

# Lin



*Connecting the Bluegrass LGBT community*

**DINING OUT FOR LIFE**

**September 18, 2014**

**[www.avolky.org/dofl](http://www.avolky.org/dofl)**

September 2014, Vol. 36 No. 9

*A publication of the GLSO*

# INDEX

Cover photo provide by  
AVOL, Lexington, KY  
Wednesday, December 4, 2013

# 4

## That's What I'm Talkin' About

Helena tackles the issues of rampant unemployment and homelessness as seen online, and proposes a solution for someone with a job opportunity.

## Imperial Court of Kentucky News **5**

The Imperial Court hosts a Dining Out For Life® dinner, puts on two shows in September, and travels to Washington, DC, and Cincinnati for coronations.

# 6

## TransKyAdvocate

Tuesday discusses the barriers that make it so hard to accurately answer the question, "How many transgender people are there?"

## Bluegrass Black Pride **10**

Lexington hosts its first ever Black Pride the weekend of September 18-21, which includes a screening of a documentary about the life of a gay civil rights leader.

# 15

## Dine Out, Fight AIDS...

AVOL's annual Dining Out For Life® benefit provides the community the opportunity to have a good meal and a fun time while contributing to a worthy cause.



**Editor-in-Chief**

Christopher Bauer

**Copy Editor**

Ann Malcolm

**Photographer**

Brian Hawkins

**Calendar Coordinator**

Chad Hundley

**Circulation**

GLSO Board, Chad Hundley, Rebecca Adams

**Advertising Coordinator**

Daryl Lyons

LinQ is published monthly by and for the Lexington Gay and Lesbian Services Organization members and community. The Lexington Gay and Lesbian Services Organization envisions a community that accepts and celebrates each individual.

All LinQ submissions and advertisements can be made to the editor ([editor@glso.org](mailto:editor@glso.org)) or to the GLSO Pride Center (859-253-3233). All submissions may be edited for length.

Like us on Facebook at [LinQbyGLSO](https://www.facebook.com/LinQbyGLSO)

Follow us on Twitter at [LinQbyGLSO](https://twitter.com/LinQbyGLSO)

The Lexington Gay and Lesbian Services Organization seeks to educate, enhance and empower the community about GLBTQQA issues.

**GLSO Executive Committee and Board of Directors**

Paul Brown, President

Ginger Moore-Minder, Vice President

Paul Holland, Secretary

Jacob Boyd, Treasurer

Roberto Abreu, At Large

Christopher Bauer, At Large

Donovan Jefferson, At Large

Theo Meacham, At Large

**GLSO Staff**

Chad Hundley, Office Manager

GLSO Pride Center

389 Waller Avenue, Suite 100, Lexington, KY 40504

859-253-3233, [www.glso.org](http://www.glso.org)

Office hours are:

Tuesday-Friday 1 p.m.-5 p.m.

Saturday 11 a.m.-3 p.m.

# That's What I'm Talkin' About



By Helena Handbasket

My article is often based on my observations of life and of those around me. So, this month is no different. This month I am amazed and a little disturbed by the fact that there are so many unemployed people that are constantly posting their photos on Facebook. I see them all of the time, and I had no idea that there were so many people that were jobless. Many of them post photos of themselves without shirts or pants, or sometimes without either, which leads me to believe that, just maybe, they can't afford any clothes. This saddens me beyond belief, and yet I can't help but look at and, yes, even enjoy viewing these photos. (That must make me sound like such a bad person.)

Many of them are very proud people because they are not online asking for money, but rather are just trying to connect to friends, both old and new. They also are not on there talking about their joblessness, but yet I find it pretty obvious that they are not working. I suspect that many of them are homeless as well. What makes all

of this so obvious to me is how they look. At any given moment you can log on and see these muscle-bound bodies everywhere. I mean, how could they possibly have jobs or homes when you can just tell that they must live at the gym and they are spending every waking moment on some sort of cardio machine, or at a weight bench? I commend them for trying to keep a positive attitude and using their energy to exercise instead of just laying around doing nothing.

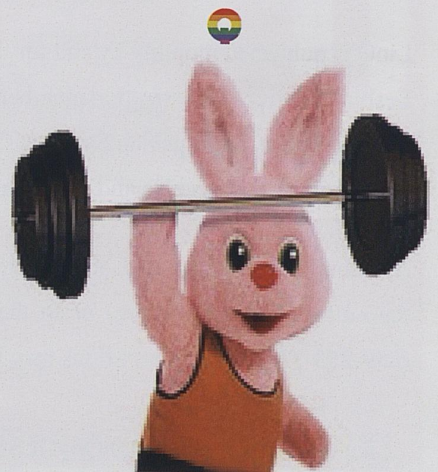
Okay... so, by now you are probably on to my scam. I am writing this about people who are on Facebook and have those perfect bodies that they share with us. We are more than halfway through 2014, and if you recall my January article, you will remember that I vowed to be more healthy, make time to work out, and make the effort to eat better. Well, that didn't happen.

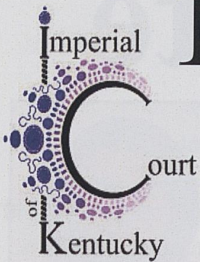
So, since I can't look in the mirror and admire a washboard stomach, rippling biceps, or firm, bulging pecs, I can look at and enjoy the photos of those perfectly-formed bodies out there online. And while

I could look at those people that are posting these pictures with judgment, such as questioning their intelligence or their priorities, I choose not to. Instead, I say with all honesty that I admire you and would welcome the opportunity for one of you to be my own personal trainer (as long as you don't take away my vodka and chocolate). Let Helena Handbasket be your very own "spokesperson" for your personal trainer skills.

Until next month, I leave you with this... "If you gloat while sitting at the top, you will surely grovel when you hit bottom. Karma can be an evil bitch...but she likes me."

Send comments or suggestions to  
[HelenahandbasketKY@gmail.com](mailto:HelenahandbasketKY@gmail.com)





# Imperial Court of Kentucky News

By Christina Puse

Greetings, Lexington family and friends! It has been so good to meet so many of you over this past month and have a chance to sit down and talk with everyone. As a social organization, the Imperial Court of Kentucky strives to continue building new friendships within the community and to make the bonds that we already have stronger. Over the month of August, the ICK has had a couple of functions. It was great to see so many of our community in attendance for these events. The new bonds and friendships are never anything short of amazing!

A couple of weeks ago, the ICK had its annual Investitures event. This is an evening when the current Monarchs bestow titles upon its many hardworking individuals because they deserve recognition for what they do within the community. The ICK would like to thank all who were in attendance for that event and helped make that event possible.

Shortly following Investitures, the AVOL Kids' Back to School event was held at Crossings Lexington. This was a fundraiser to raise funds for families who have been affected by HIV/AIDS and who need assistance in purchasing school supplies for their youth so that they may have what they need for this current school year. Although it was a soggy night, it certainly turned out to be fun and successful! Thank you to those

that helped make that night possible.

Coming up in the month of September, the ICK has a few events that we hope you in the community will join us for. AVOL's Dining Out for Life® will be held on Thursday, September 18. Join His Most Imperial Majesty, Emperor 33, Tim Logsdon, and Her Most Imperial Majesty, Empress 33, Christina Puse, at Columbia Steak House in beautiful downtown Lexington on North Limestone between 4:30 p.m. and 9 p.m. A portion of your dining bill will be donated to AVOL to assist them with their fundraising needs. You may also make separate donations during this time.

Following this event, Reign 31 of the ICK will be hosting a show at Crossings Lexington on Friday, September 19. Please join His Imperial Majesty, Emperor 31, Daryl Lyons, and Her Imperial Majesty, Empress 31, Trinity, for an event entitled, "Fire and Ice." There will be shot specials, prizes, and performances from your favorite ICK entertainers. (For more information on this event, please contact Daryl Lyons or Trinity.)

The Imperial Court System currently has more than 70 chapters across the United States. As one of those chapters, the ICK will be traveling this month to Washington, DC, for the Imperial Court System's Coronation III: "Gala of the Americas" Coronation Ball.



This amazing event will take place September 12-15. The ICK will also be traveling out of town to Cincinnati on the weekend of October 3-5 to join the Imperial Sovereign Queen City Court of the Buckeye Empire for their Coronation Ball. During these events, the current Monarchs for their realms will be stepping down and new Monarchs will be crowned. If you would like to join us for these out-of-town events, please contact the current monarchs, Empress 33, Christina Puse, and Emperor 33, Tim Logsdon, or our Minister of Protocol, Her Imperial Majesty, Empress 30, Shotz with a Z.

At the end of September, the ICK will also host its annual event, "Divas of Hazzard." Please watch for updates about this event on the ICK's Facebook page.

As you can see, the ICK has a lot of exciting events coming up, and you will not want to miss a moment of the fun! If you haven't already, please visit our website at [www.imperialcourtkentucky.org](http://www.imperialcourtkentucky.org) and join us on Facebook under The Imperial Court of Kentucky.



# TransKyAdvocate



By Tuesday Meadows


How many transgender people are there? In Lexington the answer to the above question is very easy: no one knows. I've asked many different people, "How many?" and the guesses vary widely from .1% to 1%. There is not a "transgender" category on the census...and even if it had been it would still have been inaccurate as many trans people will not respond to censuses. With that said, the Williams Institute had a statistical projection that estimated the prevalence of transgender adults at 0.33%, or about 1000, and a total LGBT population of about 4%, or about 12000 people here in Central Kentucky. However, these are projections, which are just an educated guess. GLAAD just completed a survey of adults in the United States, and 90% of the respondents said that they knew someone who identified as gay or lesbian, but only 8% said that they personally knew someone who identified as transgender. Does this mean that transgender folk are such a small, rare group that you might very well know someone from Turkmenistan before you might know someone who is transgender? Maybe. Or maybe it just means that many

people do not know who is and who is not transgender.

Unfortunately, many of my transgender friends will only go to "safe places" that are trans-friendly because of the way we are treated in public, where even using the restroom in public can be a traumatic experience. Some of us are not seen as trans, and go about our business, for lack of a better term, "passing." Others stay hidden for fear of having friends and family abandon them. In the popular media, when gender nonconformity is mentioned, it is frequently and unfortunately contrasted with "real" or "born a man or a woman." The "realness" debate implies that we are unnatural or fakes, and because of this, many keep their "transness" a secret. For some, we even deny to ourselves that we are transgender for many years until it becomes impossible to ignore, which may explain our high suicide attempt rate (about 41%).

For many of us, the everyday problems of being openly trans involve many injustices, such as workplace discrimination. One of my local friends told me she had been getting good evaluations at work until someone outed

her as trans. Not long after, she was told by her boss that she had become a distraction, and would be given a package to leave. I know in my own case there was the combination of fear of discrimination at work and family obligations that delayed my transition for longer than I wanted to wait. It is a combination of internal pressures and external discriminations that lead to transgender people living hidden, dual lives.

Remember, the next time someone tells you that the Lexington transgender community is a small minority, they are probably right, but no one really knows the size of our community. I know that, for most of my friends, family, and acquaintances, I am the first openly trans person that they have ever known. My hope is that, here and everywhere, we become more visible and comfortable in public and have the same opportunities to live our lives as everyone else does. One day we may even know how many trans people there really are. Thank you, and you may write to me at [tmeadows@gmail.com](mailto:tmeadows@gmail.com) or follow me on Twitter at [TuesdayM@trishgigi](https://twitter.com/TuesdayM@trishgigi). Now Tuesday is gone with the wind! 

# What Is S.I.P.?

By Tuesday Meadows

*for the Sip Steering Committee*

Bill Stone, Judith Diane Bowling, Paul Brown,  
Lisa Hughes, and Michael Wayman

**S**IP stands for Seasoned Independent People, formerly the GLSO 50+ Senior Social Group. We are a social group made up of people who are age 50 plus, LGBT, or friends and allies of ours that currently meets on the third Friday of each month at 7 p.m. for a potluck and comradery. Additionally, this group will host a function the first Wednesday of each month which will include an evening of fun activities such as playing cards, watching a movie, or just getting together to shoot the breeze with friends. We also plan to make some interesting day trips to local area museums, historical sites, or attractions. We could even expand our trips to go

to another nearby city for an overnight stay. The SIPs will have our first regular "Fun Night" Wednesday, October 1, at 6:30 p.m. at the GLSO Pride Center, 389 Waller Avenue, Suite 100, which is where we currently have our potluck.

Our group is made up of very diverse and open-minded people from the Central Kentucky area just like you. Many of us have moved here from other parts of the country and some of us were born and raised right here in Lexington. We share a similar love of the music, movies, and television shows that we grew up with and still love. Additionally, the people of our group have lived through some of the most troubling times and many wonderful times in history. Everybody brings something different to the table. I am always amazed when I meet someone

new and hear their life story.

SIP, "Take a Drink of Life With a Friend" is our slogan and our creed. If you feel that you might not know anybody in the group or you might be an outsider, let me assure you that these people will take you in like they have known you your whole life. I know this first hand, and those friendships that I have already made mean so much to me.

If you are interested in joining our group (there are no dues or fees) please e-mail Ginger at [ginger.moore.minder@gmail.com](mailto:ginger.moore.minder@gmail.com) or call 859-253-0061 and let us know that you would like to come to the next potluck or fun night, or would like to be informed of future events. I hope to see you there.

SIP - Remember, the fountain of youth is not a place but a state of mind. 🌈





FOURTH ANNUAL  
**LOUISVILLE  
LGBT FILM FESTIVAL**



The Louisville LGBT Film Festival returns for its fourth year October 17-19th, 2014. Like last year, this year's festival will be held at Village 8 Theaters. The festival brings narrative and documentary features and short films from around the world that promote and celebrate equality, acceptance, and advancement for all people regardless of their sexual orientation or gender identity, and educate the public about the gay, lesbian, bisexual, and transgender community. The festival also typically includes several question and answer sessions from directors and actors that attend the festival.

This year's film festival will have nine sessions of films: one on Friday night, four on Saturday, and four on Sunday. Festival passes good for all nine sessions will sell for \$45 in advance and \$50 at the door. Individual

session tickets will also be available for \$8 in advance and \$10 at the door. For those coming from out of town, a limited block of rooms will be available at a special rate at the Marriott Downtown Louisville.

Since February 2014, the festival's screening committee has screened 140 films to choose which films to program in this year's festival. The programmed films will be announced during a Reveal Party on September 5 at Play Louisville, during which trailers for the selected features will be shown. The event will also include a silent auction and a movie-themed drag show.

For more information about the festival, check out [www.louisvillelgbtfilmfest.com](http://www.louisvillelgbtfilmfest.com) or email [louisvillelgbtfilmfestival@gmail.com](mailto:louisvillelgbtfilmfestival@gmail.com).



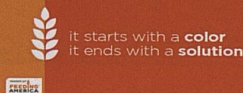
The GLSO Pride Center is proud to be partnering with God's Pantry this Thanksgiving Season to provide individuals and families a full Thanksgiving meal who may not be able to afford it.

If you or someone you know needs assistance with a Thanksgiving meal with all the fixings, you must meet a couple of very easy requirements.

- You must reside in Fayette County!
- You must come to the GLSO Pride Center located at 389 Waller Ave, Suite #100 to register during regular office manager hours of Tues-Fri 1-5pm or Sat 11am-3pm.
- When you come to register, you must supply a picture I.D. and social security card for each adult (age 18 years & older) in the household; proof of children (age 17 years & younger); proof of gross monthly income; and, proof of residency in Fayette County.
- If you are an elderly client, disabled or critically ill client, or a single parent household with more than 3 children, you may contact Chad at [chad@glso.org](mailto:chad@glso.org) to register.

**Deadline to register:**

**By 5pm on Thurs. September 18**



**Are you:**

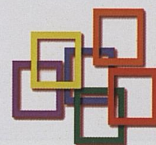
Recently out of the closet? Or struggling with doing so? Feel like you can't cope with who you are? Struggling with acceptance at work? Or family? Had a bad break-up? Or lonely and just need to talk to someone? You are not alone!

Confidentiality, acceptance and respect are the words we govern ourselves by. Each week is unique depending on who shows up and what the needs are that night.

**Join us for:**

**HEART  
TO HEART**

**GLSO Discussion Group  
Wednesdays  
from 7-9pm**



Gay and Lesbian Services Organization  
389 Waller Avenue, Suite 100  
Lexington, Kentucky 40504

(859) 253-3233  
[www.GLSO.org](http://www.GLSO.org)





**community  
rewards**

Kroger is donating  
**\$3 MILLION**  
to local organizations

# Use your Kroger Plus Card & help us grow!

Supporting our organization has never  
been easier — just shop at Kroger and  
scan your Plus Card! Here's how to enroll:

1. Visit [www.kroger.com/communityrewards](http://www.kroger.com/communityrewards)
2. Scroll down to find your location and click "Enroll Now"
3. Sign in to your online account, or create an account
4. Find and select our organization, and click "Save"

You'll start earning rewards for our organization right away  
on qualifying purchases made using your Kroger Plus Card!  
Learn more at [www.kroger.com/communityrewards](http://www.kroger.com/communityrewards)  
and thank you for your support.

*\*Remember, you'll need to re-enroll every August.*



**For GLSO, Search By Either  
NAME: GAY LESBIAN SERVICES ORGANIZATION  
ORG NUMBER: 11741**

# Bluegrass Black Pride



Equality~Family~Community

## September 18-21, 2014

Bluegrass Black Pride is a volunteer group organized in October 2013 for the purpose of planning and staging a black gay pride celebration in Lexington in September 2014.

By becoming active and visible, we hope to start a public dialogue about homophobia in the African American community, with the aim of breaking down barriers that make it difficult for African Americans to be out and gay.

Being black and gay is worlds apart from being white and gay. One reason is the reluctance of the black community to accept homosexuality. As a result, black gays are more prone to stay in the closet and lead double lives. Bluegrass Black Pride does not assert that it can fix the problem with one weekend of events, but

we do assert that by creating an open dialogue, we take steps to address the problem. Our desired outcomes for Bluegrass Black Pride weekend are to unify the black LGBT community and be more visible, confront homophobia, particularly in the African American Community, heighten awareness about HIV/AIDS and other diseases impacting the black LGBT community, and elevate inclusion in the general LGBT community and community at large. Urban League of Lexington came on board as our fiscal agent, and we were grateful to receive initial funding from JustFundKY.

Black gay pride events around the nation have metamorphosed into well-established events that unite and bring together

black lesbian, gay, bisexual, and transgender people to celebrate both African heritage and sexual orientation. Most major cities in the United States host an annual black gay pride. Bluegrass Black Pride hopes to be an innovative space empowering the local LGBT community to engage in dialogue and strategy and give voice to the issues experienced by our community (homophobia, institutional discrimination, and the disproportionate impact of HIV/AIDS).

Bluegrass Black Pride will be held September 18-21, 2014, during Roots and Heritage Festival month. The weekend will consist of numerous activities. Events are open to everyone.





# “Brother Outsider: The Life of Bayard Rustin”

In its 1987 obituary of civil rights activist Bayard Rustin, *The New York Times* waited until the 40th paragraph in a 42-paragraph long story to mention that Rustin was gay, even though he had been out his whole adult life. Even in death, the brother couldn't get a break.

Fortunately, a 2003 documentary called “Brother Outsider: the Life of Bayard Rustin”, does what the *Time's* obituary did not. A free screening of the award-winning documentary is part of the lineup in this month's Bluegrass Black Pride, Lexington's first black pride festival.

During his 60-year career as an activist, organizer, and “troublemaker,” Bayard Rustin formulated many of the strategies that propelled the American civil rights movement. His passionate belief in Gandhi's principle of nonviolence drew leaders like Martin Luther King, Jr. and others to him in the 1940s and 50s. His crowning glory came in 1963 when he was tapped to organize the March on Washington, the biggest protest America had ever seen. But his open homosexuality forced him to remain in the background, marking him again and again as a “brother outsider.”

Most people credit King for adopting Gandhi's tactics of non-violence. But “Brother Outsider” documents that it was Rustin who

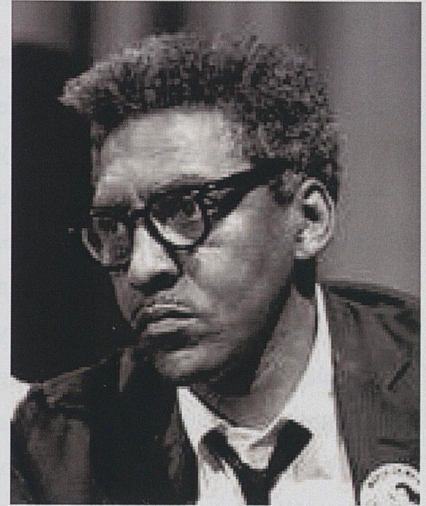
introduced King to these ideas.

“We felt it was important we have an educational component to our festivities,” said John Bentley, co-chair of Bluegrass Black Pride. “Too many people know little or nothing about this great man, who was black and gay, in a time much different than the America we live in today.”

Despite his achievements, Rustin was threatened, arrested, beaten, and fired from important leadership positions, largely because he was an openly gay man in the fiercely homophobic 1940s, 50s and 60s. In the 1950s, he was arrested for having sex with two men in Pasadena, California. Rustin pleaded down to a “morals charge.” Weeks later, he lost his job. The film reflects on Rustin's position as an outsider, a troublemaker, and an eloquent speaker who refused to be silenced.

Following the film, there will be a discussion about being black and gay. Leading the open forum discussion will be noted LGBT activist Mandy Carter. Carter is well qualified for the task. She is one of the leading African American lesbian activists in the country. She has a 40-plus-year history of social, racial, and LGBT justice organizing.

Carter, a North Carolina resident, helped found two ground-breaking organizations: Southerners On

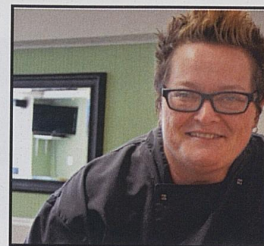


New Ground (SONG) and the National Black Justice Coalition (NBJC). SONG integrates work against homophobia into freedom struggles in the South. Carter served as its Durham-based Executive Director from 2003–2005. NBJC was founded in 2003 and is the only current national civil rights organization of concerned black lesbian, gay, bisexual, and transgender individuals and allies dedicated to fostering equality by ending racism and homophobia. NBJC actively pursues ways to counter anti-gay organizing within African American communities.

The screening and discussion take place Saturday, Sept. 20 at 1 p.m. at the Lyric Theater, 300 East Third Street. There will be a health fair in the theater lobby prior to the film.



# The Perfect Date Night At Home



By Ranada West-Riley

Finally, a weekend off... or perhaps a Tuesday off. Life has us so busy these days that it may seem the last thing on our minds is a "date night." I know I, for one, am often too tired to get ready for a night out on the town, which usually ends up consisting of power drinking and spending time with everyone else except my wife. Date nights are essential for a healthy and fun relationship. Date nights at home can be so much more fun and intimate with a little bit of work. Although it takes a little more effort, a home date can be a fun and unique way to grow closer or to keep the home fires burning.

It's important not to treat this night like any other night of laying on the couch and watching *True Blood* or reruns of *Golden Girls*. We want to go over the top with this evening and really make it a wonderful time for your partner to feel extra special. This is a brief overview of what I do on these nights, and believe me, it seems to work just fine.

I start by cleaning the house! Clutter isn't romantic, and if your partner is like mine, they will want to start straightening and cleaning

the minute they come through the door. So, I've learned to do this in advance... then, break out the scented candles...let those permeate the house throughout the kitchen, living room, and bedrooms.

Music. It's a must. For every memory I have that is significant, I can remember a song... or vice-versa. So, I've created a playlist of all my favorites to keep the mood just where I want it. Some favorites of mine: Grace Potter, Ryan Adams, Beth Hart, David Gray... well, you get the idea. This is where I normally pour myself a glass of wine to prime myself for cooking with a full heart.

Set the table... not the coffee table. You could Google a nice fold to do with a linen napkin if you have them. If not, then set all your flatware on the napkin and set the plates as well. People eat with their eyes long before they take a bite, so a nicely set table will set a mood.

Food and wine, this is essential for any sort of gathering, be it one on one or with a crowd. For this night, go the extra mile. I'm big into local vineyards right now. You can find out a lot about the wine itself by just reading the back of the label. Pairing

is simple: reds with heartier meals and beef or pork. White wines go well with chicken, vegetarian, and fish dishes. This is a nice rule of thumb, although, it's certainly alright to deviate from this according to your tastes.

Dessert first... let it sit while you're cooking the meal. Of course a homemade dessert is best, but if you're running low on time, stop by your favorite bakery and go over the top with your choice. Chocolate covered strawberries are always a nice way to top off a great evening... even with a simple bottle of champagne.

While cooking for two, think of the presentation. You will need a starch, a vegetable, and your main protein. The first meal I cooked for my partner at home was a Filet Mignon Oscar with Béarnaise Sauce on Garlic Mashed Potatoes with Asparagus. The recipe and picture follows. Have fun with this and you'll be surprised how much fun waits for us at home!

**Garlic Mashed Potatoes** – Cook peeled Idaho potatoes until done. Mash with hand masher and a little cream and butter until they are a nice firm consistency. You don't want

*Continued on next page*

*Continued from previous page*  
runny mashed potatoes. Season with garlic powder and salt and pepper until they taste just the way you like them. Remember, you can always add more flavor, but you can't take away, so take it easy on seasoning until you get the desired flavor.

**Filet Mignon** - 2 (5 to 6 ounces each) filet mignons (about 1 1/2 inches thick). Coarse salt and very coarsely ground pepper. 2 teaspoons olive oil. Season filets very generously on both sides with salt and pepper (especially pepper), patting with a paper towel firmly in order to get a nice sear. Heat oil in a small skillet over medium-high. Cook filets until desired doneness, 3 to 5 minutes per side (depending on thickness) for



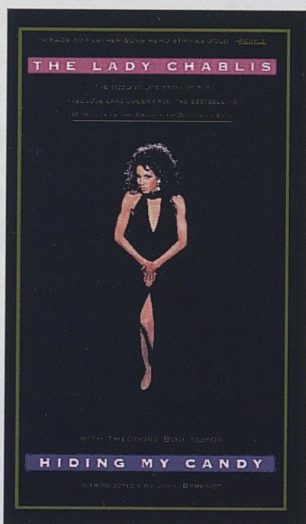
medium-rare.

**Easy Béarnaise Sauce** - 2 tbsp. minced shallots, 1 tbsp. wine vinegar, 1/4 tsp. tarragon, 1/4 c. butter, 1/4 lb. sm. Mushrooms, 1/2 c. whipping cream, 2 egg yolks, Dash of lemon juice and cayenne

Combine shallots, vinegar and tarragon in small saucepan. Boil over medium heat, stirring until liquid is evaporated. Add butter and mushrooms (slice, if large). Cook

until lightly browned, pour in 1/4 cup cream. Bring to a boil, stir some of hot mixture into egg yolks. Return to saucepan, cook briefly, stirring until slightly thickened. Stir in remaining cream, if needed. Add dash of lemon juice and cayenne to taste. Sauce can be reheated over hot, not simmering water. Prepare so sauce is last to be finished.

To plate...put mashed potatoes in the center of the plate, then settle the filet mignon in the center. Top the filet with lump crab meat. Saute some asparagus spears and distribute on top and along the sides of the filet and top with béarnaise sauce. It's a simple dish that is elegant and wonderfully paired with a buttery chardonnay.



By Amy Jo Retucci

The Lady Chablis became a worldwide sensation overnight with the publication of John Berendt's *Midnight in the Garden of Good and Evil*, but she had

## Around The Library: *Hiding My Candy* by The Lady Chablis

long been a celebrity in the clubs, cabarets, and pageants of Savannah, GA, and much of the south. That's not where her story began, though. Chablis was born Benjamin Edward Knox on March 11, 1957, in the small town of Quincy, FL. Chablis always knew she was a woman, "With candy, always with candy," she insists. In her young life, she was met with mixed approval from family and close friends, but those who supported her did so devoutly and ensured that Chablis had the self-confidence to succeed in a

world that didn't always love or understand her. Her self-assuredness and confidence shine throughout the entire book, no matter what pitfalls she encounters (including drug addiction, bad luck in love, or being broke). Chablis is a triumphant and strong woman who always weathers the adversity that exists in our lives. She's an enigmatic performer and a wonderful role model for anyone who struggles to be themselves on or off the stage. Come find *Hiding My Candy* in the biography section and check it out!





Teresa Combs, Realtor  
ABR, GRI, QSC

Assisting Buyers & Sellers for 20 Years!  
*"Oh, by the way, I love referrals!"*



319 South Ashland Ave.  
Lexington, KY 40502

Cell/Text: 859-489-1150

Fax: 859-293-7018

teresa@towneandcountryky.com  
www.yourbluegrassrealtor.com

Become A Fan!  
www.Facebook.com/TeresaCombsRE

## PFLAG Central Kentucky Meeting


PFLAG Central Kentucky meetings are held 6:30 p.m. to 8:30 p.m. on the second Tuesday of the month at St. Michael's Episcopal Church (2025 Bellefonte Drive in Lexington). Typically, we have a program the first half, followed by our support group. We welcome members of the LGBTQ community, their families, friends, and allies.

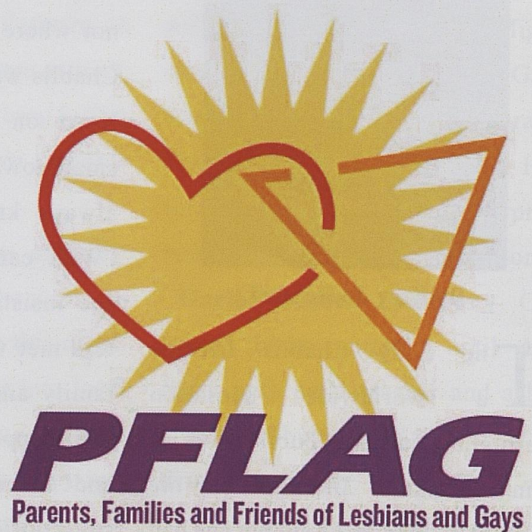
On September 9, a representative from the Fayette County Schools will address LGBTQ issues and services within the public school system.

On October 14, a couple will share their personal journey in loving, respecting, and supporting their gay son.

On November 11, our speaker is Derek Penwell, minister, professor, writer, activist, and head of Kentucky Faith Leaders for Fairness. (PFLAG is not is not a religious or church-affiliated organization; however, we recognize that faith and faith leaders have a significant impact at a personal

and societal level.)

We welcome LGBTQ individuals, their family members, friends and allies. PFLAG meetings are a safe, confidential setting where all are accepted and respected. 



# Dine Out, Fight AIDS On A Brand New Date!

By Stephanie Oghia, DOFL Co-Chair

**D**ining Out For Life®, presented by Woodford Reserve® as a benefit for AVOL, will take place on Thursday, September 18th. The 2014 event has a new date, as traditionally, this event has taken place on the first Wednesday after Thanksgiving. The new date of September 18th means warmer weather, patio dining, and lots of fun!



Simply dine out at an official Dining Out For Life® restaurant on September 18th, and 25% of your bill will support AVOL's important work. AVOL provides housing for low-income Kentuckians living with HIV/AIDS as well as free HIV testing, education, and connection to medical care.

Diners will also be invited to make their own contribution to AVOL's mission through envelopes provided at each table, or they can choose to text to give on their mobile phones. Plus, you can register to win exciting prizes!

There are restaurants participating during breakfast, lunch, and dinner. This makes finding a time to dine out for AVOL easy!



**Join the GLSO for Dinner and Help in its Effort to Pack  
Alfalfa Restaurant, 141 E. Main St., Lexington, KY**

## 2014 Dining Out For Life Restaurants Include:

a la lucie  
Alfalfa Restaurant  
Bellini's Italian Restaurant  
Blue Door Smokehouse  
Bourbon n' Toulouse  
Coles 735 Main  
Columbia Steak House (Downtown)  
Le Deauville  
Dudley's on Short  
Good Foods Market & Café  
Hanna's on Lime  
Lexington Diner  
Mad Mushroom Pizza  
Natasha's Bistro & Bar  
Nick Ryan's Saloon  
North Lime Coffee & Donuts  
Sal's Chophouse  
Saul Good Restaurant & Pub (All Three Locations)  
Sidebar Grill  
Smithtown Seafood  
Soundbar (Official After Party)  
Stella's Kentucky Deli  
Third Street Stuff & Coffee  
West Sixth Brewing Company  
Wines on Vine

Which restaurant will you choose?

**Date:** Thursday, September 18th

**Time:** Breakfast, Lunch, and Dinner

**Where:** 25 Fantastic Local, Independent Restaurants


**Who:** You and your friends, family, and co-workers

AVOLKY.ORG/DOFL

TEXT "DINE4LIFE" TO 50155 TO DONATE




## Team Lex Volleyball 2014 Begins

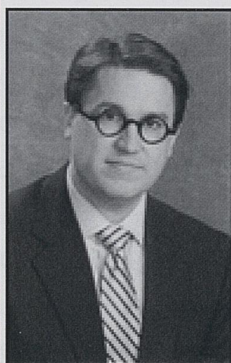
The Fall 2014 season of Team Lex Volleyball starts up September 7th at 5 p.m. at the Bluegrass Volleyball Center here in Lexington (709 Miles Point Way off of Old Frankfort Pike just outside of New Circle Road). The first night is free and open to players of all skill levels. You don't need a team to sign up, come as an individual and be prepared to meet new friends and teammates! If you decide to play the entire season, which goes through mid November, the cost is \$45 for adults and \$35 for students 18+. More info and registration can be found at [www.teamlexvb.com](http://www.teamlexvb.com) or on our Facebook group (Team Lex Volleyball). We hope you'll join us! 



### Gay Disability Support Group

If you are LGBT and have a disability, we would like to hear from you! Members of the LGBT community who are disabled face many different obstacles, and the GLSO would like to help. There has been interest in starting an LGBT Disability Group, and we would like to be in touch with you about this support group. Please contact the GLSO Pride Center at 859-253-3233 or email [chad@glso.org](mailto:chad@glso.org) for more information! 

# Financial strategies. One-on-one advice.



**David DeBrot**  
Financial Advisor

1795 Alysheba Way #4104  
Lexington, KY 40509  
859-263-0516



**Stephen Robertson**  
Financial Advisor

1795 Alysheba Way #4104  
Lexington, KY 40509  
859-263-0516

**Edward Jones**<sup>®</sup>  
MAKING SENSE OF INVESTING

Member SIPC



# Financial Focus: Become Familiar With These Five Key Areas

As an investor, what are your goals? You can probably think of quite a few — but over the course of your lifetime, your objectives typically will fall into five key categories. And once you're familiar with these areas, you can start thinking of what they'll mean to you in terms of your financial and investment strategies.

So, let's take a look at each of these areas and see what they might entail for you:

- **Preparing for retirement** — With advances in health care and a greater awareness of healthy living practices, many of us can expect to live two or three decades in an active retirement. To pay for all those years, you'll need to save and invest early and often. So, while you're working, take full advantage of your 401(k) or other employer-sponsored retirement plan, as well as contribute to a traditional or Roth IRA. After understanding your desired retirement lifestyle, your financial advisor can help you determine how, and how much, to save to provide for your income in retirement.

- **Planning for the unexpected** — You can't see into the future, so you'll need to prepare for anything that comes your way. By building an emergency fund containing six to 12 months' worth of living expenses,

you can possibly avoid dipping into your long-term investments to pay for things such as a new furnace or a major car repair. And planning for the unexpected also means having sufficient life insurance to provide for your family in case anything happens to you.

- **Educating your children** — College is already expensive — and college expenses have been rising faster than the overall rate of inflation. If you want to help your children, or grandchildren, pay for school, you may want to invest in a college savings vehicle, such as the 529 plan. You can contribute large amounts to a 529 plan, and earnings have the opportunity to grow tax-free, provided withdrawals are used for higher education. (Withdrawals not used for education are subject to income taxes and a 10 percent penalty.)

- **Living in retirement** — Once you reach retirement, your investment emphasis will shift somewhat, from accumulating resources to making them last. By working with a financial advisor, you can develop a withdrawal strategy that can help make sure you don't outlive the income you receive from your 401(k), IRA and other sources. At the same time, given the possible length of your retirement, you can't ignore the need to invest for growth, so you may need to consider

some growth-oriented vehicles in your portfolio to help your income keep pace with inflation.

- **Transferring your wealth** — When you've worked hard your whole life, you want to be able to leave a legacy — one that allows you to provide financial resources to the next generation and to those charitable organizations you may wish to support. So, when it's time to think about transferring your wealth, you'll want to consult with your financial and legal advisors to create an estate plan that's appropriate for your needs. And because these plans can take significant time to create, you won't want to wait too long to start.

So, there you have them: five key financial areas on which to focus as you travel through life. By doing your homework, planning ahead and getting the help you need, you can make the journey a pleasant and productive one.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.*

**Please Take Some Time To Visit:**  
[www.surveymonkey.com/s/2GXBBMB](http://www.surveymonkey.com/s/2GXBBMB)  
**To Take Part In A Brief Survey To Determine What Type Of Financial Seminars LinQ Readers Would Most Be Interested In Attending.**



# BODY COUNTS

A MEMOIR OF POLITICS, SEX,  
AIDS AND SURVIVAL

AN EVENING WITH AUTHOR SEAN STRUB  
PANEL DISCUSSION WITH GUESTS BERNADETTE BARTON,  
ELLEN RIGGLE, AND THOMAS TOLLIVER

WEDNESDAY, SEPTEMBER 10TH

7:00PM TO 9:00PM

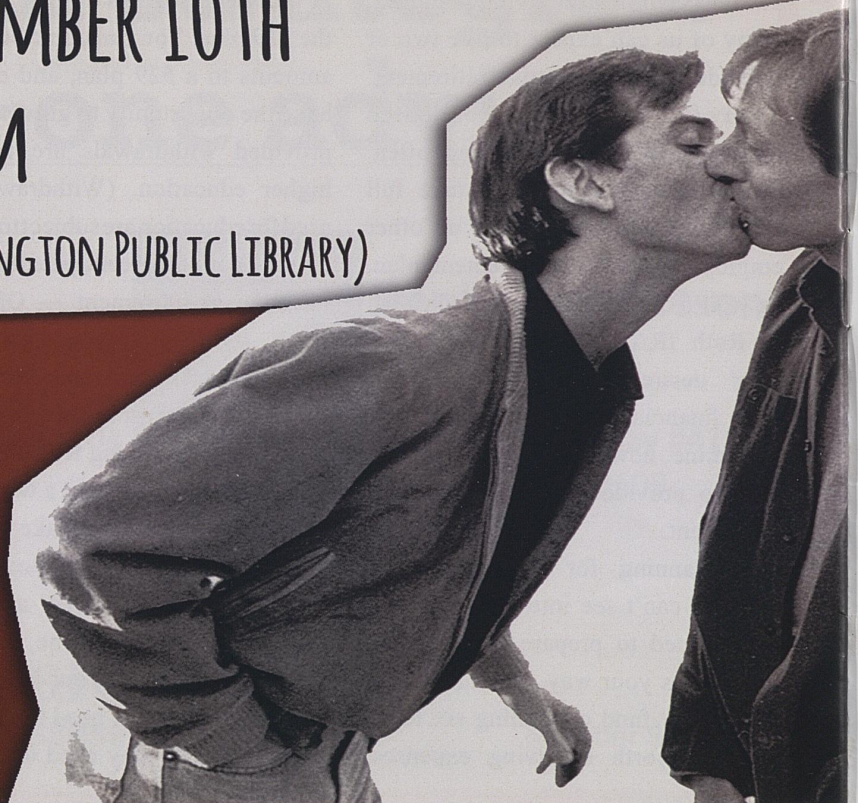
FARISH THEATER (LEXINGTON PUBLIC LIBRARY)

PRESENTED BY THE



EVENT MADE POSSIBLE BY

**justfund** KY





# September Calendar & Telephone Directory

All meetings are hosted at the GLSO Pride Center unless noted with \*

## Monday, September 1

8:00 p.m. AA Meeting hosted by AVOL\*

## Wednesday, September 3

7:00 p.m. "Heart To Heart" LGBT Discussion Group

## Thursday, September 4

6:30 p.m. GLSO Board Meeting

## Saturday, September 6

7:30 p.m. TransKentucky Meeting

## Sunday, September 7

3:30 p.m. Company Q Drama Troupe Practice

6:30 p.m. Team Lex Volleyball\*

## Monday, September 8

8:00 p.m. AA Meeting hosted by AVOL\*

## Tuesday, September 9

6:30 p.m. PFLAG Meeting\*

7:00 p.m. HIV/AIDS Support Group hosted by AVOL\*

## Wednesday, September 10

7:00 p.m. "Heart To Heart" LGBT Discussion Group

## Saturday, September 13

11:30 a.m. GLSO Volunteer Thank You Picnic\*

1:30 p.m. GLSO Fundraising Committee

9:00 p.m. Kentucky Bourbon Bears Board Meeting\*

## Sunday, September 14

3:30 p.m. Company Q Drama Troupe Practice

6:00 p.m. Imperial Court Meeting

6:30 p.m. Team Lex Volleyball\*

## Monday, September 15

8:00 p.m. AA Meeting hosted by AVOL\*

## Wednesday, September 17

7:00 p.m. "Heart To Heart" LGBT Discussion Group

## Thursday, September 18

All Day Dining Out For Life\*

5:30 p.m. Bluegrass Black Pride - Meet and Greet\*

7:00 p.m. LOVEboldly Board Meeting

## Friday, September 19

7:00 p.m. Senior's Bistro (Potluck)

8:00 p.m. Bluegrass Black Pride Pageant

- Mr./Miss/Femme/King\*

## Saturday, September 20

All Day Editorial Deadline for LINQ Newspaper\*

1:00 p.m. Bluegrass Black Pride - Bayard Rustin

Documentary and Wellness Fair\*

7:00 p.m. Bluegrass Black Pride - Honors Ball\*

11:00 p.m. Bluegrass Black Pride - Hip Hop Party\*

## Sunday, September 21

1:00 p.m. Bluegrass Black Pride - Family Picnic\*

3:30 p.m. Company Q Drama Troupe Practice

6:30 p.m. Team Lex Volleyball\*

## Monday, September 22

8:00 p.m. AA Meeting hosted by AVOL\*

## Tuesday, September 23

All Day National Voter Registration Day\*

## Wednesday, September 24

7:00 p.m. "Heart To Heart" LGBT Discussion Group

## Thursday, September 25

6:30 p.m. 2015 LexPride Planning Committee Meeting

## Saturday, September 27

1:30 p.m. GLSO Fundraising Committee

## Sunday, September 28

3:30 p.m. Company Q Drama Troupe Practice

6:00 p.m. Imperial Court Meeting

6:30 p.m. Team Lex Volleyball

## Monday, September 29

8:00 p.m. AA Meeting hosted by AVOL

## Community and Social Groups

24-Hour Crisis Line	1-800-929-8000
24-Hour Teen Crisis Line	1-800-999-9999
Alcoholics Anonymous	859-967-9960
AA/Alcoholic Teens	859-277-1877
Council for Peace and Justice	859-488-1448
Discussion Group	859-253-3233
Fairness of Louisville	502-893-0788
Gay-Straight Alliance, Teens	859-266-5904
GLSO Pride Center	859-253-3233
Imperial Court of Kentucky	859-619-7521
International Gay Bowling	859-539-3058
Lexington Fair Housing Council	1-866-438-8617
Lexington Fairness	859-951-8565
Lexington Human Rights	859-252-4931
Lexington Pride Festival	859-253-3233
National Suicide Prevention Lifeline	1-800-273-8255
PFLAG Central Kentucky, Inc.	859-338-4393
PFLAG Louisville	502-223-1323
SisterSound	859-806-0243
Social Services, Lexington	211

## Community and Social Groups

Speaker's Bureau	859-266-5904
TransKentucky	cassiemt@yahoo.com
Transgender Youth Family Allies	1-888-462-8932
Trevor Lifeline 24/7	1-866-488-7386
United Way	859-313-5465

## College Student Groups

Berea College ACE	859-958-3633
BCTC Gay-Straight Alliance	859-246-6365
Centre College BGLA	859-238-5332
EKU Alphabet Center	859-622-5041
EKU Pride Alliance	859-622-1027
Morehead State University	606-783-2071
TUnity (Transy)	859-445-3822
UK Gay-Straight Alliance	859-257-8701
UK OutSource	859-323-3312

**Don't see your group's events or contact information?  
Email it to [editor@glso.org](mailto:editor@glso.org) and we will add you to our calendar!**

## HIV/STD Testing, Services & Information

AIDS Volunteers of Lexington (AVOL)	859-225-3000
Health Department, Fayette County	859-288-2437
Health Department, Woodford County	859-873-4541
HIV/AIDS Legal Project	502-584-1254
Moveable Feast	859-252-2867
Northern Ky Region	859-341-4264
UK Adolescent Medicine	859-323-5643

## Religious Groups

Bluegrass United Church of Christ	859-233-0208
Embrace Fellowship	859-358-0580
Faith Lutheran Church	859-266-7621
First Presbyterian Church	859-252-1919
Lex Friends, Quakers	859-254-3319
Maxwell Street Presbyterian Church	859-255-1075
St. Martha's Episcopal Church	859-271-7641
Unitarian Universalist Church	859-223-1448
Woodland Christian Church	859-266-3416

# BLUEGRASS BLACK PRIDE

SEPTEMBER 18-21, 2014

09.18  
THRU  
09.21

EVERYONE WELCOME AT ALL EVENTS! JOIN US!

Thursday, Sept. 18  
5:30-9PM  
Meet & Greet, FREE

Ramada Lexington North Hotel & Conference Center  
2143 N. Broadway

Friday, Sept. 19  
8PM-midnight

Miss/Mr/Femme/King Bluegrass Black Pride Pageant, \$10  
Ramada Lexington North Hotel & Conference Center  
with After Party at Pulse Nightlife

Saturday, Sept. 20  
1-4:30PM

Bayard Rustin Documentary & Wellness Fair, FREE  
with special guest Mandy Carter,  
founder of the National Black Justice Coalition  
Lyric Theatre & Cultural Arts Center  
300 E. Third St.

SCHEDULE OF EVENTS

Saturday, Sept. 20  
7PM-midnight  
Honors Ball Dinner & Dance, \$30

Ramada Lexington North Hotel & Conference Center  
For ticket information, call John at 859.368.4474

Saturday, Sept. 20  
11PM-2AM  
Hip Hop Party, \$15

Pulse Nightlife  
931 Winchester Road

Sunday, Sept. 21  
1-6:30PM

Bluegrass Black Pride Family Picnic  
with food, fun & entertainment  
Jacobson Park, shelter #6  
4001 Athens-Boonesboro Road

Bluegrass Black Pride

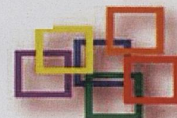
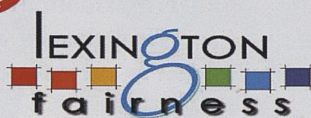


Equality~Family~Community

## SPECIAL THANKS TO OUR SPONSORS:



Urban League of Lexington-Fayette County



GLSO  
GAY AND LESBIAN SERVICES ORGANIZATION

