

Kentucky Kernel

Vol. XCV No. 13

Established 1894

University of Kentucky, Lexington, Kentucky

Independent since 1971

Monday, September 14, 1992

WKU president says higher education cannot afford another cut

By Gregory A. Hall
Editor in Chief

With a decision on whether revenue shortfalls will force another cut in state appropriations less than a month away, some university presidents are preparing to try to spare higher education from the knife.

Western Kentucky University President Thomas Meredith pleaded with members of the state Council on Higher Education yesterday to fight off what would be the third funding cut in the past year.

"If another budget cut is going to come along, I guess we would look to the Council on Higher Education to join with us to stand tall and say 'not this time.' We've been giving and giving strongly, and we need relief."

Meredith spoke during the Council's meeting at Marriott's Griffin Gate. He and other higher education officials said that, despite what some in the general public may believe, higher education can't afford another cut.

"The fat and the inefficiencies, or



whatever all the discussion is on the street, it's gone," Meredith said. "We're down to the bare bones. That's not rhetoric anymore. (Those are) not just words to throw out to try to avoid another problem."

"has not been a very strong priority in this state" except for a major increase in funding in 1991.

He said 54 percent of the WKU budget used to be state funds, whereas only 46 percent of this year's budget comes from the state.

"Higher education is a fantastic investment for this state, a 138 percent return on the dollar spent by this state ... and that's not counting any ripple effect," he said.

Meredith said higher education used to get 20 percent of the state's appropriations during the 1970s and

now gets 14.9 percent.

"That's a message that should not be sent to a state that has (one of) the lowest college attainment rate(s) in the adult population in the nation ... That's not what should be happening in our state."

In response to a question by a council member, Meredith said the Kentucky trend to give a smaller percentage to higher education is not uncommon nationally. He said someone told him at a recent conference in Cincinnati that "in too many states, higher education fund-

ing has become the rainy day fund." Meredith said another cut would mean a cut in access to higher education.

Meredith and others agreed that higher education must present a more compelling case to state officials if it is to be spared.

"There's no question that higher education has more flexibility than most organizations receiving state funding," said Gary Cox, CHE executive director. "And out of those opportunities have grown some-

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First lady Bush speaks at opening of literacy center

By Joe Braun
Editorial Editor

First lady Barbara Bush visited Lexington Friday to attend the opening of the Carnegie Center for Literacy and Learning, located downtown in the old Lexington Public Library building.

Bush, who has worked on hundreds of literacy projects across the nation, spoke to a crowd of about 1,000 people about the importance of a literate United States.

Almost half of the crowd was composed of school children from nearby elementary schools.

Bush toured the new educational facility.

She told the audience she believed "the whole world will be watching what you're doing at this fantastic facility."

"This center is going to reach out to everyone — families, workers, students and teachers. And that's what communities throughout the nation need to learn to do," she said.

Lexington Mayor Scotty Baesler said the Carnegie Center was "an old building, with a new mission."

He charged the center's staff "to make sure the facility was not just another pretty and historic building but a concept that will improve literacy for all who come through its doors."

The new center will be run by both a professional staff and volunteers.

Renovations to the Carnegie Center building were funded by contributions from the Lexington-Fayette Urban County Govern-



ment, the Lexington Public Library and the William Stamps Farish Fund.

The library committee presented Bush with a copy of the "Kentucky Encyclopedia" as a token of appreciation for her visit.

UK music instructor Vince DiMartino, along with several UK musicians, provided music for the opening events. Melissa Baber, daughter of UK composer-in-residence Joseph Baber, sang the national anthem to begin the ceremony.

In her only reference to the upcoming presidential election, Bush told the crowd the encyclopedia "will be in the White House four more years."

Following her appearance at the literacy center's dedication, Bush traveled to Waldenbooks in Fayette Mall, where she read "Arthur Meets the President" to a group of first and second graders from Stonewall Elementary School in Lexington.

She also made a stop in Louisville at Bush-Quayle headquarters.

There, she and Sen. Mitch McConnell (R-Ky.) spoke to campaign supporters.



First lady Barbara Bush reads to Lexington students Friday during a stop at a book store in Fayette Mall. She was in town for the opening of the literacy center downtown.

Kentucky's eight electoral votes important to candidates

Associated Press

LOUISVILLE, Ky. — There are several reasons why the presidential campaigns of both Bill Clinton and George Bush are giving Kentucky, which has only eight electoral votes, plenty of attention.

The president, Barbara Bush and Democratic vice presidential nominee Al Gore were in Kentucky last week. Clinton made a Kentucky stop on his bus trip after the Democratic convention in July.

Leaders of both parties say Clinton is still ahead in the state, al-

though his early margin has dwindled.

Because Kentucky usually votes with the winner, it's a good place to test messages, said David Wolford, Kentucky director of the Clinton-Gore campaign. "It's a real bellwether," he said. "Except for (John) Kennedy, when Democrats win the White House, they carry Kentucky."

A more important reason is the arithmetic of the Electoral College.

"It's clear that both sides, in figuring how they get to 270 (the number of electoral votes needed to win), have found Kentucky to

be critical," said U.S. Sen. Mitch McConnell, Bush's Kentucky chairman.

After three presidential elections in which the Republicans dominated the South, the ticket of an Arkansas governor and Tennessee senator has given the party a firm foothold and put four states with 44 electoral votes — Kentucky, North Carolina, Georgia and Louisiana — clearly into play.

In a race that both parties expect to be close, every bundle of electoral votes is important, and Kentucky can lay strong claim to each. Its voter registration is 2 1/4-to-1 Democratic, but it has vot-

ed Republican in seven of the last nine presidential elections.

Recent history favors Bush. In 1988, the GOP's third straight win in the state, the president and Vice President Dan Quayle ran stronger in Kentucky than in the nation as a whole.

But Democrats' two recent Kentucky victories came when their ticket was led by Southerners Lyndon Johnson and Jimmy Carter. Gable said Clinton and Sen. Al Gore "don't have accents" as far as most Kentuckians are concerned, and that makes the state a hotter battleground than usual.

Clinton also is less liberal than

the party's last two nominees, making him more acceptable to conservative Democrats. Republicans, however, are trying to paint the Democrats, especially Gore, as tax-and-spend liberals and environmental radicals.

"Clinton's major choice ... was the most environmentally extremist person, if not on Capitol Hill, certainly in the United States Senate, and the biggest spender two years running in the United States Senate," Gable said. "This is not a guy who is a mainstream candidate."

But Gore is no stranger in the

See ELECTION, Page 5

Local festival transforms building into Greek village

By Nicole Heumphreus
Contributing Writer

The delicious aroma of grilled beef and lamb, and people speaking both Greek and English transformed a Lexington meeting hall into a Greek village square this weekend.

The Greek Orthodox Church held its sixth-annual Greek Festival Saturday and Sunday, with activities designed to lend an authentic feeling to the festival.

"In Greece, the festival is not a special occasion," said George Yiannelis, a UK mechanical engineering senior who comes from Greece. "This is the way it is in Greece. Cafés like this line a village square, and they are considered a gathering place."

The festival, held in Heritage Hall at the Lexington Civic Center, featured a variety of booths offering typical Greek foods and a boutique where gifts imported from Greece were sold.

One booth was devoted to making gyro (pronounced yee roe), a Greek specialty. Gyro is pita bread stuffed with diced tomatoes, grilled beef, lamb and onions smothered in Tzatziki sauce, made from sour cream and cucumbers.

The Kafeneon, or café, was operated completely by UK students who attend the Greek Orthodox Church. It specialized in making Greek coffee, which is substantially thicker than American coffee; and Loukoumathes, a fried pastry covered in honey and cinnamon.

Mileva Gaurilidou, a psychology junior from Greece, said the festival was very authentic.

"The difference is that at this time of year everyone would be outside," Gaurilidou said.

The festival also featured a dance troupe from Cincinnati. The Hellenic Dancers demonstrated a variety of dances, ranging from the easy Hasapiko — a basic eight-step line dance; to the difficult Tsamiko, which involves flips, jump kicks and a lot of quick stepping. The Hasapiko and Tsamiko originate from the mountainous region in Greece.

Panos Karoussos, a civil engineering graduate student, said the festival was a way for Lexingtonians to experience a foreign culture firsthand.

"I don't think the cultural diversity of Lexington is that broad," Karoussos said. "The festival allows Central Kentucky to become aware of the ethnic groups within Lexington."

AIDS activist's works evoke unlikely crowd response

By Angela Jones
Senior Staff Writer

The audience's response to the reading of the late Belinda Mason's work Saturday night seemed unlikely.

The audience laughed. And it laughed hard.

The AIDS activist, who died last year after contracting AIDS in 1987, seemed to come to life as a film profiling her was shown and

four of her friends read several excerpts from Mason's fiction and essays detailing life with the disease.

"Good thing I'm married 'cause nobody'd date me now," Mason jokes in the film "Belinda," produced by Appalshop in Whitesburg, Ky.

The film premiered at the reading, titled "Belinda Mason: In Her Own Words." The event attracted a standing-room-only audience in the Old Student Center Theatre.

Appalshop began filming a couple of years after Mason contracted the disease, when her life had become a whirlwind of conferences and appointments with politicians.

"It's very strange to be famous for being sick," said Mason, who was appointed by President Bush to the National Commission on AIDS.

Mason also co-founded the Kentucky-Indiana People With AIDS

Coalition. Anne Shelby, a friend and co-writer of Mason's, remembered her friend as a talented writer who was "uproariously funny."

As a Letcher County native, Mason attempted with much of her work to demystify stereotypes of people in Appalachia. Riddled with homespun humor and a strong sense of place, Mason's stories are reminiscent of other authors from

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INSIDE:

SPORTS:
The Wildcats' loss to the Florida Gators made for a long drive home. Column, Page 4.
UK had much to learn from tradition-rich UF atmosphere. Column, Page 4.

WEATHER:
Mostly sunny today; high around 85. Mostly clear tonight; low between 50 and 65. Mostly sunny tomorrow; high around 85.

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CAMPUS CALENDAR

The Campus Calendar appears in the Monday edition of the Kentucky Kernel. All organizations wishing to publish meetings, lectures, special events, and sporting events, must have all information to SAB in room 203 of the Student Center 1 week prior to publication.

ART & MOVIES

Monday 9/14

- **TICKETS ON SALE!!** Tickets for **Spotlight Jazz Series** and individual shows are on sale at TicketMaster; general public, students, faculty and administration; call 257-8427.
- **TICKETS ON SALE!!** Tickets for the **Next Stage Series** are on sale at TicketMaster; general public, students, faculty and administration; call 257-8427.
- **TICKETS ON SALE!!** **Nexus** (1st show in Next Stage Series); general public, students, faculty and administration; call 257-8427.
- **SAB Concert on the Lawn**; **Strangemartin**; Student Center Lawn; free; noon; call 257-8867.
- **Exhibition: Directors' Choice**; Headley-Whitney Museum; thru 11/29; call 255-6653.
- **Exhibit: Monica Church, Marco Logsdon, Wyman Rice, ArtsPlace**; thru 9/29; call 255-2951.
- **Exhibit: Michael Cranfill, "Meditations on Lessons from Lao Tzu numbers i.vii.viii.xi"**; free; Rasdall Art Gallery, Student Center; thru 9/30; call 257-8867.
- **Exhibit: Edward Masler, The Galbreath Gallery**; thru 10/10; call 254-4579.
- **Exhibit: Dreaming over Woods and Hills**, Kentucky Artists in the Humphreys Collection; UK Art Museum; thru 11/1.

Tuesday 9/15

- **SAB movie: Brightness**; free; Student Center, Center Theater; 7:30pm

Wednesday 9/16

- **SAB Concert on the Lawn: 10 Foot Pole**; free; Student Center Lawn; noon; call 257-8867.
- **SAB movie: White Men Can't Jump**; \$2; Worsham Theater; 8pm

Thursday 9/17

- **SAB movie: White Men Can't Jump**; \$2; Worsham Theater; 8pm
- **Performance: UK Jazz Ensemble**, Miles Osland, director; free; 8pm; Phelps-Stokes Auditorium, Berea College; call 257-4929

Friday 9/18

- **SAB Concert on the Lawn: The Phosphoranes**; Student Center Lawn; free; noon; call 257-8867.
- **SAB movie: White Men Can't Jump**; \$2; Worsham Theater; 8pm
- **Performance: Lexington Philharmonic Orchestra** - Lee Luvisi, piano; \$24, \$21, \$18, \$15 (150 free tickets UK Students); 8pm; SCFA Concert Hall; call 233-4226

Saturday 9/19

- **SAB movie: White Men Can't Jump**; \$2; Worsham Theater; 8pm
- **SAB movie: M.A.S.H.**; free; Student Center, Center Theater; 2:00pm

Sunday 9/20

- **Performance: Nexus** - percussion ensemble (First Performance of the Next Stage Series); \$6 students, \$11 UK faculty/staff, \$14 general public; 8pm; SCFA Concert Hall; call 257-8427
- **SAB movie: White Men Can't Jump**; \$2; Worsham Theater; 5pm
- **Performance: Lucien Stark**, soloist; free; 3pm; SCFA Recital Hall; call 7-4929

SPORTS

Monday 9/14

- **Intramurals: Intramural Flag Football** Begins

Wednesday 9/16

- **Intramurals: Track Meet** Intramurals; 4pm; Shively Track
- **Intramurals: Last Chance** Softball Tournament entry deadline; room 145 Seaton Center
- **UK Volleyball: Volleyball Conference Challenge** UK vs Maryland; 8:00pm

Saturday 9/19

- **Intramurals: Last Chance** Softball Tournament; Seaton Center
- **UK Football: Wildcats vs Indiana**; Commonwealth Stadium; 8pm
- **UK Volleyball: UK vs Miami (Ohio)**; 12:00
- **UK Volleyball: UK Volleyball vs Michigan**; 6:00

NEXUS

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John Simon, New York Magazine

"All the panache of virtuosity, stamina, more than a hint of poetry, and an infectious delight in their music making"
Nervette Collins, The Australian

Sunday, September 20, 8 p.m., Singletary Center for the Arts

SPECIAL EVENTS & ANNOUNCEMENTS

Monday 9/14

- **Speaker: "Battle of Perryville"** - Kurt Holman, speaker; 7:30pm; Student Center Annex, room 228; call 255-2831
- **Volunteer opportunities:** Call the UK Volunteer Center to find out how you can help; call 257-8785

Tuesday 9/15

- **Parking:** Parking will begin issuing C hang tags and R hang tags to eligible students. They can be purchased at the parking office; call 257-5757
- **Parking:** LCC Students can apply for a K tag in room 215, LCC; 8:30am-11:30am and 1:00pm-3:30pm; thru 9/16
- **Blood Drive:** UK Student Blood Donor Kickoff Rally; 10:00am-4:00pm; Student Center room 203

Tuesday 9/15

- **Meeting: Water Ski Team and Club Meetings** (Weekly meetings); 8:30pm; Student Center, room 106; call 255-1268
- **Bible Study: Black Campus Ministry, Bible Study** (Weekly meetings); free; 7pm; Student Center, room 205; call 254-1811

Wednesday 9/16

- **Meeting: Black Student Union Meeting and Rap Session**; 3pm; Student Center, room 203; call 257-4130
- **Meeting: W.S. Webb Archeological Society of KY** - speaker, Julian Cambell - "Land of Cave and Clover: Natural Vegetation of the Bluegrass Region 200 Years Ago"; 7:30pm; Lafferty Hall, room 108; call 233-4058
- **Seminar: Dr. Robert C. Dickson, Dept. of Biochemistry, "Unique Regulatory Circuits Built from Similar Components: The Galactose Regulator of Two Yeasts"**; 4pm; UK Medical Center, room MN563
- **SAB Meeting: Performing Arts, Next Stage Series**; 6pm; Student Center, Center Theater; call 257-8867

Wednesday 9/16

- **Last day to change a grad-ing option**
- **Last day to drop a course without it appearing on a student's transcript**
- **Seminar: Alpha Kappa Alpha "Let's Talk Seminar"**

Thursday 9/17

- **Picnic: Central KY Independent Living Association Pot-Luck Picnic**; 6pm; St. Raphael's Episcopal Church, 1891 Parker's Mill Road; call 233-4058

Friday 9/18

- **Program: "Key Financial Contingencies, Quality Orientation, and the Mediating Role of Efficiency in Nursing Homes"**; 12 noon; Sanders-Brown Center on Aging, room 112; call 253-5471

MEETINGS & LECTURES

ART PROFESSIONALS

LECTURE SERIES
FRIDAYS
12:00-12:50
118CB

CAMPUS BRIEFS

Career Center offers Job Search Clinic

UK's Job Search Clinic will answer questions and offer suggestions to revitalize the steps in searching for a job in today's market. The three-hour clinic, is offered by the UK Career Center and The Women's Center of Central Kentucky. It will include tips on resume writing, interviewing skills and a guide for job search strategies.

The fee for the clinic is \$30. To register or for more information, call 254-9319.

Small Business Center to hold two conferences

The Small Business Center will hold a conference to answer "Who is an Employee?" Thursday in 231 Student Center from 2 to 4:30 p.m. The fee is \$15.

The center also will hold a conference Wednesday to define the "Professional Image for Women." The conference, which costs \$15, will be held at the second-floor Community Room of Bank One's new Main Street building from 2 to 4:30 p.m.

Professor appointed to NIH science panel

UK biological sciences professor Judith Lesnaw has been appointed to a four-year term in the Medical Biochemistry Study Section, Division of Research Grants, National Institutes of Health.

Lesnaw will be part of an 18-member group that reviews and establishes priorities for research grant applications. The group, which meets three times annually, may review as many as 250 applications.

"I am very pleased to be able to participate in this important mechanism of peer review that allows some of our finest research to get funded," Lesnaw said in a press release.

Study section members are chosen on the basis of scientific achievements, published work and professional honors.

Lesnaw, who earned an undergraduate degree in microbiology, a master's in botany and a doctorate in biology at the University of Illinois, has been at UK since 1974.

Research ethics will be summer course

UK's trial-run summer ethics course will be included in the student handbook as a regular summer offering.

The course, which was attended by 10 students this summer, was developed by the Center of Toxicology to address research ethics, an area of science education critics say is traditionally overlooked.

Comprised of a series of lectures given by professionals from various UK departments, the course covered famous cases of scientific fraud as well as ethics in human and animal experimentation.

The course should get a lot of attention, center director Thomas Tobin said, because the National Institutes of Health has announced that universities and medical schools must offer at least one course on "principles of responsible scientific conduct" to be eligible for training grants.

UK wins grant for Attention Deficit Disorder training

The U.S. Department of Education has approved a five-year, \$520,000 grant to UK for a graduate-level training program for school psychologists to learn new ways of helping children with Attention Deficit Disorder.

Faculty from UK's psychology department and the Hyperactivity Clinic are collaborating on the project. The program, currently composed of advanced-level graduate students, is necessary because few school psychologists have received specialized training in how to educate students with Attention Deficit Disorder, said project co-developer Barbara Burcham of the College of Education's Department of Educational and Counseling Psychology.

SUNY official apologizes for releasing black men's names

ONEONTA, N.Y. — A university administrator said he erred in giving the names of all black men on campus to police investigating an attempted rape.

Leif Hartmark, vice president for administration at State University of New York at Oneonta, will send letters of apology to each of the 125 students, university president Alan Donovan said Thursday night.

"It's a mistake in judgment, and given another chance, we wouldn't do it again," Hartmark said Wednesday.

Donovan said he would decide later whether Hartmark should be disciplined.

Police said a black man with cuts on his hands and arms was wanted for assault, attempted rape and burglary in the Sept. 4 incident involving an elderly woman.

The campus, 70 miles west of Albany, has 6,200 students, about 10 percent of whom are minorities.

Citadel president says school's traditions offend blacks

CHARLESTON, S.C. — While The Citadel won't ban the fight song "Dixie" or waving the Confederate flag at football games, the college's president said cadets should keep in mind that the symbols offend blacks.

"What we need to do is strike a balance and understand what our heritage is and also where we are today," President Claudius Watts said Friday.

The playing of "Dixie" is part of The Citadel's tradition, Watts told the Board of Visitors, the military school's governing board. The Confederate flag, although not flown on campus, is often waved by fans at football games.

Watts was reporting to the board on a study of race relations undertaken last year after allegations of prejudice at The Citadel. The college's 1,893-member corps of cadets included 183 blacks.

The study recommended the school find another fight song and restrict "Dixie" to special events. It also recommended cadets be banned from displaying any flags while in uniform.

POLICE LOG

ARRESTS BY UK POLICE

- **Sept. 4:** Moore, Jennifer S.; 430 Redding Road, Apt. 1005; theft by deception.
- **Sept. 5:** Fair, Suzanne; Route 2 Burks-branch; Shelbyville, Ky.; alcohol intoxication, giving false information to the police.
- **Houchens, Phillip;** 321 Chinoe Road; alcohol intoxication, theft by deception, resisting arrest, third-degree criminal mischief.
- **Long, John D. II;** 1485 Barnes Mill; Richmond, Ky.; resisting arrest.
- **Sugg, Mark D.;** 1698 Russell Cave Road; alcohol intoxication, resisting arrest.
- **Wylie, Patrick M.;** 1242 Scoville Road; driving under the influence of intoxicants; theft by deception.
- **Sept. 12:** Olivarez, Ricardo; unknown address; alcohol intoxication.
- **Theft by unlawful taking,** less than \$300; College View parking lot; items not listed removed from vehicle; Daniel James Erb, complainant.
- **Sept. 6:** Theft by unlawful taking, less than \$300; 244 Commonwealth Drive; items not listed; Gary Curry, complainant.
- **Sept. 7:** Theft by unlawful taking, undetermined amount; N49 UK Hospital; items not listed removed from desk; Martha G. Saylor, complainant.
- **Theft of Motor Vehicle Registration Plate;** 687 Woodland Ave.; Rajeev Moondhra, complainant.
- **Theft by unlawful taking,** less than \$300; Keeneland Drive; tapes removed from backpack; Marvin L. Coffey, complainant.
- **Theft by unlawful taking,** less than \$300; Columbia Avenue parking lot; B permit parking tag removed from vehicle; Olivia J. Thomas, complainant.
- **Sept. 9:** Theft by unlawful taking, less than \$300; 402 Pennsylvania Court; items not listed; Leon Lane, complainant.
- **Theft by unlawful taking,** less than \$300; 206 Kirwan III; items not listed; Kevin M. Kirsey, complainant.
- **Theft by unlawful taking,** more than \$300 (felony); Seaton Center; items not listed removed from bicycle rack; Phillip A. Blank, complainant.
- **Theft by unlawful taking,** more than \$300; Seaton Center lobby; book bag removed; Rachelle M. Dulle, complainant.
- **Theft by unlawful taking,** less than \$300; Seaton Center basketball courts; wallet removed; Anthony J. Bucher, complainant.
- **Sept. 10:** Theft by unlawful taking, more than \$300; Virginia Avenue parking lot; items not listed removed from vehicle; Cindy L. Hill, complainant.
- **Theft by unlawful taking,** less than \$300; D505 UK Hospital; items not listed; Vickie Easterling, complainant.
- **Theft by unlawful taking,** less than \$300; B3 Funkhouser Building; items not listed; Beth J. Fogle, complainant.
- **Third-degree burglary;** 23 Class-room Building; Mary H. Johns, complainant.

Attend the weekly Kentucky Kernel staff meeting tomorrow at 1 p.m. in 035 Enoch J. Grehan Journalism Building.

UK diet program helps participants change lifestyles

By Patricia Garcia
Contributing Writer

Healthy body weight, rather than weight loss, is what UK's Right Weigh Diet Program is all about. Theresa Kremer, a registered dietician in the program, said Americans are "overfat" — a condition that can be overcome with the right eating habits and a change of lifestyle.

"We want you to think about a healthy lifestyle. And, if that means getting some weight off, well, that's why we're here," she said.

Kremer likes the term "overfat" rather than "overweight" because "a person can be above the standards on their weight and still be pretty healthy, especially if they have a lot of muscle," she said.

"Therefore, we want to focus on losing fat."

The program attempts to convince people to eat healthier and stay away from a lot of fatty foods. Kremer uses props such as test tubes filled with shortening to show people how much fat is in certain fast foods.

"When we eat fat, we get fat," she said.

Kremer, along with the chairwoman of the Department of Clinical Nutrition, Geza Bruckner, began The Right Weigh Diet Program in fall 1987.

"We thought of this program and looked for a weight loss program/lifestyle management kind of concept that we felt was in line with our philosophy, which is that we want to give you tools to make the type of lifestyle changes that will help you lead healthier lives," Bruckner said.

What makes the program unique, Kremer and Bruckner said, is that the program was designed and is taught by a registered dietician, which they said gives reassurance that a person is getting a sound nutritional education.

The program consists of 12 sessions and two individual consultations and is held three times a year.

Only 15 people are admitted into the program each session, enabling Kremer to give more personalized attention.

"The class is all about giving people individual attention, and I want people to be able to talk about personal situations, which we do," she said.

The program costs \$275, so overcrowding is not a problem.

"It's a commitment to show that you are ready to make a change in your lifestyle," Kremer said.

Each participant's body fat is measured at the beginning and the end of the program, and the class sets goals and keeps food and exercise records. Weight loss through the program averages 10 to 13 pounds per person, which Kremer says a person is more likely to maintain.

There are no food or supplements to buy — "just regular grocery store food," Kremer said.

"We want you to feel independent at the end of the program. I tell people to weigh themselves and keep records of what they eat. Self-monitoring is something you can do. We're not trying for quick weight loss, and we're not trying to sell you anything. It's a whole concept of eating right," she said.

The results of the program have been positive, Kremer said.

"We did a mass survey three years ago and found that 60 percent of the people kept off the weight that they lost in the program. I'd really like to direct the success back to the individual though — and not depend on this program."

"The program is not what's going to do it. You are what's going to do it."

Pat Johnson, a Grotz the Loc Doc employee, is taking this fall's class.

"I've tried other programs and have had limited success. I usually end up back where I started. I'm really ... glad to know there is something out there that will teach me more than what I was getting in the other programs," she said.

For more information, contact Theresa Kremer at 257-3052.

SGA holds campus blood drive

Staff reports

The Central Kentucky Blood Center hopes to collect 60 pints of blood tomorrow in the first campus blood drive of the semester.

The center is trying to rebuild its blood supply, which dwindles each summer because vacations and leisure activities leave people with less time to donate blood.

The drive, sponsored by UK's Student Government Association, will be held in the small ballroom of the Old Student Center from 10 a.m. to 6 p.m.

Officials at the center stress that donating blood is a safe and simple procedure. All materials are sterile and are destroyed after one use.

Donors must be at least 17 years

old, weigh at least 100 pounds, be in good health and have identification. Interested donors who are unable to attend the drive may give blood at the blood center, 330 Waller Ave. The center is open Monday through Friday, 9 a.m. to 9 p.m.; Saturday 10 a.m. to 4 p.m. and Sunday 1 to 5 p.m.

JOE BOLOGNA'S
120 W. Maxwell St.
252-4933
Night Specials
Mon-Thur 5-11 p.m.

MONDAY	REG	LG
Meat Lasagna	5.95	6.95
Veg Lasagna	5.95	6.95
TUESDAY		
Eggplant Parmesan	4.95	6.50
Wispag	4.95	6.50
Zucchini Parmesan	4.95	6.50
Wispag		
WEDNESDAY		
Fettuccine Alfredo	5.95	6.95
THURSDAY		
Manicotti	5.95	6.95
Cannelloni	5.95	6.95

Sunday: Noon-11p.m.
All You Can Eat Spaghetti
Meat Sauce \$6.50
Marinara \$5.50
Children under 12 \$4.50
All dinners include salad & garlic stick

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10 Tips for Successful Waist Management

1. Start with a commitment. (A goal to lose 10 pounds for a class reunion is not a long-term commitment)
2. Identify your major problem area. A food journal logging when, where, what, and why you eat would be helpful.
3. Be realistic. Don't expect to lose ten pounds of fat in one week. (This would require a daily deficit of 5,000 calories!)
4. Fight the "quick-fix" temptation of crash diets. They usually don't work and result in mostly water weight loss.
5. Don't put your lifestyle on hold to "go on a diet." It ignores the real challenges such as sweet attacks, alcohol, eating out, & exercise.
6. Choose a plan you could realistically follow for a lifetime. Be sure it includes foods you like.
7. Exercise — but choose an activity you enjoy.
8. Remember that weight plateaus are normal. Focus on your progress and remember where you started.
9. Keep in mind that one food decision does not make or break your weight. It is what you eat on a regular basis that counts.
10. Don't skip meals. Skipping meals can make you hungrier, and you may end up overeating, regardless of your intentions.

MARK TARTER/Kentucky Staff

Attend the weekly Kentucky Kernel staff meeting tomorrow at 1 p.m. in 035 Enoch J. Grehan Journalism Building.

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Jones must defend plan on merits

Associated Press

FRANKFORT, Ky. — Gov. Breton Jones has a tactic he commonly uses when he wants to stake out the moral high ground on an issue.

He first promises an open mind and a willingness to compromise controversial items. But he concludes by questioning the motivation and integrity of anyone who disagrees with him.

So it was again last week when Jones outlined his long-awaited health-care package.

It is not perfect, Jones told his Commission on Health Care Reform. He will listen to reasonable alternatives. But beware those who oppose it, he said.

"Please," he said, "don't let a few telephone calls turn your courage into something less than it ought to be."

In the past, this sort of drawing a line in the moral sand has led to some bizarre confrontations. The thing is, this time Jones didn't need to do it.

As Sen. Benny Ray Bailey noted after the meeting last week, "I think if you'd let the people vote on it, it would pass tomorrow. Universal coverage for basic services at a cost you can afford. I don't think you'll find anyone against that."

The problem comes in the details, said Bailey, the General Assembly's acknowledged expert on health-care issues.

The Jones proposal can be defended on its merits without resorting to questioning the critics.

By the same token, in some ways the audacity of the package might be the best acknowledgment by the number of critics it has already drawn. Lawyers don't like it; doctors and hospitals don't want to talk about it; business people fear it.

To be sure, the package has some holes.



JONES

The whole focus is to require medical insurance coverage for everyone in Kentucky. Virtually all employers will have to provide the coverage for workers, but individuals will be responsible for their own protection. Poor people will have coverage paid for by the state.

But there appears to be no provision for people who live in Kentucky and work in other states or those who commute into Kentucky for work from their homes elsewhere. The numbers are not insignificant.

According to Census Bureau estimates, there were 92,600 people from the six states that border Kentucky by land who travel into the state for their jobs (Missouri was not included). Are Kentucky employers going to be expected to provide insurance coverage to those workers as well?

Of greater concern are the estimated 104,250 Kentuckians who commute to jobs in other states.

Then there are the employers who can't afford to pay insurance premiums. Administration officials insist there is no intention to run those companies out of business, but they also will not define what businesses can expect relief.

And what about people who, for one reason or another, decide not to buy insurance? "Some types of sanctions" will be imposed on those people, said Cabinet Secretary Kevin Hable. But they will not be allowed to die at the hospital door. Care will be provided and paid for. But again, details are yet to be resolved.

And that may be the most valid criticism of the Jones proposal. Right now, it is a fill-in-the-blank package. The Commission on Health Care Reform is supposed to supply some of the answers. The General Assembly may answer others. And a somewhat ill-defined health-care authority will have to answer the remainder.

Jones and his administration first said they would unveil this plan months ago, then blamed delay on legislators who were attending an out-of-state conference.

ANALYSIS

Their employers won't be covered by Kentucky's laws and won't have the obligation to provide insurance. Will they be penalized for their workplace?

The planned fallback position from mandatory insurance coverage is a tax on all employers of \$120 per month for each employee. The estimated cost of insurance coverage is \$108 per month for each person. Again, a tax could penalize employers whose workers live elsewhere or Kentuckians who work in other states.

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SPORTS MONDAY

Overmatched Cats left without options in Florida's Swamp

GAINESVILLE, Fla. — Saturday afternoon, 81 degrees, sunny skies, slight breeze from the north-east, palm trees, heaven's football field. This is Ben Hill Griffin Stadium at Florida Field.

UK, of the now infamous Stack-I, triple-option offense, has but three options from which to choose against the No. 4-ranked Florida Gators: a) Beat a team they're not supposed to beat; b) Stop a quarterback they're not supposed to stop; or c) Contain a running back they're not supposed to contain.

The obvious choice: d) None of the above.

Surprised? You really don't think the Cats will win this one, do you? Not even the bluest of Big Blue faithful could imagine such utopia, beating the mighty Florida Gators at "The Swamp," their anything-but-humble abode, where visiting teams apparently come only to chalk one up in the "L" column.

The Cats over the Gators at home? Are you crazy?

The outcome, for some, is even decided before the game itself, as a local radio call-in show quizzes its listeners not on the subject of "if" the home team will win, but by how much. Such a consensus of predetermined fate hasn't been seen since those boring Mike Tyson versus anybody-dumb-enough-to-step-in-the-ring fights of yesteryear.

Hours before kickoff, the Florida Field loudspeakers blast out highlights of the Gators' 1991 SEC championship season, complete with melodic interludes from tunes like Queen's classic "We Are the Champions," just in case you've forgotten how totally bad they are.

"First-and-10, Florida at its own 35 yard line ... Mathews drops back ... fakes short ... again fires deep down the middle of the field ... and it's caught! ... A great catch by Everett at the 10! ... He breaks free! ... Touchdown!"

If that's not enough, you have those foreboding — and plentiful — stat sheets under your nose to look at before the game.

Florida, 12-0 at home under Coach Steve Spurrier. Florida, outscoring its opposition 471-128 at home under Spurrier. Florida, with an average margin of victory of more than 28 points per home game under Spurrier. (Remember, this is football.) Florida, 13-1 against SEC foes under Spurrier.

You thank your lucky stars you're not wearing a UK uniform at the moment. You see more than 84,000 frenzied fans — sun-lovin', trash-talokin' Gator fans — wearing so much orange that you decide if Coach Bill Curry wants to skip Halloween this year and go straight to Thanksgiving, you should let him.

Play begins ... The tone of the game is estab-



Mark Sonka
Kernel Columnist

lished on the third play from scrimmage, when tailback Clyde Rudolph takes a Pookie Jones pass and scampers near the right sideline, only to be hit so hard by linebacker Carlton Miles that you find yourself waiting for an autopsy report.

You can't bear to look anymore. It gets worse.

After Jason Todd's first of seven punts, the second major hurricane to hit Florida this year arrives in the form of quarterback Shane Matthews' right arm.

Destruction is imminent.

Hurricane Shane ravages the UK defense within minutes. Five yards to Harrison Houston. Thirteen yards to Houston. Third-and-goal from the one, Shane lofts one over Don Robinson's outstretched hand to flanker Monty Duncan. Touchdown, 7-0, Florida.

UK gets the ball back UK punts.

Hurricane Shane strikes it up again. Three yards to Errict Rhett. Fifteen yards to Keller. Two yards to Willie Jackson. Eight yards to Kelvin Randolph. Twenty-two yards to Keller. (Allow me to catch my breath one moment. Thank you.) Twenty-five yards to Houston in the end-zone. TD, 14-0, Florida.

UK ball. Hockman in for Jones.

Hockman ignites a stale offense by throwing a 49-yard touchdown pass to Kurt Johnson. Hockman doesn't play again until the 6:46 mark of this quarter. 14-7, Florida.

Mathews throws one to UK's Willie Cannon. UK ball.

UK has ball at Florida 11. On four downs, UK moves it one yard to Florida 10. Pelfrey kicks 27-yarder. 14-10, Florida.

Hurricane Shane touches down again. Big 26-yarder to Tre Everett

on third-and-20. Shane shares the wealth by giving the ball to Rhett, who bursts so quickly through the defense, you think the referees will give him a speeding ticket.

Rhett gains 8. Rhett gains 12.

Rhett gains 4. Rhett gains 9. Shane throws another bomb to Houston, his third TD catch of the day, from 23 yards out. 21-10, Florida.

For all practical purposes, the game is over. Total stats are down-right nasty. Florida, 541 yards of total offense. UK, 263.

Florida, 30 first downs. UK, 14.

Errict Rhett, 33 carries for 193 yards. Jones, 6 carries for 33 yards.

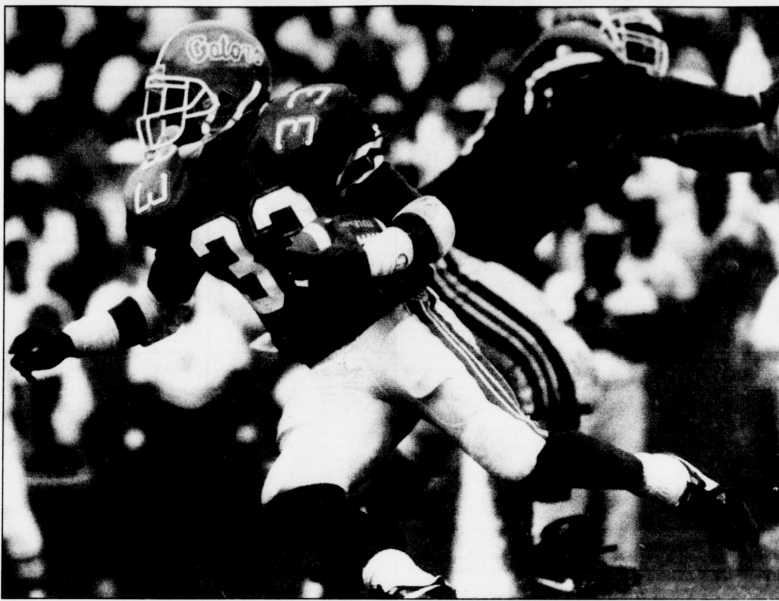
Hurricane Shane, 28-for-47 for 340 yards and four touchdowns.

Pookie, 10-for-21, 102 yards.

Florida 35, UK 19.

Long drive home.

Staff Writer Mark Sonka is a journalism senior and a Kentucky Kernel columnist.



Florida tailback Errict Rhett rushed 33 times for 194 yards Saturday in the Gators' 35-16 win over UK. Rhett also caught seven passes for another 50 yards, giving him a total of 244 total yards, only 19 less than the entire UK offense generated.

Tradition-rich UF atmosphere a lesson for UK



Brian Bennett
Kernel Columnist

GAINESVILLE, Fla. — The difference between UK and Florida Gator football is much greater than the 16-point margin in Saturday's game.

It's the difference between a program which talks year after year about reaching the upper echelon and one that's already there and has been for quite some time.

It's the difference between a program whose star players shoot for the Heisman Trophy and one whose star players hope to be named second-team All-SEC.

What's the reason for the gap between the two programs? Start with the tradition and attitudes.

Florida fans expect the Gators still to be playing come January and hope for a national championship. Wildcats fans expect to beat teams from the Mid-American Conference and hope for a 6-5 season.

The gist of UK's football tradition includes one-arm pushups by the mascot after a rare score, the week-old Wildcat Walk and fans leaving early to beat the traffic home.

Florida, on the other hand, is a program ripe with traditions and rituals. The Florida band forms a tunnel for the Gators to enter the field. Players hold up their helmets during kickoffs.

A man dressed in a yellow shirt and orange and blue tie called Mr. Two Bits runs around the stadium like a madman, egging the crowd to cheer his namesake. The fans sway in unison while singing "We Are the Boys" after the third quarter



The 84,553 Gator-crazed fans who crammed the stands at Ben Hill Griffin Stadium at Florida Field was the largest crowd to ever watch a Florida season opener.

ends. A unique spin on the "The Wave" is done, making the hackneyed crowd ritual actually look good.

And in a new tradition began that began Saturday, the coaches and players stay on the field and sing the school's song after each victory.

Rivals like these don't equal victories, but they do make the game more fun for the fans. If it's not the tradition, then maybe it's the environment.

UK's ever-gray Commonwealth Stadium evokes images of dead grass, cold autumn evenings, fourth-quarter collapses and fans saying, "Maybe next year" — but not really believing it. In short, it's a shrine to pessimism.

Contrast that scene with Florida Field. Surrounded by palm trees and overwhelmingly orange, the Gators' lair simply exudes optimism. The neatly-trimmed hedges

bordering either end zone show life exists in the stadium, though usually not for the visiting team.

The Gainesville weather, which at its most frigid forces its residents to break out their long-sleeve T-shirts, doesn't hurt either. Throw in 85,000 slightly deranged Gator faithfuls and you get what is quite possibly a pigskin paradise.

Even the schools' home cities themselves are markedly different. While most everything in Lexington save a few gas stations is closed by 1 a.m., Gainesville is just waking up. Some places in Gainesville don't even open until 2 a.m.

Then there's recruiting. If tradition and visions of Sugar Bowls aren't enough to lure prospects to Gainesville, the Gators roll out a hefty welcome wagon. Recruits sitting in the south end-zone section Saturday were greeted and escorted by a hundred or so women wearing

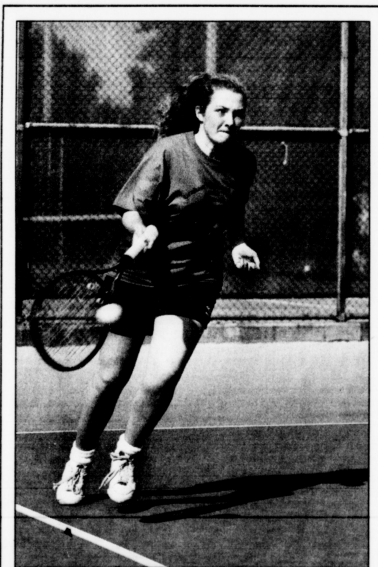
oversized orange cowboy hats and shirts which read "Gator Getter Helpers."

To UK coach Bill Curry, though, the difference between the two programs is much more basic.

"The story is very simple," Curry said after the game. "Florida has phenomenal skill-athletes with worlds of talent, experience and fine coaching systems. ... They are a very fine football team."

And with the team's winning tradition, enticing environment and recruiting advantages, the Gators figure to continue attracting world-class athletes, thus maintaining the gap between Florida and UK football.

Senior Staff Writer Brian Bennett is a journalism sophomore and a Kentucky Kernel columnist.



Freshman Jennifer Schott returns a volley during a match in the intramural tennis tournament Saturday afternoon.

Gators ignore all the hype, beat Wildcats 35-16

By John Kelly
Sports Editor

GAINESVILLE, Fla. — Florida cornerback Del Speer didn't believe the hype.

And he and his Florida Gator teammates made sure the 84,553 people jammed into Florida Field, as well as a national television audience, didn't believe it either.

The Gators defeated UK 35-16 Saturday in both teams' Southeastern Conference opener.

"Kentucky talks so much trash," Speer said. "They talked so much during the week and all through the year about how they were gonna pound us. You can talk, talk, talk, but you got to come and play."

Speer said the No. 4 Gators (1-0) grew weary of all the attention given the new Stack-I offense and

would incorporate a few surprises for Florida.

Florida wasn't surprised. UK's Stack-I generated only 263 total yards, just 19 more than Gator tailback Errict Rhett did. Rhett handled the football on almost half of Florida's offensive plays, rushing for 194 yards on 33 carries and catching seven passes for 50 yards.

The offense still sputtered at inopportune times, just as it did against Central Michigan. UK started three drives at its 44, 44 and 46 yard lines, respectively, in the first half and failed to score on all three occasions. And when free safety Willie Cannon intercepted a Shane Matthews pass and returned it 27 yards to the Florida 11-yard line, UK could only muster a field goal.

"That was sick," Jones said. "We gotta push it in. When you get a kickoff return on the way to the 40

or 50 yard line and you don't push it in, that's not good at all."

Jones accounted for 148 yards of UK's offensive attack, throwing for 102 yards and rushing for 46. The rest of UK's backfield was stonewalled by the Florida defense. No UK runner gained even 20 yards.

One key to Florida's ability to stop the option, Speer said, was that Jones was "easy to read." Speer said on the passing plays, Jones would shuffle his feet as he dropped into the pocket. Speer said the Gator defense picked up the difference in Jones' footwork early in the game.

The UK defense, which held a team to less than 300 yards of total offense for the first time in its last nine games last weekend against CMU, looked more like the UK defense of old. UF rolled up 541 yards on offense.

Supplies shuttled to hurricane-ravaged Hawaiian island

Associated Press

LIHUE, Hawaii — A military airlift shuttled supplies and equipment yesterday to Kauai, the hurricane-ravaged "Garden Island." Residents struggled to piece their paradise back together, while vacationers waited to leave.

Crews worked round-the-clock to restore power and telephone service wiped out Friday when Hurricane Iniki covered the lush, scenic, 30-mile-wide island with 130 mph sustained wind and gusts to 160 mph. It was the strongest hurricane to hit Hawaii this century.

"I don't know how we're ever going to get back to normal. I just don't know where to start," said Kathy Cabral of Kalaheo, whose

home was extensively damaged. "We're just glad to be alive today," said Jan Powell of Fairfax, Calif., who was vacationing with her husband in Koloa, on the island's west side, which appeared to be hit hardest. The Powells were staying in an elementary school-turned-shelter.

"Guess we'll be staying a while," Powell said.

The hurricane was blamed for at least three deaths, including one on Oahu, and 98 injuries. At least 8,000 of Kauai's 51,000 residents were left homeless, said Federal Emergency Management Agency spokesman Bob Blair.

The wind reduced some buildings to splinters and tore the upper floors off others. An entire block was wiped out near Lihue, on the is-

land's most heavily developed, eastern shore. Yachts were piled atop each other in Port Allen harbor. Palm fronds, shingles and other debris clogged roads.

President Bush said yesterday he was told that 30 percent of the island's buildings were destroyed and preliminary damage estimates reached \$1 billion. Bush declared much of the state a federal disaster area.

"Our hearts go out to the people of Hawaii and we pledge to stand by them in support at this hour of need," Bush said in Maryland before leaving for a West Coast campaign trip. Bush, who visited Florida and Louisiana after Hurricane Andrew last month, said he has "no plans right now" to visit Hawaii.

The Federal Emergency Manage-

ment Agency director arrived at Kauai on yesterday. Wallace Stuckey was joined by Patricia Sakai, chief of the U.S. Small Business Administration and a Republican former congresswoman from Hawaii.

About 300 Hawaii Army National Guard troops also landed yesterday on Kauai. Ten military C-130 cargo planes mounted a 24-hour airlift to bring in food, portable kitchens, medical supplies, communications equipment and other relief.

The Coast Guard stationed a cutter south of Kauai to relay emergency communications to Oahu, where Honolulu is located. Oahu is 80 miles southeast of Kauai.

Though Oahu was spared the

worst of the storm, there was an estimated \$2.5 million damage to 163 private buildings. About 11,000 residents and businesses on the island of 800,000 people remained without power yesterday.

Niihau also was raked by the storm, but details couldn't quickly be learned from the tiny, privately held island 25 miles west of Kauai. Niihau has about 300 residents, mostly native Hawaiians.

On Kauai, Hidoo Kabutani of Lawai said the devastation was worse than that of Hurricane Iwa, which swept over the island in 1982 and caused \$216 million in damage there and on neighboring islands.

"Plyboard from other homes shattered our windows. Even the

walls cracked and caved in," Kabutani said.

Hotels along the upscale Poipu Beach reported extensive damage. Steve Townsend, general manager of the Kiahuna Plantation Resort, said his hotel easily suffered \$150 million in damages.

Some looting was reported Friday night at resorts and shops along Poipu Beach. Townsend said security was increased.

Lihue Airport, its control tower knocked out, was closed to commercial aircraft. Passenger flights likely wouldn't resume until today at the earliest, said state transportation director Rex Johnson.

Mason

Continued from Page 1

Eastern Kentucky.

Much of Mason's work has been printed in state and national publications, and several writings now are part of UK's Special Collections.

The collection includes several poems and short stories, a one-act

play titled "The Gifts of the Spirit," various monologues and essays, an unfinished novel and an incomplete play based on the "War on Poverty" in Appalachia.

Kate Black, curator of UK's Appalachian Collection, said the first time she met Mason, "I fell in love with her. Everybody did."

Saturday night's event was sponsored by UK's Appalachian Center, Appalshop and the UK Library System.

er, a key figure in Clinton's Kentucky campaign.

Statewide, Gore has a base in the 146,000 Democrats who voted for him in Kentucky's 1988 presidential primary. Clinton's choice reassured many Kentuckians about him, especially in the western part of the state, Miller said.

"This ticket is better suited toward Kentucky voters than any ticket since 1948," when President Harry S. Truman's running mate was U.S. Sen. Alben Barkley of Paducah, he said.

Election

Continued from Page 1

nearly 200,000 Kentucky households that watch Tennessee television stations — many of them in areas of Western Kentucky that have voted Republican recently.

Those people are likely to trust the judgment of their culturally similar neighbors across the state line — that Gore is no extremist, said Lexington lawyer Steve Mill-

CHE

Continued from Page 1

times this sort of conventional wisdom that, well, higher education has money because we're in a different arena. And I think we have to dispel that, ... not just say that these cuts have really hurt us. We have to say here's how these cuts have hurt us."

"It's not something that we can do in a month," Meredith said.

Cox said he thinks "it's realistic to hope that if there is another statewide budget cut that higher education be spared.

University of Louisville President Donald Swain said now is the time to set the stage and aim for the ideal.

"In politics, you have to shoot for what you want, and that's what we ought to do," he said. "I think we should not compromise in advance, and try to make judgments for the legislature or the government."

Meredith said he told the other presidents he was going to speak to the council. Although he said he didn't speak on their behalf, he said there was no disagreement among them about his assessment of the situation.

UK President Charles Whittington did not attend the meeting, but former governor and current UK Board of Trustees Chairman Edward "Ned" Breathitt said he agrees that there's no fat left to trim.

"We're not gonna just accept cuts without a thorough explanation," Breathitt said.

"If it comes to the question of really greatly affecting the quality of education, then I think all of us have to get together and just say to the legislature, 'We can't let the young people of Kentucky suffer.' And that means we're gonna have to come up with more revenue sources even if it's in a special session."

Earlier this month state officials were warned that state revenues were behind levels projected in the

budget. Finance Secretary Joe Prather said he would wait until the end of the first quarter — the end of this month — to see if revenue has picked up sufficiently to avoid another cut.

Last week, a report showed state tax revenues were up 8 percent during August over the same month last year. If those numbers remain the same, another cut could be avoided.

However, CHE Deputy Executive Director for Finance J. Kenneth Walker said, "The jury is still out."

In other action:

"The Council approved an accountability process for the state higher education system as required by a new law passed in this year's General Assembly.

"The Council also approved a report showing each institution's effectiveness in meeting the state higher education equal-opportunity plan.

"Bowling Green, Ky., lawyer Joe Bill Campbell was re-elected chairman and Lexington lawyer W. Terry McBrayer was re-elected vice chairman of the Council. Campbell said it would be his last year as chairman.

This coupon good for admission to the Kentucky Kernel staff meeting, tomorrow at 1 p.m. in 035 Enoch J. Grehan Journalism Building.

Coupon not necessary for admission.

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Harold Peleg, Chairman, Ford Motor Co.; Carroll O'Connor, "Anchorman"

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DIVERSIONS

Steve Vai-produced band has time, talent on its side

Bad 4 Good
Refugee
Interscope Records

By Brian Manley
Contributing Critic



.....either Vai wrote many of these songs in five minutes, or he's been hanging around his adolescent friends too long ...

with talents equal to McRocklin's. Vai eventually recruited Brooks Wackerman, 15, who already had been conducting drum clinics at colleges and festivals, and Zack Young, 14, the youngest musician ever to graduate from the Bass Institute of Technology.

Potential. That word describes Bad 4 Good, one of the newest hard rock/metal bands to hit the music scene — at a time when practically any group with long hair, heavy-sounding guitars and an attitude is being signed to record labels in the hope of following up success of bands like Pearl Jam and Nirvana.

However, Bad 4 Good has one thing that most of these other bands don't have — time. And lots of it.

The reason is that this band is composed entirely of virtuoso adolescents, ranging in age from 11 to 16. Even more shocking than that is the fact that the band sounds as good as, if not better than, a lot of hard rock/metal bands in the market.

The idea of Bad 4 Good came about after guitarist Steve Vai met 11-year-old Thomas McRocklin backstage at one of Vai's concerts in England. Vai was so impressed with McRocklin's natural talent on the guitar that he decided to build a band made up entirely of teenagers

The band finally was completed with the addition of 16-year-old vocalist Danny Cooksey (yes, the same Danny Cooksey who played the red-haired Sam on "Diff'rent Strokes" and John Connor's punk friend in "Terminator 2").

Although many may dismiss the band as "kiddie rock," Bad 4 Good does not sound like a bunch of kids. In fact, if you heard them on the radio, you'd never even consider the idea that you were listening to a group of adolescents.

One reason for this is Cooksey's voice, which easily sounds as throaty as Sebastian Bach's. Also, McRocklin's ability on the guitar is simply incredible: he could easily hold his own against many of the pop metal guitarists in music today, solo- and rhythmwise.

Bad 4 Good's debut, *Refugee*, produced by Vai, is a well-done album that could probably be compared to the works of bands like Skid Row and Whitesnake. However, though the group may possess an extreme amount of talent, it is lacking in one area — songwriting.

Only six of the 13 tracks were co-written by members of the band; Vai seems to pull most of the weight as far as writing is concerned. Yet, either Vai wrote many of these songs in five minutes, or he's been hanging around his adolescent friends too long — because many of these cuts contain some of the most sophomoric lyrics ever set to paper.

"That chick is sexy/She's got me hangin' my head," and "The way you shake just blows my head/Beat me 'til I'm good and red, do me!" are just samples of the poetry com-



PHOTO COURTESY OF INTERSCOPE RECORDS

Guitar legend Steve Vai produced Bad 4 Good's debut album. The band consists of (l to r) Zack Young, Danny Cooksey, Thomas McRocklin and Brooks Wackerman. The oldest member is 16.

posed on this album (from the songs "Bangin' Time Again" and "Rockin' My Body"). Vai must be trying to immortalize the thoughts of these guys as they begin to hit puberty.

Despite many of the lyrics, most of the songs contain very well-written and memorable melodies, especially "Devil in the Angel," "I Want Everything," and "Nothin' Great About a Heartache."

The band is at an equal level with most pop metal bands, already. If the group can stay together, the potential is there for Bad 4 Good to get even better.

Everything you ever wanted to know about UK and much, much more everyday in the Kentucky Kernel.

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TPC fuses traditional sound, techno beat

Terminal Power Company (TPC)
Run Silent, Run Deep
BMG/Beggars' Banquet Records

By Tom Mosgrove
Contributing Critic

The fusion of techno beats with conventional instruments is something relatively new to music, although groups like Ministry and Nine-Inch Nails have been doing it for a couple of years now and have

been the ground breakers of industrial music.

So what does Terminal Power Company have to offer the other groups don't? TPC offers a slightly different approach to the lyrical content of its efforts that he other groups do not.

The group has submerged itself in a world that revolves around television and movies, where the bulk of the material for the band's lyrics are found — from the obvious David Lynch ("Twin Peaks") tribute



on the track, "Fire, Walk With Me," to the Clive Barker-influenced "Blood, Flesh and Sand."

TPC offers dark, melancholy lyrics and vicious, vicious techno beats. While the guitar, bass and keyboard riffs of Paul Aspel are marginal, the vocals of lead singer John Roomer are the binding force of this techno/industrial group.

If you like the horror fiction media and industrial music, this album makes a decent addition to a collection.

If you are new to industrial, this album is a safe starting point and is no worse — or better — than what is already out there.

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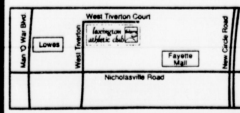
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Author must write, doesn't know why

Editor's Note: This is the last of a two-part interview with Tama Janowitz, author of the best-selling "Slaves of New York." Janowitz's fourth novel, "The Male Cross-Dresser Support Group," was released recently.

By John Dyer Fort
Senior Staff Writer

Q: You've appeared on "Late Night with David Letterman" quite a few times. What's that like?
TJ: Well, to do a TV show, it's like its own world, especially when it's a big national show. There's a lot of electrical energy, and, at first, it was somewhat frightening. But then I realized I'm frightened to go to a cocktail party. What's the difference? I'm nervous all the time, practically.

TV time has got, like, its own reality.

When you're out there, they call it being in the bubble. You feel like you've been out there for an hour, but, in fact, it's only been five minutes. The air is very cold because they keep it air-conditioned, and the

lights are very bright. It's like some kind of weird timewarp, or something.

They suddenly push you out, and you're staggering across the floor, and, then, you're in this conversation with somebody that you have to keep moving.

For me, the main thing is I've written a book.

The book took me four years to write, and I want to find people out there that have my demented sense of humor — that would get what I'm writing. And I have five minutes to say "when you go in the book store and see all these books, well, this is what this one is about." I've been lucky that I've gotten the shot to do that.

We aren't living in a time when people read, and they don't read for fun.

It costs a lot of money to buy a book, and I hope that I get my audience — that I have that demented outlook on life... But if I've found one person that bought my book and liked what I was doing, then it's one human being I'm clicked in with.

My books are making fun of our society.

They're making fun of the morals and manners and behavior of life at the end of the 20th century. And I feel that life is so tough and difficult that, if you can't laugh about it, it's impossible to get through it. But not everybody feels the same way I do, and a lot of people don't have my sense of humor.

So, I'm struggling to sort of connect with those that do.

Q: Are you aware there are a couple of former New Yorkers that are now living in Kentucky, one being Rick Pitino? Do you know who he is?
TJ: (Shakes head.)

Q: How about Leona Helmsley? Do you know she was in Lexington's Federal Correctional Institute?
TJ: Yeah. And, you know, the Lexington Federal Correctional Institute has always been in a lot of American novels as a stopping off point for people as they get off drugs, or who were sentenced there. ... The only one I can think of off the top of my head is William Burroughs.

Q: Do you think New York misses Leona?
TJ: You know, they hated her. And I feel that it's not exactly fair. They hated her from the beginning.

and, then, her ads said "I'm the queen, and I make sure that the toothpaste is in the right place by the sink."

On the other hand, I feel like she was just attacked. A lot of people don't pay taxes. And she was an older woman and not the most attractive person. She was the target for a lot of hatred for reasons other people wouldn't have been jumped on.

Q: I guess the media in New York don't have her as a target anymore.
TJ: Well, they have Woody Allen now.

Q: What have you read lately that has really knocked you out?
TJ: Well, I'm in a biography phase. I think, at least, when I'm reading a biography that I'm learning something about somebody. I'm reading Mark Twain's autobiography and Frido Kahlo's, the Mexican painter. I read Somerset Maugham's biography in the last few weeks.

Q: You describe yourself as an avid reader. Writers often say that's one of the main traits of being a writer. Would you agree?
TJ: I do think that if you don't

read, then you end up thinking that what you're saying is highly original. And, in fact, it turns out to be a terrible cliché.

And that can only come through reading a lot of books, and then you know that to say "The sky was a beautiful shade of blue" — sorry, but that's been done before and it's been done so much it no longer has any impact or meaning.

Of course, there's nothing original that you can do or say. All the books and plots have been gone through. But what you can do is be true to your own vision and honest about how you see the world, which for each person is slightly different.

Q: Growing up, what were the two or three books that made you want to be a writer or influenced you?
TJ: Well, "Alice in Wonderland" was a big influence. It was one of the first books I read by myself. And, of course, in "Alice in Wonderland" nothing made sense and ... down the rabbit hole is completely crazed and backwards. It was good training as a child because the real world is also crazed and doesn't make any sense. But, at least I got that idea in my head early.

Q: When did you know you wanted to be a writer?
TJ: You know, I still don't really want to be one. But, it's my vocation. Sometimes, people say "Why do you do this?"

I don't know why I'm doing it. I only know that I have to.

First play by Guild Thursday

The Actor's Guild of Lexington is presenting "Prelude to a Kiss" by Craig Lucas at 8 p.m. Thursday through Saturday. The romantic comedy stars Kevin Hardesty and Tara Bellando.

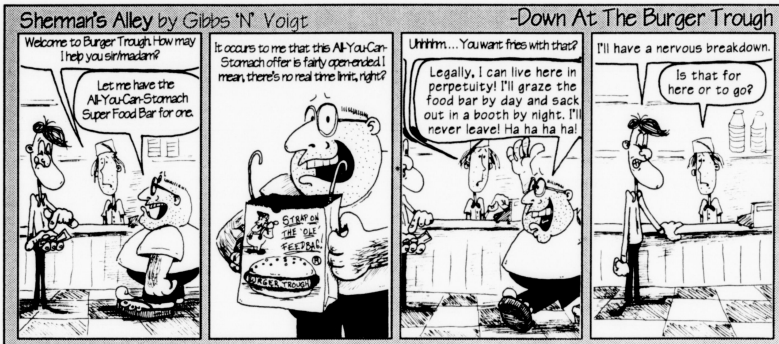
The Actor's Guild is Lexington's first professionally staffed theater company with its own performance space. "Prelude to a Kiss" is the first of seven plays in Actor's Guild 1992-93 season to be performed in its new theater at 139 West Short Street. Tickets are \$8 for students. For more information call 233-0663.

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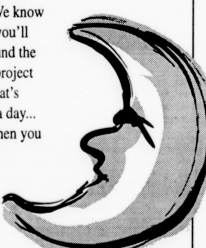
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PERSPECTIVE

Crime rate stays level, UK figures indicate

School's population a factor in incidents

By Dale Greer
Senior Staff Writer

UK has lower crime rates than many colleges across the country, but its urban setting and large population ensure it is not crime-free.

There were 36 campus assaults and one reported rape during 1991, the most recent year for which complete statistics are available. For the first six months of 1992, one rape and 18 assaults were reported.

These figures may sound high, but UK Police Chief W.H. McComas points out that UK's population rivals that of many small Kentucky counties.

"Clark County has got 22,500 people in it," McComas said. "We've got more people on this campus than they've got in that county. Our level of crime reflects that."

According to figures released by the UK Police Department last month:

• The level of violent crime on campus appears to be holding steady or, in some instances, declining.

For the last three years, UK has averaged 37 reported assaults, one rape and six robberies per year.

Figures for the first six months of 1992 are consistent with these trends, with 18 reported assaults and one reported rape. Only two robberies, however, were reported from January to June 1992, indicating a possible reduction for the entire year.

• The number of various thefts reported to the UK police also seems to be holding steady.

There were 2,764 thefts reported in all categories from 1989 to 1991, for an average rate of 921 incidents per year.

For the first six months of 1992, 435 thefts were reported — 47 percent of the three-year average.

Auto thefts, however, are down considerably.

The three-year average in this category is 21 thefts, but only three cars were reported stolen at UK from January to June 1992.

• Arson appears to be on the in-

U.K. Police Crime Statistics

Special Incidents	1992*	1991	1990	1989
Alcohol Intoxication	92	175	180	197
Arson	4	5	5	4
Assault	18	36	37	37
Burglary	24	58	40	67
Carrying Concealed Deadly Weapon	3	9	10	5
Criminal Mischief (Vandalism)	84	200	195	227
Criminal Possession Of Forged Instrument				
Possession Of Forged Items; Usually Altered Drivers Licenses And Checks	1	0	2	3
Criminal Trespass	7	12	15	15
Disorderly Conduct	17	28	22	23
Driving Under The Influence	52	43	77	69
Drug Offenses	14	40	40	63
Forgery	3	6	5	4
Harassment	6	11	14	27
Harassing Communications	45	81	71	66
Indecent Exposure	2	10	25	17
Information Only	72	285	253	194
Juvenile Delinquency	7	26	24	20
Loitering	0	3	5	0
Miscellaneous Reports	67	148	139	105
Murder	0	0	0	0
Possession Of Burglary Tools	1	1	2	1
Rape	1	20	17	20
Receiving Stolen Goods	10	20	17	20
Resisting Arrest	7	8	6	13
Robbery	2	6	9	5
Sexual Abuse	0	0	0	0
Sexual Misconduct	0	0	0	0
Terroristic Threatening	18	18	11	33
Theft By Deception	1	5	4	2
Theft/Failure To Make Required Disposition (Intentionally Failing To Make A Required Payment Or Disposition On Specified Property)	2	1	3	2
Theft Of Auto	3	16	28	20
Theft From Auto	124	252	278	260
Theft Of Bicycles	24	82	45	32
Theft By Unlawful Taking (Felony)	166	296	286	299
Theft By Unlawful Taking (Misdemeanor)	115	286	248	320
Ticket Scalping	34	61	38	28
Traffic Accidents	197	307	301	281
Traffic Related Arrests	51	83	71	18
Traffic Citations	756	1450	1345	1500
Warrant Endangerment	2	7	6	12
Warrants Served	48	121	115	86
Total For The Year	2078	4189	3942	4064

These selected offenses are broken down further to indicate the specific offenders.

Alcohol Intoxication Arrests	6	20	25	23
Faculty/Staff	0	1	1	0
Non-University Related	74	141	134	179
Driving Under The Influence				
Students	8	11	4	10
Faculty/Staff	1	2	3	0
Non-University Related	39	30	65	49
Minor In Possession (Alcohol)				
Students	13	26	25	40
Faculty/Staff	0	0	0	0
Non-University Related	10	14	18	20

* January through June

MARK TARTER/Kentucky Star

crease. The three-year average from 1989 to 1991 is five arson cases per year.

UK police investigated four cases of arson in the first six months of this year alone.

To help reduce campus crime, McComas encourages students to use "common sense."

For example, never leave property unattended; always lock your car and park in well-lighted areas; and never walk alone at night.

"We recommend that if you are

going out at night, go with someone you know," McComas said.

"And use the transportation system that the University provides."

That system includes the Campus Area Transit System bus, which runs a regular campus route from 6:30 to 11:15 p.m., Monday through Thursday.

To arrange a ride on the CATS bus, call 221-RIDE.

If you need to walk on campus at night but can't find someone to accompany you, UK's Student Gov-

ernment Association sponsors the Student Escort Service.

For more information, call 257-3191.

Another service UK offers is the emergency phone system. More than a dozen of the phones, painted bright yellow, are located across campus and McComas said there are plans to add as many as 39 more.

McComas said the UK Police Department also plans to present self-defense classes this semester.

New law requires release of colleges' crime figures

Associated Press

Dana Getzinger says she was naive and unsuspecting — a typical college student — when a stranger in a ski mask sneaked into her room and tried to rape her while she was a sophomore at the University of Georgia.

Getzinger was stabbed and nearly died in the 1988 attack, which she later learned was at least the fifth within three months on students in her neighborhood near the campus.

"The universities tell you nothing," she said. "Schools are placing a greater importance on their image than on student safety."

More than 4,000 violent crimes — among them 16 murders and 493 rapes — were reported last year to security officials at the nation's 580 largest universities and colleges, The Associated Press found through a review of figures being released this month under a new federal disclosure law.

The federal Campus Security Act for the first time this year requires all universities and colleges to provide students, faculty, staff and prospective students and their parents with crime statistics for the previous three years, as well as a description of security procedures.

The law covers 2,222 colleges and universities. Schools that don't comply risk losing eligibility for federal money.

Many public institutions previously released such information, but most private institutions didn't.

"Part of their sales pitch was, 'Come to this idyllic, safe-appearing campus,'" said Dorothy Siegel, director of the Campus Violence Prevention Center at Towson State University in Maryland.

"They were not recognizing that gradually crime was creeping in."

The crime statistics are being handed out to students on most campuses this month.

"The most difficult thing in dealing with violent crime is convincing people that it will happen," said Marvin Herrington, chief of police at Stanford University, where an employee was fatally shot on campus Tuesday.

The schools surveyed by the AP enroll 5.6 million students. Collectively, they reported 2,528 aggravated assaults, 928 robberies, 5,081 car thefts and 15,313 burglaries during 1991.

Victims advocates question the value of statistics furnished by some universities and colleges.

"If the initial reports are that crime is vastly below what we're seeing in broader society, I would be very skeptical of that," said David Beatty, a spokesman for the Na-

tional Victim Center.

There were 42.3 reported rapes per 100,000 U.S. people last year, according to the FBI. The schools surveyed by the AP reported 8.8 rapes per 100,000 students, a figure that leaves some people dubious.

"It misrepresents the reality," said Gail Aburhanel, director of the Santa Monica, Calif., Rape Treatment Center and co-author of a book about sexual assault on campus. "It gives people the impression that rape isn't happening, when it's practically an epidemic."

The University of Iowa reported four sexual assaults last year. But officials from the area's Rape Victim Advocacy Program say they handled 39 rapes during that time in which students were the victims. Twelve occurred on campus.

Aburhanel and others say students share the blame for failing to report crime — particularly rapes committed by their fellow students. And many incidents on campus are reported to municipal officials, not the school's security department.

"The problem is not that the schools weren't reporting; it's that students haven't been," said Carl Stokes, law enforcement director at the University of South Carolina in Columbia.

Many crimes, included Getzinger's stabbing, happen off campus and go unreported by the schools.

Ohio University's disclosure documents show no murders, though a gunshot fired from a passing car killed a senior four blocks from the campus. Six University of Florida and one community college student have been killed near the university's Gainesville campus since 1990, but the crime statistics given students say there were no murders.

"We haven't done anything to obscure the fact that the murders occurred in the city of Gainesville," said Joe Kays, a school spokesman. "Technically, a University of Florida student could have been murdered in Ocala. Does that fall within the purview of the reporting requirements?"

Some schools set financial reasons for accurately reporting crime. The University of Southern California was ordered to pay \$1.6 million last spring to a student raped at knifepoint in an off-campus dormitory. The student argued that the university concealed information about crime in the neighborhood.

"It's ludicrous to say because it happens on a sidewalk, it doesn't happen on campus," said John Kueplich, commissioner of public safety for the University of Pennsylvania. "Playing with numbers and changing numbers isn't going to change reality."

Attention disorder may be inherited

FOR THE HEALTH OF IT

Attention Deficit Disorder in adults is an increasingly recognized disorder, once thought to be only a childhood problem. Progress in medical technology has provided further evidence of a neurophysiological abnormality. Furthermore, genetic studies have begun to validate clinicians' observations of a positive family history of similar problems.

You may be asking, "What does this have to do with me?" It may have a lot to do with your life, your college career, how you party, work or how your relationships progress.

Attention Deficit Disorder is a diagnosis given to individuals whose symptoms begin in childhood. These symptoms include hyperactivity and/or impulsiveness and distractibility. They may be manifested behaviorally in many different ways, including behavioral overactivity, short attention spans, selective attention, low frustration tolerance and motor coordination difficulties.

In childhood, these symptoms generally are most recognized in the school setting, but with growth into adolescence and adulthood these may continue to interfere with the tasks of development. The risk for underachievement, multiple relationship failures and subsequent abuse may continue. Early recognition and intervention are helpful in preventing damaged self-esteem and family, academic and career distress.

Frequently, there is an overlap of other specific learning difficulties, and this may not be easily identified. Associated learning problems may include visual, language or

- Do you have trouble directing and sustaining attention while communicating, reading instructions, driving or attending lectures?
- Do you have difficulty completing projects?
- Are you easily overwhelmed by tasks of daily living?
- Do you have difficulty organizing your living and work space?
- Do you make decisions impulsively without anticipating consequences?
- Would you consider your work performance inconsistent?
- Do you seek out stimulation and have difficulty delaying gratification?
- Are you restless and fidgety?
- Do you make statements or comments without considering their impact?
- Are you impatient and easily frustrated?
- Do you get frequent traffic violations?

reasoning problems. These may be recognized as memory problems, ineffective self-monitoring, excessive motivation dependency, disorganization, performance inconsistency and difficulty coping with details.

A comprehensive academic assessment and a neuropsychiatric/psychological assessment may be necessary to identify the individual's characteristics. After this identification, support is essential.

One of the supports that has been identified as significantly effective 75 percent to 80 percent of the time in childhood, is medication — particularly stimulants.

This may also be the medication of choice for adults but there are additional medications now demonstrated to be effective. In addition to medication, environmental structuring and alteration of the academic or work environment may be necessary. College students, in particular, may require untimed tests or tests administered in private settings. Depending on the additional specific learning disability, other

supports may be necessary, like recorded books.

Support groups, both locally and nationally, have been a major source of education and support and have led to the increasing recognition of this disorder. Adults with Attention Deficit Disorder have a local support group which meets monthly. You may call 233-6021 for further details.

A practical self-help book is "Attention Deficit Disorder in Adults" by Dr. Lynn Weiss.

What about support on campus? The Student Health Service, Counseling and Testing Center and the Office of Handicapped Student Services may all be places to begin your evaluation. A working relationship with health care professionals is crucial in management of this disorder. If this is you, the time to start is now!

Dr. Janet Jones is a staff psychiatrist at the Student Health Service. For the Health of It is a service of the UK Health Education Program.

Group therapy gives positive feedback

COUNSELOR'S CORNER

Dear Counselor,

Recently, some friends sat me down and told me some things I did that made it hard for them to be my friends. They suggested that maybe I should seek counseling, possibly in a group, to get help with what they say are "my problems." I really don't want to tell about myself in front of a bunch of strangers, so what do I do? How does group counseling work?

Rejected

Dear Rejected,

I'm glad to have an opportunity to explain the process of group counseling. First though, I want to say that I admire what your friends did. You are angry and hurt, but I hope you can also feel their caring and concern as they attempt to tell you ways that you may turn off people or push them away.

Let's talk about group counseling — you have just experienced with your friends highlights an advantage to group counseling — the ability of group members to give caring, constructive feedback to each other.

Everyone has an opportunity to air their opinions and feelings and to give and receive feedback about their thoughts and feelings. The group gives you an opportunity to have your friends' comments confirmed or discounted. You may wonder how perfect strangers could know enough about the real you to give useful feedback. Simply stated, the

group experience becomes a true microcosm of the interpersonal world of each member — because participants will behave in the group in the same manner they do outside the group.

To illustrate this principle, if you are an impatient person, you will undoubtedly be impatient at some times in the group. The only difference between the people in the group and your friends is that your friends are more likely to hold back their feelings about the effect you have on them.

Group members are more likely to volunteer their feedback because it is expected and is appropriate group behavior.

Another outcome of group counseling is that participants start to feel comfortable with each other, even if they were initially total strangers. As different members of the group share concerns and information about their lives, a bond develops among the group members.

Sharing and giving and receiving support are the main activities of the beginning stage of the group.

To produce this "bonding" the members of the group listen empathically, make clear and direct statements about what they want and feel, give supportive comments and confront in a positive, nonblaming fashion.

These may be new behaviors for some members. And it will require time to acquire and polish these interpersonal skills. For other members, these interpersonal skills may be in place but seldom used.

The group is a "safe" place to

try out new behaviors and coping skills. The group leader provides the safety net for the risky business of sharing about oneself and experimenting with new behaviors.

The group leader's role is to facilitate the expression and elaboration of opinions and feelings from the participants and to promote relationship-enhancing communication among members. The group leader has the primary responsibility, but certainly the whole group shares the responsibility of ensuring there is a balance in the group — so each member gets a fair share of attention and the focus of the other members.

An additional benefit of group counseling is that participants see other members struggling with the same problems and feel more "normal."

Group experiences also can bring up issues surrounding your family. This is a likely occurrence because members tend to behave much as they did in their families, their first and most important group experiences. The roles group participants played in their families are the roles they often will try to assume in the group.

How members handle closeness and conflict usually reflects how their families handled these issues.

The Counseling and Testing Center now offers several therapy groups.

Students who wish to address these issues can come by the UK Counseling and Testing Center, 301 Frazier Hall or call 257-8701.

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