

Newspaper of the Central Kentucky Jewish Federation



# Shalom

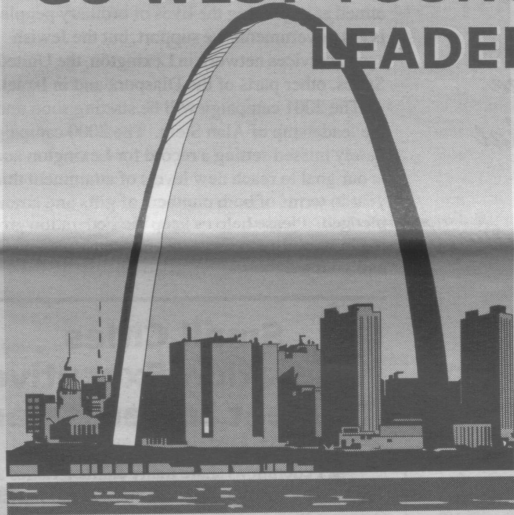
Serving the Central Kentucky Jewish Community Since 1962

March 2001

Adar-Nisan 5761

## United Jewish Communities Young Leadership Conference March 16-18

### GO WEST YOUNG LEADER



St. Louis, the "Gateway to the West," is the site for this year's United Jewish Communities' Young Leadership Conference. Every year, young committed members of Jewish communities from all over North America come together to share their ideas and their expectations as well as to have fun.

Every year the Conference provides the opportunity for participants to listen to outstanding speakers and key political figures from American as well as Israeli politics.

Jonathan Miller, State Treasurer of Kentucky, will participate in a panel discussion entitled, "What Is A Nice Jewish Kid Doing in a Business Like Politics?"

Other conference participants include Louis Lang, a state representative in the Illinois Legislature; and Steven Brown, the Assistant Attorney General of Missouri.

Carl Schrag, Editor of the Jerusalem Post will speak on current news from Israel. Topics for discussions include, "Where There Is a Wal-Mart, There Is a Jew," "Sex Is a Mitzvah," and there are workshops on how to trace a family history, and fundamentalism and extremism in The Bible Belt.

A party is scheduled at the St. Louis City Museum.

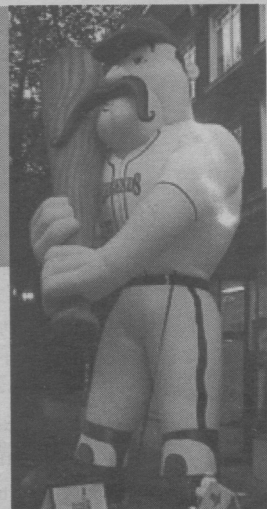
For the first time in the history of this community, a sizable delegation of Central Kentucky will be participating in this incredible conference. We will be represented by Jonathan and Lisa Miller, Brett and Alison Caller, Gabriella Pessah and Fran Morris. Look for their comments on the event in the next issue of Shalom.

## SAVE THE DATE

Sunday, April 22nd  
2001 UJC/CKJF  
Community  
Campaign Kick-Off

at the ball park  
of

The Lexington  
Legends



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**CONDOLENCES TO:**

- Bruce & Rachel Burg Belin** on the death of Rachel's grandfather, **Saul Burg**, on January 14, 2001.
- Lou Kroot** on the death of his uncle, **James Hagen**.
- Jerold Osser and Dana Osser Dugatkin** on the death of their mother, **Sadie Osser**.
- The family of **Lore Pappas** who passed away on January 28, 2001.
- Marcia Risk** on the death of her husband, **Kenneth Freedman**, on February 1, 2001.
- Tina Trent** on the death of her aunt, **Faye Terrill**.

**MAZEL TOV TO:**

- Vinnie and Loui Dubilier** on the birth of their grandson **Zev Landon Meyerowitz** on February 17. The parents are **Sandra and Victor Meyerowitz** of Louisville.
- Angie Rachelle Newman** on her engagement to **Jonathan Smith**. The wedding is planned for September 1st at Temple Adath Israel. Congratulations to Angie's parents, **Larry & Janice Newman** and Jonathan's parents, **Judy & Dan Smith**.
- Gloria and Michael Rie** on the birth of their granddaughter **Ariana Danielle Alatis** on January 19. The parents are **Stephanie and Savas Alatis** of Roslyn Heights, New York.
- Alexis Roth**, daughter of **Robin & Harold Roth**, who has been accepted to New York University, Gallatin School. She will start there in the fall.

**REFUAH SHLEMAH (get well wishes):**  
**Ruth Moser, Natalie Sherman.**

*It's good to hope  
it's the waiting that  
spoils it!  
Yiddish Proverb*



**PRESIDENT'S MESSAGE**

by  
**Marty Barr**

**B**y the time this column is published, we will begin to see if the recent election in Israel has led to the formation

of a Likud run government, a government of national unity, or if they are at the beginning of what will ultimately be a general election. In any event, it promises to be a period which tests our ability to remain united as a community and to continue our support of Jewish life both inside Israel and around the world.

I say this because, as in most things, our community has members who feel strongly about what path Israel should take in dealing with the Palestinians and the peace process. It is vital that we do not forget that the efforts of the Federation and the United Jewish Communities, which we support, are aimed at improving the lives of ordinary people. It is not governments we support, but the Jewish social services network in Lexington, the United States, other parts of the Diaspora and in Israel.

The 2001 campaign will be starting soon under the leadership of Alan Stein. The 2000 campaign barely missed setting a record for Lexington and it is our goal to reach new levels of attainment this year in terms of both numbers of gifts and amounts pledged. Please help us keep the Federation growing in its ability to serve its only constituency—you and your neighbors.

**Small Cities Federation Executives To Meet In Jerusalem**

**S**maller Jewish Communities and their Federations share many characteristics and problems. Because of this, United Jewish Communities organizes each year a meeting for chief executive officers of federations of similar size from across North America. Every five years this meeting takes place in Israel between March 18 and March 27. Our Federation Director, Daniel Chejfec, is part of the organizing committee.

The additional funding required every five years for the Israel meeting is provided by a generous gift of the Dorothy N. and Louis J. Fox Foundation.

"This year's program will focus on the social needs of the Israeli population and how to help," says Institute Chair Gloria Schwartz from Springfield, Illinois. The program includes meetings with Israeli government officials, Joint Distribution Committee Israel staff, representatives of the emerging volunteer sector in Israel and new immigrants.

"I am always delighted for the opportunity to visit Israel, and this year I believe it to be more important than ever to show our support for the Jewish state," said Daniel Chejfec. Following his return, Daniel will report on the conference proceedings to the Central Kentucky Jewish Federation.

**Shalom**

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**March 2001, Volume VII, Issue 6**

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## CAMP SHALOM 2001

*Sponsored by Central Kentucky Jewish Federation*

Don't miss a terrific time this summer! This will be the best Camp Shalom ever!!

Judy Weickel, whom last year's campers will remember as Kindercamp and activities director of Camp Shalom, returns as our Director. Judy is Arts Enrichment Specialist at the TAI preschool, and is on staff at the Living Arts and Science Center. She brings remarkable talent, experience and enthusiasm to our program.

Judy and the committee are lining up a top-notch staff. From specialty leaders to counselors (many returning from last year), all will lead a variety of exciting camp activities. Kids can look forward to swimming, arts and crafts, outdoor games, field trips, and activities with Jewish themes. In addition, this year we will be offering tennis and swimming lessons!

Based on feedback from last year, we have made a few changes in scheduling. Camp Shalom will run two one-week sessions from July 30 - August 10. Feel free to register for both! The hours will be 9AM-12PM, M-F for Kindercamp (4-year-olds) and 9AM-3PM, M-F for the "big kids". We are offering an extended day option from 3PM-5:15PM every day and staff will be available for early drop off any time after 8:30AM.

Use the form in Shalom for early registration.

Camperships are available through the Central Kentucky Jewish Federation. Call 269-8244 for more information.

We hope to see you at the Lansdowne Club this summer for another great season of Lexington's own Camp Shalom!

## Camp Shalom 2001 Basics

**WHERE: Lansdowne Club**

**WHEN: July 30-August 10  
(two weeks)**

**9-3 p.m. Mon.-Fri. with  
extended day available from  
3-5:15, Mon.-Fri.**

**Kindercamp will be  
9 a.m. -12 noon**

## JO AND BOB BELIN RUN TOGETHER, ENTERED IN BOSTON MARATHON

*by Stan Saxe*

**A**t 4:00 am one early January morning this year Jo and Bob Belin scraped ice from their car windshield in Orlando, Florida to drive to the start of the Walt Disney Marathon. Jo and Bob together ran their first marathon race ever.

As two of the 20,000 entrants for the race Jo and Bob finished in the top 4,000. They ran together at a pace which allowed them to talk to each other, hoping to finish the 26.2 mile course under 5 hours. The Lexington couple not only completed the marathon in 4 hours, 51 minutes but Jo finished 12th in her age group (55-59 years) and Bob was 38th in his age group (60-64 years).

How did these Lexington residents decide to run a marathon as mature adults? It began about 6 years ago when Bob, a pediatric surgeon and Jo, who manages Bob's office decided to begin walking as a healthful exercise. Bob said "It took a lot of time" so the couple began running. Jo said running was an activity "We really enjoyed, it was fun and could be done together".

Bob, a native of Quincy, Massachusetts is also known as "The Yankee Clipper" because he provides his surgical skills as a mohel, or one who can do ritual circumcisions, for families in Central Kentucky beginning several years ago when the Cincinnati mohel was no longer travelling to Lexington.

The Belin's first race was a 5K run at a pediatric surgery meeting where both finished with good times - Jo placed third among women in her age group. Two years ago Jo and Bob began running the Lexington Fourth of July 10K run (6.25 miles). They also ran the Bluegrass State Games 5K run in 1999 and in 2000 where son Bruce and daughter-in-law Rachel ran with them. Jo, a native of Norfolk, Virginia, said her prior experience in competitive athletics was as a cheerleader in high school.

Recalling that he had seen 65 year old marathoner Clarence DeMar run in the Boston Marathon when Bob was 10 or 11 years old, and prompted by a neighbor in his 70's preparing to run a marathon in Hawaii, Bob thought marathon. The Belins entered the lottery for the New York City marathon for November 2000 but only Jo was picked. She declined to run without Bob. They were both successful, however, in being accepted for the Disney Marathon in Orlando in January 2001.

The Lexington couple began a 16-week marathon-training program available on the Internet. They ran 3 to 5 miles per day with one long run per week for the last ten weeks of the training. "Long run" means 10 to 20 miles. Jo and Bob are back in training preparing for the Boston Marathon on April 16, 2001, the day Patriot's Day is celebrated as a holiday in the Boston area. A race of obvious significance for "The Yankee Clipper" and spouse. April's race will be the 105th annual running of the Boston Marathon.

Jo and Bob have three children. Dottie and her husband Andy Nick are parents of Jo and Bob's three grandchildren: Jordan 7, Alex 5 and Sophie 2. The Nicks live in Rye Brook, NY. Son Bruce and his wife Rachel recently moved to Lexington where Bruce specializes in colo-rectal surgery. Daughter Ruth, also a physician, lives in Baltimore, Maryland.



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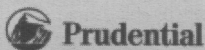


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## ISRAEL, ELECTIONS, AND CROCODILE TEARS

By Daniel Chejfec, Executive Director  
Central Kentucky Jewish Federation

I am writing these lines on the day after the Israeli elections, the results of which came as no surprise at all – Sharon won by a landslide. Much can be said as to why Barak lost, or why so many Israelis turned to the right wing, but let us hold that for a minute and review some notions about the Israeli political system.

First, the election is not the end but the beginning of a process. According to Israeli electoral law, following the electoral polls for Prime Minister, the President of Israel charges the leader of the political party which obtained the most votes - in this case Likud - with the task of forming a government. The complete slate of ministers and secretaries must be presented to the Knesset for approval within 6 weeks. In case the government is not approved by a minimum of 61 members of the Knesset, the President has traditionally granted an extension of 4 to 6 weeks. If after this extension the Prime Minister elect does not manage to form a government that the Knesset approves, two options are open to the President: either entrusting the leader of the party receiving the second largest number of votes (Barak's in this case) to form a government, or recommending that the Knesset dissolve itself and call for General Elections, which involves election of Knesset members as well as the Prime Minister. In the current situation, if the latter option happens, the balance of power between One Israel (Barak) and Likud (Sharon) is likely to change in favor of Likud. In that event, another player, Benjamin Netanyahu, implied that he would be willing to consider being the Likud candidate for Prime Minister. As I said before, the elections are just the beginning.

The second issue is that of Yasser Arafat and the Palestinian leadership. Palestinian leaders know the Israelis as well as Israeli leaders know the Palestinians. Forced into reluctantly living together for the last 30-odd years, they know each other's hot buttons by heart. When Arafat says "there was never a Jewish temple at

Haram-Al-Shariff (Temple Mount)," he knows in advance what the Israeli reaction is going to be, so he can use it to derail the process when it is convenient for him. On the other hand, when Israelis insist that "Palestinians have no right to return to present-day Israel," they are also very aware of the reaction they will get. Israelis and Palestinians are enemies, but they are certainly not strangers to each other.

Having said all this, let us face the facts. The Palestinian authority has been encouraging violence since mid-September of last year to a larger extent than usual. They have called for Palestinians to "strike the Jews" wherever they find them. Bir-Zeit University in Ramallah, an official Palestinian University, recently conducted a poll that shows that a full 65% of Palestinians believe that it is legitimate to attack Israeli and American targets anywhere, whether military or civilian. Arafat himself justified the recent execution of the two Israeli owners of a restaurant in Tulkarem as "valid action." Arafat knew that under the present circumstances, he was undermining the Barak government and pushing the Israeli public into the Likud camp. Chairman Arafat is probably many things, but he is not naïve nor is he ignorant in the ways of politics. Arafat did, in a way, vote in the recent Israeli elections. The leader he wanted was elected - one that he can claim is not willing to negotiate, allowing him to continue his campaign of terror.

But Mr. Arafat miscalculated, for Sharon, or eventually Netanyahu, is, in fact, suing for peace under the same guidelines that Rabin presented originally - guidelines that were stipulated in the PLO-Israel Declaration of Principles of September of 1993.

To my "cousin" Arafat, let me say to him that I regret his lack of vision and commitment to real peace. American Jewry and probably the US government itself will stand steady in support of Israelis in their pursuit of peace, whether that peace is mutually agreed or unilaterally imposed. When that happens, cousin Arafat, just remember that after the crocodile eats her own eggs, it sheds tears, but those tears are self-inflicted.

## Music! Music! Music!

Ruth Poley

Save Sunday afternoon, April 24th for a great musical event. With sponsorship from the Central Kentucky Jewish Federation, the Lexington Community Orchestra, under the direction of Jonathan Roller, is presenting a program of music by Jewish composers. The program will include works by Copland, Bruch, and Gershwin, among others.

The performance will be at the Singletary Center for the Arts on the UK campus. It is free of charge and open to the public, and will be followed by a reception.

We are fortunate to have two well-known and talented soloists participating in this concert. Cellist Benjamin Karp, of the University of Kentucky School of Music, will perform Bruch's Kol Nidre. Alan Hersh, also a professor at UK, will play Gershwin's Rhapsody in Blue, a particular favorite

of his.

Alan Hersh has played extensively throughout the US and has appeared as piano soloist with many orchestras. Locally he has appeared with both the Lexington Philharmonic and the Lexington Community Orchestra. He is a professor of piano at the UK School of Music.

Benjamin Karp is the principal cellist of the Cincinnati Chamber Orchestra and also plays frequently with the Cincinnati Symphony Orchestra. He will be performing in Florence, Italy this June as cellist of the Leonore Quartet. He is currently professor of cello and director of chamber music at UK.

Jonathan Roller is in his eighth season and Music Director and Conductor of this orchestra. Formerly he has been Music Director of Conductor of the Denton (Texas) Chamber Orchestra, the Denton Community Orchestra, and several other community

orchestras and productions. He currently teaches part-time as Asbury College and is also Minister of Music at Harris Memorial United Methodist Church in Stanford.

The Lexington Community Orchestra was founded in 1990 to provide an opportunity for the many talented non-professional musicians in the area to play great music with a symphony orchestra. It is self-governed and non-profit and exists through the generosity of the musicians and its patrons. Many of its members are highly accomplished players, having previously played with the Lexington Philharmonic and the Kentucky Youth Orchestra. Others, while perhaps not as skilled, simply love to play the music of the great composers.

This is a unique opportunity to spend an afternoon enjoying the music of some great Jewish composers. Bring your family!!

## Dinner for the Lexington Singles



On February 10 a group of about ten singles in Lexington gathered together for an evening of food and fun. It was a progressive dinner/havdalah event that started off at Gabriella Pessah's home and moved to the home of Fran Morris. We ate delicious hors d'oeuvres and drank wine for 1 1/2 hrs. before moving on to the main course. Before dinner we said the havdalah prayers and then formed a circle for a rocking rendition of Eliahu Hanavi and Shavuot. After feasting on lasagna, salad and bread, we were too full to move to the next location for dessert. So, we changed the plan

and ate the wonderful treats that LisaMarie Price so generously made for us at Fran's place instead of Ed Kahn's. Thanks anyways, Ed. All in all, a FUN-tastic evening!



## "Why America Should Continue To Welcome Immigrants" Theme For 2001 HIAS Poster Contest

HIAS, the Hebrew Immigrant Aid Society, is proud to announce its seventh annual poster contest for new immigrant youth. The contest is designed to provide young people with the opportunity to give artistic expression to their feelings about their new country.

This year's theme asks participants to illustrate "HIAS' Next 120 Years: Why American Should Continue to Welcome Immigrants." The contest is open to youngsters between the ages of 4 and 15. There is only one entry per contestant and it must be on paper no larger than 20" x 24" (50 x 60 cm), in any medium - watercolor, crayon, pencil, oil, etc.

Submissions will be divided according to the following age groups: 4-7, 8-11 and 12-15. A panel will judge all works on the basis of creativity,

originality, technique, and relation to the theme.

The grand-prize winner will receive a \$1,000 U.S. savings bond. Three runners-up will receive special recognition prizes. All 12 finalists will receive a certificate of achievement and have their posters included in the HIAS calendar for the year 2002. Each participant will receive one of the calendars.

Entries should be mailed to HIAS Poster Contest, 333 Seventh Avenue, 17th floor, New York, N.Y. 10001-5004 and must be received by May 31, 2001.

The official entry form, which includes contest rules, may be obtained at the HIAS website ([www.hias.org](http://www.hias.org)), or call Fran Morris of Jewish Family Services of the Central Kentucky Jewish Federation at 269-8244.

## Former Lexington Rabbi Compares Jews, Mormons

Currently #6 on the best seller list in Utah, a new book on Judaism and Mormonism is co-authored by former Lexington Rabbi William J. Leffler, II. Rabbi Leffler is scheduled for a book signing in Lexington at Joseph Beth Bookstore Sunday, March 4, from 3-5 p.m.

Rabbi Leffler's co-author, Frank Johnson, was a Dartmouth college roommate who later converted to Mormonism. Realizing that most Mormons and Jews knew little about each others religion, the two former roommates joined in writing the book 'Jews and Mormons,' published by KTAV.

The book compares similarities and differences between the two religions. There are more absolutes in Mormonism, Rabbi Leffler says, while there are more nuances in Judaism. Mormons feel they are part of the House of Israel, but are now well informed about contemporary Judaism. Mormons are highly evangelical, author Leffler states, and take the Bible literally, particularly Genesis and Exodus.

Johnson and Leffler deal with the major differences in outlook of the two religions, based on decades of correspondence between the two authors.

Rabbi Leffler served Temple Adath Israel, in Lexington as its Rabbi for almost 22 years, from 1964 to 1986. He now lives with his wife Kathryn (Ki) in Kennebunkport, Maine.

## COLUMN MUSINGS

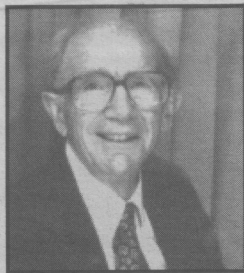
by Marcia Blacker

Thomas Wolfe (the 1930s author, not the Tom Wolfe of the 80s and 90s) had it wrong—you can go home again. I just got back from a few days in Omaha. Go ahead and laugh. Who goes to Omaha, Nebraska in February? Obviously, those of us who don't plan ahead very well! I may not have planned well (I've been to Florida in the summertime, too!), but the trip was wonderful.

Reconnecting with my past has somehow become a source of great comfort, and I think I'm trying to encourage others to do the same. Maybe Omaha in the 40s and 50s was the archetype of middle America. It was certainly a good place to be a Jewish teenager. The Jewish Community Center was directly across the street from the high school I attended, along with most of the other Jewish teens. Every day after school, we'd go to the "J" and head for the youth activities lounge. There was a jukebox, table tennis, Jewish Youth Council activities, a library, after-school classes—there was no shortage of things to do, or companions to do things with. Besides, my sister worked there and I could go to her office, drop off my books, and then head for my friends. I just realized that I was, in my senior year, the Editor of the Jewish Youth Council News. Evidently, I didn't know how to say "no" then, either!

I had breakfast with one of those friends during this visit, and we spent three and one-half hours talking. What was so special about that was that we didn't just talk about the past, but reconnected here in the present, as well. We'd picked up almost where we left off, and said goodbye to each other knowing that we'd continue to be in touch and enjoy our newly rediscovered friendship. It was a special feeling.

No doubt age has something to do with this sense of happy nostalgia. Maybe one finally reaches a stage in life where looking back is not painful or uncomfortable or embarrassing. Maybe there comes a time when you truly can go home again; you just have to wait a while to do it.



## WILL YOU VOUCH FOR VOUCHERS?

by Michael E. Adelstein

Vouchers are on the back burners now. But despite voter vetoes in Michigan and California, and court defeats in Maine, Vermont, Puerto Rico, and Cleveland, the issue of vouchers will move to the forefront. And in view of Wisconsin's Supreme Court's approval of Milwaukee's voucher program, the issue is a natural for the U.S. Supreme Court.

Interest in vouchers has been supported by the recent study of a team from Harvard, the University of Wisconsin, and the Brookings Institute researchers who concluded that "the black-white test gap could be eliminated in subsequent years of education for black students who use a voucher to switch from public to private school."

Another reason for the continuing support of vouchers is based on recent interpretations of the Constitution. Although the issue has been turned down in the courts previously mentioned, in many lower courts vouchers have been approved when properly structured. It is part of the breaking down of the wall separating church and state as exemplified in the Supreme Court's recent *Mitchell v. Helms* case.

In that Louisiana controversy, the court mainly ruled that public funds used to purchase computers for private schools were constitutionally permissible because they were not used to advance religion.

But perhaps most important in motivating public support for vouchers is a growing sense of social justice. People are more and more concerned with the concept of equality: providing better medical

care for all, better housing, better social security, and better nutrition for children and impoverished adults. Why not better education for the children of poor minorities? Unlike the wealthy who can afford to send their offspring to private schools, or the middle class who can move to excellent schools in the suburbs, the poor must often put up with crumbling inner city schools, uncertified or inexperienced teachers, and outdated textbooks and materials.

The proponents of vouchers, including Nobel prize winner Milton Friedman, claim another benefit, one stemming from competition. Just as American car makers improved their vehicles as a result of competition from

the Japanese, so the proponents contend that the public schools would improve as a result of the competition from private schools.

Finally, there is the self-interest of Catholics, the Christian Right, and many Jews. In the latter's view, the surest way to stem the tide of assimilation is to send Jewish children to Jewish day schools. An infusion of public voucher funds would enable many more students to receive a Jewish education. That may be the reason why a poll of Americans Jews found that 52% favor vouchers.

But many people question their use. These opponents are concerned about the wisdom of using public funds for nonpublic education. This reasoning is based on the First Amendment's Establishment Clause stipulating the separation of church and state. Once this wall is breached, people claim there will be no holding back the shifting of public tax dollars to private religious institutions.

Opponents also claim that the problems of poor schools could be solved through financing smaller classes and attracting more qualified teachers. Opponents believe that these reforms would provide a better solution to the schools' problems than money for vouchers.

My feeling is that some small voucher program should be instituted. I don't believe that the public schools will ever obtain sufficient funds to improve their buildings, schedule smaller classes, and attract better teachers. People will not pay additional taxes, not even for schools.

Consequently, I believe that vouchers are the only answer. But they should be federally financed with extra funds, not with money from school budgets. And they should be limited to those indigent parents' children demonstrating the interest and the ability to do excellent academic work. For example, some outstanding fourth graders in poor public schools might be awarded tuition money for private ones.

As for the difficult Constitutional church-state issue, the Supreme Court might find precedence in the GI Bill, which I took advantage of after WWII. As veterans, we received government money to go to any college, even Notre Dame, Baylor, or Yeshiva. Similarly, tuition money could be awarded to children for private schools.

So here's a vote for a minimal voucher program. Anyone disagree?

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We have designed CKJF's web site!

## HADASSAH FUNDRAISING COMMITTEE UPDATE

Lexington Chapter of Hadassah's Fundraising Committee would like to extend a heartfelt THANK YOU to everyone who participated in our very successful Donor Phonathon. And we extend special gratitude to the following people who helped make it such a success: Aida Fine, Marilyn Moosnick, Janice Newman, Alisa Levine, Evelyn Geller, Vinnie Dubilier, Judy Saxe, Judy Baumann, and Gail Cohen.

Thanks also to SunCom and Terri Deluka for their generous donation of ten cellular phones, allowing us to reach more people in a

short amount of time. And we have Steve Caller to thank for contributing the use of his facility and phones.

Our next big fundraising project will be an auction in the spring. Please let us know what product or service you would like to donate. And you can help make the auction as successful as the phonathon by participating in the planning and implementation. Just call and volunteer.

Thanks again to all! We look forward to hearing from you!

Carol Felty - 263-8136

Angie Newman - 245-5622

## CKJF LEISURE CLUB UPDATE

By Annette Milch, Leisure Club advisor

**P**LEASE Join us at Temple Adath Israel on March 15, 2001 at 11:45 a.m. for a POTLUCK LUNCH. Bring a vegetable, salad, fruit or dessert dish to share. We will provide salad dressings, cottage cheese, bagels, cream cheese, coffee, tea, etc. The Program will be "WHAT IS J.F.S.?" by Fran Morris.

We are considering having a contest to rename the Leisure Club. So put on your thinking caps and come up with some good ideas.

Ruth is recovering from cataract surgery. She had one eye operated on in December and the second eye done in January. Join me in wishing her a speedy recovery.

Natalie Sherman is recovering from a fall in which she suffered a broken leg. Join me in wishing her a speedy recovery also. She is now at home.

Hope you can all come and shmooze with us. RSVP to the CKJF by Monday, March 12, at 269-8244 regarding the upcoming potluck lunch.

# Central Kentucky Jewish Federation Leisure Club Potluck Luncheon

Please Join Us

Fran Morris will discuss Jewish Family Services

Thursday, March 15<sup>th</sup>, 11:45 a.m.

Temple Adath Israel 124 N. Ashland Avenue

Bring a vegetable, salad, fruit or dessert dish to share.

RSVP by March 12<sup>th</sup> • 269-8244 (Fran)

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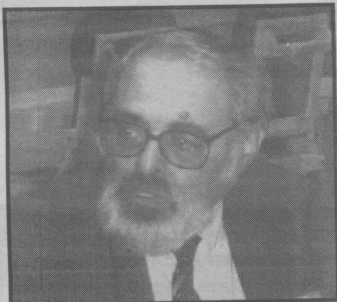
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Rabbi H. D. Uriel Smith

## RABBI'S CORNER Witnesses to Truth by Rabbi H. D. Uriel Smith

**T**ruth. As Rabbi Hanina said (b. Talmud, Shabbat 55a), "The hallmark of the Holy One is truth." The Hebrew word for "truth," emet (or as our Yiddish ancestors pronounced it, emes) has the same root as emunah, "faithfulness," "trust". When something or somebody is true, we can trust it, him, or her. So, how do we find the truth? One way is by independent witnesses.

How many witnesses are needed? The Torah (Deuteronomy 19:15) states, "A single witness shall not prevail ...; only on the evidence of two witnesses, or of three witnesses shall a matter be sustained." When deciding cases in a court, the witnesses must be persons thinking and acting independently.

Are two or three people enough? In court-cases dealing with individual lawsuits or crimes, of course they are. However, when we search for ultimate truths, we find that for the most part the personal witness of a few individuals is not sufficient. Rather, we have to accept fundamental processes, each of which allows the involvement of any number of persons. Each person is limited in time and space. A search for ultimate truth goes beyond those limits.

There are a number of ultimate processes that have served to identify and prove ultimate truths. I have found five such processes, each which is partially independent of the others: (1) logic, including mathematics; (2) experience; (3) public communication and argumentation; (4) individual gnosis; and (5) communally accepted revelation.

Each of these processes has served as a foundation for all truth, sometimes alone, sometimes in combination with other foundational processes. We need all five processes intercommunicating with each other. Otherwise we will be like swarms of different coloured ants, each swarming in another direction, and none knowing how to communicate. Or we will be like the Israelis and Palestinians, each living in totally different worlds, sometimes clashing murderously, even though they share the same physical space. By recognizing that all these processes apply, we can evolve through mutual dialectics various areas of common understanding.

Let us look at some of these processes, their successes and failures.

When I was a young man the schools of Logical Positivism and its successor, Logical Empiricism, were considered to be the philosophic basis for

scientific truth. The Positivists and Empiricists developed the verification theory of meaning, which gave logic and experience as the foundations for all meaningful statements, including all scientific statements. At a time when fascism, communism, and antisemitism were on the ascendant, these philosophers tried to find a purely objective basis for truth, a basis that could combat dispassionately those emotional and destructive systems. Pure logic and mathematics seemed to be the perfect candidates for objectivity. Publicly confirmable experience seemed almost as perfect. However, in logic they accepted only well-defined systems, refusing to acknowledge that much in the world is vague and ambiguous, and in experience they accepted only publicly proven experience, thereby missing the full power of love, anger, fascination, and fear.

Others, from the Phenomenalist and Existentialist schools, tried to obtain necessary truths from personal experience. In doing so they acted like a certain character described by Saki, who jumped on his horse "and rode off in all directions." Husserl discovers the phenomenal world by negating, by "bracketing," its full experience. Sartre was at times nauseated by the full experience of anything other than himself. In contrast, Buber discovered the fullest most wondrous life, the Eternal Thou, in full communication and dialogue with another. Despite all these differences,

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*"...in logic (philosophers) accepted only well-defined systems, refusing to acknowledge that much in the world is vague and ambiguous..."*

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*"...in experience (philosophers) accepted only publicly proven experience, thereby missing the full power of love, anger, fascination and fear."*

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the witnessing of all the Phenomenalist and Existentialist philosophers and artists has given us a much deeper understanding of existence. Each scholar has expressed something of the full range of personal contact with other beings and with the source of all being. Furthermore, if I understand correctly all that they have said, they (sometimes willingly and sometimes despite themselves) have clarified also the power of holiness, which we experience in contact with sacred items, in sacred rites and events, holiness as explained in the classical work of Rudolf Otto, The Idea of the Holy.. Buber was correct in claiming that through each I-Thou relationship we experience the Eternal Thou. Sartre saw only demonic powers (he

claimed "Hell is other people"), and did not realize that these also expressed the sacred.

Most of us cannot see this. Many of the Phenomenalist and Existentialist expressions (noetic and noematic, Being-in-Itself, Being-for-Itself, and Being-for-Others, I-it and I-Thou) can eclipse more than they express. Like a Zen koan ("What is the sound of one hand clapping?") you can understand these expressions only by repeated study, paying careful attention again and again as to how they are expressed. People who get all their information by short bites on TV and in electronic chat rooms cannot grasp these ideas. Therefore, despite the resurgence of mystical studies, few of us today really understand what is holy.

In the 1950's and 1960's, as democracies became prominent, the focus on objective processes was replaced by the more subjective processes of dialogue and argument. In a democracy people from different parties throw different proposals and ideologies into the marketplace of ideas, and let them compete. The strength of communication in democracies helped the "linguistic turn" to become the main theory in many schools of philosophy and criticism, including Pragmatism, Postmodernism, Structuralism, and Deconstruction.

The last two fundamental processes are gnosis and revelation. Gnosis has been accepted as a foundation by the school of intuitionism. Some see it as another

form of common sense, and will enlarge its range of influence. Others need first full support from the other fundamental processes, and see gnosis only as a filler of gaps in the foundations of knowledge.

Finally, revelation has been accepted by different

religious movements, including Judaism. The many religious movements give contrasting and competing religious goals, and means of moving towards those goals. The different revelations can form barriers between the various religious groups. Ultimately, people from different religious backgrounds can communicate with each other, but only with the aid of the other four fundamental processes.

How we develop each of these processes, and how we combine them to form a harmonious whole are questions which scholars from all religions and all sophisticated communities are still discussing. As Koheleth said (12:12), "Of making many books there is no end, and much study is a weariness of the flesh."

**Come one, come all!! It's Hadassah's 3rd annual Service Auction (both Silent and Live).**

**This year's location is: Temple Adath Israel  
Date: Saturday, April 21st  
Time: beginning at 7pm**

Everyone is invited. Bring friends and spouses. Refreshments are provided. A sample of auction items includes: gym membership; deluxe accomodations at Hilton Suites; dinners at fine restaurants, and much more! No reservations are required. We will just plan on seeing everyone there. Admission cost: is a wrapped item valued at \$12 or more to be auctioned live that night. For additional information: Call Nancy Menard, President at 269-8447



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*With little children you don't get sleep, with bigger children you don't get rest.*

*Yiddish Proverb*



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It can be easy to be emotionally detached from elderly people in failing physical or mental health. We are sad to see them suffering or losing their powers, but at the same time it is possible to see the person as simply a man or a woman who is aging. Until this happens to my own parents or those of my spouse, the aging of another may not have much emotional impact on me.

It is impossible to view my parent as merely "a man" or "a woman," and no amount of reading about aging parents can fully prepare me emotionally for my relationship with my own mother or father who can't hear my one liners anymore, who requires 2 hours of my time to travel with me to the hardware store, who can't call me because she can't remember how to push the programmed button on the phone.

I have personal and professional experience with young old and old old adults as a member of the next generation and as a counselor to people in later life who are having to deal with these realities. Call me if you think a psychologist may be of some help.

**Harwell F. Smith, Ph.D.**  
 Licensed Clinical Psychologist  
 Board Certified in Clinical Psychology  
 276-1836

**ASK JFS**

*Ask JFS is a monthly advice column with questions from members of the community requiring assistance with a wide range of issues. If you have a problem or a concern that you would like addressed in this Shalom column, please send your queries to: Ask JFS c/o Jewish Family Services, 340 Romany Road, Lexington, KY 40502. You can also call in your confidential questions at 269-8244 or email them to us at JFS@JewishLexington.org.*

Dear JFS,

I am happily expecting my first baby in two months. While this is a very exciting time, I am also a little apprehensive about all the work that lies ahead. I want to be as prepared as possible when the baby arrives. I was wondering if you know of any resources for new mothers in the Lexington area that I could contact now while I have some time.

Expectant Mom

Dear Expectant Mom,

Congratulations! This is an exciting time indeed. Be sure to send us your name and address so we can send you a new baby basket through one of the Tikkun Lexington initiatives. There are several options for you to try once the baby arrives. Twin Pines Church and Hillendale Church both hold support groups for new mothers. Call the churches for more information. We highly recommend a program sponsored by Temple Adath Israel called Bagels and Blocks for mothers of infants aged 0-24 months every Tuesday

morning from 9am-10:30am. Call Sandy Adland at 269-2979 for more information.

When the baby gets a little older, he/she will be eligible to join the Gan Shalom preschool program for children aged 18 months to 5 years sponsored by Ohavay Zion Synagogue. You also have the choice of enrolling your child in the Temple Adath Israel preschool program when your child turns age 2 1/2. Also, at age 2, you and your child can join the Al Galgalim program centered around the Jewish holidays sponsored by Hadassah and Jewish Family Services.

If you would like some help with breast feeding and other related issues, you can call members of Le Leche League. The national number to call is 1-800-525-3243.

Remember, you can always call the JFS office at 269-8244 for a personal meeting to discuss further options. Best wishes and Mazel Tov!

JFS

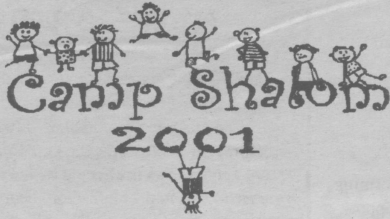
**Susan Goldstein leads women's art project**

Ceramics artist Susan Goldstein joins five other artisans showing their work at "Art to Nourish the Body and Soul" on Thursday, March 22, from 5-8 p.m. at Temple Adath Israel, 124 N. Ashland Ave.

The group of artisans will provide background music and snacks as they present their works for sale. Proceeds are to benefit a women's charity of the artisans' choice. In addition to ceramics by Susan Goldstein will be jewelry by Jamison Brumm and Robbie Moriarty, silk by Kim Del Ray and soaps and lotion by Kathy Haynes-Ellis. Feminist poetry by Gayle Waddell and harp playing by Barbara Pierpoint will be featured.

*If your time has not come, even the doctor will not succeed in killing you.*

*Jewish Folksaying*



**July 30th - August 10th, 2001**

*Sponsored by the Central Kentucky Jewish Federation*

# Camp Shalom 2001

Camp Shalom, the Central Kentucky Jewish community's summer camp is back again with more activities and much fun and learning for children 4 through 10 years of age.

Jewish themes are part of this unique camp experience through music, games, drama and art, making it fun to be Jewish in Central Kentucky. The program is open to all children who want to participate in this great experience!

Our Camp Director and counselors, supported by other Adult specialists in Arts and Crafts, Physical Ed and more, will make sure that all campers have the best time.

Camp Shalom runs for two weeks from July 30th to August 10th at the Lansdowne Club in Lexington, Kentucky.

Our 4-year-olds attend Kindercamp from 9:00 a.m. to 12:00 Noon, and campers 5-year-old and up attend from 9:00 a.m. to 3:00 p.m.. Early drop-off will be available starting at 8:30 a.m. every day, and for the older campers we offer an extended day option from 3:00 p.m. to

## CAMP CLASSIFIEDS

### LOOKING FOR A FEW GOOD COUNSELORS

We are looking for some enthusiastic counselors (13 or +) to work with 4-10 year old this summer. Field trips, Nature walks, arts and crafts, pool. This is your chance to have a great experience and have fun !!! - contact CKJF at 268-0672 for information

### DID YOU KNOW... ?

That this year at Camp we are offering swimming and Tennis Classes ?

Children are enrolled on a weekly basis

Let Camp Shalom give your children two weeks of fun and a lifetime of memories !

**SPACE IS LIMITED AND ALLOTTED ON A FIRST COME BASIS, SO FILL OUT THE FORM AND RETURN IT TODAY !!!**

### CAMP SHALOM 2001 APPLICATION July 30 - August 10, 2001 at the Lansdowne Club

Parent's Name \_\_\_\_\_ Home Phone \_\_\_\_\_  
Address \_\_\_\_\_ Business Phone \_\_\_\_\_  
Child's Name \_\_\_\_\_ Age \_\_\_\_\_ Birthday \_\_\_\_\_

Please enroll for Camp Shalom (5-10 yrs. old):

Week 1: 7/30 - 8/3 X \$135 = \_\_\_\_\_

Week 2: 8/6 - 8/10 X \$135 = \_\_\_\_\_

Extended Day Option X \$40 = \_\_\_\_\_

Total Tuition = \_\_\_\_\_



Please enroll for Kindercamp (4-10 yrs. old)

Week 1: 7/30 - 8/3 X \$70 = \_\_\_\_\_

Week 2: 8/6 - 8/10 X \$70 = \_\_\_\_\_

Total Tuition = \_\_\_\_\_

**NON-REFUNDABLE \$50 PER CAMPER DEPOSIT DUE WITH APPLICATION BY JUNE 25, 2001**

**BALANCE DUE BY JULY 31, 2001**

Please make checks payable to CKJF, 390 Romney Road, Lexington, KY 40502

## The Women's Community Seder

**B**ack by popular demand, this year's Women's Community Seder will be on April 12, 2001, at 6:00PM at Ohavay Zion Synagogue.

Last Passover, more than 70 women of all ages and from all areas of our Jewish community came together for an evening of joyous celebration. It is no exaggeration to say the event received rave reviews. A few sample comments from evaluations of the evening:

"The seder was outstanding. It was a very special evening and had everything you could want in a women's seder - it was meaningful, spiritual, informative, sensitive, musical and nurturing of everyone's spirit."

"It was wonderful that women from different parts of our Jewish community in Lexington were able to come together to take part. Thank you for

making this possible."

"A wonderful combination of traditional and contemporary rituals."

"A very positive, fun, and spiritually rewarding experience. It's wonderful to see that women from across the whole community can join together, work together, and benefit together."

The committees for this year's seder are forming, and could use your help! Please contact the appropriate committee chair(s) to sign on:

### Set-up and Clean-up

Janice Newman - 272-6807

### Food preparation

Judy Baumann - 223-1299

### Publicity and Registration

Toni Reiss and Sandy Adland - 269-2979

### Seder service

Deborah Isenstadt and Judy Levey - 269-5542

## NEWS BRIEF

A group of doctors in the United States identified the genetic mutation that causes familial dysautonomia, a neurological disease that affects Ashkenazi Jews in disproportionate numbers. One in 3,600 Ashkenazi Jews is affected by the disease, which leads to problems with heart rate and blood pressure, and the failure to develop taste buds and tear properly. In a related development, the Dysautonomia Foundation announced screening tests for people at risk for the disease at NYU Medical Center and Mt. Sinai Hospital in New York, and at the Hadassah Medical Organization in Israel.



## B'tay Avon (Hearty Appetite) and Chag Sameach Purim

submitted by Evelyn Geller

Purim is a wonderful holiday for dessert lovers. We can argue about, and taste, the relative virtues of a range of sweets baked just for this one festival. But there are two aspects of Purim that are much more important than the food. First is that we are enjoined, by our reading of Megillat Esther, to remember always how precious it is to be free from religious stigma and persecution. When we read of the bravery of Mordechai and Esther, who faced death in order to save their fellow Jews from annihilation, we learn that the freedom of a people often depends upon the action of individuals. The second feature of note, and I admit my bias, is that it is one of the few times that our annals credit a woman with a leading role in an historic event. So let each of us celebrate this holiday first by renewing our commitment to the concepts of Purim freedom and egalitarianism for all people. Then we can "nosh."

The recipes included here are from *The Jewish Holiday Cookbook* by Gloria Kaufer Greene [Times Books (a division of Random House), 1985]. One is for Hamentashen, which most of us eat traditionally, and the second is for the lesser-known Orehas de Haman (Haman's Ears), a Sephardi delicacy.

### HAMENTASHEN

This recipe is for the dough only. The commercial fillings that are available (e.g. poppyseed, prune, apricot, etc.) are quite good. Just avoid using preserves or jam, unless you don't mind the filling melting and running over the pan during baking.

Preheat the oven to 350 degrees and use either a greased or nonstick cookie sheet as the baking pan. Use an electric mixer at medium speed for the first two steps and then add the dry ingredients by hand.

Cream together until light and fluffy:

1/2 cup parve margarine

1/4 cup packed brown sugar (light or dark)

1/4 cup honey

Beat in thoroughly: 2 large eggs

1 tsp. vanilla extract

Mix in until completely combined: 1 tsp. baking powder

1/2 tsp. baking soda

2 1/2 cups unbleached all purpose white flour (half may be whole wheat)

Shape the dough into a thick flat circle, wrap it in plastic wrap, and refrigerate it for several hours or overnight. (If wrapped very securely, the dough may be kept in the refrigerator up to three days.)

Roll out the dough, half at a time, until very thin - about 1/8 of an inch thick. Cut into circles about 3

inches in diameter. On each circle put a generous teaspoonful of filling and fold up the edges of each circle in thirds to form a triangle. Pinch the edges together tightly, leaving a small opening in the center to allow steam to escape during baking.

Place the hamentashen about an inch apart on the baking sheet and bake in the preheated oven for about 15 minutes, or until lightly browned. Cool on a wire rack and ENJOY.

### OREJAS DE HAMAN

This recipe requires you deep fry the cookies in vegetable oil in an electric deep fryer, a wok, or a large deep frying pan. The oil in the latter two containers should be at least 1 1/2 inches deep. Put the oil in the cooking utensil before you start preparing the dough, but don't heat it until the recipe so instructs you.

In a medium sized bowl, use a fork (a whisk incorporates too much air) to beat together:

1 large egg

1 Tbsp. vegetable oil

1 1/2 Tbsp. ice water

1 1/2 Tbsp. granulated sugar

1/2 tsp. baking powder

pinch of salt

Gradually work in, using the fork at first and then - as necessary - your fingers about 1 cup

unbleached all purpose flour (do not substitute whole wheat) Turn the dough out on a lightly floured surface and knead well for 3 or 4 minutes, or until the dough is very smooth. Wrap the dough in plastic wrap and let it rest at room temperature for 30 minutes. On the lightly floured surface, roll out the dough until it is very thin and transparent, no more than 1/16 inches thick. If it becomes resistant, cover with plastic wrap and let it rest for a few minutes. Then continue rolling it out. Heat the oil until it is very hot, about 375 degrees.

While the oil is heating, use a pastry knife with a serrated edge, or a very sharp knife, to cut the dough into strips about 4 inches long and 1 inch wide. Pick up the strips, one at a time, twist each once or twice, and drop carefully into the hot oil. The "ears" will puff up almost as soon as they are dropped into the oil. Fry only a few at a time so they do not touch one another during the cooking process. They should turn a light brown in about a minute, at which point you remove them with a spatula or slotted spoon. If you are fortunate, you will have a frying basket that makes removing the "ears" much simpler. Drain well on paper towels that have been laid out over a rack - the oven rack does very well.

When all of the "ears" are fried and drained, coat them with sifted powdered sugar. On the off chance that any are left, store in an airtight container.

Thank you  
On behalf of the Jewish community of Central Kentucky

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Rabiner, Abe  
Radomir, Leonard  
Regenstreif, Herb / Levy, Charlotte  
Rosenberg, John & Jean  
Rozenberg, Jerzy  
Scher, Libby  
Scher, Stanley & Phyllis  
Schermer, Dale & Elaine  
Sharer, Sharon  
Sherman, Lawrence  
Shochat, Dan  
Siegel, Malcolm & Carolyn  
Smith, Carey & Nancy  
Smith, Hanna  
Spiegel, Charles & Jane  
Stein, Ed  
Stern, Charles  
Stern, Irving Jr. & Sybil  
Szekel, Emilie  
WKYT-TV  
Wides, Sue  
Wolff, Carla  
Wumser, Rosa Rita

### 1 - 99

70 Anonymous Gifts  
Alkhasov, Shebetey  
Aminoff, Deborah  
Amster, Leon  
Baer, Harold  
Bales, Janice  
Bashkites, Mihhail  
Bashkites, Rachel  
Bayer, Leo  
Benblatt, Eleanor  
Biel, Michael & Sheila  
Boggs, Sylvia  
Brown, David & Marcia  
Buckholtz, Ann  
Burrell, Michael  
Cazden, JoAnn  
Charash, William & Lori  
Chassen-Lopez, Francie  
Clewell, Diane  
Crane, Janice  
Crone, Mary  
Doctrow, Robert  
Domatov, Gregory & Elena  
Edelstein, Sidney & Gladys  
Elias, Evalynne

### Ellsworth, Robert & Cindy

Elhove, Louis  
Engel, Ed  
Fleischman, Ron & Mickey  
Frankel, Harold & Kaye  
Freedman, Rebecca  
Friedman, Theodore & Fran  
Gerall, Barry & Linda  
Gewirtz, Robert & Amy  
Glixon, David & Helen  
Godhelff, Myer & Virginia  
Goldis, Izzy & Nina  
Green, Sylvia F.  
Greenberg, Richard & Vickie  
Guter, Flora  
Halleck, Dorothy  
Harper, Len & Teri  
Harrison, Ricki  
Heymann, Marvin & Sandy  
Hitch, Sue  
Hoover, Garry  
Kaufman, Stuart & Nita  
Kerns, Lila  
Kranman, Steve / Aminoff, Deborah  
Lach, Mike & Edith  
Lazar, Eric & Jana  
Leff, Sydelle Meyers  
Levenson, Andy & Cheryl  
Levenson, James Jr. & Rose  
Liebman, Dan & Elizabeth  
Lonsbury, Ilse  
Meegan, William J  
Menard, Nancy  
Miller, Connie Jo  
Miller, David & Judy  
Parker, Jay & Polina  
Pessah, Gabriella  
Pessin, Frances  
Popkin, Jeremy  
Pulmano, Ellen  
Olster, David  
Orbach, Robert  
Rakes, James  
Rakes, Susie  
Reikin, Richard  
Roitman, Joel  
Scarr, Mark  
Schloss, Cheryl Gersch  
Schumacher, Beth & Scott  
Schwab, Mollye  
Seder, Vladimir  
Sherman, Harold & Marianne  
Shoss, Deb  
Siegel, Mimi  
Sobel, Di / Smith, Greg  
Sogin, David  
Starr, Brenda  
Stepman, Neil  
Stout, Bobbi  
Strauss, Louis & Judy  
Strugatsky, Igor / Tierman R.  
Swan, Marilyn  
Swanson, Mark / Schoenberg, Nancy  
Szekely, George & Laura  
Thor, Gary & Sandy  
Waldman, Lester & Ida  
Waller, Greg & Robin  
Waxman, Steve & Gail  
Wickler, Ada  
Wile, Louise  
Wilson, Jennie  
Yarnberg, Carla  
Zimmerman, Rick & Leanne

On behalf of the Jewish community of Central Kentucky we thank all those who helped us get the resources to meet the needs of our people.

With \$322,456 from 456 contributors, the 2000 UJC/CKJF Community Campaign is the second largest in our recorded history.

A very special thank you to Campaign Co-Chair Leon Cooper and Edie Goldman as well as to the members of the Campaign Cabinet:

Richard Char  
Sue Soria

Heleny Chalk  
Robert Jovanoff Adelfer

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Molly Hoffman

Senior Society Co-Chair  
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Judy Leff  
Francie Stern  
Dorothy Saxe  
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Arlene Hight  
Robert Wumser

## COMMENTARY *By Kathie Kroot*

It never ceases to amaze me how often I find myself appreciating how the Torah enters into my daily life. In teaching the Dalet Class at Ohavay Zion Religious School, I recently reviewed the portion Vayeishev. The portion of Vayeishev tells the Joseph story, the dreams, and the coat of many colors, his brothers, slavery temptations from Potiphar's wife, and imprisonment. Stuck in the middle of the portion is Tamar's story of playing the prostitute. Tamar's story is what our Joseph spoke about at his Bar Mitzvah. He chose Tamar because she had to find a way to accomplish her goal, despite obstacles in her way. She moved forward with her plan despite the danger to her life, and she succeeded.

So, too, in this week's portion, we find once again that moving is required of the Israelites. In last week's portion we find that Pharaoh let our people go. This week God has led them to the sea with Pharaoh and his army close behind. What do the Israelites do, but start to complain. Moses tells them to hold their position and God will do battle for them. But God chastised Moses telling him, "Tell the Israelites to go forward. And lift up your rod" to split the sea. The Midrash tells us that the waters did not split until the Israelites actually put their feet into the water. The Israelites, like Tamar, had to take action despite their fear. The portion continues with the Israelites kvetching when they arrive at Marah because the water was bitter. God shows Moses a piece of wood and Moses throws the

wood into the water and it becomes sweet. They kvetched again there was no food, and God provided food, but they had to gather the manna themselves. Throughout this portion action is required. Finally in the section I will read later, Moses hold his hands up during a battle led by Joshua. As long as his hands are up, the battle goes well, his hands fall, the battle does not go well. Moses' hands become heavy and he needs Aaron and Chur to hold his hands up until sunset when Joshua defeats the people of Amalek.

In this reading, I am reminded of how this community held up our family when Joseph died. You were there when we faced that obstacle. And when a few weeks later, social Services asked for a fosterhome for two Jewish children, no would have said a word, if we had said 'no'. We almost convinced ourselves that it was OK to continue mourning for Joseph, when David reminded us that Joseph's room was empty and we had room. We had to move forward. The congregation was again there for us and welcomed the two girls we were asked to foster, March 17, 1997. You gave us clothes, you invited them to your homes, you were patient with them. Now nearly four years later, we have adopted them and they will be permanent part of our congregation.

Julia has said that she and Kelsey were sent to replace Joseph. As adults we know that no one can replace another person, but Julia and Kelsey will certainly enable us to move forward as they con-

tinue to grow. Already, Kelsey is physically bigger than any girl we have raised. We have had to learn that even at 12 a girl can grow 3 sizes from September to December. Shalom can still wear her Bat Mitzvah dress (13 yrs later). Kelsey's kindness has won the hearts of many of the younger members of the congregation. Parents ask her to help with children on Shabbat and other congregational activities. She takes this seriously, she plans projects and brings books to accomplish her tasks. Kelsey began Hebrew just this past year; already she is starting script. She is way a head of me. I guess to move forward I will need to be more attentive in my own Hebrew studies. Maybe she will encourage Lou to return to his Hebrew studies and move forward. Julia loves being Jewish, and takes great pride in learning Hebrew. She not only has worked well in Hebrew Class, she has requested a tutor and worked hard with Elizabeth and Teddy. She has even helped me with my Torah portions. Today, since she has been to the mikvah, she will be allowed to read from the Torah. She, too, is moving forward.

Last week we attended a conference for families of organ donors. As a group we were asked how the process could be improved. While many technical suggestions were given, uniformly, families were grateful for the opportunity to help others move forward and change lives.

Life is full of obstacles and this portion reminds us that in every generation there is a need to move forward. How we face our obstacles is dependent on our own goals, motivation, and the support we receive from our family and community.

As we study this portion, may we all find a way to move forward despite whatever obstacle we may encounter. And let us say Amen.

**Express your opinions. Let your views be known. Share your thoughts and comments with your community. Please submit your Letters to the Editor to: CKJF, 340 Romany Road, Lexington, KY 40502.**

## The Tikkun Lexington Volunteer Initiative

*by Lisa Miller, Coordinator of Tikkun Lexington*

**T**he Tikkun Lexington Volunteer Initiative has come together like a mosaic. The primary objective is to identify the needs of our Jewish Community and to fulfill each of them. From this evolved the notion that realization of this objective allows individuals to perform mitzvot. Ours is a system that encourages and reflects the best of a community working toward Tikkun Olam (world repair).

Tikkun Lexington is composed of 15 individual volunteer tasks. There is a range of one-time service projects as well as several ongoing mitzvah opportunities. One can work solo or with a team. The Stewart Home School (see sidebar) is a fine example of the spirit of Tikkun. A team of volunteers visits the school in Frankfort quarterly, bringing holiday festivities to 60 Jewish students who live with 340 Christians.

Team effort is apparent here as the Baking/Cooking volunteers will be preparing dozens of

hamenstaschen for the upcoming Purim celebration at the home. (Baking volunteers are not required to attend the events for which they bake.) Enhanced by the occasion's traditional fare, the visiting team brings much more than their own good intentions to Frankfort; they bring the full spirit of community.

In the fall we will look forward to a youth program of *Bikkur Cholim* (visiting the sick). Teens, along with their parents, will enjoy a training program that enables regular visits to our community members in nursing homes. The training will be a key aspect of this program and our own Tikkun volunteers will supply the expertise.

Our list of complimentary tasks goes on and on. Just as one individual can not carry the entire weight of Tikkun Olam, neither can one isolated mitzvah. We are a culture of Tikkun, and our program is so aptly named. Our Tikkun Lexington mosaic is much more than a worthy plan to serve, it is us.

*The Stewart Home School, located in Frankfort, is a functional school for 400 cognitively challenged adults. It has a reputation that is world renowned. 15% of the students are Jewish.*

## Jews in Martinique

General Population 384,000; Jewish Population 90

### History

The first Jews settled in Martinique at the start of the 17th century, establishing themselves in Dutch commercial outposts. In 1667 a synagogue was founded. However, the Jesuit opposition to Jewish settlement produced an order by Louis XIV expelling the Jews from the French islands in 1685. Most of the 96 remaining Jews in Martinique left for Curacao. In the 1960s and

1970s, Jews from North Africa and France settled in Fort de France.

### Communal Life

The community maintains a synagogue and community center. The latter includes a Talmud Torah, youth club, and chevra kaddisha. Kosher food is available, and there is a store that sells only kosher products.

*The President of the first Jewish community of refugees from Brazil, Benjamin da Costa d'Andrade, learned cacao processing from the local Indians. He produced cacao pills and exported them to France under the name of "chocolate."*

## ONE WORLD FILMS

films that sharpen insights and broaden horizons

### 2001 Schedule

#### VOYAGES

Sunday, March 4

2 pm, Central Library Theatre

Directed by Emmanuel Finkie, 1999 in French, Yiddish and Polish with English subtitles (followed by a reception) free parking in Park Plaza garage.

Voted best Feature Film at the Jerusalem Film Festival, *Voyages* tells three linked stories focusing on the lives of three elderly Jewish women who find themselves facing new situations while struggling to make sense out of their history. This is a film about the Holocaust, but one that is set in the present and concerns itself with the aftereffects of that time period.

#### MISSISSIPPI MASALA

Wednesday, March 7

7 pm, Lexington Community College, 230 Oswald Bldg.

Directed by Mira Nair, 1992 (followed by a panel discussion) free parking behind LCC

Indians and other Asians were forced to leave Uganda in 1972 and many settled in the American South. This 2 hour film centers on a family that has lived in Greenwood, Mississippi managing a road side motel and participating in a community of other Indian families. Growing up in this country and feeling more a part of the American culture than her parents, daughter Mina becomes interested in dating Demetrias, an African American. Both families struggle to come to terms with their blossoming relationship. *Mississippi Masala* is a love story that also gives the viewer a glimpse into the lives of Indian immigrants. It addresses issues of cross cultural relationships and the various guises of racism.

*The Central Kentucky Jewish Federation is a co-sponsor of One World Films.*

## Abraham Beame dies at 94; New York's first Jewish mayor

Abraham Beame, the first Jewish mayor of New York, died Saturday at 94 of complications from open-heart surgery. The son of Polish Jewish immigrants who grew up on the Lower East Side and attended City College, Beame was mayor between 1974 and 1977. His tenure was plagued by New York City's worst fiscal crisis. The hard-working Beame's story is a quintessential tale of the 20th-century Jewish immigrant experience. He was born in London to Polish Jewish parents who had fled Warsaw, then part of Russia. His father, Philip Birnbaum, was a revolutionary who went directly to New York. His mother, Esther Goldfarb Birnbaum, stopped in England, where Abraham was born. In New York, the family changed its name to Beame. Beame's mother died in 1912; his father soon remarried. Nicknamed "Spunky" as a boy, Beame grew up in a tenement, where one of his early jobs was to go through other apartments waking people who had no alarm clocks. At the age of 15, he met Mary Ingerman at a Lower East Side social services center. Seven years later, after he had earned his accounting degree from City College, the two were married.

The couple had few expensive tastes and lived plainly, even after achieving prominence.

From 1929 to 1946, Beame taught accounting and laid the groundwork for his career in the city's political machine. Throughout the 1930s and 1940s, both Beame and his wife were active in local Democratic politics. In 1946 he was appointed assistant budget director for New York City, and was promoted to budget director in 1952. In 1961 he was elected city comptroller, and in 1965 decided to run for mayor. But in a race that featured two

telegenic candidates — John Lindsay and William F. Buckley — the 5-foot-2-inch Beame was defeated. He was re-elected as comptroller in 1969, and ran for mayor again in 1973. This time, the quiet, self-effacing Beame, who was backed by Democratic Party bosses, won. Almost as soon as he took office, however, Beame was faced with a fiscal crisis caused by years of overspending. Convinced that they city was a bad risk, banks and bond markets refused to lend money to New York. Services such as schools, libraries, police and hospitals were threatened. As a result, Beame had to cut the city budget. Eventually he cut 65,000 jobs, froze wages, reduced services and restructured the budget. But even with such measures, it took years — and both federal and state attention — to get the city back on its feet.

Critics claimed Beame moved too slowly and indecisively to fix the crisis, but many people now praise Beame for running a scandal-free administration and allocating limited city resources fairly. Beame also had to cope with the a citywide blackout in 1977, and the "Son of Sam" serial murders the same year. But his tenure was not without its successes, including the 1976 Democratic national convention, which was held in New York after Beame lobbied fiercely for it. That same year, New York was the focus of the nation's Bicentennial celebrations.

Beame was defeated in his 1977 re-election bid. Aside from trips to Florida and Israel, he spent the last two decades of his life in banking, and served on civic and corporate boards.

*A goat is to be feared from the front, a horse from the rear, and a fool from every side.*

*Yiddish Proverb*

## Not many snipers in the Haganah go on to become one of the most famous sex therapists in the world.

**S**AN FRANCISCO (JTA)—“I never killed anybody but I was very well-trained,” said Ruth Westheimer, speaking from her car phone. “I was very badly wounded, on both legs.”

The 4-foot-7-inch (“Put that in there,” she urged) grandmother of three will be speaking at a dinner at the Fairmont Hotel in San Jose on Sunday. The event is sponsored by the Jewish Federation of Greater San Jose.

Westheimer was born in Frankfurt, Germany, in 1928, leaving as part of the Kindertransport in 1939. None of her family members survived. She was brought up in Switzerland, and then went to pre-state Israel in 1945, fighting in the War of Independence.

In 1951, she was sent to Paris to teach kindergarten at a Jewish school, where it was expected the families of her students would move to Israel. While there, she attended the Sorbonne.

Then she said, in a three-minute synopsis of her life, “I came in 1956 to the U.S. on a visit, and they made me Dr. Ruth.”

“Dr. Ruth,” as she is known, still spends five to six hours a week in her private practice as a sex therapist. The rest of the time, she does her many public appearances, speaking engagements and commercials for products such as Clairol’s Herbal Essence body wash.

Involved in many Jewish organizations, for the last nine years she has been the president of her local Jewish Y in the Washington Heights section of upper Manhattan, where she’s lived in the same apartment overlooking the Hudson River for the last 35 years.

“I’ve never missed a board meeting,” she said.

Talking about how the Y feeds 350 at lunch every day, she said, “The Y is very important to me, both my children went to that Y. I’m very pleased that Washington Heights is having such a renewal.”

While Dr. Ruth speaks at many charity events, she said she also frequently allows herself to be auctioned off, as a lunch companion. “For a lot of money, but I won’t say how much,” she said, giggling.

“I do not ever have lunch with a couple, because I don’t want to do therapy over lunch,” she added. “It has to be three or four people. But it’s always very lively discussion. I’m a very good lunch companion, I never heard they were bored.”

Now, it wouldn’t be a conversation with Dr. Ruth if there was no mention of sex, right?

The author of 19 books points to the 1995 “Heavenly Sex: Sexuality in the Jewish Tradition,” co-authored by Jonathan Mark, as one in which she learned a great deal about Judaism. Complimenting her co-author, she said, “I could not have done it without someone who knows the sources.”

So what did the Jewish sources have to say? Dr. Ruth said she wanted to save some of that information for her lecture, but she did say that “the sages were very smart” in that they knew that great sex between a couple was an essential component to

shalom bayit, or peace in the home.

Furthermore, she said, underneath the chuppah, men have to pledge to provide sexual satisfaction to their wives, in addition to food and shelter.

“The man has to provide sexual satisfaction even after menopause,” she added. “The sages were smart to know that a man has to speak softly to his wife so she will want to engage in sexual activity, and the importance of engaging in sex on Friday night because then it’s a mitzvah.”

When Dr. Ruth speaks to groups, as she will in San Jose, she takes questions from the audience, written on cards, in case attendees are too embarrassed.

The questions she fields usually fall into two categories, she said. “They are either specific sexual questions about problems, like one party wants

more sex than the other, or relationship problems.”

Dr. Ruth has been keeping busy, with her textbook on human sexuality that came out in September, co-authored with psychologist Sandy Lopater.

“It’s like a medical textbook with my flavor in terms of humor,” she said. And then she goes from talking about sex to quoting the Talmud: “A lesson taught with humor is a lesson retained.”

At 72, Dr. Ruth shows no signs of slowing down. She recently published “Dr. Ruth’s Guide to College Life,” co-authored with Pierre Lehu, and two books about grandparenting. “My grandchildren are the best in the world,” she added.

She remains active and in excellent health; she has a ski trip coming up.

Any plans to retire? “God forbid.”

## Holocaust survivors’ stories collected, preserved for history

By Peter Ephross

**N**EW YORK (JTA) — A Polish Jew worked as a doctor in the Warsaw Ghetto before he was sent to Treblinka and Dachau.

A Dutch Jewish girl’s family used diamonds to bribe its way through Europe and eventually settled in Miami.

A German Jewish teen-ager was sent on a children’s transport to England in 1939 and then worked with survivors in displaced persons camps after the war.

These stories are among the nearly 200 memoirs sent so far to the Holocaust Survivors’ Memoirs Project, which has received \$1 million in funding from Random House.

Elie Wiesel, the project’s honorary chairman, has been pushing the idea for years.

Wiesel says the project, set up by the World Jewish Congress, will encourage survivors, many of whom are in their 60s and older, to write down their stories.

The survivors’ “stories are unique and what they have to say nobody else has to say,” Wiesel, a Nobel laureate and Holocaust survivor, recently told *The New York Times*.

“They should feel that people want to know what they have gone through.”

The project wants to preserve the memoirs of survivors, according to Menachem Rosensaft, the project’s director and editor in chief.

In addition, the project hopes to make these memoirs accessible to scholars, students and the general public to ensure that those studying the period know the experiences of the survivors, Rosensaft says.

So far, most of the memoirs received have come from North America, with a smattering from Latin America, Israel and England.

Most are written in English, with a few in

Yiddish. One memoir of life in Buchenwald is written in Hebrew.

Some of the memoirs include experiences in displaced persons camps after the war — and in resettlement in the United States, Britain and elsewhere.

“The authors do not end their experiences in 1945,” says Rosensaft, who was born in the Bergen-Belsen displaced persons camp in 1948.

Rosensaft is also the editor of “Life Reborn: Jewish Displaced Persons, 1945-1951.” The collection of talks from last year’s conference on DPs, held at the U.S. Holocaust Memorial Museum, is slated for release later this month.

Rosensaft says the memoir project complements Steven Spielberg’s massive oral history project, which is interviewing tens of thousands of survivors.

“Here you have the written word — survivors who sat down, often for years, writing down, crossing out, putting down their experiences” and often expressing in writing what they couldn’t say, Rosensaft says.

He hopes the first batch of memoirs will come out in the next 12 to 15 months, but it’s not clear how they will be made accessible.

Since Random House funded the project, it has first rights to publish any of the manuscripts.

An academic press may publish some, the U.S. Holocaust Memorial Museum or the WJC may publish others. Some may be published online. The project’s goal remains clear, says Rosensaft. It is to put survivors’ “perspective front and center. It is ensuring that their words and their memories be part of the permanent record of the Holocaust.”

Memoirs can be sent to the Holocaust Survivors’ Memoirs Project, World Jewish Congress, 501 Madison Ave., New York, N.Y., 10022.





# Around The Community



**CKJF - Central Kentucky Jewish Federation** (340 Romany Road, 268-0672, Marty Barr, President)

**OZS - Ohavay Zion Synagogue** (2048 Edgewater Court, 266-8050, Bennett Bayer, President)

Daily Minyan Mon.-Thurs. at 6:00 p.m.; Kabbalat Services Friday evening at 8:00 p.m., except the fourth Friday of the month at 6:00 p.m.; Shabbat services Saturday at 9:45 a.m.

**TAI - Temple Adath Israel** (124 N. Ashland Ave., 269-2979, Jane Grise, President)

Shabbat Services Friday 7:30 p.m.; Worship Service Saturday 10:30 a.m.

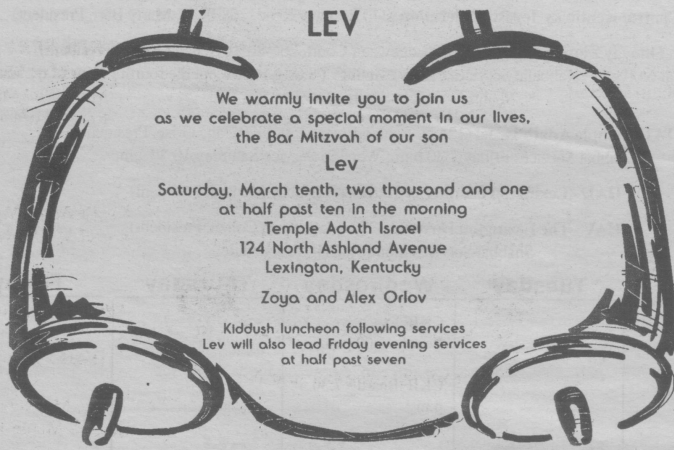
**HAD - Lexington Chapter of Hadassah** (Nancy Menard, President)

**HAV - The Lexington Havurah**, 272-1459 (Ernie Cohen, President)

Shabbat Services monthly. Call for schedule.

| Sunday  | Monday   | Tuesday                                       | Wednesday  | Thursday   | Friday   | Saturday   |
|---|--|---|--|--|--|--|
| CKJF Young Leadership Bowling Night<br><br>February 25                            |  |   | CKJF Executive Board • 6:00 p.m.<br><br>CKJF Board • 7:30 p.m.<br><br>28 |  |  | March 1<br><br>2<br><br>3  |
| Al Galgalim at OZS • 4:00 p.m.<br><br>4   |  | Tikkun—Stuart Home Visit • 2:00 p.m.<br><br>6 | Jewish/Catholic Roundtable @ CKJF • 7:00 p.m.<br><br>7                   | Erev Purim – Megillah Reading<br><br>8   | 8pm—Havurah Kabbalat Shabbat service at Lexington Theological Seminary<br><br>PURIM<br><br>9 | Lev Orlov Bar Mitzvah, TAI OZS Purim Costume Party • 7:30 p.m.<br><br>10 |
| TAI Purim Carnival • 11:00 a.m.<br><br>11   | Bar/Bat Mitzvah Date Setting Meeting @ TAI • 7:00 p.m.<br><br>12 |   | Jewish Family Service Board 6:30 p.m.<br><br>14                          | CKJF Leisure Club @ TAI • 11:45 a.m.<br><br>A.M.O.S. @ TAI • 7:00 p.m.<br><br>15 |  | Jared Nofsinger Bar Mitzvah, TAI<br><br>17                               |
|   |  |   | CKJF Community Relations Committee • 7:00 p.m.<br><br>21                 | Interfaith Homeless Awareness Project<br><br>22                                  | Interfaith Homeless Awareness Project<br><br>23  | TAI Movie Night<br><br>24  |
| Al Galgalim at OZS • 4:00 p.m.<br><br>Lexington Havurah Retreat \$10.00<br><br>25 |  |   | CKJF Executive Board • 6:00 p.m.<br><br>CKJF Board • 7:30 p.m.<br><br>28 |  | OZS Mishpaha Shabbat Service • 6:00 p.m.<br><br>30   | Alex Harrison Bar Mitzvah, TAI<br><br>31                                 |
| April 1   | 2  | 3   |  | A.M.O.S. @ Lexington Catholic • 7:00 p.m.<br><br>5                               |  | Erev Pesach<br><br>7   |

# Bar Mitzvah Bulletin Board



We warmly invite you to join us  
as we celebrate a special moment in our lives,  
the Bar Mitzvah of our son

**Lev**

Saturday, March tenth, two thousand and one  
at half past ten in the morning  
Temple Adath Israel  
124 North Ashland Avenue  
Lexington, Kentucky

Zoya and Alex Orlov

Kiddush luncheon following services  
Lev will also lead Friday evening services  
at half past seven



*Alex*

שדחיונו וקיימנו והגיענו לזמן דודו

*We invite you to celebrate with us  
as our son and brother*

*Alex Michael*

*is called to the Torah as a Bar Mitzvah*

*Saturday, March 31, 2001*

*at 10:30 in the morning*

*Temple Adath Israel*

*124 North Ashland Avenue*

*Lexington, Kentucky*

*Please join us for a Kiddush luncheon  
immediately following the service*

*John and Paula Harrison*

*Skelley and Joel*

*Alex will also participate in the  
Friday evening service at 7:30*

*We hope you will join us also for Israeli  
dancing following the luncheon*



WITH GREAT PRIDE AND JOY  
WE INVITE YOU TO SHARE  
A SPECIAL MOMENT IN OUR LIVES  
WHEN OUR SON

**JARED**

י"ד

IS CALLED TO THE TORAH  
AS A BAR MITZVAH

SATURDAY, THE SEVENTEENTH OF MARCH  
IN THE YEAR TWO THOUSAND AND ONE  
AT HALF PAST TEN IN THE MORNING

TEMPLE ADATH ISRAEL  
124 NORTH ASHLAND AVENUE  
LEXINGTON, KENTUCKY

PLEASE JOIN US FOR A KIDDUSH LUNCHEON  
FOLLOWING THE SERVICE

JARED WILL ALSO LEAD THE EREV SHABBAT SERVICE  
ON FRIDAY EVENING AT HALF PAST SEVEN

LINDA AND JEFFREY NOFFSINGER

# Ohavay Zion Synagogue News

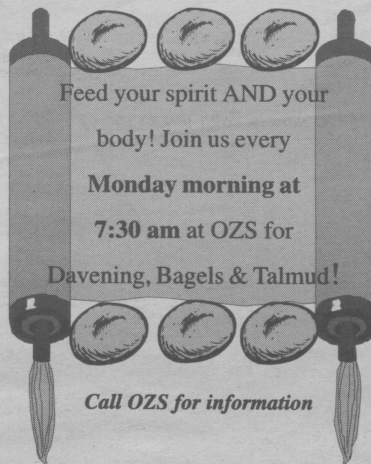
## HELP US HELP OZS!

Your donation of that unneeded car, boat, business equipment or estate can help OZS



Pick up can be arranged. Full market value may be a tax deduction if you itemize.

**CALL Jerry Cerel at  
(859) 268-7255**



## PURIM SERVICES

Thursday, March 8:  
Minha and Ma'ariv 6:00 pm  
Reading of the Megilla 6:30 pm  
Hamantashen 8:30 pm

*Last Friday Night of the month is Mishpaha Shabbat (March 30) - service at 6:00 pm*

## Adult Education Opportunities continue:

Hebrew (Sunday Mornings 10:15- 11:00)

The Mitzvot of Community (2nd and 4th Sundays — March 11th and 25th, 11:10am - 12:00)

# Temple Adath Israel News

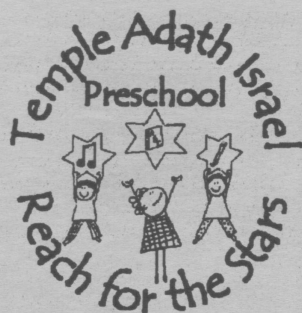
## Youth Education Information

On April 1, the Religious School will be having a Passover Fair. Different stations will be set up throughout the Temple: cooking matzah brie, Passover story telling, music & art activities, puppet show and games are some of the exciting innovative activities.

We will need parent volunteers to assist for the two hour morning.

If you are interested in assisting us, please contact Marsha Rose.

Thanks for your help.



124 North Ashland Avenue  
Lexington, KY

## Temple Adath Israel

is now enrolling for the 2001 - 2002 school year.

- ★ Half-day Program (morning)
- ★ 2 1/2, 3, and 4 year old classes
- ★ Extended care options available
- ★ Nurturing, family environment

call 269.2979

*(Spaces still available in our 2 1/2 year old class for the 2001 - 2002 school year)*

## PRESCHOOL NEWS from Sandy Adland, Director

Registration for the 2001-2002 school year is now in progress and classes are filling up quickly. T.A.I. Preschool offers half day classes for 2 1/2, 3 and 4 year old students (pre-K). Early drop-off and extended day options are also available. Our professional and caring teachers engage our students in exciting daily activities that foster a love for learning and the confidence to explore personal creativity. The curriculum is inclusive of Jewish learning, activities, and celebrations. We are especially proud of the Arts Enrichment Program that offers all of our students weekly sessions in the areas of visual arts, music, and creative movement, instructed by specialists in these fields. For more information about preschool enrollment call Sandy Adland at 269-2979.

Our "Bagels and Blocks" playgroup that meets each Tuesday morning continues to grow and strengthen. The January guest speaker was Elise Wallace of Parent's Place, who led a discussion on a variety of topics including discipline and sibling rivalry.

On Monday evening, March 5th at 5:45 p.m., T.A.I. Preschool will hold its first ever "Preschool Family Dinner and Arts Enrichment Showcase" in the Temple Social Hall. After families share dinner together, the classes will demonstrate a taste of what they have learned in the areas of music, movement, and visual arts. We're "reaching for the stars" at Temple Adath Israel Preschool!

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