

Kentucky Kernel

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Abortion activists gather at local park for vigil

By ALLISON HOLLON
Contributing Writer

More than 125 people gathered last night at Lexington's Phoenix Park to participate in a candlelight vigil commemorating the 19th anniversary of the Roe vs. Wade abortion ruling.

"I believe very strongly in a woman's right to choose and in the availability of health care to us," said Becky Marshall, a Lexington physical therapist. "I consider abortion health care."

The vigil consisted of a poetry reading, singing and a moment of silence in remembrance of the women who have died as a result of abortion.

Rev. Kelly Flood, a Unitarian Universalist minister, urged the crowd to "remember that we are a moral people and we know that abortion in women's lives is a moral decision."

One participant, who wished to remain anonymous, said she came to the rally to recognize the importance of the Roe vs. Wade decision.

"I came because I believe very much in a woman's right to choose," she said. "I had an abortion when I was 17 and that was over 20 years ago. I'm very thankful that some legislators in New York gave me that option."

"There's no telling where I would have been had I not had an abortion at that point. I want to defend everyone's right for that choice."

Pro-choice foes rally in D.C.

By CAROLYN SKORNECK
Associated Press

WASHINGTON — Abortion foes massed 70,000 strong yesterday on the national Mall, marking the 19th anniversary of the Supreme Court's decision legalizing abortion with a new optimism that the ruling's days may be numbered.

"I just feel it," said Vi Randall of Godfrey, Ill., pointing to changes that have swung the high court rightward since its landmark decision in 1973.

A day earlier, the court

See COURT, Page 3

UK student Andrew Teague said he went to the rally because of his girlfriend's interest in the abortion issue.

Although Teague said he has never been to a rally of this nature,

See RALLY, Page 3



KAREN BALLARD/Kernal Staff

Psychology senior Julie Helman, journalism junior Charity Beck and undecided junior Sarah Young participated in last night's candlelight vigil in Phoenix Park. The rally commemorated the 19th year of Roe vs. Wade.

SGA Senate debates election procedures

Editor's note: Because the senate was still in session at presstime, an article about the remainder of the meeting will appear in Friday's Kentucky Kernel.

By JOE BRAUN
Assistant Editorial Director

Questions, heated debate and details surrounding proposed reforms for the Student Government Association spring elections dominated the student senate meeting last night.



KRUSPE

Jim Kruspe, spring elections board chairman, created and presented election reforms to the senate.

Kruspe said he was not upset by the intense questioning of his reforms by senators because it demonstrated their interest in the matter.

"As long as they're asking me questions, that doesn't bother me because I want their input. . . . They (the senators) represent the students and that represents how the students want the elections run here at UK."

Kruspe said he anticipates many more questions as the election draws nearer. He told the senate that he and the new election board will address questions as a group.

He said his reforms are quite different than past years, and he believes "veteran senators will question the new changes. I think the questioning is good. It shows their concern for the University and the election process. They want legitimate elections, and I want them to be legitimate, too."

The senate had approved one of eight election amendments being proposed by Kruspe at presstime last night.

The new law moves the final filing date for candidates in the spring election to two days before the be-

ginning of spring break. In years past, the deadline was the Friday before the break. The old deadline created problems involved in the filing process for many students, Kruspe said.

The backbone of Kruspe's reforms are contained in a bill that was in debate at presstime. This bill outlined specific areas where campaign literature could be placed on campus.

Many senators questioned revised regulations regarding the placement of posters in residence halls.

Kruspe told the senate that regulations regarding these posters would have to be set by individual residence hall directors.

Senator at Large Jeremy Bates offered an amendment to Kruspe's proposal excluding restrictions on signs placed on buildings, but Kruspe stood behind his reforms and declined the amendment.

Kruspe also presented six candidates for the spring election board.

Debate on the senate about the Lexington Community College representative, Mary Kanatzar, lasted for more than 30 minutes.

The controversy centered around concerns by LCC Senator Monica Turpin. She questioned Kanatzar's ability to keep her personal opinions separate from the work she would be doing on the elections board.

"I want to keep the election board professional. I don't believe the way she acted during the last election was very professional," Turpin said.

Kanatzar told the senate she had problems with some things that occurred during the fall elections, but she said she believes she went through proper channels to take care of any complaints.

"The way Mrs. Kanatzar brought about her allegations, badgering me whenever I was trying to get votes

See SGA, Page 3



SAM CARLETON/Kernal Staff

Freshman Rusty Gaines goes for a basket as freshman Chris Logan and junior Chad Sullivan try to block the shot.

Parking-tag issuing will change for fall

By BRIAN BENNETT
Contributing Writer

A campus survey on parking procedures and regulations has prompted changes in procedure that save some students time and extra sleep.

Last fall, students began lining up at 4 a.m. near the Student Center for a chance to get a UK parking permit.

Many students complained about the first-come, first-served procedure.

"There were complaints not only because of the hardship, but because of the unfairness to those who live far away," said Janet Stansberry, president of the Commuter Student Advisory Board.

Stansberry and Sharon Childs, director of the Commuter Student Office, devised the survey asking for student input.

The survey, circulated to students in November, questioned their knowledge of parking regulations and opinions about the present system and asked for suggestions for change.

"It was a good way for students to tell what they actually need and what approach they would take to the problem," Childs said.

While some suggestions were hu-

morous — handing out permits from atop the White Hall Classroom Building — others were more serious, Stansberry said.

"Some people really took their time and gave really elaborate ideas," she said. "A few even typed their answers."

UK officials were considering holding a lottery system similar to the system of that of basketball distribution, but the idea was unpopular with those who responded to the survey.

"Most people didn't like the lottery idea because they felt like they would have no better chance," Stansberry said.

Instead, most of those polled favored distribution by classification, Childs said.

As a result of the poll, Don Thornton, director of UK Parking and Transportation Services, said the parking office researched the possibilities and will institute a new procedure this year.

Thornton said students wishing to obtain "C," "R" or "K" stickers will be placed into three categories. The first group consists of those who wish to renew their current permits, which they can do in July.

See PARKING, Page 3

\$6-million bidder receives UK sports broadcast rights

Staff, wire reports

A bid of a more than \$6 million was submitted yesterday for the radio rights to broadcast UK basketball and football games for the next four years.

Only one bid was tendered for the exclusive broadcast rights.

The multi-million dollar offer was submitted jointly by Host Creative Communications, WVLK-Radio in Lexington, WKYT-Television in Lexington and Clear

Channel Communications, which owns WHAS-AM radio in Louisville. The group collectively is known as Sports Communications.

The bid is about 12 percent higher than the previous three-year contract held by Host Creative Communications. That contract expires this year.

The offer now must be reviewed by a UK radio/television rights committee and then submitted to the UK Athletics Association Board of Directors for action.

SPORTS	UK TODAY	INSIDE
Wheelchair basketball at UK keeps rolling on. Story, Page 2.	Doug Draper, public affairs specialist for Toyota of Georgetown, will present "The People of Toyota" at 4 p.m. in 230 Student Center.	An in-depth look at alcoholism and students. Stories, Page 4.
		Sports.....2 Perspective.....4 Classifieds.....5 Divisions.....6

SPORTS

Wheelchair basketball rolls on

By **TIM WIESENHANN**
Sports Editor

Move over Seaton Center gym rats, the Olympians have taken the basketball court.

The National Wheelchair Basketball Association will conclude tryouts tonight to select the 12-man, U.S. National Basketball Wheelchair Team. Once selected, the U.S. team will compete internationally and at the Paralympic Games in Barcelona, Spain.

The Paralympics have been held every Olympic year in the host

Olympic city since their inception in 1960. This year's games coincide with the Olympic games in August.

To compete, athletes must earn spots on their national teams and meet strict qualifying standards. Paralympic athletes compete in Olympic venues, are housed in Olympic villages and participate in a re-creation of the Olympic opening and closing ceremonies.

Tryouts began yesterday. Thirty men are competing for 12 spots.

UK's Seaton Center will continue to play host to the nation's finest wheelchair basketball this weekend.

The 13th Annual Bluegrass Invitational Wheelchair Basketball Tournament begins tomorrow at the Seaton Center. It features 19 national-ranked U.S. teams and Australian and French National Teams.

"This is one of the most prestigious events of its kind in the nation," tournament director Diane Bonfert said. "We are real proud."

Bonfert said this year's 21-team field is the largest ever. The field includes the No. 1-ranked Arkansas Rollin' Razorbacks, teams from California, Texas, Florida, Tennessee, Michigan, Alabama, Ohio, Ma-

ryland, Minnesota, Illinois, North Carolina and Canada.

UK does not have a team competing in the invitational.

Play begins Friday morning at 8, continues through the weekend and will conclude with the championship game at 2 p.m. Sunday.

The tournament is sponsored by the Lexington-Fayette Urban County Government Division of Parks and Recreation, Cardinal Hill Hospital, UK Campus Recreation, UK Disabled Students Sports Association and the Kentucky Department of Vocational Rehabilitation.

UK's loss to Vols reveals Wildcats' 'fundamental flaw'

Editor's note: Because of the late tip-off time of Tuesday's basketball game, a complete story did not appear in yesterday's Kentucky Kernel.

By **TOM SHARP**
Associated Press

KNOXVILLE, Tenn. — The problem as UK coach Rick Pitino saw it, was a fundamental flaw.

"The big play in the game was not blocking out on the foul shot there when we could have cut it to three, and that was the turning point of the game," Pitino said after his No. 8 Wildcats had been upset 107-85 Tuesday night by Tennessee, the Wildcats' first Southeastern Conference loss.

"It's been an Achilles heel of our all season, and tonight it cost us. It's a fundamental thing we've got to improve on," he said.

Pitino was referring to Jay Price's rebound of a missed Tennessee free throw with seven minutes left to play. Price's basket put the Vols ahead 76-69.

But Pitino could just as well have been talking about a similar play moments later that really broke the team's back.

With 3:23 left, Tennessee's Corey Allen was fouled and hit the first one for an 84-76 Tennessee lead.

He missed the second, Carlos Groves rebounded and fed Orlando Berry, who also missed, but Groves was there again to tip it in and the Vols led 86-76.

From there the Wildcats (14-3, 4-1) were forced to fire three-point shots, all of which they missed, and foul the Vols (10-6, 3-2) immediately on a change of possession.

After Groves' basket Tennessee scored just once more from the field — tipping in a missed free throw — but was 17 of 22 from the line. UK could manage just two baskets the last three minutes of play.

For the night Tennessee hit 48 of 59 free throws, school records for both attempts and conversions; UK hit 23 of 33.

"This is a good win for my team against an outstanding team," Tennessee coach Wade Houston said. "I think it gives us a chance to still compete for the Eastern Division, assuming we don't have any major stumbling blocks from here on."

The Vols were led by Allan Houston's 36 points, but Wade Houston said it was a matter of his soon getting some help.

"Allen can be a special player," the Tennessee coach

TENNESSEE 107, UK 85

UK (14-3)
Mashburn 10-13 8-11 28, Pelphrey 3-8 2-4 10, Martinez 0-3 0-0 0, Woods 3-4 2-3 8, Brown 1-9 0-2 3, Feldhaus 7-12 8-9 23, Farmer 4-8 1-2 11, Ford 0-4 2-2 2, Brady 0-4 0-0 0, Riddick 0-0 0-0 0, Harrison 0-3 0-0 0, Toomer 0-0 0-0 0. Totals 28-68 23-33 85.

TENNESSEE (10-6)

Houston 10-16 15-16 36, Allen 2-9 8-10 13, Curry 0-0 0-0 0, Price 1-2 10-10 12, Wiseman 2-5 2-2 7, Groves 9-12 5-8 23, Rivers 2-2 0-0 4, Berry 1-3 5-8 7, Johnson 0-0 1-2 1, Sheffield 0-0 0-1 0, Brand 0-0 2-2 2, Brown 1-1 0-0 2, Klahm 0-0 0-0 0. Totals 28-50 48-59 107.

said. "He has lot of ways he can hurt you. But the key tonight was he got help from the other players. Then as a defensive team you have to decide whether to stop one guy or try to win the game."

Most of the offensive help came from Groves, who finished with 23 points.

The Vols out-shot the Wildcats from the floor, making 56 percent (28 of 50) to 41 percent (28 of 68) for the Cats, who managed a meager 6-of-32 from three-point range.

Jamal Mashburn led UK with 28 points before fouling out with 3 1/2 minutes remaining on the play that sent Allen to the line to set up Groves' play.

Deron Feldhaus came off the bench to contribute 23 for the Cats, who also got 11 from Ritchie Farmer.

Allen had 13 points and 10 rebounds for Tennessee, and Jay Price added 12 points.

Tennessee led 55-54 when two baskets by Steve Rivers, a rare score from Berry, and a 3-pointer by Allen eased the Vols to a 72-63 lead with 8:39 remaining.

Sean Woods cut it to 72-66 with a three-point play seconds later, but Price rebounded a missed free throw for a bucket, fed Groves for another score and hit two free throws to put the Vols ahead 81-71 with just under five minutes left.

UK gymnastics team ranked eighth in poll

Staff reports

The National Association of Collegiate Gymnastics Coaches/Women Poll ranked the UK gymnastics team eighth in the nation yesterday.

UK gymnastics coach Leah Little said her 4-0 squad deserves its Top 20 ranking.

"It means a lot to our program,"

Little said. "As a coach, I felt like we'd be back in the Top 20, but it will take a lot of work to maintain it."

The Cats are led by junior Amie Winn. Winn, the 1990 NCAA South Regional all-around champion is ranked 15th in the nation and second in the South Region.

UK faced West Virginia and No. 5 Towson State Saturday night.

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LAZARUS

Court

Continued from page 1

agreed to review a restrictive Pennsylvania abortion law, and activists on both sides of the issue have said the justices may well use that case to undermine the Roe vs. Wade decision.

Anti-abortion activists also rallied in dozens of other cities Wednesday, including a crowd of 5,000 in Atlanta who heard Roman Catholic Bishop James Lyke declare that America has been "torn asunder over a law ... which makes life cheap."

Most of the marches were accompanied by smaller groups of counter-demonstrators.

President Bush, addressing the

Washington crowd over loudspeakers, got cheers when he said: "I want to reaffirm my dedication and commitment to the simple recognition that all life is a precious gift, that each human being has intrinsic dignity and worth."

Marchers in Washington and the other cities said that in addition to changes in the makeup of the Supreme Court they also see changes in public views of abortion.

"There's a change in attitudes, especially the attitudes of young people," said Mary Ellen Fatori of Havertown, Pa., an English professor at Villanova University. "They have a conscience like they haven't had for 15 years. The apathy has gone away."

Said Michael Quinn, 69, of Bay Shore, N.Y., "People are impressed

with the change in attitudes, especially the attitudes of young people," said Mary Ellen Fatori of Havertown, Pa., an English professor at Villanova University. "They have a conscience like they haven't had for 15 years. The apathy has gone away."

lissa McGraw, Sean Rankin and Rodney Vinegar. The senators also approved legislation that would re-enforce attendance regulations, requiring all SGA college senators to attend University Senate meetings as part of their senatorial duties.

In addition, the senate allocated \$2,000 for the purchase of a television to be placed in the student lounge at LCC. The purchase was recommended based on a survey of needs conducted at the community college by LCC Senator Duane Crowe.

Parking

Continued from page 1

The second group consists of new applicants.

Permits will be given first according to class rank, followed by earned credit hours and then, if necessary, by GPA. Beginning in

Rally

Continued from page 1

he "strongly believes in the woman's right to choose."

Another UK student, 32-year-old Jo Wilder, attended the rally to show her support of a woman's right to abortion.

"I'm really afraid they will take away my reproduction rights," said Wilder, a member of the Bluegrass Chapter of National Organization for Women, which sponsored the event. "I do have one child, and that doesn't change anything. I don't believe that any man should be able to control who I am. I feel very strongly about that."

that we fight and die to preserve freedom all over the world, and they realize that they should also preserve the lives of babies right here."

The sense of a turning point was also evident among abortion-rights proponents staging counter-demonstrations, including several hundred who lined a block of Constitution Avenue to exchange chants and finger-pointing with the marchers.

Aundra Cika of Alexandria, Va., 28 years old and eight months pregnant, said it was the first abortion-rights demonstration she had ever attended.

"With the court stacked as it is now," Cika said, "there's a need for those of us in the middle to come out." She said she probably would never have an abortion "but I don't think I should control other people's choices."

The anti-abortion demonstrators applauded Bush's pledge to "continue to oppose and fight back attempts by Congress to expand federal funding for abortions" and his

statement that the number of pregnancies ended by abortion is "simply unconscionable."

Bush, like Ronald Reagan before him, has spoken from a distance to the crowd each year as president. Seventeen-year-old Jackie Thomas of Southfork, Pa., applauded the president's words, but muttered, "He should be here."

Wednesday's rally had a partisan ring to it, particularly speeches by Rep.

Robert Dornan (R-Calif.) who called Bush the "first line of de-

fense" against abortion, and Rep. Chris Smith (R-N.J.) who said, "In 1992 we have to go political."

"With every Democratic contender for the presidency vociferously pro-abortion," said Smith, "I think it is ... morally imperative upon us that we work night and day to re-elect the president and to make gains in both the House and the Senate."

About 70,000 people rallied and then marched to the Capitol and Supreme Court in Washington.

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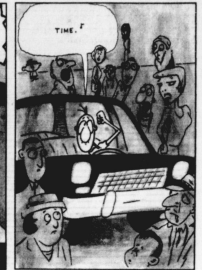
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BOB n' WEEVE

by John Morrow and Jerry Voigt



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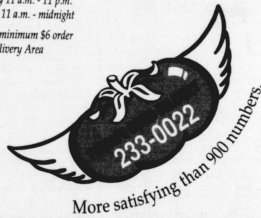
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THURSDAY, JANUARY 23 STUDENT ORGANIZATIONS ASSEMBLY MEETING

The meeting will be held in Room 106 at 6:30. You won't want to miss the discussion of the following upcoming events:

- Library Campaign**
Miss Erica McDonald will be the speaker at the meeting. This campaign affects every student, so come find out what you can do!
- Summer Camp Job Fair**
This occurs on Wednesday, February 12, in the Student Center Grand Ballroom. We need a few people to help for a short period of time. Check it out!
- Volunteer Day**
Scheduled for Saturday, February 15. See how you and your organization can help!
- VanMeter Service Award**
In memory of Darrell VanMeter, there will be a service award given to the person who meets the qualifications. Find out more at the meeting!
- Organization Awards**
Last, but not least, these awards are of interest to all organizations. For details, join us Thursday!

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PERSPECTIVE

Animal of alcoholism still haunts 'David'

By BOBBY KING
Senior Staff Writer

At age 12, David took his first drink and unleashed from inside him a beast he never knew existed. Now, at 33 years old, David is only beginning to control that beast from within. He is a recovering alcoholic and a former drug addict. He also is walking around campus, or maybe even sitting in the seat next to you.

David is a UK student. He wanted to keep his last name a secret for this article. There are lots of Davids out there who go by other names. But, like him, they carry the same animal around inside of them.

The animal is alcoholism. For those in recovery, alcohol is a daily presence in their lives. They struggle to ignore the lies they once listened to by avoiding bars or parties at friends' homes. Perhaps more difficult is confronting the temptations and awful emotions by telling others.

David is one of the lucky ones. He found help before the beast killed him, as it did many of his friends.

When he began drinking, David never knew he was particularly vulnerable to the disease. His family had a history of drinking problems, a factor that makes a person as much as four times a greater risk of becoming an alcoholic.

But drinking was just a "social thing" some 10 years ago when David was in college at Eastern Kentucky University. He partied with friends, especially on weekends.

"I would never have guessed that it would have ended up with the beast that I'm going through," David said. "I thought that was the thing to do, what everybody else did."

In addition to being a student, David held a full-time job that left him little time for sleep. When coffee failed to keep him awake, he began taking amphetamines and, eventually, cocaine.

"It first just started out like an experiment. Everybody would be drinking and somebody would have loaded on alcohol. So I'd say, 'What the heck. I may or may not even remember doing it.' The problem for me was that everything I tried, I liked."

"But if I hadn't drank, I probably wouldn't have started using the drugs. I always thought those kind of people were bad, and I kind of looked down on them."

The job, the alcohol and the drugs proved too much for David. Academically, he fell into the hole that only kept getting deeper. After transferring to Lexington Community College, he completed two semesters in the nursing program before flunking out.

He took a job at a local hospital as a "student-nurse." The nursing shortage made administrators "look the other way," despite his lack of credentials.

David told himself he was taking the job for the right reasons, but in reality it was, he said, because he knew he could have easier access to free drugs.

"Consciously, I may have said I'm doing it because I pay good. But there's that little monkey on your back. That's the voice that whispers in your ear and tells you what to do."

David worked the 3 to 11 p.m. shift at the hospital. Afterward, he and many of the workers on the

shift hit the bars. "It was sort of the 'party shift,' which fit my lifestyle. I could sleep it off the next morning and not have to be back at work until the afternoon."

Unfortunately, his alcohol and drug abuse wasn't limited to after-hours partying.

"I remember several of us using cocaine to stay revved up," he said. "You start to question whether or not your being on drugs may have harmed someone."

After three years of questioning himself, David began to fear that he might have become addicted to drugs.

He thought a "change of geography" was the answer, so he took a job as an aerial photographer for his father-in-law's company. The job took him all over Eastern Kentucky, where he took pictures of coal mine sites.

Despite the long hours on the road, "it was a good living," David said.

His drinking diminished, but only because many of the counties where he worked were dry, and he couldn't find a bootlegger. So he began to use drugs as a replacement.

"It was easier to take a pill: No one could smell it on your breath." He kept flying the planes until his father-in-law died, putting him out of work. A back injury kept him from doing manual labor. So he turned to transporting drugs as a means to support his family. The contacts he had made while flying proved useful.

Finally, two years ago, when he woke up after a Christmas blowout in Florida, David found that he had hit rock bottom.

The Drug Enforcement Agency was on his tail for his illegal drug activities. When they gave up trying to prosecute him, the Internal Revenue Service stepped in. It was a simple tactic: Since the government couldn't get the goods on him for transporting drugs, they went after him for tax evasion.

The IRS filed liens against his property. Today, if he buys a car or a house, it can be seized for payment. His debts are so great, he barely can keep up with the interest payments on them — a fact that, he says, will leave him in debt for the rest of his life.

In addition, his marriage was in trouble. Not surprisingly, he entered into a deep depression.

"That's when I knew I had a drug and alcohol problem, without any doubt," David said.

When he returned to Kentucky, he entered a drug and alcohol detoxification center at Eastern State Hospital.

That was Dec. 28, 1989. David hasn't had a drink or taken other drugs since.

He survived the drying out process, and eventually he was well enough to go back out into the world. He entered a vocational rehabilitation program. Still, David couldn't do manual labor, and anything in the health profession was too risky: easy access to drugs, too much temptation.

He was "salvageable" as far as going back to college was concerned.

"I hadn't ruined all of my brain cells," he said. "I had a few left. It was just a matter of my trying to decide what field I'd go into. I decided to choose social work, so that I could work with people in alcohol

and drug abuse and return the favor for somebody else."

David returned to school at UK last semester and managed a 3.25 grade point average, which, he joked, "was pretty good for brain damaged. I couldn't be prouder if it was a 4.0."

But it wasn't easy for him. He wasn't sheltered from the temptations that kept him a slave to alcohol and drugs for so long.

"It's taken me some adjustment to hearing about people talking about drinking and partying. Not that I wanted to use (alcohol). But it's more now of wanting to say, 'You idiots. You don't want to do that. You want to stop doing that.' Now I realize it wasn't fun. It was lousy."

David is still married to his wife of 14 years. Counselors told him that if he were serious about recovery, he might expect a divorce. His wife would have to go through counseling with him.

"Like the counselors explained, ... she really didn't know who I was. She'd never seen me straight. So it was a matter of her, basically, meeting somebody new."

David also had to be reintroduced to himself. The person he was was mortal and frail, far from the Superman drugs and alcohol made him believe he was.

"It was kind of scary experiencing things for the first time without a crutch. ... Alcohol and cocaine can give you such a false sense of security and invincibility. Now that I've straightened up my life, I feel real very vulnerable and aware that there are such things as taking risks," he said.

However, David hasn't had to face his new life alone. In addition to on-campus counseling, he takes part in a 12-step program that allows him to meet with other recovering addicts who share their problems about just getting by.

The keys to recovery for him were depending on others and taking each day one at a time, David said.

"But it's something you can't beat alone. You see, that's the game I played. But it's not a matter of will power. I could stop drinking and then I'd take more pills."

David also is a part of UK's Peer Educators program, where students are trained to help others aware what is high- and low-risk drinking.

David said his life in college was a case study in high-risk drinking.

"If AIDS had been around when I was 14, I'd be dead right now," he said. An AIDS test he took after entering the detox center came up negative.

"For some reason, I've been given a second chance to make amends. I feel that dealing with and working with drug and alcohol addicts is my calling."

For now, David picks up jobs like painting or stripping tobacco where he can. What money he makes he gives to his wife to spend on their 10-year-old daughter and their 4-year-old son. He had to sell his daughter's horse in order to buy her clothes for school and to pay for her gymnastics lessons. He still doesn't trust himself with the money.

"As a unit, we understand it is what is best in the long run."

David said his children were "broken promises." At the birth of each one, he vowed to turn away from his life of chemical dependency. He failed both times.

"That's the way the beast runs your life," he said.



Students' view of alcoholism differs from harsh realities of the disease

By BOBBY KING
Senior Staff Writer

Todd Warnick has a hard time making college students understand what an alcoholic is. He uses analogies like overeating, pregnancy and "The Andy Griffith Show" to get his point across.

"If they don't see their friends looking like Otis Campbell, getting drunk all of the time and drinking as much as they can when they drink, then, in their minds, that person just does not have an alcoholism problem," said Warnick, a certified chemical dependency counselor at UK.

"That is just not accurate." Otis was the lovable, yet troubled, town drunk who regularly checked into the Mayberry jail when he had too much to drink on the still-popular television series.

"For some reason we think about alcoholism in extremes in this country," Warnick said. "(Students) think an alcoholic is someone who goes out and drinks as much as they can, anytime they can. That is just not an alcoholic at college age."

"The real test is if you can consistently drink one, two or three (drinks). If they can do that they are probably in good shape. But to have trouble consistently doing that, they have a problem."

Warnick said a person who is becoming dependent on alcohol is

similar to a person who overeats. Alcohol, he said, is like food. A person who drinks to the point of being physically impaired is like someone who has overeaten. In this case, the person who can't stick to the diet is in trouble, Warnick said.

"I'd be concerned about a student who 'overeats' and has tried to cut back but have found it difficult to do," Warnick said.

Another phenomenon that is becoming more common among college students is binge drinking, said Cheryl Tuttle, substance abuse prevention coordinator at UK's Health Education Office.

Tuttle said binge drinking is when a person has five or more drinks in the span of a few hours, occurring most often on weekends.

"In the alcohol field, when we talk about drinking five or more drinks in one sitting, we consider that drinking alcoholically," Tuttle said. "Although there's been a slight drop in number of drinkers in recent years, there has been no decline in number of heavy drinkers."

Tuttle quoted a survey of American college students that said two out of every five college students reported drinking five or more drinks at least twice in the month prior to the survey.

"College students are getting wiped out a lot more on the weekends, a lot more than their friends who don't go to school," she said.

Warnick said binge drinkers do more damage to their bodies than do people who drink less quantities of alcohol on a daily basis. He also said binge drinkers are taking greater risks.

"Binge drinking causes you tolerance to alcohol to increase," he said. "Tolerance to alcohol is something you don't want to have. It means you're moving closer toward alcoholism."

Warnick said other warning signs include:

- minor or major health problems, including spitting up blood, blood sugar problems, as well as liver and kidney problems.
- impairment problems — citations for driving under influence, getting in fights after drinking and academic problems.
- blackouts — not remembering doing something that other people say you did, also known as alcohol induced amnesia.
- problems in your relationships because of alcohol.

The 1991 College Alcohol Survey attributed 64 percent of violent behavior on college campuses to alcohol, including up to 90 percent on date rapes.

"You don't have to be brilliant to conclude that it's a great problem," said David Stockham, dean of students at UK. "What's terrible is that it has the high potential to ruin people's lives."

Coeds frequenting bars say their drinking under control

By BOBBY KING
Senior Staff Writer

Sean Mann and Catherine Lewis looked a bit lonely sitting at their table late Monday night at the Two Keys Tavern. With classes the next day and business kind of slow, they were the only people sitting in front of the establishment's giant screen television.

Like many students at UK, Mann and Lewis come to the Two Keys, and other pubs around town, to have a drink and relax for awhile before returning to the pressures of school.

They said they know the issues, and the risks, that come with using alcohol. They also said they know when enough is enough.

"I think about (the chance of) becoming an alcoholic," Lewis said. "I think there's got to be a limit. I think a lot people don't realize the risks that are involved."

Lewis said the dangers of alcohol use are very real for her. A friend died in an alcohol-related car accident coming home from school on Easter weekend.

"They held the funeral on Easter Sunday," she said.

She worries that it could happen again.

"What worries me more is getting a call the next day and hearing that one of my friends was killed in an accident," Lewis said.

For Mann, drinking safely is a matter of knowing your limitations. He said that learning what those limitations are takes time and experience.

"I go out and get pounded and get hammered all the time, but I can stop and not drink — like I did this summer — for two months," Mann said.

"If I drink to the point where I don't know what I'm doing, I either

pass out or start a fight," Mann said. "I used to (do that), in my younger days. You learn from experience. I used to drink until I'd pass out or make a fool of myself. But now I know what I can do and what I couldn't do."

He said that "alcoholism is about will power, just like anything else."

Kim Rusin, a UK sophomore, has a different perspective about alcohol since a friend of her's entered Charles Ridge Hospital, which treats emotional problems and chemical dependency.

"We tried to talk to the girl, but she wouldn't listen to her friends. But her parents ended up getting involved and getting help for her," Rusin said.

Rusin said peer pressure shouldn't affect whether people drink, but it does.

"If they are a strong enough person they can say no. If they really

don't want to do it, they don't have to. They may get a little harassment. But if a person's a true friend, they'll understand," Rusin said.

John Gregory, 22, is a junior majoring in theatre arts. He calls himself an "occasional drinker" and a frequent University Club patron.

"I may be in a club for four or five hours, and I may drink two beers. That's what I call social drinking. If I'm party drinking I may be in a club four or five hours and I may have 20," Gregory said.

Like others, death and alcohol have already crossed paths in the life of someone he knew.

"A friend of mine at Trinity (High School in Louisville, Ky.) got killed in an accident involving alcohol during my senior year," Gregory said.

Death made mortality a reality. "Whenever I go out with some

friends we make sure that we have a designated driver. We take turns. It's because of that incident is why I react that way. Back in high school, nobody really cared. Now it's really important."

Gregory said he doesn't think any of his friends are problem drinkers.

"I have friends who like to party, but none of them get to the point where they have to have it every second of the day or that's all they think about," he said.

Gregory said he's never missed class or work because of a hangover but he knows drinking could lead to alcoholism.

"I think that could enter anybody's mind. There are times when I've been really depressed, and I've wanted to go out and drink away my sorrows — and there have been times I've done that," he said.

"Now is the place, while you're in college, that you've got to learn

that's not the answer." At 6-feet-2 1/2 inches and 250 pounds, John Moore is the epitome of a night club bouncer.

"While working at the U Club, he sees the consequences of irresponsible drinking, including fights. "A bouncer's job, and a bartender's job, is to watch people and when they have too much, we cut them off," Moore said. "They usually get pretty upset, too."

Moore said he, and other students, don't think about all of the risks involved with alcohol but are more concerned with having a good time.

"Students are in school, trying to reach a goal and become something in life. Once they (do), they are going to have to put away their childish things — like going out every night and getting drunk. I guess people want to enjoy their stay here while they can."

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DIVERSIONS

'TV Guide' now tells viewers what not to watch

Snobbish TV haters often gripe that Americans don't read enough. Put those Ivy League elitists in their place by picking up the latest copy of *TV Guide*. At a glance, you'll know what time to catch reruns of "Scrabble," "The Love Boat" and "Mr. Belvedere." And at the same time, you'll enjoy pulsating in-depth interviews with your favorite stars, scoops on new shows coming your way and a dynamic crossword puzzle to boot! (Not to mention a promising career as an artist if you can "Draw Winky.")

Unfortunately, that's a better description of the good old days of *TV Guide*, back when it was just a bunch of articles about TV. Since its current owner, tabloid trash peddler Rupert Murdoch, took over few years ago, *TV Guide* has lost its edge.

It's no longer the unpretentious road map through the winding byways of American television. Today, it's a fan magazine for everything bad about TV. It's no longer a guide for what to watch; it's a blueprint for what to avoid.

TV Guide always has had its problems. My favorite moment

came in 1984, when the magazine endorsed the re-election of President Reagan. As if that weren't bad enough, the endorsement came in September, a full six weeks before the election. (And before both Reagan-Mondale debates.) If that were not bad enough, the editorial conveniently forgot to mention that then-publisher Walter Annenberg was one of Reagan's closest friends. (Oops!)

Of course, this same editorial praised Reagan's civil-rights record, his environmental achievements, his work on behalf of the poor, etc., and it probably was as influential as any editorial in *Woodworker's Monthly*, *Gum Digest* or the *Wholesale Kitchenware Dealer's Quarterly*.

Editorials meant nothing. *TV Guide* was never going to be confused with *The New York Times*. After all, it was the magazine that told you what was going to be on television — nothing more, nothing less.

But that was the beauty of it. They never pretended to be anything else. You went to the store to buy a few groceries and when you



Toby Gibbs on TV

got to the checkout line, you threw a *TV Guide* in the cart. Why? Because you wanted to know what was going to be on the tube. No-frills shopping.

Today's *TV Guide* is a combination of *USA Today* and *Teen Beat* magazine. I was shocked a few weeks ago when one from the cast of "Beverly Hills, 90210" was on the cover. Thanks to *TV Guide*, we now know how the cast of that fine show feels about every topic under the sun, from global warming to favorite flavors of dental floss.

Most of all, we get probing interviews in which we discover how hard it is to be a millionaire actor with trillions of adoring fans.

Madonna was on the cover a few weeks ago. (Of course, that could be said of every magazine from *Popular Mechanics* to *Shrubby Update*.) *TV Guide* readers were

treated to tons o' fun facts about the most overexposed human ever to walk God's green earth.

TV Guide no longer burdens the reader with actual articles. Once you peel away the USA Today-esque colorful graphics, you might find a paragraph or two that's longer than 10 words. Or course, those 10 words are about Rosanne and Tom Arnold's favorite body parts for tattoos, but 10 words.

Recently, the friendly folks at *TV Guide* reviewed all of the Nielsen Top 20 shows. Needless to say, they liked them all! The worst kinds of glop that ooze from your TV set, from "Full House" to "Unsolved Mysteries," were praised to high heaven. Every show got an A, B, or C. No 'D's. No 'F's.

Nothing is average or better. Everything is acceptable. *TV Guide's* message about the television industry? Everything is fine.

Most critics in the entertainment industry move in one of two directions. Half love everything and move to *TV Guide*. If a show comes along and is exactly like everything already on the air, they love it. It doesn't upset the applecart, and it

won't change TV too much.

The other half hate everything and move to *Rolling Stone*, where they let you know how everyone and everything in the United States — TV, movies, music, politics, news, journalism — sucks like a Hoover Upright. Except *Rolling Stone*, of course.

Some will say its no big deal — it's just a magazine about TV. And they're probably right. But I guess I'm just sorry to see an interview with Madonna's plumber every time I stand in the express lane.

Senior Staff Writer Toby Gibbs is a UK employee and a Kernel columnist.

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Procedure for Recommending Revisions of Student Code

Pursuant to the Code of Student Conduct, Article VII, the Student Code Committee will accept and review recommendations from UK students, faculty and staff regarding proposed revisions of the Code. Such recommendations must be in writing, should be as explicit as possible, and should be addressed to the Committee, c/o Office of Vice Chancellor of Student Affairs, Lexington Campus, 529 Patterson Office Tower, 00273. Recommendations should indicate the name of the proposing individual or organization, mailing address and telephone number. Recommended revisions should be submitted by February 14, 1992, and preferably earlier than that date. The Code is published as Part I (pages 1-29 of the document entitled "Student Rights and Responsibilities" dated August 16, 1990, Revision Part II—November 1991).

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