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Beyond the Mountains

The Board of Governors met in Lexingon December 17 and 18. The decision was made to offer the position of CNEP Director of the Frontier School of Midwifery and Family Nursing to Ms. Kate McHugh, CNM, MSN. The Board and I were delighted when Kate accepted the position.

In the fall of 1992 Kate began working full-time as Academic Director of the School and has been the acting Co-Director of the CNEP since June, 1993. Kate is a graduate of the University of Pennsylvania and St. Louis University. She taught at Yale University for two years and then joined the nurse-midwifery practice of The Birth Center of Bryn Mawr. She is active in professional organizations and is the chairperson of the Pennsylvania Chapter of the American College of Nurse-Midwives. She has served on the Mayor's Public-Task Force on Infant Mortality and was the principal investigator in a federally-funded project involving work with substance abuse.

Kate resides in Philadelphia, Pennsylvania. Other faculty living in Pennsylvania are Penny Armstrong, Clinical Director, Elizabeth Parr, Student Advisor, and Jane Huber, Quality Assurance Consultant. Recently it became apparent that the CNEP needs off site office space. This space has been leased in Conshohocken, Pennsylvania, but the central office remains in Hyden.

At the conclusion of the Board of Governors meeting, the first strategic planning session was held by The Preston Group. A search was conducted and the group has been asked to lead our strategic planning. This Lexington based firm was named one of the top twelve strategic consulting firms in the country by <u>Inside PR</u> for 1993. Why strategic planning now? As Tom Preston pointed out, Mary Breckinridge built FNS to meet a critical need, and it is the challenge of the Board of Governors to continue to reveal and meet needs existing today. Nancy Wiser, Senior Account Manager went on to say "Change is occurring rapidly in all

businesses today, but especially in the health care industry. Because health and education, the primary components of FNS are built on science and exacting procedures, change is often difficult for people in these professions. However, in order to thrive, rather than just survive, organizations must create, communicate, manage and sustain change. Citing an old proverb, Peter Drucker said 'Whom the gods want to destroy, they send 40 years of success. For a business theory is not a law of nature.' Now we must look toward and beyond the year 2000."

In the past, FNS has been a model of successful rural health care and will continue to provide services in our Appalachian setting although the environment is now very costly and competitive. The Frontier School of Midwifery and Family Nursing began with the focus of educating nurse-midwives for FNS service. Today approximately 18% of nurse-midwives in the U.S. are FNS graduates. CNEP is the largest nurse-midwifery education program in the country. The Frontier School has eliminated geographic boundaries to serve the under-served in the area of midwifery education. Given it's emphasis on midwifery education and health care administration, is FNS in a unique position to be a leader in the future of health care in ways we have not yet designed? That is what strategic planning is about. The results of this phase of planning will be presented in June.

December 20, Dr. Anne Wasson, Barb Gibson and I attended the Keeneland Association's annual giving ceremony. Certainly the Keeneland name is analogous to the finest horse breeding and racing in the world. Yet, many people are unaware of their generosity. This year more than \$400,000.00 was distributed to agencies across Kentucky to enhance health care and social service programs for our most needy. The Frontier Nursing Service applauds the Keeneland Association and thanks them for their philanthropy.



Mr. Stan Jones, Vice President, Finance, presenting Deanna Severance with donation to FNS.

Dr. Anne Wasson, my husband Carl, daughter Sarah and I had the pleasure of being guests of Leigh Powell, Chairman of the FNS Board, in South Carolina the third week of January. We had received 15 inches of snow the week before, so this time with Leigh was a marvelous respite. We had two days of glorious sunshine on Leigh's island and were able to explore the tidewater by motorboat. Thank you, Leigh!!

Wendover "old timers", Cassie Mosley, marvelous cook, and J.G. Morgan, wise foreman, commented on the uniqueness of the Halloween snowfall. Little did any of us guess this would be the harbinger of things to come. Along with other mid-Atlantic and New England regions, Kentucky has been bitterly cold. As I sit down to write these words, the Wendover compound has been without electricity for four days, a result of the devastating ice storm which has taken the lives of many across our state. I am happy to report that our couriers from beyond the mountains are surviving! Electricity operates the coal furnace in the Garden House where the female couriers live above our offices, the heat pump in the Barn where the male couriers live above the accounting office and the heat pump in the Big House where all meals are prepared. Thank goodness for the big fireplaces in the Garden House and the Big House. Everyone has been huddled around trying to keep warm. The couriers pulled through in a crisis and traveled to Lexington for emergency lab reports and medicines for the hospital. Some of you will remember the days before 1948 when Wendover didn't have electricity. All in all, these are memories which keep you returning to Wendover in spirit and in body.

We are very excited that representatives from Habitat for Humanity is interested in making Leslie County a participant in their wonderful work! This is an organization that assists low income families in getting homes built on a very affordable plan. Barb Gibson has been asked to serve on the Governoring Board which makes the decisions regarding eligibility for housing. This is a much needed organization in our county and Barb is looking forward to working with the community as a representative from Frontier Nursing Service.

-Deanna Severance

Notes from the School

The cars are filling as the students prepare to head home. Another Level III has ended for 11 nurse-midwive students. They've reached the halfway mark in CNEP and have just completed their two week skills-building here in Hyden. Their eagerness to get home and start caring for mothers and babies fills the air around Haggin Dorm. Starting next week they will join the students currently in the clinical half of the program. Behind them, heads burrowed in books, are the pre-clinical students in the first half of the program.

During the past two weeks the Level III students have shared many of their thoughts about the CNEP and what it's like to be in the oldest, largest and (can I say?) most innovative nurse-midwifery education program in the country.

"Make sure the new students learn the history (of FNS) - then they'll understand who we are."

"It's so hard sometimes but coming here I feel totally energized from the faculty and my fellow students."

"We know you're so receptive to our comments - things get fixed fast in this program."

"I really believe in adult distance learning - my BSN program was all lectures and was so boring."

In January we held the faculty meeting here in Hyden. Forty faculty members arrived from all over the country to begin three days of skills-building, meetings and small group work. The regional clinical coordinators participated in a conflict resolution workshop. They now have enhanced skills in clinical problemsolving. The academic faculty increased their proficiency on computers and the electronic bulletin board (the new electronic bulletin board lets us send mail electronically and is our major connection to our large student body).

Our faculty has grown so much and so fast! We are spread all over the country, many of us with secondary jobs and many distractions in our lives. And yet, the identity of the faculty as a group - as the FSMFN faculty - is emerging. We are always trying to take time to touch base with each other, with the school and its roots.

- Kate McHugh

True Philanthropists

"True Philanthropists", is how the Tallahassee Democrat newspaper recently described Kate Ireland and her sister Louise Humphrey. The paper dated February 8, 1994 said "the sisters live lives of public service. Their volunteer work in land conservancy, wildlife and historic preservations, the arts, health-care and education have earned them both respect and affection. And besides all that, they're remarkable sportswomen."

Almost everyone who knows Kate knows the history of her affiliation with FNS. Outside of her work with us, Kate recently completed a six-year term on the Federal Reserve Bank Board in District IV for Ohio and eastern Kentucky. She is chairman of the Red Hills Conservation Association, chairman of Archbold Medical Center in Thomasville and a trustee for the Thomasville Cultural Arts Center. The Kate Ireland Parkway along State Road 319 to Thomasville commemorates her work in the late 1980s with the Florida Department of Transportation by her gift of a right-of-way to the state. Kate lives at Foshalee Plantation in Thomasville. She owns several horses and a number of pointers used for bird hunting.

Louise Humphrey was the first woman to serve as the president of the world-acclaimed Metropolitan Opera Association in New York City. She is also the director of the Monticello Opera House Inc., in Jefferson County, Georgia, a trustee for the Wildlife Conservation Fund of America and president of the Thomasville Cultural Arts Center. Louise raises beagles in addition to pointers and labradors at her Woodfield Plantation.

Both Louise and Kate love to hunt and they both excel at shooting. The Tallahassee newspaper report says that "men who hunt with them say that Kate and Louise shoot as well as any man they have known."

Both Kate and Louise were couriers at FNS - Louise in 1938 and Kate in the early fifties. -Barb Gibson

Field Notes

It would seem that life does equal out, if you wait long enough. So far this winter has been as bitterly cold as the summer was boiling hot! Over the Christmas Holidays snow, ice and howling winds hit. Since the couriers had already decamped for home and we did not have any guests, Wendover slowed to a crawl and most of the staff were unable to get in for a few days. Of course the seige of foul weather in January really got us, as it did so much of the country. About a foot of snow fell in these parts, and then the thermometer plunged to 22 below. For almost a week we never got much above 10 degrees. Some pipes in the Big House froze, which, though no damage occurred, created a mess and took time to repair. The pipes upstairs in the Barn also froze and caused major damage to the apartment below. The ceiling was about to collaspe so two metal supports were added, dry wall put up, ceiling replastered and a fresh coat of paint applied.

Needless to say, the couriers were trapped for a number of days and got a real taste of what life must have been like when Mrs. Breckinridge came. At least there were horses then, and somehow horses tend to go a lot better in snow than cars!! We're all more than ready for spring to come this year.

In November, for the fourth year, I gave a presentation at the Buckhorn State Park for an Elderhostel group. These are always a highlight for me, meeting folks from across the country and enlightening them about our form of health care. They all have questions for me and leave shaking their heads after hearing about what we do, how we do it and that we have a track record that works and works well!

We also stayed busy with student nurses on tour until the second week of December along with a couple of holiday dinners.

One of the most heart warming events I have ever been involved in happened the second week of December. On a cold and windy Saturday, a church group from Ohio arrived in force at the Big Creek Fire Station to put on a Christmas party for the kids at the Community Health Center. I have never seen anything like it! First a huge semi-truck backed into the parking lot and started

unloading boxes and boxes of toys, household items, food and clothing. Then the bus arrived with the rest of the church members and they cracked into action. A sound system was set up and Christmas songs were played while the puppet stage was constructed and the clowns made balloon animals for the kids. While the puppet show was on, other members were in the back organizing the cartons of gifts for each child and other members were outside loading up bags of food.

When all was said and done, every child received a gift from Santa, chose a toy and the families left loaded down. Once everything was packed away, the group arrived at Wendover, very cold and hungry. A lot of coffee was consumed, Cassie produced one of her wonderful "stick to the ribs" meal and we all warmed with the glow of the true meaning of Christmas. The energy and dedication of these people was truly amazing and something we will always remember. Our many thanks go out to them all.

Early in December the Christmas tree was put up in the Big House and the couriers had a decorating party. They did a superb job and the house looked lovely for the season. Somehow the Christmas feeling extended to dancing and the couriers were given a lesson in how to waltz! By the end of the evening the whole group was gracefully waltzing around the living room!

The Wendover staff Christmas party was a fun affair. A wonderful lunch was served and then presents were exchanged and we all went home very filled and with the happy feelings one should have at Christmas.

-Susie Hudgins

Field Notes - Continued Wendover remembers Sassafras

A final, very sad note. Sassafras passed away December 14th. She was fine that morning but was gone when we went to feed her in the afternoon. We feel she must have had a sudden attack of some sort and that nothing would have saved her. She was such a fun loving animal and kept us entertained in so many ways.

Sassafras was given to me for my 49th birthday by the Wendover staff because I kept complaining about the kudzu growing on the mountain. She had been a Wendover resident since 1991.

Here are some of the fond memories of Sassafras that we recall: the day she found the apartment door open and no one at home. First, she treated herself to the house plants then stretched out in the middle of the living room and went to sleep. What a shock to come home to! And all she could do was give me a look to indicate she should be there too, after all, Trish, the dog was there; the day Barb gave her a tidbit and she decided that the inside of the Garden House was where she belonged! Barb had to request the assistance of Junior, the maintenance man, to take Sassafras back outside since she had decided the best way to keep from going out was to sit down. Barb pulled while Junior got behind and pushed. After that, when she was untied she always followed someone up to the door and begged to come inside; the day Clark

Myers, CFO, got out of his truck to go into his office and Sassafras politely jumped right up on his chest to say "good morning".

Sassafras left us with a lot of fond memories and we all miss her. She is buried on the mountain where she loved to run and play with Trish.

-Susie Hudgins and Barb Gibson



Courier News

During December we said good-bye to the fall group of couriers with the exception of Matthew Cushing and Allison Voehl who will be here until March. January brought us the following people:

Megan Delany from Palestine, Texas was here from January 7th until March 11th. She attends Dartmouth College in Hanover, New Hampshire and was here on a fellowship through their Tucker Foundation. She spent her time working in the clinics, elementary school and tutoring.

Christa Robertson, Placerville, California arrived January 10th and left March 10th. Christa plans to become a midwife and she spent a lot of time with Betsy MacMillan at the Kate Ireland Women's Center. She also worked at the Wooton Clinic and went on home health visits. Christa attended Kenyan College in Gambier, Ohio.

Claire McManus, Sherborn, Massachusetts attended McGill University, Montreal. Claire worked with the Leslie County Health Department's Nutritionalist, Community Health Center, home health and with Dr. Karan Baucom. She was here from January until the end of February.

Katy Shanley, Gladston, New Jersey is the daughter of former courier Eleanor Canham of the early 1960s. Katy attended the University of Pennsylvania. She worked in the elementary school, Hyden Manor Nursing Home, physical therapy, Wooton Clinic and home health during her time here. She arrived January 15th and left early-March.

Dan Eldridge, Toronto, arrived February 3rd and plans to be here until May. He is working at the Hyden Manor Nursing Home, physical therapy, elementary school and home health. His mother, Betsy Palmer is also a former courier at FNS. He attended Bishop's University, Lennoxville, Quebec.

We have had a "full house" since September and it has been a little hectic at times arranging everyone's schedule to best suit their interest. I want to take this opportunity to thank some of the staff for their support in the courier program. Thanks to Betsy MacMillan, nurse midwife, for allowing the couriers to observe her midwifery skills. Thanks to Dr. Varghese, Dr. Ortiz and Dr. Baucom for taking the time to explain things and allow the couriers to observe them. Thanks also to Lena Bishop in surgery, Barb Burkhart in home health and the district clinics personnel for their help. You have helped many couriers come to important decisions about their careers.

This has been a fantastic group of couriers. When they were snowed in for several days and had no electricity for four days they were still saying "we're having such a great time Barb!"

Most of this group will leave early March and we will look forward to another group arriving in March and April.

-Barb Gibson



Back Row: Dan Eldridge and Matthew Cushing. Front Row-Left to Right: Megan Delany, Christa Robertson, Katy Shanley and Allison Voehl. (Claire McManus not pictured)

FNS Employees

Juanita Johnson has worked in several different departments beginning in 1956 when she began at Wendover as a secretary with Peggy Elmore, Agnes Lewis and Eileen Morgan. She resigned in 1958 when she left to get married. She came back to work at the Hyden Hospital from 1968 until 1970 as cashier and registration clerk.

In 1970 she resigned and went to work in the Hyden Post Office and then at LKLP healthcare service until 1971 at which time she again returned to work for FNS at Wendover. This time she worked as a secretary with Juanetta Morgan for six years, and then transferred to the accounting department and worked there until May, 1992. In 1992 she again transferred, this time to a position as an administrative secretary/librarian at Mary Breckinridge Healthcare.

Juanita is a native of Leslie County and lives near Hyden. She has two children, Donald and Melissa. Donald is an electrician at Leeco Coal Company and Melissa teaches chemistry part-time at the Hazard Community College and is going to school to become a medical technologist. Juanita has one grandson.

Juanita says it is because of the care and respect that FNS shows their employees that she has kept returning to work for us. Thank you Juanita for your years of service to this organization!



Juanita Johnson



Della Mae Sizemore

Della Mae Sizemore was born in Breathitt County Kentucky and moved to Leslie County 30 years ago. She began working at the old hospital in 1971 in housekeeping and assisted with preparing meals for the nurses who lived in FNS housing. When the new Mary Breckinridge Hospital was built, Della Mae transferred to the dietary department. What she enjoys most about her job is being able to prepare food for the patients, ensuring that they are fed a proper diet.

Della Mae lives at Owl's Nest just outside of Hyden, She is a widow and has three children and two step children. Azee works at the state prison in Florida, Marinis also lives in Florida, Abigail works for a local lawyer here in Leslie County, Martin works at Shamrock Coal Company and Helen lives in Dayton, Ohio. We appreciate your dedication to patient care Della Mae!

-Barb Gibson

Tidbits

Norma Jean Johnson and June Kohl, couriers during spring 1989, recently spent two months in Guatemala volunteering at the San Lucas Mission. They took care of malnourished babies and helped out at the orphanage.

We received a letter from Louisa (Chappy) Whitlock, a midwife during 1944-1948. In October Louisa received an invitation from ACNM to participate in a Citizen Ambassador Delegation going to Russia and Romania. Louisa requested from FNS a copy of the old "blue book" (Medical Directives) to take to Russia to show them how the FNS midwives coped with emergencies during home births 45 years ago. The group planned to meet with specialists in maternal and child health with emphasis on pregnant women and newborn infants.

In her letter, Louisa was reminiscing about FNS, the first army jeep for use at the Beechfork Clinic after World War II and the many trips she made riding the dappled gray horse "Bobbin".

We received a contribution from Emily Booth Hamilton in memory of her friend Lilly Middleton Hampton Brittain who died October, 1993 after a long battle with cancer. She said that Lilly served at FNS as a courier during 1946. They first met when Emily was ten years old at the Northway Lodge Camp in Ontario. Emily's husband, Alex Booth served as a courier at FNS and her father-in-law Percy W. Booth, was present at the dedication of the old Hyden Hospital. Emily's niece, Ann Wigglesworth Clemmitt was also a courier.

We received a note from **Nancy Oseasohn** saying she is working for the state agency in Texas responsible for the protection of abused and neglected children as well as disabled adults. Her office is in San Antonio but she works mostly in small rural communities. Her father Robert is in a nursing home and is doing well.

I received a card from **Julia Henning**, Louisville, Kentucky who is 93 years old and unable to participate in FNS functions but is still very interested and supportive of us in other ways. She especially values her family connections with FNS and sent me a list of their participation with us. Her mother, Mrs. S. C. Henning assisted Mrs. Breckinridge with a survey in the beginning of the history of FNS and supported her in promotional activities in Louisville in the 1920s; Mr. James W. Henning was a committee member of the FNS Louisville committee; Ms. Josephine Yandell married James W. Henning in 1932 and was a courier at FNS in the late 1920s; Ms. Joan Henning Todd was a courier in 1952 and Ms. Charlotte Ray assisted with the promotion of FNS in Washington.

On a Sunday during October, 1993, Mrs. Joan Nix and her husband stopped by Wendover looking for information on her aunt, Eva Marie Gilbert, who was a nurse at FNS during the 30s and early 40s. Eva worked at the Frontier Nursing Service for 17 years. She was at the FNS Bowlingtown Clinic for a number of those years and in 1935 took time out to study midwifery in Scotland. After she left FNS she worked in Harrisburg, PA at a hospital and later moved to Kansas City, MO. In 1952 she joined Stonecraft Ministry in Kansas City and spent the remaining 27 years of her life serving as a hostess at the Manor House inspiring many with her faithfulness to the Lord. She died April, 1979.

Deanna has been corresponding with **Jill Nichols** of Somerset, England who was a nurse at FNS during the 1960s. She and her husband plan to come visit in 1995 and says that she has lots of old FNS slides to show everyone. She talks about her times at Wolf Creek and about "Trigger", the horse she rode while she was here.

Rachel Garber, courier of January, 1993, wrote to say that she has been working as the Education Coordinator for the USS Constitution Museum in Boston, Massachusetts. Future plans are to go to New Mexico as a "trip" guide for a group of young teenagers.

Sarah Bacon, courier of September, 1993 wrote to say that she has been resting through the holiday season and will be going to Venice, Italy for two months.

Heard from **Nikki Douglas**, courier of July, 1993, over the holidays. She is attending Hampshire College and said she was going to spend the month of January in Chiapas, Mexico with a friend to learn Spanish and check out some health services for midwives since she plans to become a midwife.

Megan Bushnell, courier in 1992 graduated from Thomas Jefferson University with high honors. She is currently working as a labor and delivery nurse at the University of New Mexico with the eventual goal of becoming a midwife.

Amanda Olivo, courier during September, 1993 is volunteering at a children's hospital and misses Kentucky so much that she's coming back in April for another six weeks.

Kathleen Wilson Henderson, courier of 1934 and 1935 wrote to say that she is glad the couriers are still on the job today, adjusting to new times and to new needs in Kentucky. She recalls being at FNS with Mary Willeford, Pebble Stone and Agnes Lewis. She says she can still feel a thrill down her spine when she remembers "Pebble" Stone meeting her with a horse at the "Head of Hurricane" and holding the lard can while the mother spat out her tobacco juice as she gave birth to her baby. She remembers serving tea to Mrs. Breckinridge and fording the river on the way to Hyden.

Mr. Rudolph Hamblin, Tampico Christian Church in Sellersburg, Indiana wrote to me regarding his experience with FNS when he was a small boy. I have included some of his comments.

I was born in Clay County February, 1934 and delivered by Miss Harris, nurse-midwife. I asked my dad what kind of a day it was when I was born. He said the weather was cold and the sun was shining. He said on this particular day, he walked from the Crane Branch up Bullskin to get the nurse, Miss Harris, as my mother was in labor. We lived about one mile off of 1482 up the branch. He said the nurses wanted to do their work and not be bothered by the older ladies in the community. He walked up the road and stopped to talk to no one on the way. He passed the home of Aunt Teasy Barger, my grandmother's sister. Aunt Teasy spoke to him as he went up the road to the Bullskin Center. He said he definitely did not tell anyone where he was going. He wanted Miss Harris to be able to make the delivery and not be hampered by outside help. Alas, when he got back home with Miss Harris, guess who was at his house? Aunt Teasy and her sister Mary Elizabeth Hignite who lived at the very head of the holler on Long Branch! We had no telephones in those days! How did they know????

I admire the work that has been done and the work you are presently doing. I am thankful for the Frontier Nursing Service and what they have done for the families of the folk who used to live there and the folk that are still living there. I remember many Christmas' when we would have had nothing, if it hadn't been for the FNS. I still have a bag of marbles that was given to me at Christmas-time at the Bullskin Center in Clay County in the early 40s. My mother, who is now 89 plus, and my father now 94, are still alive. My mother made me a bag long, long ago to hold the marbles. It has grown threadbare and before she had to go in a nursing home, when she was still able to work, she made me a new bag to hold them with the old bag encased in the new one. I shall be forever grateful for what you good people have done for the people there. It has taken me this 59 years to let you know of our thankfulness!

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In the next few issues of the Quarterly Bulletin we will focus on one particular area of the Frontier Nursing Service in order to better acquaint friends and supporters with our staff and services.

Wendover Staff-Corporate Offices

Virginia Roberts is the Administrative Assistant and Secretary to the director of FNS, a position she has held for several years. She began working 22 years ago for Dr. Rogers Beasley who was director at that time. She has worked in almost every department at FNS including being the business office supervisor. In fact, she is the person who hired me as cashier when I was 16 years old and has since been very helpful to me.

As secretary to Deanna Severance, CEO and Director of the FNS, Virginia tries to make Deanna's hectic life more organized.

Eva Morgan began work in April, 1975 as secretary to the administrator. She worked in this position, as well as secretary to the former personnel director, until 1990. At this time she was promoted to Human Resources Manager. She is the person who answers all our questions regarding policies, insurance, etc.

Eva makes life at Wendover an enjoyable place to work because of her sense of humor that is always making us laugh.

Frances Begley began working part-time with Eva in the Human Resources Office October 1993. She also works at the Farm Bureau Insurance Company part-time. She was formerly the assistant manager of Family Dollar Store in Hyden. She contributes to Eva's job of keeping us amused.

I (**Barb Gibson**) am the Director of Public Relations and Courier Program. I have worked for FNS for 19 years, formerly in the Admitting Department at the Mary Breckinridge hospital.

Mae Irvin, Development Secretary is the person who keeps excellent track of all donations sent to FNS. She is responsible for keeping the donor file current and the many other functions in the development office.

Before coming to FNS she worked as a surgical receptionist at the Daniel Boone Clinic in Harlan. She was in the Army from 1984-1987 and worked as an appropriated funds clerk for the Chaplain's Division at Fort Sill, Oklahoma. She began working here in the FNS corporate offices March, 1991. Mae works hard and takes her work very seriously.

Susie Hudgins came to FNS as a courier from January to May, 1990. She liked FNS so much, when the job of Courier Coordinator and Wendover Manager became available, she applied and returned in August, 1990. During May, 1993 the jobs of Courier Coordinator and Wendover Manager were separated. Susie has her hands full as the Wendover Manager, a position which includes supervision of maintenance and kitchen staff, tour guide, overseeing guests and social functions and supervising the general upkeep of Wendover buildings and grounds.

Deanna Severance has been the CEO and Director of the organization since June, 1989. Before coming to FNS she was the Director of the Division of Maternal, Child and Family Health at the Missouri Department of Health, Jefferson City, Missouri. Other former employers were: Assistant Director of Health for Public Health for the City of Dallas, Texas Department of Health and Human Services; Instructor in child development at the Brookhaven Community College in Dallas; Instructor in child development at the Eastfield Community College in Dallas and a Pediatric staff nurse at the Community Hospital in Irving, Texas.

Wendover Accounting Office

Ralph Clark Myers began working with FNS as a financial consultant January, 1991 and became our Chief Financial Officer in September, 1991. Prior to that he was self employed as a healthcare financial consultant for hospitals and doctor's offices in Atlanta, Georgia. He is married to Carolyn Estep, RN, a native of Leslie County.

Diane Sizemore began working at Mary Breckinridge Hospital during June, 1981 and has performed several different job functions including medical record file clerk, chart analyst, deposit clerk, payroll clerk and is now the accounting clerk.

Tina Morgan is the payroll clerk and has worked for FNS since August, 1985. Former job functions at Mary Breckinridge Hospital include admitting clerk, medical records file clerk and chart analyst.

Regina Phipps worked as an accountant at Webb Companies in Lexington, Kentucky before coming to work as an accountant for FNS November, 1991. She is married to Robert Phipps, maintenance at Wendover.

Kathy Pennington began working at the Frontier School of Midwifery and Family Nursing three years ago as an administrative assistant. She transferred to the accounting department January, 1994 and is now the accounts payable clerk. She formerly worked as manager of AOS Office Supply in Hazard, Kentucky.

Tammy Roberts began work June, 1993. She works parttime in the admitting department at the hospital and also works part-time as a file clerk in the accounting office. She formerly worked as a clerk at a food store in Hyden.

Wendover - Maintenance

J.G. Morgan has worked in maintenance since 1968 when he followed in his grandfather, Jahugh's footsteps and began to learn the physical history of Wendover. He worked in maintenance at the hospital for a period of time and came back to Wendover a few years ago as maintenance supervisor. Today he is the one person who knows all about the drain system, wiring and structure of the buildings.

Robert Phipps, Jr., has been at Wendover in maintenance since September, 1990. Junior is J.G.'s assistant. He is married to Regina, who works in the accounting department.

Wendover - Kitchen and Housekeeping

Cassie Mosley began working at Wendover June, 1973 as head cook. Cassie is well remembered by former staff for her wonderful cooking including black bottom and circle pies.

Roxanne Mosley worked in the physical therapy department at the hospital during 1987 and came to Wendover September, 1992 as Cassie's part-time assistant cook.

Marylin Hoskins originally started working at Wendover in 1970 and worked until 1979 at which time she resigned from work to stay home and care for her husband. After his death in 1982 she came back to work. She is the housekeeper for the Big House and the Barn. She also assists in preparing meals when Cassie has time off.

Christine Collins began working at the old hospital and Haggin Quarters in October, 1981. She transferred to the laundry department at the Mary Breckinridge hospital in 1982 and then came to Wendover January, 1991 as head housekeeper.

-Barb Gibson



Wendover Corporate Office: Left to right:, Back row: Barb Gibson, Virginia Roberts, Susie Hudgins. Front Row:Deanna Severance, Eva Morgan, Mae Irvin. (Frances Begley not pictured).



Wendover Accounting Office: Left to Right: Diane Sizemore, Clark Myers, Tammy Morgan, Tina Morgan, Regina Phipps and Kathy Pennington.



Wendover Kitchen and Housekeeping: Left to Right; Cassie Mosley, Roxanne Mosley, Christine Collins and Marylin Hoskins.



Wendover Maintenance: Robert Phipps, Jr. (J.G. Morgan not pictured).

Letter of Appeal

Dear Friends of FNS,

Although the Frontier Nursing Service is still very viable today and our Community-Based Nurse-Midwifery Education Program is growing in leaps and bounds, we still need the support of our dear loyal friends.

In an effort to try to attract new donors to the FNS and to establish a personal relationship with them we are asking you to please send us the names of friends who you think would be interested in supporting FNS. We will write to them and assure them that their name will not be released to any mailing company.

We would greatly appreciate your assistance. Please fill out and detach this page and send to the Development Office if you wish to encourage someone else to become a donor.

My name is:
List of my friends names and addresses are:
Name:
Address:
Name:
Address:
Name:
Address:
When we write to your friends, may we tell them that you gave us their name? Yes No

IN MEMORIAM

These friends have departed this life in recent months. We wish to express our sympathies to their families, and our gratitude for their interest in our work.

Ted Sersig, Cleveland, Ohio died recently, I don't have the exact date. He was the husband of Nan Sersig, former courier at FNS and was a supporter of our organization.

Mrs. John Sherwin, Willoughby Ohio died recently. She was a committee member of the Cincinnati, Cleveland Committee and had been an honorary trustee of our national board of governors since 1984.

MEMORIAL GIFTS

We wish to express our deep appreciation to these friends who have shown their love and respect for the individuals named below by making supporting contributions in their memory to the work of the Frontier Nursing Service:

Venita C. Smith

Dr. Anne Wasson

Ida B. Lewis

Miriam P. Thiele

Belle C. Wade

Miriam P. Thiele

Diane Sault

W.E. Sault

Jessie Lovett Morgan

The Lovett Foundation, Inc.

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IN HONOR OF

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In Memoriam

If you wish to make a contribution to the Frontier Nursing Service in memory of a friend or loved one, please fill out and return this section to the Development Office at FNS.

In memory of:
Contributor's name:
Address:
Person(s) to whom you wish acknowledgements sent:.
Name:
Address:
In Honor of
If you wish to make a contribution to the Frontier Nursing Service in honor of someone's accomplishments or achievements, please fill out and return this section to the Development Office at FNS.
In honor of:
Contributor's name:
Address:
Person(s) to whom you wish acknowledgements sent:
Name:
Address:

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Radiology: Deana Huskuy, R1
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Karen Baucom, OB/GYN
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Frontier Nursing Service, Wendover, Kentucky 41775, 606-672-2317 Mary Breckinridge Healthcare, Hyden, Kentucky 41749, 606-672-2901 Frontier School of Midwifery and Family Nursing, Hyden, Kentucky 41749, 606-672-2312

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(the parent)

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FORM OF BEQUEST

For the convenience of those who wish to remember the Frontier Nursing Service in their Wills, this form of bequest is suggested:

"I hereby give, devise and bequeath the sum of... dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky."

HOW ENDOWMENT GIFTS MAY BE MADE

The following are some of the ways of making gifts to the Endowment Funds of the Frontier Nursing Service:

- 1. By Specific Gift under Your Will. You may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.
- 2. By Gift of Residue under Your Will. You may leave all or a portion of your residuary estate to the Service.
- 3. By Life Insurance. You may have life insurance made payable direct to the Service.

The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.

Contributions to Frontier Nursing Service, Inc. are tax deductible under Section 501(c) (3) of the Internal Revenue Code of 1954.

Gifts of stock should be sent to:

FRONTIER NURSING SERVICE
Mr. William Hall, Treasurer
Bank One Lexington, NA
201 East Main Street
Lexington, Kentucky 40507

STAFF OPPORTUNITIES

Because text for the *Bulletin* must go to the printer several weeks before publication, it is not possible for any issue to contain an upto-date list of job opportunities. Instead, we list types of positions that are most likely to be available and invite anyone qualified and interested to write for current information.

FNS Staff Opportunities:

Current Opportunities include: certified nurse-midwives, family nurse practitioners, registered nurses, x-ray technicians, physicians, and laboratory technicians. For current information or to apply for a position, contact Eva Morgan, Human Resources Manager, Wendover, KY 41775 (phone 606-672-2317)

Courier Program: This program has an ongoing need for all types of people, with all types of skills. The program is not limited to those interested in a health career. It encourages applications from anyone who is willing to volunteer for a minimum of 8 weeks and would like to be exposed to the work of the Frontier Nursing Service. For current information, write or call Barb Gibson, Director of Public Relations/Courier Program, FNS/Inc., Wendover, Kentucky 41775 (phone 606-672-3280 or 672-2317).

Nursing Volunteer Program: This is a program that has been recently designed to meet the needs of nurses and nursing students who only have a short length of time in which to come to FNS and gain experience. In this program if accepted, there is no required amount of time. For current information, write or call Glenna Combs, Director of Nursing, Mary Breckinridge Healthcare, Inc., Hyden, Kentuky 41749 (phone 606-672-3162)

URGENT NEEDS

FNS has an urgent need for the items listed below and hopes that its friends will wish to contribute toward their purchase. Because of your generosity, we sometimes receive more gifts for a particular item than we need. In those instances, your gift will be applied toward another urgent need listed below. Donations should be sent to the Development Office, Frontier Nursing Service, Wendover, Kentucky 41775, where they will be gratefully received.

Aunt Hattie's Barn:	Estimated Cost
Furnishings	2,000
Beech Fork Clinic:	
VCR for Patient Health Education	250
Ear Probe Thermometer	550
Microwave	200
Blood Pressure Cuff	50
Community Health Clinic:	30
EKG Machine	2,000
Ear Probe Thermometer	550
O2 Sat Machine	
Emergency Room:	1,000
Instruments	325
Infant Scale	
Stethoscopes	300
Hyphacator	
Medical Emergency Books	1,500
Blood Pressure Cuffs	300
Scales	100
Home Health Agency:	500
2 Otoscopes	100
O2 Sat Machine	400
EKG Machine	1,000
Centrifuges (4)	2,000
Hyden Clinic:	1,500
Infant Scale	
Stethoscopes	300
Safety Back Belts	300
Kate Ireland Women's Center:	500
Ear Probe Themometer	\$P\$100000000000000000000000000000000000
Laboratory:	550
Computer	
Maternity:	1,800
Blood Pressure Cuffs	
Adult Stethoscopes	240
Newborn Stethoscopes	130
Medical Records:	160
Laser Printer	
Medical Surgical Floor:	1,400
Blood Pressure Cuffs Wendover-Workshop:	100
Porter-Cable Belt Sander	TO HELD ALL WINDS IN TO
Wooton Clinic:	175
EKG Machine	2,000

FRONTIER NURSING SERVICE, INC.

Its motto:

"He shall gather the lambs with his arm and carry them in his bosom, and shall gently lead those that are with young."

Isaiah 40:11

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives for rural areas where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and midwife training schools for graduate nurses; to carry out preventive public health measures; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them, at a price they can afford to pay; to promote the general welfare of the elderly and handicapped; to ameliorate economic conditions inimical to health and growth, and to conduct research toward that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them to cooperate with individuals and with organizations, private, state or federal; and through the fulfillment of these aims to advance the cause of health. social welfare and economic independence in rural districts with the help of their own leading citizens.

From the Articles of Incorporation of the Frontier Nursing Service, Article III as amended June 8, 1984