

FNS

FRONTIER NURSING SERVICE

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Number 4

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FRONTIER NURSING SERVICE

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Cover: The newly built trail from Wendover Pig Alley to Hurricane Pasture. The trails leads under the arch formed by two beech trees that grew together. *Photos by Barb Gibson*

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Frontier Nursing Service

Born in 1881 into a prominent American family, Mary Breckinridge spent her early years in many parts of the world - Russia, France, Switzerland and the British Isles. After the death of her two children, she abandoned the homebound life expected of women of her class to devote herself to the service of others, particularly children.

Mrs. Breckinridge established the Frontier Nursing Service (FNS) in Leslie County, Kentucky in 1925, then one of the poorest and most inaccessible areas in the United States. Mrs. Breckinridge introduced the first nurse-midwives in this country. Riding their horses up mountains and across streams in blizzard, fog or flood, the FNS nurses brought modern healthcare to families throughout an area of 700 square miles.

Until her death in 1965, Mary Breckinridge was the driving force behind the work of the Service whose influence today extends far beyond eastern Kentucky. Through the Frontier School of Midwifery and Family Nursing, hundreds of nurses have been trained and this important concept of family healthcare has been carried throughout the world.

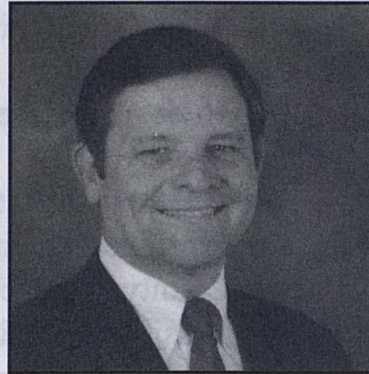
Today, FNS, Inc., is organized as a parent holding company for Mary Breckinridge Healthcare, Inc., Frontier Nursing Healthcare, Inc., which includes four rural healthcare clinics (Community Health Center, Beech Fork Clinic, Kate Ireland Healthcare Center and Dr. Anne Wasson Healthcare Center) and for the Frontier School of Midwifery and Family Nursing - the largest midwifery program in the United States. The Frontier School of Midwifery & Family Nursing also trains family nurse practitioners.

Remarkably, the purpose and philosophy of the FNS has remained constant since 1925

The Journey

by W.W. Hall, Jr., President & CEO

Our journey continues as we focus on our friends in Eastern Kentucky and their need for quality health care. As we join hands with those we serve delightful experiences have occurred:



Our staff has stepped up to share our vision and has provided valuable contributions of both hard work and creative ideas.

The community is supporting our efforts to expand our presence through the entire Appalachian area.

This success is built on a mutual respect for what we can do together.

Two new Board members; Mary Ethel Wooton and Rhonda Brashear (both from Leslie County) now compliment those already committed to the Frontier School of Midwifery & Family Nursing, Frontier Nursing Healthcare, Inc (clinics) and Mary Breckinridge Healthcare, Inc (hospital).

Service levels throughout the clinics and hospital are on the rise despite the usual slow downs which occur during the spring and summer months.

Public and private funding opportunities combined with disciplined financial controls further enhance our success.

We appreciate the friendships we have here in the mountains and those across the country who continue the heritage of the Frontier Nursing Service.

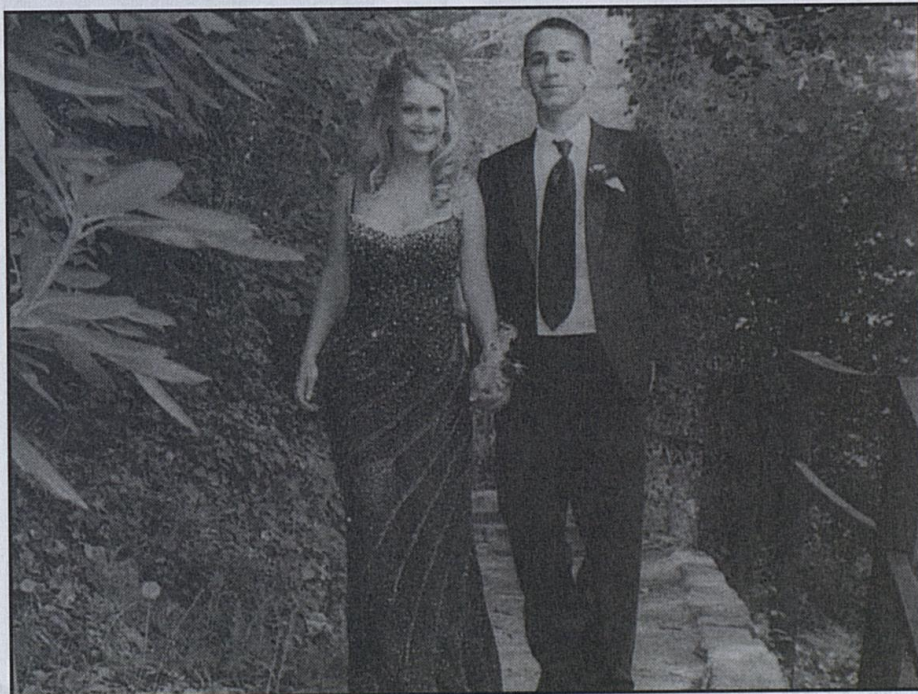
Wendover News

by Barb Gibson, Assistant to CEO

Guests

During the months of March, April and May, Wendover hosted 68 overnight guests at our Bed & Breakfast Inn and served lunch/dinner to 241 additional guests.

In honor of their graduation, Leslie County High School Prom King, Paul Turner and Prom Queen, Lee Anne Wooton, had a special dinner at Wendover, provided by Lee Anne's Aunt, Mary Ethel Wooton, MBHC Board Member. Lee Anne is the daughter of Jimmy Wooton, Leslie County Property Valuation Administrator, and Paul is the son of Bill and Gail Turner. Lee Anne and Paul will begin school at the University of Kentucky this fall. We encourage Leslie County graduates to plan their "Prom" dinner at Wendover next year!



Lee Anne Wooton and Paul Turner at the Big House during their Prom dinner

Maintenance Projects

Work this spring involved clean-up projects (staining, painting, etc) and renovation of the Hurricane Workshop. The newly renovated building will be used for activities for Frontier School of Midwifery & Family Nursing students and faculty, special meeting facility, family reunions, staff activities and Board of Governors' functions. Recreational equipment will be available and a trail has been built from Wendover Pig Alley to Hurricane Pasture for our Bed & Breakfast Inn guests. A report on progress will be in the next *Quarterly Bulletin*.



“The Trail Crew” - work on trail from Pig Alley to Hurricane Pasture - left to right: David Wilson, Joey Roberts, Chris Wilson, Tommy Hubbard

Tours

Anna Carey, Tour Guide wrote the following report:

April and May were extremely busy months for tours. We have toured 173 people in the last eight weeks. Most tours were given to college students from places such as Southeast Community College, McKendree College, Anderson University, University of Kentucky and Big Sandy Technical College. These students toured Wendover and FSMFN and also spent time in the clinics, with doctors, and going on Home Health visits.

Wendover was pleased to have a former FNS nurse and a Courier from the late 1950s here at the end of April. Sally Foster, former Courier, and Pat Meinerts (formerly Heller), former nurse, stayed at Wendover and spent the week visiting FSMFN and the old Beech Fork Center, among other things. After leaving FNS, Pat spent the next 30 plus years doing mission work in Cameroon, Africa. Sally has worked in the Peace Corps, traveled extensively, and had four children's books published. She was kind enough to bring us a wonderful book she put together including photographs and writings of her time here in the winter of 1959. A special thank you to both Pat and Sally for sharing their stories.

If you haven't visited historical Wendover, we extend to you an invitation to come spend the night at our Bed & Breakfast Inn.

Mary Breckinridge Healthcare, Inc. News
by Mallie Noble, Administrator

National Hospital Week

The staff at Mary Breckinridge Hospital have been celebrating National Hospital Week. This year we are celebrating 76 years providing hospital services to the citizens of Eastern Kentucky. The Hyden Hospital opened in 1928 with 28 beds. In 1975 the Mary Breckinridge Hospital opened with 40 beds.



Critical Access Hospital Update

April 2, 2004, Governor Fletcher signed HB 323, Kentucky Hospital Association Critical Access Hospital legislation. This bill conforms Kentucky's Critical Access Hospital law to the changes in the Medicare Prescription Drug, Improvement and Modernization Act and allows Critical Access Hospitals to have up to twenty-five acute care patients. Thanks to the staff at the Kentucky Hospital Association for helping get this bill passed.

Updated Telemetry

I am very pleased to announce that we are in the process of purchasing an updated telemetry unit. This twelve bed unit will allow us to monitor patients with chest pain, electrolyte imbalances, and basis dysarrhythmias.

National Volunteer Week

During National Volunteer Week in April, staff at MBHC honored members of the Ladies' Auxiliary Committee with a luncheon and flowers recognizing their hard work and dedication. Members include: Jean Campbell, Lois Wells, Wanda Sizemore, Pearl Lewis,

Mae Campbell, Kathleen Lewis, Elizabeth Feltner, Mossie Brock, Jan Wells and Lucy Lewis.

Baby Shower

On April 1, 2004, MBHC administrative staff, Dr. Madeline Tan, Pediatrician, and the nurse midwives from the rural healthcare centers participated in a county wide "Baby Shower" sponsored by the Leslie and Perry County Extension Offices. The Baby Shower was held for new and expectant mothers to provide education on caring for mother and child. Classes were held about birth and delivery, breast feeding, child safety and restraints, childhood diseases, immunizations, caring for the teeth and many other topics. The following is a quote from Mary Breckinridge concerning children, in her biography, *Wide Neighborhoods*:

"There is a work beside which all other strikes me as puerile - the work which seeks to raise the status of childhood everywhere, so that finally from pole to pole to this planet all of the little ones come into that health and happiness which is their due. If everyone who had ever loved a child would do his part this might come to pass. What if we do not understand? What if we cannot be held responsible for the way God has ordered his world? There lies nevertheless deep in the heart of every child lover a feeling of responsibility, which will not let him put the thing aside. If God cherishes his little ones only in my breast, says the child lover, he cherishes them there, and I fight for them - fight until that ancient saying has come true, until he shall gather the lambs in his bosom and gently lead those that are with young. And when the crooked paths are made straight and the waste places smooth it will be time enough for me to understand." Mary Breckinridge, *Wide Neighborhoods*.

Indiana Wesleyan University

Each spring students come from Indiana Wesleyan University for an intercultural experience. Jaime Shirriffs and Dina Hamadi, RN

students, had the opportunity to travel with the Home Health nurses and to observe practitioners in our rural healthcare centers.

Chamber of Commerce Civic Night

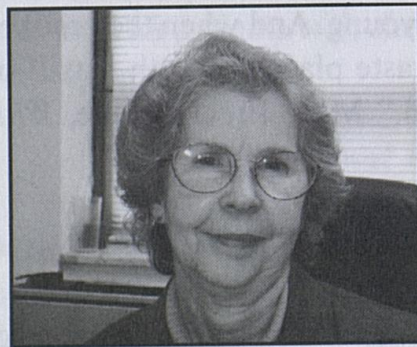
Frontier Nursing Service participated in the Hyden-Leslie County Chamber of Commerce 2004 Civic Night Awards and Recognition honoring many of the local businesses and individuals for their service and dedication to our community. MBHC recognized four individuals on this special night: Juanita Johnson, Administrative Assistant and Librarian has worked for FNS for 33 years. Juanita is also Treasurer for the Ladies' Auxiliary Committee and is Secretary for the Mary Breckinridge Festival Committee; Betty Helen Couch, Director of Quality Assurance, has worked for FNS for 32 years; Deloris Wooton, Manager of Housekeeping and Laundry, has worked for FNS for 27 years and Dr. Madeline Tan, Pediatrician, who recently joined the staff. Congratulations to Juanita, Betty Helen, Deloris and Dr. Tan!



Dr. Madeline Tan



Betty Helen Couch



Juanita Johnson



Deloris Wooton

Easter Egg Hunt

Mary Breckinridge Hospital sponsored an Easter Egg Hunt in the City Parking Lot for children ages twelve and under for the entire community. Participation was excellent. Children had the opportunity to meet the Easter Bunny and have their snapshots taken. Thanks to all the staff at MBHC for helping put this event together and thanks to Mrs. Rhonda Brashear for the suggestion. We plan on making this an annual event.



Childrens' Easter Egg Hunt at City Park in Hyden

Frontier Nursing Service Foundation, Inc. Update
*by Stephen P. Brown, AAMS, RFC, Executive Vice-President
for the Advancement of FNS, Inc.*

This article begins a new series for the *Quarterly Bulletin*. From quarter to quarter we will be providing a running commentary on the progress of the FNS Foundation and its goals for all lines of business associated with FNS. We hope it is informative to all recipients of the *Bulletin*, but more importantly, a tool to be passed on to future friends of FNS.



Over the past quarter we have been extremely busy updating the Foundation office. This update comprises computer equipment and programs which will simplify our reporting and fundraising activities. We have begun the process of producing and organizing all forms of past contributions (as well as current), based on entity, use, type and frequency. Anndraia Bales at our Wendover office has accepted this arduous challenge and has performed exceptionally. Anndraia anticipates a completion date in mid-August, which tells you the magnitude of the project.

We are currently in the process of building a link to the FNS web page which will give full information, as well as credit card capabilities, for donor contributions. A comprehensive list of charitable organizations/corporations has been compiled for grant requests, with some 40 requests being sent to date.

We have been working very closely with the Frontier School of Midwifery & Family Nursing, Mary Breckinridge Healthcare, Inc., Frontier Nursing Healthcare, Inc. (clinics) and FNS Real Estate to establish current needs, as well as a 5-year plan to establish fundraising needs and objectives unique to each line of business.

Starting this summer, we will begin to "re-establish" our connections with our city committees as well as creating new ones. Any and all help would be accepted. If you should have questions or ideas, please feel free to call me direct at 859-253-3637 ext. 42. Our ultimate goal is to bring FNS into the National forefront.

As you can tell, we have a lot on our plate, but we like it that way! As we move forward with this series, you will be encouraged, perhaps impatient to see what the next *Bulletin* will report.

Remember, the continued health and welfare of the women and children of the Appalachian Mountains of southeastern Kentucky is directly proportionate to your continued financial gifts. If you have not given lately, please do so.

Request

Edie West, Writer, has been accepted to the University of Wales in Bangor to begin studies on a Research Ph.D. with a focus on Nursing History. Her proposal is entitled "An Historical Analysis of the Frontier Nursing Service: The Early Years 1925-1950." She hopes to gather information about Mrs. Breckinridge when she was in the U.K. Edie wants to find former FNS nurses and families of deceased nurses in the UK. If you have information you may contact Edie at the following address/e-mail:

Edie West
121 Arlene Drive
N. Versailles, PA 15137

Phone 906-635-9071
E-mail libwes@earthlink.net or edie@nmo.net

Frontier Nursing Clinics Update

by Dr. Julie Marfell, Executive Director

The dedication of the FNS Dr. Anne Wasson Rural Healthcare Center was held April 16th. Community members, the staff from all the corporations and the Board of Governors attended this dedication ceremony. We all fondly remembered Dr. Anne and her work for the Frontier Nursing Service. We unveiled plans for renovation of the existing clinic space that includes a new waiting area, reception desk, triage and renovation to some of the existing exam rooms. The goal of the renovation is to improve patient flow through the clinic and improve efficiency in the work areas for the staff. Everyone is very excited about the changes and we ask the community to pardon our dust as we go through this process.



Dedication of the FNS Dr. Anne Wasson Healthcare Center - left to right - W.W. Hall, CEO; Dr. Julie Marfell, Executive Director of FNH; Miss Jane Leigh Powell, Chairman of FNS Board of Governors; and Nathan Lee, VP of Finance

Our community outreach continues. Kathryn Lauderdale, FNP, and Linda Aherns, FNP, spent an afternoon with the local Girl Scout troop teaching health and hygiene. This is one of the many projects planned for the coming years to increase our work in the community. We recently were awarded a grant for the Reach Out and Read Program. This program focuses on the importance of the healthcare provider in the role of literacy. The Reach Out and Read Program trains healthcare providers to advise parents about the importance of reading aloud and to give books to children at pediatric check-ups from six months to five years of age. By building on the unique relations between parents and healthcare providers, this program encourages early literacy skills so children enter school prepared for success in reading.

Our goal is to continue to focus services on families and, especially in the upcoming months, on children. This summer we will begin emphasizing safety. Both Leslie and Clay Counties have a high number of deaths attributed to accidents and injuries. The number of deaths in both counties is higher than the average for accidents caused from lack of seat safety. Our first project will be to focus on car safety, making sure each car that comes to our clinics has access to a car seat that is properly installed - not just for infants but older children as well.

This will be a continuing process and we intend to focus on the safety related guidance done for all children on their well visits over the course of the next year. This will be the FNS Campaign for Safe Kids. Our intent is to kick this off in July with our car seat program. Thanks as always for the support of our donors who help make these projects possible.

Frontier School of Midwifery and Family Nursing News

by Dr. Susan Stone, President & Dean

There is much excitement in the air as we confidently prepare for our SACS (regional) accreditation site visit in July. We are making the final touches on the voluminous reports required and have already started preparation for the accreditation site visits by the National League for Nursing and the



American College of Nurse-Midwives scheduled for October 4, 2004. These evaluations are critical steps toward our goal of becoming a fully accredited Graduate School offering a Master of Science Degree in Nursing (MSN) with a specialty in Nurse-Midwifery or Family Nurse Practitioner or both. Most important to all of us here, however, is that we will have fulfilled Mary Breckinridge's vision for the school when she established it in 1939.

The accreditation process has been an arduous, five-year journey. It has been worth all the effort as we have all learned a great deal. Dr. Carol Panicucci, FSMFN Coordinator of Graduate Education, has been instrumental in this process. She has not only been a great teacher but also an enduring source of inspiration and information. The accreditation process has assisted us in evaluating and improving all aspects of the School from curriculum to facilities to accounting.

There are a number of changes in the wonderful Hyden support staff, the most significant of which is the retirement of the school Registrar of 28 years, Jeanette Woods. Jeanette's attention to detail has been at the center of the satisfaction expressed by students and faculty over the years. It is perhaps best stated by a grieving staff: "Jeanette knows everything there is to know about the School. She is like a history book. She knows every graduate. She evens remembers what they look like. She loves Frontier.

She is one of those people that can never really be totally replaced." But Sherri Davis, former Academic Resource Coordinator, has bravely stepped up to the Registrar's plate to learn the ropes under Jeanette's tutelage.



Sherri Davis, Judy Pennington and Jeanette Woods

Vicky Riley, Financial Aid Officer for five years, is leaving to pursue the completion of her Social Work studies. Judy Pennington, Executive Secretary for 11 years, is stepping into the Financial Aid Officers position. Both Judy Pennington and Sherri Davis will be attending the training sessions of the Southern Association of Student Financial Aid Administrators in Florida in June.

Billie Couch, born and raised in Hyden, a graduate of Leslie County High School and student member of the "Future Business Leaders of America", came from the Medical Records Department of Mary Breckinridge Hospital to fill the position of Secretary/Receptionist at the School. See photo of Billie on next page.



Billie Couch, FSMFN Secretary/Receptionist

Justin Rice, another Leslie County native and graduate of Spencerian College in Lexington, is the newest member of the Multimedia Team. He joins Jesse Heseman and Cherie Bunch as a multimedia coordinator under the leadership of Heather East, a resident of Perry County, who holds a bachelor's degree in Radio-TV Communications from Morehead State University. Leslie County resident, Frank Baker, also a graduate of Spencerian College who works as the Computer Technician for all the FNS companies, assists the multimedia team. This talented team has completed the web-based instruction for all courses and is currently working on a greatly expanded communication and information system. See photo of multi-media team on next page.



Multi-media team: left to right - Jesse Heseman, Justin Rice, Heather East and Frank Baker

Jeanna Couch, also a Leslie County native, is replacing Ellen Schellhause as our full-time Librarian. Ellen, who worked very hard for us for one year, has decided to move back north. Jeanna is a graduate student at the University of Kentucky and will complete her advanced library studies in December 2004. Bet Ison of Morehead, Kentucky, assists her in her work. Bet is a Master Librarian who will be assisting Jeanna as she strives to both finish her education and continue the development of library services at FSMFN. See photo of Jeanna on next page.

It is very hard to have some of our devoted and loyal employees leaving us. They will always be considered members of the Frontier family. At the same time, these changes have brought a burst of new energy and ideas to our School. We are excited and look forward to great success as we head toward the future.



Jeanna Couch, Librarian

WEBSITES

Frontier Nursing Service - www.frontiernursing.org

FSMFN Community Based Nurse Midwifery Education Program (CNEP) - www.midwives.org

FSMFN Community Based Nurse Practitioner Program (CFNP)-
www.frontierfnp.org

Courier Program News *by Anna Carey, Tour Guide*

Three Couriers have arrived here at Wendover for a summer stay. Celeste Lindahl, Vanessa Guy and Chase Garrison all arrived at Wendover Sunday, May 16th. They will be staying until mid-July.

Celeste attends Allegheny College in Pennsylvania where she will be a senior this fall. She is majoring in chemistry and will pursue a career in the medical field possibly through becoming a physician's assistant. Over the years, Celeste has done much volunteering including spending time at her local hospital in Reston, Virginia, and working in her college community of rural Meadville, Pennsylvania. Vanessa is a spring graduate of the University of South Carolina in Aiken, a major in biology. She has worked as a lab research assistant, a teaching assistant and a tutor, combining her interest in medicine with that of education. Chase was born and raised in Leslie County and has served his community in a variety of ways. He has worked for the Leslie County Board of Education and the Stinnett Area Community Center, among other things. He hopes to become a physician.



Couriers Chase Garrison, Celeste Lindahl and Vanessa Guy

We are so happy to have Celeste, Vanessa and Chase with us this summer. We are expecting at least two, maybe three more Couriers by the time the summer ends.

Old Courier News

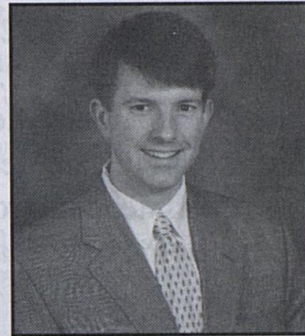
Former Courier Kate Fox sent us a card from Bennington College in Vermont wishing everyone well and speaking of her summer plans to visit Kentucky sometime in mid-August. Kate also mentions former Couriers Zubin Soliemany and Keith Hendershot whom she sees often on campus.

Note of Appreciation from Bed & Breakfast Inn Guests

“We so appreciate the warm hospitality each time we stay at Wendover. This last month we stayed while attending the funeral of our uncle. When he was a small boy, a rabid dog bit him. Without the FNS nurses, he would have surely died. Somehow, even in the depths of the Depression, they obtained the rabies antitoxin and gave him the daily shots as required. Our family has long appreciated all the care provided by FNS.” - *Richard & Margo Tennis and Mary Alice & Don Tanner*

**FNS, Inc. Appoints Nathan Lee, CPA,
Vice-President of Finance**

A native of Madisonville, Kentucky, Mr. Lee brings several years of public accounting experience with national firms such as KPMG, Peat Marwick and Pricewaterhouse/Coopers, as well as with the Lexington-based accounting firm of Dean, Dorton and Ford. Throughout his career, Mr. Lee has worked with clients in a variety of industries, but has focused primarily on organizations in the healthcare and not-for-profit sectors.



Mr. Lee is a cum laude graduate of Transylvania University where he majored in Business Administration with dual emphases in Accounting and Finance and received graduating honors in Business Administration.

Mr. Lee is a member and Deacon of Second Presbyterian Church in Lexington, and serves as a volunteer with the Lexington Arts and Cultural Council and Junior Achievement of the Bluegrass.

Mr. Lee and his wife, Blair, live in Lexington with their daughter, Palmer, and their other "daughter", a four-year-old Jack Russell Terrier named Napa.

In Memory of Nurse-Midwife Betty Mary (Liz) Palethorp

Liz Palethorp passed away peacefully at her home in England, Saturday, May 22, 2004. Liz arrived at the Frontier Nursing Service October 14, 1956 and worked for a year as Assistant Superintendent at the Hyden Hospital. She then transferred to the Beech Fork Nursing Center for a year and returned to Hyden Hospital as Superintendent from 1958 until 1967 at which time she returned to her home in England.

In the *Quarterly Bulletin*, Winter 1967, Volume 42, Number 3 issue, Peggy Elmore wrote the following comments about Liz when she resigned to go back to England:

“Liz Palethorp has been the Superintendent of Hyden Hospital for the past eight and a half years. The job of hospital superintendent in the FNS is rather a unique experience and over the years Liz has found herself involved in widely diverse activities. This has not been the sort of job that could be done in eight hours a day, five days a week. But no chore was too much, no hours too long, no responsibility too great - not even the responsibility of keeping Hyden Hospital going during that most trying period some years ago when we were without a doctor for eleven long months.”

The following comments were written by Noel Fernandez who worked with Liz at FNS:

“The day after Liz Palethorp stepped off the Black Brothers’ bus from Lexington to Hyden, her cheerful voice rang out in the corridors of the clinic and we knew that a very special person had arrived in our midst. She had a way of lighting up her surroundings with her down-to-earth wit and humor. She had great faith and with it, served one and all with a rare degree of dedication and conscientiousness. She was admired and loved by all and was an excellent and caring midwife. Those who knew her were much enriched by her.”

Mountain Artist Sherman Wooton Dies

Sherman Wooton, Hyden, Kentucky, age 93, died February 26, 2004. Sherman was a wood craftsman and taught FNS Couriers wood working for many years. He made chairs and other furniture without the use of electrical tools, using wooden pegs instead of nails or metal fasteners. His chairs were works of art and sold for hundreds of dollars. Presidents Ronald Reagan and George H.W. Bush owned chairs made by Sherman.



Sherman Wooton - frying fish for Couriers

Sherman lived in California for 25 years but was living in Hyden at the time of his death. He was a veteran of World War II, of the US Navy and a member of the Hyden Masonic Lodge.

IN MEMORIAM

Elizabeth Ann Campbell Hall, Sewickley, Massachusetts, died January 7, 2004. Mrs. Campbell served three terms as a Courier at FNS in the early 1940s.

In Memory of:

Robert Phipps, Jr

Karen Thomisee

Thomas L. Grant

Ms. Anne M. Lorentzen

William T. Young

Miss Jane Leigh Powell

John Kerr, Jr.

Miss Jane Leigh Powell

Nora Lee

Miss Jane Leigh Powell

Marjorie Perry

Ms. Ann Day

Mrs. Marie G. Eaton

Mrs. Robert D. Hunter

Perkins, Smith, Cohen, LLP

Miss Jane Leigh Powell

Mr. Morris Tyler

Col. Gerald C. Thomas

Col. James T. Breckinridge

Helen Fedde

Mrs. A. Eileen Cunningham

Togel Godley

Mrs. Robert E. Spiller

Curwood Huff

Mr. & Mrs. Richard Tennis

Mr. & Mrs. Don Tanner

Mr. Horst Mendershausen

Mrs. Horst Mendershausen

Sherman Wooton

Mr. & Mrs. Fred Brashear

Mrs. Ruth S. B. Hamilton

Ms. Carol S. Keen

Miss Nancy Ann Steele

Karen Thomisee

Mr. Elmer Whitaker

Mr. Jack E. Whitaker

Dr. Stuart Graves

John Ware, MD

IN HONOR OF

Alice Pl Huff

Ms. Kay Huff

Barbara Post

Ms. Cynthia A. Chatham

FNS and Subsidiary Corporations

FNS, Inc:

- William W. Hall, Jr., *President & CEO*
- Barb Gibson, *Assistant to CEO*
- Nathan Lee, *Vice-President of Finance*
- Steve Brown, *Executive Vice-President for Advancement of FNS, Inc.*
- Kevin Couch, *Assistant Controller*
- Beulah Couch, *Director of Human Resources*

Frontier School of Midwifery & Family Nursing (FSMFN):

- Dr. Susan Stone, *President and Dean*
- Dr. Julie Marfell, *Chair of Family Nursing/Executive Director of Frontier Nursing Clinics*
- Dr. Susan Ulrich, *Chair of Midwifery & Women's Health*
- Dr. Carol Panicucci, *Coordinator of Graduate Education*

Mary Breckinridge Healthcare, Inc:

- Mallie Noble, *Administrator*
- Linda Craft, *Director of Nursing*
- Ferdousi Begum, *Internist*
- Madeline Tan, *Peditrician*
- Roy Varghese, *Internist, Chief of Staff*

Frontier Nursing Healthcare, Inc.

- Linda Ahrens, *FNP*
- Heidi Froemke, *FNP, Director of Rural Healthcare Clinics*
- Katherine Lauderdale, *FNP*
- Angela Mitchell, *FNP*
- Lynn Wilkening, *CNM*

FNS, Inc.

(the parent)

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Form of Bequest

For the convenience of those who wish to remember the Frontier Nursing Service in their Wills, this form of bequest is suggested:

"I hereby give, devise and bequeath the sum of . . . dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky.

How Endowment Gifts May be Made

The following are some of the ways of making gifts to the Endowment Fund of the Frontier Nursing Service:

1. By specific gift under your Will - you may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.
2. By gift of residue under your Will - you may leave all or a portion of your residuary estate to the Service.
3. By life insurance - you may have life insurance made payable direct to the Service.

The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.

Contributions to the Frontier Nursing Service, Inc., are tax deductible under Section 501 (c) (3) of the Internal Revenue Code of 1954.

Gifts of stock should be sent to:
Frontier Nursing Service
Mr. John Foley, Treasurer
Fifth Third Central Kentucky Trust
250 West Main Street, Suite 100
Lexington, KY 40507

URGENT NEEDS

FNS has an urgent need for the items listed below and hopes that its friends will wish to contribute toward their purchase. We sometimes receive more gifts for a particular item than needed. In those instances, your gift will be applied toward another need.

Community Health Center:

Welch Allen Speculum Light (2)	330.00
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Emergency Room:

Doppler	600.00
Digital Camera with Printer Dock (for sexual assault)	446.44

Lab:

Antifatigue Floor Mats	543.66
Lab Coats (20)	350.00
Blood Bank Centrifuge	1,279.20

Medical/Surgical:

Digital Camera and Printer (for wound documentation)	446.44
Hill Rom Relaxer Chair (5) (for patient rooms)	4,090.00

Nursing Administration:

Pediatric ALS Training Model	650.00
Pediatric Model Replacement Bones	50.00

Respiratory Therapy:

Hand Held Pulse Oximeter	629.00
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FRONTIER NURSING SERVICE, Inc.

Its motto:

“He shall gather the lambs with his arm and carry them in his bosom, and shall gently lead those that are with young.”

Isaiah 40:11

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives and nurse-practitioners for rural areas where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and educational programs for nurse-midwives and nurse-practitioners; to carry out preventive public health measures; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them, at a price they can afford to pay; to promote the general welfare of the elderly and handicapped; to ameliorate economic conditions inimical to health and growth, and to conduct research toward that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them to cooperate with individuals and with organizations, private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

From the Articles of Incorporations
of the Frontier Nursing Service.
Article III as amended June 8, 1984