

march 16, 2020

Life interrupted by

COVID 19 {Pandemic}

CORONAVIRUS is here! 1st death in KY!

Schools are closed. Bars and restaurants are closed.

No gatherings of 50 people. ~~over~~

It is crazy scary!

I am quarantined at home. Not allowed to go anywhere. Kenna can't stay with us. Thankfully Molly can watch her. But I will miss her dearly! #! I think we are all overwhelmed by the aspects & effects of this virus. It's very contagious and deadly to older (60+)!

It is going to alter life as we know it... Travel is affected. Europe is the epicenter. Italy, Spain, China are really widespread + shutdown. This is a truly novel time of great concern!! It's incredible the changes that are taking place. to stop the spread.

I don't think schools will re-open until August. It's going to be a tough 2-3-4 months while we go thru this. Life is going to be very different! Lots of money lost! Jobs are gone, the stock market is going crazy + lots of sub economy is going to suffer! A recession is eminent... that's scary too.

We just don't know!! Everything is so scary and we just don't know what will happen. It's a nightmare we are living!! It's like a bad movie. We have to wait to see how this works out... Meanwhile it's **OMG!**

This is a difficult thing to deal with - an invisible enemy. It's hard to accept, hard to know what to do... the unknown is here!

March 18, 2020 Jona's Birthday #8

But his celebration is postponed...
This week - it's only Wed! - has been
insanely intense. The President &
the Speaker have been on TV with
hour long speeches/conferences and
special news shows. It's been really
hard to process how serious this
is and all the effects. How are we
going to survive this long term??
Who could have seen this coming??
It's crazy, it's scary, it's unbelievable.

March 20th, 2020 Friday
Life is really crazy... unprecedented
is a significant label.
We have 47 cases in Kentucky
and 2 deaths.

16,067 U.S. Cases

219 Deaths

15,723 infected pts. (67% Serious/
Critical)

New York and California are really
bad and have a lockdown in place.
Lots & lots of people are out of work.
Grocery stores are emptying out in
panic buying - toilet paper!

COVID-19 ☹️

63 KY 2 deaths

It's a trying time and lots of uncertainty.

Staying home is your best bet!

And being mandated in some cases.

Someone like me with heart issues

& diabetes cannot go out.

Life is changed for now...?? no

clue how long this plague will go on.

It's definitely causing repercussions

that are harmful to our economy, and

our normal way of life.

Borders are closed with Canada

and Mexico. Travel is closed

down too. The borders are closed

in other countries ~~too~~. Italy has

had a lot of deaths. Europe has been

hit hard.

God helps us all....

⇒ Me? I'm feeling stressed

worried, and my mind is blown.

Like everyone else!? I'm missing

my Kenna and my normal life.

This drama & trauma is very

frustrating and confusing but

it is what it is.

Survive until it's over.

It has taken my mind off other

things that's for sure.

103 Cases 3/22 (174 Countries)

Beshear is on TV everyday at 5pm. He's been so professional & so good! Thank goodness we have him. He is really doing a great job in the face of such a challenge of unbelievable magnitude.

It's hard to process the seriousness and the balance between that and those who are going overboard. People are hoarding food, toilet paper (?), sanitizers, antibacterial wipes, etc... cleaning stuff, bleach. I don't understand the jumps to "panic". The people buying guns and ammo really frighten me. I don't know why there is that kind of panic happening.

The Governor is closing the retail stores as of 8pm tomorrow. Keep more people at home, less mass to wander out & about & spread the disease. I don't know why people aren't saving their money! It's going to be a long while! It's tough to change old habits. I mean staying home will be hard for lots of people. I'm pretty used to it myself.

The loss of freedom to go where & whenever you want is really hard. It changes your mindset.

How many businesses will go under? How long will it be for a true recovery? What will the fallout be?? I can't begin to visualize the positives & the negatives. I only know there will be both.

It's quite the conundrum! A real situation of tough choices, true sacrifices, and scary consequences!!

WOW - I am completely mind blown and overwhelmed by the uncertainty. I miss Kenna & she miss me. That's the most painful part!

Week 2 is only just begun.

Sadly not everybody is helping. Some don't practice social distancing, some are still hoarding.

It's too bad they aren't ethical in this time of dire need.

STATE of Emergency

STAY HOME

124 Cases 3/23 48 deaths
(46,000 US) (590 deaths US)
All non-essential businesses - clothing, shoes, mall, jewelry, etc... retail stores closed by 8pm tonight. Auto dealers closed.

Nitachi closed, Paul is home.
Robin may get laid off... Oh dear!?

3/24/20 STATE OF EMERGENCY

We are living in a new world and it's getting very ugly!?! Our stores are closed, our restaurants only do take out if they are open. All stores (Retail) are closed. Life is limited. Schools are closed and may not open again this school year! Car dealerships closed too. And the death toll climbs, the number of cases for the virus rises. The economy is in free fall.

Calling all angels... we are in need as lives are lost, charged, challenged, and uncertainty surrounds us with fear.

This is as they say unprecedented and we're fighting an invisible enemy blindfolded. What will we have to deal with when it's over??

3/24/20 163 cases 4 deaths
1-800-722-5725 HOT LINE
STAY HOME

3/25/20

Closing non-essential businesses -
Robin is laid off... I hope it continues
to help.

The President says it will all be
over by EASTER - April 12th! #? This
wishful thinking is false hope!
I doubt it will be over by then... it
would be great... but not likely.

New York is hit hard. They have
a cross there and is the new epicenter
in the U.S. Washington state and
California have high numbers too.

US	59,502	804 deaths
WORLD	438,283	19,650 deaths
	196 countries	

Calling all angels...

Kentucky is 33rd in # cases
Tennessee is 14th
Ohio is 16th
Florida is 7th
New York is #1 (over 25,000!)

3/25/20 {Escalation of cases}

New Cases: 198 (+35)

5 deaths (+1)

		<u>Deaths</u>
3/26/20	Globally	22,295
	US	1,067

Over 1,000 deaths from Coronavirus in the US!

A Recession is imminent! #?

Very concerning, very sad.

Over 2,000 cases in Florida and 27 deaths.

The world in chaos and we are flying by the seat of pants trying to fix it. The challenge of our

lifetime is a contagious deadly

disease that knows no age limit and threatens to topple our economy & bring it to its knees.

I stay home... missing my grandchildren & their hugs.

3/26 248 (+50) 5 deaths
New Cases

More monitoring of playgrounds, basketball courts, campgrounds and possibly closing them by law enforcement & mayors.

3/27 "We will get thru this together."
We will get thru this together.

US: 85,356 Deaths: 1,246

NY: 45,000⁺ Deaths: 500⁺
54,600 NY, NJ, CT 648 NY, NJ, CT

Increase Social Distancing
(6 ft apart) STAY HOME

KV: 302 cases (+54) 8 deaths (+3)

Unemployment: 3.3 million Amer.

\$ 2 TRILLION Stimulus Pkg passed
to help the economy

\$ 1,200 for persons \$75,000 & less income
\$ 500/child (Couples under \$150,000)
\$2,400

3/28/20 UPDATE (Escalation)

Every day at 5 with Gov. Beshear

new (+92) 394 KY cases 8 deaths

NY: 29,158

No PUBLIC Gatherings!!

3rd week

3/29/20 UPDATE

new (+45) 439 KY cases

{ NO NEW
Deaths }

NY: ~~32,308~~ Deaths: 678
59,313 965

KY is 33rd in # of cases

3/30/20 3rd week

NY Cases 480 Deaths 10
(+42) (+2)

It's continuing as we fight the coronavirus.

We are ordered to stay home. I am. It's been hard for others, but I am more used to it since my retirement.

I keep in touch with my friends by text. We face time + phone with our grandkids.

3/31 "STAY Healthy at Home"

+114 New Cases +6⁺ new deaths
594 TOTAL 18 TOTAL

NY 40,900 932

Case ↓ deaths ↓

NY 75,000⁺ 1,550

US 185,159 3,773

(6,347 Recovered)

April 1st, 2020 Wed.

New Cases: ~~68~~⁷⁰ Deaths: 20
(+93) (dup? out of state) (+2)

(lower rate of increase)

A critical month!

- Keep making those sacrifices!
- Stay Healthy at Home } A test of our
- Social Distancing } humanity!
- DO NOT TRAVEL
- The Challenge of our time
- Cases in every county now...!
- Choices have consequences!! Life/Death
- It is daunting and depressing.
- You should not ~~watch~~ this all day.

It's too much...

- 6th Doctors have died. Health care workers are stressed out. There is fear everywhere.

- Who will get it? Who will die?
- Financial/economic concerns are thru the roof. Jobs are lost, people are unemployed by the ten thousands.

- It's truly a "difficult" time putting it mildly... It's beyond what anyone expected.

- We are suffering, we are calling all angels, we need help.

April 2nd, 2020

NY: 92,381 Deaths: 2,373

★ New Cases: 770 Deaths: ~~31~~ 31
+ 200 + 11

U.S. 234,400⁺ 5,607⁺
+ Cases Deaths

Global 3,002,700⁺ 51,484

- Schools closed until May 1st
- Campgrounds & lodges closed to overnight guests.

April 3rd, 2020

★ 10 Steps:

- 1- STAY Healthy at Home
- 2- Avoid Crowds
- 3- Practice Social Distancing
- 4- Know when to Seek Care
- 5- NYC COVID 19. NY. GOV
- 6- Wash Hands & Surface
- 7- Apply for Benefits
- 8- Prioritize Mental Health
- 9- DO NOT TRAVEL
- 10- Report Non-Compliance

4/3/20 Friday

New Cases: 831 Deaths: 37
(+90) -6 (+6)

228 people have recovered
15,572 tested over 30 LABS

NY 202,863 Deaths: 2,935 (38%
+ Cases of US.

US 258,000⁺ Deaths: 6,600

World-wide 56,700 deaths

4/4/20 Saturday
New Cases: 917 Deaths: 40
(+92) (+3)
14,663 tested

A beautiful weekend... I got out and walked with the man & Barb made me. It was good to get out and enjoy the blue skies & sunshine. Chuck mowed the backyard and did a little yard work. Staying home as we needed to do! I'm happy to have Chuck home.

April 8th, 2020 Wed. (Escalation!)

New Cases: 1,346 Deaths: 73
(+204) (+8)

Scrabble online is helping me get a break from the stress. A short drive in my car with the sunroof open was wonderful. The horses & cows were out in the meadows, the trees & flowers budding. It felt so good to just drive...

April 9th 2020 Thurs.
Covid'-19

Cooler today from the storms yesterday. It was really nice most of the day then evening rain, and a thunderstorm late.

It feels like "GROUND DAY"
HOG-

same day: Staying healthy at home, Andy (Beshar) at 5pm, Clear & Chew!! I took a shower to break up my routine Ha!! But I am comfortable at home. ;)

New Cases: 1,452 Deaths: 79
(+134) (+6)
395 recovered

Week 5 - April 13th, 2020

New Cases: 2,048 Deaths: 104
(+87) (+7)

299 Hospitalized

136 ICU

629 Recovered

April 14th, 2020

New Cases: 2,210 Deaths: 115
(+177) (+11)

27,697 tested

687 Hosp. TOTAL

305 now

263 ICU TOTAL

137 now

653 Recovered!

The quarantine is so hard!?!
We all want it to be over, but we
are maybe halfway there!?!

April 15, 2020 Wednesday

We are all having our own issues to deal with this horrible virus and it's rippling effects/effects on our lives. There is so many changes to our normal lives/routines that have been difficult for everyone.

I miss my family, my friends, and my freedom to go wherever I want. I am struggling to not cry everyday, not working... ; But it is what it is. I have to push it back to deal with it better.

New Cases: 2,291
(+88)

Deaths: 122
(+7)

252 ICU NOW
862 Recovered

People are dying, there are really struggling to fight the illness & have lasting effects. It's the challenge of our lifetime. The baby boomers are being wiped out by this virus. Especially those in their 70's & 80's. A very crazy time for sure.

April 16th, 2020 Thursday

One month ago we started full-time into this Twilight Zone of Coronavirus. It has been a deadly time, a truly challenging time for medical people and other first responders. Millions are unemployed and businesses suffering.

* New Cases: 2,429 Deaths: 129
(+159) (+7)

477 Hospitalized

333 ICU Now

956 Recovered!

April 17th, 2020 Friday

* New Cases: 2,522 Deaths: 137
(+134) (+8)

Steps to OPEN/Reopen:

- 1.) Decline in #'s constant (14 days)
- 2.) Normal healthcare available
- 3.) Testing capacity ↑ Contact tracing
- 4.) PPE - sufficient supply
- 5.) Respond to changes → spikes

for them. I can't eat lunch with Pam,
or my retired teachers (Feb 5). I
am feeling that loss/loss and it
makes me cry.

I am very sad for the families and
people who have died. It's heartbreaking
and the first responders who are
risking their lives, the small
businesses that are suffering because
they can't open to customers. yet.
It's a terrible domino effect with
each problem as crippling as the
others.

I watch the Governor everyday
at 5 pm. We hear the updates that I
have recorded here in this journal.

It's a very different world for
most of us. Some people refuse to
quarantine, practice social distancing
and doesn't take it seriously.

I will be careful for a very
long time...

Pandemic - Week 6 Shutdown

We are trying to stay positive and get thru it the best we can. It is hard, change is hard, it is scary too.

Will I get it? Will family or friends get it? Will I die?? When is it safe again? How will this impact our economy?? Are we thru the worst of it?? Will we have a Re-injection that is worse?

"The answers my friend, are blowing in the wind, the answers are blowing in the wind..." B. Dylan

WASH your HANDS
SAY your Prayers
JUST Like Jesus,
Germs are everywhere

April 20, 2020 MONDAY

New Cases: 3,050 Deaths: 154
(+102) (+6)

April 22nd, 2020
Wednesday
Thursday

* New Cases: 3,373
(+196) Deaths: 185
(+14)

A plateau?? Talk of opening back up...
Gov courses are open again.

April 23rd, 2020 Thursday

* New Cases: 3,481
(+161) Deaths: 191
(+6)

As there is talk of opening businesses
back up, things will change. There
is fear of re-infection. Social
distancing & wearing masks will be
(should be) around.

Healthcare services to begin next
week... elective surgeries.

I will be home as usual for a
very long time.

Schools may open in August/Sept.??

But closed the rest of this school yr.

lots more testing sites
Brewing companies making Hand
Sanitizers!

April 27th, 2020 Monday

New Cases: 4,167⁴⁶ Deaths: 213
(+87) (+5)

Our nightmare continues... They say we may be on the down side of this... It's such a horrible experience and we never ^{say} it coming!?!#

The lives lost, all ages, all over the world. It's like Noah's flood... we too are waiting for a white dove...

When will we have a semi-normal life again?? It's a life interrupted and not likely to be the same ever again. Crazy, scary, life-altering, sad, a living nightmare in the Twilight Zone! We hope to survive it but many have not.

<u>U.S.</u>	<u>Global</u>
988,469 Cases	3,092,400
56,253 Deaths	213,341

Openings Approved:
Dental Offices 7 using
Health Offices 7 Release

May 4th 2020 Monday Week 8
(New Normal)

The country is starting to open up. We are in Phase 1 which is very limited. Our Governor is very cautious and smart. He isn't giving in to the stupid people who want money over life... People who don't want to wear masks... Reckless! People are choosing to not do the social distance and are tired of the lockdown/shutdown... but the virus is still here! Just because we want to be done — it isn't. It's frustrating and really hard! #? I know the sacrifice... I miss my grandkids, family, friends, & freedom... ALOT!!

New Cases: 5,245 Deaths: 261
(+163) (+8)

May 6th - Phase 2
Out patient medical
Healthcare: elective, dental, etc...

60,046 tested 1,921 Recovered
333 Hos.
174 ICU