

The creek he grew up on
 The paths he crossed
 in sun or snow

Redbud and dogwood he knew
 And greeted each and every spring
 with deep-seated love.

The pastures and gardens he helped clear
 And the stone walls and walks
 He cut, laid, and maintained.

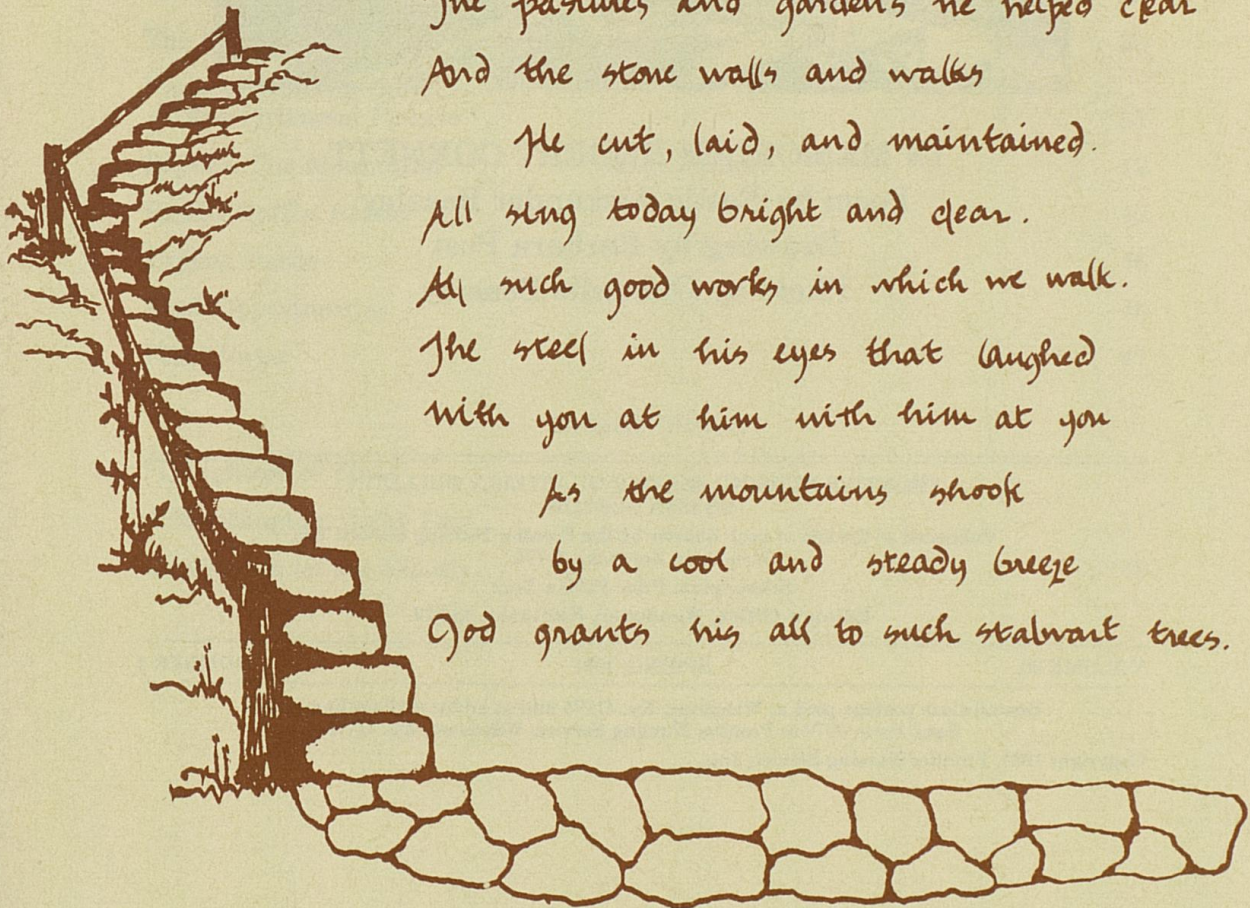
All sing today bright and clear.

All such good works in which we walk.

The steel in his eyes that laughed
 with you at him with him at you

As the mountains shook
 by a cool and steady breeze

God grants his all to such stalwart trees.



US ISSN 0016-2116



IN MEMORIAM HOBERT CORNETT

Poem by Battle Alexander Beasley

Drawing by Barbara Post

Photo by Gabrielle Beasley

FRONTIER NURSING SERVICE QUARTERLY BULLETIN
US ISSN 0016-2116

Published at the end of each quarter by the Frontier Nursing Service, Inc.
Wendover, Kentucky 41775

Subscription Price \$5.00 a Year

Editor's Office, Wendover, Kentucky 41775

VOLUME 56

SPRING, 1981

NUMBER 4

Second-class postage paid at Wendover, Ky. 41775 and at additional mailing offices
Send Form 3579 to Frontier Nursing Service, Wendover, Ky. 41775

Copyright 1981, Frontier Nursing Service, Inc.

CONTENTS

ARTICLE	AUTHOR	PAGE
A Strong Desire To Return	<i>Doris White</i>	2
"Mary Breckinridge Was A Remarkable Woman"	<i>Don Edwards</i>	4
Nine Years In The Making	<i>Diane Wilson</i>	6
One Step Toward Prevention	<i>Alice Basch</i>	8
The Rites of Spring		12
Alumnae News		15
Burroughs Wellcome Fund		19
Old Staff News		20
Old Courier News		23
Letter To The Editor	<i>Elizabeth Parsons Warner</i>	24
Dear Aunt Eda	<i>Mary Graver Littauer</i>	25
Memorial Gifts		29
In Memoriam		32
"I Would Capture April"	<i>Mary T. Brewer</i>	33
The Big House, A Progress Report		35
Frontier Nursing Service: The Financial Picture		37
Beyond The Mountains	<i>Kate Ireland</i>	42
Raffle! Raffle! Raffle!		45
Urgent Needs		46
Staff Opportunities		46
Field Notes		47
Briefly Noted		
"Daughters of Time"		5
A Washington Derby Day		11
Conference on the Elderly		49

A STRONG DESIRE TO RETURN

by Doris White

On April 20, 1981 the fourth work group arrived in Hyden from Afton-Nineveh, New York. The work caravan from the Afton-Nineveh Presbyterian Church was comprised of young people as well as 'senior citizens.'

There were visible signs marking the work of the other years: the cleared hillside at Wendover, the absence of old chicken coops; the painted exam rooms and the small bridge at the Beech Fork Clinic. Now the time had come for the group of '81 to add its contribution. The younger members, Joe Ward, John Martin, Lou Delsole, and Meg White did the gardening and helped prepare the vegetable plot for planting. Meanwhile, Dorothy Thompson and I assisted Hazel Bowling with extra cleaning in the Garden House, sewing of curtains, and painting the upstairs bathroom.

Not only was this a time for work, but also a time for getting acquainted with staff members and community people. The sharing of experiences, common problems, and family talk made the hours pass quickly.

Beech Fork provided a memorable moment or two for the group. The excitement of being part of the opening of Beech Fork's new clinic building was invigorating! Ellen Hartung, a person with enormous energy, set the pace for the group. Fast! Our first impression was: Too much to be done in too short a time. Cleaning, carpentry, sanding, staining, moving cabinets and disposing of trash — all to be completed that night. It seemed impossible. The help of the couriers, the work caravan, and the local people made the impossible possible. Returning to Wendover that evening, everyone was exhausted but felt a true sense of satisfaction.

Before you could turn around the week was over. As we said goodbye to old and new friends, we were aware of a strengthened tie with F.N.S. and a strong desire to return.



Volunteers who helped with the preparation of the new Beech Fork Clinic, front left to right: John Martin, Lou Delsole, Andy Krida, Richard Parnell, Dorothy Thompson, Maggie Jones, Deb Trefts, Joe Ward, Ellen Hartung, Laura Pilotto, Doris White, Meg White, and Bernadine Morgan.



Local volunteers who came sometimes daily to help with the move — scraping, sanding, staining, and any other little or big job that needed doing. Rosemary Holland, Janet Mosley and Bernadine Morgan.

“MARY BRECKINRIDGE WAS A REMARKABLE WOMAN”

[Story from the Sunday *Herald-Leader*, Lexington, KY, May 31, 1981 by Don Edwards. Reprinted with permission from the author.]

Mary Breckinridge was, of course, a remarkable woman — she founded the Frontier Nursing Service at Wendover in Leslie County back in the 1920s, building an organization of trained nurses and midwives dressed in sky-blue uniforms as they rode horseback into isolated Eastern Kentucky hollows to bring medical care to people who needed it desperately.

She initiated the nurse-midwife concept in the United States from training she received in the British Isles. When she died in 1965 at age 84, she had raised \$6 million for her nursing service and had established a medical phenomenon that health care professionals had come to from all over the world to inspect and study.

Even more remarkable to many people was the fact that she had turned her back on a life of ease for a life of service. She was born into a distinguished Southern family, daughter of the American minister to Russia and granddaughter of Vice President John C. Breckinridge.

All the elements of a good human interest story were in her life, so it was no surprise that her autobiography — despite some tedious passages — sold well nationally when it was published in 1952.

Now, almost 30 years later, the book has been reprinted under its original title, *Wide Neighborhoods* (University of Kentucky Press; \$19.50 cloth; \$8.00 paper) for a new generation of Kentucky readers.

As her cousin, Marvin Breckinridge Patterson, writes in a new foreword to *Wide Neighborhoods*, “Nothing in Mary Breckinridge’s origins or upbringing would have led one to guess that she would become one of the great nurses in history, to follow in the footsteps of Florence Nightingale or Clara Barton.”

It is not the story of a do-gooder as such, but rather a specimen American life. For Mary Breckinridge had her share of pain. She became interested in nursing after being widowed young; a second marriage failed. One of her two children died at birth, the other at the age of 4.

The death of that latter child, a son called Breckie, in 1918, she recalled years later. Even then it was difficult for her to write about it. But she remembered that shortly after her son's death, one of his friends had said:

"Once when we were coming back from Dairy Hollow, Breckie said he was a bird and could fly. He was always falling down, but he said that he could fly."

Reflected Mrs. Breckinridge: "It is because I wanted other children to feel that they could fly — as well as fall — that we have the Frontier Nursing Service today."

There have been far-reaching changes in the Frontier Nursing Service area of Leslie, Clay, Perry and Harlan counties since the service began in 1925 . . .

Wide Neighborhoods has been reprinted in the centennial year of Mary Breckinridge's birth. It is simply one more tribute to a life well spent — helping others.

At the April meeting of our Board of Governors, Kitty Ernst introduced and showed the film "Daughters of Time". The film, which was produced and distributed by Ginny Durrin of Durrin Films, Inc., Washington, D.C., is a one half hour 16mm independent documentary on current trends in nurse-midwifery today. It was funded in part through grants from the American Film Institute and Joint Foundation-Women's Support. The film premiered in Washington at the British Embassy at a reception held by Chapter 6 of the American College of Nurse-Midwives. The proceeds from the benefit went to assisting the local chapter in its efforts to update licensure laws for certified nurse-midwives in both Maryland and the District of Columbia. Among the honored guests were Helen Browne, CNM, OBE, and Ruth Lubic, CNM (of our National Nursing Council). Kitty Ernst, CNM, MSN, was on the committee.

NINE YEARS IN THE MAKING . . . AND WHAT A CHILD!

by Diane Wilson, R.N.

[Editor's Note: Diane Wilson is the head of the FNS Home Health Agency, and as this story shows, an active member of the Beech Fork Committee.]

I migrated to Leslie County in 1970 and had little knowledge of the FNS. In 1972, during my first pregnancy, I began with the midwife, and only nurse, at the Beech Fork Clinic, Jo Ann Fenton. Over the next few months I was seen only by the midwife and then came the day to travel to Hyden to see the doctor, which happened to be Dr. Beasley. It was our first encounter and one that developed into a lasting friendship.

During my visits to the Beech Fork Clinic it did not take long to find out that there was little privacy for patients, and no parking except on the driveway or along the road. If I was not lucky enough to get parking space on the driveway, this meant climbing several steps and then more steps! After you arrived in the clinic area, you needed to sit down, catch your breath, let your blood pressure go down, and heart rate slow down, before the nurse **dared** to examine you.

It was the turning point to get Beech Fork a new clinic. We had a few committee meetings; people from the community were interested in getting a new building. Everyone felt that the Asher area (mouth of the Middle Fork) was the most central location for all involved.

So, with this in mind, Dr. Beasley and I began looking for land on U.S. 421. We looked at several places and then decided that the Hoskins property across from the Asher Post Office was ideal. We also discovered that the Hoskins family had many, many heirs. Through the generosity of Mr. Carl Hoskins we were told of the land measurements we could have, at Asher, on 421.

Dr. Beasley and I went out and made our way through waist high weeds to measure property to assure us of adequate building space, plus parking. During this time, Kate Ireland, Chairman of the Board of Governors, and Mr. Eddy J. Moore, of the Building and Grounds Committee, looked at our prospects. It seemed that the said property was not large enough to accomodate what we

had in mind for the new building, septic system, and that precious parking space. It was felt that this was not an ideal place for entrance or exiting and would be most dangerous, as 421 is travelled heavily by coal trucks.

What turned out to be the 'choice spot', after time marched on, a new committee formed, and much effort put into the years' long project, was a piece of pasture land belonging to Nora Hoskins, just below the site of the original Beech Fork Center. In that spot now has sprouted not a vegetable garden but a beautiful, modern clinic with proper examining rooms and the much needed parking space — all still within easy access to 421. The hillside has been 'contoured' to avoid mud slides into the back of the clinic; there is a rampway, flowers, and bushes along the building. In short, the spacious new quarters are a fitting result of all the hard work put into it by the community, the committee, volunteers, and staff. It wasn't an easy task — but nothing worth getting ever is.



Beech Fork nurses, Ellen Hartung and Laura Pilotto, at their new front desk.

ONE STEP TOWARD PREVENTION

by Alice Basch M.S.N.

In 1900 cancer of the lung was a rare disease. The diagnosis of lung cancer increased steadily over the years. By 1979, the Surgeon General's Report listed lung cancer as the leading cause of death from malignant disease in the United States.

As the incidence of lung cancer and the death rate increased, investigations were begun to determine the causes of this new disease. In the 1920's and early 1930's it was first suggested that there was a relationship between lung cancer and tobacco smoke. In 1964, the first official statement on smoking and health was released by the U.S. Government. The conclusion reached was:

"Cigarette smoking is causally related to lung cancer in men; the magnitudes of the effect of cigarette smoking far outweighs all other factors. The data for women, though less extensive, point in the same direction. The risk of developing lung cancer increases with the duration of smoking and the number of cigarettes smoked per day, and is diminished by discontinuing smoking".

Our primary precept is the fact that most effects and risks associated with cigarette smoking decrease after quitting and may eventually disappear with time. One of the first programs of the Rural Oncology Demonstration Project was, therefore, an educational campaign aimed at helping Frontier Nursing Service staff and the community change their smoking habits. The program was scheduled to coincide with the American Cancer Society's Great American Smoke-Out on November 20, 1980.

The first part of the campaign began by determining how many smokers and non-smokers there were on the FNS staff. Questionnaires were distributed to all employees asking information on smoking habits, years of smoking and health factors. Response was encouraging with 123 employees answering the confidential questionnaire. Of these, 48 were smokers, eleven were ex-smokers and 64 were non-smokers. (Tables I & II)

During the next month, the educational part of the program began. Newspaper articles were published weekly in the two local papers, the *Thousand Sticks News* and the *Leslie County News*. The articles informed the public of the benefits of quitting

smoking and provided hints on how to quit. The articles also suggested aids to help avoid those first few unpleasant days as the smoker goes through cigarette withdrawal. Additionally, posters were distributed around the county advertising the Smoke-Out and literature was provided for those who were interested in reading more.

Table I. Smoking Habits, October 1980

	Male	Female	Total
Smokers	6	42	48
Ex-Smokers	1	10	11
Non-Smokers	9	55	64
Total	16	107	123
Average Packs/Day	1.5	1.26	1.35
Average Years Smoking	20.0	11.99	12.56

Table II. Health Factors, October 1980

Health Conditions	Smokers	Non-Smokers	Ex-Smokers
Poor Circulation	2	-	-
Bronchitis	2	-	-
High Blood Pressure	4	5	-
Heart Disease/Murmur	1	2	-
T.B.	1	-	-
Asthma	1	-	-
Cancer	-	-	1

Starting October 29, and weekly until the November 20th day, informal education and support groups were available for those interested in quitting. On the day of the Smoke-Out, a booth was set up in the lobby of Mary Breckinridge Hospital to provide information on smoking and to help encourage smokers to quit for at least one day. An attempt was made to get smokers to sign a pledge card and commit themselves to stop smoking for the 24 hour period. 37% of known smokers actually committed themselves, and a majority of smokers attempted to comply during working hours. Employee enthusiasm kept the public areas clear of smoke for the day and made the campaign a success.

As a follow-up to the campaign, the FNS staff was surveyed again in February, 1981. At that time 87 responses were received to the questionnaire (Tables III & IV). Seven individuals replied that they had quit smoking in the preceding six months. Fifteen others had decreased their smoking habits. Interestingly, 85% of the people felt that smoking is harmful to their health and 50% stated they would like to quit.

The numbers may be small and it is not certain how much of an effect the oncology project had on the change in smoking habits, but it is a start. As more people become aware of the individual benefits of not smoking and as more people take responsibility for their health, the relatively new disease, lung cancer, may once again be the rare disease of the 1900's. Wouldn't it be nice to actually be able to return to the 'good old days'?

Table III. Smoking Habits, February, 1981

	Male	Female	Total
Smokers	1	27	28
Ex-Smokers	4	10	14
Non-Smokers	9	36	45
Total	14	73	87
Quit in Last 6 Months	3	4	7
Decreased Smoking in 6 Months	2	13	15

Table IV. Attitudes Toward Smoking, February 1981

	Male	Female	Total	%
Smoking Harmful				
Yes	12	62	74	85
No	1	0	1	1.3
Undecided	1	11	12	13.7
Would Like to Quit				
Yes	0	14	14	50
No	1	11	12	42.8
Undecided	0	2	2	7.2



Mrs. Hal Newell, outgoing Chairman, and Mrs. Ralph Becker, ingoing Chairman, of the Washington Committee on Derby Day. The Committee had an overwhelmingly successful party and were able to send the FNS a check for over \$8,000, more than double what they had raised last year. Both Mrs. Newell and Mrs. Becker are Trustees of the FNS.

THE RITES OF SPRING — ANOTHER CLASS GRADUATES FROM FSMFN

On April 25th, the Frontier School of Midwifery and Family Nursing graduated another four students on a mild spring evening with ceremonies held on the Grassy Spot at Wendover. Each of the graduates spoke, some at greater length than others, and Dr. Carey, Sr., Dorothy Dalton and Lydia DeSantis all gave words of wisdom mixed with reminiscences to the graduating class. The graduates were Ethel Stark, Sheila Ward, Margaret Wise and Patti Rogers. The evening was marked with much evidence of good humor and gaiety, but it was also not without its thoughtful side as the following excerpts from Patti Roger's speech will show.



Graduates in the front row, from left to right are, Patti Rogers, Margaret Wise, Ethel Stark, and Sheila Ward. Dr. Timothy Carey is the speaker.

Before I wrote this speech, I asked my classmates if there was anything I should say, or not say. Sheila told me not to get corny, so I'll try not to . . . I also didn't want to come across as giving advice, so, I guess there isn't much left to say. (Laughter) But if what I tell you today gives you a thing or two to think about, then I will have accomplished something.

This could be entitled "How to Survive Midwifery School and Still Know Who You Are", if a little crazier.

One of the first things, I think, is to learn to say "I don't know." That sounds a lot simpler than it actually is to say. One of Steven Marlow's characters in one of his books put it better than I could, and I quote:

It's a good feeling not being sure. I heard enough pat answers today to last me a lifetime. I'm beginning to think that the nicest sound in the English language is the three words 'I don't know' because it gives you a place to start. To wonder, maybe. To see the sense of mystery in every human life.

To this day, I have trouble with people who say "I know" to virtually everything. Saying "I know" can close a lot of doors. If you really do know it, say it, and be prepared to back it up and bear the consequences, with grace. Stand up for what you believe in. And be your patient's advocate. Stand up for her or for him. But there is something to watch out for here — pride. Nature has a way of dealing with a bit too much here, any way. Just when you think you're the cat's meow, a dog comes along and bites you off at the ankles.

The third thing I'd like to speak about is a suggestion of how to get through a day as a family nurse-midwifery student. This is specifically for the new midwifery students — Wendy, Betsy, Marianne, Karen, Roseanne, Susan, Amy, and Carolyn.

Dr. Elizabeth Apgar developed the Apgar system which was devised for the observation of the newborn baby in the immediate post-delivery period. I've taken the liberty and changed it a bit. It has been designed with the concept of "Taking Time to Look at Yourself". For your first several deliveries it is entirely normal to have a very fast

respiratory rate and even faster heart beat. Expect those to go down and drop to a slower and more manageable level as time goes on.

Ask yourself: was my opinion colored by pride and righteousness or backed by knowledge? (There is more than one way to skin a cat.) Was I flexible today and did I learn anything today? If you don't ask yourself that, Molly Lee will. And, what may be most important, did I smile? or just frown and grimace a lot? I'll finally shut up with one of my favorite sayings. It's Chinese. It's only a few words, but it best sums up what I really feel about learning.

What I hear, I forget.

What I see, I remember.

What I do, I know.

Thank you.



Musicians at graduation, from left to right: Ruth Pershing, Oral History volunteer; Carolyn White, RN; Paul Wooton and John Wise.

ALUMNAE NEWS

Margaret Hill, Louisville, KY—

Well, I'm back in Louisville until the first of June. Then I'll be heading back out west. I'm really excited. I have to get twenty hours of seminary before I head back overseas. I'm going to take my time, though, since I'm not real excited about hitting the books again. But I have lots of friends in Texas so it will be lots of fun. I'm not sure there will be much of a chance of finding a midwifery or family nursing job, but hopefully I can find a clinic prenatal position. I'll let you know how things go. Take care. Tell everyone hi.

.

Karen Slabaugh, Millington, MI—

Greetings! I'm feeling fine these days and am currently working as a staff RN in a large medical center here at home. I want to return to midwifery soon, so I'm applying for an internship at Booth Maternity Center. Greetings to Dr. Anne.

.

Karen Kern, Glendale, CA—

Life is finally settling into a little more of a routine for me, though I'm not home much. Work is going well and I see everyday how much I appreciate the fantastic training from FNS. The work is hard and we see a high volume of patients — over 90% purely Spanish speaking; but I really love working in the clinic and having contact with the patients. It was hard to see **Rayna (Yatsko)** off at the airport. We saw **Marcia McDonald** over a month ago and she seems happy in her job — an ideal combination of FNP and midwifery. She said Keller is happy with his job, too, and they have a really neat house. Is **JK** around?? Take care and God bless.

.

Kathy Smith, Largo, FL—

I am raising financial support to go to Kulpahar, India and hope to leave by the end of this year. Will be there five years barring any unforeseen incidents. I will live in Florida and travel weekends to speak at different church groups. My address until I leave for India is: 1645 Seminole Blvd., Largo, FL 33540.

Julie Gorwoda, Albuquerque, NM—

I have been invited to speak at my old nursing alma mater about midwifery, alternative birthing centers, home delivery, etc. I would like to show "Cherish the Children" — it would be good PR for FNS west of the Mississippi. I have been the Acting Director of the Southwest Maternity Center since the first of December. I came to SMC so that I could learn what it takes to start a center like this in Colorado. Thought I could learn administrative side by watching — little did I know I'd learn by doing. We are interested in hiring a CNM with experience in the next couple of months. Let me know if you know anyone who misses Mexican food and God's country. Would consider a bright new grad. Just hired **Rexann (Willingham) Butler** — an old FNSer. We are boring the other SMC employees with our FNS stories — we have a ball. Give my best to Bernadette and all my friends there.

.

Rayna Yatsko, Portland, OR—

Yesterday evening FNS California got together, which included **Rhea Liimaa, Karen Kern, Marcia McDonald**, and me. We got together for a fresh seafood dinner on the wharf — and we talked — and talked for hours about both the old and new. It was decided a newsletter would be nice and I'm elected to organize it. Will be published once or twice a year — depends on the response. I feel like I missed winter this year because the weather has been so warm and sunny. My body is having a hard time tuning in. Keep in touch. Tell everyone hello. Is it true that **Nina Redgrave** is back?

.

Rita Rhoads, Quarryville, PA—

Midwifery is growing here in PA. Our practice has grown to the point of expansion into York County. We had been travelling the distance for home deliveries, but as of March 3rd we opened a second birthing center in the York area. **Marsena Howard**, also an FNS graduate, is managing that center. A third CNM has also joined us. **Ann Johnson** (ex-staff) is working Progressive Care Unit following her graduation as a RN in June — of course, she helps us out part-time. Saw **Laura Knowles-Coursin** at our regional ACNM meeting. She reports her baby is growing well. Thinking of you all. Hi to all I know, especially Dr. Wasson.

Barbara Yacos, Box A-37, Hanover, NH 03755—

I graduated from the Frontier Graduate School of Midwifery in 1954. For those of you who still remember me, I am married to a lawyer, have two girls — Karen at University of Vermont, graduating this year and hoping to be able to go to medical school. Darby, the 14 year old daughter, attends Holderness School in Plymouth, NH — she also leans with the sciences. Both athletic like mom and smart like papa. We just moved here from Miami. I worked in big city VNA and Public Health there, but far prefer a more rural job — as here. Jim, the lawyer fella I married 24 years ago, just took and passed the NH bar exams and is hanging out his shingle in Hanover. From a big city practice to a small town general practice — a nice change for both of us. I enjoy receiving the *Bulletin*, but have not read anything of my classmates for years. **Jan Rheinbrecht** recently got my address and sent a postcard. I am anxiously awaiting some news from her.

.

Dorothy Degnitz, Papua, New Guinea—

Waiting for the NG government to get the paper work caught up so I can get my work permit and visa — not sure they will come in time. I still get the *Bulletin* every now and again, so did read about Peggy's unexpected death. Also see that Molly Lee is still there — and her sister was visiting from England. I'm not due for home leave until 1982 and I don't know if that will be just a three month leave or terminal leave from Papua, New Guinea.

.

Mary (Chris) Banigan, Rohnert Park, CA—

Only two months left to my BSN education and for that I am grateful but my education is still not complete and I will begin graduate studies in the fall. In two weeks **Connie (Folk)** and I will take some time and plan a week's vacation in southern California . . . San Diego Zoo, Marine World, Safari World, Disneyland, and Knott Berry's Farm — and escape from reality!!! **Connie** is doing well and has been busy with her job at the Medical Center. When we get back I hope then to get to visit **Marcia (McDonald)** at Clear Lake — she is only an hour away. **Sr. Linda (Bouchard)** was accepted into medical school and will be moving up to the Bay area this summer. Hope all is well.

Rachel K. Clough, Ganado, AZ—

I enjoy getting the *Bulletin* — it brings back fond memories of my years at FNS ('70-'72). This school year I am Director of Student Health Services at the College of Ganado. It is a very small college with nearly all Native American students, mostly Navejo. It has been an interesting experience. It is a very different culture, but being at FNS helped me adjust to being here.

.

Lynn Patterson, Kernersville, NC—

I resigned OMS and left Haiti. My fiancée, Tom Smith, and I are to be married May 23rd. I do have an item for prayer. I had a motorcycle accident in February and the total damage was not known for ten days. Torn ligaments in the sides of my right knee — by then too late for a cast. My MD put me in a leg brace and said there is a 50% chance that they will heal with this brace after six weeks. If they don't heal, I will need surgery. Please pray for healing. Give my love to all.

.

Cathy Carr, Ashland, OR—

I talked to **Ann Shaw** on the phone — I'm going to NYC in April and we'll be getting together. I'm looking forward to a great time. Give my best to the FN IVs — it is worth it. I just dug up the garden today — it is so ridiculously fertile here that everything grows to amazing sizes. I do miss okra though — it doesn't get sufficiently hot. Once a Southerner, always a Southerner. I gave a talk on OB emergencies at a L & D conference for RNs. Dr. Gilbert and Sr. Dorothy were right with me as I used a lot of my old notes. Still training for the Pear Blossom Run — think speedy thoughts April 11th. Take care.

.

Ruth Gamber ('78), Haiti—

Another FNSer is in the news (OMS Outreach Magazine) **Ruth Gamber**. The OMS Outreach recently published an article on Ruth and her work to train Haitians in maternal child care. Miss Gamber first went to Haiti in 1972 and worked in the OMS Bethesda Medical Center and it was on her first furlough that she came to FNS. After earning her midwifery certification, she returned to Haiti and together with **Lynn Patterson** (FSMFN)

and four assistants, she tries to "meet the needs of 20 to 25 expectant mothers who crowd into the waiting area each day. Many are young. Most come from communities around the clinic, where without the care offered by Ruth and her staff, they might give birth at home, attended only by a local sage-femme, or midwife." The Public Health Department in Cap-Haitien has asked Ruth to teach a four month midwifery program for the sage-femmes.

.

BURROUGHS WELLCOME FUND SCHOLARSHIPS TO FSMFN

Each trimester of the academic year, the Burroughs Wellcome Fund awards scholarships to two of the students in the Frontier School of Midwifery and Family Nursing. The awards are granted through the FSMFN Financial Aid Committee and are based on academic and clinical achievement, need for financial assistance, career goals as a nurse-midwife, and letters of support from medical staff, nurse practitioner/midwifery staff, and faculty. The Burroughs Wellcome Fund was founded as a private, nonprofit foundation in 1955. Its donor is Burroughs Wellcome Co., a pharmaceutical manufacturer and the U.S. subsidiary of the Wellcome Foundation Ltd.

Two young American pharmacists, Silas M. Burroughs and Henry S. Wellcome, started the pharmaceutical enterprise in London, England in 1880. Wellcome survived his partner to become the sole owner and he bequeathed his holdings to the Wellcome Trust, a charitable trust formed under his will. During his long life, Wellcome had come to have an almost exclusive interest in scientific research and in all matters relating to current and historical medical subjects. His will requires his trustees to spend the money received as dividends from the Wellcome commercial enterprises to support research related to human and animal diseases throughout the world. The Burroughs Wellcome Fund is an entirely separate entity, concerned with philanthropy in the United States.

In December, 1980 Miss Elizabeth MacMillan and Ms. Rae Cottrell were the recipients of scholarships through the generosity of the Burroughs Wellcome Fund, and in April, 1981, Ms. Wendy Wagers and Miss Karen Kudia were awarded the scholarships.

OLD STAFF NEWS

Dr. Tom Dean, Wessington Springs, South Dakota

We get the *Quarterly Bulletin* and always turn to the student corner to catch up on the news of all our acquaintances. With regard to the job that we have, it is a situation similar to one of the FNS district clinics except that it is located in a town of about 700 people which is fifteen miles from our main clinic in Wessington Springs, where I work most of the time and where the hospital is located. The satellite clinic has two receptionists — medical assistants and a part-time dentist as well as regularly scheduled visits from me and one of the mental health counselors. We feel that the clinic has potential for growth if we can find the right person to staff it. Any interested person can call me collect at the clinic number, which is (605) 539-1778, or my home number (605) 539-1529.

.

Jan (Tobey) and Kevin Calos, West Virginia

Kevin and I have had an exciting and busy year. Kevin has been travelling some with his job and I am travelling back and forth to NC every week for school. Will be anxious to return to work — miss the babies. Also, much prefer teaching to being a student! Sure hope all is well. Please give our regards to all.

.

Elaine Waters Curry, McKee, Kentucky

Lance is a treasure. He achieves little goals every day. He laughs and smiles at his buddies — Raggedy Andy, Mickey Mouse and me! He loves to coo and talk. He is probably weighing in between 15-16 pounds now at two months. He isn't fat as his length compensates for the huge increase. I'm enjoying being a mother! Hello to Dr. Anne, Lydia, and everyone.

**Elsie Maier Wilson, 7845 12th Street, N.,
St. Petersburg, FL 33702**

Guess what? I just became a grandmother for the fifth time. I can't wait for you to meet my husband. I still marvel at God's mercies. I am enclosing a picture of our wedding with the midwives present that day — all FNS graduates except for Wendy Andres who will be applying to the school. I hope this picture can be put in the *Bulletin*. Betty Bear came to the wedding, too, but didn't stay for the wedding so we didn't get her picture. It was just great having each one. Even had Kentucky holly from Cutshin on the altar. Kentucky will always have a very dear place in my heart. I hope to get up to visit this year. We will be going to Arkansas to visit Jack's daughter, so we will just have to stop by Kentucky!



Barbara French, Pat Moseley, Barbara Long, Elsie Maier Wilson and her husband Jack, Wendy Andres, and Carol Gidney.

Connie Becker (FSMFN graduate and ex-staff)

Connie Becker, CNM, attended a two day perinatal seminar at Clearwater Beach, then flew to Atlanta to participate in a panel discussion on nurse-midwifery in the Southeast. (She started the Midwifery Services at Archbold Hospital in Thomasville, Georgia in the early 1970s.) Miss Becker and her parents then went on a ten day tour of Austria, Switzerland, and West Germany in October.

.

Priscilla Crow, Thomasville, Georgia

Another graduate and ex-staff member, Miss Crow, was recently featured in an article in the Thomasville *Enterprise*. The Article talks about Priscilla's work as a medical missionary in Nigeria and quotes her as saying, "Medical missions is an adjunct to teaching and preaching. The people have to be healthy enough first to hear what you have to say." Miss Crow grew up in Buffalo, New York, and after completing her bachelor's in nursing, she enrolled in the Frontier Graduate School of Midwifery. Again, they quote her: "This was the biggest adjustment of my life; moving from Buffalo to Hyden, Kentucky was more of a cultural shock than leaving the United States and going to Nigeria. So I didn't find the adjustment overseas hard to make." Priscilla decided on the FGSM because she was bent on learning clinical nursing skills. "I didn't want a master's degree; I wanted practical skills." In Nigeria she worked at mission stations and spent several months opening a medical center. She later became a director of nurses, doing less diagnosis and treatment and more administrative work. Miss Crow now works at the Archbold Hospital where she has been for the past seven years.

Born to Clinton and Missy Kelly, both members of the Washington Committee, and Missy is on the Board of Governors, Emily Lindsay Allen Kelly, on January 31, 1981, weighing in at 8 lbs., 2 ozs. Congratulations!

OLD COURIER NEWS

Nancy Oseasohn, Midland, Texas—

I got a job at the Texas Department of Human Resources as a Child Support Attorney in Midland (that is way out in west Texas, near the southeast corner of New Mexico!). The work entails going after fathers who are delinquent in paying child support which has forced the children and mothers onto state welfare.

.

Mary Neel (Mrs. Samuel E.), McLean, Virginia—

Old Courier and the mother of two old Couriers, Mrs. Neel has recently become the Chairman of the Mid-Atlantic Region for the MET. The quote from the *Metropolitan Opera News* reads: "She began volunteer work back in 1937, when she became a courier for the Frontier Nursing Service of Kentucky, riding over mountain trails to assist with family-centered care in the remote, rural areas, giving an occasional church concert, or producing a children's Nativity play." Congratulations.

.

Cindy Asplin, Slayton, Minnesota (Spring, 1981)—

Thanks for sending the letter and the copy of the *FNS Bulletin*. Christina (Bugbee) did a beautiful job on the cover and the whole *Bulletin* was put together very well. I thought Lynn's article, "Home Visits by FNS Nurses", was very well done. She did well at relating the past to the changes in the present. I want to thank you, too, for giving us the chance to be a part of the *Bulletin*. It was fun and it made it seem even more special. I hope things are going well. You're thought of often.

LETTER TO THE EDITOR . . . DEAR AUNT EDA

This winter we received the following letters.

The Editor of the *Bulletin*—

I send you herewith what seems to me a very entertaining letter (recently unearthed when another friend moved) written in the winter of 1933 by Mary Graver Littauer who was a courier then, as I was. Whether it is of any interest to you and your younger couriers and readers, you will know. It tells of another world indeed, and one that we both remember with great affection, pleasure, and amusement.

Mrs. Littauer is too modest to send the letter herself, but she doesn't mind if I do and she would understand — should you print it — that you might want to cut it here and there.

Yours very sincerely,
Elizabeth Parsons Warner

Both Mrs. Warner and Mrs. Littauer, as the letter makes clear, were couriers in the early thirties. We, too, thought the letter of interest and pass it on to you for your enjoyment.



Betsy Parsons mending a saddle.

February 27, 1933

Dear Aunt Eda —

Ever since I received your first nice letter and since my impressions of this place began to crystalize a bit, I have wanted to write you and tell you all about it, but that has seemed such an appalling order, (what letters I have written have all turned out to be such vague inadequate little sketches) there has been so **much** in fact and in atmosphere, so many things new and strange and different that I'm afraid I've shirked a bit.

. . . I'm stationed up at Wendover with some six or seven statisticians, an assistant director, a resident nurse, a housekeeper, another courier, six dogs, three cats, some twelve horses and innumerable assorted livestock, with hogs leading by a big majority. We live by coal fires, oil lamps, minimum plumbing; repose on army cots; . . . and feast our eyes on beech forest, hemlock, sycamore, holly and mountain laurel, creeks and waterfalls.

I have diggings of my own with my own front door and my own coal grate to brew my own tea on and toast my own toes at . . .

The humble courier cleans horses and exercises and massages and anoints and loses 'em and waits on 'em hand and foot, cleans tack, stokes fires, gets tea, hunts eggs, bathes dogs, plays post-mistress, does filing, addresses and stamps appeals, carries sick babies and eggs and grain on horseback, brings people in and out, takes horses to and from the various centers, puts up horse medicine, goes with nurses on deliveries, runs errands, and does any other little odd job.

The trips to the centers are lots of fun — going rounds, it's called, for you generally make a circuit stopping overnight at various ones en route. I have always been fortunate on rounds, gotten in on a square dance and almost on one of the episodes in a feud, dined with mountain people and been invited to stay and 'take a night', been marooned by 'tides' and generally had a good time. One is always being sent into Hyden, too. The FNS hospital is there; it's a metropolis of three hundred souls, the county seat, and has direct communication (one year old) with the outside world over one dirt road . . .



“... (carrying) sick babies and eggs and grain on horseback ...”.

I 'cotched' my first baby last Wednesday morning at six-forty-five o'clock — a ten pound boy . . . I'm expecting to go out again on delivery either tonight or tomorrow night. Last time we were called at three o'clock and had a two hours' ride to reach our destination.

. . . I did have a grand birthday, with fresh, white snow on the ground. We got the bottom fringe of that continental blizzard, I think, and went below zero for four days, toasted our faces and froze our backs and washed in the kitchen sink. On the third day I established bathing facilities in my own chambers, and on the next morning when the last ultimate pipe in the house froze, could boast the superiority of a more primitive arrangement. It was a beautiful world, though, all blue and white in the daytime, and silvered with moonlight at night, with the little owls hooting through the silence.

Then we had rain for two weeks and tide upon tide so that no mail could get in or out, and the river making a great noise. Now we've had sun and the pussy willows are kittening, and crocuses



Susan Adams, Iowa, inspecting a horse's shoe.

and snowdrops popping forth, and a faint green fur coming on the steep black fields, and cotton-wool baby lambs bleating . . . It's going to be terribly hard tearing myself away with the spring breaking.

. . . This life is very **good** and blessedly quiet and restful in spite of the activity involved; it's all a very quiet, simple, healthy kind of work, and there are absolutely no distractions or irritations or annoyances; none of the disturbing unpleasantnesses and superfluties of 'civilization.' I'm very much afraid I'll go about New York shying at everything I see when I get back, and probably almost die of nervous prostration. I haven't been in an automobile for two months! Of course, I'm anxious to get home, but I'm leaving a big piece of my platonic heart here.

There have been grand, long, quiet evenings for reading, too, which I've appreciated immensely. In fact, I would unqualifiedly recommend the position of courier in the FNS as one of the sweetest, softest, most congenial jobs there is



Helen Stone, New York, riding Diane and leading Doc.

MEMORIAL GIFTS

We take this means of expressing deep appreciation to our friends who make a supporting contribution to the work of Frontier Nursing Service as a way of showing love and respect for their friends.

Judge Augustus E. Cornett

The Beasley Family

Mr. Richard E. Shands

Mrs. Jefferson Patterson

Mrs. Thornton J. Parker, Jr.

Mr. John Wickliffe Parker

Mrs. Morton McCutcheon

Mr. and Mrs. Robert D. Weeks

Mr. and Mrs. George F. B. Owens, Jr.

Mr. W. Roy Sizemore

The Beasley Family

Mr. John J. Hutchison

Mr. and Mrs. Henry R. Heyburn

Mrs. Gertrude B. Breckinridge

Mrs. Rufus S. Lusk, Jr.

Mrs. John F. Babbitt

Mr. Emmitt Elam

The Beasley Family

Genevieve Clark Thomson

Col. and Mrs. James T. Breckinridge

Lyda S. Howard

Veterans Association of the

Metropolitan Life Insurance Company

Mr. and Mrs. William L. Conyngham

Mr. and Mrs. John N. Conyngham

Mrs. Harry E. Spears

Maryland State Society,
Daughters of Colonial Wars

Dr. Richard Mason Smith

Mrs. Horace Barry

Mrs. Alfred Houston Noble

Mrs. James C. Breckinridge

Mrs. Frederick L. Stout, Jr.

Mr. and Mrs. Henry R. Heyburn

Mrs. Frank A. Sparrow

Miss Duchess L. Dalrymple
Mrs. W. J. Granberry
Mr. and Mrs. Charles W. Hill
Mr. Francis R. Spisak
Mr. and Mrs. C. Kelly Reynolds

Mr. Stephen Gunner

Mrs. Lawrence E. Linn

Mrs. Dewey Daniel

Miss Kate Ireland

Miss Peggy G. Elmore

Mrs. Max L. Doty

Mr. Hobert Cornett

Mr. and Mrs. James Howard
Mrs. Roger L. Branham
Old Timers' Office Workers Committee
Mr. and Mrs. Connie M. Koser

Mr. R. Livingston Ireland

Mr. and Mrs. James Howard

Mrs. Hall Kirkham

Mr. and Mrs. James F. Pendleton

Mr. and Mrs. William F. Ray

Kentucky Flying Service, Inc.

Mr. and Mrs. Quentin Alexander

Mr. and Mrs. Thomas W. Moseley

Mr. and Mrs. John T. Feighan, Jr.

Mr. and Mrs. Phil Pomeroy

Miss Genevieve L. Bell

Mr. Badgett Dillard

Mr. and Mrs. S. Sterling McMillan

Mr. and Mrs. Ryals Lee

Miss Jeannette E. Stewart

Mrs. Ben Breedlove

Mr. Corning Chisholm

Mr. and Mrs. Godfrey Smith

Mr. and Mrs. Rutheford B. Campbell

Hyden Citizens Bank

Mr. and Mrs. David S. Ingalls

Mr. and Mrs. George H. Love

Mr. and Mrs. Eddie J. Moore

Mr. and Mrs. Fred Brashear

Mr. and Mrs. Van C. Adams

Mrs. William B. Belden

Mr. and Mrs. Clinton W. Kelly III

Anne A. Wasson, M.D.

Harry and Maxie Laviere Foundation, Inc.

Mr. and Mrs. Wade Mountz

Mrs. Floyd H. Wright

Miss Kate Ireland

Mr. and Mrs. Job D. Turner, Jr.

Mrs. Carter Stanfill

IN MEMORIAM

These friends have departed this life in the past few months. We wish in this manner to express our gratitude for their interest in our work and our sympathy to their families.

MRS. DEWEY DANIEL

Cynthiana, Kentucky

Former Chairman of the FNS Hazard Committee and active member of the Daughters of Colonial Wars.

MRS. FLOYD H. WRIGHT

Lexington, Kentucky

Former Blue Grass Committee member, Trustee and member of the Board of Governors.

MRS. FRANK A. SPARROW

(ANNE REYNOLDS)

Princeton, New Jersey

Old Courier

MR. R. LIVINGSTON IRELAND

Cleveland, Ohio

A loyal friend and supporter and active member of the committee whose daughters were couriers and one, Kate, is our National Chairman.

DR. COOLEY L. COMBS

Hazard, Kentucky

Former Hazard Committee member; on the FNS National Medical Council, and for years, gave free services to the FNS with eye examinations for children.

DR. RICHARD M. SMITH

Boston, Massachusetts

Member of the FNS National Medical Council for many years; former Boston Committee member

BRIG, GEN. MORDAUNT ELRINGTON
Santa Fe, New Mexico
Husband of ex-staff Peggy Brown Elrington

MR. HOBERT CORNETT
Wendover, Kentucky
Foreman of Wendover for many years and member
of the Wendover Committee.

I WOULD CAPTURE APRIL

I would capture April if I could,
Stop the pull of Summer on our hills
And hold the sap in new-green maple's wood
Where flickers drum and call of mourning dove
Compete with mocking birds. I'd hold the phlox
Imprisoned in full bloom among the rocks.
The golden tongues of wild flowers tasting wind
Would sing eternal songs of joy and praise
Along our creek where greening willows bend.
The lullabies of waking walnut trees,
And eager wing-beats of the nesting birds
Would be benison enough for me,
My cherished songs, the sweetest ever heard.
The service blooms, red-bud and daffodils
That come each April to Kentucky hills
Would be to me the joyful prayers I'd pray
If I could stop Time-clocks some April day.

—Mary T. Brewer



THE BIG HOUSE, A PROGRESS REPORT

When does our story begin? Does it start on March 1, 1981 when the Teck Construction Co. arrived to lend the first blow of the hammer? Or does the story of the Big House Restoration begin more properly when Verna Potter spoke with Dr. Beasley and JG Morgan about the rotting logs? There was the work to have the Big House entered in the National Register of Historic Places, Dale Deaton's work to write the grant and help push it through the Kentucky Heritage Commission and federal red tape. There was courier help in the form of doing some of the original work on drawings and certainly on all the packing up of books and furniture.

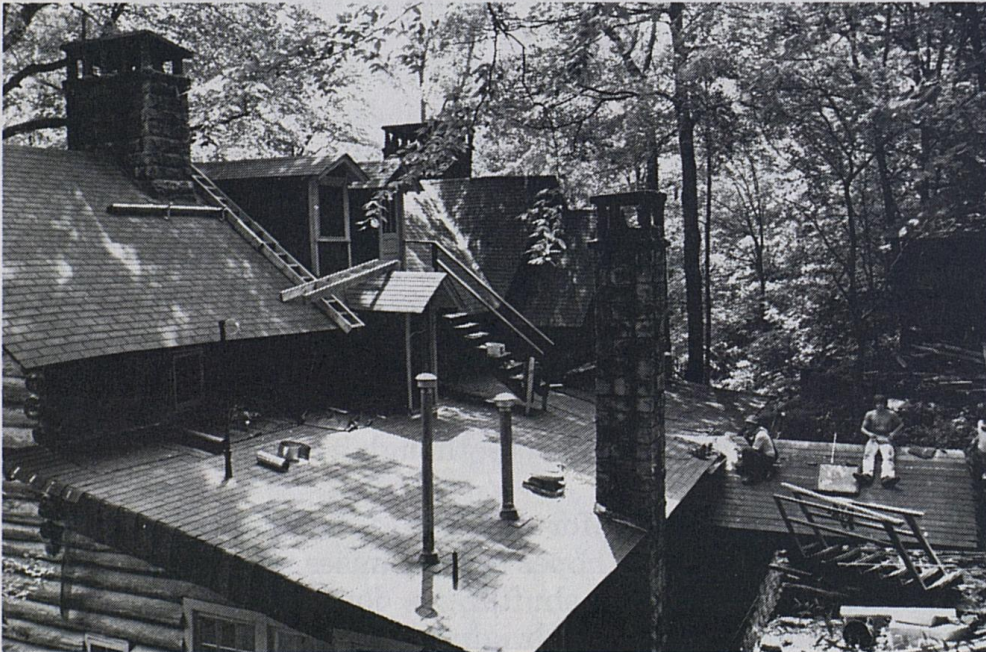
In any case, during the last many weeks we've been living in a sort of a time warp: learning and discovering how the fifty-six year old house was put together, what supporting work had been done in '56, and how up-to-date technology can be used both to "restore" and to "modernize." The building, which seems always to have had a life of its own, is open, vulnerable — almost like the pet who, unwilling to take the necessary bath, will withstand the agony and embarrassment for the sense of well-being and pride that will surely come when the handling, no matter how gentle, is over. The house is sort of exposed, its underneath naked to the elements, drains and ditches dug all around to ease the problem of moisture which the house hid for so long. With its windows open and doors flung wide on sunny days for a coat of new paint, or with buckets dotting the floors when it rains, the building seems at once in a wild shambles and constant disarray, and yet already more solid, some invisible strength being infused into its very core. Bookshelves are empty, beds covered only with sheets, as if the house were prepared for some long slumber — a sleep fraught with noisy dreams and much tossing and turning.

Like an awkward but well-mannered child being fitted for a new suit, our Big House bears up under the 'tucking', the pinching, and pulling. "Stand still!" It does; though it hardly feels graceful amidst all the fuss.

But hopes are high, for the house has always been an embodiment, a beacon of hopes and promises for the present and the future. And, when the shuffling is done, the lighthouse will shine its beam again — more brightly perhaps in its steady pride.

It now sports a new coat of paint on all its doors and windows, new copper guttering, a new roof over the kitchen, new plumbing and lighting, and two new floors in what are to be the Miss Helen E. Browne Room and the Miss Agnes Lewis Room. There are two new ditches around back of the house to drain water to either side instead of underneath, and — at last — several new logs fill in where old ones had ceased to be able to hold up. The support boards once nailed to the side of the house are gone from view and floors in the kitchen and on the second floor are now level. The new heating and air conditioning system is almost entirely installed, the chimneys have new 'caps' and new cement in the back, and, best of all, they have dampers!

There is still a lot of work to be done. The terrace must be poured, the kitchen painted, floors stripped upstairs and down, and lighting completed in the living room and the dining room. But things are well underway and already the house looks better. And soon we will be able to fling wide the doors and reissue our happy "Welcome!" to all who come by.

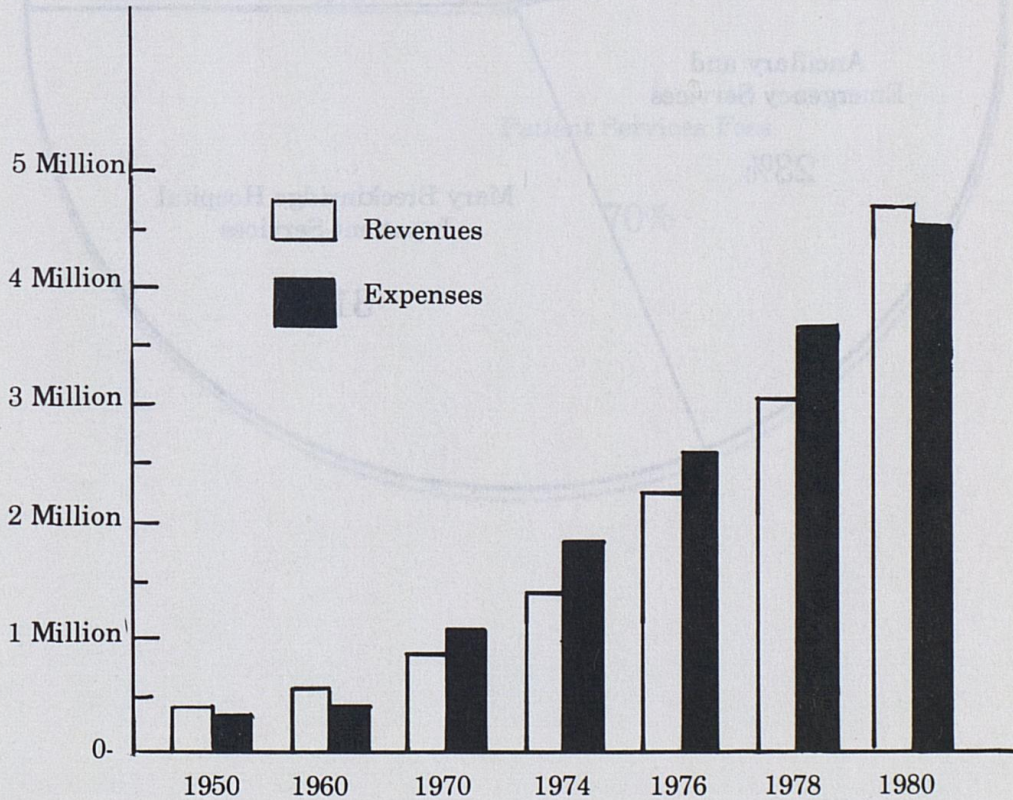


FRONTIER NURSING SERVICE: THE FINANCIAL PICTURE

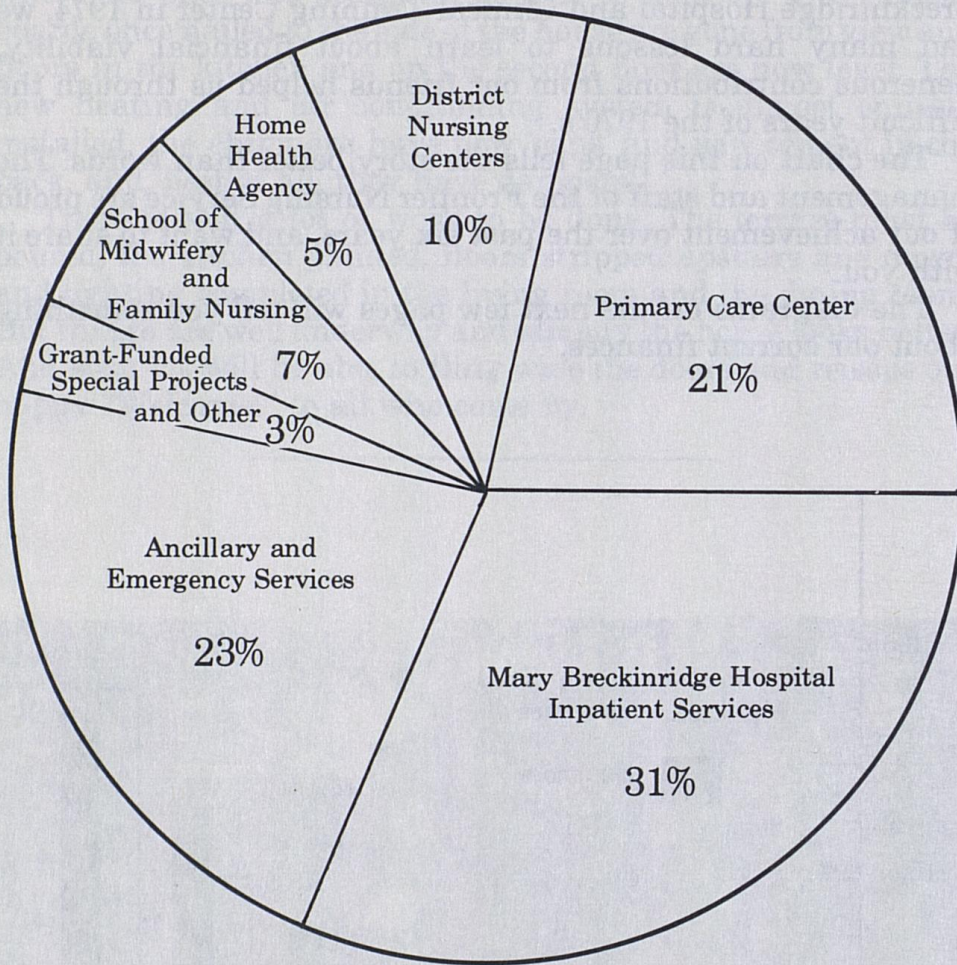
Keeping up with the cost of innovative and high quality health care hasn't been easy for us. After we built the new Mary Breckinridge Hospital and Clinical Training Center in 1974, we had many hard lessons to learn about financial viability. Generous contributions from our friends helped us through the difficult years of the 1970's.

The chart on this page tells the story better than words. The management and staff of the Frontier Nursing Service are proud of our achievement over the past six years, and want to share it with you.

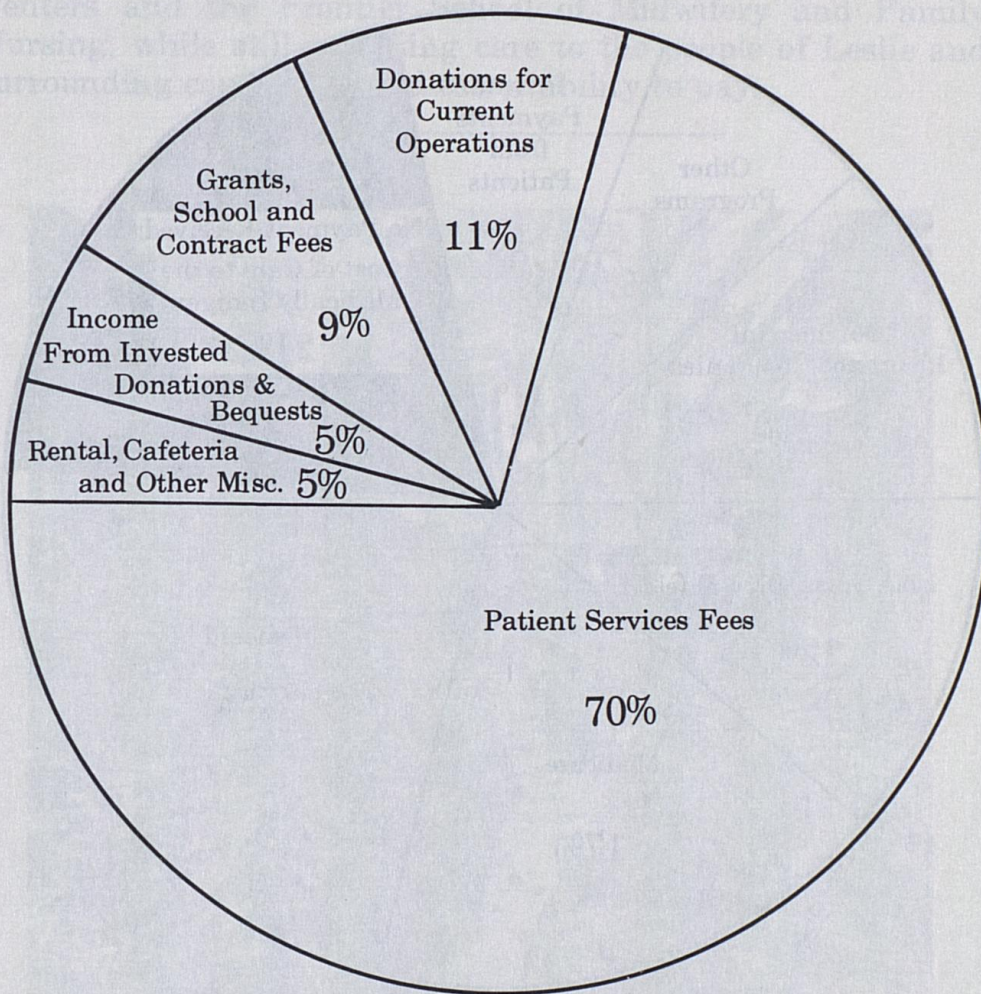
The diagrams on the next few pages will tell you something about our current finances.



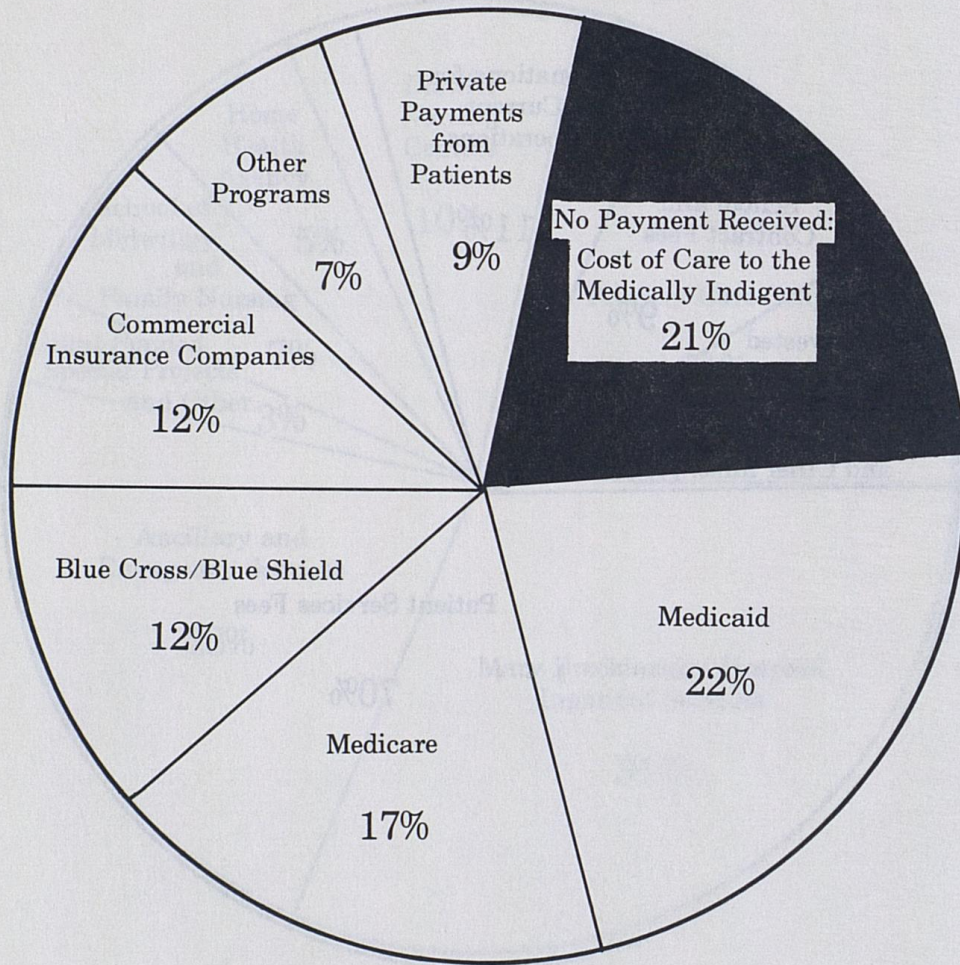
WHERE DO WE SPEND OUR MONEY?



FROM WHERE DO WE RECEIVE FUNDS?



WHO PAYS US FOR PATIENT SERVICES?



DO WE NEED YOUR CONTRIBUTIONS?

YOU BET WE DO!

Without your support, we would be unable to continue our unique approach to health care, combining the District Nursing Centers and the Frontier School of Midwifery and Family Nursing, while still providing care to the people of Leslie and surrounding counties regardless of ability to pay.



New drainage ditch at the Big House with the Upper Shelf in the background.

BEYOND THE MOUNTAINS

by Kate Ireland

What a pleasure it was to be welcomed to Boston by our new Co-Chairman, old Courier, Muffin O'Brien (Mrs. Frank) and Betty Ann Mead (Mrs. Stephen). Bets Barker, a Cleveland friend from many years ago, and her husband, Grant, invited me to stay with them and we all went to Muffin and Junie's magnificent new apartment on the Charles for dinner preceding the meeting on Tuesday, April 7. Brooks (Mrs. Martin) Lobkowitz generously opened her house for our meeting and the FNS ceramics, notepaper, and cookbooks were sold out very quickly. We had a good turn out for the meeting where we discussed plans for the Boston Benefit this spring — one hundred seats at the Pops concert on May 6. The plan for the fall is another Educational Panel on the activities of the Frontier Nursing Service in relation to health care in the Boston area, with particular emphasis on our Frontier School of Midwifery and Family Nursing.

I then had the pleasure of attending the Met Opera with Betty and Brooke Alexander, New York, who are old friends and hard workers for the FNS. Brooke is a past Governor and, at present, a Trustee, and Betty was the New York Committee Chairman of the Mary Breckinridge Hospital and Development Campaign.

Helen Ray (Mrs. William F.), treasurer of the New York Committee, opened her lovely apartment for a gathering of the committee and some possible new friends. Mrs. McAllister Lloyd, Chairman of the committee, came in from the country to chair the meeting and introduce Miss Dorothea Eberhart, our faithful past chairman of the Bargain Box. Miss Eberhart presented me with a fabulous contribution from the Bargain Box. All our hats are off to Mrs. Ian Paul and her committee for the superb job they have done throughout the past two years by continuing to raise grand sums for the FNS operations. Mrs. Paul was not with us as she was having surgery and our prayers and thoughts are with her for a speedy recovery. It was fun for me to see old Couriers Claire Hodupp Irving ('63) and Lydia Mueller ('76), both enthusiastic emissaries of the Courier Service.

On April 15, I had a wonderful visit in Grosse Pointe, Michigan, with Chrissy and Bill Finkenstartt. Our Detroit

Chairman, Mary Wotherspoon and her husband, Bill, came to a delightful evening at the Finkenstartds along with many other good FNS friends. I had the opportunity to meet some long-term, loyal believers in the FNS by visiting them in their homes. This was a special treat for me as we compared their interests in the Frontier Nursing Service and how those interests have been a part of what we are doing now in the mountains.

Annette von Starck (Mrs. Ernest R.), the Philadelphia Chairman, invited me to a lovely cocktail party at her new home in Haverford. The interest of our FNS donors is always gratifying and our Philadelphia friends were particularly full of enthusiasm. It was both a joy and an inspiration to talk to them about our FNS activities.



Scene from "The Second Hanging of Red Fox" by the Roadside Theater sponsored by the members of the FNS Education Committee on March 28.

RAFFLE! RAFFLE! RAFFLE! RAFFLE!

In December, Dr. Wasson won a muzzle loading rifle in a raffle at Beech Fork, the proceeds of which went to the District Craft Fund for Continuing Education for the nurses. She is entering this same rifle in a raffle on Mary Breckinridge Day this October 2nd and 3rd. The proceeds, again, will go to the District Craft Fund. There will be three drawings on Mary Breckinridge Day. First prize is the rifle, second prize is an afghan made by Dr. Wasson and third prize is a Raggedy Ann doll also made by Dr. Anne.

The rifle was made from a custom kit by Mason Collett. It is a Hawken Plains rifle, the type used in the wild West for shooting buffalo, and has a 28" barrel, half stock. It's a muzzle loading 50 caliber gun with double set triggers, recommended for target shooting. It has a walnut stock and burlled walnut custom hand oiled finish. The butt and nose cap are trimmed in brass. The rifle is worth \$300.





Anyone may enter the raffle. Tickets are going for \$2 a piece or 6 for \$10. If you don't live in the Hyden area, send to Dr. Anne Wasson, Mary Breckinridge Hospital, Hospital Drive, Hyden, KY 41749 for your tickets.

URGENT NEEDS

For Patient Care on Med-Surg.....	\$15,820
In house Monitor	
Life pack	
Patient curtains	
Valley lab pump	
For the computer	
'Enhancement' of the present system	\$ 9,000
Maintenance and Wendover	\$ 370
Two new lawnmowers	

STAFF OPPORTUNITIES**Physicians —**

Family Practice

Nurses —

Registered Nurses

Couriers and Volunteers —

Senior nursing students

Gardeners and forestry students

FIELD NOTES

Perhaps there's never been a spring quite so beautiful as the one we enjoyed this year. Balmy weather, redbud and dogwood in bloom along with lilacs and every early flower imaginable. Between the colors and scents, it was difficult to stay indoors and all too easy to linger under a blooming apple tree, or later on, near a mock orange bush. Gardens sprung up everywhere and everyone seemed to have his nose to the earth — planting, tilling, making those wintertime thoughts of a large harvest come true. The signs of hope that come with each spring were all around us, warming us, warning us that if Nature were that busy, we should be, too . . . And then the rains came. Not in torrents, just continual drizzle, and for us, unused, after such a long dry spell, to the dreariness of wet days on end, the enforced frowsting was quite frustrating. No one is complaining, mind you, for the rain has been well overdue, but it does influence the mood of one's hours once having forgotten the art of what to do with a rainy day. The sun has been evident enough, however, to dispell the gloom and to give plants that invisible food they need to grown on. At least the Middle Fork doesn't look so stingy as it did this time last year.

Several new people have come on staff in the last three months: Michael Mishlan in the Lab; Donna Fields as the receptionist in the Wooton Dental Clinic and Elizabeth Wells as the new Dental Assistant; Janet Mosley as nurse's aide at Beech Fork; Virginia Davidson in the Business Office; Angela Barrett as Pharmacy technician; Sr. Virginia Taylor, A.N.P. at Wooton and as District Coordinator; Sr. Valerie Chaplain, graduate of the FSMFN, as FNP in the Primary Care Clinic; and Nina Redgrave, also an FSMFN graduate as FNM in the PCC; Sheryn Ordway will replace Bill Reist in Data Processing. Bill will be leaving in early June to go back to school. Sr. Katherine Taetke, RN, has joined the PCC staff; Jessie Shields is the new housekeeper at Oneida; Wanda Hoskins, LPN, has joined the Med-Surg staff as has Sandra Brashears, RN Kathy Farmer is the new nurse's aide in OR and Mary Katherine Couch has joined the crew in Medical Records.

Perhaps the happiest news of all this spring was the marriage of Timothy Carey, our Medical Director, and Kathleen Dalton, Director of Finance. Who would stand in the way of such a merger as this? Tim and Kathleen were married in St. Christopher's Chapel and celebrated their reception at Kathleen's home on Short Creek. The weather was most cooperative and everyone present had a wonderful time.

Courier and Volunteer work consisted of much of the 'usual' and some of the not-so-usual. They helped, of course, in the move to the new Beech Fork Clinic, continued helping at Hope House all spring, and are once again making rounds with Jim Click in Physical Therapy once a week. They helped with inventories, as aides at Oneida, in the Lab, and did some carpentry — two new window boxes at Wendover and a handsome trash can cover for the front lawn of the hospital.



Timothy Carey and Kathleen Dalton; 'medicina et argentum, insuperabile!'

The spring term of Couriers and Volunteers was full this year: Richard Parnell, New Kensington, Penn.; Pam Brunet, Mendham, New Jersey; "Whit" Barhydt, Middlebury, Conn.; Ruth Talen, Northfield, Minn.; Nancy Eschenbrenner, Scarsdale, New York; Deb Trefts, Cleveland, Ohio, sister of old courier, Betsy Trefts; Andy Krida, Darien, Conn.; Amy Bloom Dayton, Ohio; Tom Costen, St. Louis, Miss.; Kasey Merrill, Whittier, Calif.; and Maggie Jones from Louisville, Kentucky. Newly arrived at the beginning of June for the summer are Debbie Hatfield, Gilbert, W. Virginia, and Vickie Baker, Spring City, Tennessee, who are here on a work study program from Berea College as our summertime gardeners; Patty Reinking, Memphis, Tennessee, to help on the Oncology Demonstration Project; and Kathryn Rowley, Kansas City, sister of old courier Becky Rowley (Spring 1980). Come June 15th, we look forward to the arrival of Tina Stambaugh, Lexington, Kentucky; Elizabeth Hirschhorn, Old Greenwich, Conn.; Lisa Ann Diorgio, Haddonfield, New Jersey; Deanne Andrews and Sabrina Ross, both of Columbus, Indiana. We had another volunteer to work in the Lab this spring from Morehead State College, Clyde "Chip" Logan who followed well in the footsteps of Valetta Collins from last year.

Elaine Waters, PNP Instructor, had a baby this spring and has left; Lizette Begley terminated as Pharmacy Clerk; Glenna Boggs and Mary Deaton terminated at the Wooton Dental Clinic; Sonya Stidham, F.D. clerk, left in March. Remonda Nantz left as nurse's aide at Beech Fork; Sammy Goldberg, ANP, left the PCC, and Lynn Lady has left the Promotion and Development Department. To all these people we extend our thanks for their hard work and long efforts.

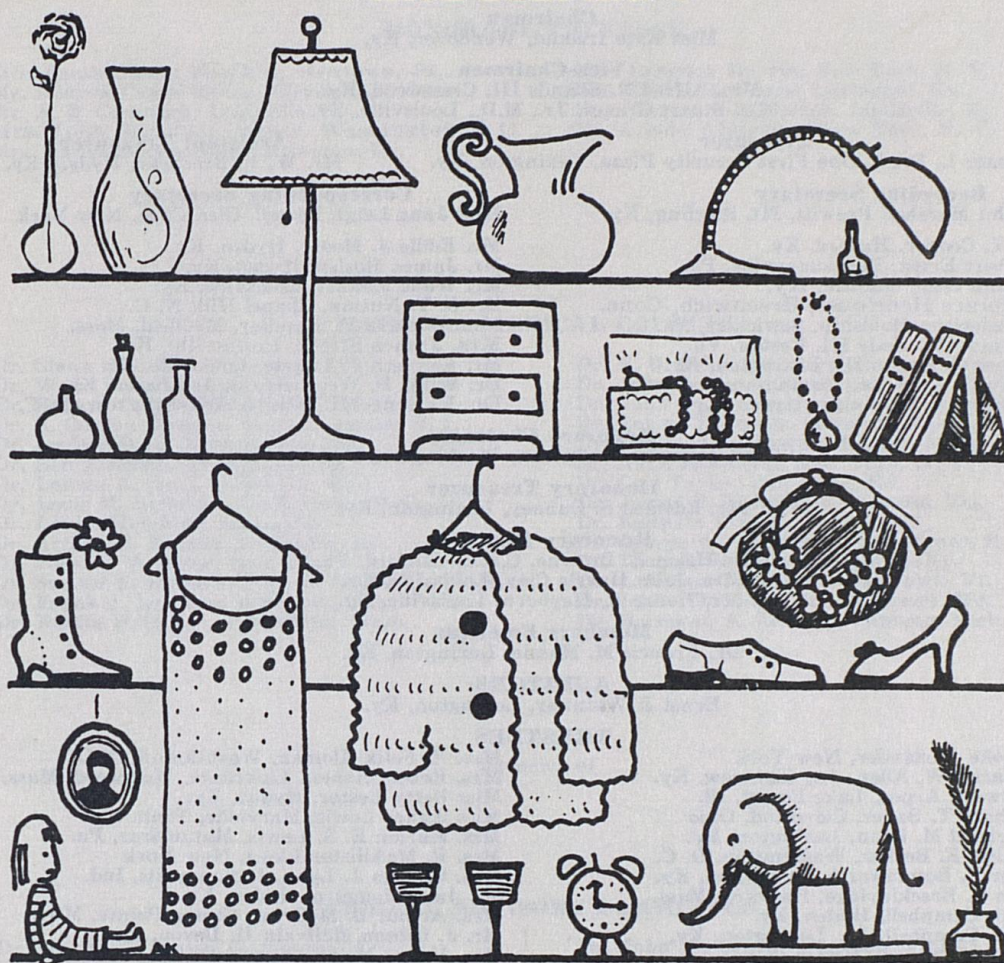
The University of Kentucky College of Allied Health Professions has been funded by the U.S. Administration on the Aging to present five national demonstration programs on the topic, "Effective Patient Education Techniques For Use With The Aging Patient." They are to be held at the following times and places: June 15-19 at Lexington, Kentucky; July 20-24 at Pomona, California; August 17-21 at Gwynedd Valley, Pennsylvania; September 14-18 at Oklahoma City, Oklahoma; and October 12-16 at Chicago, Illinois. For additional information, please contact: EPET Director, Medical Center Annex 3, University of Kentucky, Lexington, KY 40536.



Scenes from the Community Health Center Box Supper. From left to right, Lucia Osiecki, Jean Hoskins, JR Roberts, Ora Begley, and Lorri Jaffe. Below, Mary Jane Gipson carries The Box made by Project Director, Susan Hull, Over \$900 was raised for the clinic at the lunch.



WHITE ELEPHANT



DON'T THROW AWAY THAT WHITE ELEPHANT
 SEND IT TO FRONTIER NURSING SERVICE
 1579 Third Avenue, New York, New York 10028

You don't have to live in or near New York to help make money for the Nursing Service at the Bargain Box in New York. We have received thousands of dollars from the sale of knickknacks sent by friends from sixteen states besides New York. The vase you have never liked; the ornaments for which you have no room; the party dress that is no use to shivering humanity; the extra picture frame; the old pocketbook; odd bits of silver; old jewelry—There are loads of things you could send to be sold in our behalf.

If you want our green tags, fully addressed as labels, for your parcels—then write us here at Wendover for them. We shall be happy to send you as many as you want by return mail. However, your shipment by parcel post or express would be credited to the Frontier Nursing Service at the Bargain Box if you addressed it

FRONTIER NURSING SERVICE
 1579 Third Avenue
 New York, New York 10028

FRONTIER NURSING SERVICE, INC.

BOARD OF GOVERNORS

Chairman

Miss Kate Ireland, Wendover, Ky.

Vice-Chairmen

Mrs. Alfred R. Shands III, Crestwood, Ky.
Dr. Stuart Graves, Jr., M.D., Louisville, Ky.

Treasurer

Mr. Homer L. Drew, One First Security Plaza, Lexington, Ky.

Assistant Treasurer

Mr. W. F. Brashear, Hyden, Ky.

Recording Secretary

Mrs. John Marshall Prewitt, Mt. Sterling, Ky.

Corresponding Secretary

Miss Jane Leigh Powell, Glen Cove, New York

Mr. C. V. Cooper, Hazard, Ky.
Mrs. Albert Ernst, Perkiomenville, Pa.
Mr. Alden Gay, Oneida, Ky.
Mrs. Horace Henriques, Greenwich, Conn.
Miss Fredericka Holdship, Sewickley, Pa.
Mrs. Clinton W. Kelly III, Reston, Va.
Mr. James G. Kenan III, Lexington, Ky.
Mr. John H. Kerr, Jr., Lexington, Ky.
Mr. Edward A. Mattingly, Hyden, Ky.

Mr. Eddie J. Moore, Hyden, Ky.
Mr. James Mosley, Hyden, Ky.
Mr. Wade Mountz, Louisville, Ky.
Dr. C. T. Nuzum, Chapel Hill, N. C.
Mrs. Burgess P. Standley, Medfield, Mass.
Mrs. James Stites, Louisville, Ky.
Mr. Kenneth J. Tuggle, Louisville, Ky.
Dr. Willis D. Weatherford, Jr., Berea, Ky.
Dr. Patience H. White, Washington, D. C.

Honorary Chairman

Mrs. Jefferson Patterson, Washington, D. C.

Honorary Treasurer

Mr. Edward S. Dabney, Lexington, Ky.

Honorary Members

Miss Helen E. Browne, C.B.E., Milford, Pa.
Mrs. John Harris Clay, Louisville, Ky.
Mr. Henry R. Heyburn, Louisville, Ky.

Members Emeritus

Dr. Francis M. Massie, Lexington, Ky.

AUDITORS

Ernst & Whinney, Lexington, Ky.

TRUSTEES

Mr. Brooke Alexander, New York
Mrs. Charles W. Allen, Jr., Glenview, Ky.
Mrs. Edward Arpee, Lake Forest, Ill.
Mr. Richard T. Baker, Cleveland, Ohio
Mrs. Richard M. Bean, Lexington, Ky.
Mrs. Ralph E. Becker, Washington, D. C.
Dr. Peter P. Bosomworth, Lexington, Ky.
Dr. John C. Breckinridge, Harvard, Mass.
Mr. R. B. Campbell, Hyden, Ky.
Mr. R. B. Campbell, Jr., Lexington, Ky.
Mrs. R. B. Campbell, Hyden, Ky.
Dr. Wallace Campbell, Pippa Passes, Ky.
Mr. Joseph C. Carter, Versailles, Ky.
Dr. Tim Lee Carter, Washington, D. C.
Mrs. Charles S. Cheston, Jr., Topsfield, Mass.
Mrs. David Dangler, Lake Forest, Ill.
Mrs. John E. Dawson, Dover, Mass.
Mr. Joseph C. Donnelly, Jr., Medfield, Mass.
Mrs. Robert W. Estill, Raleigh, N. C.
Mrs. George E. Evans, Jr., Lexington, Ky.
Mrs. Rex C. Farmer, Hyden, Ky.
Miss Margaret Gage, Pacific Palisades, Calif.
Mrs. William A. Galbraith, Sewickley, Pa.
Mrs. Robert S. Gawthrop, West Chester, Pa.
Mrs. John L. Grandlin, Jr., Chestnut Hills, Mass.
Dr. John W. Greene, Jr., Lexington, Ky.
Dr. Charles E. Hagyard, Lexington, Ky.
Mr. James Hardy, Louisville, Ky.
Mrs. Paul Church Harper, Lake Forest, Ill.
Mr. Dwight Hendrix, Hyden, Ky.
Mr. John G. Heyburn II, Louisville, Ky.
Mrs. Charles H. Hodges, Jr., Grosse Pointe, Mich.
Dr. James B. Holloway, Jr., Lexington, Ky.
Mrs. James B. Holloway, Jr., Lexington, Ky.
Mrs. Gilbert W. Humphrey, Chagrin Falls, Ohio
Mr. Melville H. Ireland, Lake Forest, Ill.
Mr. R. W. P. Johnston, Lexington, Ky.
Mrs. E. Donald Jones, Bellefontaine, Ohio
Mr. Clinton W. Kelly III, Reston, Va.
Miss Deborah King, Dover, Mass.

Mrs. E. Felix Kloman, Washington, D. C.
Mrs. Robert Ashton Lawrence, Westwood, Mass.
Miss Betty Lester, Hyden, Ky.
Miss Agnes Lewis, Maryville, Tenn.
Mrs. Marion E. S. Lewis, Matamoras, Pa.
Mrs. R. McAllister Lloyd, New York
Mrs. Charles J. Lynn, Indianapolis, Ind.
Mr. Jack Maggard, Hyden, Ky.
Mrs. Arthur B. McGraw, Grosse Pointe, Mich.
Mr. J. Gibson McIlvain II, Devon, Pa.
Mrs. Henry Meigs, Frankfort, Ky.
Mr. Clay L. Morton, Louisville, Ky.
Mrs. Robert F. Muhlhauser, Glendale, Ohio
Mrs. Samuel E. Neel, McLean, Va.
Mrs. Hal H. Newell, Potomac, Md.
Mr. Robert W. Nichols, Louisville, Ky.
Mrs. Samuel H. Ordway, New York
Miss Evelyn M. Peck, Columbia, Mo.
Mrs. Arthur Perry, Jr., Concord, Mass.
Mrs. Stanley D. Petter, Jr., Lexington, Ky.
Mrs. Charles S. Potter, Chicago, Ill.
President National Society of Daughters of
Colonial Wars
Mrs. James N. Rawleigh, Jr., Harrods Creek, Ky.
Mrs. George L. Robb, Westwood, Mass.
Mrs. William M. Schreiber, Louisville, Ky.
Mrs. John Sherwin, Cleveland, Ohio
Dr. Harvey Sloane, Louisville, Ky.
Mr. Albert P. Smith, Jr., Russellville, Ky.
Dr. Grady Stumbo, Hindman, Ky.
Mrs. Paul J. Vignos, Jr., Chagrin Falls, Ohio
Mrs. Ernest R. von Starck, Downingtown, Pa.
Miss Margaret Watkins, Detroit, Mich.
Mrs. Erskine P. Wilder, Jr., Barrington, Ill.
Mr. Ralph B. Williams, Boston, Mass.
Mr. George Wooton, Hyden, Ky.
Mrs. William W. Wotherspoon, Grosse Pointe, Mich.
Miss Barbara Wriston, New York
Mr. William T. Young, Lexington, Ky.

HONORARY TRUSTEES

Miss Sarah Gibson Blanding, Newtown, Pa.
Mr. Kenyon Castle Bolton, Cleveland, Ohio
Mr. A. B. Comstock, Louisville, Ky.
Mrs. John Sherman Cooper, Washington, D.C.
Mrs. Cleveland Marcum, Lexington, Ky.

Mrs. Langdon Marvin, New York, N. Y.
Mrs. Elinor M. Moore, Lexington, Ky.
Hon. Thruston B. Morton, Louisville, Ky.
Mr. Arnold Whitridge, New York, N. Y.

NATIONAL MEDICAL COUNCIL

Dr. Glenn Bratcher, Cincinnati, Ohio
Dr. W. F. Bulle, St. Louis, Mo.
Dr. Bayard Carter, Hillsborough, N. C.
Dr. R. Gordon Douglas, Little Compton, R. I.
Dr. Isadore Dyer, New Orleans, La.
Dr. Ben Eiseman, Englewood, Col.
Dr. Laman A. Gray, Louisville, Ky.
Dr. Louis M. Hellman, Washington, D. C.
Dr. Louise Hutchins, Berea, Ky.
Dr. Arthur H. Keeney, Louisville, Ky.
Dr. John F. W. King, New York
Dr. Samuel B. Kirkwood, North Sandwich, N. H.
Dr. Frank J. Lepreau, Westport, Mass.
Dr. Rustin McIntosh, Tyngham, Mass.

Dr. E. D. Pellegrino, New Haven, Conn.
Dr. John A. Petry, Louisville, Ky.
Dr. John Rock, Temple, N. H.
Dr. Robert T. Sceery, Cohasset, Mass.
Dr. Reginald Smithwick, Boston, Mass.
Dr. Allen Rosenfeld, New York, N. Y.
Dr. Carl Taylor, Baltimore, Md.
Dr. James E. Thompson, Sarasota, Fla.
Dr. Kenneth Warren, New York
Dr. George W. Waterman, Providence, R. I.
Dr. Thomas Wiegert, Lexington, Ky.
Dr. J. Huston Westover, Woodstock, Vt.
Dr. John Whitridge, Jr., Baltimore, Md.
Dr. Hermann A. Ziel, Jr., Lansing, Mich.

inclusive of

MEDICAL ADVISORY COMMITTEE

Dr. Marion G. Brown, Lexington, Ky.
Dr. Keith W. Cameron, Ary, Ky.
Dr. Harvey Chenault, Lexington, Ky.
Dr. Arnold B. Combs, Lexington, Ky.
Dr. Allen L. Cornish, Lexington, Ky.
Dr. Carl Fortune, Lexington, Ky.
Dr. Walter D. Frey, Lexington, Ky.
Dr. Carl M. Friesen, Lexington, Ky.

Dr. John W. Greene, Jr., Lexington, Ky.
Dr. James B. Holloway, Jr., Lexington, Ky.
Dr. Coleman C. Johnston, Lexington, Ky.
Dr. Edward H. Ray, Lexington, Ky.
Dr. Harold D. Rosenbaum, Lexington, Ky.
Dr. David B. Stevens, Lexington, Ky.
Dr. A. J. Whitehouse, Lexington, Ky.

NATIONAL NURSING COUNCIL

Miss Maryellen Amato, Lexington, Ky.
Miss Laurette Beck, Brooklyn, N. Y.
Miss Hazel Corbin, New York
Mrs. Martha Cornett, Hyden, Ky.
Dr. Frances Dalme, Little Rock, Ark.
Miss Muriel Dayoff, Berea, Ky.
Miss Naomi Deutsch, New Orleans, La.
Miss Ruth Doran, Denver, Colo.
Dr. Loretta Ford, Rochester, N. Y.
Miss E. Jane Furnas, Phoenix, Ariz.
Miss Louise Griggs, Lexington, Ky.
Mrs. Elinore Hammond, Louisville, Ky.
Mrs. E. L. Hebbeler, Lexington, Ky.
Dr. O. Marie Henry, Hyattsville, Md.

Mrs. Betty Huff, Hyden, Ky.
Miss Phyllis J. Long, Atlanta, Ga.
Dr. Ruth Lubic, New York
Dr. Marion McKenna, Lexington, Ky.
Dr. Beulah Miller, Lakewood, New Jersey
Miss Mary L. Mills, Washington, D. C.
Mrs. Celia Oseasohn, Montreal, Canada
Miss Carol Randall, Cleveland, Ohio
Dr. Elizabeth Sharp, Atlanta, Ga.
Miss Ruth Spurrier, Frankfort, Ky.
Miss Marion Strachan, New York
Dr. Helen Tirpak, New York
Miss Elsie M. Warner, Philadelphia, Pa.
Miss Joyce Wieckman, Hollandale, Miss.

FRONTIER NURSING SERVICE, INC.

Director: Elaine Pendleton, R.N., B.S., M.A.,

Administrative and Support Services

Medical Director: Timothy Carey, M.D.
Director of Development: Dale W. Deaton,
B.A., M.A.
Director of Education: Lydia DeSantis,
R.N., M.N.Ed., Ph.D.
Director of Finance: Kathleen Dalton,
M.B.A.
Administrator: Ron Hart, B.A., M.Div.,
M.R.E.
Coordinator of Wendover: Barbara Post,
B.A., M.A.
Coordinator of Couriers and Volunteers:
Danna Larson
Donor Secretary: Ruth O. Morgan
Personnel: Darrell Moore, B.A.
Pharmacy: Joe R. Lewis, R.Ph.
Laboratory: Sr. Pat Skowronski,
M.T., (ASCP)
Social Work: Ray Harmon, M.S.W.
X-ray: Susan Swartz, R.T.
Respiratory Therapy: Tom Wisner, C.R.T.
Physical Therapy: James Click, L.P.T.
Medical Records: Betty Helen Couch, A.R.T.
Food Service Manager: Mae Campbell
Housekeeping: Lillie Campbell
Purchasing: Nannie Hornsby
Maintenance: John C. Campbell

MARY BRECKINRIDGE HOSPITAL

Medical and Dental Staff

Anne A. Wasson, M.D., A.B.F.P., Chief of
Special Services
Mark Buchanan, M.D.
Timothy Carey, M.D.
Jane Dennis, D.O.
Aubrey Hopkins, Jr., D.M.D.
Gregory Lynne, D.D.S.
Frederick Zerzavy, M.D.
Yvonne Imbleau, M. D.

Nursing Staff

Mary Weaver, R.N., A.D.N., C.N.M.,
C.F.N.P., Nursing Care Coordinator
Molly Lee, R. N., C.N.M., M.T.D., Senior
Nurse-Midwife, Assistant Nursing Care
Coordinator—Maternity
Ann Richter, R.N., C.N.M., M.P.H., Midwifery
Instructor

FRONTIER SCHOOL OF MIDWIFER' AND FAMILY NURSING

Lydia DeSaints, R.N., M.N.Ed., Ph.D.,
Director and Director
Sr. Dorothy Dalton, R.N., M.S.N., C.N.M.,
Nurse-Midwifery Education Coordinator
Deirdre Poe, R.N., M.S., C.F.N.P., C.N.M.,
Family Nurse Education Coordinator
Ann Hamel, R.N., B.S.N., F.N.P., C.N.M.
Bernadette Hart, R.N., C.N.M.
Sue Ann Lazar, R.N., M.S.N., A.N.P.
Anne Richter, R. N., M.P.H., C.N.M.
Carolyn Schuessler, R.N., B.S.N., C.F.N.P.
Sr. Paula Smith, R.N., M.P.H., C.N.M.
Carol Wilson, R.N., M.A., P.N.A.
Alice Whitman, Registrar

DISTRICT NURSING SERVICE

Jessie Preston Draper Memorial Nursing Center (Beech Fork)

Ellen Hartung, R.N., C.R.N.A., B.S., C.N.M.,
C.F.N.P., Project Director
Laura Pilotto, R. N., C.N.M., F.N.

Community Health Center (Big Creek)

Successor to
The Carolina Butler Atwood Memorial Nursin
Center (Flat Creek); The Clara Ford Nursing
Center (Red Bird); The Betty Lester Clinic
(Bob Fork)

Susan Hull, R.N., F.N.P.
Lucia Osiecki, R.N., B.S.N., F.N.M.

Oneida Center

Erica Goodman, R.N., M.S., C.F.N.P.,
Project Director

Deborah Jones, R.N., F.N.M.

Wooton Center

Sharon D. Koser, R.N., B.S.N., C.F.N.P.,
Project Director

Sr. Virginia Taylor, A.N.P.,
District Coordinator

Pine Mountain Center

Kim Beck-Wooton, R.N., C.N.M., C.F.N.P.,
Project Director

District Records: Nancy Williams

Oncology Projects: Alice Basch, R.N., M.S.N.
Project Director

HOME HEALTH AGENCY

Diane Wilson, R.N., Coordinator
Sandra Gross, R.N.
Elizabeth Bassarear, R.N., B.S.
Frances Click, R.N.
Laura Drake, B.S.
Anna Lisa Palmquist, R.N.
Lisa Ratico, R.N.

Frontier Nursing Service, Hyden, Ky.
606 672-2901
Frontier Nursing Service, Wendover, Ky.
606 672-2317

F.N. indicates nurses who have completed post-graduate education in Family Nursing
C.F.N.P. indicates family nurses who have taken and passed the national certifying
examination

FORM OF BEQUEST

For the convenience of those who wish to remember the Frontier Nursing Service in their wills, this form of bequest is suggested:

“I hereby give, devise and bequeath the sum of dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky.”

HOW ENDOWMENT GIFTS MAY BE MADE

The following are some of the ways of making gifts to the Endowment Funds of the Frontier Nursing Service:

1. **By Specific Gift under Your Will.** You may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.
2. **By Gift of Residue under Your Will.** You may leave all or a portion of your residuary estate to the Service.
3. **By Living Trust.** You may put property in trust and have the income paid to you or to any other person or persons for life and then have the income or the principal go to the Service.
4. **By Life Insurance Trust.** You may put life insurance in trust and, after your death, have the income paid to your wife or to any other person for life, and then have the income or principal go to the Service.
5. **By Life Insurance.** You may have life insurance made payable direct to the Service.
6. **By Annuity.** The unconsumed portion of a refund annuity may be made payable to the Service.

The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.

Contributions to Frontier Nursing Service, Inc. are tax deductible under Section 501 (c) (3) of the Internal Revenue Code of 1954.

Gifts of stock should be sent to

FRONTIER NURSING SERVICE
 Mr. Homer L. Drew, Treasurer
 First Security National Bank & Trust Co.
 One First Security Plaza
 Lexington, Kentucky 40507

Gifts of money should be made payable to

FRONTIER NURSING SERVICE
 and sent to
 Office of the Director
 Frontier Nursing Service
 Wendover, Kentucky 41775



FRONTIER NURSING SERVICE, Inc.

Its motto:

“He shall gather the lambs with his arm
and carry them in his bosom, and shall
gently lead those that are with young.”

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives for rural areas in Kentucky and elsewhere, where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and midwifery training schools for graduate nurses; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service, to obtain medical, dental and surgical services for those who need them at a price they can afford to pay; to ameliorate economic condition inimical to health and growth, and to conduct research towards that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them, to cooperate with individuals and with organizations, whether private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

Articles of Incorporation of the
Frontier Nursing Service, Article III.



Development Office
Frontier Nursing Service
Wendover, Kentucky 41775

Loose Item

Frontier Nursing Service Quarterly Bulletin
Subscription price \$2.00 a year.

I enclose a check payable to the Frontier Nursing Service, Inc. in the amount of \$ for

New subscription Subscription renewal

Gift subscription, sent by

To:

Street

City State Zip

Contributions to the Frontier Nursing Service, Inc. are tax deductible under Section 501 (c) (3) of the Internal Revenue Code of 1954.

I enclose a check payable to the Frontier Nursing Service, Inc. in the amount of \$

Name

Street

City State Zip

Loose Item

5

131