Festival, and Frontier will be joining in on the fun with our 2012 Alumni Homecoming & Courier Conclave, which is always held in conjunction with the festival.

Frontier Nursing University has special plans for this year's event, and we encourage alumni and Couriers to return to Hyden to join us for this wonderful celebration, set for Oct. 5-7. To honor Mrs. Breckinridge and the wonderful legacy she has created, we invite alumni, former Couriers, students and Frontier staff from all decades to participate with us in the festival parade. Other plans for the weekend include excursions to historic Beech Fork Clinic; tours of the Wendover and FNU campuses; Mary Breckinridge Festival activities; a book signing by Dr. Anne Cockerham, who recently completed a book about our Pioneer graduates; and presentation of the 2012 Alumni Distinguished Service Awards.

During dinner at Wendover on Saturday evening, Dr. Holly Powell Kennedy will be presented with the Distinguished Service to Society Award, and Tracy Ryan, owner of Mountain Midwifery Center, will be presented with the Distinguished Service to Alma Mater Award. Dr. Kennedy, current President of the American College of Nurse-Midwives and the Helen Varney Professor of Midwifery at Yale University, is being honored for her contributions to the nurse-midwifery profession and her long history of helping improve care for women and families. Mrs. Ryan, who founded and currently operates the only freestanding birth center in Colorado, is being honored for her dedication to current Frontier students. The birth center has precepted several Frontier nurse-midwifery students over the years.

Plans are being made for other activities and excursions that will be offered during the weekend. We encourage you to make your reservation early if you want to stay on campus or in one of the remaining rooms in the Barn at Wendover. Or we can provide a list of nearby hotels. Registration for the full weekend is \$175 and includes select meals and all excursions and activities. Please call 859.253.3637 ext. 5014 to register, or you can register online at www.frontier.edu/homecoming.

DEAN'S REPORT



*By Dr. Janet Engstrom,
FNU Associate Dean for Research*

FNU fostering faculty scholarship in the tradition of Mary Breckinridge

Two years ago, Frontier Nursing University created an Office of Research and created a position for an Associate Dean for Research. Although the creation of this office and deanship were new to FNU, there is a long tradition of research and scholarship associated with the Frontier Nursing Service (FNS). Mary Breckinridge was a consummate scholar – she read broadly and solicited information from a wide array of scholars, researchers, clinicians and other experts. Mrs. Breckinridge also published extensively and presented the work of the FNS to audiences near and far. And, few would dispute that the ongoing publication and presentation of the improved health outcomes associated with the care provided by the Frontier Nursing Service was a key component in its long-standing success.

In keeping with the long tradition of research and scholarship associated with the FNS, Frontier Nursing University has specifically focused on facilitating faculty scholarship. During the past two years, faculty have dramatically increased the number of publications and presentations, and several faculty have completed doctoral education.

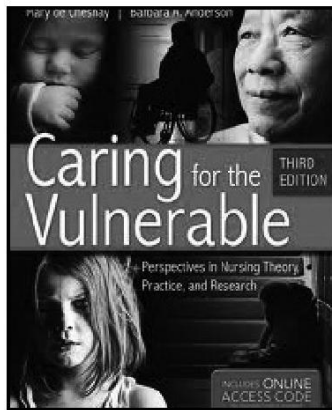
During 2011, faculty members had 26 publications. Ten of those publications were original articles in peer-reviewed journals such as the *Journal of Midwifery & Women's Health*, *Nursing Education Perspectives*, *Journal of Human Lactation*, *Journal of the Medical Library Association*, and *Quality Management in Health Care*. These published papers included reports of original research as well as scholarly reviews of the literature. Faculty members also published seven book chapters and were the authors of two manuals relevant

to midwifery, including *How to Start a Birth Center* and the *ACNM Exam Prep Workbook* for 2011. Other publications also included special features and book reviews that appeared in a variety of widely read journals such as *The Nurse Practitioner* and *Nursing for Women's Health*. Faculty members also authored several documents and guidelines for professional organizations such as the National Organization for Nurse Practitioner Faculties.

In addition to publications, 2011 was a productive year for faculty presentations. Faculty gave 31 podium presentations and 24 poster presentations. Almost all of these presentations were at national or international meetings such as the American College of Nurse-Midwives, American Academy of Nurse Practitioners, National Organization for Nurse Practitioner Faculties, National League for Nursing, American Public Health Association, Society for Applied Anthropology, and the American Association for the History of Nursing annual conferences.

Last year also brought the completion of doctoral study for six faculty members. One faculty member completed a Doctor of Philosophy degree and five completed Doctor of Nursing Practice degrees. Several faculty members are currently enrolled in doctoral study and the coming year should bring several additional doctorates to FNU.

Another exciting scholarly achievement is the publication of four books authored and edited by our faculty members. Dr. Barbara Anderson's book,



Caring for the Vulnerable: Perspectives in Nursing Theory, Practice and Research (3rd ed.), has already been released and was selected as a “book of the year” by the American Journal of Nursing. This book is used extensively in undergraduate and graduate nursing programs across the United States. Another book that has just been released is Dr. Anne Cockerham's book describing the history of our university titled, *Rooted in the Mountains, Reaching to the World: Stories of Nursing and Midwifery at Kentucky's Frontier*

School, 1939–1989. This beautiful book describes the history of the university during its first 50 years of operation. The book is replete with vivid stories and beautiful photographs detailing the experiences of the Frontier students, nurses and nurse practitioners.

Two additional books will be released in the coming year. Dr. Robin Jordan is the author of the fourth edition of *Clinical Practice Guidelines for Midwifery & Women's Health*. This book is widely used by practicing midwives and midwifery educational programs throughout the United States. Finally, Dr. Barbara Anderson and Dean Susan Stone's forthcoming book,

Best Practices in Midwifery: Using the Evidence to Implement Change, will be in print later this year.

These many scholarly achievements by faculty members demonstrate the breadth and depth of their knowledge and skill, and their continued commitment to disseminating their research and scholarship. The number of textbooks authored and edited by our faculty also demonstrates their commitment to providing excellent textbooks for the education of nurses, nurse-midwives, and nurse practitioners. Finally, the publication of a book documenting our history will preserve another aspect of the FNS and its long-standing commitment to the education of nurse-midwives and nurse practitioners.

FIELD NOTES

Strong Start Initiative announced at Developing Families Center in D.C.

On Feb. 8, Health and Human Services Secretary Kathleen Sebelius announced the Strong Start Initiative, which will provide more than \$40 million in grants to:

- test ways to reduce the increasing number of preterm births in America
- ensure more babies are born healthy, and
- create a public campaign to reduce early elective deliveries.

Secretary Sebelius made this announcement to the media, stakeholders and community from the Developing Families Center in Washington, D.C. The Developing Families Center was founded by Dr. Ruth Lubic, a dear Frontier friend, who was bestowed an honorary doctorate at FNU's October 2011 commencement. The Center provides a birth center, health center, and childcare for a predominantly low-income and African-American population. The Center has shown improved health outcomes for its clients and has reversed health disparities typically seen in the population.

It's no coincidence that The Center was chosen as the location for this announcement. It serves as a model for providing care to women and families.

According to HHS, more than a half-million infants are born prematurely in America each year, a trend that has skyrocketed by 36 percent over the



Dr. Susan Stone, left, President of Frontier Nursing University, and Marion McCartney, right, a member of FNU's Board of Directors, visited Dr. Ruth Lubic at the Developing Families Center in Washington, D.C.

last 20 years. Children born preterm require additional medical attention and often require early intervention services, special education and have conditions that may affect their productivity as adults. To tackle this problem, the Center for Medicare and Medicaid Innovation will award grants to healthcare providers and coalitions to improve prenatal care to women covered by Medicaid. The grants will support the testing of enhanced prenatal care through several approaches under evaluation, including through group visits with other pregnant women, at birth centers providing case management, and at maternity care homes where pregnant women have expanded access to better coordinated, enhanced prenatal care.

This initiative is a positive step forward for the nurse-midwifery profession. We hope to see the Initiative demonstrate the safe, effective, cost-efficient care that nurse-midwives provide in birth centers. We hope this will lay the groundwork for a future healthcare system where increased numbers of women have the option to receive prenatal care and deliver babies in birth centers under the care of a nurse-midwife and team of supporters.

For more information on the grants and to learn more about efforts to reduce preterm births and early elective deliveries, please visit: www.innovation.cms.gov/initiatives/strong-start

Queen Names Heights Woman To the Order of British Empire

In announcing her New Year's honors last week, Queen Elizabeth II named Williamina Bertram Ireland of 19 Pierrepont St., a member of the Order of the British Empire.

Miss Ireland, who came to Brooklyn from Edinburgh 30 years ago, received the award for her work as secretary of the British War Veterans of America and member and leading-office holder of the St. Andrews Society, the Daughters of the British Empire and the British Merchant Navy Club at 129 Pierrepont St. She also serves on the committee of the Victoria Home for Aged British Men and Women, in Ossining.

During World War I Miss Ireland served in Salonica with the Scottish Women's Hospitals. Recently she did a survey in Kentucky for the Frontier Nursing Service. She frequently visits England.

The Order of the British Empire was founded in 1917 by King George V as an award to those "who rendered important service to our empire." The insignia for the member



Eagle Staff Photo by Krub
Williamina Bertram Ireland

grade is a silver cross pattée (a cross whose arms end in a fleur-de-lis pattern). In the center of the cross is the figure of Britannia, circled by the inscription "For God and Empire." The cross is suspended by a purple ribbon.

Miss Ireland, the only woman in the New York area to receive the award this year, will be entitled to put the initials M.B.E. after her name.

Fairchild 'Walkout' Only a 'Holiday'

Farmingdale, Jan. 3 — Union and management denied today that there was any "sympathy" walkout by employees at the Fairchild Engine and Aircraft Corporation plants because of the Wednesday layoff of 93 employees.

The absence of several hundred workers from comparable plants here, and in Val

Article from the Brooklyn (NY) Daily Eagle, 1953

The 'Royal' Frontier

Back in 2007, Dr. Susan Stone had the pleasure of traveling to Scotland with Kitty Ernst, Mary Breckinridge Chair of Midwifery at FNU, and Susan Stapleton, DNP, CNM. During their visit, the group retraced the steps of our founder, Mary Breckinridge, as she toured the area learning about their methods for providing healthcare services to rural populations in the remote islands. This experience inspired Mrs. Breckinridge to replicate the model in the rural Appalachian Mountains and establish the Frontier Nursing Service.

During the trip, the group met Mr. Chris Holme, Communications Manager for the Scottish Government. Mr. Holme shared a keen interest in the work of Frontier Nursing and the historical connections our organization has with Scotland. We recently heard from Mr. Holme as he continues to share with us the rich history of FNS in the region.

Mr. Holme recently discovered information regarding Miss Bertram Ireland, who carried out the original survey of mothers and babies in Leslie County, Kentucky, for Mary Breckinridge in 1923. Miss Ireland was

recommended to Mary Breckinridge by Sir Leslie Mackenzie and Lady Helen Mackenzie because of her work with them for the 1917 Carnegie-funded survey of child and maternal health in Scotland. She was nicknamed “Ireland from Scotland” and was awarded the Member of the Order of the British Empire (MBE) in what would have been the present Queen Elizabeth’s first honors list in 1953.

Lady Helen Mackenzie toured Britain extolling the work of the FNS in the late 1920s and was made a Dame in her own right after Sir Leslie’s death. As Sir Leslie’s wife, she’d already be known as Lady Mackenzie, but this was recognition of her own achievements in health and education of women and children.

And with Helen (“Brownie”) Browne’s CBE (Commander of the Most Excellent Order of the British Empire) in 1976, Mr. Holme writes that “you’ve got a hat-trick of awards from the British monarchy for folk very closely connected with the Frontier Nursing Service. Pretty good – there aren’t many US organizations that can match it!”

Thank you, Mr. Holme for your continued interest in our work and for sharing more details of the fascinating history of our organization, and the visionary and accomplished leaders we have been blessed to have in our family.

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New book shares inspiring life story of Frontier’s first graduate

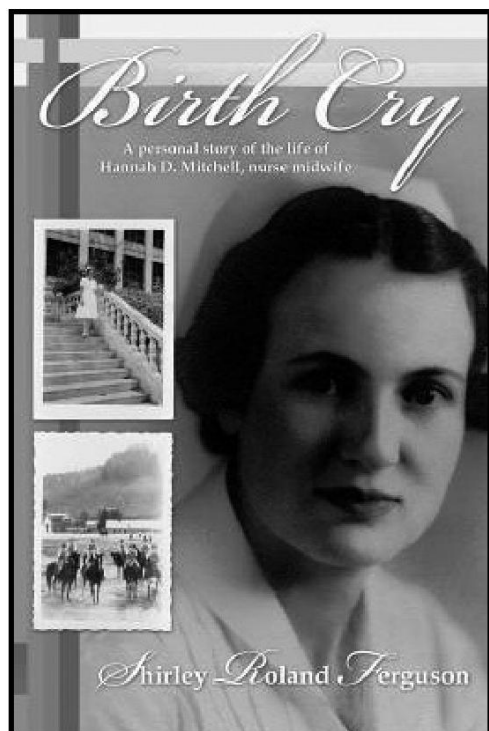
***Birth Cry, a Personal Story of the Life
of Hannah D. Mitchell, Nurse-Midwife***

Freelance writer Shirley Roland Ferguson’s biography of Hannah D. Mitchell reveals the true story of Miss Mitchell, the first graduate of the Frontier Graduate School of Midwifery. The book is described as a story for women of all ages as they traverse each stage in life.

Shirley Ferguson met Mitchell while living in Atlanta in the early 1970s. Ferguson attended a home Bible study taught by Mitchell, and Mitchell’s incentive to her group was to provide a brand new Bible each time a group member read the Bible in its entirety. After receiving more than her share of new Bibles, Ferguson asked her teacher for a different award – Mitchell’s life story. The two collaborated on telling Mitchell’s story, which is now

available as a book titled *Birth Cry, a Personal Story of the Life of Hannah D. Mitchell, Nurse Midwife*.

Birth Cry documents the journey of an obscure woman from a poor, hard-working Christian family in Missouri who achieves advanced education, ac-



claim and esteem in adulthood. Mitchell found a way to attend John Brown University on a work-study program. She also met the man she thought was the love of her life, but later became heartbroken when the engagement was broken. She never married.

Mitchell went on to graduate from St. Luke's Nursing School in Missouri and felt driven to move to Hyden, Ky., to provide healthcare for families living in poverty there. She became the first graduate of the Frontier Graduate School of Midwifery and, for many years, reached her patients on horseback working with Frontier Nursing Service.

Mitchell went on to a career with the Georgia Department of Public Health and while there, served as technical advisor for the documentary *All My Babies*, which won the Flaherty Citation, the equivalent of an Oscar award for its genre. The instructional film is still used today throughout the world to train midwives.

Throughout her life, Hannah prayerfully deals with her life's plans as they go astray. The book is interspersed with journal entries as Hannah comes to realize that she has dementia, and what the clinical outcome of the disease will be. Mitchell died in 2000 at age 93.

The story is told with insight and humor, and reveals how Mitchell's life develops – through adversity – into a life surrendered to God.

“*Birth Cry* can be appreciated by women of all ages as they traverse each stage in life,” Ferguson says. “This biographical book is not only a memoir; it is a piece of preserved history, with the passing of a generation of self-sacrificing individuals.”

Birth Cry is available on amazon.com, in both print and e-book formats.

WENDOVER REPORT

Beauty of spring abounds at Wendover Bed & Breakfast

By Michael Claussen, Development Coordinator

Spring has arrived at Wendover. The Redbud trees are blooming, and flowers in the Wendover Gardens are starting to blossom. Many firsttime visitors are also discovering the Big House, our jewel in the mountains. The Wendover Bed and Breakfast Inn offers a pleasant alternative to the ordinary hotel experience. Which breakfast experience would you prefer – boxed donuts and aging fruit or a hearty county breakfast with the works?

In recent months, students and faculty from Shawnee State University in Portsmouth, Ohio, have stayed at our Bed and Breakfast Inn, and students and faculty from the University of Tennessee at Knoxville have taken the Frontier tours of Wendover and the campus of Frontier Nursing University. Several colleges, universities and special groups are scheduled to come to our nook of Eastern Kentucky throughout the year. We offer tours to individuals and groups of any size.

For more information on taking part in the Frontier experience at Wendover, visit our web page at www.frontier.edu/bedandbreakfast and join our friends from across the nation on our Facebook Page at www.facebook.com/WendoverBigHouse for pictures and videos of the Historic Headquarters.



Wireless Internet Access at Wendover?

We have just completed a maintenance project where the entire Wendover site from the Big House to the Livery will have Wi-Fi accessibility. Wi-Fi has been available at our bed and breakfast inn for a few years now and our guests, Couriers and Frontier students have enjoyed this wonderful benefit. Plans are moving forward to turn Wendover into a national conference center with capabilities of hosting group meetings and workshops. These amenities will help to ensure a comfortable space with up-to-date technology needed to conduct effective meetings with on-site and off-site attendees. We hope to attract several clients and have them discover what our friends already know ... Wendover is the most peaceful spot on earth!

FOOTPRINTS

The tornado of 2012 had a devastating effect in many parts of Kentucky, but thankfully Leslie County was spared from this severe weather. Fifty years ago a flood delayed the delivery of the Quarterly Bulletin as this article written by FNS secretary Peggy Elmore reports.

HIGH WATER DELAYS BULLETIN

Wendover, March 1, 1962: – This Bulletin has been delayed because of high water during the last week in February. The flood we have had is in no way comparable to our 1957 flood, but the water has been high enough to block the highway between Hyden and Lexington at Manchester and between Hyden and Hazard at Wooten. This meant that only a small trickle of mail came in to Hyden via Harlan for two days – and this trickle did not contain the Bulletin proof. Also, Wendover has been isolated as far as vehicular transportation is concerned, making it impossible to get the addressed Bulletin envelopes out to the printer in Lexington. The Muncy Creek ford of the Middle Fork River is impassable and likely to remain so for several days. High water washed out the road over the Hurricane Creek culvert, effectively blocking our alternate exit. Water covered the road in front of Wendover, rendering it impossible to get a jeep even as far as the swinging bridge. Today the Middle Fork has returned to a normal “high tide” level, the envelopes can be taken to the swinging bridge by jeep, carried around the mountain to the highway, and then transported to the printer in Lexington by car. Normal mail service should be resumed today or tomorrow so we can get on with proof-reading the Bulletin, but there will be about a week’s delay in its publication.

– PEGGY ELMORE

IN MEMORIAM

These friends have departed this life in recent months. We wish to express our sympathy to their families and our gratitude for their interest in our work.



Frontier alumna Jane Pierson, who passed away in August (shown in this photo from the recently published book, *Rooted in the Mountains, Reaching to the World*), worked as a Frontier nurse for two years.

Jane Wilhelmina Pierson (1917-2011) passed away Aug.17, 2011, in Monroe, Ohio. Ms. Pierson completed midwifery training with the Frontier Nursing Service in 1952, working as a Frontier nurse in the Bull Creek, Ky., area for two years. After that she worked for Berea Hospital Inc. in Berea, Ky., for 24 years, retiring in 1979. The part of her career she most enjoyed telling stories about was her work with the FNS. She drove a jeep over crude roads to reach her patients, often having to abandon the jeep and finish the trip by horseback, and sometimes even on foot. She delivered hundreds of babies, nursed the sick and injured, and tended to the dying. Since money was scarce, she was paid with things such as a batch of cookies, a dozen eggs, a good laying hen or a baby pig. When a family didn't have anything to give, she would ask for their favorite recipe, which was rarely written down and had to be delivered word of mouth. As a result, Ms. Pierson had a collection of great recipes that she loved to prepare and share with family and friends.

Survivors include two nephews, Thomas (Teresa) Pierson of Trenton, Ohio, and David (Deborah) Pierson of Jacksonville, Fla.; great nieces and nephews Faith Pierson-Elliott, Tonya (Stephen) Patt, Christopher (Jennifer) Pierson, and Adam Pierson; many great-great nieces and nephews, other relatives and friends.

Louise Ireland Humphrey (1918-2012) passed away at her home at Woodfield Springs Plantation in Florida on Sunday, March 18. She was the daughter of Robert Livingston Ireland Jr. and Margaret Allen Ireland and was greatly influenced by the family tradition of philanthropy and public service.

Mrs. Humphrey was involved in many philanthropic pursuits throughout her life, including more than 40 organizations in Cleveland, Ohio, the Metropolitan Opera, Tall Timbers Research Foundation in Florida, and several other Florida organizations. Frontier Nursing Service and Frontier Nursing University are appreciative of the annual support that has been provided by the Gilbert W. and Louise Ireland Humphrey

FRONTIER NURSING UNIVERSITY

Foundation. Their annual support has provided needed funds for a variety of purposes for nearly 40 years.

Mrs. Ireland is survived by her sons, George (Patience) and Watts (Sally), seven grandchildren and 10 great grandchildren. She was preceded in death by her husband, Gilbert "Bud" Humphrey, and daughter Margo Bindhardt, her brothers Tim Ireland and Melville Ireland, and a sister, Kate Ireland.

Melinda (Mendy) Mays-Smith of Callahan, Fla., passed away on Jan. 19 after a long illness. Mendy followed a career as a labor and delivery nurse at Memorial Hospital with a Bachelor of Science in Nursing (Summa Cum Laude) at the University of North Florida, and completion of the nurse-midwifery program at Frontier Nursing University. She became an Advanced Practice Registered Nurse and a Certified Nurse-Midwife, touching hundreds of mothers and families with her love and skill. She was forced to retire after a health crisis and critical auto injury.

Mendy is predeceased by her father, Homer C. Nix Jr., and her grandparents, Homer and Helen Nix and George and Edythe Turknett. She is survived by her sons, Chandler and Austin Mays, mother June Nix, sister Kathy Nix, nephew Alex Sanchez, loving husband Dallas Smith and former husband Ed Mays. Mendy's family celebrated her life and all that she meant on Feb. 4.

Martha Jane "Marty" Hackett, a certified nurse-midwife recognized for her contributions to the field, died peacefully at her home in Massachusetts on March 1. Ms. Hackett had been a supporter of Frontier for a number of years.

Frank "Junie" O'Brien Jr., husband of Marianna "Muffin" O'Brien, a former Courier for the Frontier Nursing Service, passed away on Feb. 2. Mr. O'Brien, of Boston and Edgartown, Mass., was 92.

*The following people gave contributions to Frontier **in memory of their friends or loved ones.** The names in bold are the deceased.*

In memory of Alberta Allen

Elizabeth Culbreth

In memory of Margaret Comstock

Nancy B. Comstock

In memory of Vicky C. Culley

Larry Culley

In memory of Doris Cohen

Ms. Abby J. Cohen

In memory of Anne Cundle

Edith Anderson

Jimmy and Sue Clanton

Francis G. Coleman

Elizabeth Culbreth

Jane Haldeman Hope

Kristi D. Menix

In memory of Anna Henkel Dickieson

Samuel and Dorothy Dickieson

In memory of Melinda Nix Mays-Smith

Gordon Dallas Smith

In memory of Jane Pierson

Curtis and Margaret Reppert

*The following people gave contributions to Frontier **in honor of their friends or loved ones.** The names in bold are the honorees.*

In honor of Amy Macdonald

Anne and Howard Lawson

In honor of Kenneth and Cathy Tuggle

Frank and Mary Helen Myers

QUARTERLY BULLETIN

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*Front row, L-R: Marion McCartney, Jane Leigh Powell and Nancy Hines;
back row: Dr. Michael Carter, Michael Rust, Dr. Susan Stone,
Dr. Charles Mahan and John Foley*

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YOUR GIFTS AT WORK: The National Society Daughters of Colonial Wars Jean Paul Nursing Scholarship

The National Society Daughters of Colonial Wars (DCW) and many State Societies of DCW have generously supported the Frontier Nursing Service and Frontier Nursing University for several decades. Gifts have been donated to almost every facet of the Frontier Nursing Service from the Children's Fund (see the last issue of the Quarterly Bulletin) to Wenderover preservation.

The Jean Paul Nursing Scholarship has been awarded annually to a Frontier student with a financial need who has been chosen by the FNU scholarship committee as a result of the student's award-winning application and essay, a GPA of 3.25 or above and completion of 30 credits or more in the program of study.

Mrs. Paul was National President of Daughters of Colonial Wars from 1956-1959. In November 1954, the Executive Committee of the Frontier Nursing Service voted unanimously to make Mrs. Paul an ex-officio trustee of the Service "in recognition of the generous assistance the Society has given and is giving to the work." Upon Mrs. Paul's death in 1977, a fund was set up in her name in support of the Frontier Nursing Service. This fund was used for the Jean Paul Scholarship.



Hall

The 2011 recipient of the Jean Paul Nursing Scholarship was FNU nurse-midwifery student Leilani Hall of Cedar Falls, Iowa. Leilani graduated in January 2012. She writes the following about her award:

Receiving the scholarship from the Daughters of Colonial Wars catapulted me into the midwifery profession. With these funds, I flew to Niagara Falls, Ontario, for the historic North American Midwifery Conference in November 2011.

Midwifery educators from around the nation and Canada gathered at this conference. I met many of them and learned more about how to start an accredited midwifery school. Frontier faculties were represented there, as well. To my surprise, Suzan Ulrich (FNU Associate Dean for Midwifery and Women's Health) shared with me that my business plan describing a new model of midwifery education had been mentioned at their faculty meeting earlier that morning.

Furthermore, at this conference, I was selected to take part in a film campaign

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entitled, "I am a Midwife," which was released March 2 on YouTube. Full interviews are anticipated to be launched on May 5, 2012, International Day of the Midwife. A sincere thank you to the women who funded this scholarship; it was an honor to represent you and your desire to see the midwifery profession blossom in this generation.

We thank the members of National Society Daughters of Colonial Wars for their continuous support of our programs. Your commitment to Frontier Nursing University plays a significant role in carrying out the vision of Mary Breckinridge and our vital mission of improving healthcare worldwide, one graduate at a time.

Ways to Give: A Lasting Investment

Your investment in Frontier Nursing University is an investment in quality healthcare for all. There are many ways you can support FNU. Gifts ranging from donations for operations to trust instruments to testamentary gifts each provide much needed support for our work. Some of the more common methods are:

- **Annual Fund Donations:** Gifts may be made by check or credit card and can support the general operations of FNU, or be restricted to particular programs. You can use the enclosed remittance envelope or make a gift online at www.frontier.edu/online-giving.
- **Charitable Remainder Trusts:** These gift instruments allow you and/or your loved ones to benefit from monies placed in the trust during your/their lifetime. Upon the death of the named beneficiary, the remaining balance in the trust is transferred to FNU.
- **Perpetual Income Trusts:** These gift instruments allow the income from monies you place in trust to benefit FNU in perpetuity. The principal of your gift remains intact for the life of the trust, and the income it generates is transferred periodically to FNU.
- **Life Insurance:** You can name FNU as the beneficiary of your life insurance policy or transfer ownership of the policy directly to FNU.
- **Charitable Gift Annuity:** You can give a one-time gift to FNU in exchange for fixed, recurring payments over the balance of your life. Upon your death, the balance of your original gift is maintained by FNU for its general use.
- **Testamentary Gifts:** You may make provision in your will to provide a specific bequest to FNU, or provide for some or all of your remaining estate to be given to FNU upon your death.
- **Stock Gifts:** You can donate your appreciated stock directly to FNU. Please call the Office of Development for instructions.

Each of these gift avenues has specific tax implications. Please contact your attorney or financial advisor for further information.

For additional information on making a gift to FNU, please call 662-846-1967 or email Denise Barrett, Director of Development, at denise.barrett@frontier.edu.

FRONTIER NURSING UNIVERSITY

FRONTIER NURSING SERVICE, Inc.

Its motto:

“He shall gather the lambs with his arm and carry them in his bosom, and shall gently lead those that are with young.”

Isaiah 40:11

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives and nurse practitioners for rural areas where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and educational programs for nurse-midwives and nurse-practitioners; to carry out preventive public health measures; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them, at a price they can afford to pay; to promote the general welfare of the elderly and handicapped; to ameliorate economic conditions inimical to health and growth, and to conduct research toward that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them to cooperate with individuals and with organizations, private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

From the Articles of Incorporation
of the Frontier Nursing Service.
Article III as amended April 1999