



CONnections

Winter 2002-2003

3-2-1-action!

First dean

finds a novel way of "giving back"

Inside

Need a little elbow room, please

Recognizing your contributions

Getting high school students interested

Piloting a B.S.N. residency program

Ph.D. program celebrates 15 years

UK

UNIVERSITY OF KENTUCKY
College of Nursing

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UK UNIVERSITY OF KENTUCKY
College of Nursing

From the dean

Beginning a new year is a time to pause and think about what is really important in our lives, how we invest our time, energy and resources and why we make the choices we do. This new year finds us in the midst of many changes occurring both within the broader world as well as at the University. The organizational rearrangements being implemented represent the most fundamental changes for the University of Kentucky Chandler Medical Center since its creation four decades ago.



In a nutshell the restructuring has several components. First, it brings the medical center colleges under the administrative purview of the University's new provost. Just like the colleges on Lexington campus, all medical center deans will report to the provost for academic matters and in the management of the state budget for their colleges.

Secondly, there will be a new vice president for health affairs who will report to the president and who will have administrative responsibility for UK's clinical enterprise, which includes University of Kentucky Hospital, the clinics, and the practice activities of the colleges. Thus, each dean in the medical center will report to and work with the vice president for health in the management of the clinical enterprise in their college.

The plan also calls for the development of a medical center deans' council upon which all medical center deans will sit along with the provost. The office and role of the chancellor of the Medical Center will be phased out. The provost and his office and the vice president of health will assume many of the responsibilities of the current medical center chancellor and his office.

The transition to this model is now occurring; the new structure will be in place by July 1. Superimposed upon these changes is the prospect of a significant budget cut for the University due to the shortfall in state funding. The combination of these realities will test our ability to think strategically and deal with what is really important to the College. We will be considering the best use of our resources to address current needs and, most importantly, we will be considering how to position the College for continued success in meeting our mission in the future.

I would like to share a few thoughts with you about what I anticipate may be ahead. My assessment of the changes that are occurring within the University at-large and within the Medical Center suggest that increasing attention is going to be paid to the productivity of each unit within the University. Those who achieve results will be in a better position to obtain additional resources.

Just as health care is moving toward more evidence-based decision making, I believe such strategies will play a larger role in decision making within the University. Further, there is no doubt in my mind that the importance of external funding in supporting the mission of the University will grow exponentially. That is the way top-20 institutions become and remain top 20.

This will mean much more of a focus on generating grants and contracts and expanding efforts to attract private donations which represent the commitment of individuals and private groups to investing in the University's future. In my view it will be those colleges/units that "get their acts together," deal with the new realities, and develop strategies for bringing in external support to leverage the monies available through the state, that will become the lead colleges in the University.

While we are a small College compared to several others within the University, we have the potential to emerge as one of the most successful colleges in meeting our mission and I believe that should be our goal going forward.

As we begin 2003, the University will be engaging in a strategic planning process, which will help all of us focus our resources and energies in targeted arenas. We in the College will be considering how to best direct our resources and strategies for doing so.

In the last decade the College has made significant progress in curricula, in research and other forms of scholarship, in the clinical arena, and in the way in which more and more of those in our communities of interest are investing in the College. For example, this year more than 500 different individuals or groups made gifts of funds to the College, and of all units within the University there is only one, Athletics, that has achieved a higher percent of their goal in the capital campaign.

We are most appreciative of the wonderful support we have had from our alumni and friends of the college. The monetary support to provide scholarships, professorships, enrichment opportunities for students, and to build the endowment for faculty and student scholarship is more important than ever to our continued success. We have a positive momentum in place and keeping that momentum is very important.

What we do is important. Nursing matters. We believe that; we need to help others see that; and the best way to do so is through our actions, what we are able to accomplish and our outcomes. Working together and building on each other's strengths we can thrive in the restructured University of the future. The next couple of years at the University of Kentucky will be a pivotal period. I look forward to working with you as we negotiate the changes and challenges ahead.

Carolyn A. Williams, R.N., Ph.D., F.A.A.N.
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A good day

Elbow room

A new clinical simulation facility will completely change the education of the College's students.

Students and faculty have waited a long time through the noise, the mess and the inconvenience. They know at the other end of construction they'll no longer be bursting at the seams for want of clinical learning space.

Right now, the College has 2650 square feet of lab space, divided between two rooms. Scheduling lab time is a nightmare, trying to squeeze in sophomore, junior and senior classes, master's program classes, and certified nursing assistant (C.N.A.) classes. There needs to be open time for students to use the facility for mastery of skills as well.

"The rooms are overcrowded and booked solid, all the time. At times, a 14- by-10 room must be used for lab classes of 18 people and an instructor, plus tables, chairs and a hospital bed," said Mary Jayne Miller, B.S.N., R.N., one of the clinical lab instructors.

Beyond the need for more space, the College has recognized and is acting upon the paradigm shift that's occurring — one that turns around learning from being teacher-centered to being learner-centered. Technology is the catalyst. Computer-driven patient simulators like SimMan, which the College purchased last year, and other technologically advanced equipment will be advantageous to students across all programs and in many ways:

- skill development and refinement
- evaluation and remediation
- application of theory to clinical practice
- integration of theory, practice and research
- learning by experience in a safe place
- involvement of students in a more meaningful learning experience
- builder of student confidence
- evaluation of mastery of skills before real patient contact

So the renovation of the building's fourth floor begins in February. When it's completed, students and faculty will have a Clinical Simulation Video Validation/Standardized Patient Care Center, chock full of simulated outpatient exam rooms, simulated inpatient hospital rooms, intranet access on portable desktop computers — and perhaps most importantly

— space. Upon completion of the first wave of renovation, the College's clinical learning space will have doubled.

A group of dedicated and determined faculty, dubbed the Dream Team, has been working the last two years visiting other schools' clinical learning facilities, going to conferences, measuring, meeting, working with architects to draft and redraft plans, and consulting with colleagues at the College to come up with a plan for the lab and lists of equipment needed.

Dean Williams appointed five faculty and staff members to the team in the spring of 2000 and asked them to visit a state-of-the-art nursing simulation facility at the University of Maryland, with the goal of designing a lab that would take us into the new century.

"Since then we have explored ways to utilize our fourth floor space for a new clinical laboratory that would be used across programs," said Melanie Hardin-Pierce, M.S.N., A.R.N.P.-C.S., assistant professor and Dream Team member. "After visiting several labs and consulting our clinical faculty colleagues, we have come up with a plan that will enable us to better engage our students in creative hands-on clinical simulations that will better prepare them for the realities of clinical decision making they will face in practice.

One of the new areas in the plan, the clinical simulated health assessment center, will have 16 small-scale exam rooms, complete with the requisite exam tables, privacy curtains, ophthalmoscopes/wall transformers and overbed tables. This is a huge improvement over the six tables the lab now has which have to be shared among up to 40 students at times.

The clinical simulated family care center will contain a birthing facility for OB/GYN care, a maternal and neonate birthing simulator, and beds for pediatric, infant and neonate care.

Another new facility will be the video validation/patient simulation suites area. Four rooms will be constructed to mimic outpatient clinical examination rooms like those used by nurse practitioners and/or physicians. Here, students can work with standardized patients while wall-mounted video cameras record their activities.

“When students want to do their mastery work or their evaluations, it takes one faculty to two students. It’s very labor intensive. Video validation will free up faculty,” says Miller.

In the clinical simulation patient care center, five hospital beds will be set up complete with overbed wall units containing oxygen, suction, electrical outlets, and a monitor. Each bed area will also include a bedside table, overbed table and privacy curtains, and will be equipped with the necessary items utilized in an inpatient care area. One of the beds will be enclosed with glass walls and could be used as an isolation unit.

In the final area of this first phase of renovation, there will be a four-bed critical care clinical simulation center. Each bed’s area will be set up similar to one in a critical care unit seen in any hospital.

Each area will include an instructor’s center with EM-Net access (building intranet), computer, dry erase board and screen, “pods” of tables and chairs for students and portable, wireless computers that students can use at the bedside or at a pod.

Computers will be equipped with instructional programs that students can use for review of psychomotor and physical assessment skills for which they are required to demonstrate competency.

Once there is adequate open time in the facility for students to come in on their own time to work on skills, they will enjoy the independence of learning to use such equipment as CathSim – an IV insertion simulator. EM-Net, the building’s intranet system, will be available as well, allowing students to come in and review class presentations.



Dream Team members. Front, from left: Mary Jayne Miller, B.S.N., R.N., Claudia Diebold, M.S.N., R.N. Back, from left: Melanie Hardin-Pierce, M.S.N., A.R.N.P.-C.S. and Brenda Ghaelian, Technical Instructional Specialist.

Now that the dream has been designed...

it’s up to the College to find funding sources for much of the cost. Approximately one-half of the first phase’s cost has already been raised but we need another \$200,000 to equip the facility. We hope that our alumni and friends will find this project fascinating and will step forward to support these long overdue and important improvements in clinical teaching and learning. For information on how you can become involved, contact the College’s development officer, Terry Green, at (859) 323-6635, or e-mail her at tgreen@uky.edu. Naming opportunities are available. See page 13 for information.



The College graduates two B.S.N. classes each year. Congratulations to our December 2002 B.S.N. graduates!

We thought our alumni and friends might like to see some of our current advertising. Watch for our ads in *Kentucky Nurse*, the quarterly publication of the Kentucky Nurses Association.

Ignite your potential.

Nurse Clinician, OB/GYN, Johns Hopkins Hospital, Baltimore
B.S.N. graduate

Director of Nursing, Whitesburg Appalachian Regional Healthcare, Whitesburg, Ky.
M.S.N. graduate

"Becoming a nurse scientist changed my view of the world and my ideas about the potential for nursing. The support and guidance of the faculty are key to promoting independent thinking and innovation."
Ph.D. student

"The D.N.P. Program creates a new way of viewing health care leadership, programmatic development, and research utilization and implementation at the bedside."
D.N.P. student

Appointments made to endowed chair and professorship

The Good Samaritan Foundation is a Kentucky health-related philanthropy that financially supports quality health care, health education and research focusing on programs that serve low income and uninsured people in central and southeastern Kentucky.

With a gift to the University of Kentucky Chandler Medical Center, the foundation established the endowed Good



Marcia Stanhope

Samaritan Chair and Professorship in Community Health Nursing. The faculty member appointed will work with masters and doctoral students, interns, fellows and staff of the Good Samaritan Nursing Center in the College of Nursing.

“Research activities of the chair holder will be to develop, implement and evaluate programmatic efforts designed to promote healthy lifestyles and prevent diseases for Kentuckians who have

limited access to primary health care,” said Carolyn A. Williams, R.N., Ph.D., F.A.A.N., dean of the College.

Marcia K. Stanhope, D.S.N., R.N., F.A.A.N., is the first recipient. Stanhope was first appointed to the faculty of the College as an associate professor in 1981. She has provided consistent and strong leadership in a variety of roles, including director of the Division of Community Health Nursing and Administration from 1985 to 1996 and most recently as associate dean, co-director of the new Doctor of Nursing Practice (D.N.P.) program, and director of continuing education. She is also the founding director of the Good Samaritan Nursing Center.

She has numerous publications and is internationally known as the editor of the leading textbook in community health nursing, Stanhope and Lancaster’s *Community and Public Health Nursing*, used throughout the world. In 2000 she was the recipient of the Creative Achievement Award given by the Public Health Nursing Section of the American Public Health Association.

Stanhope earned a Diploma in Nursing from Good Samaritan Hospital in Lexington, a B.S.N. from UK, an M.S.N. from Emory University and a D.S.N. from the University of Alabama at Birmingham.

For more than a decade, Stanhope has provided leadership in working with the Good Samaritan Foundation on community-based projects designed to provide health education and improved access to health care and health promotion services for vulnerable populations and to provide meaningful learning opportunities for students and new graduates of the College’s baccalaureate and master’s programs.

The Marcia A. Dake Professorship in Nursing Science

Marcia A. Dake, Ed.D., R.N., founding dean of the University of Kentucky College of Nursing, came to the University in 1958 and served as dean until 1971. The Marcia A. Dake Professorship in Nursing Science was established in recognition of former Dean Dake’s innovative leadership. The endowment for the professorship was made possible with a donation made to the University by Linda and Jack Gill of Houston. Mrs. Gill is a 1962 UK graduate who grew up in Louisville and Fort Thomas, Ky. Through the Gill Foundation, the couple supports higher education and health care causes.

The professorship focuses on research and service that address contributions nursing can make to the care of individuals, families and/or communities at risk for experiencing major health problems. A commitment to graduate education and mentoring of doctoral students and faculty is paramount.

Lynne A. Hall, R.N., Dr.P.H., has been named as the first Marcia A. Dake Professor of Nursing Science. This appointment recognizes Hall’s sustained contribution to the College through her teaching, research, and mentoring activities.



Lynne Hall

Professor Hall received her bachelor’s and master’s degrees in nursing from Clemson University. In 1983, she completed a doctorate in public health in maternal and child health at the University of North Carolina at Chapel Hill.

Hall joined the UK College of Nursing faculty in 1985 as an assistant professor.

She currently is the assistant dean for research and the Ph.D. program.

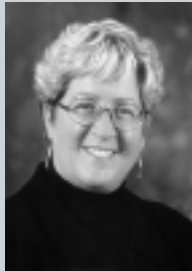
Her program of research currently includes serving as co-principal investigator of two federally funded studies. One focuses on factors affecting the mental and physical health of employed pregnant women and is funded by the National Institute for Occupational Safety and Health, Centers for Disease Control and Prevention. The other is a study funded by the National Institute of Nursing Research, National Institutes of Health, on the effects of a cognitive-behavioral intervention on the mental health of low-income single mothers and on behavioral outcomes of their young children.

Hall’s research has been reported in a variety of journals including the *American Journal of Public Health*, *Journal of Nursing Scholarship*, *Nursing Research*, *Public Health Nursing*, *Research in Nursing & Health*, *Issues in Mental Health Nursing*, the *Journal of Psychiatric and Mental Health Nursing*, and *American Journal of College Health*.

From 1985-99, Hall served as the coordinator of College of Nursing activities in the Virginia Place Program, which promotes self-sufficiency of single-parent families. In 1999, she was appointed to its board of directors and continues to serve in that capacity.

Moser inducted into American Academy of Nursing

Congratulations to Professor and Linda C. Gill Chair of Nursing Debra K. Moser, D.N.Sc., R.N., who recently was inducted as a



Debra Moser

fellow into the American Academy of Nursing at their 29th annual meeting in Naples, Fla. This is an important personal honor for Moser and recognizes her multiple contributions to professional nursing. It is also an honor

for the College.

Moser joins other College faculty who are fellows of the Academy: Associate Professor Norma Christman, Ph.D., R.N.; Professor and Assistant Dean for Advanced Practice Nursing Juliann G. Sebastian, Ph.D., R.N., A.R.N.P.; Professor and Associate Dean Marcia K. Stanhope, D.S.N., R.N.; Professor and Dean Carolyn A. Williams, R.N., Ph.D. (who served as Academy president from 1983-1985); and emeriti faculty Margaret Grier, Ph.D., R.N.; Juanita Fleming, Ph.D., R.N.; Gretchen LaGodna, Ph.D., R.N.; and Barbara Sachs, Ph.D., R.N.

And our ranks grow by two

Becky L. Fields, Ph.D., R.N., is a graduate of the College of Nursing at the University of Tennessee, Knoxville. She joined the UK College of Nursing after completing her doctorate in the summer of 2002.



Becky Fields

Fields is an assistant professor and teaches in the master's program. Her research interests are in gerontology, minority health, preventive health service use, and recruitment and retention of minority nurses. She is currently involved with a project focusing on older farmers developed by Assistant Professor Deborah Reed, Ph.D., R.N.

She is married and has four children. She enjoys reading and cross stitch in her free time.

Russ McGuire, R.N., Ph.D., joined the faculty this past summer after earning his doctorate in nursing here at UK. McGuire has an extensive background in nursing and the use of information systems in several health care settings. His



Russ McGuire

nursing experiences include practice in emergency, critical care, operating room, community health, and nursing administration. McGuire's interests include teaching clinical decision making and the use of clinical information systems to support the collection and analysis of patient-related data to improve health care delivery.

McGuire is an assistant professor and teaches in the Doctor of Nursing Practice (D.N.P.) program.

In his spare time he enjoys fly fishing and watching college football.

College receives national reaccreditation

In April 2002 as Kentuckians began to think of spring, horse racing and all the wonderful things that represent springtime, the College of Nursing was busy preparing for its national reaccreditation site visit from the Commission on Collegiate Nursing Education (CCNE). The site visit was the culmination of a two-year self-study process during which the College examined its baccalaureate and master's degree programs and responded to four accreditation standards set by CCNE.

Site visitors from CCNE spent three days at the College reviewing the baccalaureate and master's programs. The visitors met with faculty, administration, students and external constituents. Official word from CCNE came this past October. The College of Nursing received a stellar report, with both programs meeting all four accreditation standards. The College's baccalaureate and master's degree program have been reaccredited for a term of 10 years, extending to 2012.

In memory of a friend and former faculty member

It is with great sadness that we share the news that Pamela Stinson Kidd, Ph.D., R.N., former faculty member of the College of Nursing, died tragically on Christmas Day in Arizona.



Pam Kidd

Pam was with us at UK for about a decade and in that time made a marvelous and sustained contribution. She went on to become associate dean for Graduate Programs and Research at the Arizona State University College of Nursing.

She was an associate professor with the UK College of Nursing and a critical care nursing research consultant with University of Kentucky Hospital. Before going to Arizona State University, she was director of UK's Kentucky Injury Prevention and Research Center. Since earning a Ph.D. in Nursing in 1989, Pam was widely published and made frequent presentations. She was inducted as a fellow in the American Academy of Nursing in 1999.

"Pam was always in a positive mode, energetic, reaching for new challenges and opportunities, and 'reinventing' herself as she grew professionally. Because of her enthusiasm, competence, warm and giving nature, and futuristic approach to nursing and life, she was able to have a very positive impact on the development of many student and faculty colleagues. Pam's time with all of us was far, far too short and her contributions to nursing cut off much too soon, but her wonderful life-enhancing spirit will live in our hearts forever. The paths she was pursuing in nursing will be followed by others and made their own," said Dean Carolyn Williams.

The College of Nursing announces the establishment of the Pamela Stinson Kidd Memorial Scholarship Fund. The scholarship will be awarded to a nursing student who shows potential for leadership in the area of injury prevention, emergency, acute or critical care nursing. Preference shall be given to the applicant who demonstrates the ability to integrate clinical practice, scholarly activity and leadership. To help memorialize Pam's unique spirit please send your contribution to: Office of Development, 313 College of Nursing Building, University of Kentucky, Lexington, KY 40536-0232. Checks should be made payable to the College of Nursing with a notation that it goes toward the Pamela Kidd Scholarship.

Making a difference - Habitat for Humanity

This past fall the UK Chandler Medical Center, including the hospital and the five colleges, came together to build a two-bedroom home for a single mother who works for the Fayette County School System. The \$37,500 needed to build the home was raised through fund-raising activities, donations and in-kind donations.

Volunteers pitched in to measure and hammer, hang siding and paint. They came away tired and dirty but feeling like their work really made a difference. "There was immediate gratification in hammering siding to the outside of the house because the progress was quick and visible. But more satisfying was knowing that I was part of a project that is an investment which will yield long term benefits for the family," said Joanne Davis, a College of Nursing staff member and Habitat volunteer.



3...2...1... action!

From founding dean to TV producer, Dake's never stopped helping others.

The following article was written by Marcia A. Dake, Ed.D., R.N., founding dean of the College.

There is no call so recognizable to health professionals, nor one to which they respond more readily, than the "call to caring." Caring is the foundation for, and is integral to all education for these professions. But true caring stems from something within individuals who are guided by a higher power to give of themselves in very individual ways. It is this kind of caring that endures well past any retirement from paid employment. In fact, yielding to a "call to caring" after retirement not infrequently leads to levels of personal satisfaction and joy not previously experienced.

When I first retired about fourteen years ago, I was certain that my single priority in life was going to be to play golf. My decision to retire in Florida was based in large measure on availability of the "perfect" golf course. Not surprising to many, the joy of satisfactorily placing that little white ball in a desired spot soon began to fade, and I began to search out more people-related activities.

Joining the volunteer Sun City Center Guardianship Foundation was like a prayer answered. Working under the authority of power of attorney granted to the foundation, we volunteers carried out banking and other official acts which the residents, for lack of vision or steadiness of hand, were unable to do for themselves. To serve fellow residents and neighbors in this manner was like responding to God's call to care and to give of oneself for the benefit of those in need.

After about ten years and the death of two siblings, I felt the need to relocate nearer to western New York state and my three remaining siblings, ages 85 to 95. I found a retirement community in northern Virginia, which met my multiple criteria. It was a community in the early stages of construction, which upon completion would have approximately 2000 residents. Having been the seventh professional staff member at the UK Chandler Medical Center, and years later having started a second B.S.N. program, I knew I thrived on start-up operations. In this case I was about the 70th resident to move



in and I did so directly from Florida. The motto of the management and staff is “a community where residents and staff share their gifts to celebrate life.”

The level of wellness experienced by residents covers a very broad spectrum, and it became very clear that I needed to use caution to avoid being cast in the traditional nurse role. One thing that did surface quickly was the value of a smile and the ability to use first names. Even those whose bodies are bent in multiple directions respond to a warm smile and greeting. Nowhere is the *mirror reaction* more evident. It was this casual attentiveness on my part that resulted in my election to the very first resident committee – the Dining Services Committee.

It was early in the development of what we call our “campus” that I realized I might have a unique contribution to make, and in fact came to feel an unusual call to share my gifts. Our resident population increased rapidly as new apartment and general service buildings were constructed. Communication became a high priority for me. We started with in-house, closed-circuit TV capacity in every apartment, with notices generated via computer. I have had the opportunity to grow with this system, which now includes a full TV production studio, and I now plan and produce half-hour programs for two days a week. I have come to realize that God is working through me, enhancing both my energy and expertise.

The need to be needed was one of the basic human needs on which the first UK nursing curriculum was built. Fulfillment of this basic need becomes more difficult as aging takes place. My personal call to caring has thrust me into unpredicted areas. Having shutterbug tendencies, it was not surprising that I found myself offering to help take pictures of residents for a photo directory. Realizing how helpful the directory would be



to the creation of an environment of sharing and friendly communication, I gave gladly to this project.

Need fulfillment was not my only reward. My pictures would be needed not only for the directory but also for our Web site and our remembrance book, and for these a

computer would be needed, so I found myself learning new computer skills.

By far the majority of our residents have come from this northern Virginia area. As might be expected, many of them have held responsible positions in government and bring many and varied talents to their retirement. By virtue of my successive positions of vice chairman and secretary of our resident advisory council, I have had the privilege of meeting and working with many of these people, and watching them spring forward as leaders of such campus activities as the choral group and the resident-prepared and edited monthly newsletter. It has been my good fortune to be able to use some of them as subjects for my TV interviews, thereby creating programs that are informative and helpful to other residents.

Caring and learning are never-ending processes. The skills we learn and the talents we develop throughout life become the basis of our very being. When caring causes us to give of ourselves to serve the needs of others, we are in turn fulfilling our own need to be needed.

A message from Dean Williams

These are indeed exciting and challenging times for the nursing profession. Not only is knowledge and technology expanding at a breathtaking pace, but, as we hear daily, there is a critical shortage of nurses everywhere.

We at the College of Nursing are addressing these issues, and I invite you to join us in answering the challenges by becoming a member of The Caring Society.

The Caring Society was formed to encourage and recognize those individuals who have made a significant financial contribution to the University of Kentucky College of Nursing. We also include in this Society those who have made a planned gift for the future to ensure a solid base of support for the education of nurses in our Commonwealth and beyond.

In order to continue our mission of research, education and service, we need resources that are beyond what tuition and the state budget can provide. We must turn to our alumni, friends and faculty for private support or we will lose our competitive edge.

We are proud of our faculty and graduates. They continue to excel, to lead and to provide outstanding care to all they come in contact with. We hope they are proud of their alma mater as well and will join us in The Caring Society. The University of Kentucky has a campus-wide campaign titled A Call To Greatness. In nursing it is a call to greatness, but also a call to caring.

I hope you will consider a financial donation to your College at a level to become a member of The Caring Society.

Please read more about the Caring Society on page 13.

With your help we can do so much more

Only 53 percent of the total budget for the College of Nursing comes from the state.

This statement may come as a surprise to many of our readers who believe that the College, because it is part of a state university, has all of its expenses covered by the state budget. The fact is that only 53 percent of the College's budget comes from the state, 20 percent comes from student tuition, 16 percent comes from grants and contracts, and the rest, 11 percent, must come from private donations. We are not talking about frills and pizza parties, but salaries, programs, and equipment to meet our obligations.

In our new Call To Caring initiative we will be looking to our alumni, faculty, and friends to hear our case and to answer the call to help provide the best education possible for the students of the College of Nursing.

So many things are going so well at the College – applications are up, interest in nursing is growing, activities are expanding, we are highly ranked, our national reaccreditation has been extended for ten years, research projects are exciting as well as receiving external support from federal and other sources.

In spite of all this good news there are still concerns that we must address and that is what this “call” is about. Following is a list of the College's most pressing needs.

Scholarships and fellowships for undergraduate and graduate students

More than ever there is need for scholarship and fellowship support. Many students must work long hours to support themselves and pay tuition. In addition, many are non-traditional students who also have family obligations. Several benchmark schools exceed the UK College of Nursing in offering financial assistance to students — this is especially true for the graduate programs.

Up to four students have the opportunity each semester to study in Wolverhampton, England, for the final seven weeks of their senior year. Students apply for this international experience and are selected based on their academic performance and leadership qualities. There is no financial help for students to participate in this excellent and enriching program, discouraging many students from even applying.

You can establish a College of Nursing scholarship in memory of someone who has died or in honor of a living person. As the donor, you would set up an endowment and name it for someone you cherish. A named endowed scholarship can begin with a pledge of \$10,000. The money is invested by the University and can be given over a five-year period. It will generate funds in perpetuity to help students and to keep alive the memory of your loved one.

You can also donate to existing scholarships and help increase the support they provide to students.

Professorships

The demand for advanced practice nurses, especially for those with doctorates, has made salaries in the marketplace very attractive. Therefore, the College is facing increased demand to keep salaries for faculty competitive. An endowed professorship (\$100,000) or chair (\$1,000,000) helps the College attract the best and the brightest professors. The additional endowment support from the professorships and chairs provides help in research and added incentives. You could name a chair or professorship in honor of or in memory of someone in your life.

Research support

Additional funds are needed to support the research of faculty and students. This includes equipment, computers and software, laboratory and office space.

Clinical laboratory facility

There is a critical need to build a new clinical learning complex and to refit an existing clinical laboratory for the education of nursing students. The College must keep pace with the ever-changing technologies graduates face on the job, now and in the future. (See related story on page 4.)

Enrichment and continuing education

Often there are opportunities outside the College for students to have special enriching experiences and gain additional skills. Registration fees for deserving students to attend workshops, conferences and seminars can be a financial burden. Making a donation to the dean's discretionary fund to assist students would be very beneficial.

The College of Nursing is doing great work. Our graduates are excelling, and our faculty is providing outstanding leadership and inspiration, but we need your help.

No longer is student tuition and state support adequate to meet the rising demands of the best education that our students need and deserve.

According to *U.S. News and World Report* in 2001, the UK College of Nursing is recognized nationally as one of the top schools of nursing in the nation. Among publicly supported universities, our master's program was ranked in the top 25. In order to maintain and enhance our ability to provide world-class educational opportunities for our students, we need your support.

You may choose which of the funding priorities – scholarships, professorships, chairs, research support, clinical laboratory, or continuing education – you would like to support. You may also choose to support an existing fund. Every gift is appreciated and will be invested as you direct.

Giving examples

- University of Kentucky Nursing Fellow — \$10,000, with at least \$5,000 of that designated for the College of Nursing.
- The Caring Society — \$5,000 gift or pledge to the College of Nursing or a \$10,000 bequeathal to the College. (A bequeathal to the College qualifies the donor to membership in the University of Kentucky's Bequest Society.)

We'd like to ask...

Is the College of Nursing in your will?

Traditionally, bequests have been a significant source of financial support for colleges and universities across the country. Your bequest to the University of Kentucky College of Nursing will help ensure the College's continued strength and academic excellence.

This year two important bequests have made a significant difference to the College. The first was from Elizabeth Morgan for a professorship in community health nursing and the second was from retired faculty member, Dorothy Luther.

Please consider joining other alumni and friends as a member of the UK Bequest Society, a new program that recognizes those who include UK in their wills.

If you have the University of Kentucky in your will, please let us know. We want to thank you.

For more information, please contact Terry Green, director of development for the College of Nursing at (859) 323-6635, or Dion Guest, associate director of planned giving at (859) 257-7303.

Would you like to make a gift but need the financial security of your investments now?

If this sounds like something you might say, you may be interested in reading more about the new Charitable Gift Annuity Program. This program, just begun at the University in November 2002, can benefit you as well as the College of Nursing.

If you make a charitable gift annuity to the University of Kentucky, you can increase your annual income for the rest of your life, qualify for a tax deduction, and at the same time help your alma mater.

How does a gift annuity work? What will the amount of my payments be? How does a gift annuity benefit the College of Nursing? What are the tax advantages of a gift annuity? To learn answers to questions such as these, please call the University of Kentucky Office of Development at (800) 857-6272 or (859) 257-3913.

Annual phonathon coming in March

The annual phonathon for the College of Nursing will be held during the first week in March. The income from alumni donations is an important part of our annual budget. Please say "YES" to the student when he or she calls for your donation.

This year we will be asking for donations to equip the new Clinical Simulation Patient Care Center and to support nursing student scholarships.



Recognizing your contributions — The Caring Society

The Caring Society, a gift-recognition program, was established in 2002 by the College of Nursing to recognize individuals who have given, or designated through a planned gift, support for the College. Eligibility criteria include:

- donation of \$5,000 or more to the College (a one-time gift or given over time) or
- planned gift through a will, insurance policy, charitable gift annuity, trust, or other estate gift in the amount of \$10,000 or more. Donors of a planned gift are eligible for membership in the University of Kentucky Bequest Society.

Benefits of membership include:

- A 1-inch gold and silver College of Nursing pendant
- An invitation to The Caring Society reception
- Name listed with Caring Society members in publications of the College
- Donors of \$10,000 or more are also eligible for membership in the University of Kentucky Fellows Society

If you have questions about The Caring Society, please contact the College of Nursing Development Office at (859) 323-6635.

Naming opportunities

Would you like to see your family's name on a building or a classroom? This is a wonderful way to memorialize someone you love and honor into perpetuity.

College of Nursing Building	\$8,000,000
Endowed Chairs	
Nursing/Gerontology	\$1,000,000
Nursing/Critical Care	\$1,000,000
Nursing/Informatics	\$1,000,000
Building Renovation	\$1,000,000
Laboratories	
Family Care Unit	\$100,000
Health Assessment and Physical Exam Unit/Classroom	\$75,000
Video Validation Laboratory	\$100,000
Laboratory II	\$500,000

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Researchers study violence, infant feeding practices, smoking cessation

Congratulations go to several investigators in the College who recently received extramural research grants. Principal investigator Debra Anderson, Ph.D., R.N., and her co-investigators Deborah Reed, Ph.D., R.N., and Steve Browning, Ph.D., received \$640,271 in funding from the National Institute for Occupational Safety and Health for their R01 proposal, "Risks for Workplace Violence in Long-haul Truckers."

The purpose of their study is to investigate the incidence and distribution of workplace violence among female and male long-haul truck drivers and the effects of violence on their mental health. Data will be collected from 1,400 male and female long-haul truck drivers at truck shows and truck stops across the nation. The findings will assist in the development of interventions to decrease the risk of exposure to violence in the long-haul trucking industry.

Congratulations also to Sharon Barton, Ph.D., R.N. (principal investigator), and her co-investigators, Graham Rowles, Ph.D., (Ph.D. Program in Gerontology) and Deborah Crooks, Ph.D. (Department of Anthropology). Their proposal, "Family and Cultural Influences on Infant Feeding," received \$143,814 in funding from the National Institute of Nursing Research, National Institutes of Health.

The purpose of this longitudinal ethnographic study is to investigate cultural influences on family beliefs about infant

feeding and the manner in which these beliefs are translated into feeding practices.

Longitudinal data will be collected during the infant's first year of life and using ethnographic methods. Families will be recruited from health clinics in two rural Kentucky counties. Home observations and in-depth interviews with family members and participants from community agencies that deal with infant feeding (e.g., WIC) will be conducted. Data also will be gathered from published infant feeding resources and observation of daily life in the community. The findings will provide the basis for developing and testing culturally sensitive nursing interventions to improve infant feeding practices and long-term health outcomes of infants and children.

Ph.D. candidate Amy Yoder received \$3008 from the American Nurses Foundation for her dissertation research titled, "Policy Predictors of Local Level Adult Smoking Prevalence and Quit Attempt Rates in Kentucky." Her advisor is Ellen Hahn, D.N.S., R.N. The purpose of the study is to examine whether tobacco cessation policy outputs (financial resources and interventions implemented by local health departments which promote quitting) and environmental, structural, and client factors predict smoking prevalence and quit attempt rates among adults in Kentucky health department service areas.

The data for this study were collected from the 2001 Behavior Risk Factor Surveillance Survey, the local health department Tobacco Cessation Survey, the Smoke-Free Food Services Establishment Survey, the Kentucky Department for Public Health, and health departments in the state. Results will document the links between systems interventions for tobacco cessation and tobacco policies and the outcomes of smoking prevalence and quit attempt rates.

Two years old and growing strong

The Doctor of Nursing Practice (D.N.P.) Program, now in its second exciting year, added 13 students to its ranks for fall 2002. Another 13, who started in fall 2001, are now in their second year of study.

This year's new students come from Kentucky and five other states. They represent advanced clinical practice and a broad range of nurse executive positions. Some are currently nurse practitioners or clinical nurse specialists who work across a wide range of specialties. Others come from administrative positions, such as a vice president for patient services, a quality improvement specialist, and an executive director of a professional group.

Both classes are involved in several exciting initiatives. Some of the students will be traveling this spring to the University of Wolverhampton in Birmingham, England, for a portion of their clinical experience. These students are focusing on evidence-based practice, clinical informatics and health care systems.

Faculty added an evidence-based practice course to the curriculum that will strengthen the students' skills in this critical area.

The students are competing successfully for scholarship funds. Deb Smith received a \$5,000 scholarship from the Nursing Economics Foundation. Tukea Talbert received a UK Chandler Medical Center Enhancement Scholarship and Zeb Koran received a Medical Center Academic Excellence Scholarship.

The College is in the midst of interviewing applicants for faculty positions to add to the D.N.P. program. Although the program is thriving with its current faculty group, it looks forward to adding others to the mix.

Student ambassadors shine for College

The College of Nursing has 13 student ambassadors who represent the College at various University-related functions. Students apply to be an ambassador and are selected by a group of faculty and staff. The selection committee looks for individuals who are strong academically, like to interact with people, have an exceptional commitment to nursing in general — and the College in particular — and feel that they have time to give to support the College's mission.

College ambassadors recruit for nursing students at Kentucky high schools, support a special program for entrance to nursing at Bryan Station High School in Lexington, and participate in orientation activities for the University.

"These students represent the College in an outstanding fashion," said Dorothy Brockopp, professor and assistant dean for the undergraduate program. "They are bright, articulate, friendly individuals who present nursing in the best possible light."

Nancy Mangrum, alumni coordinator, organizes the ambassadors' activities.

The College's current ambassadors are Jennifer Bowlin, Karen Brophy, Liz Cantwell, RaeEllen Conley, Krista Dotson, Sarah (Plohr) Freeman, Lora Maggard, Hannah Pharris, Amelia Tabor, Kelley Thomas and Lacey Troutman.



College of Nursing Student Ambassadors for spring 2003. Front row: Karen Brophy, Lora Maggard, Amelia Tabor. Second row: Krista Dotson, Liz Cantwell. Back row: RaeEllen Conley, Lacey Troutman, Jennifer Bowlin. Not pictured: Sarah (Plohr) Freeman, Hannah Pharris, Kelley Thomas.

University of Kentucky Hospital and College of Nursing team up to participate in B.S.N. Nurse Residency Pilot Program

Faculty in the College of Nursing and nursing leaders at UK Hospital are participating in a project developed by The American Association of Colleges of Nursing (AACN) and University Health Systems Consortium (UHC), to develop a post-baccalaureate residency program demonstration project for B.S.N. graduates. A standardized, one-year residency curriculum is being developed. The pilot program began in June 2002 and will run through June 2003. Participating sites include:

- University of Arizona College of Nursing, University Medical Center Corporation, Tucson, Ariz.;
- University of Colorado School of Nursing, University of Colorado Hospital, Denver;
- University of Kentucky College of Nursing, University of Kentucky Hospitals, Lexington, Ky.;
- New York University College of Nursing, NYU Medical Center of Mount Sinai NYU Health, New York;
- University of Pennsylvania College of Nursing, University of Pennsylvania Health System, Philadelphia

The B.S.N. Residency Program implementation at UK consists of a series of structured learning and work experiences with nurse experts that are designed to assist graduates as they make the transition into their first professional role. It is designed for direct care roles in the academic health care setting. The goals of the residency program are that the graduate nurse will:

- Make the transition from novice nurse toward competent professional nurse in the clinical environment;
- Develop effective decision-making skills related to clinical judgment and performance;
- Provide clinical nursing leadership at the point of care;
- Strengthen commitment to nursing as a professional career choice;
- Formulate an individual development plan as related to their new clinical role;
- Incorporate research-based evidence linked to outcomes into practice.

Undergraduate student experiences program's first international clinical rotation

Senior undergraduate nursing students now have a special, international opportunity for clinical experience. As part of NUR 886, Synthesis of Clinical Knowledge for Nursing Practice, taken as the final course in the undergraduate nursing program, students can spend seven weeks at the University of Wolverhampton in England. It is a clinical rotation where the students work with public health faculty in various clinical settings in Wolverhampton and surrounding towns.

The first undergraduate nursing student to travel there was Sarah Walker. She left for Wolverhampton in late October 2002 and was a true pioneer for this pilot program. Melanie Hardin-Pierce, M.S.N., A.R.N.P.-C.S., one of the NUR 886 course coordinators, accompanied her.

Hardin-Pierce helped Walker get settled into her dorm, helped to navigate, and evaluated living arrangements, transportation and safety.

Hardin-Pierce also evaluated the clinical experience, visited clinical sites with Walker, met preceptors, Wolverhampton faculty, and the dean of the College of Health, Mel Chevannes, Ph.D., D.Sc. Hilary Paniagua was the faculty contact person responsible for planning all of the student's living and clinical arrangements.

Hardin-Pierce also visited Holy Cross Hospital and met with acute care faculty and hospital administrators to explore the possibility of expanding current international opportunities to include acute care clinical experiences for UK nursing students in the future. Faculty members hope to develop other international opportunities over the next five years.

The College's administration is looking into possibilities for scholarships to help students finance this kind of experiential education, as well as possible reciprocal relationships with Wolverhampton students.

While in Wolverhampton, Hardin-Pierce collected information, photos, and answers to questions that UK's nursing students have voiced related to clinical experiences in Great Britain. Faculty plans are ongoing to develop an information packet or Web site devoted to information about this international experience.

Other than losing her luggage in Amsterdam, Netherlands,

Walker had a positive and rich experience, both clinically and culturally. The College of Nursing faculty are committed to providing quality international clinical opportunities for students interested in the United Kingdom's National Health Service, and caring for its citizens.



Pictured, left to right: Melanie Hardin-Pierce, M.S.N., A.R.N.P.-C.S., assistant professor, UK College of Nursing; Hilary Paniagua, senior lecturer, primary care, University of Wolverhampton School of Health; Mel Chevannes, Ph.D., D.Sc., dean, University of Wolverhampton School of Health; and Sarah Walker, senior B.S.N. student, University of Kentucky College of Nursing.

College now offers popular certified nursing assistant program for public, incoming students

The College of Nursing now offers a Kentucky Medicaid Program-Approved Nurse Aide Training Program. It was developed in response to an expressed need by nursing students and the general public for such a program.

The College has had a phenomenal response to the offering.

The program, which prepares participants to seek employment as nurses' aides in long-term care facilities or hospitals, was first offered in August 2002, followed by a second class this past October.

It is open to the public as well as nursing students who must have the certificate before beginning clinical work in the College's nursing programs.

Current information about upcoming classes and an application can be found at the College of Nursing's Web site, www.mc.uky.edu/nursing/academic/bsn/cna. Those without Internet access can get more information by calling (859) 323-8071.

A gathering of graduates

Alumni take time to network, catch up with friends

During Homecoming Weekend this past fall, about seventy alumni and friends gathered at Spindletop Hall Faculty and Alumni Club for the annual College of Nursing Alumni Association (CONAA) Alumni Reunion and Annual Meeting. Those attending enjoyed seeing their former classmates and friends.

The classes of 1972, 1977, 1982, and 1992 were recognized as they celebrated their 30th, 25th, 20th, and 10th reunions respectively. The class of 1977 had the most alumni in attendance.

Outgoing alumni board of directors members who were present were recognized: Catherine B. Brunker, ('84); Pamela J. Melton, ('78); and Lori L. Poynter, ('86).

During the CONAA's annual meeting, the following officers were elected: Eula M. Spears ('65), president-elect; Jacqueline S. Graves ('89), secretary; and Rebecca G. Akers ('95), treasurer. The current president, Dixie M. Webb ('67), has one year remaining in office.

Significant changes in the bylaws were passed. The biggest change affects how representatives of the board of directors are obtained. Beginning this year and in future odd-numbered years, representatives will be appointed for two-year terms from the following disciplines: four from acute care, three from non-acute care and two from education/research.

In even-numbered years, class representatives will be appointed from the following clusters of classes: 1964 - 1969, 1970 - 1974, 1975 - 1979, 1980 - 1984, 1985 - 1989, 1990 - 1994, 1995 - 1999, 2000 - 2004, etc. The representatives will serve two-year terms.

This bylaw was amended due to the difficulty in finding a class representative for each class year. If you are interested in serving on the CONAA board, please call Joyce Corbin at (859) 296-9777 or Nancy Mangrum at (859) 263-4822.



CONAA board members and guests enjoy the brunch. Pictured left to right: Eula M. Spears ('65), CONAA president-elect; Ted Hunley, Denise Hunley ('86); Lori L. Poynter ('86); and Judith Ingala.



Four members of the class of 1992 catch up with each other during the brunch. Pictured left to right: Mary C. Ware, Lexington, Ky.; Laurie E. Sharpe, Nicholasville, Ky.; Stacey E. King, Hurricane, W.Va.; and Angela K. Galloway, Lancaster, Ky.

And the winner is...

The 2002 Alumni Awards recipients were recognized at the College of Nursing Alumni Association (CONAA) Reunion Brunch and Annual Meeting in October 2002.

Outstanding Alumna Award for Research

Laura Porter Kimble, Ph.D., a 1984 graduate of UK's M.S.N. program, received this year's Outstanding Alumna Award for Research. In 1992, Kimble received her Ph.D. degree from the University of Rochester in Rochester, N.Y. She currently is an associate professor and coordinator of the Acute/Critical Care Graduate Program at Emory University in Atlanta. Her research program includes involvement as either a principal or co-principal investigator for projects funded by National Institute for Nursing Research, National Institutes of Health, and the American Heart Association. She



Laura Kimble

has published extensively and has received numerous awards related to her practice.

Kimble was unable to attend the reunion brunch. However, she says, "I am so grateful for the wonderful education I received at UK. There was such rigor in the program and it prepared me so well for the doctoral school. Professors I specifically remember were Dr. Juanita Fleming, Dr. Jean Hayter and most of all, Dr. Dorothy Luther, who served as my adviser. Dr. Luther was the first person who encouraged me to seek a research career. I accept this award in her memory. It is such an honor to receive this award and I am so proud to be a UK alum."

Clinical Practice Award

The Clinical Practice Award was presented to Denise Danner Hundley, a 1986 B.S.N. graduate. Hundley is a leader in the antepartum and labor and delivery unit at Central Baptist Hospital in Lexington. She is a fetal heart-monitoring instructor and has served as an expert witness in court proceedings. Despite health problems, Hundley has remained active in her practice and has consistently been a dedicated and professional role model. She is a member of the Association of Women's Health, Obstetrics and Neonatal Nursing.



Denise Hundley

First Decade Award

Rebecca Jane Dentinger, a 1993 B.S.N. graduate, received the First Decade Award. She is currently enrolled in the adult nurse practitioner track in the master's program at the University of Louisville in Louisville, Ky. Dentinger works at

Jewish Hospital in Louisville, where she has served as a preceptor to new nurses in her unit. She has created a pocket helper book for her co-workers in the intensive care unit that especially focuses on transplants, neurosurgical patients and those with ventricular assistive devices. Dentinger assisted in the recovery of the first two artificial heart recipients. She has worked with post-heart catheterization and transplant patients as well.



Rebecca Dentinger

New graduate does College "Proud"

The College of Nursing Alumni Association's Nightingale Award went to Matthew A. Proud of the December 2002 graduating B.S.N. class. The award, given to the outstanding senior, was presented at the December B.S.N. pinning ceremony.



Matthew Proud

While a student at UK, Proud served as a College of Nursing Ambassador and as a class representative to the Undergraduate Activities Advisory Committee (UNAAC), where he chaired a student-faculty committee to design an honor code for the College. He also served as president of the Kappa Alpha Order Fraternity and as a volunteer for Big Brothers/Big Sisters of Lexington.

Proud spend the last seven weeks of the B.S.N. program at Boston Children's Hospital, Boston, where he completed his synthesis practicum. After he completes his licensure exams, he will work at University of Kentucky Hospital.

Alumni Association Officers and Executive Board

President	Dixie M. Webb, 1967
President-elect	Eula M. Spears, 1965
Secretary	Jacqueline S. Graves, 1989
Treasurer	Rebecca G. Akers, 1995
Past President	Anna B. Wilson, 1984
Executive Board	Joyce Corbin, 1981
	Kimberly Horne, 1996
	Peggy Littrell, 1975
	Sharman Martin, 1998
	Mary Jo McClure, 1967
	Shona N. Taylor, 1996
Executive Director	Nancy Mangrum

A good day

Ph.D. in Nursing program celebrates 15th anniversary

Approximately 65 Ph.D. graduates, Ph.D. students, faculty, and staff attended the 15th anniversary celebration of the Ph.D. in Nursing Program held last October at the Lexington Green Hilton. About 20 Ph.D. graduates returned for the reunion.

We also were pleased to have Professor Emeritus Juanita Fleming, Ph.D., R.N., and former faculty member and Professor Mary Walker, now dean of nursing at Seattle University, join us for this special occasion. James Holsinger, M.D., Ph.D., senior vice president and chancellor of the UK Chandler Medical Center, brought greetings to attendees at the beginning of the day. Dean Williams made a presentation on the future preparation of nurses. Kathleen Dracup, F.N.P., C.N.S., D.N.Sc., F.A.A.N., internationally known cardiovascular nurse researcher and dean of the University of California San Francisco School of Nursing, presented the keynote address on her 20 years of research with spouses of patients who had experienced a myocardial infarction.

Lynne Hall, R.N., Dr.PH, assistant dean for research and the Ph.D. program, presented her "Ph.D. Program Scrapbook" with photos from the past. A poster session and reception were held in the afternoon.

Graduates attending received a personalized writing pen complements of the College of Nursing Alumni Association.



The crowd congratulates Assistant Dean Lynne Hall on her appointment as the first Marcia A. Dake Professor of Nursing Science.

It's all in the numbers

As the College's Ph.D. program continues to grow, so do the numbers. Below are a few interesting statistics on the program.

- 39 total number of graduates
- 13 number of states in which graduates work
- 21 number of schools in which graduates are teaching
- 44 number of current Ph.D. students
- 34 percentage of current students who are nurse practitioners
- 18 percentage of current students who are male
- 16 percentage of current students who are from outside the U.S.
- 55 percentage of current students who are full-time



Mary Walker, Ph.D., R.N., F.A.A.N., former faculty member; Gail Moddeman, Ph.D., R.N., Ph.D., alumna; and Norma Chistman, Ph.D., R.N., F.A.A.N., current faculty member, catch up with each other.



Were you there?

1. Peggy El-Mallakh**, Lynne Hall*** and Pat Howard***. **2.** Misook Chung**. **3.** Debra Moser***, Pat Burkhart*** and Kathy Dracup, keynote speaker. **4.** Current Ph.D students. **5.** Dean Williams***. **6.** Dean Williams*** and Said Abu Salem**. **7.** Mark Parshall** and LukaweePiyabanditkul*. **8.** Debbie Reed**, ***. **9.** Mary Rado Simpson**. **10.** Debbie Shupienis*. **11.** Cheryl (Hoyt) Zambroski**. **12.** Lukawee Piyabanditkul*. **13.** Mary DeLetter**, *** and Lynne Hall***. **14.** Barb Nunley**. **15.** Dean Williams***, Topsy Staten***, Sandy Huddleston**, Karen Sexton**, Pam Farley** and Lynne Hall***. **16.** Barbara Kiernan** and Sharon Barton***. **17.** Dean Williams***, Debra Anderson*** and Lynn Kelso*, ***. **18.** Ph.D. graduates. **19.** Scott Treadway*. **20.** Carol Ireson**, Norma Christman*** and Gail Moddeman**.

*current Ph.D. student or Ph.D. candidate, ** Ph.D. graduate, *** College of Nursing faculty and/or administrator

For your favorite alumni



UK polar fleece vest

UK royal blue, embroidered UK Wildcat logo.
 XS, S, M, L, XL \$35.00
 2XL \$37.00
 3XL \$39.00
 4XL \$41.00

Holiday ornament

3 1/2" diameter, pearlized white, printed with "University of Kentucky College of Nursing" in blue. New reduced price \$5.00

UK fleece stadium blanket

50" x 60", UK royal blue, embroidered UK Wildcat logo. Includes carrying case \$25.00

Personalized writing pen (not shown)

Dark royal blue, gold-tone accents. "UK College of Nursing" in gold. Imprinted with your name and credentials in gold at no extra charge. Refillable \$10.00



UK Wildcat nurse watch

Wildcat is wearing a UK nursing cap. Face also includes a stethoscope, College of Nursing building, UK logo and reduced version of the College pin. One year warranty..... \$40.00

Long-sleeve T-shirt (not shown)

Royal blue, pre-shrunk, ring-spun cotton. College of Nursing Alumni Association logo embroidered in white on left chest.
 S, M, L, XL \$17.00
 2XL \$19.00

Tote bag (not shown)

Heavy cotton, dark royal blue, white handles. College of Nursing pin design embroidered on one side.
 20" x 14 1/2" x 4 1/2" \$15.00

To order, complete the form below, and mail with your check made payable to CONAA, to: CONAA, UK College of Nursing, 315 College of Nursing Bldg., Lexington, KY 40536-0232.

Name _____

Address _____

City _____ State ____ Zip _____

Item _____ Size ____ Quantity _____ Price _____

Item _____ Size ____ Quantity _____ Price _____

Item _____ Size ____ Quantity _____ Price _____

Shipping and Handling \$ **2.50**

Total \$ _____

Kentucky sales tax already included. Proceeds support College of Nursing Alumni Association projects.

What's new with you?

Keep up with what your classmates are doing. Send your professional news to Nancy Mangrum, University of Kentucky College of Nursing Alumni Association, 315 College of Nursing Bldg., Lexington, KY 40536-0232.

Name _____

Address _____

City/State/Zip _____

Country _____

E-mail _____

Phone (____) _____

Your news _____

Alumni association expanding rep network

This past fall, recent graduates of the B.S.N. Program teamed up with a College of Nursing student ambassador and a College recruiter to speak to prospective students attending the UK Preview Nights held across the state.

Throughout the coming year the College of Nursing Alumni Association will be calling on alumni to help recruit outstanding prospective nursing students in Kentucky. Currently the College has representatives in Ashland, Prestonsburg, London, northern Kentucky, Louisville, Elizabethtown, Owensboro, Hopkinsville and Lexington.

The College plans to increase the number of county/vicinity representatives statewide. If you are interested in participating, please contact Kimberly Horne at (859) 278-0377, or Nancy Mangrum at (859) 263-4822.

Watching out for the ones at risk

The Good Samaritan Nursing Center (GSNC), under the direction of Associate Dean Marcia Stanhope, D.S.N., R.N., F.A.A.N., and Assistant Dean for Advanced Practice Nursing Juliann Sebastian, Ph.D., A.R.N.P., F.A.A.N., continues to expand its services. The Center is funded by a grant from the Good Samaritan Foundation in Lexington, which is under the new leadership of Philip A. Harmon, president and CEO.

The GSNC has B.S.N.-prepared R.N.s and an M.S.N.-prepared clinical specialists serving as interns who provide health education at several area schools. The elementary schools also have clinics that are staffed by nurse practitioner fellows. The GSNC also helps staff clinics at Baby Health and the Post Clinic in Mt. Sterling. Extended sites of the GSNC include the Hope Center, Virginia Place, the Women's Recovery Center, Winburn Middle School and the Whitley County School System.

The group provides health services for highly vulnerable populations in Lexington, Mt. Sterling and Whitley County. In 2000-2001, the Center served more than 9000 clients, with nearly two out of three of those being children. (Data were not available at press time for 2001-2002.)

Congratulations go to Ann Williamson and Moni Shields, the interns at Ashland Elementary and Cardinal Valley Elementary in Lexington. Students in these schools had substantial increases in their scores for the Practical Living Skills portion of the Commonwealth Accountability Testing (CATS tests). The increase in scores has been helped by the health education the interns provide in the schools.



Moni Shields, Good Samaritan Nursing Center intern, teaches Cub Scouts about bicycle safety.

The GSNC is pleased to currently host two senior nursing students, Tina Akers and Michelle Kline, who are exploring community health nursing opportunities through NUR 886, Synthesis of Clinical Knowledge for Nursing Practice. It is hoped that this will be a growing trend.

Some recent activities are worth noting. At the beginning of the school year, there was a need for sports physicals at

Winburn Middle School in Lexington. Cheryl Kaufmann and Nikki Gehring organized the successful event. Assisting in the project were Karen Crowell, Moni Shields, Kathy Love, Sandy Kelley, Katie Grap, Gina Squeo, Robin Smith, and Julianne Ewen (not a part of the GSNC, but a parent and a graduate of the UK nurse practitioner program who graciously offered her services).

In September, Moni Shields went to Stamping Ground, Ky., to teach approximately 50

Cub Scouts about helmets and bicycle safety.

Vicki Hensley completed and distributed Brainzilla lesson plans for grades 4-5 to area schools. The Brainzilla packet includes comprehensive lesson plans on all aspects of brain anatomy, function, injury and health promotion and comes complete with an interactive CD. A comparable packet and CD are being developed for children in first through third grades.

Plans are in the works for the third in a series of health promotion fairs for area school children called Sense-sation Mania.

How are academic nurse-managed centers filling health care gaps?

Julie Sebastian, Ph.D., A.R.N.P., F.A.A.N., principal investigator, and Marcia Stanhope, D.S.N., R.N., F.A.A.N., co-principal investigator, and their team received funding for their study, "Development of an Academic Nurse-managed Center Survey and Database." The proposal was funded for \$71,384 over seven months by the Michigan Academic Nursing Consortium through the Kellogg Foundation. The team includes Russ McGuire, Ph.D., R.N., and Mary Kay Rayens, Ph.D., co-investigators; Susan Westneat, survey designer; Said Abu-Salem, M.S.N., R.N., research assistant; Michael Kennedy, M.S., associate professor in the Department of Geography; and Heather Ditzend, administrative coordinator.

The specific aims are to: survey academic nurse-managed centers (ANMCs) nationwide; describe the clients served, clinical services provided, financial and business systems in place, educational experiences provided and associated community partnerships; and document the extent to which the centers serve as safety net providers. The team will develop a map showing the relationships between the locations of ANMCs and the distribution of medically underserved areas and health professions shortage areas.

Faculty member practices energy therapy at new Integrative Medicine Clinic

Supportive oncology services address the physical, emotional and spiritual needs of patients undergoing cancer treatment. The Integrative Medicine Program at the Marylou Whitney and John Hendrickson Cancer Facility at the University of Kentucky Markey Cancer Center now offers the beginnings of these services for women.

Regina Lowry, M.S.N., R.N., a lecturer with the College of Nursing, is an integral part of the complementary therapy team there. Lowry is an energy therapist and will offer this as a therapeutic option for women with breast cancer. The clinic will offer acupuncture and massage therapy as well. Lowry's practice is the newest addition to the College's academic nursing practice and to faculty clinical appointments within the Medical Center. This is one more opportunity for an interdisciplinary approach to health care at UK.

The concept behind the Integrative Medicine Program is to provide clients with a way to blend complementary therapies with conventional, allopathic treatments. Over the past few years, there has been increasing interest among the public and scientific communities in the range of effects of these additional therapies and in the dynamics by which those treatments work.

Not too many years ago these treatments were considered to have little or no medical benefit. Accepting these additional therapies into a comprehensive treatment plan for cancer patients represents a huge shift in thinking among health care professionals – including those at UK.

"It's mind boggling for the people at UK," said Dr. Philip DeSimone, chief of UK's division of hematology/oncology. "It took us a year to get people comfortable with the thought of this."

Lowry knows that energy therapy works. She reminds people that they are beings of energy. Some of that energy can be measured through the electrical current of the heart and brain. The energy of human beings flows through the body, nourishing vital organs while maintaining health and happiness.

"However, illness and emotional distress can interrupt the free flow of energy. Energy therapy is a way of assessing and balancing a person's energy system," Lowry said. During a therapy session, the patient relaxes mind and body as the therapist works to redirect energy flow and to clear blockages.

"There is a natural human potential to use energy therapy in health care," Lowry says, but it was "thrown away in western medicine."

Lowry says that energy therapy can decrease anxiety and reduce symptoms associated with stress. Patients often respond to this treatment with an improved overall sense of well-being and may find it useful in dealing with symptoms associated with cancer and its treatment, including fatigue, depression, nausea and pain.



Regina Lowry, M.S.N., R.N., an energy therapist, balances the energies inside the skull.

College's academic nursing program continues growth

Russ McGuire, Ph.D., R.N., joined the faculty to teach primarily in the D.N.P. program and began the College's first executive-level nursing practice in partnership with Appalachian Regional Healthcare System. He is System Director of Clinical Practice Improvement and Development where he is responsible for clinical quality improvement and evidence-based practice. McGuire is already working with several D.N.P. and Ph.D. students by providing them with clinical leadership practica experiences and opportunities for clinical data collection.

Bettye Cheves M.S.N., R.N.C., C.S., will be expanding her child and adolescent psychiatric nursing practice by adding Winburn Middle School to her existing practice at Bryan Station High School. (The College's Good Samaritan Nursing Center operates the nursing clinic at Winburn.) Her efforts are a partnership with the Youth and Family Services programs at both schools.

The addition of Cheves' psychiatric-mental health nursing services adds a new and important dimension to the overall

health care of children going through the developmental stresses and changes of early adolescence. She provides one-on-one counseling, conducts various psychoeducational and support groups and consults with school faculty and staff on children's mental health issues.

Because Winburn is a feeder school for Bryan Station, Cheves will be able to develop a continuity of care program to follow students throughout their teen years.

Finally, Regina Lowry, M.S.N., R.N., opened an energy therapy practice for women with breast cancer at UK's Markey Cancer Center (See accompanying story on page 26.).

These three exciting new practices further build the range of innovative clinical opportunities available to our students and faculty, while providing important nursing services to the community.

Getting high school students interested 101

The College participates in two programs with local high schools that introduce students to careers in nursing. One of these is through the academic clinical practice program where faculty and staff are involved in Lexington-Fayette County's Experience-based Career Education program.

It allows a diverse group of high school seniors who meet academic requirements to explore different careers by being placed for four, five-week rotations in various work sites. Those who rotate through the College's academic clinical practice settings learn about advanced practice nursing opportunities and roles, such as nurse practitioners and clinical nurse specialists in both community-based and acute care settings.

In 2001-02, the College provided rotations for 10 EBCE students, representing four of the five local high schools. Of these, two are now enrolled in the College's B.S.N. program. Seven of the students are from Bryan Station High School.

In addition to this county-wide program, the College participates in the Health Careers Academy at Bryan Station High School. Assistant Dean for Advanced Practice Julie Sebastian chairs this interdisciplinary group. Assistant Dean for the Undergraduate Program Dorothy Brockopp serves as a member of the group as well. This exciting academy provides students with a structured curriculum designed to help prepare them for post-secondary education in the health professions.

Students are recruited to the Academy while they are in middle school and must apply to the program. Once accepted, they take courses from the specialized curriculum throughout their four years in high school in addition to the required core academic curriculum.

Nineteen students in the program for 2002-03 have expressed an interest in nursing as a possible career choice.



Senior College of Nursing student ambassadors, center, assist students from the Health Careers Academy at Lexington's Bryan Station High School with the Auscultation Trainer and Smart Scope. When students "landmark" correctly, the scope activates pre-selected heart or lung sounds, which include normal as well as abnormal sounds.

The College's undergraduate ambassadors serve as mentors to the Bryan Station students who have shown an interest in nursing, joining them for pizza parties, sharing e-mail conversations and talking together about what nursing might offer for their futures.

Together with the University of Kentucky Hospital Nursing Service, the College of Nursing, under Becky Hudson's leadership, held an "Experience Nursing Day" this past November. Bryan Station students visited the College and UK Hospital with their B.S.N. mentors. They participated in nursing lab activities and hospital tours as part of a day filled with exciting peeks into nursing as a career.

The students learned how to measure oxygen saturation using a pulse oximeter, saw how to start an intravenous catheter feeding with the IV Virtual Reality Computer, and best of all, met SimMan – the College's computer-driven, simulated physiologic patient.

One of the students was interviewed along with Assistant Dean Sebastian for a radio report on WEKU-FM.

As a result of her work on the Bryan Station High School Health Careers Academy, Sebastian has been appointed to the board of directors for the Lexington Partnership for Workforce Development (2003-2005). This community-wide nonprofit organization works to stimulate partnerships throughout the Lexington area that will lead to stronger workforce development initiatives and collaborative efforts between education and the business community. This is a natural extension of the College's efforts to work closely with its partners in the health care service sector to assure that each of the College's programs responds to the community. It fits well with UK President Lee Todd's goals for UK to work closely with the community and employers of our graduates.

Nursing students among honored UK African-American alumni, current students

The University of Kentucky Lyman T. Johnson Alumni Club recognized the contributions and accomplishments of African-American alumni and students at the 13th annual Lyman T. Johnson Banquet.

The award ceremony, appropriately titled “Passing the Torch of Excellence,” honored alumni who have succeeded nationally, statewide and locally since leaving UK. Current students from across campus were also honored for their faith, determination, hard work and academic excellence and will become “torch bearers” for their colleges.

Of the 20 award recipients, two were from the College of Nursing. Chizimuzo T.C. Okoli is a B.S.N. (1999) and M.S.N. (2002) graduate of the College and is currently a student in the College’s Ph.D. program. Roshana Devon Samuels is a senior in the B.S.N. program.

“We have successfully hosted this banquet for 13 years to honor the accomplishments of our African-American alumni and students, said Emmett “Buzz” Burnam, Lyman T. Johnson Alumni Club president and director of UK’s African-American undergraduate student recruitment. “The awards help increase the level of participation by African-American alumni in the alumni affairs of the University, the National Alumni Association and its affiliated groups.”



Roshana Samuels, senior B.S.N. student, shows off her award. Also pictured are her mother, Claudette Samuels, and Assistant Dean for Advanced Practice Nursing Julie Sebastian.