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Pedestrian medians pose problems for emergency vehicles

By KRISTOHER RUSSELL
Staff Writer

John Doe, a chemistry professor, leaves his office at 4:30 p.m. to go home.

As he moves toward his car, parked across Rose Street in the faculty parking lot, a sharp pain in his chest suddenly overcomes him. Doe is having a heart attack.

The UK Medical Center is only a quarter of a mile down Rose Street. Doe should not have a long wait to receive medical attention.

Or will he? An ambulance might not reach him in time.

Although this incident is fictitious, the median in the center of Rose Street can make problems for emergency vehicles during periods of heavy traffic.

The median runs from the corner of Rose Street and Washington Street to the corner of Rose and Columbia Street.

The median narrows the driving space on the street, which makes driving difficult, particularly for large emergency vehicles, said a member of the Lexington-Fayette Urban County Fire Department.

"The median has caused quite a bit of problems," said Capt. Gilbert Grogan of the department. "There's just not enough road space to get our large vehicles through there."

Grogan said Rose Street is a main route for the department. "We come through there quite a bit. And with the median, it takes us more time to get through," he said.

The median has caused problems at times other than heavy traffic periods, said Lyle Scott of Metropolitan Ambulance Service. "At any time during the day you cannot get through there. The median is too high to get up on and drive by," he said.

Scott said the addition of the median makes Rose Street even tougher to drive on than before. "Rose Street was too narrow even before the median was put in, and now it's almost impossible to get through."

Dick Cooksey, manager of Blue Grass Ambulance Service said some of his firm's ambulances have come close to having accidents on Rose Street. He blames the new median. "We've had some near wrecks," he said.

Those interviewed, however, said none of the patients had died because of lost time in traffic holdups.

Despite the obvious problems the median has caused, Cooksey said his firm will not complain about it if it helps the University.

The idea for the installation of a median came about in Spring 1983, said David Uckotter, director of traffic engineering for Urban County Government.

Ken Agent, a researcher in UK's transportation research department, said a \$40,000 federal grant was allocated to study campus traffic problems. He said the study showed a "lot of potential pedestrian accidents" in the area around Rose Street.

The results of the study indicate that a median was necessary, Uckotter said, and it was built by the city in August.

He said it has not caused many problems since its inception. "There have been surprisingly few," he said. "The only complaints we've had are from drivers of emergency vehicles. They say the road is too narrow."

Cooksey said a potential accident is more likely to result from an emergency vehicle driver's error than the median. "A lot depends on the driver of the ambulance, and also on the patient," he said. The more severe the patient's condition, the faster an ambulance is likely to travel.



Jody Bosomworth, wife of the chancellor of the UK Medical Center, entertains about 25 children with a Christmas Story as part of the second annual Holiday Tree Lighting Ceremony last night. The 30-foot pine tree was decorated with ornaments provided by various Medical Center departments.

Tree ceremony is a festive occasion for both hospital patients and staff

By ANGELO B. HENDERSON
Senior Staff Writer

Despite the below 30 degree temperatures, about 150 people — both UK Medical Center staff and patients — braved the cold weather to witness the second annual Holiday Tree Lighting Ceremony last night.

A 30-foot pine tree, filled with ornaments and garland, was illuminated when one of the small children surrounding the front of the tree flipped the switch.

Multicolored blinking lights, with red, yellow, green and blue spheres glistened as two local girl scout troops sang "Deck the Halls" and "Silent Night."

"This is to formally recognize on the part of the Medical Center the start of the holiday season and also to thank both the patients and employees who participated in this event," Peter P. Bosomworth, chancellor of the Medical Center, said.

About 25 ornaments adorned the tree, designed with the theme "Winter Wonderland." The ornaments were entries by various Medical Center departments in the Holiday Tree Ornament contest. Mary Collier of the UK public information, said. And the tree itself, she said, was donated by the College of Agriculture.

Patients in wheelchairs joined hospital staff members and nurses to participate in this festive occasion.

"The nurses said they were going to light the Christmas tree so I came on out to see it," Craig Thursty, a patient, said. "It beats staying in the room."

Jim Cole said he has been in room 737 of the hospital for a week and he wanted to see what was going on. "I heard so much about this and everybody else said they were coming so I just came along — but I won't last long out here in the cold."

Bonnie Smith, a patient, described the holiday ceremony as raising spirits and brightening the day.

Tom Reynolds, also a patient, said the ceremony was a great way to kick off the holiday season.

"This brings out the Christmas spirit in people, and that is a good way to start off the first day of December," he said.

Bosomworth said those patients that could not get out to see the lighting ceremony will be able to watch the entire celebration on closed circuit television sets in their rooms for the first time.



The traditions and excitement of the holidays are explored in the Kentucky Kernel's Christmas edition. See inside.

Schwoooosh!

Experienced ski instructors find fun and profit on the snow-capped slopes of area resorts

By JOHN S. WATSON II
Reporter

Picture this . . . the sun is shining brightly in a clear blue sky, the surrounding hillsides are snow-covered and sparkling in the sun's rays. The thrilling "schwoooosh" of skis can be heard breaking the peaceful silence.

In the midst of this "winter wonderland," a part-time ski instructor can earn up to \$100 a day.

Patrick Sullivan, a business administration junior, was just such a ski instructor at an area resort.

"I'd been skiing for about six years," Sullivan said, "but I had never been an instructor before."

"After General Butler (Ski Area) opened up, I decided to try being an instructor (there)," he said. "I love to ski and getting paid while doing something you really like is terrific."

General Butler State Resort Park in Carrollton, Ky., has a small ski resort located within its acreage. It opened in January 1982.

Katie Marshall, director of the General Butler ski school, said she would "highly recommend" college students who are good skiers to become instructors.

Margaret Kagi, director of Marketing for Paoli Peaks Ski Resort in Paoli, Ind., defined "good" skiers as "upper-intermediate to advanced skiers."

Paoli Peaks and General Butler are both within two hours of UK, and are good choices for students seeking part-time employment as ski instructors.

"Some people may think two hours is a long drive for a part-time job," Sullivan said, "but it's a drive you don't mind. You get so psyched to ski, the time flies by. Besides, two hours is a drop in the bucket compared to, say, Aspen or Vail."

Butler Ski School Director Marshall said beginning instructors do not have to be registered or certified. Prospective instructors are evaluated on their skiing ability, she said. Registration and certification are obtained later.

Marshall said ski instructors are registered after they have taught ski students for about 40 hours. She noted that there is also a registration fee. This year it is \$30.

Instructors may apply for national certification after they have taught for a minimum of three full seasons, Marshall said. Certification raises an instructor's position on the pay scale and enables him to gain employment easier if his desired position is in demand.

Marshall added that certification is more important in the West where there is a greater number of ski areas but she said her goal is to have all her instructors certified.

Both Marshall and Kagi said instructors are paid according to the number of ski classes they teach a day. Both also noted that private instruction, the most expensive type of instruction for ski students, earns instructors more money.

Kagi said instructors at Paoli "earn from \$4 to \$12 an hour depending on their skiing ability and experience."

Marshall said "an instructor can earn \$100 a day if he hustles and he's good at teaching."

Besides a lot of skiing and good pay, instructors at both Paoli and Butler get discounts on ski equipment.

According to Kagi, "(Ski equipment) companies are very interested in having ski instructors use their equipment."

Marshall said ski instructors get "a substantial discount. On a piece of \$300 equipment, they (instructors) can get, say \$100 off."

Kagi said students interested in being instructors at Paoli Peaks should attend an outdoor clinic there on Dec. 10. Kagi said Paoli Peaks will hire around 40 instructors.

Marshall said Butler has already hired several instructors for this season, so only registered or certified skiers are being accepted now.

Both ski areas are scheduled to open in mid-December, but cold temperatures are essential to meeting that date, Marshall said. The temperature must be below 32 degrees in order to "make snow with the snow blowers."

The resorts are open until late February or early March, also depending on temperatures.

New computer to alter format of King library

By SAILAJA MALEMPATI
Reporter

In a few years students may have the comfort of finding library books from a computer terminal in their own residence hall room, thanks to a plan to automate the University's libraries.

M.I. King Library is planning to start a new automation project that will go into effect in Fall 1984, according to Paul Willis, director of libraries. This new circulation system will be beneficial for the entire University campus, Willis said.

Michael Lach, associate director of Public Services, said the system that is currently being used at the Library is called the Mc-Bee system. When students wish to check out a book, they must fill out a card containing various information on the book and themselves. The card has holes around its side. "Each hole represents a date," Lach said.

This system, Lach said, is very time-consuming and requires unnecessary use of labor. He said, "A half-million cards have to be filed by hand a year."

Paul Willis said he feels the automated system will cut down manual errors. "Our staff will have more time to keep books in order," he said.

Lach said the system will require that each book have a barcode associated with it. The code will be a 15-digit number that will identify the book in the system. With this code, checking a book out will be no problem. "It should take about a second a book," Lach said.

However, it will be mandatory for students to have their identification cards. Lach said, "If you don't have your ID that has a barcode on it, you can't check anything out."

Saving time and eliminating manual errors are not the only benefits that can be achieved by the automation system, Lach said. "It will tell us if a student has an overdue book," he said. "If we don't want a student with \$25 in fines checking out books, he will be blocked by the computer."

Philip Dare, head of circulation, said it will take time to adjust to the new system. "There will be a period of time that people will have to get used to using both systems," he said. "During the transition period things will probably move a lot slower."

Lach said the funds for this project will come from the Lexington campus administration. The Medical Campus Library is also buying into the system, he said.

The cost to establish this system in the library is still uncertain.

According to Lach, the development of the system will occur in three stages. "There first is to install terminals for the automated system in the M.I. King Library, the Medical Center Library and perhaps one other branch."

Second, they will automate the rest of the branches. In the final stage, the card catalog will be closed and a terminal will replace it.

"We have bought a system large enough to include community libraries also," Lach said. "It is conceivable that we could even place a terminal in each dorm."

INSIDE

The transition of gender stereotypes and social roles are some of the topics that will be discussed by a professor of psychological sciences from Purdue University. To find out more, see Page 2.

Stagi Gimre that doll! Americans are showing the true spirit of Christmas once again. To find out more about the \$5.99 doll, see VIEWPOINT, page 5.

WEATHER

Today will be mostly cloudy with a 50 percent chance of late afternoon rain. High will be in the low 50s. Tonight will be cloudy with a 60 percent chance of rain. Low will be in the upper 30s. Tomorrow will bring continued cloudiness with a chance of afternoon rain.

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Forum discusses gays 'coming out'

By STEPHANIE WALLNER
Senior Staff Writer

Kristine, a sociology junior, said her parents were shocked when she told them she was a homosexual. But they have learned to accept her preference.

"When I threw this in their lap it was a total mess," she said. "They get used to the idea. I'm sorry that it hurt my family but my life is not theirs."

Kristine is one of 20 students and Lexington residents who participated in a discussion last night on the costs and consequences of revealing homosexuality to parents and friends.

Sponsored by the Gay and Lesbian Union of Students, the meeting was designed as a self-help talk for gay men and women and heterosexuals to discuss "coming out" and how homosexuals can deal with parents and friends.

"Coming out doesn't have to mean 'OK world, I'm gay,'" Jay Randall, GALUS president, said. "That's not what coming out means to me. It is a decision regarding lifestyle."

"It's admitting to yourself and finally saying I know what I want," Bryan said.

Most participants agreed that coming out refers more to the individuals acceptance, not the announcement to the "straight" world. "It's the idea of coming to terms with yourself," Randall said.

The group had different stands however on revealing their homosexuality to their parents. "I could never tell my family," one student said. "They'd send me to a psychiatrist."

Wendy said her parents suspect she is a lesbian, but she has not actually told them. "When I go home they mention grandchildren . . . I let them believe what they want," she said. "It would hurt them more to ruin their hopes."

Randall and Wendy said their parents tried to send them to small religious colleges hoping it would change them. And Kristine said, "It wouldn't matter where I went, I would still feel the same."

Some participants said they kept both their heterosexual and gay friends when they came out, while others retained only gay acquaintances.

"My friends felt that I had lied to them," one student said. Randall said he has changed his lifestyle and therefore his new circle of friends is predominantly gay.

Candles lit for 8-day-long Hanukkah

By CONCEPCION LEDEZMA
Senior Staff Writer

While Christmas trees are lit in many homes for the holiday season, Jewish families began yesterday an eight-day period of lighting candles to observe the holiday Hanukkah.

"This holiday commemorates the Maccabees' (a group of Jewish religious zealots) victory over King Antiochus from Syria," said Rabbi William Leffler of Lexington's Temple Adath Israel.

The Maccabees revolted about 168 B.C. when King Antiochus, who ruled all of Judea, demanded that the Jews worship idols. Despite being largely outnumbered

by the mightier Syrian forces, the Maccabees defeated Antiochus's army.

It is said that after the victory, a group of Jewish soldiers returned to restore their temples in Tadmud. These men found a small jar of oil with which they lit lamps in the temple.

The oil was supposed to have been enough to last one day. The miracle was that it lasted eight days. Therefore the Jews observe the eight-day period in which a candle is lit each night.

There are no religious services for Hanukkah.

For the Jewish students, the holiday celebration will take place at the Alpha Epsilon Pi fraternity from 4 to 7 p.m. Dec. 4.

Holiday customs differ from nation to nation

By CHRIS WHELAN
Staff Writer

Santa Claus, Christmas trees and the traditional Christmas songs are not only a tradition of the United States. Other countries also have many of the same traditions that Americans have.

Jorge Romero, an agricultural economic graduate student, said Santa Claus exists in Argentina also. "It's very much like Western culture," he said.

Jessie East, director of international student affairs, summed up the universal nature of the Christmas season.

"Christmas has become a worldwide phenomenon," she said.

Paul Hii, a radiation health and physics graduate student, said Malaysia is mostly Moslem, so Christmas is a public holiday, but not a religious one. "It's a public holiday to enjoy."

Taiwan also considers Christmas a public holiday. "In Taiwan it's illegal to have a religious holiday, so the government gave us one day off," Terry Yang, a journalism graduate student said. "We have a holiday on Dec. 25 that is called Constitution Day, but it's just come because that it falls on that day."

Peter Purdue, a professor of statistics, said that in Ireland it is mainly a religious holiday. "A lot of people go to church on Christmas Day." One of the unique things about Ireland's Christmas trees is that they not only decorate them with ornaments and the usual figures, but they also decorate them with balloons. They do not normally pop, they just slowly deflate, he said.

"One thing I miss, is plum pudding," he said. According to Purdue, plum pudding contains, among other things, various fruits and raisins, mixed with Guinness stout beer.

England's Christmas, according to Jim Booth, a statistics graduate student, is much like America's. "It's basically a family affair. We buy gifts and open them on Christmas Day," he said.

Expert to lecture on sex roles

By LINI S. KADABA
Executive Editor

Men should act powerful and aggressive. Women should be emotional and passive.

Such stereotypes originate from public perceptions of men and women in distinct occupational roles, said Alice Eagly, a professor of psychological sciences at Purdue University, during a telephone interview.

Eagly will speak on "Gender Stereotypes and Social Roles" at 3 p.m. today in the Gallery of the M.I. King Library North.

"People in society have beliefs about what men are like and women are like," she said, adding that men generally are seen as masters of the environment and women as people-oriented. "People confirm stereotypes by treating people in particular ways to bring out these traits."

Noted for her research in sex differences and gender roles, Eagly will focus in her talk — sponsored by the psychology department and women's studies program — on the origin of stereotypes and their social context.

She said such an investigation should lead to attitudinal changes among people. "If people understand their origins, they would understand what would be required to see change," she said. "Unless we have an evening out of gender roles, we will still have these beliefs."

Michael Hubbard, a professor of psychology, recommended Eagly's talk. "I think it's interesting that, especially in times when perceptions of men and women are changing, they're still based on gender stereotype notions," he said.

Eagly said stereotypes are not illogical biases, but based on realities such as women being homemakers and men job holders in the past. "Things won't change unless reality changes," she said.

Douglas Snyder, a professor of psychology, said Eagly's research is pertinent to the times. "The notion is that men and women have prescribed roles to play — dominant, passive, . . . suggestive, taking a lead, following a lead," he said. "How do these roles — stereotypes set out by society — influence behavior?"

Eagly's research, which she has studied for the past eight years, is a new field. "The idea of linking sex differences to social roles to explain origin of gender stereotypes is new," she said.


Eagly's method, too, is innovative, said David Kravitz, a professor in social psychology.

The method is meta-analysis — the combining of results from other studies that then are analyzed statistically rather than "impressionistically," Eagly said. "In general, meta-analytical studies have shown sex differences aren't large in controlled settings, in experiments."

Kravitz said Eagly's talk should appeal to a wide audience. "It's like reading Alice in Wonderland — people can appreciate it on different levels."

He said Eagly is well known in her field. She has written about 40 research papers and holds membership in several prestigious societies, he said.

"For people who are in social psychology, this is a woman with a national reputation," Kravitz said. "For your average person interested in gender differences or women's liberation, she might have something to say."



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Christmas season picks up momentum with each passing day

By DEBRA TORABI
Reporter

A sign posted outside a local jeweler's shop quietly but almost tauntingly reminds each and every passerby, "Only 23 more shopping days 'til Christmas."

The gift-giving frenzy that overcomes everyone this time of year is off and running with each new shopping day adding to the momentum — all winding down toward the Dec. 25, the day of reckoning Christmas.

This is the time of year that we all expect Christmas promotions to begin, but hints of Christmas have been popping up in some stores in Lexington as early as August.

"It's ridiculous that they start so early," said Pat Burns, a Lexington shopper at Turfland Mall. "I don't start until the 22nd of December," she said. "I'm a last minute shopper."

"If you shop too early, you spoil

the Christmas spirit," said another shopper, Jean Berg of Rock Rapids, Iowa. "I like to shop during the Christmas rush."

The area stores began decking their halls with boughs of holly much earlier than that, however. Gold Circle began hosting its Mountain King Christmas trees when Lexingtonians were still sweltering in the dog days of August, according to manager Lou Mourar.

"We break ads in both areas (Christmas toys and 'trim-a-tree' specials) around the first week in September," he said. "So we have to have the merchandise set up in August to be ready for the specials that we offer at the time."

McAlpin's starts hiring extra personnel and setting up their "Christmas Shop" around the middle of September, according to Sue Lynch, a senior clerk in the shop at Lexington Mall.

"We started setting up Christmas

"We start looking like Christmas around Nov. 1st or else we won't get there in time . . . We try to be finished before Thanksgiving or the day after (because) that's when the Christmas push really begins . . . We try to get the customer in the Christmas spirit by setting up then."

John Norris,
J.C. Penney
assistant manager

trees and putting merchandise out around the third week in September," she said.

"We already sold out some items and new items keep coming in all the time," Lynch said.

Although items like winter coats, clothes and an abundant supply of toys were put up at Hill's depart-

ment store in July, Christmas decorations and trees did not begin to appear until the start of October, according to Robert Shuster, manager of the Southpark branch.

"We started putting them up (decorations and such) Oct. 1st and tried to have them all out by the 15th," he said.

Heck's department stores normally are required by the company to set up their Christmas stock by Oct. 15, according to the manager at the Nicholasville Heck's, Joe Frye.

K-Mart, Begley Drugs, Sears Roebuck and J.C. Penney do not begin setting up their Christmas cheer until the beginning of November.

"We start looking like Christmas around Nov. 1st or else we won't get there in time," said the assistant manager at J.C. Penney, John Norris.

"We try to be finished before Thanksgiving or the day after (because) that's when the Christmas push really begins," he said. "We try to get the customer in the Christmas spirit by setting up then."

For the "shrewd" shopper, Christmas shopping for the following year begins on Dec. 26 and continues throughout the year. The advertising scheme of "Christmas in July" is no laughing matter.

"People buy bigger items like

coats, toys and appliances and put them on layaway," Frye said. "It's more convenient for them."

The manager of a well-known department store who wished to remain anonymous, said the entire marketing system caused the stores to begin pushing Christmas so early.

"Merchandise cannot be ordered and shipped five to six weeks before the holidays," he said. "It takes months of advance planning and buying (merchandise) is shipped, you have to take into consideration that some of these stores do not have enough room to warehouse all the incoming merchandise for months before the holiday season."

But some stores stock too quickly, he said. "August is too early."

With the malls garnished and glittering with Christmas grandeur since early November and Santa's presence well established in Lexington, Fayette and Turfland malls, the holiday season is definitely upon us.

Faculty ranks money at top of wish list

By EMILY MORSE
Reporter

Although most University students and faculty would feel uncomfortable sitting on Santa's knee, they still have quite a few requests in mind to whisper in his ear.

While both red and green are Christmas colors, most of the faculty would like to concentrate on the green.

"Money," said Herbert Drennon, dean of the College of Communications. "We're just sitting here expressing our frustration over not being able to meet the students' needs and give them adequate classes for lack of money."

David Stockham, director of student financial aid, said he would like enough new financial aid funds to make up for all the tuition increases. "That's only several million, but Santa's pretty generous isn't he?"

Donald Sands, assistant vice chancellor for academic affairs, said he would like unlimited scholarship money.

Rosemary Pond, associate dean of students for residence hall life, knew exactly what she wanted. "Health first, then some fun and then complete rest."

In the spirit of goodwill, Donald Ivey, a professor of music, said, "I would like a little peace in the world."

Although few would have turned money down, students had other gifts in mind. Their lists included good grades, new cars, cameras, vacations, tickets to the Hall of Fame Bowl game and dates. Some had special requests.

"I just want my nose back to normal," said Brad Noel, an economics junior. He was involved in a car accident over the Thanksgiving holiday.

Bill White, an accounting senior, said, "My family is all over the U.S. I would like just to have them all together."

Along less serious lines, Susie Stuckert, a finance junior and avid bear lover, said, "I told my Mom all I wanted was the big teddy bear at Dudley Square."

In preparation for the business world, Tammi Shackelford, a textiles, clothing and merchandising senior, said she wanted a new wardrobe "with socks and everything."

"I need that professional look for when I get out in the world," she said.

In a more festive spirit, Troy O'Daniel, a business freshman, said, "I would like a case of Heinekens."

A few students will be spending their first Christmas in the United States. Sophie Motie, from France, is studying English and psychology at UK. She said there is really no big difference between the way the Christmas is celebrated in the two countries.

"I would wish to see as much of the U.S. as I can while I'm here," she said.

Michela LaRocca, a psychology senior, is from the Black Forest in West Germany. This will be her second Christmas in America. Although she did not have a specific request in mind, she had some thoughts on the holiday. She noted differences in the celebration of the two countries.

"It's too commercialized here," she said. "We don't put our Christmas tree up until a day before (in Germany). It's not as mysterious as it should be. I thought here it's like Halloween, with all the lights twinkling all over the place."

DAVID PIERCE/Kernel Graphics



Ashley Bordas, 11, and her sister, Lindsay, 7, make sure Santa Claus, Rick Morrison, knows what they want for Christmas.

Shopping mall Santas await children's wishes

By ELIZABETH CARAS
Staff Writer

Some of the children run in fear, while others wait eagerly for their chance to tell their wishes to the man in the chair. The individual is hidden behind a red suit, black boots and white beard, but he is special for the character of the season.

Although Christmas is still three weeks away, Santa Claus has not let that keep him from coming to this town. There are already about 25 Santas who have begun visiting various shopping areas in Lexington.

Mark Miller, an ordained minister, has just begun his second year as Santa at the Turfand Mall. He said he got involved because "it sounded like a lot of fun."

Miller will receive his master's degree from the Asbury Theological Seminary in Wilmore, Ky., and said the job is a good way to earn a little extra money.

"I enjoy seeing a smile on the kids' faces," he said. "Even the ones that are scared I think enjoy it."

Michael Golsby, a microbiology senior, said he answered a newspaper advertisement for a Santa at the Lexington Mall and has been there ever since. "I needed a little extra Christmas money. It puts me in the spirit of

Christmas," he said. The children "are so in awe of Santa and it gives me chills."

Gary Marsh works in purchasing for the Shriner's Hospital for Crippled Children, and said he is enjoying his first year as a Santa at Fayette Mall, although he has been playing the part at other locations for three years.

"From a year and a half to 3 years old, Santa Claus scares the heck out of them," Marsh said. "After age 4 they are pretty much past that."

Marsh shares his hours with Frank Smith, a three-year veteran who also answered a newspaper ad three years ago. "I'm just a natural-born Santa Claus and they couldn't resist me," Smith said.

He is a retired machinist and said he applied for the job because he has always liked children and Christmas time.

"You never know how the kids are going to react," he said. "That's the whole love of doing it."

"I'm not only satisfying myself but I'm making other people happy too," Smith said. "When you do that you're doing the best you can ever do."

There has been a Santa Claus at the Fayette Mall since the mall opened. Gary Langfitt, assistant manager for the mall, said, "He is there from the Sunday

Residence hall students celebrate holiday

By ANNA HARDY
Staff Writer

With Christmas only a few weeks away, students in residence halls are busily getting into the holiday spirit with a variety of different activities.

Blanding I and Kirwan IV are co-sponsoring a Christmas party for the child patients at the UK Medical Center, said Sandy Flack, president of Blanding I house council. It will be held Sunday at 2 p.m., she said.

Blanding I is also having a Christmas party for the hall residents and may go caroling at a local nursing home, she said.

David Rice, vice president of Blanding II house council, said Blanding II will have a party for the residents Dec. 8. Most of the floors are having individual floor parties, he said.

Blanding III house council is sponsoring a Christmas party for the

residents, said Chris Allen, president of Blanding III house council.

Gwyn McCloskey, house council president of Blanding IV, said they are planning a floor decorating contest. They also plan on going caroling to a nursing home on Dec. 7, McCloskey said.

Blanding Tower residents are having a party for underprivileged children of the Manchester Center, said Donna Anderson, president of house council for Blanding Tower. They are also doing Secret Santas — gifts given anonymously — by individual floors, she said.

Elizabeth Caras, president of Kirwan III house council, said most of their activities are among individual floors. Most floors are having parties or are going out to dinner, she said. The floors are also having a door decorating contest, she said.

Kirwan IV is sponsoring a lobby decorating contest, said Suzanne Gardner, president of Kirwan IV

house council. "Whoever decorates their lobby the best gets a prize," she said. The prize has not yet been decided.

Blazer Hall is having a Christmas tree decorating party Sunday, said Rhonda Onan, Blazer house council president. They are also going to make cookies for their residents, she said.

Keeneland Hall is having their traditional semi-formal Christmas dance, said Dendra Ford, house council president of Keeneland. The dance is for the residents and their guests, she said. They also will have a tree decorating party Sunday, she said.

Boyd Hall's fourth floor is sponsoring a Christmas dance, said Debra Maden, president of house council. The dance will be tonight in the Boyd Hall game room, she said. It is open to all students, Maden said.

UPCOMING ACTIVITIES

- Blanding II Christmas party for residents, Dec. 8
- Blanding III Christmas party for residents, to be announced.
- Blanding IV is planning a door decorating contest; plan to go caroling at a nursing home on Dec. 7.
- Blanding Tower Christmas party for residents; having Secret Santas.
- Kirwan III planning parties among individual floors; planning door decorating contest.
- Kirwan IV is sponsoring a lobby decorating contest.
- Blazer Hall is having a Christmas tree decorating party Sunday.
- Keeneland Hall is having their traditional semi-formal Christmas dance; tree-decorating contest.
- Jewell Hall residents will be decorating a full Christmas tree.

Christmas special for Singletarys

By NATALIE CAUDDILL
Staff Writer

Christmas is a special occasion for the Singletarys.

Gloria Singletary, wife of President Otis A. Singletary, plans and decorates for the holiday with anticipation. "I usually start decorating the first of December because we usually have groups of students come caroling and we like to have the house decorated so they can see a little bit of it," she said.

The Singletarys are indeed prepared for the ensuing carolers with lights, wreaths and a brimming basket of candy canes.

Gloria Singletary throws several Christmas parties annually. "I have a tea for the Lexington Women's Club every year, an egg-nog party for the maintenance people and a luncheon for Otis' office personnel," she said.

The Singletary's holiday decor reflects the traditional look of Christmas. Green garlands deck the staircase, a holly centerpiece dominates the dining room table



Gloria Singletary, wife of President Otis Singletary, displays some of the Christmas decorations in Maxwell Place, the traditional home of UK's president.

Christmas can be depressing and lonely, professors say

By CAROLYN EDWARDS
Staff Writer

Christmas carol lyrics celebrate the joys of the holidays; greeting cards expect everyone to be happy. Christmas is the best time of the whole year . . . or is it?

"Holidays are the easiest time to feel alone," said Judith Worell, a professor of counseling psychology.

Many families make a special effort to spend the time with each other, but it's a scheduled time to get together. "But if family members are not getting along or if a person is alone, feelings of loneliness and isolation can result, she said.

Expectations of complete happiness are not always met, bringing disappointment to those who spend the holidays alone, Worell said. This is why the season is hard for anyone who is single, divorced or recently has lost a close relative, she said.

"People associate the whole thing with love," Worell said. "When they are not getting along with their family or are alone, they begin to judge themselves. It's not that people are more or less happy. It is that every emotion is intensified. It builds up and up and gets worse and worse."

Holiday depression can result for those who must spend the time alone, said Michael Brooks, a professor of sociology. "It is a very real phenomenon," he said. "Holidays are family events when people get together to renew bonds. For people who are alone, it can be a difficult time."

Depression is a major malady in American society, said Dick Clayton, a professor of sociology. It is more common during the holidays because feelings of depression and isolation are connected with cycles of activity, Clayton said.

Depression is common during the Christmas season because people tend to think about the past. When they remember past holidays spent with relatives or friends who are now deceased, they are forced to realize their own mortality, he said.

"Holidays, I would guess, bring home to people feelings that tie into the family and tie into the realization of one's mortality," Clayton said. "They trigger emotions that are stored in the memory part of the brain. You are forced to contemplate life and to realize the fragility of it. We become aware of all those unspoken chords that attach us to our family."

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Dreams of Broadway's lights shine in eyes of 'Chicago' star



CASSANDRA LEHMAN/KERNEL STAFF

Roxie Hart (Lisa Rene Asher) and her lover, Fred Casely (Vic Chaney), sneak off to her place in the musical "Chicago," which runs through Sunday afternoon at the Guignol Theater.

By BECKY McELLISTREM Reporter

She has sung in Korea, Japan, the Philippines and Honolulu, and now she is back at UK singing in "Chicago," which is currently running in the Guignol Theater.

She is Lisa Rene Asher and she is playing what she calls "a hot, jazzy little woman" — Roxie Hart, a woman who has shot her lover and searches for fame instead of the electric chair.

In an interview, she talked about her acting and singing, which she admires compared to that of Madeline Kahn.

Kentucky Kernel: Why did you pursue acting as a career?
Lisa Rene Asher: It may sound

clined, but it's what I've always known that I've wanted to do.

KK: What are your long-term plans after college?

LRA: To work in a regional theater company and ultimately get to New York. Performing in Broadway musicals is the highest goal I've set for myself.

KK: Is acting your exclusive theatrical interest?

LRA: No. Musical theater is because I love to sing. Music can move you in such a way that the audience is not aware of. A song can serve the same function as a soliloquy, but it gives you a whole new dimension. It can touch you more than just plain dialogue. The more versatile you are, the more doors that will open. A lot of professional companies and repertory theaters usually include at least one, if not more,

musical in their season. It's a rare musical that doesn't have at least some dancing, so you have to be prepared that way as well.

KK: What are the characteristic musicals that you enjoy performing in?

LRA: I'm all-American enough looking to carry the standard Rodgers and Hammerstein stuff. But they're so well known and overdone that you really don't have to be a good actress to pull them off. And shows like "Chicago," especially the character of Roxie, give me a chance to do singing and dancing and to sink my teeth into some good acting. That's why I went after this part hook, line and sinker. "Chicago" has more robust, flavorful and spicy characters than one of the "traditional" musicals like "Oklahoma!"

KK: What are your favorite past shows that you have performed in?

LRA: Adelaide in Damon Runyans' "Guys and Dolls" and Winnifred in "Once Upon a Mattress" are two of my better endeavors and ones that I thoroughly fell in love with.

KK: What future musical roles would you be interested in performing?

LRA: Carla in "Nine," which was recently played by Anita Morris; Grisabella in the Glamour Cat in "Cats"; and any role that Tommy Tune is directing.

KK: How would you rate yourself in the overall scheme of things? In other words, do you consider your talents to be "what they're looking for" in a difficult market to make a name?

LRA: If I didn't believe I was good enough, then I wouldn't be working and trying and giving everything I have to make every show the best one I've done. A lot of times it's the determination and drive and not the talent. (She pauses, throws back her head and gives us her most sincere smile.) Not to say that I don't have the talent!

Performances of "Chicago" begin at 8 tonight and tomorrow and at 3 p.m. on Sunday. Tickets are \$4 for students and senior citizens and \$5 for the general public. For reservations, call 257-3297.

HOT DATES

• Today, tomorrow and Sunday. — Chicago will be presented by the UK theater department at 8 p.m. in the Guignol Theater, Fine Arts Building. Call 253-3500 for more information.

• Today and tomorrow — Studio Players will stage Getting Out at 8 p.m. Call 253-2512 for information.

• Today — The Lexington Talent Education Association will give a recital in 17 Fine Arts Building at 7 p.m.

• Dec. 4 — The Ashland Trio will perform at 3 p.m. in the last of this year's free "Music in the Museum" concerts at the Headley-Whitney Museum on Old Frankfort Pike.

• Dec. 4 — The UK Brass Choir will present a concert in the Center for the Arts at 8 p.m. Admission is free.

• Dec. 7 — The UK Choristers and Orchestra will perform in the Center for the Arts at 8 p.m.

• Dec. 7 through 11 — The musical Lena Horne: The Lady and Her Music will premiere the Broadway Series at the

Kentucky Center for the Arts in Louisville. For information call (502) 584-7777. Performances begin at 8 p.m.

• Dec. 9 — The Lexington Philharmonic Orchestra will present a program of Holiday music at 8 p.m. in the Center for the Arts.

• Dec. 9 and 10 — Modern Dance/Kentucky will present 90 Minutes of Non-Stop Magic at the Opera House at 8 p.m. For more information call 254-2111.

• December 9-11 — "Lone Star" and "Laundry and Bourbon" Two contemporary plays by James McClure to be presented by the Studio Players at the Carriage House on Bell Court. Performances at 8 p.m. on Friday and Saturday and 5 p.m. Sunday. Tickets can be reserved by calling 253-2512.

• Dec. 21-23 — A Christmas Carol will be presented at the Opera House at 8 p.m. Thursday and Friday, and at 7 p.m. all Wednesday through Friday.

Compiled by KATHY OSBORNE

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Wildcats take on longtime rival Hoosiers and tough defense



By MICKEY PATTERSON
Sports Editor

Last Saturday UK defeated its biggest "non-rival" with a 65-44 thrashing of Louisville. Tomorrow the No. 1-ranked Wildcats will take on traditional rival Indiana and the Attila the Hun of basketball coaching — Bobby Knight.

The once proud Hoosiers have been gutted by graduation losses. Four starters departed last Spring. Randy Wittman, an All-Big Ten swingman, is now with the Atlanta Hawks. Ted Kitchel, also All-Big Ten and a No. 2 draft pick of the Milwaukee Bucks, is recovering from back surgery and plans to try out for the Olympic team. Guard Jim Thomas is with the Indiana Pacers while forward Steve Houche is playing pro ball in Italy.

Do not get the wrong impression though. Knight-coached teams are always tough and no one realizes this better than UK head coach Joe B. Hall.

"It always takes a good night in all phases of the game to beat Indiana," Hall said. "There's no question about that."

Indiana is 1-1 on the year. The Hoosiers dropped their first game to 63-57 to Miami of Ohio but rebounded to beat Notre Dame 70-62 earlier this week. After the Miami game, Knight made his players practice after they got off the plane and two times the next day.

"He encouraged them like only Bobby Knight can," UK associate coach Leonard Hamilton said.

Despite the loss to unheralded Miami, Indiana has been impressive in the early season.

"They played the Italian National team, who are No. 1 in Europe, and beat them," Hamilton said. "I've scouted Indiana the past seven or eight years. They're a typical Indiana team. They execute their offense well. From what I hear from talking to people up there they really want to win this game to prove they're one of the top teams in the country."

Indiana's probable starting lineup will include two freshmen (6-6 Marty Simmons and 6-2 Steve Alford), two sophomores (6-8 Mike Giomi and 6-1 Steve Robinson) and one junior (7-2 Uwe Blab). Hamilton, who scouted the Indiana-Notre Dame game, said Blab has progressed in leaps and bounds.

"He's really improved on defense," Hamilton said. "At 7-2 he came out on the floor to guard Notre Dame's people. He blocked a few shots and had some rebounds elbow-high over the rim."

Hamilton called Alford, last year's Mr. Basketball in Indiana, "exceptional," and the UK coaching staff is equally impressed with Simmons, Illinois' Mr. Basketball last year.

"Simmons is a (Randy) Wittman clone," Hall said. "He has great aggressiveness; he's very mature. He will be a fine one."

The Hoosiers will once again attack UK with their vaunted man-to-man defense. Over the years Indiana has been known to win games on their strong defensive play alone.

"It's a real problem the way they play defense," UK assistant coach Jim Hatfield said. "They get such good help on the ball side of the court it causes problems."

"This means we have to have quick ball reversal. When Melvin Sam or Kenny get the ball underneath they need to get a quick shot, get it back out or they'll get an offensive foul or have the ball stripped from them."

On offense Indiana will run its infamous motion offense replete with screens, double-screens and what opposing coaches refer to as illegal picks.

"It's one thing to defend a pick and impossible to defend a moving pick," Hall said. "You can do two things: yell like hell at the referees or go to a zone defense."

The Wildcats will counter the Hoosier offense with the same aggressive man-to-man defense that befuddled Louisville.

As has been the case all year UK is hampered with injuries. Sam Bowie will not practice this week because of a dislocated big left toe. "I don't think it's serious enough to keep him from playing," Hall said. "It's not connected with his leg injury in any way."

Hall said Indiana's main advantage will be the underdog role.

"The underdog role is an easy one to exploit," he said. "You can get a team together with a lot of emotion. Something about that makes a team play better."

Gymnastics team begins potential Top 20 season

By ANDY DUMSTORF
Senior Staff Writer

One could look at UK athletics as a whole this year and come to the conclusion that not only is the athletic talent on just the men's basketball team balanced and superior, but almost every other sport is also built on the same proportion.

"This year we are so big, depthwise, that I could say that this is the best team that we have ever had," said head women's gymnastics coach Leah Little about this year's team.

One thing for sure, the gymnastics team will be able to flex its strength tomorrow when it travels to Bowling Green, Ohio, for its opening meet of the 1983-84 season against Ball State and Bowling Green.

"We have scheduled the opening meet against who we have for various reasons," Little said. "One is that we should have no problem beating both of these teams. It lets

me let the girls go out and perform and not have them worrying about opponents or high scores or anything along that line."

"It will build up their confidence and let them try any moves that they need to iron out. Not really worrying about either of these teams posing a threat will ease the tension of the first-meet jitters." Little said she believes this year's team could break into the Top 20 ratings but only if her team progresses the way she thinks they will.

"So far this year our team looks like they stay up with almost anyone," Little said. "If they stay healthy then we should more than likely make it into the NCAA regionals next Spring."

Staying healthy is what Little has been stressing in her two "super Cindys." Cindy Denker and Cindy Durr, both freshmen, might be the key to this year's team, according to Little.

Denker, out of Cherry Hill, N.J., excels on the floor and the vault. She has plenty of "big tricks," moves that score well and are crowd pleasers, and Little says she is a very consistent all-around performer.

"She is having a little trouble on bars right now but I think that is all mental and she can fix it in time," Little said. "She has to settle down and not worry about what she is doing on bars, then she will perform up to her standards."

The other, out of Philadelphia, is another of Little's "big trickers." Good mobility on the floor and an excellent vaulter are what the characteristics that Little says will make Durr a top performer by tournament time.

"I am impressed by her overall performance," Little said. "She had a slight injury and a little difficulty with her moves on the floor. We have been working with her dance moves, where she has been having

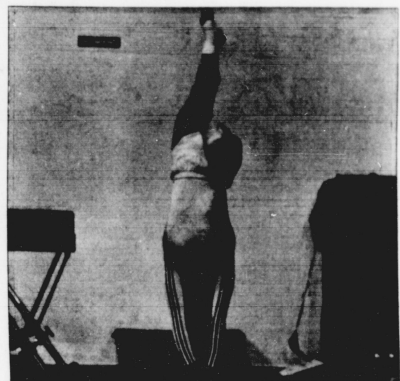
the most difficulty, and she is really improving."

Mary DiFede, a senior out of Centertown, N.Y., looks to be performing in the best form than she has ever at UK. Little describes her as being a top contender who is consistent in her work on the uneven bars. With a 9.8 last year, she set the school record in that event and held the record on the balance beam, which she set during her freshman season, until last year.

Little says sophomore Colleen Laferty will be in contention for a top all-around spot based on her overall performance.

Other top performers on the team who are looking to make their mark on the team this year are junior Joanne Cori and sophomore Sally Long. Cori has an abundance of talent on the floor and has dancing moves that would rival Mikhail Baryshnikov.

Long holds the school record on the balance beam with a 9.1. Little says she is as "solid as a rock" on the beam.



Senior Mary DiFede is an upside-down standout on the balance beam.

Volleyball team to begin post-season play

To say the least, Marilyn McReavy is a bit upset these days.

The associate head coach of the Lady Kats volleyball team is still fuming over the National Collegiate Athletic Association's pairings for its upcoming volleyball tournament. UK is in the South region where it belongs, but so is Hawaii, which geographically should be in the Northwest.

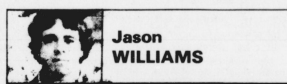
The tournament committee had previously promised to seed teams according to their regions, which would make UK No. 1 in the South. Instead, Hawaii holds that position while Pacific tops the Northwest, UCLA heads the West and Stanford is top seed in the Midwest. Those teams are the top four in the nation, while UK is ranked sixth. Those teams are also all in the very Western United States.

Naturally, the Kats are somewhat agitated over their undesirable draw, which pits them in a first-round match against North Carolina at 7:30 tonight in Memorial Coliseum. McReavy is hoping that agitation will not affect her team's play, as from here they will still have to take on the winner of No. 11 Texas vs. Lamar at Texas. From there would come the winner of a match that will most likely be between Hawaii and 13th-ranked Tennessee.

"I don't think you should play sports in a war type of thing, to prove a point," McReavy said. "That's like when Billie Jean King played against Bobby Riggs in tennis. After it was over she said she never wanted to play like that again. I think you should just try to win and do the best you can."

And the team cannot afford to overlook North Carolina, unranked but champions of the Atlantic Coast Conference with a 25-1 record.

"They're going to come here ready to beat us," McReavy said, "so I hope our players don't think about all



Jason Williams

this business too much. I don't want them to get too carried away because it's a single-elimination tournament. One loss and the season's over."

The Kats will likely go with a starting lineup of 6-foot senior Marsha Bond and 6-2 junior Lori Erpenbeck in the middle, juniors 5-6 Tanya Diamond and 5-9 Kim Martinsen as outside hitters and 5-10 senior Karolyn Kirby and 5-8 freshman Irene Smyth as setters in the 6-2 offense. 6-foot freshman Lisa Dausman has started recently in place of Smyth for blocking strength, moving Bond to an off-setting role, and should see plenty of playing time, as will 5-9 junior Freda Simpson, a setter and defensive specialist who started occasionally in that spot as well. The team boasts good depth with 5-10 freshman Sandra Lunney, 5-9 junior Chris Steilberger and 5-11 freshman Jill Ackerman.

McReavy said the team is in good health going into postseason play, although yesterday Erpenbeck was suffering from what McReavy hoped was merely a 24-hour virus of the sort that ailed Smyth earlier in the week. Kirby has been carefully nursing her hitting arm that has bothered her throughout the season, while Martinsen has had some aching limbs as well.

The Lady Kats basketball team will face its first real test since the season-opening loss to Cincinnati when it travels to 16th-ranked Ohio State tonight. The Kats, 2-1, will return home to play Indiana Tuesday night at 7:30 in Memorial Coliseum.

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Terrorism in D.C. could soon affect U.S. foreign policy

They are preparing for the worst in Washington. A few weeks ago, a bomb went off in the Capitol. This week, White House security has been tightened in response to a terrorist threat.

The threat, in the form of a letter sent to the FBI, predicted a terrorist attack on an official Washington building, according to a government source.

U.S. officials feared the White House would be the target, so they took increased security measures, which included parking sand-filled dump trucks at White House gates.

The group that sent the letter has been identified as the Islamic Amal, a pro-Iranian Shiite Moslem organization. Some government officials have said the Islamic Amal was involved in last month's bombing of the U.S. Marine headquarters in Beirut.

So far, the threat has not been carried out. There has been no loss of life in our nation's capital as a result of the threat. But the very fact that a threat was made — and taken seriously — opens a new and unsavory can of worms for U.S. foreign policy.

We must get used to dealing with terrorism.

Americans are not used to terrorism. It has always been something we found incomprehensible. We preferred wars. There are rules in wars, and we like to think that we always play by the rules.

But terrorism breaks the rules. A group of terrorists with a common cause can blow up a building without declaring war. That tends to make our policy-makers nervous.

Intervening in foreign wars is dangerous enough already. This week's threat shows that those wars can be brought back home. Terrorists can conceivably pack up all the destruction, fear and insanity and take it right into our nation's capital.

So foreign wars are not foreign anymore. And that provides something new for military chiefs to consider before committing troops to any foreign nation.

We must get used to the fact that conflicts will no longer be confined to overseas nations. If we send troops to other countries, the other countries might send something back.

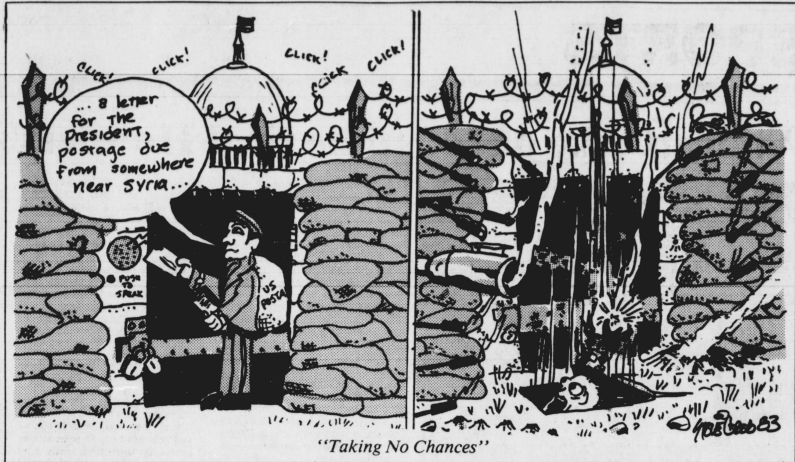
The United States is not engaged in a war in Lebanon — we are playing the role of a peace-keeping force. But the presence of that force in Lebanon opens the United States up to terrorism from various sources. If the nation intends to continue intervening, it must be prepared to deal with those that play by the "rules of terrorism."

The rules are changing. If the U.S. armed forces are going to get involved in other countries' wars, then the U.S. homeland must be prepared for the worst.

If that means parking sand-filled dump trucks in front of a national landmark — our president's home — maybe we should begin to question our involvement in a game we are not used to playing.

Readers are encouraged to submit letters and opinions to the Kernel.
 Persons submitting material should address their comments to the editorial assistants at the Kernel, 114 Journalism Building, Lexington, Ky. 40506.
 All material must be typewritten and double spaced.
 To be considered for publication, letters should be 350 words or less, while Guest-Opinions should be 850 words or less.
 Frequent writers may be limited.

Writers must include their names, addresses, telephone numbers and major classifications or connection with UK. If letters and opinions have been sent by mail, telephone numbers must be included, so that verification of the writer may be obtained. No material will be published without verification.
 All material published will include the author's name unless a clear and present danger exists to the writer.
 Editors reserve the right to edit for correct spelling, grammar, clarity and to eliminate libelous material.



Shoppers are better dead than doll-less

I want a doll just like the doll that dear old dad died for. Everybody sing along! Sing while fighting over those rags some computer has sewn into human form. Sing while receiving an elbow in your chest. Sing while some pregnant woman gets trampled underfoot.

The Army may have invaded Grenada, but the American public has an invasion of another kind on its mind — the toy store.

The latest craze over Cabbage Patch Dolls once again demonstrates the stupidity of the American public. News reports have been coming in for more than a week about thousands of people braving the cold in order to buy a doll, many have described as ugly, homely and downright sinful.

People have been knocked unconscious trying to fight their way into a toy store. Greed overrides the



John GRIFFIN

Christmas spirit once again and Scrooge is king of the money hill. Let's look at the bright side. There are some good aspects to the craze. People are at least putting some money back into the economy. And the hospitals are just watching the bucks roll in.

In addition, a doll is a lot cheaper than a baby is (so is an abortion). And each one comes complete with adoption papers, so a little Cabbage Patch child can be a part of your family. They don't scream and cry like newborns and each has the personality of your favorite Sorority Sue.

The ties that bind each person to his brother in harmony are the same ties that each breaks while clawing the other trying to get to the doll case. This image of chaos brings to mind a scene from, what else, "The Day After."

In the television movie, thousands of people storm a grocery store for those things they will need when the bombs fall. Frantic shoppers knock over carts in their paths, racing to get undercover before the missiles hit. Cars in the street wreak havoc and people scatter to all corners of the city.

In short, pandemonium reigns.

If such an incident were to occur tomorrow, I get the feeling that more Americans would choose to flock to the toy store instead of the grocery. One must have some entertainment after the bombs fall, mustn't one?

Maybe dolls are the answer. Cer-

tainly, their hair and skin won't fall off like that of those few that are left.

Get real, America. Listen to people who are marketing those funny-looking creatures. Barbara Wruck, spokeswoman for the dolls' distributor, has said, "It is a great, great gimmick."

That's all folks, a gimmick. Just like Hoola-Hoops, Rubik's Cube and pet rocks (like the rocks in your head).

The great mental experts in Washington have tossed off the craze as another way people can be a part of the crowd.

So what if no two dolls are alike? Isn't your well-being far greater than something that will, after the magic has gone, sit in the corner gathering dust?

John Griffin is a journalism senior and Kernel managing editor.

LETTERS

JFK 'stigma'

The JFK stigma leaves me shaking my head. I do realize most people do not associate Mr. Kennedy with a word such as "stigma." Preferably, he is glorified in TV movies, one-man plays, and "inside story" biographies. And of course every Nov. 22 homage is paid to this man whose image is as fictional as the magical land of Camelot. Needless to say the *Kentucky Kernel* has joined this mindless barrage with a front page, five-column recognition of the man with a dream.

In coming years, I anticipate more novelettes, a situation comedy and spiritual product endorsements all intended to further gloss a tarnished man. Kennedy was shot and canonized on the same day simply because he did not have a chance to prove his incompetence.

Do some people so desperately need a hero that they make one of a man who neither achieved victory nor was defeated justifiably?

I suppose I'll always open a newspaper on Nov. 22 to the lead, 20 pages ago today... 50 years ago today... 100 years ago today... JFK was shot while riding in an open car... I won't continue, we all know it by heart anyway.

Laurie Winters
Advertising sophomore

label it otherwise. "Freedom from discomfort" is how Webster defines convenience and it is clear that this girl obviously escaped many discomforts (namely ridicule and embarrassment to her family) by sneaking off and killing her unborn child!

I agree the girl would not adequately be able to provide for the child but there are many young couples who could raise a child in a loving environment and would have eagerly adopted this doomed child.

Although there might have been some heartache and embarrassment, the girl could have given birth to the child and allowed it to live a fulfilling life, but... it was not convenient.

LeRoy Gallenstein
Arts & Sciences junior

Nukes and freedom

Much of the rhetoric of the "Better Dead than Red" advocates in Lexington and on this campus miss most of the intent of the national debate on the growing nuclear menace.

Specifically, these people fail to recognize that the majority of proponents of a nuclear freeze and arms reduction are not calling for unilateral disarmament. Rather, they seek to elevate debates about the resolution of potential nuclear war to the major issue of our age.

The arms race must end now. Resolution of this issue is more important than any other concern with which the current administration seems preoccupied.

It is frequently suggested that those interested in resolving nuclear confrontation with the Soviet Union are seeking to give away their freedom by surrendering to the enemy.

In point of fact, I know of no "peace activists" with such intentions. I might also point out that the freedoms protected by the Constitution include the freedom to disagree with official policies of the U.S. government. I seriously disagree, and disagree proudly, with many such policies. The current administration's policies regarding resolution of hostilities with the Soviet Union are a disaster, in my opinion.

In addition, those who would call

forth nuclear war between the United States and Russia fail to recognize that there are hundreds of innocent cultures in this world and millions upon millions of innocent people who will die if such a war occurs, mustn't one?

I submit that the environmental destruction of the planet and the massacre of people not in our contending countries make such a war

Harville letter 'ludicrous, unconscionable'

In response to the letter from Brad Harville, 2nd year law student, which appeared in the Nov. 28 *Kernel*, I must conclude that Harville is a member of the most notoriously selfish group of people in existence today.

It seems almost too easy to criticize Harville when he uses such offensively simple language as "nuclear hake-off" or "snag! crackle! pop!" After all, how many among us are insensitive enough to reduce such a scene to the level of a comedy routine? But the dangerous connotations of some of his statements should be clarified.

It is unconscionable (ludicrous) for any individual to project his own wish to die upon an entire population. Yet Harville ended his letter with the familiar chant, "Better dead than Red!" — an expression that has taken on an ugly menace in the present day.

When this saying was first derived, it was used by anti-Communist individuals who claimed to believe that their sense of personal worth would cease under Communist restraints.

Fine, I would regretfully accept the self-imposed demise of these individuals. I would regret it because I believe an unnecessary end to any human endeavor is a waste. (Perhaps Harville would have otherwise become a great lawmaker.) I would accept his personal decision because it is an individual, self-contained choice with which I have no right to interfere.

However, Harville's use of the "dead or red" phrase in his modern context is a gross misinterpretation of its original intent. A major nuclear exchange, as we have all heard by now, would likely cause an end to most of all of the population. Only a lunatic would suggest subordinating the human race and other thousands of species on Earth to a certain political system.

Although I could do so passionately, I will not extol each of the virtues of democracy since I believe most of us already realize our country's beauty. But it is alive with more than a simple theory; we are a collection of people, a unity which is sustainable even after the introduction of an unwanted foreign element.

Such an occurrence would be remote at best if we lost nuclear capability tomorrow. Individuals such as Harville seem to ignore the integrity and power of a people (Americans) to maintain an identity of its own. This is the source of our power in the long run. Not bombs.

It is desperately necessary that we make our feelings known to the people who control our nations, people who might harbor notions such as Harville's about "thick-skulled Slavs", or thick-skulled Americans, but cannot use the drastic poetic license of the 2nd year law student. We cannot cry for our personal comfort as much as we must demand our right to exist.

It has never been more important to use our collective power to change than now.

Dan Hodge
M.I. King Library staff

Alan J. DeYoung
Social and philosophical studies professor



Life was not convenient

I am writing this letter in response to an article in the *Kernel* on Nov. 29, titled, "Convenient" not word for this decision." The story tells of a teenage pregnancy and the girl's decision to have an abortion and "preserve her own family's structure and the life of each member."

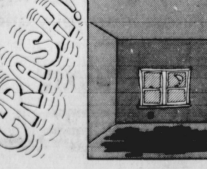
Columnist Darrick McCally explains how the girl "did not deserve the problem" and that her pregnancy "would break their (her family's) hearts." The article goes on to tell how the girl, without tears or hesitation, "did what she had to do" and aborted her child.

This is not a convenient abortion claims Darrick McCally but I could not find one statement that would

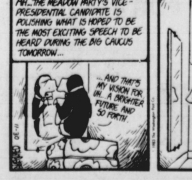
DROLL



By David Pierce



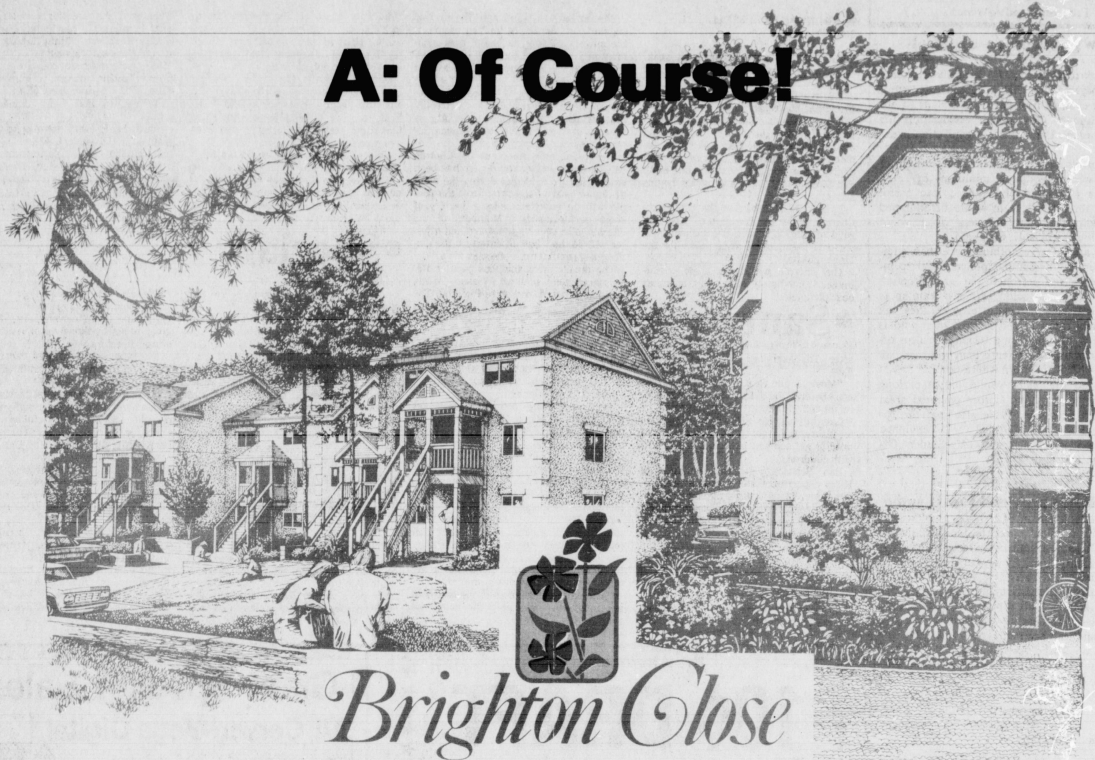
BLOOM COUNTY



by Berke Breathed



A: Of Course!



Brighton Close

Q: Would Your Parents Pay A Little More For Housing Now, If They Could Get It All Back In Just Four Years?

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And Best Of All, Eliminates Dorm Costs, Designed Exclusively For Students, And Available For The First Time In Lexington

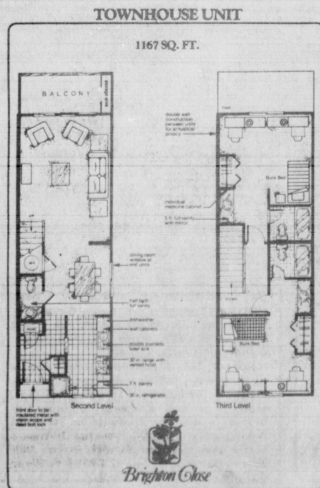
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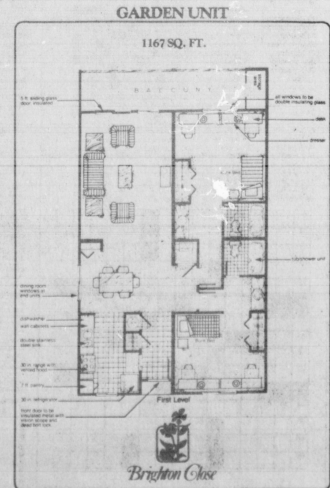
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Parents and students call collect for more information

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VOL. VII, NO. 3 DECEMBER 1983

Ampersand

SPECIAL LIFESTYLE SECTION:

**Food &
Entertainment**

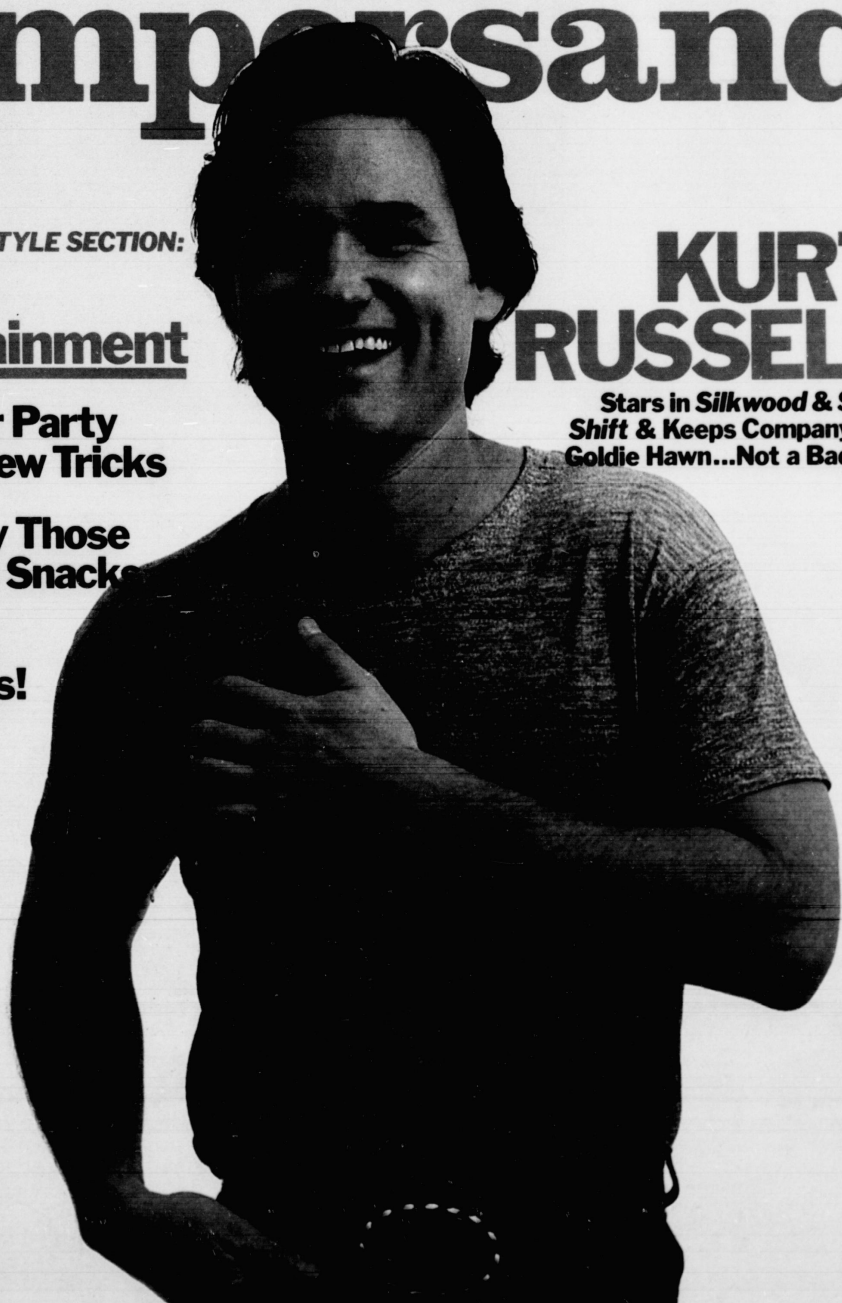
**Teach Your Party
Animals New Tricks**

**Pack Away Those
Nutritious Snacks**

**Check out
Those Jugs!**

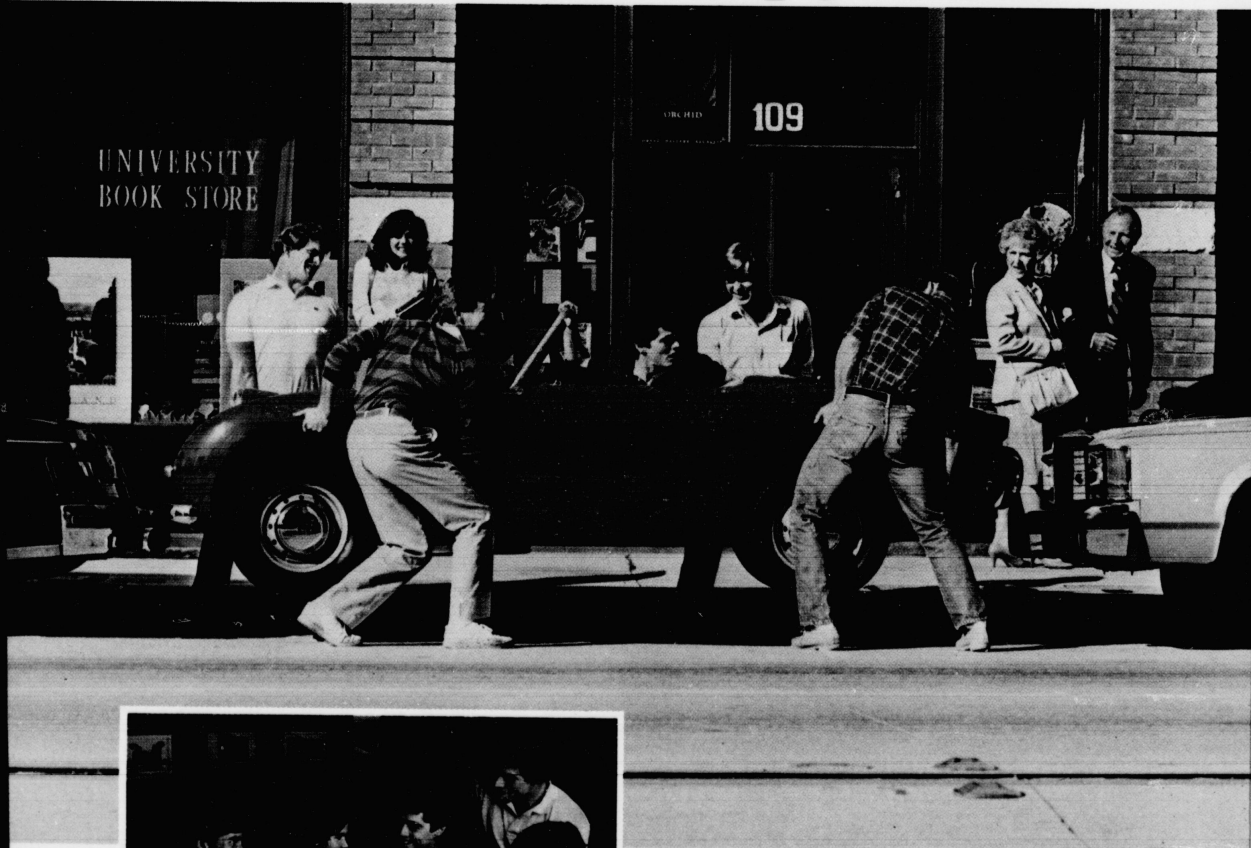
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RUSSELL**

Stars in *Silkwood* & *Swing
Shift* & Keeps Company with
Goldie Hawn...Not a Bad Year.



& Annual Holiday Movie Guide

**When you're in a tight spot,
good friends will help you out.**



When you pulled in two hours ago, you didn't have this problem. And with a party just starting, the last thing you wanted to do was wait around another two hours.

Neither did the rest of the guys. So when they offered to give you a lift, that's exactly what they did, proving not only that they were in good shape, but that they were good friends.

So show them what appreciation is all about. Tonight, let it be Löwenbräu.



Löwenbräu. Here's to good friends.

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JOHN TRAVOLTA OLIVIA NEWTON-JOHN



Two of a kind

TWENTIETH CENTURY FOX PRESENTS A JOE WIZAN PRODUCTION A JOHN HERZFELD FILM
JOHN TRAVOLTA OLIVIA NEWTON-JOHN TWO OF A KIND OLIVER REED
BEATRICE STRAIGHT SCATMAN CROTHERS CHARLES DURNING
BILL CONTI ROGER M. ROTHSTEIN JOE WIZAN
JOHN HERZFELD

A NEW MOVIE
STARTING DECEMBER 16 AT SPECIALLY SELECTED THEATRES.



IN ONE EAR

letters

I've just read your article, "Sneakers of the Gods" (October issue). It's probably the best I've read on the subject so far because it's down to earth. You limited it to facts and presented it in a reasonable manner. Most people don't know how to go about choosing a running shoe since the different types are suited for different needs. Again, your article was the best I've read. Thanks for caring.

George Sotirin
Owner
The Foot Locker
Milwaukee, WI

The compliments are appreciated. The story required (pardon the pun) plenty of footwear.

I am insulted by *Playboy's* "College Girls" ad your magazine chose to run in its September/October magazine. In running the ad, you discriminate against half of all college populations — women. Most women aren't going to be interested in buying a magazine that features other women naked. Maybe a few horny, puerile "boys" may want to, but their interest hardly necessitates your using the ad.

In addition, I am horrified that a magazine which purports to serve college students — men and women both — should choose to advertise a magazine which shows female college students in a degrading, sexist light. Most women, like most men, choose to attend college to develop their minds — not show off

their bodies. I realize that my main complaint should be with *Playboy* magazine for even printing such a derogatory issue, but I hold you and your magazine responsible for helping to spread negative ideas about women by running this ad. There are, I am sure, many ads that you could have run in its place that would have served all college students better. What a sad day it is when an instrument of the media chooses to make money over serving the public's needs.

Katherine A. Hilber
MSU
E. Lansing, MI

It is understandable that *Playboy's* ad could be considered "sexist." It could also be considered by many as "sexy." Obviously, it is to the latter that *Playboy* most appeals, and to whom they are attempting to sell their product. When the ad was first submitted, we asked that it be altered to be less "suggestive" (a subjective judgment on our part), and *Playboy* complied with our request.

Unfortunately, we do not choose advertising; advertisers choose us. The revenues generated from these advertisers allow us (and nearly every major magazine) to continue publishing.

We believe in the right of free expression both by the press and public, yet we often find ourselves making judgments (censoring) in the name of good taste.

As you pointed out, college exists "to develop... minds." We trust the ability and intelligence of our readers (college students) to judge and make decisions on their own. Although *Ampersand* provides editorial coverage of leisure and entertainment — geared more to light interests than deep introspection — we encourage your feedback, such as this letter, which stimulates thought and addresses a relevant issue.

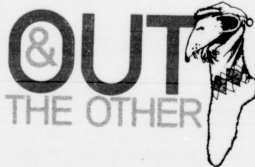
The Publisher

My letter could be labeled as a complaint, but I am curious about some missing information about which I would like to know more. In your back-to-school issue, in the "8 Out the Other" column on page 9, you start to tell about a new movie, *Heart Like a Wheel*, but its continuation on page 15 doesn't exist, at least in my copy of your paper. What's the rest of the story? This is the first mention of this movie that I have seen since a little blurb appeared in an ad I saw about Champion spark plugs over a year ago.

Keep up the good work. Your diverse reports help me to be more informed regarding areas that I am interested in.

Allen Naylor
Silver Springs, MD

You're absolutely right, we missed it completely. The final two sentences: "Now they'll be using an ad approach a la Norma Rae by painting *Shirley* as a woman who goes up against the system (professional sports) and wins. Look for the new blitz in October." Thanks for your sharp eye.



Life After The Right Stuff

LAST MONTH'S COVER face, Dennis Quaid, is currently off in New York where he's starring, with brother Randy, in *True West*, written by Quaid's *Right Stuff* costar Sam Shepard. The Quaid play brother, oddly enough, one a successful screenwriter, the other a desert rat/thief, and the characters merge into one person. Very funny, we're told.

SAM SHEPARD isn't watching his play, though; he's in Iowa with Jessica Lange, filming *Country*. (Ms. Lange just bought the rights to Isaac Dinesen's *Out of Africa*, about Dinesen's life on an African coffee plantation in the Forties. She wants Sydney Pollack to direct; she must have liked working with him on *Tootsie*.)

ED HARRIS, recently acclaimed as John Glenn in *The Right Stuff* and as a mercenary in *Under Fire*, will play opposite Sally Field and Lindsay Crouse in *The Texas Project*. Like Shepard's *Country*, this too deals with the plight of small farmers, bringing this year's agrarian melodrama count to three (with the Sissy Spacek/Mel Gibson effort, *The River*).

THE REAL GENERAL Chuck Yeager (played by Sam Shepard in *The Right Stuff*) is writing his autobiography, assisted by Leo Janas, formerly of *Time*.

Rolling Along with the Rumors

AS YOU READ this new Stones album should be out and available... maybe *Undercover of the Night* reportedly deals with the usual sex, drugs and violence, plus a reference or two to topical South and Latin America.

Mick Jagger is supposedly working on his autobiography, a screenplay, and a starring role in *Ishtar* (which he might also co-produce). Jagger's alleged screenplay con-

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Games Parties Play

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Fame, Fortune & Goldie

departments

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Letters

& OUT THE OTHER • 6
News, rumor & covert operations

OUR COVER

Kurt Russell was photographed by
Jeff Katz in the latter's studio in
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After shave, cologne and toiletries for men. Make them part of your day, every day. English Leather Drives Women Crazy.

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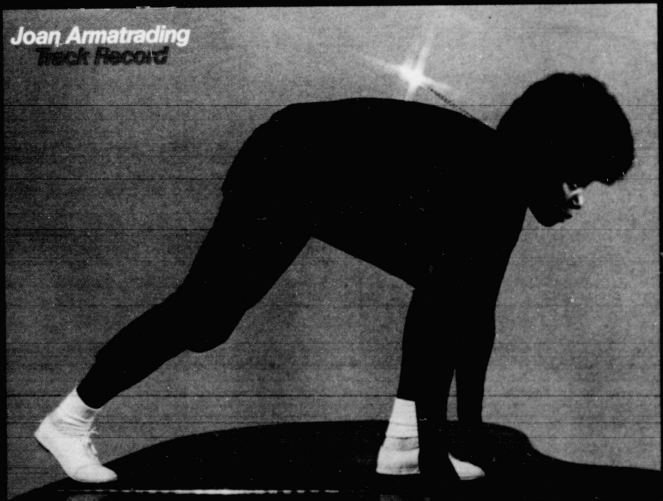
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CLASS ACT *Joan Armatrading* Track Record

A new album containing 11 of her classic tracks plus 2 brand new performances.

YOUR ASSIGNMENT

Write a review of this record. Send it to Ampersand. You could win one of the fast-paced prizes shown below. There will be at least one winner on every campus where Ampersand is distributed. Shouldn't that winner be you? Furthermore, the entry selected as the grand prize winner will be published in a future issue of Ampersand. Hey, that's almost like being famous. Get ahead, do it today. Record your thoughts. Enter and win!



A refined European styled Hatchback with all the comforts of home. Second Edition of a stunning American success story.



Honda introduces the GYRO — America's scooter and a half. A three-wheeled scooter that features electric starting and automatic transmission so it's as easy to operate as it is fun to ride!

of the winners' choice from the A&M Records catalogue. Included will be the new LIVE JOAN ARMATRADING Video Cassette!



Each campus that AMPERSAND Magazine is distributed to will have a fourth prize winner! Born to perform, TIGER footwear is the state of the art for the active athlete!

1. Write an original review of Joan Armatrading's new album, *Track Record*, in 300 words or less, double spaced, complete on one page.
2. All entries must be received no later than February 15, 1984. Send to: Joan Armatrading Review Contest, P.O. Box 699, Hollywood, CA 90028.
3. All entries must include your name, address, age and phone number. Only one entry per person.
4. All entries will be judged by the Editorial Staff at AMPERSAND and all decisions will be final.
5. All entries become the property of ALAN WESTON Publishing and consent to the use by ALAN WESTON of their name, likeness and entry in any form without compensation.
6. The contest is open to registered college students in the Continental United States, except for employees of ALAN WESTON COMMUNICATIONS, INC., A&M Records, participating manufacturers, their advertising and promotion agencies and to families of each. Winners may be requested to sign an affidavit of eligibility.
7. Taxes and licenses are the sole responsibility of the winners. In the event the 1st prize winner is a minor, the prize may be awarded in the name of the parent or legal guardian.
8. All winners will be notified by mail by March 1, 1984. The winning first prize entry will be published in a following issue of AMPERSAND Magazine. For a complete list of winners, send a separate self-addressed stamped envelope to Review Contest, c/o Alan Weston Communications, 1880 North Vine Street, Suite 900, Hollywood, CA 90028.
9. All Federal and State regulation apply.

CONT'D FROM PAGE 4

cerns a rock star whose illegitimate son tracks him down. We heard Malcolm McDowell would star, but his publicist sez she never heard of the project. *Kalki*, the Gore Vidal project to have starred Jagger, is no longer mentioned as a viable rumor. It's a dead rumor.

Keith Richards is not idle either. He's coordinating the music for a film bio of bluesman Robert Johnson. This seems only fair, as the Stones made a good haul from their recording of Johnson's "Love in Vain"—which is also the working title of this \$2 million film. Johnson was a mysterious figure who lived hard and died young while playing Delta-style

blues (the deepest and bluest) in southern honky-tonks. Some say he was poisoned by a jealous woman, others that he was shot by a husband of one of his lovers. The Stones also recorded his "Stop Breakin' Down," while Eric Clapton has waxed "Steady Rollin' Man" and "Crossroads" and cites Johnson as a major influence.

The Stones together, rumor has it, will perform at the opening ceremonies of the 1984 Olympics.

Then again, all of the above could be null and void and wrong. But who's counting?

Tsk Tsk

REMEMBER LAST ISSUE when we clucked our editorial tongue over the vast sums being spent on Michael Jackson's "Thriller" video? Here's a postscript. CBS Records is making a *documentary* of the making of the video. We were wrong in our first report on this video saga: Jim Landis produced the video and the *documentary*, while Jerry Kramer directed the video clip. Our reliable sources who misinformed us are now hanging by their thumbs. Over a vat of hamburger grease.

Fish on the March in Spring

THINK BACK TO YOUR CHILDHOOD. Remember seeing a circular design with some lines through it? Called a peace symbol? You know, the one that made some people mad (they called it the footprint of the American Chicken) and made other people take long marches down city streets with banners full of peace symbols waving?

We just saw one again. It's on the stationery that came to announce Country Joe and the Fish, "America's legendary and outspoken champions of Peace, Justice and Irreverence," will tour England and Western Europe this coming spring and summer. C.J. & Fish promise a multi-media event. They hope it will prove George Orwell was wrong about 1984. Although no speeches will be given, a two-hour light/sound show will represent the "Political Sixties, Ecological Seventies and Hopeful Eighties." For more information, write P.O.E./1984, Box 3316, San Francisco.

How to get through winter if you don't know a St. Bernard.



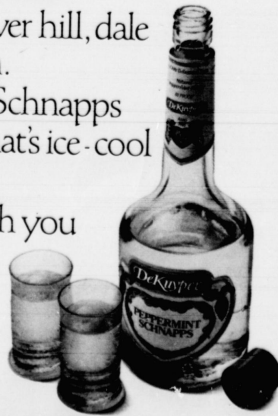
Since you can't always find a St. Bernard when you need one, it's nice to know there's something equally welcomed and infinitely more accessible. DeKuyper Peppermint Schnapps.

Instead of flapping your arms and hollering for help, a simple "Yo, Fido!"

brings brisk peppermint refreshment over hill, dale and mogul via your faithful companion.

In one shot, DeKuyper Peppermint Schnapps will appeal to your spirit with a spirit that's ice-cool yet wonderfully warm.

So why wait for a St. Bernard to reach you when you can reach for DeKuyper® Peppermint Schnapps. It'll brighten up your winter faster than you can say "bow wow."



DeKuyper Peppermint Schnapps.

Peppermint Schnapps, 60 Proof, John DeKuyper & Son, Elmwood Place, Ohio



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California, 94119. And be sure to wear some flowers in your hair.

For Love & Money

PALL NEWMAN, who only last year was pitching his own salad dressing, will now pitch someone else's liquid: Diet Coke. He'll receive an undisclosed sum for his services, plus Coke sponsorship of his racing team. It must be a very saccharin deal, as Newman recently turned down \$2 million to hawk Diet Pepsi.

PATTI SMITH, the avant poet/rocker (who was brilliantly parodied by Gilda Radner on the old *Saturday Night Live*), disappeared from public view a while ago. Just where is this raw, out-on-the-edge woman who inspired a generation, who was the very antithesis of Mom's apple pie? Married and raising babies in Baltimore.

Big & Little Screens

THE POPE OF GREENWICH VILLAGE is finally being filmed, after years of delays and changes. Once touted as the vehicle for a James Caan/Al Pacino reunion (After *The Godfather*), *Pope* now stars Eric Roberts and Mickey Rourke. Further down the list of credits is Tony Musante. Remember TV's *Tama?* Of course you don't. You're too young. Never mind.

MICHAEL ONTKREAN, whose last film venture was scrapped because of Kristy McNichol's "chemical imbalance," is faring better with Jodie Foster; they're over in Paris starring in *The Blood of Others* (based on the Simone de Beauvoir novel about World War II lovers), directed by French ace Claude Chabrol... and all for HBO.

ALSO SCHEDULED for HBO screens is *The Glitter Dome*, adapted from Joseph Wambaugh's latest LA cop novel and starring James Garner, John Lithgow, and Margot Kidder. It's filming in Vancouver, which doesn't look anything like Los Angeles. Stuart Margolin (who played Angel in Garner's old series *The Rockford Files*) is producing, directing and appearing in same.

NOT ON ANY SCREEN: *Dick Tracy*. Paramount Studios (co-financing with Universal) reportedly refused to fork over \$5 million-plus for Warren Beatty's services, and also suggested that the original budget of \$25 million be cut to \$12 million. Director Walter Hill said he couldn't do justice to the character and the concept without more bucks, and that's the end of that. And that was that... for about two weeks, at which time Richard Benjamin (*My Favorite Year*) was announced as the new director and the budget was declared \$12,500,000—which effectively eliminates the expensive Mr. Beatty.

Shut Up & Show Us Your Legs

WE ACTUALLY HAD TO READ *Women's Wear Daily* to come up with this bit of juice (no sacrifice is too great for our readers). Sean Connery said, in an interview with that august publication, "To be frank, I really don't know what women want. Women are like islands unto themselves. They each want different things. I have no curiosity about the psyche of women, why it works, why it doesn't. When you have an accord with a woman, it's either there or it's not and if it's not I don't see any point in trying to provoke it."

Judith Sims & Byron Laursen



Piscopos Unite!

THAT'S OCTOBER *Ampersand's* cover mug Joe Piscopo with his son and pal Joey; this time they're clowning on the set of *Johnny Dangerously*, starring Piscopo pere. Junior, alas, doesn't appear in the film, but we applaud his mustache anyway.

Meanwhile, Piscopo's *Johnny Dangerously* costar Michael Keaton (also star of the early fall's unlikely hit *Mr. Mom*) will next appear in *The Purple Rose of Cairo*, with Mia Farrow, to be directed and written by Woody Allen (who *won't* appear in the flick). As usual with Allen's films, there is no advance word on the plot or the characters or other (im)pertinent information.

JOKES

WELL, JOKESTERS, WE RECEIVED THE USUAL COMPLEMENT OF "PADDY O'FURNITURE" JOKES, AND FAR TOO MANY POLISH JOKES, BUT WE WEEDED AND HOED AND REAPED THESE HAPPY LITTLE JOKE FLOWERS FOR YOU. (LOOK, IT'S LATE, AND WE'RE TIRED.) THESE RIB-TICKLING CONTRIBUTORS RECEIVE \$20 EACH.

Doctor: Well, you'll get along OK. Your left leg is swollen, but I wouldn't worry about it.

Patient: Yeah, if your left leg was swollen, I wouldn't worry about it either.

Peter Most
Isla Vista, CA

Sister Theresa approaches **Sister Beatrice** and whispers with grave concern: "Sister Bea, did you hear that there is a case of Herpes reported here in the convent?"

"Thank goodness," replies Bea. "I was getting awfully tired of Chablis!"

StC
Boulder, CO

How can you tell when a DeLoorean car has been down your street?

The white line is missing.

Jill Ellen Pritchard
Futtsboro, NC

Think you can do better? Send your jokes (we'd prefer originals, or at least jokes we haven't heard since we were kneehigh to a pipsqueak) to Ampersand Jokes, 1680 North Vine, Suite 900, Hollywood, CA 90028. Ha ha.

& Holiday Movie Guide

IS THE SEASON FOR LINING UP IN THE SNOW, RUBBING ONE'S HANDS IN GLEE AND CHILL, AND SETTLING DOWN INTO A NICE WARM THEATER SEAT. THIS YEAR'S HOLIDAY FARE IS FULL OF DRAMA, WITH A LITTLE MUSIC, A MOTE OF COMEDY, AND SUNDRY SUPERSTARS IN 15 FILMS. ENJOY, IF YOU CAN.

In no particular order

THE DRESSER is the film version of a long-running British play which stars Albert Finney as an aging actor and head of a British repertory company touring England during World War II. The film chronicles Finney's painful, humorous and poignant relationship with his wardrobe man, or dresser, played by Tom Courtenay.

CHRISTINE is director John (Halloween, *Escape from New York*) Carpenter's latest goosebump, wherein nerd Keith Gordon (from *Dressed to Kill*) is transformed into a campus hotshot by the malevolent influence of Christine... his 1957 Plymouth. Unfortunately, Christine is jealous of Gordon's girlfriend.

Clint Squints Again: Eastwood (lower left) stars in his fourth go-round as San Francisco inspector Dirty Harry Callahan in Sudden Impact. Do you feel lucky? And Gene Hackman (top left) prepares to re-invade Vietnam—with a small force of ex-Green Berets—to find his MIA son in Many Rivers to Cross. This title may change before release.

THE MAN WHO LOVED WOMEN is Burt Reynolds, a sculptor who seeks psychiatric help from shrink Julie Andrews because he is wracked with indecision about his work—and his women, played by Kim Basinger, Mariu Henner, Jennifer Edwards (daughter to director Blake Edwards), and several others.

SAHARA, the press kit tells us repeatedly, stars "the world's most beautiful actress, Brooke Shields." She portrays a Twenties heiress to auto manufacturing millions who enters the trans-Sahara race (she does it for a dear dead Daddy). Then she's captured by a handsome Bedouin sheik (played by Lambert Wilson—that's Lahm-BEAR, French, don'tcha know).

YENTL brings Barbra Streisand back to the big screen after a too-short absence (kidding, just kidding). In this version of Isaac Bashevis Singer's short story, Babs dresses up like a boy so she can attend rabbinical school (women were not allowed the privilege of an

education in the old days/country). Romantic complications abound and involve Mandy Patinkin (*Daniel*) as another rabbinical student and Amy Irving, who marries Streisand. One informant who's seen the film says the one major flaw is that Streisand doesn't look anything like a boy.

SUDDEN IMPACT is the fourth time out for Clint Eastwood as Dirty Harry Callahan, the San Francisco cop with the mighty big gun. He pursues a murderer while others try to assassinate him (relative to the demise of a gangster). Sondra Locke (*her* again) portrays an artist.

GORKY PARK stars William Hurt as Moscow police inspector Arkady who must investigate a brutal murder while falling for a beautiful dissident.

UNCOMMON VALOR gives us Gene Hackman as a military man who rounds up his son's former Green Beret unit and launches a raid into Viet Nam, hoping to find his MIA son. This will probably appear in theaters under a different title.

THE KEEP is a gothic horror/romance which takes place in Roumania during World War II and stars Scott Glenn (*The Right Stuff*, *Personal Best*) and Jurgen Prochnow (the captain in *Das Boot*).

TERMS OF ENDEARMENT is the evolution of a mother-daughter relationship (Shirley MacLaine and Debra Winger), with Jack Nicholson as a philandering ex-astronaut and John Lithgow as a "lovelorn Iowa banker."

SILKWOOD, the story of Karen Silkwood,

who died under mysterious circumstances after trying to blow the whistle on safety and security lapses in the nuclear industry, stars Meryl Streep and Kurt Russell (see feature this issue).

TWO OF A KIND are John Travolta and Olivia Newton-John, two unlikely people who kick off and are brought back to life so they may save the world by doing something unselfish and wonderful. Do they fall in love? Good guess. Rest assured they do not dance, but we hear Olivia sing.

TO BE OR NOT TO BE is Mel Brooks' remake of the Jack Benny/Carole Lombard clas-

ic when was the last time that Mel Brooks was DROLL AND WITTY?

sic about a two-bit Shakespearean company touring Poland just before the outbreak of World War II. Brooks (who plays Hamlet) is insanely jealous of his wife (played by his real-life wife, Anne Bancroft). The original was droll, witty, satirical. When was the last time Mel Brooks was droll and witty? 1951, maybe?

SCARFACE has Al Pacino as Tony Montana, Cuban *marileto* who rises and falls in Miami's billion-dollar drug trade. His Anglo wife is Michelle Pfeiffer (*Grease 2*), his best friend is Steven Bauer, and they're all directed by blood-and-guts Brian DePalma.

THE LONELY GUY, Steve Martin finds his girlfriend in bed with another man, suddenly he's very lonely and miserable. So is his friend Charles Grodin, who spends a lot of time talking to his fern. This is not the usual Martin/Carl Reiner farce, directed by Arthur Hiller, it's supposedly touching and funny.

A M P E R S A N D

December 83, page 7

Advertisement

HOW TO USE YOUR NOODLES

TWO THINGS YOU LEARN IN COLLEGE:

- A. Institutional food will never be fabulous.
- B. Your own cooking isn't much better.

BY EMMA BOGACHEVSKI

Unless you learn a few tricks, a few techniques, a few recipes.

Cooking is like love. It's a little scary at first. But your confidence will grow. And you may reach the point where it's a form of art. Not just a mandatory stomach fill-up.

My purpose is to help you along. To begin, here's a wonderful trick: instant noodles from Nissin Foods. They can stretch your budget. They can make your meals more interesting. And they take very little effort. Just use your noodles.

Noodles from Nissin Foods may be called Top Ramen or Oodles of Noodles, depending on which part of the country you're cooking in. Look for them in the soup department of your local supermarket. They're the number one brand in America, so you shouldn't have trouble finding them. (In fact, Nissin invented the 3-minute noodle.)

You'll also see a handy product on the same shelves — Cup O' Noodles. I'll tell you more about Cup O' Noodles later.

Top Ramen and Oodles of Noodles come in squarish cellophane packages weighing about 3 ounces. They cook up in about 3 minutes, using boiling water. Much faster and easier than spaghetti! And each package comes with a flavoring packet, giving you a range of taste possibilities: Beef, Pork, Chicken, Oriental, Onion, Garden Vegetable and Chicken/Mushroom.

What you get for three or so minute's worth of cooking is a very flavorful noodle soup. Maximum reward for minimum hassle.

But that's just the start. Because Nissin noodles can lend a helping hand to any basic meal. Put them alongside a few vegetables and a serving of meat and you have a more filling meal.

Or serve your noodles with a topping: beef stew, vegetables, cheese, whatever inspires you and/or whatever's handy. Keep adding elements, and before you know it you've created a complete—and nutritious—meal.

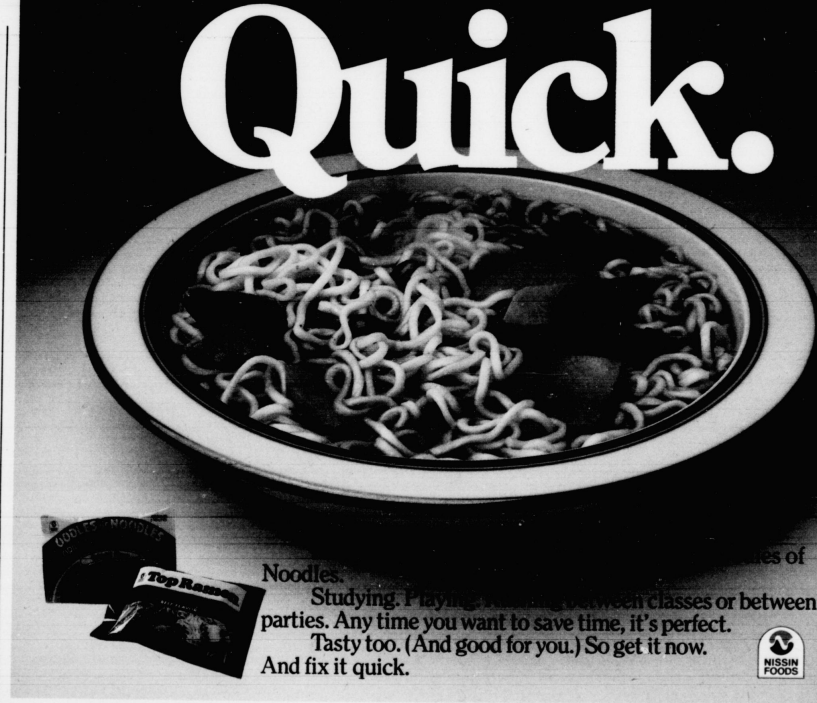
You can make your noodles dish as simple or as sophisticated as you choose. Either way, you're ahead of the game for practically no effort at all.

And even though these three-minute noodles originated in the Orient and lend themselves beautifully to Oriental-style meals, they also enhance other types of cuisine as well... European, American, What-Have-You.

For example, here's an easy way to treat yourself and five friends to a relatively exotic Gandhi-style Indian feast.

CURRY IN A HURRY

Bring three cups of water to a boil. Open three packages of Chicken Flavor noodles. Break up the dry noodles as you add them to the water. Put in the seasonings packaged with the noodles. Cook uncovered, stirring occasionally, for three minutes. In a frying pan saute 1/4 cup (or more to taste) chopped onion and 1 tsp. curry powder in 2 tbsp. but-



Quick.

Noodles. Studying. Playing. Working. Between classes or between parties. Any time you want to save time, it's perfect. Tasty too. (And good for you.) So get it now. And fix it quick.



ter. Stir in 1 can (10-3/4 oz.) condensed cream of chicken soup, 1/2 cup mayonnaise, 1/2 cup milk, 1/2 tsp. lemon juice and 8 oz. diced cooked chicken. (A bright idea: roast a whole chicken for dinner one night and plan on leftovers.) Simmer the sauce ingredients for 2 minutes. Serve over hot noodles. Garnish with your choice of: chopped green onion, diced cucumber, chopped peanuts, toasted coconut, raisins, chutney.

Now let's try some Russian approaches.



NOODLES ROMANOFF

Break up two packages of Pork Flavor noodles and boil them for 2 minutes in a small amount of water. Use both flavoring packets. Rinse the cooked noodles in cold water and drain them. Put them in the refrigerator until thoroughly chilled. Now saute the chilled noodles in 1/4 cup butter. Add 3/4 cup Parmesan or Romano cheese and 1/2 tsp. garlic salt. Mix well. Garnish with a few sliced, sauteed almonds. Serves 5.

RUSHIN' BORSCHT

Melt 1 tbsp. butter in a 3-quart saucepan. Add

one small onion, thinly sliced and 1 cup of shredded cabbage. Saute 5 minutes. Drain a 16-ounce can of julienne-sliced beets, saving the liquid. Add enough water to the beet liquid to make 2 cups. Add this liquid plus the beets to the onion and cabbage mixture. Bring to a boil, reduce heat and simmer, covered, for 10 minutes. Return to a boil. Toss in 1 tbsp. vinegar, 1 tbsp. tomato paste, 1/4 tsp. salt and a dash of pepper. Break up an Oriental Flavor noodle package, adding noodles to the boiling broth. Simmer, covered, 3 more minutes, stirring occasionally. Remove from heat. Stir in seasonings from packet. Serve immediately. Top each serving with a heaping tbsp. of sour cream and a sprinkling of minced dill or parsley.

Breakfasts of beginning cooks can suffer from the Same Old Thing syndrome. Here's how to add a little variety:

BRUNCH A LA NOODLES

Saute 1/2 cup of onion and green pepper in 1 tbsp. butter in a skillet. Stir in 1 cup of ham, cut into small strips, 1 cup of water and the seasoning packet from a package of Chicken Flavor noodles; bring to a boil. Add the noodles, breaking them into smaller pieces as you drop them into the skillet. Stir mixture until noodles are soft (2-3 minutes). Stir in 3/4 cup grated cheddar cheese. With the back of a large spoon, make 4 indentations in the noodles and break an egg into each. Sprinkle the eggs with 1/4 cup grated cheddar cheese, cover the skillet and cook over very low heat

5 to 8 minutes, until eggs are set to your taste. Serve at once from the skillet. Serves 4.

LE SINGLE SKILLET NOODLE SUPREME DU GROUND BEEF

Brown 1/2 lb. lean ground beef (if you use regular, remove excess beef fat with a paper towel) together with 3/4 cup onion and 3/4 cup green pepper. Open two packages of Onion Flavor noodles. Stir in contents of flavor packets, break in the noodles. Add 1 can (1 lb. 12 oz.) diced tomatoes with liquid. Arrange 1 jar (4 oz.) of sliced mushrooms over the top. Better yet, slice up some fresh mushrooms for the job. Simmer for about 10 minutes; remove from heat and sprinkle with 1 cup grated cheddar cheese. Cover and let stand for 5 minutes. Serves 6.

Noodles lend themselves beautifully to salads and other light, no-muss no-fuss fare. For instance:

SUMMER NOODLE SALAD

Cook two packages of Onion Flavor noodles in boiling water, leaving out the flavorings. Drain them and then cool them under cold water. Snip them into 3 to 4 inch lengths then

put them in the refrigerator to chill. Now add the contents of the flavoring packets to 1/2 cup of water. Add 1/4 tsp. salt, 1 tbsp. sugar, and 1/4 cup vinegar. Peel a medium-sized cucumber and slice it in half lengthwise; remove its seeds. Cut the cucumber, two green onions, a medium-sized carrot and a stalk of celery into thin strips. Pour the vinegar sauce over the vegetables and chill until ready to serve. When ready, toss vegetables, sauce and noodles together, then serve on a bed of lettuce. Serves 6.

Here's a variation on the salad theme, though by now you may be ready to invent your own. . . .

NOODLY CHEF'S SALAD

Boil 6 cups of water, add noodles from three packages plus contents of their flavor packets. Rinse the cooked noodles in cold water and put in refrigerator to chill. Slice 2 green onions, 1/2 cup celery and 1/2 cup ham. Add them to the noodles. Blend 1 cup mayonnaise with 1 tsp. prepared mustard (more to taste, sake). Stir mayonnaise sauce through the noodles, onions and ham. Place in lettuce-lined bowl and garnish with 1 sliced tomato, a handful of black olives and 1/2 cup additional ham. Serves 6 to 8.

If the weather outside makes you cringe at reading the word "chill" in a recipe, you're probably ready for soup-making tips. Here, again, the noodless shine.



CLAM N' NOODLE CHOWDER

Saute a small onion, chopped, in 1 tbsp. butter until transparent, using a 3-quart saucepan. Drain the liquid from a 10 1/2 oz. can of clams, reserving 1/2 cup of the liquid. Add clams and liquid to onion, plus 1/4 cup water, a dash of cayenne pepper and a dash of black pepper. Bring to a boil. Break up a package of Chicken Flavor noodles and put them in the boiling broth. Simmer, covered, stirring occasionally. Stir in the contents of the flavor packet and 1 cup of milk. Bring to serving temperature but do not boil. Serve immediately to yourself and one or two friends.

BEAN SOUP SURPRISE

Saute 1 pound of pre-cooked, diced ham (about 1 cup) in a 3-quart saucepan, using 1/2 cup of vegetable oil. Drain 1 can of great northern beans (15 oz.), reserve the liquid, then add enough water to the bean liquid to make a total of 2 cups. Add the water to the ham and bring to a boil, simultaneously adding the beans, 1/8 tsp. of garlic salt (more to taste. . . don't be afraid of your pal, Mr. Gar-

lic), a dash of pepper and 1/2 of a bay leaf. Break open a package of Pork Flavor noodles, adding the noodles while reserving the flavoring packet. Simmer, covered, for 5 minutes, stirring occasionally. Remove from heat. Stir in seasoning from flavor packet. Remove bay leaf. Serve immediately. Makes 2 or 3 portions.

CHEESY ONION NOODLE SOUP AVEC BEER

Slice 2 medium-sized onions as thinly as possible, saute them in 2 tbsp. butter in a 3-quart saucepan, until the onion slices are limp and translucent. Add 1 cup of water and 1 cup of beer at room temperature. Bring to a boil and simmer, covered, for 3 minutes. Return to a boil and add 1 package of Beef Flavor noodles. Simmer, covered, for 3 more minutes, then remove from heat and add the contents of the flavoring packet. Sprinkle each portion with grated cheese. . . try a blend of 1/4 cup Swiss and 2 tbsp. Parmesan. Serves 5.

HUNGRY GOULASH NOODLE SOUP

Get out that same old 3-quart saucepan and teach it yet another new trick. Melt 1/2 cup butter and saute 1/3 cup chopped onion and two crushed cloves of garlic. When the onion has become transparent, add 2 cups water, 1 medium-sized tomato, chopped, 1 1/2 tsp paprika, 1/2 tsp. caraway seed, 1/2 tsp. marjoram, 1/2 tsp. salt and a goodly dash of pepper. Bring it all to a boil, then simmer, covered for 2 minutes. Return to a boil and break in a package of Beef Flavor noodles.

Simmer, covered, another 3 minutes, stirring occasionally. Stir in the seasonings from the flavor packet and 1/2 pound or so of thinly sliced roast beef. (This can either be from a leftover roast, or purchased at a meat counter offering cooked meats.) Serve immediately, garnishing with crumbled, cooked bacon. Serves 5.

Remember that a recipe is not a commandment. You'll be successful if you follow it to the letter, but improvising can lead to wonderful discoveries.

And now, a colorful dish that's guaranteed to cancel out winter.

CHICKEN BRUNSWICK NOODLE STEW

Drain the liquid from an 8 oz. can of tomatoes. Coarsely chop the tomatoes and drain them again. Place them in your 3-quart saucepan with 2 cups of water. Bring to a boil while adding 1/2 tsp. salt, 1/4 tsp. pepper, 1 small, thinly sliced onion, 1/2 cup mixed vegetables (frozen are much better than canned, fresh are best of all) and 3/4 tsp. thyme. Reduce heat and simmer, covered, for 3 minutes. Return to a boil and break in a package of Chicken Flavor noodles. Simmer, covered, for 3 minutes, stirring occasionally. Add 3/4 cup chicken meat, cut in chunks. (Again, use leftovers or buy pre-cooked meat.) Remove from heat. Stir in seasonings from the flavor packet and serve immediately. Serves 5.

Speaking of soups, I promised to tell you about Cup O' Noodles. They're even easier than Top Ramen and Oodles of Noodles! Each package is a ready-to-use cup that's a meal in itself, complete with noodles, eggs, a selection of vegetables, all in a soup broth that comes in a variety of flavors.

The big story here is Taste. Not the overspiced, ketchup-and-mustard-flooded taste of certain "fast" foods but genuine real food flavor that also happens to be quick to fix.

For a fast meal, Cup O' Noodles is surprisingly well-rounded. And, like I mentioned, surprisingly easy to make; all you do is add hot water, stir, and enjoy.

And best of all, the cups are portable. So you can tuck them away and use them whenever there's hot water.

Let's say, for instance, that it's late at night and you're cramming for a test. Suddenly you're hungry. But it's too cold to go out, and you don't want to lose your momentum. The solution: Cup O' Noodles.

Likewise when you're stuck in a long lab. Or when you just can't bear the thought of the hassle in the cafeteria.

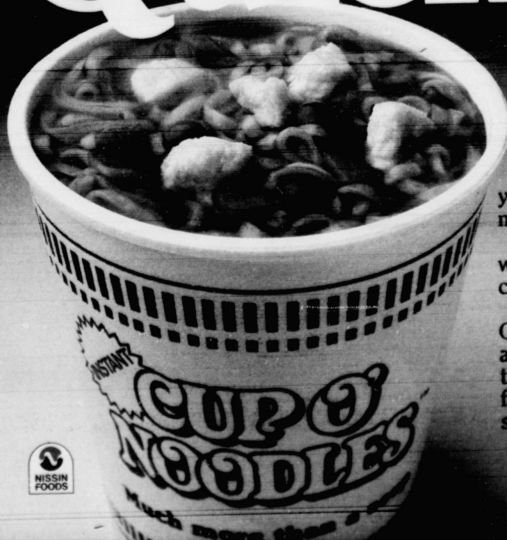
They're great outdoors, too — the ideal backpack item, whether you're hiking backwoods trails or crossing campus with no time for a long lunch break. Likewise, you can take them in a pouch when you're skiing, so you can refuel without wasting time in the food line.

Skating. Tobogganing. Surfing. Parachuting. The uses go on and on, as long as you wind up near hot water.

I said earlier that cooking is like love. Well here's another metaphor: it's like playing music, too. After you've learned how to follow the basic arrangements (recipes), you can start to improvise.

So play away. You'll discover that cooking, like the other important things in life, has a wonderful symmetry. Which is more than you can say for some of the people in your gym class, right?

Quicker.



Just add hot water and you've got a Cup O' Noodles meal.

Take it and make it anywhere. Like your room. Or the chem lab. Or camping trips.

Anywhere, anytime. Cup O' Noodles has a great taste that fits the fastest schedule.



FOOD & ENTERTAINMENT

"A party among college students," Theocritus has written, "is like rampant sneezing among a convention of clockmakers. . . . You want 'em to be bappy, but you hope they don't lose their minds entirely." Ampersand's guide to snacks & wines & party-giving is a lot like that.



A PARTY WITHOUT A THEME...

is like a sport without a team . . . a laser without a beam . . . a sleeper without a dream . . . coffee without cream . . . a dress without a seam . . .

Every good party has a theme (and we don't mean the soundtrack to *Flashdance*). A reason, a purpose, a justification for dressing funny and acting silly. Here are a few of the silliest:

LUAU

Essentials: rum, pineapple chunks impaled on toothpick umbrellas.

Accessories: a ukulele with palm-tree decals, a large fish tank full of piranhas, the world's largest pineapple, lava-lavas, grass skirts (no underwear), *Gilligan's Island* life preservers, a model of the *S.S. Minnow*, many leis. And no "getting a lei" jokes, please.

Music: *Blue Hawaii* soundtrack by Elvis Pres-



© 1983 MICHAEL WARD

ley, *South Pacific* (stage or film version), "Little Grass Shack," "Tiny Bubbles" by Don Ho, *Hilo Hattie's Greatest Hits*, including "Princess Papuli Has Plenty Papaya (and She Likes to Give It Away)."

Extras: a simulated hurricane, like in those South Sea Island restaurants; a member of the faculty posing as a suckling pig with apple in mouth.

Extra extras: a Jack Lord look-alike who keeps saying, "Book him, murder one." A Don Ho voodoo doll, stuck with many pins. Enormous concrete clamshell fountains.

MOTHER NATURE PARTY

Location: a beach or the woods.

Attire: track shoes, waffle stompers, no underwear.

Refreshments: picnic baskets full of sandwiches, fried chicken, potato and macaroni salads, hamburgers, hot dogs, bun, beer, lemonade, wine.

Accessories: red-checked tablecloths, charcoal, fire-starting fluid, blankets, sleeping bags, portable stereo or radio. Fire logs. Lots of 6-12 or Cutter's insect repellent and several no-pest strips, preferably hanging from pith helmets. Guitars, a volleyball.

Theme: The Euell Gibbons Memorial Party, with tasty snacks of snails, hearts-of-dandelion, pine nuts and various roots and berries, all scavenged at the site. Chewing on roots is especially encouraged.

Music: "Poison Ivy," "Lost in the Woods," "Teddy Bears' Picnic," "Beach Blanket Bingo," "Surfin' Safari," "Stranded in the Jungle."

END OF THE WORLD

Location: within sight of the closest nuclear power plant, preferably on strip-mined land, herbicide-sprayed forest or pasture.

Transportation: Pintos equipped with Firestone 5008 (DC-108 for out-of-town guests).

Refreshments: Bon Vivant Vichyssoise soup, bacon cured with nitrates and nitrites, saccharin, red dye #2, white lightning, angel dust.

Decor: asbestos paneling, Shell no-pest strips.

Room freshener: DDT, in an aerosol can.

Attire: sackcloth and ashes, fire-retardant flannel, probably no underwear.

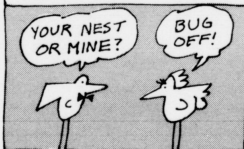
Music: "Endless Sleep," "End of the World," "The End," "Eve of Destruction," "Desolation Row," "Suicide Is Painless," "Dancing with Mr. D."

Extras: Jehovah's Witnesses carrying signs saying "The End Is Near." Zombies, looking hungry.

A M P E R S A N D

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PARTIES ARE A GOOD PLACE TO SEEK OUT SHORT-TERM INTERPERSONAL RELATIONSHIPS:



NURD PARTY

Location: a rumpus or rec room with a sign on the door saying "The gang's in here!"

Decor: simulated-wood-finish molded plastic furniture, cocktail napkins with bar jokes printed on them, crepe paper streamers that come undone and dangle in the food, several decoupage "Love Is . . ." cartoons.

Attire: highwater-pants and white socks for the guys (or bermuda shorts with black socks and wingtip shoes), polyester jumpsuits for the more adventurous. For the gals, beehive hairdos, lacquered hair or ponytails tied with fuzzy yarn, polyester doubleknit pantsuits, nylon Pucci overblouses. Extra underwear.

Refreshments: Wonder Bread sandwiches—lots of mayo with one slice of American cheese or one slice of bologna; ruffled potato chips and California Dip (one cup of sour cream to one package of Lipton's onion soup mix); sloe gin; Annie Green Springs wine, served in embossed plastic goblets; lukewarm Vienna sausages speared with frilly toothpicks. Packaged dips (especially the canned



bles, guns carved from bars of soap, loose cigarettes for "money."

Music: "Jailhouse Rock" by Elvis Presley, "Folsom Prison" by Johnny Cash, "Mama, Tried" and "Life in Prison" by Merle Haggard, "Working on a Chain Gang" by Sam Cooke, "Riot in Cell Block #9" by the Coasters.

Extras: Uniformed guards who snarl when called "turnkey" or "screw." A solitary confinement cell.

SATURDAY NIGHT LIVE RERUN PARTY

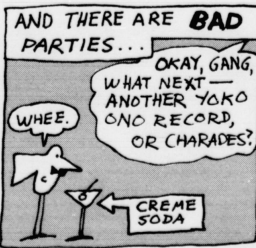
Choose only one, several, or all.

- Blues Brothers
- Coneheads
- Killer Bees
- Cheeseburger, Cheeseburger
- Czech playboys
- Butt Family
- Chico Esquila
- The Luebners
- Mr. Bill
- Samurai

Essentials for any of the above: a silly guest host must wander around doing an embarrassing monologue, and funny signs (like those superimposed over the audience shots) should be everywhere.

Food: pitchers of Tang and egg salad sandwiches for the Luebners, gallons of beer and truckloads of potato chips for the Coneheads; soul food for the Blues Brothers; honey and pollen for the bees, etc.

Extras: Buck Henry will take care of babysitting and Chevy Chase will test floors for slippery spots.



ones) such as clam, bacon and horseradish, and bleu cheese.

Music: Muzak. Anything by Barry Manilow. John Denver's collected works. Any album purchased by mail in response to a TV commercial.

Extras: pointed hats, tooters and noisemakers — especially if it isn't New Year's Eve.

PRISON PARTY

Possible theme: The John Hinckley & Mark Chapman Paid Vacation Bar-B-Q.

Attire: work shirts, striped prison suits (with numbers on the back), balls and chains, handcuffs, pickaxes, tin cups.

Preparation: see *White Heat*, *Riot in Cell Block 11*, *Birdman of Alcatraz*, *Born Innocent*, *Scared Straight*, *I Was a Fugitive from a Chain Gang*. Practice spitting at the mention of "warden." Practice rattling tin cups on metal bars and chanting at mealtime.

Accessories: metal plates and cups, long ta-

NUTRITIOUS SNACKS

BY KAREN OPLIGER

Snacking has long since beaten out jogging as America's favorite participation sport. Along with being one of the best available appetite suppressants, food also has an important psychological significance. Studies show eating alleviates anxiety, depression and guilt, while greatly reducing your risk of dying from Kwashiorkor. Food can heighten your sexual awareness; if there is not much of that to be aware of these days, food is a terrific substitute.

In a recent university study, eating was preferred 3 to 1 over sex as a form of recreation. Although sex is often less fattening, statistics reflect the incidence of contracting venereal disease while inhaling potato chips is negligible. Also, except for a few types of imported

salami, f...
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salami, food has no strings attached, never stands you up and never says something stupid in the morning.

In spite of the obvious psychological benefits of food, it is important that some of our food decisions be based on rational decisions rather than sexual frustration. Make some intelligent food choices each day just to remind yourself that the four food groups are not candy, cookies, doughnuts and pretzels.

Listed below are ten healthy food choices to help you sneak some vitamins and minerals into your diet. Some require a small amount of preparation time because fresh foods are generally better for you. If a food item can sit in a vending machine for 18 months without getting moldy it probably is made from polyethylene and should be

STAY AWAY FROM ODD-LOOKING APPETIZERS—



avoided. (It is wrong to believe that a daily dose of preservatives will give your body a longer shelf life.) Follow these guidelines for selecting nutritious snacks while limiting your intake of foods that glow in the dark, and you're well on your way to improving your eating habits.

1. Strawberries — One cup of unsweetened strawberries has 55 calories and virtually no fat or sodium. Fresh strawberries contain more Vitamin C than a large orange and, best of all, you don't have to peel them.

2. Yogurt — Yogurt is generally an easy item to pick up, is easily digested and is an excellent protein source. Double chocolate fudge yogurt contains more calories than plain yogurt, so read the label. If it has more than 280 calories, save yourself the aggravation and go to Baskin-Robbins instead.

3. Popcorn — One of the few traditional snack items that can really be considered a healthy food is popcorn. If you cook it fat free, and hold the butter, a three-cup measure of popcorn has only 86 calories, and tastes like styrofoam. Popcorn is high in fiber, which increases gastric motivity and makes your bowels move. That may sound disgusting to you now, but you must admit it beats the heck out of dried prunes.

4. Alba 77 — Alba 77 is a powdered drink mix to which you add ice and water to make a milkshake-like concoction. It's a great product, and still a real bargain for a "diet food." Alba 77 is advertising like crazy: a beautiful girl holding an apple and an Alba 77 milkshake expressing her delight that the milkshake has less calories. The advertising should be more realistic. They should have her decide between a Reese's Peanut Butter Cup and Alba 77 — now let's see her graciously select the item with fewer calories. Alba 77 really is an excellent product — the only problem is you can't chew it.

5. Raisins — One ounce of raisins contains 80 calories, and like all fruit (except avocado), has practically no protein or fat. As a snack item the raisin's claim to fame is that it has a high iron content: 1 mg of iron per ounce, which is about the same amount you'd find in an ounce of beef or in a medium-sized drain pipe.

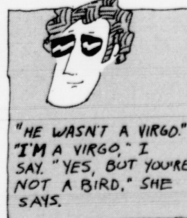
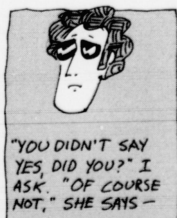
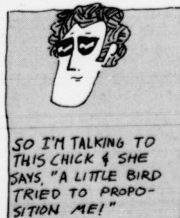
6. Cottage cheese and fruit — Hungry for something really healthy? Take 1/2 cup of low-fat cottage cheese and 2 peach halves canned in juice. You've got 15 grams of protein for only 150 calories. Cottage cheese has a pretty bad reputation since it's part of just about every weight reduction program, but you can't beat its protein-calorie ratio.

7. Peanut Butter — Yes, it is high in fat and calories, but used in moderation peanut butter can be a part of your new nutritious snacking. Take 3 stalks of celery and spread two teaspoons of peanut butter on each stalk. The calorie count is less than 200 with 8 grams of the most delicious protein source available. If you don't care about calories — instead of celery, spread the peanut butter on fig newtons. If you are concerned about calories, use only one stalk of celery, dilute the peanut butter with mineral water and apply with an eyedropper as desired or until the little tube gets clogged up.

8. Veggie Platter — If you know you're up for a binge and don't want to go to the expense of buying a larger wardrobe, take the time to make low-calorie food readily available. Clean and cut up the vegetables of your choice — carrots, cherry tomatoes, broccoli, mushrooms. Be creative and buy some exotic vegetables you've never had before (No, pistachio nuts are not a vegetable.) For a dip try low-fat yogurt with dry soup mix folded in.

9. High fiber cereal and skim milk — Cereal isn't just for breakfast anymore. With over 100 cereal products in your grocery store, you should be able to find one unsweetened high fiber cereal you enjoy. Bruce Jenner did. You already learned why fiber is good for you and milk, of course, is an excellent protein source.

10. V-8 Juice — The only problem with this product is that 6 oz. contains about the same amount of sodium as 1/3 teaspoon of salt. V-8 juice is loaded with vitamins and minerals yet its calories are low. One good alternative is to select low-sodium V-8 juice and spice it up yourself with seasoning salt and tabasco. If it's after 9:00 a.m. and you've got nothing to do the rest of the day, spice it up with a shot of vodka. Although it doesn't add much in the way of nutritive value, it can give you a general feeling of good health like cottage cheese never will.



JUG WINE

cheap & big & not bad (at least, not all bad)

BY CAROLYN RICHMOND

You know Jug Wine: it's sold in generous bottles with screw caps or pull-out stoppers. It's nationally advertised; Almaden, Taylor, Inglenook, Paul Masson, Gallo and its aliases. Substances marketed in cans or named Thunderfowl, R.I.P., Goo's Farm, Annie Greenskin, etc., belong to the pop and beer market. We're talking real jug wine here. Choose your jug wine from a special sec-

tion or an attractive floor display in a large, busy store, such as a supermarket or discount liquor outlet. Pass up the stuff sitting on a shelf above the ice cream freezer or the meat counter.

Jug wines share certain features other than price and bottle size:

1. **Sweetness.** Traditional wine is much less sweet ("drier") than the beverages we grow up drinking (milk, pop, juice) plus it's higher in acid (sourness). Dry wine is thus an acquired taste, enjoying dry wine takes practice (ah, practice). Some people would rather not admit that they like their wine on the sweet side, for fear of looking unsophisticated. Bottles of sweet wine with the word "dry" on the label were invented for these people. Which means that you can't always trust the wording on wine labels (surprise).

2. **That characteristic jug wine flavor.** Whites are grassy; reds are grapes (though some wines in corked bottles possess this special flavor also). Grassy and grapey are the fermentation bouquets of inexpensive grapes,

It's a good party if:

1. Everyone of the opposite sex is beautiful, unattached and gazing at you hungrily.
2. Your nasty chemistry professor is caught in *flagrant delicto* in the bathroom. With a freshman. Boy.
3. Everyone is dancing; no one has a partner.
4. A conspicuous person is lying naked on the floor.
5. They're mixing the punch in a Doughboy pool.
6. Nobody throws up.
7. The beer costs more than 99¢ per six-pack.
8. There are never less than four people in the bathtub at the same time.
9. The little green man turns out to be very nice.
10. No one asks, "What's your sign?"
11. The brownies have a funny taste.
12. Nobody sneezes.
13. All the toilets work.
14. The housemother is attending a weekend Scientology retreat in Sarasota Springs.
15. The nearest parking space is two miles away.
16. The neighbors complain hourly, finally give up and join the party.

It's a bad party if:

1. Your worst enemy arrives with your best friend.
2. The host is wearing a lampshade on his head.
3. A projector, screen and thousands of slides — of the host's trip to Cleveland — are ready and waiting.
4. Everyone is dancing... with a partner.
5. The first three people you meet talk about the energy crisis, the next three talk about the weather.
6. Someone in a pinstripe suit just wrote "Asa fo' you!" on the front door with machine gun bullets.
7. A Rod McKuen clone is reciting poetry... and everyone else is listening attentively.
8. You are the only guest to show up. You eat lots of food and fall asleep.
9. Everyone seems to be reading album jackets.
10. An earnest, smiling person, stationed next to the food and drink, passes out copies of *Watchtower*.
11. Everyone is playing charades... in Latin.
12. There are no toilets.
13. When you drive by, you can't tell where the party is.

and will develop into other aromas, given enough time. Jug wine does not give them enough time. Jug wine is not warehoused or otherwise aged, and you, the customer, are expected to take it right home and consume it, not put it in the cellar with the Private Reserve.

3. **Dependability.** The taste of big name jug wines is miraculously consistent year in and year out, thanks to the skill of the master blender.

If consistency and maybe sweetness aren't as important to you as variety and adventure, try the Jug Wine Upgrades. These are an expanding group of low-cost wines from medium-size wineries and some of the big ones.

There's lots of good cheap wine out there!

Research: The Jug Wine Tasting

Our panel of experts recently evaluated some leading brands with typical foods, under strictly controlled conditions. The foods were taco chips, Chinese carryouts (pot stickers), barbecued chicken, pizza from a chain, and cheeseburgers. The wines, in dry-to-sweet, white to red order:

- Paul Masson Light Chablis
- Taylor California Cellars Light Chablis
- *Parducci Vintage White
- *Christian Brothers Chablis
- Almaden Mountain Rhine (regular and

CONT'D ON PAGE 14

A M P E R S A N D

December 83, page 11



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ACCORDING TO MERYL STREEP,
WHO SHOULD KNOW, HE'S THE BEST ACTOR
SHE'S EVER WORKED WITH.

I like working once a year. I like going to Colorado [where he has a house and plans to build a working cattle ranch], spending time with Boston [his son by ex-wife Season Hubley], and now with Goldie and her kids. I have more fun doing that anyway.

"I've always felt if somebody had a problem with my being an actor, then I couldn't totally disagree with him. A guy who sort of has that look in his eye in a bar, I never felt he was that far out of line. I couldn't blame him for being pissed off. I do a lot of horse s-t. I walk onto a set, meet a bunch of pretty girls, do nothing and make good money and he's got to punch that clock."

This is not the way actors talk. Speak to the Al Pacinos, the Bill Hurts, the Dustin Hoffmans, and you'll come away believing acting is a semi-mystical process, disciplined by long hours of study, fuelled by intense creative fires. But Russell is determined to keep his feet on the ground, when they're not on skis or in stirrups.

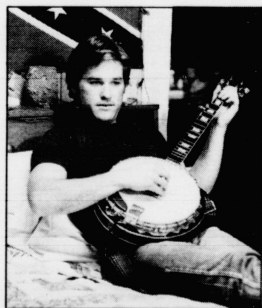
"I think feeling the way I do has given me a perspective a lot of my fellow actors don't have. They like to work. They like to create. I don't know how I feel about that. It seems to me you either have the ability or you don't. I don't know how you *work* at it."

Russell has the ability, no question. According to Meryl Streep, who should know, he's the best actor she's ever worked with. The 1976 TV movie *Elvis* brought him to prominence and he went on to make two more films with director John Carpenter, *Escape*

from *New York* and *The Thing*. Add another well-received TV movie, *Amber Waves*, a cult comedy, *Used Cars*, subtract the beard he wore for Carpenter, and you have the Kurt Russell who stepped on the set of *Swing Shift* to costar with, and fall in love with, Goldie Hawn and who now sits in Ms. Hawn's house reading "three scripts a day. There are these interesting points, growing points in an actor's life, and when you hit one, you get deluged."

But this is only half the story. Part German, part American Indian, Russell is the son of veteran character actor and sometime professional baseball player Bing Russell. Russell Sr. appeared in 104 episodes of *Bonanza*, in the John Ford classics *The Horse Soldiers* and *Cheyenne Autumn*, and he's still at it. Russell Jr. grew up "to all intents and purposes a Hollywood kid." When Kurt was 10, his father brought home the script for a baseball movie with a part for a 10-year-old and the lure of meeting the real-life Roger Maris and Mickey Mantle. Recalls Kurt, "My dad's agent had already asked me if I wanted to start in the business and I'd said no. But I was baseball crazy so I called him up, got an interview on the thing, didn't get the part, but had a good time. Afterwards I asked my dad if that was pretty much all there was to the picture business and he said, yeah, that's what it is. At the same time I wanted to buy a couple of bicycles for myself and my sister. I had a paper

CONT'D ON PAGE 14



KURT KURT

On the edge of major stardom, he'd really rather be playing baseball.

BY MIKE BYGRAVE

KURT RUSSELL PUT ON EIGHT POUNDS IN THREE WEEKS AFTER HE GAVE UP SMOKING, SO THIS MORNING GIRLFRIEND GOLDIE HAWN DRAGGED HIM TO HER AEROBICS CLASS. "IT WAS HARD," HE SAYS, FLEXING A CAUTIOUS MUSCLE. "I THINK IT'S EASIER FOR WOMEN, ALL THAT STRETCHING. THERE WAS ME AND ONE OTHER GUY IN THE CLASS AND, IF YOU HAVEN'T DONE IT BEFORE, THERE'S NO WAY YOU STAND ANYWHERE EXCEPT IN THE BACK ROWS WHILE YOU MAKE A FOOL OF YOURSELF."

With Russell in the back row, there must have been a lot of stiff necks by the time the session was over. Women like to look at him. He may not be classically handsome, but he is solidly masculine, the boy next door writ large indeed. What John Ford said of John Wayne—"I looked at him. He was a *man*"—is true of Russell, who is also a Westerner. While others study to be "laid-back," his ease is authentic, the product of a way of life in which "the picture business," ranching, sports and the outdoors all play a part, and no one is more important than the others. Here he is, currently one of the hottest male stars in Hollywood on the strength of his performances in two completed but yet to be released films—*Silkwood* with Meryl Streep and *Swing Shift* with Goldie Hawn—and he's telling you if he wasn't an actor, hell, he'd do something else, no sweat. In fact, he'd rather do something else.

"I prefer not working to working any time."

A M P E R

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Russell stars in two major releases this winter—*Swing Shift* with Goldie Hawn (top), in which they play two factory workers during World War II (a romance that continued offscreen), and *Silkwood*, starring Meryl Streep (right) as the plutonium plant worker who died several years ago. Russell plays *Silkwood*'s boyfriend Drew Stevens (on loud motorcycle and quiet banjo, above). "They're like smokers," Russell said of *Silkwood*'s real life counterparts; "It's as if what they're doing... isn't really dangerous or won't affect them."





KURT

CONTD FROM PAGE 13

route and it was going to take me three years to save up the money. I figured out I could buy them with one day's film work. By the time I was 12, I had our college educations secured. Great. It was easy money. I said to myself, however far I go, I go, and when it stops, it stops. I'm still going."

Russell became a teenage Disney star and personal favorite (after Disney's death a piece of paper was found on his desk with two words written on it, "Kurt Russell"). Russell says he "didn't deal with" fame very well at that age. He was "alternately shy and cocky at school. I got into a lot of fights." Besides, as has been widely written, half his mind and almost all his heart was with baseball. He played semi-pro, then as a pro for four years until he injured his arm beyond repair. Comparisons between baseball and acting remain a staple of his conversation.

"Acting is not much different from baseball as a lifestyle. There is a certain freedom and also a certain insecurity, which I like. You never have to answer the question 'Is this what I want to do for the rest of my life?' Both businesses have a habit of making the decision for you.

"I'd watched my dad's life, growing up, and it was a good life. He was much more of a guy who truly wanted to be an actor than I was. He'd done plays at high school and at college. He wanted to play either baseball or cowboys and Indians all his life. I guess I inherited that dream. He's a remarkable man, he has much more energy and much more flair for living than I do. But in 1974, when I was injured, I knew I had to start seriously to look at acting and think, what do I have to do to have a long career? To have the kind of career I want and which will satisfy me? And I've done that. So far."

It's a rare glimpse of the serious, and seriously competitive, Kurt Russell. In *Silkwood*, based on the life of Karen Silkwood, the plutonium plant worker who died in a mysterious car crash while on her way to deliver evidence of radiation hazards to the au-

thorities, Russell plays the boyfriend. To research the part, he read transcripts of FBI interviews and met the real man, Drew Stevens. "Nobody will ever know who killed Karen Silkwood," he feels. "In a way, that's less interesting than what she was doing and how these Joan of Arcs become Joan of Arcs. Both she and the people around her, like Drew, struck me as being like McDonald's workers. They're smart, but they accept what they have to do. They're like smokers, it's as if what they're doing working at the plant isn't really dangerous or won't affect them."

Russell's own life has had its private crises. When they parted after three years of marriage, his ex-wife Season Hubley let her feelings be known. But his liaison with Goldie Hawn seems to have achieved stability in a short time. "Goldie and I" and "I said to Goldie" are frequent phrases he uses, and the couple spent a summer vacation in Morocco, Spain, Paris and London.

He acknowledges readily that she's a bigger star than he is at present. While he may read three scripts a day, she reads "one a week—and develops three of her own a day! That's the stage you reach, where you have to develop your own stuff, but that means time away from Colorado, and is it worth it? Goldie feels the same way. Nobody can accuse either one of us of not concentrating 100 percent when we work, but when the show's over, it's over. Take the money and go skiing, or whatever you do. That's why anybody works. It's a great thing to enjoy your work, but I'm a really good player. I'm much better playing in life than I am working in it. I told Goldie early on *String Shift*, 'I can't wait until this picture's over and we'll really have some fun.' About a month ago, she said to me, 'You know, I've got to tell you, you really are good at playing. You're good at being lazy, good at hanging around, all that stuff.' I know why that is, and it's because of baseball. When you play ball, you only have one responsibility in life and that's to be at the ballpark at 5 o'clock. The rest of the time is yours to fill."

A M P E R S A N D

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JUG WINE

CONTD FROM PAGE 11

pre-opened, see below)
Gallo Pink Chablis
*Fetzer Zinfandel
Inglenook Navalle Zinfandel
*Beaulieu Vineyard California Burgundy
Carlo Rossi Chianti
Gallo Hearty Burgundy (regular and pre-opened, see below)

*These are the Jug Wine Upgrades. All wines under \$4 for a half gallon or 1-1/2 liter jug, except the BV (under \$5). All unstarred wines were acquired at a supermarket, the starred ones from a discount wine store.

Consensus from Panel of Experts

- "Light" wines: Not merely low in alcohol, also low in flavor, aftertaste, interest. Mostly air. Less character than Perrier. Surprisingly dry.
- *Almaden Mt. Rhone* and *Gallo Hearty Burgundy*: one bottle of each had been opened a few days before the research testing and left open to the air, and one of each was opened at the tasting. There was no difference between the two HBs, but the pre-opened Almaden had lost substantial flavor and freshness compared to the just-opened bottle (meaning Almaden had not pasteurized this wine. Hooray!).
- *Pink Chablis*: Pleasantly bubbly ("spritzzy"), went with most of the food. Fans demanded doggie bottles.
- *Beaulieu Vineyards (BV) California Burgundy*: best of the show, especially for those tasters with more years in the field.
- *Fetzer Zinfandel* was more interesting than *Inglenook Navalle Zinfandel*.
- *Carlo Rossi Chianti* (a Gallo family member) was even sweeter than *Hardly Burgundy*.
- *Gallo Sauvignon Blanc*: A last-minute addition to the research tasting, and an example of Gallo's attempt to get into the premium market. Don't bother. It won't show you what Sauvignon Blanc can be, and doesn't have as much character as the Parducci-Pedroncelli.

Fetzer sort of white jugs at the same price. The driest Gallo we've ever tasted, though.

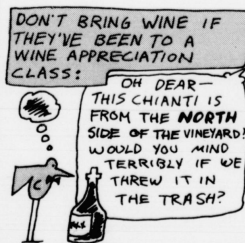
Further Research

We encourage you to assemble your own panel of experts, design a score sheet, and contribute to the ongoing quest for knowledge. Show your appreciation to the panel by hiding their car keys if necessary.

If there's a (good) wine store in your town, go there regularly, find knowledgeable person, pick brain.

If there's a local wine industry where you are, lucky you. They may have free tasting on a regular basis. These people usually love to share their background and expertise.

Compare, remember, ask questions. Your research will reward you eventually. You will always be able to get an interesting, reasonably priced bottle of wine, and you will never have to fall back on something that's merely drinkable.



Jug Wine Adjustments

Too harsh? Pour the wine back and forth from one pitcher or other large vessel into another. Aerating it will soften the edges and bring out flavors before serving.

Red wine only: too bland, not enough guts? Add about a half-teaspoon of red wine vinegar per half-gallon jug, and shake.

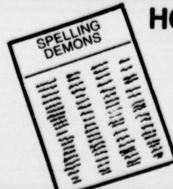
Bottle it down: If there's a lot left over, put the stuff in smaller vessels, the flavor will hold up better.

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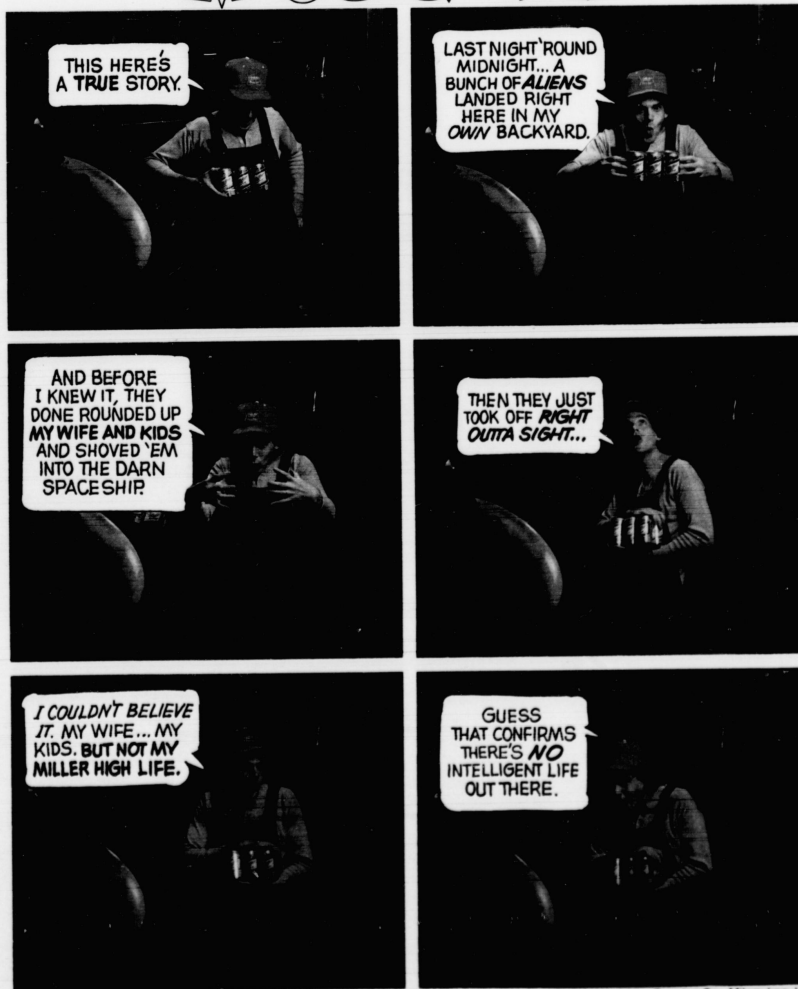
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† Based on EPA Interior Volume Index.

†† Escort GL (shown) compared to Toyota Tercel 3-door deluxe liftback.

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