

FNS

FRONTIER NURSING SERVICE

Volume 83 Number 4 June 2008



FRONTIER NURSING SERVICE

US ISSN 0016-2116

TABLE OF CONTENTS

Introduction to FNS	1
The Journey - <i>Nathan Lee</i>	2
Frontier School of Midwifery & Family Nursing - <i>Dr. Susan Stone</i>	4
Field Notes - <i>Barb Gibson</i>	7
Beyond the Mountains - <i>Barb Gibson</i>	13
Footprints - Excerpts from <i>Wide Neighborhoods</i>	16
Old Staff & Courier News	18
Legacies - Excerpts from 1925 Meeting Minutes	19
In Memoriam	21
Urgent Needs	28

Cover Photo - "The Road Home" - Wendover

Frontier Nursing Service Quarterly Bulletin is published at the end of each quarter. Subscription Price \$5.00 a year for Donors/\$15.00 for Institutions. Periodicals postage paid at Wendover, Kentucky 41775 and at additional mailing offices. POSTMASTER: Send address changes to FNS, Inc. 132 FNS Drive, Wendover, Kentucky. Copyright FNS/Inc. All Rights Reserved. **The Frontier Nursing Service does not share its donor mailing list.**

Introduction to Frontier Nursing Service (FNS)

Mary Breckinridge spent her early years in many parts of the world - Russia, France, Switzerland and the British Isles. After the deaths of her two children, she abandoned the homebound life expected of women of her class to devote herself to the service of others, particularly mothers and children.

Mrs. Breckinridge established the FNS in Leslie County, Kentucky, in 1925, as a private charitable organization serving an area of 700 square miles. It was the first organization in America to use nurses trained as midwives under the direction of a single medical doctor/obstetrician, based at their small hospital in Hyden. Originally the staff was composed of nurse-midwives trained in England. They traveled on horseback and on foot to provide quality prenatal and childbirth care in the client's own home.

Today, Mrs. Breckinridge's legacy extends far beyond Eastern Kentucky. FNS, Inc. is the parent holding company for Mary Breckinridge Healthcare, Inc., Frontier Nursing Healthcare, Inc., which includes five rural healthcare clinics; Mary Breckinridge Home Health Agency and the Frontier School of Midwifery and Family Nursing which offers a Master of Science in Nursing degree with tracks as a Nurse-Midwife, Family Nurse Practitioner and Women's Healthcare Nurse Practitioner.

Mary Breckinridge's home, The Big House, located at Wenderover, is a licensed Bed & Breakfast Inn. For more information or reservations, call 606-672-2317 or e-mail: information@frontiernursing.org. You can also access our website:

Frontier Nursing Service - www.frontiernursing.org

The Journey

by Nathan Lee, President & CEO



As this issue of the *Quarterly Bulletin* reaches your mailboxes, the month of June will be upon us bringing summer, relaxation and vacations near to, or far from home. For my family and me, summer generally means a trip or two to the beach, more often than not on the low country coast of South Carolina. It means fellowship with friends, family, and loved ones. It means feeling at home, even away from home.

I've come to expect that same feeling during my travels for the Service all throughout the year. Just last week, I had the opportunity to meet with the New York Committee of the FNS over a delightful lunch in Manhattan. We conversed over a marvelous meal at the Cosmopolitan Club; the same club where Mrs. Breckinridge stayed during her own visits to New York to meet with the same committee. A club founded to give women an opportunity to meet and exchange ideas. It proved a homecoming, indeed, for an organization like the FNS, whose roots are in serving mothers and children. The atmosphere was no less warm

QUARTERLY BULLETIN

at the home of Beth Hadley, former member of the FNS Board of Governors, who invited the Washington, DC Committee into her home for lunch last summer. Folks, many of whom had never met but shared the common bond of the FNS, chatted like old friends at the Boston Committee meeting last fall. And plans to once again reunite our family both in Lexington and Louisville are already underway as the Bluegrass and Louisville Committees plan their annual events this coming autumn.

The work of the Frontier Nursing Service finds its base in the mountains of Leslie County, Kentucky. This is our history . . . our heritage . . . and the plan of Mrs. Breckinridge herself. But our home has a much larger footprint. Indeed, the home of the FNS is in the heart of each Courier . . . each alumnus . . . each foundation . . . and each friend and supporter who believes in the value of our work, both in the mountains and beyond.

The Journey continues, and it brings great comfort to understand that no matter where the work of the FNS leads me, I am always greeted with a warm smile, and a "welcome home."

If solid happiness we prize, within our breast this jewel lies.
And they are fools who roam; the world has nothing to bestow.
From our own selves our bliss must flow. And that dear hut - our
home. *-Nathaniel Cotton*

Family life is the source of the greatest human happiness.
-Robert J. Havighurst

**Frontier School of Midwifery & Family Nursing
(FSMFN) Update**

by Dr. Susan Stone, President & Dean

***Invitational Gathering - North American
Indigenous Birthing and Midwifery***

On May 5-8, Suzan Ulrich, FSMFN Chair of Midwifery and Women's Health, and I traveled to Rockville, Maryland, to attend an Invitational Gathering on North American Indigenous Birthing and Midwifery.

The meeting was planned as the result of a unique collaboration between Canada and the United States that is underway to work together on indigenous Maternal and Child Health issues with a current emphasis on birthing and midwifery. Participants from approximately 60 programs across North America working directly and indirectly to advance indigenous practices related to birthing and midwifery convened to share information. The objectives of the meeting were:

- 1) To distinguish training, accreditation, scope of practice, and licensure of North American midwives serving indigenous populations.
- 2) To understand the influence of traditional knowledge and unique and promising practices on birthing and prenatal care.
- 3) To begin to formulate opportunities for Canadian and US collaboration to strengthen indigenous midwifery in North America.

A lot of time was spent listening to short presentations from the different groups attending and sharing ideas about collaboration. Suzan and my contributions were focused on how we could educate more Native American and Alaskan Indian midwives

using our distance education model. We also discussed how our model might be developed in the remote regions to assist in the education of indigenous midwives. We learned a great deal about Native American birthing culture.

We learned about models of care that include both indigenous midwives and midwives educated through formal higher education and how they were partnering together to provide a higher level of care than would be possible with either one providing care separately.

We learned of the Canadian model of educating midwives in an undergraduate program with a four year Bachelor's Degree as the exit.

We learned of the pain of communities in remote Alaska and Canada who are transporting all women to large cities hundreds of miles from home late in pregnancy to await their births because there is no care available in their own small, sparsely populated communities.

We also learned of indigenous midwives opening birthing centers in remote northern provinces of Canada so that women can choose to stay in their communities and give birth.

There were many wise women and men attending the conference. It was a wonderful opportunity for a group of likeminded people to come together and problem solve some very difficult issues. I believe many good partnerships will spring forward from this effort. We were proud and happy to see several of our graduates as well as preceptors attending the meeting. These included:

Lisa Alee, CNM, a graduate of CNEP Class Four, who now works for the Indian Health Service at Northern Navajo Medical Center in Shiprock, New Mexico; Roberta Ward, a graduate of both CNEP and CFNP; Peachy Dougherty, CNEP Class 9 (a

FRONTIER NURSING SERVICE

proud member of the Cherokee Nation) who lives and works at the Chinle Midwifery Service in Oklahoma; Gina Cole, CNM (Kiowa and Comanche) a devoted preceptor who works with Peachy in Tahlequah, OK; Geraldine Simkins, CNEP graduate Class 14, who is the current President of MANA and Lisa Weston, CNM of Anchorage, Alaska, who will be precepting her first CNEP student in the near future.

Overall, the meeting was a wonderful experience designed for participants to learn and collaborate. We extend our appreciation to the Indian Health Service for their innovative methods of bringing people together to work towards solving difficult problems.



Front row: Suzan Ulrich, Lisa Aleen Gera Simkin. Back row: Peachy Dougherty, Gina Cole, Lisa Weston, Bert Ward, Dr. Susan Stone

QUARTERLY BULLETIN

Field Notes

On Page 11 of Field Notes in the last Quarterly Bulletin under "Telemedicine Funding", Mr. Kenneth Slone's last name was not printed.

Also, on Page 11 of Field Notes in the last Quarterly Bulletin, Anne Cundle was called FNS Nurse. Miss Cundle was in fact a Nurse-Midwife and we apologize for this oversight.

Mary Breckinridge Hospital (MBH) held its 5th Annual Easter Egg Hunt Friday, March 21st in City Park. Over 300 people attended the event.

Five MBH employees were recognized during Hyden-Leslie County Chamber of Commerce Annual Civic Night April 10th: The Hospital received an award for "Excellence in Service"; Lida McIntosh, Administrative Assistant, received an award for "Leslie County Citizen of the Year"; Nathan Lee, President & CEO, Mallie Noble, MBH Administrator, and Ben Peak, Director of Rural Healthcare Clinics, received awards from C.O.L.L.Y (County of Leslie Lifting Youth) for their support of the school-located clinic at Stinnett Elementary School.

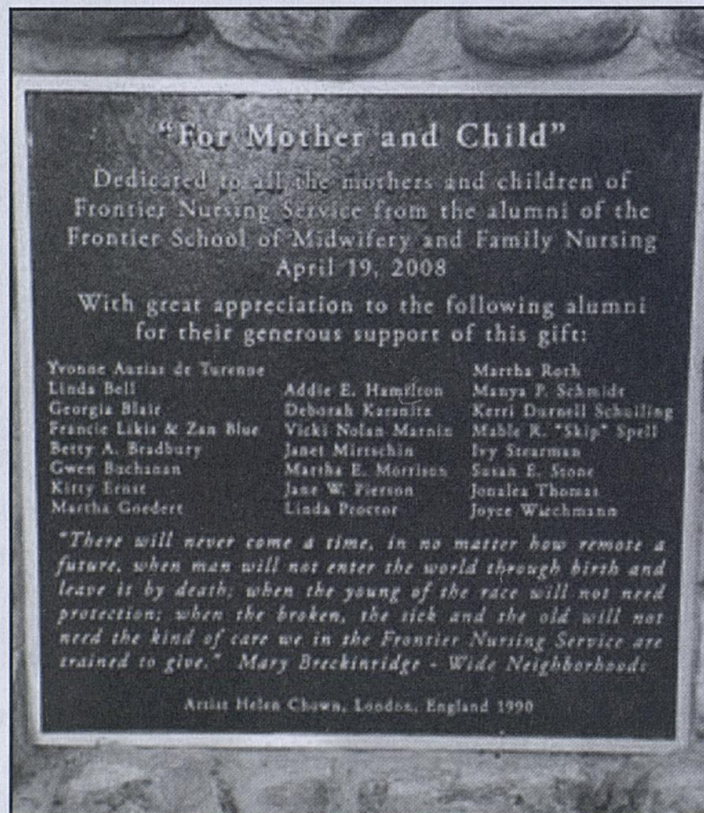
The MBH Medical Surgical Unit and Physical Therapy Department renovations have been completed.

Total weight loss to date at MBH is 2,584.6 lbs. The Employee Wellness Program will now include utilization of the newly renovated Physical Therapy Department.

FRONTIER NURSING SERVICE

On April 19th, the Board of Governors, Alumni of the Frontier School of Midwifery & Family Nursing (FSMFN), faculty, staff and community members gathered at the Mary Breckinridge Hospital to dedicate the "For Mother and Child" Sculpture. The dedication was part of a very special celebration of the Pioneer Alumni Weekend in Leslie County, Kentucky.

The sculpture serves to memorialize through art the history of FSMFN students that established and sustained the extraordinary demonstration of nursing and midwifery practice at the FNS. Throughout 2007 Kitty Ernst, Mary Breckinridge Chair of Midwifery, led the Alumni Association in a campaign to purchase, transport and mount the sculpture at Mary Breckinridge Hospital. We want to extend our thanks to all the Alumni that contributed to the sculpture!



QUARTERLY BULLETIN

Dr. Susan Stone, President & Dean of FSMFN, welcomed everyone to this joyous occasion. Miss Jane Leigh Powell, Chairman of Board of Governors, commented that 80 years ago Sir Leslie McKenzie of Scotland spoke at the dedication of the Hyden Hospital and how history has been repeated with the arrival of the sculpture and its artist Helen Chown, both from the United Kingdom. Kitty Ernst read a congratulatory letter from the office of Queen Elizabeth.

Alumni attending the dedication were Kitty Ernst ('51), Betty Bradbury ('53), Alice Herman ('58), Edie Anderson ('68), Joyce Wiechmann ('68), Linda Bell ('76) and Darlene Ledwon ('87).



Left to right: Kitty Ernst, Dr. Susan Stone, Jacquie Chapman, Linda Bell, Darlene Ledwon, Alice Herman, Edie Anderson, Joyce Wiechmann

As part of Pioneer Alumni weekend, Alumni were able to see elk during an adventurous Saturday morning tour. Also, tours of the FSMFN, old Beech Fork Nursing Center and Wendover sparked many memories. The weekend concluded with a wonderful dinner at Wendover.

FRONTIER NURSING SERVICE

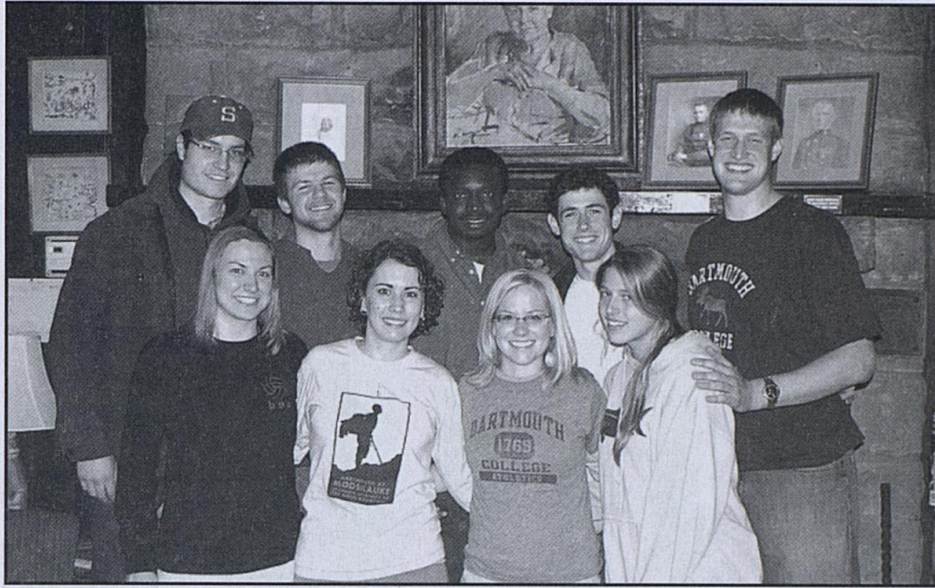
During March, students from three different Medical Schools came to Wendover for an exciting encounter with the FNS. They all had the opportunity to shadow providers at the Mary Breckinridge Hospital and rural healthcare clinics. They also helped out with community projects.

Former Courier, Laura Carr ('06) brought two of her fellow medical students from The University of Virginia Medical School. The students gave lessons about muscles and the heart to students at the Stinnett Elementary School.



Medical Students from the University of Virginia

First Year Medical Student Joanna Lopez of Dartmouth Medical School brought several fellow students to Wendover March 10-14. Besides shadowing, these students volunteered with local organizations including The Leslie County Food Pantry, C.O.L.L.Y (County of Leslie Lifting Youth) and the Adult Day Care Center. The Students also assisted Wendover staff with a Frontier Bound Dinner at The Big House. See photo on next page.



Medical Students from Dartmouth University

Second Year Medical Student Melissa Wisner from the University of Maryland brought several medical and nursing students to Wendover March 17th-20th. These students taught healthy habits in the Leslie County Public Schools and assisted with tasks at Wendover.



Students from the University of Maryland

FRONTIER NURSING SERVICE

The Annual Relay for Life was held Friday, May 16th at the Leslie County High/Middle School Football Field in Hyden. Staff at Mary Breckinridge Hospital participated in events and raised approximately \$1,500.00.



Ray Hubbard, Connie Hubbard, Pam Bowling, Lida McIntosh, Brenda Morgan - Relay for Life

From March 1st - June 1st, Wendover hosted a total of 1,256 guests. This number includes overnight guests, guests for lunch/dinner, meeting and special occasions.

Beyond the Mountains

New York City Committee Luncheon - May 7, 2008

Many years ago, Mrs. Breckinridge visited friends of the FNS in New York City and in other surrounding cities in New York. In 1927, Mrs. Breckinridge formed the New York Committee which has not been very active for several years. During May, Nathan Lee, FNS, Inc. CEO, Denise Barrett, Frontier School of Midwifery & Family Nursing (FSMFN) Director of Development and Alumni Relations and Barb Gibson, External Communications Coordinator, traveled to New York to re-connect with friends in the area who continue their interest and support of the FNS.

Tuesday, May 6th, Barb had dinner with former Couriers Sarah Bacon and LouAnne Roberts to discuss their involvement in the New York Committee. Wednesday, May 7th, The New York Committee Luncheon was held in the Private Dining Room of the Cosmopolitan Club where Mrs. Breckinridge held luncheons and meetings many years ago. The following friends attended the Luncheon and made comments about their time at FNS.

LouAnne Roberts, FNP, (Courier 2001) - LouAnne obtained her Nursing and Family Nursing Practitioner training from Columbia University. During 2006 LouAnne performed her clinicals with Heidi Froemke, FNP, at Mary Breckinridge Hospital.

Noel Fernandez (Social Worker Secretary 1950) shared her memories of driving FNS jeeps to visit clients. Noel recently published a collection of poetry about Appalachia, entitled *The Well String* published by Motes Books, P. O. Box 6034, Louisville, KY 40206 www.MotesBooks.com.

Sarah Bacon (Courier 1993) remembered that several years ago Barb Gibson introduced her to LouAnne Roberts and they have since shared great memories of Kentucky.

FRONTIER NURSING SERVICE

Olivia Hatch Farr (Courier 1974) commented that at the age of 17 she found herself disenchanted with school. With the blessing of the school's administration, she "escaped" to FNS in 1974! Oliva remembered transporting a family to the hospital in a vehicle called "The Thing" which had the floor rusted out.

Janet Brown Jussel (Courier 1971) commented that while in school she saw the *Forgotten Frontier* film and decided she wanted to come to the FNS. While at Wendover she lived in the Cabin which has since been torn down. Janet commented that she is most excited that the growth of the FNS continues to make the world a better place for women and children.

Selby Brown Ehrlich (Courier 1951 & Trustee 1983) commented that the last time she saw Mrs. Breckinridge she was standing in front of the elevator next to the Private Dining Room where the Luncheon was held. Mrs. Ehrlich met Mrs. Breckinridge at the age of twelve and wrote to Agnes Lewis at that time saying she wanted to come to FNS as a Courier.

Cynthia Branch Moss (Courier 1970's) remembers attending the delivery of a baby at FNS. She fondly remembers FNS during Christmas when gifts were delivered to the children from the "hollers".

Heidi McKinley (Alumni 1989) came to FNS during Autumn 1990 and said it has been "terrific".

Susan Rice has been with the Margaret Voorhies Haggin Trust for two years. The Trust has supported FNS since the early 1930's. In 1938, the Haggin Dormitory at the Frontier School of Midwifery & Family Nursing was built in Mrs. Haggin's memory.

Michelle Handelman (Alumni 1989) was a student in the last FSMFN class before the distance learning program started. She loves Kentucky.

QUARTERLY BULLETIN

Nora Brombard with the Harry & Roberta Salter Foundation, commented that her grandmother had a great love for the FNS and she carries on that love.

Lee Freeman Fox (Courier 1975) commented that she also remembered "The Thing". She became a public health nurse and credits a big piece of her life to her three-month experience as a Courier.

Angela King, faculty at Columbia University, performed her clinicals at FNS and later became one of LouAnne Roberts' instructors.

We extend special thanks to Ruth Lubic, member of the Cosmopolitan Club, for hosting the Luncheon. Mrs. Lubic is the Founder and President Emerita of the Developing Families Center and is Founder and Chair Emerita of the Family Health Birth Center, both in Washington, DC.

Hosting the Luncheon at the Cosmopolitan Club where Mrs. Breckinridge held meetings years ago, made this day even more special. It was truly amazing to sit in the same room where Mrs. Breckinridge had sat years earlier, carrying on the tradition of telling the FNS story to supportive friends.

FSMFN Receives Health Resources and Services Administration (HRSA) Grant

February 25-27, Dr. Trish McQuillin Voss, FSMFN Director of the Associate Degree in Nursing (ADN) to Masters of Science Nursing (MSN) Bridge Program and Denise Barrett, FSMFN Director of Development and Alumni Relations, attended a HRSA meeting where the FSMFN was granted \$700,000 for expansion of enrollment in the Bridge Program, introduction of retention programs for at-risk students, increase of diversity of the student body and the upgrading of technologies used by the School.

Footprints

Excerpts from Wide Neighborhoods

by Mary Breckinridge, Founder



When our work in the Kentucky mountains had gotten off to a start, my friends and relations began sending in checks just as I knew they would, bless them. Mrs. Henning opened her Louisville house in Cherokee Park for an autumn meeting. Afterward, many of the Kentuckians sent in their subscriptions, as did a scattering of friends from beyond Kentucky. Two of these, from the old C.A.R.D. (short for the American Committee for Devastated France) days, my chief, Miss Anne Morgan, and Miss Elizabeth Perkins, wrote me to come to New York right after New Year's Day, and have meetings at their houses. This I did. It was the first of the tours to which I have given from six to twelve weeks nearly every year since then. Although I have lived and worked in the mountains for more than a quarter-century, I have gone out periodically to report to our supporters in other parts of the United States - wherever some of them wanted me enough to arrange for meetings.

In New York we had wonderful meetings that January, not only at Anne Morgan's large house and at Perky's smaller one but at the Colony Club, through the courtesy of Isabella Breckinridge. We also held a meeting at Riverdale, sponsored by Mrs. Cleveland H. Dodge, Mrs. Archibald Douglas, Mrs. Francis Boardman and others. Riverdale formed a committee to back our work and started the first sewing circle to make layettes for our babies. This committee, small in number but great in loyalty, has maintained its own nurse in the Frontier Nursing Service from that day to this, sometimes meeting her support and that of her horse as well, sometimes falling below the full support but never failing to put out its own appeals and glean all it could from its own neighborhood.

While I was in New York, Mrs. Robert Lovett, wife of the distinguished surgeon, and another member of our old C.A.R. D., invited me to Boston for a meeting in her house. She got the meeting together, collected subscriptions afterward, took the first chairmanship of our Boston Committee, and enlisted the interest of Mrs. Draper Ayer, a cousin of mine through the Prestons, who gave us the money for our first outpost nursing center, the Jessie Preston Draper Memorial. Boston, New York and Riverdale provided our first three committees outside Kentucky. At the insistence of my cousin Anne (Mrs. Waring Wilson), we had our first meetings in Philadelphia but they were on the Main Line at Bryn Mawr and Rosemont.

In addition to my main engagements, I spoke to various clubs, churches, nurses, and other groups of people as I have done ever since. Among these, I recall particularly that I made my first talk to the Kentucky Women's Club of New York early in 1926. At none of these engagements did I ask anybody for money. I didn't even hint. This seemed to me then, as it does yet, the right approach. I was to sure my plan for remotely rural babies, children, and their mothers was practical that I backed it with all I had. The people to whom I spoke caught my enthusiasm by a sort of contagion.

Old Staff and Courier News

Vanessa Guy Etheridge, Sumter, South Carolina, wrote during February and said she plans on investigating the Frontier School of Midwifery & Family Nursing ADN to MSN Bridge Program in the near future. Vanessa reported that she spent time with former Courier **Julie Voelker ('04)** recently.

Linda Roe Karle (Frontier School of Midwifery & Family Nursing Graduate 1973) - recently delivered her 3,000th baby at the Southeast Alabama Medical Center where she has worked for the past 18 years. Mrs. Karle achieved a goal that few midwives can claim.



The *Quarterly Bulletin* Cover Page will no longer list the season. The Volume, Number, Month and Year will be listed. Listing the season can sometimes be confusing because each issue contains updates for three months prior to printing date.

Legacies

Excerpts from the first meeting of the Kentucky Committee for Mothers and Babies

On Thursday, May 28, 1925, at two-thirty pm in the Assembly Room of the New Capitol Hotel, a meeting was held to organize the Kentucky Committee for Mothers and Babies. The following are excerpts from minutes of this meeting:

. . . The meeting was called to order by Judge Edward O'Rear of Frankfort. The purpose of the meeting was stated and nominations for temporary chairman and temporary secretary were called for. Dr. A.J.A. Alexander of Woodford County was nominated as Temporary Chairman, and Mrs. W.H. Coffman of Georgetown as Temporary Secretary; both were unanimously elected.

. . . The roll was called by the Secretary, the following twenty-two members responding: Dr. A.J.A. Alexander, Mrs. A.J.A. Alexander, Mrs. Francis R. Beattie, Desha Breckinridge, Dr. Scott Breckinridge, Cabell Bullock, Mrs. Joseph Carter, Mrs. W.H. Coffman, Mrs. S. C. Henning, Mrs. Churchill Humphrey, Dr. Josephine Hunt, Miss Muriel Hopkins, Mrs. Preston Johnston, Mrs. Mary B. Maltby, Rev. Robert K. Massie, Mrs. Frank McVey, Miss Bessie McDonald, Miss Linda Neville, Judge Edward O'Rear, Dr. Alice N. Pickett, Mrs. E.S. Porter, Mrs. James Roberts, Rev. Charles W. Welch.

. . . The Chairman introduced Mrs. Mary Breckinridge who explained the purpose of the Committee. She cited statistics showing the mortality from childbirth in the United States to be higher than in any other civilized country with a correspondingly high mortality rate of infants in the first weeks of life. She showed that the sixteen other nations with a lower death rate had no better medical or nursing service than ours but that they all did have, what we conspicuously lack a large body of qualified midwives, trained and supervised. For although we also use midwives for

about thirty-five percent of our confinements, we have not brought them abreast of the times except in one or two large cities. So that while we could not conceive of eighteenth century surgery for young soldiers, we continue to supply eighteenth century obstetrics to our young mothers and have lost more women in childbirth in our history as a nation than men on the battlefield. And, over one hundred thousand of our youngest and most defenseless citizens pass annually from one dark cradle to another with hardly a gap between.

. . . Mrs. Breckinridge said that the system which has affected such marked reductions in maternal and infant death rate in the other countries, viz: that of substituting trained and supervised midwives for untrained ones, could effectively be used in meeting the needs of our isolated rural areas, especially as carried out in Great Britain with its similar language and tradition. She cited the figures of the Queen Victoria Jubilee Institute for Nurses, whose nurse-midwives in over fifty thousand confinements which they attended last year had a maternal death rate of only 1.4 per thousand - the lowest on such a large scale in the world. And she spoke of the marvelous work she had observed under the Scottish Board of Health, in the Highlands and Outer Hebrides. She said that with the permission of Dr. McCormick, Secretary of the State Board of Health, Leslie County had been selected for a demonstration of this system, to be carried out from special nursing centers where each nurse-midwife would give midwifery, nursing and public health care to an area no larger than she could handle well on horseback with not more than fifteen hundred people, stressing the prenatal period, the care in childbirth and after care of mother and baby, and the further needs of the young child and treating the other phases of public health nursing as valuable but secondary aspects of their work. She said that the nurses chosen for this work would need to have, in addition to their general hospital and public health training, a few months special preparation as midwives similar to that which she had obtained in England.

In Memoriam

These friends have departed this life in recent months. We wish to express our sympathy to their families, and our gratitude for their interest in our work.

Elisabeth Lloyd, 94, South Yarmouth, MA, passed away September 18, 2007. Mrs. Lloyd served as a Courier at FNS during the 1930's.

Joyce Eileen (Stevie) Stephens, UK, passed away February 20, 2008. Ms. Stephens was a nurse-midwife at FNS from 1948-1953 based at the Flat Creek Nursing Center. Georgia Ledford, former employee at the Flat Creek Nursing Center and friend of Stevie, recalls that Stevie's favorite horse was "Rex" who carried her to the Center on the darkest of nights without any guidance.

In Memory of:

The following people gave contributions to the FNS in memory of their friends or loved ones. The names in bold are the deceased:

Joseph Carter, III

Mr. Joseph Coleman Carter

Lillian Harney

Ms. Alicia Magee

Lucille Ryan Houck

Ms. Mary Ellen Houck

In Honor of:

The following people gave contributions to the FNS in honor of their friends or loved ones. The names in bold are the honorees.

Wade Mountz

Jane Leigh Powell

Susan Zator

Mr. Harry W. Merritt

FRONTIER NURSING SERVICE

FNS, Inc.

(the parent)

BOARD OF GOVERNORS

National Chairman

Miss Jane Leigh Powell, Ridgeland, SC

Vice-Chairman

Mr. Kenneth Tuggle, Louisville, KY

Treasurer

Mr. John Foley, Lexington, KY

Secretary

Mrs. Nancy Hines, Shepherdsville, KY

Board of Governors

Mrs. Rhonda Brashear, Hyden, KY

Dr. Michael Carter, Tumbling Shoals, AR

Mrs. Marion McCartney, Silver Springs, MD

Dr. Charles Mahan, Temple Terrace, FL

Mr. Michael T. Rust, Louisville, KY

Miss Mary Ethel Wooton, Hyden, KY

Honorary National Chairman

Miss Kate Ireland, Tallahassee, FL

Auditors

BKD, LLP, Louisville, KY

Trustees

Mrs. Tia D. Andrew, Wellesley, MA
Mrs. Steven L. Beshear, Frankfort, KY
Governor Steven L. Beshear, Frankfort, KY
Mrs. Ruth Beeman, Lexington, KY
Mrs. Heather Bernard, Hamilton, NY
Dr. Robert Botkin, Lexington, KY
Dr. Wallace Campbell, Pikeville, KY
Mrs. Juan Cameron, Washington, DC
Miss Anna Carey, Hyden, KY
Ms. Carlyle Carter, Needham, MA
Mrs. Charles M. Chapin, III, Oldwick, NJ
Dr. Holly Cheever, Voorheesville, NY
Mrs. Charles S. Cheston, Jr., Topsfield, MA
Mrs. John Dawson, Dover, MA
Mrs. John J. Dete, West Liberty, OH
Mr. Joseph C. Donnelly, York Harbor, ME
Mrs. Peter R. Ehrlich, Bedford, NY
Mrs. Noel Fernandez, Pomona, NY
Former Governor Ernie Fletcher, Frankfort, KY
Mrs. Laman Gray, Jr., Louisville, KY
Dr. John W. Greene, Jr., Lexington, KY
Dr. Joyce Fortney Hamberg, Southgate, KY
Dr. Horace F. Henriques, III, Lyme, NH
Mr. Frank B. Hower, Jr., Louisville, KY
Mrs. Kenneth C. A. Isaacs, Walpole, MA
Mrs. Donald E. Jones, Bellefontaine, OH
Mr. Clinton W. Kelly, III, Bethesda, MD
Mrs. Robert A. Lawrence, Dedham, MA
Mrs. Henry Ledford, Big Creek, KY
Mrs. Marian B. Leibold, Cincinnati, OH
Mr. Anthony Little, Hyden, KY
Mrs. Frances Luckett, Louisville, KY
Mrs. Theodore R.P. Martin, St. Louis, MO
Mrs. John Lambert McPhee, Potomac, MD
Mrs. E. Townsend Moore, Darling, PA
Mr. Wade Mountz, Louisville, KY
Mr. Spencer Noe, Lexington, KY
Mrs. Frank O'Brien, Jr., Boston, MA

FRONTIER NURSING SERVICE

Mr. Dean Osborne, Hyden, KY
Mr. Ed Parsons, Harlan, KY
Former Governor Paul Patton, Pikeville, KY
Mrs. Charles S. Potter, Grayslake, IL
Ms. Helen Rentch, Midway, KY
Mrs. John Richardson, Washington, DC
Mrs. Linda Roach, Lexington, KY
Mrs. George L. Robb, East Orleans, MA
Mrs. Georgia Hart Rodes, Lexington, KY
Mrs. Mollie B. Sizemore, Hyden, KY
Mrs. Joseph M. Smith, Dedham, MA
Mrs. Austin L. Smithers, Greenwich, CT
Mrs. Burgess P. Standley, Medfield, MA
Mrs. Robert N. Steck, Washington, DC
Mrs. Effie Stidham, Hyden, KY
Mrs. James W. Stites, Jr., Glenview, KY
Dr. W. Grady Stumbo, Hindman, KY
Mrs. Mary H. D. Swift, Upperville, VA
Mr. Richard Sturgill, Lexington, KY
Ms. Mary Frazier Vaughan, Lexington, KY
Mr. Elmer Whitaker, Lexington, KY
Mrs. Carrie M. Whitcomb, Oviedo, FL
Dr. Patience White, Bethesda, Maryland
Mrs. Pendleton P. White, Savannah, GA
Harvie & Nellie Wilkinson, Lexington, KY
Mrs. Dudley H. Willis, Sherborn, MA
Dr. Emery Wilson, Lexington, KY
Mr. Ray Wilson, Hyden, KY
Mr. George Wooton, Hyden, KY

Honorary Trustees

Mrs. Charles W. Allen, Jr., Glenview, KY
Mrs. Richard M. Bean, Lexington, KY
Mrs. Ralph E. Becker, Bethesda, MD
Mrs. Robert W. Estill, Raleigh, NC
Mrs. Gilbert W. Humphrey, Miccosukee, FL
Mr. R. W. P. Johnston, Lexington, KY
Mrs. Samuel E. Neel, McLean, VA
Mrs. James N. Rawleigh, Jr., Louisville, KY

QUARTERLY BULLETIN

Mrs. E. H. Scott Rumely, Birmingham, MI
Mrs. Ernest R. von Starck, Bryn Mawr, PA
Miss Margaret Watkins, Grosse Pointe, MI
Ms. Erskine P. Wilder, Barrington, IL
Miss Barbara Wriston, New York, NY

National Nursing Council

Ms. Mary Ellen Amato, Lexington, KY
Dr. Frances C. Dalme, Little, AR
Mrs. Albert T. Ernst, Perkiomenville, PA
Dr. Joyce Fitzpatrick, Cleveland, OH
Dr. Loretta C. Ford, Rochester, NY
Miss E. Jane Furnas, Phoenix, AZ
Miss Louise Griggs, Lexington, KY
Dr. O. Marie Henry, Cookville, MD
Mrs. Betty Huff, Hyden, KY
Miss Mary Lee Mills, Watha, NC
Ms. Barbara Nichols, Madison, WI
Miss Evelyn M. Peck, Columbia, MO
Mrs. Elaine Pendleton, Falls, PA
Dr. Marjorie Ramphal, W. Nyack, NY
Miss Christine Schenk, Cleveland, OH
Dr. Elizabeth Sharp, Atlanta, GA
Dr. Lillie M. Shortridge, Pleasantville, NY
Dr. Helen Tirpak, New York, NY
Ms. Joyce Wiechmann, Sylacaug, AL
Dr. Carolyn A. Williams, Lexington, KY
Mrs. Elsie Maier Wilson, Gainesville, FL
Ms. Cora Winthrow, Lexington, KY

FRONTIER NURSING SERVICE

FNS and Subsidiary Corporations

FNS, Inc:

Nathan Lee, *President & CEO*

Robert Besten, *Chief Financial Officer*

Sue Wells, *Director of Reporting & Treasury*

Barb Gibson, *External Communications Coordinator*

Beulah Couch, *Human Resources*

Starla Selby, *Controller*

Frontier School of Midwifery & Family Nursing (FSMFN):

Dr. Susan Stone, *President and Dean*

Dr. Julie Marfell, *Chair of Family Nursing*

Dr. Suzan Ulrich, *Chair of Midwifery & Women's Health*

Dr. Francie Likis, *Coordinator of Graduate Education*

Dr. Trish Voss, *Director of ADN to MSN Bridge*

Mary Breckinridge Hospital:

Mallie Noble, *Administrator*

Linda Craft, *Director of Nursing*

Frontier Nursing Healthcare, Inc. (Clinics):

Benjamin Peak, *Director*

Providers at Hospital and Clinics:

Sharon Adams, *CNM*

Linda Ahrens, *FNP*

Ferdousi Begum, *MD, Internist*

Karon Champlin, *FNP*

Anita Cornett, *MD*

Heidi Froemke, *FNP*

Sr. Joan Gripshover, *FNP*

Nargis Husainy, *Peditrician*

Laura Manns-James, *CNM*

Debi Karsnitz, *CNM*

Andrew Krasuski, *MD, OB/GYN*

Gabor Laufer, *MD, OB/GYN*

Larissa Miller, *PA*

Janessa Melton, *FNP*

Angela Mitchell, *FNP*

Srinivas Naval, *MD, Internist*

Sarah Noggle, *FNP*

Albina Nunez, *MD, Internist*

Brian Overbee, *FNP*

Deena Parsons, *CNM*

Clara Jefferis, *FNP*

Roy Varghese, *MD, Internist*

Mary Breckinridge Home Health Agency:

Willa Morris, *Director*

Form of Bequest

For the convenience of those who wish to remember the Frontier Nursing Service in their Wills, this form of bequest is suggested:

"I hereby give, devise and bequeath the sum of . . . dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky.

How Endowment Gifts May be Made

The following are some of the ways of making gifts to the Endowment Fund of the Frontier Nursing Service:

1. By specific gift under your Will - you may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.
2. By gift of residue under your Will - you may leave all or a portion of your residuary estate to the Service.
3. By life insurance - you may have life insurance made payable direct to the Service.

The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.

Contributions to the Frontier Nursing Service, Inc., are tax deductible under Section 501 (c) (3) of the Internal Revenue Code of 1954. Gifts of stock should be sent to:

Merrill Lynch
Attn: Travis Musgrave
301 East Main Street, Suite 1200
Lexington, KY 40507
859-231-5258

FRONTIER NURSING SERVICE

URGENT NEEDS

FNS has an urgent need for the items listed below and hopes that its friends will wish to contribute toward their purchase. We sometimes receive more gifts for a particular item than needed. In those instances, your gift will be applied toward another need.

Beech Fork Clinic at Stinnett (School-Located Clinic):

Audiometer	854.00
Exam Table	999.00

Christian Healthcare Center:

Atria 3100 Electrocardiogram Machine	3,235.00
--------------------------------------	----------

Emergency Department:

Sure Temp Plus Thermometer	587.00
Welch Allyn 300 Vital Signs Monitor	2,769.31

Frontier School of Midwifery & Family Nursing:

Projector	599.99
Magnvox HD TV x 2	2,396.00
Web Cams for Faculty x 20	2,259.80

Home Health:

Blood Pressure Cuffs (7)	166.46
Stethoscopes (7)	248.85
Shampoo Boards (8)	123.04
Blood Pressure Cuffs (5)	276.10
Stethoscopes (9)	332.91

Maternity Services:

Digital Baby Scale	310.00
Stethoscopes x 10 - Newborn	729.80
Welch Allyn Sure Temp Thermometer	257.00
Jaudice Meter	4,989.00
Temporal Artery Thermometer	394.95

QUARTERLY BULLETIN

Medical Surgical:

Pedia Pals Diagnostic Exam Kit	110.00
Littmann Stethoscope - Infant	72.98
Exergen Infrared Artery Thermometer	394.95
Otoscope & Ophthalmoscope Desk Set	702.00

Mr. & Mrs. Charles Nicklolaus, Jr., Brentwood, Tennessee, for a pediatric blood pressure cuff, pediatric stethoscope and infant digital scales for Home Health.

FNS WEBSITE

www.frontiernursing.org

Note to Donors

FNS recently chose BB&T as the bank for donations. The FNS lockbox address has changed to Charlotte, North Carolina. We want our friends to know that FNS is where it always was and the change in the lockbox address only involves financial management.

FRONTIER NURSING SERVICE

FRONTIER NURSING SERVICE, Inc.

Its motto:

“He shall gather the lambs with his arm and carry them in his bosom, and shall gently lead those that are with young.”

Isaiah 40:11

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives and nurse practitioners for rural areas where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and educational programs for nurse-midwives and nurse-practitioners; to carry out preventive public health measures; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them, at a price they can afford to pay; to promote the general welfare of the elderly and handicapped; to ameliorate economic conditions inimical to health and growth, and to conduct research toward that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them to cooperate with individuals and with organizations, private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

From the Articles of Incorporations
of the Frontier Nursing Service.
Article III as amended April 1999