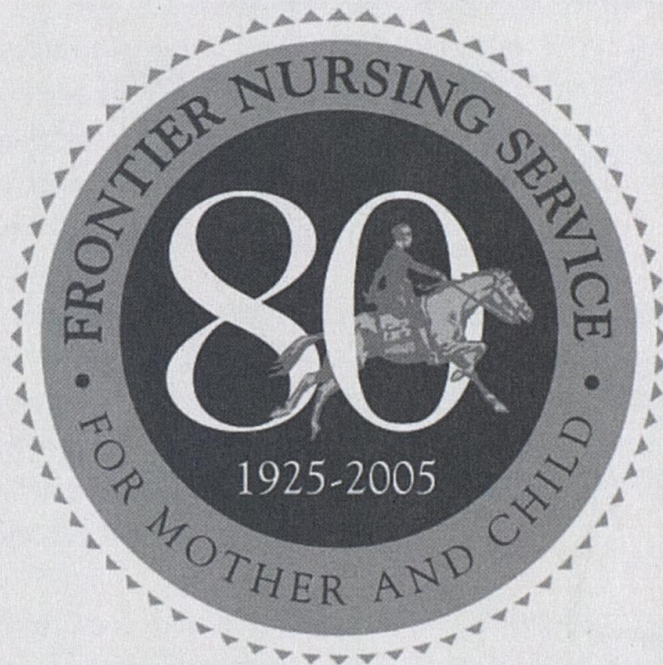




Celebrating 80 Years of Service



US ISSN 0016-2116

TABLE OF CONTENTS

The Journey - <i>W.W. Hall, Jr.</i>	2
FNS Celebrates 80 Years of Service - Schedule of Events	4
Wendover News - <i>Barb Gibson</i>	5
The Rose of Wendover - <i>Dr. Rogers Beasley</i>	7
Courier Program News - <i>Michael Claussen</i>	8
Mary Breckinridge Healthcare News - <i>Mallie Noble</i>	11
Frontier Nursing Clinics update - <i>Dr. Julie Marfell</i>	14
Websites	16
FSMFN News - <i>Dr. Susan Stone</i>	17
Around the Corner - <i>Molly Lee</i>	19
In Memory of Dr. Eva Fedelia Gilbert	22
In Memoriam	24
Urgent Needs	32

Frontier Nursing Service Quarterly Bulletin

Published at the end of each quarter by the Frontier Nursing Service
Subscription Price \$5.00 a year for Donors/\$15.00 for Institutions

Volume 80

Number 3

Winter/March 2005

Periodicals postage paid at Wendover, Kentucky 41775 and at additional mailing offices. POSTMASTER: Send address changes to FNS, Inc. 132 FNS Drive, Wendover, Kentucky. Copyright FNS/Inc. 2000 All Rights Reserved.

Frontier Nursing Service

Born in 1881 into a prominent American family, Mary Breckinridge spent her early years in many parts of the world - Russia, France, Switzerland and the British Isles. After the death of her two children, she abandoned the homebound life expected of women of her class to devote herself to the service of others, particularly children.

Mrs. Breckinridge established the Frontier Nursing Service (FNS) in Leslie County, Kentucky in 1925, then one of the poorest and most inaccessible areas in the United States. Mrs. Breckinridge introduced the first nurse-midwives in this country. Riding their horses up mountains and across streams in blizzard, fog or flood, the FNS nurses brought modern healthcare to families throughout an area of 700 square miles.

Until her death in 1965, Mary Breckinridge was the driving force behind the work of the Service whose influence today extends far beyond eastern Kentucky. Through the Frontier School of Midwifery and Family Nursing, hundreds of nurses have been trained and this important concept of family healthcare has been carried throughout the world.

Today, FNS, Inc., is organized as a parent holding company for Mary Breckinridge Healthcare, Inc., Frontier Nursing Healthcare, Inc., which includes four rural healthcare clinics (Community Health Center, Beech Fork Clinic, Kate Ireland Healthcare Center and Dr. Anne Wasson Healthcare Center), Mary Breckinridge Home Health Agency and for the Frontier School of Midwifery and Family Nursing - the largest midwifery program in the United States. The Frontier School of Midwifery & Family Nursing also trains family nurse practitioners.

Remarkably, the purpose and philosophy of the FNS has remained constant since 1925

The Journey

by W.W. Hall, Jr., President & CEO

I am so pleased with the support we are receiving from our friends across the country. We began this new year with momentum at both our Hospital experiencing a significant financial turnaround and our School which has achieved full accreditation.



Our focus on the rural healthcare centers began late last year through renovations with welcome input from the nurse practitioners who manage the centers along with the local community we serve. We also appreciate Kitty Ernst' continued interest in the Old Beech Fork Nursing Center. We will achieve many benefits from the objectives we have established at each center as a result of this collaboration.

On the heels of these successes, we initiated ambitious goals to concentrate on quality health care for mothers and children while continuing to focus on national awareness for our school and its graduates.

Our Board continues to expand with the addition of Marion McCartney, CNM, Silver Springs, Maryland, whose experience and wisdom has already made a difference. The focus and commitment of our Board is directly impacting the goals we have established for the coming year and the celebration of our 80th anniversary.

A special thanks to Kate Ireland, Patsy Lawrence and Caroline Standley for their help in revitalizing the Boston Committee and a nice boost to the Mardi Perry Scholarship Fund. It may have been cold in New England mid-November last year but their hearts warmed a wonderful luncheon (See photographs of the luncheon on next page).



Susan Perry, W. W. Hall, Jr., and Francis Aikman



Caroline Standley, Susan Harding Preston and Susan Perry

FNS Celebrates 80 Years of Service

Celebration/Fundraising Events Scheduled

April 21, 2005 - reception/fundraiser at The Lexington Country Club with limited seating at Keeneland (horse races). Kate Ireland will be our guest speaker this event.

June 13, 2005 - in conjunction with the ACNM (American College of Nurse Midwives) annual conference, a reception will be held at the Renaissance Mayflower Hotel in Washington, DC honoring FNS with special recognition of the Frontier School of Midwifery & Family Nursing's accreditation as a MSN degree granting institution. Miss Jane Leigh Powell, Chairman of the Board of Governors will be the featured speaker at this event.

September 15, 2005 - Ralph Stanley performance - The Nixon Center in Hyden.

October, 2005 - annual Mary Breckinridge Festival/Parade with a community picnic held at the Hospital. Also, in conjunction with the October Board meeting and FSMFN graduation the Hallelujah Singers from Beaufort, South Carolina will be performing on Friday night the 14th at the Community Center in Hyden. Miss Jane Leigh Powell, Chairman of the Board of Governors will speak at this event.

More information to come in future issues of the *Quarterly Bulletin* or you may contact Barb Gibson, 606-672-2317/ barbgibson2000@yahoo.com or Michael Claussen, 606-672-2317/ fnstours@yahoo.com.

Wendover News

by Barb Gibson, Assistant to CEO

Guests

During the months of December, January and February, Wendover accommodated 325 visitors. This number includes overnight guests, luncheons, dinners, tours, and functions at The Livery.

Maintenance Projects

During January and February, the hardwood floors in the Courier dorm (Garden House) were restored. This involved hours of sanding and re-finishing; the downstairs walls in The Big House were re-painted and the carpet was replaced in the Big House porch adjacent to the Living Room; copper guttering on The Big House was repaired with new board and hangers; a leak was repaired in the Garden House second floor chimney; the roof was replaced on the Well House adjacent to the Post Office; leaks in pipes connected to the gas boiler in the Garden House were replaced and the Big House kitchen sink cabinet was replaced.

Tom Boggs, Surveyor, who formerly marked Wendover trails was contracted to perform additional work on the existing trails. Wendover now has a trail with an entrance from the cemetery (below the Post Office) and one above The Big House. The trail goes up the mountain to a rock overhang where a small pond, fire pit and picnic table have been built. The trail continues around the mountain to the spring that formerly provided water to the cisterns for Wendover's water supply. A picnic area has been built there also. The trail then connects with the Hurricane Pasture Trail built this past summer. Another picnic area has been built there. Guests staying at The Big House Bed & Breakfast Inn who have an interest in hiking will love this opportunity to hike about a mile and a quarter.

Christmas Parties

Again this year, Santa and his workers brought Christmas to all of the clinics and Wendover. A total of 355 toys were distributed to the children with hot chocolate, punch and homemade cookies. The Anne Wasson Center had the highest turnout with 123 toys given.



Hannah and Frankie Claussen open gifts at the Christmas party held at The Livery.

Due to the wonderful work that is being done by out of state church groups and local organizations, we feel that all children who attend school are now receiving gifts. We believe our Christmas contribution will be more beneficial if we focus on the entire family. Starting this next Christmas, we will target families in the communities who have needs - clothing, food, gifts, etc., and Santa and his workers will take Christmas into the homes of those in need. We have learned that some families and children, especially children who do not attend school, may not be receiving gifts at Christmas. We want to make sure each one has something.

FNS - 80 Years of Service
Mary Breckinridge - The Rose of Wendover

The following was a toast given by Dr. Rogers Beasley to Mrs. Breckinridge on her 80th birthday, February 17, 1961:

Mrs. Breckinridge, here we are, your very own family, your county family, your Frontier Nursing Service family, greeting you on your 80th birthday which has really come at long last. We are mighty pleased indeed to celebrate with you today as I am sure many are celebrating for you in other parts of the world. And, I take the pleasure of proposing to you a triple toast.

First, a toast to you as our teacher. By your brilliant introduction of the nurse-midwife into the Kentucky mountains you have pointed the way for rural maternal care all over the world, and, indeed people from the world come to learn. You have taught each of us a very practical method of practicing nursing, medicine, midwifery, stenography, bookkeeping, whatever our case may be. You have taught us something of how to be a good neighbor. You have even been willing to teach us how to raise chickens although I don't think you've had many takers on that.

Secondly, a toast to you as our Friend, Mrs. Breckinridge. You, who have been the most enthusiastic, the most loyal, the most generous of friends, the best humored of friends. Yes, we accuse you of being our Friend.

And finally, we toast you as the Rose of Wendover. For years you have recorded in your Day Book the blooming of the first Rose. But for us, you are the Rose of Wendover who has bloomed without fail for 80 years. A toast to our Teacher, to our Friend, to the Rose of Wendover.

Note: Mrs. Breckinridge's rose is located near the old Cabin site at Wendover and is still maintained and blooms each year.

Courier Program News

*by Michael Claussen,
Assistant Courier Program Coordinator*

Thoughts about the Courier Program

I often wondered about what makes up a truly memorable experience. What are the components in this search for a dynamic encounter? I imagine there must be a fair amount of variety. The expression "variety is the spice of life" comes to mind in this pursuit. A deep sense of purpose must also be included, and, of course, such an experience must at least possess the potential to be life changing. I believe the Courier Program of the Frontier Nursing Service may be the opportunity that fulfills all of the above criteria.

The Frontier Nursing Service maintains four rural healthcare clinics, the Mary Breckinridge Hospital, a Home Health Agency, the Frontier School of Midwifery & Family Nursing and the Bed & Breakfast Inn at Wendover. Our Couriers have the opportunity to observe everyday operations and to volunteer their time with many projects that are essential to the success of our organization. Our Couriers have worked on many projects within the community such as helping construct a home for Habitat for Humanity, providing pet therapy at our local nursing home, or passing out food for the Leslie County Food Pantry. These are just a few of the countless ways to make the most of one's time in this internship.

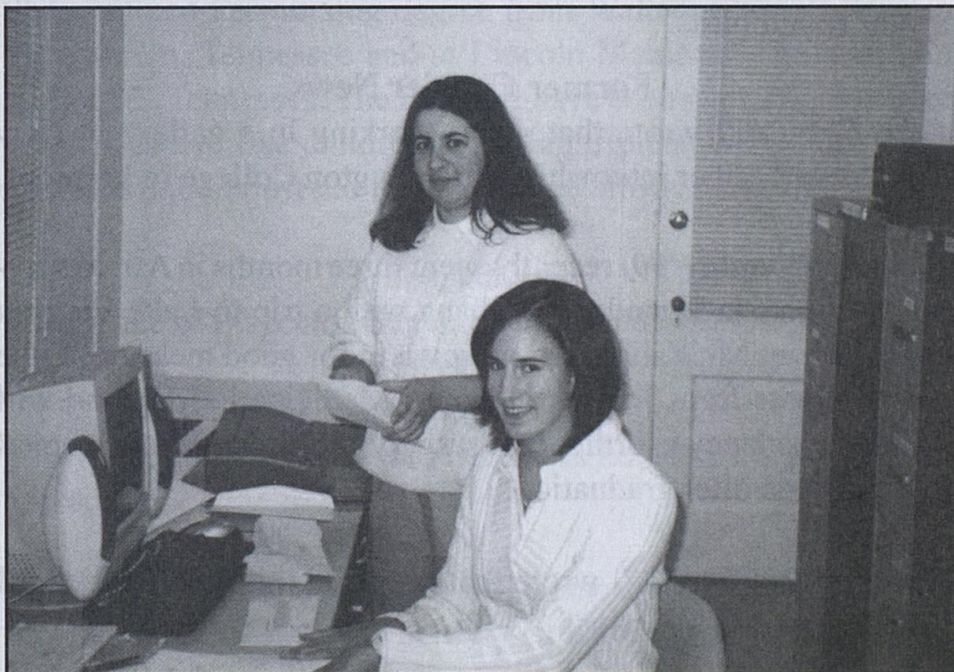
The Courier Program offers the chance to continue the legacy of our founder, Mary Breckinridge. Mrs. Breckinridge started the Courier Program in 1928 to assist the nurse-midwives in their everyday operations. Whether it was taking care of the horses, caring for the Wendover gardens, or assisting the nurse-midwives with home births, the Courier's role was an essential one. As times have changed, the Courier's function has remained vital to FNS. Our Program is very service oriented. Sometimes tasks such as filing in our Development Office or helping our kitchen staff with

special dinners held in our 1925 log home, The Big House, may first appear to be minor. However, I can assure you that every activity performed by our Couriers is not only very appreciated but also a significant part of the overall big picture.

The Courier experience can be a life changing one. Have you ever heard of Southern Hospitality? Before I moved to Kentucky from a very urban setting (Chicago), I always thought that this notion was just a cliché, but, I soon discovered that the residents of Eastern Kentucky are extremely friendly, the food is outstanding and that the simple life is very inviting. Life is indeed what you make out of it. If you are searching a new challenge, a refreshing change from the hustle and bustle of city/surburban life, or just the opportunity to explore a behind-the-scenes look at some of today's hottest careers, I encourage you to apply for the Courier Program today.

Courier Program Update

Couriers Katya Prupis and Margot Seamster left Wendover after a nice winter stay.



Katya Prupis and Margot Seamster – Couriers January 2005

Katya enjoyed spending time shadowing our Pediatrician, Dr. Tan, making herself useful at our four rural health clinics, volunteering at the Leslie County Animal Shelter and helping as a teacher's aide at Big Creek Elementary. Katya returns to Bennington College in Vermont. Mrs. Breckinridge wrote in *Wide Neighborhoods* of the tradition of Bennington students helping as Couriers during the winter months. This is the third year in a row that we have had Couriers from Bennington College.

Margot Seamster spent much of her time scanning at our rural healthcare clinics. All of our clinics have "paperless" patient charts so all the patient information is scanned in to a computer. This is an endless task but it is very much appreciated.

We have already scheduled two, out of a total of four, Couriers planning to spend the summer at the historical headquarters. Look for more information about these Couriers in the next *Bulletin*. My goal is to have Couriers staying in increments of 12 weeks on a year round basis.

Former Courier News

Kate Fox ('02) wrote that she is working in a gallery in New York as part of her internship at Bennington College in Vermont.

Luke McDonald ('00) recently spent three months in Africa serving at clinics in Uganda and Ghana with a trip to Lake Victoria and a trek up Mt. Kilimanjaro thrown in for good measure. Luke will graduate from Tulane School of Medicine in May and will start his residency in orthopedic surgery at Balboa Naval Hospital in San Diego after graduation.

Jennifer Swisher ('97) wrote that is getting married to Richard Lynes on March 12, 2005.

Mary Breckinridge Healthcare, Inc. News*by Mallie Noble, Administrator****Celebrating 80 Years of Service***

Eighty years of service celebration plans are underway. Plans include celebrating thirty years at the Mary Breckinridge Hospital. I remember the day we moved from the old Hyden Hospital to the new. It was a hectic day indeed. We had been accustomed to having no elevators and in one day's time that was all changed.

***Surgery***

February 23rd, 2005 was the start date for endoscopic procedures at Mary Breckinridge Hospital. Dana Edwards, M.D. is a Board Certified General Surgeon who has been in private practice at Manchester, Kentucky for over six years. Dr. Edwards completed medical school in Mobile, Alabama and surgery residency at East Tennessee State. Dr. Edward's wife, Angie, is a registered nurse. She obtained her nursing degree from Walters State College in Morristown, Tennessee and at Lincoln Memorial University in Harrogate, Tennessee. The Edwards have been married for twelve years and have five children including triplets. We welcome Dr. Edwards and his wife to the Mary Breckinridge Hospital.

Inspections

The Office of Inspector General, Division of Health Care Facilities and Services, visited Mary Breckinridge Hospital on November 9th and 10th, 2004. I am happy to report that the annual inspection was passed and the critical access hospital license was renewed.

Mr. Glenn Martin, Life Safety Code Inspector, Office of Inspector General Office, visited at Mary Breckinridge Hospital on December 21st, 2004. Mr. Martin conducted an overall plant inspection which was positive.

Public Relations

Staff at Mary Breckinridge Hospital joined in Hyden's "Annual Christmas Parade of Lights" and received a "Spirit of the Season Award" along with a third place trophy. Participation in this event and similar events is important for staff and community relations. Staff also enjoyed the Annual County Wide Community Christmas Singing Program held at the Community Center in early December.

Staff helped with the Commission for Handicapped Children by purchasing Christmas Gifts for Handicapped Children.

Staff at Mary Breckinridge Hospital continue to attend the Hyden-Leslie County Chamber of Commerce monthly meetings and Project UNITE (Unlawful Narcotics Investigation, Treatment and Education) meetings.

We have attended Mary Breckinridge Festival meetings in January. This annual event entails a year of detailed planning by the Festival Committee Members. Many thanks to our Chairman of this event, Mrs. Rhonda Brashear, for keeping us focused on this special event.

I wish to personally thank the Wendover Staff for the Christmas party for the children at Mary Breckinridge Hospital. Approximately one hundred children attended and needless to say, a good time was had by all.

Nursing Survey

Nursing Staff at Mary Breckinridge Hospital took part in the Kentucky Hospital Association's Nursing Satisfaction Survey. Ninety-two facilities participated in the survey ranking from one out of ninety-two. I am proud to report that the nursing staff survey from Mary Breckinridge Hospital ranked their overall satisfaction survey to be number nine out of ninety-two. It is remarkable to be ranked number nine in this statewide survey.

Mandatory inservices have been conducted with all employees at Mary Breckinridge Hospital regarding issues with Health Insurance Portability Accountability Act (HIPPA), Occupational Safety and Health Administration (OSHA), Compliance, Risk Management, Fire and Safety and Confidentiality. Confidentiality meetings will be done quarterly and mandatory for all staff.

Pediatric Advanced Life Support Training will be conducted in February and March for new nursing staff. Inservices continue in pediatric obesity, influenza and urinary tract infection.

Renovations

The Maintenance Department at Mary Breckinridge Hospital has completed the remodeling of rooms 228 and 229. Room 228 was originally dedicated to the memory of R.L. and Bess Lewis Dixon and room 229 was originally dedicated to the memory of Zilpha Roberts. The renovations include new blinds and drapes, paint, privacy curtains, flooring, base boards and trim. We hope to be able to fund the renovation of additional patient rooms in the near future.

Employee of the Year

Michelle Roberts, Patient Representative/Financial Counselor, was nominated as Employee of the Year by her fellow worker. Michelle has worked at Mary Breckinridge Hospital for almost nine years. She formerly worked in the Admitting Department and as an Emergency Room Ward Clerk. Michelle was nominated as Employee of the Year because she "takes the time to assist patients and her fellow employees". Michelle said working at the Hospital is "wonderful". She said that staff has been there for her during difficult times. She thanks everyone for voting for her as Employee of the Year and she looks forward to continuing her work and putting forth every effort she can to benefit the Hospital and her co-workers.

Michelle is a resident of Leslie County. She has one daughter, Brooklyn Renee Phipps.

Frontier Nursing Clinics Update

by Dr. Julie Marfell, Executive Director

Christmas Activities Update

December 2004 saw many exciting events at the Beech Fork Rural Healthcare Center, especially during the Christmas season. The Christmas tree was decorated with hats, mittens and other goodies. Children were encouraged to choose a set and trade it with a traditional decoration with their names on it. The tree was a big hit with the kids and staff.



The Beech Fork Center provided all the makings for Christmas dinner, snacks and a fleece blanket for the elderly patients from the Center. The Center staff delivered the items and many patients recalled visits from the FNS nurse of their childhood. Santa



Nurse Practitioner Kathy Lauderdale delivers a Christmas gift to Juluis Nantz

Claus brought toys and refreshments to over 50 children, compliments of Wendover. In addition, a group from Pennsylvania provided toys for many of the area children including those in Big Creek. Each of the rural healthcare centers received a visit from Santa, thanks to the staff at Wendover. A party was held at each center with area children and Santa as the guests of honor.

Renovations Update

Lots of renovations have been completed at the outpost centers. Beech Fork and CHC (Community Healthcare Center) have been the focus this fall and both are looking great. Many of the area residents have commented on the work that has been done at both centers.

Electronic Medical Records

All of the healthcare centers are now using the electronic medical records. Some days it can still be a struggle but the positives of the system outweigh the negatives. Once again, Frontier Nursing Service is leading the way in healthcare delivery.

Advanced Practice Nursing

The FNPs have begun to collaborate with our medical director in covering patient care rounds at Mary Breckinridge Hospital and at Manchester Memorial Hospital. Advanced practice nurses have always been credentialed by our Hospital to provide in-house patient care, including admissions. Our goal is to provide consistent presence from the clinic visit to the hospital when needed. This is an increase in our scope of practice at FNS, one that we are very excited about. Our plan is to develop a module for the students that will educate FNPs on the role of advanced practice nurses in the rural hospital setting.

Lynn Wilkening, CNM, Resigns

The nurse-midwifery service said a fond farewell to Lynn Wilkening, CNM, in mid-December when she left Frontier Nursing Healthcare (FNH) to move back home to Tennessee. She has

a new puppy and tells us she is doing great. She will be missed! Karen Beasley, CNM, former FNS employee, came from Oregon to work part time and renewed some acquaintances from when she worked here in 1989.

Elissa Miller, CNM, Appointed Director of Midwifery Services

Our biggest news is that Deborah Karsnitz, CNM, has resigned as Director of Midwifery Services after seven years of dedicated service. Debi will remain involved in the practice, helping out when vacation coverage is needed, continuing her teaching at the Frontier School of Midwifery & Family Nursing and her mentorship in the Faculty Practice. Debi's shoes will be hard to fill but we are so fortunate that FSMFN faculty member, Elissa Miller, CNM, PhD, will be stepping into the directorship role in mid-February. Elissa has been teaching pharmacology for the FSMFN for the past three years. She has moved to Hyden from Arkansas with her husband. She started working in the healthcare centers the week of February 14th. We are very excited that she has decided to join us in our nurse-midwifery service.

WEBSITES

Frontier Nursing Service - www.frontiernursing.org

FSMFN Community Based Nurse Midwifery Education Program (CNEP) - www.midwives.org

FSMFN Community Based Nurse Practitioner Program (CFNP) - www.frontierfnp.org

Frontier School of Midwifery and Family Nursing News

by Dr. Susan Stone, President & Dean

Accreditation

The long awaited day is finally here. We received notification at the annual meeting of the Southern Association of Colleges on December 7, 2004 that the Frontier School of Midwifery and Family Nursing is now accredited to offer a Master of Science in Nursing (MSN) degree. We are thrilled to be able to take this step into the future and provide our students with the opportunity to complete not only their education as a nurse-midwife or family nurse practitioner but also to graduate with a MSN. We are also able to offer the opportunity for prior CNEP graduates who did not complete their MSN to return to FSMFN and complete that degree. More information can be obtained by visiting our web site at www.midwives.org.



The American College of Nurse-Midwives Division of Accreditation (ACNM/DOA) and the National League of Nursing Accrediting Commission (NLNAC) did a joint site visit at FSMFN on October 3-6, 2004. We have received word of the results of that visit from the ACNM/DOA: "The decision of the Board of Review is to grant institutional accreditation without recommendations for five years and programmatic accreditation without recommendations for the nurse-midwifery program for ten years". We are still awaiting the result of the NLNAC review. They were scheduled to meet in late February and we will receive the report soon after.

Expansion of Learning Lab

The Mars and Van Sloun Foundations

In other news at the School, we are so grateful to the MARS Foundation and to the Van Sloun Foundation for their recent generous donations. These contributions have allowed us to greatly improve the learning laboratory. We recently purchased a full size

simulator fondly named Noelle. Noelle actually allows you to deliver her baby as well as listen to the baby's heart beat, do Leopold maneuvers, resuscitate her baby and more. In addition, we received two gynecologic simulators, a prostate model and several poster size diagrams. All of these items will greatly improve faculty's ability to teach and students' ability to learn during their on-campus sessions. We are still hoping to be able, some day, to purchase a SIM Man. The SIM Man simulator offers instructors the ability to provide simulation education to challenge and test students' clinical and decision-making skills using realistic patient-care scenarios. SIM Man allows students to evaluate heart, lungs, blood pressure, and complete resuscitation skills. This would be useful not only for FSMFN students but also for FNS nurses, nurse-midwives, nurse practitioners and physicians to teach, learn and practice these essential skills.

80th Celebration Event in Washington, DC

We are very busy planning our celebration of the 80th anniversary of the Frontier Nursing Service. An evening program and reception is being planned for June 13, 2005 to be held in Washington, DC at the Mayflower Hotel. Although the School usually has a reception at the ACNM convention, that reception will be replaced this year by this very special event. I hope to see many of our friends, supporters, students, alumni and faculty, including preceptors.

“Around the Corner”*by Molly Lee*

One never knows beforehand about this! Arriving back from driving the length of England, youth hosteling with a 90 year old young friend to Hadrian's Wall during September 2004, a phone call awaited me with an invitation to the Mary Breckinridge celebrations in October. Every year, the Committee chooses another group to honor. This time it was to be the British Midwives. There have been some great long-term ones in the past: Betty Lester (The General), lovingly remembered for carrying the crippled children on a tortuous six hour drive to Cincinnati Children's Hospital for free treatment. Previously she had travelled on horseback between the six nursing centers as midwifery supervisor. In the 1950's she was in charge of Hospital Hill; men, maids, nurses, guests and often stray dogs! Representing social services, she at one time gave out seeds and seed potatoes since gardening was vital to the health of the county before government aid.

Earlier, there was Anne MacKinnon “Mac” from the Isle of Skye, Scotland, who gallantly battled cancer and is buried behind Wendover. Then there was Helen Browne “Brownie” - Mrs. Breckinridge's right hand when I arrived in 1954 from Canadian Outpost Services. “Brownie” was an excellent nurse midwife and administrative assistant who, in her quiet exterior, hid a daring sense of humor with practical jokes. “Brownie” took over when our Founder and Director died, a huge responsibility with the government trying to close the old hospital and raising money to build the new one at the foot of the hill. A more modern, worthy Liz Palethorp, who died last year, was in charge of Hospital Hill coordinating the services and responsible for the operating room in which we all helped. Liz also took the x-rays until we had professional help and was a great soldier. A “behind the scenes” Anne Cundle started a bookshop in Hyden and a much need Animal Shelter after being the Wendover District Nurse for several years.

In 1962, the Hyden Citizens Bank wished to honor Mrs. Breckinridge whilst she was still alive and so the annual Festival was started like everything else in a small way. The parade started in Hyden at the Courthouse and was led by Betty Lester and two other nurse midwives on horseback followed by many dignitaries in open cars; floats from all the districts; children on ponies and the band. High on the school bank, Mrs. Breckinridge, 80 years old, was seated on Doc, a noble 17 hand high black gelding. They were trumpeted by Flicka, stable mate of Doc, as the leading horses crossed the bridge to salute Mrs. Breckinridge. The Beech Fork District had built a log cabin on a special float for the speechmakers' stand. It was truly a worthy memorial to a Living Legend who has now gone into the history of nursing in the United States for her dedication in establishing a nursing service in a then, remote area of great need.

During October 2004, soon after arrival, I was fitted out in the Wendover attic with a uniform amid much merriment. A tie was concocted with ribbon after failing to buy one. I was lent a magnificent black 17 hands high gelding, "Major", for the parade from the high school to the spur.

Because I am the last of the Old Timers to leave the service, I was invited to talk with stuents at the high school to keep alive the early days when people worked as a family to survive. Children were dying of typhoid and women in childbirth. The nearest doctor was over 20 horseback miles away. The nurses used horses day and night in all weather because trails crossed the ridges through steep woods and there were only three main roads still unmetalled to Hazard, Harlan and Lexington, via Manchester. I tried to stress the independent spirit of gardening, ploughing, planting, and hoeing shared amongst the family. When I came, jeeps were being used as well as horses but we still drove in creekbeds, up a waterfall on Thousandsticks and crossed the Middlefork. If too deep even for horses, we crossed by swinging bridge and walked with saddlebags over our shoulder, carrying equipment.

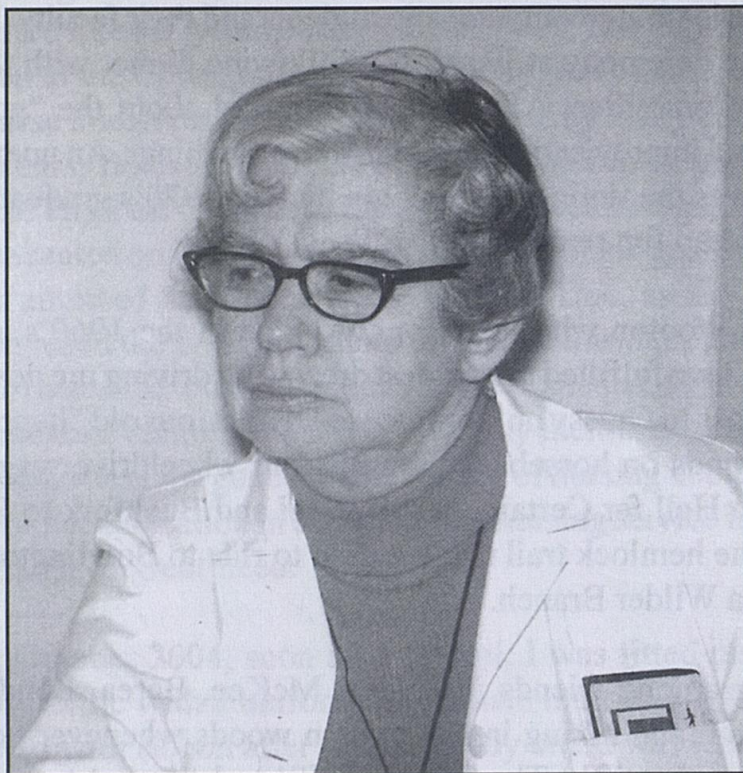
Because we were all involved with student midwives clinically, I was invited to have lunch with a small group of modern far-flung-distance learning-computer age students and their faculty. I joined their cap ceremony at Wendover, following dinner with the FNS Hyden Committee. Afterwards, we talked about the "good old days" and improvisation, one of my favorite things. An unexpected bonus was the timing of a reunion by four 1970's graduates with whom I had fun reminiscing at Wendover.

George Wooton who was County Judge in the 1960's, and his sister, Eliza, fulfilled my wildest dreams by driving me downriver and across to Grassy on Confluence District, our old "happy hunting grounds on horseback", in his four wheeldrive wagon. We went up Hell fer Certain, past Kaliopi and Buckfork to Elkhorn along the hemlock trail that we used to ride to Bowlingtown and back via Wilder Branch.

Moving among friends in Hyden, McKee, Berea, London and Lexington and hiking in the autumn woods whenever possible, time passed swiftly. The Cutshin FNS'ers had a get-together at a mountaintop restaurant in Hazard where we relived old stories. After recuperating in Pennsylvania with my earliest friends, I was driven to see Trink Beasley in Sewanee, Tennessee, where she and Dr. Rogers Beasley happily retired. Without Gabrielle Beasley, who drove and fed me sharing all friends via telephone or e-mail, the above marathon would have been so very much poorer. Because of her help, I was able to stay with another FNS friend in Harrodsburg and meet the son of woodsman, Alan Gay, who with Marybelle put two of us up several times with horses when riding through to Brutus Center.

My humble, but sincere, thanks to the Mary Breckinridge Festival Committee and the Frontier School of Midwifery & Family Nursing Faculty, who chose to invite and sponsor me financially for this superb visit. I only hope that all who have served in the past, whether in this world or the next, can join me in honoring Mrs. Breckinridge and the success of her vision.

In Memory of Dr. Eva Fidelia Gilbert



Dr. Eva Fidelia Gilbert, Boonesboro, Maryland, former OB/GYN physician at Mary Breckinridge Hospital, died January 23, 2005. Dr. Gilbert was 93 years old and was a resident of Fahrney-Keedy Nursing Home in Boonesboro.

A graduate of Western Maryland College, Dr. Gilbert received her medical degree from the Woman's Medical College in Philadelphia, Pennsylvania and completed her obstetric residency there in 1938. After completing her residency, Dr. Gilbert sailed for Bogra, India, under the Board of Missions of the Churches of God of North America. There she served as a physician missionary as eastern India became East Pakistan (1947) and later Bangladesh (1971). In the early years of her practice there she functioned as a general practitioner, using her bedroom as an office and examining room. At that time, she was the only female physician for 200 miles around. In 1941, a mobile clinic was built, permitting weekly clinics to be set up in the villages. In 1955, a maternity

hospital and clinic had been built and a children's ward added by 1969. In 1972, Dr. Gilbert returned stateside after 34 years in the mission field. From 1973 - 1980, she served as head of the obstetric department and taught midwifery at the Frontier School of Midwifery & Family Nursing. From there, she retired to Cascade, Maryland where she was an active member of the Germantown Church of God and continued to be an active missions participant in the Churches of God General Conference.

The following was written by Molly Lee, a dear friend of Dr. Gilbert:

From 1973 to 1980, we had a very special doctor among us, just retired after 34 years of missionary service in Bangladesh. At FNS Dr. Gilbert was in charge of the midwives with whom she was very used to working overseas. We grew to honor her judgment and skill, her ability to work long hours and to teach classes to the students. She was fun to be around and took part in all our "feeding of the 5,000" parties. Perhaps most important of all, she joined us, when possible, with our Bible studies contributing a deep personal faith and example.

Earlier, before Dr. Gilbert moved into a retirement home where her niece, Joyce, provided much loving support, her church surprised her with "This is your Life" supported by her missionary friends. One of these friends was Beth Beers, an FNS graduate who worked alongside Dr. Gilbert for many years in Bogra, Bangladesh

When Dr. Gilbert died she was eagerly awaiting her next assignment with utmost faith.

IN MEMORIAM

Francis Fields, Dryhill, Kentucky, died December 12, 2004. Francis worked at the Mary Breckinridge Hospital as a nursing assistant from 1975 to 1995.

Cordelia Scaife May, Pittsburgh, Pennsylvania, passed away January 26, 2005. Mrs. May loved the FNS and was a much appreciated supporter.

In Memory of:

Pete Perry

Ann B. Day

Liz Palethorp

Lillie M. Hale

Donald Ludy

Anne M. Lorentzen

Donna Gardner

Anne M. Lorentzen

John Herbert Asher

Mr. & Mrs. Karl Fromuth

Charles Marston

Susan Dow Johnson

Charles M. Johnson

Mr. Carmine Piscitelli

Ms. Carmel Rosadine

Olive M. Gass

Lois Gass

Madeline F. Sykes

Gertrude Aubut

IN HONOR OF

Miss Louise Griggs

Charles L. Griggs

In Memoriam

If you wish to make a contribution to the Frontier Nursing Service in memory of a friend or loved one, please complete and return this section to the Development Office at FNS.

In memory of _____

Contributor's name _____

Person (s) to whom you wish acknowledgment sent

Name _____

Address _____

In Honor

If you wish to make a contribution to the Frontier Nursing Service in honor of someone's accomplishments or achievements, please complete and return this section to the Development Office at FNS.

In honor of _____

Contributor's name _____

Address _____

Person (s) to whom you wish acknowledgement sent

Name _____

Address _____

FNS and Subsidiary Corporations**FNS, Inc:**

William W. Hall, Jr., *President & CEO*

Barb Gibson, *Assistant to CEO*

Nathan Lee, *Vice-President of Finance*

Beulah Couch, *Director of Human Resources*

Frontier School of Midwifery & Family Nursing (FSMFN)

Dr. Susan Stone, *President and Dean*

Dr. Julie Marfell, *Chair of Family Nursing/Executive*

Director of Frontier Nursing Clinics

Dr. Susan Ulrich, *Chair of Midwifery & Women's Health*

Dr. Carol Panicucci, *Coordinator of Graduate Education*

Elissa Miller, CNM, *Director of Midwifery Services*

Mary Breckinridge Healthcare, Inc.

Mallie Noble, *Administrator*

Linda Craft, *Director of Nursing*

Kevin Couch, *Assistant Controller*

Ferdousi Begum, *Internist*

Madeline Tan, *Peditrician*

Roy Varghese, *Internist, Chief of Staff*

Frontier Nursing Healthcare, Inc.

Linda Ahrens, *FNP*

Heidi Froemke, *FNP, Director of Rural Healthcare Clinics*

Katherine Lauderdale, *FNP*

Elissa Miller, CNM, *Director of Midwifery Services*

Angela Mitchell, *FNP*

Mary Breckinridge Home Health Agency:

Willa Morris, *Director*

FNS, Inc.
 (the parent)
BOARD OF GOVERNORS

National Chairman

Miss Jane Leigh Powell, *Ridgeland, SC*

Vice-Chairman

Mr. Kenneth Tuggle, *Louisville, KY*

Treasurer

Mr. John Foley, *Lexington, KY*

Secretary

Mrs. Nancy Hines, *Tamuning, GUAM*

Members of Board of Governors and Board of Directors

Mrs. Rhonda Brashear, *Hyden, KY*

Dr. Michael Carter, *Tumbling Shoals, AR*

Marion McCartney, *Silver Spring, MD*

Dr. Charles Mahan, *Temple Terrace, FL*

Mr. Michael T. Rust, *Louisville, KY*

Mr. John Henry Sizemore, *Hyden, KY*

Miss Mary Ethel Wooton, *Hyden, KY*

Honorary National Chairman

Miss Kate Ireland, *Tallahassee, FL*

Auditors

Baird, Kurtz & Dobson, *Lexington, KY*

Trustees

Mrs. Tia D. Andrew, Wellesley, MA
Mrs. Steven L. Beshear, Lexington, KY
Mrs. Ruth Beeman, Lexington, KY
Mrs. Heather Bernard, Hamilton, NY
Mr. Robert Botkin, Lexington, KY
Dr. Wallace Campbell, Pikeville, KY
Mrs. Juan Cameron, Washington, DC
Ms. Carlyle Carter, Needham, MA
Mrs. Charles M. Chapin, III, Oldwick, NJ
Dr. Holly Cheever, Voorheesville, NY
Mrs. Charles S. Cheston, Jr., Ipswich, MA
Mrs. James T. Christie, Louisville, KY
Mrs. John Dawson, Dover, MA
Mrs. John J. Dete, West Liberty, OH
Mr. Joseph C. Donnelly, York Harbor, ME
Mrs. Peter R. Ehrlich, Bedford, NY
Mrs. Noel Fernandez, Pomona, NY
Mrs. Laman Gray, Jr., Louisville, KY
Dr. John W. Greene, Jr., Louisville, KY
Dr. Horace F. Henriques, III, Lyme, NH
Mrs. John H. Hodge, Devon, PA
Mr. Frank B. Hower, Jr., Louisville, KY
Mrs. Kenneth C. A. Isaacs, Walpole, MA
Mrs. Donald E. Jones, Bellefontaine, OH
Mr. Clinton W. Kelly, III, Bethesda, MD
Mr. James G. Kenan, III, Lexington, KY
Mrs. Robert A. Lawrence, Dedham, MA
Mrs. Henry Ledford, Big Creek, KY
Mrs. Marian B. Leibold, Cincinnati, OH
Mr. Anthony Little, Hyden, KY
Mrs. Frances Lockett, Louisville, KY
Mrs. Theodore R.P. Martin, St. Louis, MO
Mrs. John Lambert McPhee, Potomac, MD
Mrs. E. Townsend Moore, Darling, PA
Mr. Wade Mountz, Louisville, KY
Mr. Spencer Noe, Lexington, KY

Trustees - *continued*

Mrs. Frank O'Brien, Jr., Boston, MA
Mr. Ed Parsons, Harlan, KY
Mr. Paul Patton, Frankfort, KY
Mrs. Charles S. Potter, Grayslake, IL
Mrs. John Richardson, Washington, DC
Mrs. George L. Robb, Westwood, MA
Mrs. Georgia Hart Rodes, Lexington, KY
Mrs. Alfred R. Shands, III, Louisville, KY
Mrs. Molly B. Sizemore, Hyden, KY
Mrs. Joseph M. Smith, Dedham, MA
Mrs. Austin L. Smithers, Greenwich, CT
Mrs. Burgess P. Standley, Medfield, MA
Mrs. Robert N. Steck, Washington, DC
Mrs. Effie Stidham, Hyden, KY
Mrs. James W. Stites, Jr., Glenview, KY
Dr. W. Grady Stumbo, Hindman, KY
Mrs. Mary H. D. Swift, Washington, DC
Mr. Richard Sturgill, Lexington, KY
Mrs. Marjorie Vogt, Louisville, KY
Mr. Elmer Whitaker, Lexington, KY
Mrs. Carrie M. Whitcomb, Great Fall, VA
Mrs. Pendleton P. White, Savannah, GA
Harvie & Nellie Wilkinson, Lexington, KY
Mrs. Dudley H. Willis, Sherborn, MA
Dr. Emery Wilson, Lexington, KY
Mr. George Wooton, Hyden, KY

Honorary Trustees

Mr. Brooke Alexander, New York, NY
Mrs. Charles W. Allen, Jr., Glenview, KY
Mrs. Richard M. Bean, Lexington, KY
Mrs. Ralph E. Becker, Bethesda, MD
Mr. R. B. Campbell, Hyden, KY
Mrs. R. B. Campbell, Hyden, KY
Mrs. Robert W. Estill, Raleigh, NC
Mrs. Rex Farmer, Corbin, KY

Trustees - Continued

Mrs. Gilbert W. Humphrey, Miccosukee, FL
Mr. R. W. P. Johnston, Lexington, KY
Mrs. Samuel E. Neel, McLean, VA
Mrs. James N. Rawleigh, Jr., Prospect, KY
Mrs. E. H. Scott Rumely, Birmingham, MI
Mrs. Ernest R. von Starck, Haverford, PA
Miss Margaret Watkins, Grosse Pointe, MI
Ms. Erskine P. Wilder, Barrington, IL
Mrs. Ralph B. Williams, Bedford, MA
Miss Barbara Wriston, New York, NY

National Nursing Council

Ms. Mary Ellen Amato, Lexington, KY
Dr. Frances C. Dalme, Little, AR
Mrs. Albert T. Ernst, Perkiomenville, PA
Dr. Joyce Fitzpatrick, New York, NY
Dr. Loretta C. Ford, Rochester, NY
Miss E. Jane Furnas, Phoenix, AZ
Miss Louise Griggs, Lexington, KY
Dr. O. Marie Henry, Cookville, MD
Mrs. Betty Huff, Hyden, KY
Miss Mary Le Mills, Watha, NC
Ms. Barbara Nichols, Madison, WI
Miss Evelyn M. Peck, Columbia, MO
Mrs. Elaine Pendleton, Falls, PA
Dr. Marjorie Ramphal, W. Nyack, NY
Miss Christine Schenk, Cleveland, OH
Dr. Elizabeth Sharp, Atlanta, GA
Dr. Lillie M. Shortridge, Pleasantville, NY
Dr. Helen Tirpak, New York, NY
Ms. Joyce Wiechmann, Sylacaug, AL
Dr. Carolyn A. Williams, Lexington, KY
Mrs. Elsie Maier Wilson, Gainesville, FL
Ms. Cora Winthrow, Lexington, KY

Form of Bequest

For the convenience of those who wish to remember the Frontier Nursing Service in their Wills, this form of bequest is suggested:

"I hereby give, devise and bequeath the sum of . . . dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky.

How Endowment Gifts May be Made

The following are some of the ways of making gifts to the Endowment Fund of the Frontier Nursing Service:

1. By specific gift under your Will - you may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.
2. By gift of residue under your Will - you may leave all or a portion of your residuary estate to the Service.
3. By life insurance - you may have life insurance made payable direct to the Service.

The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.

Contributions to the Frontier Nursing Service, Inc., are tax deductible under Section 501 (c) (3) of the Internal Revenue Code of 1954.

Gifts of stock should be sent to:

Merrill Lynch
Attn: Travis Musgrave
801 East Main Street, Suite 1200
Lexington, KY 40507
859-231-5258

URGENT NEEDS

FNS has an urgent need for the items listed below and hopes that its friends will wish to contribute toward their purchase. We sometimes receive more gifts for a particular item than needed. In those instances, your gift will be applied toward another need.

Administration:

Digital Camera	399.99
Photo Printer	99.00

Emergency Room:

Finger Pulse Oximeter	395.00
4 Littman Stethoscopes	191.80
2 Full Arm Wheelchairs	520.70

Home Health:

2 Portable O2 Sat Machines	395.00
6 Pair Weight Scales	233.70
4 Blood Pressure Cuffs	99.80
4 Stethoscopes	191.80

Lab:

Blood Bank Centrifuge	1,279.20
-----------------------	----------

Medical/Surgical:

Hill Rom Relaxer Chair (5) (for patient rooms)	4,090.00
Welch Allen Thermoscan	119.46
2 Allegiance Heavy Duty Wheelchairs	520.70
Welch Allen Sure Temp. Thermometer	315.32
Welch Allen Mobile Stand	247.50
Hoyer Lifters	1,199.00
One Piece Mesh Sling	114.00
Shower Chair with Arm Sides and Wheels	259.95

URGENT NEEDS - Continued

Operating Room:

Color Printer Pack for Colonoscopy	295.25
Spot Vital Sign BP & Temp Monitor with Stand	940.62
Stainless Steel Flash Tray	158.00
Stainless Steel Kick Bucket (2)	155.00
Stainless Steel Instrument Table - Fixed Height	365.00

Respiratory Therapy:

Hand Held Pulse Oximeter	629.00
--------------------------	--------

A special "thank you" to our many friends who have contributed to Urgent Needs. All of these items are directly related to patient care.

Through your contribution you assist us with providing effective quality care to the patients we serve.

Thank you again,

Barb Gibson
Assistant to CEO
Editor of *Quarterly Bulletin*

FRONTIER NURSING SERVICE, Inc.

Its motto:

“He shall gather the lambs with his arm and carry them in his bosom, and shall gently lead those that are with young.”

Isaiah 40:11

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives and nurse-practitioners for rural areas where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and educational programs for nurse-midwives and nurse-practitioners; to carry out preventive public health measures; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them, at a price they can afford to pay; to promote the general welfare of the elderly and handicapped; to ameliorate economic conditions inimical to health and growth, and to conduct research toward that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them to cooperate with individuals and with organizations, private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

From the Articles of Incorporations
of the Frontier Nursing Service.
Article III as amended June 8, 1984