

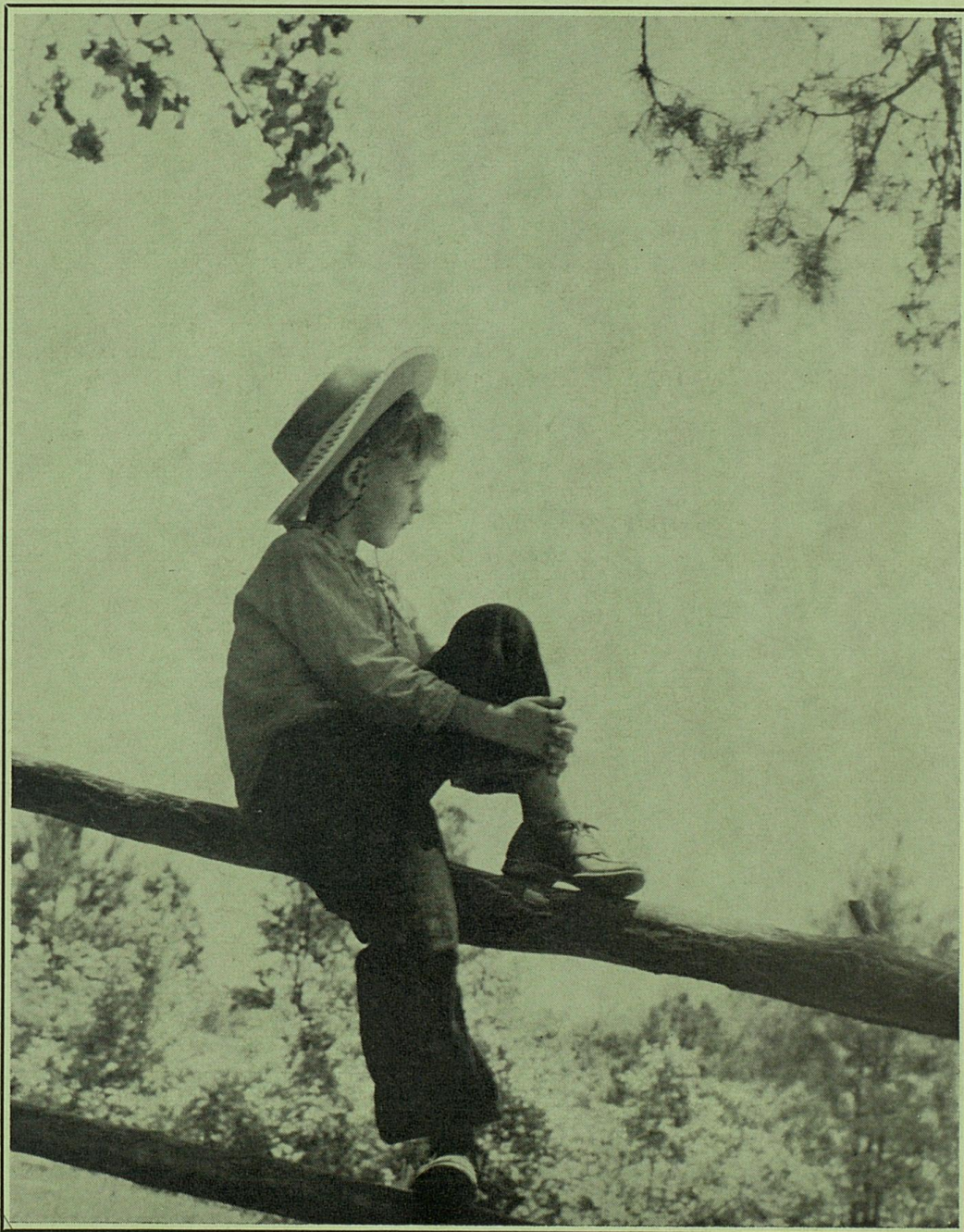
# FRONTIER NURSING SERVICE QUARTERLY BULLETIN

VOLUME 33

SUMMER, 1957

NUMBER 1

THIRTY-SECOND ANNUAL REPORT



RALEIGH SMITH OF MUDLICK





MISS JEAN BECKER, R.N., of the Frontier Nursing Service, and  
PHILCO SUPER MARKETER REFRIGERATOR-FREEZER,  
Model No. 1678

This most welcome and greatly needed gift came to Hyden Hospital through the courtesy of the Philco Corporation of Pittsburgh, Pennsylvania, and the Sterling Hardware Company of Hazard, Kentucky.

The cover picture of Raleigh Smith, printed with the permission of his parents, was taken by Earl Palmer.

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FRONTIER NURSING SERVICE QUARTERLY BULLETIN  
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SUMMER, 1957

NUMBER 1

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under Act of March 3, 1879."

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HIFNER AND POTTER  
CERTIFIED PUBLIC ACCOUNTANTS  
145 EAST HIGH  
LEXINGTON, KENTUCKY

W. A. Hifner, Jr., C.P.A.  
Rex B. Potter, C.P.A.  
Telephone 2-1975

To the Officers and Trustees  
Frontier Nursing Service, Incorporated  
Lexington, Kentucky

Ladies and Gentlemen:

We have made a detailed examination of your records and accounts for the fiscal year ended April 30, 1957, with the results as disclosed by the annexed Exhibits and supporting Schedules.

In our opinion all recorded receipts have been duly accounted for.

Your books have been closed under our direction and are in accord with this report.

Respectfully submitted,

(Signed) HIFNER AND POTTER  
Certified Public Accountants

Lexington, Kentucky  
May Twenty-two  
Nineteen Fifty-seven



THIRTY-SECOND ANNUAL REPORT  
of the  
FRONTIER NURSING SERVICE, Inc.  
for the Fiscal Year  
May 1, 1956 to April 30, 1957

PREFACE

As has been our custom since we were one year old, we present our annual report of the fiscal affairs and of the field of operations of the Frontier Nursing Service, to its trustees, members, and subscribers.

We have, as in previous years, divided our report into two sections. One section is about money, and one section about work.

I.

FISCAL REPORT

Our annual audit is so detailed, and therefore so voluminous, that we do not print it in full. The figures that follow are taken from the Exhibits and Schedules of the last audit. We have divided these figures into four categories, each covering one page, to make easier reading. The auditors' own Summary is the first category. The second is their list of Endowments and Reserves. The third category covers all Revenue Receipts. The fourth category we have put into two columns—to the left the expenditures of the last fiscal year taken from the audit, and to the right the Budget accepted by our trustees for the current fiscal year, based on last year's expenditures.

Under a fifth category, called Inventory, we account for all our properties. All five categories are given in sequence on the following pages.

Under the heading of Conclusion, we tell something of what the year has meant to us.



## BALANCE SHEET

As at April 30, 1957

### ASSETS

Cash on Hand—Petty Funds.....	\$	615.00
Cash on Hand—for Deposit.....		158.49
Cash in Banks:—		
Security Trust Co.—General Account .....		1,828.59
Security Trust Co.—Ford Foundation Account.....		5,164.32
Security Trust Co.—Alpha Omicron Pi Account.....		3,519.69
Security Trust Co.—Social Service Special Savings Account .....		7,386.00
Peoples Bank, Hazard—Organization Account.....		3,549.13
Total Cash .....	\$	22,221.22
Temporary Loans Account.....		919.50
Realty, Equipment and Live Stock.....		374,542.63
Endowment, Memorial and Reserve Fund Investments at Original Costs, in the hands of E. S. Dabney Treasurer .....		
Security Trust Company, Lexington, Kentucky.....	\$	15,900.00
United States Trust Co., Louisville, Kentucky.....		607,514.22
Guaranty Trust Company, New York.....		85,250.83
Bankers Trust Company, New York.....		185,000.00
Bankers Trust Company, New York.....		86,500.00
Total Investments—Original Costs.....	\$	980,165.05
Total Assets .....		\$1,377,848.40

### LIABILITIES

Accrued Payroll Taxes Withheld.....	\$	1,088.97
Money Borrowed .....		26,000.00
Endowment, Memorial and Reserve Funds.....		980,165.05
Total Liabilities .....	\$	1,007,254.02
Free Surplus .....	\$	370,594.38
Represented by		
Contributions and Income from Organization to April 30, 1957.....	\$	4,555,396.13
Less:		
Expenses Paid from Organization to April 30, 1957.....		4,184,801.75
Net Income—Organization to April 30, 1957.....	\$	370,594.38
* * * * *		
Total Revenue Receipts.....		\$4,555,396.13
Total Endowment Receipts.....		980,165.05
Total Monies Collected.....	\$	5,535,561.18



**STATEMENT OF ENDOWMENT AND RESERVE FUNDS**  
**April 30, 1956 and 1957**

	Totals April 30 1956	Additions During Year	Totals April 30 1957
<b>Designated Funds—Income Restricted:</b>			
Joan Glancy Memorial Baby's Crib.....	\$ 5,000.00		\$ 5,000.00
Mary Ballard Morton Memorial.....	85,250.83		85,250.83
Jessie Preston Draper Memorial (1).....	15,000.00		15,000.00
Jessie Preston Draper Memorial (2).....	185,000.00		185,000.00
Belle Barrett Hughitt Memorial.....	16,000.00		16,000.00
Isabella George Jeffcott Memorial.....	2,500.00		2,500.00
Bettie Starks Rodes Memorial Baby's Crib.....	5,000.00		5,000.00
John Price Starks Memorial Baby's Crib.....	5,000.00		5,000.00
Nora Oliver Shoemaker Memorial Baby's Crib	5,000.00		5,000.00
Eliza Thackara Memorial.....	1,828.88	\$ 51.30	1,880.18*
Children's Christmas Fund in memory of Barbara Brown .....	1,000.00		1,000.00
Donald R. McLennan Memorial Bed.....	12,750.00		12,750.00
Louie A. Hall Legacy in memory of Sophronia Brooks for a Center and its endowment..	51,944.63	2,084.33	54,028.96*
Margaret A. Pettet Legacy.....	1,953.70		1,953.70
Hattie M. Strong Memorial.....	10,000.00		10,000.00
Jane Short Atwood Legacy.....	7,500.00		7,500.00
Sub-Totals .....	\$410,728.04	\$ 2,135.63	\$412,863.67
<b>Designated Funds—Income Unrestricted:</b>			
Marion E. Taylor Memorial.....	\$ 10,000.00		\$ 10,000.00
Fanny Norris Fund.....	10,000.00		10,000.00
Marie L. Willard Legacy.....	3,127.36		3,127.36
Wm. Nelson Fant, Jr. Memorial.....	78,349.52		78,349.52
Mrs. Charles H. Moorman Fund.....	1,100.00		1,100.00
Lillian F. Eisaman Legacy.....	5,000.00		5,000.00
Lt. John M. Atherton Memorial.....	1,000.00		1,000.00
Mrs. Morris B. Belknap Fund.....	26,375.00		26,375.00
Elizabeth Ireland Fund.....	17,257.50		17,257.50
Elizabeth Agnes Alexander Legacy.....	5,000.00		5,000.00
Richard D. McMahon Legacy.....	943.23		943.23
Anonymous—General Endowment .....	102,400.00		102,400.00
Mrs. W. Rodes Shackelford in memory of her two children.....	10,000.00		10,000.00
Beulah Bruce Brennan Memorial.....	2,000.00		2,000.00
Anna Rosina Goch Memorial.....	10,000.00	6,625.00	16,625.00
Jeannie B. Trull Legacy.....	32,883.24	370.09	33,253.33
Elizabeth B. Perkins Legacy.....	152,970.44		152,970.44
Frances Kendall Ross Legacy.....	17,100.00		17,100.00
Elizabeth Sherman Lindsay Memorial.....	5,000.00		5,000.00
Helen N. and Beatrice A. Wilson Fund.....	2,000.00		2,000.00
Sophia Cogswell Stiger Memorial.....	3,000.00		3,000.00
Mrs. John W. Price, Jr. Fund.....	10,800.00		10,800.00
Charles N. Kavanaugh, M. D. Memorial.....	—0—	1,000.00	1,000.00
Margaret C. Breckinridge Legacy.....	—0—	3,000.00	3,000.00
Sub-Totals .....	\$917,034.33	\$13,130.72	\$930,165.05
<b>Reserve Account:</b>			
Mrs. Louise D. Crane.....	\$ 4,000.00		\$ 4,000.00
Mrs. Frederick Mosley Sackett.....	10,000.00		10,000.00
Mrs. Eliza A. Browne.....	16,000.00		16,000.00
Winfield Baird Fund.....	20,000.00		20,000.00
Totals .....	\$967,034.33	\$13,130.72	\$980,165.05

\*Income added to principal.



**REVENUE RECEIPTS**  
Statement of Donations and Subscriptions Paid  
May 1, 1956 to April 30, 1957

SUMMARY:	Contri- butions	Benefits and Bargain Box	Totals
Alpha Omicron Pi.....	\$ 4,563.60		\$ 4,563.60
Baltimore Committee.....	1,058.00		1,058.00
Boston Committee.....	5,776.00	\$ 606.90	6,382.90
Chicago Committee.....	6,798.09		6,798.09
Cincinnati Committee.....	7,338.92		7,338.92
Cleveland Committee.....	6,681.33		6,681.33
Daughters of Colonial Wars.....	2,745.15		2,745.15
Detroit Committee.....	10,254.00		10,254.00
Hartford Committee.....	2,103.50		2,103.50
Kentucky*			
Blue Grass Committee.....	9,363.50		9,363.50
Louisville Committee.....	6,726.70		6,726.70
Miscellaneous Kentucky.....	1,180.09		1,180.09
Minneapolis Committee.....	2,373.59		2,373.59
New York Committee.....	18,219.74	2,781.00	21,000.74
Philadelphia Committee.....	4,676.00	1,219.00	5,895.00
Pittsburgh Committee.....	13,065.50		13,065.50
Princeton Committee.....	677.59		677.59
Providence Committee.....	1,256.00		1,256.00
Riverdale Committee.....	1,351.00		1,351.00
Rochester Committee.....	2,217.08		2,217.08
Washington**			
Washington, D. C. Committee.....	4,732.40		4,732.40
Washington Benefit:			
Contributions through Benefit.....		1,122.38	1,122.38
Proceeds of Benefit.....		1,463.45	1,463.45
Miscellaneous.....	10,787.68		10,787.68
<b>Totals</b> .....	<b>\$123,945.46</b>	<b>\$ 7,192.73</b>	<b>\$131,138.19</b>

\* Total for Kentucky \$17,270.29  
\*\* Total for Washington \$7,318.23

**OTHER REVENUE RECEIPTS:**

Contributions and Gifts—Ford Foundation.....		\$10,000.00	
Fees for Frontier Graduate School of Midwifery.....		7,510.00	
<b>Payments from Patients:</b>			
Income from Nursing Centers.....	\$ 10,715.67		
Medical and Surgical Fees.....	7,112.20		
Hyden Hospital Fees.....	15,479.36		
Hyden Hospital Clinical Supplies.....	7,020.58	40,327.81	
Wendover Post Office.....		3,678.86	
Investment Income .....		47,549.01	
Miscellaneous .....		70.94	\$109,136.62
<b>TOTAL—ALL REVENUE RECEIPTS.....</b>			<b>\$240,274.81</b>



## LAST YEAR'S EXPENDITURES AND THIS YEAR'S BUDGET

I. FIELD EXPENSES:	1956-1957	1957-1958
(Hyden Hospital, Frontier Graduate School of Midwifery, Wendover, and Six Nursing Centers)		
1. Salaries and Wages.....	\$ 77,616.61	\$ 76,000.00
2. Medical Director.....	8,516.64	8,500.00
3. Dispensary Supplies (See Note 1).....	31,081.41	30,000.00
4. Running Costs: Food—minus board of residents; cows, fuel, electricity, laundry, freight and hauling, et cetera....	39,039.30	38,000.00
5. Feed and care of 21 horses and mules (See Note 2).....	6,108.57	6,000.00
6. Jeeps (17), Truck, Station Wagon Ambulance.....	6,307.85	6,500.00
7. Maintenance of Properties.....	24,001.91	23,430.00
Total Field Expenses.....	\$192,672.29	\$188,430.00
II. ADMINISTRATIVE EXPENSE:		
1. Salaries, Accounting and Auditing, Office Supplies, Postage, Telephone and Telegraph, Printing, etc.....	\$ 27,738.37	\$ 26,000.00
III. SOCIAL SECURITY TAX.....	\$ 2,742.21	\$ 2,800.00
IV. SOCIAL SERVICE.....	\$ 10,270.37	\$ 9,000.00
V. GENERAL EXPENSE:		
1. Insurance (Fire—\$296,000.00 coverage; Employer's Liability, full coverage on truck, 17 jeeps, and station wagon) .....	\$ 5,379.61	\$ 6,000.00
2. Interest .....	270.00	270.00
3. Quarterly Bulletins (covered by subscriptions).....	4,307.55	4,000.00
4. Statistics .....	1,825.00	1,800.00
5. Miscellaneous Projects such as: Doctors and Nurses for study and observation, professional books and magazines	735.58	700.00
6. Miscellaneous Promotional Expenses beyond the mountains .....	1,204.47	1,000.00
Total General Expense.....	\$ 13,722.21	\$ 13,770.00
TOTAL EXPENSE .....	\$247,145.45	\$240,000.00

Note 1: Approximately 1/3 of supplies relayed to Districts.

Note 2: Four animals belong to FNS employees, who must ride to work.

NEW LAND AND BUILDINGS, MOTOR VEHICLES, EQUIPMENT, AND LIVESTOCK.....	\$12,123.72
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LAND, BUILDINGS, LIVESTOCK AND EQUIPMENT  
(From Exhibit C of the Audit)

INVENTORY

Our auditors set a value of \$374,542.63 on these holdings, after adjustments. Among the major holdings are the following:

**Hyden**

A stone Hospital, one wing of which is the Mary Ballard Morton Memorial, one wing the Mary Parker Gill Memorial, and the frame Annex, a Memorial to "Jackie" Rousmaniere; Joy House, home of the Medical Director, a gift of Mrs. Henry B. Joy; Aunt Hattie's Oak Barn, gift of Mrs. Henry Alvah Strong; Mardi Cottage, the Quarters for the Frontier Graduate School of Midwifery; The Margaret Voorhies Haggin Quarters for Nurses; two water tanks; two employees' cottages; and outbuildings such as garages, work shop, pig house, forge, pump house, two fire hose houses and the Wee Stone House.

**Wendover**

Three log houses, as follows: the Big House ("in memory of Breckie and Polly"); the Old Cabin and the Ruth Draper Cabin; the Garden House; the Upper and the Lower Shelf; the Couriers' Log Barn and Aunt Jane's Barn; numerous smaller buildings such as the cow barn, cow hospital barn, mule barn, tool house, chicken houses, forge, apple house, pump house, jeep shed, two fire hose houses, two water tanks, and the Pebble Work Shop.

**Georgia Wright Clearing**

A caretaker's cottage and barn, extensive pasture land for horses and cows; a bull's barn and stockade; two wells.

**Jessie Preston Draper Memorial Nursing Center**  
(Beech Fork; Post Office, Asher, Leslie County)

Frame building and oak barn; deep well, pump house and water tank; fenced acreage for pasture and gardens.

**Frances Bolton Nursing Center**  
(Possum Bend; Post Office, Confluence, Leslie County)

Frame building and oak barn; deep well, pump house and water tank; fenced acreage for pasture and gardens.



**Clara Ford Nursing Center**

(Red Bird River; Post Office, Peabody, Clay County)

Log building and oak barn; fire hose house; walled-in spring; deep well, pump house and water tank; fenced acreage for pasture and gardens.

**Caroline Butler Atwood Memorial Nursing Center**

(Flat Creek; Post Office, Creeksville, Clay County)

Frame building and oak barn; fire hose house; walled-in spring; deep well, pump house and water tank; fenced acreage for pasture and gardens.

**Belle Barrett Hughitt Memorial Nursing Center**

(Bullskin Creek; Post Office, Brutus, Clay County)

Frame building and oak barn; jeep shed; fire hose house; walled-in spring; water tank; fenced acreage for pasture and gardens.

**Margaret Durbin Harper Memorial Nursing Center**

(Post Office, Bowlingtown, Perry County)

Frame building and oak barn; fire hose house; walled-in spring; deep well, pump house and water tank; fenced acreage for pasture and gardens.

**Subsidiary Clinics**

Six small clinic buildings on the following streams: Bull Creek, Stinnet (Mary B. Willeford Memorial), Grassy Branch, Hell-for-Certain Creek, the Nancy O'Driscoll Memorial on Cutshin Creek, and Sizerock on Upper Bullskin.

**Livestock**

Fifteen horses; two mules; one registered Brown Swiss bull; eleven cows; two heifers; registered Hampshire brood sow, and five pigs; over two hundred chickens.

**Equipment**

Equipment includes: seventeen jeeps; one Ford station wagon-ambulance; one three-quarter ton truck; tanks; engines; pumps; farm implements; plumbers' tools; sixty-two pairs of saddlebags; saddles; bridles; halters; hospital equipment and furnishings; dispensary supplies; and household furnishings and



equipment at Hyden, Wendover, and the six outpost centers, variously located in a seven-hundred-square-mile area.

## II. REPORT OF OPERATIONS

The data in this section are supplied by the statistical department of the Frontier Nursing Service; by records kept on guests and volunteer workers; and by the social service secretary maintained by the Alpha Omicron Pi Fund.

### 1. MEDICAL AND SURGICAL

This past fiscal year has been gladdened for us by the presence, since July 1, 1956, of Dr. W. B. Rogers Beasley, as fine a medical director as he is a man. Our gratitude to him is exceeded, if possible, by that of his thousands of patients. Our work has been greatly increased as will be shown in detailed reports.

We want to extend yet again our profound thanks to the Children's Hospital in Cincinnati. They have taken without charge the children referred to them by our medical director for expert pediatric care, as has been their custom for many years. These children have the benefit of as fine a staff of pediatric physicians and surgeons as there is in the world. We are grateful all over again to Dr. Francis Massie for coming up to Hyden Hospital from Lexington in the fall and in the spring for his surgical clinics. We welcomed with him in the fall Dr. J. B. Holloway, Miss Louise Griggs, and Miss Betty Wilson and in the spring, Dr. Hans J. Koek.

Our gratitude is given anew this year to other physicians and surgeons in Lexington, in Hazard, in Louisville, in Cincinnati, who gave courtesy care to patients and members of our staff. Dr. H. C. Reineke of Cincinnati read, without charge, the x-ray pictures we mailed to him. We are grateful to the Kentucky Crippled Children's Commission and to the Kentucky Cancer Clinic for the free care given the patients we referred to them.

For all these courtesies we extend heartfelt thanks. Our special thanks go out to the Kentucky State Department of Health for the kindness and coöperation of its Commissioner, Dr. Russell E. Teague, and of the Directors of its Divisions.



## 2.

## HYDEN HOSPITAL

Hyden Hospital—with 25 beds and 12 bassinets—was occupied 7,314 days last year by 1,363 patients with a daily average of 20 patients at a cost per patient day of \$11.18. Of the 1,363 patients cared for at the Hospital during the fiscal year, 259 were sick adults, 533 were obstetrical patients, 256 were children, and 315 were new born. There were 17 deaths in the Hospital, of which 7 were new born. There was no maternal death. There were 111 operations performed. The outpatient department, with the Medical Director's clinics, received a total of 9,797 visits.

## 3.

## DISTRICT NURSING

In the 12 districts operated by the Service from the Hospital, Wendover, and six outpost centers, we attended 10,876 people in 2,378 families. Of these, 5,221 were children, including 2,517 babies and toddlers. The district nurses paid 26,792 visits and received 14,360 visits at their nursing centers and at their special clinics. Bedside nursing care was given in their homes to 1,502 sick people of whom 14 died. At the request of the State Board of Health, the Frontier Nursing Service gave 6,197 inoculations and vaccines against typhoid, diphtheria, smallpox, whooping cough, et cetera, and sent 2,560 specimens for analysis.

This part of our report has reference to general district nursing only and does not include midwifery carried day and night by the nurse-midwives along with their district nursing. The figures for midwifery are covered under the following section.

## 4.

## MIDWIFERY

## Registered Cases

The nurse-midwives and the midwifery students of the Frontier Graduate School of Midwifery (under supervision of their instructors) attended 447 women in childbirth and gave them full prenatal and postpartum care. Of these 447 women, 13 were delivered by the Medical Director. There were 441 live births and 9 stillbirths; 7 deliveries of twins; 325 new cases admitted; 448 closed after postpartum care; 4 miscarriages. There was no maternal death.



**Emergency Cases—Unregistered**

In addition to these regular registered maternity cases, the Medical Director and the nurse-midwives were called in for 61 emergency deliveries, where the mother had not been registered or given prenatal care, which resulted in 25 live births, no stillbirths; and 31 emergency miscarriages (20 early, 11 late). Postpartum care was given to 5 other unregistered mothers. There was no maternal death.

**Outside-Area Cases**

There were 235 women from outside our area who were carried for prenatal care. Of these, 41 were closed before delivery. Most of our outside-area patients move into one of our districts or our Hospital for delivery. In that case they are transferred to our regular midwifery service. However, the nurse-midwives did go outside our area to deliver 20 such patients of 20 live babies, in their homes, with no maternal death.

## 5.

**FRONTIER GRADUATE SCHOOL OF MIDWIFERY**

The Frontier Graduate School of Midwifery has two classes annually, each of six months' duration, which start on October 15th and April 15th. During the past year 12 registered nurses were graduated from the School. The thirty-fourth class since the School opened in 1939 is now in attendance. When its work is completed on October 15th, the School will have sent 176 nurses, qualified as midwives and in our frontier technique, to render service all over the world. Graduates of the School are in a number of our states, and Alaska, the Philippines, India, Thailand, South Korea, Canada, France, the Middle East, and in parts of Africa and South America.

## 6.

**SOCIAL SERVICE DEPARTMENT****(Alpha Omicron Pi Fund and Other Grants)**

During the past fiscal year the Social Service Department of the Frontier Nursing Service has given financial aid to 275 families or individuals as follows:



Provided monthly allowance to one person.  
Provided monthly pension to one person.  
Administered an Idiots Claim for two persons.  
Gave grocery orders to 20 families—a total of 80 orders.  
Provided Starlac to 4 families.  
Provided garden seeds to 24 families.  
Aided 6 burned out families.  
Provided 3 bus tickets to patients.  
Purchased shoes and clothing for 3 families.  
Paid school fees for 12 children.  
Made loans to 3 families.  
Purchased glasses for 23 children. (New Eyes For The Needy Fund)  
Paid dental bills for 2 patients.  
Paid total Lexington hospital bills for 11 patients.  
Paid part of Lexington hospital bills for 3 patients.  
Paid Oneida hospital bills for 3 patients.  
Bought cow for 1 family.  
Bought elastic hose for 1 patient.  
Purchased wheelchair for 1 patient.  
Bought coal for 1 family.  
Paid ambulance bill for 12 patients.  
Paid clinic bills for a large number of patients. (Later reimbursed for these bills for those able to pay)

Many patients have been transported to and from the Frontier Nursing Service Hospital and outpost centers. In addition there were:

- 6 trips to Hazard with 32 patients for eye examinations, 1 to Hazard Clinic.
- 7 trips to Harlan with 8 patients to the dentist, 2 for eye examinations.
- 3 trips to Manchester with 8 patients to the Kentucky Crippled Children Commission clinic, 1 patient to the Public Assistance Department.
- 1 trip to Frankfort with 1 patient to the Kentucky Training Home.
- 5 trips to London with 9 patients to the Tuberculosis Sanatorium clinic.



40 trips to Lexington with 61 patients—23 children to the Kentucky Crippled Children Commission, 13 adults to the Lexington Clinic, 15 patients to Lexington hospitals, 10 patients to doctors.

9 trips to the Cincinnati Children's Hospital with 7 patients.

2 trips to the Houston Mission School with 2 students.

3 trips to Danville—2 patients to the Boyle County Mental Health Clinic, 1 patient to Danville State Hospital.

1 trip to Lakeland with 1 patient to Central State Hospital.

General services and aid have been given to other families and individuals as follows:

Distributed hundreds of articles of clothing, shoes, books, etc. to needy families and local schools.

Supervised 2 college students doing field work in the Social Service Department.

Aided the Christmas Secretary in distributing clothing and toys, and in arranging Christmas parties.

Services and time given in a number of other cases of a miscellaneous nature, and in cooperation with the County Welfare and Health Departments, the local Red Cross chapters, the county judges, the county child welfare and vocational representatives, The Kentucky Crippled Children Commission, Berea College, and the Frontier Nursing Service medical director, district nurse-midwives, and hospital staff.

We cannot conclude this report without expressing our profound gratitude for hospitality given our patients and their families by The Salvation Army in Louisville and Lexington and by its Cincinnati Home for Mothers and Children in Cincinnati.

## 7.

### VOLUNTEER WORKERS

Seventeen couriers and ten other volunteers worked for the Service a total of 1,360 days.

## 8.

### GUESTS FOR OBSERVATION AND STUDY

As in other years the Service entertained guests, for obser-



vation and study of its work, from all over the world. Guests of the Service during the past year have included not only Americans, but people from England, Belgium, Malaya, Panama, the Philippines, Peru, the Belgian Congo, Greece, Iran, Thailand, Scotland, Australia, Canada, Costa Rico, France, and the Kingdom of Laos.

9.

CHRISTMAS

The Frontier Nursing Service gave toys and candy to more than 5,000 children at Christmas, and clothing to those that needed it. The Service also held Christmas parties at many different places for these children, with Santa Claus, Christmas trees, and Christmas carols. All of this was made possible by the generous response of hundreds of people to our annual request card for the children's Christmas.

III.

THIRTY-TWO-YEAR TOTAL

It will be of interest to our members to read a few totals covering the whole thirty-two-year period of work.

Patients registered from the beginning.....	52,037
Babies and toddlers.....	20,357
School children .....	8,976
Total Children .....	29,333
Adults .....	20,704
Midwifery cases (reg.) delivered.....	11,375
Inoculations .....	203,327
Patients admitted into the Hyden Hospital*.....	18,308
Number of days of occupation in Hyden Hospital.....	151,935

\*For 27 years and 6 months. The FNS Hospital at Hyden was opened in the fiscal year 1928-1929 and operated only six months in that year.

CONCLUSION

Each year in the life of the Frontier Nursing Service is unlike every other. True, there is a pattern in which all the years have a part with continuity from the earliest ones down to the one that has just closed. Into the design of the pattern are woven things as diverse as forest fires and flash floods. We have reported so fully on last winter's floods that we only touch upon them now in order to say that they added enormously to the complexities of the year's work.



You will have noted in our report of operations that the volume of work carried was heavy. A comparison with the previous year shows that the outpatient department, with the Medical Director's clinics, received more than twice as many patient visits as the year before; that Hyden Hospital admitted 350 more patients, among them more than twice as many sick children as in the previous year. The work on all of the districts at all of our stations has been heavy too. And, in administration, we have seldom had a more difficult year.

The costs of these operations have been so much larger than in any previous year that they need a brief analysis. For example, in the fiscal year that closed April 30, 1956, we spent on dispensary supplies, including drugs, \$11,141.67. In the fiscal year that closed April 30, 1957, we had spent \$31,081.41. Undoubtedly a large part of that increase of nearly \$20,000.00 was due to an increase in the number of patients. But not all of it. The problem of rising prices that we have had to meet annually for some years past has become almost unbearable. We had to replace one piece of equipment for which we had paid, in 1946, \$5.45. Its cost now is \$21.56.

We are doing nothing today, except in the volume of work carried, that we did not do in 1954 on a budget of \$208,000.00. Our Trustees have authorized a budget for this current year of \$240,000.00. Unless prices become stable, it will be impossible to operate on that figure. That we manage to keep solvent, which is the first essential of a voluntary philanthropy, is possible because of three things:—

First—you, our more than 4,000 subscribers, have remained so faithful, and in so many instances have increased the size of your donations, that we have been able to make ends meet. But we suffered the tragic loss of many early subscribers.

Second—you, our staff, continue to work as part-time volunteers, giving us hundreds of hours of your time.

Third—you, our patients, have been able to pay, and have gladly paid, better fees than in previous years. For example, the percentage of running costs at Hyden Hospital met by patient fees in 1956 was 19.8. In the fiscal year just closed in 1957 it was 36.2. No charge has ever been made for children at Hyden Hospital, but the parents of children, who have been cared for



there often make a donation when the child is given back to them happy and well. The generous grant of \$10,000.00 received from the Ford Foundation, during the fiscal year just closed, enables us to provide needed extra space for our sick children as well as for our maternity section in this new fiscal year.

In concluding this report of our year's responsibilities and how we have met them, we tender our thanks to our subscribers, to our staff and employees, and to our more than 10,000 patients for a coöperation that may have been equalled elsewhere but could not have been excelled.

MARION S. D. BELKNAP, Chairman  
(Mrs. Morris B. Belknap)

EDWARD S. DABNEY, Treasurer

MARY BRECKINRIDGE, Director

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### OUR MAIL BAG

**From the chairman of our Boston Committee:** I can't tell you how much I love being a part of this Committee. I've honestly never known such a group. They are wonderful women—no wonder it's a success.

**From a member of our Boston Committee:** I love every issue of the Bulletin, and again I want you to know how very much it means to me to be a part of your Boston Committee.

**From a subscriber in New York State:** The Spring Bulletin was without a flaw. It is delightfully edited and beautifully printed always.

**From a subscriber in Missouri:** No matter how the work has expanded the personal contact, the intimacy of personal contact I mean, has been retained.

**From an old subscriber who doubled his subscription:** We feel that the Frontier Nursing Service is the most deserving of support of any organization in the whole country.



## EDITOR'S OWN PAGE

You will note that our Quarterly Bulletin has reversed its name. This is so much tidier and shorter that I wonder we never thought of it before. We are complying with the regulations of the Post Office Department and the Copyright Bureau.

*Frontier Nursing Service Quarterly Bulletin* still pays its own way, with the \$1.00 a year subscription, in spite of rising costs of publication. We have met these costs by cutting out almost entirely the color pictures on the cover, that we used to have twice a year; by cutting down on the number of half-tone cuts with which the Bulletin was liberally sprinkled; and by cutting down also on its size. From the beginning, thirty-three years ago, we have made the Bulletin pay its own way. A number of libraries all over the country subscribe to it and (under postal regulations) the first dollar of every donor's check is prorated to the Bulletin.

Everybody who works on our little magazine, and everybody who contributes to it, does it on a volunteer basis. We take it on as an extra obligation and squeeze out the time for it somehow. We have never been refused copyright courtesy for the odds and ends of things we print in addition to our own doings. *Frontier Nursing Service Quarterly Bulletin* has an enormous fan mail and this pleases us, as we say in the mountains, more than we can begin to tell.

When you, our regular subscribers, give the Bulletin for a year to one of your friends, we send an attractive greeting card to this friend in your name. Such a gift from you often leads to a new permanent friendship for the Frontier Nursing Service.

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### OVERHEARD IN A HOTEL LOUNGE

"She is a creature of intellectual instincts."

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### STOP AND THINK

Don't smoke in bed—the next ashes that fall on the floor could be your own.



## CATCHING BABIES

By

OLIVE BUNCE, R.N., S.C.M.

Nurse-Midwife in Charge of Bowlingtown Center  
(Margaret Durbin Harper Memorial Nursing Center)

I just love catching babies. I love every part of the work from the mother's registration for prenatal care on to the final month, after the birth of the baby, when the mother is visited regularly at her home. While they are waiting for the new baby, the faces of the small children look up at me trustfully as they ask, "Have you brought hit—is hit in them bags?" For a while my answer is the same, "I looked in the cupboard but there wasn't one big enough. I'll bring one soon—I promise."

Sooner or later they wake up in the morning and find a little brother or sister, or maybe they are sent to a neighbor's house to play and baby comes while they are gone.

Maud was due for her fifth baby. The older children remembered that I had brought them a brother two years ago and they could hardly wait for a new baby. By special request it had to be a girl. Henry came down at the edge of dark one beautiful summer evening.

"You'd better come quick—hit took me a right smart while to get here."

Maud lives on the very fringe of the district and I knew there would be no time to spare. The road was rough and it was quite dark when we arrived at her house. No electricity, and to my dismay the supply of kerosene for the lamp was nonexistent. A neighbor, standing by the bed with a flashlight, greeted me with the ominous words, "You'd sure better hurry." I did, and in less than five minutes a bonny little girl rushed into the world.

Maud looked up at me and laughed, "I sure made you run that time. What do you aim to call her?" I looked at the neighbor, "Well, Jessie, what shall it be? Edith after my sister and Jessie after you?" Maud was pleased with the name and I was pleased with the namesake I had given my sister.

The children had been sent next door for the night. With the aid of the flashlight and the stump of a candle I made the mother comfortable and bathed the baby.



Next morning I went back to find the children waiting for me with eyes as big as saucers! "Can we watch you bathe the baby?" "Yes, if you stand well back and don't get in the way." My work was made easier with plenty of light and little Edith Jessie was soon bathed. I sent all the children out to play while I attended to the mother.

Twenty minutes later I heard laughing and scuffling outside and in walked the children. Each child had in its arms a wet and bedraggled kitten. Said Monroe, "We've been washing them in the creek." "But cats don't like to be bathed," I said. "Neither did the baby," replied Monroe. "Hit squalled too, but you washed hit just the same."

I looked at Maud and she looked at me and we both dissolved into laughter. How does one explain the difference to children? Together we dried the unfortunate kittens, who luckily didn't seem much the worse for their dip. "I reckon they'll have belly bands on them cats by the time you come back," said Maud. I left with a stern warning to the children to let the mother cat bathe her offspring in her own way, and to leave the baby for me to bathe. I'm glad to say they obeyed.

I love to go back to that little house. Poor and humble though it is, the children are happy and intelligent and the home is full of love and laughter.

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### TO OUR OLD STAFF IN THE UNITED STATES

We need the help of several of you to tide us over the next few weeks in the Frontier Nursing Service. Unexpected circumstances have left us with less nurses than we need to cover our field of work and allow for holidays. One of our old staff, Trudy Isaacs, has spent a month with us relieving on the districts. We not only need help in this field but in the Hospital, and its clinics, too. Please, those of you who can come back to us for awhile, write Brownie or telephone her collect at Hyden 9F2. I know some of you will respond. Bless and thank you.

MARY BRECKINRIDGE



## ORIGIN OF "MAKING ENDS MEET"

by  
ALLEN M. TROUT

"What is meant by the old expression, 'it is hard to make both ends meet?' " asks J. W. Snyder, Owensboro. "Your enlightenment may ease the burden of life."

But in a metaphysical sense only, I fear, Mr. Snyder, and thank you. Be assured, sir, if the light I can shed on this matter would ease the burden of life I'd pass the hat for enough money to emblazon it upon every billboard in our restless country.

At the outset, I am reminded of the sapient observation made by Mrs. Mary Breckinridge in her fine book, "*Wide Neighborhoods*," depicting the Frontier Nursing Service in East Kentucky.

Mrs. Breckinridge said life has taught her that about the time you are ready to make both ends meet, somebody moves one of the ends.

But enough of fol re rol. Sir, that old expression sprang from a distinctive feature of rigging on sailing ships of the 16th Century. Some ropes that controlled the rigging were tied at the lower end, hence could be untied easily. But other ropes were nailed to the deck.

Sometimes one of these fixed ropes broke. When there appeared a chance to do it, the captain would order his repair crew to make both ends meet. That meant to stretch the rigging to the outmost, so as to bring both ends of the rope together for a splice.

To make both ends meet on an old sailing vessel was to practice canny economy. To make both ends meet in the modern supermarket is to practice rigid restraint. This is one old expression the meaning of which has not been warped by mutations.

Louisville *Courier-Journal*, June 5, 1957



### WEALTH

To have a sense of appreciation that some things are of more value than others lends a quiet, inward calm beside which other forms of pleasures and rewards are nothing.

To earn a little, to spend a little less than one earns . . .

To love and nurture a few living things . . . a plant in the window, or an affectionate dog . . .

To thrill at the sight of a morning sunbeam lacing itself through the dinginess of your room . . .

To own and often read a few favorite books until they grow as intimate as prayer . . .

To have a few understanding friends to whom you never need explain; and then to know how to keep that friendship in repair . . .

To know the quiet satisfaction of deeds done for themselves alone without any desire for reward or applause . . .

To be content with the things that are nearest . . . daily bread, daily loves, daily duties . . . so that you do not have to grasp at the stars for adventure; then at eventide a simple prayer with the benediction of sound sleep, while the silent stars keep vigil overhead and you hold within you the child-like trust that God is behind all . . .

. . . Ah, this is to live with plenty, which is just enough to make life what it should be . . . an adventure in happiness where one finds those precious things that neither age nor misfortune can snatch away.

By W. Waldemar W. Argow

Place Mats at BUDDY'S RESTAURANT,  
Charlottesville, Virginia



## OLD COURIER NEWS

Edited by  
AGNES LEWIS

**From Mrs. Walter G. Ellis (Pamela Dunn), Hawaii**

—April 21, 1957

My cub Scouts keep me whirling. Trying to plan things that will keep them in a coöperative mood isn't always easy. I'm reading Swiss Family Robinson and telling them about it. We have made a rope ladder and one hammock which was "hammocked" to death. Now I'm racking my brain, trying to plan a tree house skit for the pack meeting in two weeks.

This last week I had to get them busy selling tickets to the Boy Scout Jamboree (Makahiki). They get an emblem if they sell six and a premium if they sell ten etc. One boy whose daddy is a colonel sold 30 tickets at headquarters. Another boy, whose daddy is a captain and works at the same place, couldn't make a nickel. For one thing, he got there after the colonel's son. So now, I have two boys—one who sold thirty and one who has sold two (to his parents). My problem is how to keep up the competitive spirit and yet keep my Scouts from feeling that all this competition is so important. I'm proud of Breck, [her son]. He worked hard and on his own. We didn't help him at all except to buy two tickets. He sold ten by going to the neighbors (who are swamped with ticket selling scouts!), stood at the P.X., rode over to the filling station on his bike, and ended up over at the Officer's Club where he wound up his ten tickets.

. . . .

**From Lenore (Len) Fredrickson, Rochester, New York**

—May 24, 1957

I'm working for the Presbyterian Board of Missions and have been assigned to the Embudo Mission Hospital, Embudo, New Mexico, as a student nurse (and probably jack of everything else). I leave Syracuse on June 5th and stay in Embudo until September 5th—so, there is my summer in a nutshell. I'm very excited about it and no doubt it will help me make my decision as to whether or not I enter nursing school next year.



**From Kate Ireland, Cleveland, Ohio—June 6, 1957**

I guess by now you've heard the sad news that there is absolutely no possibility of my visiting you all this June. I am still up to my ears in Junior League. I just love the work tho' and am not happy unless we are accomplishing something new or improving a present situation.

You might be interested to know that Anne Reynolds has just been asked to become a member of the Junior League.

. . . . .

**From Mrs. John Stone (Jane Bidwell),****Greenough, Montana—June 10, 1957**

I have been spending most of my time in the west since 1952, when I became a resident of the state. It is a grand life—this ranching. It is active to say the least, but a healthy outdoor one. I married the nicest fellow that you can imagine—I have known him for 20 years!

We live in a log house about four miles from the ranch overlooking the Clearwater River. It is the most charming and peaceful view in the valley. We are all very busy now opening up the main ranch for the guests that start to arrive in a week's time. The countryside is very green and wild flowers are everywhere. At the moment we have arnica, lupin, camos, wild roses and larkspur. Shades of lavender, pink and blue—all so lovely.

I can so remember the days at Wendover, the nurses, and the trails I rode over.

. . . . .

**From Amy Stevens, Denver, Colorado—June 29, 1957**

Spring quarter at Denver University was quite worthwhile, I think. What I have been doing, as far as courses go, was to start the so-called Education Sequence to get my Colorado State Teacher's certificate. I took two methods courses—in music and physical education; a course in elementary education, which included four hours per week observation of a fourth grade at one of the schools here; Educational Psychology; and then typing every day after lunch at the Business Administration building in downtown Denver.

The summer quarter began three days ago, and I am taking an art methods course; secondary education (this includes four hours observing over at East High summer session every day);



a junior and senior sociology class; and a methods course in reading. This goes until August 23. Then I get four weeks before the autumn quarter starts. That quarter will be student teaching (elementary for me!), and by the end—December, 1957—I should have my teacher's certificate. Seems like a long haul.

Hobo and I stopped going to Dog School soon after I started at Denver University. It was too much to keep that up, and sing in Dr. Antonia Brico's Denver Business Men's Symphony Orchestra rehearsals at the same time, and I preferred the singing. We gave Beethoven's Ninth Symphony on May 9 and 10. The fourth movement has a beautiful chorale part, and we sang with the orchestra. It was beautiful and more fun! Dr. Brico, a woman, is a very interesting person. I have just adored working under her.

A week ago today, I flew to Boston where my brother, Sam, (Bob's to be in Beirut for another year), met me and I spent Saturday and Sunday with the family. On Monday a friend flew to North Andover to visit with my family and me; Wednesday we all went to Sunapee for four days; and on Sunday I flew back to Denver. Now, I am ensconced at school again.

. . . .

**From Mrs. William Henderson (Kathleen Wilson),**

**Ames, Iowa—July 2, 1957**

We are all well and everyone in the family is doing something exciting and different except me! My husband left last month for ten months in South America visiting all the colleges and universities where there is Presbyterian student work—he'll be in eight countries. This month he's in Brazil as director of a work camp for the World Council of Churches. Unfortunately families are not invited.

Our oldest boy has just graduated from high school—is working with the Atomic Energy Commission this summer—and has a scholarship to Swarthmore College in September.

Bill, Jr., is on the staff of a camp on Lake Michigan for the summer. Stephen is fifteen and going to the Scout Jamboree at Valley Forge. While at home he is an assistant in the forest pathology department at Iowa State and digs up oak trees so they can study the roots. At least that's what I gather about his job—he comes home covered with mud and blisters.



Marjorie has been horseback riding several times this summer. She wants me to go with her, but I don't believe I could uphold my reputation as an ex-courier! In August she is going with a friend to Wisconsin.

I stay at home and write letters, sew on nametapes, and work part-time at the hospital. I have just finished teaching a course for nurses' aides.

. . . .

**From Mrs. Timothy B. Atkeson (Paula Granger),**

**Alexandria, Virginia—August 9, 1957**

Tim and I are having a wonderful life in an old house on the Potomac River. There are a great many things to be "fixed up" but that makes it more fun. Tim is enjoying his job in the legal office of I.C.A. tremendously.

I am still hoping to get my social work degree in between moves. I completed one semester of my second year at Bryn Mawr and my thesis, I hope!

Before leaving Philadelphia, I had a most interesting lunch with Mrs. Henry Drinker about FNS and I was very sorry to miss Philadelphia's annual meeting. I found the Bargain Box a wonderful way to simplify moving, however.

. . . .

**From Nancy Ingersoll, Philadelphia, Pennsylvania**

**—August 9, 1957**

Life has been very hectic since I left you, as you can imagine. I am busy recruiting donations and couriers for the FNS, as well as getting married. In spite of what was waiting for me here, I thank you for one of the best summers I have ever spent.

#### BITS OF COURIER NEWS

**Beth Kidd and Anne Ferrebee**, when they left July 31 at the end of their courier term, stopped over in Lexington where members of our Blue Grass Committee entertained them and showed them some of the horse farms. Beth and Anne wrote us:

"We are convinced that anyone could travel around the world using FNS as a magic password. Everyone couldn't have been nicer."

We are grieved to learn of the death of Mr. Charles D. G. Breckinridge, father of our courier, Isabella Breckinridge, who



was here last summer; and the brother of Mrs. Jefferson Patterson (Marvin Breckinridge) who was our first courier. To this family we extend our heartfelt sympathy.

#### WEDDINGS

Miss Elizabeth Anne Bigelow of Lincoln, Massachusetts, and Mr. John Calvin Perkins on June 21, 1957, in Cambridge, Massachusetts. After a trip to Europe, Mr. Perkins will continue his studies as a medical student at Harvard. Liz plans to transfer from Benington College to Radcliffe or Boston University.

Miss Susan Ashley Martin, of Long Island, New York, and Mr. William Linzee Henry, on June 29, 1957.

We wish for these young people every happiness.

#### BABIES

Born to Mr. and Mrs. Frank W. White, of Cleveland, Ohio, a girl on May 10, 1957.

Born to Mr. and Mrs. John Robbins, of Edmonton, Alberta, Canada, this summer a girl, Peggy, their fourth daughter and fifth child.

Born to Mr. and Mrs. John W. Middendorf II of Greenwich, Connecticut, a daughter (their second) in February, 1957. Following is a poem written by her father:

Newsworthy items  
On my personal page one,  
A new daughter, Martha's  
Life has begun.

Born in February  
Smiling and sweet  
She cunningly captivates  
All those she meets.

Frannie, our first,  
Is now two and a half.  
Her life, although busy,  
Is a smile and a laugh.

In another week's time  
We'll have a new home  
In Greenwich, Connecticut  
With much room to roam.

And in a few years  
We would much love to see  
Both our two girls  
In the F.N.S. be.







## THE SONG OF ENOCH

Enoch's roots go deep. Enoch's roots are strong. Enoch's roots are interwoven into a broad ledge above ground beside the river. There a friend may sit and think deep thoughts. It is like sitting in the lap of Enoch, resting there against his massive trunk, looking high up into the twinkling leaves of his crown. Enoch and I have been friends of long standing. He has taught me much. I have responded with respectful attention and affectionate admiration touched with awe. He is a good teacher. He has a vocation for it. He likes me to sit quietly in his lap and be still. He does not like me to fuss about, peering into crannies and under stones.

"Be still, child, be still, be still," he whispers—or is it the rustling of leaves, the surge of sap flowing through the great trunk and wide-flung branches?

Enoch stands for no nonsense from his friends, no restless inquiries. He answers few questions. He simply is. By being truly and all-embracingly Enoch, all questions worth asking are answered. This is the genius of his pedagogy, to divide what are from what are not the right questions. One tries all sorts but most of them wither in the heart even before they are phrased. However, one keeps trying.

"How far into the dark earth those roots must go—why?"

Silence.

"What powerful and continuous upward thrusting of trunk and limbs—why?"

Silence.

"That far shine of leaves in the sunlit sky, dripping round coins of liquid gold carelessly, everywhere—why?"

Silence.

I close my eyes. I wait. The long waiting becomes empty, patiently expectant. Then an urgent longing surges up into thought—"Enoch, Enoch, what is life?"

Ah, the right question at last! Something mighty is pulled taut and vibrates. Enoch's roots throb, the hugh trunk hums, the branches quiver. The multitudinous leaves tinkle like an almost inaudible peal of tiny bells. Am I hearing or seeing or simply feeling all this? Am I experiencing it from without or



from within? Have I become in some mysterious way a tree?—woven into these roots, stretched up and out through trunk and limbs, hair and fingers trembling in the sun and wind of the upper air?

Enoch is speaking now, wordlessly but with living potency. He himself is the answer. He himself is a song pouring through.

“This, child, this is life. To be rooted deep in the earth near the living water. To hold fast and draw strength from wherever your seed may have sprouted. To hold firm, to reach upward and outward, welcoming, shading, protecting. To grow. To grow and endure. Endure to be stretched, to be pulled, to be twisted. To suffer the tension of two mighty worlds, to accept and to balance two opposite forces. Be strong of root, be bold of reach. Deeper and deeper, higher and higher, lift and lift again. Pray for the strength and light of the air as you cling to the dark warm strength of the earth. Pray for the coinage of heaven. Then scatter it prodigally. Laugh, laugh in the sunshine. Carry the burdens of winter. Proudly and prayerfully stand through the snows and the storms and the floods. Grow and spread and be thankful, for you and I and all creatures can channel the Spirit of life; can translate and interpret its wonder; can transmute and interpret its pain. This is our joy and our travail, our peace, our fulfilment, our glory; for we are the heirs and the children of the Lord and Giver of life.”

The wind sighs softly, blowing where it lists. It rustles the leaves of old Enoch. Trembling he responds with a whisper and slowly withdraws into silence.

“Chela”  
(M. M. Gage)

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### THE ARTICHOKE

The artichoke belongs to the same family as thistles, sunflowers, lettuce, salsify, and chrysanthemums, the National Geographic Magazine says. The artichoke's forerunner, cardoon, a giant thistle, was cultivated for its leaf shoots before the Christian Era.

—*The Thousandsticks*, Hyden Kentucky



## WHEN I WAS A FLOATER

By

ANNE CUNDLE, R.N., S.C.M.

Nurse-Midwife in Charge of Wendover District

While reading the Quarterly Bulletins at home in England, before I set sail for Kentucky, it was hard for me to believe that I might one day go through experiences similar to those I read about. Now, however, I too know the thrill of nursing on horseback. I also know what it feels like to sit in a jeep in the middle of the river with the water lapping around my feet, and the motor giving one last feeble gasp before dying completely.

It was dark and I had been called to see a sick woman way up on the right fork of Trace Branch. Somehow I missed the opening on the far bank of the river, and started getting into deep waters. I was thankful I was not alone. Marion, out on a visit from Hyden Hospital, had come to keep me company. There was nothing for it but to wade out for help, which was soon forthcoming in the shape of three men and a truck. They pulled poor old "Bolt" out and after drying him off went to shine their flashlights from the swinging bridge to make sure we didn't miss the ford a second time.

My next move was to relieve Peggy Kemner at Flat Creek for three weeks. This I was looking forward to, as my first taste of district work had been Flat Creek and I had been very happy there. But how quickly the time passed! I'm still seeing spots before my eyes. We nursed over fifty cases of measles during that period, and were usually out on visits from 8:00 a.m. until after dark.

No one can say it rains only in England any more. The first few days it rained steadily; two bridges were washed away, one at Sugar Creek and one at the Mouth of Little Creek. This meant that the children could not get to school, and many families who needed attention were marooned until the water went down. But with Laura, the mare, we were able to visit the very sick families and give them nursing care. One family had eight in bed at the same time with measles, two with temperatures of over 105°.

After the rain came the cold. I was fascinated by the long



icicles hanging from the rocks, they looked so beautiful when the sun shone on them. Each time I left the jeep outside it froze to the ground, and one wheel froze so fast it would not revolve until we had thawed it out with a great deal of hot water.

We had an unusual patient one day. While feeding the chickens I noticed one that had a nasty gash on its foot that had become infected. I carried it up to the clinic and Joy soaked its foot in Epsom salts while I held it in a vise-like grip. Apart from a slight limp it appeared to have recovered by the time I left.

I can certainly say after my experiences while relieving for vacations, that life as a floater on the district has never been dull.

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#### **THANKSGIVING DAY REUNION IN ENGLAND**

For several years the old staff in Britain have been invited by Nora K. Kelly to hold the reunion at the Watford Maternity Hospital, King Street, Watford, Hertfordshire. For those who wish it, overnight hospitality is provided. Please write "Kelly" if you can attend the Thanksgiving Day reunion on Thursday, November 28, 1957. Come any time from 2:30 p.m. on through the afternoon and evening.

There are frequent trains from Euston and Baker Street to Watford High Street Station; also Green Line bus service from Victoria. Trains from the north stop at Watford Junction.

The Frontier Nursing Service staff in Kentucky gather together at Wendover on Thanksgiving Day not only in celebration but in remembrance. Many years ago the old staff in Great Britain took up this custom and even during the war, and the awful London bombing, some of them always managed to get together on Thanksgiving Day. The group in Kentucky and the group in England meet at almost the same hour, allowing for the difference in time, and with them in spirit are those of the old staff who have left this world.



## OLD STAFF NEWS

Edited by  
HELEN E. BROWNE

### **From Molly Lee in Devon, England—June 1957**

Last week I went to the Devon Agricultural Show. The great attraction in the ring was the Canadian Mounties doing their famous musical ride. There were 32 of them, dressed in scarlet on black horses and carrying lances on their stirrups with pennants fluttering. They kept in time to music at whatever pace they were using, and their timing was split-second, all synchronized to keep their changing formations in line. They finished with a charge at a gallop, with lances straight forward—quite thrilling.

The other great attraction was the jumping for the County International Award. Pat Smyth, a member of the Olympic team, was riding; it was a wonderful thing to see such superb horsemanship.

I was able to get a ticket to go on the tender which went out to meet Carol's boat in Plymouth Sound. The sea was perfect coming into port, although the Cornish coast was obscured by fog in the early morning. Carol is very well and brown, and a little taller and thinner, if that is possible! I am having a good time showing her the Devon countryside.

Two weeks ago I started relief night duty at a 15-bed maternity hospital in Tavistock, which I hope to be able to keep up for a while. Mother is having a rest from her deep ray therapy for a month. I have borrowed a folding wheel chair from the Red Cross, and have been able to promenade her around the lanes. It gives us both a source of pleasure and amusement.

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### **From Audrey Williams in Stranraer, Scotland—June 1957**

I am doing district work once more, and trying to get used to working with ten doctors instead of one. Until October I shall be working at Stranraer, and then will relieve on a district about 30 miles away while the nurse there does her Health Visitors course. I have been hearing about the Western Highlands and am tempted to try for a district there.



It was almost as bad understanding the Scottish tongue as when I first tried to interpret the hospital patients at Hyden. Several expressions I thought American I find originated here. Even a dollar used to be a piece of Scottish money. Although I am some way from home, I have a sister the other side of Glasgow. Yesterday I went to Belfast for the day. It takes only three hours from Stranraer. We have had some incredible weather, temperature between 75 and 80 degrees for ten days in succession. I almost thought I was back in Kentucky. Stranraer is at the neck of a peninsula, two to three miles wide and about forty miles in length, so we have an extensive coast line and plenty of sandy beaches. It has been quite warm swimming in the sea. Best wishes to all I know.

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**From Olive Bodtcher in Buffalo, New York—July 1957**

I had a lovely vacation at home for a month and a half; then I returned to Buffalo where I began teaching student nurses obstetrical nursing. It is quite an experience which I am enjoying, although it required a lot of preparation at first. I think of you all often and hope all is well down there and that you are having a good summer.

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**From Helen Farrington in New Haven, Connecticut—July 1957**

This next year I shall be at the University of Michigan working for my Masters in Public Health. I am one of the very lucky people to get one of the traineeships for the year. I will be starting around the middle of September and will finish in June. There will be some field work in the summer.

Please greet everyone at Wendover for me. I wish I could do it in person. Perhaps next year during spring vacation I can come to help. It seems as though I will be closer to you in Michigan. It was so nice to be back for a visit this spring, and I hated to leave. It still felt like home down there.

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**From Catherine Lory with U. S. O. M. to Liberia—August 1957**

I have been here for ten months and think it is about time I was reporting to you. I have received three Bulletins and have devoured them. I have met Janet Reinbrecht twice and have



enjoyed her. Joan Peckinpaugh has been in Italy, so I have not met her yet, but have been in contact with her.

For several months after my arrival here, I had no transportation so could not do my regular field work. Recently I was given a Land Rover with four-wheel drive and I am in business! The work I did at first however, was good ground work. I put in many hours a day in clinic. The only two white people are doctor and myself. The rest are Liberian staff—a dresser, a nurse, two laboratory technicians, a boy to dress tropical ulcers, a student dresser and two clean-up boys. Now I have a midwife assigned to me, who also acts as interpreter.

Monday, Wednesday and Friday are general clinic days; Tuesday is baby day, and Thursday is prenatal day. Saturday is supposed to be for emergencies only. The Liberian staff leaves at 2:00 p.m. and Doctor and I carry on. We have a four-bed ward, and have had six patients in it. Sometimes we have worked day and night. The men and women are together in the ward, and deliveries are done there also. We do have screens. When a patient is admitted the whole family comes too. On my night rounds I have to step over the families on the floor. The patients are fed by their families.

I have had one class of *zoes* (midwives) here in Gbaruga. Graduation day was a big event. The head public health nurse in Liberia came up for the occasion, and the Commissioner handed out the diplomas. Speeches were made by all the chiefs, and translated three ways into Kpelle, Basso and English. Then refreshments were served to about 150 people.

Each day my midwife and I go to two towns in the district. The Commissioner has sent orders to all chiefs to have their *zoes* collected for our class. In one town I have 33 of them—they come from all the villages for miles around. To set up these classes takes a lot of "palaver." I go on a certain day to the chief's headquarters and explain the plan to the Paramount Chief, who has his quarter chiefs, town chiefs and clan chiefs assembled. Each chief is ordered to send two of his *zoes* to my class. Now they all know me in the towns and each time I find a few sick people and some pregnant women awaiting my arrival, besides the class of *zoes*.

The infant mortality in Liberia is unbelievable. There are



no vital statistics, but I have seen many, many babies die from tetanus. As soon as a woman is in labor she heads for the bush, or for a rough mud hut where she lies on the ground with, maybe, a few banana leaves under her. Everything is done to hasten delivery of the baby. The poor mother may be picked up and dropped on the floor, or she may be beaten to make the baby come. When the baby does come the cord is tied with home-spun cotton which is carried on a stick similar to a kite string; then to cut the cord they use the husband's dirty razor or an ordinary cassava knife; and finally the cord is dressed with raw palm oil mixed with lo-lo leaf, salt, spit and soot or dirt from the bottom of their feet! No wonder the poor babies die. And here am I, come to try to change tribal customs, which were old when the world was young. Our first teaching is directed towards saving the babies. I have started by giving each *zoe* a packet of razor blades with instructions to keep them wrapped until ready for use, and to use a new one for each baby's cord. Then I have collected tin cans from all the Americans and Lebanese in the area, and have filled each one with clean rags and string, and each *zoe* is instructed to place them in a covered kettle of water, and to boil, boil, boil. Then we have to teach them how to keep them clean, and have taught them to use belly bands, and not to allow anyone but themselves to handle the cord. So far, I am pleased with the response, but I wonder how lasting it will be.

In clinic I found that everyone has ascaris, hookworm and schistosomiasis, and if a female, she is pregnant.

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#### **From Gloria Fuchs Becker in Guinzadan, Philippines**

—August 1957

The "Oriental" flu has passed over, the rice harvest is nearly over, and things are settling down in Guinzadan. The flu hit our part of the Philippines as it did the rest. Nearly every house was touched, and at times whole families were affected. We are thankful that our own family was spared, and that no deaths occurred in our village.

Our family is well. Paul is now 14 months old and enjoys romping around, both inside and outside the house. Greetings to all of you.



**From Ruth Burleigh in Tacoma, Washington—August 1957**

I just searched out a patch of sunshine in the yard in which to sit. I am glad of the extra warmth. The people here are all talking about fall and winter coming on soon, but except for a hot February in Texas I have not really seen any summer. It has never been uncomfortably hot, and imagine no screens on the windows and only an occasional fly! Maybe you heard about the fire in my house in July. The damage was mostly on the first floor. But I shall never forget dashing up the stairs to my apartment to rescue Gerry [her dog]. We moved to the landlord's basement across the street while the house was being repaired—now all is back to normal again. I will now join you wholeheartedly in being conscious of fire hazards.

My sister who was in Texas is now living near Nashville, Tennessee, so expect I will be coming back east fairly soon.

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**From Elizabeth Hillman in London, England—August 1957**

We have been having a lovely summer and everyone is nice and tanned. After Kentucky I can take any heat in my stride. It will be just three months after we start college again that I take my final exams. I am enjoying the course very much. Hewie and I went to Miss Chetwynd's house warming which she gave last month. She had about 60 there. The house is quite small, but it was a fine evening and we overflowed into the garden.

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**From Hope Muncy in Junction City, Kentucky—August, 1957**

In spite of liking my work, there are many, many things about Wendover that I miss. I will never forget my mornings with Mrs. Breckinridge, and I miss everybody. My mother is quite happy. We go to my sister's house to watch television in the evenings; and we have been attending the Methodist Church, as there is no Presbyterian Church here. It was so nice to get all the news. Please give everyone my greetings.

**Newsy Bits**

We received the following message from Peggy Tinline McQueen and Rose McNaught from Dunvegan, Isle of Skye: "We



are spending a few days here in Mac's old home. Beautiful spot and wonderful scenery."

### New Arrivals

To Mr. and Mrs. Karl Ifert (Nancy Boyle) in Pennsylvania, a baby girl in May 1957. Weight 4 lbs. 11 oz. Her name is Karen Rose.

To Mr. and Mrs. Peter Rosoman (Gwen Jelleyman) in Kidderminster, England, a baby boy on July 9, 1957. Birth weight 9½ lbs.

We send our heartfelt sympathy to Dr. and Mrs. John Novotny (Margaret Oracko) of Mingo Junction, Ohio, on the loss of their baby daughter. Little Mary Margaret died on August 14, 1957, at the age of four weeks.

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### WENDOVER

O God, I thank Thee for these hills  
So richly decked in glorious hue—  
And for the rivers and the creeks  
I humbly give Thee praises due—

For trails that wind through mountain sides  
And finally they went their way  
To our abode so far from town  
Where simple joys bless every day—

And for the birds whose joyous songs  
Are wafted to Thee on the breeze—  
And for the beauteous flowers that grow,  
I thank Thee, God, upon my knees.

—Eileen Minton



## RISING DEMAND FOR SERVICES STRAINS RESOURCES OF FNS

The tremendously valuable work which the Frontier Nursing Service is doing in the mountains of Kentucky was clearly shown in the reports made at the Service's annual meeting here last week.

Mrs Mary Breckinridge, who established the FNS in 1925 and has wisely and tirelessly directed it during the years, told of the increasing difficulties in "keeping solvent" in the face of rising prices and increasing demands for service . . .

A mere recitation of the statistics shows not only the valuable services rendered by the FNS, but the tremendous need for these services . . .

It is no exaggeration to say that many of these patients would have received no care whatsoever if it had not been for the Frontier Nursing Service and its nurses who went through flooded streams and almost impassable roads to perform their duties.

The Service, however, reached farther than the three counties in which it operates. It has served for many years as a model for the creation of similar public-health organizations and has been visited by public-health administrators from many countries.

The Frontier Nursing Service, depending almost entirely upon voluntary donations from its friends, should not have to worry about having enough money to carry on its work. As the demands for its services increase, so should the number of contributors, so that the need can be met. Leader readers who desire to help the Frontier Nursing Service bring health and happiness to thousands of their fellow citizens can send donations to Edward S. Dabney, treasurer, at the Security Trust Company, Lexington, Kentucky.

*The Lexington Leader, June 3, 1957 (abridged)*



## THE NATIONAL PARK IDEA

By R. M. BERE

*Director of Uganda National Parks*

### 1. THE NATURE OF A NATIONAL PARK

The world's first National Park was the Yellowstone Park in the United States of America, established by the United States Congress in 1872 "as a pleasuring ground for the benefit and enjoyment of the people." This great Park, of over two million acres, was soon followed by others, first in America and then elsewhere, in a world-wide movement which has gradually been gaining impetus and which still continues, East and Central Africa being amongst the last and most tardy recruits to the field. Throughout, the emphasis has been on the preservation of wild land areas for public outdoor recreational and educational use. In 1933 the first move was made at international level to give tangible expression to this movement in the "Conference for the Protection of the Fauna and Flora of Africa," held in London during that year and attended by delegates from all over the continent: Other international meetings have followed.

The London Conference evolved the definition of the term "National Park" which is now universally accepted: In slightly shortened form it is as follows:—

The expression *National Park* shall denote an area (a) placed under *public control*, the boundaries of which shall not be altered except by competent legislative authority (b) set aside for the protection and preservation, for all time, of wild animal life and wild vegetation *for the benefit, advantage and enjoyment of the general public* (c) in which hunting of fauna or collection of flora is prohibited except under direction of the Park authorities.

First paragraphs of an article in the April 1957 *Oryx*, the Journal of the Fauna Preservation Society, of which Her Majesty the Queen is Patron, and the secretary and editor is Lt.-Col. Boyle, c/o Zoological Society of London, Regent's Park, London, N.W. 1, England.



## BEYOND THE MOUNTAINS

Do you send gifts to your family and friends at Christmas? If you would like to make a gift to the Frontier Nursing Service in the name of someone dear to you, we will send that friend an attractive Christmas card telling him that the gift has been presented to us by you, in his name.

For years a few people have sent us such gifts, but I don't recall our ever having suggested it in the Bulletin. Just recently we had a letter from a subscriber, whose name is so internationally known that we are not giving it here, suggesting that we make this announcement.

If any of you would like to send an inscribed copy of *Wide Neighborhoods* as a Christmas gift, we will mail the book, postage paid, to any address in the world upon receipt of the list price of \$4.00.

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Our very own Dr. R. Glen Spurling of Louisville has had added to his many honors the honorary degree of Doctor of Science by the University of Missouri. This man, so loved by us in here, has not only given his services as a neuro-surgeon to some of our patients but he has served for several years as a member of our Executive Committee.

We take pleasure in an honor for another friend, Mr. William M. Haupt, on whom Transylvania College conferred the honorary degree of Doctor of Laws. Mr. Haupt, a trustee of the Margaret Voorhies Haggin Trust, has had very close ties with us since the Trust gave us the Margaret Voorhies Haggin Quarters for Nurses.

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When our Medical Director, Dr. W. B. Rogers Beasley, was on his vacation in Green Bay, Wisconsin, he spoke at a Rotary Club luncheon there. The Rotarians had invited Dr. Beasley weeks before. So successful was the meeting, and so enthusiastic the gathering, that Dr. Beasley immediately received an invitation to speak to the Kiwanis Club before he left Green Bay.

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Helen Browne (Brownie) and Margaret Foster (Peggie)



attended the Seventh American Congress on Maternal Care sponsored by the American Committee on Maternal Welfare held at the Palmer House in Chicago from July 7-12. Brownie spoke on saddle-bag technique at a luncheon, and Peggie took part in a panel discussion—her part was to tell of the Maternity Services in Great Britain. Peggie was well equipped to do this, as before coming to the FNS she held the position of County Nursing Officer in Shropshire, England.

Brownie reported that it was good to see the nursing and midwifery professions well represented at the Congress. The program was planned to show the changing pattern in maternity care today. It is no longer strictly a medical problem, but a complex professional service involving many specialities other than medicine, with the obstetrician remaining the leader of the team. There were many interesting and stimulating discussions at the various round tables and breakfast conferences. Dr. Hugh Leavell, the banquet speaker, gave a fascinating account of his recent trip to India.

It was grand for Brownie to see and talk with those eminent obstetricians who have visited the Frontier Nursing Service—such men as Dr. Bayard Carter from Duke University, Dr. Samuel Kirkwood, Commissioner of Health for Massachusetts, and Dr. Nicholson Eastman of Johns Hopkins University—and also Dr. Alice Chenoweth and Miss Ruth Doran of the Children's Bureau in Washington. There were nine FNSers, past and present, at the Congress, and they were able to get together for a steak dinner one evening, and talk over old times.

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While Brownie was at this Congress in Chicago she was interviewed by Miss Louise Hutchinson who printed an accurate and delightfully written story on our saddlebag technique in the *Chicago Tribune* of June 11, 1957. After telling the story of the Frontier Nursing Service, Miss Hutchinson said:

To the mountain women, the nurses are "our nurses." To residents of metropolitan cities, the \$30.00 charge for prenatal care, delivery, and postpartum care, is unbelievable.

To the nurses—six of them always living in mountain outposts with a cow, chickens, a garden, horse, jeep, and treasured saddlebags, ready and packed—this is rural nursing with a pioneer touch.

Thirty-two years ago this area, medically, was at the "edge of dark," the Elizabethan phrase still used there to describe



evening. The Service has brought it [medically] to the edge of light.

I made one trip beyond the mountains this summer. With Noel Smith, social service secretary, I attended the Alpha Omicron Pi International Convention at the Edgewater Beach Hotel in Chicago as the guest of the Sorority. Never were hostesses more cordial or kinder. Among them were treasured old friends of mine like Mrs. Warren C. Drummond and Mrs. Edgard C. Franco-Ferreira. The Philanthropic Chairman, Mrs. Frank Ekberg, took us under her special wing. The retiring National President, Mrs. George K. Roller, and the incoming President, Mrs. Walter M. McCain, could not have been nicer. It was my privilege to speak on the Frontier Nursing Service with my standard, hand-colored, stereopticon slides at the Philanthropic dinner on Tuesday evening, June 25, to as enthusiastic a crowd as I have ever addressed. I introduced Noel who spoke specifically on our Social Service Department which has been the Alpha Omicron Pi national charity for more than a quarter century. The exhibits and photographs of the work were extremely good.

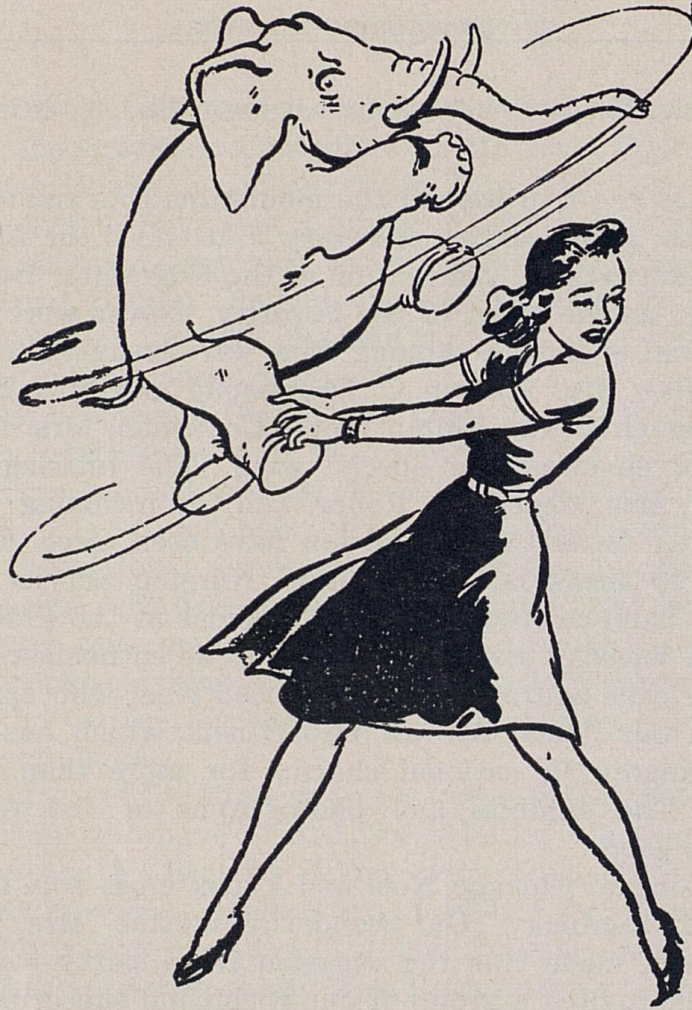
In going to Chicago Noel and I took an L & N train from Richmond, Kentucky. Our wonderful trustee, Mrs. W. Rodes Shackelford, made this the occasion for a party—and such a party! She invited a group of our Richmond subscribers to tea, a tea that began with old Kentucky ham and beaten biscuits and chicken salad and ended up with homemade ice cream and cake. We had taken the station wagon down because we had people to transport both going and coming back. Mrs. Shackelford insisted on giving hospitality to the station wagon at her place in order to save us garage charges.

Every time I go away from home I am impressed anew by the deep kindness of people, so many people. And then I come back to the beloved mountains, where I belong, and I meet again with deep kindness. I read somewhere that "just the art of being kind, is all this old world needs."

*Mary Beckwith*



## WHITE ELEPHANT



### DON'T THROW AWAY THAT WHITE ELEPHANT

Send it to FRONTIER NURSING SERVICE,  
1579 Third Avenue, New York 28, New York

You don't have to live in or near New York to help make money for the Frontier Nursing Service at the Bargain Box in New York. We have received thousands of dollars from the sale of knickknacks sent by friends from sixteen states besides New York. The vase you have never liked; the *objet d'art* for which you have no room; the party dress that is no use to shivering humanity; the extra picture frame; the old pocketbook; odd bits of silver.—There are loads of things you could send to be sold in our behalf.

If you want our green tags, fully addressed as labels, for your parcels—then write us here at Wendover for them. We shall be happy to send you as many as you want by return mail. However, your shipment by parcel post or express would be credited to the Frontier Nursing Service at the Bargain Box if you addressed it

FRONTIER NURSING SERVICE  
1579 Third Avenue  
New York 28, New York



## FIELD NOTES

Edited by  
PEGGY ELMORE

The patients from the Grassy section of Confluence district presented the Grassy Clinic with a new "Gold Seal" linoleum rug as a surprise to nurse-midwife Nancy Hero. The money was collected, the rug bought and laid—all without Nancy's knowledge. She was delighted with this wonderful gift.

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In late June Helen Browne attended a meeting in New York arranged by the American Nurses Association for representatives from all the states to discuss plans for a membership drive in 1958.

Also in June, Jane Furnas, accompanied by courier Beth Kidd, attended a dinner meeting of the Pilot International Women's Club of Lexington, Kentucky, where she spoke and showed slides of the Frontier Nursing Service work.

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Mr. Orville Igoe, District Fire Chief, showed a film entitled *Fire in Your Hospital* to the staff of the Frontier Nursing Service at Haggin Quarters on Tuesday, July 23. The film dealt with fire hazards, precautions, and suggestions for evacuation in case of an emergency.

We were happy to receive a letter in July from the Kentucky State Fire Marshal, Mr. Ray Humkey, reporting that we had now complied with all his recommendations for the safety of Hyden Hospital. These recommendations have been numerous and costly and we have met them as rapidly as possible with the money friends gave us through "Urgent Needs." Mr. Humkey wrote that he hoped our Hospital Superintendent, Miss Betty Lester, would get in touch with his office about any problems "concerning life safety" at Hyden Hospital, and he thanked her for her splendid cooperation.

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An old friend from the Wendover district, Mrs. Bryan Morgan, underwent surgery at the Good Samaritan Hospital in



Lexington on June 21. When Mrs. Breckinridge came through Lexington on her way home from Chicago, she stopped by the hospital to see her. Mrs. Morgan is at home now where her many friends can visit with her and where she is making a satisfactory recovery.

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Anna May January was operated on by Dr. Francis Massie, at St. Joseph Hospital in Lexington, on July 23, to relieve adhesions in the site of her old horseback injury. We are happy to report that she is back in the mountains for her convalescence.

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On Wednesday, July 31, Mrs. Breckinridge had the honor of speaking at a luncheon meeting of the Hazard Rotary Club. Mr. Stansbury Owens was the program chairman and our old friend, Mr. Ernest Faulkner, introduced her in beautifully chosen words. With exquisite courtesy the Club had invited all the women of the Frontier Nursing Service Hazard Committee and Lela Van Norden, the courier who drove Mrs. Breckinridge, to be their guests that day. After the meeting she was driven to Peter's Peak, the highest mountain near Hazard, to see the motel, complete with swimming pool, superb view, and plenty of parking space, that some of our friends are building. Then she and Lela went with Mrs. Walter A. Hull, Chairman of the Hazard Committee, to her charming home where she entertained the women of the Hazard Committee for a combined business and social meeting. Although a number of the members were away, ten were able to attend the meeting. Mrs. Breckinridge says that one of the nicest things about the whole day was the appearance for a brief interlude of two of Mrs. Hull's grandchildren—delectable babies, both of them.

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When our Medical Director, Dr. Rogers Beasley, went on vacation with his wife and children, we were delighted to welcome as his relief Dr. Melvin W. Sandmeyer, with Mrs. Sandmeyer and their baby daughter, Deborah. Dr. Sandmeyer had just completed a three-year residency in obstetrics and gynecology at the George Washington University in Washington, D. C., and was sent to us by our good friend, Dr. John Parks.



While the Sandmeyers were with us we had the pleasure of meeting his parents, Mr. and Mrs. M. W. Sandmeyer, Sr. and his aunt, Mrs. Elda Johnston, and Mrs. Sandmeyer's parents, Mr. and Mrs. D. S. Myer, all of Washington, D. C.

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Just as Jean Hollins, Freddie Holdship, and Jinny Branham were leaving for their holidays, the three junior couriers for the first summer period arrived—Anne Ferrebee of Cooperstown, New York, Nancy Ingersoll, Penllyn, Pennsylvania, and Elizabeth (Beth) Kidd of Webster, New York. Nancy had been on the courier waiting list for three years and, although she was planning to be married in early September, she filled her courier assignment with us. Without a resident or senior courier here, these three girls very quickly “broke themselves in” and were tops. When Anna May January became ill, Beth and Anne helped Wendover nurse Anne Cundle “special” her here at Wendover and later in Lexington.

Just when we needed her most Olivia (Lela) Van Norden, daughter of old courier Becky Crane, came back as senior courier for a few weeks. Then Leigh Powell answered our plea for help and came down in late July. For the second summer courier period Leigh has had the help of Jean Alexander, Bernardsville, New Jersey, Sandra Gray, Louisville, Kentucky, and Cornelia Wadsworth, New York City. Cornelia's sister was a courier in 1952 and her mother is chairman of our New York committee. By the time this Bulletin is in the mails these new juniors will be “old couriers,” carrying on in the best courier tradition.

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The FNS is deeply indebted to its other summer volunteers. Miss Nellie Hurt of Louisville spent a week with us addressing Christmas Appeals and writing letters. Aggie's life has been made much easier by her volunteer secretary, Parker Gundry of Baltimore. We were delighted to have Linda Cook and Joan Mangon, student nurses at Saint Luke's Hospital in Cleveland, spend their vacations with us. They were a great help at Hyden Hospital. We are overjoyed to have back with us Gertrude (Trudy) Isaacs who is giving her month's vacation to help us out by relieving for vacations on the districts.



Each summer the Alpha Omicron Pi National Sorority sends a college student down to be with the social service secretary to gain first-hand knowledge of the national project of their sorority. This year we had the pleasure of having Judy Rodefer of Bellaire, Ohio, a student at Denison University. She was a great help to Noel Smith and we enjoyed having her with us.

It was with a great deal of regret that we said goodbye to Hope Muncy when she had to leave us in June for family reasons. Hope had been a valued member of the FNS staff for eight years, first as the Medical Director's secretary, and for the past year as secretary to Mrs. Breckinridge. She and her mother have moved to Junction City, Kentucky, and Hope has accepted a position as medical secretary at the Ephriam McDowell Hospital in Danville. Peggy Elmore has returned to be Mrs. Breckinridge's secretary.

Our professional and overseas guests have included Miss Elvira Montilla of the Philippines (see inside back cover); Miss Elizabeth Edmands, Instructor at the School of Hygiene and Public Health of Johns Hopkins University; Miss Waddah Hedah of Lebanon, Chief Nurse of Beyrouth's Ministry of Public Health; and Miss Tahira Khan from Hyderabad, India, who has just gotten her master's degree in nursing from Boston University.

As we go to press we have the honor of a visit from Dr. Sushila Bedekar, Assistant Director of Public Health for the State of Bombay, who has come to us through the Pan American Sanitary Bureau of the World Health Organization. She brought Mrs. Breckinridge a letter from Dr. Margaret Mamgain, a distinguished Indian, a former guest of ours and an old friend. Dr. Mamgain, writing from Bombay, said:

My friend, Dr. Sushila Bedekar, brings to you and friends at Wendover and Hyden my warmest regards and greetings. I am very happy that Dr. Bedekar is going to the United States and will have the benefit of an excellent Public Health training in that country. I am also happy that she is visiting the Frontier Nursing Service in the beginning of her school year rather than at the end. During the last three years since I have been back from the States my work has involved organization of Centres very much like Hyden and Wendover, and very often I wished that our Nurses and Midwives here could go and have a peep at your services and also that they could have all those horses to ride when they go out on cases in difficult areas.



The summer at Wendover was enlivened by a visit from Agnes Lewis' great nephews, Walker and Hunter Lewis of Waynesville, Ohio. Again this year we had the pleasure of a visit from Mrs. Breckinridge's young cousin, Carlyle Carter, and from Carrie Lou Morgan, daughter of Mr. and Mrs. G. C. Morgan of Hyden. And again these couriers-to-be made themselves useful in numerous ways—helping with the horses, with tea, and playing the organ for Evensong—just as they have done each time they have been here. The visit of these four young things was a delight to all of us.

It was with the greatest of pleasure that we welcomed Mrs. John Clay of Paris, and Mrs. Louie A. Beard of Lexington, for two nights in early June. Miss Margaret Roberts brought Mrs. George R. Raub to have tea with us in July. Mrs. W. H. McCready of Winchester came for a night in August with her daughter Margaret, a student at the Duke University School of Nursing. Old courier Lois Powell stopped by with two friends on their way west and Kay Amsden spent a night with us en route to a summer camp in North Carolina. Three ex-staff members also paid us visits during the summer. Helen Farrington spent ten days at her old center, Beech Fork; Zondra Lindblade was here for a week, during which time she helped Agnes Lewis with correspondence; and Mrs. Galen Work (Betty Dinkle), her husband and small son lunched with us one Sunday. Mrs. L. A. Gray and her son, Laman, were with us for one night when they brought Sandra to begin her courier period.

It was a great joy for us to have our friend and trustee, Mrs. Roger K. Rogan, for an all too brief visit in August. With her came her niece, Beth Burchenal, who will return as a courier in September, and her granddaughter, Lindsay Rogan, a future courier who was our delightful guest for two week.

Space does not permit us to mention all of our guests but we enjoyed having each and every one of them.

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We have had four of the eight local committee meetings this summer, to be followed by the other four in the early autumn. The Wendover Committee meeting on Saturday, July 20, was well attended. In the regrettable absence of the chairman, Mr. Lee Morgan, Mr. Hobert Cornett presided. In addition to Mrs.



Breckinridge, who always attends every meeting, Agnes Lewis and Wendover district nurse-midwife Anne Cundle were present. For lunch we were served Mrs. Breckinridge's very own fried chicken.

The first of the outpost center meetings was held on Thursday, July 11, at the Caroline Butler Atwood Memorial Nursing Center at Flat Creek, following a delicious luncheon. The meeting was presided over by Mr. Bascom C. Bowling, and attended by Mrs. Breckinridge, Agnes Lewis, and Joy Hilditch, the nurse-midwife in charge of the Center. After the reading of the minutes by the secretary, Mr. Walter Mullins, the chairman asked for a discussion on plans for building a new jeep road from the center to connect with the main road on the other side of Flat Creek. The January floods had completely demolished the old road down Flat Creek. It would be impossible for Joy Hilditch to get her jeep out during the winter months, and dangerous for her to visit families on the highway by horseback. Mr. Dennis Bray had granted a right-of-way through his farm for the new road. The committee members, a splendid group of men and women, joined Mr. Bowling in offers of coöperation and gifts of money. Over \$200.00 was pledged at the meeting. In our Autumn Bulletin we will make a full report on the progress of this work and the coöperation of the people.

The meeting of the Brutus Committee at the Belle Barrett Hughitt Memorial Nursing Center took place on Thursday, August 22, with an attendance of twenty-five. A number of the women members came early to help prepare the luncheon, which was perfectly cooked and served. The meeting was presided over by the chairman, Mr. Jasper Peters, and the minutes of the previous meeting were read by the secretary, Mr. Ammon Couch. There was a long and animated discussion about roads, and the telephone line which is coming up Bullskin Creek. The chairman appointed a committee of three men to get more information about this line. The nurse-midwife in charge of the Center, Bridget Gallagher, made her report to the meeting. Mrs. Breckinridge was accompanied by courier Leigh Powell.

On August 28, Mrs. Breckinridge and Peggy Elmore went to the Margaret Durbin Harper Memorial Nursing Center at Bowlingtown for a committee meeting the following day. Olive



Bunce met us with the warning that the "broom brigade, potato peelers, bean snappers, and chicken friers" would be at the Center early the next morning. Soon after breakfast several neighbors and committee members arrived and they prepared and served a delicious luncheon to the twenty-one members of the committee who were present at the meeting.

The committee was saddened by the death within the week of its chairman, Mr. Will Gay. Mrs. Breckinridge called on Mrs. Gay before the meeting. The committee passed a resolution of sympathy for his family, and that of Mr. Pleas Allen, as its first order of business.

The new chairman, Mr. Ford Barger, presided and the minutes were read by the secretary, Mrs. Gilbert Bowling. The committee discussed plans for relocation of the community before the completion of the Buckhorn Dam, and the necessity of new roads being built. A committee was appointed to handle the road problem of the families at the head of Leatherwood.

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The Annual Meeting of the American Association of Nurse-Midwives will take place at Wendover on Monday, September 9, after this Bulletin has gone to the printer. The guest speaker will be the distinguished obstetrician and gynecologist, Dr. R. Gordon Douglas of the New York-Cornell Hospital in New York City. Mrs. Douglas will come with her husband as a guest of the Frontier Nursing Service.

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### JUST JOKES

Arriving at a strange hotel, a fussy woman thought she'd better know where the fire escape was. So she started exploring. On her tour she opened a door and found herself in a bathroom occupied by an elderly gentleman.

"Oh, I'm sorry," she twitted. "I was looking for the fire escape."

Continuing her search, she presently heard the pad of bare feet behind her and a shout made her turn. It was the elderly man, clad in a bath towel. "Wait a minute," he gasped, "where's the fire?"



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S.C.M. stands for State Certified Midwife and indicates a nurse, whether American or British, who qualified as a midwife under the Central Midwives Boards' examination of England or Scotland and is authorized by these Boards to put these initials after her name.

C.M. stands for Certified Midwife and indicates a nurse who qualified as a midwife under the Kentucky Department of Health examination and is authorized by this Department to put these initials after her name.



## FORM OF BEQUEST

For the convenience of those who wish to remember the Frontier Nursing Service in their wills, this form of bequest is suggested:

"I hereby give, devise and bequeath the sum of \_\_\_\_\_ dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky."

### HOW ENDOWMENT GIFTS MAY BE MADE

The following are some of the ways of making gifts to the Endowment Funds of the Frontier Nursing Service:

1. **By Specific Gift under Your Will.** You may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.
2. **By Gift of Residue under Your Will.** You may leave all or a portion of your residuary estate to the Service.
3. **By Living Trust.** You may put property in trust and have the income paid to you or to any other person or persons for life and then have the income or the principal go to the Service.
4. **By Life Insurance Trust.** You may put life insurance in trust and, after your death, have the income paid to your wife or to any other person for life, and then have the income or principal go to the Service.
5. **By Life Insurance.** You may have life insurance made payable direct to the Service.
6. **By Annuity.** The unconsumed portion of a refund annuity may be made payable to the Service.

The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.



**FRONTIER NURSING SERVICE, Inc.****Its motto:**

"He shall gather the lambs with his arm  
and carry them in his bosom, and shall  
gently lead those that are with young."

**Its object:**

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives for rural areas in Kentucky and elsewhere, where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and midwifery training schools for graduate nurses; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them at a price they can afford to pay; to ameliorate economic conditions inimical to health and growth, and to conduct research towards that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them, to cooperate with individuals and with organizations, whether private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

Articles of Incorporation of the  
Frontier Nursing Service, Article III.

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**DIRECTIONS FOR SHIPPING**

We are constantly asked where to send gifts of layettes, toys, clothing, books, etc. These should always be addressed to the **FRONTIER NURSING SERVICE** and sent either by parcel post to **Hyden, Leslie County, Kentucky**, or by freight or express to **Hazard, Kentucky**, with notice of shipment to Hyden.

If the donor wishes his particular supplies to go to a special center, and will send a letter to that effect, his wishes will be complied with. Everything will be gratefully received, and promptly acknowledged.

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**Gifts of money should be made payable to**  
**FRONTIER NURSING SERVICE,**  
**and sent to the treasurer**  
**MR. EDWARD S. DABNEY,**  
**Security Trust Company**  
**Lexington 15, Kentucky**

Subscribers are requested to send their names and addresses—with their checks—for the convenience of the treasurer in mailing his receipts to them—as required by our auditors.





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MISS ELVIRA MONTILLA

Principal Nurse at the Maternity and Children's Hospital in Manila  
Department of Health of the Philippines

Miss Montilla, a nurse and a midwife, was sent to visit the Frontier Nursing Service by the Department of International Coöperation of the World Health Organization, whose fellowship she held.