

# FRONTIER NURSING SERVICE QUARTERLY BULLETIN

VOLUME 52

SUMMER, 1976

NUMBER 1

**FIFTY-FIRST ANNUAL REPORT**



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Cover Photograph

Molly Lee and Mr. Ray Baker, the owner of the lovely horses, at "A Day in the Country", Point Farm, St. Leonard, Maryland.

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FRONTIER NURSING SERVICE QUARTERLY BULLETIN

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**FIFTY-FIRST ANNUAL REPORT**  
**of the**  
**FRONTIER NURSING SERVICE, Incorporated**  
**for the Fiscal Year**  
**May 1, 1975 to April 30, 1976**

**PREFACE**

As has been our custom since we were one year old, we present our annual report of the fiscal affairs and of the field of operations of the Frontier Nursing Service, Incorporated

We have, as in previous years, divided our report into two sections. One section is about money, and one section about work.

Under the heading of Conclusion, we tell something of what the year has meant to us.

**I.**

**FISCAL REPORT**

The figures that follow are taken from the Balance Sheet, the Exhibits and Schedules of the Audit for the fiscal year which ended April 30, 1976.

## ERNST &amp; ERNST

Suite 7-B

Citizens Bank Square

Lexington, Kentucky 40507

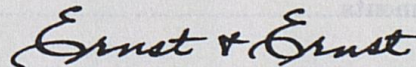
Board of Governors

Frontier Nursing Service, Inc.

Wendover, Kentucky

We have examined the balance sheets of Frontier Nursing Service, Inc. as of April 30, 1976 and April 30, 1975, and the related statements of revenues and expenses, changes in fund balances and changes in financial position for the years then ended. Our examinations were made in accordance with generally accepted auditing standards and, accordingly, included such tests of the accounting records and such other auditing procedures as we considered necessary in the circumstances.

In our opinion, the financial statements referred to above present fairly the financial position of Frontier Nursing Service, Inc. at April 30, 1976 and April 30, 1975, and the results of its operations, and changes in financial position for the years then ended, in conformity with generally accepted accounting principles applied on a consistent basis.



Lexington, Kentucky

September 13, 1976

BALANCE  
FRONTIER NURSING

APRIL 30,  
1976                      1975

**UNRESTRICTED FUNDS**

Current Assets:		
Cash and certificate of deposit.....	\$ 63,610	\$ 47,115
Accounts receivable:		
Patients.....	845,396	950,021
Other.....	14,241	4,891
	<hr/>	<hr/>
	859,637	954,912
Less allowance for uncollectible accounts.....	643,449	795,700
	<hr/>	<hr/>
	216,188	159,212
U. S. Government participation in construction costs incurred.....	128,466	79,226
	<hr/>	<hr/>
	344,654	238,438
Inventories—Note A .....	73,738	59,217
Prepaid Expenses .....	17,596	9,150
	<hr/>	<hr/>
TOTAL CURRENT ASSETS	499,598	353,920
Property, Plant and Equipment—Note A		
Land.....	86,658	86,658
Buildings.....	2,349,521	2,186,494
Equipment.....	1,953,653	1,857,951
	<hr/>	<hr/>
	4,389,832	4,131,103
Less allowances for depreciation.....	836,125	660,434
	<hr/>	<hr/>
	3,553,707	3,470,669
Board-Designated Funds—Notes A and D		
Consolidated Investment Fund:		
Cash.....	82,152	24,474
Investments.....	2,362,678	1,554,459
	<hr/>	<hr/>
	2,444,830	1,578,933
Less endowment fund investments (restricted).....	189,087	168,860
	<hr/>	<hr/>
	2,255,743	1,410,073
Mary Breckinridge Hospital and Development Fund:		
Cash.....	11,321	21,558
Investments.....	69,686	1,367,852
	<hr/>	<hr/>
	81,007	1,389,410
	<hr/>	<hr/>
	\$6,390,055	\$6,624,072

**RESTRICTED FUNDS**

Endowment funds—Notes A and D		
Cash.....	\$ 193	\$ 485
Investments.....	404,684	404,393
Investments included in Consolidated Investment Fund.....	189,087	168,860
	<hr/>	<hr/>
	\$ 593,964	\$ 573,738

LANCER  
NURSING

**SHEETS**  
**SERVICE, INC.**

**APRIL 30,**  
**1976**                      **1975**

**UNRESTRICTED FUNDS**

Current Liabilities:		
Accounts payable .....	\$ 97,758	\$ 54,573
Accrued salaries, wages, and payroll taxes.....	75,766	65,152
Accounts payable and retainage due contractors.....	19,888	215,544
Retirement plan accrual—Note C.....	13,141	13,141
Accrued vacation expense.....	71,922	52,413
Medicare retroactive settlement.....	8,411	—
Unexpended portion of special purpose funds and other current liabilities.....	137,489	35,087
Current portion of long-term debt.....	1,327	—

**TOTAL CURRENT LIABILITIES**                      **425,702**                      **435,910**

Long-Term Debt—5¼% installment note, payable in monthly payments of \$110, including interest, through January, 1980—collateralized by equip- ment costing \$7,200.....	3,870	—
--	-------	---

Fund Balance .....	5,960,483	6,188,162
--------------------	-----------	-----------

\$6,390,055                      \$6,624,072

**RESTRICTED FUNDS**

Endowment funds:		
Fund balance:		
Permanent.....	\$ 488,964	\$ 468,738
Term.....	105,000	105,000
	<u>\$ 593,964</u>	<u>\$ 573,738</u>

See notes to financial statements.

## STATEMENTS OF CHANGES IN FUND BALANCES

## FRONTIER NURSING SERVICE, INC.

Years ended April 30, 1976 and 1975

	<u>Unrestricted Funds</u>	<u>Endowment Funds Permanent</u>	<u>Term</u>
Balances at April 30, 1974.....	\$6,252,289	\$470,333	\$105,000
Excess of expenses over revenues for the year ended April 30, 1975 (deduction).....	(328,886)		
U. S. Government participation in construction costs incurred.....	231,382		
Donations of property and equipment— at fair market value at time of donation.....	12,240		
Restricted contribution used for purchase of equipment.....	21,137		
(Loss) on sale of investments.....		(1,595)	
BALANCES AT APRIL 30, 1975	<u>6,188,162</u>	<u>468,738</u>	<u>105,000</u>
Excess of expenses over revenues for the year ended April 30, 1976 (deduction).....	(317,823)		
U. S. Government participation in construction costs incurred.....	49,240		
Donations of property and equipment— at fair market value at time of donation.....	6,051		
Restricted contribution used for purchase of equipment.....	34,853		
Contributions restricted for specific purpose.....		5,117	
Restricted revenue earned by endowments held in consolidated fund.....		263	
Gain on sale of investments.....		14,846	
BALANCES AT APRIL 30, 1976	<u>\$5,960,483</u>	<u>\$488,964</u>	<u>\$105,000</u>

See notes to financial statements.



## STATEMENTS OF REVENUES AND EXPENSES

## FRONTIER NURSING SERVICE, INC.

	<b>YEAR ENDED APRIL 30,</b>	
	<u>1976</u>	<u>1975</u>
Patient service revenue:		
Hospital—inpatient.....	\$ 740,484	\$ 424,161
Hospital—outpatient.....	442,764	292,044
District clinic.....	87,705	110,602
Home health.....	51,086	124,596
	<u>1,322,039</u>	<u>951,403</u>
Less discounts, charity, bad debts and contractual allowances .....	557,252	428,618
<b>NET PATIENT SERVICE REVENUE</b>	<b>764,787</b>	<b>522,785</b>
Other operating revenue:		
Income for specific operating purposes:		
Donations, bequests, and other.....	80,610	82,232
Federal grants:		
Division of Nursing.....	105,461	81,009
Primex.....	63,641	102,097
Robert Wood Johnson Foundation.....	166,962	—
Drug sales, meals, and other.....	246,461	138,573
	<u>663,135</u>	<u>403,911</u>
<b>TOTAL OPERATING REVENUE</b>	<b>1,427,922</b>	<b>926,696</b>
Operating expenses:		
Hospital.....	1,419,785	1,030,673
General and administrative.....	541,813	468,274
District clinic and home health.....	314,589	256,516
School of Midwifery & Family Nursing.....	263,734	212,275
Depreciation.....	185,221	57,236
	<u>2,725,142</u>	<u>2,024,974</u>
<b>TOTAL OPERATING EXPENSES</b>	<b>2,725,142</b>	<b>2,024,974</b>
<b>LOSS FROM OPERATIONS</b>	<b>1,297,220</b>	<b>1,098,278</b>
Nonoperating revenue:		
Unrestricted gifts and bequests.....	527,754	393,684
Unrestricted income from endowment funds.....	7,767	7,665
Investment income from Board-designated funds.....	183,038	237,196
Gain from sale of investments—Board-designated funds....	257,241	125,998
Other nonoperating revenue.....	3,597	4,849
	<u>979,397</u>	<u>769,392</u>
<b>EXCESS OF EXPENSES OVER REVENUES</b>	<b>\$ 317,823</b>	<b>\$ 328,886</b>

See notes to financial statements.

**STATEMENTS OF CHANGES IN FINANCIAL POSITION**  
**FRONTIER NURSING SERVICE, INC.**

	<b>YEAR ENDED APRIL 30,</b>	
	<u>1976</u>	<u>1975</u>
<b>SOURCE OF FUNDS</b>		
Loss from operations.....	\$1,297,220	\$1,098,278
Provision for depreciation (which did not require funds).....	185,221	57,236
Funds (Required) for operations	(1,111,999)	(1,041,042)
Nonoperating revenue .....	979,397	769,392
Funds (Required) for operations and nonoperating revenue	(132,602)	(271,650)
U. S. Government participation in construction costs incurred.....	49,240	231,382
Decrease in Board-designated funds.....	462,733	542,267
Contributions restricted for purchase of equipment.....	34,853	21,137
Increase in long-term debt.....	3,870	—
<b>TOTAL SOURCES</b>	<b>418,094</b>	<b>523,136</b>
<b>APPLICATION OF FUNDS</b>		
Additions to property and equipment.....	262,208	652,768
<b>TOTAL FUNDS USED</b>	<b>262,208</b>	<b>652,768</b>
<b>INCREASE (DECREASE) IN WORKING CAPITAL</b>	<b>\$ 155,886</b>	<b>\$ (129,632)</b>
<b>CHANGES IN COMPONENTS OF WORKING CAPITAL</b>		
Increase (decrease) in current assets:		
Cash.....	\$ 16,495	\$ (391)
Accounts receivable.....	56,976	11,334
Inventories.....	14,521	12,570
Prepaid expenses.....	8,446	882
U. S. Government participation in construction costs incurred.....	49,240	(266,219)
	145,678	(241,824)
Less increase (decrease) in current liabilities:		
Accounts payable .....	43,185	26,395
Accrued salaries and payroll taxes.....	10,614	29,197
Accounts payable and retainage due contractors.....	(195,656)	(159,991)
Accrued vacation payable.....	19,509	21,718
Other current liabilities.....	112,140	(29,511)
	(10,208)	(112,192)
<b>INCREASE (DECREASE) IN WORKING CAPITAL</b>	<b>\$ 155,886</b>	<b>\$ (129,632)</b>

See notes to financial statements.

## NOTES TO FINANCIAL STATEMENTS

## FRONTIER NURSING SERVICE, INC.

Years ended April 30, 1976 and 1975

## NOTE A—SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

The accounting principles which materially affect the determination of financial position or results of operations are summarized below.

**Patient Service Revenues**

Patient service revenues are reported on an accrual basis in the period in which services are provided, at established rates regardless of whether collection in full is expected. Discounts, charity allowances, the results of other arrangements for providing service at less than established rates, and the provision for uncollectible accounts are reported as deductions from patient service revenue on an accrual basis.

A major portion of services are provided to indigent patients at nominal cost and bad debts and charity are substantial.

**Nonoperating Revenues**

Donations, grants and bequests which are not restricted by donors and subject to designation by the Service are reported as nonoperating revenue.

**Board-Designated Funds**

Donations, grants and bequests received for constructing and equipping a new hospital at Hyden, Kentucky and for certain operating purposes incident thereto are accumulated in the Mary Breckinridge Hospital and Development Fund. Since donations, bequests and income from this Fund in prior years were sufficient to meet the cost of construction of the new hospital, the Service considers all donations, bequests, and income from investments of this Fund in 1976 and 1975 to be available for specified and general operating purposes and such amounts are recorded as nonoperating revenue when received or earned. In accordance with the original designation of the Mary Breckinridge Hospital and Development Fund, the Service has determined that monies remaining in the Fund after completion of the new hospital are to be used for renovation of the old Hyden Hospital and outpost centers, for additional staff salaries, for the funding of the retirement program and for other contingencies.

The Board of Governors has designated the Consolidated Investment Fund for accumulating funds for such operating and general purposes as they may determine. During the years ended April 30, 1976 and April 30, 1975, the Service transferred \$575,000 and \$525,000, respectively, from the Consolidated Investment Fund to meet operating expenses.

**Restricted Funds**

Endowment funds represent funds which are not available for general operating purposes but the income from which is available for operating purposes. Such funds are classified as restricted funds and income therefrom is credited to revenue when earned in accordance with donors' instructions.

The term endowment, on which restrictions expire beginning April 1, 1978, will be available for social service over a reasonable period.

Frontier Nursing Service, Inc. is also income beneficiary of certain trust funds (aggregate market value at April 30, 1976 and April 30, 1975—approximately \$329,371 and \$307,000 respectively) which are not administered or controlled by the Service. Accordingly, such funds are not reflected in the balance sheets at April 30, 1976 and 1975.

**NOTES TO FINANCIAL STATEMENTS—Continued****NOTE A—SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES—Continued**

Resources restricted by donors for additions to property and equipment are recorded as credits to the unrestricted fund balance when expended for the purposes intended. Resources restricted by donors for specific operating purposes are credited to other operating revenues when expended for the purposes intended.

**Donated Services and Supplies**

The estimated value of services donated through volunteer work is not recorded in the accounts of Frontier Nursing Service, Inc. The estimated value of supplies donated to the Service has been included in income and expense in the statement of revenues and expenses.

**Inventories**

Inventories are stated at cost (first-in, first-out method) which is not in excess of market.

**Property and Equipment**

Property and equipment is stated at cost, or fair market value at date of donation for related items received. Depreciation has been computed on the straight-line method over the estimated useful lives generally as follows:

Buildings —10 to 40 years

Equipment— 5 to 15 years

Vehicles — 4 years

**NOTE B—MEDICARE AND MEDICAID PROGRAMS**

At April 30, 1976, the Service participated in the Medicare-Medicaid programs for eligible services provided through the Hospital and Home Health Agency.

Under cost reimbursement formulas in effect for the year ended April 30, 1975, eligible program costs for the Hospital and Home Health Agency were in excess of customary charges for service and reimbursement therefor is limited to the lesser of cost or customary charges. The excess cost may be carried over and reimbursed to the extent that charges in the two succeeding years exceed the eligible cost of covered services.

From May 11, 1973 to February 9, 1975, the Hyden Hospital was terminated as a provider of services under the federal Medicare and state Medicaid programs. The termination was a result of alleged inadequate safety precautions required under Medicare regulations at the Hospital. The Service appealed this decision to federal authorities. On June 11, 1976, a decision in favor of the Service was entered by an administrative law judge of the appeals division of the Department of Health, Education, and Welfare, Social Security Administration, Bureau of Hearings and Appeals. This decision has been subsequently appealed by Medicare-Medicaid program counsel. Legal counsel for the Service cannot give an opinion as to the ultimate outcome of this appeal. If a favorable determination is obtained by the Service for the period of termination, additional amounts may be recoverable from the Medicare-Medicaid programs. No amounts have been reflected in the financial statements for 1976 or 1975 for such potential recoveries.

Operating revenues for 1976 and 1975 include amounts estimated to be reimbursable for home health services and, subsequent to February 10, 1975, for hospital services under the cost reimbursement formulas in effect. Audits of the cost reports have been completed and settled through April 30, 1975.

NOTES TO FINANCIAL STATEMENTS—Continued

NOTE C—RETIREMENT PLAN

Frontier Nursing Service, Inc. has a retirement plan for regular full time employees with 1000 hours of continuous service who are twenty-five years of age or more. The policy of the Service is to fund pension costs accrued. Past service liability is being funded over a period of 20 years. Total retirement plan expense for the years ended April 30, 1976 and April 30, 1975, was \$25,850 and \$20,777, respectively.

The actuarially computed value of vested benefits as of May 1, 1976 exceeded the total of the pension fund and balance sheet accruals by approximately \$49,000.

In accordance with the provisions of the Employee Retirement Income Security Act of 1974, the Service, as of May 1, 1976, made certain amendments to its retirement plan and made certain changes in the actuarial determination of pension costs. The effect of the Act is expected to increase future pension expense by approximately \$14,000 per year.

NOTE D—INVESTMENTS

Investments are stated in the financial statements at cost and are not adjusted for amortization of premiums and accretion of discounts. Investment income is accounted for on the cash basis which is not significantly different from the accrual method. Cost and approximate market values at April 30, 1976 and 1975 are summarized as follows:

	1976		1975	
	<u>Cost</u>	<u>Market</u>	<u>Cost</u>	<u>Market</u>
Board designated funds:				
Consolidated investment fund:				
U. S. Government obligations.....	\$ 509,302	\$ 509,008	\$ 3,987	\$ 3,800
Corporate bonds .....	975,763	984,600	714,511	579,800
Common stocks .....	777,613	1,478,066	835,961	1,600,700
Other.....	100,000(A)	—	—	—
	<u>\$2,362,678</u>	<u>\$2,971,674</u>	<u>\$1,554,459</u>	<u>\$2,184,300</u>
Mary Breckinridge Hospital and Development Fund:				
U. S. Government obligations.....	\$ 69,686	\$ 69,686	\$1,278,852	\$1,294,100
Corporate bonds .....	—	—	89,000	81,000
	<u>\$ 69,686</u>	<u>\$ 69,686</u>	<u>\$1,367,852</u>	<u>\$1,375,100</u>
Endowment funds:				
Corporate bonds .....	\$ 85,028	\$ 65,456	\$ 85,028	\$ 58,900
Common stocks .....	201,433	326,803	90,556	77,800
Investments in common trust funds .....	118,223	118,223	228,809	324,500
	<u>\$ 404,684</u>	<u>\$ 510,482</u>	<u>\$ 404,393</u>	<u>\$ 461,200</u>

(A) Represents an unsecured note receivable due April 1, 1978, as to which interest is in default for two years. No market value is shown as the value of the note is not determinable.

**FRONTIER NURSING SERVICE, INCORPORATED**  
**STATEMENT OF CONTRIBUTIONS PLACED IN TRUST**  
**April 30, 1976 with Comparative Figures for 1975**

	April 30, 1975	Additions During Year	April 30, 1976
Norah Oliver Shoemaker Memorial Baby's Crib .....	\$ 5,000		\$ 5,000
Children's Christmas Fund in Memory of			
Barbara Brown .....	1,000		1,000
Donald R. McLennan Memorial Bed .....	12,750		12,750
Margaret A. Pettit Legacy .....	1,954		1,954
Jane Short Atwood Legacy .....	7,500		7,500
Mrs. John W. Price, Jr. Fund .....	10,800		10,800
Winfield Baird Foundation .....	105,000		105,000
Mrs. Henry Shipman Legacy .....	24,398		24,398
Wilson Neel Memorial Baby's Crib .....	1,462		1,462
Jessie Preston Draper Memorial No. 1 .....	15,000		15,000
Jessie Preston Draper Memorial No. 2 .....	185,000		185,000
Joan Glancy Memorial Baby's Crib .....	5,000		5,000
Isabella George Jeffcott Memorial .....	2,500		2,500
Belle Barrett Hughitt Memorial .....	17,000		17,000
Bettie Starks Rodes Memorial Baby's Crib			
John Price Starks Memorial Baby's Crib .....	10,000		10,000
Mary Ballard Morton Memorial Wing .....	85,251		85,251
Marion E. Taylor Memorial .....	10,000		10,000
Fanny Norris Fund .....	10,000		10,000
Marie L. Willard Legacy .....	3,127		3,127
Mrs. Charles H. Moorman Fund .....	1,100		1,100
Lillian F. Eisaman Legacy .....	5,000		5,000
Lt. John M. Atherton Memorial .....	1,000		1,000
Mrs. Morris B. Belknap Fund .....	26,375		26,375
Elisabeth Ireland Fund .....	22,458		22,458
Elizabeth Agnes Alexander Legacy .....	5,000		5,000
Richard D. McMahon Legacy .....	943		943
Mrs. W. Rodes Shackelford in Memory			
of Her Two Children .....	15,000		15,000
Hattie M. Strong Memorial .....	10,000		10,000
Beulah Bruce Brennan Memorial .....	2,000		2,000
Anna R. Gooch Memorial .....	16,625		16,625
Jeannie B. Trull Legacy .....	33,253		33,253
Frances Kendall Ross Legacy .....	17,100		17,100
Elizabeth Sherman Lindsay Memorial .....	5,000		5,000
Helen N. and Beatrice A. Wilson Fund .....	10,000		10,000
Sophia Cogswell Stiger Memorial .....	23,401		23,401
Dr. Charles N. Kavanaugh Memorial .....	1,000		1,000
Margaret C. Breckinridge Legacy .....	3,000		3,000
Mary Hallock Armstrong Legacy .....	2,000		2,000
Winifred Irene Leckie Memorial .....	1,000		1,000
Lena G. Anderson Legacy .....	7,233		7,233
Lisette Hast Legacy .....	10,944		10,944
Edward S. Jouett Legacy .....	1,000		1,000
Herman Bowmar Fund .....	1,000		1,000
Mrs. Henry James Legacy .....	5,000		5,000
Jean Hollins Memorial Fund .....	5,286		5,286

**FRONTIER NURSING SERVICE, INCORPORATED**  
**STATEMENT OF CONTRIBUTIONS PLACED IN TRUST**  
**April 30, 1976 with Comparative Figures for 1975**

	April 30, 1975	Additions During Year	April 30, 1976
Anne Steele Wilson Memorial .....	3,043	\$ 1,031	4,074
Mary Churchill Humphrey Fund .....	1,001		1,001
Mrs. Bissell Carey Legacy .....	5,000		5,000
Dr. John M. Bergland Legacy .....	1,000		1,000
Edward C. Wilson Legacy .....	49,250		49,250
Ann Allen Danson Fund .....	3,432		3,432
Helen Rochester Rogers Legacy .....	5,000		5,000
Virginia Branham Memorial .....	18,274	227	18,501
Mrs. Herman F. Stone Fund .....	2,000		2,000
Annie Wallingford Anderson Memorial .....	5,100		5,100
Mrs. Edna C. Lapham Fund .....	15,250		15,250
Edith M. Douglas Legacy .....	10,000		10,000
Adeline Shaw Martindale Legacy .....	82,718		82,718
Flora G. Fletcher Legacy .....	39,753		39,753
Fannie B. McIlvain Memorial .....	3,015		3,015
Catharine Mellick Gilpin and Roger D. Mellick Memorial .....	5,371	50	5,421
William Nelson Fant, Jr. Memorial .....	78,350		78,350
Lucie Wilshire Graham Memorial .....	18,471	1,711	20,182
Mrs. Abigail Hodges Trust .....	1,000		1,000
Anna Marshall Miller .....	42,300		42,300
Elizabeth B. Perkins Legacy .....	152,972		152,972
Eliza Davitt Hartley Legacy .....	150,000		150,000
Cordie M. Williams Legacy .....	458,254		458,254
Margaret H. T. Hunt for Caroline H. P. Thornton Memorial .....	1,000		1,000
Anonymous (Bankers Trust Co., N.Y., Trustee) .....	137,496		137,496
Elizabeth Canby Bradford duPont Memorial .....	40,000		40,000
Louie A. Hall Legacy in Memory of Sophronia Brooks .....	26,834		26,834
Marion S. D. Belknap .....	175,000		175,000
Elizabeth M. Anderson Memorial .....	4,839		4,839
Margaret Norton Davidson Legacy .....	10,000		10,000
Louise Clark Whitaker Memorial .....	2,654		2,654
Mrs. Louise D. Crane .....	4,000		4,000
Mrs. Frederic Moseley Sackett .....	10,000		10,000
Mrs. Eliza A. Browne .....	16,000		16,000
Winfield Baird Fund .....	550		550
Lillie McGinness .....	4,797		4,797
Harriet H. Grier .....	5,000		5,000
Maurice S. Miller .....	5,000		5,000
Leila A. Morgan .....	5,000		5,000
Eliza Davids .....	6,933		6,933
Bertha G. Woods .....	13,029		13,029
Doris A. Farrington .....	4,920		4,920
Mrs. E. A. Codman .....	2,000		2,000
Mrs. Irving E. Raymond .....	4,000		4,000
Mrs. George M. Toewater .....	12,418		12,418

**FRONTIER NURSING SERVICE, INCORPORATED**  
**STATEMENT OF CONTRIBUTIONS PLACED IN TRUST**  
**April 30, 1976 with Comparative Figures for 1975**

	April 30, 1975	Additions During Year	April 30, 1976
Mrs. Oswald Villard .....	1,000		1,000
Leila M. Weeks .....	2,469		2,469
Frances Margaret Bradford .....	5,000		5,000
William E. Brigham.....	10,000		10,000
Mrs. Polk Laffoon.....	1,000		1,000
Mrs. W. Garland Fay .....	1,000		1,000
Mrs. Louise W. Breckinridge .....	2,000		2,000
Elizabeth R. Hooker.....	5,000		5,000
Mable H. Dwiggin .....	5,000		5,000
Margaret McLennan Morse .....	5,000		5,000
George B. McLaughlin .....	2,500		2,500
May Kirtland .....	5,000		5,000
Rosamond B. Rheault.....	5,000		5,000
Mrs. Harriett D. Cummings .....	1,000		1,000
Annette VanBezey .....	1,000		1,000
Elsie Foerderer.....	2,000		2,000
Ernestine M. McPherson .....	9,270		9,270
Frances K. M. Bowdoin .....	5,000		5,000
Edna Patten Jennings .....	133,885		133,885
Franklin Bruce McKillip .....	7,866		7,866
Katherine B. Tower .....	1,000		1,000
Betsy Ware Adams.....	10,000		10,000
Mildred Horberg .....	1,871		1,871
Walter G. Ross .....	25,000		25,000
T. S. Powell .....	2,390		2,390
Edith D. Wright.....	1,000		1,000
Peter R. Ehrlich.....	694		694
Mary G. Lansdale.....	2,000		2,000
Margaret S. Bigler .....	1,500		1,500
Mrs. Betty Errett Estate.....	1,000		1,000
Charles H. and Donald R. McLennan Memorial .....	11,853		11,853
Jean S. Ramsay Estate .....	5,000		5,000
Florence O. Padgett Legacy .....	7,979		7,979
Sarah Minis Goodrich Legacy .....	60,015		60,015
Almeda Spangel Legacy .....	16,624		16,624
Rose M. Starratt Legacy .....	8,016		8,016
Jeane Claire Hanna Memorial Fund.....	25,000		25,000
Katherine N. McLennan Legacy.....	8,000	2,617	10,617
The Friends Fund.....		5,237	5,237
Louise B. Morrison Estate.....		10,000	10,000
H. Harrison Smith Estate .....		5,000	5,000
M. Ethel V. Fraser Legacy .....		22,375	22,375
Anna May January Legacy .....		2,000	2,000
Pearl W. Burnam Legacy .....		100,000	100,000
Transfer from Mary Breckinridge Hospital and Development Fund .....		1,000,000	1,000,000
<b>TOTAL CONTRIBUTIONS PLACED IN TRUST</b>	<b>\$2,785,506</b>	<b>\$1,150,248</b>	<b>\$3,935,754</b>



**FRONTIER NURSING SERVICE, INCORPORATED**  
**LEXINGTON, KENTUCKY**  
**STATEMENT OF DONATIONS AND SUBSCRIPTIONS PAID**  
**MAY 1, 1975 to APRIL 30, 1976**

**SUMMARY**

	Contributions	Benefits and Bargain Box	Total
Baltimore Committee .....	\$ 633.00		\$ 633.00
Boston Committee .....	13,194.56	\$10,000.00	23,194.56
Chicago Committee .....	6,282.90		6,282.90
Cincinnati Committee .....	7,708.06		7,708.06
Cleveland Committee .....	49,561.13		49,561.13
*Daughters of Colonial Wars .....	8,192.75		8,192.75
Detroit Committee .....	12,658.05		12,658.05
Hartford Committee .....	7,165.98		7,165.98
**Kentucky:			
Blue Grass Committee .....	12,242.75		12,242.75
Louisville Committee .....	17,916.32		17,916.32
Miscellaneous State .....	13,153.39		13,153.39
Minneapolis Committee .....	1,634.00		1,634.00
New York Committee .....	85,633.47	3,246.51	88,879.98
Philadelphia Committee .....	21,104.49	4,753.49	25,857.98
Pittsburgh Committee .....	49,881.53		49,881.53
Princeton Committee .....	3,097.00		3,097.00
Providence Committee .....	1,413.00		1,413.00
Rochester Committee .....	1,655.28		1,655.28
Washington, D. C. Committee .....	15,279.22	2,500.00	17,779.22
Miscellaneous .....	64,867.79		64,867.79
Sub-totals .....	\$393,274.67	\$20,500.00	\$413,774.67
Less Transfers to Endowments .....	297.00		297.00
<b>TOTALS .....</b>	<b>\$392,977.67</b>	<b>\$20,500.00</b>	<b>\$413,477.67</b>
*Donations from various state chapters.			
**Total for Kentucky: .....	\$ 43,312.46		\$ 43,312.46

## II REPORT OF OPERATIONS

The data in this section are supplied by the record department of the Frontier Nursing Service, and by records kept on guests and volunteer workers.

### 1.

#### INTRODUCTION

This year has been indeed strenuous for the old FNS ship as it sailed along; significant changes have been made both in the policy-making and in the administrative staff and these could not help but disturb the steady course. Not only was a new National Chairman elected at the Annual Meeting, but during the fiscal year almost a third (seven out of twenty-four) of the Board of Governors were newly elected with a concomitant reorganization of the Board's structure to enable an increasingly careful study of our FNS program in relation to our FNS budget. Furthermore, half way through the year when Miss Browne retired after ten years as the Director, a new Director, a physician, was appointed.

A renewed emphasis on efficiency has been made necessary by the constantly increasing cost of the provision of services, which has not been matched by a constantly increasing income to achieve this end. During the past three fiscal years, our expenses have exceeded our income by approximately one million dollars; this has been unavoidable as we anxiously awaited completion of the new hospital in order to be recertified by Medicare and Medicaid for payment for services. These steps have been accomplished but occupancy in the new hospital has been low. District Clinics have been busy, but, again, there is no Medicaid, Medicare or Blue Cross payment for services provided by Family Nurses and Nurse-Midwives unless the physician is present—and he is present only occasionally on district.

Research has confirmed the high quality of care provided by FNS nurses, but there is no payment made by any health insurance program unless the doctor sees the patient personally and signs the papers. We are determined to maintain both our belief in and our practice of demonstrably successful family-centered health care, provided by Family Nurses and Nurse-Midwives.

The Executive Committee of the Governors had three supplemental meetings and several of the Governors made special visits to FNS for self-education in a better understanding of program and problems. Although the effects of these stirrings are not over, they do reflect increasing interest and activity on the part of the Governors and staff in achieving our objective.

With the well-known problem of low occupancy in a new hospital, (indeed, this is usually a problem for the first two or three years of any new hospital) every effort has been made to develop the appropriate medical staff and supporting services. Although our Long-Range Planning Committee had recommended a staff of six physicians several years ago, achieving this level has been difficult. We now have this staff although three are new in this year. Following the departure of Dr. Frank Lepreau, Dr. Stephen Thorngate, a Fellow of the American College of Surgeons from California, became our surgeon. Dr. Tom Lynch, pediatrician, was replaced by Dr. Carl Ellison, with the help of the National Health Service Corps. Dr. Tom Dean, our new medical director, joined Dr. Anne Wasson and became our second specialist in family medicine. The physicians have provided hospital care and district clinics; they support our family nurses and offer instruction, both didactic and clinical, in the School of Midwifery and Family Nursing. Dr. Fidelia Gilbert, active in family planning throughout the Service, joined the midwives in providing prenatal and postpartum care in Hazard on special contract with the Kentucky River District Health Department. The midwifery staff and Dr. Gilbert have also continued our contract with Kentucky River to provide care for the high risk mother and baby in our area.

In January, Dr. Ellison and the pediatric nurses organized a special pediatric clinic to emphasize well child care in tandem with care for the sick child. Beginning in crowded quarters, they have expanded to become a distinctive part of outpatient services. Dr. Thorngate's increasing surgical activities have necessitated two part-time anesthetists: Peggy Burden, who doubles as director of hospital nursing, and Barbara Long who has concomitantly been a student in the School. Clinics by visiting consultants have been held in orthopedics, otolaryngology, ophthalmology and neurology. Dr. David Stevens of Lexington and Dr. Tom Pruitt of Harlan continue their regular service. We regret that Dr. JoAnne

Sexton, neurologist, was unable to continue throughout the year. We are indeed obliged to Dr. Glenn Bratcher and Dr. Ted Stricker, and their team from the University of Cincinnati for providing their usual superb tonsil clinics in the spring.

During the year we have had some thirteen senior medical students from eight universities—from Brown, Yale, Cornell, Johns Hopkins, Ohio State, Stanford, Vermont and Kentucky. We continue to work closely with consultants from the University of Kentucky in developing an affiliation with the College of Nursing, where several of our staff members have faculty appointments, and with Vanderbilt University, providing experience for some of their family nurse clinicians. We continue to offer the pediatric residents at the Cincinnati Children's Hospital field experience.

Following the departure of Jay Vink as head of the FNS laboratory, we were for months dependent on outside services but, beginning in December, a group of three highly qualified ASCP medical technologists have gradually joined the staff to furnish an extensive variety and quantity of laboratory services. By contract the Community Mental Health Clinic occupied that specially constructed portion on the third floor of the Mary Breckinridge Hospital at the end of the fiscal year while contractual arrangements were being made with a dentist to begin services in the summer.

The old hospital office spaces have been opened and are in use by the Director, the Controller and the district nursing supervisor. Additional staff apartments are being occupied on the second floor of the old hospital.

## 2.

### HOSPITAL

#### Comparative Analysis of Services Provided

#### In the Two Fiscal Years, 1975 and 1976

	1975	1976
ADMISSIONS		
General .....	690	809
Obstetrics .....	281	414
Pediatrics .....	209	243
Newborn .....	192	283
TOTAL ADMISSIONS .....	1,372	1,749

DEATHS			
Institutional (over 48 hrs.).....	12		14
Non-institutional (under 48 hrs.).....	4		15
TOTAL DEATHS .....	16		29
PATIENT DAYS			
All Patients (except newborn) .....	5,316		6,203
Percent of Occupancy .....	*HH 55%—*MBH 48%		42a
Newborn.....	956		1,414
Percent of Occupancy .....	*HH 42%—*MBH 40%		39%
TOTAL PATIENT DAYS .....	6,272		7,617
AVERAGE DAILY CENSUS			
All Patients (except newborn) .....	*HH 13.3—*MBH 19.0		17.0
Newborn.....	2.5	3.1	3.9
AVERAGE LENGTH OF STAY			
All Patients (except newborn) .....	*HH 4.5—*MBH 5.1		4.2
Newborn.....	4.7	6.1	4.9
**EMERGENCY ROOM VISITS .....	3,520		5,152
**CLINIC VISITS .....	20,777		30,330
Average Clinic Visits Per Day.....	56.9		82.9
OPERATIONS			
Major.....	108		121
Minor.....	172		160
TOTAL OPERATIONS .....	280		281
ANESTHESIA.....	279		279
X-RAY EXAMINATIONS			
Inpatient Procedures .....	1,119		1,467
Outpatient Procedures .....	2,196		2,992
TOTAL.....	3,315		4,459
EKGs			
Inpatient .....	404		433
Outpatient .....	393		504
	797		1,037
LABORATORY			
Inpatient .....	9,193		8,984
Outpatient .....	11,728		13,513
Referred in from District .....	5,682		3,741
Referred out to Lexington .....	4,783		11,307
TOTAL.....	31,386		37,545

\*Hyden Hospital (HH) operated 24 inpatient beds; the Mary Breckinridge Hospital (MBH) operates 40 beds. It is not statistically valid to combine figures for the percent of occupancy, the average daily census and the average length of stay.

\*\*Includes weekends and holidays.

## 3.

## DISTRICT NURSING

	1975	1976
PATIENTS ATTENDED.....	10,503	11,255
Children and Babies	3,853	3,961
FAMILIES .....	2,666	3,318
VISITS TO HOMES .....	12,888	11,033
VISITS AT CLINIC .....	16,892	12,888
TOTAL VISITS.....	29,780	23,921

## Visits by Payment Source—District

Medicaid .....	15.0%
Medicare .....	9.5%
Other Insurance .....	1.5%
Private Pay.....	51.0%
Employees .....	2.0%
Free Well-Child & Maintenance .....	21.0%

## 4.

MIDWIFERY  
Registered Cases

	1975	1976
Women Attended in Childbirth .....	199	290
Live Births .....	197	284
Twin Deliveries .....	2	4
Miscarriages .....	8	7
Stillbirths .....	1	3
Delivered by Physician.....	21	24
New Cases Admitted.....	243	344
Maternal Deaths.....	0	0

## Emergency Cases—Unregistered

Emergency Deliveries .....	21	17
Live Births .....	5	3
Twin Deliveries .....	1	1
Emergency Miscarriages .....	17	14
Maternal Deaths.....	0	0

Deliveries done by FNS nurse-midwives contracted to other hospitals:

Somerset .....	228
Kingsport .....	82

## 5.

## FRONTIER SCHOOL OF MIDWIFERY AND FAMILY NURSING

At the close of the 51st fiscal year, 33 registered nurses were enrolled as students in the various trimesters of the Frontier School of Midwifery and Family Nursing, where the course content is designed to allow students to take one, two or three trimesters, depending upon their individual preferences. During the year 4 students, 2 of whom were already nurse-midwives, completed Family Nursing I; 3 completed Family Nursing I and II; and 14 students completed all three trimesters leading to a certificate in nurse-midwifery. In its educational program for nurse-midwives, the FNS has graduated 456 students since the School was begun in 1939. An additional 64 students have completed the first, or the first and second, trimesters since Family Nursing was added to the midwifery curriculum in 1970.

The nurse-midwifery students continued to gain additional experience in labor and delivery, as well as in prenatal and postpartum care and family planning, at the Somerset Community Hospital, under contract with the Lake Cumberland District Health Department, and at the Holston Valley Community Hospital in Kingsport, Tennessee, which has an active nurse-midwifery service.

One significant change in the program during the fiscal year was the division of the first trimester, Family Nursing I, into two trimesters—A and B—as both students and faculty agreed that the work was too intensive for a mere four months.

The purpose of our School has been to train and provide the necessary staff for FNS family services. Since January of this year we have been able to have a Family Nurse at each of our district outposts. Two of these Family Nurses were trained in other programs and we rejoice to have them share new ideas and concepts with our staff. Criteria for admission to the School now include a year's commitment to service in this community following completion of training. We hope by these and other standards to build a firm basis for more extensive training of family nurses on the district in contrast to our present practice of almost total training in the clinics and wards of the Mary Breckinridge Hospital with only limited district experience during training.

We continue to be deeply grateful for the hours of time given

by health professionals who have come to Hyden to share their knowledge and experience with the students, in lectures, seminars and clinics.

## 6.

### SOCIAL SERVICE DEPARTMENT

The Social Service Department continued to maintain contacts with the various local and regional service agencies, among them the Comprehensive Care Centers; the Kentucky Department for Human Resources with its Bureau for Social Insurance, Bureau for Social Services, and Services for Physically Handicapped Children; the University of Kentucky Medical Center and the Children's Hospital Medical Center in Cincinnati, and, with the Courier Service, provided transportation for patients both in and outside the county. Patients are asked to help meet the cost of transportation, just as they are asked to help meet the cost of their medical and nursing care.

Social Service worked with the Children at Risk Committee to develop a program which utilizes the part-time service of a family nurse in a team approach to identify and follow up cases of potential child abuse/neglect; worked with the County Judge and school personnel to develop juvenile delinquency programs; worked with the County Judge, the Senior Citizens and the Fiscal Court to develop low-cost housing for the elderly; represented Leslie County on the Child Advocacy Committee of the Kentucky River Area Development District; participated in youth activities, including 4-H, and in the work of the Mental Health Association; provided consultation to Frontier Nursing Service staff on individual patient problems; and provided seminars and in-service education to staff and students on communication and counseling skills.

## 7.

### VOLUNTEER WORKERS

Thousands of hours of volunteer time have been given by couriers, physicians, nurses, medical and nursing students, members of the Auxiliary and by Committee members in and outside the mountains and the work of these good friends has been of immeasurable help to the entire organization.



8.

GUESTS FOR OBSERVATION AND STUDY

During the last three decades, the Service has entertained an increasing number of guests, for observation and study of its work, from many areas of this country and abroad. Health professionals have come to the Kentucky mountains from well over sixty countries and all six continents and the widespread interest in an expanded role for the registered nurse has continued to bring us professional guests from many other parts of the United States.

III

FIFTY-ONE YEAR TOTALS

It will be of interest to our readers to see a few totals covering the work of fifty-one years:

Patients registered from the beginning.....	65,971
Children (including babies under 1 year).....	39,684
Adults .....	26,287
Maternity cases (reg.) delivered .....	17,527
Maternal Deaths, 11 (9 puerperal, 2 cardiac)	
*Patients admitted into FNS Hospital .....	46,784
Number of days of occupation in FNS Hospital .....	385,678

\*For 47 years and 6 months. The FNS Hospital at Hyden was opened in the fiscal year 1928-29 and operated only six months in that year.

CONCLUSION

Although this has been a shaky year as evidenced by staff changes at all levels, it has been steady in the volume of services provided and growth in educational activities. It has been a tight year financially as we adjusted to new quarters and struggled unsuccessfully to balance our budget while the expanding staff and expanding services continued to exceed our income in growth. Meanwhile, there has been an increase in the amount of contributions. City committees, both old and new, have been more active than before; the Washington and Blue Grass Committees have initiated new Benefits while Boston and Philadelphia have expanded significantly. New fiscal policies have been considered

and a computer billing program has already been initiated which has enabled regular billing for the first time in the history of FNS.

Activity has appeared, at times, confusing but we hope it has demonstrated our solid commitment to family care beginning with the child and its mother. It has been activity that is loyal to our traditions, yet adapting to our vastly improved facilities, communications and public roads. Health care is accessible, available and personal.

In the new fiscal year we will work assiduously through newly organized teams of primary care nurses and doctors to assure the continuity of health care to all in this area; we will strive to enhance the FNS training capability for the youth of our area as well as for professionals from outside, and to base both service and training activities on a careful analysis of needs and resources. This will necessitate an attentive program for the development of resources in order to meet the needs of this area, and to become a participating demonstration in those wider neighborhoods where concerned family care services are needed. Our staff will need the help of all our friends.

KATE IRELAND, National Chairman  
HOMER L. DREW, Treasurer  
W. B. R. BEASLEY, M.D., Director

## A DAY IN THE COUNTRY

by Betty Lester

On the weekend of June 11-13, Molly Lee, Sister Chris Schenk and I drove up to Point Farm in Maryland to a benefit for the Frontier Nursing Service, arranged by the Washington Committee. Point Farm is a beautiful place owned by Mr. and Mrs. Jefferson Patterson on the Patuxent River, flowing into Chesapeake Bay. Marvin and Mr. Jeff had arranged to have us for the weekend, along with two couples from the Washington Committee. We drove the 560 miles in Molly's station wagon, the back of which was packed with exhibits, pictures, nursing bags, uniforms, together with a cot for the driver to rest on when they were not driving. I just sat and admired the scenery.



Mrs. Jefferson Patterson at Point Farm



Sister Christine Schenk, Molly Lee and Kate Ireland

When we arrived, we found everybody at the pool, cooling off, for it was very warm. The girls swam and then we changed and relaxed for dinner. Kate had already arrived, and she and Marvin and Mr. Jeff introduced us to the guests. We arranged our exhibits and then had a good night's rest.

Soon after breakfast, the hostesses came to help set up the house which the Pattersons had so kindly opened for the day. At eleven o'clock the guests began to arrive and we had a good time

talking about the Service. Molly wore a summer riding uniform, Chris wore a white blouse and blue slacks, and I wore a white blouse and blue skirt—all are uniform—and each of us wore the FNS on the left sleeve.

So much work had been done to make it a success. Down in the recreation room in the basement, old courier Ann Proctor showed all three of the FNS films. There was horseback riding, swimming, boat trips on the river, and lots of games to play. One of the nicest things for me was visiting with Mrs. Carson Breckinridge. This is our Mrs. Breckinridge's sister-in-law and is known as "Miss Dorothy" to us. There were many other Breckinridges there, including old courier Julie Davis, Miss Dorothy's grand-daughter.



(l. to r.) The Hon. Jacob D. Beam, Mrs. Beam, Sir John and Lady Moreton, and The Hon. Jefferson Patterson, host for *A Day in the Country*.

We just talked and talked about the good old days. Molly rode horseback and Chris did a marvelous job, talking to everyone about the work. She is a student in the Family Nursing Program and could give first-hand news about it.

We all had lunch around the pool and afterwards Marvin and Mrs. Kloman, Washington Chairman, greeted everybody from the steps and introduced Kate Ireland, who succeeded Marvin as National Chairman.

Kate's talk was most interesting, telling what has been done, and is being done, and plans for the future. She spoke so well and everybody listened intently. Lots of people came to us afterwards to say she had given them a good and comprehensive knowledge of FNS and its goals.

It was all over at 5 p.m. and we packed up and then relaxed, still talking and agreeing that it had been a wonderful day. Mr. Jeff was so generous to open his lovely farm for the FNS; Marvin, in her magnificently organized manner, thought of every detail; and Missy Kelly, the benefit chairman, had planned with such imagination for all to have fun—it was a superlative way to spread the word of the FNS.

We left at 8:30 on Sunday morning, eating a lunch which had been generously packed for us by the lovely people at Marvin's home, and arrived back at Hyden at 9 p.m. exhausted but still agreeing that we had had a glorious weekend.

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### **. . . and on the same subject . . .**

by Ann Proctor, Old Courier and Washington Committee Member

The "Day in the Country" benefit gave us city mice a chance to escape to the Maryland countryside for a day to indulge ourselves in just about any form of recreation imaginable: boating, swimming, pony rides, badminton, fishing. Gastronomically, the day was also superb: we feasted on cold turkey, pate, salad, homemade bread, cheese, watermelon and wine.

The drive to Point Farm is beautiful, and as we approached the road my eyes were swimming with green—the tobacco fields, the trees. What a treat for city eyes! Point Farm is a splendid place for an idyllic afternoon. Water everywhere for those of us anxious to cool off, three different sea craft to choose from for those of us who wanted to sail.

The benefit gave old FNS friends a chance to reminisce, and gave strangers an opportunity to make new acquaintances. I especially enjoyed visiting with Kate Ireland who, by the way, gave a most interesting talk about FNS in the peak heat of the day! I enjoyed meeting Julie Breckinridge Davis who, with her husband, grandmother and aunt, had driven from West Virginia—undaunted by a one-hour standstill on the Washington Beltway in stifling heat (that old courier spirit!) Julie's FNS connection goes further back than mine—she has been going to Wendover in one capacity or another since she was about two years old. Betty Lester, Molly Lee and Chris Schenk were most welcome guests and brought along a lot of the flavor of Wendover in their uniforms. It was a great opportunity to tie together two FNS worlds—the Washington Committee and Wendover.

Among the many activities offered were showings of the three FNS films. During the showing of "The Forgotten Frontier" (Mrs. Patterson's film which she made in 1930), Betty Lester sat quietly in the background, in case anyone had any questions. When the film had ended, I mentioned to the audience that Betty Lester was the heroine of the film. When she was asked about it, she said, "You know, often when I see that film, I ask myself, 'was that REALLY me . . . did we REALLY do that?'" It occurred to me that I, too, had experienced those thoughts, even though my time at Wendover was miniscule compared to hers. Still today when I see any of the films, I have a lump in my throat. It is difficult to convey what FNS does and what it represents. I find my mind searching for newer, more superlative adjectives, and my hands flailing about vainly trying to describe all that FNS is. My time as a courier was extremely meaningful to me, and occasions like the "Day in the Country" bring all that back and remind me that I really was there.

Mr. and Mrs. Patterson, and Missy Kelly, thank you for a perfectly lovely day.

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### FRUSTRATION:

When you've already received 13 Christmas cards and haven't even found your address book yet.

—*Modern Maturity*, December-January 1975-76

## OLD COURIER NEWS

### **From Mary Beirne in Massachusetts—July 20, 1976**

This summer I have been working on Martha's Vineyard. I am here until the end of July and then go to Philadelphia to work. In the fall I'll be starting nursing school at the University of Pennsylvania.

. . . . .

### **From Becky Johnson, Philadelphia, Pennsylvania—July 21, 1976**

I had a very good year working at Covenant House Health Services. I am on vacation now but will be working there again in August as an aide, doing preliminary measuring and testing of the children. I am impressed by the good use of nurse practitioners at Covenant House.

I am sorry to report that I did not get accepted into medical school. I had interviews at five schools, all very positive, but apparently the competition is too great. I have been encouraged to re-apply and I will let you know what I decide to do.

My love to everyone at Wendover.

. . . . .

### **From Priscilla Whiteman in Massachusetts— August 25, 1976**

I am on Martha's Vineyard at the moment, enjoying the last days of summer. I'm playing lots of tennis and swimming. I've heard from Whip (Susan Whipple) and she will be going to Cornell. Mary (Beirne) was here earlier in the summer but I missed seeing her.

. . . . .

### **From Lisa Greene, Princeton, Massachusetts— September, 1976**

My summer turned out wonderfully! I ended up working as a nurse's aide at a camp for diabetic boys. Almost all of the thirty counselors were diabetics, which was great for me because I've never known many my own age. I loved working with the kids and I'll be back there for sure next summer.



I'm now working at a nursing home, on the three to eleven shift, and living at home. I'll be there through December and then I'm off to school in Spain for five months.

. . . . .

We were happy to learn that **Allison Bray** expects to get to the U.S. in October to visit friends at Wendover and other places in the country.

. . . . .

We send our deepest sympathy to **Kay Amsden** whose father, John Page Amsden, died in April, 1976; to **Leslie Williams Mills** on the loss of her father, Alfred L. Williams in July, 1976; to **Barbara Bullitt Christian** and **Porter Watkins** whose mother and grandmother, Mrs. William Marshall Bullitt, died in July, 1976; and to the family of **Constance Bicknell Reynolds** who died August 23, 1976.

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### AN ATTACK OF GOAT

One summer day I was sitting in my garden enjoying the sunshine when a friend of mine who is very much a rose enthusiast called to see me. He had hardly made himself comfortable before he exclaimed 'Ah, what's this then!', sprang to his feet, whipped out a pocket spyglass and began to examine a nearby Queen Elizabeth rose bush which was almost devoid of foliage. For some time he probed and smelled and twisted, and finally pronounced a verdict of 'A severe attack of premature leaf fall brought about by an excessive visitation of *Blennocampa pusilla*.' Looking very knowingly at me he insisted that I pull up the offending bush and burn it forthwith, otherwise I would have it spreading to my other roses which were as yet untouched. As he is a kindly man, albeit a bit bombastic regarding rose ailments, I did not like to tell him that one of the goats had been in the garden and nibbled the bush before she was spotted and chased out. — *Stan Williams, Yorkshire.*

—*The Countryman*, Summer 1976, Edited by Crispin Gill, Burford, Oxfordshire, England.

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\$7.50 checks on their own banks.

## POST TIME HORSE SHOW

by Donna Ward  
(Mrs. John T. Ward, Jr.)



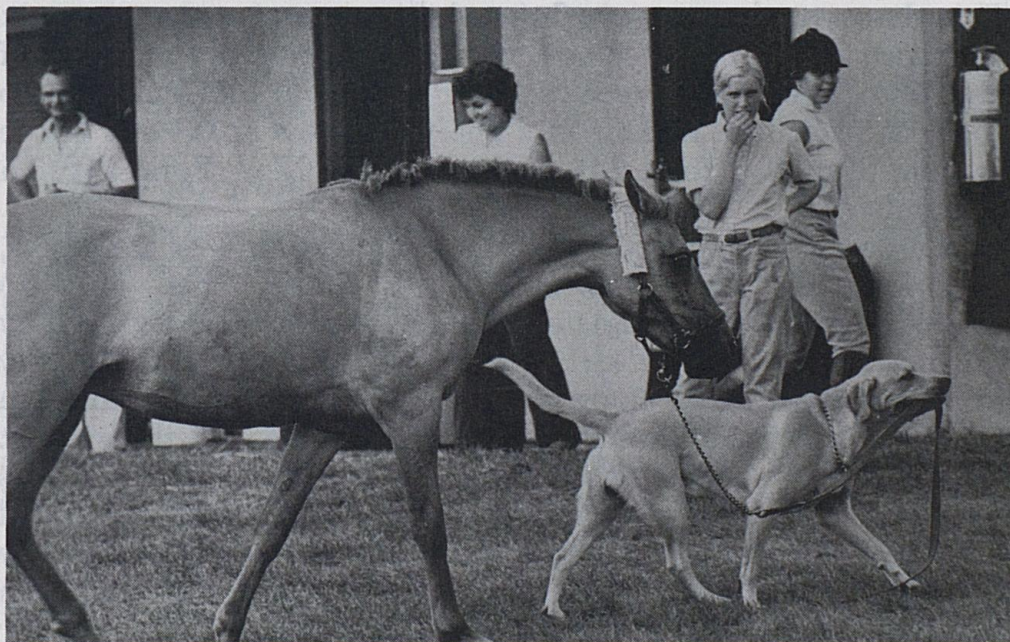
POST TIME HORSE SHOW, one of the largest outdoor Hunter and Jumper shows in the country, was held August 12-15 at the Fasig-Tipton Paddocks on the Newtown Road in Lexington, Kentucky, sponsored by the Keeneland Pony Club for the benefit of the Frontier Nursing Service. What started many years ago as a one-day pony club show has evolved into a four day event that attracted over four hundred exhibitors from twenty-three states and Canada. The show offered some 100 classes of competition designed to meet the needs of every age rider and for any level of horsemanship, with prize money totalling more than \$20,000.

The Post Time Horse Show is "A"-rated by the American Horse Show Association Standards, and preparation, as for any show of this size, began in the fall of 1975. Since Fasig-Tipton had only

two hundred permanent stalls, arrangements had to be made with tent contractors for approximately two hundred temporary stalls and for water, electricity and a sound system which would link the tents to the barns and the announcer's tent. Sponsorship committee, entertainment committee, grounds committee and et cetera committees had to be formed.

Divisions offered to the exhibitors included: Regular Working Hunter, Green Working Hunter, Green Conformation Hunter, Amateur Owner Working Hunter, Breeding Division, Junior Exhibitor Division, Large Pony Hunter, Small Pony Hunter, Equitation Division, Pony Club Equitation, Junior Jumper, Preliminary Jumper, Open Jumper and the Amateur-Owner Jumper Section. The Conformation and Breeding Sections were new this year. Breeding classes were for young horses shown in hand (not ridden) and were judged on conformation, quality, substance and suitability to become a hunter. The Green Conformation horses were judged over fences on performance and soundness (60%) and conformation (40%).

Friday afternoon featured the AHSA Hunter Seat Medal Class, open to Junior Members of the American Horse Shows



**Honey**, a small pony owned by Karen Moon, led by **Boomba**, a blond labrador owned by Pat Cottle. All are from Mequon, Wisconsin.



Kerry Bahrenburg hoses down **Page One**, winner of the Small Pony Junior Hunter Reserve Championship.

Association who had not yet reached their eighteenth birthday. This class was shown over a figure eight course of not less than six obstacles which included one combination and two changes of direction. The winner received a silver medal and qualified to compete in a final ride-off at a specified show at the end of the season. Usually, this ride-off is held in New York City in November.

Sunday was probably the most exciting day of the show, featuring the Thoroughbred Hunter Stake, open only to Thoroughbred Horses registered in any stud book recognized by the Jockey Club. Kentucky State Horse Park donated the trophy and the replica. After engraving, the Park trophy will remain in the state park office and the replica went home with the winner. The highlight of the Sunday afternoon, and the entire show, was the \$2,000 Blue Grass Junior-Amateur Hunter Classic, open to all Hunters shown by a Junior or Amateur rider. There were so many entries that this class had to be split into a junior classic and an amateur classic with the prize money doubled.

One of the Junior Jumper classes was won by **Get It** and his fourteen year old rider from Houston, Texas. **Get It** is palomino

colored and is only one inch taller than a pony. He must compete as a horse in the jumper classes he enters, no easy feat when facing fences five feet tall. His small size belies his athletic ability, for **Get It** has jumped as high as six feet, six inches in puissance jumping. Even if you've never seen **Get It** in action you would know him immediately by the little bucking exhibition he gives upon entry into the ring before cantering off to take his round. **Get It** was Junior Jumper Champion at both the Nashville and Louisville shows this year.

The Judges and Show Committees were entertained with a cocktail party at the Fasig-Tipton Sales Ring after the show on Thursday. On Friday there was a barbecue for the exhibitors and Kate Ireland, Helen Browne and some of the Couriers from FNS came down. On Saturday evening the judges and officials of the show were entertained with cocktails and a dinner and each morning the exhibitors were served free coffee and doughnuts. Despite threatening clouds at times, sunshine prevailed throughout most of the show.

### . . . And . . .

by Kate Ireland

Four hundred and twenty exhibitors, 509 horses, 3 rings and 197 cars filled with spectators—this was the Post Time Horse Show.

Under the co-chairmanship of Mrs. Essie H. Grant and Mr. Robert Brewer, three teams of Judges, Stewards, Announcers, Paddock Masters, Ring Secretaries, and Ringmasters kept the 105 Classes running on time with no confusion or delays. Mrs. John Rodes, Manager, followed through on each minute detail, while Mrs. B. G. Hughes and Mrs. Stanley Prewitt accounted for every penny of entry, stabling, admission and program fees. The quiet strength behind the running of a horse show is the Horse Show Secretary and the Post Time Horse Show had the very best in Mrs. Kenneth Tufts and her able assistant, Mrs. Vern Ramnes. Unsung heroes were their two husbands. Officially, Dr. Tufts was the physician in attendance and Mr. Ramnes was responsible for the Grounds, but they were everywhere—helping with the stables, the loud speaker system, the jump set-ups, assisting officials and exhibitors in every way. To keep it a family affair, the Tufts' two

daughters, Natalie and Jennifer, were in charge of Stabling and Class Points, respectively.

Mr. and Mrs. Lindsay Douglas, with assistance from Keeneland Pony Club parents, admirably manned the spectators' admission gate, and Mrs. Harold Kitchen decorated the tents, grounds and Pavilion with flowers from her home. On Friday evening, a barbecue was held for all the exhibitors and a group of couriers and other volunteers and young nurses from the FNS were present to talk about the Service.

The work accomplished prior to the show makes the difference, not only in the efficient running of the show, but also in the amount of money raised for the benefit of the sponsors, the Keeneland Pony Club and the Frontier Nursing Service. Mrs. Stanley D. Petter, Jr., Mrs. John R. Gaines, and the Sponsor Committee were most successful in procuring sponsorships of classes and trophies. Mrs. James B. Holloway, Jr. and her



Post Time Horse Show Guest (l. to r.) Miss Betty Dabney, Mr. E. A. Mattingly, Mrs. Elizabeth V. Hutchinson, Mrs. John Harris Clay and Miss Sally Kitchen. Betty Dabney and Lib Van Meter Hutchinson are former FNS Couriers; Mr. Mattingly and Mrs. Clay are members of our Board of Governors; and Sally Kitchen was the Assistant Show Secretary.

Photos courtesy of the Lexington Herald-Leader

Advertising Committee produced a lovely program with many pictures of FNS and descriptions of our work. Mrs. John T. Ward, Jr., Mrs. Julian Beard and Miss Sue Wahlgren were responsible for all the wonderful publicity on TV, radio and in the newspapers.

As the Blue Grass Classics were being run on Saturday afternoon, everyone was talking about how successful the show had been—the exhibitors wanted to come back next year, the committee members were planning improvements, and the District Commissioner of the Keeneland Pony Club, Carroll Mangione, and I were contemplating the financial returns and hoping that 1977 would be an even grander production.

The Frontier Nursing Service is deeply grateful to all those who made the 1976 Post Time Horse Show a success and acknowledges with much appreciation those who sponsored the show and its classes or donated the trophies:

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## CHRISTMAS GIFT SUBSCRIPTIONS

We would like for more people to know about the Frontier Nursing Service—our medical and nursing work, our family nurse-midwifery training program, our work with the young people of Leslie County. Please tell your friends about our activities.

Why not give a Christmas gift subscription to the *Quarterly Bulletin* to three of your friends? We'll send a Christmas gift card in your name.

W. B. Rogers Beasley, M.D.  
Director

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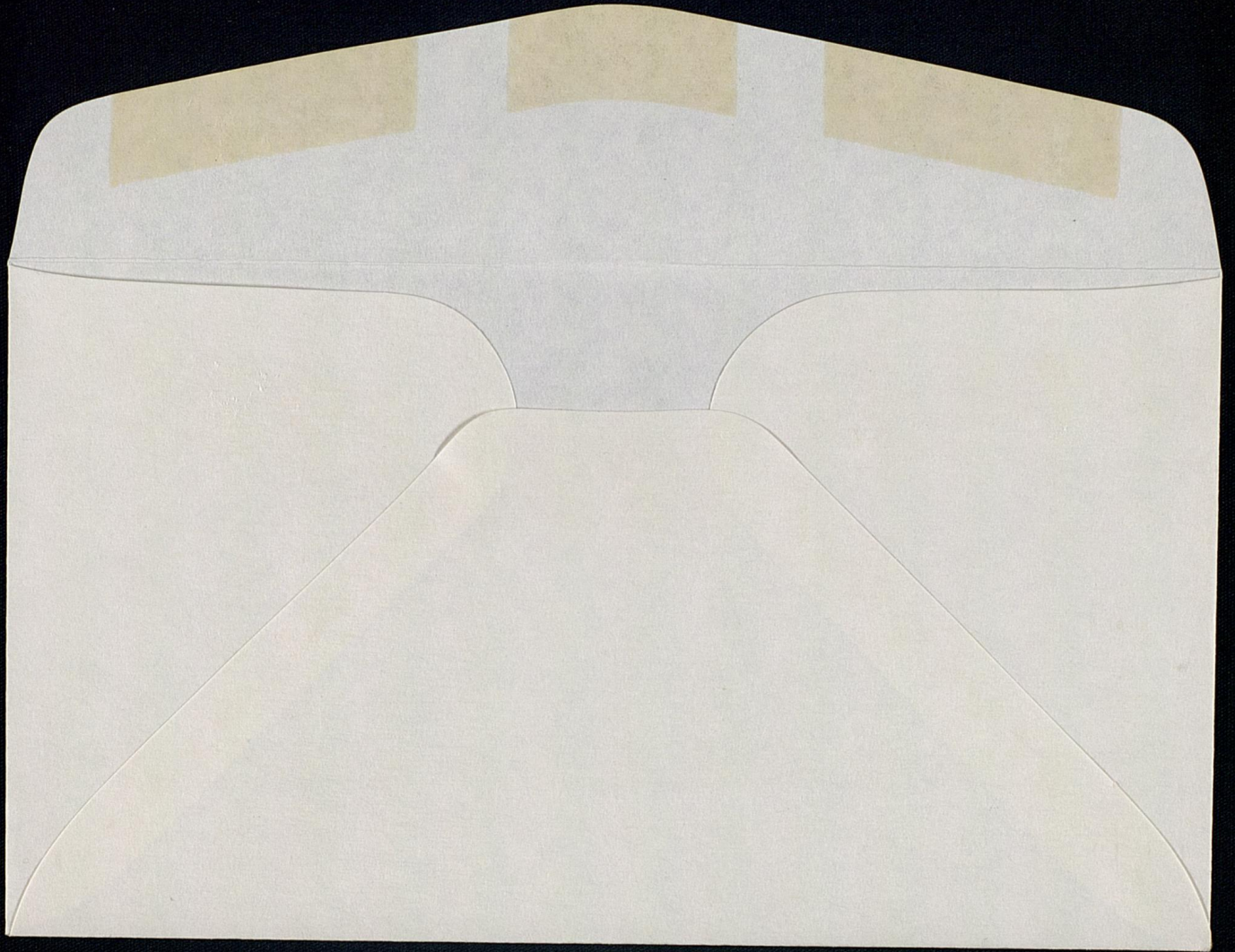
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### CHRISTMAS WITH SILENT WITNESSES

Do you know how to know when the Christmas season begins - our mission and our work with the family nurse and wife, nursing programs, our work with the young people of the community. Please tell your friends about our activities.

Why not give a Christmas gift subscription to the *Witness Bulletin* to three of your friends? We'll send a Christmas card in return.

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## PRIMARY CARE CONFERENCE

July 23 brought one hundred and forty visitors to Hyden to attend a conference on primary care. Following almost a year of active concern in the development of standards for primary care centers in Kentucky, it seemed appropriate for Frontier Nursing Service to convene a Conference on Primary Care for the mid-Appalachian region as well as the Commonwealth. Proposing to clarify some of the issues, to enhance the support of primary care centers which are to be licensed by the State, and to enable an appropriate training consortium for primary care centers development and administration, our original intent had been to limit conference size to fifty participants. Demand was so great that limits were removed and there were 150 registrants for the conference, including FNS staff; consequently, plans to assemble in the hospital classrooms were changed and the Leslie County Public Library became the venue.

As all FNS affairs must begin or end with sherry, this opening reception was held in the Director's office at the old hospital for the introduction of the speakers and panelists to the participants from Tennessee, North Carolina, West Virginia, Vermont and Kentucky, as well as the staff. An excellent dinner was provided by the hospital cafeteria staff, after which all adjourned across the street to the Public Library.

Dr. Howard Bost, University of Kentucky, chaired the opening session. Secretary C. Leslie Dawson, of the Department of Human Resources, spoke of Kentucky's need for Primary Care Centers and services, and he was followed by Dr. Lawrence Weed's presentation of problem-oriented records as an integral part of primary care. Dr. Weed recommended that records which identified problems and the services provided for those problems should be used as the basis for charges. The entire group was supportive of this premise and it was suggested that a demonstration in service-based reimbursement might be indicated.

The second day of the conference was divided into four sessions. Types of manpower training for primary care were introduced by Mr. Wade Mountz, immediate past president of the American Hospital Association and administrator of Norton-Children's Hospital in Louisville, Kentucky. Dr. Tom Wiegert,

College of Medicine, and Dr. R. Paul Baumgartner, Jr., College of Pharmacy, University of Kentucky, and Miss Elsie Maier, from our own School, were panelists for the manpower training segment of the program. Dr. William P. McElwain, Commissioner of the Bureau of Health Services, introduced the use of protocols and medical directives in interdisciplinary care. Supportive panelists included Dr. John Runyon, Chairman and Professor of Community Medicine, University of Tennessee, Dr. C. Glen Pickard, Jr., Director, Nurse Practitioner Program and Assistant Professor of Medicine, University of North Carolina, and Ms. Marilyn Hayes, an instructor in the Family Nurse Clinician Program at Vanderbilt University.

At the luncheon, attended by a hundred and fifty conferees in the Mary Breckinridge Hospital cafeteria, Dr. Bert Swift, Health Director of the Appalachian Regional Commission, expressed succinctly the concern and support of his Commission for primary care activities.

The first afternoon session, addressed to medical records, was chaired by Dr. Weed with panelists Dr. Carl Lyle, Professor of Medicine at the Charlotte (North Carolina) Memorial Hospital, and Dr. Gertrude Isaacs from our program. Following this, Commissioner Gail S. Huecker, of the Bureau of Social Insurance, gave a vivid introduction to the problem of third party payments. Mr. Rondall Thornton of Blue Cross-Blue Shield of Kentucky, made the very significant public announcement that his organization was ready to develop contractual arrangements with licensed Primary Care Centers for primary care services. The group congratulated East Kentucky Health Service Center and Dr. Grady Stumbo, its president, on being the first Primary Care Center to be licensed in Kentucky and, therefore, to be eligible for this contract.

Mr. James Rogers, Director of the Kentucky Division of Medical Assistance, described the development of his program to support primary care services in licensed centers. This, indeed, is a significant turning point in health services in Kentucky which should be reflected in primary care activities throughout this area.

In the evening a cold collation at Wendover was lavishly prepared by the Wendover staff and served to more than a hundred dinner guests. Although an outdoor session had been planned on the site of the old Cabin, a storm made it necessary for



Dr. Stumbo to present the need for a professional organization in Primary Care to the audience in the Big House, packed on the porch, in the living room, on the stairs, in the dining room and into the development office. During Dr. Stumbo's presentation a hurricane struck the Wendover area. Thunder interrupted the speaker repeatedly, a downpour ensued, and by the end of the evening the Wendover road was blocked by fallen trees in both directions. Staff and volunteers, led by former County Judge George Wooton, used chainsaws to clear the roads so that guests might return to their several lodgings for the night.

The final session on Sunday morning was chaired by our Associate Director, Miss Evelyn Peck, who clarified the necessity for administrative training; this topic was developed by Dr. Benny Bailey, Administrator, East Kentucky Health Services, and Sr. Mary Jowell, Administrator of St. Claire Medical Center in Morehead, Kentucky.

A follow-up meeting was agreed upon for the 28th of August, at the East Kentucky Health Services Center, in order to further the development of an organization on primary care.

The discussion that threaded throughout the entire conference, initiated by Dr. Weed's recommendation on payment for service, regardless of credentials, has led to exploratory conversations with the Bureau of Health Services and the Bureau of Social Insurance concerning the establishment of a demonstration in service-based reimbursement at FNS.

The proceedings of this conference are being published and will be available from the Director's office for \$5.00.

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### JOE LEWIS APPOINTED

Joe Lewis has been appointed a clinical instructor in the College of Pharmacy at the University of Kentucky for the present academic year, the first time an FNS pharmacist has received University appointment. As a result, it may be possible for FNS to offer pharmacy internships, on a rotating basis, at the Mary Breckinridge Hospital.

## THE QUALITY OF THOROUGHNESS IN NURSES' WORK

From "An Address to the Graduating Class at the Johns Hopkins Hospital Training School of Nurses, May 28, 1903"

by Isabel Hampton Robb of Cleveland, Ohio

Graduates of today, we who are already of the guild greet you heartily and give you cordial welcome to your place among us. In your future work we see much of hope and promise. When you have grown a little older and have had a more varied experience, you will realize that the mere care of the patient is the least part of your work compared with what you can and ought to do towards making the conditions that cause pain and sickness and all manner of suffering less possible.

In the last issue of *The American Journal of Nursing*, Miss Dock says: "After one has worked for a time in healing wounds which should never have been inflicted, tending illness which should never have developed, sending patients to hospitals who need not have gone if their homes were habitable, bringing charitable aid to persons who would not have needed charity if health had not been ruined by unwholesome conditions, one loses heart and longs for preventive work, constructive work—something that will make it less easy for so many illnesses and accidents to occur, and will help to bring better homes and workshops, better conditions of life and labor." And this expressed longing finds its echo in the heart of each of us who have learned by experience that the faithful nursing of the patient, the splendid work done in so many forms of philanthropy and the efforts of religion do not reach the root of the matter. In your professional life you have learned that we may dress and nurse a wound ever so carefully, but that all your work represents time and energy expended in vain, that a breakdown of the wound is inevitable, did not the surgeon first clean and scrape away all the diseased tissues, reaching deep down into the fresh healthy part until no germ of disease was left to impair the growth of new, healthy flesh. And so it is with our work in caring for humanity in other ways—we are but staying a worse condition perhaps, but not removing the cause, if we rest satisfied with mere treatment and do not direct our best energies towards prevention.

Reprinted from *Bulletin of The Johns Hopkins Hospital*, September 1903  
Contributed by Frank J. Lepreau, M.D.

## A DAY TO REMEMBER



Helen E. Browne and The Britannia

July 6, 1976, was a very special day for me. H. M. Queen Elizabeth II had extended to me the honor of being presented to her in private aboard the royal yacht, Britannia, the day she docked in Philadelphia. The Queen and Prince Philip received me in a small lounge on the upper deck and I was invited to tell them about Mrs. Breckinridge introducing the British system of nurse-midwifery to this country. The Queen then presented me with the

insignia of Commander of the British Empire—a lovely blue and gold medal on the rose-colored ribbon of the Order.

My day was made perfect by my good friends Mr. and Mrs. J. Gibson McIlvain of Devon, Pennsylvania, who had invited members of the FNS Philadelphia Committee to dinner in the garden of their lovely home. The candlelit tables with red, white and blue flowers and American and British flags were a beautiful setting and the party was a thrilling ending to my day.

—*Helen E. Browne*

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### W. F. BRASHEAR HONORED

Mr. W. F. Brashear of Hyden, Kentucky, Assistant Treasurer of Frontier Nursing Service, has been appointed to the Kentucky Hospital Association Council of Hospital Trustees for the 1976-77 Association year. Mr. Brashear was nominated by the Cumberland Hospital District and officially appointed by the KHA President, Mr. James D. Collins, and confirmed by the KHA Board of Trustees.

The KHA Council of Hospital Trustees was formed during the 1971-72 Association year for the purpose of providing counsel of an advisory nature to the KHA Board of Trustees on Association matters. The Council, since its formation, has met periodically and has sponsored several activities since its inception, including statewide trustee-administrator institutes which were judged to be outstanding by those attending.

The KHA Council of Hospital Trustees is to be congratulated on its choice of Fred Brashear as a new Council member.

## OLD STAFF NEWS

For many years the British old staff have had a reunion in England on Thanksgiving Day. This year it was decided it would be appropriate to have the reunion coincide with the American Bicentennial Celebration and Vivienne Blake Twiss invited British nurses and couriers to her home in Buckinghamshire on July 4. Attending the reunion, and sending their greetings to Wendover, were:

May V. Green  
 Doris Dunstan (Dunnie)  
 Lydia Thompson  
 Mary Hewitt (Hewie)  
 Eileen Rayson Ramsden  
 Nora Kelly (and her sister, Vi)  
 Elizabeth Hillman (Hilly)  
 Vera Chadwell  
 Jo Anne Hunt Rossiter  
 Bridie Gallagher  
 Ann Curry  
 Liz Palethorp  
 Jill Ash  
 Joan Antcliff Bernard  
 Eve Chetwynd

and, of course, Vivienne and her husband, Christopher Twiss.

. . . . .

**From Eve Chetwynd in Emberton, Bucks. England**

**—July, 1976**

I don't know whether you have heard from anyone since our 4th of July reunion at Vivienne's. It was a great success. Vivienne has a lovely home and garden and a delightful husband and children. We had a super lunch in the garden.

NOTE: We are looking forward to a visit from Eve sometime in November.

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**From Liz Palethorp in Swanage, Dorset, England**

**—July, 1976**

Vivienne Blake Twiss invited us to her home for a buffet lunch,

good talk and tea. On the way I picked up Joan Antcliff Bernard in Ascot. We had a super lunch in the garden and Vivienne was assisted by her charming husband and her two daughters, Sarah and Alice. I drove Joan back to Ascot and spent the night with her. She has two nice boys—just 11 and 8½. The next morning I went to the hospital with her and she showed me around the maternity unit before she went on duty.

While on vacation in June I went down to Cornwall for three nights and saw Judy Pridie Halse on the way down and Olive Bunce and Brigit Sutcliffe Powell on the way back. Olive said it was eight years since I popped in before—time really does fly! Olive was leaving the following week for her annual three weeks in Bermuda. Stevie (Joyce Stephens) has at last gotten her very own house and Hilly says it is lovely and just right for Stevie.

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#### **From Dolores Hall in Madang, Papua New Guinea**

**—June, 1976**

Greetings once again from the sunny South Pacific! I graduated from Dalhousie University, Halifax, Nova Scotia, in May, 1975, with a Bachelor of Nursing degree. It took time to get things arranged but I arrived back in Papua New Guinea in February. I am now on the faculty of Lutheran School of Nursing in Madang—an instructor in obstetrics, both classroom and clinical. To fill in my extra time I am live-in supervisor for the female students, school librarian, and in charge of ordering supplies and girls uniforms. Life is never dull!

Valda Raine also got her Bachelor of Nursing degree from Dalhousie and at present she is working out of Fairbanks, Alaska,

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#### **From Carolyn Ruth in Chicago, Illinois—May, 1976**

I can't believe that it's three and a half years since I left FNS as a graduate of the School. I've had to put into practice a lot of what I learned, both at work at Cook County Hospital and also at home with my church community. I am really grateful to FNS for teaching me so much. I've never regretted for one day that I've gotten into nurse-midwifery but wonder why I didn't get into it sooner because it is such a rewarding profession!

as an itinerant public health nurse responsible for the care of eleven villages along the Yukon River.

On Palm Sunday, a woman here had a stillborn breech delivery in the village and went to the health center with what she thought was a retained placenta. Upon examining her, the health worker realized that there was a second fetus still living in utero. He arranged transport for her to the hospital. Medical induction was tried, without success, followed by a caesarean section and a live male infant weighing 1,900 grams was extracted. Both mother and baby did fine and the mother couldn't see what all the fuss over her was about!

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**From Shirley Thomas in Kenieba, Mali—July, 1976**

I've heard from quite a few people about the new hospital and how nice it is. Believe me, I am using just about everything I learned at FNS and some things I didn't know I had learned. And I'm busier now than ever before. People keep coming from villages which are close to the bigger towns where they could get care and I'm trying to discourage that as I can't treat everyone in this corner of Mali. Right now it seems to be ulcer season—deep skin ulcers that take ages to heal. And then come the snake bites. Had a little girl—a deaf mute—bitten during the night. They didn't find the snake but she surely was having all the signs of poisoning. Fortunately, I have antivenin and she is doing well.

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**From G. Winifred Dennis in Poole, England**

**—August, 1976**

Last Thursday the Kellys came over from Wareham to tea and both of them are very well. They said they had three weeks in Norway—they took their car by ferry and drove around the coast of Norway for 1,000 miles! And, when they got home, they discovered they had had a burglar in their bungalow while they were away. Luckily, the police caught the thief because he had taken a sovereign from their place and had tried to sell it at an antique shop. I've also heard from Doubleday and she is very well. She told me she often sees the Mickles and they are all right.

### From Margaret Willson in Launceton, England

—August, 1976

I was delighted to read in the Nursing Press of Brownie's new honor. Last Tuesday I moved into my new bungalow five miles from Launceton. So at last I have my own and, I trust, permanent home. I have three bedrooms, living room, kitchen, bathroom, cloakroom and a tiny garden.

You will find it hard to believe that water is very short here in England. We have had no rain of any worth for months. The harvest yield has been good but vegetables are suffering and will be short this coming winter. Grass is not growing and cattle are having to be fed with hay which was meant for winter fodder.

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We were sorry to learn of the death of **Elizabeth J. MacDonald**, a British nurse-midwife who spent two years with the Frontier Nursing Service in the early thirties.

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We were relieved to hear from **Sue Warner** that her family, who live in Loveland, Colorado, were not hurt in the flash flood which occurred in that area several weeks ago.

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### A WEDDING

**Sylvia M. Hostetler** to Roman C. Miller on July 31, 1976, at Luz y Esperanza Church in Paraguay, South America.

### A BABY

Born to Dr. and Mrs. Wayne Cooper (**Christine Morgan**) of Louisville, Kentucky, a son, Warren Todd, on July 8, 1976.

This young gentleman is the grandson of our friends and neighbors, Mr. and Mrs. Hayes Morgan (Opal) of Wendover.



## OUR MAIL BAG

**From Katherine Esmay, Department of State Escort to Ruth Harris of the Marshall Islands:** On behalf of Ruth Harris of the Marshall Islands, and because of my own very special experiences at the Frontier Nursing Service, I am writing to thank you. Our visit to FNS was the most important of our trip, both professionally and personally. I am extremely glad that I had heard of your program before I left my job at the Asia Foundation so that I could suggest it to the programming agency in Washington. As I discussed with Ruth the Public Health programs in the Marshall Islands, I was more and more convinced that FNS provided a relevant model, something that she could realistically compare to her own island environment. My feelings were confirmed when Ruth said "our problems are very similar; we delivered health care by canoe, Frontier Nursing Service started on horseback". For both of us the visit to the home of Bryan and Laura Morgan brought everything into focus. I feel particularly privileged to have participated in that visit.

Miss Esmay also wrote Mr. Barry Bingham, Sr., who was kind enough to share the letter with FNS: "My report of the trip to the State Department included high praise for the Frontier Nursing Service. I honestly think it was the highlight of the month-long trip which covered public health programs in six different states. For Ruth Harris of Micronesia, the Frontier Nursing Service provided an opportunity to see an outstanding rural health care delivery service with distance problems comparable to the islands in the Pacific."

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**From a Nursing Student:** I want to thank you once again for making my visits to the Frontier Nursing Service and the Mary Breckinridge Hospital such enjoyable yet educational experiences. Furthermore, after the inspiring and informative conference this past weekend, I think that the issue of primary care and the Frontier Nursing Service's role in that issue were brought to the front in many persons' minds.

**From a Medical Student:** On behalf of myself, my fellow students, and the Departments of Family Medicine and Community Health here at Case Western Reserve University School of Medicine, I'd like to thank you for the warm hospitality you and your staff extended to us on our recent visit. The consensus is that our stop with you at FNS was the highlight of the trip, and we certainly do appreciate the time you, Tom Dean, "Mossie", and the nurses at Wendover and Beech Fork took to talk with us. To give you some idea of the impact it had on us to see the system at FNS, one of our group (a male!) made the remark that he didn't really want to become a doctor, but was more desirous of becoming a nurse practitioner. We were all impressed by their work.

**From an Old Staff Member:** I just wanted you to know how much we enjoyed being included in the Sunday afternoon at Wendover. When you've been away as long as I have, you don't expect those kind of invitations. However, it was something of a high point in the weekend for all of us and really gave the feeling of FNS much more than had we not gotten to Wendover. My friends are still talking about Kentucky and are more sold than ever. I think the rest of our office is a little envious that they didn't get to go too!

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### NO MATERNAL DEATH

In the Fifty-first Annual Report, printed elsewhere in this Bulletin, the Frontier Nursing Service was again able to say "there was no maternal death". We are pleased to be able to report that as of September 21, 1976, the FNS has gone twenty-five years without the loss of a mother in childbirth, a commendable commentary on the care offered by nurse-midwives and the physicians who support their work.

## WENDOVER AND WOLF CREEK DISTRICTS CLOSE OCTOBER 1, 1976

Because of Frontier Nursing Service's restricted budget, it has become necessary to modify the method in which FNS provides nursing service in two districts, Wendover and Wolf Creek.

The Wendover District will be combined with Beech Fork for nursing service on October 1. Improved roads in the Wendover District (Hurricane is now half black-topped and the State has promised to begin black-topping up Camp Creek for 1.8 miles) has encouraged many people to go directly to the new hospital for clinic services. Those living in the direction of Stinnet may prefer to go to Beech Fork. Sharon Koser, the Wendover District nurse, will still be living at Wendover but will no longer hold clinics in the Garden House Clinic. Probably many of her friends will follow her to the Beech Fork Clinic for her family nursing care.

For those people who are house-bound and who have been assigned to the Home Health Agency, the Wendover Home Health Agency nurse will continue to care for those people as she has been doing.

This change in Wendover is a result of limited income; we can no longer afford a full-time family nurse for the smaller population at Wendover. The improved roads and the readily available family nurses at the hospital should assure good nursing service for the area.

Combining Wendover with Beech Fork after 50 years of daily clinic hours at Wendover appears to be a failure in our duty. We don't think it will be so because of improved communications. As the chairman of the Wendover Committee said, it used to take him more than twenty minutes to reach Wendover; now he can reach the hospital in twenty minutes. We have securely arranged for continuing the Home Health Agency care for the homebound.

Wolf Creek is also being modified. Because there are now three of our FNS graduates on the Cutshin Mission Clinic team led by Barbara French, we will reinforce the Cutshin Clinic by providing increased medical back-up and discontinue the Wolf Creek Clinic. These two clinics are not too far apart. We plan to provide at least monthly physician clinics at Cutshin—more if requested—and Barbara French will plan to use and supervise, on a regular basis, some of the FNS advanced family nurses-in-training.

Our duties at Wolf Creek are now almost 18 years old. Here again, the roads (though not perfect) have mostly improved so that clinic and hospital services are more accessible. Of course, we will continue our Home Health Care to the homebound on regular plans of care as before.

—W. B. Rogers Beasley, M.D.

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### WENDOVER AS A CONFERENCE CENTER

Frontier Nursing Service would like to make its facilities at Wendover available as a Conference Center to small groups who might plan a rural retreat, workshop or conference. Our recent Conference on Primary Care was an apparent success. It brought together over 140 interested individuals from across the state and from mid-Appalachia. In addition to the planned program for three days, they were able to explore some of the experiences of Frontier Nursing Service as well as each other's problems and solutions in an uninterrupted manner.

The concern with rural health, with primary care, with family nurses and nurse-midwives, with changing patterns of training and service, together with increasing practice of organizational workshops and retreats, makes FNS want to offer its Wendover facilities to interested organizations for their own purposes.

Twelve people could be bedded down at Wendover and there is adequate space for a workshop or conference of that small size. If the numbers should be larger, we would make arrangements for more extensive housing in Hyden and adapt to the needs of the organization contracting for the use of the facilities. Costs begin with \$10.00 per individual for bed and breakfast, additional charges of \$3.00 for luncheon and \$5.00 for dinner, plus additional charges according to the amount of space needed. Our audiovisual equipment is extensive.

## STUDENTS ATTEMPT PRIMARY CARE IN APPALACHIA

by Alice Reber

(Editor's Note: Miss Alice Reber, Assistant Professor in Nursing, Illinois Wesleyan University, accompanied eight nursing students to FNS last January. She writes: "As a result of our stimulating and exciting experiences I have written the enclosed article and have tried to convey some of the impressions the students expressed verbally and in their diaries. I feel that these feelings of the students need to be given wider circulation than just among our own constituency. I would like again to extend my appreciation of the hospitality to me and my students during our stay". We are pleased to print excerpts from Miss Reber's report.)

The idea of nurses taking jeeps up creek beds and over natural trails was so incredible to nursing students at Illinois Wesleyan University that they wanted to see it for themselves. As a result, for the past two years, the university has offered a January short term experience in the unique mountain setting of Leslie County, Kentucky. During that experience, nursing students observed and assisted in the delivery of primary health care, in health promotion, and in assessment of client and family needs and problems.

The uniqueness of the clinical setting and the opportunity to provide a more independent approach to health care were not the only advantages of the one month course. Students reported acquiring a new excitement about their profession because of the variety of learning experiences and the gratification of helping to provide a badly needed service. The students observed the FNS staff as "genuinely caring" for their patients and for the patients' families as well. They did not show frustration because of the time it took to assess the needs of individuals but did a thorough exploration of the situation.

Each of the student nurses was assigned to an outpost with one or two nurse practitioners. Each outpost consisted of one large building which housed the clinic facilities as well as residential quarters for staff nurses. The practical arrangement of clinic and waiting room and examining and supply rooms at one end of the building, with utilitarian arrangement of living quarters on the other end, tended to create an austere appearance. That austerity is broken by fireplaces in the living room and large screened-in porches. Even in January the birds and mountain flora create a natural environment of great beauty.

In this setting, FNS staff nurses and student nurses often developed close relationships through living and working together. The students more quickly became acculturated because of their closeness to staff. As the students learned to know the nurses and the people, they came to enjoy the nursing responsibilities which they helped to assume, and they became involved in total client-family health care. Students were exposed to scores of varying experiences with no day like the one before.

One student with prior experience in a large medical center stated in her diary (a requirement of the course) that the FNS nurses' "delivery of primary health care is probably equal to no other". She felt that the FNS nurse develops a wealth of assessment and diagnostic skills that could be applied anywhere. The same student described the FNS staff as functioning superbly with minimal equipment, and improvising as needed.

The student nurses developed an understanding of and appreciation for primary care by seeing it and helping with it on a daily basis. They saw the family nurse in action and became excited by her effectiveness, by the challenges she faced and the many responsibilities she assumed. They saw the nurse practitioner helping families cope with problems of health and illness and many of the ramifications of these problems. They saw her supporting and strengthening family ties as the problems related to care of the sick were reduced. They became aware of a lesser need for hospitalization of patients as well as for placement in a nursing home.

The students saw that much of the nurse's role is health promotion and prevention of disease. They participated in health promotion visits ranging from anemia to eye infections. They felt that they learned by example "genuinely to care about patients and families as well". Students saw primary nursing care being given with unique skill and in the face of physical obstacles. They were enchanted by this kind of nursing, thus gaining a new thrill about their profession.

This was an instance in which students sought, assisted in planning and participated in an elective learning experience, thereby gaining insight and knowledge of a new cultural and clinical setting. In an area where there is a shortage of physicians, the nurse must expand her role in judgment and clinical practice to fill the void.

## “IT’S THE SULFUR”

by Horace Henriques, EMT

Leaving Boston, with its modern ambulances, overly efficient emergency rooms, busing strikes and traffic jams, it was with some fear and much excitement that I travelled as an Emergency Medical Technician (EMT) to the Mary Breckinridge Hospital. Fear in the sense that any field emergency was going to be all the more difficult as there was no modern ambulance, and no way to communicate directly from the scene, in the acute trauma situation, with doctors and/or family nurse practitioners; excitement for the challenge these conditions posed, in working with a mountain people that Jack Weller in *Yesterday's People* and Kate Ireland had so vividly described, and in being in a rural environment again.

Once in Hyden many of my fears proved unfounded as there was no hospital ambulance and, therefore, rarely, if ever, would I be making calls, and injuries were brought in by the local funeral home or the kinfolk of the injured. As a result my training was incorporated into the medical team of doctors, family nurses and nurse-midwives and my job focused in the emergency room. Here I was responsible for assessing the situation, initiating treatment, if necessary, and calling the other medical personnel. For example, when babies and children came in with sore throats or other such complaints, or adults who were “smothering”, or minor lacerations, the family nurse would be called. In the case of major trauma or serious medical problem, a doctor and the anesthetist would also be called. In cases where emergency surgery was necessary, I would be a part of the surgical team in the capacity of a surgeon's assistant. It was a a result of one of these surgical emergencies that I was able to perform in the more traditional EMT role and transport a premature baby in respiratory distress to Louisville.

At 7:30 on one of those Kentucky mornings with the fog hanging in the valleys making one believe one is in a different world, yet with the heat and humidity already beginning to rise, a young pregnant patient came in having contractions. The nurse-midwives were called and it was decided that a cesarean section was the best course of action for the mother and baby. At 10:30

a.m. the operation was performed and a four pound premature baby began to breathe—and I had just observed by first section. By 4:00 p.m., the pediatrician felt that the baby was in respiratory distress and that the problem was sufficiently acute to send the baby to Louisville. In the station wagon, with the infant transporter plugged into the car lighter, family nurse and student nurse-midwife Susan Harris, social worker Ruth Ann Dome and I left for the four hour drive to Louisville. The only problem that occurred on the trip was that the incubator oscillated between on and off as the connection in the lighter socket was poor. The baby returned two weeks later—healthy and a pound and a half heavier.

On only two other occasions did I perform in the traditional EMT role—a man involved in a mining accident had to be taken to Lexington as did a fourteen year old boy who wrecked on a motorcycle. Instead, I was allowed to use the training I had had to work in many more aspects of medical care. I saw the long-term treatment and maintenance care the family nurse can provide, and learned some surgical techniques, and observed the recovery period. I was also involved in administrative matters as I did statistical studies on numbers of patients seen by nurses and seen by doctors, on when people were coming into the clinic, and on the types of illnesses or injuries that were coming in. I did flow charts on patient flow through the daily clinic and on how quickly lab work was being done and sent back to the nurses in the clinic and to the doctors on the inpatient floor. All of these studies would, hopefully, give Dr. Beasley and other administrative staff a good idea of patient needs and how the hospital can better serve the community.

In leaving Hyden there are also those non-medical experiences—experiences of people, places and times—that stick in the memory. There are those incredibly steep hills and narrow valleys, some of them completely covered by the kudzu vine, giving an impression of a different world and ancient civilizations. In these hills there are the tiny graveyards which even strip miners respect, and old overgrown paths leading to names carved on trees. There are the memories of many discussions on how best to raise hogs, with none of the individuals agreeing. There were the ninety year old lecturers speaking on the cycles of the sun and moon and when is the best time to plant and



how best to lay out a garden. There were those invitations to come "set and talk", while on my walks through the hills, and the "feeds" with Carl Morgan. There were more lessons at the Hurricane Creek coal mine—how best to get the coal, and they all agreed on this—and also the acutal sounds and fears of riding down the shaft. There were the scoldings from the secretaries for being late to work, followed by the gift of a quarter so I could get a coke.

And then there are the traditions. Having just drunk from Greasy Creek, after walking over Oscar's farm, he said, "Once you drink that water, you'll come back to this country. It's the sulfur."

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### PRIMARY CARE ASSOCIATION FORMED

The Kentucky Primary Care Association was formed in Mallie, Kentucky, on August 28, 1976. This was a direct result of the Primary Care Conference held at FNS on July 23. An organizing Board of Directors was elected which includes Dr. Thomas Dean, our Medical Director, and Dr. Gertrude Isaacs, Director of Education. The President of the Association is Dr. Benny Ray Bailey of the East Kentucky Health Services.

The organization is begun with the purpose of assuring the highest possible level of health care, preventive as well as maintenance and curative, at a primary level. It will hope to contribute to professional development in primary care services and to legislative support of primary care.

The organizing meeting included more than thirty representatives from health services from Louisville east to the West Virginia border.

## BEYOND THE MOUNTAINS

### From Kate Ireland

Listed under the members of the Trustees of Frontier Nursing Service elected at the Fifty-first Annual Meeting was Mr. Joseph C. Graves, Jr. of Lexington. Very regretfully we must announce that Mr. Graves has had to decline this position in view of his many other important commitments in the Commonwealth of Kentucky.

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For many years Brownie and I have wanted to talk with our past couriers and friends in the St. Louis area. After correspondence with Emma Coulter Ware ('38) and Sally Humphrey ('67), my niece-in-law, I flew to St. Louis the end of June for a preliminary discussion. I loved seeing Sally and Watts, son of Louise Ireland Humphrey ('38), and getting to know their three children, Susie, Vicky, and Watts, Jr. Emma had planned a lovely luncheon at her home in Ladue with her daughter, Wendy ('73), Laura Carpenter ('66), and Sally. Emma also had invited some young people who were interested in hearing about the Frontier Nursing Service.

After making plans for an evening with husbands on September 30, Em, Wendy, and Annie, the youngest Ware, drove me out to see Laura's Connemara pony farm, "Three Creek Farm". That evening Sally and Watts had a small dinner party with some of my St. Louis friends, including Joe Werner, Horace Henriques' uncle, and his wife. Horace is working as a summer volunteer, both in the Mary Breckinridge Hospital and on the District. I am looking forward to returning to St. Louis in September.

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The end of July, Anne Cundle and I spent the night in Medfield, Massachusetts, with Caroline and Mike Standley, on our way to Maine. We had a quiet Sunday night supper with Joe and Carol Donnelly. Joe is one of our newly elected Governors and Carol is a Boston Committee member and co-chairman of Sponsors for the Christmas Preview. On Monday, Jane Fisher,

Boston Preview Chairman, entertained me at lunch with Happy Lee, Boston Committee Treasurer, and Margaret Brooks Jewitt Lobkowitz, who hailed from Lexington. I was very appreciative of the opportunity to talk about the FNS with these Boston Committee members who are volunteering so much time for the Service.

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We extend our very best wishes to Mr. and Mrs. John Gilpin Heyburn II (Martha Blackledge Keeney) who were married in Louisville, Kentucky, on August 6, 1976. Martha is the daughter of Dr. and Mrs. Arthur H. Keeney and John is the son of Mr. and Mrs. Henry R. Heyburn. Dr. Keeney, a distinguished ophthalmologist, is a member of the FNS National Medical Council and Mr. Heyburn is a vice chairman of our Board of Governors.

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It gives us great pleasure to announce that Mrs. Spencer R. Hackett of Pittsburgh and Ligonier (old courier Mary Stevenson) has agreed to assume the chairmanship of the FNS Pittsburgh Committee. "Stevie" Hackett was a courier with FNS in 1940 and her daughter, Mary Ellen, was with us in the summer of 1974

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Jane Leigh Powell, old courier and Corresponding Secretary of the FNS Board of Governors, spoke about Frontier Nursing Service at a meeting of the Farmington Alumnae Association of Long Island on May 5, 1976. The program featured "Choices for Women" and Leigh shared the program with representatives from the fields of journalism and education.

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Through the good offices of our old friend Mrs. George J. Mead of West Hartford, Connecticut, arrangements are being made for Helen E. Browne to talk about FNS activities at the South Congregational Church, 277 Main Street, Hartford, Connecticut, on Thursday, November 11, 1976, following dinner at 6:15 p.m. in the Fellowship Hall. Mrs. Mead has asked us to tell FNS friends in the Hartford area that they will be most welcome to attend the meeting (at about 7:00 p.m.) and also the dinner. Reservations for

the dinner may be made by calling the South Congregational Church (203-249-8627) by noon on November 9.

From the Boston *Patriot Ledger*—August 12, 1976:

“An event that is anticipated as a means of doing Christmas shopping in comfort is the Christmas Preview for the benefit of the Frontier Nursing Service of Kentucky. It takes place well in advance of the Christmas rush with the location changed each year to make it conveniently available.

“This year the dates will be November 9 and 10, at Chestnut Hill Country Club, 91 Algonquin Road, Newton.

“The Boston Committee of the Frontier Nursing Service is the sponsor. Specialty stores from all over New England are invited to set up their wares for two days, with luncheon available for shoppers on both days by reservation. On the evening before the official opening, a sponsors’ party is held at which cocktails and hors d’oeuvres are served while sponsors, the members of the Boston Committee and their friends shop in comfort. This year the gala party will be held on the evening of November 8.

“During the sponsors’ party a silent auction will be run. Each of the committee members is contributing a special gift or service. Helen E. Browne, the recently retired director of the Frontier Nursing Service in Kentucky, is having a quilt made in that area especially for the auction.

“Last year, as a result of sponsor donations and participation in the Christmas Preview, members of the Boston Committee were able to send \$10,000 to the Frontier Nursing Service.”

Nineteen seventy-six will mark the eighteenth year in which a Christmas Preview has been sponsored by the FNS Boston Committee, and it seems to us that each Preview is more successful than the last. We know how much year-long work the Preview takes and we would like to take this opportunity to send our gratitude to the Boston Committee.

Dr. Rogers Beasley was invited to be the keynote speaker, to discuss maternal and child health, at the annual meeting of the

Nova Scotia and Laborador Branch of the Canadian Public Health Association in June. In addition, he had the opportunity to discuss the family nurse and nurse-midwifery program of Frontier Nursing Service, presenting data on students and colored slides of their training. This was of great interest to the Association because the Memorial University at St. John's has an experimental nurse practitioner training program and there is an outpost nursing program at Dalhousie University in Halifax, organized and directed by Ruth May who took midwifery at FNS in the late fifties and came back to do a family nursing internship at the Mary Breckinridge Hospital last year.

Dr. Beasley stopped to see Ruth in Halifax who was a charming hostess and showed him the sights of Halifax in company with her two young children, Alison and Margy.

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### THE OLDEST PROFESSION

Three friends were debating which of their professions was the oldest.

"Certainly it's medicine," said the doctor. "Mankind has always had physicians; they're even mentioned in the Bible."

"That's nothing," the engineer retorted. "The Bible explains how the world was created out of chaos—and how could order be brought out of chaos without an engineer."

The politician resolved the issue: "But who do you think created the chaos?"

*Modern Maturity*, August-September 1974

## FIELD NOTES

Compiled By  
Peggy G. Elmore

We take pleasure in announcing that our Associate Director, Miss Evelyn M. Peck, was elected to the office of First Vice President of the American Nurse's Association at its convention in June. We look forward to the opportunity this will give to enhance the relationship between the FNS nursing staff and the largest professional organization for nurses in this country.

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Ms. Theresa Sharp, President-elect of the Kentucky Nurses Association, was the guest speaker at a meeting of District 12 of KNA held in Hyden, at the Mary Breckinridge Hospital, on July 13.

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An office on the ground floor of the Margaret Voorhies Haggin Quarters for Nurses has been rented to the Kentucky River Emergency Medical Ambulance Service and to Kenneth Ledford who will be in charge of the new ambulance service headquarters.

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On June 6, Mrs. Mary Lou Johnson, President of the State Hospital Auxiliary, came to Hyden to install the new officers of the Mary Breckinridge Hospital Auxiliary. The new officers are: President—Mrs. Cloma Moore; Vice-President—Mrs. Lucretia Fields; Secretary—Mrs. Mary Kay Brashear; and Treasurer—Mrs. Ruby Moore. The Auxiliary gave recognition to the many members who have worked hard all year to build a solid foundation for the work of this useful group of volunteers. After the business meeting, a delicious tea was served to the members, friends and staff present.

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In July, Dr. Gertrude Isaacs was invited to Washington and asked to testify before the House Ways and Means Subcommittee at a hearing on National Health Insurance in the interest of Primary Health Services. Trudy has received an impressive

amount of complimentary correspondence from members of the Subcommittee and others attending the hearings, expressing approval of FNS philosophy and approach.

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We are grateful to a member of our Board of Governors, Mr. Eddie J. Moore of Hyden, for the loan of a lot he owns behind the Mary Breckinridge Hospital, to be used by the FNS for employee parking. Some drainage and fill had to be done and we express our gratitude to Judge Allen Muncy and Leslie County for several truck loads of fill and to the Kentucky Pipe Company, London, for the discount given FNS on the concrete pipe necessary to drain the area.

We also extend our deep appreciation to Mr. Joe L. Eversole of Hazard, Kentucky, for the gift of four Electrolux vacuum cleaners.

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The autumn meeting of the Frontier Nursing Service Board of Governors will be held at Hyden and Wendover on October 8 and 9, 1976.

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The care of the chronically ill and the post-hospitalized patient in the home has always been an integral part of the Frontier Nursing Service district nursing program. Since the advent of such third party payment programs as Medicare and Medicaid, FNS has been reimbursed for nursing care for such patients—those who are eligible to be certified as “homebound” and are seen in the home under a physician’s plan of care. It had become increasingly difficult accurately to identify the cost of the care of the official home health patients in a combined operation so, in the early summer, a separate Home Health Agency was established by Frontier Nursing Service. Verna Potter agreed to fill the position of coordinator for the new Home Health Agency on a temporary basis. One nurse from each of four Leslie County districts—Beech Fork, Hyden, Wendover and Wolf Creek—transferred their patients and records to the new Home Health Agency and with four aides and two secretaries moved into the old hospital at Hyden. A bit later in the summer a staff nurse from the Mary Breckinridge Hospital transferred to the Home Health

Agency to bring in the home health patients seen by FNS in the Clay County area.

The centralization of home health patients has permitted the district nurses at the outpost centers and ambulatory care clinics to expand their clinic hours and devote more time to the provision of primary health care, for which they have been educated.

One further change in the FNS program has been made this summer that will enhance patient care. With the addition of two more physicians this summer, to complete the medical staff at seven doctors, we have been able to implement the formation of three primary care teams whose work centers, but is by no means limited to, the outpatient clinic at Mary Breckinridge Hospital. The three teams are headed by Drs. Dean, Ende and Coursin, and each team includes registered nurses, family nurses and family nurse and nurse-midwifery students. Each team is developing its own patient load in the outpatient clinic and is also working with the primary care nurses on district and with the home health agency staff in the care of patients from three specific geographic areas. Team physicians go to "their" outpost centers regularly for medical clinics and patients from the outpost centers or from the Home Health Agency are being referred, as needed, to "their" team at Mary Breckinridge Hospital. In this way patients and teams, physicians and nurses, get to know each other better and better patient care results.

Nursing staff at the hospital, as of the first of October, will be made up entirely of people who are committed to a minimum of one year of service in the hospital. This same stability is being pressed for the Home Health Agency and is expected to be firm by February. This permanence on the staff will be insured in the future as School graduates are being asked to remain on the staff for one year.

Each district, at this point, has a family nurse and we are determined to maintain this level of nursing skill on the districts. If we are unable to do so, it may be best to consolidate districts.

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Dr. Anne Wasson is a member of a committee on education and training established by the Ephraim McDowell Community Cancer Network, Inc. The purpose of this committee is to establish linkages between the University of Kentucky and communities in eastern and central Kentucky for professional education to health



providers, including all disciplines, who are working in the health field. Meetings were held in Lexington in May and August and Dr. David Goldenberg, Executive Director of the Cancer Network, along with Maureen Donovan, met with FNS physicians and Trudy Isaacs on August 27 to investigate the possibility of using data on FNS encounter forms to establish the incidence of cancer in patients served by FNS. It is hoped that a grant proposal can be developed to aid patients in our area through the Cancer Network.

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Dr. Anne Wasson was invited by the district nurses to be the guest speaker at an Office Management Workshop for the district nursing staff held at the Flat Creek Center on August 7. A follow-up meeting, to discuss mutual interests and problems, is planned on September 10 at the Wolf Creek Center.

The Beech Fork Center staff had open house at the Center on August 29 to introduce the Beech Fork Team and the community to each other.

A spaghetti supper, for the benefit of the Flat Creek Center, was held at the Church of the Brethren at Mudlick on September 2.

Plans are well under way for the Oneida Horse Show to be held at 7:00 p.m. on September 18, for the benefit of the Oneida Nursing Center. In case of rain the alternate date will be September 25. The Oneida Community hopes this will be the first of many annual horse shows for the benefit of the new nursing center and it expects to attract horses, for twelve classes, from all over southeastern Kentucky. Mr. Arthur Miniard, a prominent show judge from this area, will judge the Oneida Horse Show.

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A new course in Health Careers has been added to the high school curriculum by the Leslie County Board of Education. Mrs. Carol Morgan, R.N. is in charge of the course which has as one of its aims the development of an interest among high school students in all aspects of health care. It is anticipated that the students enrolled in the health careers course will be gaining practical experience at the Mary Breckinridge Hospital.

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Much previously hidden theatrical talent surfaced in Leslie County in June when a group from the FNS staff, aided by a

number of neighborhood children, produced "The Wizard" for the benefit of the Leslie County Humane Society, netting well over \$200.00 for the proposed animal shelter. As far as the appreciative audience was concerned, we were watching "The Wizard of Oz", but the cast decided that a fair amount of poetic license had been taken with the script and, therefore, the title should be shortened! Actors and director, carpenters, set designers and prop collectors, the pianist and Toto (Dr. Thorngate's dog Abijah) all did a marvelous job and everybody had fun. We hope the FNS Players will be ready with a new production before the end of the year.

Special thanks go to W. B. Muncy School in Wooton for the loan of their auditorium.

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Our plea, in the last Bulletin, for back issues of the Bulletin of the American College of Nurse-Midwives for the School library, received a prompt response from Miss Evelyn Johnson, a nurse-midwife with the Department of Health, Education, and Welfare. Many thanks, Miss Johnson.

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The nurse-midwifery service at the Mary Breckinridge Hospital reports a marked increase in deliveries in the fiscal year which ended April 30, and is enchanted to report that the number of deliveries in August 1976 went over thirty, the first time this has happened in any one month for a very long time.

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The Medical Staff of Frontier Nursing Service was completed this summer when a primary care physician, Dr. David Coursin, arrived in mid-July to join our two family physicians, the surgeon, internist, pediatrician and obstetrician. The pediatrician, Dr. Carl Ellison, had come to us last winter for a limited assignment which ended on September 1. He has been replaced by Dr. G. Bradley Gascoigne III, a native of Cleveland who has just completed his pediatric residency at the University of New Mexico. Dr. Gascoigne had spent a month with FNS as a senior medical student so we are particularly happy to have him return to Kentucky.

Dr. Coursin and his wife, Laura, a nurse in the outpatient clinic, and Dr. Gascoigne both have apartments in the old

hospital, as does Dr. Stephen Thorngate who has been joined at Hyden by his wife, Beverly. The Thorngates have had visits this summer from all of their four children.

For the first time in its history, Frontier Nursing Service has a full-time dentist in Dr. Joseph Levine who has come to Kentucky from a practice in Massachusetts. In addition to his practice on the third floor of the Mary Breckinridge Hospital, Dr. Levine will provide dental service in the home to homebound patients.

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Again this summer we have had the help of a number of volunteers, without whom this organization would find it difficult to cope. During the mid-June through July period, Lee Fox, Bronx, New York, and Elizabeth Mulvaney, Tucson, Arizona, staffed the courier service. They were joined by Polly Hancock of Gladwyne, Pennsylvania, back for her second term, for the month of July. Gretchen Bauerlein, Ambler, Pennsylvania, Lydia Mueller, Novelty, Ohio, and Martha Richardson, Portland, Maine, were at Wendover from August 1 until early September. Wendy Nichols of North Scituate, Massachusetts, arrived on September 1, and we are expecting Katherine Pratt, Cambridge, Massachusetts, and Mary White, McLean, Virginia, before the middle of the month.

Two other "old couriers" came back this summer, but in a different role. Phoebe Westwood and Linda Dodds, both senior nursing students, each spent several weeks at Red Bird and Flat Creek Centers, helping the family nurses with their clinics.

Sheila Stamos of Putney, Vermont, was of tremendous help during the month of July in putting the library at the Mary Breckinridge Hospital in good order. Although Sheila has a masters in library science, she is tremendously interested in the nursing field and will enter nursing school at Yale University this fall.

Jan Carroll, a Brown University graduate, volunteered her services for the summer and worked as an aide at the Brutus Center.

Last, but by no means least, were the two young men who worked so hard for FNS this summer—Horace Henriques and Mark Funk. Both of these young men are pre-med students and Horace prepared himself as an Emergency Medical Technician in preparation for his summer at Mary Breckinridge Hospital. He

has described some of his experiences elsewhere in this Bulletin. Horace did a superb job and contributed much to the social life of the young, gracing his farewell party impeccably clad in a tuxedo! Mark volunteered to spend a year with FNS and we are making good use of his skills in chemistry (he had taken advanced chemistry at MIT) in the Mary Breckinridge Hospital laboratory. Mark also goes to the Oneida Clinic regularly with the physicians to do lab. work there. He will be away from the hospital for a couple of weeks in September, to go to Pennsylvania where he is being married to Alice Henderson. We are looking forward to having this young couple with us for the rest of the year.

The FNS staff has shared their knowledge and experience with a number of physicians and nurses who were in the United States for observation and education, as the staff has done for a great many years. Overseas guests this summer have come from the Philippines, Turkey, Nigeria, Micronesia, Liberia, the Cameroons, the Sudan and from the West Indies—St. Lucia, St. Vincent and St. Kitts.

It's always good to see old friends back in the mountains and a number of old staff and old couriers have been to see us this summer, among them, Barbara Hood Carpenter, Carolyn Coolidge Godfrey, Carolyn Coleman, Dr. Pam Sutton, Darline Wilke, Elaine Sell, Margaret McCracken, Evelyn Mottram, Greta Wiseman, Lynne Shade Kugler, and Wendy Wood.

We had the pleasure of showing something of our work to several members of the South Dakota Society of the Daughters of Colonial Wars and to a number of groups and individuals interested in our nursing program.

The FNS has no more welcome guest, ever, than our dear Agnes Lewis, and the two weeks she spent at Wendover in late July were much too short. We hope she will be back soon, and for a longer stay.

On the weekend of July 4, Leslie County joined in the nation's celebration of the Bicentennial and it was agreed that this would replace the traditional Mary Breckinridge Day Festival this year. However, Mrs. Edward N. Farmer, who has been in charge of the Mary Breckinridge Day Craft Show since its inception, tells us

that plans are being made for a fall craft show in Hyden on Saturday, October 2, 1976. Faye Farmer and her helpers always have an excellent display of local crafts and we are looking forward to this year's show.

. . . . .

A number of FNS nurses have been accepted for admission in the Frontier School of Midwifery and Family Nursing in the class which will begin on October 4 and we are happy to welcome their staff replacements: Katherine O'Dell, who has recently moved to Leslie County with her husband; Marcia Stevenson, Santa Rosa, California, and Deirdre Poe, Lutherville, Maryland, who have gained post-graduate experience on the medical-surgical floor before transferring to a family nursing internship in the outpatient clinic; Susan Spodek, East Rockaway, New York, and Nancy O'Donnell of Giltner, Nebraska, assigned to the Mary Breckinridge Hospital; and Patricia Rogers, McHenry, Illinois, Susan Berry, Bell Port, New York, and Karen Slabaugh, Millington, Michigan, who have joined the Home Health Agency staff.

Our best wishes go with the staff members who have completed their assignments or education with FNS and have left during the summer, with a special note of thanks to Janet and Paul Watts. Janet has been head nurse on medical-surgical for some years and Paul has been a member of the hospital maintenance staff. The outstanding reputation for good inpatient care enjoyed by the Mary Breckinridge Hospital is due in large part to the direction Janet has given to the medical-surgical service during the past several years.

Debbie Woods has been welcomed back by all to the medical records department of the Mary Breckinridge Hospital following a leave of absence to do mission work in Ohio.

Dorothy Asher has been alone in the Mary Breckinridge Hospital x-ray department since Carol Ingram left in June, and there is no sign of relief for her before early October. Dorothy has been on continuous duty or call and we have unlimited gratitude for all she has done without a complaint and with unflagging excellence in her technique.

Nancy Ward and Roger Farmer were married on Friday, July 30, at the Big Creek Baptist Church, the Rev. Earl Davidson officiating. Nancy's parents and her brother and sister-in-law came down from Columbiana, Ohio, for the ceremony and were joined by other family members and close friends. Following a reception at the Red Bird Center, the bride and groom and their guests attended a dinner party in Hazard.

Nancy is an FNS staff nurse, assigned to the Red Bird Center, and Roger is employed at the Mary Breckinridge Hospital. We wish for this young couple a long and happy marriage.

. . . . .

Among those babies born at the Mary Breckinridge Hospital this summer were two in whom staff have an especial interest. Benjamin Rue Martin Palmer, the son of Susie and Ken Palmer, arrived on July 12, weighing 7 lb. 8 ozs. Alex Thomas Dean, weighing 8 lbs. 10 ozs., was born to Kathy and Tom Dean on August 16, 1976. According to all reports, both Alex and Benjamin are "wonderful"!

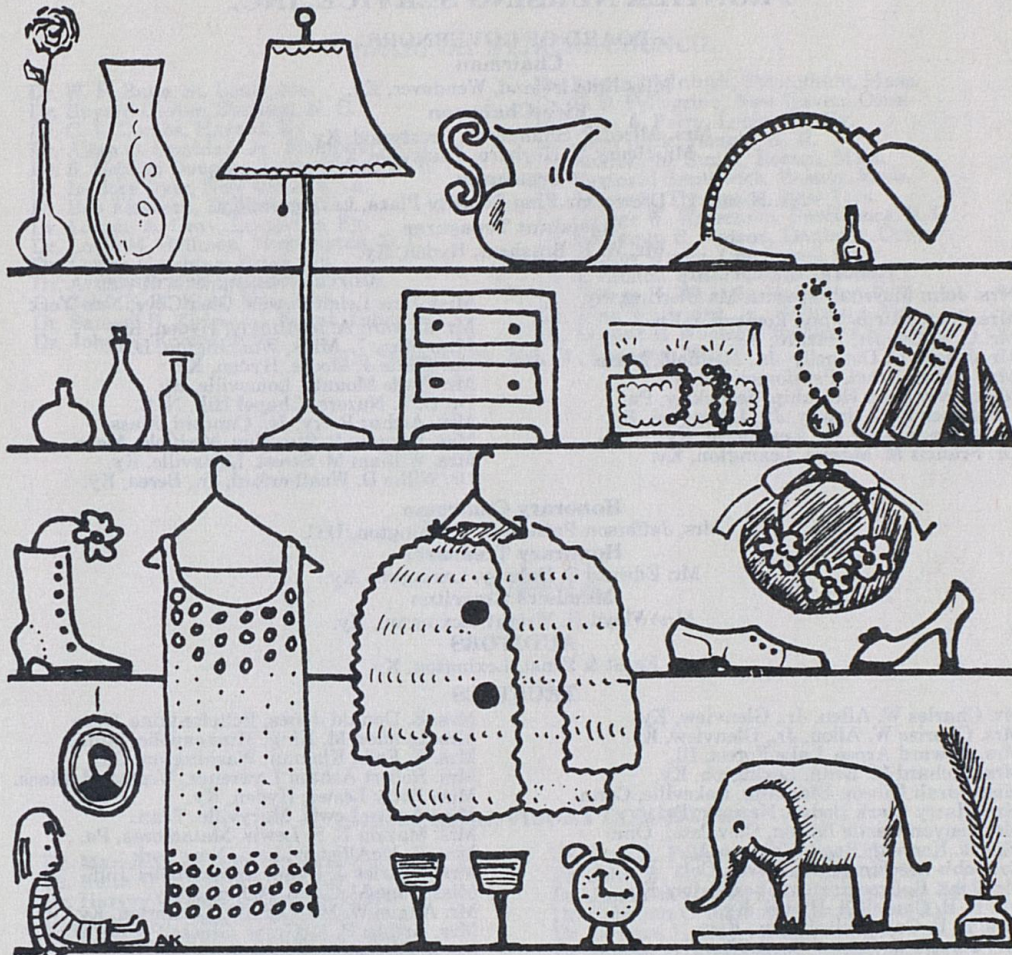
. . . . .

Helen Browne has written of her great day on July 6, when she was presented to Queen Elizabeth and Prince Philip, elsewhere in the Bulletin but we would like to add the story that Brownie told Their Majesties during her chat with them:

Brownie was in Chicago some years ago, to talk about nurse-midwifery and the FNS program, to a group of obstetricians. During the question and answer session at the end of her talk, one young physician expressed his opinion that nurse-midwifery was fine for "the poor" but would never be universally accepted. Brownie drew herself up to her full height and said, "I'll have you know that the Queen of England was delivered by a nurse-midwife!" Our good friend, Dr. John Greene, Chairman of the Department of Ob-Gyn at the University of Kentucky, said, "But, Miss Browne, Sir John Peel, the Queen's obstetrician, was there, too," and Brownie shot back, "Yes, but the midwife did the delivery!"

Brownie was delighted to be able to make the Queen and Prince Philip laugh!

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. . . . .

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Its motto:

“He shall gather the lambs with his arm  
and carry them in his bosom, and shall  
gently lead those that are with young.”

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives for rural areas in Kentucky and elsewhere, where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and midwifery training schools for graduate nurses; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service, to obtain medical, dental and surgical services for those who need them at a price they can afford to pay; to ameliorate economic condition inimical to health and growth, and to conduct research towards that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them, to cooperate with individuals and with organizations, whether private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

Articles of Incorporation of the  
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For some years, the nurse-midwifery graduates of the FNS educational program have had a pin featuring a mother and child. Now, the family nurse graduates also have a pin available which may be ordered by writing Mrs. Alice Whitman, Frontier Nursing Service, Hyden, Kentucky 41749.

Gold Pin	\$19.00
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