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**SIXTY-FOURTH ANNUAL REPORT**





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COVER: CNEP student, Lisa Janssen, takes a "leap of faith" as she and her fellow class-mates experience "rock-repelling" during the program's orientation weekend at Unami Creek, PA.

**Photo Credit:** Pictures on page 21 were provided courtesy of the Leslie County News, Hyden, KY.

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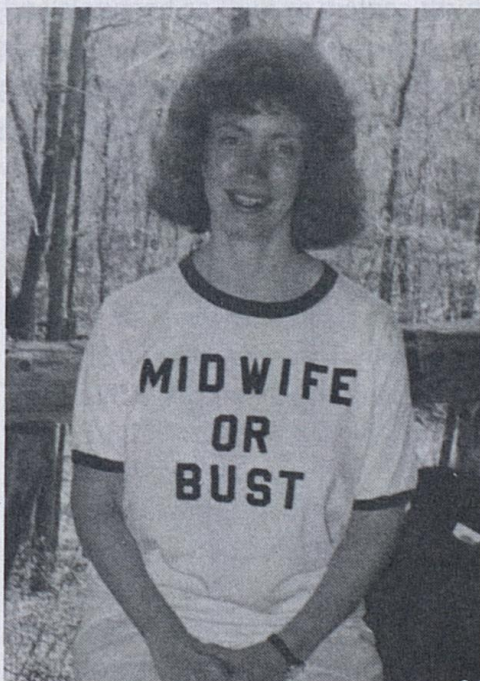
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CNEP -  
**A Pilot Community-Based  
Nurse-Midwifery Education Program**

*Kitty Ernst, a well-known person in the nurse-midwifery field, earned her Certificate in Nurse-Midwifery in 1951 from the Frontier Graduate School of Midwifery (as it was then known), and her Master of Public Health degree in 1959 from Columbia University. Mrs. Ernst is currently Director of the National Association of Childbearing Centers located in Pennsylvania and recently undertook Directorship of the new Community-Based Nurse-Midwifery Education Program.*



Student, Lisa Janssen's t-shirt epitomizes the spirit of the program.

Once again the Frontier Nursing Service (FNS) has taken a bold leap to try to meet the needs of underserved women and families. The idea for a community-based program of education came from the hunch that there were hundreds, maybe thousands, of qualified nurses in communities across America who wanted to be nurse-midwives. These nurses would attend an educational program if they didn't have to leave their jobs and families. One simple paragraph announcing the Community-Based Nurse-Midwifery Education Program (CNEP) in The Childbirth Graphics Ltd., catalogue proved that hunch to be right. The excitement that has rippled through the nursing and medical communities across the nation since the first announcement of the program is without precedent in my 35 years as a nurse-midwife.

I only wish all of the FNS Board members, trustees, and city committees could hear some of the comments from the more than 700 nurses who have called in for information and applications over the past six months. They say, "I can't believe that you are doing this. Is it really true that I can study to be a midwife in my own community? I don't have to leave my husband and children?" "...All my life I have wanted to be a nurse-midwife but I have kids and the family depends on my working." Also, some overworked physicians responded, "This is great. I have been trying to hire a nurse-midwife for over a year.



My practice is over 70% Medicaid. What do I have to do?"... "Well, I have to tell you that I never thought I would see the day when I'd be looking for a midwife but here I am. I think that midwives are the future and I have a little gal here who wants to go into your program. Is this the same nursing service in the Kentucky mountains? Well, I'll be darned."

Yes, Frontier Nursing Service is helping to pioneer a new program for the education of nurse-midwives. The program is a joint effort of four leaders in the development of innovative services and education: the Maternity Center Association (MCA) in New York; the Frances Payne Bolton School of Nursing (FPB) Case Western Reserve University in Cleveland; the National Association of Childbearing Centers (NACC) in Perkiomenville, Pennsylvania, and the Frontier Nursing Service (FNS). Planning began about five years ago when it became clear that the numbers of nurse-midwives needed to be expanded to meet the growing demand for their services in birth centers as well as hospitals and clinics for underserved women and families. It is estimated today that there are 35 positions to be filled by each new graduate. Mary Breckinridge would be pleased. All the FNS city committees, trustees, and board members should be proud. Because of their years of support for the nursing model pioneered at FNS, that model for care is being sought to solve some of the major problems relating to access and availability of services in health care delivery that we face as a nation. A standing ovation for all of you!

Two critical prerequisites had to be met for the CNEP program to start. The first was the affiliation between Case Western Reserve University and Frontier Nursing Service negotiated by Kate Ireland, FNS National Chairman, Ruth Beeman, former Dean of the Frontier School of Midwifery and Family Nursing (FSMFN), and Joyce Fitzpatrick, Dean of the Frances Payne Bolton School of Nursing. It somehow seems appropriate that these two institutions would come together to address such crises in maternity care as the reduction in availability services due to physicians leaving the practice of obstetrics, and the inability of hospitals to meet growing costs. You may recall that Frances Payne Bolton sponsored the Bolton Act which enabled thousands of young women to enter nursing to address the nursing care crisis during World War II. The second prerequisite was approval by the American College of Nurse-Midwives (ACNM) obtained by Ruth Beeman before she stepped down from the first endowed Chair of Midwifery, the Mary Breckinridge Chair, and Deanship of FSMFN.

Two grants were awarded by the Pew Memorial Trust to the MCA, first to adjust the curriculum for off-campus study and second, to locate and implement the program. The CNEP center was first located in Philadelphia with a plan to use the Frontier Nursing Associates practice for part of the clinical training site. When that didn't work out as planned, the program was moved in October,



1988, to Perkiomenville, PA. Experienced faculty were selected and began to meet weekly the following January to get the program up and running. By the end of April, thirty-five highly qualified nurses had put forth the effort to complete the requirements for admission and of these sixteen were selected for the first group.

An important need of an off-campus education program is to be able to bond the students to one another and to the faculty; to provide them with a student identity and faculty support. To accomplish this two experts from Adventure Education who had training and experience in the Outward Bound School were hired. They planned an orientation weekend, "Midwifery Bound," which was held in a camp lodge, a simple log structure not unlike the buildings at Wendover, on the Unami Creek in Eastern Pennsylvania. We arranged to have the students picked up at the airport in a big yellow school bus and they were each given a bright blue sweatshirt and school bag imprinted with, "CNEP - I'm Midwifery Bound with the Frontier Nursing Service, Frances Payne Bolton School of Nursing, Maternity Center Association, and the National Association of Child-bearing Centers." We had a collage of photographs of Wendover, showed the video "Forgotten Frontier" and, quite on their own, the Adventure Education



Students and faculty of the CNEP program pose on the steps of the camp lodge during their orientation weekend.

instructors selected passages from *Wide Neighborhoods* for readings before meals. The students were oriented to the program, met with their faculty advisors, slept in camp bunk beds, and set-up and cleaned up before and after meals. They also experienced adventures such as rock repelling (jumping backwards off a cliff while wearing a support harness) and quiet walks in the



woods. Words are inadequate to describe the "building of a community" that occurred. Students described it as "a magical weekend"... "I think I finally understand sisterhood"... "Most supportive and honest group I have ever been with." The needed bonds were formed.

Now we are into the hard part of the program - trying to keep ahead of the students. CNEP is divided into six levels: Level 1 and 2 is the theoretical foundation for clinical practice. It is done at home while the student continues



Susan Stapleton (left) Education Coordinator and Kitty Ernst (center) Director of the CNEP program, confer with Adventure Education consultant Rosie Ernst (right).

her employment and/or care of her family. Level 3 is an intensive 2 weeks of seminars and beginning skills development at the CNEP center in Perkiomenville. Levels 4 and 5 are spent developing clinical practice skills with the nurse-midwives in service in the student's community. Level 6 is the summary evaluation and examination in Perkiomenville.

I believe that the program has great potential for preparing nurse-midwives to care for women and childbearing families. The nurse-midwives in practice who have signed on to be the clinical preceptors are enthusiastic. For example, the nurse-midwives at the Indian Health Service in Phoenix, Arizona, see it as a program for training Native American nurses who are reluctant to relocate for their education. Hospital administrators see it as a way to educate the nurses that are indigenous to the community and more apt to remain in the community on the hospital staff. All practitioners see it as a way to hand pick their future staff and groom them for service.

The faculty is enthusiastic, the students are enthusiastic, and the nurses across America are still calling in the rate of 100 a month. There will be challenging times ahead but I am confident we have a winner.

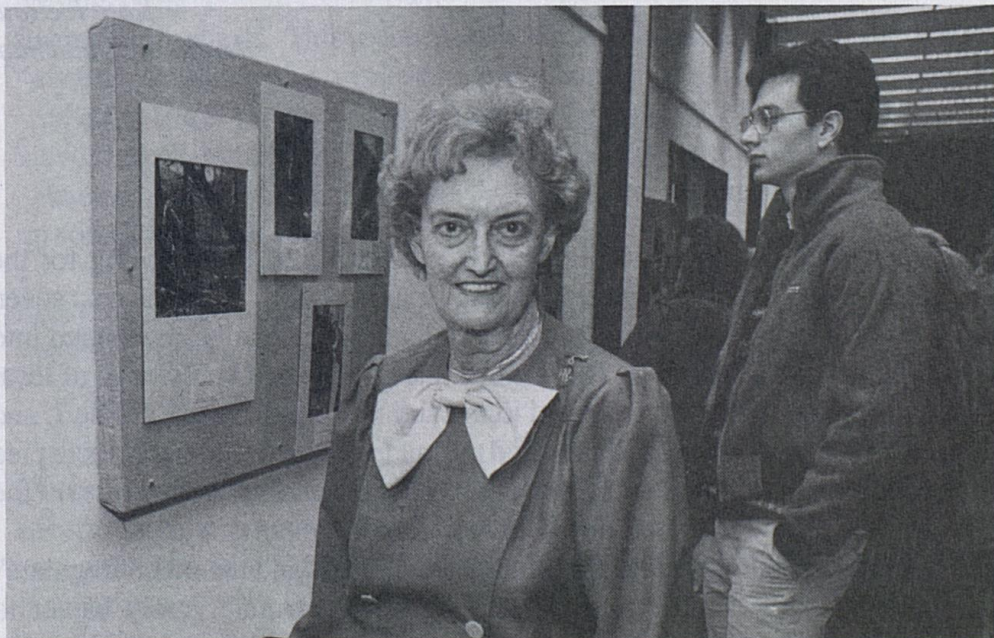
- Kitty Ernst



### Mrs. Jefferson Patterson's FNS Photographs to be Exhibited

Frontier Nursing Service's Honorary National Chairman, Mrs. Jefferson Patterson will have some 40 b/w photographs displayed at the Museum of Women in the Arts, Washington, D.C., September 19 through November 26, 1989. The exhibition entitled, "Mary Marvin Patterson: Photographs of the Frontier Nursing Service," will show pictures of Frontier Nursing Service (FNS) nurses and their patients taken in 1930.

It was at the request of her cousin, Mary Breckinridge, that Mrs. Patterson studied 35mm photography in New York so she could document through photographs and motion pictures the operations and activities of the Frontier Nursing Service during 1930. She made three visits to eastern Kentucky and rode over 600 miles on horseback, with camera and lighting, recording events in the everyday life of the nurse-midwives. In addition to the many wonderful photographs, Mrs. Patterson also made the famous FNS documentary, "The Forgotten Frontier," a copy of which is housed at the Smithsonian Institute in Washington, D.C.



Mrs. Jefferson Patterson poses in front of a previous exhibition of her works.



### Reflections on a Friend..

Eddie J. Moore

1921 - 1989

*The reality that Eddie J. has so tragically and unexpectedly gone from us is hard to believe, or accept. Although he was killed on June 30th--only a few days after our 64th annual meeting--there still remains the warmth of his friendship, the joy of his humor and a feeling of gratitude for his many acts of kindness to help our community. He was a true friend of the Frontier Nursing Service and was always there when we needed him - in a crisis or just to help with simple everyday problems. He served on the Frontier Nursing Service (FNS) Board of Governors since 1970, and, as an active board member, voiced deep concern for the health care crisis faced by Leslie County, Kentucky, as well as the nation. He devoted considerable time and resources to FNS, and much of his personal energy went toward strengthening our special "Friends Fund," begun many years ago by an anonymous donor. Dividends from this fund help pay for indigent health care. In remembrance of Eddie J., we have dedicated this fund in his memory. Helping neighbors was always one of Eddie J.'s missions. May this fund be a living memorial to his love for, and service to, his community.*

*- Kate Ireland  
National Chairman*

I first met Eddie J. Moore in March, 1982, when I was interviewing for the position of Director of the Frontier Nursing Service (FNS). Over the next seven years, my association with him, professionally and personally, developed into one of respect and friendship. His keen business sense and knowledge of local personalities and issues were helpful to me and the organization. Eddie J. and his wife Cloma's openness to Sharon and me made us feel welcome and accepted into our new community. Through their generous hospitality we met most of the folks who became our friends and who remain very important to us.

Lunch at the Appalachian Motel with Eddie J. and the other "regulars" was almost a daily ritual where conversation went from friendly banter to attempts at serious discussion and usually reverted to lighthearted topics, jokes and local issues. Wednesday night's "on the hill" for delicious cook-outs and friendly poker games hold very special memories for me. It was here I had my



first taste of steamed oysters, fried squirrel and rabbit. Out of this camaraderie Eddie J. peaked my interest in fishing. He taught me its joys at Lake Cumberland in Kentucky and Lake Marion in Florida. Eddie and I often fished alone and, for me, those were the best of times. We talked for hours, sharing our thoughts about everything from FNS business to history, theology and travel.

I can hear his special way of laughing - a rapid "heh-heh-heh" - and his particular emission of "heh-heh" (accent on the last heh) whenever he had a nibble and pulled hard on his fishing rod to set the hook. Shortly before I left FNS, Eddie J. had a fish-fry at his home and on that occasion he presented me with my very own



fishing rod and reel. This touched me deeply. He also gave me a fillet knife for "my woman" (wife Sharon) so she could clean the fish I would be catching when I retired to Utah. He knew full well that my feminist wife Sharon took a very dim view of such language and Eddie J. thoroughly enjoyed teasing her by calling out, "Here comes David and his woman," when we entered the room - "just to rile her up some" to use his words.

I have many wonderful memories of Eddie J. which I will always treasure. I, like so many others, will miss him in his many and varied capacities - as FNS board member, community leader and most especially as a friend.

- David Hatfield

Every now and again, someone comes along and touches your life in a very special way. You know something significant has happened when you find the encounter has changed you somehow and you find yourself richer and wiser for having known that person. Eddie J. touched me in that special way and I know I am a better person for our meeting.

I guess most of us expect events powerful enough to change us to be accompanied by claps of thunder and bolts of lightning! In actual fact, however, most of mine have happened quietly and in very ordinary ways. One day I just



look back and realize I have changed and often have no idea what set that change in motion within me.

Eddie J. triggered such a change in me during a sunny afternoon nature walk through the forested land surrounding his home. He had discovered that I had an interest in learning about the trees in the area, many of which were unfamiliar to me. He knew a lot about trees and offered to share his knowledge, which I soon learned was considerable.

I was a tree lover and also, I admit, one of those intense, self-righteous, ecology types. Eddie J. was in the lumber business. My bias (at that time) said, "People who are into cutting down trees cannot possibly love and respect the earth and its growing things as I do!" Imagine my surprise when I found myself walking and talking with a man who spoke with great sensitivity of the land - who not only loved, respected and understood it, but knew he needed it and that it was important to his well being. We shared our thoughts. We did not always agree, but we listened to each other with respect and I learned a great deal about a point of view I had not considered before. I came away that day with my nature scrapbook full of pressed leaves and copious notes. Most important, however, I had made a friend who, though I didn't realize it at the time, had, by being himself, made mincemeat of my bias.

Looking back, I now realize that since that day I have worked hard to kick the nasty habit of pre-judging people. As a result, I have become a more open and tolerant person - hopefully, a kinder one. This is a wonderful gift for one person to have given another. I am grateful.

- Sharon Hatfield



## Hello! From the New Editor

As I sit back now and review the last *Quarterly Bulletin* I realize that the name of the editor may have changed in the staff listings, but that means nothing to the reader - except a different name. As the time approached for Sharon Hatfield to retire I was asked to take on the editorship of the *Quarterly Bulletin*. I did so gladly. Sharon, a very creative editor, was only too willing to share her experiences and knowledge - and for that I will always be extremely grateful. Ron Hallman, former Vice-President for Development, also guided me through with many words of encouragement.

However, before I was able to take on the full effort of writing, editing, and coordinating articles there was one other important task that had to be undertaken - learning the intricacies of desk-top publishing. It was in this area I came to know, and appreciate, our current Director of Public Relations, Sheila Allen. It was her task to teach me "Mac logic." We spent many hours together huddled around the Macintosh computer until finally the penny dropped and I could operate the "Mac" on my own. Sheila and I still work together on the Bulletin - writing and editing, not always agreeing, but working as a team!

To date I have only worked on two *Quarterly Bulletins* - the March and June issues - and I am beginning to feel more comfortable in my role as editor. I am lucky to be able to work a flexible schedule as much of my time and energies are involved with my family and their different activities. I am married to Dr. Tim Todd, the district physician written about in the June issue (see District Doctor Makes Difference), and mother of two children - Melissa who is nine years old and mad about horses, and Matthew an energetic and inquisitive seven year old!

I look forward to each new issue as it slowly takes shape. Ideas for articles come from different sources and any suggestions you, the reader, may have are welcomed. They can be sent to: Frontier Nursing Service, Editor Quarterly Bulletin, Wendover, KY 41775. My thanks are extended to those I have contacted for information and help - their patience with me is very much appreciated. I hope to continue to learn and enjoy my experience as editor.

- Angela Todd





### A Letter from Two "Senior" Couriers

As we wind our way home to Minnesota from Wendover, Norma and I recall happy memories of the two months we spent as courier/volunteers at the Frontier Nursing Service (FNS). "We" are Norma Johnson from Ivanhoe, Minnesota and June Kohl from Cass Lake, Minnesota, both retired nurses and a young 67 years of age! Our stay was a very fulfilling experience - especially satisfying because we were able to do every assignment given us.

Our co-couriers, Brad Powers, Anne Knott and Ellen Mallory, who were each around 23 years of age, encouraged and accepted us as peers. Our lives have been enriched from working with these dedicated young people. There were many warm, friendly people we met during our stay - especially the staff at Wendover. It is more than probable to gain 10 pounds from Cassie's superb cooking! The smiling faces and friendly chatter of Marilyn, Hazel and Kenny (Housekeeping) did so much to make our stay pleasant. David Lee, our coordinator, had told us he wanted our experience to be challenging, fulfilling, and fun - it certainly was all of this and more. We learned - we relaxed - we laughed, and we always felt our services were needed and appreciated.

Our courier duties included making rounds to the four outlying district nursing centers delivering and picking up mail, lab samples and reports, sterile supplies, and equipment. We also worked as aides and general clerical help in these clinics and the Kate Ireland Women's Health Care Center. At Wendover we worked on the grounds, assisted in the kitchen during various functions, and helped with some general clerical duties. We were able to do community work tutoring students in the Leslie County Library Literacy program. One of our more unusual assignments was to judge a 4-H cooking contest!

While staying at Wendover Norma and I realized how persons in their middle and later years could contribute their time, talents and experience as courier/volunteers to FNS. Friends and former couriers have always encouraged their sons and daughters to become courier/volunteers. Now it could also work in reverse - that former couriers could encourage their parents and older friends to participate in this worthwhile helping experience. Many individuals could come with their own unique personalities - nurses, teachers, social workers, "empty nesters," parents with some time on their hands, and retirees of any profession or no profession to name just a few!

During our leisure time Norma and I attended two concerts in Hazard, a horse show at the Nixon Center, the Redbud Festival, and a ballet performance at the local high school. We were entertained at Wendover by several string bands and learned to do the blue-grass stomp! Several local craftsmen - makers of quilts, furniture, and corn husk dolls were kind enough to make time for us



to visit them. As we were in coal-mining country we also visited the site of a coal-mine and numerous other points of interest.

One of the highlights of our stay was watching spring arrive in the mountains. The transition from the bleak and brown of winter to the marvellous spring colors of green, pink and white was truly outstanding. Two weeks before we left the new courier coordinator, Cari Michaels, arrived. She brings her own charming personality and talents to continue the traditions of FNS. Our volunteer time was a marvellous experience and during our drive home to Minnesota Norma said, "There is good news and bad news. The good news is that we are really making good time - the bad news is that we are going in the wrong direction!"

We will do all we can to spread the word to older volunteers to participate in the courier program. We encourage all who read this to do the same.

- Norma Johnson and June Kohl



Norma Johnson (left) and June Kohl sitting among the spring flowers at Wendenover.



### Frontier School Graduates 99th Class

As the mist slowly lifted around Wendover, the Commencement Ceremonies for the 99th Class of the Frontier School of Midwifery and Family Nursing began. After the welcome address and recognition of faculty and special guests one of the graduating students, Kristy Higgs, gave the "Students Comments." The purpose of her talk was to share some of the highlights of their journey as students at the Frontier School of Midwifery and Family Nursing. "We have all changed as we traveled along this path. I hope to reassure our family and friends that as you experience our expanded and frequently foreign vocabulary, and those various other changes we have been periodically bringing home - know that you are not alone in this readjustment process!"

Kristy reflected on their first day in class, "We were told a story about carrying a sack of rocks on our backs. The sack was to serve as a symbol of our journey through the program. As we completed assignments - papers, exams, and clinical rotations - we were to take out a rock of appropriate size and throw it away. Gradually our load became lighter, until today when we can throw our final stone to represent the end of our journey as FNS students." After some amusing highlights Kristy remarked " This has been a special place for us. We have grown personally and professionally. The spirit of nursing found here is unique in this country. Mary Breckinridge's vision of health care still lives in these mountains. The system of administering it is now quite different - but the philosophy for providing remains. To be called a nurse is an honor in these parts - and the nine of us are honored to participate in carrying the vision to places beyond these mountains."



Keynote Speaker, Kitty Ernst, giving her speech at the Commencement Ceremonies.

*Editor's Note: Due to lack of space in this issue it was not possible to reproduce Kitty Ernst's Keynote Address; however, it will be in the Fall issue of the Bulletin.*





The Helen E. Browne nurse-midwifery scholarship award was presented to Barbara Cauthen (left). Barbara plans to work at the Monroe Family Health Center and the Monroe Maternity Center in Madisonville, Tennessee.

Theresa Leipzig, (right), who received the Minette Cracknell family nurse practitioner scholarship award, will return to her home town of Chicago to work in a Christian, inner-city medical clinic. She plans to eventually become an overseas missionary.



Graduating students (l-r): Laura Mann, nurse-midwife; Kristy Higgs, nurse-midwife; Genetta Fancher, nurse-midwife; Susan Peeples, nurse-midwife; Tamara Krivit, family nurse-practitioner; Jeri Lake, nurse-midwife; Theresa Leipzig, nurse-midwife; Barbara Cauthen, nurse-midwife, and Marguerite Pike, family nurse practitioner.



### FNS Couriers Assist Local Literacy Program

*Jane Schneider came to the Frontier Nursing Service as a courier and literacy volunteer shortly after graduating from the University of Minnesota. Originally, she planned to stay only eight weeks working with the local literacy program gaining experience as a tutor. However, she nows plans to extend her "visit" for an additional three months continuing her literacy tutoring and helping with the local GED program. She is currently applying for monies to cover the start-up costs of a new program providing literacy tutoring to young mothers with preschoolers.*

Because she couldn't read, Mary, 33, used to shop for groceries by memorizing food labels, James had to ask his teenage daughter, who only read at a third grade level herself, to fill out checks for him. When Frank worked as a cook in a restaurant he had to watch someone else cook a dish and memorize every detail because he could not read a recipe. His daughter will be entering first grade in the fall and he worries that he won't be able to help her read or spell.

These are just some of the real problems these Leslie county residents faced as a result of not being able to read. However, the stories of these three people are by no means unique. Illiteracy is a growing crisis in the United States, with some estimates giving an illiteracy rate as high as thirty percent of the adult population. This is alarming, considering that recent estimates indicate ninth grade level as the minimum for functional literacy, or the ability to cope proficiently in society.

Because Leslie county struggles with its share of the problem the Leslie County Library Literacy program was established in 1986 to address the needs of the non-readers in the county. The program targets adults seventeen and older who function from non-reader to fifth grade level and is funded in part by a small grant from the Kentucky Literacy Commission. Donations from businesses, organizations, and individuals are also sought and used, especially since the program's \$25,000 federal grant has been cut for next year.

Through a special arrangement with Joyce Osborne, coordinator of the Leslie County Library Literacy program, Frontier Nursing Service (FNS) couriers and volunteers have been working as tutors with Mary, James, Frank, and others like them since August, 1988. Personal interest in literacy issues and belief in the importance of education led David Lee, FNS courier coordinator from March, 1988 to May, 1989, to become a certified tutor himself and to offer literacy tutoring as an optional duty for interested couriers and volunteers. His reasons for involving the couriers were pragmatic - literacy tutoring is an avenue





FNS courier/volunteer Jane Schneider (right) tutoring a student.

for utilizing the couriers talents and energy to benefit the learner, the community, and the couriers themselves.

All volunteer literacy tutors must first attend a ten-hour certification seminar which trains them to use the Laubach method and materials for teaching. These materials, who publisher's motto is, "Each One Teach One," are specially designed for use by inexperienced volunteers and are provided to each tutor and student free of charge. Their success has been time-tested and they are commonly used in similar literacy programs across the country. Since this program began, Joyce Osborne has trained over 200 tutors from the community who have worked with 115 adult learners from Leslie county (the number of tutors is higher than the number of students because of high tutor turnover resulting in some students having more than one tutor). Among these 200 volunteer tutors are a number of FNS personnel; not surprising given the philanthropic spirit of the organization and its people.

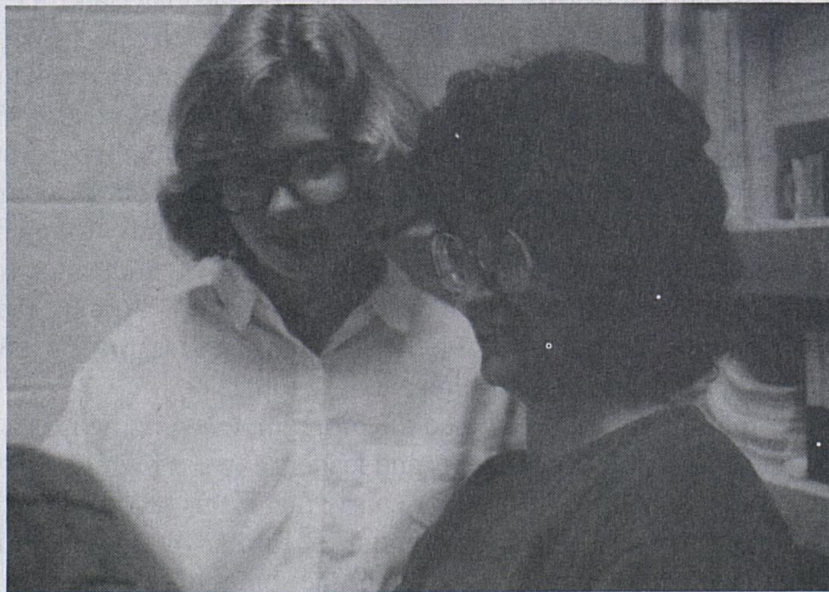
The community has welcomed the program, recognizing it as a greatly needed service. Community residents and leaders express regret at not having had such a program before. "People often say that if this program had existed earlier, so many people could have come a lot further by now, both in their education and their enjoyment of life. Maybe the community would be closer to economic prosperity," voiced Joyce Osborne. "People also tell me they would hate to see the program fold due to lack of funds."



Couriers usually stay at FNS an average of only six to eight weeks which has made it necessary for Joyce Osborne to make special arrangements in order for them to tutor. It can be hard on a student to have to adjust to a succession of new tutors and their teaching styles. To help ease the transition, outgoing couriers spend time acquainting the student with the new tutor, and vice versa. For Mary, who has been working with FNS courier tutors for over a year, any drawbacks are outweighed by the sense of accomplishment she feels, "Learning to read means the world to me. I feel better about myself now. For once I feel like I have the upper hand instead of the lower. I would stand in the creek for these lessons if I had to, they mean that much to me."

Occasionally, during the summer, Joyce Osborne is able to match a courier with a high school or elementary student needing help in reading, math, or other subjects. This arrangement has the extra bonus of enabling couriers to work with people the literacy program cannot normally serve as funding guidelines require literacy students to be seventeen years of age or older. Many couriers often find working with these younger students doubly rewarding as it gives them an opportunity to interact with local people close to their own age.

Couriers who have recently served as literacy tutors include Brad Powers, Kenneth Chuang, and Jodi Wenger. During Brad's stay from January to March this year, he tutored students individually and also set up a reading group of three or four women who met two days a week at the Leslie County library. Kenneth Chuang was active in a campus literacy program while a student at Rice University and he brought with him compassion and an understanding of



Joyce Osborne (right), literacy coordinator, reviews program materials with Jane.



literacy issues. During his stay this summer he worked with an 18-year old who had expressed a desire to learn to read, but was easily distracted and preferred spending time with his extensive gun collection. Ken approached the problem creatively by labeling each of the guns thereby put reading into a context relevant to his student's interests. Jodi Wenger, a Wesleyan student from New York, plans to share the tutoring expertise she gained here with people in her home community. She took some materials donated by the Leslie County Library Literacy program home with her in the hopes of setting up a reading group.

Joyce Osborne has many positive comments about courier involvement in tutoring. "The couriers are one of the greatest assets of Leslie County. I appreciate their willingness to tutor not just one, but many students at a time. It gives me peace of mind knowing that many people will be served and the couriers do an excellent job. They have an extra eagerness that makes them wonderful to work with."

For myself, I came to FNS as a literacy volunteer hoping to gain teaching experience and to learn first-hand about literacy issues. I have been working with six students individually. Three of the regular "caseload" (adults who have been working with FNS tutors for several months or more) and three summer students including a high school junior working on remedial reading and geography, and a sixth grader working on math. I like working with such a variety of people and in a variety of settings - some in their homes, some at the library, and some at Wendover. I enjoy the practice I am getting tailoring lessons to each student's individual goals, difficulty level, learning style, and personality.

I am also learning a lot from my students - each one helps me gain an understanding of the process of learning, and the experience of being illiterate. Even the frustrations have their lessons perhaps my biggest being students cancelling their tutoring sessions. Reasons range from working overtime in the coal mine to having to rescue the family trailer from rolling down a cliff - hardly the same as skipping class to hang out at the mall! A lesson to learn from this is that unavoidable obligations such as these are part of an adult's life, and this is one difference between teaching children and adults.

On the lighter side I have also learned fun and useful things such as how to make shucky beans, how to get to the best look-out point on Pine Mountain, and what exactly a "holler" is. I hope to remain in Kentucky a while longer and gain further experience in literacy work and, if funding permits, assist Joyce Osborne in expanding the tutoring service.

Above all, my experience to date has strongly convinced me of the importance of literacy and the need for literacy action. I had always intended to be involved in the literacy movement after leaving FNS - and will do so now with greater experience and conviction.

- Jane Schneider



## Beyond the Mountains

The summer months have brought a time of change and re-organization for the Frontier Nursing Service (FNS). As I reflect on the busy past three months here at FNS, I feel very proud to be a part of such an exciting organization. I have spent more than 17 years in public health, both as a nurse and as an administrator; yet I have never been as impressed with any organization's opportunities, challenges and mission as I am with those of the Frontier Nursing Service.

Since joining FNS in June, I have been "Beyond the Mountains" several times—sharing the ideas of the successful decentralized nursing model of health care pioneered by Mary Breckinridge over 60 years ago, and joining with FNS friends and colleagues in championing the cause of nurse practitioners nationally, as well as in Kentucky.

My first trip was scheduled for June 17th — two days before I officially began work for FNS and only three days after I arrived in Hyden! My travels took me to Louisville to meet with representatives from the Kentucky Nurses Association, the Kentucky Board of Nurse Examiners, and the Kentucky Coalition of Advanced Registered Nurse Practitioners (ARNP's).

We discussed the vital need for Kentucky to grant nurse practitioners and nurse-midwives prescriptive authority—that is, extend the rights of practitioners to enable them to prescribe medicines under protocols with physicians for treatment of illnesses. This would enable ARNP's to assume an even greater role in the provision of health care.

As a result of this meeting, I drove to Lexington the following month to visit with Kentucky State Representative Tom Burch to discuss the possibility of introducing prescriptive authority legislation during this year's meeting of the Kentucky General Assembly. Representative Burch has agreed to sponsor this legislation and everyone here at FNS is gearing up to see that this important piece of legislation becomes a reality!

In between the two trips, Nancy Clark, Dean of the Frontier School of Midwifery and Family Nursing (FSMFN), and I traveled to our state capitol to





attend the Governor's Leadership Conference on Infant Mortality. Both the Governor and Mrs Wallace Wikinson spoke at the conference, which focused on the need to improved access to prenatal care for low income, high risk mothers. The American Academy of Pediatrics reported in 1984 that an estimated \$2 to \$10 dollars is saved for every dollar spent on prenatal care. In addition, comprehensive prenatal care is the single most significant factor in reducing low birth weight and enhancing a newborn's health. This study reinforces the assumptions that led Mary Breckinridge to begin the Frontier Nursing Service more than 60 years ago. ...that care of the baby must begin with the mother, even before the baby is born. It was very exciting for me to meet the people responsible for health policy at the state level, and discover that Kentucky is beginning to adopt many of the same goals and ideas as FNS for the improvement of the health care delivery system.

Of course, FNS' ability to continue to share its demonstration model with the nation is dependent on the generosity of our many loyal friends, whose efforts are deeply appreciated. To date, our Annual Meeting has been my one opportunity to get acquainted with our supporters; however, I hope to travel beyond the mountains to meet with our many loyal contributors in the near future. I look forward to meeting many of you in the coming year!

- Deanna Severance



### Field Notes

One of the things I find most enjoyable about life at Wendover is the constant flow of people. We are fortunate to live in a place so quiet and secluded and yet still a center of attraction for many.

The visitors that traveled the furthest to Wendover was a group of physicians from Afghanistan, Jordan, Czechoslovakia, Haiti, and Jamaica. They were on a five week tour observing public health and medical facilities in the United States. They joined us for dinner and stayed in the Big House before touring the Frontier Nursing Service facilities. Because their stay here was near the end of a long and exhausting trip, they appreciated the peacefulness of the mountains and Cassie's home cooking. Many of them were surprised to discover that some of our nurse-midwifery graduates were practicing in areas close to their home towns.

Two large church groups spent several days at Wendover volunteering their work and touring the area. One, a youth group from Annunciation Church, Minnesota, was here for a week in June. Even though they spent much of their time cleaning out sheds, painting in the Big House, and doing other work at Wendover, they did get a chance to tour a coal mine and learned about local crafts. Before the end of their stay, the group experienced one of the worst natural disasters Leslie County has ever had. One June 15th flood waters covered the roads and poured into many people's homes. The waters receded by the following morning but left behind mud-filled and badly damaged homes, destroyed gardens, severe land slides, and water damaged roads. The youths set out in the morning to help those neighbors whose homes were most affected by the flood waters. For many the amount of work needed to repair things was so overwhelming they had lost hope and were very grateful to have an extra fifteen pair of hands to help out. Of course the flood was a devastating and unfortunate event, but that particular day proved to be one of the most rewarding many of the youth had ever spent.

Three days after they left visitors from Federated Church, Fergus Falls, Minnesota arrived. The projects the first group could not complete because of the flood were taken on by the new visitors. Some of them spent hours high on ladders scraping and painting the Pebble Workshop, others helped with gardening, clerical work and housecleaning. This still left time for them to sightsee and visit a local quilter. Both church groups plan to present their experiences here to their parishes and instigate an annual mission trip to the Frontier Nursing Service. We very much appreciate all their hard work here this summer.

Four members of a group researching black churches of Appalachia stayed with us for a night in July. They came from different churches in different





FNS student apartments (left), were severely damaged by a landslide caused during the torrential rains that resulted in county-wide flooding. Members of the National Guard (right) man a ferry boat to help residents stranded by the flood waters.



Many residents were forced to abandon their cars as flood waters covered roads.



cities, but had a common interest in this area. Like most of our visitors, they were intrigued with the historical books and photo albums at the Big House and spent a pleasant evening looking through them. Everyone seems to agree that it is amazing how much you can learn while sitting in one of the overstuffed chairs in the living room leafing through the books around you.

The summer months have brought many couriers and volunteers our way. We have been able to begin several new projects both in the community and here at Wendover. The couriers spent a few days in July painting the basement of the Garden House and cleaning up some old furniture. We have been reaping the benefits of our vegetable garden in which many hours of planting and tending have been spent. We were fortunate that this garden was not as badly damaged by the flood as many others.

Several couriers took part in the first annual Leslie County Health Fair. We prepared posters for a first aide booth and provided free blood pressure checks. The event was well attended and we have high hopes for next year's Fair - perhaps the couriers will have a booth of their own.

Some of the couriers attended an orientation session at the local nursing home, Hyden Manor. The home is filled almost to capacity, which leaves little time for the staff to spend with the patients outside of providing daily care. The couriers plan to spend time visiting with, and reading to, the patients and helping the nursing home staff with daily activities.

Because there are so few summer programs in Leslie County for children, the couriers decided to start a weekly program for 6-10 year olds called Children's Health Workshops. The program was based on a similar program run by couriers several years ago. During each session they introduce and discuss a new health topic and organize sports activities with the children. We hope to be able to offer this program again next year.

All our summer activities have certainly not prevented us from visiting craft fairs and Kentucky parks - trips to Cumberland Falls, the Berea Craft Fair, and several local crafts people have been highlights of our summer. It seems that there is no end to the number of places to visit and people to meet. We have been to Sherman Wooton's fish fries for catfish and hush-puppies. We have had our own barbeque dinners at the Big House. And most of us never tire of just relaxing and listening to local musicians play. The summer months have been busy but invigorating. The somewhat hectic schedule of Wendover life is forgotten when we either take time to visit with people passing through or just sit back and appreciate the quietness of the mountains.

- Cari Michaels



## Courier News

**Chris Jackman (1987)** is planning to spend a month at Wendover after being away for two years. She has been working at the University of Minnesota Hospital and Clinic on the maternity floor. She surprised us all with a weekend visit in June and has been back to work with us for the month of August.

**Meg Bogdan (1988)** has graduated from Wellesley College in Massachusetts and is now living in Boston. She is making plans to go to law school.

**Jodi Wenger (1988)** has graduated from Wesleyan College in Middletown, Connecticut. She is now living in Massachusetts spending the summer preparing to take the MCAT. She plans to travel to either New York or Washington D.C. to work for a year before beginning medical school.

**June Kohl and Norma Jean Johnson (1989)** have returned to Minnesota but have not forgotten their time at Wendover. They tell of their experiences in the article on page 10 of this bulletin. We hope they are encouraging all their friends to come and stay with us.

**Amy Darby (1989)** is back at school in Ann Arbor, Michigan. For the next two years she will be completing her degree in nursing at the University of Michigan.

**Danyelle Desjardins (1989)** has returned to Massachusetts and decided to postpone medical school for a year or two while she works with Harvard Community Health Plan. She sends her greetings and best wishes to all.

**Christine Burdette (1989)** spent a few wonderful weeks in Ireland after leaving Kentucky in June. She writes, "...despite the exhaustion due to no sleep on the plane and the time difference, I am loving it all. We saw sheep being sheared, took long walks, went to the beach, climbed on rocks..." she returned to Vermont to work for the rest of the summer.

**ALL FORMER COURIERS:** Please let us know where you are and what you are doing - we would love to hear from you!

- *Cari Michaels*



**IN MEMORIAM**

*These friends have departed this life in recent months. We wish to express our sympathies to their families, and our gratitude for their interest in our work.*

Mrs. Horace G. Hambrick  
Georgetown, KY

Mrs. Evan McCord  
Versailles, KY

Both of these ladies were cousins of Mary Breckinridge and long-time supporters of Frontier Nursing Service. Mrs. McCord was also a former member of the FNS Blue Grass Committee.

Mr. Jarrell Brewer  
Clayton, GA

Husband of Josephine Kinman Brewer, FSMFN Alumnus 1942.

Mrs. Marilyn Joseph  
Wooton, KY

Former FNS Wooton Clinic housekeeper and member of the Wooton Community Advisory Committee.

Mrs. John W. White  
Middlebury, VT

Courier/Volunteer (Susan Page)1930's.

Mr. John M. Lewis  
Hyden, KY

Owner and operator of Lewis Market and Seed Store in Hyden and a strong community supporter of FNS.

Mrs. R.L. Ireland, III  
New York, NY

Dear friend of FNS through the New York Maternity Center Association of which she was a Board member and Treasurer for many years. Jacqueline "Jackie" Ireland, sister-in-law of Kate Ireland, our National Chairman, visited FNS frequently.



Mrs. Charles J. Lynn  
Indianapolis, IN

Generous benefactor and loyal friend of FNS, serving as a Trustee since 1960.

Mrs. Joseph F. Knowles  
Wellesley, MA

Courier (1935) Margaret "Miggy" Noyes and former member of the FNS Boston Committee.

*By including FNS in their Wills, the following friends have made a continuing affirmation of interest and belief in the work of Frontier Nursing Service. These bequests are added to FNS Endowment Funds so that we may continue to care for mothers and babies in years to come. We extend our deepest gratitude to them for their years of loyalty and support.*

Miss Gertrude E. Randall  
Nokomis, IL

Mr. and Mrs. Glenwood W. Rouse  
Philadelphia, PA

Mrs. Nancy Harmon Ruekberg  
Churchville, NY



## MEMORIAL GIFTS

We wish to express our deep appreciation to these friends, who have shown their love and respect for the individuals named below by making supporting contributions in their memory to the work of the Frontier Nursing Service:

**Mrs. Evan McCord**

Mrs. Carter Stanfill  
Mr. Branham Dunlap

**Gertrude E. Hastings**

Mr. Harold M. Hastings

**Miss Ida B. Lewis**

Mrs. Frederick W. Thiele

**Mr. Cecil Morgan**

Dr. and Mrs. W.B. Rogers Beasley  
Walter and Ardith Houghton  
Mr. John L. Gilman, Jr.  
The Family of Nick Gazzolo

**Mrs. R.L. Ireland, III**

Mrs. Cloma Moore  
Mr. and Mrs. Ryals E. Lee

**Ivallean Caudill Brooks**

Mrs. Caroline S. Muncy

**Mrs. James F. Ramey**

Ms. Arte Mishie Ramey

**Mr. Gid Lewis**

Mrs. Cloma Moore

**Mrs. Evan Randolph**

Mrs. William P. Hacker

**Mr. John L. Ray**

Mr. and Mrs. Joey R. Lewis

**Helen Bye Decker**

Mrs. Harold P. Melcher, Jr.

**Mr. Will Begley**

Mrs. Cloma Moore

**Mrs. Pauline Jordan**

Mr. and Mrs. Maynard Nonnemacher  
Ms. Margaret L. Perry

**Mrs. John W. Pope**

Mr. John W. Pope

**Colonel Henry J. Chisholm, USAF(Ret.)**

Mrs. Stanleigh Swan

**Mr. Leroy F. Marshall**

Anne A. Wasson, M.D.

**Mr. John E. Dawson**

Deborah King Smith  
Dr. Nancy T. Watts

**Mr. John M. Lewis**

Joey and Judy Lewis  
Cornelius and Eileen Morgan  
Mr. and Mrs. John H. Lewis, Jr.  
Mrs. Cloma Moore  
Mrs. Alberta B. Keen  
Miss Kate Ireland

**Willetta DeLong Tucker Klaren**

National Society, Daughters of  
of Colonial Wars  
Lexington Inc., BPW  
Dr. and Mrs. George T. Guess  
Mrs. Lee Duncan Stokes  
Florence and Omer, Breck  
and Neal Boyd

**Miss Betty Lester**

Clara Jefferis, CFNP  
Mrs. Van C. Adams  
Mrs. Betty Sue Bailey  
Miss Ann Browning  
Mrs. Gregory Couch  
Ms. Barbara R. French  
Mrs. Faye Napier  
Mrs. Harold Williams  
Ms. Ruth Ann Dome

**Mr. Eddie J. Moore**

Joey and Judy Lewis  
Cornelius and Eileen Morgan  
Mrs. Charles W. Allen, Jr.  
Mrs. Clinton W. Kelly, III  
Mrs. and Mrs. John C. Campbell  
Mrs. Mary Katherine Brashear  
Dwight and Margaret Hendrix  
Mr. Woodrow Morgan  
Mrs. Virginia Roberts



**Mr. Eddie J. Moore (cont'd)**

Ms. Deborah Roberts  
Mrs. Carter Stanfill  
Mr. Homer L. Drew  
Dr. and Mrs. W.B. Rogers Beasley  
Hyden Citizens Banks  
Mr. and Mrs. W.F. Brashear, II  
Mr. Leonard H. Brashear  
Mrs. Lillie M. Campbell  
Mrs. Alberta B. Keen  
Lessenberry Building Centre, Inc.  
Mr. Michael G. Mikolaj  
Darrell and Ruby Moore  
Tommy and Linda Rice  
Mrs. Alice E. Whitman  
Anne A. Wasson, M.D.  
Mr. and Mrs. John H. Kerr, Jr.  
Mr. James G. Kenan, III  
The Irvin Moore Family  
Victor and Imogene Bullock  
Mr. and Mrs. John H. Lewis, Jr.  
Mr. and Mrs. Edward A. Mattingly  
Mr. and Mrs. Henry R. Heyburn  
Walter and Ardith Houghton  
Mrs. James N. Rawleigh, Jr.  
Mr. and Mrs. Joseph C. Carter  
Mr. John L. Gilman, Jr.  
Dr. and Mrs. G. Edward Hughes  
Mrs. Alfred R. Shands, III  
Mrs. Paul J. Vignos, Jr.  
Floyd Wells Coal and Land Co.  
Mr. C.V. Cooper, Jr.  
Mr. Joseph C. Donnelly, Jr.  
Mr. Perle P. Estridge  
Mr. and Mrs. Edward N. Farmer  
Mrs. Gilbert W. Humphrey  
Mrs. Jefferson Patterson  
Mrs. James T. Christie  
Miss Kate Ireland  
Mr. and Mrs. John Hacker  
Betty and Wade Mountz  
Mr. and Mrs. Robert W. Nichols  
Miss Jane Leigh Powell  
Mrs. Austin L. Smithers  
Mrs. Burgess P. Standley  
Mrs. Erskine P. Wilder, Jr.  
David and Sharon Hatfield  
Mrs. Joanne L. Collins  
Mr. and Mrs. Ralph Lewis  
Eunice K.M. Ernst



REPORT OF THE FRONTIER NURSING SERVICE  
ANNUAL MEETING

June 24, 1989

Hyden, KY

*I attended my first Board of Governors meeting on the sixth day of my tenure as Director of the Frontier Nursing Service (FNS). There was excitement in the air as the fruits of strategic planning were presented and individuals were acknowledged for their hard work and commitment.*

*At the end of the meeting, Fred Brashear, Chairman of the Mary Breckinridge Healthcare Board and Treasurer of the FNS Board of Governors, shared with me how pleased he was with the smooth flow of operations throughout the weekend. "Deanna," he laughingly warned me, "I don't want you to leave these meetings with the impression it will always be this easy."*

*I know FNS faces many challenges and opportunities as we continue to 'fine tune' our organizational restructuring. My interactions with the Board of Governors and citizens of Leslie County increases my complete enjoyment of the easy times, and confirms my belief that we will rise to the challenges and take hold of the opportunities.*

*- Deanna Severance*

The sixty-fourth Frontier Nursing Service (FNS) annual meeting was called to order by Miss Kate Ireland, National Chairman. She recognized Mr. Lynn Peavley and his dietary staff at the Mary Breckinridge Hospital cafeteria for the delicious meal and his wife for the beautiful table flower arrangements.

A moment of silence was called to remember Frontier Nursing Service friends and associates who died within the past year, including: Mr. Barry Bingham, Sr., Louisville, Kentucky; Mr. Jack Dawson, Dover, Massachusetts; Dr. Frances Hutchens, Berea, Kentucky; Miss Betty Lester, retired FNS nurse-midwife, Hyden, Kentucky; Mr. Cecil Morgan, Wendover, Kentucky, and Mr. Newton Stammer, Berea, Kentucky.

Mr. Homer L. Drew was nominated as an honorary member to the Board of Governors. Miss Ireland expressed appreciation for the work he has done for and on behalf of FNS. Mr. Drew announced that Mr. W.F. Brashear, II, of Hyden will be the new Treasurer and Mr. John E. Foley of Lexington, the



Assistant Treasurer.

Miss Ireland announced that future annual business meetings will be held in April each year to coincide with the end of the fiscal year; however, the annual luncheon meeting for friends and supporters of FNS will still be held in June, either in Lexington or Hyden.

#### **MARY BRECKINRIDGE HEALTHCARE REPORT**

Mr. George Wyatt, President of the Mary Breckinridge Healthcare Corporation, reported on the hospital's operations for the fiscal year ending April 30, 1989. The inpatient census had decreased, however, outpatient visits had substantially increased.

The district clinics and the Home Health Agency were placed under Mary Breckinridge Healthcare (MBHC) at the beginning of the new fiscal year, May 1, 1989. These clinics are in addition to MBHC's hospital, the Hyden Medical Center, and Hyden Clinic. It was felt that consolidating all healthcare entities would enable the local Board of Directors, who meet monthly, to better serve community needs.

A Guaranteed Student Loan Program has been implemented to help with the education of local students in various health care fields. Upon successful completion of their program and employment with FNS, a portion of the student's loan will be repaid by FNS for each month of service provided.

#### **FRONTIER NURSING HEALTH AND EDUCATION REPORT**

Mrs. Whitney Robbins, Chairman of the Health and Education Board reported that during the past year the corporation had undergone strategic planning, developed plans for operation, worked toward understanding missions and goals and discussed implementing them. The Frontier School has also been very active in addressing the national midwifery shortage by beginning two new programs this past year. They have the only Precertification (refresher) program in the country with a current enrollment of 23 students. The school joined with three other institutions to sponsor a new community-based nursing education program (CNEP). This is a home study program to train nurse-midwives in their home communities. Of the 29 midwifery schools throughout the country the Frontier School of Midwifery and Family Nursing (FSMFN) tied in the number of graduates for last year; FSMFN also celebrated its 50th anniversary.

Mrs. Robbins stated that FSMFN celebrated its 50th anniversary this year. She feels very confident and optimistic for the future and noted that Health and Education Corporation had a very dedicated, creative, and problem-solving Board.

#### **FRONTIER NURSING SERVICE FOUNDATION REPORT**

Miss Ireland explained that the Foundation is the corporation in charge



of donated monies, and in return receives requests from the Health and Education Corporation and Mary Breckinridge Healthcare to run their programs. She recognized Mr. Ron Hallman for his hard work with fund raising for the Foundation and noted they had been very busy this year meeting with various committees and helping with the Derby Day celebrations. Mr. Hallman was also commended for his outstanding work as Interim-Director from the time of Mr. Hatfield's departure until the arrival Mrs. Deanna Severance. He will also be leaving FNS to take a job in Vermont. Ms. Sheila Allen was introduced as Director of Public Relations and Assistant to the President of the Foundation. Mrs. Angela Todd was also introduced as the new editor of the *Quarterly Bulletin* having replaced Mrs. Sharon Hatfield.

### RESOLUTIONS

Miss Ireland highlighted Resolutions to recognize retiring members of the Board of Governors. **Mrs. Claire Henriques** who became involved with FNS because of her son, Horace, Jr., who came to FNS through the courier/volunteer program in 1976. Shortly after this, Mrs. Henriques became a dedicated member of the Board of Governors. **Mr. James Mosely**, a lifelong Leslie County resident, and friend and supporter of FNS. Even with his retirement from the Board, he has assured FNS that he will remain a loyal friend to the organization. **Miss C. Fredericka Holdship** was recognized for her service to FNS since 1937 when she was a courier/resident during World War II and a Board member since in 1972. **Mr. Homer L. Drew** was first appointed assistant treasurer of FNS in 1963. He has been elected as an Honorary Board member as well as Honorary Treasurer for the organization.

### DIRECTOR'S REPORT

Mrs. Severance explained how very fortunate she feels to have been chosen for the position of Director of the Frontier Nursing Service. She and her family are very happy to be here. Her top priority during her first week has been to meet with staff and members of the local FNS Board of Directors. She has asked each of them to tell her what they want her to accomplish and mistakes she should avoid.

As there were no more reports and all business had been completed, Miss Ireland concluded the meeting by expressing appreciation to everyone for attending.



**SIXTY-FOURTH ANNUAL REPORT  
of the  
FRONTIER NURSING SERVICE, Incorporated  
for the Fiscal Year  
May 1, 1988 to April 30, 1989**

**PREFACE**

As has been our custom since we were one year old, we present our annual report of the fiscal affairs and of the field operations of the Frontier Nursing, Incorporated.

We have, as in previous years, divided our report into two sections. One section is about money, and one section is about work.

**I**

**FISCAL REPORT**

The figures that follow are taken from the Balance Sheet, the Exhibits and Schedules of the Audit for the fiscal year which ended April 30, 1989.



**Ernst & Whinney**

1900 Meidinger Tower  
Louisville Galleria  
Louisville, Kentucky 40202  
502/583-0251

**REPORT OF INDEPENDENT AUDITORS**

Board of Governors  
Frontier Nursing Service, Inc.  
Hyden, Kentucky

We have audited the accompanying consolidated balance sheets of Frontier Nursing Service, Inc. and subsidiaries as of April 30, 1989 and 1988, and the related consolidated statements of revenues and expenses, changes in fund balances and changes in financial position for the years then ended. These financial statements are the responsibility of the Service's management. Our responsibility is to express an opinion on these financial statements based on our audits.

We conducted our audits in accordance with generally accepted auditing standards. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation. We believe that our audits provide a reasonable basis for our opinion.

In our opinion, the financial statements referred to above present fairly, in all material respects, the consolidated financial position of Frontier Nursing Service, Inc. and subsidiaries at April 30, 1989 and 1988, and the consolidated results of their operations, changes in their fund balances and changes in their financial position for the years then ended in conformity with generally accepted accounting principles.

*Ernst & Whinney*

Louisville, Kentucky  
June 29, 1989



CONSOLIDATED BALANCE SHEETS

FRONTIER NURSING SERVICE, INC.

	April 30	
	1989	1988
<b>GENERAL FUNDS</b>		
<b>CURRENT ASSETS</b>		
Cash and short-term investments	\$ 146,937	\$ 212,498
Accounts receivable--patients--less allowances for uncollectible accounts of \$480,000 in 1989 and \$590,000 in 1988	792,309	962,828
Inventories--Note A	164,973	149,371
Prepaid expenses and other current assets	210,077	90,434
Current portion of Pension Fund	10,791	40,000
<b>TOTAL CURRENT ASSETS</b>	<b>1,325,087</b>	<b>1,455,131</b>
<b>PROPERTY AND EQUIPMENT--Note A</b>		
Land	135,163	135,163
Buildings	3,207,163	3,029,824
Equipment	3,618,177	3,537,181
	6,960,503	6,702,168
Less accumulated depreciation	3,942,173	3,547,453
	3,018,330	3,154,715
<b>ASSETS WHOSE USE IS LIMITED--Notes A and C</b>		
Consolidated Fund	3,614,058	4,603,558
Depreciation Fund	74,652	339,401
Education Fund	3,245,443	3,203,933
Kate Ireland Women's Health Care Center Fund	435,978	338,916
Pension Fund, less current portion	91,585	91,585
	7,370,131	8,577,393
Less intrafund amounts	(585,410)	(585,410)
	7,370,131	7,991,983
	<u>\$11,713,548</u>	<u>\$12,601,829</u>
<b>RESTRICTED FUNDS</b>		
<b>ENDOWMENTS--Notes A and C</b>		
Cash and investments	\$ 1,211,280	\$ 1,141,582
Student loan receivables	108,270	103,573
	<u>\$ 1,319,550</u>	<u>\$ 1,245,155</u>



	April 30	
	1989	1988
<u>GENERAL FUNDS</u>		
<u>CURRENT LIABILITIES</u>		
Accounts payable	\$ 399,366	\$ 971,201
Accrued salaries and amounts withheld from employees	223,390	228,033
Accrued vacation expense	198,300	178,512
Unexpended special purpose funds--Note A	133,712	183,064
Payable to third party programs--Note B	223,182	498,665
Other current liabilities	51,334	49,027
TOTAL CURRENT LIABILITIES	<u>1,229,284</u>	<u>2,108,502</u>
<u>OTHER</u>		
Loans payable to depreciation and consolidated funds--Note C		585,410
Less intrafund amounts		<u>(585,410)</u>
		-0-
<u>FUND BALANCE</u>		
Fund balance before net unrealized loss on noncurrent marketable equity securities	10,484,264	10,710,119
Net unrealized loss on noncurrent marketable equity securities--Notes A and C		<u>(216,792)</u>
	<u>10,484,264</u>	<u>10,493,327</u>
<u>COMMITMENTS AND CONTINGENCIES--Note F</u>		
	<u>\$11,713,548</u>	<u>\$12,601,829</u>
<u>RESTRICTED FUNDS</u>		
<u>FUND BALANCE</u>		
Fund balance before net unrealized loss on noncurrent marketable equity securities	\$ 1,319,550	\$ 1,288,075
Net unrealized loss on noncurrent marketable equity securities--Notes A and C		<u>(42,920)</u>
	<u>\$ 1,319,550</u>	<u>\$ 1,245,155</u>

See notes to consolidated financial statements.



CONSOLIDATED STATEMENTS OF REVENUES AND EXPENSES

FRONTIER NURSING SERVICE, INC.

	Year Ended April 30	
	1989	1988
<b>PATIENT SERVICE REVENUES</b>		
Mary Breckinridge Hospital:		
Inpatient services	\$ 3,905,882	\$ 4,221,896
Outpatient services	2,771,874	2,431,464
Clinics	1,715,446	1,184,150
Home Health Services	498,243	474,795
	<u>8,891,445</u>	<u>8,312,305</u>
Less indigent care, contractual allowances, bad debts and other revenue deductions	2,244,896	2,116,348
NET PATIENT SERVICE REVENUES	6,646,549	6,195,957
OTHER OPERATING REVENUES	824,322	814,921
TOTAL OPERATING REVENUES	<u>7,470,871</u>	<u>7,010,878</u>
<b>OPERATING EXPENSES</b>		
Salaries and wages	4,743,067	4,580,588
Fringe benefits	744,653	775,149
Medical services and supplies	2,820,083	3,268,309
Facility costs	1,092,828	982,645
	<u>9,400,631</u>	<u>9,606,691</u>
TOTAL OPERATING EXPENSES	<u>9,400,631</u>	<u>9,606,691</u>
EXCESS OF EXPENSES OVER REVENUES FROM OPERATIONS	(1,929,760)	(2,595,813)
<b>NONOPERATING REVENUES AND EXPENSES</b>		
Unrestricted donations:		
Deposited into Education Fund	139,772	51,857
Deposited into Consolidated Fund	333,106	132,806
Retained for use in operations	398,640	405,615
Deposited into Kate Ireland Women's Health Care Center Fund	68,033	331,952
Unrestricted income from endowment and other funds	31,196	26,509
Investment income from assets whose use is limited	558,437	608,851
Gain on sale of investments	36,551	624,057
Other nonoperating revenues (expenses), net--Note F	16,610	(928,351)
	<u>1,582,345</u>	<u>1,253,296</u>
EXCESS OF EXPENSES OVER REVENUES	<u>\$ (347,415)</u>	<u>\$ (1,342,517)</u>

See notes to consolidated financial statements.

See notes to consolidated financial statements.



## CONSOLIDATED STATEMENTS OF CHANGES IN FUND BALANCES

## FRONTIER NURSING SERVICE, INC.

Year Ended April 30, 1989 and 1988

	General Funds	Restricted Funds
Balances at May 1, 1987	\$12,016,470	\$1,165,227
Excess of expenses over revenues for the year ended April 30, 1988	(1,342,517)	
Restricted contributions used for purchase of property and equipment	36,166	
Contributions restricted for specific purpose (additions to endowment)		26,434
Restricted revenue earned by endowment funds		1,990
Gain on sale of investments of endowment funds		94,424
Increase in net unrealized loss on noncurrent marketable equity securities	(216,792)	(42,920)
Balances at April 30, 1988	<u>10,493,327</u>	<u>1,245,155</u>
Excess of expenses over revenues for the year ended April 30, 1989	(347,415)	
Restricted contributions used for purchase of property and equipment	121,560	
Contributions restricted for specific purpose (additions to endowment)		225
Restricted revenue earned by endowment funds		3,581
Gain on sale of investments of endowment funds		27,669
Decrease in net unrealized loss on noncurrent marketable equity securities	216,792	42,920
Balances at April 30, 1989	<u>\$10,484,264</u>	<u>\$1,319,550</u>

See notes to consolidated financial statements.



CONSOLIDATED STATEMENTS OF CHANGES IN FINANCIAL POSITION

FRONTIER NURSING SERVICE, INC.

	Year Ended April 30	
	1989	1988
Cash provided (used)		
<b>OPERATIONS</b>		
Excess of expenses over revenues from operations	\$(1,929,760)	\$(2,595,813)
Charges to expense not requiring the use of cash--depreciation	<u>394,722</u>	<u>353,245</u>
	(1,535,038)	(2,242,568)
Certain working capital changes:		
Accounts payable	(571,835)	303,184
Payable to third party programs	(275,483)	178,195
Other--net	<u>32,583</u>	<u>62,758</u>
CASH USED IN OPERATIONS	(2,349,773)	(1,698,431)
Nonoperating revenues and expenses	<u>1,582,345</u>	<u>1,253,296</u>
TOTAL CASH USED	(767,428)	(445,135)
<b>FINANCING AND INVESTMENT ACTIVITIES</b>		
Property, plant and equipment:		
Purchases and donations	(258,337)	(509,299)
Restricted contributions	<u>121,560</u>	<u>36,166</u>
CASH USED	(136,777)	(473,133)
CASH USED BEFORE TRANSFER FROM ASSETS WHOSE USE IS LIMITED	(904,205)	(918,268)
Net decrease in assets whose use is limited	621,852	1,118,006
Decrease (increase) in net unrealized loss on noncurrent marketable equity securities	<u>216,792</u>	<u>(216,792)</u>
	<u>838,644</u>	<u>901,214</u>
Decrease in cash and short-term investments	(65,561)	(17,054)
Cash and short-term investments at beginning of year	<u>212,498</u>	<u>229,552</u>
CASH AND SHORT-TERM INVESTMENTS AT END OF YEAR	<u>\$ 146,937</u>	<u>\$ 212,498</u>

See notes to consolidated financial statements.



## NOTES TO CONSOLIDATED FINANCIAL STATEMENTS

FRONTIER NURSING SERVICE, INC.

April 30, 1989

## NOTE A--ORGANIZATION AND SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

Organization: Frontier Nursing Service, Inc. (the Service) was organized in 1925 as a nonprofit charitable organization. The Service's purpose is to provide needed health services in the Appalachian area. During its early years, the Service was the only provider of health services in the area and it remains the largest provider of health services in Leslie County and the portion of surrounding counties comprising its service area. The Service operates an accredited midwifery and family nursing school, a home health program, a 40 bed hospital, and provides primary care services through the Hyden Clinic, the Kate Ireland Women's Health Care Center, the Hyden Medical Center and District Nursing Clinics. The Service has historically been dependent on charitable contributions to fund a significant portion of the costs of services and programs.

Principles of Consolidation: Beginning May 1, 1987, the Service was reorganized into the following nonprofit entities:

Frontier Nursing Service, Inc. - Parent holding company of the Service.

Mary Breckinridge Healthcare, Inc. - Subsidiary responsible for operating the hospital, home health program and clinics, other than the midwifery clinics.

Frontier Nursing Health and Education, Inc. - Subsidiary responsible for operating the midwifery and family nursing school and the midwifery clinics.

Frontier Nursing Service Foundation, Inc. - Subsidiary responsible for maintaining the investment portfolio of the Service.

FNS Real Estate, Inc. - Subsidiary responsible for holding and managing the real estate owned by the Service.

The consolidated financial statements include the accounts and transactions of the above entities. Significant intercompany transactions and accounts have been eliminated in consolidation.

Tax Status: In connection with the reorganization, the Service has received a determination from the Internal Revenue Service (IRS) that each of the nonprofit entities qualifies as tax-exempt under applicable Internal Revenue Code (IRC) sections.



## NOTES TO CONSOLIDATED FINANCIAL STATEMENTS--Continued

## FRONTIER NURSING SERVICE, INC.

NOTE A--ORGANIZATION AND SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES--  
Continued

Patient Service Revenues: Patient service revenues are recorded at established rates. Contractual allowances, indigent care, and provisions for bad debts are reported as deductions from patient service revenues.

Unrestricted Donations and Grants: Donations and grants which are not restricted by donors are reported as nonoperating revenues. Bequests under wills are recorded when received by the Service.

Investments: Investments in marketable equity securities are stated in the financial statements at the lower of their aggregate cost or market value. To reduce the carrying amount of the noncurrent marketable equity securities portfolio to market, which was lower than cost at April 30, 1988, valuation allowances in the amount of \$216,792 for General Funds and \$42,920 for Restricted Funds were established by a charge to the respective fund balances representing the net unrealized loss. Such valuation allowances were not required as of April 30, 1989, as the market value of the noncurrent marketable equity securities portfolio exceeded cost at that date. Accordingly, the 1988 charges to the respective fund balances were reversed in 1989. Investments other than equity securities are stated in the financial statements at cost, or if donated, at fair market value at the date of donation. Gain or loss from sale of investments is the difference between proceeds received and the carrying value of the investment sold. Unrealized gains or losses are not included in the accompanying financial statements, other than net unrealized losses on marketable equity securities as described above.

Assets Whose Use is Limited: Unrestricted resources which are designated by the Service for special uses are reported as assets whose use is limited. The Board of Governors has designated the following funds to accumulate monies for the indicated purposes.

The Consolidated Fund accumulates funds for such operating and general purposes as the Board may determine.

The Education Fund includes donations to the Nursing Education Enrichment Drive and all unrestricted legacies and bequests received from May 1981 through April 1985. It accumulates funds until such time as they are needed for the operation of the educational programs.



## NOTES TO CONSOLIDATED FINANCIAL STATEMENTS--Continued

## FRONTIER NURSING SERVICE, INC.

NOTE A--ORGANIZATION AND SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES--  
Continued

The Depreciation Fund accumulates funds for replacement, expansion or improvements of the Service's facilities.

The Kate Ireland Women's Health Care Center Fund, established in 1988, accumulates funds until such time as they are needed for the operation of the Kate Ireland Women's Health Care Center.

The Pension Fund, established in 1986 from the excess assets resulting from the termination of a prior retirement plan, accumulates funds for future employee benefit plan contributions.

Income from the principal portion of the Consolidated Fund is to be used to subsidize care for indigent patients unless such income is specifically designated by the Board for other uses. Income from the Education, Depreciation, Pension and Kate Ireland Women's Health Care Center Funds is retained in the principal of the funds until expended for the designated purposes.

Restricted Funds: Restricted funds represent endowments, the principal of which cannot be expended. Income from such endowments is available for operating purposes and is reported as revenue when earned in accordance with the donors' instructions.

Frontier Nursing Service, Inc. is also income beneficiary of certain trust funds which are not administered or controlled by the Service. Accordingly, such funds are not included in the balance sheets at April 30, 1989 and 1988. Income received from such funds was \$49,878 and \$38,368 for the years ended April 30, 1989 and 1988, respectively.

Resources restricted by donors for additions to property are recorded as increases to the general fund balance when expended for the purposes intended. Resources restricted by donors for specific operating purposes are credited to other operating revenues when expended for the purposes intended.

Inventories: Inventories, principally medical supplies and drugs, are stated at cost (first-in, first-out method) which is not in excess of market.

Property and Equipment: Property and equipment is stated at cost, or fair market value at date of donation for items donated to the Service. Depreciation has been computed on the straight-line method over the estimated useful lives of the respective assets.



NOTES TO CONSOLIDATED FINANCIAL STATEMENTS--Continued

FRONTIER NURSING SERVICE, INC.

NOTE B--MEDICARE AND MEDICAID PROGRAMS

The Service participates in the Medicare and Medicaid Programs. Approximately 17% and 32%, respectively, of the Service's patient service revenues are derived from services to patients covered by these Programs.

Medicare: Medicare payments for inpatient services (excluding capital costs) are made based upon the patient's diagnosis (DRG), irrespective of cost. The diagnosis upon which payment is based is subject to review by Program representatives. The Program reimburses the Hospital for capital costs, as defined, and outpatient services based upon cost. Such reimbursable costs are determined from annual cost reports filed with the Program, which are subject to audit by the Program.

Medicaid: The Medicaid Program reimburses the Hospital on a prospectively determined rate per patient day for inpatient services and a predetermined percentage of covered charges for outpatient services.

Home Health Agency: Both the Medicare and Medicaid Programs reimburse the Service for services provided by the Home Health Agency on the basis of cost, subject to certain limits. Such reimbursable costs are determined from annual cost reports filed with the Programs. The cost reports are subject to audit by the respective Programs.

NOTE C--INVESTMENTS

The carrying value and approximate market value of investments at April 30, 1989 and 1988 are summarized as follows:

	1989		1988	
	Carrying Value	Market	Carrying Value	Market
Investments recorded in:				
Assets whose use is limited:				
Consolidated Fund:				
Cash	\$ 202,223	\$ 202,223	\$ 621,500	\$ 621,500
U.S. Government obligations	994,921	1,001,483	243,828	245,625
Corporate bonds	652,656	778,187	1,522,176	1,876,987
Common stocks:				
Cost/market	1,950,663	2,162,338	2,159,498	1,978,106
Valuation allowance			(181,392)	
	<u>1,950,663</u>	<u>2,162,338</u>	<u>1,978,106</u>	<u>1,978,106</u>



## NOTES TO CONSOLIDATED FINANCIAL STATEMENTS--Continued

## FRONTIER NURSING SERVICE, INC.

## NOTE C--INVESTMENTS--Continued

	1989		1988	
	Carrying Value	Market	Carrying Value	Market
Receivable from General Funds			424,353	424,353
Due to Restricted Funds	(186,405)	(186,405)	(186,405)	(186,405)
	<u>3,614,058</u>	<u>3,957,826</u>	<u>4,603,558</u>	<u>4,960,166</u>
Depreciation Fund:				
Cash	74,652	74,652	78,344	78,344
Corporate note Receivable from General Funds			100,000	100,000
	<u>74,652</u>	<u>74,652</u>	<u>161,057</u>	<u>161,057</u>
			<u>339,401</u>	<u>339,401</u>
Education Fund:				
Cash	250,521	250,521	635,648	635,648
U.S. Government obligations	2,994,922	3,004,370		
Corporate bonds			1,199,229	1,168,313
Common stocks:				
Cost/market			1,404,456	1,369,056
Valuation allowance			(35,400)	
	<u>3,245,443</u>	<u>3,254,891</u>	<u>1,369,056</u>	<u>1,369,056</u>
			<u>3,203,933</u>	<u>3,173,017</u>
Kate Ireland Women's Health Care Center Fund:				
Cash	35,603	35,603	338,916	338,916
U.S. Government obligations	400,375	405,624		
	<u>435,978</u>	<u>441,227</u>	<u>338,916</u>	<u>338,916</u>
Pension Fund:				
Cash	10,791	10,791	131,585	131,585
Less current portion	(10,791)	(10,791)	(40,000)	(40,000)
	<u>7,370,131</u>	<u>7,728,596</u>	<u>91,585</u>	<u>91,585</u>
			<u>8,577,393</u>	<u>8,903,085</u>
Less intrafund amounts			(585,410)	(585,410)
TOTAL ASSETS WHOSE USE IS LIMITED	<u>\$7,370,131</u>	<u>\$7,728,596</u>	<u>\$7,991,983</u>	<u>\$8,317,675</u>



NOTES TO CONSOLIDATED FINANCIAL STATEMENTS--Continued

FRONTIER NURSING SERVICE, INC.

NOTE C--INVESTMENTS--Continued

	1989		1988	
	Carrying Value	Market	Carrying Value	Market
<b>Restricted Funds:</b>				
Cash due from				
General Funds	\$ 13,942	\$ 13,942	\$ 15,058	\$ 15,058
U.S. Government obligations	113,482	126,069	111,049	128,536
Common stocks:				
Cost/market			640,055	597,135
Valuation allowance			(42,920)	
			597,135	597,135
Investments in common trust funds	897,451	913,370	231,935	218,131
Due from assets whose use is limited--				
General Funds	186,405	186,405	186,405	186,405
<b>TOTAL INVESTMENTS OF RESTRICTED FUNDS</b>	<u>\$1,211,280</u>	<u>\$1,239,786</u>	<u>\$1,141,582</u>	<u>\$1,145,265</u>

The total valuation allowance for Assets Whose Use is Limited of \$216,792 at April 30, 1988 consisted of gross unrealized losses of \$458,712 offset by gross unrealized gains of \$241,920. There were no net unrealized losses at April 30, 1989.

During 1989, the Board of Governors waived repayment of approximately \$1,875,000 of intrafund loans advanced from the Depreciation Fund for working capital purposes, including current year loans.

NOTE D--RETIREMENT PLANS

The Frontier Nursing Service, Inc. Capital Accumulation Plan (Plan), a non-contributory defined contribution retirement plan, was established effective January 1, 1986, and covers substantially all Service employees. Employer contributions are determined by the Board of Governors annually and are allocated among Plan participants on the basis of eligible employees' salaries. Plan expense was \$137,000 and \$138,000 for the years ended April 30, 1989 and 1988, respectively.



## NOTES TO CONSOLIDATED FINANCIAL STATEMENTS--Continued

## FRONTIER NURSING SERVICE, INC.

## NOTE E--RELATED ORGANIZATION

Mary Breckinridge Housing, Inc. (Project) is a nonprofit organization incorporated April 4, 1984, for the purpose of constructing and operating housing for the elderly and handicapped. In 1989, the Service contributed approximately \$31,000 to the Project to facilitate closing permanent financing with the Federal Housing Administration. The Service has no legal obligation for future contributions to the Project.

## NOTE F--COMMITMENTS AND CONTINGENCIES

During 1988, the Service began an affiliation with the John B. Franklin Maternity Hospital and Family Center (the Franklin Center), an 18 bed maternity hospital utilizing midwives with physician back-up, located in Philadelphia, Pennsylvania. As of April 30, 1988, the Service had advanced \$940,000 to the Franklin Center on an unsecured basis, as problems were encountered in obtaining mortgage security due to superior liens held by other creditors. Due to the inability to obtain security for the funds advanced as of April 30, 1988, and the uncertainty regarding the Franklin Center's ability to generate sufficient funds from operations for repayment, the \$940,000 advanced was charged to operations in 1988 and reflected as a nonoperating expense in the accompanying financial statements. No funds were advanced to the Franklin Center during 1989 and the Service is under no legal obligation to advance additional monies to the Franklin Center. Effective January 26, 1989, the Franklin Center ceased operations.

In conjunction with the affiliation with the Franklin Center, the Service had established the Frontier Nursing Associates midwifery practice (FNA) in Philadelphia, Pennsylvania as a means of providing additional training sites for students in the various educational programs. FNA incurred operating losses approximating \$118,000 and \$95,000 in 1989 and 1988, respectively, and on April 28, 1989, the Board of Directors of Frontier Nursing Health and Education, Inc. authorized the closing of this practice. Management is not aware of any significant commitments or contingencies that may arise from this action.

The Service insures for medical malpractice losses through claims-made policies, which, in the opinion of management, are adequate to cover losses, if any. Should the claims-made policies not be renewed or replaced with equivalent insurance, claims based upon occurrences during their terms but reported subsequently will be uninsured. Management does not have a basis to estimate the ultimate cost, if any, of settlements of such potential claims and, accordingly, no accrual has been made. The Service intends to continue to carry such insurance.

The Service has been named defendant in a suit alleging violation of the Federal antitrust laws. In the opinion of management, the Service's liability for damages, if any, related to such suit is not material to the Service's consolidated financial position.



**FRONTIER NURSING SERVICE, INCORPORATED****CONTRIBUTIONS PLACED IN TRUST****May 1, 1988 to April 30, 1989**

Funds which are placed in trust are a measure of strength for Frontier Nursing Service as we fulfill our purpose and plan for a solid future. This is a listing of previous trust funds which had additions, and new contributions which were placed in trust during the fiscal year.

Kate Ireland Women's HealthCare Center  
Nursing Education Enrichment Drive  
Mary Breckinridge Hospital Community Fund Drive  
Elizabeth Canby Bradford duPont Memorial  
Friends Fund  
Ann Allen Danson Memorial  
William Waller Carson Fund in honor of  
    Katherine Breckinridge Carson Breckinridge  
Lucie Wilshire Graham Memorial  
Anne Steele Wilson Memorial  
Wilson Neel Memorial Baby's Crib  
Hyden Hospital Inpatient Care Restricted Fund  
Constance W. Pike Estate  
Martha D. Waters Estate  
Ella J. Barnard Trust  
Esther R. Redfern Estate  
Anna J. Stephens Estate  
Faith Phillips Perera Estate  
Helen Marie Fedde Estate  
Helen R. Pierce Estate  
Emily R. Wahl Estate  
Ethel R. Burke Estate  
Ruth S. Mohny Estate



FRONTIER NURSING SERVICE, INCORPORATED  
 LEXINGTON, KENTUCKY  
 STATEMENT OF DONATIONS AND SUBSCRIPTIONS PAID  
 May 1, 1988, to April 30, 1989

SUMMARY

Committees	Contri- butions	Benefits	Total
Baltimore	2,416		2,416
Boston	33,044	13,500	46,544
Chicago	11,507		11,507
Cincinnati	9,000		9,000
Cleveland	68,675		68,675
* Daughters of Colonial Wars	8,062		8,062
Detroit	16,268		16,268
Hartford	1,733		1,733
** Kentucky:			
Blue Grass	49,294		49,294
Louisville	78,747		78,747
Miscellaneous	29,201		29,201
Minneapolis	5,082		5,082
New York	83,749		83,749
Philadelphia	20,012	3,800	23,812
Pittsburgh	22,322		22,322
Princeton	3,817		3,817
Providence	868		868
Rochester	5,591		5,591
Washington, D.C.	36,233	15,700	51,933
Miscellaneous	<u>85,784</u>		<u>85,784</u>
<b>TOTALS</b>	<u>\$571,405</u>	<u>\$33,000</u>	<u>\$604,405</u>
<b>Total Contributions Above</b>			
Restricted			205,765
Unrestricted			<u>365,640</u>
			<u>\$571,405</u>
* Donations from various State Chapters			
** Total for Kentucky	<u>\$157,242</u>		<u>\$157,242</u>



**II  
REPORT OF OPERATIONS**

**Comparative Analysis of Service Provided  
in the Two Fiscal Years 1988 and 1989**

**HOSPITAL**

	<b>FY ENDING 4-30-88</b>	<b>FY ENDING 4-30-89</b>
<b>ALL PATIENTS (Excluding newborn):</b>		
Percent of occupancy	39.5%	29.6%
Patient days - total	5,585	4,230
Medical-Surgical Unit	4,654	3,364
Obstetrical Unit	931	866
Admissions - total	1,473	1,137
Medical-Surgical Unit	1,051	725
Obstetrical Unit	422	412
Average Daily Census	15.3	11.6
Average Length of Stay	4.0	3.7
<b>NEWBORN:</b>		
Percent of Occupancy	21.7%	19.1%
Patient Days - total	792	696
Admissions - total	370	345
Average Daily Census	2.9	1.9
Average Length of Stay	2.2	2.0
<b>DELIVERIES - TOTAL</b>	370	344
<b>OPERATIONS - TOTAL</b>	589	446
Major	181	159
Minor	408	287
In-patient	277	239
Out-patient	312	207
ENT	3	2
C-Section	74	75
<b>ANESTHESIA - TOTAL</b>	588	446
Spinal	31	28
General	446	336
Local	111	82
<b>DEATHS - TOTAL</b>	26	32
Institutional (over 48 hours)	21	29
Institutional (under 48 hours)	5	3
Non-institutional (OPD/ER)	15	14



	1988	1989
<b>X-RAY EXAMINATIONS - TOTAL</b>	7,284	7,057
In-patient	730	584
Out-patient	6,335	6,289
<b>ECHO</b>		
In-patient	57	47
Out-patient	162	137
<b>LABORATORY PROCEDURES - TOTAL</b>	87,253	88,443
In-patient	20,553	18,257
Out-patient	45,120	34,706
Referred in	21,580	35,480
Referred out (not included in total)	5,742	6,057
<b>PRESCRIPTIONS FILLED</b>		
Out-patient - total	56,120	55,346
Unit Dose (in-patient) - total	65,544	53,665
<b>PHYSICAL THERAPY TREATMENT</b>		
<b>TOTAL</b>	4,217	3,252
In-patient Treatments	638	329
Out-patient Treatments	3,579	2,923
Days of Operation	256	234
<b>ELECTROCARDIOGRAMS - TOTAL</b>	2,029	1,956
In-patient	655	504
Out-patient	1,374	1,452
<b>RESPIRATORY THERAPY - TOTAL</b>	17,920	13,807
In-patient Procedures	16,211	11,330
Out-patient Procedures	1,709	2,477
<b>HOME HEALTH VISITS - TOTAL</b>	8,003	8,782
Average Visits Per Day	31.2	34.3
<b>EMERGENCY ROOM VISITS - TOTAL</b>	6,753	6,878
Average Visits Per Day	18.0	18.8
Days of Operation	365	365
<b>ADMITTED THROUGH EMERGENCY</b>		
<b>ROOM - TOTAL</b>	705	470
<b>MBH (HYDEN) CLINIC VISITS - TOTAL</b>	16,395	15,376
Average Visits Per Day	64.0	60.1
Days of Operation	256	256
<b>HYDEN MEDICAL CENTER - TOTAL</b>	3,228	4,744
Average Visits Per Day	12.6	18.5
Days of Operation	256	256



	1988	1989
<b>OB/GYN CLINIC - TOTAL</b>	2,122	848
Average Visits Per Day	8.2	10.0
Days of Operation	256	256
<b>SPECIAL CLINICS - TOTAL</b>	119	141
<b>ENT</b>	0	0
Days of Operation	0	0
<b>Orthopedic</b>	0	0
Days of Operation	0	0
<b>Kidney</b>	119	141
Days of Operation	11	35
<b>DISTRICT CLINICS - TOTALS</b>	14,346	17,071
Average Visits Per Day	56.0	66.7
<b>BEECHFORK CLINIC - TOTAL</b>	4,727	4,847
Average Visits Per Day	18.5	18.9
Days of Operation	256	256
<b>COMMUNITY HEALTH CENTER</b>		
<b>TOTAL</b>	4,102	5,057
Average Visits Per Day	16.0	19.8
Days of Operation	256	256
<b>PINE MOUNTAIN CLINIC - TOTAL</b>	1,532	2,008
Average Visits Per Day	6.0	7.0
Days of Operation	256	256
<b>WOOTON CLINIC - TOTAL</b>	3,985	5,159
Average Visits Per Day	15.6	20.2
Days of Operation	256	256



### SIXTY-FOUR YEAR TOTALS - SELECTED DATA

Each year for many years, the Annual Report issue of the *Quarterly Bulletin* provided cumulative totals of patients registered, maternity cases delivered, and other information of historical interest. As a result of changes in record keeping procedures several years ago, some of this information was reclassified and accounted for differently. It became impossible to develop the data in exactly the same form in which it had been presented for many years.

However, because there continues to be interest in these figures, we now reconstruct the essential information necessary to cover FNS' sixty-four years of operation. These figures should not be understood as audit totals. They are reasonably close approximations as of the close of the fiscal year that ended April 30, 1989.

Patients registered from the beginning (1925)	90,025
Children (estimated)	48,869
Adults (estimated)	41,156
Maternity cases delivered	22,477
Maternity deaths (9 puerperal, 2 cardiac)	11
Number of days of occupancy in FNS hospitals (including old Hyden Hospital, which opened in June, 1928, and Mary Breckinridge Hospital, which opened February 10, 1975)	481,951
Figures exclude newborn	

### COURIER AND VOLUNTEER HOURS REPORT

May 1, 1988 to April 30, 1989

Areas Served	Courier/Volunteer (Hours)
Clinics	2080
Hospital/Home Health	1248
Administration/Development	254
Community	72
Transportation/Rounds	624
Frontier School	64
Wendover	<u>290</u>
Total number of hours worked	4632
Total number of couriers	17
Total number of volunteers	4



**URGENT NEEDS**

FNS has an urgent need for the items listed below and hopes that its friends will wish to contribute toward their purchase. Donations should be sent to the Development Office, Frontier Nursing Service, Wendover, Kentucky 41775, where they will be gratefully received.

**For Wooton Clinic:**

- Binocular microscope (1) Estimated Cost: \$900
- Wall-mounted Otoscope/  
Ophthalmoscope Sets (4) Estimated Cost: \$300

**For Community Health Center:**

- Examination gowns (materials and labor) Estimated Cost: \$100
- New Current Medical Diagnosis and Treatment  
and Current Pediatric Diagnosis and Treatment Estimated Cost: \$90

**For Kate Ireland Women's Health Care Center:**

- Audiometer (1) Estimated Cost: \$412
- Small refrigerator Estimated Cost: \$200

**For the Mary Breckinridge Hospital:**

- Pager for medical staff (1) Estimated Cost: \$250
- Blood pressure monitors (2) Estimated Cost: \$250
- Typewriter (1) Estimated Cost: \$225
- Chairs for waiting room Estimated Cost: \$100

**For the Operating Room:**

- Flashlights (2) Estimated Cost: \$7ea.
- Kelly clamps (24) Estimated Cost: \$25ea.
- Small gallstone scoops (4) Estimated Cost: \$30ea.
- Adison tissue forceps (6) Estimated Cost: \$26ea.
- Gall duct (right angle) forceps (1) Estimated Cost: \$46



**FNS, INC.**

Deanna Severance, BSN, MS

**FRONTIER NURSING SERVICE, INC.****Wendover, Courier and Volunteer Program**  
Coordinator: Cari Michaels, BS**FNS FOUNDATION, INC.**Director, Public Relations: Sheila Allen, BA  
Editor, Quarterly Bulletin: Angela Todd**FNS, REAL ESTATE, INC.**

President: Deanna Severance, BSN, MS

**FRONTIER NURSING HEALTH AND EDUCATION, INC.**

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**Frontier School of Midwifery and Family Nursing**Nancy Clark, Ph.D, CNM, Dean  
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For the convenience of those who wish to remember the Frontier Nursing Service in their Wills, this form of bequest is suggested:

"I hereby give, devise and bequeath the sum of... dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky."

### HOW ENDOWMENT GIFTS MAY BE MADE

The following are some of the ways of making gifts to the Endowment Funds of the Frontier Nursing Service:

1. **By Specific Gift under Your Will.** You may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.
2. **By Gift of Residue under Your Will.** You may leave all or a portion of your residuary estate to the Service.
3. **By Living Trust.** You may put property in trust and have the income paid to you or to any other person or persons for life and then have the income or principal go to the Service.
4. **By Life Insurance Trust.** You may put life insurance in trust and, after your death, have the income paid to your wife or to any other person for life, and then have the income or principal go to the Service.
5. **By Life Insurance.** You may have life insurance made payable direct to the Service.
6. **By Annuity.** The unconsumed portion of a refund annuity may be made payable to the Service.

The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.

**Contributions to Frontier Nursing Service, Inc. are tax deductible under Section 501(c) (3) of the Internal Revenue Code of 1954.**

Gifts of stock should be sent to:  
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## STAFF OPPORTUNITIES

Because text for the *Bulletin* must go to the printer several weeks before publication, it is not possible for any issue to contain an up-to-date list of job opportunities. Instead, we list types of positions that are most likely to be available and invite anyone qualified and interested to write for current information.

**FNS Staff:** Openings may occur from time to time in both the professional and technical staffs, with opportunities for certified nurse-midwives, family nurse practitioners, registered nurses, family practice physicians, laboratory technicians, X-ray technicians, and others. For current information, write Darrell Moore, Director of Personnel, Mary Breckinridge Hospital, Hyden, Kentucky 41749 (phone 606-672-2901).

**Couriers and Volunteers:** This program has an ongoing need for all types of people, with all types of skills. The program is not limited to those interested in a health career. It encourages applications from anyone who is willing to volunteer for a 6- to 8-week minimum period and would like to be exposed to the work of the Frontier Nursing Service. ("You tell us what you can do, and we'll find a job for you.") For current information, write Cari Michaels, Coordinator of Wendover and the Courier / Volunteer Program, Wendover, Kentucky 41775 (phone 606-672-2318).



WE THANK YOU  
FOR YOUR PARTICIPATION



The Frontier Nursing Service  
Wendover, Kentucky 41775

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Please send me more information about:

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Its motto:

“He shall gather the lambs with his arm  
and carry them in his bosom, and shall  
gently lead those that are with young.”

*Isaiah 40:11*

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives for rural areas where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and midwife training schools for graduate nurses; to carry out preventive public health measures; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them, at a price they can afford to pay; to promote the general welfare of the elderly and handicapped; to ameliorate economic conditions inimical to health and growth, and to conduct research toward that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them to cooperate with individuals and with organizations, private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

From the Articles of Incorporation of the  
Frontier Nursing Service, Article III  
as amended June 8, 1984