

FNS

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QUARTERLY BULLETIN





Christmas Time - 1991 Big House at Wendover

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COVER: Former Leslie County Judge, George Wooton, Portraying Santa in his sleigh on Christmas Eve, 1991. Photo by: Vicki Cook

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First CNEP Graduating Class - 1991

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NOTES FROM THE SCHOOL

This has been an explosively busy period for us at the School. In September we hosted the Site-Visitors from the American College of Nurse-Midwives Division of Accreditation, and simultaneously had 15 students here for a two-week intensive "Level III" seminar. In October we held the first CNEP Graduation for 22 students, their families and preceptors, submitted a grant application to the Division of Nursing for monies to restart the Family Nurse Practitioner Program, attended the Educational Program Director's meeting in Charleston, SC; and much, much more!

Our far-flung faculty also had a busy fall quarter. (Not only are our FSMFN students "community-based"!) We had a very profitable three-day meeting in Washington, DC during which we visited the National Library of Medicine exhibit: "The History of Nurse-Midwifery". There was an entire wall at the exhibit which displayed historical FNS memorabilia, including an FNS uniform and saddlebags! We attended a day-long training workshop in educational technology, also at the NLM. In October I attended the National Association of Childbearing Centers convention in Brownsville, TX where the CNEP Preceptor Training Workshop was presented for the first time...TO RAVE REVIEWS! It was gratifying to look around the convention audience and recognize that at least half of the attendees were associated with the CNEP as clinical faculty.

In November the FSMFN Regional Coordinators met at Case Western Reserve University for a very successful workshop and in December I met with the entire faculty of the Frances Payne Bolton School of Nursing, updating them on the CNEP.

The story of CNEP can be told by new STATISTICS.

Since its inception in 1989, 181 students have been enrolled in the CNEP. These students come from 34 states, including Hawaii, Alaska, the U.S. Virgin Islands and the District of Columbia. It is especially exciting to note that fifty-nine percent of the students live in rural or semi-rural communities. The median age of the student body is 36.7.

Twenty-two students have been graduated, and nineteen students have sat the National Certifying Examination. Fifteen students have passed the Boards, the rest are waiting for results. Not a bad record for a new educational program! Just as impressive is the fact that only seven students have withdrawn from the program (**an attrition rate of 0.03%**) while three are on Leave of Absence. Eleven students from Class I are expected to be graduated in the next four months; 38 students from Class II should complete the program by the end of 1992.

PRECERTIFICATION PROGRAM STATISTICS

Since October, 1990 admission, 39 foreign-trained nurse-midwives have been enrolled in this program. There are eight clinical sites involved in their preparation. Twenty-five students have completed the six-month program;

nine have passed Boards and two have failed. Thirteen students are waiting for exam results; of these, three are "rereads", including one previous failure. Fourteen students were admitted into the program in October/November 1991 with anticipated completion by April of 1992.

MARY BRECKINRIDGE CHAIR ACTIVITIES

Kitty Ernst reports that she has consulted with several organizations in her capacity as the Mary Breckinridge Chair. Among these consultations, one was with the New River Health Association (New River Family Health Center & North Fayette Family Health Center) in West Virginia and one was with the SUNY Downstate Nurse-Midwifery Education Program in New York City. She also moderated the symposium "Alternatives in Health Care for Mothers & Babies" at the November convention of the American Public Health Association.

-Judith Treistman

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DAUGHTERS OF COLONIAL WARS

On a glorious day before Thanksgiving Mrs. Stanleigh Swan, the National President of the Daughters of Colonial Wars and two of their Kentucky Members, Mrs. Charles M. Stagner and Mrs. David Watts, came to Wendover for the dedication of the new Home Health car. Throughout the years, the Daughters of Colonial Wars have been generous, loyal supporters of FNS.

The ceremony was followed by one of Cassie's wonderful luncheons, with many of the Home Health staff in attendance. Mrs. Swan delighted us with round the world travel stories. All too soon we were saying good-bye.

We are very grateful for the the support of the Daughters of Colonial Wars and say a big THANK YOU!

-Susie Hudgins

MY EXPERIENCE AS A COURIER

In 1932, foot loose and fancy free I was persuaded by my friend, Marian Shouse, to offer my services as a courier for the Frontier Nursing Service in Kentucky. This unique organization was founded by Mrs. Mary Breckinridge of the Blue Grass area. The purpose was to bring nursing care to the remote mountain region, where some people had remained during the period of the opening of the west of the United States. Though beautiful, this area was isolated amid harsh living conditions where civilization had stagnated. Slowly, with great zeal, Mrs. Breckinridge developed her ideas. After the first World War, she started her work and established the Frontier Nursing Service in 1925. A hospital was built at Hyden in Leslie County to care for the needs of rural families. Later she instituted the first School of Midwifery in this country there.

The territory comprised one thousand square miles of rugged mountainous terrain. Many young women came from England where nurse-midwifery had been practiced for years, to help establish this undertaking. Transportation was by horseback as roads did not exist. In the early years the nurses had to ride horses on their various sick calls. After the early years, jeeps were also used but would get bogged down in wet weather. In the beginning, school boys were asked to volunteer as couriers. In these mountain reaches, where Elizabethan English was still in use, family feuds were carried from one generation to another. A mounted man posed a threat. When the boy attempted to deliver his message he was greeted by the head of the family standing at his door with a loaded gun. Girls on the other hand were accepted, and were quite safe.

I volunteered as a courier and departed from my home in September, on a tiresome train journey of seven hours. I was met in Lexington by two members of the FNS staff and in the ladies room of the station I was told to change into riding clothes, as after the drive over the mountains the last bit would be on horseback. We bumped over country roads all day and at dusk arrived at Hyden. There we mounted and rode the last hour in darkness to Wendover.

Mrs. Breckinridge and some members of her staff lived in the Big House where we ate our meals, and if time allowed, we relaxed in the lounge. Here I met the other courier, Dorothy Caldwell, who knew the ropes and most important knew the country. We bunked down in one of the cabins along the path, near where the stables were located. The day had been an endless series of constant motion, from one bumpy means of travel to another. I fell into bed exhausted.

Breakfast at seven. Dorothy introduced me to the ten horses and all the tack (bridles and saddles), for which we were responsible. A surprise blessing was a strong boy who mucked out the stalls. Our days were filled with errands as emergencies arose. I latched onto a young gelding that was so round, with a smooth gait, that I rarely used a saddle. These horses were trained to go at a rack or singlefoot pace because the motion of a trot or canter could destroy the contents of the saddlebags used by the midwives. There were five outposts, or clinics, in the surrounding mountains, and no roads. Fortunately Dorothy knew the country well, finding her way via a dried up creek bed and remembered clues, such as an extra large oak tree, or a hair raising precipice. I was in constant admiration of her skill

and completely trusted her to get us where we were supposed to go.

On my third day of courier duty we were sent to Confluence, the most remote outpost clinic. Fall weather was changing the foliage to a splendid panorama of color. Perhaps because of this, Dorothy for once was unsure of the terrain, and we wandered in the lovely woods until she got her bearings. We ate our sandwiches and continued on well into the late afternoon. I was using a horrible McClellan saddle, probably left over from the Civil War. It was hard as a rock, and after so many miles I had to dismount. Walking the last couple of miles was not a pleasure. Finally we arrived and the nurse in charge had an emergency patient. She somehow managed to treat me so we could depart at dawn. Mission half accomplished.

On the return journey we passed uncomfortably close to the railway tracks, hidden in the bushes just above our heads on the side of the hill. Dorothy warned me saying the track was rarely used. At this precise moment a steam whistle roared past leaving a white cloud of vapor. I stayed put as best I could. I figured I would have a modicum of control. Dorothy dismounted with a bound. Her horse reared and capered around on the end of the rein and for an awful moment I could see he was about to leave if possible. However, Dorothy won, remounted, and on we went. Mission accomplished.

One day when we were deep in stable chores I inadvertently passed too close to the fire extinguisher. It was a huge, heavy cylinder. It crashed to the floor and set off a cloud of foam that filled the small tack room. There was no stopping this angry machine as it girated around the floor spewing out contents with an evil hiss. We got out

of its path and waited, horrified. "That will be very expensive for you", said Dorothy. I never received the bill.

There were always babies about to be born in the little log cabins. The nurse-midwives visited the mothers at intervals and, if possible, the women would go to the hospital at Hyden for delivery. But usually the husband appeared at one of the five nursing centers to give the alarm. In this case all the necessary equipment was carried on saddles. One night at 1 A.M., a prospective father arrived at Wendover to summon help. I was roused, jumped into bluejeans, and fumbled in the dark stable to get two horses ready. The midwife and I rode off under a full moon to the little cabin some miles distant. She dismounted with her tools and I looked around for a solution to the horse problem. I saw a fenced field not far off and thither I led the horses, took off their trappings and returned to the cabin.

There in a huge wooden structure, resembling a bed, lay the mother on a sheet covering a mattress of loose straw. The midwife was laying out her implements and encouraging the patient, who hardly let out a peep in her obvious travail. I was told to sit on the side of the bed and grasp her hand while she put her foot on my shoulder and pushed mightily. I thought my arm would fly away from my body. This went on for some time and finally at dawn the baby's head appeared, then the rest of it, and the mother had a son. He was washed in a basin and a solution dropped into each eye. We wrapped him in a blanket the mother had made and put him in her arms. I was stunned by this miracle and thankful for the incredible experience of witnessing life's creation. I stumbled out to fetch the horses and we rode back to Wendover for breakfast. I haven't been the same since.

One evening all of us at Wendover were invited to a barn dance. It took place about a mile up the mountainside in a cabin. We rode up two to a horse. The music consisted of several well played fiddles and a mouth organ. Having never attended a square dance I was pushed and pulled into various intricate figures and shown how to shuffle from one partner to another. The pace was fast, the noise overwhelming, the corn liquor flowed, and everyone had a super time, although bathed in perspiration. At last we sagged on the horses backs and slithered down the mountain.

My six weeks as a courier came to an end and I was sorry to leave that beautiful place, but grateful to have taken part in the lives of the mountain people.

That was 1932. Today, 1991, I understand it is altogether changed. There are roads, there are cars, and they have no use for horses. Much of the charm must be gone, but then that is progress.

-Christine Hawkins



In the last Quarterly Bulletin I wrote that "Dr. Anita Cornett was the first physician from Leslie County to return to practice".

Many thanks to Dr. Jack Lewis for taking time to write me a nice letter informing me about other Leslie Countians who have returned to practice here -- Dr. John "Boss" Lewis, great-grandfather of Dr. Jack Lewis, was one of the first; also, Dr. Gene Bowling, a native of Leslie County, unselfishly dedicated his life to Leslie County, providing his medical skills in a private practice here until his retirement a few years ago. Also Dr. Jack Lewis himself worked for FNS in the 70's.

-Deanna Severance

Meet the Board of Governors

The FNS Board of Governors is responsible for establishing the policies by which FNS is governed, as well as approving the annual budget and overseeing expenditures. Each member of the board brings unique gifts and a personal history of involvement with FNS to his or her position of leadership; and each has a key role to play in the governance of the Service. This is another in our series of profiles on the members of the Board of Governors.

Kate Sedgwick was raised in Thomasville, GA and first learned of FNS in the early 1970s from Kate Ireland. She says she always intended to become a courier but, never made the leap. Her first real involvement with FNS was through the Washington Committee. Kate says her first encounter with Eastern Kentucky was when she lived in Huntington, WVA in 1974-76. As she traveled through Kentucky, she marveled at the beauty of the mountains and the friendliness of the people.



Kate has a BS in teaching mentally retarded and the learning disabled. She also has a masters in psychology from the University of Georgia. Currently she teaches health and ethics to ninth and tenth graders and is a member of the Children's Speech and Hearing Board in Washington, DC.

Kate's husband, Tod, publishes specialized periodicals in energy, environment, and aerospace. They have two daughters - Eliza, 12, seventh grade and Caroline, 9, fourth grade. Eliza loves horseback riding. "When she's riding I close my eyes and pray", says Kate. "I can't decide whether boys or horses are more dangerous"! Caroline also enjoys horses; however, she tempers her riding with playing the violin.

As a family, they all enjoy riding and skiing. Kate says she never finds enough time to read and often, if given a chance, trades "skiing time" for "reading time". Her other hobbies are photography and gardening.

Kate notes that her vocations and avocations have all seemed to center around health, education, and children. Kate has served on the Board of Governors since April 1991 and feels this is a meaningful connection to her continuing interests. She stated she looks forward to continued involvement with FNS as it continues its services outreach. FNS was started with vision. Although times have changed, people's needs have not and I'm grateful the service is here to continue giving.

"We must remain flexible and strong because of the growing numbers being served, new laws, and other obstacles", she says. This flexibility and strength will help FNS continue to fulfill its mission, she adds. She recalled a speech at an educational gathering given by an engineer on tempering steel for structures. Her message was applicable to all in that she reminded us the strongest structures are built with tempered steel--steel that is made strong slowly with time and moderate heating and cooling. She reminded us all to go slowly and purposefully as we tackle projects, problems, and decisions. I can't wait for FNS' 100th anniversary--I'll only be in my 70's!

Kate is on the Board and chaired the capital campaign of St. Columbia's Nursery School. Until last year she was on the foundation board of the Children's Hospital in Washington and is currently the chairperson of the FNS Washington Committee. *-Barb Gibson*

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Sayings of the Children

During our recent "flu outbreak", Ms. Eva Morgan, our Human Resources Manager, related to me that her niece, Andrea who is 5 years old, was sick. Her mother, Mavie, took her to the Hyden Clinic where she was diagnosed with strep. She was treated with a penicillin injection. The practitioner told Mavie to bring in Tasha, the older sister who is 9, for a strep screen. The next day Andrea came to visit Eva and she asked if Tasha had gone in for her strep screen. Andrea said, "yes, and I've got strep and Sissy's got throatlitis". Now both have a diagnosis! Tasha and Andrea are the children of Ms. Mavie Bowling.

-Deanna Severance

Local Spotlight: Alabam Morgan of Camp Creek

On a cold Friday afternoon Susie Hudgins and I went up Camp Creek at Wendover to visit with Alabam Morgan who, since her husband's death, lives alone with her cat, Puff. Alabam has lived in Leslie County for 46 years and worked for FNS at Wendover for 26 years. Her main



duties were cooking and housekeeping for the staff. When Mrs. Breckinridge became bedridden, Alabam assisted her. Alabam has many stories to tell about Mrs. Breckinridge and FNS, some of which she shared with us. One of her favorite memories is when Mrs. Breckinridge would signal her with a "special chime". Mrs. Breckinridge had the chime installed in the kitchen and would ring when she needed something. Alabam would then go up to her room and help her with whatever she needed. Mrs. Breckinridge would always compliment her and say, "thank you child". Alabam remembered Mrs. Breckinridge as a wonderful person who treated everyone with respect.

As a hobby, Alabam handsews quilts, cushions, pot holders, and wall hangings. She is known for her unique crafts far and near. Her handiwork has gone as far as Boston and many other places. Susie, who loves handmade crafts, bought one of her baby quilts for her grandson in Atlanta while we were there. Alabam enjoys going to church and is a devout member of the Church of Christ. Alabam only has one daughter, Mary Francis, who lives in Perry County. She loves visiting with her, especially during holidays.

Alabam would not allow us to leave before we ate some of her delicious homemade fried pies. She followed us out on the porch as we were leaving and Puff proceeded to show us his favorite pastime, climbing into a rocking chair and turning from side to side while Alabam scratched him with a short handled broom.

A special joy to me, as being the newest member of the Quarterly Bulletin staff, is having the opportunity to meet delightful people who have given of themselves, their talents and hearts to the FNS. Thank you Alabam for an enjoyable visit.

-Barb Gibson

PORTLAND MUSEUM OF ARTS

I received a lovely note from Ms. Marilyn Dyhrberg with the Portland Museum of Arts in response to my sending her information she requested about FNS. She said several people had requested literature about FNS after seeing Mrs. Marvin Patterson's Exhibit and Film June 20th through September 15th. Mrs. Marvin Patterson's exhibit included 29 black and white photographs, and in conjunction with the exhibit of photographs, the Forgotten Frontier, a film made by Mrs. Patterson while she was at FNS during the 30's documenting the FNS, was shown. Ms. Dyhrberg stated the guests loved it! The museum honored Mrs. Patterson on August 19, 1991. A few of the quotes by the visitors after seeing the exhibit and film included:

"As a native of Hazard, Kentucky, I found memories, faces of relatives and my 'backyard'. I miss my home and family".

"Beautiful gifts - the ones of healing, of seeing, of recording, of sharing".

"Very moving. It captures the essence of nursing - meeting people as individuals in their communities, providing nurturing to body and soul".

"Your photographs and you are a great inspiration for young women, like myself, to make history as well as record it. It's great to discover that women have a rich and exciting history in this country, too".

"This film truly describes a vocation of giving to others, and forgetting oneself".

-Deanna Severance

BEYOND THE MOUNTAINS

On Tuesday, September 3rd, Susie Hudgins Coordinator of Wendover and the Courier Volunteer Program, and I went to Frankfort to visit with Marty Newell, Director of the Kentucky Arts Council, to learn what Arts programs are available in eastern Kentucky. Several couriers have expressed an interest in assisting teachers with visual arts, music and dance. We left with our heads buzzing with ideas and thankful for the information and guidance. In the fall semester (September, October, November and December), several of the couriers were able to do some of this work with our local elementary school teachers. This has opened up new vistas for the couriers, and new relationships for the children with the couriers.

On Thursday, September 5th, I traveled to Hazard to serve on a *Health Issues in Rural Kentucky* panel. This was part of the Eastern Kentucky Retreat Leadership Academy program. Panelists included Dave Bolt, Vice President, Outreach Services at St. Claire Medical Center; Dr. G. Edward Hughes, President of Hazard Community College; Mrs. Sarah Hughes, Director of the Southeast Area Health Education Center; Dr. Wayne Myers, Director for the Center of Excellence for Rural Health; and myself. Discussions about health care issues today and in the future were very challenging, and stimulating!

The Audit Committee and Executive Finance Committees met in September. On a personal note, I must say that the members of the Board of Governors who serve on the Executive Finance Committee are extremely hard working. Having served on many boards myself, I know this requires a true sense of volunteerism and energy. During this time of implementing new personnel policies, accounting systems, and management changes, the Executive Finance Committee members have been of invaluable assistance. A special thanks to ALL of them!

In late October I had the pleasure of going to Atlanta with my husband Carl, daughter Sarah, Sarah's friend Jeanne Napier, daughter of Mr. and Mrs. Bill Napier of Hyden; Dr. Anita Cornett, and her husband Brad Caldwell, to see the *Phantom of the Opera*. This was a marvelous, relaxing, wonderful, incredible, and on and on, time!! Everyone truly enjoyed the entire weekend and I hope we can do this again sometime.

On Thursday, October 24th, I attended the dinner meeting of the Board of Directors of the Kentucky Primary Care Association (KPCA). Mr. Joseph E. Smith, Executive Director of KPCA, sends me all kinds of valuable information -- from what's happening in healthcare issues in Kentucky, to healthcare meetings/seminars, to physicians looking for employment in this area. Thanks Joe!

On Wednesday, November 6th, I flew to Philadelphia to speak at the Agnes Irwin School assembly. Jane Moore, former courier and a member of the Philadelphia Committee, arranged the trip for me. I spoke to a group of young ladies and there were many questions about our courier program from both the students and faculty. We hope to see some of them as couriers in the near future. I was made to feel very welcome and hope to return in the near future.

Following the assembly, I went on to a lovely luncheon with the Philadelphia Committee. We had a great time, but all too soon I was off to Lexington for an early morning meeting on the 7th.

On Thursday, November 14th, I attended the noon luncheon of the Hazard Lions Club and spoke to them about the history of FNS and the Service as it is today. While there, I met with Mr. Finley Begley, Director of Region 12 Vocation Education. Mr. Begley is a lovely person and his roots run deep with Leslie County. No matter where I go I run into delightful people that know about or are from Leslie County!

On Sunday, November 17th, I left for Washington where I was invited by Mr. Joe Nargolwala of Leisure World, a retirement village located in Silver Spring, Maryland, to speak at their Men's Prayer Breakfast. Many of these men sent donations to the FNS by me and many thanks for their very special contributions. When I think of the FNS, I think of serendipity. In a note to Lucette Nagourny, I mentioned I would be at the Men's Prayer Breakfast on Monday and wondered if she could attend. Imagine my surprise and delight upon arriving at the Chapel and being introduced to Mrs. Nagourny!

On Monday, Tuesday and Wednesday morning, Clark Myers, Chief Financial Officer, and I spent time on Capitol Hill talking to the Kentucky delegation about the Hospital Indigent Care Assurance Program (HICAP) - a taxing program on hospitals that is used by the state to receive matching federal funds for expanded medicaid services to indigent patients.

Because 60-90% of all our patient revenue generated at Mary Breckinridge Healthcare is from Medicaid and Medicare, the continuation of this funding is vital. Serendipity again! Senator Lloyd Benson from Texas spoke on November 19th about this issue. Mr. Myers was fortunate to be able to attend. We have now learned the HICAP financing for Kentucky has been extended to July 1993. I feel we were able to make an impact by informing the congressional staff of the importance of this funding to FNS, as well as other facilities in Kentucky.

On Tuesday, November 19th, Mrs. Jefferson Patterson hosted a Washington Committee meeting, chaired by Mrs. Kate Sedgwick. I attended and was asked to speak about FNS. The Washington Committee is composed of a hardworking group of people. This is very meaningful to FNS!

On Wednesday, December 4th, I flew to Boston to teach a Rural Public Health class for Whitney K. Robbins, former Board of Governors member, at the Boston University School of Public Health. This is the second year I have taught this particular class and have thoroughly enjoyed it.

While in Boston, I had planned to meet with the Boston Committee but the "flu bug" caught up with me! By the time I finished with the class I was so ill, I had to return home. I'm sorry I did not get to meet with them but hope to be able to join them soon.

All in all, this has been a busy season and looks like the early months of 1992 will be the same.

-Deanna Severance

FNS welcomes International Visitors

On January 2, 1992, the FNS was pleased to welcome three gentlemen from Kenya. David Kaninu, Justus Marete, and Sam Munga. They are currently working for Ministry of Health-Kenya Government. Arrangements were made for them to come to FNS by Pat Weinberg of Management Science for Health in MA. Their purpose for visiting us was to learn more about Rural Health Care.



David has a B.A. from the University of Nairobi, graduating in 1986. His duties include administration in areas of finance, personnel management, maintenance of buildings, equipment and vehicles, and coordinating the Primary Health Care Unit.

Justus has a B.A. from the University of Nairobi, graduating in 1987. He also received a diploma award from the Boston University in 1990. His primary duties are transporting management, estate management and day to day operations of the hospital.

Sam has a B.A. from the University of Nairobi, graduating in 1981 and has an advanced diploma in hospital and health services administration. He is employed as a District Hospital Secretary.

During their stay at FNS, they spent time in several of the hospital departments, visited with Community Health Center staff for an afternoon, and had the opportunity to visit with some local people. They say their visit has been very helpful in the project they are doing and the time spent here has been the most enjoyable since they have been in the United States.

I spent a lot of time showing these gentlemen around and the most fun we had was trying to teach each other our "accents". I tried, in ten days, to teach them how to talk like a real "hillbilly".

- Barb Gibson

OLD STAFF NOTES

Hannah D. Mitchell - Opelousas, LA. Sends a note saying she has been asked if she was one of the very earliest nurses on horse back with Mrs. Breckinridge and she says "I was truly one of the "firstest" and shared with the English nurses for several years until they were called back to England for war-time, and rode horse back so long I was able to shift to the first Ford car for transportation". She sends her dearest wishes to all.

Nancy Dammann - Sun City AZ. Says she's fine and enjoying her volunteer work, golfing, and writing.

Jeanne Black - Edgartown, MA. Courier '69-'70. Son Willie is now 17 and wants to go into Marine Biology; son Peter is 15 and plays junior varsity football. Both are on the traveling chess team. Jeanne sends her love to everyone.

Lorna M. Eckian - Winter Park, FL. Former courier. Made a change from nurse management and is now doing apprentice work as a diabetes educator at UNA. Her son Phillip is a high school senior and her daughter Deirdre is a high school junior.

Brad Gascoigne - Oakland, CA. Former FNS pediatrician. Sends lengthy letter of happenings over the past year. Has moved from Berkley to Oakland. Sends best wishes to everyone and plans to come visit soon.

Mrs. Jack (Jane) Scott - Hallendale, FL. Courier '59. Sends lengthy letter of happenings. Jack is working part time with the State, but basically he gardens while she's busy with volunteer work. Spent some time visiting family and friends this year. She sends love and best wishes for a Happy New Year to everyone.

Courier News

This fall was a whirlwind of activity for the couriers. Along with the usual duties, everyone was involved with a food booth at the Mary Breckinridge Festival, the FSMFN 100th class graduation, and once again, stuffing the Christmas appeal. The six couriers working in the elementary schools were kept very busy. They not only helped out in the classrooms, but coached sports, constructed a marvelous Haunted House at Halloween, aided the music and art teachers, and as word spread, they were asked to tutor more and more students on an individual basis.

Suzie Harding (88) came for a few days in October. We didn't see too much of her as she was out morning, noon, and night catching up with her old friends

Ali Kipp (91) is working for Planned Parenthood in New York City. She writes that **Jenni McHugh** (91) and **Jack Hedin** (91) are happy living on a farm in California and that she sees **Francis Key** (91) in New York often.

Gretchen Landwehr (91) is busy, busy in her senior year at Grinnell trying to decide what to go on to. We're expecting to see her back this summer.

Flora Jewell (90) sent in some great "Grab" items. She's settling into college at Green Mountain Vermont.

Christine Layton (83) stopped by the FNS display at the American Public Health Association Meeting in Atlanta this November to say Hi. Currently she is working for the Children's Defense Fund in Washington and is in the process of applying to medical schools. She still apologizes for totally wrecking one of the the cars. Christine...we forgive you!

-Susie Hudgins

FIELD NOTES

Fall brought us wonderful weather and a multitude of activities to attend to. The projects started during the summer were completed and we were able to keep up with the day to day maintenance of the buildings and grounds. The restored drainage system on the mountain works like a charm and, although we have had a deluge of rain recently, the mountain has held firm. When the weather warms up a bit we plan to extend the system up behind the Upper Shelf.

With many THANKS to the "Old Timers" contribution, the Pebble Workshop has a radial arm saw that is in use constantly. Work has begun in the Big House kitchen, with new drawers, new cabinet doors, and soon, new counter tops. The drawers glide!, the doors are aligned, the paint-coated latches that would not work are gone and when the counters go in they will be missing their mid-hump! Needless to say, Cassie is enjoying the new look and added convenience.

Wendover continues to be a place to come together, to renew old friendships and make new ones. We had students from various local nursing schools visit for the day, touring the facilities and having lunch. These tours are such a joy as the students are always so enthused by what they see and experience. Theresa Lansinger, a nursing instructor at Perdue University, visited for two days with four students. Each was able to spend time at the Beech Fork Clinic and observe Sister Sonia at work, tour the hospital and school, and meet with many other FNS people at Tea. Everyone went home with a new perspective for rural health care.

A number of meetings were held at the Big House. Besides the fall FNS Board of Governors meeting, the Bluegrass Area of the County Extension Service came for a luncheon meeting. Deanna met with the American Lung Association. The Kentucky Health Education and Training Centers was here overnight for their statewide meeting.

It was fun to see Floyd Merritt Clayton (former graduate student) and her son from the Midwest. They stopped by and spent the night.

-Susie Hudgins

In Remembrance of Celia Oseasohn

We would like to remember Mrs. Celia Oseasohn who passed away on October 20, 1991. Celia came to the Frontier School of Midwifery and Family Nursing on June 1, 1972. She completed Family Nursing 1 and left September 30, 1972. Celia was a faculty member of the University of New Mexico College of Nursing and had a RN, BSN and a MSN. During her time as a student at FNS she assisted with lecturing some of the classes and helped with writing the first student handbook.

Several of our staff members recall Celia's time as a student at the FSMFN. Dr. Gertrude Isaacs, who was the Director of the school, remembers her as a leader, very well-liked by everyone, very giving of her time, and was "just a kind gentle soul". Dr. Anne Wasson, one of the instructors remembers her as being "a wonderful person", and Trudy Morgan, a fellow-student, remembers her as "always interested in assisting other students". Sharon Koser worked with Celia in the old hospital clinic and remembers her as "always being happy". Sharon also recalls the dinners and the times of sharing at the the Big House with Celia, Bob and their daughter, Nancy, who was a courier in June and July of 1973 and again in 1975.

Celia's husband, Dr. Robert Oseasohn, was a Public Health Professor at McGill University. He came back to FNS with Celia in June 1973. Both did volunteer work in the clinics while other doctors were on vacation. Sharon remembers how "Dr. Robert" was very impressed with the old hospital clinic. Because of the limited space, more than one patient was evaluated in the same room and privacy maintained.

-Barb Gibson

In Remembrance of Henry Heyburn

Mr. Heyburn was a member of the FNS Board of Governors from 1966-1978 and an Honorary Board member until his death on October 3, 1991 at age 71.

Mr. Heyburn was born in 1920 in Boston. He attended high school in Louisville and graduated from Milton Academy and Harvard College and Harvard Law School. During WWII he was commissioned a Lieutenant and served with the 14th Armored Division in France, winning both a Silver and Bronze Star.

His father, John G. Heyburn, and his grandfather, William Heyburn, were successful politicians and business leaders. Both served on the Louisville Board of Aldermen. Mr. William Heyburn, the former president of Belknap Hardware and Manufacturing Company, built the Heyburn Building in 1926 that still bears the family name.

In 1950 Henry joined his father's law firm. From 1952 to 1958 he served in the General Assembly representing St. Matthews and other portions of Eastern Jefferson County.

In 1972, Mr. Heyburn co-founded the law firm of Brown, Todd, and Heyburn which began with 18 attorneys and today has 137.

Mr. Heyburn served on the boards of numerous charitable and civic groups. The work he did for the FNS will always be remembered.

Kate Ireland, National Chairman, said of Henry, "he was one of the most loyal board members, rarely missing a meeting and always helpful in all our discussions. One of his best attributes was listening to the discussions and then summarizing the good and the bad points, thereby putting everything in perspective. He had a wonderful sense of humor and was very devoted to FNS. We will miss him!"

-Deanna Severance

IN MEMORIAM

These friends have departed this life in recent months. We wish to express our sympathies to their families, and our gratitude for their interest in our work.

Grace Reeder

Hyden, KY

Ms. Reeder was a student of the Frontier Graduate School of Midwifery from 11-04-42 til 05-03-43. She was a loyal supporter of FNS for many years.

Susan Albritten Worley

Nashville, TN

Mrs. Worley was a graduate of the Frontier School of Midwifery and Family Nursing on 01-28-77. Susan worked in the clinics after graduating. Her husband, Gary, was the Chief Lab Tech at Mary Breckinridge Hospital.

Clay Bowling

Big Creek, KY

Mr. Bowling was the husband of Janice Bowling, former employee at Community Health Center and now a treasurer for the CHC Committee. He was a brother-in-law to the current CHC secretary, Joanne.

MEMORIAL GIFTS

We wish to express our deep appreciation to these friends who have shown their love and respect for the individuals named below by making supporting contributions, in their memory, to the work of the Frontier Nursing Service:

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IN HONOR OF

From time to time, we receive donations "In Honor Of" individuals who have an impact on lives of others. We wish to express our appreciation to them.

In Honor of Eunice K.M. Ernest
Eileen Morgan

In Honor of Miss Kate Ireland
Dr. and Mrs. John A. Hadden

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FORM OF BEQUEST

For the convenience of those who wish to remember the Frontier Nursing Service in their Wills, this form of bequest is suggested:

"I hereby give, devise and bequeath the sum of... dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky."

HOW ENDOWMENT GIFTS MAY BE MADE

The following are some of the ways of making gifts to the Endowment Funds of the Frontier Nursing Service:

1. **By Specific Gift under Your Will.** You may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.
2. **By Gift of Residue under Your Will.** You may leave all or a portion of your residuary estate to the Service.
3. **By Living Trust.** You may put property in trust and have the income paid to you or to any other person or persons for life and then have the income or principal go to the Service.
4. **By Life Insurance Trust.** You may put life insurance in trust and, after your death, have the income paid to your wife or to any other person for life, and then have the income or principal go to the Service.
5. **By Life Insurance.** You may have life insurance made payable direct to the Service.
6. **By Annuity.** The unconsumed portion of a refund annuity may be made payable to the Service.

The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.

Contributions to Frontier Nursing Service, Inc. are tax deductible under Section 501(c) (3) of the Internal Revenue Code of 1954.

Gifts of stock should be sent to:
FRONTIER NURSING SERVICE
Mr. John Foley, Assistant Treasurer
First Security National Bank & Trust Co.
One First Security Plaza
Lexington, Kentucky 40507

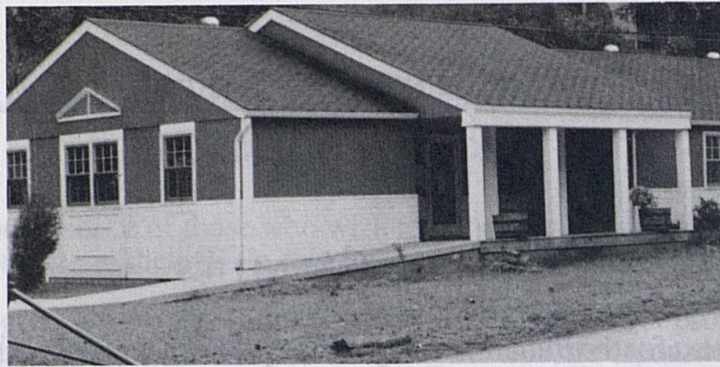
STAFF OPPORTUNITIES

Because text for the *Bulletin* must go to the printer several weeks before publication, it is not possible for any issue to contain an up-to-date list of job opportunities. Instead, we list types of positions that are most likely to be available and invite anyone qualified and interested to write for current information.

FNS Staff Opportunities:

Current Opportunities include: certified nurse-midwives, family nurse practitioners, registered nurses, x-ray technicians, physicians, and laboratory technicians. For current information or to apply for a position, contact Eva Morgan, Human Resources Manager, Wendover, KY 41775 (phone 606-672-2317)

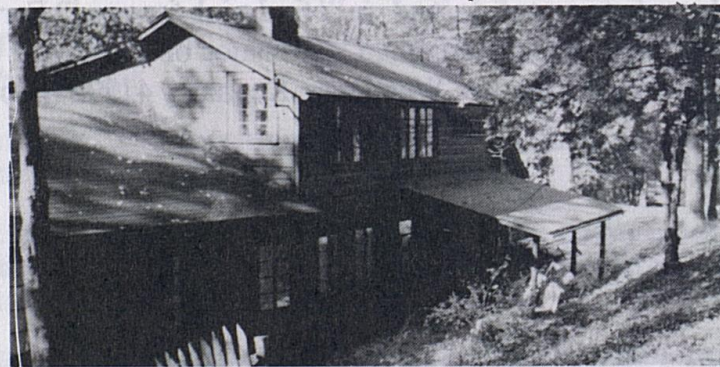
Couriers and Volunteers: This program has an ongoing need for all types of people, with all types of skills. The program is not limited to those interested in a health career. It encourages applications from anyone who is willing to volunteer for a 6- to 8-week minimum period and would like to be exposed to the work of the Frontier Nursing Service. ("You tell us what you can do, and we'll find a job for you.") For current information, write Susie Hudgins, Coordinator of Wendover and the Courier / Volunteer Program, Wendover, Kentucky 41775 (phone 606-672-2318).



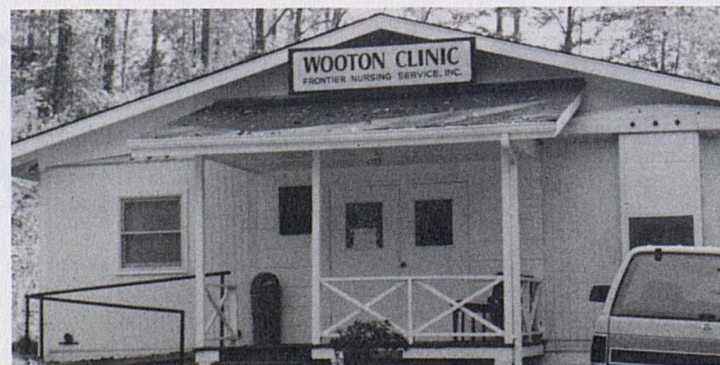
BEECH FORK CLINIC



COMMUNITY HEALTH CENTER



PINE MOUNTAIN CLINIC



WOOTON CLINIC

URGENT NEEDS

FNS has an urgent need for the items listed below and hopes that its friends will wish to contribute toward their purchase. Because of your generosity, we sometimes receive more gifts for a particular item than we need. In those instances, your gift will be applied toward another urgent need listed below. Donations should be sent to the Development Office, Frontier Nursing Service, Wendover, Kentucky 41775, where they will be gratefully received.

	Estimated Cost
Frontier School:	
Lighting Units	765
Shelving	300
Carpeting	718
Community Health Center:	
1 Vacuum Cleaner	400
Home Health Agency:	
4 Oscopes	800
7 Hairdryers	140
7 Electric Razors	140
Operating Room:	
4 Needle Holders (7 1/2 in.)	140
4 Mayo Scissors (7 in.)	140
4 Metz Scissors (7 in.)	140
First Temp. Ear Monitor	600
Pine Mountain Clinic:	
1 Durable Tape Recorder	60
Maternity:	
Required Teaching Video for Fetal Heart Monitoring	500
Wendover-Garden House:	
Renovation of Single Bath in Garden House	615
Wendover Promotion and Development Office:	
1 Laser Printer	950
1 Camera	150
Wendover-Human Relations:	
TV/VCR Combination for In-Service	400
Kate Ireland Women's Center:	
Front Door	169
Laboratory:	
Computer	1800
Medical Surgical:	
Mattresses	4000
Emergency Room:	
Patient Stretcher with Radiology Capacity	4500

FRONTIER NURSING SERVICE, INC.

Its motto:

“He shall gather the lambs with his arm
and carry them in his bosom, and shall
gently lead those that are with young.”

Isaiah 40:11

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives for rural areas where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and midwife training schools for graduate nurses; to carry out preventive public health measures; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them, at a price they can afford to pay; to promote the general welfare of the elderly and handicapped; to ameliorate economic conditions inimical to health and growth, and to conduct research toward that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them to cooperate with individuals and with organizations, private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

From the Articles of Incorporation of the
Frontier Nursing Service, Article III
as amended June 8, 1984