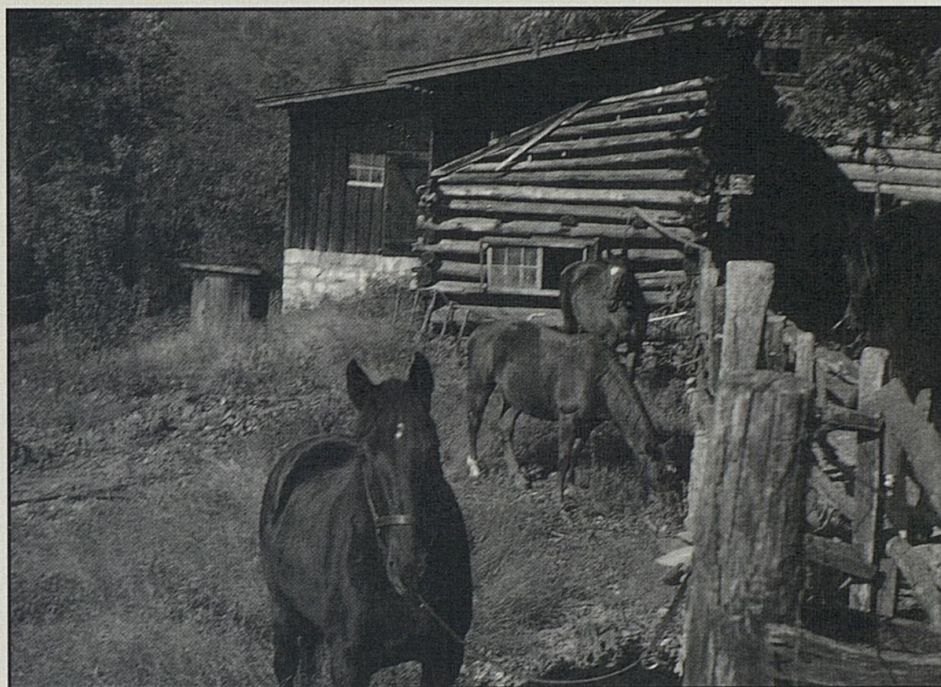


FNS FRONTIER NURSING SERVICE

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Cover Photo - The Barn at Wendover (don't have the date) when FNS still had horses (photographer unknown).

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Introduction to Frontier Nursing Service (FNS)

Mary Breckinridge spent her early years in many parts of the world - Russia, France, Switzerland and the British Isles. After the deaths of her two children, she abandoned the homebound life expected of women of her class to devote herself to the service of others, particularly mothers and children.

Several years after graduating from St. Luke's Hospital Training School for Nurses in 1910, Mrs. Breckinridge established the FNS in Leslie County, Kentucky, in 1925, as a private charitable organization serving an area of 700 square miles. It was the first organization in America to use nurses trained as midwives under the direction of a single medical doctor/obstetrician, based at their small hospital in Hyden. Originally the staff was composed of nurse-midwives trained in England. They traveled on horseback and on foot to provide quality prenatal and childbirth care in the client's own home.

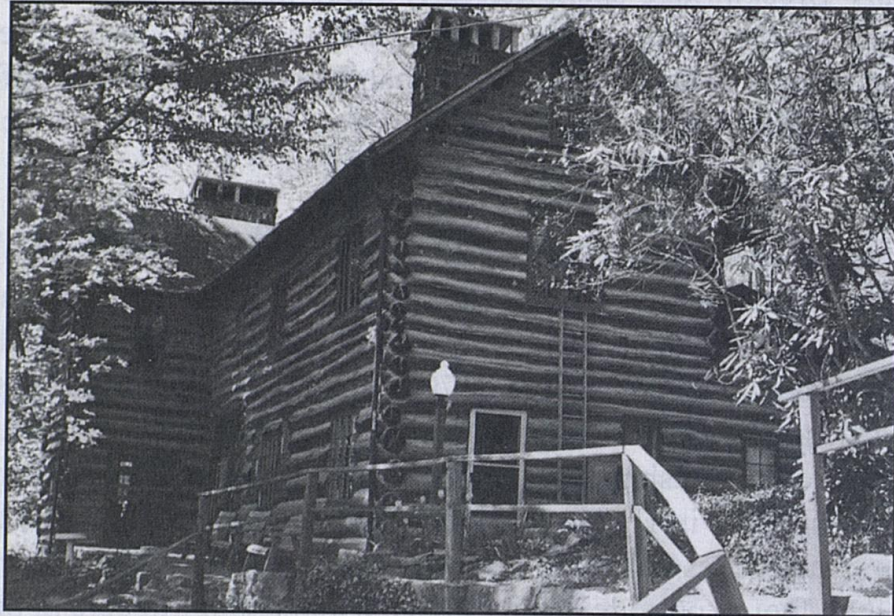
Today, Mrs. Breckinridge's legacy extends far beyond Eastern Kentucky. FNS, Inc. is the parent holding company for Mary Breckinridge Healthcare, Inc., Frontier Nursing Healthcare, Inc., which includes five rural healthcare clinics; Mary Breckinridge Home Health Agency and the Frontier School of Midwifery and Family Nursing which offers a Master of Science in Nursing degree with tracks as a Nurse-Midwife, Family Nurse Practitioner, Women's Healthcare Nurse Practitioner and a Doctor of Nursing Practice (DNP) degree.

Mary Breckinridge's home, The Big House, located at Wendover, is a licensed Bed & Breakfast Inn. For more information or reservations, call 606-672-2317 or e-mail: information@frontiernursing.org. You can also access our website:

Frontier Nursing Service - www.frontiernursing.org

The Journey

by Nathan Lee, President & CEO



The Big House

'It was on one of my rides alone that I first saw Wendover. Of course it wasn't Wendover then, but I knew it would be... To myself and to my horse I said, "Someday I'm going to build me a log house right there."' - Mary Breckinridge, Wide Neighborhoods, Chapter 13.

And so she did. On Christmas day in 1925, the Big House was dedicated "To the Glory of God and in Memory of Breckie and Polly" before a crowd of five hundred old and new friends. Today, it would seem strange for many of us to "dedicate" our homes. But then, Mrs. Breckinridge never intended for the Big House to be just her home. For almost eighty-five years now, the Big House has served just as she intended it to serve: as a Mecca for weary travelers; a fellowship hall for friends; a place of healing for the sick; a kitchen for the hungry; a temple of solace for the troubled; and in so many other ways known only privately to the thousands of people who have passed through its doors.

In arranging its construction, Mrs. Breckinridge carefully considered the challenges of mountain building. Neither the Big House (nor any other FNS building, she noted) were constructed in the more easily managed “bottom land” near the river banks, as to be safe from the periodic flooding which would certainly come. At Wendover, Mrs. Breckinridge’s father designed a series of channels to siphon water off the mountain and away from the buildings. But as typhoons in the Pacific Rim, tornados in the American mid-west and hurricanes on the eastern coast prove with fair regularity, even the best preventive measures are sometimes no match for the power of nature.

So it is now with the Big House and our Wendover historic site. While run-off water from the mountains in wet times is simply something that just must be occasionally endured, this spring and summer have been extraordinarily wet for us here in the mountains. Flooding waters have washed away sections of mountains, flooded river banks and, indeed, destroyed entire lengths of Highway 421, which snakes through our territory.



Hwy 421 - Flood Damage (photo courtesy of Katelyn Dykes)

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These same flooding waters are wreaking havoc on Mrs. Breckinridge's home here at Wendover. The Big House has always "creaked and groaned" in various parts and uneven floors and windowsills have been part of its charm since 1925. Eighty-four years of mountain run-off and particularly the excessive water we've had the past few months, however, have begun to literally wear away its very foundation. Increasing numbers of visitors and guests touring the house have added to its burden, and now we find ourselves in a situation where the back quarters of the house (the kitchen, back hall, and rear portions of the Dog-Trot area) are literally sinking into the mountain.

Engineers with expertise in historical preservation have inspected the Big House and confirmed our layman's fears. Now they turn to evaluating what steps are needed to shore up the foundation in a way that's respectful of the Big House's character and historic nature. They'll follow up by doing work on the mountain top to improve water flow away from the Big House.

Both of these corrections, to be completed in a manner which maintains the integrity of the home and the mountain on which it sits, will undoubtedly be terribly costly. And while our financial condition is assuredly improving, the timing of these necessary and costly repairs could not be worse. But as I firmly believe and trust you believe as well, doing whatever is necessary to protect and preserve Mrs. Breckinridge's home must be done, regardless of its cost or any unfortunate timing. While we haven't yet received formal cost projections, preliminary information indicates that to strengthen the foundation of the Big House in a manner that protects both its structure and its historical integrity, and to improve drainage off the mountain in a manner that is sensitive to both the character of the mountain and the environment, will cost several hundred thousand dollars and perhaps as much as half a million dollars.

It is not the tradition of the Frontier Nursing Service to overtly solicit gifts. As Mrs. Breckinridge knew so many years ago, the value of our work speaks for itself. At this critical juncture, however, we find ourselves setting aside one tradition in the name of preserving what is perhaps the greatest physical legacy of Mary Breckinridge; her home. With this writing, we launch an emergency preservation campaign aimed not only at protecting the Big House and Wendover historic site, but also to create a fund that ensures its preservation and maintenance for generations to come. We have already had some success in several grant opportunities for federal and state historical preservation funds and we are working feverishly to secure a substantial lead gift toward our goal.

We will need your support as well. It's fitting, I think, that the Big House was dedicated, in part by with words of the Christmas Carol, "O, Come All Ye Faithful", for the faithful have indeed come to the Big House from all over the world to support our efforts here in the mountains. I am thankful that you are among them.

The Journey continues.

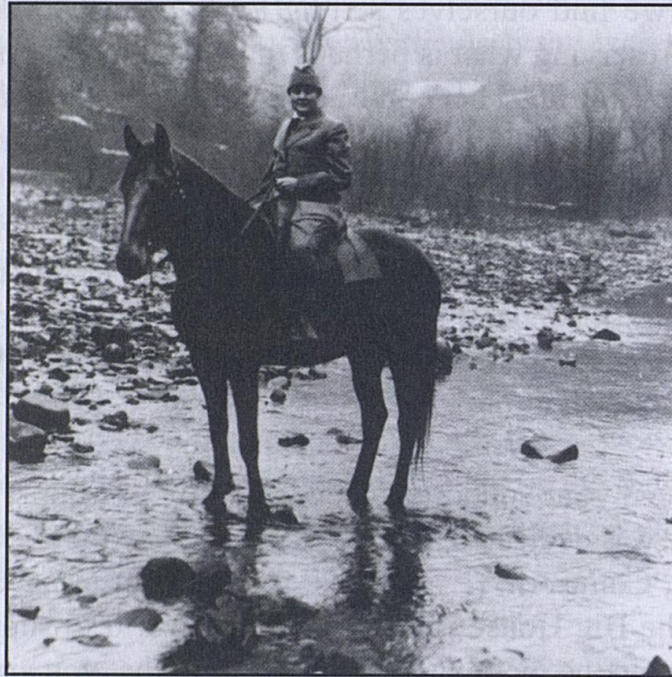
The past is never completely lost, however extensive the devastation. Your sorrows are the bricks and mortar of a magnificent temple. What you are today and what you will be tomorrow are because of what you have been. - *Gordon Wright*

We have inherited new difficulties because we have inherited more privileges. - *Dr. Abram Sacher*

Footprints

Excerpts from Wide Neighborhoods

by Mary Breckinridge, Founder



Mary Breckinridge

Chapter 13, Part V

It was on one of my rides alone that I first saw Wendover. Of course it wasn't Wendover then, but I knew it would be. It was purely by accident that I happened to be riding along the Middle Fork of the Kentucky River. I was on my way to Stinnett and Beech Fork where the direct road lay up Muncy Creek and across a gap down to Stinnett Creek. A dear girl, Pauline Brashear, whom I had met at the Buyers' dormitory in Hyden, begged me to turn off at Muncy Creek and follow a detour of some miles along the river that would take me past the home of her people. She went on ahead of me to tell them I would be there for the noon dinner. So, for the first of many thousands of times, I rode down Muncy Creek, forded the Middle Fork and rode slowly along its banks. I thought I had never seen anything lovelier than the lay of the land with its southern exposure facing the great North Mountain.

When I raised my eyes to towering forest trees, and then let them fall on a cleared place where one might have a garden, when I passed some jutting rocks, I fell in love. To myself and to my horse I said, "Someday I'm going to build me a log house right there." Two years later I did.

Chapter 18, Part III

During the summer and autumn of 1925, I started the building of Wendover. Early in the summer I bought the site with which I had fallen in love two years before, and engaged local workmen to build a log barn. They then began work on the log cabin. Men felled the logs on the mountainsides, and snaked them down by means of mules hitched to them with chains. Our local workmen could handle the barn and the cabin but, as the weeks passed, I realized I couldn't expect them to construct a large two-story log house, with an attic, and with plumbing, unless they had expert direction.

I rode over to Hazard in October to see Mr. and Mrs. Roy Helm and Mr. and Mrs. L.H. Stiles (among our early friends there) to ask for help. They gave me the name of a local contractor who could build the Big House.

Until the time came to bring in plumbers, and a carpenter or two to finish the inside, the local workmen were the only men the contractor had, and a fine crew of men they were. Stone masonry is traditional in certain mountain families. The tools and the craft pass from father to son. Such masons built the great stone chimneys in the Big House and in the cabin at Wendover.

The logs for the second story of the Big House, and for the attic, were raised by means of a contraption called a "crab," with a pulley system used on the branches of the giant beeches. Although mine was not the only two-story log house (my neighbor, Elihu Mosley, lived in a lovely old one on Muncy Creek), it was the only one with a third story in the form of an attic.

Field Notes

Wendover Guests

From June 1, 2009 - September 1, 2009, Wendover hosted a total of 740 guests. This number includes overnight guests, tour groups and special luncheons/events.

Osborne Brothers Hometown Festival

The 16th Annual Osborne Brothers Hometown Festival was held August 6th-8th in Hyden. Performers included: Bobby Osborne & The Rocky Top X-Press, The BOJ (Bobby Osborne, Jr), Lonesome River Band, Dr. Ralph Stanley & His Clinch Mountain Boys, The Grascals, The Moron Brothers, The Sullivan Family, Dean Osborne Band, J.P. Mathes & KSBTM Ensemble, Curtis Burch, Vince Combs, Crossroads, Ramblin Grass, Tommy Brown, Higher Vision, Brighter Day and Larry Efaw.



Bobby Osborne - Instructor at the Kentucky School of Bluegrass and Traditional Music, Hyden, Kentucky



Bobby Osborne and Rocky Top Xpress

14th Annual Health Fair

The 14th Annual Health Fair was held June 26th at the Leslie County Community Center. The Fair hosted 38 vendors with 150 community and healthcare workers participating.

Kentucky State Fair

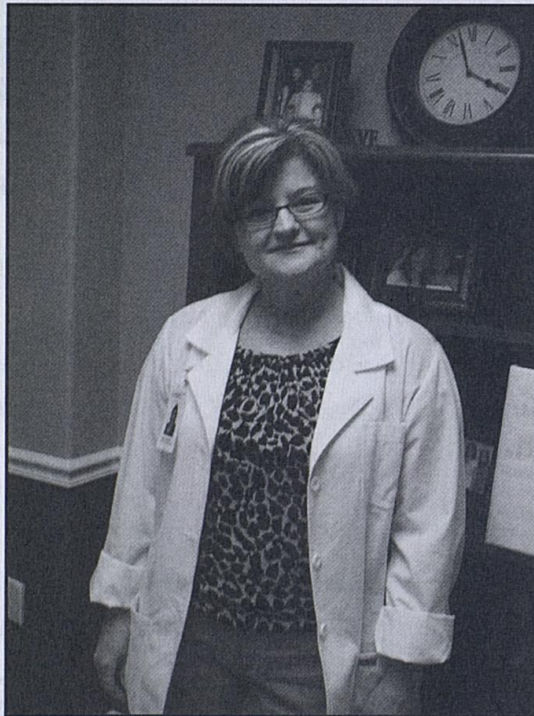
The Kentucky State Fair was held August 20th-30th in Louisville, Kentucky. In an effort to promote Leslie County, several FNS employees volunteered to work in the display booth which was a replica of a cabin front porch.

***Leslie Countian to Graduate from the
Frontier School of Midwifery & Family Nursing***

During October 2009, Edith Collett will be the first from Leslie County to graduate from the Frontier School of Midwifery & Family Nursing (FSMFN) Bridge Family Nurse Practitioner Program.

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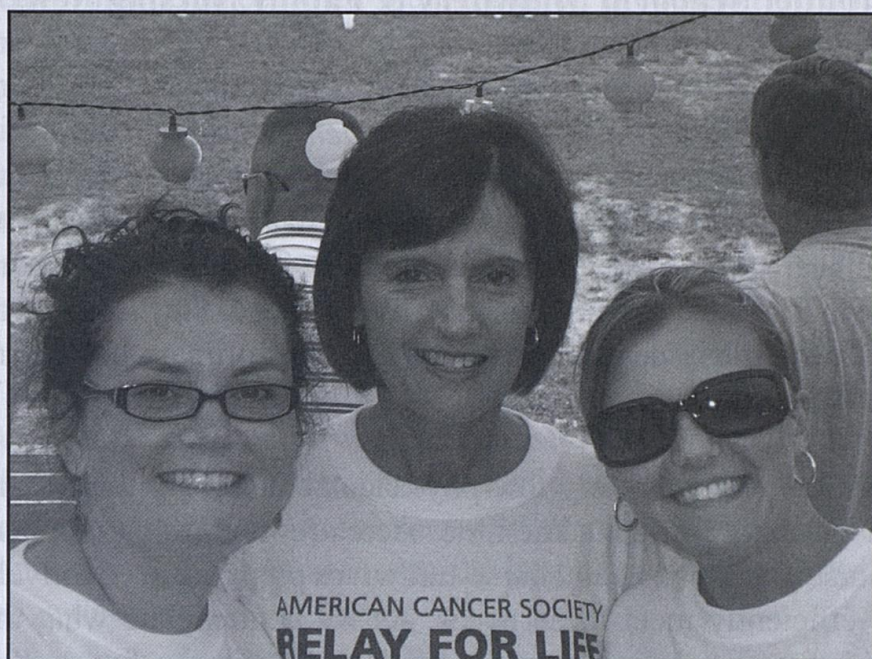
Edith began her journey at Mary Breckinridge Hospital in the 1980's as a Nursing Assistant for Home Health and the Maternity Clinic. She graduated from nursing school in 1996 with an Associate's Degree in Nursing and began working in the Emergency Room as Staff Nurse. In 1999, Edith became a House Supervisor and in 2001 became the Emergency Room Nurse Manager. Edith currently works as the RN Hospitalist on the Medical Surgical Floor at the Hospital performing rounds with physicians and FNPs assisting with case management.



Edith Collett

2009 American Cancer Society Relay for Life

The 2009 American Cancer Society Relay for Life was held May 22nd at the Leslie County High School track and field. FNS was a corporate sponsor and employees raised \$2,437.00 for the event. Leslie County raised a total of \$50,481.73. See photo on next page.



*Tammy Melton, Connie Hubbard and Tabitha Roberts -
Participants in Relay for Life*

Former Courier and Staff News

Holly Powell Kennedy, 1985 Frontier School of Midwifery & Family Nursing graduate, has been named the inaugural Helen Varney Professor of Midwifery at the Yale School of Nursing. She also recently became the president-elect of the American College of Nurse-Midwives and is the co-chair of the International Confederation of Midwives Research Standing Committee which connects midwife researchers around the world.

Kennedy's research focuses on the relationship between the work of midwives and the positive outcomes of midwife-attended births.

Frontier School of Midwifery & Family Nursing News

Another Window of Opportunity

by Dr. Susan Stonè, President & Dean

I have just returned from a meeting in Washington, DC. The Healthcare Workforce Crisis: A Summit on the Future of Primary Care in Rural and Urban America. The purpose of the meeting was to identify the issues surrounding the lack of primary healthcare providers and brainstorm solutions.

There are currently very few physicians choosing primary care as a specialty. At the same time, there are increasing numbers of nurse practitioners and nurse-midwives prepared to effectively and efficiently meet these needs. As we contemplate what the healthcare system in America will look like in the future, this situation surely opens another window of opportunity to make a change that could benefit all Americans.

Many studies have shown that care provided by nurse practitioners and nurse-midwives have outcomes at least equal in quality and, in some cases, better than the outcomes of patients cared for by physicians. Perhaps the reason is that nurse practitioners and nurse-midwives are educated with a focus on nurturing health promotion and disease prevention.

In the United States, we currently spend at least 75% of our healthcare dollars treating chronic disease. We live in a country where it is common for insurance providers to cover costs related to caring for these diseases. For that we are thankful. At the same time, it is very difficult to get insurance coverage for the important basic health promotion activities such as education on nutrition, weight control or promoting exercise. Perhaps it is time for us to spend as much time and effort keeping people healthy as we do caring for those who are sick. Nurse practitioners and nurse-midwives are ideally suited to the work of health promotion and

health maintenance. With their focus on prevention of disease they effectively reduce cost by counseling people about health maintenance and through early detection and treatment of disease with referrals to medical care when appropriate. Nurse practitioners and nurse-midwives are prepared to treat the illnesses that make up the bulk of primary care practice and they spend equal time counseling patients on how to become more responsible for their health and the health of the family.

This is often the forgotten thrust of what Mary Breckinridge demonstrated. This is why she chose to combine the talents of the public health nurse and the midwife to demonstrate her primary care service in the then remote region of Southeastern Kentucky with direct access to the best of medical care beyond the mountains.

For effective reform of our healthcare system we must focus more on health promotion and prevention of disease. To accomplish this, there must be teams of healthcare providers working together and with the people to be served. We have the communication technology today to efficiently and effectively function as teams even when we are geographically separated, each bringing the best of our talents to those we serve throughout the wide neighborhoods of need.

Mary Breckinridge demonstrated and documented 85 years ago that nurse-midwives and nurse practitioners are the most logical, effective and cost efficient grassroots healthcare providers, both in educational preparation and in service, to meet today's needs for quality healthcare regardless of who pays for it. Her findings are supported by a growing volume of evidence that nurse-midwives and nurse practitioners can improve the health of mothers and babies - and that improves the health of the family - and that improves the health of the community and the nation. It is not rocket science. In fact, Mrs. Breckinridge said it in one sentence, "All health care begins with the care of the mother." To date, the

discussion of the reform of our healthcare system has focused primarily on the problems we face at the end of life. Little attention is being paid to the beginning of life, the launching pad for every individual's journey. How well are we using that childbearing year to prepare parents for a lifestyle that will promote health and prevent disease?

So why, when all the scientific evidence points to preparing more nurse-midwives and nurse-practitioners, are we not doing it? A major reason is that we do not have enough practitioners.

One of the challenges of being part of the solution to the lack of primary care providers is that we must be able to provide a high level education to an adequate number of students. The faculty and staff at Frontier have made tremendous progress in curriculum development, application of technology to distance learning, establishing faculty and student support networks across the nation, obtaining full regional and specialty accreditation for all programs and making do with the growing limitations of facilities designed for one-tenth the present utilization. We are part of the solution but we must reach to admit at least 1,000 students annually. We have the systems for handling that volume and the demand is increasing.

We will continue to do our best to meet the challenges of growth but we must build a building that will enable us to meet our long term goal to produce the primary care providers needed now and in the future. I want to thank all of our readers for their ongoing support.

Together, we can make a difference.

Courier Program Update

by Barb Gibson

Today's Courier Program

Over the years, the work of Couriers has benefited both the FNS and the larger community. Today's Courier Program continues to be an opportunity to volunteer in a rural southeastern Kentucky community, but in quite a different way from its original concept. Couriers are still expected to perform some required tasks, but there are many more opportunities to tailor the Program to a Courier's interest as well as the community's needs. People interested in rural healthcare, sociology, community service, rural poverty, social work, cultural studies, non-profit work and education are invited to explore further participation in the Courier Program. A Courier must be flexible, adventurous, adaptable, and open-minded. Living and working in Leslie County, Kentucky, as a Courier is like no other experience one has ever had or may ever have again!

Update

The Courier Program has been very busy this summer with several Couriers participating in the Program.

Jordan Minor and Amanda Strauss were introduced in the last *Quarterly Bulletin*.

Frances James, Bolton, Massachusetts, attends Hamilton College and recently studied abroad in Scotland. She came to FNS with plans of becoming a FNP or PA but has since changed her mind and plans to become a nurse-midwife.

Danielle Ausems, Alexandria, Virginia, attends Washington and Lee University and came to us through Shepherd's Poverty Alliance (a volunteer placement program). Danielle's main purpose for coming to FNS was to experience the culture and to "see something outside of the big city".

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Elia Cole, Red Hook, New York, attends Bard College and plans to go to medical school.

Stephanie Jones, Grayson, Kentucky, is a nursing student at the Kentucky Christian College in Grayson. Stephanie came to Wendover last year for a tour and decided to apply to the Courier Program.

The following Couriers are scheduled to arrive during September: Katherine Caddle, Emily Hop, Roseanne Berton and Marielle Battistoni.

To learn more about Couriers' experiences, reflections, and impressions of FNS, go to khakiandwhite.blogspot.com.



Couriers Jordan Minor, Danielle Ausems, Frances James, Nathan Lee (CEO), Stephanie Jones and Amanda Strauss (Elia Cole not pictured)

Sad Day for an RN

by Sherrie Rice Smith, RN

The year was 1975 and I was a fairly new registered nurse who had taken a job in southeastern Kentucky working for the Frontier Nursing Service.

My nose was stuffed, the day was long and I was very tired from my pounding head when my head nurse came to me with one more job to do. Roger Lee needed to be transported to a local hospital for more treatment.

Working on the "Med Surg" second floor of the hospital for a ten hour shift caught me in a rough position. My shift was over and I had hoped a doctor would come during the day to check over Roger Lee, an eight-month old baby who apparently had viral pneumonia, as his breathing was becoming more and more labored. The Hyden Hospital had no equipment capable of dealing with this baby's respiratory condition, so he was placed in a crib with an old fashioned oxygen tent. No pediatric oxygen equipment was available to use. In this old hospital we made do with what we had when we had it. Many times rigged together equipment made all the difference as to whether a patient got well or didn't get well. Roger Lee needed more than we could wire together that day.

Just before my shift ended at 5:00 pm, the Pediatrician showed up asking why Roger Lee was still here. Flying into action, the Pediatrician initiated the phone calls to Harlan Appalachian Hospital for admission. Immediately thereafter, the head nurse looked at me with the question on her face of "who is going to make the run?" Harlan was 30 miles to the east across the mountains, meaning a twisty turning drive of an hour each way. Reluctantly, amid my sniffing, I agreed to do it, as no one else was available. A few quick phone calls were made to Wendover to find a Courier to drive the vehicle to Harlan for me as I handled Roger Lee.

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Jenny, the Courier, arrived 30 minutes later in a VW Beetle, not exactly the emergency vehicle I expected. Leslie County had only one ambulance which was an ordinary station wagon, and doubled as a hearse from the local funeral home. The VW was actually better, as I could sit upright while holding the baby, rather than riding the entire trip hunched down over him in the rear of the station wagon! Armed with all the sophisticated medical equipment available, which included a small oxygen tank, metal funnel, and a DeLee suction trap (a piece of plastic tubing attached to a four inch plastic cyclinder where respiratory secretions where trapped after being extracted by a nurse literally sucking them out of a patient via the tubing), the three of us set off for Harlan Hospital.

With the old rusty funnel positioned near Roger Lee's face giving him the maximum oxygen I could give, we fared well the first 25 miles. I could hear all the gathered secretions in this baby's lungs but they were so deep that the DeLee suction did nothing to clear them. His coloring was like nothing I had ever seen. I vividly remember reminding me of purple chicken wire design, meaning he was extremely mottled and cyanotic, without much alertness at all in his eyes. Suddenly, a loud gasp and a gush of orange-yellow fluid was emitted from Roger Lee's little body. One look told me the tale - he had quit breathing. I quickly grabbed the DeLee suction trap again and sucked on the end of the tubing with all my might. What a surprise I got this time. Instead of the usual response of little or no secretions, I got a great big mouthful of the most awful tasting fluid! The subsequent suctioning was more gently done, but the results were the same - copious amounts of that terrible orange-yellow stuff. I commenced CPR.

We arrived at the hospital parking lot with me continuing CPR, as I had been taught never to stop without a physician's permission. In my heart I knew it really didn't matter. Roger Lee was dead. His breathing struggle was finally over - his tiny heart just couldn't take anymore of that grueling work.

The Emergency Room Doctor asked me if I wanted to leave Roger Lee there and they would call the funeral home in Hyden to pick him up. I told the Doctor, absolutely not, I was taking him back with me as the family of seven was extremely poor, living up a remote hollow without a telephone and only having a couple of rooms for all of them. The Doctor suggested that I wrap up Roger Lee's little body and put him in the trunk. Again, I refused.

As I handed off my precious package to one of the Family Nurse Practitioner Students in Hyden, I sat down and cried. One of the RNs had pity on me, telling me I was taking the next day off after I took the medication they were about to give me to knock me out for a good night's sleep.

I recall this story periodically, among many, many more, realizing I was only 20 years old when this happened.

PLEA FOR LAP QUILTS AND SCARVES

The Frontier School of Midwifery & Family Nursing students present lap quilts, baby caps or scarves to the first baby they deliver and/or to their elderly patients. FNS receives these items from our "knitting" friends. As our School continues to grow in leaps and bounds, we need more and more lap quilts, baby caps and scarves.

The size needed for lap quilts is approximately 40" by 42". Yarn should be worsted weight.

Thanks for your continued interest in our work.

Beyond the Mountains

Faculty Developmental Conference

by Rhonda Arthur, DNP, CNM, WHNP-BC, FNP-BC

As a fairly new faculty member at the Frontier School of Midwifery & Family Nursing (FSMFN), I was pleased to have the privilege to travel to Savannah, Georgia, to attend a faculty developmental conference entitled “Thriving as a Nurse Educator”. I had the pleasure of sharing this experience with FSMFN faculty members, Tia Andrighetti and Laura Manns-James. The Conference was held in February along the historic riverfront so we were able to enjoy the beautiful scenery, riverfront walks and fabulous meals with an amazing view of the river and the historic buildings. I particularly enjoyed the oysters.

During the two days in conference we learned more about assessing student learning, leading learners, creating better tests, maximizing online instruction, and encouraging civility in the classroom. We also explored cultural issues and how to balance work and life, the latter still being elusive to many of us. We spent late nights talking about how to do our jobs better and help in the development of excellent Nurse Practitioners and Nurse-Midwives. Overall, this was a very beneficial conference for nurse educators.

After conference hours, my companions and I had the joy of exploring old cemeteries, Forsyth House, beautiful parks and amazing architecture. We enjoyed looking at the monuments and driving around the area. We also enjoyed a little shopping and visited a restaurant that was owned and run by Paula Dean’s brother. We were not disappointed in our meals. On our last night in Savannah, we drove out to Tybee Island to stick our toes in the cold February ocean. See photo on next page.



Rhonda Arthur, Tia Andrighetti and Laura Manns-James

Hospital Preparedness Program Meeting

During July, Kevin Cook, Mary Breckinridge Hospital (MBH) Surgery Manager and Hospital Preparedness Program Regional Chair, attended the State Hospital Preparedness Program meeting in Frankfort, Kentucky.

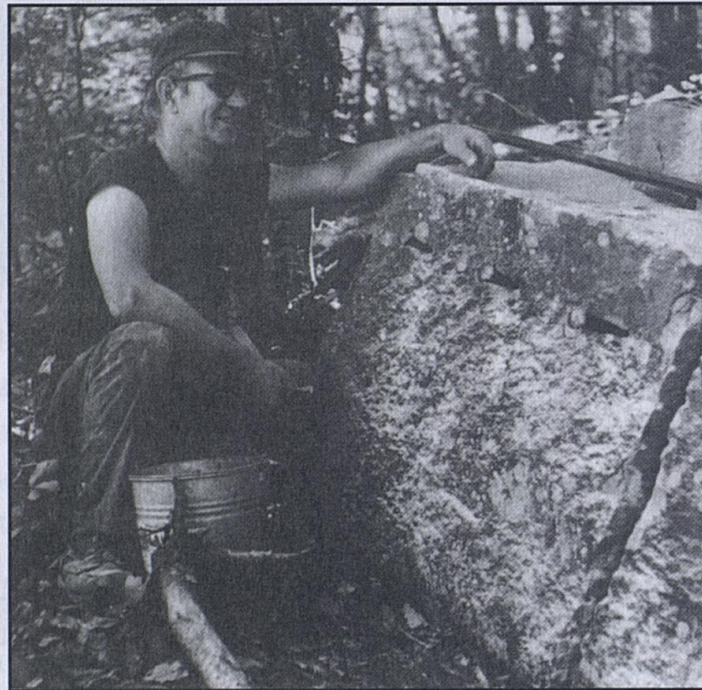
Kevin reported that during August, the region will receive funds to help prepare hospitals and communities for the H1N1 virus. Also, the region will receive funds for disaster preparedness. In the past, MBH has been able to use some of this funding for extra stretchers and patient monitors.

The region has also just received a portable hospital/evacuation shelter to be used by MBH in the case of a disaster or as an evacuation shelter.

Legacies

by Barb Gibson, Assistant to CEO

JG Morgan began his tenure with FNS in 1968 when he left work in the coal mines and came to work at Wendover in the maintenance department. He later became the Maintenance Foreman and worked in that capacity until he retired in 1993. His legacy at FNS began with his grandparents who played a significant role in the establishment of Wendover when the Service began in 1925.



JG Morgan - Cutting Stone for Steps

JG's Grandfather, Jahugh, was Mrs. Breckinridge's Maintenance Foreman. He began work when construction on the Big House had just started - actually, the first two rounds of logs had been laid when he started work.

JG's Grandmother, Belle, was the overseer of housekeeping and cooking staff. Both Jahugh and Belle retired from FNS in 1944 after 19 years of service.

JG's Father, Cecil Morgan, worked part-time in the maintenance department. Cecil was also a local Chairmaker and made chairs for Wendover.

JG's uncle, Davey Adams, assisted Mrs. Breckinridge's father, Major Breckinridge, with stone work in the Big House. Davey also helped build the water cisterns on the hill above the Big House and laid the stone work for the spring, Wendover's only source of water at that time.

Another uncle, Kermit Morgan, was the person who kept shoes on all of the horses and kept the Wendover buildings heated by hauling coal to Wendover with a mule team and wagon.

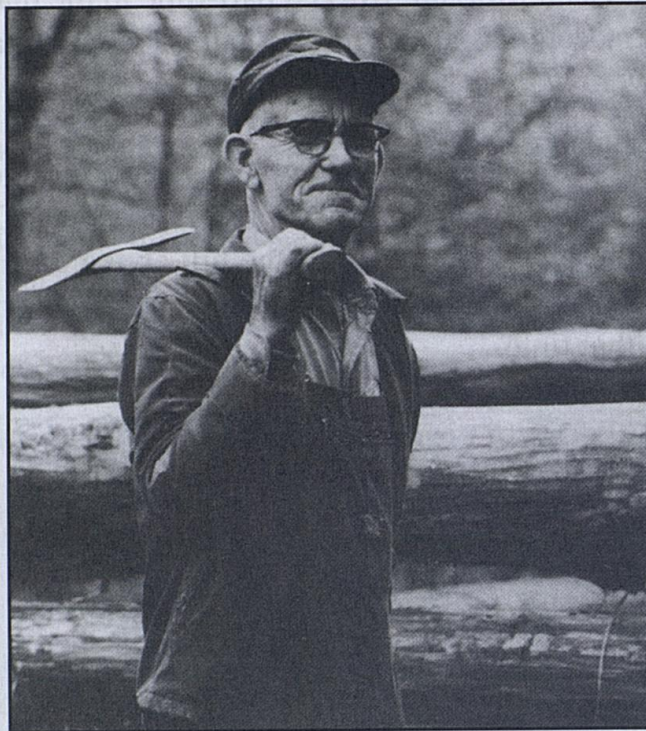
JG's wife, Juanetta, began working at Wendover in 1951 assisting Agnes Lewis with the supervision of maintenance of all FNS buildings and properties including the hospital and outpost nursing centers. Several years later Juanetta moved to the hospital and worked as the Business Office Manager and as Administrative Assistant in the Maintenance Department until she retired in 1993.

JG continued his family tradition through memorable projects at FNS including construction of several stone walls and drains at Wendover. When the Wendover Cabin was torn down, JG used the stone to construct the wall from the Upper Shelf to the Garden House.

Since JG's knowledge of the mountain at Wendover is surpassed by none, he continues to be a resource for us in many situations. We appreciate his many years of service and dedication to the FNS!

JG and Juanetta continue to be a part of the Wendover family by joining us for our annual Thanksgiving celebration each year.

FRONTIER NURSING SERVICE



Cecil Morgan, JG Morgan's Father, and Local Chairmaker

SAVE THE DATE

FNS'ers who worked during the 70's and/or 80's are planning a Reunion Weekend Friday, October 2nd, in conjunction with the Annual Mary Breckinridge Festival.

If you are interested in participating, contact Betty Couch at Mary Breckinridge Hospital, 130 Kate Ireland Drive, Hyden, Kentucky 41749. Email betty.couch@frontiernursing.org or call her at 606-672-2901.

In Memoriam

These friends have departed this life in recent months. We wish to express our sympathy to their families, and our gratitude for their interest in our work.

The following people gave contributions to the FNS **in memory of** their friends or loved ones. The names in bold are the deceased:

Annie W. Anderson

Miss Annie W. Anderson

Wilma Asher

Joe & Christine Stacey

Mary Rose Asher Cornett

Mr. & Mrs. John H. Lewis

Mary Breckinridge

Ms. Amy Hanrahan

Dorothea Chase

Theodore & Victory Chase

Amie Lyn Cole

Carla Layne

John Culbertson

Steve & Linda Longstreth

Gladys M. Karbowski

Ms. Anne M. Lorentzen

Louise Pugh Worthing

Mrs. Elizabeth Pugh

Shirley T. Ohl

Mrs. Harriet Nicol

Inez Sebert

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FNS, Inc.

(the parent)

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Sue Wells, *Director of Reporting & Treasury*
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Mallie Noble, *Administrator*
Linda Craft, *Director of Nursing*

Frontier Nursing Healthcare, Inc. (Clinics):

Benjamin Peak, *Director*

Providers at Hospital and Clinics:

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Mary Breckinridge Home Health Agency:

Willa Morris, *Director*

Form of Bequest

For the convenience of those who wish to remember the Frontier Nursing Service in their Wills, this form of bequest is suggested:

"I hereby give, devise and bequeath the sum of . . . dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky.

How Endowment Gifts May be Made

The following are some of the ways of making gifts to the Endowment Fund of the Frontier Nursing Service:

1. By specific gift under your Will - you may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.
2. By gift of residue under your Will - you may leave all or a portion of your residuary estate to the Service.
3. By life insurance - you may have life insurance made payable direct to the Service.

The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.

Contributions to the Frontier Nursing Service, Inc., are tax deductible under Section 501 (c) (3) of the Internal Revenue Code of 1954. Gifts of stock should be sent to:

Merrill Lynch
Attn: Travis Musgrave
301 East Main Street, Suite 1200
Lexington, KY 40507
859-231-5258

FRONTIER NURSING SERVICE

URGENT NEEDS

FNS has an urgent need for the items listed below and hopes that its friends will wish to contribute toward their purchase. We sometimes receive more gifts for a particular item than needed. In those instances, your gift will be applied toward another need.

Admitting Department:

Admission Document Scanner	1,300.00
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Beech Fork Clinic:

Exam Tables (2)	1,200.00
Suction Machine	200.00

Community Health Center:

Suction Machine	200.00
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Emergency Department:

Welch Allyn 300 Vital Signs Monitor	2,769.31
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Frontier School of Midwifery & Family Nursing:

Magnavox HD TV x 2	2,396.00
Cabinet for FNP Clinical Supplies	655.00

Maternity Services:

Body Pillow for Labor Patients x 2	142.72
3M Littman Pediatric Stethoscopes (4)	414.00
Infant Emergency Evacuation Apron (2)	470.00
Infant Stethoscopes (5)	209.90
Exergen Stand Alone Thermometer	358.70
Tempenol Tem Scanners (2)	358.70
Body Pillows by Bobby (2)	100.00

Medical Surgical:

Otoscope & Ophthalmoscope Desk Set	702.00
Pediatric Patient Gowns - Small & Medium	305.00
Foot Pillows (2)	59.00

QUARTERLY BULLETIN

Medical Surgical Con'd:

Welch Allyn Rechargeable Pocketscope Set	619.00
All in One Aluminum Commode	39.41
Drop Arm Commode	138.00
Carescape V100 Vital Signs Monitor	1,984.00

Operating Room:

Foot Hugger Bootpads	549.00
Easy Lock Sockets for Allen Stirrups	798.00
Stainless Steel Sponge Bucket	194.00

School-Located Clinics:

Handheld Wood's Lamp Plus Supplies (2)	900.00
Exam Table	999.00

SPECIAL THANKS

Charles A. Nickolaus, Brentwood, TN, for the purchase of a Projector for the Frontier School of Midwifery & Family Nursing, Portable 02 Sat Machine for Home Health, Hemocue for Kate Ireland Healthcare, Easy to Read Dial Scales for Medical Surgical, Cardiac Life Support Manuals for Nursing Administration and a Refrigerator for School-Located Clinics.

Mr. & Mrs. William (Bill) W. Hall, Jr., Lexington, KY, for the purchase of a Welch Allyn Handheld Thermometer for Maternity Services.

FNS WEBSITE
www.frontiernursing.org

FRONTIER NURSING SERVICE

FRONTIER NURSING SERVICE, Inc.

Its motto:

“He shall gather the lambs with his arm and carry them in his bosom, and shall gently lead those that are with young.”

Isaiah 40:11

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives and nurse practitioners for rural areas where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and educational programs for nurse-midwives and nurse-practitioners; to carry out preventive public health measures; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them, at a price they can afford to pay; to promote the general welfare of the elderly and handicapped; to ameliorate economic conditions inimical to health and growth, and to conduct research toward that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them to cooperate with individuals and with organizations, private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

From the Articles of Incorporations
of the Frontier Nursing Service.
Article III as amended April 1999