

# KENTUCKY KERNEL

TUESDAY, OCTOBER 7, 2008

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## Student pleads not guilty to assault

By Jennifer Graham  
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A UK student who was arrested on a charge of first-degree assault pled not guilty Monday in Fayette County District Court.

Kyle Andrew Almy, of Hopkinsville, Ky., was arrested Friday and charged with hitting UK student Blair Smith on the head with a bottle in the early morning hours of Sept. 27.

The incident happened at 328 Aylesford Place, and police found Smith on the 500 block of Euclid Avenue.

UK Hospital said Smith is in fair condition.

Blair Smith's father, John Smith, said on Sunday that his son had two brain surgeries the day after he was hit on the head, and his recovery since the incident has been "a miracle."

Lexington Police Department spokeswoman Ann Gutierrez said investigators have talked to a number of witnesses and the investigation is still ongoing.

"We don't know everything there is to know," she said. "We encourage anyone who witnessed the crime to come forward."

Almy will appear in Fayette County District Court on Oct. 16 at 8:30 a.m.

Anyone with information relating to this investigation is asked by Lexington Police to call the Personal Crimes Section at (859) 258-3700 or Bluegrass Crime Stoppers at (859) 253-2020.

## Voters find new ways to help campaigns

By Travis Walker  
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The two major party presidential candidates have raised hundreds of millions of dollars this election season, but the president of the UK College Republicans said it is unlikely that many of those large donations have come from college students.

Instead, Jacob Sims said students are donating their time and volunteering, which he said is just as valuable to campaigns.

"You're very rarely going to find a college student who has enough money to donate substantially to a campaign," said Sims, a political science and history sophomore. "Quite frankly, I don't have any."

Sims interned for U.S. Senator Mitch McConnell, who is running for re-election against the Democratic challenger Bruce Lunsford. He has also been involved in the campaigns of Kimberly Ward in her current race for state representative of Lexington's 75th district, and Stan Lee's 2007 bid for Attorney General.

Sims said the Internet might be changing the landscape of political campaigns. This new form of grassroots politics could help politicians get their messages out and get people motivated without spending huge sums of money, he said.

He cited social networking sites like Facebook as helpful tools for communicating with voters. The Internet has the ability to make campaigning more transparent because voters will have easy access to information, and it is more effective at reaching voters on a personal level, he said.

"Candidates can make it appear that they're talking directly to individuals," Sims said.

See Donations on page 3

## Feeling the burn of coffee costs

By Katie Perkowski  
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Emily Nichols drinks two to three cups of coffee a day and spends close to \$25 a week on the drink. While the price of her weekly caffeine kicks may not change in the immediate future, the cost for local coffee shops is steadily increasing.

Jim Davis, manager of Common Grounds Coffee House, has been in the coffee business for six years, and he said the costs of imported goods have gone up substantially in that time.

One of the companies Common Grounds buys its coffee from is Sunergos Coffee in Louisville. Matthew Huested, a co-owner of Sunergos Coffee, said prices have increased significantly over the last few years.

"I would say in the last four years, some of our coffees have as much as doubled in price for what we pay," Huested said.

In addition to a rise in coffee prices, the cost of milk

has gone up 25 percent and the cost of food has gone up 20 percent, Davis said.

Huested said he thinks the only direction coffee prices will go is up, not just because of the cost of fuel for transportation but because quality is increasing and quality production costs more.

See Coffee on page 3

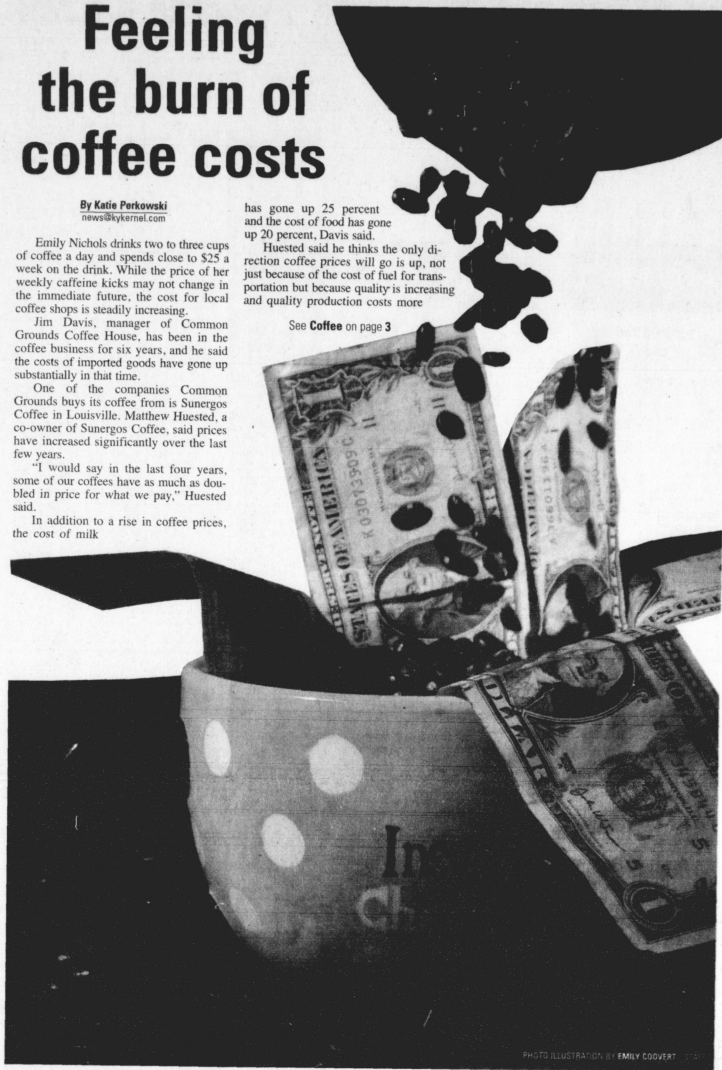


PHOTO ILLUSTRATION BY EMILY COVERT

## Speaker talks about the 'Real Jesus'

By Alex Suckow  
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A crowd of about 45 people gathered in the W.T. Young Library Auditorium on Monday night to learn about the "real Jesus" from biblical scholar Ben Witherington.

Witherington, a professor at Asbury Theological Seminary in Wilmore, Ky., spoke at an event sponsored by the UK Christian Studies Center. His presentation, "Will the Real Jesus Please Stand Up?" combined traditional

scripture with analogies and modern-day thoughts to teach a younger generation how real Jesus is in life today.

Witherington said the image of Jesus is ever-present in our culture, but not many people really understand the significance of his existence.

"We live in a Jesus-haunted culture that is biblically illiterate," Witherington said.

He said knowing Jesus in the context of his time would help to understand his role today. And despite an individual's religious

conviction, Witherington said there is still evidence that Jesus actually existed.

"There is a historical Jesus ... we have evidence ... even negative evidence is evidence," Witherington said.

With a variety of facts about Jesus' personal religion and the other religions that existed at the time, Witherington recounted Jesus' teachings about being "born again," or being converted.

See Jesus on page 3

## Professors get final say in lecture series

By Megan Hurt  
mhurt@kykernel.com

For most UK professors, the subjects they teach usually keep them from telling students everything that is on their mind.

"When you hear us talk in class, restrained by class subjects, there isn't a lot of room for a professor to talk about other stuff we're passionate about," said Christopher Rice, a UK political science professor.

Rice will get his chance Tuesday night to have an uninhibited discussion when he hosts the Final Word, an event that gives professors the chance to deliver a lecture with no restraints.

"Final Word lets professors show a side of them students

don't see in the classroom," said Alan Herbst, director of the Engaging Issues Committee for the Student Activities Board. "They get to express their opinions, views and beliefs."

The lecture Rice will present Tuesday night is titled, "I Just Got Friendly by Obama and McCain! What do I do? Presidential Campaigns in the Age of Media."

Herbst said past professors who have spoken include Alan Desantis, who talked about sex in the media. Rice also delivered a lecture last year titled "Disobey — How

I Stopped Worrying and Became an Anarchist and an Atheist."

"Last year was a personal talk," Rice said. "This year Herbst

came to me and asked me to talk about the presidential campaign. I've been doing research about the use of social media in political campaigns, and I thought it would be really interesting to talk about."

Herbst said the use of social networks on the Internet like Facebook, MySpace and Twitter will offer students something that they will not be able to find in the classroom.

ALAN HERBST  
director of the Engaging Issues Committee

Rice said the use of these tools for presidential candidates will increase in importance in the future.

"This Web 2.0 evolution started during the 2004 election, and it's growing during this election," Rice said. "It will be interesting to see what it's like in 2012. It's really good to get informed about how the candidates are using these social tools."

Rice's lecture will be the first Final Word presentation of the year. Jonathan Golding, a psychology professor, will give a lecture on study habits later in the semester.

The Final Word, hosted by SAB, will be held Tuesday at 7 p.m. in the Center Theater in the Student Center.

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## HOROSCOPES

By Linda C. Black

To get the advantage, check the day's rating: 10 is the easiest day, 0 the most challenging.

**Aries (March 21-April 19)** — Today is a 6 — Insider connections help you get the advantage. Follow a hunch to get to the goal the back way.

**Taurus (April 20-May 20)** — Today is a 7 — A lucky break works in your favor. Keep pushing for what you want. Don't take no for an answer. Don't even take maybe. You can be more than stubborn when you set your mind to it.

**Gemini (May 21-June 21)** — Today is a 7 — In this case, you'll do best to follow the lead of an older person. He or she will make the upcoming potentially difficult part much easier.

**Cancer (June 22-July 22)** —

Today is a 7 — Let a knowledgeable person lead in this next endeavor. You don't even have to ride along. You could stay home and sleep. Or, answer the phone in the office.

**Leo (July 23-Aug. 22)** — Today is an 8 — Just when you're about to give up in exasperation, you come up with a brilliant idea. Don't you just love it when this happens? Hang on.

**Virgo (Aug. 23-Sept. 22)** — Today is a 7 — A private conversation leads to some excellent ideas. You know what you want to accomplish, but you're not quite sure how. Open the meeting up to suggestions.

**Libra (Sept. 23-Oct. 22)** — Today is a 7 — Relax in the luxury of your own nest, and take along paper and pencil. You'll come up with all sorts of great ideas.

**Scorpio (Oct. 23-Nov. 21)** — Today is a 7 — There's so much information and so little time. How do you know what to believe? Your job will be a lot easier if you've

already chosen by now.

**Sagittarius (Nov. 22-Dec. 21)** — Today is a 9 — It still looks good for you financially. This is associated somehow with your home and family. Maybe you find a barely used recliner for pennies on the dollar.

**Capricorn (Dec. 22-Jan. 19)** — Today is an 8 — You may not be the highest ranking person in your organization, but your opinions carry enormous weight. Don't just go along with the crowd.

**Aquarius (Jan. 20-Feb. 18)** — Today is an 8 — How long has it been since you've had your collections appraised? There's an indication that something you already have is worth more than you paid.

**Pisces (Feb. 19-March 20)** — Today is a 6 — Somebody else's idea spurs your imagination. You come up with the answer, but be sure to give credit where it's due.

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## THE DISH

## kernel POP

### Fashion Roundtable

Hilary Duff, Lauren Conrad and Taylor Swift convene for a style summit.

Flashy-fashionista excess is as passe as last year's neon trend. Instead, three casually chic Young Hollywood icons are having their moment: singer-actress Hilary Duff, 21 (who has racked up close to \$250 million in sales with her fashion and fragrance lines, and whose greatest hits album is out Nov. 11), MTV's The Hills star Lauren Conrad, 22 (a fashion major whose eponymous line has won raves and was featured on an Emmy trophy girl last month), and triple-platinum country star Taylor Swift, 18 (currently on tour; her new album, Fearless, is out November 11). Together, they are redefining what it means to be stylish — by being bargain-hunters, not couture clotheshorses; by looking put-together whether for the red carpet or a Starbucks run; and by embracing a more natural sense of beauty. The trio spoke to Us' Melanie Bromley on Sept. 24 in Los Angeles about trends, deals and fashion disasters.

**OK, ladies, fess up: Do you study your own paparazzi pictures to see if outfits work?**  
 HD: In the beginning, when you start to get photographed, it's definitely exciting. You think about how you carry yourself, and you see things you don't like that you try to switch up.

**TS: I throw my shoulders back now. I saw pictures where I look hunched over.**  
 LC: I've thrown stuff out after seeing my own photos! I'll look at the roommates

and be like, "Dibs!" You're your own biggest critic.

**Whose style do you admire in Hollywood?**  
 LC: Kate Hudson. She can be red carpet glamorous but with a boho-chic twist.

**HD: Natalie Portman.** She's a lady but still cutting-edge on the red carpet.

**TS: Nicole Kidman is so classy.** She and Keith Urban live in Nashville, so I run into them all the time. They act normal; it's so cool. When I talk to her, I'm, like, stuttering, "I think you're beautiful."

**Can you describe your own personal style?**  
 LC: I'm pretty girly-casual. But I love heels — I just feel prettier in them. Even if I'm in a casual outfit, it's a way to dress up anything.

**TS: I always like to be dressy.** The only time I'm insecure in an outfit is if I feel like I'm underdressed.  
 HD: I'm consistently buy neutral colors or black. For me, it's more about accessories: huge earrings and big rings or lots of little ones.

**What new fall trends are catching your eye?**  
 TS: Plaid! Plaid jackets, plaid shoes. 213 Industry has this plaid strapless dress I fell in love with.

**HD: I'm getting into darker, heavier materials.** And menswear, too.

**LC: I'm loving the bold detailing, like fringe, exposed zippers, things that rough up a feminine piece a little.** I just

went to Intermix and got these Giuseppe Zanotti mid-length boots. They were black suede but had tiny golden studs all over them. They were amazing.

**Do you guys still shop for fashion bargains?**

**LC: Of course!** I love Forever 21 and Urban Outfitters. And it's fun to go to second-hand stores, not just for the bargain but because no one else is going to have that.

**HD: Urban Outfitters has cute lady bras too.**  
 TS: I go to American Apparel for T-shirts and leotards. And I've gotten away with so much from Wal-Mart, you'd never know. I love their \$20 L.e.i. skinny jeans. I like Target too.

**HD: The long boys' Hanes tanks were my obsession at Target.** I think I wore them for two years straight.

**Fave or least fave body part when dressing up?**

**LC: I'm always trying to hide my thighs, whether it's with a longer T-shirt or a skirt with a natural waist.** And I like to show my shoulders.

**TS: My skirts and jeans have to be either low- or high-waisted.** It can't be in the middle. I'm so tall (5-foot-11) it would make me look weird. It's a pet peeve of mine.

**HD: I have really broad shoulders, so I'm always wearing scarves to de-accentuate my shoulders.**

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# DEPRESSION SCREENING

Tuesday, October 7th

Are you experiencing any of these symptoms?

- ↳ lack of motivation
- ↳ sleep problems
- ↳ sadness
- ↳ disinterest
- ↳ difficulty concentrating
- ↳ irritability
- ↳ anxiety
- ↳ mood swings

Taking a simple, 5 minute screening could help you!

**FREE SCREENING**  
 Tuesday, October 7th, 10 a.m. – 3 p.m.  
 W.T. Young Library

This screening day is provided by the Counseling & Testing Center and the College of Medicine.

**UK**  
 UNIVERSITY OF KENTUCKY

For additional information about screening for depression, anxiety, bipolar disorder, substance abuse, eating disorders, and post-traumatic stress, visit The Counseling & Testing Center online at [www.uky.edu/studentaffairs/counseling](http://www.uky.edu/studentaffairs/counseling) or call 257-8701.

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**Urban Outfitters**

family weekend

general public \$5 students free

friday october 10 7:30pm  
 memorial hall

student activities board

WWW.UKSAB.ORG | 203 Student Center  
 859.257.8867

## Second-year series continues to 'bust' myths about religion

By Kelly Wiley  
kwiley@kykernel.com

For the second straight year, the Student Activities Board is hosting an event to discuss the questions, myths and beliefs about religion.

On Tuesday, the Faithbusters series, which began last year and covered evolution and the religions of Judaism, Islam and Scientology, will cover the beliefs of Catholicism. Kevin Steele, a minister at the Newman Center on campus, will host the discussion.

"It's important to know that there is more out there and you have a choice (in what you believe in)," said

Callie Hanks, vice president of Internal Affairs for the Student Activities Board. "Where you grow up doesn't dictate what you believe and have faith in."

Steele said the series offers students the chance to get different perspectives on different religions.

"That's what the universi-

### If you go

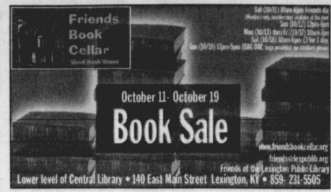
**What:** Faithbusters  
**When:** Tuesday at 7 p.m.  
**Where:** W. T. Young Library Auditorium  
**Admission:** Free

ty is all about," Steele said. "Getting a lot of perspectives and getting the chance to think critically about them."

The series does not try to convert students into believing any specific religion, said Ashlee Harris, director of public relations for SAB.

"Faithbusters is about giving the facts about religions and people and lifestyles that are different than what you know," Harris said. "It's not persuasion or anything, just fact."

The Faithbusters series is Tuesday at 7 p.m. in the W.T. Young Library Auditorium. Hanks said there will be two more events in the series this semester.



## COFFEE

Continued from page 1

money.

"It should also go up as growers are receiving ever-increasing wages," Huested said.

Trevor Sutherland, manager of Coffea, on the corner of Euclid Avenue and Rose Street, said the increase in gas prices is affecting the business because it makes delivery more expensive.

He also said the rise of importing costs is actually positive because farmers producing the coffee beans are getting more money for their product and Coffea has always been supportive of fair trade.

With regard to how the increases have affected his business' prices, Sutherland said, "Last time we did anything with prices was last January. We should not have to raise prices in the foreseeable future."

Nichols, an integrated strategic communication sophomore, said even if prices increase for customers, it will not affect how much coffee she drinks. But it will affect where she gets her coffee.

"I'll probably just start making my own coffee at home more," she said. "It definitely won't make me stop drinking coffee. Nothing could ever do that."

## DONATIONS

Continued from page 1

While the Internet has certainly changed the way politicians campaign, Jesse Crenshaw, the incumbent Democratic state representative from the 77th district in Lexington, said door-to-door campaigning and other traditional campaign strategies by students have helped with his campaigns and others that he has been involved with.

Joe Gallenstein, the president of UK College Democrats and a political science and history senior, recently traveled to Ohio to canvass for Democratic presidential candidate Barack Obama. Gallenstein said some students scrape together all the money they can to contribute to campaigns, but during this election year many students have found multiple ways to participate.

"The best thing anyone can do for the candidates is talk to their neighbors, talk to people around them," Gallenstein said.

To get involved, Gallenstein said people should visit the Web site or campaign headquarters of their party affiliation. He said calling voters and door-to-door campaigning are some effective ways to be a part of the process.

"It's hard not to get involved in times like these," Gallenstein said.

## JESUS

Continued from page 1

Witherington stressed his belief that Jesus was sent to Earth so people could be saved and that God is a spirit that would fulfill a person's life.

"We would not be here today if he had not said or done what he did. He turned clocks from B.C. to A.D.," he said.

John Biery, a nursing junior, said he came

to the lecture because of his heavy involvement in Christian Student Fellowship. Biery said Witherington presented factual arguments about a topic that is normally just based on faith.

"Sometimes Christians overlook facts and this presentation provided facts to an 'opinion based' religion," he said.

Biology freshman Jennifer Johnson said the lecture was very effective in educating students about the life of Jesus.

"He brushed me up on my Bible knowledge. I learned a lot," Johnson said.

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Space Deadline - Oct 15  
Material Deadline - Oct 21  
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859.257.2872

### Styles of Prayer Workshop

Tuesday 7:30 pm.  
Catholic Newman Center 320 Rose Lane.

Prayer (n.)—something that people tell you to do and say they are doing for you.

So, what is prayer? How do you do it? What's the purpose of it?

Come spend an evening with us as we explore several different styles of prayer—Centering Prayer; Reflective Reading (also known as Prayer of Imagination); Praying with Clay; and others—and talk about what prayer is all about. This workshop is open to all.

Weekend Mass Schedule: Sat @6 pm, Sun @ 9 & 11:30 am, 5 & 8:30 pm  
Info: Kevin Steele 859-825-8702.

# Family WEEKEND

University of Kentucky

## OCT. 10-12 2008

highlights include:

- Welcome Reception
- The Frontiers: A Journey Cover Band
- Live Racing at Keeneland
- Family Weekend Tent Party
- UK Football vs. South Carolina
- Sunday Brunch at Spindletop Hall

Visit [www.uky.edu/Parents](http://www.uky.edu/Parents) for a complete schedule of events and ticket information. Be sure to stop by the Student Center Ticket Office for your Family Weekend event tickets!

UK UNIVERSITY OF KENTUCKY Parent Association

# CHEAP SEATS

Admission \$1 8.00pm TUESDAY & WEDNESDAY WORSHAM THEATER FREE POPCORN!

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7&8 T,W WALLE	14 T CASABLANCA	15 W [Movie]	21&22 T,W BROTHERS	28 7pm T JAWS	28 9pm T [Movie]
29 7pm W [Movie]	29 9pm W [Movie]	+	30 @ 10pm [Movie]	31 @ 10pm [Movie]	[Movie]

THURSDAY ScareFest! ARMY DARKNESS  
FRIDAY ScareFest! [Movie]



# OPINIONS

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The opinions page provides a forum for the exchange of ideas. Unlike news stories, the Kernel's opinions represent the views of a majority of the editorial board. Letters to the editor, cartoons and other features on the opinions page reflect the views of their authors and not necessarily those of the Kernel.

## ■ KERNEL EDITORIAL

### Mock election turnout less than inspiring

Last week, Republicans John McCain and Mitch McConnell prevailed over Democratic rivals Barack Obama and Bruce Lunsford in Wednesday's mock elections.

This is hardly a surprise, as Kentucky has been projected as a Republican state in both the presidential and senatorial races. The problem here is not the outcome of the elections, which is sponsored by Secretary of State Trey Grayson and Student Government. The problem is student participation in the mock elections.

Ryan Smith, head of SG National Politics Advisory Board, said the elections went well and he was blown away by the turnout.

Why shouldn't he be? Overall participation was up nearly 25 percent from last year, and UK had the highest turnout to date among nine other colleges.

But these percentages are less impressive when you look at the raw numbers. Even with the 25 percent increase in voter turnout, only 227 participants voted in the mock elections, according to a Kernel article on Wednesday. On a campus of more than 25,000 students, less than one-tenth of 1 percent participated in the process.

The mock election is no way to forecast the student vote that will come out of the Nov. 4 election, as many students probably were unaware of the mock elections, causing lack of participation. Still, this is indicative of a problem plaguing students and young people across the country.

With increased participation for events like this comes increased influence in elections. It is not enough to register to vote. Students must vote and participate in all of the democratic processes afforded to us. We have many campus student organizations that have devoted their time to voter registration. UK's College Democrats and Republicans have set up debates and held meetings to take ownership in the political process. And in a partnership with the office of the Kentucky Secretary of State, we have these mock elections.

It is pitiful that less than one-tenth of 1 percent is considered a success. Even if students were not aware of the elections prior to Wednesday, tables were set up to allow students to give some type of preliminary indication of where they stood.

UK students should be more involved in this election. Our generation will decide who our future leaders will be. Therefore, it is disappointing that this mock election had such a low turnout, especially since going voters are supposedly turning out in droves for this election.

The numbers from voter registration and mock elections dictate how much say we have in our politics. Why would a major political campaign make a stop at a university that has such a low turnout for a mock election? This could be a problem with advertising and awareness. However, it seems to suggest a deeper problem that has continued to be the focus of recent elections.

From the local level all the way up to president, we have to care about elections and make our voice heard, which extends beyond simply casting a vote on Election Day. Being an informed citizen and being active in politics is the only way for students to be taken seriously in political matters.

## ■ LETTER TO THE EDITOR

### Texting while driving is dangerous for everyone

Text messaging is a dangerous and unnecessary distraction to drivers of all ages. It requires you to take your hands off the wheel to type the words, and it also draws your eyes away from the road to look at the screen. It reduces your alertness as a driver because your attention is divided between tasks. Visual, manual and mental capabilities are compromised simultaneously, making you more susceptible to being in an accident.

I'm sure some people think they are such pros at texting that they can successfully multitask. While it might be possible for some to text without getting into a wreck, I wouldn't recommend trying it. According to the Orlando Car Accident Lawyer Blog, a recent study involving 19 to 24 year olds showed that texting made an accident six times more likely to occur. It takes longer to respond when braking and significantly lowers one's ability to monitor his or her driving behavior.

Even if you think you can text safely from behind the wheel, would you trust everyone else on the road to do the same? Imagine how dangerous the roads would become if every single person (school bus drivers, housewives, taxi drivers, tourists, teens, EMTs, senior citizens, semi-truck drivers, etc.) were all texting while driving. Even worse, imagine how many people might be injured or killed as a result of such reckless behavior.

Last month, a Metrolink train engineer's failure to stop at a red signal resulted in an accident of 25 fatalities in southern California, according to the Los Angeles Times. The engineer was texting on his cell phone during the minutes leading up to the crash. How many accidents will need to occur before we realize texting on the road should be illegal? Kentucky needs to join the states of California, Alaska, Illinois, Louisiana, Nebraska, Minnesota, New Jersey, Oregon and Washington in passing a law that will ban text messaging while driving.

Megan Collins  
international studies junior

### Submissions

Send a guest column or letter to the editor to Opinions Editor Brad Bowling. Please limit letters to 350 words or fewer. Be sure to include your full name, class and major with all submissions.

E-mail opinions@kykernel.com



WAYNE STAYSKAL, Tribune Media Services

## Prescription drugs are not the best way to improve your study habits

Pharmacy students at the UK College of Pharmacy have a love-hate relationship with their exam schedule. Approximately every four weeks, we take all of our exams in one week-end, up to seven on Friday, Saturday and Monday. The week preceding this is often painful and sleepless. I remember during my undergraduate education at UK when I complained about having two papers or projects due on a single day. Try studying for seven subjects at the same time.



JORDAN COVEY  
Kernel columnist

I've survived the curriculum so far, though not without many late nights at the W.T. Young Library. Usually around 11 p.m., I find myself face-planted in my books, surrounded by a puddle of my own drool. In an effort to wake myself up, I usually take a walk to the vending machines. I pass any number of students buried in their own books, most of them relatively sleep-deprived like myself. However, every once in a while, I pass someone studying like a speed demon, frantically writing and reading. I often wonder where they find the energy.

The unfortunate truth is that some students use stimulants as study aids. While almost all of us will admit to caffeine and sugar addictions, some students abuse prescription stimulants, like Ritalin or Adderall.

Surveys, including one from the University of Michigan, have suggested that as many as 5-10 percent of college students have used prescription stimulants illegally, the majority using them to study longer, stay awake or lose weight. These medications and other similar drugs have been used to successfully treat many patients with Attention Deficit Hyperactivity Disorder, but their use by the general population is dangerous. While many people utilize the medications for some of their side effects (decreased appetite, weight loss and insomnia), there is a laundry list of other potentially harmful effects associated with their misuse: headache, nausea and vomiting, visual disturbances, high blood pressure, irregular heart beat and even sudden cardiac death. Due to these risks, the American Heart Association has recommended that all patients treated with these medications have their cardiovascular health assessed before treatment. Students who abuse these medications for study purposes often take higher than normal doses, have no physician supervision and sometimes resort to alternate methods of taking the drug, such as snorting. Combine these factors together and you might as well cross a highway blind-

folded. The risks are the same.

On top of the side effects, there is the issue of drug dependency. Most prescription stimulants are classified as Schedule II under the Controlled Substances Act of the United States. Drugs are classified in this category due to their high potential for abuse, which may lead to severe psychological or physical dependence. Often people feel a misguided safety with prescription drugs, but they can be just as harmful as "illicit" drugs. Students who abuse Adderall (made of a mixture of dextroamphetamine salts) are often the same people who say that they would never use anything as dangerous as methamphetamine. A short spelling lesson should make the hypocrisy obvious. There is a reason that these drugs share similar names — they share similar dangers.

I may be the bearer of bad news, but these medications are not the magic cure for exam studying. Stimulants like these require the close supervision of a physician and the prudent dispensing and monitoring of a pharmacist. Their use brings along a significant list of problems, which can be unpredictable and deadly. My study advice? Try hitting the books the traditional way. Health concerns aside, I can tell you that success is much sweeter when earned through hard work. Call me old-fashioned, but is a good grade worth risking not being around to see the fruits of your labor? Jordan Covey is a third-year pharmacy student. E-mail opinions@kykernel.com.

## Observe others to learn about yourself

From Sept. 2 to Sept. 29, followers of Islam observed Ramadan. Ramadan occurs annually during the ninth month of the Islamic calendar and is dictated by lunar sightings. As part of the five pillars of Islam, Muslims fast from true dawn to sunset. The purpose is to practice patience, sacrifice and humility. Also, reflecting upon one's actions is important.



WESLEY ROBINSON  
Kernel columnist

In an effort to better understand the faith, I decided to fast for Ramadan, which was a decision that took a lot of consideration and was not made lightly. Most are not eating for 13 hours for nearly a month was a big commitment.

Several of my good friends are Muslim, so there was a built-in support group after I began fasting. The UK Muslim community really embraced me and helped me get through the fasting process, all the while educating me further on their beliefs, many of which are similar to my own.

Over the course of Ramadan my friends and their parents opened up their homes and shared their culture with me. In turn, the UK Muslim Student Association hosted the Fast-A-Thon, which raised \$3,500 for the Catholic Action Center and brought out hundreds of people who now have a better understanding of the faith, said Ann Munis, president of MSA. Toward the end of the month we had a big Suhoor breakfast, which is

the meal before the first prayer of the day, or Fajr. I also had the opportunity to go to the mosque and observe the Maghrib prayer and eat with some of the local Muslim community for Iftar, the meal right after sunset.

During this time, I did a lot of reflecting on my own Christian faith, my interaction with others and how to be a better example of understanding and embracing each other for what we are. I believe it is human nature to be prejudiced. Whether good or bad, we tend to have assumptions about people based on the way they look, speak, dress and any other superficial things we can initially pick out.

In most cases this prejudice is ignorance or not being taught to learn about people or ideas different from you. In other cases it is a down right unwillingness to learn and respect the beliefs of others. The simple fact is that this country allows its residents to practice their respective religions freely, but whenever that religion isn't Christianity, it becomes a problem.

Here on campus we recently had issue with an anti-Muslim e-mail forwarded from our former Student Government president. From that e-mail, people protested and sought to make change, but last in all of it was the people who were offended. I remember calls for Nick Phelps' impeachment, but I do not recall a widespread call for an apology, or an effort to promote cultural understanding — just agenda-laden complaining.

In our presidential election, great deals of time, effort and resources have been spent to negatively portray the religion of Democratic presidential candidate Barack Obama. Many times Obama has come out and said that he is not a Muslim. I do not take issue

with his denial, but the fact that he does not take the opportunity to teach people to be more understanding.

To me, if he were a Muslim, it shouldn't matter. Church and state have been separated for a reason, and it is the ability to lead a country that is necessary, not someone having the right answer to a question of faith. By remaining silent, Obama is passively promoting a sentiment that it is OK to discriminate against Muslims for their beliefs.

Without getting into doctrinal differences between different religions, I encourage students to take the time to get to know someone of a different faith with different beliefs. Part of college is learning new experiences and casting away the ignorance of adolescence.

An instructor on campus posed a question to his class. Essentially, the question addressed freedom of religion. When Christianity was the topic, it was OK to have religion as an open part of the culture, but when Islam became involved in the conversation, the waters got a little murky.

Imagine if someone pre-judged you by the way you looked or your faith and considered you a terrorist or simply withheld all the benefits of being an American citizen. What would you do? What could you do?

Over the course of Ramadan, I was able to get a small glimpse into the world of a Muslim person, and I don't see too many fundamental differences from what most "Americans" do and believe. And I encourage more people to find out for themselves. It doesn't have to be fasting, but instead of discussing what others do, seek the answer to why it is that things are done in that way.

Wesley Robinson is a Spanish junior. E-mail opinions@kykernel.com.





# Winless streak against Spurrier focus of upperclassmen

By Bobby Reagan  
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Curses are a major theme in sports. The Madden Curse, the Curse of the Billy Goat and the Curse of the Bambino are among the most famous. For the UK football team, there is the curse of Steve Spurrier.

In 14 tries, the Cats have never defeated a Spurrier-coached team. Spurrier was 11-0 against the Cats when he was the head ball coach at Florida, and he is 3-0 against UK as the South Carolina head coach.

"I know he has a pretty good streak against us, but I'm not into listening about streaks," senior linebacker Braxton Kelley said. "I know I have lost to him three times, and I just want to go out and get one win."

my Jarmon said he didn't want to talk about Spurrier's streak. He was just worried about winning for senior defensive lineman Ventrell Jenkins, who is a native of Columbia, S.C.

Jarmon said if the Cats want to get their first win against Spurrier, the defense must come out aggressively.

On the other side, the Gamecocks feature an aggressive defense of their own. South Carolina is allowing just 244.7 yards and 14.7 points per game.

The Gamecocks also boast a strong passing game led by sophomore quarterback Chris Smelley. Smelley, who was named the Southeastern Conference Offensive Player of the Week on Monday after throwing for 327 yards and three touchdowns in a road win against Ole Miss, has thrown nine touchdowns this season, but he has also thrown



PHOTO BY ALLIE GARZA | STAFF  
Junior defensive end Jeremy Jarmon tackles a Western Kentucky player during the UK-WKU game on Sept. 27.

seven interceptions.

"We need to be able to get some pass deflections and breakups," Kelley said. "If we can get a good pass rush on them and our secondary plays well, we'll be fine."

If UK wants to repeat last year's conference success, it'll have to accomplish a task they couldn't last year —

beat the Gamecocks.

"This is a huge game for us if we want to be a factor in the SEC race," UK head coach Rich Brooks said. "We just need to step up, and with the help of our fans, we can hopefully get back on track."

With the mindset of the South Carolina game as a must-win, Jarmon said the in-

tensity at practice will be heightened this week. And for the seniors, a win against Spurrier would be a watershed moment.

"It'll make my senior year the moment of my life to beat South Carolina," Kelley said. "If we want to change our program around, we can't keep losing to the same teams. We've beaten teams like Georgia, and the closer you get to beating someone, you'll finally win."

"They will be back and ready to practice," Brooks said. "They won't be 100 percent, but they should be healthy enough to play this week."

Junior linebacker Micah Johnson, who is also suffering from an ankle injury, is questionable and will be re-evaluated Tuesday, Brooks said.

As those players continue to heal, four more were hurt in the 17-14 loss to No. 2 Alabama.

Junior wide receiver DeMoreo Ford is listed as doubtful after straining part of his sternum. Redshirt freshman offensive guard Stuart Hines and senior guard Jess Beets are both expected to be out after tearing part of the lateral cartilage in their knees. Junior linebacker Michael Schwindel will also be out with a shoulder injury.

## Cobb, Lumpkin to return

The Cats could have two key players back against South Carolina. Freshman quarterback/wide receiver Randall Cobb, and sophomore defensive tackle Ricky Lumpkin, will return to practice this week, Brooks said at his weekly news conference Monday. Both players are suffering from ankle injuries.

*Office of Student Activities, Leadership & Involvement*

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The Campus Calendar is produced by the Office of Student Activities, Leadership & Involvement. Registered Student Orgs. and UK Dept. can submit information for FREE online ONE WEEK PRIOR to the MONDAY information is to appear. Call 257-8867 for more information.

Tuesday 30 <sup>th</sup>	Wednesday 31 <sup>st</sup>	Thursday 2 <sup>nd</sup>	Friday 3 <sup>rd</sup>	Saturday 4 <sup>th</sup>	Sunday 5 <sup>th</sup>
<ul style="list-style-type: none"> <li>•UK Trap and Skeet Practice, 7:00 PM, Bluegrass Sportsman League</li> <li>•Honors Program Student Council Meeting, 7:30 PM, Student Center 231</li> <li>•Interviewing 101, 12:00 PM, Raymond Bld, Room 112</li> <li>•Real Men Wear Pink, www.UKAGR.com</li> <li>•NABJ Meeting, 5:00 PM, Maggie Room, Grehan Building</li> </ul>	<ul style="list-style-type: none"> <li>•Real Men Wear Pink, www.UKAGR.com</li> <li>•ART@NOON: THE ART OF MATTHEW JOUETT, 12:00 PM, Rose St &amp; Euclid Ave</li> <li>•UK Trap and Skeet Practice, 7:00 PM, Bluegrass Sportsman League</li> <li>•Fellowship of Christian Athletes, 8:00 PM, Room 211 of the Student Center</li> </ul>	<ul style="list-style-type: none"> <li>•Interviewing 101, 3:30 PM, Career Center</li> <li>•UK Trap and Skeet Practice, 7:00 PM, Bluegrass Sportsman League</li> <li>•Campus Crusade for Christ, 7:30 PM, Center Theatre in the Student Center</li> </ul>	<ul style="list-style-type: none"> <li>•UK Trap and Skeet Practice, 7:00 PM, Bluegrass Sportsman League</li> </ul>	<ul style="list-style-type: none"> <li>•UK Trap and Skeet Practice, 7:00 PM, Bluegrass Sportsman League</li> </ul>	<ul style="list-style-type: none"> <li>•UK Trap and Skeet Practice, 7:00 PM, Bluegrass Sportsman League</li> </ul>

# ENGINEERING AND HIGH TECH CAREER FAIR

**Wednesday, October 8, 2008**  
**10:00 AM - 3:00 PM**  
**Student Center Grand Ballroom**

3M Company • A&P Technology • ADTRAN, Inc. • AGC Flat Glass North America • AK Steel Corporation • Alcoa • Alpha Natural Resources • Altec Industries • Amazon.com • American Greetings • American Structurepoint INC. • ArvinMeritor • Bechtel • Bechtel Parsons Blue Grass • Belcan Advanced Engineering & Technology Division • Bell Engineering • Big Ass Fans • Brown and Caldwell • Ceradyne • Chemical & Industrial Engineering • Cleveland-Cliffs Inc. • CMTA Engineering • Computer Services, Inc. • CONSOL Energy, Inc. • Cummins Inc • customKYnetics • Cypress Semiconductor • Denham-Blythe Company, Inc. • DENSO Manufacturing, TN • Dow Corning Corporation • Drummond Company, Inc. • Duke Energy • E.ON U.S. (Kentucky Utilities/LG&E) • Eastman Chemical Company • Enerfab, Inc • ENERGY FUTURE HOLDINGS • Energy Management & Services • Equitable Resources • Exstream Software by HP • Fluor • Frankfurt Plant Board • General Electric • General Electric (GE) - Aviation • Genie Industries - A Terex Company • GERDAU AMERISTEEL • Gray Construction • GRW • Haydon Brothers Contracting • Hazen and Sawyer • Hixson - Architecture/Engineering/Interiors • HMB Professional Engineers, Inc. • IAESTE United States • J. M Smucker Company • Johnson & Johnson • Kansas Department of Transportation • Kentucky Department for Environmental Protection • Kenvirons, Inc. • Kimley-Horn • Kohrs Lonnemann Heil Engineers • Ky. Transportation Cabinet • L'Oreal USA • L-3 Communications • Lexmark International Inc. • Libsys Inc • Lubrizol Corporation • Marathon Oil Company • Messer Construction • Microsoft • Mosaic Fertilizer, LLC • National Security Agency • New Dimension HCS • NewPage Corporation • North American Stainless • Nuclear Fuel Services, Inc • Office of Surface Mining • Osram Sylvania • P&G • Palmer Engineering • Parker Hannifin Corp. / Parker Seals / O-Ring Division • PEBCO® • Progeny Systems Corporation • R.J. Griffin & Company • RW Armstrong • Schlumberger • Schneider Electric • Skanska • Stantec • Strand Associates, Inc. • Summit Engineering, Inc. • TATA Consultancy Services. • Tate & Lyle Ingredients Americas, Inc • Tennessee Valley Authority • Terex Corporation • Tetra Tech • The Babcock & Wilcox Company • The Kroger Co • Thompson & Litton Engineering • Toyota Boshoku America (TBA) • Toyota Motor Engineering & Mfg North America • Trane • Turner Construction Company • U. S. Navy • U.S. Department of Energy • UK Cooperative Education • Ulliman Schutte Construction • University of Kentucky - MBA • US Marines Officer Selection Office • Walbridge • Windstream • Wright-Patterson Air Force Base



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