

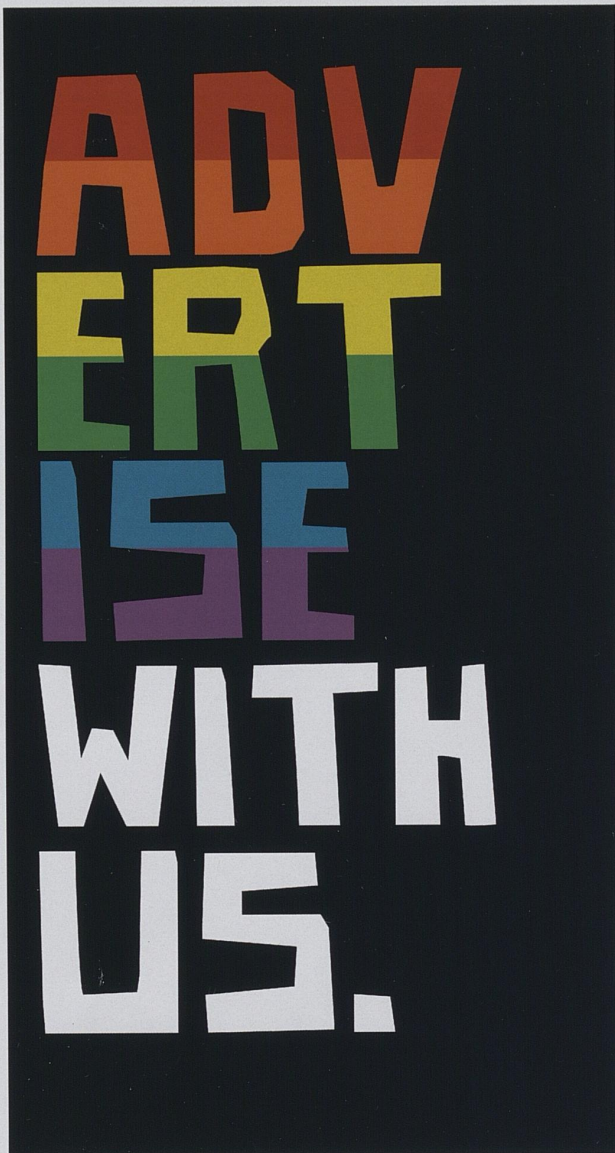
CONNECTING THE BLUEGRASS LGBTQ COMMUNITY

Link



A LOOK BACK AT 2015

JANUARY 2016 . VOL 38 / NO. 1 . A Publication of the PCSO



**ads@pcsoky.org
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for more information**



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Assistant Editor - Advertising - Tuesday G Meadows
Copy Editor - Ann Malcolm
Design - Sarah Brown
Photography - Christopher R. Bauer & Tuesday G Meadows
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The Pride Community Services Organization seeks to educate, enhance, and empower the community about sexual minority and gender expansive issues.

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PCSO Pride Center

389 Waller Avenue, Suite 100, Lexington, KY 40504
859-253-3233
www.pcsoky.org
Office hours are: Tuesday-Friday 1 p.m.-5 p.m. & Saturday 11 a.m.-3 p.m.

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THAT'S WHAT I'M TALKIN' ABOUT

by Helena Handbasket

As I continue to age year after year (because I have been unsuccessful in finding that fountain of eternal youth), I often find myself speaking about a time that the elders in my family used to refer to so often as... “the good old days.” I have so many fond memories of people and experiences that I have been fortunate enough to have known. It’s funny how getting a year older can change your perspective and make a person start looking back on what they have and have not done. I bring this up because, recently, I have started putting my “bucket list” together and it is my goal that in 2016 I will begin to check a few of them off my list.

Yes, back when I was a little girl, my nickname was RC. You might think that it was because

I loved to drink RC Cola, but actually it was short for Remote Control. Every time Dad wanted to change the channel on the TV he said, “Hey RC... get over there and put that on channel 12.” Now we live in the electronic age where I can get on my phone in the middle of Starbucks and set my TV to record a show that I won’t get home in time to watch. So much for being the family remote control.

There have been so many people who have come in and out of my life as well. Our family moved around a lot when I was young, which made me have to change schools several times between kindergarten and my senior year of high school. This made me have to learn to make friends quickly. I remember the anxiety I used to feel when I knew I would have to

wake up the next morning and walk into a classroom of kids in the middle of a school year. My thing was always to try to make them laugh and then I’d make friends. Looking back, that is probably what made me develop into the entertainer I am today. Even at my age now, one of my favorite sounds is the sound of laughter in response to something I have done or said. And I had to learn to laugh at myself as well. Trust me, when you’re the new kid and everyone else in class has already had a few months in that grade to make friends, you sometimes get laughed at. The only thing I found was to laugh with them, which made them think it didn’t bother me... but oh, how it bothered me. But I digress... what I wanted to say was that it was those experiences that taught me to be nice to the other kids who might not immediately fit the mold of being just like everyone else. This also taught me to try to make friends quickly.

Now I look back on these experiences and the people that I have encountered and I think, those were the good old days. Did we have iPads or elaborate game systems? No, we did not. Did we have cell phones to carry around with us? No, we did not. Were we afraid to be out after dark? No, we were not. I loved being outside and playing tag with my friends just as the day started turning into night.

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I look around me now at the kids that I know, both in my family and in my neighborhood, and I am reminded of the line in the Gladys Knight version of *Try To Remember/The Way We Were* where she says, "as bad as we think they are, these will be the good old days for our children." The kids of today don't have the same kinds of experiences that we had when we were kids. Those times taught us to share... taught us to respect each other... taught us to look out for each other... taught us to love and value each other. What experiences of today's kids are going to teach them those things? How are they going to learn what is important in the world? Does the thought of living in a world where the next generations that will be in control will be people that have never played tag or helped a new kid in town to feel welcomed scare any of you at all? Please



people... Send the kids outside and teach them how to play tag or throw snowballs. Hell, go out there and play with them. Might be a good way to burn off a few of those Thanksgiving and Christmas dinner pounds you might have gained. I know it wouldn't hurt me any!

Happy New Year 2016 everyone!

Send comments or suggestions to HelenahandbasketKY@gmail.com



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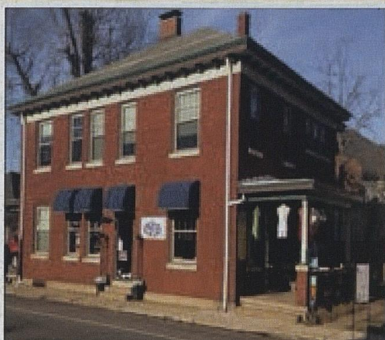
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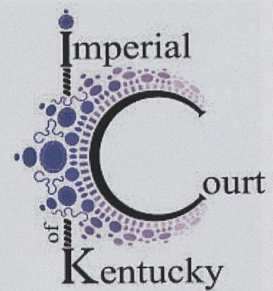
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Happy New Year!



IMPERIAL COURT OF KENTUCKY NEWS

by H.M.I.M. Empress XXXIV of the Imperial Court of Kentucky Kali Dupree



HAPPY NEW YEAR from the Imperial Court of Kentucky. I hope that everyone had an amazing holiday season. This past year has been a wild and amazing ride! We have had many wonderful and successful events and raised much needed funds for our charities.



The holidays have always had a special place in my heart. Spending time with my family and loved ones is always the only thing that I need, celebrating our lives, our love for one another, and sharing our memories while creating new ones. This season the Imperial Court has worked hard alongside the other organizations in this community to make sure that others may have those same opportunities.

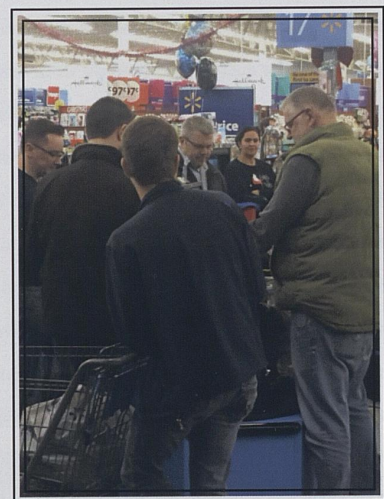
In December we hosted our annual "AVOL's Kid's Christmas" event. The

amazing response from the community in the fundraising endeavors, and the caring, and the love are truly something for this community to be proud of and celebrate. We were able to assist and provide for over sixty-five children this year. To all of our charities, thank you for the opportunity to help, and keep doing the amazing work that you do.

With the new year being here and all of the New Year's resolutions, let us continue down this path of unity and charity, let us show the world that we are a strong, proud, loving community.

I hope everyone will make every effort to make a difference this year. Looking back on the past year, it was a roller coaster of emotions. Many exciting and wonderful things happened, with the advancements in the fight for equality, but also many horrible incidents, with all of the shootings, hate crimes, and abuse. Let us keep shining bright and strong.

On a final note here, I would like to remind everyone that memberships were due on or before December 31st, 2015, for renewals. However, if you missed the deadline, there will be a grace period during January 2016 for those individuals yet to renew. You may



Volunteers from AVOL and ICK help shop for toys that will be donated to children from families affected by HIV/AIDS

do your renewal by contacting myself (email:kenneth.rains4@gmail.com), any other board member of the Imperial Court of Kentucky, or by visiting our website at www.imperialcourtkentucky.org. Renewals are important; coming in March 2016, the "Falsies and Annual Elections" will be held, where all voting members will help in deciding new board members for our Board of Directors and the 35th Monarchs of the Imperial Court of Kentucky. Please keep posted on events and dates from our website or by following us on Facebook.



ALLIES ARE GREAT BUT ACCOMPLICES ARE BETTER

by Carol Taylor-Shim, MSW



Let me be the first to say that I think there is a definite place for allies in the world. It is nice to have people who support and affirm who you are. Allies help shift and change the culture. They are very well-meaning people and have a genuine desire to support marginalized identities. The intention of allies is never to harm or contribute to the oppression.

That's all well and good, but as a queer woman of color married to a Pacific Islander in Kentucky, I need more than an ally. I need accomplices. I need people to take some risks. I need people with the most access to power through privilege to use it in a way that advocates for people like me. Or for trans women of color. Or for Muslim LGBTQ people. Or immigrants trying to make a better life for themselves and their families. Accomplice is defined as a person who helps another person commit a crime. When you are battling against systems of injustice built on the backs of the oppressed, some will view your action as criminal. To those in power, any attempt to dismantle their stranglehold on power is a criminal act.

For me, allies are sometimes those

folks who show up for Pride or who "like" something on social media or will say things like, "I support the LGBTQ community." Some people will adopt the ally identity without being deemed an ally by the very population they claim to support, which makes me question their intentions. Those, to me, are the most dangerous folks. There is a certain amount of privilege that comes from identifying as an ally. You get the warm fuzzies from supporting someone or an entire community that is "different." You get to support without fear of consequences or retaliation. You get to be your awesome benevolent self without the risk!

An accomplice, however, recognizes the risk and welcomes it. I met a white guy over the summer who, for me, epitomizes an accomplice. Jeff (not his real name) spoke of the times he has been written up and had his career threatened because he speaks truth in spaces where his privilege grants him access to everything. He recalled an instance where he was an accomplice and wound up with an HR issue that resulted in some unflattering information being placed in his file. Imagine that! A white man who is willing

to take the risks and the consequences of being an accomplice to people of color and other marginalized identities. Jeff doesn't limit his accomplice activity to his job. He recently wrote on the sidewalk in front of his house "Ask me y I believe #BlackLivesMatter." That's the work of an accomplice. Risk looks very different for people. It could be the loss of a job, loss of social connection, or some sort of retaliation for speaking out. Taking on risks means there is a much deeper connection between you and the identities you are advocating for.

Now before the allies reading this get inside their feelings, let me be clear. There is enough work for all of us. Those of us who are, on a daily basis, trying to survive, are exhausted and we need allies and accomplices. But the way I see it is, accomplice is the evolution of the ally identity. If you identify as an ally, are you willing to put yourself on the line and take some risks to be an accomplice? That's a question that only you can answer.

Follow me @ctshim71



TransKY ADVOCATE

by Tuesday G Meadows



2015 Year End Review for the Transgender Community

“But I’ll just keep on rollin’ along with the grace from the Lord above.”
Heart Breaker, Led Zeppelin

For the transgender community, 2015 was a bag of mixed blessings and emotions. Certainly the trans community as a whole had more visibility than ever before. The marriage equality ruling by the Supreme Court helped the whole LGBTQ+ population, including the “T.” Unfortunately, there was also a lot of pushback, both nationally and locally, against those gains. So, my take on the highlights:

Entertainment: Jeffery Tambor won an Emmy Award for Best Actor for his portrayal of a transgender woman on the hit show *Transparent*, and the show itself won the Golden Globe for best TV series. Several movies had transgender characters as their main focus, including the movies *About Ray* and *The Danish Girl*. However, they continue to use predominantly non-trans actors to play trans characters. On the other hand, there is Oscar buzz about Mya Taylor being the first transgender actress to get an Oscar nomination for her work this year in the film *Tangerine*. Caitlyn Jenner’s show *I am Cait* created the most buzz, but television had other reality shows centered on the transgender experience with real transgender people, like *Becoming Us* and my favorite of these,

I Am Jazz, with teen Jazz Jennings.

Caitlyn Jenner: It would be hard not to talk about the year in review for the transgender community without specifically mentioning her. In addition to reality TV, she was also named the Glamour “Woman of the Year” and the winner of the ESPY “Arthur Ashe Courage Award;” she brought lots of attention to the transgender experience. She is no doubt, good or bad, the most visible transgender woman to date.

Religion: The Southern Baptist Convention re-affirmed their anti-transgender stance, and held a symposium in Louisville this year entitled “Transgender Confusion and Transformational Christianity.” I guess that whole “love thy neighbor” business must not be a priority anymore.

Suicide: Closely related to religion and family

non-acceptance, suicide in the transgender community has remained front and center all year, since young Leelah Alcorn took her own life at the end of 2014. She brought a lot of attention to the dangers of so called “conversion therapy.” Her dying words ask us to “Fix Society.”

Politics: Unfortunately, fixing society is a slow process. In the political realm, it was “restrooms, restrooms, and more restrooms,” according to conservative politicians. Six states had proposed “Bathroom Bills” to discriminate against transgender individuals. One of these “strawman” attacks came right here in Kentucky as a bill was introduced in our senate to offer a monetary bounty for citizens tattling on transgender individuals using the restroom of their true identity.

Violence: There have been a record number of reported murders of transgender individuals in 2015; the last reported figure was 24 year-to-date. Most of these murders were of transgender women of color. Reports say that while violence has increased for transgender individuals as well, law enforcement continues to actively refuse to categorize these as



Leelah Alcorn illustration

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hate crimes. According to The National Coalition of Anti-Violence Programs, LGBTQ hate crimes have been down across the board, but there has been a disproportionate increase in crimes against transgender women, especially those of color.

Medicine: Many hospitals across the country continue to improve care for transgender individuals. Research has made some discoveries of biological reasons that some of us are transgender. Insurance coverage to pay for necessary Gender Confirming Surgery continues to expand. However, there are still many challenges as transgender women are the fastest-growing group to be diagnosed with HIV.

Personally, I have had many ups and downs in 2015. I will always remember 2015 as the year that I lost the great love of my life when my wife succumbed to cancer. However, there have also

been some inspirational moments. In Lexington, we had two nationally renowned transgender

hopeful that we will get the Gender Advocates of Kentucky (GA OK) advocacy group up and



Marisa Richmond

speakers come to UK; both Kristin Beck and Marisa Richmond gave talks that were captivating. I was also fortunate enough to have participated in the TEDx Talks at UK with my “What if we could pick our own gender” talk. Looking forward, I am

running.

You may write me at Tmeadows828@gmail.com or follow me on Twitter Tuesday Meadows @trishgigi. Now Tuesday is gone with the wind.



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A NEW YEAR, A NEW YOU!

by Chef Ranada West-Riley



It's a new year. I can be lumped into the crowd that has countless resolutions that usually fall to the wayside within a couple of months, or even weeks. They say that the older we get, the harder it is to change. I've always been one that's been open to change, always ready to make a better version of myself. It takes work and plenty of dedication.

Change is tough, especially change that pertains to eating less. For a chef, this is like sticking hot poker in my eyes. Luckily, I have a trainer who tells me that's not necessary. She believes that I should eat more often, just more health conscious and smaller meals. I like the sound of eating more often. As a chef, we often eat like 12 year old boys: Doritos, Ale8, and Twizzlers with a side of bacon. So... here's the breakdown of my trainer's instructions on how to jazz up some salads to start the new year off right. Cheers to a happy and healthy new year!

1. Change the Greens

Romaine and iceberg can get old—mix it up a little with spinach, mixed baby greens, or arugula. Try something different; bibb or boston lettuces are nice as well.

2. Dress it Up

Add a different dressing and completely change the character of a salad. Olive oil and vinegar is convenient, but a basic vinaigrette is easy to modify with different spices. Or go exotic with a coconut-milk ranch dressing or a spicy Thai almond-butter sauce. Add a little dijon and local honey or aged flavored vinegars.

3. Crunch

The fun part about eating salad is enjoying all the different textures. Salad vegetables can be crunchy, but it's fun to experiment with toppings. Try some roasted nuts, crispy pork rinds, or even just raw cabbage. Bean sprout, craisins, baked wontons, and so on, and so on...

4. Sweeten

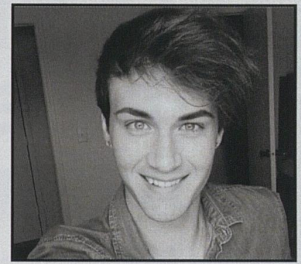
The beauty of salad is that a little sweetness goes a long way, so you can get a nice sweet flavor in your whole meal without dumping on a huge pile of sugar. Suggestions are to either use honey in the dressing or add some fruit—berries, pears, peaches, or citrus would all work well, depending on what you're working with.



HAPPY BEING HEALTHY

by Angel Algarin

New Year's Reality



New Year's Resolutions are goals I've learned to love and hate over the years. As a regular gym goer, this time is the worst, as the gyms become crowded with people trying to bring in the new year with weight loss. Interestingly enough, the crowd itself doesn't bother me; in fact, it energizes me. What does bother me, though, is knowing that after a month, over half the people in that gym will disappear. With this in mind, I wanted to write an article that teaches people how to set goals that they can keep.

- Start small. It is ok to have a goal of losing weight, but have smaller, more precise goals to make this change. An example may be going to the gym at least 3 times a

week for 30 minutes. Then once you have that goal down, move on to another related goal like going to the gym at least 4 times a week for 45 minutes.

- Change one thing at a time. Try giving up unhealthy habits and adding healthy ones one week at a time. An example may include cutting down on sugary drinks and instead drinking six glasses of water a day. Then the next week, in addition to water consumption, add something else, like eating out only once a week.
- Accept minor setbacks. Part of change is that sometimes we have a slip-up. Most people let this end their goal. By accepting early that you may have a setback, you

can plan for how you will continue toward your goal afterwards. It's just like the saying, "If you fall off the horse, you get back on and try again."

- Have a support system. Make sure you let the people who surround you know about your goals and ask them to hold you accountable. By having a support system, it can make your goals that much more attainable.

By using these tips, you can change a New Year's Resolution into a New Year's reality!



AROUND THE LIBRARY

reviewed by Ashley McGraw

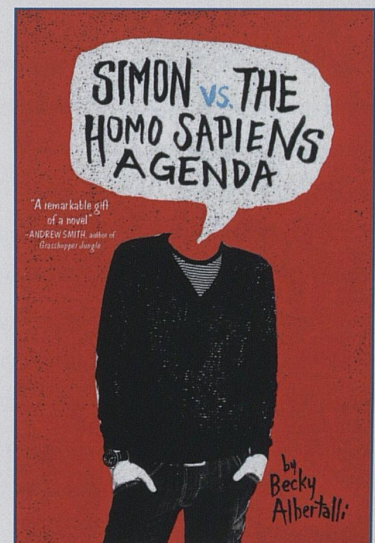
Simon vs. the Homo Sapiens Agenda, written by Becky Albertalli

S*imon vs. the Homo Sapiens Agenda*, a novel by Becky Albertalli, is about Simon, a teenaged boy who is gay but hasn't come out to his family or friends. The only person he has



told is a guy named Blue who he chats with on the school website. Simon and Blue develop a relationship over the course of the novel but do not

know each other's true identities. Also, one day, Simon forgets to sign out of his chat with Blue and is then blackmailed by another student. Simon does come out to his family and friends and navigates through their responses. The reader and Simon find out Blue's true identity towards the end of the novel. But it does not end there; we also see what happens after they meet. This novel is well-rounded and the characters are fleshed out well. A great read for everyone! This book can be found in our YA Fiction section.



LinQ

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2015 YEAR IN REVIEW FOR LEXINGTON'S LGBTQ COMMUNITY

by the PCSO Board

FEATURE

2015 has been a banner year for the LGBTQ community, both nationally and locally. Arguably, the most historic event occurred on June 26, 2015, when the Supreme Court of the United States handed down the long-awaited ruling on marriage equality. Same-sex marriage became legal across the land all at once! Of course, as with all silver linings, there have to be a few dark clouds. One of the biggest dark clouds in the entire United States shadowed Kentucky, as Rowan County clerk Kim Davis publicly announced that, in spite of the Court's ruling, she would not issue marriage licenses to same-sex couples. From the clerk's office to courtrooms to the jailhouse and rallies, Kim Davis persisted in her refusal to follow the law, and as we enter 2016, we can be sure that we have not heard the last of her.

Here's a rundown of some other events and news that affected our local LGBTQ community in 2015:

January: The Kentucky State Senate approved a bill that offered a \$2,500 reward for reporting a transgender individual using what they deemed "the wrong bathroom." This was later called "the bathroom bully bill" by LGBTQ activists. Thankfully, it died when the Democrat-controlled House refused to vote on the bill.

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February: After the suicide of transgender teen Leelah Alcorn, Lexington held a "Fix Society Rally: For Leelah's Law" that called both for more transgender-inclusion and making so-called "conversion therapy" illegal. Several speakers, including the President of the University of Kentucky, Eli Capilouto, addressed the audience of over 300 supporters, making history as the first public university president to address a transgender-centered event. Although much work is left to be done on this issue, both nationally and at home, late in 2015, Cincinnati became the first U.S. city to ban conversion therapy for youth.



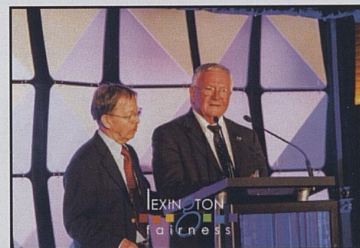
April: AJ Allen Montrese and Phoxee Esparanza Roxx were crowned Mr. and Miss Lexington Pride. Also in April, Lexington held its annual "Take Back The Night" march to raise a unified community voice with survivors of violence.

May: The University of Kentucky created the Office of LGBTQ* Resources, which replaced

the student-run Outsource, and named Lance Poston as its first director. Also, Lexington GSA held their annual Pride Prom for LGBTQ youth, with over 65 youth in attendance!

June: CompanyQ presented an original play named *Ripples*, which deals with teen suicide.

Also, the Imperial Court of Kentucky held their annual coronation, in which Kali Dupree was named Empress XXXIV. The night before Pride, Lexington Fairness held their eighth annual Fairness Awards, and Lexington drag



icon LaToya BaCall retired, giving a final performance at The Bar Complex. The next day, following on the heels of the Supreme Court's ruling on marriage equality, Lexington's Pride Festival had a record and very enthusiastic crowd estimated at over 25,000. At the festival, the Gay and Lesbian Service Organization (GLSO) announced that it was officially changing its name to the Pride Community Services Organization (PCSO). The day after the festival, Bluegrass Black Pride hosted Ebony Wellness, a panel discussion focusing

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the wellbeing of black LGBTQ individuals.

July: After the marriage equality ruling, a group of interfaith churches held a program, "Draw The Circle Wide," where same sex-couples' unions were blessed. Also, the Kentucky Department for Public Health and Heartland CARES presented a program for prevention education and direct delivery of services to people living with HIV/AIDS.

August: The PCSO hosted the Kentucky LGBT Rural Summit, sponsored by the USDA, the National Center for Lesbian Rights, and The True Colors Fund. Chris Hartman of the Fairness Campaign, along with several others, were arrested at the Kentucky State Fair after peacefully protesting the Kentucky Farm Bureau's discriminatory policies. Toward the end of the month, the PCSO held the Pride Community Prom, Lexington's first adult pride prom, giving individuals a second chance to attend a prom as their true selves and to bring the date of their choosing.

September: SisterSound, the Lexington Women's Chorus, began their 20th Anniversary year, and AVOL held their fifth annual Dine Out For Life fundraiser.



October: Transgender Activist and Congressional candidate Kristin Beck spoke at UK. Her talk was sponsored by the PCSO and UK's office of LGBTQ* Resources, and

was made possible through a grant from JustFundKy. A week later, JustFundKy presented the Kentucky premier of the movie *Pride* at the Kentucky Theater. Later in the month, the Senior Pride Initiative held its annual conference on healthcare for senior LGBTQ individuals and had competency training as well.

November: Bluegrass Black Pride hosted their second annual honors banquet. With a record number of transgender murders in 2015, UK's Violence and Prevention Center and the office of LGBTQ* Resources presented Marisa Richmond, a transgender activist, as the speaker for the Transgender Day of Remembrance observance. Other Transgender Week of Remembrance activities included a dinner, story circle, and the annual Transgender Day of Remembrance candle-lighting ceremony, which were hosted by Zoey Peach from Transylvania University and Theo Meacham from the PCSO/Company Q.



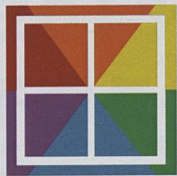
December: As it happens every year, there were many fundraisers and other events, including AVOL Kid's Christmas, Christmas As One, and Lexington Pride Festival's first major fundraiser, A Very Fairy Christmas, which helped raise money for Lexington's various local LGBTQ supportive non-profits. Most of the local organizations rely on donations from individuals in order to operate, and Lexington

is very supportive and a very good community for LGBTQ individuals to live.

As we move forward into 2016 and beyond, there is still more we need to come together and fight as a community. Nationally, several states such as Indiana, passed bills like their Religious Freedom Restoration Acts which made it legal for businesses to discriminate against LGBTQ individuals. Later, after a backlash, Indiana amended their Act. In Houston, the 4th largest city in the U.S., the community rescinded their anti-discrimination ordinance when it was voted on by the citizens after a very nasty battle where the "men in womens' bathrooms" argument was used as the right-wing strategy. Later in the year, a court ruling gave many colleges a reprieve from Title IX on the grounds of religious freedom, which may cause major discrimination to occur in the future. Fortunately, however, the federal government still leads the way in fighting against LGBTQ discrimination in employment and housing, with the Obama administration trying to amend the 1964 Civil Rights Act to include LGBTQ individuals. The administration also appointed the first senior official as envoy to advance LGBTQ rights around the world.

So, yes, you can say that 2015 was overall a very good year for the LGBTQ community, with the marriage equality ruling by the Supreme Court, but as we all know that there are many more battles to be fought in our quest for total equality. 2016 will be another challenging year, but hopefully, another banner year for our entire community as well.





Lexington PRIDE

▪ F E S T I V A L ▪

by Katherine Wilkie Kennedy, 2016 Lexington Pride Festival Chair



Vo I - L A - L A - L A - L A A A
LA-LA-Lon-teers!

As the holiday season wraps up and we begin the New Year, it is time to 'round the bend and see the 2016 Lexington Pride Festival in our very near future! Is it your New Year's Resolution to meet new people? Donate time? Have fun and expand your horizons? The work that goes into the Lexington Pride Festival is not simply one day a year and we would LOVE to have your help! There are opportunities for any age, at any time, any day of the week in categories such as:

- Sponsorship – Help us on the streets or on the phone!
- Activities – Families are especially important to us. The Activities committee would be honored for your help planning our special day for all ages!
- Fundraising – We have Pride fundraisers that always need bodies and planning at least once a month from January to June!
- Vendors – We had almost 100 Vendors last year.... Are you organized and like detail-oriented tasks?

- Social Media – Help us brainstorm creative and different posts to draw users to Facebook, Twitter, and Instagram!
- Marketing/Advertising – Do you like design and the arts? Come play around on our in-house computers and help us reach the community and beyond!

As the great Booker T. Washington said, "In proportion as one renders service he becomes great." Email volunteers@lexpridefest.org to help us be great this year!



LET'S CHANGE THE WORLD. BUT FIRST... COFFEE.



LussiBrownCoffee.com
Coming Soon to Lexington

LEXINGTON RAINBOW BOWLING LEAGUE

Spring Open Enrollment



**RAINBOW
BOWLING LEAGUE**

The Rainbow Bowling League just wrapped their Fall season of bowling and had one of their most successful seasons yet! With 10 teams consisting of over 30 bowlers and five sponsors, they were able to have a prize fund for all bowlers and their own t-shirts for the entire year.

With wrapping the Fall season, the RBL now looks to open enrollment for the Spring season that starts on Monday, January 11, at 6:30 p.m. at Collins -Eastland Bowling Center to meet everyone and learn about the upcoming season. This will be our

Meet and Greet Night and bowling will be free that night.

Open Enrollment will continue until the start of bowling on Monday, January 18, at 6:30 p.m., and last for 13 consecutive weeks. You may choose to pay weekly by cash or up front for the entire season on the first week by credit card.

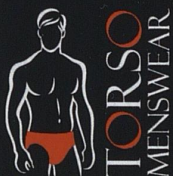
It doesn't matter if you have a team of three or not! This is a great way to make new friends, come out of your shell, and stay active. This is NOT just for LGBTQ individuals, as this past season we were

about 50/50. We do this for fun and it's a great outlet to network with a wide variety of individuals in our local community!

For more information of if you have any questions, feel free to contact us on our Facebook page or call/text Brad at (270) 404-0211. Our Facebook page is facebook.com/LexingtonRainbowBowling!



**SANTA'S GONE
THE SALE IS ON**
Shop the After Christmas Sales



Buy One, Get One 1/2 Price Sale!

(Offer Excludes \$15.99 to \$19.99 Clearance Items - Sale Ends January 16th!)
Located at 214 W Maxwell Street in Lexington. Open 12-7pm M-F; 10-6pm Sat

SisterSound CELEBRATES 20TH ANNIVERSARY SEASON!



SisterSound, the Lexington Women's Chorus, celebrates 20 years of making beautiful music together by presenting "A Celebration of Women in Music." The chorus will perform many songs, either written by women or made famous by women, including

at Lexington Christian Academy, 450 W. Reynolds Road, Lexington. Tickets are \$10 for adults and \$5 for children age 4 to 12, while those 3 and under are admitted free. Tickets are available from SisterSound members or at the door. Need tickets and haven't crossed paths

from 5:00-6:00 p.m. with rehearsal to follow until 8:00 p.m. in the choir room at Centenary Methodist Church, 2800 Tates Creek Road, Lexington. Come and join in the fun! Can't make the first rehearsal? Come the following week at 6:00 p.m.



Change of Heart, Angel, Roar, Skyfall, Mountain Song/Kentucky Woman, Get This Party Started, and You Don't Own Me. Additionally, SisterSound will welcome to the stage Sounding Joy, the Danville Women's Chorus, for a special performance under the direction of Barbara L. Hall.

Join SisterSound for their Winter concert on Saturday, January 16, 2016, 7:00 p.m.,

with a SisterSound member yet? Call 859-263-0702.

Are you interested in singing with SisterSound? New members are always welcome. All you have to do is be female, 18 years of age or older, able to match pitch, and enjoy singing with other women. Rehearsals for the Spring concert start on Sunday, January 24, 2016. We will have a "Meet and Greet"

Are you a former SisterSound member? SisterSound would love to have you back singing in all or part of our Spring Concert. If you are interested, please give Patti a call at 859-806-0243 or check out the rehearsal schedule on our website.

Save the date for our Spring concert, Saturday, June 4, 2016, 7:00 p.m., at Lexington Christian Academy, 450 W.

Reynolds Road, Lexington.





SisterSound

The Lexington's Women's Chorus
Presents

A Celebration of Women in Music

A 20th Anniversary Season Concert

Saturday, January 16, 2016
7:00 pm

Lexington Christian Academy
450 W. Reynolds Road
Lexington 40503

Tickets are
\$ 10 Adults
\$ 5 ages 4-12
Free 0-3

Available from
SisterSound members,
at the door,
or call 859-263-0702

www.SisterSound.org

HopePositive STARTS MEETING AT PCSO CENTER

HIV and AIDS are no longer considered a death sentence. With recent medical advances, they have been downgraded to a completely manageable, chronic condition with infected individuals having similar life expectancies to non-infected individuals. However, stigma remaining from the early years of the epidemic prevents many HIV-positive individuals from maintaining a healthy life. Yes, they are living, but are they really alive? Internalized shame and perceived stigma prevent many infected individuals from

achieving the life they are capable of living. Infection can result in the loss of socioeconomic status, friendships, employment, and many other aspects of a person's life. Support is paramount for HIV-positive individuals to live and maintain a healthy life. Stigma and fear should not prevent people from living healthy, well-adjusted lives. If you are HIV-positive or living with AIDS, and find that you are lacking the social and emotional support that you need, check out Hope Positive, a place where you will find encouragement, strength, and hope.



**Mondays at 7:30 p.m.
beginning January 4, 2016
Pride Community
Services Organization
389 Waller Avenue,
Suite 100
Lexington, KY
HopePositive@gmail.com
(440) 703-0050**



Mendy J Daniels
Licensed Clinical Social Worker

Carmella Yates, PhD
Licensed Psychologist

danielsyatesassoc@gmail.com
859-523-6466

1025 Dove Run Road; Suite 210
Lexington, KY 40502

www.danielsyatesassociates.com



**Daniels, Yates, & Associates
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PROTECT YOUR CHILDREN

from harmful toxins in cigarette smoke & strong scents

DID YOU KNOW?



Thirdhand smoke is left behind in places where people have smoked cigarettes.

Thirdhand smoke and strong scents increase the risk of SIDS for infants and can cause other health problems in children (asthma, respiratory problems, ear infections, bronchitis).

Dangers of exposure for adults include: higher risk for heart disease, stroke and other smoking-related diseases.

Exposure aggravates existing asthma and allergies.

For more information about smoke-free & scent-free child care, contact 859-288-2457 or visit www.lexingtonhealthdepartment.org.

Find us on Facebook or follow us on Twitter @LFCHD.





Susan G Komen Community Outreach Groups
at the Go Red For Women Luncheon



A Very Fairy Christmas
Miss LexPride 2014
Mya Pinion St. James

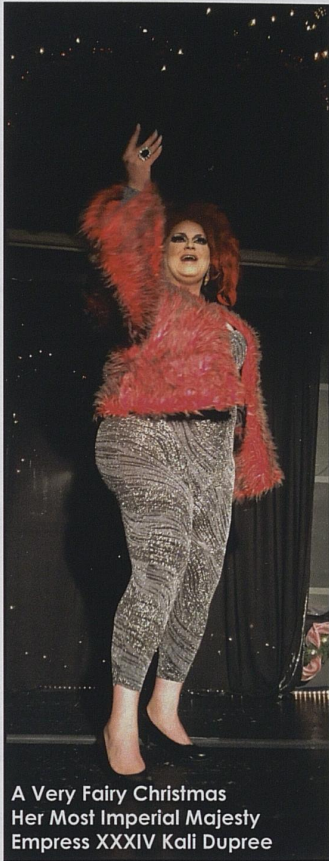
OUT & ABOUT



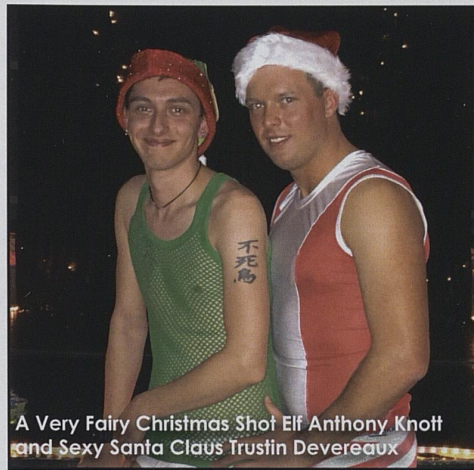
The performers at the annual ICK fundraiser to
support AVOL and their Toys for Children
affected by HIV and AIDS



Volunteers from AVOL and ICK help shop
for toys that will be donated to children
from families affected by HIV /AIDS



A Very Fairy Christmas
Her Most Imperial Majesty
Empress XXXIV Kali Dupree



A Very Fairy Christmas Shot Elf Anthony Knott
and Sexy Santa Claus Trustin Devereaux

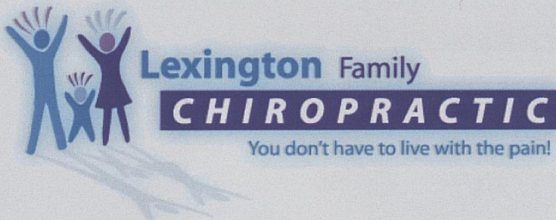


A Very Fairy Christmas
Miss Aurora Cummings



A Very Fairy Christmas
Miss Mary Christmas 2015
JoDee Monroe

Still Stressed From The Holidays? We Got Your Back!



131 Prosperous Place Suite 15A
Lexington KY 40509
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In business since 2005

We treat back pain, neck pain, headaches,
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Most major insurances accepted

Our warm and friendly environment,
coupled with our treatment expertise,
will get you feeling better fast



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We offer Swedish Massage, Deep Tissue Massage,
Hand and Foot Massage & Couples Massage

Expert and experienced therapists dealing
with acute and chronic pain and injuries

Our beautiful relaxing environment
will give you that break you need

Mention discount code "PCSO" during January and get
\$10 off your next 60 or 90 min. massage (one-time use only)



PFLAG
Central Kentucky
St. Michael's Episcopal Church
2025 Bellefonte Drive
Lexington, KY

Tuesday, January 12 • 6:30 to 8:30 p.m.

A lively presentation about ancient and modern thought regarding sexual orientation and gender identity from Hindu, Muslim, Christian, and Jewish perspectives. Ancient thinking was more modern than you imagine! Presented by Shana Sippy, teacher of Religion and Gender Studies at Carleton College.

Tuesday, February 9 • 6:30 to 8:30 p.m.

Several members of TransParentLex will join us to discuss their experiences supporting and advocating for their transgender children and teens. TransParentLex provides support, information and resources for families in transition. Our presentation and Q&A takes place the first hour, followed by our confidential support group meeting. We welcome LGBTQ persons, their family members, friends and allies, and all who share our vision of acceptance, respect, and equality.



Clinton M. Nowicke, M.S.
Licensed Psychological Associate



lgbtaffirmative@gmail.com
(859) 982-9453

**Specializing in LGBT-affirmative
and transition-related therapy**

FAYETTE GALLERY

NEW LOCATION!

French Quarter Square, 2573 Richmond Rd., Lexington, KY

859-272-7111 Mon-Sat: 10a to 6p Sun by appointment

AFTER HOLIDAY SPECIALS!!

All month of January! Don't forget to mention this ad!!

- Proud Supporters of Kentucky Artists!***
- Oils, Acrylics, Watercolors, pastels, Photography***
- Full Service Framing with 5,000+ Frame Options***
- Same Day Framing Available***
- A Rainbow of mat colors, fabrics & textures***
- Professional Installation & Delivery***
- Shadowboxes***
- Jerseys***
- Canvas Stretching***

January Calendar & Directory

*All meetings are hosted at the PCSO Pride Center unless noted with **

Saturday, January 2	7:00 p.m. Senior's Bistro
7:30 p.m. TransKentucky Meeting	(Potluck)
Sunday, January 3	6:30 p.m. Team Lex Volleyball *
6:30 p.m. Team Lex Volleyball *	
Monday, January 4	7:00 p.m. Hope Pozitive Support Group
7:00 p.m. Hope Pozitive Support Group	7:00 p.m. Lexington Rainbow Bowling League Night *
Wednesday, January 6	5:00 p.m. Richmond's Alphabet Soup Support Group *
7:00 p.m. "Heart To Heart" Discussion Group	7:00 p.m. "Heart To Heart" Discussion Group
Thursday, January 7	6:30 p.m. PCSO Board Meeting
Friday, January 8	5:30 p.m. PCSO Librarians Meeting
Saturday, January 9	4:00 p.m. PCSO Librarians Meeting
9:00 p.m. Kentucky Bourbon Bears Board Meeting *	
Sunday, January 10	6:00 p.m. Imperial Court Meeting
6:30 p.m. Team Lex Volleyball *	
Monday, January 11	7:00 p.m. Hope Pozitive Support Group
7:00 p.m. Hope Pozitive Support Group	7:00 p.m. Lexington Rainbow Bowling League Night *
Tuesday, January 12	6:30 p.m. PFLAG Meeting *
Wednesday, January 13	5:00 p.m. Richmond's Alphabet Soup Support Group *
7:00 p.m. "Heart To Heart" Discussion Group	
Thursday, January 14	7:00 p.m. LexPrideFest Sponsorship Sub-Committee Meeting
Friday, January 15	LinQ Submission Deadline

COMMUNITY & SOCIAL GROUPS

24-Hour Crisis Line	1-800-929-8000
24-Hour Teen Crisis Line	1-800-999-9999
AA/Alcoholic Teens	859-277-1877
Alcoholics Anonymous	859-967-9960
Arbor Youth Services	859-254-2501
Council for Peace and Justice	859-488-1448
Fairness of Louisville	502-893-0788
Gay-Straight Alliance, Teens	859-221-4396
"Heart to Heart" Discussion Group	859-253-3233
HOPE Pozitive	440-703-0050
Imperial Court of Kentucky	859-619-7521
KY Survivors Area of Narcotics Anonymous	859-253-4673
Lexington Fair Housing Council	1-866-438-8617
Lexington Fairness	859-951-8565
Lexington Human Rights	859-252-4931
Lexington Pride Festival	859-253-3233
National Suicide Prevention Lifeline	1-800-273-8255
PCSO Pride Center	859-253-3233
PFLAG Central Kentucky, Inc.	859-338-4393
PFLAG Louisville	502-223-1323
Rainbow Bowling League	270-404-0211
SisterSound	859-806-0243
Social Services, Lexington	211
TransParentLex	859-230-0409
TransKentucky	cassient@yahoo.com
Transgender Youth Family Allies	1-888-462-8932
Trevor Lifeline 24/7	1-866-488-7386
United Way	859-313-5465

COLLEGE STUDENT GROUPS

BCTC Gay-Straight Alliance	859-246-6365
Berea College ACE	859-958-3633
Centre College BGLA	859-238-5332
EKU Alphabet Center	859-622-5041
EKU Pride Alliance	859-622-1027
Morehead State University	606-783-2071
TUnity (Transy)	859-445-3822
UK LGBTQ* Resource Center	859-323-3312

RELIGIOUS GROUPS

Ahava Center for Spiritual Living	859-373-8910
Bluegrass United Church of Christ	859-233-0208
Embrace Fellowship	859-358-0580
Faith Lutheran Church	859-266-7621
First Presbyterian Church	859-252-1919
Hunter Presbyterian Church	859-277-5126
Lex Friends, Quakers	859-254-3319
Maxwell Street Presbyterian Church	859-255-1075
St. Martha's Episcopal Church	859-271-7641
St. Michael's Episcopal Church	859-277-7511
Unitarian Universalist Church	859-223-1448
Woodland Christian Church	859-266-3416

HIV / STD TESTING, SERVICES, & INFORMATION

AIDS Volunteers of Lexington (AVOL)	859-225-3000
Health Department, Fayette County	859-288-2437
Health Department, Woodford County	859-873-4541
HIV/AIDS Legal Project	502-584-1254
Moveable Feast	859-252-2867
Northern KY Region Health Department	859-341-4264
UK Adolescent Medicine	859-323-5643

Email your Group or Event information to us!
editor@pcsoky.org

Leather Night "BEST HARNESS CONTEST"



January 23rd @ 10:30pm

JELL-O SHOTS!
ENTERTAINMENT!
Proceeds to Benefit

CROSSINGS
Lexington

117 N. LIMESTONE
859.233.7286

