

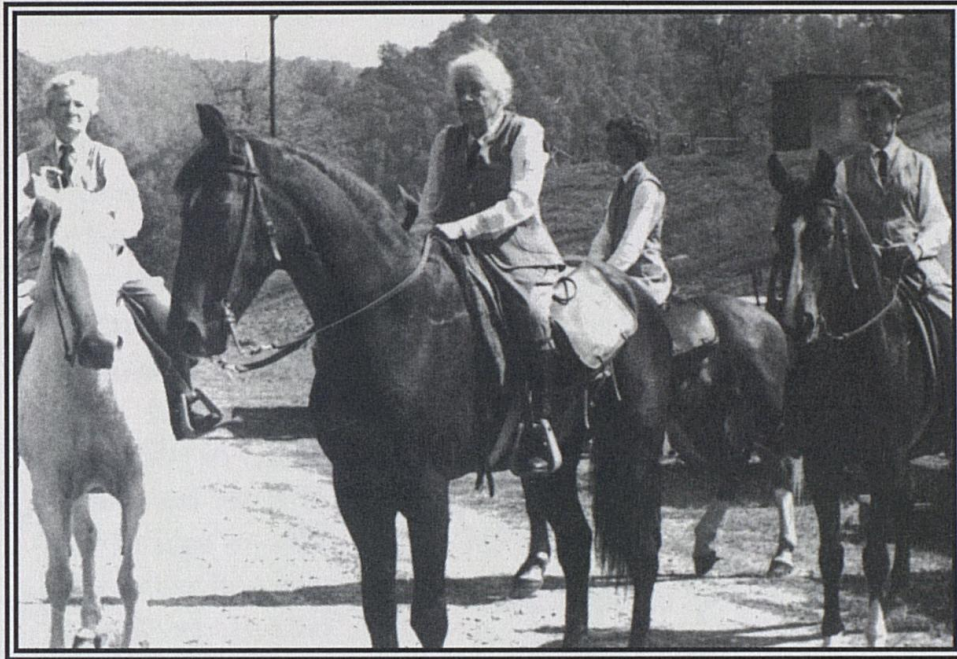
**FNS**

**FRONTIER NURSING SERVICE**

Volume 78

Number 2

Fall/December 2002



*First Mary Breckinridge Day, 1962*



*2002 Mary Breckinridge Festival Parade*



US ISSN 0016-2116

## TABLE OF CONTENTS

Introduction to FNS	1
Courier Program News - <i>Barb Gibson</i>	2
Wendover News - <i>Barb Gibson</i>	5
Mary Breckinridge Healthcare News - <i>Malle Noble</i>	10
A Word from the Mary Breckinridge Chair of Midwifery - <i>Kitty Ernst</i>	13
Website Information	15
In Memory of Robert Phipps, Jr. - <i>Barb Gibson</i>	16
Mary Breckinridge Festival - <i>Mary Ethel Wooton</i>	17
Denistry & the FNS in 1950 - <i>Allan Fogle, MD</i>	21
In Memoriam	23
Urgent Needs	29

Cover: Top photo: First Mary Breckinridge Festival Day - 1962. Left to right: Betty Lester, Mary Breckinridge, Anne Cundle, Molly Lee. Second photo: Old FNS jeep.

---

### Frontier Nursing Service Quarterly Bulletin

Published at the end of each quarter by the Frontier Nursing Service  
Subscription Price \$5.00 a year for Donors/\$15.00 for Institutions

---

Volume 78

Number 2

Fall/December 2002

---

Periodicals postage paid at Wendover, Kentucky 41775 and at additional mailing offices. POSTMASTER: Send address changes to FNS, Inc. 132 FNS Drive, Wendover, Kentucky. Copyright FNS/Inc. 2000 All Rights Reserved.



## Frontier Nursing Service

*If you have never been introduced to the Frontier Nursing Service we would like to take this opportunity to brief you on the history and the on-going work of the Service. Please share this information with a friend.*

Born in 1881 into a prominent American family, Mary Breckinridge spent her early years in many parts of the world - Russia, France, Switzerland and the British Isles. After the death of her two children, she abandoned the homebound life expected of women of her class to devote herself to the service of others, particularly children.

Mrs. Breckinridge established the Frontier Nursing Service (FNS) in Leslie County, Kentucky in 1925, then one of the poorest and most inaccessible areas in the United States. Mrs. Breckinridge introduced the first nurse-midwives in this country. Riding their horses up mountains and across streams in blizzard, fog or flood, the FNS nurses brought modern healthcare to families throughout an area of 700 square miles.

Until her death in 1965, Mary Breckinridge was the driving force behind the work of the Service whose influence today extends far beyond eastern Kentucky. Through the Frontier School of Midwifery and Family Nursing, hundreds of nurses have been trained and this important concept of family healthcare has been carried throughout the world.

Today, FNS, Inc., is organized as a parent holding company for Mary Breckinridge Healthcare, Inc., Frontier Nursing Healthcare, Inc., which includes four rural healthcare clinics (Community Health Center, Beech Fork Clinic, Kate Ireland Healthcare Center and Dr. Anne Wasson Healthcare Center) and for the Frontier School of Midwifery and Family Nursing - the largest midwifery program in the United States.

Remarkably, the purpose and philosophy of the FNS has remained constant since 1925.



## Courier Program News

*-Barb Gibson*



*Jamie Hartung*



*Michael Thompson*

Jamie Hartung left November 29 and Michael Thompson left December 9. During their time here, they were each placed at a rural healthcare clinic two days a week. At the clinics they had an opportunity to shadow providers, assist with fulfilling patient needs and do work on various projects on-going at the clinics.

In addition, both Couriers worked on a Community Assessment Project which involved three parts: 1) patient education; 2) specialists in the community and surrounding area and 3) resources in the community. They created notebooks with information concerning mental health services, school programs and activities, drug awareness and enforcement, patient transportation, diabetes support groups, nutrition, 4-H and Boy/Girl Scouts, food banks, homeless shelters, social services, and many other resources available to Leslie Countians. Notebooks were placed in all clinics making this information available to providers and patients.

Both Jamie and Michael plan to go to medical school. They feel that their experiences at FNS will be instrumental in their career decisions.

We appreciate all the work Jamie and Michael contributed during their stay!



---

*A Courier's Journal*

*Susan Spencer Small served as a Courier at Frontier Nursing Service during the fall of 1948 and spring of 1949. Mrs. Small recently shared her journals with us, written during those periods. Below are excerpts from her journals representing the point of view of a young college graduate new to the mountains:*

Monday, September 20, 1948 - The Pennsylvania train was late in Cincinnati and I nearly had heart failure. But I made the L&N train for Corbin. Finally the bus took off for London. There I changed for Manchester. On this bus I sat next to a woman who had served on the jury. She told me about a feud in Hyden where a road house was dynamited after a man was shot on the street. Her more juicy tale concerned a rape case - the husband having offered his wife in a "horse swap." Well, I thought these things were tall tales told about Kentucky but it seems not!

In Manchester I changed for the last time. From here on the scenery really became lovely. We kept getting deeper in the hills. At last Hyden appeared in the valley. There waiting for me in an Army jeep was a FNS senior Courier with shaggy hair, pants and shirt. A little way down into the stream bed, we crossed the Kentucky River which at this season is as dry as the Sahara. Rounding a bend in the one track road we found an ancient Ford stalled in front of us. The men hitched their tired looking mule onto it and pulled the works out of our way.

We arrived at Wendover just in time for tea at the Big House with Mrs. Breckinridge. After that we all went out to shoo the chickens into the coop - Mrs. Breckinridge, Miss Lewis and all stood there waving branches and shouting to them.

Wednesday, September 22, 1948 - This was my day for a trip to a center. Jean, Miss Lewis and I piled into a jeep for Hyden where we were to meet the plumbing men and take them to Bowlington. However, they never showed up and we waited an interminable time. Then we dumped Miss Lewis, picked up Brownie and headed for Bowlingtown finally. The main road is through more mountainous country than around Wendover. Then we turned



off on a gravelly road which goes through Busy and almost to Buckhorn. The country couldn't be more beautiful. The trip seems to be about 40 miles and took the better part of two hours.

The Center is a white house just above the same river, the Middle Fork of the Kentucky, which is in front of Wendover. Vera Chadwell, the nurse there, just came from England a few months ago. This house was electrified just a few weeks before we arrived. It has a lovely living room with the usual fieldstone fireplace. We ate on the back porch with the well driller pounding away on solid rock the whole time. Jean and I looked over the horses of which there are two. They seem to be a little less nervous and sturdier probably because they are worked harder.

When everything was accomplished we took off with me at the wheel. I discovered that the jeep isn't as difficult as it appeared but at one point I began careening down the mountain before I went into second. The roads couldn't be much narrower plus that much passing and at close quarters. The real test came driving from the mouth of the creek in. You simply have to go as slowly as possible and not jerkily. Brownie pretended she was Mrs. Breckinridge with a broken back. I was to drive most carefully so as not to wrench it or she'd yell. She did, all right.

This was the big night of a square dance in the basement of the Garden House. It began around a quarter of eight when enough people had arrived. The orchestra consisted of one piano and a few guitars. We danced around the post in sets of about ten. None of this New England four set stuff. The only ones they did I knew were "Around that Couple and Swing to the Wall" and "Birdie in the Cage." Another interesting thing, the caller was right in the midst of things dancing away. Pebble and Mr. Benton of the lumber company, went in a "hoe down" during one dance - very fast and fancy stepping. We almost collapsed from the heat and energetic dancing but the boys are very nice and can push you through most anything. Good naturally too.



## Wendover News

by Barb Gibson

Wendover has been bustling with lots of activity during the last three months. The Big House got a new roof and new septic lines were installed to the Upper Shelf after we found that the pipes had holes in them allowing water from the mountain to flow into the septic lines causing overflow problems. There was lots of brush cutting and clean-up in and around Wendover and Hurricane Pasture. The Big House Bed & Breakfast Inn and the Courier dorms were re-decorated. Wendover got a new phone system! The Gift Shop was changed from the Big House to the Barn. Thanks to Mr. & Mrs. Floyd Hines, new carpet was installed in the Barn Apartment and a new washer was purchased.



Staff had several “toy wrapping” parties in preparation for our Christmas party project at the rural healthcare clinics. We will update you on the success of these parties in the next QB.

After cleaning up Hurricane Pasture, George Wooton planted a clover cover crop and we are working with the 4H Agent and County Extension Agent to possibly put a cane crop in Hurricane Pasture.

We entertained/hosted the following guests and functions since the last report:

- |           |   |
|-----------|---|
| August 23 | Kathern E. Montgomery, Cleveland, Ohio.                   |
| August 27 | Mary Breckinridge Festival meeting/ dinner (group of 20). |
|           | Mary Halley, Lexington, Kentucky.                         |
|           | Jeanna R. Conder, Winchester, Kentucky.                   |



- August 31 Dr. & Mrs. Andre Lijoi & family, Hanover, Pennsylvania. Dr. Lijoi worked at Mary Breckinridge Healthcare in the 1980's.
- September 3 Mary Breckinridge Festival meeting/ dinner (group of 20).
- September 4 & 5 Claudia Runge, Louisville, Kentucky.
- September 4 - 7 Joann Cox, Panama City, Florida.
- September 8 Southern & Eastern Kentucky Tourism Group (group of 10).
- September 10 Mary Breckinridge Festival meeting/ dinner (group of 20).
- September 16 Heidi Froemke and FNP's for dinner (group of 7).
- September 17 Mary Breckinridge Festival meeting/ dinner (group of 20).
- September 18 & 19 Mr & Mrs. Hedberg, Cedar Rapids, Michigan.
- September 20 Priscilla Becker and Jackie Wintle, Washington, DC.
- September 21 Jean Fee, McKee, Kentucky (group of 7).
- September 27 Jewel Finn, George Adams, Julia Lawry, John Finn, Capac, Michigan.



- 
- October 1 CNEP & CFNP Level III dinner  
(17 students/faculty).
- October 2 Mary Breckinridge Pageant (group of  
10).
- October 3 Noel Fernandez, Pamona, New York.
- October 8 James & Louann Laurance, Virginia  
Beach, Virginia.
- October 9 Sue Holiday, Lexington, Kentucky  
(group of 6).
- October 14 Mary Halley, Lexington, Kentucky.
- October 16 APEX and Mary Breckinridge Health-  
care staff meeting (group of 10).
- October 17 Jane Leigh Powell, Ridgeland, South  
Carolina.
- October 18 FNS Board of Governors - Jane Leigh  
Powell, John Foley, Bill Hall, Ken  
Tuggle at Wendover for Board meeting.  
Jennifer Mercer, CFO, also spent the  
night.  
Board and Faculty dinner (group of 43).
- October 23 Mary Duncan, Mary Jane Duncan,  
Margaret Hobson and Ernestine Thomp-  
son, Louisville, Kentucky.
- October 28 & 29 Mary Halley, Lexington, Kentucky.



- October 29 & 30 Susie & Brad Stewart, Jekyll Island, Georgia.
- October 31 Claudia Runge & husband, Louisville, Kentucky.  
Joanne Cox, Panama City, Florida.
- November 1 Nature Conservancy, Lexington, Kentucky (group of 19).
- November 12 - 13 Mary Halley, Lexington, Kentucky, and Jeanna Conder, Winchester, Kentucky.
- November 13 Dr. & Mrs. John Ammon, Burlington, Kentucky.
- November 15 Frontier Bound dinner (43).
- November 16 Keith & Brandi Bashan, Bowling Green, Kentucky.

### Tours

- September 4 Amy Cannon, Lexington, Kentucky (group of 3).
- September 8 Geiger & Associates, Atlanta, Georgia (group of 5).
- September 12 Southeast Community College, Pineville, Kentucky (group of 40).
- September 26 Central Kentucky Tech, Danville, Kentucky (group of 9).
- October 1 & 3 WB Muncy Headstart, Wooton, Kentucky (group of 20).



- 
- October 8 Somerset Tech, Somerset, Kentucky  
(group of 25).
- October 9 First Presbyterian Church, Frankfort,  
Kentucky (group of 14).
- October 21 Big Creek Elementary School, Big  
Creek, Kentucky (group of 32).
- October 21 Hayes Lewis Headstart, Yeaddiss,  
Kentucky (group of 8).
- University of Kentucky Nursing Stu-  
dents, Lexington, Kentucky (group of  
11).
- October 25 Wayne County Area Tech, Monticello,  
Kentucky (group of 21).
- October 29 University of Tennessee, Knoxville,  
Tennessee (group of 13).
- November 7 Central Kentucky Tech, Danville, Ken-  
tucky (group of 9).
- November 20 & 21 Hayes Lewis Headstart, Yeaddiss,  
Kentucky (group of 17).
- November 21 University of Kentucky Nursing Stu-  
dents, Lexington, Kentucky (group of  
11).
- November 25 Lincoln Memorial University, Harrod-  
gate, Tennessee (group of 20).
- November 26 Berea College, Berea, Kentucky (group  
of 11).



**Mary Breckinridge Healthcare, Inc. News**

*by Mallie Noble, Administrator*

***Mary Breckinridge Festival***

The staff were busy this fall planning for the 40th annual Mary Breckinridge Festival events held during the first week of October. The Mary Breckinridge Festival is one of the oldest festivals in the State. The Festival was well represented by this year by FNS employees (see details on page 17).

***Kentucky Hospital Association Leadership Conference***

On November 7, I attended the Kentucky Hospital Association (KHA) Annual Leadership Conference in Lexington. This was a very intense and informative conference sponsored by KHA. Governor Paul Patton was present for the welcoming and addressed the State of the Commonwealth. Governor Patton spoke on issues concerning the State Medicaid Program shortfall not only in Kentucky, but nationwide. The State is planning to implement a DRG system for Medicaid in-patient stays at the first of the year. The issue of critical care nursing and allied healthcare worker shortage was also addressed.

Tom Barker, Esq., Senior Outreach and Policy Advisor for Medicare and Medicaid Services also spoke at the Conference. Mr. Barker stated that there are 40 million people without health insurance. The goal next year will be to reduce regulatory burdens and get the government out of the hospitals and physicians offices and allow providers to treat patients.

KHA's legislative priorities for the 2003 Kentucky General Assembly will include Tort Reform to address the rising cost of medical malpractice insurance in Kentucky. With the rising cost of malpractice insurance providers will be leaving their practice and moving to other areas. 86% of Kentucky is medically underserved. This will cause patients and hospitals to suffer.



Linda Craft, RBS, Director of Nursing, attended a KHA meeting on Strategies to Promote Nursing and Allied Health Careers. KHA's staff is setting goals to collaborate with school systems and local communities to inspire the youth in our areas to consider nursing or allied health careers in Kentucky.

We have some of the most compassionate, knowledgeable, and professional nurses you can find anywhere. Here in the mountains of eastern Kentucky, we are beginning to feel the effect of not having enough nurses and allied health workers. Fortunately, we are not feeling the brunt of what the larger urban areas are experiencing. The shortage has brought with it a newfound respect to the nursing practice as a whole. One of the biggest problems that hospitals will be facing in the near future will be the shortage of nurses who care for the patients in the hospital setting.

It is very important that involvement in recruitment and retention of nursing and allied health workers begin at an early age.

Many thanks to Mike Rust and the staff at KHA for their hard work and dedication to healthcare.

The healthcare delivered today at Mary Breckinridge Healthcare is a legacy, one of which Mary Breckinridge would be.



## **New Healthcare Centers Update**

*by Heidi Froemke, Dupont Chair  
Director of Rural Health Clinic Operations*

It has been a long road, but the end is in sight. The new company, Frontier Nursing Healthcare, Inc. (FNH, Inc) will soon consist of four rural health clinics, Beech Fork Clinic, Community Health Center, Kate Ireland Healthcare Center and the Dr. Anne Wasson Healthcare Clinic. Through the hard work of many people and with the assistance of our consulting firm, APEX, our plan is to have the new company, and its rural clinics, seeing patients by January 6, 2003.



I have been given the responsibility of spearheading this forward movement to completion. Much work remains to be done. The Kate Ireland Healthcare Center (Manchester, KY), is taking shape quickly. The building is to be finished by the end of November. The process of moving will take place throughout the month of December. The Dr. Anne Wasson Healthcare Clinic (Hyden, KY) is moving into the old Home Health Building across the parking lot from the Mary Breckinridge Hospital. A fresh coat of paint, a new floor, a renovated lab and fresh curtains will soon complete the clinic. The move from the Kate Ireland Women's Clinic (in the Hospital) to the Wasson Clinic takes place the very end of December. We're on a fast track to complete this project somewhere between turkey dinner and New Year's Eve celebrations!

These two new clinics will combine the best tradition of FNS - Family Nurse Practitioners and Certified Nurse Midwives working under the same roof to deliver healthcare to all ages.

Beech Fork and Community Health Center will do what they do best, hold the line while we move forward with the new clinics. Sanding, varnishing, spraying, painting, hammering . . . these are only a piece of the project. There are still licenses, permits, and inspections to complete and pass successfully. We're on the move, thanks to the hard work and contributions of many, many wonderful workers!



---

**A WORD FROM THE MARY BRECKINRIDGE CHAIR  
OF MIDWIFERY**

*by Kitty Ernst*

I have just come from another Frontier Bound where a new class of very talented nurses began their journey into their education for nurse-midwifery and family nursing practice. In little more than a decade, we have admitted more than 1000 such nurses from all 50 states and from 7 foreign countries. They are the nurses making the two year transition from, as one student stated, "wanna be to gonna be" nurse-midwives and nurse practitioners. Many have waited years for the opportunity that the distance education program developed at the Frontier School of Midwifery and Family Nursing is providing.

The program has earned the respect of nurses, midwives and physicians throughout the land. It not only offers a strong and challenging curriculum that prepares graduates for today's complex world of health care delivery, but it is a program that respects and builds on the years of experience that the nurses that come to it bring. The orientation and beginning studies are heavily laced with the rich heritage of the Frontier Nursing Service and the lessons to be learned from the wisdom of its founder, Mary Breckinridge. The purpose of weeklong experience is to build a sense of community, a bond, among the students and with the faculty that diminishes the geographical distances between them as they work together over the next two years preparing for their life mission.

I have been connected to Frontier in one way or another for over half a century. I have found that this connection, this bond, is a hallmark of the unique experiences of all who have been part of this service over the years. I often wish that some of the past couriers, nurses, and supporters of the Service in the city committees could come to a Frontier Bound. They would experience, first hand, the fact that, through the distance education program, their faithful support made it possible for the vision of Mary Breckinridge to continue and that it is alive and well and growing at an unprecedented rate. It truly is the Banyan Tree that she hoped would



bring shade to Wide Neighborhoods of men.

One of the special moments at the end of the first week of Frontier Bound is the dinner and tour at Wendover. My assignment on that evening is to sit in a rocker in the bedroom of Mrs. Breckinridge and try to give the students a sense of this remarkable woman. I point to the milestones of her life displayed in photos and certificates on the walls and remind them these events were all in preparation for the embarking on an extraordinary demonstration for the delivery of health care to women and children and families in a forgotten frontier of America. I remind them that these frontiers still exist in our rural and urban areas and throughout the world and that their mission is to go there and bring the hope that their services can bring to young families. The average age of our students is 37 and I remind those who are feeling the first flushes of hot flashes that she was 44 when she embarked on this venture. I pick up one of her books, which are always full of her notations to show the depth of her searching for meaning. I ask them to open her tiny closet to point out that she did not clutter her life with worldly possessions for all she had was contained in that small space.

We believe strongly in the value of storytelling as a learning medium and devote one evening to stories from faculty and students. Many poignant experiences are shared. Every evening we form a circle to provide an opportunity for thoughtful repose or for students and faculty to express their feelings about this beginning of their transition from competent experience nurses to competent nurse midwives and family nurse practitioners. We sing the old midwife songs that Helen Browne taught me. We sing the school song. We sing Amazing Grace for it has meaning for people making a dramatic life change. The last evening is dedicated to the student and faculty follies. This is an entertaining evening of skits by students and faculty.

One director of a university based nurse-midwifery program who came to Frontier Bound remarked, "What I see is that you are changing the culture of education and it is good." I think we have just developed a way to role-model midwifery in a partnership with our students.



We want mothers under our care to be confident about giving birth and competent in nurturing their children. We want our students to be confident, competent practitioners and do all we know how to do to make that happen. This is what the school has always done. When I look back, this is what Mary Breckinridge did when she handed me my diploma and said, "Go forth my child and take care of mothers and babies." I rode my horse over the mountain to the Bowlingtown Center to relieve the British nurse-midwife for a three-month holiday. After a one-week orientation she left her district in my hands and with the confidence imparted to me by Mary Breckinridge and this experienced midwife, I knew I could do it.

Dr. Susan Stone, Dean and President of the school, is now engaged with the leadership faculty in the long and arduous task of taking the next quantum leap into the future. When this work is completed, the Frontier School will become accredited to give students the choice of a Masters Degree in Nursing. The affiliation with Frances Payne Bolton School of Nursing will continue for those who prefer that program or who already have a Masters Degree and seek to apply their Frontier education to their pursuit of doctoral studies. I hope that all our alumni and past supporters will continue to help us bring this necessary academic venture to fruition.

### WEBSITES

Frontier Nursing Service - [www.frontiernursing.org](http://www.frontiernursing.org)

FSMFN Community Based Nurse Midwifery Education Program (CNEP) - [www.midwives.org](http://www.midwives.org)

FSMFN Community Based Nurse Practitioner Program (CFNP) - [www.frontierfnp.org](http://www.frontierfnp.org)



**In Memory of Robert (Junior) Phipps, Jr.***by Barb Gibson**Junior Phipps - Christmas 1998*

The staff at Wendover was greatly saddened by the death of our friend and co-worker, Robert (Junior) Phipps, Jr. Junior was a member of the maintenance crew at Wendover for 12 years. He was a friend to some and was like a brother to others.

Junior lived in the Upper Shelf at Wendover and ensured the safety of Wendover during nights as well as working in maintenance during the day. He was a dear and precious friend of Dr. Anne Wasson, retired physician, who lived at Wendover for several years until her death in March 2002. When Dr. Anne became ill, she would call Junior at all hours of the night to come to her. Junior was always there for her.

Junior's happiest times were at Christmas when we had our employee parties. He felt he was a part of the Wendover family, and he was. We will miss his smile and will hold dear to our hearts the good times we had.



## Mary Breckinridge Festival 2002

by Mary Ethel Wooton

*Mary Ethel Wooton is a retired history teacher who works part time in the Property Valuation Office in Hyden and donates a tremendous amount of time working on various voluntary projects.*

In late June of this year, several community activists in Leslie County learned that there were no plans for a 2002 Mary Breckinridge Festival and that the previous committee had disbanded. These activists adopted the goal of continuing the Festival and, more importantly, of turning its focus back on the legacy of Mrs. Breckinridge and the Frontier Nursing Service. Many volunteers came from all segments of the community and combined their talents and skills to make this one of the most successful Festivals in recent history.

Among the early decisions made were to return the Festival to the City of Hyden where all events could be within walking distance of each other, to add new events more reflective of our heritage, and to go into the schools with lessons on Mary Breckinridge. Events were scheduled at the Public Library, the Cooperative Extension Agency building, the Baptist Church, Community Center and Hyden Elementary School campus. Parts of Maple Street were closed to traffic to accommodate exhibits and musical performances.

The Festival Committee created "Theatre on Main", a series of dramas presented at the Community Center and at the Library. The major attraction was A Stalwart Tree, a play written by Leslie County High School students about Mrs. Breckinridge. The cast included students and teachers from elementary schools and the high school, as well as members of the community. It was the first effort in our county by "community players."

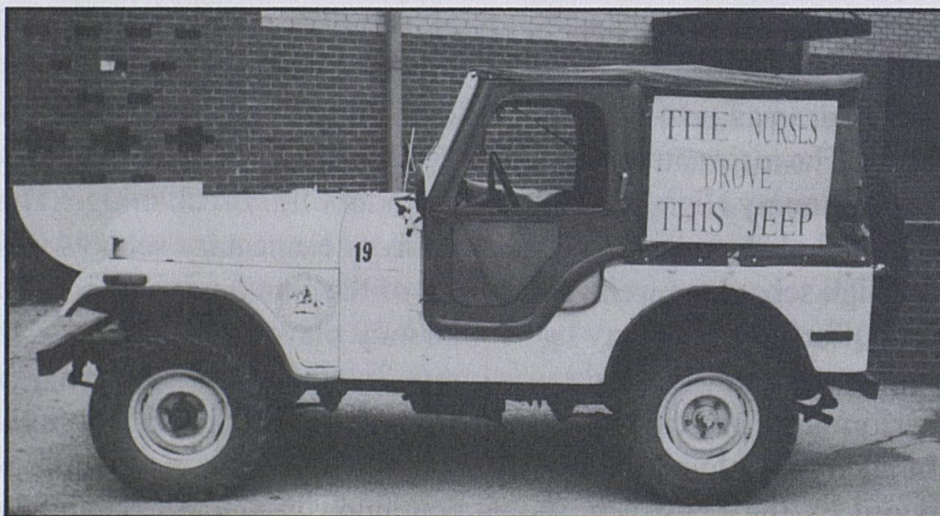
Another highlight was Laura Scott, Kentucky Midwife, a performance presented by a member of the Kentucky Chautauqua. In addition to live dramas, The Forgotten Frontier, a movie produced by the FNS, was shown continuously at the Community Center on Saturday, the major day of the Festival.





*Scene II Mountain Born - play entitled A Stalwart Tree (Judy Napier, mother sitting and Jenna Asher on floor)*

The parade route was changed so that it concluded in town; thus, those who viewed the parade could then walk to the other attractions. The parade, with its heritage theme, was led by a riderless horse in honor of Mrs. Breckinridge. Other units included a vintage FNS jeep, school floats featuring students dressed as Mrs. Breckinridge, and a community float ridden by the "Golden Girls", a group of nurse-midwives who studied at FNS and who still live in the area.



*Historical FNS Jeep*





*"The Golden Girls" left to right: Skip Spell, Barb French and Marilyn Osborne*



*Left to right: Ragen Caldwell and Hazel Causey*



Retired teachers partnered with the FNS staff at Wendover and the Leslie County Extension Office to prepare lessons about Mrs. Breckinridge. These lessons were presented in all classrooms in all Leslie County elementary schools. Historical items, such as photographs, a medical bag, and a nurse's blue riding uniform, were used in the presentations. From the photographs, coloring booklets were created for use in kindergarten through third-grade classes. The four best-colored booklets were selected in each classroom and displayed on the windows of the County Extension Office during Festival week. In grades four through six, the students made posters about Mrs. Breckinridge and the Festival. The three best posters from each classroom were displayed in area businesses and offices during Festival week.

The Festival Committee is pleased with its efforts in 2002. Attendance was much increased over recent years. Participation in the parade and other events increased. New volunteers have joined and suggestions have been offered for additional events. We are working with a representative of the Kentucky Arts Council to advise us on how to improve the "heritage" aspect of the Festival.

The schools welcomed our efforts and have invited us back next year. The English Department at the high school plans to make the play an annual production. We are working with the staff at Wendover to develop additional lessons for use in the schools. Our goal is to present a unique lesson in each grade so that students can expand their knowledge each year. We plan to develop a curriculum that teaches biographical information about Mrs. Breckinridge, that emphasizes the legacy of the Frontier Nursing Service, that informs about professional opportunities available today, and that culminates with challenges to students to perform community service. We are optimistic about the future of the Mary Breckinridge Festival and look forward to planning it for 2003!



### **Dentistry and the Frontier Nursing Service (1950)**

*by Allan Fogle Godby, DMD*

*The following are excerpts from "Dentistry and the Frontier Nursing Service" and "The Summer of 1950" written by Allan Fogle Godby, DMD and Dorothy M. Godby, BA, MA. Both were part of a group of dental students from the University of Louisville who spent time in Leslie County in 1950.*

... If there was an award given for the "Greatest Contribution to Improved Regional Public Health in the 20th century," Mary Breckinridge and the Frontier Nursing Service would deserve special consideration.

... "Watch out for them coal trucks," the attendant told us after we had filled the car with gasoline and were enroute, on the last leg of our trip to Hyden, in Leslie County, to our summer jobs with the Kentucky Bureau of Health Services. Very soon we were face to face with a heavily loaded coal truck driving on our side of the road. One could easily see that the side of the road leading from the mines had been heavily eroded by the daily wear and tear of the truck traffic and the drivers chose to drive on the better road surface regardless of the rules of good driving. The solution to our dilemma was to stop and wait until the trucks slowly moved into the correct lane and we could proceed again.

... The recipients of these services were the children of the county who were brought in on a daily basis, during the summer, from their school districts. They were accompanied by their teachers and had to have a permission slip from their parents for any needed emergent or routine type of dental health care.

... Mary Breckinridge maintained a life-style, in her home at Wendover, that was available to anyone living in that area. She led by example and encouraged others to be their best with what was available to them. One afternoon, we were invited to Wendover for tea. We crossed a swinging bridge over a deep ravine to enter her yard. She greeted us and invited us in. She was not a pretentious type person, was of small stature, had a short hair style which would not require frequent styling and was dressed in



an attractive dark-colored dress. From her persona, you felt that you were in the presence of a loving and caring person. Her home was adequately furnished but not in a pretentious fashion. Two things, I recall, made me see the humanity in her even more. When she sat down with us, she took out a cigarette, inserted it into a pencil-sized holder about eight inches in length, lit it and puffed away as we talked. Later, she lifted the "cozy" off the tea pot and there sat a bottle of wine which was our "tea" of the afternoon.



*Back row on right - second man is Allan Godby and next to him, his wife, Dorothy Godby. The rest of the people have not been identified.*



**IN MEMORIAM**

These friends have departed this life in recent months. We wish to express our sympathy to their families, and our gratitude for their interest in our work.

**IN MEMORY OF:**

**Robert Phipps, Jr.**  
 Susie & Brad Stewart  
**Mrs. Bexie D. McGuffey**  
 Mrs. Roberta K. Watts  
**Jean Blair McElroy**  
 Adele Q. Ervin  
**Margaret Schutt Smith**  
 Roy M. Johnson  
**Dr. Anne Wasson**  
 Susie & Brad Stewart  
 Noel S. Fernandez  
**Lucille R. Houck**  
 Mary Ellen Houck  
**Olive M. Gass**  
 Lois Gass  
**Betty Lou Johnson Memorial**  
**Scholarship**  
 Rhonda M. Johnson  
 Roberta M. Johnson  
 Regan M. Almada  
 Renne M. Cassidy

**Marjorie P. Smith**  
 Dutch & Darlene Harper  
**Mrs. Clifford Heisel**  
 Elsa H. Sule  
**Victor H. Engelhard, III**  
 Dr. & Mrs. James T. Christie  
**Irvin White**  
 Molly & John Logan  
 Elizabeth Morrow  
 Bill & Nancy Gerdes  
 Margaret W. Schroeder  
 Bill & Tee Daugherty  
 Nancy L. Roof  
**Dorothea Newman Chase**  
 Theodore Chase

**IN HONOR OF:**

**Miss Kate Ireland**  
 Elizabeth Culbreth



**FNS and Subsidiary Corporations****FNS, Inc:**

Barb Gibson, *Assistant to CEO*  
Jennifer Mercer, *Controller*  
Kevin Couch, *Assistant Controller*  
Beulah Couch, *Director of Human Resources*  
Brent Swafford, *Plant Operations Manager*

**Frontier School of Midwifery & Family Nursing (FSMFN):**

Dr. Susan Stone, *Dean and President*  
Dr. Julie Marfell, *CFNP Program Director*  
Susan Ulrich, *Chairperson of CNEP*  
Vicky Riley, *Financial Aid/Grants Manager*

**Mary Breckinridge Healthcare, Inc:**

Mallie Noble, *Administrator*  
Linda Craft, *Director of Nursing*

**Mary Breckinridge Healthcare, Inc. Medical Staff:**

Ashutosh Mishra, *Internist*  
Albino Nunez, *Emergency Medicine*  
Madeline Tan, *Peditrician*  
Roy Varghese, *Internist, Chief of Staff*

**FSMFN Faculty Practice:**

Heidi Froemke, *FNP/FNP Coordinator*  
Vivien Jutsum, *CNM, FNP-C*  
Deborah Karsnitz, *CNM*  
Beverly May, *FNP*  
Angela Mitchell, *FNP*  
Lynn Wilkening, *CNM*



**FNS, Inc.**

(the parent)

**BOARD OF GOVERNORS**

*National Chairman*

Miss Jane Leigh Powell, Ridgeland, SC

*Vice-Chairman*

Mr. William H. Hall, Jr., Lexington, KY

*Treasurer*

Mr. John Foley, Lexington, KY

*Secretary*

Mrs. Nancy Hines

Mike Rust, Louisville, KY

Patience White, Bethesda, MD

Kenneth Tuggle, Louisville, KY

*Honorary National Chairman*

Miss Kate Ireland, Tallahassee, FL

*Honorary Chairman*

Mrs. Jefferson Patterson, Washington, DC

*Auditors*

Potter & Company, Lexington, KY

*Trustees*

Mrs. Tia D. Andrew, Wesslesley, MA

Mrs. Laman Gray, Jr., Louisville, KY

Mrs. Steven L. Beshear, Lexington, KY

Dr. John W. Greene, Jr., Lexington, KY

Ms. Ina H. Bond, Goshen, KY

Dr. Horace F. Henriques, III, Lyme, NH

Mrs. Edward T. Breathitt, Lexington, KY

Mrs. John H. Hodge, Devon, PA

Dr. John C. Breckinridge, Golden, CO

Mrs. Caroline F. Holdship, Sewickley, PA

Mrs. Juan Cameron, Washington, DC

Mr. Frank B. Hower, Jr., Louisville, KY

Dr. Wallace Campbell, Pippa Passes, KY

Mrs. Sarah Hughes, Hazard, KY

Ms. Carlyle Carter, Needham, MA

Mrs. Kenneth C. A. Isaacs, Walpole, MA

Mrs. Charles M. Chapin, III, Oldwick, NJ

Mrs. Brereton C. Jones, Midway, KY

Dr. Holly Cheever, Voorheesville, NY

Mrs. Donald E. Jones, Bellefontaine, OH

Mrs. Charles S. Cheston, Jr., Ipswich, MA

Mr. Clinton W. Kelly, III, Bethesda, MD

Mrs. James T. Christie, Louisville, KY

Mr. James G. Kenan, III, Lexington, KY

Mrs. Thomas McCormick Davis,

Mr. John H. Kerr, Jr., Lexington, KY

Washington, DC

Mrs. Robert A. Lawrence, Dedham, MA

Mrs. John Dawson, Dover, MA

Mrs. Henry Ledford, Big Creek, KY

Mrs. John J. Dete, West Liberty, OH

Mrs. Marion B. Leibold, Cincinnati, OH

Mr. Joseph C. Donnelly, York Harbor, ME

Mrs. Francis Luckett, Louisville, KY

Mrs. Peter R. Ehrlich, Bedford, NY

Mrs. Theodore R. P. Martin, St. Louis, MO

Mrs. Preston Fortney, Jr. Covington, KY

Mrs. John O. McKinstry, III, Lexington, KY

Mrs. Jerome R. Gratry, Chagrin Falls, OH

Mrs. Joan Lambert McPhee, Potomac, MD



**Trustees (Continued)**

Mrs. Eddie J. Moore, Hyden, KY  
 Mrs. E. Townsend Moore, Darling, PA  
 Mr. Wade Mountz, Louisville, KY  
 Dr. Wayne Myers, Hazard, KY  
 Mr. Spencer Noe, Lexington, KY  
 Mrs. Frank O'Brien, Jr., Boston, MA  
 Governor Paul Patton, Frankfort, KY  
 Mrs. Arthur Perry, Jr., Concord, MA  
 Mrs. Charles S. Potter, Chicago, IL  
 Mrs. John Richardson, Washington, DC  
 Mrs. George L. Robb, Westwood, MA  
 Mrs. Georgia Hart Rodes, Lexington, KY  
 Mrs. James Rose, Lexington, KY  
 Mrs. William M. Schrieber, Louisville, KY  
 Mrs. Alfred R. Shands, III, Louisville, KY  
 Mrs. Molly B. Sizemore, Hyden, KY  
 Mr. Albert P. Smith, Jr., Lexington, KY  
 Mrs. Joseph M. Smith, Dedham, MA  
 Mrs. Auston L. Smithers, Greenwich, CT  
 Mrs. Burgess P. Standley, Medfield, MA  
 Mrs. Robert N. Steck, Washington, DC  
 Mrs. James W. Stites, Jr., Glenview, KY  
 Dr. W. Grady Stumbo, Hindman, KY  
 Mrs. Mary H. D. Swift, Washington, DC  
 Mrs. Paul J. Vignos, Jr., Chagrin Falls, OH  
 Mrs. Marjorie Vogt, Louisville, KY  
 Mr. Elmer Whitaker, Lexington, KY  
 Mrs. Carrie M. Whitcomb, Great Fall, VA  
 Mrs. Pendleton P. White, Savannah, GA  
 Mrs. Dudley H. Willis, Sherborn, MA  
 Dr. Emery Wilson, Lexington, KY  
 Mr. George Wooton, Hyden, KY

**Honorary Trustees**

Mr. Brooke Alexander, New York, NY  
 Mrs. Charles W. Allen, Jr., Glenview, KY  
 Mr. Richard T. Baker, Gulfstream, FL  
 Mrs. Richard M. Bean, Lexington, KY  
 Mrs. Ralph E. Becker, Bethesda, MD  
 Dr. Peter P. Bosomworth, Lexington, KY  
 Mr. R. B. Campbell, Hyden, KY  
 Mrs. R. B. Campbell, Hyden, KY  
 Mrs. Robert W. Estill, Raleigh, NC  
 Mrs. George E. Evans, Jr., Lexington, KY  
 Mrs. Rex Farmer, Corbin, KY  
 Mrs. Richard Higgins, Westwood, MA

Dr. James B. Holloway, Jr., Lexington, KY  
 Mrs. James B. Holloway, Jr., Lexington, KY  
 Mrs. Gilbert W. Humphrey, Miccosukee, FL  
 Mr. Brereton C. Jones, Midway, KY  
 Mr. R. W. P. Johnston, Lexington, KY  
 Mrs. Samuel E. Neel, McLean, VA  
 Mrs. James N. Rawleigh, Jr., Prospect, KY  
 Mrs. E. H. Scott Rumely, Birmingham, MI  
 Mrs. Ernest R. von Starck, Haverford, PA  
 Miss Margaret Watkins, Grosse Pointe, MI  
 Ms. Erskine P. Wilder, Barrington, IL  
 Mrs. Ralph B. Williams, Bedford, MA  
 Miss Barbara Wriston, New York, NY  
 Mr. William T. Young, Lexington, KY

**National Nursing Council**

Ms. Mary Ellen Amato, Lexington, KY  
 Dr. Frances C. Dalme, Little, AR  
 Mrs. Albert T. Ernst, Perkiomenville, PA  
 Dr. Joyce Fitzpatrick, New York, NY  
 Dr. Loretta C. Ford, Rochester, NY  
 Miss E. Jane Furnas, Phoenix, AZ  
 Miss Louise Griggs, Lexington, KY  
 Dr. O. Marie Henry, Cookville, MD  
 Mrs. Betty Huff, Hyden, KY  
 Miss Phyllis J. Long, Lakewood, NJ  
 Miss Mary Le Mills, Watha, NC  
 Ms. Barbara Nichols, Madison, WI  
 Miss Evelyn M. Peck, Columbia, MO  
 Mrs. Elaine Pendleton, Falls, PA  
 Dr. Marjorie Ramphal, W. Nyack, NY  
 Miss Christine Schenk, Cleveland, OH  
 Dr. Elizabeth Sharpe, Atlanta, GA  
 Dr. Lillie M. Shortridge, Pleasantville, NY  
 Dr. Helen Tirpak, New York, NY  
 Ms. Joyce Wiechmann, Sylacaug, AL  
 Dr. Carolyn A. Williams, Lexington, KY  
 Mrs. Elsie Maier Wilson, Gainesville, FL  
 Ms. Cora Winthrow, Lexington, KY



### **Form of Bequest**

For the convenience of those who wish to remember the Frontier Nursing Service in their Wills, this form of bequest is suggested:

"I hereby give, devise and bequeath the sum of . . . dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky.

### **How Endowment Gifts May be Made**

The following are some of the ways of making gifts to the Endowment Fund of the Frontier Nursing Service:

1. By specific gift under your Will - you may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.
2. By gift of residue under your Will - you may leave all or a portion of your residuary estate to the Service.
3. By life insurance - you may have life insurance made payable direct to the Service.

The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.

Contributions to the Frontier Nursing Service, Inc., are tax deductible under Section 501 (c) (3) of the Internal Revenue Code of 1954.

Gifts of stock should be sent to:  
Frontier Nursing Service  
Mr. William Hall, Treasurer  
Fifth Third Central Kentucky Trust  
250 West Main Street, Suite 100  
Lexington, KY 40507



### Staff Opportunities

Because text for the *Bulletin* must be obtained several days before publication, it is not possible for any issue to contain an up-to-date list of job opportunities. Instead, we list types of positions that are most likely to be available and invite anyone qualified and interested to write for current information.

**Staff opportunities:** Family Nurse-Practitioners, Registered Nurses, and Physicians. For current information or to apply for a position, contact the Department of Human Resources, Wendover, KY 41775 (606-672-2913).

**Courier Program:** This Program encourages applications from anyone who is willing to volunteer for a minimum of 8 weeks and would like to be exposed to the work of the Frontier Nursing Service. For current information, write or call Courier Coordinator, FNS, Inc., 132 FNS Drive, Wendover, KY 41775 (606-672-2317). Courier Program e-mail - [courierprogram@yahoo.com](mailto:courierprogram@yahoo.com).

**Nursing Volunteer Program:** This Program is designed to meet the needs of nurses and nursing students who only have a short length of time in which to come to FNS and gain experience. In this Program, if accepted, there is no required amount of time. For current information, write or call the Director of Nursing, Mary Breckinridge Healthcare, Inc., 130 Kate Ireland Drive, Hyden, KY 41749 (606-672-3162).



## URGENT NEEDS

*FNS has an urgent need for the items listed below and hopes that its friends will wish to contribute toward their purchase. We sometimes receive more gifts for a particular item than needed. In those instances, your gift will be applied toward another need.*

### **Emergency Room:**

Littman Stethoscopes (2)	90.00
--------------------------	-------

### **Home Health:**

Otoscope	254.00
O2 Sat Machine	264.00
Blood Pressure Cuffs (3)	114.00

### **Medical/Surgical:**

Portable Blood Pressure Cuffs (2)	350.00
Electronic Thermometers (2)	428.00
Littman Stethoscopes (2)	90.00

### **Nursing Administration:**

Educational Materials	500.00
-----------------------	--------

### **Rural Healthcare Clinics:**

Christmas Children's Toys	2,000.00
Water Piks (4)	140.00

The cover photo on the Spring/June 2002 Bulletin of Mary Breckinridge gathering eggs was taken by Charlotte "Carley" Clark - Courier 1962.

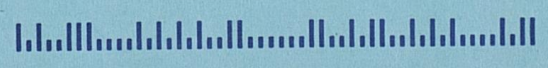


WE THANK YOU  
FOR YOUR PARTICIPATION



PLACE  
FIRST-  
CLASS  
POSTAGE  
HERE

FRONTIER NURSING SERVICE INC  
DEPT 1398  
WENDOVER  
PO BOX 143  
LEXINGTON KY 40588-0143



Loose Item



Please send me more information about:

- The FNS Courier and Volunteer programs.
- Visiting and Touring the FNS.
- Books and other literature concerning FNS.
- Change of address.

As an interested friend, my subscription of \$5.00 a year is enclosed.

- New
- Renewal

As a supporter, you will receive the *Frontier Nursing Service Quarterly Bulletin* unless you request otherwise.

Enclosed is my gift of \$ \_\_\_\_\_



Mary Breckinridge's home at Wendover.  
Historic Landmark - Restored in 1981.

\_\_\_\_\_  
Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
City

\_\_\_\_\_  
State

\_\_\_\_\_  
Phone ( )

\_\_\_\_\_  
Zip

Your Gift is  
Tax Deductible

**Loose Item**



## **FRONTIER NURSING SERVICE, Inc.**

Its motto:

“He shall gather the lambs with his arm and carry them in his bosom, and shall gently lead those that are with young.”

Isaiah 40:11

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives and nurse-practitioners for rural areas where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and educational programs for nurse-midwives and nurse-practitioners; to carry out preventive public health measures; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them, at a price they can afford to pay; to promote the general welfare of the elderly and handicapped; to ameliorate economic conditions inimical to health and growth, and to conduct research toward that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them to cooperate with individuals and with organizations, private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

From the Articles of Incorporations  
of the Frontier Nursing Service.  
Article III as amended June 8, 1984