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FNS **FRONTIER NURSING SERVICE**
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Prescriptive Authority

Prescriptive authority is an issue affecting advanced nursing practice. The issue revolves around how nurse practitioners obtain prescriptions for their patients. The following five mechanisms are used: 1) by asking a physician to write a specific script for the nurse practitioner's patient; 2) by calling in the prescription under the physician's name; 3) by co-signing the physician's prescription pad; 4) by using pre-signed prescriptive pads; and/or 5) by using protocols jointly worked out with the nurse practitioner, physician colleague and dispensing pharmacist. The fifth mechanism is known as *prescriptive authority*.

Asking a physician to write a specific script for the nurse practitioner's patient is legal. This practice requires that a physician be on-site with the nurse practitioner at all times. The Frontier Nursing Service has demonstrated since 1925 the effectiveness of family nurse midwives and more recently family nurse practitioners as primary care providers working solo in the hollers of Eastern Kentucky. From the beginning and even today a physician "circuit rides" to the clinics once a week and is available by phone every day of the week to consult with the nurse practitioners. This practice provides quality, cost-effective care. It does not allow for the physician to write a specific script for each of the nurse practitioner's patients.

Co-signing the physician's prescription pad and using pre-signed prescriptive pads are not legal in Kentucky.

The Frontier Nursing Service develops, publishes and sells *Protocols for Patient Care*. These protocols are jointly worked out with the nurse practitioner and physician colleague. However, it is not legal in Kentucky to use these protocols and call in the prescription under the physician's name. Currently, the physician must sign each prescription before it is taken to the dispensing pharmacist. This is what the Service does, and you can imagine the time that is taken away from patient care by using this process. Hence, the Frontier Nursing Service supports legislative change which would allow us to return to the process successfully used in years past before prescriptive authority was denied to ad-

vanced registered nurse practitioners.

Thirty six states currently have some form of prescriptive authority. Kentucky has conflicting regulations regarding the issue. Although 201 KAR 20:057, a regulation promulgated by the Kentucky Board of Nursing, has been determined by the



FNS Director Deanna Severance in front of Wendover Garden House.

Attorney General's Office to have the full force of law; a conflicting Board of Pharmacy regulation has prevented the implementation of this regulation which would allow the advanced registered nurse practitioner to operate under established protocol to "include those areas of practice related to diagnostic tests, and prescription of medications and treatments."

The issue is not one of quality of care. In December, 1986, the Office of Technology Assessment of the Congress of the United States published a paper titled "HEALTH TECHNOLOGY CARE STUDY 37: Nurse Practitioners, Physician Assistants, and Certified Nurse-Midwives: A Policy Analysis." This paper concluded: Nurse practitioners have performed as well as physicians with respect to patient outcomes, proper diagnosis, management of specified medical conditions, and frequency of patient satisfaction," and "Malpractice insurance premiums and the incidence of malpractice claims indicate that patients are satisfied with NP care. Although insurance premiums for nurse

practitioners are increasing, successful malpractice suits against them remain extremely rare.”

The following quotes are from a pamphlet **NURSE PRACTITIONERS Providers of Quality Primary Health Care-Documentation on Quality of Service** published by the American Academy of Nurse Practitioners.

“In a review of 15 studies, records concluded that between 75% and 80% of adult primary care services and up to 90% of pediatric primary care services could be performed by nurse practitioners.”¹

“Productivity studies show that if a nurse practitioner is utilized efficiently, s/he could increase the productivity of a solo practice physician by approximately 70%.”²

“Estimates of increases in the productivity of physician practices that include nurse practitioners range from 20 to 90 percent. The greatest increase in productivity results when the nurse practitioner has primary responsibilities for a subset of patients and refer complicated cases “up” to the physician rather than having the physician delegate routine problems “down” to the nurse practitioner.”³

“The Burlington Randomized Trial Study found that nurse practitioners made appropriate referrals when medical intervention was necessary.”⁴

The need for the maximum utilization of advanced registered nurses exists in Kentucky and across the United States.

There are approximately 230 nurse practitioners and nurse midwives in Kentucky. 49.4% work in rural areas. 74% of the patients they see earn under \$15,000 a year. 85% of the patients seen are women and children. I believe that nurse practitioners provide good care for all people. A nurse practitioner is my personal primary care provider. But the fact of the matter is that nurse practitioners are primarily seeing the underserved, the medically indigent in this country. The way needs to be paved for access, cost savings and quality health care. The slow progress being made serves only to continue to deny access to care for those

most needy, to continue to escalate health care costs, and to deny the fact that professional teams provide a higher quality of care than physicians alone.

It is time to build consensus in our country regarding health care access, cost savings, and quality. We must remove the guild-like barriers created by professional groups, nursing, medicine, pharmacy, et. al. We must move forward to serve the citizens in our counties, states, and country. Our concern at Frontier Nursing Service has always been to provide quality, cost-effective care for families using nurse midwives and nurse practitioners. The model works today as it did yesterday.

1 Record, J.C. (ed.) **Provided Requirements, Cost Savings, and The New Health Practitioner in Primary Care: National Estimate for 1990** Contract 231-77-0077. Washington, D.C.: DEHEW, 1979

2 Robyn, Dorothy; Hadley, Jack, "National Health Insurance and the New Health Occupations: Nurse Practitioners and Physicians Assistants" **Journal of Health Politics, Policy and Law** Vol. 5, No. 3, Fall 1980. pp 451.

3 Smith, K.R., **Health Practitioners: Efficient Utilization and Cost of Health Care.**

4 Sackett, D.L. et al. "The Burlington Randomized Trial of the Nurse Practitioners: Health Outcomes of Patients. **Annals of Internal Medicine.** 80:137, 1974.

-by Deanna Severance

Appalachian Spring Tour

FNS's Development Office traditionally invites all interested friends to visit each spring and fall and see first hand all the progress taking place within our service region. During the week of April 22-28, we hosted a very special tour. This one was designed to provide not only an update of FNS, but also share the scenic beauty and flavor of the Bluegrass with our friends "Beyond the Mountains." Working with Julie (Mrs. Pendleton) White of Passages Unlimited Travel Agency, and member of our Boston Committee, we were able to organize this wonderful seven day tour.

The tour began in Lexington on Monday April 22nd with Mrs. Helen Bond, co-chair of our Boston Committee, designated as official tour manager. That evening Mr. and Mrs. James Kenan, III, hosted a welcome cocktail and dinner party in their home. Mrs. Kenan is an FNS committee member and Mr. Kenan is a trustee. It was a lovely "Welcome to Kentucky" with a true sampling of gracious Southern hospitality.

The next morning we enjoyed a private tour of Claibourne Farm, home to equine greats, Secretariat, Swale and Nijinsky. The horses were truly magnificent! Several of the group had their photo taken standing next to Easy Goer, 1990 Derby winner, and if you have never "met" horses of this caliber, it is truly an experience.

In the evening we relaxed at a wine and cheese reception and dinner at the beautifully restored Shaker Village. On Wednesday, the group traveled to Berea to visit the campus of Berea College. After lunch at the famous Boone Tavern Hotel, the group continued on to Wendover where they stayed for the next two days touring the area, and learning about the challenges being met by our nurses and physicians at Mary Breckinridge Healthcare.

The weather was perfect throughout the trip and Kentucky's famous dogwoods were in full glorious bloom—which really added a special dimension to traveling through the Daniel Boone National Forest to Leslie County.

Thursday evening FNS National Chairman, Miss Kate Ireland, hosted a dinner party in her lovely home, "Willow Bend." Tour members and past couriers, Mrs. Samuel Neel (Mary Wilson) '37-'41, and Miss Helen Peterle '75, enjoyed reliving their Wendover days. Mrs. Neel told many wonderful stories of her days with FNS when horses were the only mode of transportation. We hope to share some of her stories in future issues of the Quarterly Bulletin.

On Friday we left the mountains to travel to Kentucky's largest city, Louisville. We were greeted by our Louisville Committee Chairman, Mrs. Edward (Shirley) Dumesnil, Jr., who toured us through the beautifully restored "Locust Grove," the Federalist home and plantation of George Rogers Clark. On Saturday it was off to the races at Churchill Downs, the oldest continually operated racetrack in the United States. Mrs. Dumesnil had arranged seating for our group, front row at the finish line. It was a truly breathtaking experience to have the horses thundering past to victory, almost within touching distance! Even if you don't enjoy horse racing this was a very invigorating moment.

Saturday evening we gathered for a farewell dinner at Mr. and Mrs. Dumesnil's home. This was a very emotional occasion as everyone was very keyed up from the races, and feeling a little sad that the tour was over. We had all become quite fond of each other, and had shared some very special events. Several devoted Louisville Committee Members joined us for dinner, Mrs. James T. (Betty) Christee and Mr. and Mrs. T. D. Luckett.

Members of the tour were, Mr. and Mrs. Samuel Neel of McLean, VA; Mr. and Mrs. John Bloom of Millis, MA; Dr. and Mrs. Norris Embree of Kingsport, TN; Mr. Robert Jonas of Rochester, NY; Ms. Andrea Frost of Rochester, NY; Miss Helen Peterle of Haddam, CT; Mrs. Joy Lee Peterle of Stonington, CT; and Mrs. Helen Bond of Dover, MA.

-by Sheila Allen

Local Spotlight: Jim and Lillian Hayes of Camp Creek

As friends and supporters of FNS, we have endeavored to print stories for you that reflect the work of FNS. Beginning with this issue we'd like to introduce you to some local people who, through their commitment and loyalty to the community, have made an important impact on the area. Meet Jim and Lillian Hayes of Camp Creek.

"Mrs. Breckinridge was a very close friend to my family. I remember the time she read me Jack and the Beanstalk for the very first time and how she taught me a love for gardening. My parents, Hobert and Mildred Cornett, loved and respected Mrs. Breckinridge and worked very hard for her. My father was the maintenance foreman of all the outpost clinics and Wendover. Although he could have made more money working elsewhere, he always said he wanted to bring his children up with the kind of commitment and care for people that Mrs. Breckinridge and FNS exemplified. My parents deeply admired her initiative and drive and I now have the same feelings toward FNS and the incredible followers of Mary Breckinridge. Agnes Lewis is one such person my family and I deeply adore. She remains very close to our hearts and is one of the most gracious people I have ever met."

Lillian (Cornett) Hayes recalls many stories of Mary Breckinridge and her nurses on horseback. There is obviously a very special bond between Lillian's family and Mrs. Breckinridge. Lillian was married in the Big House on June 30, 1956 to Jim Hayes with Mrs. Breckinridge in attendance. In fact Mrs. Breckinridge planned the entire reception, ordered the cake and made sure the flowers came out of the Wendover gardens.

The Hayes' and Cornett's have dedicated a lot of time and work to FNS and Wendover. When Mrs. Breckinridge was dying

she entrusted the Wendover gardens to Hobert Cornett and as a result, Lillian has become the official overseer. She is presently the organizer of the Wendover Garden Club. In the Spring she gathers some of the local ladies and helps to plant and clean up the



Jim and Lillian Hayes

gardens. She has hopes for restarting the vegetable garden soon. "It was always a treat to serve our fresh Wendover-grown vegetables at dinners. Even if we didn't have enough we would mix them with "store bought" vegies and pretend they were all from the garden," she laughs.

Lillian has not only been dedicated to FNS, but to other worthy endeavors. She worked as a Homefront Worker for a pilot health program initiated by the state. Her first real challenge was to visit every home in Leslie County and take an accurate census, so that all families in every hollow could be accounted for. The health program was geared to the retarded children and adults in the county. Through the program Lillian helped to establish Hope House, a school for mentally retarded children. She says that her most difficult challenge was in getting the parents to admit that "special needs" children existed — no one wanted them recorded in the census. "It wasn't that they were neglected or loved any less. The mountain people are very spiritual and many thought that it was their fault that their children were not normal. They felt that the children's handicaps were a

sign of their own sins or inadequacies. Our challenge was to get them to talk about these children and then we could mention the school. It was a truly rewarding experience.”

Although Lillian's husband, Jim, was born in Arkansas and brought up in Oklahoma, he is still able to speak of many stories and experiences he has had while living here in Leslie County up Camp Creek with his family. Jim is a minister at the Camp Creek Church of Christ. They recently had to abandon the one-room school house and church because the Leeco Coal Company bought the



100 year old, one room school house on Camp Creek.

land and tore it down. But with the money from the land, Jim and fellow church members designed and built a new church that is much more functional. Jim has spent many years as a teacher in the Leslie County School system and many of his church parish have been former students.

Lillian also taught school for ten or eleven years and is presently very committed to the church. She and Jim have, themselves, raised and educated about twenty children, of which only five are their natural-born children. They are a part of a foster parent program. Presently Jim is a fourth-grade teacher at the Hyden Elementary School and works very hard for the children of the community. Leslie County and FNS are very fortunate to have such loyal and hard-working people in their midsts.

-by Catherine Croft

Frontier School Receives Letter from President Bush

The following letter and certificate of merit was sent to the Frontier School of Midwifery and Family Nursing from the President of the United States:

Word of your community service effort has reached us and we are pleased to send you the enclosed certificate of merit on behalf of President Bush.

Thank you for your commitment to community service. Through your generosity and hard work, you have shown that the tradition of neighbor helping neighbor is alive and well in our country. Your efforts profoundly influence the life of your community and they are a shining example for us all. Barbara joins me in saluting you and sending you our best wishes. God bless you.

George Bush

**WENDOVER**

O God, I thank Thee for these hills
So richly decked in glorious hue-
And for the rivers and the creeks
I humbly give Thee praises due-

For trails that wind through mountain sides
And finally they went their way
To our abode so far from town
Where simple joys bless every day-

And for the birds whose joyous songs
Are wafted to Thee on the breeze-
And for the beauteous flowers that grow,
I thank Thee, God, upon my knees.

-Eileen Milton, Summer 1957 Quarterly Bulletin

Meet Leona and Jack Bowling - Home Health Patients

Many of you have become familiar with Jack and Leona Bowling of Saul, KY, either through previous publications or through the NBC segment "Sunday Today" program featuring FNS, which aired in late November. Leona is a Home Health patient who had a series of strokes three years ago that left her completely paralyzed. She also has multiple medical problems, such as diabetes. Leona's only form of communication is through the use of her eyes. "She blinks once for yes, twice for no, and a whole bunch means I love you," explains her nurse Sandy Mathis. She is very alert, and prior to her stroke, was in the midst of raising seven foster children. In fact the couple have raised over 100 fos-



Jack Bowling cares for his wife Leona.

ter children in past years! But with the stroke, the children had to be sent to a different foster home because the Bowlings weren't able to care for them anymore.

Jack Bowling has been taking care of Leona since the time of her stroke. For the past three years he has been checking her blood sugar, blood pressure and vital signs every twelve hours; he turns her over every two hours, and exercises her limbs several times a day. Everyone recommended a nursing home, thinking that Jack would be unable to care for Leona, but he was determined. "He said he had heard of a man who had taken care of his wife in much the same manner after she had been paralyzed by a stroke, so he knew it could be done," Mathis explained, "and he has been doing it everyday." Jack took Leona home when she was in a poor state of health after the stroke and within 2-3 weeks he

developed a log system to monitor all of her health care needs. Sandy comes by once a week to check for problems and counsel with Jack. Early on she was needed more frequently, but now Jack is very used to looking for problems and letting her know if Leona needs to be checked. Also, home health aides visit daily to help Jack with Leona's personal routine care.

Within four months after the stroke Leona began blinking as a form of communication and by the end of the first year, she could communicate with Jack. She has only been in the hospital once in the three years that Jack has been taking care of her. Jack gets her up everyday and takes her out on the porch if the weather is nice and she watches him plant flowers for her in the yard. In the afternoon he sets her up so she can watch her soap operas.

The relationship between Jack and Leona is very special. Jack includes Leona in all decision-making and talks with her all the time. They are thinking of going up to Indiana to see some of their children soon. It broke Leona's heart to give up her foster children when she became ill. Jack thinks the trip will be good for her. Music is another favorite of Leona's. Every once in awhile Jack's sister and brother-in-law stop by to play for her. Even though Leona can't move, she blinks her eyes in tune to the music. Before the strokes, Leona was the lead singer of the group. Leona also loves a good joke and will practically shake herself out of the bed when someone tells her a good one.

Because Leona is so alert, Jack and her Home Health nurses and aides would love for Leona to be able to really communicate. Recently a physician who has become interested in her case has discovered a computer program that can be hooked up with Leona's eye blinks that would enable her to communicate. This computer can be connected to electricity or battery operated, so she can move around with it. Leona will be sixty-three years old this month and we're excited at the possibility of her once again being able to formally communicate.

-by Catherine Croft

Couriers Work at the Safe House in Hazard

The following is retold in part by two couriers, Frances Key and Andrea Berrien, who have spent many days working with battered women and children at the Safe House in Hazard, Kentucky.

"We usually arrive at the Safe House around 3:00 in the afternoon, just before the children come back from school. This allows us time to really talk to the mothers and find out what they are going through. When the children arrive, we focus our attention on them. Most of the children are starved for attention. If it is nice outside, we take them to the playground. These children have so much energy and they need to release it constructively. The local park is a great place to take them if it is nice outside. There is a swimming pool, miniature golf course, and a river where they can fish. The park provides entertainment for the entire day. I would recommend that future couriers ask to be driven there with the children. I would also recommend that male couriers spend time at the Safe House because it will show the children that not all men are angry. A nurturing and caring male companion for these children would be terrific. They need to know that not all men are aggressive and hurtful."

Frances Key - courier Feb. '91.

Frances Key and Andrea Berrien are FNS couriers who volunteer their time a few days a week at the shelter. The couriers spend much of their time with the children, teaching them to play constructively. Frances says, "It is a very intense experience and a little unbelievable. These kids have to leave all their friends from school behind when they come here and begin a new life. They have also been through some pretty awful things. There seems to be two groups that the children fall into: the talkers and the non-talkers. The talkers want to tell everything about what has happened to them or what they've seen, while the non-talkers deal with their pain and fears alone. They aren't ready to bring it out into the open yet. These children seem to have a harder time

relating to the rest of the group.”

The Safe House in Hazard, Kentucky is a shelter for battered women and children who are fleeing domestic abuse. At the shelter the women are counseled while the children are offered play therapy. Family counseling occurs on an individual family basis. Because each family has its own set of problems that are unique, it is most productive to work with families individually, as opposed to group sessions.



Andrea Berrien discusses work at the safe house with another FNS courier.

The staff members at the Safe House have a great variety of duties. They escort the women to the doctor, court, job interviews, school, the social service office, and help them look for housing. Staff also answer a crisis support line. On Sunday evenings they counsel the women in nutrition and meal planning and even teach cooking classes. They also counsel the women in how to budget their money and in careful shopping. To work at the Safe House, staff members are asked to have two years of

college and an interest in helping battered women and children.

The boarders are from Leslie, Knott, Letcher, Owlsey, Breathitt, Wolf, and Perry Counties. The women find out about the shelter mainly through the social services department or law enforcement agencies. They also find out by word of mouth, and there is a hot line which is advertised on local television.

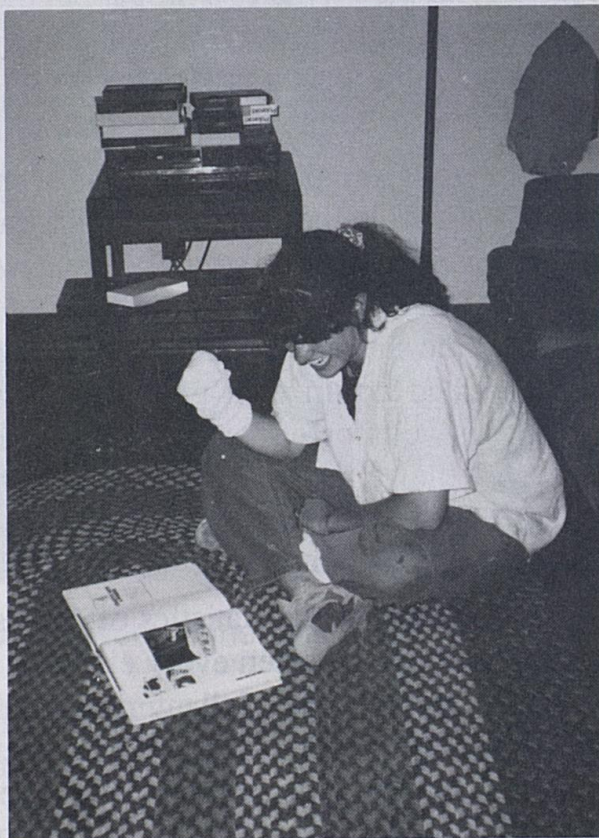
The boarders can stay for up to thirty days. During their time at the Safe House, they are busy looking for housing, jobs, or places to go to school. However if they aren't able to find housing in that time, they are permitted to stay until they do. The housing they find must be clean and provide a healthy environment for the children and the mother. Throughout their stay the women are constantly working towards a goal. Each week they meet with a staff member to review goals they've set and to see what stage they're at in accomplishing these goals.

Judy Campbell, the director of the Safe House, is very enthusiastic about the program. "It is a much needed program in the area and I feel very strongly about what we do." A major problem that Judy cites is the lack of space in the shelter. Currently the shelter can only house about twelve people. "Last month we had to turn away twelve mothers and sixteen children. If possible we transfer them to other shelters in other counties. Otherwise they may choose to stay with friends or relatives. We do try to offer some other alternatives but we'd never send them back to the place of abuse.

Nationally, the statistics of domestic abuse are staggering. A woman is beaten every eighteen seconds in the United States. Twenty percent of all murders in this country are committed within the family, with thirteen percent committed by spouses. Ninety five percent of all the spousal assaults are committed by men. Twenty-one percent of all women using the hospital emergency-surgical service are battered. Six million American women are beaten each year by their husbands or boyfriends and four thousand of them are killed. One in four female suicides were victims of family violence. Another interesting statistic was printed in the Dayton Daily News. It cited "the

most common cause of women's injuries-abuse at home occurs more often than auto accidents, muggings, and rapes combined, but is largely ignored by doctors." One out of five women are in, or have been in, some kind of violent relationship. One out of three women taken to the hospital are for domestic abuse. Nearly eighty percent of all abusers grew up in an abusive home. One out of eight high school students is involved in some kind of a violent relationship and one out of four college students is involved in an abusive relationship. This being the case, the Safe House staff hold community awareness workshops at the high schools and colleges in the area and circulate pamphlets and fliers in the community. They have a support group in Perry County, and one beginning in Letcher County, for women who have been in a dysfunctional relationship.

Although all of these numbers seem shocking, there are many women and families that have come out of these circumstances on top. For example Judy tells of one recent success story at the Safe House. "Kelly came to the Safe House with her four children a year ago. She had a high school diploma and while at the Safe House ex-



FNS Courier makes puppets for children at Safe House.

plored the opportunities at Hazard Community College. She enrolled and this May she will be receiving her R.N. degree. It was a rough road for her with four children, but she persevered and

has a lot to show for it," Judy smiles.

The couriers who have worked at the Safe House speak very highly of their time there. Frances says, "Working at the Safe House was not only extremely rewarding for me, it was frustrating and difficult. I visited twice a week for almost four weeks, which was just the perfect amount of time for me to observe what was going on in these children's lives, get to know them a bit, and start to plan strategies to make the time I spent there therapeutic and enjoyable for the children as well as for myself. The hardest thing about going to the Safe House was my constant fear that I would go back on another day and find that the children had left without my saying 'Goodbye.' The value of volunteering is not in making a lifelong friendship in a very short period of time, but rather in giving the children as much joy as you can, so that they might remember the Safe House as a place they were taken to for refuge, because they were loved and cared for."

Andrea, says, "This experience has been very eye-opening for me. It is hard to imagine that this kind of abuse exists all around me. I never really see it until I walk into the Safe House. The children and mothers are a living testimony that this kind of violence does indeed occur. Although I am saddened because the mothers and children must seek refuge here, I am also relieved because they are on their way to a better life - one without domestic violence. I think more couriers should get involved with the Safe House. The children really appreciate the attention and love to have someone to play with. Many of the children I have met are uncandidly honest about what has happened to them. You can ask them just about anything. Sometimes it is a little unnerving when they go into great detail, but I guess it is a way of coping for them. Overall I have found my time at the Safe House to be quite rewarding and a terrific learning experience. It is moving to see a child finally laughing and smiling when you know that maybe only a few days ago that same face had the look of terror and pain written across it. I'm glad I've gotten to share in the lives of people who are on the comeback!!"

-by Catherine Croft

Resolution to Appoint Dr. Ruth Watson Lubic as the Kate Hanna Harvey Visiting Professor of Public Health

It is recommended that Dr. Ruth Watson Lubic be appointed the Kate Hanna Harvey Visiting Professor of Public Health Nursing. This professorship for instruction in public health nursing was established by the Executive Committee of the



Dr. Ruth Lubic

Board of Trustees in 1944, with gifts from family members in memory of Kate Hanna Harvey.

Dr. Ruth Lubic, General Director of the Maternity Center Association in New York City, took her basic training at the School of Nursing, Hospital of the University of Pennsylvania, earned the B.S. (1959) and the M.A. (1961) degrees at Teachers College of Columbia University, and received a Certificate in Nurse-Midwifery in 1962 from the Maternity Center Association, Downstate Medical Center.

She returned to Columbia for the Ed.D. in Applied Anthropology, which was awarded in 1979, and a year later received a Certificate from Columbia's School of Business Institute of Not-For-Profit Management. In 1963, Dr. Lubic joined the staff of the Maternity Center Association in New York City, and was appointed General Director in 1970.

Among the large number of her active national and international memberships, Dr. Lubic is a life member of the American College of Nurse-Midwives, a Fellow of the American Academy of Nursing and the Society for Applied Anthropology, a member of the Board of Governors of the Frontier Nursing Service, and an elected member of the National Academy of

Science's Institute of Medicine. She is a member of the Board of Consultants of the International Childbirth Education Association, and is a member of the Boards of the American Association for World Health/U.S. Committee for WHO and the Pan American Health and Education Fund, having served both organizations as President. In 1973, Dr. Lubic was chosen to join the first official American delegation to the People's Republic of China. She is called upon as a frequent speaker, and has received numerous honors, a few of which include the Rockefeller Public Service Award from the Woodrow Wilson School of Public and International Affairs at Princeton University, the Hattie Hemschemeyer Award from the American College of Nurse-Midwives, and being named National Nurse of the Year by the March of Dimes Birth Defects Foundation.

Her distinguished work for nurse-midwifery education, comprehensive maternity care, and free-standing birth centers make Dr. Lubic an outstanding candidate for the Kate Hanna Harvey professorship.

Therefore, be it resolved that the Board of Trustees of Case Western Reserve University authorizes the President to appoint Dr. Ruth Watson Lubic as the Kate Hanna Harvey Visiting Professor of Public Health Nursing, effective for the period April 1 through December 31, 1991.



Surface Need

We have learned to fly through the air faster and higher than the birds; swim under the sea deeper and farther than the fish; we can travel in space with greater freedom than the moon.

We now desperately need power to walk on the earth like a man.

- From *Arkansas Baptist*

(reprinted from the Autumn 1962, *Quarterly Bulletin*)

My Experiences as a Literacy Tutor in Leslie County

In late July I came down to Kentucky to work as a courier. I drove from Cleveland and packed everything into my car that I could think of. I had just graduated from college and was trying to prepare myself for the "real world". I learned of FNS through Kate Ireland, FNS National Chairman, who also attended my high school in Cleveland. I had read about her work in the Appalachian Mountains in a Laurel School newsletter and so I wrote to her asking if there was anything a recent college graduate could do. Before I knew it, Cari Michaels, Courier Coordinator at the time, wrote me a letter explaining the courier program and sent an application. I had no idea what I was about to embark on, but I was excited at the prospect. When I finally arrived I was overcome by the beauty of Wendover and how it was nestled into the hills.

My major goal in coming to Wendover was to work as a literacy tutor. Since I had never tutored anyone before, I had no idea how to begin, but before I knew it I was tutoring three different students twice a week each and spending two days at the Hyden jail teaching math. It was wonderful. The students I worked with had very different levels of understanding. The only thing they had in common was that they were all adults and they all wanted to learn.

My biggest challenge was that I had to focus my tutoring on the fact that my students were adults and had a great deal of life experiences to work from. When teaching children, it is all new to them and unfamiliar, but with adults who speak the language and use it everyday, the learning process is very different. It was interesting because many times they were already using and practicing certain reading and writing concepts. For example if I were to ask Lisa, one of my students, to make a sentence in the past tense, she would look at me blankly. But as soon as I clarified by saying "Read this sentence as if it happened yesterday," she could figure it out. It was a tremendous challenge, but very rewarding, especially when something finally made sense after days or weeks of confusion.

Another practice I had to employ was to create sentences or words that had meaning to them. I couldn't take experiences

from my own life as much, because often they would mean nothing to them. So I had to learn what was important to them and what they could relate to. I learned that families are very important here and that even if there are major problems, you always support that family member. In my experiences, I was taught to leave an unhealthy situation because it would be better for me. But here that is not the case. People really take care of their loved ones, even if it causes excessive stress or hardship. I really admire their dedication and loyalty to family.

I also found that the difference in pronunciation created a bit of trouble when trying to teach someone how to spell a word. In one instance I said to a student, "How do you spell the word tire?" She just looked at me and said, "What?" "How do you spell the word tire?" I repeated. "I don't know that word. What is a tier?" She asked very confused. "You know, the things that go on your car that make it possible to drive. They are round and are also found on bicycles." I explained. "Oh you mean 'tars,'" she said relieved. At that moment I knew that spelling would be a challenge. I in no way wanted to change how others pronounced their words. It wasn't for me to do so and I liked hearing the different dialects.

If I had taught my student that the word tire was to be pronounced just the way I said it, that would be an affront to them and the area. The experience opened my eyes because I would have to be careful so that I wouldn't inadvertently impose my speech and grammar on someone for whom it would not be appropriate. My purpose of being there was to try to teach the student to read and write. So I shifted from spelling to writing short sentences using nouns and verbs and understanding their concepts.

I began working in the jail the first week I arrived in Hyden. I was the second FNS courier to volunteer at the jail and the program was in the beginning stages. During my time there, I had many wonderful and eye-opening experiences as well. But because I had to teach a group, I believe it was less productive, because everyone was at different levels of understanding and some really didn't want to learn; or even be there. However, they were quite attentive and never made me feel uncomfortable. I started tutoring them in math, mainly the concepts of fractions,

decimals, and percents. I tried to make the numbers make sense to them so we would talk in terms of fifths - a fifth of vodka plus a third of orange juice. Before I knew it we were making mixed drinks! It was fun because they could participate in this learning process. The prisoners had a great sense of humor and if I wanted to change the day of our lessons, they would say, "Well we're not going anywhere. We'll be here when you're here."

At the jail, I also had to be careful of the dialectical differences in my speech. One day I had decided to take a break from math and teach a little Russian history. I had just been to Russia earlier that summer and I had all kinds of maps and pictures and stories to tell. The information and pictures seemed to really interest the guys and I felt that they were ready for a little Russian history lesson. So one day I launched into the Bolshevik Revolution. I spent a good hour and a half talking about the events leading to the Bolshevik Revolution and the beginning of Lenin and Communism. When I was finished I noted a little confusion on their faces, but I took it as 'information overload.' So I went about my way with hopes of making things clearer during the next session. The following day when I stopped in to see how they were, I was chatting with Corbett Collett, another tutor at the jail. He told me with a grin that I had really confused the inmates. They really couldn't understand why I was telling them all about some Bull___ Revolution! At that minute I knew I'd better pronounce my words a little slower and clearer. It was the funniest misunderstanding I have had yet! Needless to say, I went back into the jail and clarified myself and we all had a good laugh!

All in all my time as a tutor was one the best that I've had since I've been with FNS. Even though I'm no longer a tutor, I try and keep up with my past students and their progress. In fact I just learned that two of my past students at the jail had earned their GED's! It has been close to a year that I've been here and I feel as if it were just yesterday when I arrived and was so taken in with Wendover and FNS. I'm still in love with the place and all the people who are so dedicated to making this place work. I hope to contribute to the organization in the way that Mary Breckinridge would have intended.

-by Catherine Croft

Meet the Board of Governors

The FNS Board of Governors is responsible for establishing the policies by which FNS is governed, as well as approving the annual budget and overseeing expenditures. Each member of the board brings unique gifts and a personal history of involvement with FNS to his or her position of leadership; and each has a key role to play in the governance of the Service. This is another in our series of profiles on the members of the Board of Governors.

William W. Hall, Jr.

Bill first became involved with Frontier Nursing Service when he did some work on the FNS accounts at the First Security Bank in Lexington. He started with the First Security Trust Department in 1977 after graduating from the University of Kentucky with an accounting degree. He worked under Homer Drew, current Honorary Board Member and former Treasurer of the FNS Board of Governors. Bill first visited Leslie County in 1986 when he was named Assistant Treasurer of the FNS Board.



Although raised in Lexington, Bill's family is from Southeastern Kentucky. His father's family is from Blackey in Letcher County and his mother's family comes from the Cumberland region of Harlan County. Bill spent his summers working in his grandfather's store, Hall's Supermarket, in downtown Whitesburg and learned some of the values of mountain people. His family moved from the mountains and he saw the association with FNS as a way to stay in touch with the mountain people he enjoyed. Soon after his first FNS board meeting he also became a supporter of the FNS mission.

"I've seen a lot of changes at FNS and I am more optimistic about the future of FNS than ever before. We have sound management and they are getting back to the fundamentals." Bill says he is glad to see the organization not trying to be everything to everyone and keeping a simple attitude. "We're focusing on doing what we're good at...providing primary and maternity care to families who need our services."

Bill lives in Lexington with his wife of 10 years, Teresa, and their two sons William Hall III, 6 years old, and Justin, 3 years old.

Alden Gay

Alden Gay has served on FNS committees for over 17 years. In addition to the Board of Governors, Alden has served as a member of the Board of Directors of Mary Breckinridge Healthcare, Inc. since its inception six years ago.

Originally from Big Creek, where FNS still operates the Red Bird Clinic, Alden retired from the military service as an Army Major and moved back to Eastern Kentucky working as a construction supervisor for six years. In the late 1960's he designed, built and operated a cable television system, which he sold three years ago.

Alden says, "I am in agreement with the FNS mission and am very well satisfied with how FNS is run today." He feels that the need for FNS services is still great and is on a steady increase.

"I feel FNS will be in really good shape in the next two to four years."

Alden has great concern for the well being of people in-



Alden Gay and wife Janet.

eligible for Medicaid or Medicare and unable to pay for medical treatment. He is optimistic that the state may have a program that can help, but feels if anyone can take care of these people, FNS can.

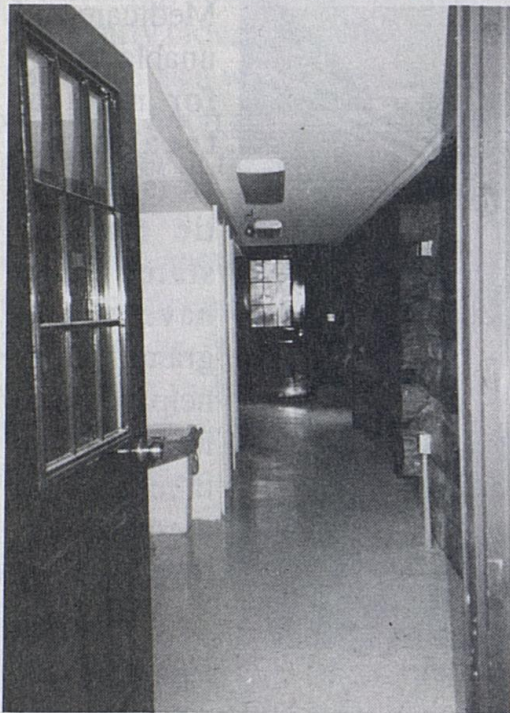
Alden and his wife,

Janet, live in Clay County, Kentucky near Oneida. They live on 600 acres of family-owned land and enjoy raising a garden. They have two daughters, one in Shelbyville, Kentucky and the other in Somerset, Kentucky, and four grandchildren. Alden is a ham radio operator. He has talked to over 100 foreign countries, including the U.S.S.R. Alden looks forward to continuing to serve FNS.

-by Meriwether Wash

FNS Renovates Wendover Barn

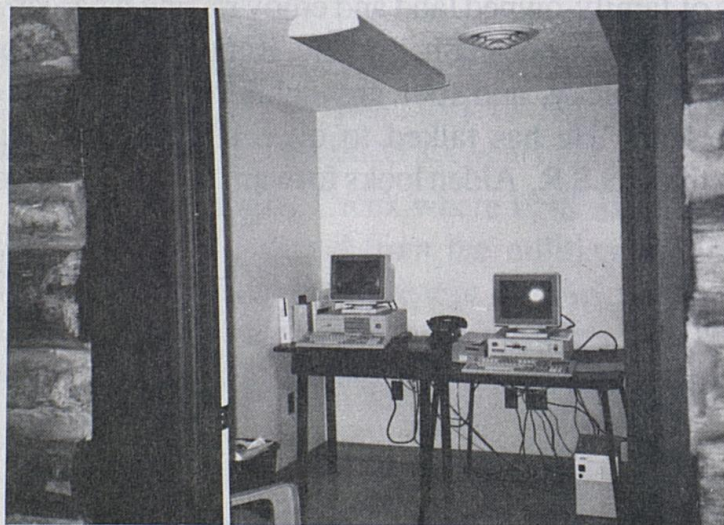
In the past three months the Barn at Wendover has been renovated. What were once horse stalls are now offices for the accounting department of the Frontier Nursing Service. There are four offices in the building but the upstairs has been left un-



Inside hallway of Barn.

changed. It will continue to house male couriers and other visitors. From the outside the Barn looks just as it always has, but on the inside the once dirt floor is now white tile and the walls are stark white. With this move Deanna Severance, Director of FNS, hopes to consolidate the business and financial parts of the Frontier Nursing Service to Wendover. The accounting staff actually moved in on a very rainy day in late May.

-by Catherine Croft



Newly renovated Barn office

Beyond the Mountains

"I do not pin my dreams for the future to my country or even to my race. I have faith in a universe not measured by our fears, a universe that has thought and more than thought inside of it. I think it probable that civilization will last as long as I care to look ahead—perhaps with smaller numbers, but perhaps also bred to greatness and splendor by science. I think it not improbable that man, like the grub that prepares a chamber for the winged thing it never has seen but is to be—that man may have cosmic destinies he does not understand. And so beyond the vision of battling races and an impoverished earth I catch a dreaming glimpse of peace."

Justice Holmes, 1913

Dr. Francis Massie held a surgical clinic twice a year for Mrs. Breckinridge. In 1948, he sent Mrs. Breckinridge the passage quoted above. Justice Holmes wrote these words eighteen months before the first world war when he was seventy-two years old, and he added, "It seems to me to bear no date." At the time our winter *Quarterly Bulletin* went to press, the war in the Persian Gulf was ending. While reading past *Quarterly Bulletins*, I was struck by the fact that the quote is timeless. I continue to pray for world peace.



The Executive Finance Committee of the FNS, Inc. Board of Governor's met in Lexington, January 24 and March 21. I wish to thank our wonderful supporters at the First Security National Bank and Trust who time and again allow us to be their guests. This has been a challenging year for the Service in many areas, not the least of which has been the restructuring of our financial system. Members of the Board of Governors Executive Finance Committee have been particularly active in this process. I wish to give each of them my heartfelt thanks for the long hours they have spent in this process: Miss Kate Ireland, Miss Jane Leigh Powell, Mr. W. F. Brashear, II., Mr. Robert W. Nichols, Mr. R. B. Campbell, Jr., Mr. William W. Hall, Jr., Mr. John E. Foley, Dr. G. Edward Hughes, Mr. Kenneth J. Tuggle, Mrs. Shirley Powers, and

Mr. Homer Drew (honorary member).

Attending the January 24, Executive Finance Committee from beyond the mountains were consultants with Ingram & Associates: Ms. Katie Black, Partner from Louisville, and Mr. Oren Wyatt, Special Projects Director from North Carolina. Ingram & Associates have been employed by the Service to restructure and improve the business office of Mary Breckinridge Healthcare, Inc. It has been through their Accounts Receivable Specialist, Ms. Susan Bowling, that major progress in that area of our business has occurred this winter and spring.

Charlie Wilson, President and Administrator of Mary Breckinridge Healthcare, Inc., Dr. Judith Treistman, President and Education Director of Frontier Nursing Health and Education, Inc., Mrs. Juanita Johnson, supervisor of the accounting office of FNS, Inc., and I attended an accounting workshop sponsored by the School of Business at the University of Louisville, February 27. Each of us gained insight into areas of special need. No longer can any organization afford the price of uninformed administrators and staff. We must have the skill and tools to be good stewards of our resources. Mrs. Johnson, a Leslie County native, experienced her first trip to Louisville. We had the special pleasure of having dinner with Mr. Mark Inmon from Old Colony Kentucky Benefits Insurance Company. Mr. Inmon is assisting the Service in reviewing, consolidating, and arriving at the most cost effective employee health benefit package. It was a special pleasure to dine at Vincenzo's Restaurant. The food is marvelous, but more than that, Rosa Gabriele, daughter of the proprietors, Mr. and Mrs. Vincenzo Gabriele, was a courier last summer.

March 4 and 5, I attended a Health Care Summit sponsored by Blue Cross and Blue Shield of Kentucky in Louisville. This conference brought people from a multiplicity of backgrounds and states to Louisville to discuss issues pertinent to the health care financing crisis faced by our country. Mrs. Shirley Powers, Vice President for Alliant Health Care Systems, Administrator of Norton Hospital in Louisville, and FNS, Inc. Board of

Governors member, also attended.

Ms. Sheila Allen, Director of Development, and I attended the Berea College Appalachian Fund Affiliates Conference in Berea, Kentucky, April 11 and 12. This was my first time to attend the Conference. The Appalachian Fund brings together the recipients of their generosity to share our services and projects. These inspiring two days were chaired by Mrs. Norbert (Judy) F. Stammer, Director of the Berea College Appalachian Fund, and Dr. John Stephenson, President of Berea College. I only wish the pages of this Bulletin allowed me to share all the affiliates services. With the assistance of the Appalachian Fund, we must be moving forward in our mission to improve and enrich the lives of the people of Appalachia! It was my special pleasure to dine with Mr. and Mrs. Raymond McLain and Mrs. Ruth McLain Smith. The McLain Family are well known throughout the world for their musical talents. Their father was the Director of the Hindman Settlement School and later a member of the Berea College faculty. Both Mr. McLain and his sister Mrs. McLain Smith are graduates of Berea College. Mrs. Raymond McLain is the Assistant to the Director of the Berea College New Opportunities School, Mrs. John Stephenson, wife of Berea College President.

The Third Annual Conference "Towards Excellence in Primary Care" sponsored by the Kentucky Coalition of Nurse-Practitioners and Nurse-Midwives met in Lexington April 18 and 19. I had the honor of being asked to speak on a panel with Mr. Nathan Goldman, JD and legal counsel for the Board of Nurse Examiners; Ms. Barbara Safriet, JD and Professor of Law at Yale University; The Honorable Tom Burch, Kentucky House of Representatives; and Mrs. Sheila Ward, Certified Nurse Midwife. The topic was "Prescriptive Authority" for Advanced Registered Nurse Practitioners. This topic is particularly pertinent today, one of the most dynamic times in nursing practice. For more information on this subject, I have written an article which appears elsewhere in this *Bulletin*.

The week of April 22 began the Appalachian Spring Tour.

Eleven very special people were able to tour Kentucky and the Frontier Nursing Service: Mr. and Mrs. John Bloom of Millis, Massachusetts; Mrs. Helen H. Bond of Dover, Massachusetts; Dr. and Mrs. Norris Embree of Kingsport, Tennessee; Ms. Andrea Frost of Rochester, New York; Mr. Robert Jonas of Rochester, New York; Mr. and Mrs. Samuel Neel of McLean, Virginia; Mrs. Joy Lee Peterle of Stonington, Connecticut; and Miss Helen Peterle of Haddam, Connecticut. I was able to meet the tour Monday in Lexington. Ms. Sheila Allen traveled with the tour for the entire week! Details of the Tour appear elsewhere in this *Bulletin*.

The Derby Day Benefit of the Washington Committee of the Frontier Nursing Service was, as it has been for years, at the home of Mrs. Jefferson Patterson. Miss Kate Ireland, National Chairman, attended. I have heard from Miss Ireland that the event was most delightful and the weather was more beautiful than usual. A large and distinguished group of people attended. Many thanks for a successful Derby Party!

The Derby Day Benefit of the Boston Committee of the Frontier Nursing Service was at the home of Mrs. Dudley Willis, Charlescote Farm. I was fortunate to be able to attend this lovely party. Although I have not received an official count of attendance, there appeared to be more than 175 people present! The weather was warm and sunny. I am thankful to have had the opportunity to be able to speak personally with so many individuals. Although my horse won, the winner's circle goes to all of you who made these Benefits so very successful!

A special "Thank You!" to Mrs. Hanson Robbins who invited Dr. Anne Wasson, FNS Board of Governors from New Hampshire, and me to spend two very restful days in her home.

The Philadelphia Committee will host a Benefit on June 2nd. This will be held at Ganayden, the home of Mr. and Ms. Joseph C. Kohn. Kentucky Crafts will be displayed and sold. I am certain this will be a great success! Many thanks to Philadelphia Chairperson, Mrs. John H. Hodge, for all her work.

The Frontier Nursing Service is deeply grateful to its

Notes from the School:

Goodbye to Longtime Friend, Alice E. Whitman

It is with deep sadness that we report the death of Alice E. Whitman, longtime friend to many of us, and former Registrar of the School. Even after her retirement in 1988, Alice remained actively involved with the Frontier School programs and students, continuing to serve as Alumni Newsletter Editor until July of this past year. Alice truly cared for our students and took a personal interest in their educational success.

In recognition of her commitment, the FNS Board of Governors voted unanimously at their April meeting to dedicate the library of the Frontier School of Midwifery and Family Nursing in her memory: **THE ALICE E. WHITMAN MEMORIAL LIBRARY**. This dedication will provide a perpetual and living memorial to Alice's 19 years of service to the Frontier School and to the Frontier Nursing Service.

In conjunction with the memorial, the Frontier Nursing Health and Education Board of Directors announced the establishment of the **Alice E. Whitman Memorial Library Endowment Fund**. The Board issued a \$10,000 challenge to alumni, students and friends, agreeing to match every dollar received from individual or corporate sources up to \$10,000.

Income from the **Alice E. Whitman Memorial Library Endowment Fund** will support the operation of the Alice E. Whitman Memorial Library at the Frontier School of Midwifery and Family Nursing. This fund will also ensure that renovation and expansion of the library and its resources will be possible so we may continue to provide the level of educational excellence that is the tradition of the Frontier School.

We ask you to respond to the challenge and contribute to the **Alice E. Whitman Memorial Library Endowment Fund**. We feel this a fitting tribute to a person who gave so much of herself to our school and our mission.

All contributions are tax deductible and should be made payable and mailed to:

The Alice Whitman Memorial Library Fund

Frontier Nursing Service
Wendover, Kentucky 41775

For further information please write or call the Frontier School of Midwifery and Family Nursing, P.O. Box 528, Hyden, KY 41749, (606) 672-2312.

-by Judith Treistman

Old Staff Notes

Charlotte Wittenkind - Norwood, OH - Charlotte continues to work on her masters and recently finished restoring a 100 year old farm house.

Elsie and Jack Wilson - Gainesville, FL - Jack made it through knee and shoulder surgery. Elsie retired from her midwifery position with the University of Florida after 27 years. They took a 13,000 mile, 26 state, 3 1/2 month trip across the United States, including many beautiful Western sites and a trip to Big Creek and Cutshin, Kentucky.

Ruth E. Michaelis - Ann Arbor, MI - Ruth writes in response to the J. Laurie Byrne/Jean White Byrne article in the Spring 1990 Quarterly Bulletin. She was Statistician at FNS from March 1942 to June 1943 and remembers working with Jean "Jerry", her assistant. Ruth was also nicknamed by Mrs. Breckinridge "Jolly" Jolliffe because there was also another Ruth on staff.

Nora Kelley - Dexsel, ENG - Writes of her memories from a Thanksgiving Day some 60 years ago when the famous photograph of 17 midwives on horseback was taken. She is pleased to hear the Wendover grounds are being cared for.

Molly Lee - Princetown, ENG - Spent the holidays with Nora Kelly and writes all is well.

Mardy Ireland and Brad Gascoigne - Berkeley, CA - Mardy finished a 96 page health book *39 Best Ways to Promote Your Health* and hopes to come to Hyden soon for a book signing.

Kathy and Tom Dean - Wessington Springs, SD - Sons Carl, 11 and Alex, 14 are doing great and daughter Gwyneth received her elementary teaching certificate from Northern State University. The kids took an enjoyable trip to Seattle from South Dakota. Tom was president of the National Rural Health Association in 1990 and continues to stay busy. Kathy is co-chair of the Shakespeare Garden Society and continues to deliver local babies.

-by Meriwether Wash

Courier News

The past few months have been eventful for the Couriers. With all the various functions they have set up for, helping with the gardens and doing their usual duties, they have put in many long hours of work. This winter our literacy program has been fortunate to be able to participate in Mr. Hayes fourth grade class at the Hyden Elementary School. Two couriers are tutoring four students individually and they also are in the class room for a full day. We hope to be able to continue working in the school setting as well as with the G.E.D. program for adults.

Wendy (Vaughan) Brickman ('69) was a "lost courier" 'til recently and wrote to say how delighted she was to be on the "found list" now. After her experience as a courier, she changed colleges and her major and obtained her B.S. in Nursing in 1972. **Ruth (Anderson) Miller** ('82) wrote a newsy note from Ohio to say that she was married in '83 and graduated from Ohio State University's Nursing College in '86. Since then the family has grown, Laura now 4 1/2, Carolyn 3, Joseph 17 months, with number four on the way. She now is at home enjoying motherhood.

Corny Howland ('91) sent a note from Greece where he is currently enrolled in an art program on Paros. He's sculpting, drawing and taking a lot of pictures. "... despite all the glamour of Greece, I miss Kentucky like crazy ! I miss all of you and the wonderful people I got to know, from Sherman to the Home Health aides to the kids at school. You made my time there so fantastic--it was by far the most meaningful experience of my life."

-by Susie Hudgins

Field Notes

As seems to happen every year, the weather warms and Wendover becomes a busy, busy place. This year we have had a steady flow of guests, consultants, friends and students come to visit, some staying the night others for the week. Mr. and Mrs. Donald Roznowski from Albany, New York came for two days in the beginning of March to deliver a car load of clothing to be

distributed to families. They had visited years ago when Mrs. Breckinridge was alive and were delighted to find Wendover still thriving. Frequent dinners have been held and our Monday night Teas are still very popular. Nursing students from Prestonsburg Community College, Eastern Kentucky University, The University of Kentucky and Lincoln Memorial Hospital in Harrogate, Tennessee have all come to tour FNS, seeing the hospital, the midwifery school, the chapel and arriving at Wendover for lunch. In April we held a luncheon for the 42 graduating Nurses from Hazard Community College.

April also brought us a full house for the annual spring meeting of the FNS Board of Governors. Everyone was kept busy Friday and Saturday, helping with meals and the general clean up. It was nice to see the Board members again and renew friendships.

The next week the Spring Tour arrived and once again we were filled to capacity. The Couriers were on their toes bringing luggage to the rooms, serving tea and dinner, and being jacks of all trades when needed.

W e n -
dover was de-
lighted when we
learned that our
own, Marilyn
Hoskins (assis-
tant house-
keeper), had won
the Employee of
the Month award
for April. The
CARE committee
held a gala lunch-



Wendover's "Junior" Robert Phipps and the Wendover Michael Mace maintain the grounds. Staff was on hand to help celebrate.

May came, along with eight students from the Hughes

Center in Cincinnati and their chaperones. They came to kick off Appalachian Appreciation Month. No sooner did they arrive than it was off for a mine tour, coming back to Wendover to grab sweaters and going to a Fish Fry. The next day they saw our FNS videos and toured Hospital Hill before having to pack up and continue on. We all had a wonderful time and hope that they will come again.

Meanwhile, the maintenance staff was able to complete the renovation of the lower part of the barn. The offices sparkle with a coat of white paint, excellent lighting and a bright tiled floor. The original logs, kept in the hallway, shine after being cleaned and polished. It is wonderful that Wendover is once again the hub of FNS.

Unfortunately during this period, we had another major slide above the septic system, caused by the wet weather and the existing underground water pressure. We have been hard at work re-establishing the mountain drain system to divert water from the slide area and soon we hope to be able to repair the damage. The couriers have been helping to clean up the various flower gardens. The rose garden is all neat with some new roses planted; the four new azaleas have bloomed and the peony patch has been cleared. Next we plan to clear the garden above the roses and plant an "Old English Garden." The Wendover Garden Club came for a planning meeting one Saturday, ideas were discussed and work is about to begin on all the upper gardens. The spring here was glorious, with the daffodils, blue bells and tulips blooming along with the dogwood and redbud. Mother Nature helped us show that Wendover truly is a special, special place !

-by Susie Hudgins

FNS Remembers Dr. Holly Petersen

It is with much sadness that we report the death of Dr. Helen E. "Holly" Petersen, who served as a FNS courier in the winter of 1983 after her graduation from Kalamazoo College in Michigan.

Dr. Holly Petersen was born November 21, 1960, in Davenport, Iowa, the daughter of Howard and Mary Catherine (Brown) Petersen. She was a 1979 graduate of Lakeland High School in La Grange, IN. During her high school years she was on the volleyball and track teams, a member of the National Honor Society, stage band, the math club, student council and she participated in every musical during her high school career. Holly graduated from Kalamazoo College in Kalamazoo, Michigan in 1983 with a bachelor's degree in health sciences and received her doctorate of medicine from Northwestern University in Chicago in 1989.

She moved to Renton, WA, in 1989 and was serving her residency in family medical practice at the Valley Medical Center. Her co-workers at Valley Medical Center, where Petersen was a second-year family-practice resident physician, wrote that "Holly was a special physician in the residency program who had a primary interest in serving an underserved segment of the community. She will be deeply missed by all of her co-workers who loved and respected her." Holly was also a member of the First Presbyterian Church in LaGrange, IN, the Women's Medical Association, the Academy of Family Practitioners, and the Mu Chapter of Kappa Kappa Kappa Sorority.

During her life Holly's special interest in serving the underprivileged in the community led her to the hills of Kentucky where she served as a courier. She had planned to return to the Frontier Nursing Service to fulfill this dream. A memorial fund has been set up at the Frontier Nursing Service.

-by Catherine Croft

IN MEMORIAM

These friends have departed this life in recent months. We wish to express our sympathies to their families, and our gratitude for their interest in our work.

Ira James Adams
Haddix, Kentucky

Mr. Adams was a retired Frontier Nursing Service security guard.

Aden Morgan
Wendover, Kentucky

Mr. Morgan worked as a nightwatchman at Wendover.

John Sherwin
Cleveland, Ohio

Mr. Sherwin was president and chairman of Picklands Mather & Co. and had been a banker and director of several corporations. He was a loyal FNS supporter for many years.

Alice E. Whitman
Warner, New Hampshire

Alice gave 19 years of her life to FNS as a volunteer, a business office manager, registrar for the Frontier School of Midwifery and Family Nursing, and more recently as editor of the Alumni Newsletter.

Shirley Mathilde Schroeder
New York City, New York

Ms. Schroeder donated her hand-knitted garments and sent boxes of clothes to FNS for the Christmas Fund for over twenty years.

By including FNS in their Wills, the following friends have made a continuing affirmation of interest and belief in the work of Frontier Nursing Service. These bequests are added to FNS Endowment Funds so that we may continue to care for mothers and babies in years to come. We extend our deepest gratitude to them for their years of loyalty and support.

Margaret M. Oetjen
Chicago, Illinois

MEMORIAL GIFTS

We wish to express our deep appreciation to these friends who have shown their love and respect for the individuals named below by making supporting contributions, in their memory, to the work of the Frontier Nursing Service:

Mrs. Anne Turley West

Mrs. Stanleigh Swan

Mrs. Rachel Sargent

Dr. Anne Wasson

Mrs. Nancy Stokes

Mrs. Nancy H. Massey

Senator John Sherman Cooper

Mrs. Nora Leake Cameron

Missy and Clinton Kelly

Mr. Steven Hunton

Dr. Anne Wasson

Mr. Connie Mack Koser

Dr. Anne Wasson

Ms. Jane Augusta Washington

Thornton Beck Johnson

Missy and Clinton Kelly

Washington Committee of the
Frontier Nursing Service

Mrs. Doris S. McAnerney

Mr. George G. McAnerney

Miss Clare Mere

Rev. & Mrs. Vande Mere

Dr. Holly Petersen

Mr. Charles F. Ashcraft

Judge and Mrs. Ronald Crane

Mr. and Mrs. Walter W. Faflick

Mr. and Mrs. Gerald W. Fisher

Mr. and Mrs. Stephen E. Liechty

Mr. and Mrs. James L. Phelps

Mrs. Robert J. Piggott

Mr. John D. Ulmer

Ms. Margaret H. Wagner

Warrick, Weaver, and Boyn

Mr. and Mrs. Paul L. Wolfe

Mrs. Joseph Yoder

Abingdon OB/GYN, P. C.

Ms. Marcia L. Endres

Mr. and Mrs. Jim M. Coyle

Mr. and Mrs. Donald Schlemmer

Ms. Sarah Woellhof

Mr. and Mrs. Fred. W. Hellman

Mr. and Mrs. R. D. Wires

Miss Alice Whitman Memorial

Library Fund

Miss Jane Leigh Powell

Mr. and Mrs. James D. Browning

Mr. and Mrs. Arnold Woods

Ms. Mary Johnson

Mrs. June Cieszynski

Mr. Murray H. Sargent

Mr. Travis Whitman

Mr. and Mrs. Robert Hook

Mr. J. J. Johnson

Mr. and Mrs. Howard Hook

Miss Kate Ireland

Mr. and Mrs. Jack R. Wilson

Mr. and Mrs. Wales Wasson

Mr. and Mrs. Steven R. Huntoon

Mr. and Mrs. John E. Foley

Miss Pamela Anne Cundle

Dr. and Mrs. W.B. Rogers Beasley

Dr. and Mrs. Gerald C. Groggel

Mr. and Mrs. Robert W. Nichols

New Hampshire State Police-

Benevolent Association

Ms. Evelyn W. Lapierre

Ms. Patricia Agostino

Dr. Patience H. White

Mr. William W. Hall, Jr.

Ms. Catherine F. Edmunds

Ms. Marjorie L. White

Dr. Anne Wasson

Miss Betty Wells

Dr. and Mrs. G. Edward Hughs

Ms. Deborah K. Smith

Mr. and Mrs. Danny W. Morgan

Glen Hill Convalescent Center

Mrs. Muguette Saxby

Mr. and Mrs. John T. Howes

Sutton Historical Society

Mr. and Mrs. Richard M. Whitman

Ms. Lillian Huisken

Mr. and Mrs. Floyd Hines

FNS, INC.

Director/Chief Executive Officer: Deanna Severance, BSN, MS

FNS, INC. (the parent)

President: Deanna S. Severance, BSN, MS
Administrative Assistant: Virginia Roberts

Accounting/Fiscal Services:

Chief Operating Officer: Dave Southern
Controller: Clark Myers
Data Processing: Alice Stidham
Purchasing: Nannie Hornsby

Development Office:

Director: Sheila Allen, BA
Development Secretary: Mae Irvin
Quarterly Bulletin Editor:
Meriwether Wash, BS
Assistant Editor: Catherine Croft, BA

Human Resources

Manager: Eva Morgan

Wendover, Courier and Volunteer Program

Manager: Susie Hudgins

FRONTIER NURSING SERVICE, INC.

(the foundation)

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STAFF OPPORTUNITIES

Because text for the *Bulletin* must go to the printer several weeks before publication, it is not possible for any issue to contain an up-to-date list of job opportunities. Instead, we list types of positions that are most likely to be available and invite anyone qualified and interested to write for current information.

FNS Staff Opportunities:

Current Opportunities include: certified nurse-midwives, family nurse practitioners, registered nurses, x-ray technicians, physicians (pediatric and internal medicine), and laboratory technicians. For current information or to apply for a position, contact Eva Morgan, Human Resources Manager, Wendover, KY 41775 (phone 606-672-2317)

Couriers and Volunteers: This program has an ongoing need for all types of people, with all types of skills. The program is not limited to those interested in a health career. It encourages applications from anyone who is willing to volunteer for a 6- to 8-week minimum period and would like to be exposed to the work of the Frontier Nursing Service. ("You tell us what you can do, and we'll find a job for you.") For current information, write Susie Hudgins, Coordinator of Wendover and the Courier / Volunteer Program, Wendover, Kentucky 41775 (phone 606-672-2318).

URGENT NEEDS

FNS has an urgent need for the items listed below and hopes that its friends will wish to contribute toward their purchase. Donations should be sent to the Development Office, Frontier Nursing Service, Wendover, Kentucky 41775, where they will be gratefully received.

Frontier School:

Lighting Units	Estimated Cost:	\$765
Shelving		\$300
Carpeting		\$718
2 Dehumidifiers		\$418

Beech Fork Clinic:

1 Refrigerator	Estimated Cost:	\$700
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Community Health Center:

1 Glucometer	Estimated Cost:	\$150
1 IBM PC and Printer		\$3,000
1 Vacuum Cleaner		\$300

Home Health Agency:

5 Oscopes	Estimated Cost:	\$1,000
1 Pediatric Blood Pressure Cuff		\$100
2 Hairclippers		each \$20
1991 Illustrated Manual of Nursing Practice		\$43
7 Electric Razors		each \$75

Operating Room:

4 Needle Holders (7 1/2 inches)	Estimated Cost:	\$140
4 Mayo Scissors (7 inches)		\$140
4 Metz Scissors (7 inches)		\$140

Hyden Clinic:

2 Vaginal Dilum Systems	Estimated Cost:	\$210
1 IVAC Pump		\$3,000

Pine Mountain Clinic:

1 Accucheck II	Estimated Cost:	\$20
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Maternity:

1 Birthing Bed	Estimated Cost:	\$6,250
3 Stethoscopes		each \$20
1 Laryngoscope		\$100
9 New Mattresses		\$1,000
4 Wall Blood Pressure Cuffs		\$500

Wendover:

1 Jig Saw	Estimated Cost:	\$50
1 Roof for Pebble Workshop		\$350
1 Belt Sander		\$80

Promotion and Development Office:

3 Laser Printer (P&D, Med. Records, Accounting)	Estimated Cost:	\$4,800
1 Camera		\$150
1 Typewriter		\$350

Emergency Room:

Back-up EKG Machine	Estimated Cost:	\$3,900
Cordless Phone		\$150
Portable Ophthalmoscope and Oscope Set		\$300

Kate Ireland Women's HealthCare Center:

Typewriter	Estimated Cost:	\$350
Small Microwave		\$129
Recliner and Sofa for Teaching Room		\$768
Donations needed for education materials such as Birthing Films for Pre-Natal Classes		\$1,100

WE THANK YOU
FOR YOUR PARTICIPATION



The Frontier Nursing Service
Wendover, Kentucky 41775

Loose Item

Please send me more information about:

- The FNS Courier and Volunteer programs.
- Estate Planning.
- Life Income Gift Opportunities.
- Visiting and Touring the FNS.
- Books and other literature concerning FNS.

As an interested friend, my subscription of \$5.00 a year is enclosed.

New Renewal

As a supporter, you will receive the *Frontier Nursing Service Quarterly Bulletin* unless you request otherwise.

Enclosed is my gift of \$ _____



Mary Breckinridge's home at Wendover.
Historic Landmark — Restored in 1981.

Name

Address

City

State

Zip

Your Gift is
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FRONTIER NURSING SERVICE, INC.

Its motto:

“He shall gather the lambs with his arm
and carry them in his bosom, and shall
gently lead those that are with young.”

Isaiah 40:11

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives for rural areas where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and midwife training schools for graduate nurses; to carry out preventive public health measures; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them, at a price they can afford to pay; to promote the general welfare of the elderly and handicapped; to ameliorate economic conditions inimical to health and growth, and to conduct research toward that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them to cooperate with individuals and with organizations, private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

From the Articles of Incorporation of the
Frontier Nursing Service, Article III
as amended June 8, 1984