

FNS

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Cover: The Mary Breckinridge Hospital and newly renovated W.W. Hall, Jr. Center for Mothers & Children. Photo by AnnDraia Bales.

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Introduction to Frontier Nursing Service (FNS)

Mary Breckinridge spent her early years in many parts of the world - Russia, France, Switzerland and the British Isles. After the death of her two children, she abandoned the homebound life expected of women of her class to devote herself to the service of others, particularly mothers and children.

Mrs. Breckinridge established the FNS in Leslie County, Kentucky, in 1925, as a private charitable organization serving an area of 700 square miles. It was the first organization in America to use nurses trained as midwives under the direction of a single medical doctor/obstetrician, based at their small hospital in Hyden. Originally the staff was composed of nurse-midwives trained in England. They traveled on horseback and on foot to provide quality prenatal and childbirth care in the client's own home.

Today, Mrs. Breckinridge's legacy extends far beyond Eastern Kentucky. FNS, Inc. is the parent holding company for Mary Breckinridge Healthcare, Inc., Frontier Nursing Healthcare, Inc., which includes six rural healthcare clinics; Mary Breckinridge Home Health Agency and the Frontier School of Midwifery and Family Nursing which offers a Master of Science in Nursing degree with tracks as a Nurse-Midwife, Family Nurse Practitioner and Women's Healthcare Nurse Practitioner.

Mary Breckinridge's home, The Big House, located at Wendover, is a licensed Bed & Breakfast Inn. For more information or reservations, call 606-672-2317 or e-mail fnstours@yahoo.com. You can also access our website:

Frontier Nursing Service - www.frontiernursing.org

Nathan Lee Appointed as President & CEO

Jane Leigh Powell, Chairman of FNS Board of Governors

At the April 27th Board meeting, the Board of Governors appointed Nathan Lee as President & CEO of FNS, Inc. Nathan has been with us for three years as Chief Financial Officer and has served as Interim President & CEO for the past year. Nathan is a native of Kentucky and he and his wife, Blair, have one daughter, Palmer.

Even though Nathan's background is in finance, which has been invaluable to the FNS, he has embraced the history and philosophy of the Service and has become knowledgeable in all departments. One project that Nathan will pursue is developing and increasing the endowment which is such an essential function of every not-for-profit organization.

The Board welcomes Nathan to his new position and looks forward to working with him. We hope that you will feel free to call him at Wendover.



Nathan Lee, Newly Appointed President & CEO of FNS, Inc.

The Journey

by Nathan Lee, President & CEO

The journey of the Frontier Nursing Service continues and I am humbled to have the opportunity to lead the FNS into its next chapter. It is with a deep sense of reverence for our history, pride in our present and excitement for our future that I have accepted the challenge of the Board of Governors to serve as the ninth President and CEO of the FNS.

For me, the word "journey" conjures up images of footprints on a trail, not unlike the footprints left by Mrs. Breckinridge and her nurses in creek-beds and on mountainsides during the early days of the Service. On our journey, footprints are never solitary, however. I take comfort in tracking the footsteps of my predecessors . . . Bill Hall, Dr. Rogers Beasley and Helen Browne, to name a few . . . who worked with such success to carry on the mission of Mary Breckinridge. I take further comfort in the fact that while this journey may lead us into untested waters and uncharted territories, our direction has been made clear. Indeed, on this journey our path has been well marked with footprints extending past the horizon and far into the future. They are the footprints of Mary Breckinridge who reminds us even today that the work of the FNS will never be done until the last mother and child have received the care that is their due.

It is my privilege to lead the FNS on this journey and I look forward to the challenges ahead. I ask for your prayers, your support and your continued friendship. Yours are footprints along our path as well and I look forward to continuing to make this journey with you as we strive to advance the work of the FNS in the mountains and beyond.

Field Notes

Governor Ernie Fletcher Visits

March 5th, Governor Ernie Fletcher chose Mary Breckinridge Hospital as one of the locations to promote his kick-off campaign for "Get Healthy Kentucky". The Governor presented the campaign to increase public awareness and to encourage more people to start playing an active role in their own health.



Mark Birdwhistell, Secretary of Cabinet of Family Services (left) and Governor Ernie Fletcher (right) Presenting Recognition Award to Nurse-Midwife Laura Manns-James

"Gazing into the Future" Meeting

March 13th, Mallie Noble and Nathan Lee attended the "Gazing into the Future" Session at the Leslie County Extension Office where a group of community leaders came together to share their plans for the future of Leslie County.

Field Notes - *Continued*

Mary Breckinridge Hospital Renovations

Recent renovations at Mary Breckinridge Hospital include the Chapel, Provider Lounge and a second conference room where "Centering Pregnancy" meetings will be held.

Dartmouth Medical Students Visit

March 11th - 17th, seven medical and public health students from Dartmouth Medical School arrived at Wenderover for their first Spring Service Trip. During their stay, the students shadowed healthcare professionals at the clinics and observed a variety of surgeries at the Mary Breckinridge Hospital. The students also volunteered to work on projects in Hyden including the distribution of food for the Leslie County Food Pantry and with Save the Children after school reading program at the Hyden Elementary School.



Dartmouth Medical School Students

Field Notes - *Continued*

University of Maryland Medical School Students Visit

March 17th - 23rd, five medical school students and one nursing student from the University of Maryland arrived at Wendover for their annual spring trip called Medical Breakaway. While in Leslie County, the students taught sessions on nutrition and the effects of smoking at Big Creek Elementary School and shadowed healthcare professionals in the clinics and hospital. The students also volunteered to paint fences at Wendover.



University of Maryland Students

Hospital Radiology Department Upgrade

The Radiology Department at Mary Breckinridge Hospital began offering MRI services during April and will install a multi-slice CT in June. They will now have the ability to perform Angiography studies. The Ultrasound Department has also been upgraded with two new digital ultrasound systems for better defined images. Patients who formerly had to be transferred to another facility will be able to have these procedures done close to home and in a more timely manner.

Field Notes - Continued

Annual Easter Egg Hunt

Friday, April 6th, Mary Breckinridge Hospital held its Annual Easter Egg Hunt in the Hyden City Park. Despite the cold weather, the event was well attended with over one hundred children participating. Winners of the Easter Egg Hunt were Houston Brock, John Buckle, Nick Feltner and Tara Cantrell.

Hospital Ladies Auxillary Recognized

April 20th, the Mary Breckinridge Hospital Ladies Auxillary were recognized for their hard work during National Hospital Week.



Ladies Auxillary - back row: Kathleen Lewis, Jean Campbell, Ray Mosley, Alice Morgan and front: Sharon Koser

Field Notes - *Continued*

Employees Recognized at Civic Night

April 24th, the following employees from Mary Breckinridge Hospital were recognized for their dedication and commitment. Teresa Dixon, Quality Improvement Officer; Dr. Gabor Laufer, OB/GYN Physician; Nathan Lee, FNS, Inc. President & CEO; Dr. Robin Whitaker, Family Practice Physician; Larissa Maggard, Physician's Assistant; Connie Hubbard, Risk Management and Medical Staff Relations; Brenda Pennington, Housekeeping and Zona Turner, Housekeeping.



Left to right back row: Teresa Dixon, Dr. Gabor Laufer, Nathan Lee, Dr. Robin Whitaker. Front row: Larissa Maggard, Connie Hubbard, Brenda Pennington and Zona Turner

Wendover Guests

From March 1, 2007 - June 1, 2007, Wendover hosted a total of 845 guests including special dinners/meetings/tours and overnight guests.

Beyond the Mountains

Nursing Advancement Professionals Annual Meeting

During March, Denise Barrett, Frontier School of Midwifery & Family Nursing Development Officer, visited with representatives of Senators Mitch McConnell and Hal Rogers in Washington, D.C., for the Nursing Advancement Professionals annual meeting. Mrs. Barrett updated representatives about the work of the Frontier Nursing Service and asked for their support of our efforts.



Senior Legislative Assistant Scott Raab and Denise Barrett

Workforce Competitiveness Dialogue Meeting

April 2nd, Linda Craft, Director of Nursing, attended a leadership meeting in Hazard, Kentucky sponsored by the Kentucky Community and Technical College System (KCTCS), "Workforce Competitiveness Dialogue". A round table discussion was held regarding the barriers in filling positions with trained and reliable staff.

Beyond the Mountains - *Continued*

Nursing Leadership Program

April 5th, Linda Craft; Edith Hensley, ER Manager; Nina Hensley, Med/Surg Manager; Kevin Cook, OR Manager; and Margaret Wright, Maternity Services Manager, attended a Nursing Leadership Program sponsored by the Kentucky Board of Nursing. The Workshop centered on responsibility and accountability of nurse leaders and the nursing staff.

Rural and Critical Access Hospitals Meeting

April 18th, Linda Craft attended the Kentucky Hospital Association's Joint Meeting of Small or Rural and Critical Access Hospitals in Louisville, Kentucky. The meeting consisted of discussions regarding issues affecting Rural and Critical Access Hospitals including those pertaining to rural health advocacy issues, grant funding utilization and performance improvement.

National Nurse Practitioner Faculty Meeting

During April, Dr. Julie Marfell, Chairperson, Department of Family Nursing, and Dr. Suzan Ulrich, Chair of Midwifery & Women's Health, attended the Annual National Nurse Practitioner Faculty Meeting in Denver, Colorado. They completed a poster presentation entitled "Increased Attention to Increase Retention".

Kentucky Coalition of Nurse Practitioners and Nurse-Midwives

During April, the Frontier School of Midwifery & Family Nursing hosted a preceptor training dinner at the Kentucky Coalition of Nurse Practitioners and Nurse-Midwives meeting in Covington, Kentucky. The presentation was done by Aggie Hoeger, MSN, CNN, FSMFN Clinical Director. The training was well received and included nurse practitioners and nurse-midwives from the Midwest to Canada.

Beyond the Mountains - *Continued*

Dr. Julie Marfell was recently invited to her daughter's preschool in Lexington, Kentucky, to talk to children about being a community helper. She told the children about her role as a nurse practitioner and about the Frontier Nursing Service.



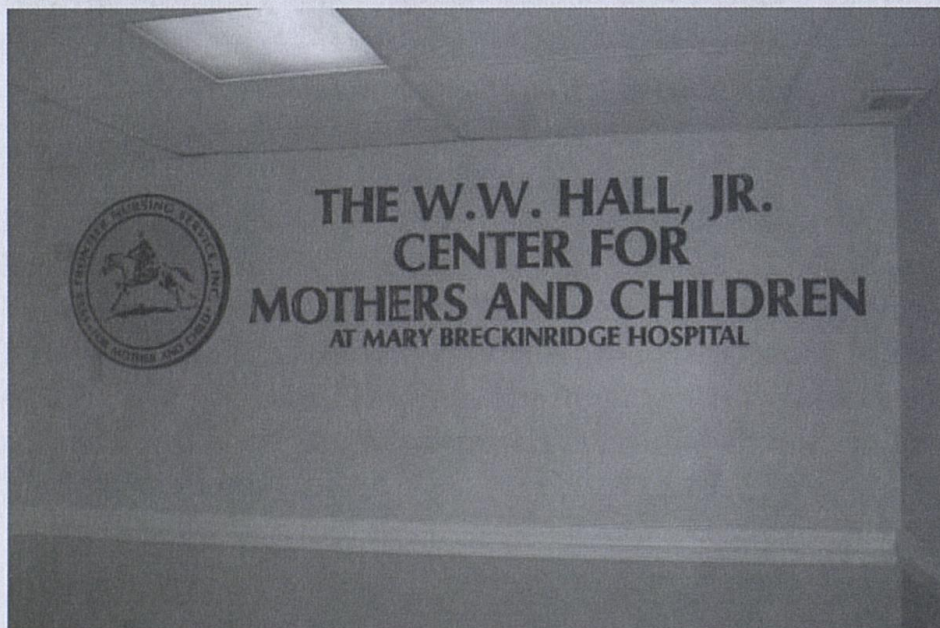
Julie Marfell's Daughter, Rose (on the right)

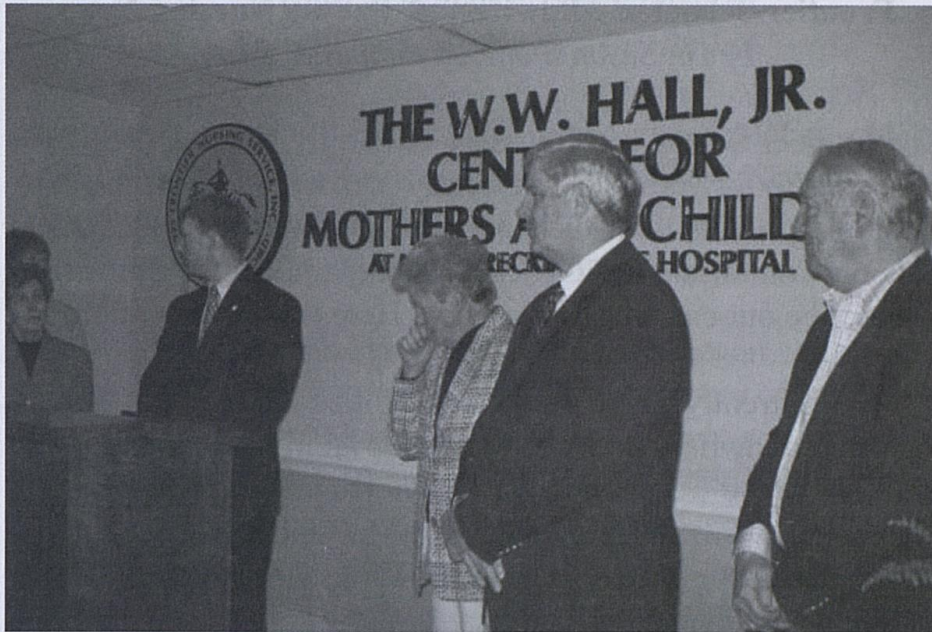
Dedication of the W.W. Hall, Jr. Center for Mothers and Children

On April 27th, the FNS Board of Governors, staff and community members gathered at the Mary Breckinridge Hospital to celebrate a very special event in the history of FNS. A dedication and ribbon cutting ceremony was held in the newly renovated maternity services wing named The W.W. Hall, Jr., Center for Women and Children in honor of former FNS, Inc. President & CEO, W.W. (Bill) Hall, Jr.

Mr. W.W. (Bill) Hall, Jr., began the process of the reintroduction of maternity services at the Hospital almost two years ago when the FNS Board of Governors approved his plan and shared his vision. Bill became ill during May 2006 and was unable to return to work. The Board of Governors and staff continued the process until the work was finally completed and the Center opened during February of this year.

The Board of Governors and staff are all very proud of the Center and are looking forward to carrying on Mrs. Breckinridge's work in providing care for mothers and children.





Left to right: Nancy Hines, member of Board of Governors, Nathan Lee, President & CEO, Jane Leigh Powell, Dr. Michael Carter and Ken Tuggle, members of Board of Governors.



Jane Leigh Powell and Nathan Lee

Frontier School of Midwifery & Family Nursing News

by Dr. Susan Stone, President & Dean

The Frontier School of Midwifery & Family Nursing (FSMFN) continues to thrive. We are currently preparing to start the reaffirmation process with the Southern Association Colleges and Schools Commission on Colleges. In preparation, we were asked to describe our current student body. Here is the description:

FSMFN currently has 456 students enrolled. Of these, 214 are in the nurse-midwifery track, 183 are in the family nurse practitioner track, 38 in the women's healthcare nurse practitioner track and 19 in the ADN-MSN Bridge Program. All students are registered nurses seeking graduate education. Over 95% of the students continue employment as they pursue their graduate degree. The students range in age from 23 to 64 years, and the average age is 39. Most (95%) of FSMFN's students are women. The majority (89.47%) of students are white. Other races represented in the student body include African American (6.14%), American Indian (1.54%), Hispanic or Latina (1.32%), Asian (0.66%), Native Hawaiian or Pacific Islander (0.22%), and unreported (0.66%).

With the growing student body comes new faculty: Laura Hollywood joined our faculty in January 2007. Laura is both a CNM and an FNP. She currently lives in Warwick, New York, and is attending Columbia University in pursuit of her Doctor of Nursing Science. Rhonda Johnston, PhD, FNP, is a very experienced teacher as well as clinician. She lives in Pueblo, Colorado, and is currently teaching the Decision Making in Health Assessment Course. Tonya Nicholson, MSN, CNM, joins us from Dublin, Georgia. Tonya is an alumnus of FSMFN and is currently teaching in the Antepartum Course series and the Theories and Research series. Rhonda Arthur, DNP, CNM, FNP, is also a FSMFN alumnus. She lives in Floyd, Virginia and recently completed her Doctor of Nursing Practice at Case Western Reserve University. Congratulations Rhonda! Rhonda is teaching Role of the Nurse

**Frontier School of Midwifery &
Family Nursing News - *Continued***

Practitioner and the Primary Care series. Karen McCrai, MSN, FNP, FSMFN alumnus joins us from Cherry Valley, New York. She is working as a Regional Clinical Coordinator as well as teaching in the primary care series for the FNP track.

In the fall of 2006, we reported that FSMFN began work on the Pioneer Project. You may remember that the purpose of the Pioneer Project is to collect the stories of alumni of the Frontier School who graduated between the years of 1939 and 1989. These students attended school on campus in Hyden before the graduate school transitioned to distance education. The project aims to recognize the Pioneers' unique contribution to the Frontier School and to the fields of nurse-midwifery and family nursing. To date, we have had fourteen interviews completed by our students. These have all been posted in our on-line forum system so that other students can share in this rich history. Following is an excerpt from an interview completed by Ashley Young, Student Nurse-Midwife, of Luree Wotton, a 1957 graduate of the Frontier Graduate School of Midwifery.

"Studies and clinicals occurred simultaneously and births to attend were quite the commodities. Students had to take turns attending unless there was severe inequity in numbers. Often the students worked over a 12 hour night shift and then attended classes in Mardi Cottage during the day. Ms. Wotton reminds us that birth control pilot studies had emerged at this time, and the pill regimen was gaining popularity even around rural Hyden. She summarized that the community liked it but that clinicals suffered. Women were joyfully realizing that they were no longer necessarily destined to have 7-10 or more children despite their 'very loving marriages'.

**Frontier School of Midwifery &
Family Nursing News - *Continued***

“Mary Breckinridge had retired by this time and was staying primarily at Wendover. It was said that her vision had been failing, and that on the occasion that the nurses went to Wendover for Tea, they routinely told Mrs. Breckinridge their names when she greeted them at the door. There was a question, though, about the failure of her sight. Ms. Wotton reported that Mrs. Breckinridge would occasionally stop in the hospital ward and could see an infant’s foot without a sock from across the room, and directly assign someone the task of covering it. Although Ms. Wotton’s experiences and relationship with Mrs. Breckinridge were limited by this time in Mrs. Breckinridge’s life and career, she expresses her inspiration and simply states, ‘She was something else’.

“Their fearless leader was none other than Miss Lester who taught them well and watched them closely. She was a task oriented woman who was also mothering, even overly so at times. She guided and watched the girls’ every step through Frontier. Undoubtedly, she possessed the traits of a talented and skilled nurse, educator and woman.”

As the collection of interviews grows, we are planning to produce a book of these stories. This will undoubtedly be a best seller among nurses. Thank you to Denise Barrett, our Development Officer, for her creative thinking and her actions on this project. We plan to keep our readers up to date as this project continues.

If you are a Pioneer who has not been contacted about this project or know a Pioneer who may want to participate, please contact Denise Barrett at 859.253.3637 extension 5014 or denise.barrett@midwives.org. We would love for you to join us in this effort! We appreciate everyone’s support and interest in this project.

Old Staff and Courier News

Lucas McDonald (Courier '94), San Diego, California - During 2006, Luke finished an intern year in General Surgery at Balboa Naval Hospital in San Diego. Luke is now in Okinawa for a year with the Marine Corps flight wing serving as a Flight Surgeon. Luke's long term goal is to return to San Diego to complete training in orthopedic surgery.

Joan Court (Staff Nurse Midwife '49) Cambridge, England wrote that she is 88 years old and that FNS was a highlight of her career. After leaving FNS, Ms. Court worked in Central Government until she retired at the age of 77 years. Ms. Court is the author of a book entitled *In the Shadow of Mahatma Gandhi* written in 2002.

Libby Borden (Courier 1960), Norfolk, Connecticut - visited Wendover during April. She wrote about her time in 1960 as a Courier. See "A Courier Story" in this *Bulletin*.

Kate Fox (Courier 2003), Wiscasset, Maine - wrote that she thinks of Kentucky often and fondly. Kate graduated from Bennington College in 2005 and now lives on the coast of Maine working at an environmental education organization called The Chewonki Foundation.

ATTENTION FORMER COURIERS

As part of an effort to reunite with our former Couriers, Nathan Lee and Barb Gibson are interested in meeting with Couriers in different areas. Our work at FNS sometimes leads us different cities and we would love to have the opportunity to meet with you. If you are interested in getting re-acquainted with FNS, please send a note to Barb at 132 FNS Drive, Wendover, Kentucky 41775 or barbgibson2000@yahoo.com.

Old Staff and Courier News - *Continued*

Former Courier Coordinator Susie Hudgins Stewart Visits

During the week of May 7th, former Courier Coordinator and Wendover Manager, Susie Hudgins Stewart, visited Wendover with her husband Brad, and their dog, Jack. They parked their RV at The Livery for three days and enjoyed the beauty and excitement of Susie being back home. We were all saddened by the news that Susie's dog Trish, and also the resident dog at Wendover for several years, died sometime back. One reason for Susie's visit was to bring Trish's ashes to be buried in her favorite spot on the hill in front of the Garden House.

Susie and Brad live at Jekyll Island, Georgia. During summers, they spend a lot of time traveling in their RV visiting their children and grandchildren. Another highlight for Susie during her visit was that her friend Noel Fernandez, former FNS Social Services Secretary, was visiting Wendover during this time.



Susie and Brad Stewart and Noel Fernandez

Old Staff and Courier News - *Continued*

Former Courier Carolyn Gregory Visits Wendover

May 17th, former Courier Carolyn Gregory visited Wendover with her friend, Dr. Lawrence Conway. Dr. Conway, is the President of the Medical Mission Foundation in Toledo, Ohio. The Medical Mission recently donated several truckloads of equipment to the Mary Breckinridge Hospital of which we are very appreciative.

Ms. Gregory was a Courier in 1947 and worked closely with Agnes Lewis in the Maintenance Department. After leaving FNS, Ms. Gregory worked with her husband, Hugo, teaching workshops in speech stuttering therapy around the world. Ms. Gregory also worked at a hospital as a Speech Therapist for stroke patients and was later in private practice in Evanston, Illionois for 20 years.



Carolyn Gregory and Dr. Lawrence Conway at Wendover

Old Staff and Courier News - Continued**“A Courier Story” by Libby Borden**

The following are excerpts written by former Courier Libby Borden during her time as a Courier at FNS:

In 1960, when I was twenty, I volunteered as a summer Courier at the FNS in Wendover, Kentucky. I was a sophomore that spring and my days were filled with swirling skirts and flowered blouses, fancy dress parties and picnics on the banks of the Charles. I listened to Copeland's "Appalachian Spring", vaguely aware of my summer plans, fantasizing about beautiful mountain lasses skipping through the clover with their lads.

When I arrived at Wendover with my two fellow Couriers on a searingly hot day in mid-July, we were immediately taught three things. How to ford the Middle Fork of the Kentucky River in the FNS jeeps. There was a trick to it. We had to start off from the Wendover Road, enter the river and head downstream making sure the water stayed lower than the running boards. About halfway across the river there was a rock at which point we would turn upstream ever so slightly and then head for the opposite shore. How to frighten snakes at night by waving a beam of light in their beady eyes and how to pour tea for Mrs. Breckinridge. I was terrified of this stately old lady when I first met her.

We took the jeeps to Hyden to pick up and deliver mail, escorted visitors, cut brush, and cared for the horses cows and pigs. I remember Edward, a normal sized pig with his leg in a cast. Poor Edward he was supposed to have mated with Edna, a most enormous sow, but instead she sat on him and broke his leg. What a humiliated pig Edward was!

Once in a while we were given more responsibility. One afternoon I was asked by Anne Cundle, the Wendover nurse, to ride on horseback across the mountain and down the next hollow to

Old Staff and Courier News - *Continued*

take someone's temperature. I rode back, holding the thermometer triumphantly. When Anne read the thermometer, she asked me if I had remembered to shake it down before I took his temperature. I hadn't. How foolish I felt. Luckily, she didn't make me make the three-hour trip again.

. . . The food was extraordinary, the best Southern fried chicken ever, with pan gravy, mashed potatoes, garden fresh vegetables of every kind and rich, ripe tomatoes. My tidy little khakis were straining at the waist by the end of the summer.

. . . The most interesting time I had at the FNS was at Wolf Creek Outpost with an English Midwife, Olive Bunce. The people she cared for are still vivid in my memory today. There was 95 year old Lucy who refused to let the nurse wash her unless the shades were pulled since she was afraid her dying next door neighbor, an 82 year old man, would peek out his window from his death bed across the 100 yards of scrubby land to feast his eyes upon her. Then there was a young miner with mumps who laughed at the nurse when she told him to stay in bed. He was dead two days later from encephalitis, leaving his wife and three children.

Forty-seven years later, this spring, I visited FNS. The day of our visit was a beautiful April day, calm and sunny. Instead of the earthiness of Brownie, the spiciness of Mrs. Breckinridge, the wonderful richness of Agnes, Peggy, Anne, Olive, there were sepia photographs on the walls. We saw a dog or two but no Edna or Edward, no horses and the jeeps had enclosed cabs. The structure seemed so neat and organized and the gardens well tended. I found out that most of the outposts no longer exist and that Couriers now spend many hours doing social services in Hyden. But the differences didn't matter. The spirit of Mary Breckinridge hovered above us and the mountains cast their spell.

**FNS Remembers Mary Breckinridge Hospital
Board Member John Henry Sizemore**



On behalf of the FNS Board of Governors, Barb Gibson was asked to read the following comments at Mr. Sizemore's funeral:

Mr. Sizemore joined the Mary Breckinridge Hospital Board of Directors over twenty years ago when a local Board was formed. His presence at Board meetings has been important toward resuming the larger FNS connection with the community.

John Henry Sizemore will be greatly missed by the Mary Breckinridge Hospital Board of Directors. We will miss his guidance and his direction in making sure our focus was on the people we serve. We will miss his smile and his laughter. We will even miss his insight into fox and turkey hunting!

John Henry has been a vital part of our organization and we mourn his loss with you.

In recognition of the gifts John Henry gave us during his life, the Board of Governors will renovate a patient room dedicated in John Henry's memory.

In Memoriam

These friends have departed this life in recent months. We wish to express our sympathy to their families, and our gratitude for their interest in our work.

Betty Christie, Louisville, Kentucky - passed away during February. Mrs. Christie served as Chairman of the FNS Louisville Committee during the late 80's and continued her support of the FNS for the years that followed. Mrs. Christie was a member of the Louisville Boat Club and hosted our Louisville Committee luncheons. We will miss Betty's welcoming smile and hug.

Ruth Vander Meulen, Holland, Michigan - passed away March 23rd. Ms. Meulen graduated from the Frontier School of Midwifery & Family Nursing as a nurse-midwife in the early 50's. After leaving FNS she served as a midwife in Nigeria for 25 years.

The following people gave contributions to the FNS in memory of their friends or loved ones. The names in **bold** are the deceased:

In Memory of:

Mary Breckinridge

Stanton & Gladys M. Hadley

Scott D. Breckinridge

Mrs. Gertrude B. Peyton

Edith Jones

Dr. Hunt B. Jones

Mary Keller

Ms. Gloria Berg

Dr. Francis M. Massie

Mrs. Dorothy M. Sawyer

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Wini Saxon

William H. & Mary Ellen

Caughran

Marjorie Vogt

Mrs. R. Bruce Bass

Carol Etherington Fossick

Mrs. James N. Rawleigh

Mardi Perry

Mrs. Audrey Biberdorf

In Memoriam - Continued**John Henry Sizemore**

Ronald & Patricia Adams

Anonymous Donor

Ms. Margaret W. Bowling

Mr. & Mrs. Leonard Brashear

Ms. Heather Brock

Mrs. Audrey Howard

Ray C. & Connie Hubbard

Hyden Citizens Bank

Mr. & Mrs. Hayes F. Lewis

Mrs. Mallie Noble

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Mr. Ken Tuggle

Mr. & Mrs. George Roberts

Rockhouse Pentecostal Church

Mr. & Mrs. Omus Shepherd

Ms. Lorene B. Sizemore

Mr. Thomas Sizemore

Mr. & Mrs. William (Bill) Valentine

Ms. Jean Anne Wooton

Miss Mary Ethel Wooton

Nathan Lee

In Honor Of:

The following people gave contributions to the FNS in honor of someone. The names in **bold** are the honorees.

Anne F. Caudill

Ms. Jean Warholic

Nathan Lee

Mr. Richard B. Lee

In Memoriam

If you wish to make a contribution to the Frontier Nursing Service in memory of a friend or loved one, please complete and return this section to the Development Office at FNS, 132 FNS Drive, Wendover, Kentucky 41775.

In memory of: _____

Contributor's name: _____

Person (s) to whom you wish acknowledgment sent:

Name: _____

Address: _____

In Honor

If you wish to make a contribution to the Frontier Nursing Service in honor of someone's accomplishments or achievements, please complete and return this section to the Development Office at FNS, 132 FNS Drive, Wendover, Kentucky 41775.

In honor of: _____

Contributor's name: _____

Address: _____

Person (s) to whom you wish acknowledgement sent:

Name: _____

Address: _____

FNS, Inc.

(the parent)

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 Barb Gibson, *Assistant to CEO*
 Beulah Couch, *Human Resources*
 Starla Selby, *Controller*

Frontier School of Midwifery & Family Nursing (FSMFN)

Dr. Susan Stone, *President and Dean*
 Dr. Julie Marfell, *Chair of Family Nursing*
 Dr. Suzan Ulrich, *Chair of Midwifery & Women's Health*
 Francie Likis, *Coordinator of Graduate Education*

Mary Breckinridge Healthcare, Inc.

Mallie Noble, *Administrator*
 Linda Craft, *Director of Nursing*

Frontier Nursing Healthcare, Inc. (Clinics)

Benjamin Peak, *Director*

Providers at Hospital and Clinics

Sharon Adams, <i>CNM</i>	Andrew Krasuski, <i>MD, OB/GYN</i>
Linda Ahrens, <i>FNP</i>	Gabor Laufer, <i>MD, OB/GYN</i>
Ferdousi Begum, <i>MD, Internist</i>	Larissa Maggard, <i>PA</i>
Karon Champlin, <i>FNP</i>	Janessa Melton, <i>FNP</i>
Elizabeth Coleman, <i>CNM</i>	Angela Mitchell, <i>FNP</i>
Anita Cornett, <i>MD, Internist</i>	Sarah Noggle, <i>FNP</i>
Nicole K. Demetriou, <i>CNM, FNP</i>	Albina Nunez, <i>MD, Internist</i>
Heidi Froemke, <i>FNP</i>	Brian Overbee, <i>FNP</i>
Sheila Megan Griffith, <i>CNM</i>	Deena Parsons, <i>CNM</i>
Sr. Joan Gripshover, <i>FNP</i>	Madeline Tan, <i>MD, Pediatrician</i>
Laura Mann-James, <i>CNM</i>	Roy Varghese, <i>MD, Internist</i>
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Debi, Karsnitz, <i>CNM</i>	

Mary Breckinridge Home Health Agency

Willa Morris, *Director*

Form of Bequest

For the convenience of those who wish to remember the Frontier Nursing Service in their Wills, this form of bequest is suggested:

"I hereby give, devise and bequeath the sum of . . . dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky.

How Endowment Gifts May be Made

The following are some of the ways of making gifts to the Endowment Fund of the Frontier Nursing Service:

1. By specific gift under your Will - you may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.
2. By gift of residue under your Will - you may leave all or a portion of your residuary estate to the Service.
3. By life insurance - you may have life insurance made payable direct to the Service.

The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.

Contributions to the Frontier Nursing Service, Inc., are tax deductible under Section 501 (c) (3) of the Internal Revenue Code of 1954. Gifts of stock should be sent to:

Merrill Lynch
Attn: Travis Musgrave
801 East Main Street, Suite 1200
Lexington, KY 40507
859-231-5258

URGENT NEEDS

FNS has an urgent need for the items listed below and hopes that its friends will wish to contribute toward their purchase. We sometimes receive more gifts for a particular item than needed. In those instances, your gift will be applied toward another need.

Beech Fork Clinic:

Automatic Electronic Defibrillator	3,591.00
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Emergency Room:

Portable Otoscope/Ophthalmoscope and Rolling Stand	819.81
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Frontier School of Midwifery & Family Nursing:

Birthing Simulator	4,000.00
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Home Health:

Kodak Digital Camera with Printer Dock	339.98
02 Sat Portable Finger	319.07
Thermometers x 12	54.60

Maternity:

Littmann Lightweight Stethoscope	49.95
24" Wide Wheelchair	249.00
Ultrasound Gel Warmer x 3	251.10
Adult Digital Scales	330.00
Microscope	233.00

Med/Surg:

Pediatric Blood Pressure Cuff	29.98
Obese Adult Blood Pressure Cuff	49.98
Aneroid Floor Sphygmomanometric	329.95
Bariatric Drop Arm Commode	429.95

URGENT NEEDS - *Continued*

Nursing Administration:

Overhead Projector	839.50
Medtronic Life Pak 500T AED (training system for new CPR guidelines)	329.00

Operating Room:

Tissue Forceps x 25 Assorted Sizes	768.15
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Thanks to Mr. Charles A. Nickelson, Brentwood, Tennessee for the purchase of a Venoscope II Transilluminator for Med/Surg. Also for the purchase of PALS Guidelines for Nursing Administration.

WE THANK YOU
FOR YOUR PARTICIPATION



PLACE
FIRST-CLASS
POSTAGE
HERE

FRONTIER NURSING SERVICE INC
WENDOVER
PO BOX 910912
LEXINGTON KY 40591-0912



Loose Item

Please send me more information about: Name _____

FNS Courier program Address _____

Visiting and touring –
Wendover Bed & Breakfast Inn _____

FNS books and brochures _____

Frontier School of Midwifery
& Family Nursing Phone _____

**As a supporter, you will receive the Frontier Nursing Service
Quarterly Bulletin unless you request otherwise.**

Enclosed is my gift of \$ _____, restricted to:

- | | |
|--|---|
| <input type="checkbox"/> FNS Healthcare Clinics | <input type="checkbox"/> Mary Breckinridge Hospital |
| <input type="checkbox"/> Frontier School | <input type="checkbox"/> Dr. Anne Wasson Scholarship Fund |
| <input type="checkbox"/> Kitty Ernst Scholarship Fund | <input type="checkbox"/> Mardi Perry Scholarship Fund |
| <input type="checkbox"/> Wendover | <input type="checkbox"/> Christmas Fund |
| <input type="checkbox"/> Unrestricted (your gift will be applied to other needs) | |

Your Gift is Tax Deductible.

Visit us at our websites:

www.frontiernursing.org • www.midwives.org • www.frontierfnp.org

Loose Item

FRONTIER NURSING SERVICE, Inc.

Its motto:

“He shall gather the lambs with his arm and carry them in his bosom, and shall gently lead those that are with young.”

Isaiah 40:11

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives and nurse practitioners for rural areas where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and educational programs for nurse-midwives and nurse-practitioners; to carry out preventive public health measures; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them, at a price they can afford to pay; to promote the general welfare of the elderly and handicapped; to ameliorate economic conditions inimical to health and growth, and to conduct research toward that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them to cooperate with individuals and with organizations, private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

From the Articles of Incorporations
of the Frontier Nursing Service.
Article III as amended April 1999