



Trail shelters (marked on map) afford hikers protection from the weather and a place to cook and eat.



Trail hikers pause to enjoy the solitude and beauty of their forest surroundings.

For more detailed trail information, see "Guide to the Appalachian Trail in Central and Southwestern Virginia." This may be obtained from: The Appalachian Trail Conference, P.O. Box 236, Harpers Ferry, West Virginia 25425.

TRAIL MANNERS

Much of the trail on the Jefferson is graded and every trail traveler is requested to avoid "cutting across" switchbacks. The disfigurement of the trail and the erosion problem are obvious. Trail hikers who plan extended trips should inform the District Rangers or Forest Supervisors of their itinerary in case of emergency.

MOTORIZED VEHICLES PROHIBITED

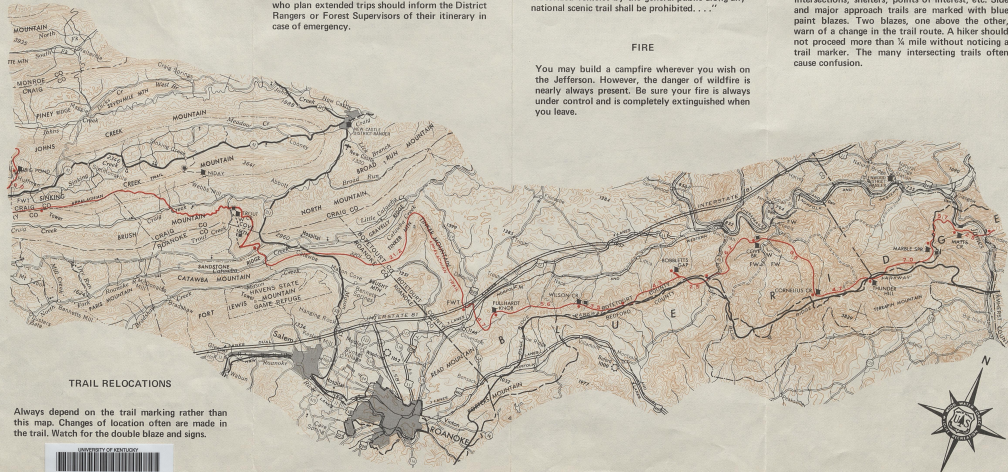
The Appalachian Trail is a hiking trail. The act establishing the National System of Trails (which includes the Appalachian Trail) states "The use of motorized vehicles by the general public along any national scenic trail shall be prohibited. . ."

FIRE

You may build a campfire wherever you wish on the Jefferson. However, the danger of wildfire is nearly always present. Be sure your fire is always under control and is completely extinguished when you leave.

TRAIL MARKERS

The trail is marked with white paint blazes, standard Appalachian Trail markers, and with Forest Service and State Highway signs at intersections, shelters, points of interest, etc. Side and major approach trails are marked with blue paint blazes. Two blazes, one above the other, warn of a change in the trail route. A hiker should not proceed more than 1/2 mile without noticing a trail marker. The many intersecting trails often cause confusion.

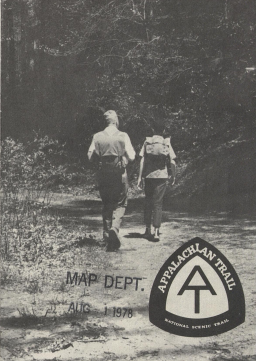


TRAIL RELOCATIONS

Always depend on the trail marking rather than this map. Changes of location often are made in the trail. Watch for the double blaze and signs.



APPALACHIAN TRAIL
on the
JEFFERSON National Forest
VIRGINIA



MAP DEPT.
AUG. 1976



U.S. DEPARTMENT OF AGRICULTURE
FOREST SERVICE SOUTHERN REGION

Southern Region 3
G3709.32 A605 1976 U6

**DISTRICT FOREST RANGERS,
JEFFERSON NATIONAL FOREST**

Blacksburg Ranger District
Blacksburg, Va. 24060
Telephone 703-552-4641

Glenwood Ranger District
Natural Bridge Station, Va. 24579
Telephone 703-291-2188

Mt Rogers National Recreation Area
Marion, Virginia 24364
Telephone 703-793-5196

New Castle Ranger District
New Castle, Va. 24127
Telephone 703-864-5195

Wythe Ranger District
Wytheville, Va. 24382
Telephone 703-228-5551

Forest Supervisor
Jefferson National Forest
210 Franklin Road, S.W.
Roanoke, VA 24011

VIRGINIA APPALACHIAN TRAIL CLUBS

Five Appalachian Trail Clubs are active within the Forest boundaries. Information on local activities and trail conditions can be obtained from (south to north):

...Piedmont Appalachian Trail Hikers
c/o Mrs. Louise Chatfield
124 Lawrence Street
Greensboro, N. C. 27406

...Mt. Rogers Appalachian Trail Club
Mr. Erno van Gelden
Rt. 1, Box 188A
Abingdon, Virginia 24210

...Roanoke Appalachian Trail Club
P.O. Box 14
Roanoke, Virginia 24007

...Natural Bridge Appalachian Trail Club
c/o Mr. Carter B. Echols, Jr.
3830 Peakland Place
Lynchburg, Virginia 24503

...Blacksburg Appalachian Trail Club
Mr. Carlton M. Newton, Asst. Prof.
Div. of Forestry & W/L Sciences
VPI & SU
Blacksburg, Va. 24061

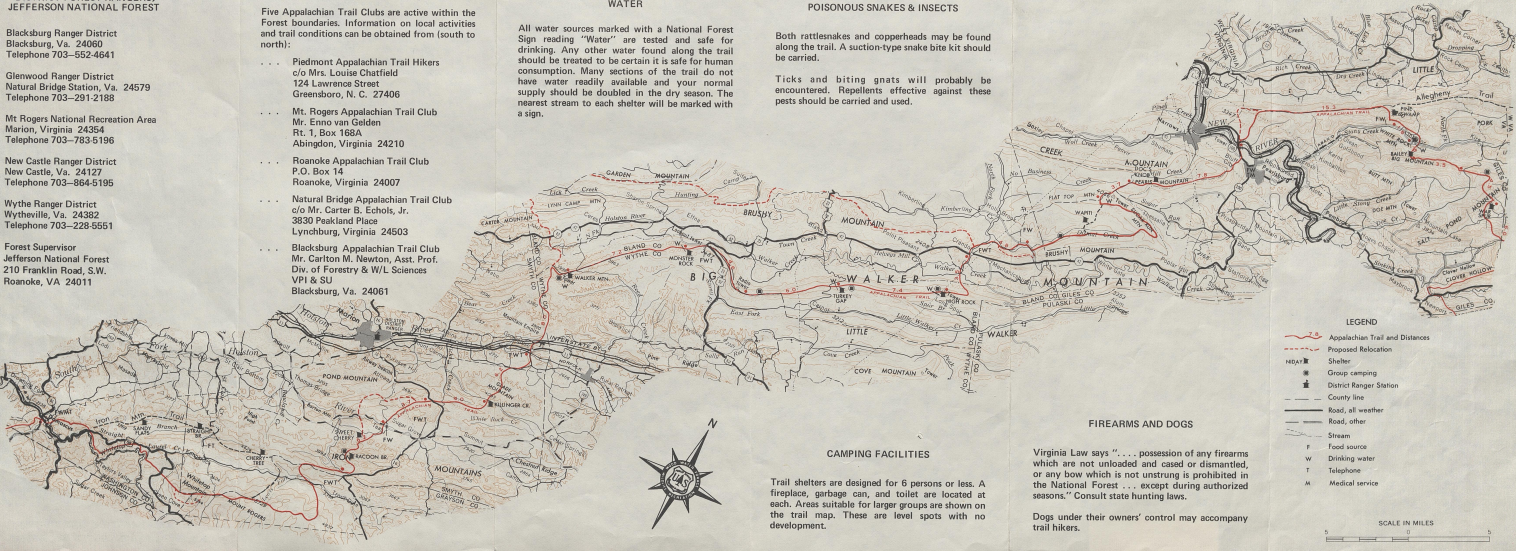
WATER

All water sources marked with a National Forest Sign reading "Water" are tested and safe for drinking. Any other water found along the trail should be treated to be certain it is safe for human consumption. Many sections of the trail do not have water readily available and your normal supply should be doubled in the dry season. The nearest stream to each shelter will be marked with a sign.

POISONOUS SNAKES & INSECTS

Both rattlesnakes and copperheads may be found along the trail. A suction-type snake bite kit should be carried.

Ticks and biting gnats will probably be encountered. Repellents effective against these pests should be carried and used.



LEGEND

- Appalachian Trail and Distances
- Proposed Relocation
- Shelter
- Group camping
- District Ranger Station
- County line
- Road, all weather
- Road, other
- Stream
- Food source
- Drinking water
- Telephone
- Medical service

FIREARMS AND DOGS

Virginia Law says "... possession of any firearms which are not unloaded and cased or dismantled, or any bow which is not unstrung is prohibited in the National Forest ... except during authorized seasons." Consult state hunting laws.

Dogs under their owners' control may accompany trail hikers.

CAMPING FACILITIES

Trail shelters are designed for 6 persons or less. A fireless, garbage can, and toilet are located at each. Areas suitable for larger groups are shown on the trail map. These are level spots with no development.

SCALE IN MILES