

FNS

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FRONTIER NURSING SERVICE

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Note - the children on the cover of the last *Bulletin* were Chip and Jimmy Cheston, sons of Lois Cheston, Boston Committee Member and sister of Jane Leigh Powell, National Chairman of the FNS Board of Governors.

Cover Photo - Frontier School of Midwifery & Family Nursing - crossing into the next frontier! See page 3 & 5 for details.

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Introduction to Frontier Nursing Service (FNS)

Mary Breckinridge spent her early years in many parts of the world - Russia, France, Switzerland and the British Isles. After the deaths of her two children, she abandoned the homebound life expected of women of her class to devote herself to the service of others, particularly mothers and children.

Mrs. Breckinridge established the FNS in Leslie County, Kentucky, in 1925, as a private charitable organization serving an area of 700 square miles. It was the first organization in America to use nurses trained as midwives under the direction of a single medical doctor/obstetrician, based at their small hospital in Hyden. Originally the staff was composed of nurse-midwives trained in England. They traveled on horseback and on foot to provide quality prenatal and childbirth care in the client's own home.

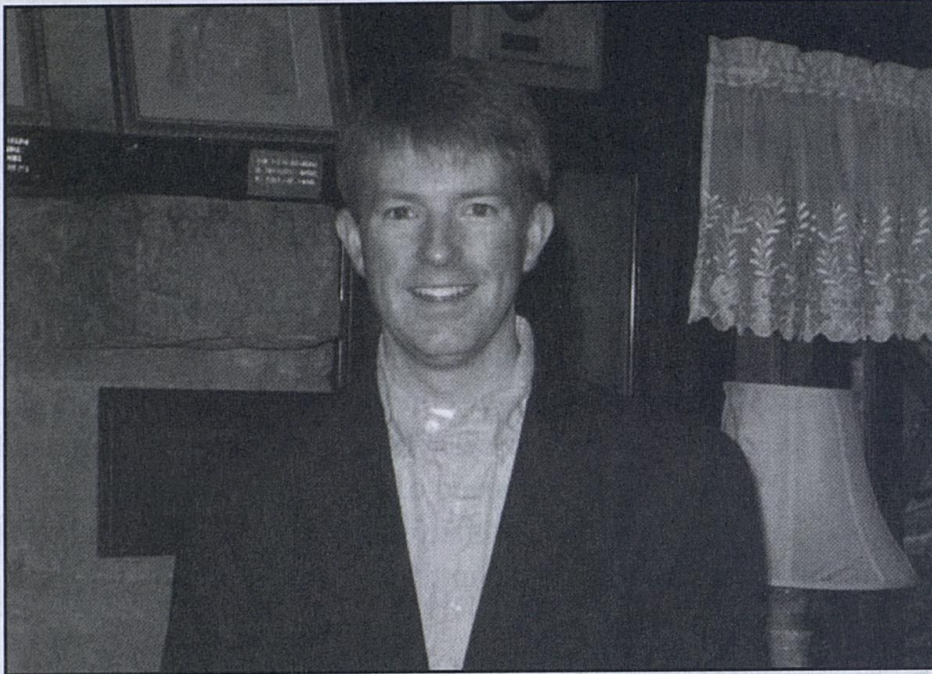
Today, Mrs. Breckinridge's legacy extends far beyond Eastern Kentucky. FNS, Inc. is the parent holding company for Mary Breckinridge Healthcare, Inc., Frontier Nursing Healthcare, Inc., which includes five rural healthcare clinics; Mary Breckinridge Home Health Agency and the Frontier School of Midwifery and Family Nursing which offers a Master of Science in Nursing degree with tracks as a Nurse-Midwife, Family Nurse Practitioner and Women's Healthcare Nurse Practitioner.

Mary Breckinridge's home, The Big House, located at Wendover, is a licensed Bed & Breakfast Inn. For more information or reservations, call 606-672-2317 or e-mail: information@frontiernursing.org. You can also access our website:

Frontier Nursing Service - www.frontiernursing.org

The Journey

by Nathan Lee, President & CEO



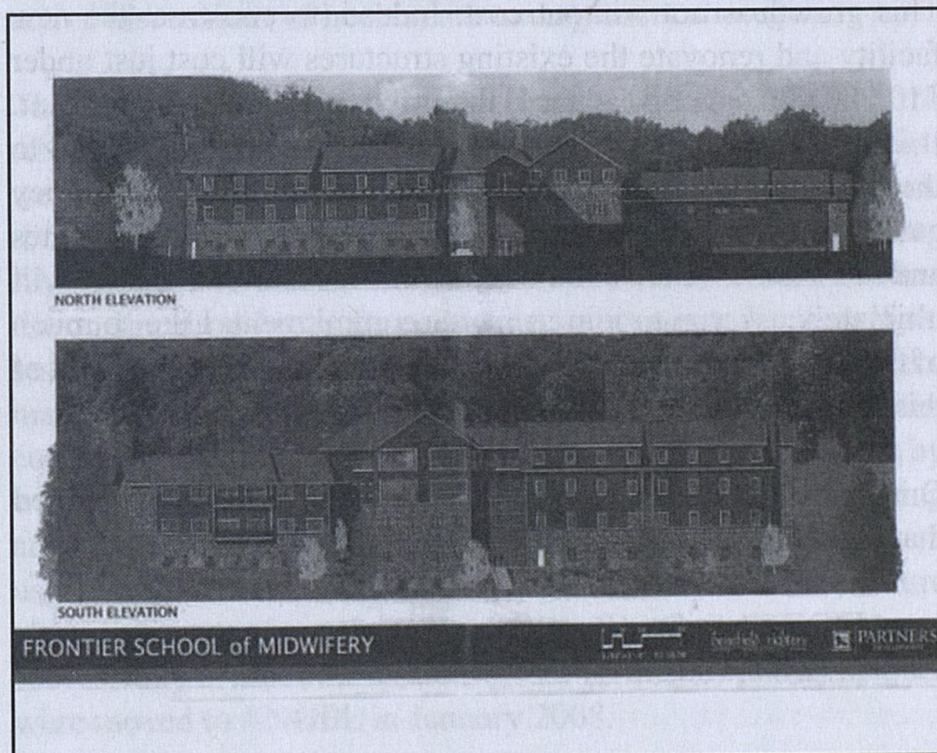
Ah, springtime in the mountains! It is an amazing moment in time when Mother Nature wakes from her winter slumber in Appalachia. Almost overnight, swaths of gray are instantly transformed into a palette of greens, pinks, and whites, as the redbud and dogwood trees debut their spring fashions. It's almost as if we're given a special New Year in Leslie County, Kentucky; a new calendar; a fresh chance to start over in the spring months, apart from the January first beginnings of the rest of the world. I believe Mrs. Breckinridge must have realized this phenomenon and applied it even in such subtle decisions as choosing May first as the beginning of the FNS's fiscal year, rather than January first, as custom might have dictated.

This annual spring re-birth is a reminder of our own Renaissance at the Frontier Nursing Service over the past several years. This, I think, is evident all across the Service in areas from maternity care to community involvement to preventive healthcare for children

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to plans for much needed dental services in the not-so-distant future. But nowhere is this re-birth more evident than in our plans for a new multi-use facility at the Frontier School of Midwifery and Family Nursing. At a time when national trends show nurse-midwifery education programs closing, our enrollment is increasing. At a time when medical residencies in family practice and internal medicine are going unfilled, and OB/GYN physicians are shying away from deliveries, our graduates are meeting the primary care and maternity needs of folks all over the country, and indeed the world, particularly in underserved areas. At a time when urban and metropolitan areas are so often the focus of so much capital investment, FNS is planning a capital solidification of our base in the mountains of Southeastern Kentucky.

At its January meeting, our Board of Governors unanimously approved the construction of a new 41,000 square foot facility to accommodate the tremendous growth at the FSMFN.



New Proposed Facility at Frontier School of Midwifery

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The new building (or more appropriately described three connected buildings), will sit just down the mountain from the old Hyden Hospital, or as some of you may know it, the Morton-Gill Building, which currently serves as the administrative offices for the School. It will house forty-five new dormitory rooms, faculty housing, dining facilities, classrooms, and mock exam and birthing rooms for students in their clinical phase. It will be built to meet LEED (Leadership in Energy and Environmental Design) guidelines as promulgated by the U.S. Green Building Association. In a nod to our history, Aunt Hattie's Barn, Mardi Cottage, Haggin Dormitory, and Morton-Gill will all be renovated to update their interiors to 21st century standards, while ensuring their exteriors maintain their historic appeal. Indeed, the original porches will be rebuilt onto the old Hyden Hospital and its inclusion on the National Register of Historic Places will be sought.

This growth is not without cost. Indeed, to construct the new facility and renovate the existing structures will cost just under \$10,000,000. At first glance, the price might seem significant. It is not as large, however, as the cost of failing to respond to the growth of the School and the needs of our students, so they can, in turn, respond to the healthcare needs of the United States and the world. We are committed to this investment, and we will ultimately ask you to join us in our commitment. Like so much of the success of our now eighty-three year history, attainment of this terrific goal will only come with your support.

Our journey continues into another new year. We are humbled that you continue to make that journey with us.

Frontier School of Midwifery & Family Nursing Update

by Dr. Susan Stone, President & CEO

The primary statement to characterize 2007 would have to be “a year of change”. The change from an open-ended schedule of classes to a system of 11-12 week terms consumed much of our time and energy. Recreating schedules, establishing policies, reconstructing the courses to fit the terms system seemed an almost overwhelming task at times. We have now successfully completed five terms and we are starting to see the fruits of our labor. Students are interacting more in their courses as the cohorts are formed for each course. Faculty have implemented teaching strategies that capitalize on the use of technology to reach students with a variety of different learning styles. For example, faculty can make a video of themselves discussing a given topic on any day and have it delivered into their course within a very short period of time. Students are using forums and on-line chat sessions to have active discussions of health care management strategies.

The schedule was not the only change; we also adopted the ANGEL Learning Management System (LMS). For many years we had used our own in-house system to deliver our courses on-line. In 2007, we chose ANGEL as our new LMS system. Using ANGEL allows faculty to lead moderated on-line discussions, use on-line drop-boxes for collecting assignments, create self-assessing quizzes and tests, track participation and student progress, maintain an electronic grade book and a course calendar, and post course content. Students benefit from the ANGEL system both by way of their instructors’ course enhancements and also by taking advantage of the private drop-box that the system provides each user. A huge benefit is that ANGEL allows students to take secure electronic exams from their own homes. We piloted ANGEL very successfully in nine courses during Fall Term 2007 and all courses were moved to ANGEL in January 2008.

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The most exciting news of all is the planning for our new buildings. Some of you might wonder why we need the new construction. The numbers of students we serve has increased quite dramatically in the last five years.

The total number of students served by Frontier School in 2003 was 289 (includes 2003 graduates, new admissions and ongoing students) compared to 726 students served in 2007. Of those 726 students they came from all 50 of the United States and seven foreign countries. Thankfully, due to our distance education model, we have been able to limit the number of students on campus to 56 at any given time. Even with this number, it is becoming more challenging to accommodate given our limit of three small classrooms (the largest seats 70 people when filled to absolute capacity). Also our current kitchen and dining facilities are very limited. In fact, during Frontier Bound, we move all the furniture out of the living room in Haggin and turn it in to a second dining room. Wendover has graciously provided needed housing for faculty at the Garden House but even this is difficult with faculty driving back and forth at night after evening classes.

The new facilities will give us the much needed classroom space, kitchen and dining space as well as a state of the art simulation lab. The added living facilities will allow us to have more than one function on campus at the same time. We could conceivably hold a Frontier Bound as well as a Crossing the Bridge session concurrently. This is important as it is getting more and more difficult to schedule all the activities that we need given the large number of students served.

Another important factor is the fact that more students require more faculty and more staff to provide needed student services. Adding the new buildings will allow us to renovate some of the space to be used for offices, currently used as living space in the Morton Gill Building. This is sorely needed as we added eleven new student services staff in 2007 and office space is becoming

increasingly difficult to provide. Additionally, we added 21 new faculty members in 2007. Although most of these faculty work off campus the majority of the time, when they are on campus they need a place to work when not in class. The new building will offer four visiting faculty offices. Needless to say, we are thrilled to be able to look towards a future when we can accommodate students, faculty and staff in facilities that will have the look of the older buildings.

Overall, the Frontier School is happy to say, we are accomplishing our mission. With more than 250 graduates in 2007, we know that we are contributing to excellence in health care in this country and all over the world.

Two other publications, including the 2007 President's Report and the Spring 2008 Alumni Magazine, are available on our website at FrontierSchool.edu and will provide more details on our progress for those of you who are interested. As always we send our sincere appreciation for the support of our friends and alumni, as we know we could never accomplish all that we do without you. Please feel free to write to me at ssstone@frontierschool.edu any time with any questions or suggestions.

Nothing worthwhile comes easily. Half effort does not produce half results, it produces no results. Work, continuous work and hard work, is the only way to accomplish results that last.

-Hamilton Holt

Field Notes

Former FNS Nurse Anne Cundle Promotes FNS

Former FNS Nurse Anne Cundle recently spoke of the old days at FNS to the nursing class at Thomas University in Thomasville, Georgia.

***A New Frontier: School-Located Healthcare
by Angie Mitchell & Anna Carey***

On February 20, 2007, a collaboration between FNS and C.O.L.L.Y (County of Leslie Lifting Youth) came to fruition with the opening of a school-located healthcare center at Stinnett Elementary. Stinnett Elementary is less than five miles from the Beech Fork Healthcare Clinic in Leslie County. As Mary Breckinridge intended with the opening of the first Nursing Center in 1926 (Beech Fork Nursing Center), this school-located center, referred to as the Beech Fork Clinic at Stinnett, is bringing healthcare services directly to the children. The healthcare needs of many children here often go unmet for a variety of reasons; introducing consistent, quality healthcare to the children at school was a logical response to this problem. Barriers to children receiving healthcare include lack of transportation, limited clinic hours, parents' work schedules, unfamiliarity with healthcare services and limited financial resources to name a few. Through grants obtained by C.O.L.L.Y, in-kind donations from FNS and other generous community support, healthcare is being offered on a daily basis to all students at the School.

A Licensed Practical Nurse and an Administrative Assistant, both of whom are residents of the community and mothers of students at Stinnett Elementary, are at the clinic daily to deal with the common health issues that arise. This daily service is supplemented two mornings a week by care from Family Nurse Practitioners. They provide full scope primary care to students through well-child screenings, acute care and initiation of follow up care. These school-located services reduce the obstacles faced by children

and their families in accessing and properly utilizing healthcare services. Children's healthcare needs are much less likely to go unmet in this environment.

Additionally, the clinic staff participates in health education throughout the school year. A Family Nurse Practitioner teaches lessons on topics such as first aid, body systems and healthy living to 4th and 5th graders as part of a Walking Wellness Program. The Licensed Practical Nurse and Administrative Assistant participate in dental education with 1st through 3rd graders. Not only is the Beech Fork Clinic at Stinnett directly addressing healthcare needs, it is an essential part of creating a culture within a school that supports healthy living and familiarity with healthcare providers.

Recently, a celebration dinner was held at Wendover to recognize the accomplishments of the first year of operation. School attendance and practical living test scores have increased at Stinnett Elementary over the last year. The number of well child screenings completed continues to rise. Community acceptance is increasing as well, with over 75% of students participating in this program. And while the focus is on the children, the Beech Fork Clinic at Stinnett has also been able to meet the needs of staff, teachers, and other individuals in the immediate community, thus illustrating that a school-located clinic can be a community-wide resource.

At the end of this *Bulletin* in Urgent Needs, you will see a request for items necessary to expand healthcare services into other elementary schools in Leslie County.

W.W. Hall Center For Women and Children - 100th Baby

Maternity services at the Mary Breckinridge Hospital W.W. Hall Center for Women and Children resumed during February 2007. The 100th "new" baby was recently delivered!

Employee Wellness Program

Total employee weight loss is 2,244.8 lbs through the Hospital Weight Watcher's Program.

Hospital Medical Surgical Renovations

Thanks to a grant from the Appalachian Regional Commission (ARC) and funding from a private foundation, the Mary Breckinridge Medical Surgical floor was renovated.

Electronic Medical Record

Mary Breckinridge Hospital is progressing well toward the Electronic Medical Record with installation of Clinical Information System with Dairyland Healthcare Solutions. Scanning of records is being phased in with staff scanning medical records as they are generated into the Clinical Information System.

Admitting Department Manager Recruited

Brenda Morgan, Leslie County native and former employee of TDS Telecom, was recruited as Admitting Manager at Mary Breckinridge Hospital.

Physical Therapy Department Update

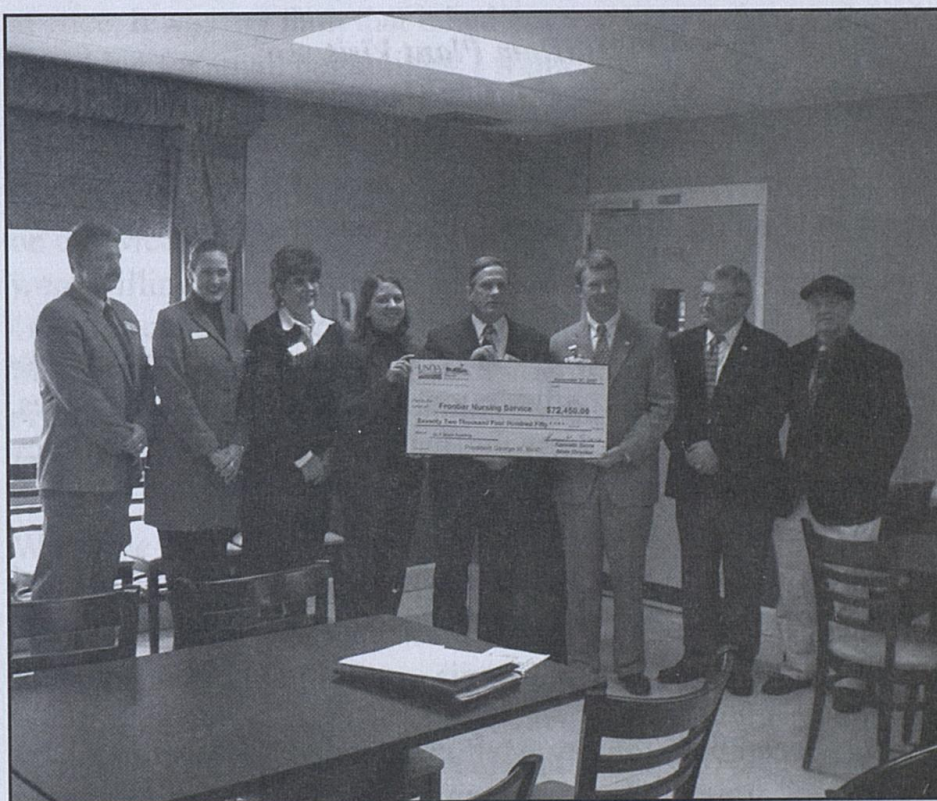
Recruitment is underway for a Physical Therapist at Mary Breckinridge Hospital. Plans are to bring Physical Therapy services back to include inpatient, outpatient and home health. An exercise program for employees and community members will be also be implemented.

Dr. Madeline Tan, Pediatrician Resigns

Dr. Madeline Tan, Pediatrician at Mary Breckinridge Hospital recently resigned to spend more time with her family abroad and to accept a new position in New Jersey. During January, staff welcomed Dr. Nargis Husainy from Georgia as FNS's new Pediatrician.

Telemedicine Funding

On November 26, 2007, representatives from the United States Department of Agriculture (USDA) presented FNS with a check for \$72,450 to implement telemedicine services at Mary Breckinridge Hospital and the FNS Rural Healthcare Clinics. Less than 80 grant recipients were chosen out of over 200 applications to the USDA Distance Learning and Telemedicine Program. FNS is thrilled to be able to receive the funding needed to purchase telemedicine equipment. This equipment will not only connect our patients in southeastern Kentucky with specialists in Lexington, Kentucky, but will also allow the Hospital and Clinics to consult with each other via the technology. This is just a first step in developing the telemedicine capabilities of FNS to increase access to quality specialty care to the residents of the area.



Representative pictured: James Wilson, Holly Hopkins, Donna McClure, Denise Barrett (FNS), Kenneth, Nathan Lee (FNS), Pat Wooten and Lonnie Hendrix

Beyond the Mountains

Former Member of Board of Governors Honored

Wade Mountz, who served on the FNS Board of Governors from 1976 through 1987 and currently serves as a Trustee, was one of three people inducted into the *Modern Healthcare* Hall of Fame on March 9th. Mr. Mountz is a pioneer in Kentucky healthcare and the induction was a result of his dedication to improving the health of Kentuckians. *Modern Healthcare* is a weekly magazine that addresses financial, regulatory, and patient care challenges. It is one of the most respected national publications in this area and for Mr. Mountz to be selected by its panel as a Hall of Fame inductee is a wonderful honor. FNS is fortunate to have had Mr. Mountz's guidance and support for many years.

HillRom Plant Visit

November 30th, Mary Breckinridge Hospital staff Mallie Noble, Kevin Cook, Nina Hensley, Connie Hubbard, Norman Hoskins and Mike Feltner, visited the HillRom factory in Batesville, Indiana for a hands-on demonstration of their newest equipment.

Staff Attended Conferences

November 8th & 9th, Mallie Noble, Administrator of Mary Breckinridge Hospital and Tammy Melton, Director of Social Services, attended the Kentucky Society for Healthcare Consumer Advocacy in Lexington, Kentucky,

November 15th, Mallie Noble attended the Kentucky Hospital Association (KHA) Healthcare Leadership Conference in Lexington.

During December, Tammy Melton attended "Motivational Interviewing" training in Lexington in preparation for Centering Pregnancy Groups.

Footprints - Excerpts from "Wide Neighborhoods"

by Mary Breckinridge, Founder

Chapter 33

The Second World War determined the future course of the Frontier Nursing Service two years before the United States entered it, when - on September 3, 1939, "the blind Fury with th'abhorred shears" slit the thin spun life of peace. To Great Britain we owed not only the system of nurse-midwifery, which we were the first to import to the American Continent - just as the Nightingale system of nursing had been imported decades before - but on Great Britain we had depended for the postgraduate training in midwifery of the Frontier Nurses. Our long-deferred plan for the Frontier Graduate School of Midwifery had to be reshaped and put into operation at once. It was my fault that it had been so long deferred. Despite my liking for small beginnings, I wanted the school to start on an established basis, in Lexington, affiliated with the University of Kentucky. Dr. McVey, President of the University then, endorsed this idea as Dr. Donovan, his successor, would now. The physicians on our Medical Advisory Committee wanted it so much that they were willing to work for the indispensable hospital connections. Our plan called for the graduate nurse students to get most of their field work with the Frontier Nursing Service in the mountains. A University school in Lexington did not come about because I failed, after several attempts, to get it financed.

When we started the Frontier Graduate School of Midwifery we had everything we needed to make a beginning, except money. To our joy, but not to our surprise, because we always expect the best to happen and often it does, six of our trustees in Detroit, Pittsburgh, Louisville, and Cincinnati gave us money for equipment, including a life-size manikin, and scholarships to take care of the students in the first three classes. In order to enlarge the classes, we needed a house. The money for this was given through the efforts of one of our New England Couriers, and Mardi Cottage held its housewarming on the day we learned of Pearl Harbor. Before

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Nora Kelly returned to England in the fall of 1940 - the eleventh British nurse-midwife to go back during that year - I had asked Eva Gilbert if she would take the post of instructor in the School. She consented at once, although it meant a wrench for her to leave the Margaret Durbin Harper Center which she had carried with devotion for five years. Eva, like Bucket, was a college graduate with a Master's degree. Like Bucket, and like Texas (who won her doctorate in 1932), Eva had gone at her own expense to Great Britain to take postgraduate training in midwifery. Like Texas and Bucket, she was given the experience, for which there is no substitute, of using her skills as a district nurse-midwife.

Dorothy Farrar Buck was Dean of our School from its inception until her death in 1949, when Eva Gilbert succeeded her as Dean. When Eva left us for family reasons, she was succeeded as Dean by a graduate of the School, Helen Marie Fedde (Hem), who had taken a Master's degree at the University of Kentucky in preparation for this post. In setting up the curriculum of the Frontier Graduate School of Midwifery, we based it on the six-months course for graduate nurses given by the British schools at that time. The course includes medical lectures, classroom instruction, visits to expectant and postpartum mothers on the districts, attendance at large prenatal clinics, and a minimum of twenty normal maternity cases delivered by each student under the supervision of her instructors. Of these cases, five must be in the hospital and five on the districts, as was required by the British Central Midwives Boards. Our students assist the medical director on his abnormal deliveries. We have been able, since Mrs. Belknap gave us our fine x-ray machine, to take x-rays of the expectant mothers. Any that puzzle our Medical Director are read for him, as a courtesy, by Dr. Harold G. Reineke of Cincinnati, a great roentgenologist. This is not the place for going further into the course, which meets its purpose of training nurses in midwifery.

Old Staff and Courier News

Celeste Lindahl, Herdon, Indiana, (*Courier 2004*) is now a PA (Physician Assistant) student. She came to Hyden during the fall and shadowed Dr. Anita Cornett.

Jean Kerfoot Fee, McKee, Kentucky, (*ex-staff and 1959 FSMFN graduate*) participated in the Inaugural Parade in Frankfort, Kentucky, during December. The Kentucky Horse Park had a large contingent in the Parade, representing a number of historical figures and several of the Horse Park's various breeds of horses. Mrs. Fee was asked to ride in an FNS uniform on a Welch Pony.



FSMFN Alumni Jean Fee - Kentucky Horse Park

Laura Carr, Burke, Virginia, (*Courier 2006*) is a first year medical student at the University of Virginia. She brought a small group of medical students to visit Wendover during February.

Kate Layman, Temple Terrace, Florida, (*Courier 1995*) is now a nurse-midwife and feels "so fortunate to have had the FNS foundation and historic context to draw from."

Carolyn Coolidge Godfrey, Williamsburg, Virginia, (*FSMFN 1968 Graduate*) wrote that during December 2007 she hosted a reunion of the May 1968 Frontier Graduate School of Midwifery Class. Attendees were: Victoria Strobl Mackey, Virginia; Ella Mae Mitchell Satrom, North Dakota; Wilena Blair Hamilton, Indiana and Joyce Weichmann, Alabama. Absent were: Pat Sarge, Alabama and Edith Anderson, Texas. Mrs. Godfrey wrote that she knew Mrs. Breckinridge and was said to be the last nurse Mrs. Breckinridge hired in January 1965.

Lucas McDonald, Okinawa, Japan, (*Courier 2000*) is now a Flight Surgeon stationed in Okinawa, Japan, providing medical care for flight crews and ground crews of a Marine C-130 refueling/transport squadron. His flight doctor duties have taken him for extended stays in Thailand, Australia and the Philippines plus two quick trips to Iwo Jima (including climbing Mt. Suribachi) and Bangladesh for a disaster relief mission.

JoEllen Reynolds, Fort Washington, Maryland, (*FSMFN 1983 Graduate*) wrote during December that she is a van driver, teacher, cook, genealogy researcher, shopper, housekeeper, and referee with a litany of other titles too numerous to list. The family plans to move from Maryland in 2009.

Rhonda M. Johnson, Anchorage, Alaska, (*FSMFN 1990 Graduate and current FSMFN Faculty*). Rhonda's family recently sent a contribution to the Betty Lou Johnson Memorial Scholarship Fund in memory of their mother who was trained as a diploma RN and supported the family as a nurse in the early years. She then returned to school after raising four children, receiving her bachelor's degree at the age of 50.

Margary Benedict - (*FSMFN 1954 Graduate*). Ms. Benedict passed away September 1, 2007 in Lynden, Washington. Ms. Benedict participated in the Frontier School of Midwifery & Family Nursing's (FSMFN) Pioneer Project where Alumni give

a recount of their memories at the FSMFN. Below are excerpts from her interview performed by student Shannon Hines:

... After her arrival at the mission near Sibut, she quickly discovered that she would be responsible for creating and maintaining a healthcare system for this town. . . . She continued to practice over the next three years as a healthcare provider and during this time she realized there was one part of her care that she was unable to provide - care for the pregnant woman and delivery of the newborn . . . Ms. Benedict returned early from her four year commitment, with the support of her church, to attend midwifery school at the FSMFN. She spent the next six months of her life on campus in Hyden, Kentucky, living in the Haggin Dormitory. She describes this as one of the most relaxing times of her life as she did not feel responsible for caring for other people . . . Ms. Benedict returned to Sibut and was glad to add the prenatal, intrapartum and postpartum care to the services of the medical clinic. She believed that her training at the FSMFN prepared her well for the type of care that she was giving to the African women and children, the holistic care was the dream of Mary Breckinridge. Learning these skills in a rural setting helped her develop skills needed to practice in the clinic. During this time she cared for several hundred women in childbirth.

LouAnne Roberts, New York, (*Courier 2001*) graduated from the BS/MS Nursing Program at Columbia University, New York City during 2006. LouAnne still lives in New York City and works as a Family Nurse Practitioner for The Floating Hospital; a non-profit organization started by The New York Times in the late 1800's, which long ago sailed around Manhattan giving child laborers a day of rest while assessing their healthcare needs. Today the boat is long gone, but there are eight satellite clinics which help maintain the health and well being of homeless families residing in shelters throughout the five boroughs of New York City.

Legacies

by Mary Ethel Wooton, FNS Board Member

Covy Feltner began working for the Frontier Nursing Service (FNS) fifty years ago, on January 14, 1958. At a reception in his honor, Mallie Noble, Administrator of the Hospital, presented him with an engraved pocket watch and a plaque in recognition of his service. At that reception, he reflected upon those fifty years and recalled the many jobs he had done for FNS.

“I was twenty-one years old when I started. I did different jobs - whatever needed to be done. The pay rate was \$4.00 a day. One of my main jobs was to keep a fire going in the basement. That’s how we heated the water for the Hospital. In 1960, I was put in charge of milking the cows and feeding the cows and horses. Then I worked seven days a week for \$5.00 a day. I worked with Joe Roberts. We hauled coal from Manchester to all the nursing centers, the hospital, and the Haggin Quarters where the nurses lived. We went to Hazard twice a week, on Monday and on Thursday, to drop off and pick up laundry. Sometimes on those trips, Joe and I went to Perry Farm Center to get chicken feed for Mrs. Breckinridge to feed her chickens at Wendover.

“Over the years, I have done many different jobs. At the old Hyden Hospital, I helped carry patients on stretchers up to their rooms. The inside stairs were too narrow, so we had to carry them outside and go up those steps. Sometimes I helped carry patients upstairs in chairs. I helped take care of the patients and shaved some of the men patients. I helped carry the food trays upstairs by hand. I took out and burned all the paper and trash. I took all the cans to the can house, then someone would come and haul them away. On Saturdays, someone helped me with the work from seven to eleven in the morning. Then, the rest of the day and on Sundays, I worked by myself. I washed the diapers on Sunday because the wash women didn’t work that day.

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“At the old hospital, we waxed the floors on Monday, Tuesday, and Thursday. We had to use an old ‘push and grunt’ buffer that we had to push by hand. On Wednesday, we waxed the floors in Haggin Quarters, and on Friday, the Mardi Cottage. In the summer-time, I cut kindling and put it in the hospital basement to use for fires in the wintertime. At Christmas time they would have a big dinner and they would give out clothes and toys for everyone. I remember one time in December when the furnace blew up and busted. Most of the patients were sent home but some were kept. For heat, we built fires in the fireplaces upstairs and downstairs. We brought in some electric heaters, too.

“In 1973, I moved down to the new hospital. I became a stock room clerk where I put up the groceries and supplies. Since 1997, I have been the Assistant Dietary Manager. I am not ready to retire. I plan to continue working for the Hospital.”



Covy Feltner and Mallie Noble

In Memoriam

The following people gave contributions to the FNS in memory of their friends or loved ones. The names in **bold** are the deceased:

In Memory Of:

Anne W. Anderson	Mary Ellen Houston
Miss Annie W. Anderson	John W. & Sally McDougall
Dallard G. Baker	Meta McGuire
Ms. Christine LeBeau	Mr. & Mrs. Arthur D. Byrne
Mary B. Cole	Susan B.B. Moody
Ms. Joanne C. Bhatta	Capt. William B.B. Moody
Keith Ray Couch	Elsie Rockfeller
Kermit & Betty Helen Couch	Mrs. James Morrison
Anna Henkel Dickieson	Teresa H. Schwartz
Samuel C. & Dorothy Dickieson	Mr. Efrem S. Schwartz
Olive M. Gass	Gerald Steinmann
Miss Lois S. Gass	Ms. Anne M. Lorentzen
Walter Haldeman	Zelpha Thompson
Mr. & Mrs. Bruce Haldeman	Mrs. Bonnie Litorja
Alice Hillman Heck	Ruth Ann Settlemyre Wright
Mr. Seymour C. Heck	Curt & Maryanne Calhoun
Robert O. Higham	Bill & Beverly Friel
Mrs. R. Walton Shively	Mrs. Ellen Murray
Mary Elizabeth Yundt Kilborn	
Mary Kilborn-Huey	

FRONTIER NURSING SERVICE

In Honor Of:

The following people gave contributions to the FNS in honor of their friends or loved ones. The names in **bold** are the honorees.

Barbara Post	W.W. Hall, Jr.
Mrs. Robert L. Black	Mrs. Dudley H. Willis
Kate Ireland	Alice Hendrickson
Ms. M. Elizabeth Culbreth	L.V. & Mary Francillon
Dr. Jacob Palomaki	Helena Mink
Sister Barbara Brilliant	Ms. Shirley Topmiller
Mrs. Valarie Arcement	Kenneth Tuggle
Anne Cockham	Mrs. Mary H. Myers
Ms. Wendy Dotson	Ms. Sheila Ward
Bill & Beverly Friel	Ms. Anne F. Caudill
Steve & Linda Longstreth	

CORRECTION

We apologize for an error in a recent *Quarterly Bulletin* where we listed the name Mary Townes Gratten but the name should have been Marty Townes Gratten

NOTE

When making a contribution "in memory of" or "in honor of", please PRINT the name to ensure that they are listed correctly.

Thank you!

FRONTIER NURSING SERVICE

FNS, Inc.

(the parent)

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QUARTERLY BULLETIN

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Form of Bequest

For the convenience of those who wish to remember the Frontier Nursing Service in their Wills, this form of bequest is suggested:

"I hereby give, devise and bequeath the sum of . . . dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky.

How Endowment Gifts May be Made

The following are some of the ways of making gifts to the Endowment Fund of the Frontier Nursing Service:

1. By specific gift under your Will - you may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.
2. By gift of residue under your Will - you may leave all or a portion of your residuary estate to the Service.
3. By life insurance - you may have life insurance made payable direct to the Service.

The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.

Contributions to the Frontier Nursing Service, Inc., are tax deductible under Section 501 (c) (3) of the Internal Revenue Code of 1954. Gifts of stock should be sent to:

Merrill Lynch
Attn: Travis Musgrave
301 East Main Street, Suite 1200
Lexington, KY 40507
859-231-5258

FRONTIER NURSING SERVICE

URGENT NEEDS

FNS has an urgent need for the items listed below and hopes that its friends will wish to contribute toward their purchase. We sometimes receive more gifts for a particular item than needed. In those instances, your gift will be applied toward another need.

Christian Healthcare Center:

Atria 3100 Electrocardiogram Machine	3,235.00
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Beech Fork Clinic at Stinnett (School-Located Clinic):

Audiometer	854.00
Exam Table	999.00
Clinical Scale	200.00

Home Health:

Blood Pressure Cuffs (7)	166.46
Stethoscopes (7)	248.85
Pediatric Blood Cuff (1)	60.19
Pediatric Stethoscope (1)	7.00
Infant Digital Scales (1)	189.98

Maternity Services:

Digital Baby Scale	310.00
Basinet Baskets (5)	816.65
Bassinet Mattresses (5)	291.65

QUARTERLY BULLETIN

We extend special thanks to an anonymous donor for the purchase of every item listed in the last QB (December 2007 issue).

Mr. Robert Kendrick, San Antonio, Texas, for an Otoscope/Ophthalmoscope, Blood Pressure Cuffs and Digital Thermometer, for Beech Fork Clinic at Stinnett (School-Located Clinic)

FNS WEBSITE

www.frontiernursing.org

Note to Donors

FNS recently chose BB&T as the bank for donations. The FNS lockbox address has changed to Charlotte, North Carolina. We want our friends to know that FNS is where it always was and the change in the lockbox address only involves financial management.

WE THANK YOU
FOR YOUR PARTICIPATION



Postage
Required.
Post Office will
not deliver
without proper
postage.

FRONTIER NURSING SERVICE INC
PO BOX 890653
CHARLOTTE NC 28289-0653



Loose Item

Please send me more information about: Name _____

FNS Courier program Address _____

Visiting and touring –
Wendover Bed & Breakfast Inn _____

FNS books and brochures _____

Frontier School of Midwifery
& Family Nursing Phone _____

**As a supporter, you will receive the Frontier Nursing Service
Quarterly Bulletin unless you request otherwise.**

Enclosed is my gift of \$ _____, restricted to:

- | | |
|--|---|
| <input type="checkbox"/> FNS Healthcare Clinics | <input type="checkbox"/> Mary Breckinridge Hospital |
| <input type="checkbox"/> Frontier School | <input type="checkbox"/> Dr. Anne Wasson Scholarship Fund |
| <input type="checkbox"/> Kitty Ernst Scholarship Fund | <input type="checkbox"/> Mardi Perry Scholarship Fund |
| <input type="checkbox"/> Wendover | <input type="checkbox"/> Christmas Fund |
| <input type="checkbox"/> Unrestricted (your gift will be applied to other needs) | |

Your Gift is Tax Deductible.

Visit us at our websites:

www.frontiernursing.org • www.midwives.org • www.frontierfnp.org

Loose Item

FRONTIER NURSING SERVICE

FRONTIER NURSING SERVICE, Inc.

Its motto:

“He shall gather the lambs with his arm and carry them in his bosom, and shall gently lead those that are with young.”

Isaiah 40:11

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives and nurse practitioners for rural areas where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and educational programs for nurse-midwives and nurse-practitioners; to carry out preventive public health measures; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them, at a price they can afford to pay; to promote the general welfare of the elderly and handicapped; to ameliorate economic conditions inimical to health and growth, and to conduct research toward that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them to cooperate with individuals and with organizations, private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

From the Articles of Incorporations
of the Frontier Nursing Service.
Article III as amended April 1999