

FNS

FRONTIER NURSING SERVICE

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Summer 1993

SIXTY-EIGHTH ANNUAL REPORT



"MIDWIFERY BOUND" STUDENTS - 1993

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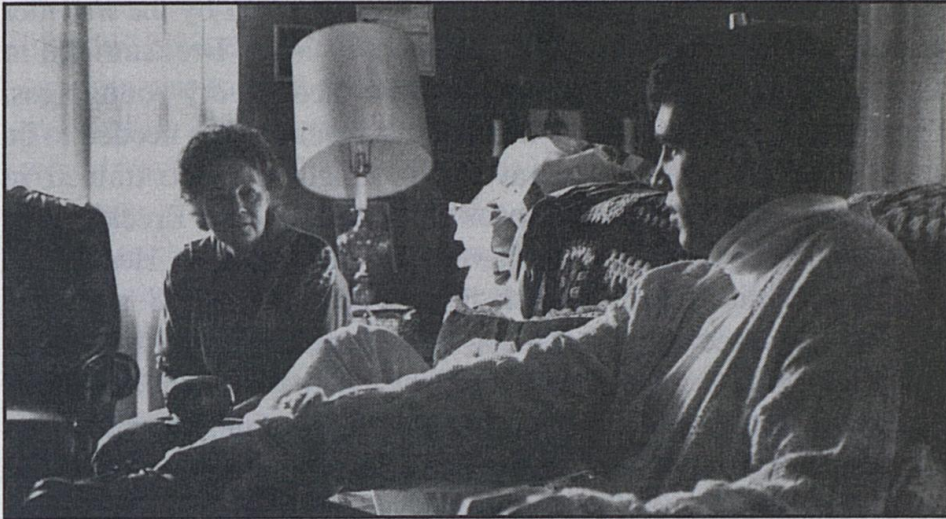
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A Courier Experience - Tim Bratton



Tim Bratton and Alabam Morgan

Tim Bratton is a student at the University of Louisville and a volunteer courier during his free time. This article is a reprint from the University of Louisville Alumni Magazine, Summer 1993 issue.

In late July of 1991, I traveled down the Daniel Boone Parkway in eastern Kentucky toward Hyden. I was headed to the Frontier Nursing Service (FNS), where I was going to volunteer as a courier for five weeks. As I approached the toll booth at the Hyden Spur, I felt overwhelmed by the size of the Appalachian mountains. I was apprehensive about whether or not I would be accepted in the community. The outcome was that I volunteered for the summer of 1991, Christmas break of 1991, the summer of 1992, and the Christmas break of 1992.

During my eighth grade at Kentucky Country Day School, I learned about the crafts, life-style, and culture of eastern Kentuckians by spending a week at the Pine Mountain Settlement School. Two years later, the courier director of FNS spoke at Country Day about the volunteer program. It struck me that there was a dire need for help in our state. People in the inner cities usually have health facilities such as clinics and university hospitals, whereas in rural areas, medical facilities are sparse. Kentuckians, and all Americans, should have adequate health care wherever they live.

The health system in Leslie County is run by the Frontier Nursing Service, which was established by Mary Breckinridge in 1925. She gave birth to two babies, who died at very young ages. These two deaths convinced her that rural health care needed to be upgraded. Therefore, she traveled to England to be trained in midwifery. When she came back to America, Mrs. Breckinridge decided that she would locate in a very underserved area. Her chosen area was Leslie County, which is now served by FNS with one hospital and three outpost clinics. Mary Breckinridge Hospital is a 40-bed hospital served by one internist, one pediatrician, one OB/GYN, one Emergency Room doctor, two full-time midwives, and two family nurse practitioners. The three outpost clinics are located at Beechfork, Wooton and the Leslie-Clay County line. Each clinic is served by a family nurse practitioner (FNP), who provides primary care and who has his or her prescriptions signed by the doctors.

The role of the FNP is critical in rural health care. With a scarcity of doctors, FNPs are able to provide primary health care. The FNPs are registered nurses, who have obtained their masters degrees and who have been trained in diagnosing disease and practicing techniques such as emergency medicine. However, in the state of Kentucky FNPs are not yet permitted to write prescriptions. Doctors and FNPs together provide the primary care and preventive medicine in rural communities.

The health care model of FNS is known worldwide because it promotes health care to all, and at the same time it promotes a balance between doctors, FNPs, and midwives. People from all over the world, including Kenya, Columbia, and Russia come to Leslie County to observe the model health system. Besides the relationship between the doctors and FNPs, there is a relationship between the doctors and midwives. The midwives "catch" the babies instead of delivering them. Most prenatal visits, deliveries, and post partum visits are taken care of by midwives. Only during high risk procedures does the OB/GYN become involved. This balance allows for the midwives to coach the mothers through their pregnancies and for a much lower percentage of fetal and maternal deaths. Since 1925, more than 22,477 children have been delivered by the Frontier Nursing Service, and only 11 mothers have been lost in childbirth. Finally, the use of FNPs and midwives allows for a lower cost of medical service.

Besides the highly trained health care providers, there are the couriers; this is where I fit in as a volunteer. When Mrs. Breckinridge founded FNS, the form of transportation was horses. The role of the couriers was to feed and take care of the horses. The couriers also traveled on long trips with the nurses. The nurses and midwives would travel through the mountains and hollows ("hollers") to visit patients. A round trip might take days so the couriers helped the nurses on the trips. However, as modes of transportation changed, the role of the courier evolved. Present day couriers take medicines, prescriptions, medical supplies, and mail between the hospitals and clinics on Mondays and Thursdays. On another day, couriers travel with nursing assistants to homes (home health), where homebound patients receive baths and have their vital signs and medicines checked. During the remaining two days, couriers shadow doctors and FNPs in the hospital and clinics and tutor adults and children in the schools about how to read proficiently and how to perform arithmetic.

Home health was the most rewarding experience of my travels to Leslie County. On my excursions, I learned about the culture of eastern Kentuckians. In the home I met a large majority of people who emphasized religion. Most people are Baptists or Pentecostals, and a majority of the homes have a picture of Jesus and a picture of *The Last Supper*.

A large portion of the residents live in house trailers and have coal burning stoves. Coal companies are the second largest employers in the county next to FNS. While many of the men work for coal companies, a large percentage of women rear children at home.

On my home health rounds, I ate a wide variety of homemade jams and garden raised vegetables. Talking with the patients I noticed a strong sense of family commitment. There are no homeless people in Leslie County, and there are no anonymous crimes on the streets. People take care of one another, and if a family member is hurting, the family takes the person into the home. More than once I found homes where relatives from other cities came to Leslie County to live with relatives. Few Leslie Countians leave eastern Kentucky. There is a deep sense of belonging and family commitment. Not only was I rewarded by meeting people, I was also able to participate in the care of patients, to take vital signs, and to bathe patients. I also discovered that the majority of illnesses relate to high blood pressure, high

cholesterol, obesity, emphysema, and depression; these are medical problems, which can be prevented as more doctors teach more people about their health and life-styles. Thus home health provides deep insight into patient life and care.

On weekends I went out into the community. On Friday nights I went to Stinnett Hill to listen to a group of men playing their fiddles, banjos, and guitars. The group allowed anyone to play with them, and they played into the wee hours of the morning. It was genuine bluegrass music with the drone and style of Bill Monroe. In the barn, there was fried chicken and hand picked corn and green beans. On weekends I would fish with the principal of an elementary school, and I also visited my friend Alabam Morgan, who lived down the road from me, where I lived in a remodeled barn. Alabam is a 70 year old woman, who quilts, gardens, and tells of the days of Mary Breckinridge. We would talk long into the night about gardening and how coal companies exploited the land. Talking to people in the county allowed me to understand the resentment the people feel about coal companies' owning the mineral rights to land owned by others. Each Sunday I would go to a different church with a different denomination to experience the varieties of Christianity. My experience on the weekends allowed me to experience rural music, friends, and religions.

After I finish college and attend medical school I plan to practice medicine in a rural area. I feel the social obligation of providing health care to areas, which have scarce medical facilities. As human beings, we owe it to one another to meet everyone's inherent needs such as food, health, clothing, and shelter. Hopefully, within the next few years I will be able to return to the mountains of Kentucky to help meet these needs.

-Tim Bratton

In Recognition-Kate Ireland

During Berea College's graduation in May, the President's Medallion was presented to Kate Ireland, former Chairman of the FNS Board of Governors. Kate became a member of the Berea College Board of Trustees in 1971 and was chairman of the Board from 1987 to 1992.

Notes From the School

The Community Based Nurse Midwifery Education Program of the Frontier School of Nursing recently admitted the 107th class. Fifty-five nurse-midwifery students gathered in Hyden for the three day orientation known as Midwifery Bound. The opening convocation was held at the Mary Breckinridge Hospital where Board members and administration greeted the incoming class.

It was a challenge to find enough beds for all the faculty and students, but everyone enjoyed the "camp like" atmosphere in Haggin, Joy House, and Mardi Cottage. The gathering at Wendover was made especially enjoyable by the story telling of Dr. Anne Wasson. On the student's evaluations of the weekend, many mentioned their pride in being a part of the rich tradition of the nurse midwives on horseback. (One student even suggested that we bring back the horses!). Everyone at the school is looking forward to the next class of fifty five which arrives in late August.

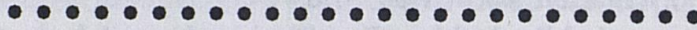
Just before Midwifery Bound many faculty and students attended the annual convention of the American College of Nurse-Midwives in Orlando. The presence of over one hundred CNEP students and faculty confirmed that this program is making an impact on both the supply and quality of nurse-midwives in America. Several resolutions at the convention acknowledged the role of the CNEP which has led the way in distance education and electronic communication. The CNEP will be providing consultation to the ACNM as they go "on line" for the first time. As CNEP Clinical Director, I have also organized the rural nurse midwives into a group for the purpose of communicating electronically. This electronic communication gives the rural nurse-midwives a much needed link with information and support, thereby enabling them to continue to work in isolated areas of high need.

The Development Director of the CNEP has submitted a grant to the PEW Foundation for evaluation of the program. The PEW Foundation funded the initial startup of the CNEP, and is most interested in looking at the outcome data from the five years of the program.

As the CNEP moves toward its one hundredth graduate we can join in celebrating the success of a program which is currently

educating one third of all the nurse midwives in the United States. While numbers are important, we can also celebrate the fact that the spirit of the Frontier Nursing Service lives on in the work of these nurse midwives as they care for mothers and babies in cities and small towns all over this country.

-Penny Armstrong



New Leadership at FSMFN

After much thoughtful consideration and deliberation, the Frontier School of Midwifery and Family Nursing Board of Directors at its June 18th meeting decided it was time for a change in leadership at the Frontier School of Midwifery and Family Nursing. The search for a new Program Director has begun. The Board of Directors look forward to working with new leadership and you for the continued growth of the Frontier School in content, quality and prosperity.

During the search process for a Program Director, Penny Armstrong, Clinical Director, and Kate McHugh, Academic Director, have been named Program Co-Directors. They will be happy to answer any questions you may have regarding this position. Please feel free to call the Central Office to locate either of them. Again, thank you for your ongoing support.

*Miss Jane Leigh Powell,
National Chairman of the
Frontier Nursing Service,
Board of Governors.*

*Mr. Kenneth J. Tuggle
Chairman of the Frontier School
of Midwifery and Family Nursing,
Board of Directors*



Penny Armstrong



Kate McHugh

FNS Plans for Birthing Center

Two words best describe FNS's approach to healthcare; responsive and innovative. In today's healthcare environment, those who do not embrace both of these concepts will falter.

Responding to national and state mandates for cost-effective alternatives and an ever-increasing recognition of the value of midwives, FNS's Board of Governors has decided to develop a free-standing nurse-midwifery birthing center in its service area.

Women and maternity care have been such an important part of our history. Mrs. Breckinridge sought to provide good, preventive healthcare to people of southeast Kentucky through nursing centers. It is interesting how that mission, and the role of nurse midwives in meeting that mission, has not diminished over the years.

In fact, nurse-midwifery has gained momentum in becoming the alternative of choice among many women, both urban and rural. Several factors have influenced this trend. First, the shortage of physicians to deliver babies is a serious problem in many areas. Second, the cost of care in hospital settings has continued to rise. And, third, there is a reversal in philosophy back to previous notions that women are not sick when giving birth, so, therefore, should not be hospitalized unless necessary due to risk.

Midwifery is certainly not new to this region; FNS has offered it for the past 68 years. However, during the past thirty years, nurse-midwives have worked within the Mary Breckinridge Hospital. The primary objective of establishing a separate center is to provide patients with a more comfortable, home-like setting that is also more economical.

We will continue to offer a full range of services for women, including family planning, prenatal care, delivery, and follow-up examinations. In addition, this arrangement will allow our hospital-based obstetrics program to focus solely on patients who prefer or require physician assisted births.

Friends of FNS will be kept informed as details of the center emerge from the special task force that was established to turn the concept into reality. Task force members include Board of Governors members Bob Johnson and Joyce Fitzpatrick and managers, Dave Southern, Penny Armstrong, Kate McHugh and myself. In addition,

Kitty Ernst, executive director of the National Association of Childbearing Centers, and Mary Breckinridge Chair at the Frontier School of Midwifery and Family Nursing is a task force consultant.

We're pleased to come forward with a creative solution which will improve service to our midwifery patients and open new opportunities for the hospital-based obstetrics program. We see it as a continuation of Mrs. Breckinridge's foresighted leadership.

-Deanna Severance



Midwife visiting with mother and baby in their home during early years of the Frontier Nursing Service.



Today's midwife with mother and baby

A Horse called "Doc"

When I applied and was accepted to join a class of midwifery students, it was suggested I arrive at Hyden a week early to practice driving a jeep and learn to ride a horse. I grew up on a farm and, as a child, shared family appreciation for our white horse, Scottie. But our father died when I was only five and we moved off the farm. I was never very athletic, but used to wish to learn to swim, paddle a canoe and ride horseback!

Our class found three horses in the barn at Hyden. We were taken individually to be shown the care of equipment and introduced to the horses -- all "Tennessee Walkers". But of Doc, the larger horse, it was said he should have a "hulla skirt", for he "never saw a Tennessee walk!" Each of us soon had a favorite and I fell in love with Doc. He had a great disposition and was so friendly.

One of my vivid memories of Hyden days is riding to the Clinic up over the mountain trail with Jane Furnas ahead of me. She liked birds, as I did, and usually had a pair of binoculars with her. It seemed to me that Doc loved every flower and enjoyed every bird song along the path through the woods!

It was a great privilege to ride Mary Breckinridge's horse. Can you understand why it was a thrill to be able to identify Doc in an old picture in the FNS Quarterly Bulletin? He's the tall beauty, all black with a white spot on his forehead. He last appeared on the cover of the Spring 1992 Bulletin, mounted by Kate Ireland as a 1951 courier.

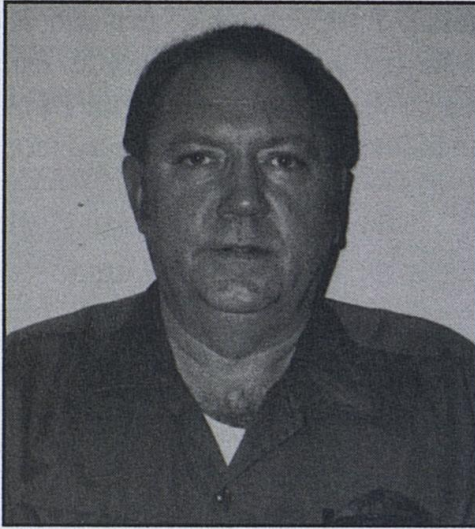
-Mary E. Heisey



Helen Stone, Courier, riding "Diane" and leading "Doc"

FNS Employees

In this issue of the Quarterly Bulletin we would like to recognize two of our dedicated employees.



Fred Wilson



Lillie Mae Bowling

Fred Wilson started working for Frontier Nursing Service on March 30, 1971 as the Assistant Supervisor of Maintenance. When the new Mary Breckinridge Hospital was completed in 1976 he became Chief of Security. Later the title of Safety Director was added to his job and now he is Supervisor of Maintenance.

Fred is a native of Leslie County and is married to Nancy. They have two children and two grandchildren.

Fred says he feels like FNS is family and wants to always be a part of it. Thank you Fred for your dedication!

FNS Employee - Lillie Mae Bowling

Lillie Mae Bowling has worked 23 years for the Frontier Nursing Service. She began working as a nurse aide at the old Hyden Hospital in the Obstetrics department in 1969. Along with working on the obstetrics floor she has worked in the medical surgical unit, Hyden District Clinic, Beechfork Clinic and then approximately 17 years ago transferred to the Home Health Agency.

Lillie Mae is a native of Leslie County and lives near Hyden. She is married to Daniel and has one son, Gerald.

Lillie Mae says that she has had opportunities to have other jobs but chose to stay at FNS because of her love for her patients. Some of the patients she has visited for a number of years and become very bonded with. Thank you Mae! *-Barb Gibson*

Courier News

The summer of 1993 has been a busy one for couriers. Though numbers have been small, enthusiasm runs high. Couriers have found that there are more opportunities available through the courier experience than they are able to fit into their hectic schedules. Couriers Liana Scrimgeour and Nikki Douglas both came to spend six weeks here and are working in health care, education and social services.

Liana came to us from Shrewsbury, Massachusetts. A recent high school graduate, she has spent much time volunteering and traveling. With a desire to work in a low-income, rural area of the country, she came to the Frontier Nursing Service.

Upon her arrival, Liana quickly became engaged in the community and plunged headfirst into a variety of courier experiences. She regularly visits elderly patients at the Hyden Manor Nursing Home. Through the hospital's Home Health Program, Liana has befriended several home health patients with whom she spends time and assists with daily living needs. In education, she has spent time assisting children at the Hyden Elementary summer school program and tutoring adults through the Kentucky Literacy Program. Liana has also volunteered many evenings and weekends at a shelter for battered women and their children.

Next year, Liana will be volunteering with City Year, an "urban peace corps" program which serves the Boston area. She will then go on to study at Hampshire College in Massachusetts. She is already thinking of returning to FNS for another period of service!

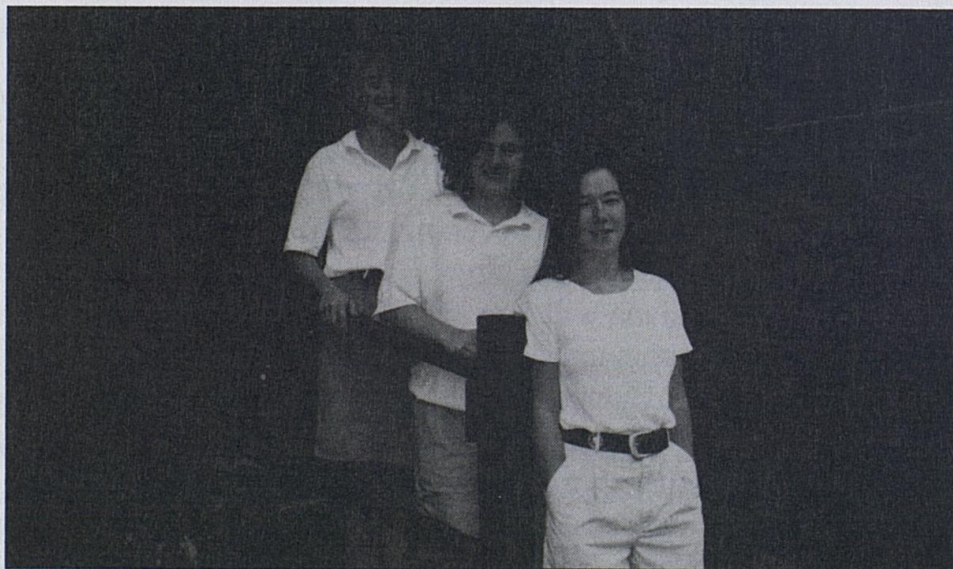
Nikki Douglas is a vibrant young woman who attends Hampshire College and came to Frontier Nursing Service to explore her interest in midwifery. Although midwifery remains her primary interest, Nikki has found that other areas of service have also attracted her time and energy.

Seeking direct patient contact, Nikki frequently works at the Wootton clinic and goes out on home health rounds to assist a nurse aide. She has had the opportunity to work with midwives at the Kate Ireland Womens Health Care Clinic and with doctors at the Mary Breckinridge Hospital. As a result of her efforts, Nikki was able to observe two births. Recently, she began working with the Adult Literacy Program and is spending some time at the battered women's shelter. This fall, Nikki will return to her studies at Hampshire College, pursuing her interests in Womens' Issues and Health Care Delivery.

After having spent almost four months as a courier in 1992, I was determined to return to FNS for another period of service. My chance came when Barb Gibson called and asked me to fill in as Interim Courier Coordinator. Since I arrived, we've been working hard to match courier interests and abilities with areas of need in the community. The job has included community outreach efforts and education so that members of the community can not only make better use of our services, but may participate in providing them as well. Lastly, speaking with participants of a local ElderHostel group has helped to educate people from all over the United States about FNS.

The couriers continue to strive to meet the needs of FNS and the community.

-Susie Quinlan



Susie Quinlan, Liana Scrimgeur and Nikki Douglas

Sayings of the Children

Virginia Roberts' (Administrative Assistant at FNS) three year old grandson, Travis, got very upset with his mother Teresa one evening and decided to leave home. As he started out the door he turned and said "I'm outta here". Teresa didn't answer. As he kept walking, he turned around and said "I'm history". Still, no response from his mother. He came back and said "You can just leave and find you another little boy". She said "OK, but can you turn out the lights and get in bed all by yourself"? Travis was in deep thought for a moment and then decided that he wouldn't leave after all. Teresa said "But Travis, I thought you wanted to leave". Travis turned, with hands on hips and said "But Mom, if you get that other little boy, he's gonna need somebody to play with".

Field Notes

Hot and humid, with no relief since June. It seems that the temperature and the humidity have the same number most days! Other than a few violent storms passing through, there has been so little rain that even the weeds are withering. Early in June we had a mini twister go up the hollow leaving Wendover with minor damage and without power for four days. The hot water at the Big House is on gas and so, as in the past, Wendover became the place to bathe.

The maintenance men started the season rebuilding the steps up to the cemetery and installing a handrail. Then they started rebuilding the wall in front of the Garden House. Between tree roots, water pressure, the weight of cars and just plain being old, the existing wall was on the verge of giving away. We have placed the new wall further out away from the Garden House in order to provide more parking spaces. This has been a very time consuming project, as each and every stone must be hand chipped to fit. The results are well worth it, the finished wall should last for another 50 years or more. Meanwhile the grounds are mowed and the flower beds tended each week. To give you an idea of what a job this is, it takes two men two full days to accomplish it. (Sassafras also does what she can!)

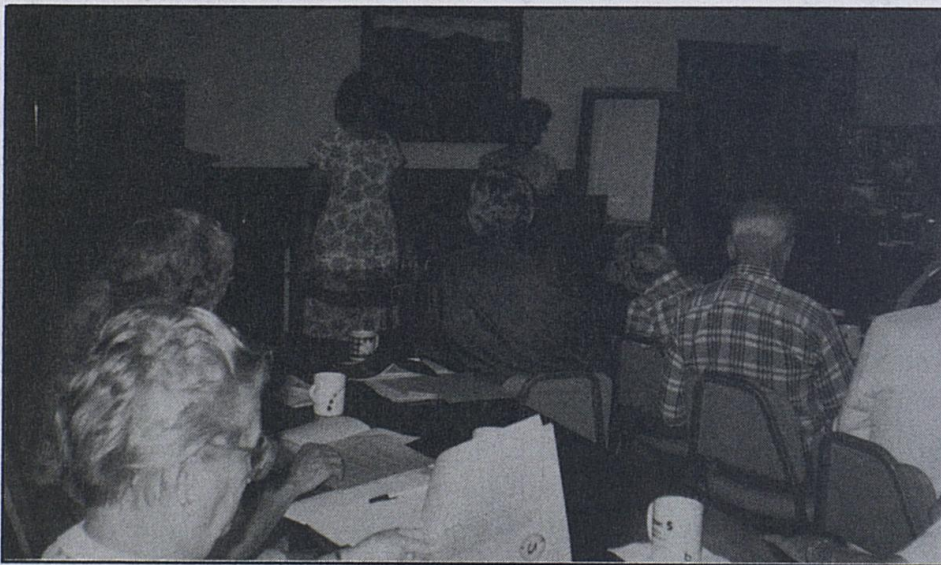
Wendover has been very busy with a number of meetings, dinners and visitors. We hosted a dinner meeting for the hospital Medical Staff; every Tuesday evening the providers come for dinner

and to meet afterwards; and the district staff support people come once a month for lunch. We had the auditors from Louisville here for two weeks and we've had several families visit from beyond the mountains.

Once again the Frontier School of Midwifery and Family Nursing asked us to have a tea and dinner for the incoming class of CNEP students. This ended up being a party 65 strong and a delightful occasion. We served tea and hors d'oeuvres, then formed an assembly line to produce plates for a sit down dinner and dessert. Needless to say we couldn't feel our feet by the time it was over but we had a wonderful time and are looking forward to the next class that comes in late August for a repeat performance.

Barb Gibson, Susie Quinlan and I did a presentation for an ElderHostel group at the Redbird Mission School on July 21st. Then Susie Quinlan and I did another one on July 28th. They were very interesting groups and we had a great time talking about the history of FNS and answering their questions about the culture of Kentucky.

-Susie Hudgins



Susie Hudgins and Susie Quinlan at ElderHostel presentation

Ruth Lubic wins MacArthur Foundation Grant

On June 14, 1993 Ruth Lubic, founder of the Maternity Center Association in New York was one among 31 winners of the MacArthur Foundation Grants. The 18 men and 13 women split \$9.2 million in grants ranging from \$220,000 to \$375,000 to be paid over a five year period. Recipients were nominated by anonymous talent scouts.

The grant amount is determined by a recipient's age and can be used for any purpose. Since 1981, the MacArthur Foundation, whose founder made his fortune in the insurance industry, has given out more than \$120 million in awards to 414 people.

Ruth Lubic founded the first freestanding birth center in the United States in 1975. She received the MacArthur Foundation award for being a "driving force" behind the expansion of midwifery services in this country. Ruth plans to use the grant to encourage birthing centers in cities like Chicago, where political opposition has blocked them, and in Eastern European and Third World countries, where midwives are still dictated to by the medical profession.

-Barb Gibson



A Look at FNS Outpost Clinics

In the next few issues of the Quarterly Bulletin we will focus on one particular area of the Frontier Nursing Service in order to better acquaint friends and supporters with our staff and services.

At the Beechfork Clinic, Asher, Kentucky Sr. Sonia Miley, FNP recently said during a television interview that she feels like a "mountain doctor". The FNPs at the three FNS outpost clinics probably often feel like doctors due to their treating all types of injuries and illnesses. Of course, the "real" doctor is just a phone call away and makes weekly visits to each of the clinics.

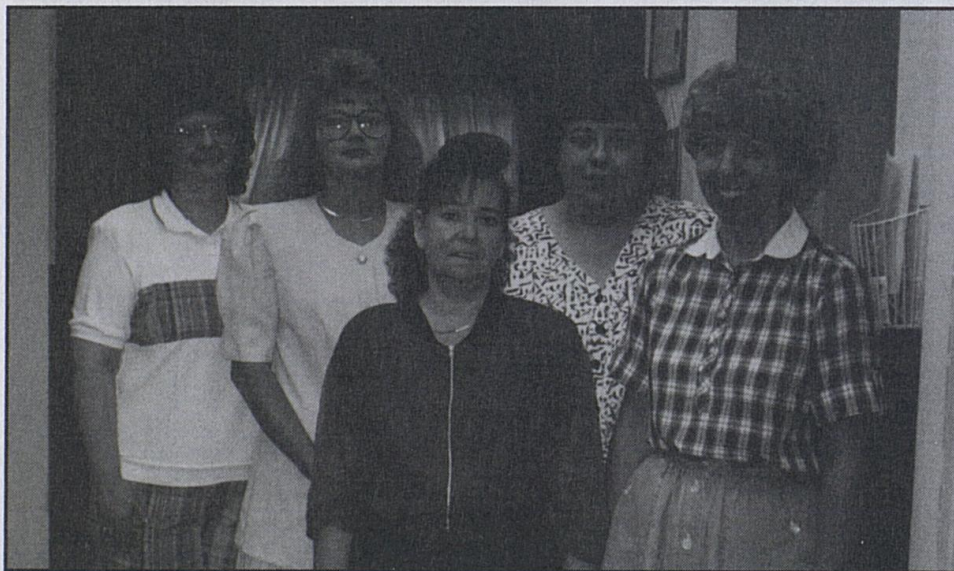
Sr. Sonia came to FNS during August 1990. She is from Sheboygan, Wisconsin and worked at the Michael Reese HMO in Chicago before coming to FNS. She received her nursing from Rush Presbyterian St. Luke's Medical Center in Chicago.

At the **Community Health Center, Big Creek, Kentucky**, FNP **Kathie Cook** has just returned to work at FNS after taking a year off to live in Maine. Kathie formerly worked at the **Mary Breckinridge Hospital** for four years before going to Maine.

She is from Worcester, Massachusetts and took her training at the **Fall River Diploma School of Nursing** in Massachusetts. She had her FNP training at the **East Carolina University, Greenville, North Carolina**. She is a **Kentucky Colonel** and was named the 1991 "Nurse Practitioner of the Year" in the state of Kentucky.

Judy Daniels, FNP joined our staff at the **Wooton Clinic** in November, 1992. She is from Kalam, Michigan. Judy made her first visit to FNS in 1975, when she was considering enrolling as a student at the **Frontier School of Midwifery and Family Nursing**. She decided to take her FNP training at **Michigan State** and thinks it is amazing that after 20 years she returned to FNS.

Prior to coming to work for FNS Judy worked in a rural health clinic in Allgan, Michigan. She has also worked as a geriatric nurse and managed a dialysis unit.



Beechfork Clinic Staff left to right back row: Linda Lewis, Receptionist, Pam Morgan, Receptionist and Betty Morgan, LPN. Front row: Ethel Collett, Nurses Aide and Sr. Sonia Miley, FNP



Staff at CHC left to right back row: Joann Salyers, Receptionist and Joyce Asher, Nurse Aide. Front row: Kathie Cook, FNP and Wanda Benton, LPN.



Wooton Clinic Staff left to right: Jackie Roberts, Receptionist, Judy Daniels, FNP and Debbie Harris, LPN.

**SIXTY - EIGHTH ANNUAL REPORT
of the
FRONTIER NURSING SERVICE, INC.
for the Fiscal Year
May 1, 1992 to April 30, 1993**

PREFACE

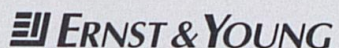
As has been our custom since we were one year old, we present our annual report of the fiscal affairs and of the field operations of the Frontier Nursing Service, Incorporated.

We have, as in previous years, divided our report into two sections. One sections is about money, and one is about work.

I

FISCAL REPORT

The figures that follow are taken from the Balance Sheet, the Exhibits and Schedules of the Audit for the fiscal year which ended April 30, 1993.



■ Suite 2100
400 West Market Street
Louisville, Kentucky 40202

■ Phone: 502 585 1400
Fax: 502 584 4221

Report of Independent Auditors

Board of Governors
FNS, Inc.

We have audited the accompanying combined balance sheets of FNS, Inc. and affiliates (as listed in Note 1) as of April 30, 1993 and 1992, and the related combined statements of revenue and expenses, changes in fund balances and cash flows for the years then ended. These financial statements are the responsibility of FNS, Inc.'s management. Our responsibility is to express an opinion on these financial statements based on our audits.

We conducted our audits in accordance with generally accepted auditing standards. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation. We believe that our audits provide a reasonable basis for our opinion.

In our opinion, the financial statements referred to above present fairly, in all material respects, the combined financial position of FNS, Inc. and affiliates at April 30, 1993 and 1992, and the combined results of their operations, changes in their fund balances and their cash flows for the years then ended in conformity with generally accepted accounting principles.

Ernst & Young

June 25, 1993

FNS, Inc.

Combined Balance Sheets

	April 30	
	1993	1992
Assets		
General Funds		
Current assets:		
Cash and short-term investments	\$ 371,056	\$ 623,960
Accounts receivable—patients—less allowances for uncollectible accounts of \$310,000 in 1993 and \$688,000 in 1992.	1,097,926	1,033,422
Accounts receivable—students tuition	1,186,300	957,470
Current portion of assets whose use is limited	1,000,000	—
Inventories	143,126	122,070
Prepaid expenses and other current assets	466,746	171,630
Total current assets	<u>4,265,154</u>	<u>2,908,552</u>
Long-term portion of accounts receivable-students tuition	360,762	110,356
Property and equipment:		
Land	135,163	135,163
Buildings	3,563,261	3,518,607
Equipment	4,328,937	4,096,360
	<u>8,027,361</u>	<u>7,750,130</u>
Less accumulated depreciation	5,532,830	5,170,137
	<u>2,494,531</u>	<u>2,579,993</u>
Assets whose use is limited, net of current portion	7,970,696	8,663,461
Total general fund assets	<u>\$ 15,091,143</u>	<u>\$ 14,262,362</u>
 Restricted Funds		
Endowments:		
Cash and investments	\$ 1,776,720	\$ 1,496,550
Student loan receivables	58,019	81,257
Total restricted fund assets	<u>\$ 1,834,739</u>	<u>\$ 1,577,807</u>

	April 30	
	1993	1992
Liabilities and fund balances		
General Funds		
Current liabilities:		
Accounts payable	\$ 1,257,876	\$ 845,917
Accrued salaries and withholdings	109,321	156,214
Accrued vacation expense	219,082	267,470
Deferred tuition—students	1,153,220	854,031
Unexpended special purpose funds	467,000	412,365
Payable to third-party programs	241,500	346,262
Other current liabilities	615,220	161,287
Total current liabilities	<u>4,063,219</u>	<u>3,043,546</u>
Long-term portion of deferred tuition-students	360,762	110,356
Fund Balance	10,667,162	11,108,460
Commitments and Contingencies		
Total general fund liabilities and fund balances	<u><u>\$ 15,091,143</u></u>	<u><u>\$ 14,262,362</u></u>

Restricted Funds

Fund Balance	\$ 1,834,739	\$ 1,577,807
Total restricted fund balances	<u><u>\$ 1,834,739</u></u>	<u><u>\$ 1,577,807</u></u>

See accompanying notes.

FNS, Inc.

Combined Statements of Revenue and Expenses

	Year ended April 30	
	1993	1992
Net patient service revenue	\$ 9,264,161	\$7,803,815
Education revenues:		
Tuition and educational fees	1,441,981	1,169,106
Federal grants	104,600	81,600
	1,546,581	1,250,706
Other revenue	566,271	1,076,122
Unrestricted donations	715,364	657,263
Total revenue	12,092,377	10,787,906
Expenses:		
Salaries and wages	6,909,380	5,951,031
Fringe benefits	1,238,434	922,773
Medical services, supplies and other expenses	3,884,685	3,309,119
Facility costs	1,076,617	1,126,776
Provision for bad debts	280,360	347,994
Total expenses	13,389,476	11,657,693
Loss from operations	(1,297,099)	(869,787)
Nonoperating gains:		
Investment income	492,860	711,107
Gain on sale of investments	344,466	554,569
	837,326	1,265,676
Excess of revenue and gains (under) over expenses	\$ (459,773)	\$ 395,889

See accompanying notes.

FNS, Inc.

Combined Statements of Changes in Fund Balances

	General Funds	Restricted Funds
Balances at April 30, 1991	\$ 10,666,089	\$ 1,377,716
Excess of revenue and gains over expenses	395,889	-
Restricted contributions used for purchase of property and equipment	46,482	-
Contributions restricted for specific purpose	-	125,507
Gain on sale of endowment fund investments	-	52,623
Restricted endowment fund revenue	-	21,961
Balances at April 30, 1992	11,108,460	1,577,807
Excess of (expenses) over revenue and gains	(459,773)	-
Restricted contributions used for purchase of property and equipment	18,475	-
Contributions restricted for specific purpose	-	212,962
Gain on sale of endowment fund investments	-	40,938
Restricted endowment fund revenue	-	3,032
Balances at April 30, 1993	<u>\$ 10,667,162</u>	<u>\$ 1,834,739</u>

See accompanying notes.

FNS, Inc.

Combined Statements of Cash Flows—General Funds

	Year ended April 30	
	1993	1992
Cash flow from operating activities and gains		
Revenue and gains (under) over expenses	\$ (459,773)	\$ 395,889
Adjustments to reconcile revenue and gains (under) over expenses to net cash provided by operating activities and gains		
Provision for bad debts	280,360	347,994
Depreciation	362,693	414,391
Accounts receivable—patients	(298,818)	(197,538)
Accounts receivable—students tuition	(525,282)	(1,067,826)
Other assets	(316,171)	256,289
Accounts payable	411,959	262,524
Payable to third party programs	(104,762)	(45,752)
Deferred tuition—students	549,595	964,387
Other	413,286	230,049
Net cash provided by operating activities and gains	<u>313,087</u>	<u>1,560,407</u>
Cash flows from investing activities		
Purchases of property and equipment	(277,231)	(227,557)
Restricted contributions	18,475	46,482
Cash invested in assets whose use is limited	(307,235)	(1,200,621)
Net cash used by investing activities	<u>(565,991)</u>	<u>(1,381,696)</u>
Net (decrease) increase in cash and cash equivalents	(252,904)	178,711
Cash and short-term investments at beginning of year	623,960	445,249
Cash and short-term investments at end of year	<u>\$ 371,056</u>	<u>\$ 623,960</u>

See accompanying notes.

FNS, Inc.

Notes to Combined Financial Statements

April 30, 1993

1. Organization and Summary of Accounting Policies**Organization**

FNS, Inc. (the Service) was organized in 1925 as a nonprofit charitable organization. The Service's original purpose was to provide needed health services in the Appalachian area. During its early years, the Service was the only provider of health services in the area and it remains the largest provider of health services in Leslie County and the portion of surrounding counties comprising its service area. In 1939, the Service established a midwifery school. The Service currently operates an accredited midwifery and family nursing school, a home health agency, a hospital, and provides primary care services through the Hyden Clinic, the Kate Ireland Women's Health Care Center, and District Nursing Clinics. The Service has historically been dependent on charitable contributions to fund a significant portion of the costs of services and programs.

Principles of Combination

The Service consists of the following nonprofit entities:

FNS, Inc.—Parent holding company of the Service.

Mary Breckinridge Healthcare, Inc.—Entity responsible for operating the hospital, home health agency and clinics.

Frontier School of Midwifery and Family Nursing, Inc.—Entity responsible for operating the midwifery and family nursing school.

Frontier Nursing Service Foundation, Inc.—Entity responsible for maintaining the investment portfolio of the Service.

FNS Real Estate, Inc.—Entity responsible for holding and managing the real estate and fixed assets owned by the Service.

The combined financial statements include the accounts and transactions of the above entities. Significant intercompany transactions and accounts have been eliminated in combination.

FNS, Inc.

Notes to Combined Financial Statements (continued)

1. Organization and Summary of Significant Accounting Policies (continued)**Cash and Short-term Investments**

Cash and short-term investments consists of cash and highly liquid investments having a maturity at the date of acquisition of 90 days or less, excluding amounts whose use is limited by board designation.

Inventories

Inventories, principally medical supplies, are stated at cost (first-in, first-out method) which is not in excess of market.

Property and Equipment

Property and equipment is stated at cost, or fair market value at date of donation for items donated to the Service. Depreciation has been computed on the straight-line method over the estimated useful lives of the respective assets.

Investments

Investments in marketable equity securities are stated in the financial statements at the lower of their aggregate cost or market value. Investments, other than equity securities, are stated in the financial statements at cost, or if donated, at fair market value at the date of donation. Gain or loss from sale of investments is the difference between proceeds received and the carrying value of the investment sold.

Assets Whose Use is Limited

Unrestricted resources which are designated by the Service for special uses are reported as assets whose use is limited. The Board of Governors has designated the following funds to accumulate monies for the indicated purposes.

The Consolidated Fund accumulates funds for such operating and general purposes as the Board may determine.

The Education Fund includes all donations specified by the donor for this fund and unrestricted legacies and bequests received from May 1981 through April 1985. It accumulates funds until such time as they are needed for the operation of the educational programs.

FNS, Inc.

Notes to Combined Financial Statements (continued)

1. Organization and Summary of Significant Accounting Policies (continued)**Assets Whose Use is Limited (continued)**

The Kate Ireland Women's Health Care Center Fund accumulates funds until such time as they are needed for the operation of the Kate Ireland Women's Health Care Center.

The David D. Knox Fund accumulates funds for such uses as the Board may determine, except that no amounts are to be expended from such fund through 1994.

The Mary Breckinridge Chair Fund provides income to fund the salary of a faculty member of the midwifery and family nursing school.

Income from the principal portion of the Consolidated Fund is to be used to subsidize care for indigent patients unless such income is specifically designated by the Board for other uses. Income from the Education, Kate Ireland Women's Health Care Center, Mary Breckinridge Chair and David D. Knox Funds is retained with the funds until expended for the designated purposes.

Restricted Funds

Restricted funds represent endowments, the principal of which cannot be expended. Income from such endowments is available for operating purposes and is reported as revenue when earned in accordance with the donor's instructions.

Resources restricted by donors for additions to property are recorded as increases to the general fund balance when expended for the purposes intended. Resources restricted by donors for specific operating purposes are credited to revenue when expended for the purposes intended.

Accounts Receivable—Students and Deferred Tuition—Students

The Service provides a midwifery training program to eligible students. The program generally takes 24 months to complete. The tuition for the midwifery program is due ratably every six months. The Service's policy is to recognize tuition revenue ratably over 24 months.

FNS, Inc.

Notes to Combined Financial Statements (continued)

1. Organization and Summary of Significant Accounting Policies (continued)**Statement of Revenue and Expenses of General Funds**

For purposes of presentation, transactions deemed by management to be ongoing, major or central to the provision of health care services are reported as revenue and expenses. Peripheral or incidental transactions are reported as gains and losses.

Charity Care

The Service provides care to patients who meet certain criteria under its charity care policy, without charge or at amounts less than its established rates. Because the Service does not pursue collection of amounts determined to qualify as charity care, they are not reported as revenue. Charges foregone based on established rates for charity care, determined at or near the time of service rendered by the Service were approximately \$396,000 and \$224,000 in 1993 and 1992, respectively.

Net Patient Service Revenue

Net patient service revenue is reported at the established net realizable amounts from patients, third-party payors, and others for services rendered, including estimated retroactive adjustments under reimbursable agreements with third-party payors.

Retroactive adjustments are accrued on an estimated basis in the period the related services are rendered and adjusted in future periods as final settlements are determined. Net patient service rendered consists of the following:

	Year ended April 30	
	1993	1992
Gross patient service revenue	\$ 11,048,345	\$ 10,078,241
Less charity and contractual adjustments	<u>1,784,184</u>	<u>2,274,426</u>
Net patient service revenue	<u>\$ 9,264,161</u>	<u>\$ 7,803,815</u>

Unrestricted Donations and Grants

Donations and grants which are not restricted by donors are reported as operating revenue. Bequests under wills are recorded when received by the Service.

FNS, Inc.

Notes to Combined Financial Statements (continued)

1. Organization and Summary of Significant Accounting Policies (continued)**Tax Status**

The Service has received a determination from the Internal Revenue Service (IRS) that each of the nonprofit entities qualifies as tax-exempt under applicable Internal Revenue Code (IRC) sections.

2. Medicare and Medicaid Programs

The Service participates in the Medicare and Medicaid Programs. During 1993 approximately 31% and 34%, respectively, of the Service's net patient service revenue were derived from services to patients covered by these Programs. Comparable percentages for 1992 were 29% and 27%, respectively.

Medicare

Medicare payments for inpatient services are made based upon the patient's diagnosis (DRG), irrespective of cost. The diagnosis upon which payment is based is subject to review by Program representatives. The Program reimburses the Hospital for certain outpatient services including rural health clinics and home health agency services based upon cost. Such reimbursable costs are determined from annual cost reports filed with the Program, which are subject to audit by the Program.

Medicaid

The Medicaid Program reimburses the Hospital on a prospectively determined rate per patient day for inpatient services and on the basis of cost for certain outpatient services including rural health clinics and home health agency services.

The Hospital settled certain prior year Medicaid cost reports during 1993 which resulted in an increase in net patient service revenue approximating \$425,000.

Hospital Indigent Care Assurance Program

On July 1, 1990, the Commonwealth of Kentucky implemented the Hospital Indigent Care Assurance Program (HICAP). Under HICAP, the Hospital was assessed a tax based upon a percentage of its inpatient operating expenses and received a benefit payment based upon its Medicaid patient days. The statements of revenue and expenses for the years ended April 30, 1993 and 1992 include a net benefit under HICAP of approximately \$275,000 and \$710,000, respectively, which is reported with other revenue

FNS, Inc.

Notes to Combined Financial Statements (continued)

2. Medicare and Medicaid Programs (continued)

in the Combined Statements of Revenue and Expense. Effective January 1, 1993, the Commonwealth of Kentucky reduced benefits under HICAP, which substantially eliminated the net benefit of HICAP to the Service. Also, the Federal Government has passed legislation that discontinues HICAP in its present form effective July 1, 1993 for Kentucky hospitals.

The Commonwealth of Kentucky recently passed legislation which will impose a tax to health care providers at a rate of 2.5 percent for inpatient and outpatient revenue, as defined, and 2 percent for home health revenue, as defined. The new legislation will also allow the Hospital to be reimbursed for services provided to certain indigent care patients. Specific regulations have not been issued in order for the Service to estimate the impact of the recent legislation.

3. Investments

The carrying value and approximate market value of investments at April 30, 1993 and 1992 are summarized as follows:

	1993		1992	
	Carrying Value	Market	Carrying Value	Market
Investments recorded in:				
Assets whose use is limited:				
Consolidated Fund:				
Cash	\$ 551,188	\$ 551,188	\$ 461,463	\$ 461,463
U.S. Government obligations	849,945	893,251	598,656	626,750
Corporate bonds	869,072	912,305	990,458	1,028,190
Common stocks	2,185,051	2,249,825	2,206,241	2,624,811
Common trust fund equities	17,070	15,103	-	-
Due to Restricted Funds	(149,903)	(149,903)	(160,667)	(160,667)
	<u>4,322,423</u>	<u>4,471,769</u>	<u>4,096,151</u>	<u>4,580,547</u>
Education Fund:				
Cash	353,452	353,452	415,864	415,864
Common trust fund—fixed income	1,941,668	2,050,607	1,935,556	1,995,587
Common stocks	780,512	804,575	710,218	758,524
	<u>3,075,632</u>	<u>3,208,634</u>	<u>3,061,638</u>	<u>3,169,975</u>

FNS, Inc.

Notes to Combined Financial Statements (continued)

3. Investments (continued)

	1993		1992	
	Carrying Value	Market	Carrying Value	Market
Kate Ireland Women's Health Care Center Fund:				
Cash	\$ 14,633	\$ 14,633	\$ 16,974	\$ 16,974
Common trust fund	465,291	483,061	453,069	476,879
	<u>479,924</u>	<u>497,694</u>	<u>470,043</u>	<u>493,853</u>
David D. Knox Fund:				
Cash management fund	26,660	26,660	37,488	37,488
Common stock	445,788	489,500	420,197	443,951
	<u>472,448</u>	<u>516,160</u>	<u>457,685</u>	<u>481,439</u>
Mary Breckinridge Chair Fund:				
Cash	47,224	47,224	31,348	31,348
Common trust fund	573,045	571,591	546,596	571,811
	<u>620,269</u>	<u>618,815</u>	<u>577,944</u>	<u>603,159</u>
Total assets whose use is limited including current and noncurrent portion	<u>\$ 8,970,696</u>	<u>\$ 9,313,072</u>	<u>\$ 8,663,461</u>	<u>\$ 9,328,973</u>

	1993		1992	
	Carrying Value	Market	Carrying Value	Market
Restricted Funds:				
Cash	\$ 150,077	\$ 150,077	\$ 65,026	\$ 65,026
U.S. Government obligations	105,279	119,347	110,113	114,919
Investments in common trust funds	1,371,461	1,507,020	1,160,744	1,418,191
	<u>1,626,817</u>	<u>1,776,444</u>	<u>1,335,883</u>	<u>1,598,136</u>
Due from assets whose use is limited—General Funds	149,903	149,903	160,667	160,667
Total investment of restricted funds	<u>\$ 1,776,720</u>	<u>\$ 1,926,347</u>	<u>\$ 1,496,550</u>	<u>\$ 1,758,803</u>
Total investments:				
Assets whose use is limited	\$ 8,970,696	\$ 9,313,072	\$ 8,663,461	\$ 9,328,973
Restricted funds	1,776,720	1,926,347	1,496,550	1,758,803
	<u>\$ 10,747,416</u>	<u>\$ 11,239,419</u>	<u>\$ 10,160,011</u>	<u>\$ 11,087,776</u>

FNS, Inc.

Notes to Combined Financial Statements (continued)

3. Investments (continued)

The Board of Governors designated \$1,000,000 of the Consolidated Fund at April 30, 1993 to be used to meet current liabilities, if necessary. Accordingly, such amount has been included in current assets at April 30, 1993.

FNS, Inc. is also the income beneficiary of certain trust funds which are not administered or controlled by the Service. Accordingly, such funds are not included in the balance sheets at April 30, 1993 and 1992. Income received from such funds, which is included with unrestricted donations, was \$63,737 and \$49,599 for the years ended April 30, 1993 and 1992, respectively.

4. Retirement Plans

The Frontier Nursing Service, Inc. Capital Accumulation Plan (Plan), a non-contributory defined contribution retirement plan, covers substantially all Service employees. Employer contributions are determined by the Board of Governors annually and are allocated among Plan participants on the basis of eligible employees' salaries. The Service recorded expense of \$64,000 and \$52,000 related to the retirement plan for the years ended April 30, 1993 and 1992, respectively.

5. Commitments and Contingencies

The Service insures for medical malpractice losses through claims-made policies, and records reserves for deductibles for potential claims, based on their best estimates. In the opinion of management, such insurance and estimated reserves for deductibles are adequate to cover significant losses, if any. Should the claims-made policies not be renewed or replaced with equivalent insurance, claims based upon occurrences during their terms but reported subsequently will be uninsured. The Service intends to continue carrying such insurance.

Liabilities for incurred but not reported losses at April 30, 1993 are not determinable; however, in management's opinion such liabilities, if any, will not have a material adverse impact on the Service's financial statements. Accordingly, no provision for adverse loss contingencies has been made in the accompanying financial statements.

REPORT OF OPERATIONS

**Comparative analysis of service provided on the two fiscal years
1992 and 1993**

HOSPITAL

	FY Ending 4-30-92	FY Ending 4-30-93
ALL PATIENTS (Excluding Newborns):		
Percent of Occupancy	33.0	29.3
Patient Days - Total	5,549	4,929
Medical-Surgical Unit	4,232	3,636
Obstetrical Unit	624	640
Skilled Beds	693	653
Admissions - Total	1,178	1,192
Medical-Surgical	878	863
Obstetrical Unit	300	329
Average Daily Census	13.3	11.7
Average Length of Stay	4.4	3.8
NEWBORNS		
Percent of Occupancy	12.2	13.0
Patient Days-Total	448	489
Admissions-Total	239	244
Average Daily Census	1.2	1.3
Average Length of Stay	1.9	2.0
DELIVERIES - TOTAL	238	245
OPERATIONS - TOTAL	333	347
Major	78	93
Minor	256	268
In-Patient	166	147
Out-Patient	167	200
C-Sections	51	64
DEATHS - TOTAL	43	38
Institutional (over 48 hours)	20	32
Institutional (under 48 hours)	4	6
Non-Institutional (OPD/ER)	19	16
X-RAYS - TOTAL	8,706	8,264
In-Patient	871	890
Out-Patient	7,741	7,364

	1992	1993
ECHO - TOTAL	94	5
In-Patient	30	1
Out-Patient	64	4
LAB PROCEDURES - TOTAL	112,405	107,577
In-Patient	28,311	38,943
Out-Patient	53,373	47,459
Referred In	30,721	29,832
Referred Out (not in total)	7,047	7,235
PHYSICAL THERAPY - TOTAL	7,133	10,297
In-Patient Treatments	1,434	1,733
Out-Patient Treatments	5,699	8,564
Days of Operation	256	256
ELECTROCARDIOGRAMS - TOTAL	2,564	2,742
In-Patient	695	897
Out-Patient	1,869	1,845
RESPIRATORY THERAPY - TOTAL	31,068	28,283
In-Patient	28,220	23,401
Out-Patient	2,848	5,539
HOME HEALTH - TOTAL	16,162	22,607
EMERGENCY VISITS - TOTAL	8,802	8,885
Average Visits Per Day	24.0	24.3
Days of Operation	365	365
ADMITTED THROUGH EMERGENCY ROOM - TOTAL	579	587
HYDEN CLINIC VISITS - TOTAL	16,716	15,541
Average Visits Per Day	65.3	60.7
Days of Operation	256	256
OB/GYN CLINIC - TOTAL	4,117	4,702
Average Visits Per Day	16.0	18.3
Days of Operation	256	256
DISTRICT CLINICS - TOTAL	16,976	14,823
BEECHFORK CLINIC	4,681	5,765
Average Visits Per Day	18.2	24.0
Days of Operation	256	242
COMMUNITY HEALTH CENTER	3,844	3,837
Average Visits Per Day	16.1	18.0
Days of Operation	238	214

WOOTON CLINIC	6,213	3,470
Average Visits Per Day	28.6	17.0
Days of Operation	217	201
PINE MOUNTAIN CLINIC	2,238	1,751
Average Visits Per Day	9.5	10.0
Days of Operation	235	170

COURIER AND VOLUNTEER HOURS REPORT

May 1, 1992 to April 30, 1993

<u>Areas Served</u>	<u>Hours</u>
Clinics	745
Hospital	371
Home Health	829
Development Office	467
Community	314
Rounds	870
Frontier School of Midwifery and Family Nursing	749
Literacy Program	1,810
Wendover	835
Total number of hours worked	6,990
Total number of couriers	36

Mr. and Mrs. J. W. ...
 Irene De ...
 Douglas A. ...
 Margaret C. ...
 Shirley Sawyer ...
 Dr. Frank MacFee ...
 Mrs. Tom R. ...
 Betty Wells ...
 Dr. Anne Warren ...
 Mrs. Tilson ...
 David G. ...
 and Winifred ...
 Katherine ...
 Paul ...

SIXTY-EIGHT YEAR TOTALS-SELECTED DATA

Because there continues to be interest in these figures, we have reconstructed the essential information necessary to cover FNS' sixty-eight years of operation. These figures should not be understood as audit totals. They are reasonable cost approximations as of the close of the fiscal years that ended April 30, 1993.

Patients registered from the beginning in 1925	127,027
Children (estimated)	59,846
Adults (estimated)	67,676
Maternity cases delivered	23,700
Maternity deaths (9 puerperal, 2 cardiac)	11
Number of days of occupancy in FNS hospitals (including old Hyden Hospital, which opened in June 1928, and Mary Breckinridge Hospital, which opened in February 1975)	537,384

* Figures exclude newborns.

TOTAL CONTRIBUTIONS

	YTD 1991-1992	YTD 1992-1993
Non-Restricted	435,371.12	508,402.33
Restricted	156,702.00	93,560.16
Derby Benefits	<u>32,987.25</u>	<u>26,700.00</u>
Total	625,060.37	628,662.49

Special Thanks to our Committees

Committee Benefits	
Boston	8,000.00
Philadelphia	4,700.00
Washington	14,000.00
Bluegrass	<u>4,305.00</u>
Total	26,700.00

Also special thanks to: The Daughters of Colonial Wars
10,275.14

IN MEMORIAM

These friends have departed this life in recent months. We wish to express our sympathies to their families, and our gratitude for their interest in our work.

Mrs. R. McAllister Lloyd of Gwynedd, PA died June 25, 1993. She was a honorary trustee and long time supporter of the Frontier Nursing Service. Her two daughters, Mary Steele and Eleanor Helm, were both couriers at FNS in the 1940s.

Margaret Holdship of Sewickley, PA died April 2, 1993. She is the sister of Freddy Holdship, former courier at FNS. Margaret was a licensed airplane pilot and volunteered most of her time at the Sewickley Hospital and at the YMCA in Sewickley. She was a long time supporter of the Frontier Nursing Service.

MEMORIAL GIFTS

We wish to express our deep appreciation to these friends who have shown their love and respect for the individuals named below by making supporting contributions in their memory to the work of the Frontier Nursing Service:

Dr. Allen Lee Cornish	Mrs. John B. Hollister
Mr. and Mrs. Richard M. Bean	Julie Lord
Irene Dunham	Olive M. Gass
Douglas A. Dunham	Carol G. Bell
Margaret C. Pease	David H. Kannapell
Shirley Sawyers	Dr. and Mrs. James T. Christie
Dr. Frank MacFee	Peggy Elizabeth Baker
Mrs. Tom R. Mcfee	Dr. and Mrs. James T. Christie
Betty Wells	Mrs. R. McAllister Lloyd
Dr. Anne Wasson	Peter and Catherine Emmons
Mrs. Tilson	Miss Jane Leigh Powell
David G. Fothergill-Quinlan	Mr. and Mrs. Clarence E. Galston
and Winifred Fothergill-Quinlan	Anna W. Ordway
Katherine Banghart	Eleanor G. McCorkle
Ruth Blevins	

Wales Wasson
Elaine Pendleton
Alice Peete
Dr. Don Carlos Peete
Mrs. Clifford Heisel
Elsa H. Sule

IN HONOR OF

Ruth Watson Lubic
Dr. and Mrs. John Ingle
Kate Ireland
Caroline Macomber

KNA Recognizes the Work of Mary Breckinridge

A plaque commemorating the outstanding work of Mary Breckinridge now hangs in the Benefactors' Wall at the new American Nurses Association headquarters in Washington, DC.

Each year, the American Nurses' Association allows different states to buy plaques to be placed on the Benefactor's Wall in recognition of outstanding nurses and organizations from their own state. In September, 1992, the Kentucky Nurses Association Board of Directors, Louisville, Kentucky, chose to recognize the work and accomplishments of Mary Breckinridge.

- Barb Gibson

In Memoriam

If you wish to make a contribution to the Frontier Nursing Service in memory of a friend or loved one, please fill out and return this section to the development office at FNS.

In memory of: _____

Contributed by:

Name: _____

Address: _____

Person(s) to whom you wish acknowledgements sent:

Name: _____

Address: _____

In Honor of

If you wish to make a contribution to the Frontier Nursing Service in honor of someone's accomplishments or achievements, please fill out and return this section to the development office at FNS.

In honor of: _____

Contributed by:

Name: _____

Address: _____

Person(s) to whom you wish acknowledgements sent:

Name: _____

Address: _____

FNS, INC.

Director/Chief Executive Officer: Deanna Severance, BSN, MS

FNS, INC. (the parent)
 Chief Operating Officer:
 David Southern, BS, MBA
 Administrative Assistant: Virginia Roberts
 Risk Management: Connie Napier
 Director of Public Relations and Editor of
Quarterly Bulletin: Barb Gibson

Accounting/Fiscal Services:
 Chief Financial Officer: R. Clark Myers, BS, MBA
 Purchasing: Nannie Hornsby

Wendover Manager :
 Susie Hudgins

Development Office: Mae Irvin, Secretary

Human Resources: Eva Morgan, Manager

Courier and Volunteer Program: Susie Quinlan

FRONTIER NURSING SERVICE, INC.
 (the foundation)
 President: Deanna Severance, BSN, MS

FNS REAL ESTATE, INC.
 President: Deanna Severance, BSN, MS

**FRONTIER SCHOOL OF MIDWIFERY AND
 FAMILY NURSING**
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 Mary Breckinridge Healthcare, Hyden, Kentucky 41749, 606-672-2901
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FORM OF BEQUEST

For the convenience of those who wish to remember the Frontier Nursing Service in their Wills, this form of bequest is suggested:

"I hereby give, devise and bequeath the sum of... dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky."

HOW ENDOWMENT GIFTS MAY BE MADE

The following are some of the ways of making gifts to the Endowment Funds of the Frontier Nursing Service:

1. **By Specific Gift under Your Will.** You may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.
2. **By Gift of Residue under Your Will.** You may leave all or a portion of your residuary estate to the Service.
3. **By Life Insurance.** You may have life insurance made payable direct to the Service.

The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.

Contributions to Frontier Nursing Service, Inc. are tax deductible under Section 501(c) (3) of the Internal Revenue Code of 1954.

Gifts of stock should be sent to:

FRONTIER NURSING SERVICE
Mr. William Hall, Treasurer
Bank One Lexington, NA
201 East Main Street
Lexington, Kentucky 40507

STAFF OPPORTUNITIES

Because text for the *Bulletin* must go to the printer several weeks before publication, it is not possible for any issue to contain an up-to-date list of job opportunities. Instead, we list types of positions that are most likely to be available and invite anyone qualified and interested to write for current information.

FNS Staff Opportunities:

Current Opportunities include: certified nurse-midwives, family nurse practitioners, registered nurses, x-ray technicians, physicians, and laboratory technicians. For current information or to apply for a position, contact Eva Morgan, Human Resources Manager, Wendover, KY 41775 (phone 606-672-2317)

Couriers and Volunteers: This program has an ongoing need for all types of people, with all types of skills. The program is not limited to those interested in a health career. It encourages applications from anyone who is willing to volunteer for a 6- to 8-week minimum period and would like to be exposed to the work of the Frontier Nursing Service. For current information, write Virginia Roberts, Administrative Assistant, FNS/Inc., Wendover, Kentucky 41775 (phone 606-672-2318).

URGENT NEEDS

FNS has an urgent need for the items listed below and hopes that its friends will wish to contribute toward their purchase. Because of your generosity, we sometimes receive more gifts for a particular item than we need. In those instances, your gift will be applied toward another urgent need listed below. Donations should be sent to the Development Office, Frontier Nursing Service, Wendover, Kentucky 41775, where they will be gratefully received.

	Estimated Cost
Beech Fork Clinic:	
EKG Machine	2,000
VCR for Patient Health Education	250
Community Health Clinic:	
EKG Machine	2,000
Emergency Room:	
Instruments	325
Infant Scale	300
Stethoscopes	300
Hyphacator	1,500
Medical Emergency Books	300
Chairs	180
Frontier School of Midwifery and Family Nursing:	
Furnishings for Mardi Cottage	5,000
Home Health Agency:	
2 Otoscopes	400
Hyden Clinic:	
Instruments	300
Infant Scale	300
Stethoscopes	300
Kate Ireland Women's Center:	
Ear Probe Thermometer	1,200
Doppler	600
Kitchen:	
Vulcan Stove-Oven	2,900
Laboratory:	
Microscope	1,800
Computer	1,800
Maternity:	
Electronic Fetal Monitor	12,000
Automatic Infant Scale	2,200
Blood Pressure Cuffs	240
Adult Stethoscopes	130
Newborn Stethoscopes	160
Ear Probe Thermometer	1,200
Medical Surgical:	
Suction Equipment	4,500
Medical Records Department:	
Lanier Dictating Equipment	65,000
Operating Room:	
HVAC System	14,100
Wendover-Human Resources:	
TV/VCR Combination for In-Service	400
Wendover-Workshop:	
Heavy Duty Finish Sander	100
Wooton Clinic:	
EKG Machine	2,000
X-Ray:	
Mammogram Meters	9,000

FRONTIER NURSING SERVICE, INC.

Its motto:

“He shall gather the lambs with his arm
and carry them in his bosom, and shall
gently lead those that are with young.”

Isaiah 40:11

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives for rural areas where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and midwife training schools for graduate nurses; to carry out preventive public health measures; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them, at a price they can afford to pay; to promote the general welfare of the elderly and handicapped; to ameliorate economic conditions inimical to health and growth, and to conduct research toward that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them to cooperate with individuals and with organizations, private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

From the Articles of Incorporation of the
Frontier Nursing Service, Article III
as amended June 8, 1984