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Cover: Today, as always, a special part of a courier's experience is greeting and serving as guide to visitors from around the world. Pictured is courier Brenda Johnson with a nursing educator from Indonesia.

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THE FNS COURIER/VOLUNTEER PROGRAM

Tradition . . . Service . . . Adventure

The Frontier Nursing Service has always been known for its "nurses on horseback" but there is, and almost always has been, another vital component of the FNS — the couriers and volunteers. Like the unsung heroes and heroines in many organizations, it is the couriers and volunteers who have traditionally performed the basic and routine functions of the organization, keeping everything in running order so that all operations can be carried out as smoothly as possible.

Their jobs were never very glamorous, nor the connotation of their image as romantic as the nurse on horseback, but for the most part this has left them undaunted, for they are, and really have been, a special group of people. Over the years they have come to the FNS, volunteering their time with cheerful attitudes and good nature. Not only have they carried out their chores, but they have also made lasting contributions to the organization.

Thus, we would like to take this issue to spotlight the courier/volunteer program and to say thank you for all of your service and commitment. FNS would not be the same without you. While we would like to recognize everyone on an individual basis, it would be a difficult task, for there have been so many of you and you have all done so many things. Instead, we have chosen to mention just a few individuals to help highlight some of our documentation. We shall take you through an historical account, which traces the development and evolution of the program, and then will move into the present-day scenario, finally ending with some personal accounts from our more recent couriers and volunteers.

The Inception and Evolution

In the summer of 1926, Mrs. Breckinridge's nephew, Brooke Alexander came to Wendover to help tend to the horses and escort people to Wendover from the railroad in Hazard. Brooke slept in a tent at the back of the Big House with the dogs to keep him company.

Sometimes Brooke came with two other boys, James Parton and Joseph Carter, who also acted as messengers and errand runners. The boys continued to come to Wendover on and off during their summer vacations for several years. They made trips to Hazard or Krypton to meet guests either on horseback or in the jolt wagons, and from descriptions of these trips, *jolt* wagon is a very appropriate name for these vehicles.

A trip to Hazard with the wagon would take two or three days round trip, and the wagon would be driven along the narrow, bumpy trails and on dry creek beds. Sometimes Brooke would arrive at the station to pick up guests and discover that there were not enough horses for the number of riders, and thus would have to make the return trip on foot.

In May of 1928, Marvin Breckinridge, a young cousin of Mrs. Breckinridge's, arrived with her friend Anna Weld, and started a tradition that we still see present within the Service over 60 years later. Inspired by the goals of the Service, Marvin wanted to help make it a success in the best way she could. Later that year, she received a letter from her cousin Mary Breckinridge suggesting that she study professional cinematography in New York City where she lived, and then return to Kentucky and film a silent, black and white movie about the mission of the FNS nurses.

Marvin complied and in December of 1929 she returned as a volunteer to start filming *The Forgotten Frontier*. She returned again in the spring and summer of 1930 to complete the filming. While she was at FNS in 1928, Marvin handled courier duties, such as tending to the horses for the nurses when they went out on their calls, accompanying the nurses on their deliveries and rounds, and in general, handled a variety of other useful tasks. This exposure enabled Marvin to see first-hand what the nurses did, and later, to accurately record their work on film.

The film opened in New York City in January of 1931. It was instrumental in helping Mrs. Breckinridge raise much needed funds to run the Service by giving viewers a rare opportunity to see the conditions under which the FNS nurses worked.

In the early days of the Service, the courier program was not a formal one. The female volunteers lived in the guest rooms of the Big House. Later the couriers resided in the Garden House, which was built in 1926.

Mrs. Breckinridge modeled the courier program from her experiences with the Motor Corps of the Comité Américain Pour Les Régions Dévastées de la France (C.A.R.D.) in France following World War I. The volunteers in this program did whatever errands and chores were necessary to help those in need, particularly children, after the devastation of the war. Mrs. Breckinridge saw this idea work in France and felt that it had great potential to help the Service run more smoothly.

Only young women served as couriers after Brooke, Joseph and James until the autumn of 1973, when Doug Carroll came to FNS. Serving as a courier was "the thing to do" for young socialites, many of whom were daughters of donors. However, Mrs. Breckinridge had several criteria which the prospective couriers were required to meet before they were accepted. It was essential that they be excellent horsewomen, with recommendations to prove their expertise, as the mode of transportation was on horseback and often it was necessary for a courier to ride into the mountains on their errands alone. The riding was rough and at times perilous, because the mountains were so steep and the rivers which they forded were sometimes high and swift.



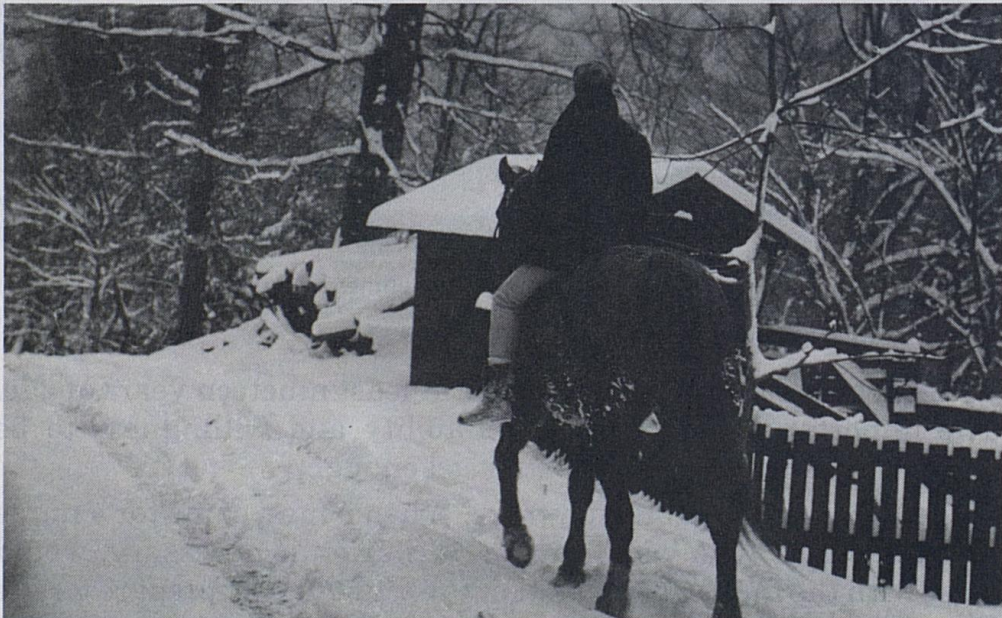
... The rivers they forded were sometimes high and swift.

The couriers were required to be at least nineteen years of age. The importance of maturity, reliability and willingness to be flexible could not have been stressed enough.

Reliable and flexible they were. When a man came for a nurse to aid his wife who was in labor, a courier, if necessary, would arise with the nurse at any hour of the night to help prepare for the journey. She would saddle the horse, and help with any other necessary preparations, and sometimes accompanied the nurse to

the delivery. Once at the laboring woman's house, the courier would tend to the fire, boil water, hold the light for the nurse, tend to the existing children and do whatever else the nurse needed to make things run more smoothly.

Couriers' duties were varied and always important, as they still are. The couriers were and remain a very vital part of the organization, in that they have always played the role of support staff. No task was unimportant to the couriers; they delivered medicine to families in need; they carried sick children on the pommels of their saddles to be cared for at the Hyden Hospital or at the district clinics; they aided the nurses in the very important project of researching and treating children for worms, (a very serious affliction among mountain children at one time) by gathering specimens to be tested in order to check the effectiveness of hexylresorcinol. Couriers accompanied Mrs. Breckinridge on rounds to the districts through all weather conditions. This was exemplified in a story told by Marvin Breckinridge Patterson, who said that once, while on rounds in the middle of the winter with her cousin Mary, they had to cross the rivers on horseback. When they returned to the hospital and removed their rain slickers, the slickers, frozen stiff, stood erect in the middle of the floor.



A Courier on rounds in the dead of winter.



A very important part of the couriers' duties was to tend to the horses.

A very important and basic part of a courier's duties was to tend to the horses. After the nurses returned from their duties, the couriers were required to unsaddle, brush, feed and water their horses. If the horses became ill, it was the courier's duty to tend to the stricken horse until it was well again.

Once, when an epidemic of distemper broke out among the FNS horses, the couriers slept on hay in the stalls of the sick horses in order to keep up treatments during the night. The couriers handled the epidemic so well that only one of the 12 stricken horses died.

The following is an excerpt from courier Kathleen Wilson's journal which was published in the Autumn 1935 *Quarterly Bulletin* describing a day of caring for horses' ailments:

Friday

"Woody" and "Flint" were both sent to Wendover from Hyden this morning to be tended by the couriers. We diagnosed distemper and isolated them in the horse hospital barn. Agnes has given us a pink and blue flowered smock to wear when we go to their stalls. With blue jeans protruding below, the effect is wonderful! The water hydrant is 100 yards from the hospital barn and it's simply amazing how much sick horses can drink! "Woody" and "Flint" have had five bucketsfull each today. The cook said she could tell I wasn't used to "toting" water. I don't believe she'll be able to say that by the time "Woody" and "Flint" have recovered!

The sore on "Rex's" back is a huge hole now. We put vaseline on it this morning and stood him in the sun for two hours. Then we applied hot Epsom salt compresses till the scab finally lifted enough to be cut off.

Poor Bucket has practically had to give up her job as midwifery supervisor to be chief consultant for the couriers about sick horses! We're washing every horse's back in the stable with alum once a day now to harden them and prevent backs starting in this hot weather.

As in the French program, (The American Committee for Devastated France), the couriers worked under the direction of a chief from their own ranks. This person was called the Resident Courier. Jean Hollins from New York served as the Resident Courier for many years. After she served as both a junior and senior courier, Jean volunteered to take a course in animal husbandry at the University of Kentucky. These skills were put to use often when one of the horses or cows became ill.

The couriers were also responsible for the grocery shopping. The cook at Wendover would give the couriers a list of needed items and the couriers would make the trip into town to pick them up. Sometimes the courier would have to meet the bus at the head of Hurricane to pick up an order of fresh meat which had been sent in from Hazard. Marion Shouse's description of such a trip has been excerpted from the Autumn 1936 *Bulletin*:

Topsy had started out with the new nurse who is relieving for Margaret, and Fannie went up river about twelve to get some worm tins. By that time the rain had ceased, but the sky was still overcast. I started for the head of Hurricane about twelve fifteen to meet the meat which was coming in on the noon bus. On the way up I met Fannie returning with the worms, and we chatted for a minute. The woods were dripping and vividly green, and filled with that heavenly freshness that always follows a shower. As I passed the Bollings' house I looked in, but there was a group of strangers sitting on the porch so I didn't go in.

Hitched "Flint" and went up to the rock by the state highway that I suppose a million couriers have sat on while waiting for the bus. It started to sprinkle again, and as I had pooh poohed the idea of a raincoat I tried to get under the saddle bags, but it didn't work very well.

The bus came along in a little while and the driver handed me a sizable bundle. If someone at Wendover telephones Hazard before the bus leaves there in the morning, then the groceryman stops the bus driver and gives him the meat for the F.N.S. In hot weather the meat spoils so quickly when taken off the ice that unless this system were used we wouldn't have any meat for weeks at a time.

The bundle, as I said, was sizeable; it wouldn't go into the saddle bags, so I decided to carry it. On a dry day that would have worked very well, but the saddle was damp, I was damp, and there was a lot of moisture in

the air and a good many drops from the trees. as a result the cardboard became softer and softer. I kept shifting the box, which rested on the head of the saddle, from side to side, and every time I shifted it, it became pulpier and more shapeless. I visualized myself riding into Wendover carrying beefsteaks in my bare hands, for the box certainly didn't act as though it could hold till we got home. To make matters more complicated, "Flint" decided that she was in absolutely no hurry whatever. Apparently she was enjoying her outing, and didn't want to get back to her stall at all. However, the box held together and the steak arrived safely. By that time it was pretty nearly two o'clock and I was starved, so went over to the Big House where luncheon had been saved.

Serving as a courier at FNS became somewhat of a tradition among families of former couriers. If a former courier gave birth to a baby girl, the child would be enrolled for the Courier Service starting 19 years after her birth. Below is an example of such a request:

Enrolled for the Courier Service of 1955, by special request, Miss Margaret Avery Schreiner, born May 10, 1936, weight 7 pounds 3 1/2 ounces, the daughter of our splendid former Chicago courier, Mary MacCaughey.

The couriers have always been a vital part of the Frontier Nursing Service, and many couriers have continued to remain active within the organization. Several former couriers currently serve on the Board of Governors and on the Board of Trustees. They are:

Miss Fredericka Holdship, Sewickley, Pa.	Mrs. Robert A. Lawrence, Westwood, Mass.
Miss Jane Leigh Powell, Glen Cove, N.Y.	Mrs. E. Townsend Moore, Darling, Pa.
Mr. Joseph Carter, Tompkinsville, Ky.	Mrs. Robert F. Muhlhauser, Glendale, Ohio
Mrs. James Kenan, Lexington, Ky.	Mrs. Samuel E. Neel, McLean, Va.
Dr. Patience White, Washington, D. C.	Mrs. Arthur Perry, Jr., Concord, Mass.
Mrs. Charles Cheston, Jr., Topsfield, Mass.	Mrs. Charles S. Potter, Chicago, Ill.
Mrs. John J. Dete, West Liberty, Ohio	Mrs. James N. Rawleigh, Jr.,
Mrs. Peter R. Ehrlich, Bedford, N.Y.	Harrods Creek, Ky.
Mrs. Paul Church Harper, Lake Forest, Ill.	Mrs. William M. Schreiber, Louisville, Ky.
Mrs. Gilbert W. Humphrey, Miccosukee,	Mrs. Robert N. Steck, Washington, D. C.
Fla.	Miss Margaret Watkins,
Mrs. E. Donald Jones, Bellefontaine, Ohio	Grosse Point Farms, Mi.
Miss Deborah M. King, Dedham, Mass.	Mrs. George A. Parker, Great Falls, Va.
Mrs. Frank O'Brien, Boston, Mass.	Mrs. Edward Arpee, Lake Forest, Ill.
Mr. Brooke Alexander, New York, N.Y.	Mrs. Marion E.S. Lewis, Matamoras, Pa.

In addition, Mrs. Jefferson Patterson serves as Honorary National Chairman, former Senior Courier Kate Ireland is the current National Chairman and Heidi Sulis, a former volunteer, is now working as an administrative assistant to FNS President David M. Hatfield.

Betty Horsburg, a former courier sums up how many of the couriers feel when the time has come to leave the Kentucky mountains in a letter which she wrote in 1935:

“Since my arrival home I have been smitten with an extremely infectious disease, namely Kentucky Mountainitis. Etiologists would say it was contracted by a two month stay with the Frontier Nursing Service at Wendover. The symptoms are easily recognized. The prognosis is poor unless immediate treatment is undertaken. The medical profession realizes that the patient should return as soon as possible to the F.N.S. Unless such treatment is given the patient becomes delirious, neighing like a horse, mooing like a cow, squealing like a pig and jabbbers on about getting tea.”



...Time to milk the cow — A Couriers' duties were varied and no task was unimportant.

End of Part One:

In the next issue of the Quarterly Bulletin we will complete our article on the FNS Courier/Volunteer Service with a look at the present day program.

A Friend Remembered

The previous edition of the *Quarterly Bulletin* was dedicated to the memory of our former director, Miss Helen E. Browne, C.B.E., who died on January 20, 1987.

On April 10th, Frontier Nursing Service held a memorial service for Brownie at our historic headquarters, Wendover.

The following passages are taken from the remarks of the two principal speakers, Miss Jane Leigh Powell, Corresponding Secretary of the FNS Board of Governors, and Miss Mable (Skip) Spell, a family nurse practitioner and administrative assistant at the Mary Breckinridge Hospital.

Preceding these excerpts, is the text of a telegram received by our National Chairman, Miss Kate Ireland, from Eunice K. Ernst, Director of the National Association of Childbearing Centers and a former member of the FNS Board of Governors.

Miss Kate Ireland
General Delivery
Wendover, KY 41775

Dear Kate,

Wish I could be with you to celebrate the life of Brownie. She touched us all in many ways. To me she was the ultimate midwife — sound, sure and sensitive. The FNS has been a proving ground for many leaders and Brownie was a strong, quiet, reserved presence in their development. My heart and spirit are with you all as you hold her in remembrance.

Excerpts From Remarks Made by Miss Jane Leigh Powell:

When you came to Kentucky in 1938, World War II was only a year off and in 1939, many of the British nurse-midwives went home to England. But you stayed on as Mary Breckinridge needed you to help her keep the Service running. Giving care to families in their homes and at the hospital, times were difficult with gas rationing, travel mainly by horseback, medical help many miles away, an erratic telephone system — all of which taught you to cope with situations in the best way possible. Nurses were not completely trusted by the men of the mountains and sometimes you helped mothers in labor at the barrel end of a shotgun.

When you became Associate Director and then Director after Mary Breckinridge's death in 1965, it took you away from

contacts with your patients and put you in a job of administrative responsibility, which you did with great ability. You had to communicate with government officials, foreigners, politicians, deans of universities, medical and nursing professionals, donors, trustees and families of staff and couriers. I remember with such admiration the hours you spent with visitors from foreign lands, many of whom couldn't speak English very well and some who had to speak through interpreters — trying to help them understand the work of the Service so that they could take some of the ideas and adapt them to their own countries.

Your patience was unending!!! If staff members wanted to talk to you, you would stop whatever you were doing to devote time and full attention to their problems; but you never solved them. Instead you were a great listener and would wait until the problem was presented, ask some pointed questions which, when the answers were given, made the person realize they had solved their own problem. You always had time to listen and your guidance was cherished by many including the couriers who depended on you for help when an animal was sick. Patients in your care were not only humans, but also horses, cows and dogs.

Over the years, many of the staff who went on to other jobs, often in foreign countries, corresponded with you and shared ideas and troubles and you never failed to reply and keep in touch with them.

Caring — a word you used so frequently. Many times at graduation ceremonies for the students of the Frontier School of Midwifery and Family Nursing, your commencement address would include a few words about caring; if you cared about people and for people, everything would be fine. "Nurses care, doctors cure"!

You boasted no academic degrees but you could certainly hold your own with anyone on any topic in the health field. During your years as Director, you saw the advent of Medicare and Medicaid — nightmares for both providers and consumers at the beginning. You had to integrate the two systems of government reimbursement with a private, non-profit health care system and the confusion and paper-work were monumental. If that wasn't enough, Hyden Hospital, built in 1928, was deemed unsafe by the

Fire Marshal and we knew it was time to build a larger and more modern facility. During this period, the Appalachian Regional Commission came to the area from Washington and you spent hours going to meetings and talking to government officials trying to convince them that the FNS deserved, wanted and needed some of their millions of dollars to help build a new hospital. (These officials always called you Helen!) You were not only successful in convincing them to the amount of \$1 1/4 million, but also succeeded in raising \$3 million from private foundations and donors in the first capital fund drive ever attempted by the FNS.

In 1970, the FNS took the bold step of combining Family Nurse Practitioner training with the already existing Nurse Midwifery training. Critics said it couldn't and shouldn't be done, but you and your staff persisted and created the first school of its kind in the country. You were also very instrumental in merging the American Association of Midwives here in Hyden with the American College of Nurse Midwifery, which currently numbers 2400 members.

You received the Distinguished Service Award from Berea College, an Honorary Doctorate Degree in Nursing from Eastern Kentucky University and you were named a Kentucky Colonel. But I know the most meaningful honors bestowed upon you were by your Queen, Elizabeth II — The Order of the British Empire in 1964 and Commander of the Most Excellent Order of the British Empire in 1976. While going through your papers in Milford, I found dozens of congratulatory letters you had received at the times of your awards and your replies were always the same. This one, written to the Executive Secretary of the International Confederation of Midwives in London, said: "It is my ardent wish that the good publicity which the O.B.E. brings to the Frontier Nursing Service will also bring us some more staff members." Your unselfishness at such a time of personal recognition was another example of never thinking of yourself, but always of the FNS. By the way, your sisters want your awards and medals to be here at Wendover so we'll put them in the "Brownie Room" in the Big House.

In closing, let me say that there is no ending and, though you will no longer be among us, let us each remember and learn from

your examples — patience, being a good listener, lending guidance, persistence, practicality, honesty, unselfishness, faith and dedication — for you dedicated your life to the FNS and all that it stands for and may you rest in peace knowing you have given so much to so many and never asked for anything in return. Thanks, Brownie, with love . . .

* * * * *

A Poem Shared by Skip Spell:

THE ROSE BEYOND THE WALL

Near a shady wall a Rose once grew,
Budded and blossomed in God's free light
Watered and fed by morning dew,
Shedding its sweetness day and night.

As it grew and blossomed fair and tall,
Slowly rising to loftier height,
It came to a crevice in the wall,
Through it there shone a beam of light.

Onward it crept with added strength,
With never a thought of fear or pride.
It followed the light through the crevice's length
And unfolded itself on the other side.

Shall claim of death cause us to grieve
And make our courage faint and fall?
Nay! Let us faith and hope receive.
The Rose still grows beyond the wall.

Gifts made to the Service in memory of Brownie are being used to restore her beloved FNS home, Wendover. We have also received a very special contribution from our New York Committee allowing us to renovate the labor and delivery area of the Mary Breckinridge Hospital in her honor.



Betty Lester, CNM, autographs the recently published book based on her life with Frontier Nursing Service.

A New Novel Features the Life of Betty Lester

Babies In Her Saddle Bags — Adventures of a Kentucky Midwife is the title author Joyce Hopp chose for her recently published book which focuses on the life of our own Miss Betty Lester.

For those readers who may not know of Miss Lester. Betty, a young British nurse-midwife, came to Kentucky to work with Mary Breckinridge and the Frontier Nursing Service in July, 1928. The young organization had not yet completed its first year. Forty-three years later (1971) Miss Lester "retired" from active service and now resides here in the eastern Kentucky mountains she loves and considers home.

It is almost impossible to contemplate the vast numbers of people who have sipped tea in Betty's living room and listened with fascination and delight as Betty reeled off yarn after yarn. Those of us here at FNS — staff, couriers, students — are frequent guests. For countless visiting individuals and groups, a Betty Lester story-telling session is the highlight of their FNS visit.

It is a great satisfaction to know that Betty Lester's remarkable memories will be preserved and available to such a broad audience. Perhaps even more gratifying is the knowledge that her admirable life of service, dedication, courage and joy will inspire others as it has her FNS family and fellow Kentuckians.

Anyone interested in purchasing the book may order through The Book Shelf, Hyden, KY 41749 or directly from the publisher, Pacific Press Publishing Association, Boise, Idaho.

An Update on the HUD Housing Project

While reviewing the federal register, a member of the FNS staff discovered that funds were available for building multi-unit housing facilities for low income senior citizens and the handicapped. Since Leslie County had no public housing, the need was there. The FNS Board of Governors agreed to act as sponsor and to commit \$15,000 as seed money for the project.

A new entity, Mary Breckinridge Housing, Inc., was formed to handle the application process, oversee construction and eventually operate the facility which will be known as Beechwood Apartments. Currently that group has five members: James Mosley, chairman; David Hatfield, vice-chairman; Rhonda Brashear, secretary/treasurer; John Gilman, assistant secretary/treasurer; and Faye Farmer, member.

After almost three years of effort on the part of a great many people, the project received HUD approval and completion was scheduled for the fall of 1987. Plans called for 6 efficiency units and 15 one-bedroom units (three handicapped equipped) to be built on the hill behind Mary Breckinridge Hospital. The site was chosen because it provides ready access to the hospital and all its services, plus it is within easy walking distance of downtown Hyden.

Money — our usual problem — was well in hand. The total cost of the project is estimated at \$1,041,454. We have \$1,120,373 available through the following sources:

\$987,000 HUD Loan

78,373 Appalachian Regional Commission Grant

35,000 Kentucky Housing Commission Grant

15,000 Frontier Nursing Service Contribution

5,000 Hyden Citizens Bank Contribution

In addition, although Leslie County is unable to assist financially, they have, in time-honored mountain tradition offered to lend labor and services.

There was great excitement in Hyden the day the bulldozers arrived and began to move the mountain. All went well until the mountain began to move on its own and threatened to take the road to Hospital Hill with it. Construction ground to a halt, the experts arrived and conferred and eventually, retaining walls were built to stabilize the mountain. Construction soon resumed and the walls of Beechwood Apartments are rising rapidly. Perhaps, with just a little luck and some cooperation from Mother Nature, a future *Quarterly Bulletin* will report the Beechwood Apartments are running at full occupancy.

FNS Honors Congressmen

Senator Mitch McConnell and Congressman Hal Rogers were honored by the Frontier Nursing Service for their many efforts in our behalf. Both men are long-time friends to FNS and its programs. Senator McConnell, Congressman Rogers and their staffs have been very helpful during our past effort to obtain HUD (Housing Urban Development) funding to build a 21-unit housing facility designed to serve the elderly and handicapped.

In appreciation of their support and concern for the people in our area, both men were presented with traditional oil lamps from Wendover, home of Mary Breckinridge.



Congressman Hal Rogers receives his Wendover Oil Lamp from FNS National Chairman Kate Ireland.



Senator Mitch McConnell enjoys his historic lamp in his Washington office.

Pediatrician Paul Diamond Shares Thailand Experience

Editor's Note: In the Winter 1987 *Quarterly Bulletin*, Dr. Paul Diamond wrote of his Kentucky experiences. Paul left FNS for Thailand where he was to lead a team of physicians in caring for Cambodians in Thailand refugee camps. We received a letter from Paul telling of his work and his plans for the future. He writes:

“ . . . Here in Thailand the life and work is very different from Hyden and never a dull moment. In general, the Thai people are very gentle and warm and laugh and smile quite easily. We live in Aranyaprethet, about 70 km from Site II, the camp where I work. Aran has 20,000 people and most modern conveniences except showers and hot running water. We have a ‘squat toilet’ and drink only bottled water Restaurants are aplenty, and although we have a housekeeper who does our laundry, she doesn’t cook. Thai food is great and we eat out all three meals for about \$2.50 per day. I haven’t gotten up the courage to try fried crickets yet. At Site II, I run the pediatric ward and teach the Kmer medics. There are 50 regular beds, 15 malnutrition and 15 diarrhea/typhoid beds. There’s lots of pneumonia, otitis, meningitis, severe anemia, abscesses and of course almost everyone has worms. Facilities are minimal, but we do have IVs and 2 microscopes It’s remarkable that we do so well with so little including no electricity. Everyday we leave at 4:30 p.m. and the Kmer medics run the show and do a very good job. They all speak at least some English so I don’t have to learn Kmer or Thai, but we all get a good laugh when I try to. So far the military activity has been very quiet as the military patrols the boarder (2 km from the camp) closely. We all carry walkie-talkies to keep abreast of the security situations so we can leave the camp should any activity occur or it appear expedient. All in all, I am glad that I am here and am seeing and learning and hopefully teaching a lot I have accepted a job at Children’s Hospital of Philadelphia for July 1 working in the child abuse network the job should be a challenging one with opportunities to do clinical work as well as community teaching, home visits, some time in court and sitting on some of the city and state child advocate committees Please give my warmest regards to all at FNS whom I think of often and miss a lot . . . With affection, Paul”

A Visitor From Ecuador

Dr. Leonardo Oviedo, a cardiologist from Ecuador, recently visited Frontier Nursing Service. Dr. Oviedo was accompanied by Dr. Carol Bryant of the Lexington Health Department and Mr. and Mrs. James Ruiz. The visitors had an opportunity to learn about the FNS decentralized system of health care delivery through meetings with our staff and a driving tour.

The visit was sponsored through the "Partners in the Americas" program which offers opportunities for the exchange of knowledge between countries of North, South and Central America.

Dr. Oviedo was next scheduled to visit a holistic health center in Georgia.

Following Dr. Oviedo's FNS visit, Vice President for Development Ron Hallman received the following letter from Kay Ruiz, Executive Director of Partners of the Americas:

On behalf of the Kentucky-Ecuador Partners, I would like to thank you for the wonderful tour of the Frontier Nursing Service that you gave Dr. Carol Bryant, Dr. Leonardo Oviedo, my husband and me last week. Programs such as F.N.S. are truly inspiring to the Ecuadorians who are working in conditions not very different from those in eastern Kentucky as well as to those of us in the cities who sometimes forget the hardships that must be overcome to provide health services. . . .

Again, we appreciate your taking time to arrange our visit to the Frontier Nursing Service and give us a tour of the hospital. Our thanks also to those who took time out to explain their particular departments and of course to Betty Lester who is a true example of service to others.



(from left to right) Dr. Mohammed Kharsa discusses rural health care with Mrs. Kay Ruiz, Dr. Carol Bryant, Dr. Oviedo and Mr. James Ruiz.

Erica Goodman Addresses FNS Gathering in Cleveland

* * * * *

The following remarks were made last November at an FNS gathering held at The Garden Center in Cleveland, Ohio. The speaker, Erica Goodman, MS, CFNP, CNM, first came to FNS September, 1979, as a Pace University FNP intern assigned to the district clinics. After graduating, she became district nurse and then project director at the Oneida Clinic. She entered the Frontier School's midwifery class, graduated April, 1984 and remained on the Mary Breckinridge Hospital staff as a nurse-midwife until June 1986. Ms. Goodman is presently a doctoral student and an instructor in nurse-midwifery at The Frances Payne Bolton School of Nursing, Case Western Reserve University in Cleveland.

* * * * *

I am humbly honored to speak before you this evening.

There are many Frontier Nursing Service (FNS) graduates, unique women and men, who could be standing here in my place. I want to share my background with you briefly. I am one of many graduates each with their own special story of a journey to Frontier Nursing Service.

I grew up wanting to be a scientist. I had a child's microscope, pond water, and a frog to dissect. Exploring the unknown became exciting and addictive. In 1964 I graduated from high school —briefly glancing at nursing as a possible career choice — I wanted challenges and nursing appeared to lack them.

I restlessly tried different college depts: pre-med, psychology, anthropology. I wanted to use myself for society in some significant way. Each of the sciences I explored gave me only pieces of what I was looking for.

In 1974 I received my Bachelor's degree in Marine Biology. I was married, living on Long Island and studying the ecosystems of marshlands. Part-time work as assistant to the science reference librarian gave me some pleasure. Life was comfortable but not quite challenging.

One afternoon a woman asked what a nurse practitioner was. That query search led me to several innovative nursing programs: the generic masters at Yale University and also Pace graduate school —from which I eventually received my degree; The Doctor of Nursing program at Case Western Reserve University and a historical reference to the Frontier Nursing Service.

I found the challenges I had been looking for and set my path to Hyden, KY.

In the life of Mary Breckinridge I found a woman to respect. Her faith intelligence, commitment, the power of her convictions and her desire to

change maternal/child health care forged her as a pioneer, a forerunner, leader, settler — preparing the way for other nurses.

She has been described as a visionary. Webster's defines a visionary as a dreamer, fantasizer, impractical, unable to put into effect. Its antonym is Realist. Mary Breckinridge wasn't a visionary by that definition — she was a realist. A woman who responded to the losses in her life by observing and investigating a need in her home state and challenging herself to meet that need. She researched the maternal and newborn morbidity in Leslie County. She developed herself into an expert clinician, administrator, community organizer, educator and nurse scientist. She managed this with gentle yet caring toughness. The nurses who graduated from Frontier Nursing Service came away with the motto — see one, do one, teach one and record your results accurately. At reunions you will find them reminiscing about the demanding days at FNS — as students, clinicians, educators, administrators. The story goes — if you stay at Frontier Nursing Service long enough you will be challenged to assume all those rolls — occasionally at the same time. But, if you listen closely, those stories are told with pride, hearty laughter and poignancy.

One Frontier Nursing Service graduate was flown into Honduras by piper cub. A mule—a guide—and her clinic in crates awaited her. Their destination was 80 miles into the jungle with a storm approaching. A map was sketchily drawn on one of the crates. She was admired for giving orders to her guide, using a dictionary, strapping her suitcase to the mule, checking on its health and feed, climbing aboard and heading into the jungle singing a spiritual.

In the recounting of the story, the nurse recalls “impossible” never occurred to her. Mary Breckinridge would have expected her to “get on with it”.

There are many stories like this one. Frontier Nursing Service graduates have silently affected health care in this country and around the world.

Leslie County has changed. The forks, branches, and creeks remain in the Appalachian hills. Coal mining, lumbering, farming, continue — impacted by technology. The mule and horse gave way to the jeep; the jeep gave way to 4WD and pickup. Daniel Boone highway now cuts straight through the mountains. Brick homes, trailers, satellites and backyard pools flow between log barns, mountain homes and tobacco beds. It would seem the frontier is gone — it isn't.

Health-care costs escalate. Liability insurance is prohibitive. A vast middle-class poor are without health care providers. Large areas of the

country are losing their providers because of cut backs. The health care needs among the indigent remain critical. In the Metropolitan Insurance study of the first 10,000 births at FNS it was demonstrated that maternal/child health care provided by educated nurses significantly and dramatically saved mothers' and babies' lives and improved the quality of their lives.

Our statistics show that frontiers remain. Nursing is continuously challenged to investigate the needs and develop the programs that will continue to impact health care across the country — in urban as well as rural areas.

We are realists.

Nursing science is ready to add its strength to nursing practice. Clinical researchers are challenged to study the effect of their caregiving. Nursing scientists are exploring how to make that care-giving meaningful and effective. It is the synthesis of the knowledge that nurses have been reporting intuitively throughout our history.

Frontier Nursing Service and Frances Payne Bolton School of Nursing have joined hands and philosophies. Through their innovative programs they have challenged their graduates to continue questioning, to participate in and develop research areas that will explore new knowledge and continue pushing at the borders of nursing's frontier.

Frances Payne Bolton School of Nursing has proposed a study of all the births at FNS. Statistics will be examined. A national data collection tool will be tested. The results are expected to show the effects of nurse-midwifery management and the changes in health care in Leslie County during the last 61 years.

The masters new level entry program at Frances Payne Bolton School of Nursing enables Frontier Nursing Service students interested in graduate study to assume roles as expert clinicians, educators and researchers upon graduation.

Both schools are engaged in developing an innovative, community based, nurse-midwifery education program.

To care — and to add to the caring — dreaming, theorizing, researching and making things happen — as women like Mary Breckinridge and Frances Payne Bolton would have challenged us to do for mothers and babies.

DCW Gift Provides "State of the Art" Neonatal Care Unit

FNS recently acquired a very special piece of equipment for use in the maternity service at Mary Breckinridge Hospital.

The resuscitating bassinet is a self-contained unit with everything at hand to care for the newborn infant. It provides suction, oxygen and heat, and automatically monitors the heart rate and temperature of the patient. It also has the capacity to maintain the infant's temperature at a desired, pre-set level. The nursing staff is very impressed with the bassinet's safety features. It is equipped with automatic shut-off should the temperature exceed safe limits, and a built-in cassette holder which eliminates the need to disturb the infant should X-ray be necessary. In addition, since the unit provides heat, there is no need to cover the infant thus allowing the staff complete freedom of observation. In spite of its hi-tech features, it is a mobile, simple, non-intimidating unit that is as comfortable at a mother's bedside as it is in the delivery room.

Funds for the neonatal care center were generously contributed through the Daughters of Colonial Wars 1986-89 President's Project. Mrs. Richard C.L. Moncure III of Clifton, Virginia is the group's president.



Sidney Baker, RN in Labor and Delivery, cares for an infant in the resuscitating bassinet.

Kate Ireland Named Chairman of the Berea College Board of Trustees

Kate Ireland, national chairman of the Frontier Nursing Service, has recently been named chairman of the Berea College Board of Trustees. Kate has been a Berea College Trustee since 1971 and has served that body as vice chairman for the past five years.

She is a director of the Cincinnati branch of the Federal Reserve Bank of Cleveland and serves on the boards of The Appalachian Regional Hospitals; St. Timothy's School, Stevenson, Md.; The Archbold Medical Center, Inc., Thomasville, Ga., and is chairman of Archbold Hospital Health Services.

She is also treasurer of The Foundation for Hospice and Home Care, Washington, D.C.; a member of the Frances Payne Bolton School of Nursing Visiting Committee at Case Western Reserve University; and of the Southeastern Area Health Education Center Programs, University of Kentucky.

A native of Cleveland, Ohio, Kate came to Kentucky in 1951 as a volunteer for FNS and, in 1966, she established permanent residence in her Willow Bend home in Wendover.

We extend our hardest congratulations to Kate and to Berea College.

* * * * *

In Brief

Ruth Beeman and her Frontier School faculty were asked by the *American Journal of Nursing* to review 35 maternity nursing books and select five as "Books of the Year". Their reviews were published in the December issue of the Journal.

The Board of Directors of the American College of Nurse Midwives has announced plans to recognize Mary Breckinridge for her vast contributions to nurse-midwifery through the development of the "Mary Breckinridge Conference Room". The room will be located at the ACNM headquarters in Washington, D.C.

Mrs. Jefferson Patterson, Honorary National Chairman of Frontier Nursing Service, was honored by the University of Kentucky in May with the dedication of the Mary Marvin Breckinridge Patterson Room at their King Library. The room contains photographs and memorabilia of the Breckinridge family recognizing their many contributions to our Commonwealth.

Student Intern Assists In Developing PR Program

In the fall of 1986, Sheila Allen joined the FNS staff as a student intern. Working with Development Director Ron Hallman, Sheila devised a PR campaign designed to reach the entire FNS service area. She launched the program with a slide show presentation at local high schools. Its purpose was to inform our potential clients of FNS history, available services and future goals.

Sheila is a native of Hazard, Kentucky, and a 1986 graduate of the University of Kentucky with a BA in english and political science. She came to FNS looking for "hands-on experience in hospital administration and development as a prelude to entering graduate school . . .". Eventually, Sheila, with a public service background, hopes to work in the health care field.



Sheila Allen at work with Leslie County High School students

Beyond the Mountains

Although springtime is the most beautiful and inviting time of year to stay at home in the mountains of eastern Kentucky — is it inevitably our busiest time for travel beyond the mountains!

In mid-April, I left the Redbud of Kentucky for the Cherry Blossoms of Washington, to address the national convention of the National Society, Daughters of Colonial Wars at their annual "Frontier Nursing Service Breakfast".

Frontier Nursing Service has been the National Philanthropic Project of the DCW for more than 40 years, and it is always a pleasure to report on the use of their gifts for FNS scholarship, equipment, special project and general operating purposes. I had the pleasure of meeting the new President, Mrs. Richard C.L. Moncure III, as well as many of my long-time DCW friends.

The annual Lexington Ball was held on April 23rd this year at Spendthrift Farm. Frontier Nursing Service is always most grateful to be included in the generous proceeds from this benefit which also supports three Lexington charities: The Cancer Research Fund at the University of Kentucky, Baby Health Service and the Community Emergency Fund.

Kate Ireland, FNS National Chairman, and I are never to be found in our "Old Kentucky Homes" on the first Saturday in May as several of our outside Committees sponsor annual FNS Benefits in conjunction with The Kentucky Derby. We are, however, extremely pleased and grateful to represent the Service in Washington, Boston or Philadelphia to meet our donors, and personally thank the hard working committee members for their planning and work.

Steve Hardman, the new Administrator of our Mary Breckinridge Hospital, traveled to Washington this year for the sixth Derby Day Benefit hosted by our Honorary National Chairman, Mrs. Jefferson Patterson. The previous five Washington Derby Day Benefits have resulted in more than \$80,000 in contributions to the FNS!

We owe a debt of gratitude to Mrs. Patterson and our Chairman, Mrs. Elizabeth Olds, for executing another spectacular event in support of our important work.

The FNS Boston Committee was blessed with "one of the most beautiful days since October" according to Kate Ireland, who spent a very busy weekend in Boston visiting with several FNS friends including Mrs. C. Stuart Robertson. Mrs. Robertson, formerly of Cincinnati, is a second generation supporter of the FNS — following in her mother's interest in the Service.

Kate also enjoyed being with Mr. and Mrs. Walter T. St. Goar, Mrs. Frank O'Brien, Mr. and Mrs. Ralph Williams, Mrs. Gordon Smith and Mr. and Mrs. Burgess P. Standley at the Chilton Club on Friday night.

More than 200 people enjoyed the Sherborn Farm of our hosts, Mr. and Mrs. Dudley H. Willis — and several stayed for an informal supper afterward arranged by our excellent Boston Committee Chairman, Mrs. Hanson C. Robbins.

Meanwhile, in Pennsylvania, my wife Heidi Sulis and I enjoyed a feast of Kentucky delicacies and mint juleps at the Derby Day Benefit of the FNS Philadelphia Committee. Mrs. David H. Dohan once again offered her magnificent home for our nearly 100 guests — and a great time was had by all thanks to the organizational talents of our Chairman, Mrs. John H. Hodge.

Before the spring is gone — Kate Ireland and I will travel to Princeton, Louisville and San Francisco to meet with more FNS supporters and thank them for their vital support of our work here in the mountains and beyond.

— Ron Hallman

* * * * *

Courier News

Joan Fay (1987) Paonia, Colorado — “I am gardening now and helping to put in our vegetables and enjoying the large peach, apple and apricot orchards.”

Etha Miller (1987) Grand Junction, Colorado — “We had a good trip home with several stops for sightseeing. I've been substituting in the schools 2-3 days a week, so I can stay busy.”

Emma Lipton (1987) New York, — Describing her new job at the Metropolitan Museum of Art, Emma says, “I have been working on a children's song book, which matches images from the museum with children's songs. The fun part of this is working through the entire collection for matches.”

Carolyn Mehaffey (1986) Tulare, California — “My work here ends in the middle of June and then I'll be heading back toward Boston — possibly (hopefully) to row. Med school (U. of Virginia) starts August 24.”

IN MEMORIAM

These friends have departed this life in recent months. We wish to express our gratitude for their interest in our work, and our sympathies to their families.

THE HONORABLE TIM LEE CARTER

Tompkinsville, KY

FNS Trustee and distinguished representative to
the United States Congress.

MISS ROSE "Cherry" EVANS

Santa Fe, NM

Former FNS nurse-midwife who came to the service in 1938 and stayed in Kentucky during World War II — a time of critical staff shortages. Miss Evans worked in the Confluence district for 20 years before moving on to the Maternal Health Clinic in Santa Fe.

MR. ANTHONY M. PERRY

St. Georges West, BERMUDA

Husband of former staff, Judith Cundle
and brother-in-law of ex-staff Anne Cundle

DR. A.J. WHITEHOUSE

Lexington, KY

Served on the FNS Medical Advisory Committee
for many years — a loyal helpful friend.

MISS HELEN MARIE FEDDE

Monroeville, PA

Former staff member;
alumna (Class 13) and dean and instructor (1950-52)
of Frontier Graduate School of Midwifery.

MR. EDMOND FELTNER

Hyden, KY

Husband of staff, Lois Feltner

MR. WADE HAMPTON

Old Greenwich, CT

Husband of courier (1946), Lill Middleton Hampton

MRS. ELINOR M. MOORE

Lexington, KY

Former Blue Grass Committee Member and FNS Trustee;
Honorary Trustee at the time of her death.

MRS. NANCY SMITH

Manchester, KY

Mother of staff, Ruby Moore

MEMORIAL GIFTS

We wish to express our deep appreciation to these friends, who have shown their love and respect for the individuals named below by making supporting contributions in their memory to the work of the Frontier Nursing Service:

- | | |
|--|--|
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Mr. and Mrs. Eddie J. Moore
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Mr. Lewis Biggerstaff |
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SCHOOL NOTES

May 2 was a beautiful day — warm, sunny, and hot. Families from as far away as California and Oregon joined the many friends and faculty to celebrate our 97th graduation from the Frontier School of Midwifery and Family Nursing. Sandy Perkins, a nurse-midwife known for her work in developing the birth center movement, was the speaker and challenged the graduating class to maintain a “vision” of what they can do as nurse-midwives to improve the health care of families.

Ten graduates completed the Family Nurse-Midwife Program, and five of that group will enter the Frances Payne Bolton School of Nursing, Case Western Reserve University to complete the final nine credits they will need to also receive their Master of Science degree in nursing.

As soon as we could comfortably leave the graduation reception, most of the faculty and eight of the ten graduating class left to attend the ACNM convention in Orlando, Florida. Convention is always a busy time of renewing old friendships and developing new professional networks. Our FNS exhibit brings all our alumni and professional friends together to share news of one another and the Frontier School.

Just after I returned from the convention, I went to Washington, D.C. to make a presentation on our educational program to the National Advisory Council on Nurse Training, Division of Nursing, Department of Health and Human Services. I took along slides that showed the students in many of the varied aspects of the educational program, including our most recent graduation. Our program has had major funding from the Division of Nursing for the past 11 years and it was rewarding to be able to show them the successes we have had in being able to offer a program that is internationally known for its excellence.

This week we had our site visit for continuing accreditation of our family nurse practitioner program by the American Nurses' Association and we have been encouraged by their preliminary report. Needless to say preparation for such a visit is demanding for our faculty and staff and we are all breathing a sigh of relief that some of these big projects are out of the the way.

One of the most exciting things to happen has been the opening, finally in April, of the Kate Ireland Women's HealthCare Center. We still need to put some of the finishing touches on — pictures, plants, etc. but the faculty and students are enthusiastic about the response our clients have to the center. It is comfortable, comforting, professional and inviting and we are much indebted to those who have supported us in seeing this project through to completion. We will be holding a series of open houses this spring and summer and we hope all of you will come see for yourself.

If we sound busy, we are. I have only given the highlights of some of my activities. Our faculty are just as busy. Dr. Nancy Clark and Wendy Wagers are off to Nigeria where Nancy will be teaching a group of undergraduate nursing students as well as several community health nursing and nurse-midwifery students from Case Western Reserve University. Several of their faculty will be part of this effort as well and we are all excited by the new options that can develop from this continuing collaboration between our faculty and student group. But more of that in our next issues.

— Ruth Beeman

* * * * *



David Hatfield and Trudy Morgan proudly display the award naming FNS "Outstanding Rural Health Program" of 1987.

FNS Receives National Award

The National Rural Health Association selected the Frontier Nursing Service as the "Outstanding Rural Health Program" for 1987. The award recognizes a statewide or regional program which promotes or facilitates the development of rural health care delivery systems. Factors which are taken into consideration by the selection committee are coordination, networking, innovation and lasting impact.

FNS President David M. Hatfield presented the handsome etched glass award to Trudy Morgan at the National Rural Health Association's annual meeting in Nashville, Tennessee on May 8. Ms. Morgan, FNP at the FNS Pine Mountain Clinic and District Clinic Coordinator, received the award on behalf of all FNS employees.

Also present at the ceremony was Susan Hull Bowling. Ms. Bowling, FNP and Project Director of the FNS Community Health Center is a member of the National Rural Health Association's Board.



The 97th graduating class of the Frontier School of Midwifery and Family Nursing and their families, friends and guests, enjoyed a musical interlude provided by: (left to right) Lois Wenger, Erma Wenger, Sharon Lehman Ruth Rusby and Marsena Howard. The ceremony took place on May 2nd.

Field Notes

On March 6th, a dinner was held at Wendover for CHC staff members. Approximately 10 people attended.

On March 18th, a dinner was held at Wendover for the local Board of Governors and the FNP1 students. Approximately 30 people attended.

Eight students from Purdue University had dinner and stayed overnight at Wendover on April 2nd.

On April 10th, a memorial service for Helen E. Browne was held on the grassy spot at Wendover. Leigh Powell and Skip Spell offered the eulogy and The Reverend Geoffrey W. Ashworth, the blessings. Susy Kobetsky, a former courier at FNS, played a violin solo before and after the service.

A dinner at Kate Ireland's, for the FNS Board of Governors and guests, followed the memorial service and the couriers assisted with the preparation and serving of the meal.

The Board of Governors met the next day for breakfast and meetings at the Big House at Wendover. The meetings ended with lunch.

On the 12th of April, the Mary Breckinridge Ladies Auxillary lunched at the Big House with David Hatfield.

On the 20th of April, five New York State volunteers from the Afton-Nineveh Presbyterian Church, George and Betty Lutz, Doris White, Doris Stone and Kathy Kirby came to Wendover to work for one week. And work they did! They repainted the upstairs and downstairs hallways in the Garden House; in the Barn they repainted the 2 bathrooms, the downstairs bedroom and hallway, including the floors, walls and ceilings; George and Kenny Jones, our maintenance man, repaired the front porch of the Garden House. George helped Kenny mow and trim the lawns and plant flowers. I would like to express my deepest appreciation on behalf of FNS to them for choosing to spend their vacation time here at Wendover giving us their valuable skills and energy. I would also like to thank the Afton-Nineveh congregation for the lovely quilt and pot-holders which they made, and for the generous donation, which will be used to help renovate and beautify Wendover.

On the 21st of April, 19 nursing students from Berea College accompanied Mary Lou Pross to Wendover for a tour and picnic lunch.

On the 24th of April, 17 students from Prestonsburg Community College came to Wendover for lunch and a tour.

On the 27th of April, staff members from National Public Television had dinner and stayed overnight at Wendover. They are putting together a three-part show on Appalachian life.

On the 1st of May, families and friends of the graduating seniors from the Frontier School of Midwifery and Family Nursing started arriving at

Wendover. The next day, on May 2nd, a brunch was held at Wendover with approximately 65 people in attendance. Randy Wilson played the hammered dulcimer before and after the ceremony. Following the graduation ceremony, a reception was held with approximately 80 people attending. Susy Kobetsky played beautiful classical violin music throughout the reception, and was later joined by Randy Wilson on the hammered dulcimer. Couriers Ellen Shapiro and Tilde Gottscho were very helpful with the graduation preparations as well as Rhonda Johnson and Cassie Mosely, Wendover's fabulous cook.

— Elizabeth Wilcox

**In Memoriam
Dr. Tim Lee Carter
1910-1987**

Tim Lee Carter, a country doctor from Monroe County, Kentucky, died this past March. Dr. Carter, who represented the 5th Congressional District from 1965 to 1980, disliked political labels. He referred to himself as a "citizen-lawmaker". For much of his legislative career, Dr. Carter was the only practicing physician in the House and would often write prescriptions for Capital policemen, janitors and congressmen who were ill.

He became the congressional expert on health care delivery systems and supported legislation to improve vocational schools, libraries, roads, recreation centers and water delivery systems.

Representative Hal Rogers, Dr. Carter's successor to the 5th District, called Carter "a strong voice in Congress for the issues which face rural Kentucky". Here in Leslie County there are many who would agree.

Kate Ireland remembers Tim Lee Carter as "a country doctor who understood rural needs, whose legislation was down to earth and sensible. He was interested in medical and nursing care and his door was always open to those of us who were trying to secure legislation to improve the quality of health care in our areas. He was always a strong supporter of FNS and very helpful in getting the Mary Breckinridge Hospital built."

Former Leslie County Judge Allen Muncy recalls Dr. Carter as "a man who came when you asked him to. He helped get the funds to provide our recreation center, pool and tennis courts and was helpful in getting former President Nixon to Hyden to dedicate the facility that was named in his honor. He was a real friend and someone we'll miss".

Dr. Carter served as an FNS Trustee from the spring of 1980 until his death.

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Urgent Needs

FNS has an urgent need for the items listed below and hopes that its friends will wish to contribute toward their purchase. Donations should be sent to the Development Office, Frontier Nursing Service, Wendover, Kentucky 41775, where they will be gratefully received.

At Wendover — our historic headquarters and guest facility:

- 1 Wheelbarrow — \$150
- 1 Gas-powered weed chopper — \$150
- 2 Sofas for the courier living room — \$400 each
- 5 Floor lamps for the Big House living room — \$125 each
- 15 Bedspreads for the Garden House & Barn bedrooms — \$20 each
- 5 Tablecloths for the Big House dining room — \$30 each
- 2 Charleston Battery benches for Wendover grounds — \$130 each

STAFF OPPORTUNITIES

Because text for the *Bulletin* must go to the printer several weeks before publication, it is not possible for any issue to contain an up-to-date list of job opportunities. Instead, we list types of positions that are most likely to be available and invite anyone qualified and interested to write for current information.

FNS Staff. Openings may occur from time to time in both the professional and technical staffs, with opportunities for certified nurse-midwives, family nurse practitioners, registered nurses, family practice physicians, laboratory technicians, X-ray technicians, and others. For current information, write Darrell Moore, Director of Personnel, Mary Breckinridge Hospital, Hyden, Kentucky 41749 (phone 606-672-2901).

Couriers and Volunteers. This program has an ongoing need for all types of people, with all types of skills. The program is not limited to those interested in a health career. It encourages applications from anyone who is willing to volunteer for a 6- to 8-week minimum period and would like to be exposed to the work of the Frontier Nursing Service. ("You tell us what you can do, and we'll find a job for you.") For current information, write Elizabeth Wilcox, Coordinator of Wendover and the Courier/Volunteer Program, Wendover, Kentucky 41775 (phone 606-672-2318).

WE THANK YOU
FOR YOUR PARTICIPATION



The Frontier Nursing Service
Wendover, Kentucky 41775

Loose Item

Please send me more information about:

- The FNS Courier and Volunteer programs.
- Estate Planning.
- Life Income Gift Opportunities.
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- Books and other literature concerning FNS.

As an interested friend, my subscription of \$5.00 a year is enclosed.

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As a supporter, you will receive the *Frontier Nursing Service Quarterly Bulletin* unless you request otherwise.

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Mary Breckinridge's home at Wendover.
Historic Landmark — Restored in 1981.

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FRONTIER NURSING SERVICE, Inc.

Its motto:

“He shall gather the lambs with his arm
and carry them in his bosom, and shall
gently lead those that are with young.”

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives for rural areas where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and midwife training schools for graduate nurses; to carry out preventive public health measures; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them, at a price they can afford to pay; to promote the general welfare of the elderly and handicapped; to ameliorate economic conditions inimical to health and growth, and to conduct research toward that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them to cooperate with individuals and with organizations, private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

From the Articles of Incorporation of the
Frontier Nursing Service, Article III
as amended June 8, 1984