

CASTLE



KENTUCKY

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Editor
Circulation & Production Manager
Art Director
Staff Artist

CASTLE is published monthly at Kentucky State Penitentiary, Eddyville, Kentucky, under the supervision of the Vocational Training Center. J.R. Hubbard, Vocational Instructor, is the Advisor to CASTLE.

JULY 1969

Our Ninth Year of Publication

CASTLE

CASTLE, a monthly publication by and for the residents of Kentucky State Penitentiary, Eddyville, Kentucky. The views and comments expressed herein are not those of the administration. The purpose of CASTLE is the creative expression of the population in the hope that it will bring about a better understanding between ourselves and society. Permission to reprint all original materials is granted, provided the source is acknowledged. We will print and welcome pertinent rebuttal to articles in our magazine. CASTLE is a member of the International Institutional Press Association.

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DANIEL BOONE-A Tribute-July's cover brings back to CASTLE readers the **sig.** of the old master-Ted Lewis, our Art Director. Numerous are the signs, pieces of art work, and other decorations about the Institution that carry the inscription "by Ted", we are indeed proud and happy to be able to have that signature on this cover.

NOW IN OUR NINTH YEAR OF CONTINUOUS PUBLICATION

CASTLE, Vocational Training Center, Box 128, Eddyville, Kentucky-42083

JULY 1969

MEMORIAL DAY HERE--MEMORABLE

Commissioner John C. Taylor helped make our May 30th, Memorial Day, celebration one to remember. Two events helped to relieve some of the boredom that usually marks holiday observances here. They included an open house--all you could eat--all day affair at the dining room and an extra movie.

The resident dining room was open to all, from 12 noon until time to go in, in the evening, and you could make as many trips into the dining room as your stomach capacity would let you. The menu consisted of weiners, Boston baked beans, potato salad, cold slaw, fruit punch, ice cream and cake. Under the supervision of the Chief Steward, Miles J. Creason and Assistant Steward, H. E. Banks, the dining room crew really turned out a holiday feast. Responsible for the food service were: W. Willoughby, L. Hoyt, K. Kile, Y. Willis, R. Randolph and F. Taylor.

The CASTLE speaks for all the population when we extend our heartiest "Thank you!" to Commissioner Taylor, Warden Wingo, and all the staff and residents of KSP who worked hard to make all this possible.

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FRANK LETTERS TO COMMISSIONER NOW FRANKED

The Commissioner's Office notified the residents here during the month of May that effective immediately inmates did not have to put stamps on letters to the Commissioner. The sealed letters will continue to be placed in the special "Commissioner & Governor" box on the yard. All letters will be taken to the Warden's office to be forwarded on to Frankfort in one envelope to save postage.

In April when this new policy of being able to send a sealed letter to either the Governor or Commissioner Taylor was announced, speculation on the yard had it that the mail box would be flooded. A spokesman for Associate Warden for Treatment-Lasley's Office said it was not the case. We are averaging about 50 letters a month to the Governor and 30 to the Commissioner. In every case, the man writing to either the Governor or Commissioner, has had a answer to his letter from one of them.

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NEWSPAPER PRICES COME DOWN

The last week in May, Administrative Associate Warden, John W. Drennon, while on duty as Acting Warden, announced a new procedure and price structure for inmate subscribers to daily and Sunday papers, here.

The Commissary will now be processing newspaper subscriptions and they will be forwarded to the area newspaper representatives at no mark-up. Subscriptions will be handled on a monthly basis only. It is now possible to subscribe for as many months as you like, but for no less than one month at any one time. They may be renewed on a month to month basis. (Continued on page 20)

CASTLE CELEBRATES ITS EIGHT YEAR

On a hot July day, eight years ago, a voice that had been still-ed for over two years started speaking again, the inmate voice of Kentucky State Penitentiary. Two men met with the late Lloyd T. Armstrong, Deputy Warden, to launch "CASTLE ON THE CUMBERLAND." They were James Bell Yager and "Chuck" Garrett. The first issue of twenty-five pages and 250 copies was run off the press with Yager as Editor and Garrett as Associate Editor. It was a fancy launching for the Louisville Courier-Journal ran a feature story with pictures on the first issue.

Castle on the Cumberland was the successor to previous institutional papers including Castle Lights, The Hours and a newspaper form called-The Cur. Various and sundry reasons caused these other publications to be suspended and the printing press to be removed from the yard. One story has it that the publishers of one of the magazines were more interested in trying to duplicate the efforts of the U.S. Bureau of Printing. When one of their efforts with a clean shaven Lincoln appeared on a Twenty, the Officials decided to channel artistic endeavors in another direction. Thus, when Castle on the Cumberland went to press it was prepared on paper multilith masters and sent to the front offices to be run off.

From the start, Castle on the Cumberland was a success and by September, 1961, circulation was up to 400 copies and later as many as 300 copies were going to the outside. Paid outside circulation, kept going up, hitting just under the hundred mark.

One of the founders of the magazine is still here, Yager, and he and his cigars hold forth at the Scale House. James has written an article for this July issue.

Since 1961, better than a score of men have held the Editor's Chair for short and long periods of time. Parole and release made but some of the changes, editorial differences and other interests have caused others. The staff, too, has been larger or smaller. It was only last year, for several months, that the staff numbered one.

CASTLE now operates on a more formal basis as a part of Vocational training with the News Office being in the Vocational Training Center. The office is located between the Barber Shop and the Upholstery Shop and is large enough to accomodate a staff of three. Since becoming a part of the school system, the magazine has been in better supply with equipment and tools to get the publication out. A big problem-Censorship-has become almost nil with few if any article or feature receiving the blue pencil. The contents of the magazine is checked with Mr. William Egbert, School Supervisor and by Mr. W.H. Lasley, Associate Warden for Treatment. Our Advisor, Mr. J.R. Hubbard does the proofing of the final plates and orders all the needed supplies and materials. The magazine is still a multilith-typed paper-plate operation with the printing done in the offices out front, On July 1st, of last year, the silk-screen cover was introduced and in only one case, each month since then has featured a silk-print cover.

The first cover saw the title of the magazine reduced to the

(Continued on page 6)

HOW DOES A "CON" CELEBRATE INDEPENDENCE ?

by
James Bell Yager

How does a man celebrate "Independence Day" who has just started a life sentence? How do you expect a man who has been rejected for parole and has a number of years to the expiration of his sentence to celebrate "Independence Day"? How do you offer "festivities" to men who have lost their home, children, wife, job, friends, and self respect? Very frankly, I cannot answer these questions. I don't know anyone who can!

What does "Independence Day" mean to a fellow whose freedom and release are so far out of sight that the very thought of future years of confinement dejects and depresses him? How can these things be overcome? Very frankly, I cannot answer these questions either.

During the French Revolution a sign was erected over the portals of the Bastille. It read, "All Ye Who Enter Here Abandon Hope." Many did!---, Many didn't---, and eventually most of them got out.

The important thing, I guess, is hope.

Regardless of how bad your situation seems to be - There is always Hope. Things can't get worse. So they must get better. Everything in this universe is transitory. Times, conditions and situations will change. The day will surely come when you will be released and literally start a new life. Your prison days will seem like a bad dream!

I personally extend to you HOPE. HOPE for better "Independence Days" and HOPE for better years. I shall be hoping with you.

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HONORS CEREMONY HELD

by E.O. Taylor, Jr.

On May 29th a group of inmates representing the KSP Fellowship Club met with the residents of Death Row to present their yearly awards to the various staff members and officials of the prison. The award ceremony has been going on annually for the past eight years.

James B. Yager acting as Master of Ceremonies for the group presented certificates to:

Mrs. Nadine Galusha, Warden's secretary, as Outstanding Lady of the year.

Mrs. Jo Ann Peek, secretary-Receiver's office, as Personality of the year.

Mrs. Touxie French, Mail Censor, was selected as the Distinguished Mail Censor of the year.

Correctional Officer-Henry Griffin-was selected as Outstanding Mess Officer of the year. (Continued on page 8)

FROM THE WARDEN'S OFFICE :

As I understand it this month will mark the eighth continuous year of publication for the "Castle on the Cumberland" and the first year for the new "CASTLE" title only. I am reminded that we have been assigned here for four of these eight years and cannot but think of some of the accomplishments made during that period.

Some of the major physical plant accomplishments include our new Medical Clinic, the new farm dormitory unit, a new slaughter house, the fire house, and three new cattle feed barns.

Under construction at the present time is the new clothing room inside the compound and a new swine facility on the large farm. This building will house the sows and breeding stock and will also have a unit for feeding the younger pigs.

During this four-year period, we also completely renovated the dining room and replaced the old benches with tables and chairs as well as adding several pieces of new equipment in the kitchen area. These include new steam tables, cooking pots, fryers, electric stoves, and walk-in refrigerators. As a part of this overall project, we completely retiled the kitchen and dining room floors also replacing much of the old plumbing located above the ceiling of the dining room in No. 5 Cell House.

Another addition was the counseling offices located in the old milk house which operations were transferred to the farm area. We now have four counseling offices located in this area where the counselors are available to the population. We might suggest that the population take advantage of these counselors that are available and route many of their requests through the counseling offices rather than to department heads, associate wardens, and myself. Many of the requests will have to be routed to the counselors because the department heads simply do not have time to take care of all the inmates' wishes and needs.

We might add that the new school was completed only four years ago and that the decorating and furnishing was done following our appointment here, and we now consider ourselves as having a very good and complete general education program. The program offers all subjects through the high school level and has complete approval of the State Superintendent's office. As most of you know, we also are conducting college classes and have been doing so for the last two years. There is a need to improve our vocational training activities, and plans are in the making at the present time to implement more vocational classes and to build a complete vocational training building outside the main wall in the new industrial area.

Too, plans are in the making to move our industries and shop activities outside into a new building which is to be constructed so that we may do away with the old shops building now in use.

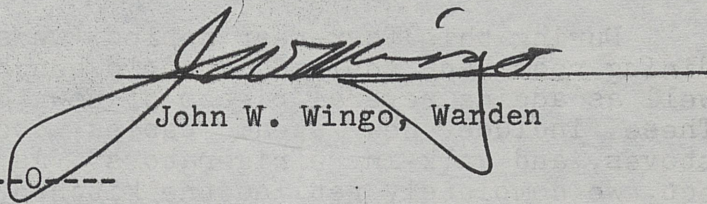
Probably more important than buildings and plant additions has been the improvement of our staff which includes three associate wardens, a chief counselor, a psychologist, added teachers and counselors which were not available until recently. We hope these added services and staff members will be of service to the inmate popu-

(Continued on page 6)

THOUGHTS FROM THE WARDEN'S OFFICE (Continued)

lation and that the population will use these people in a constructive manner.

We might close this article by saying that it is our opinion that the "Castle" now produces a good worthwhile magazine that is worthy of being read by anyone. The articles contain information about the various departments in the institution and leads the way in sponsoring ideas and improvements for the betterment of the inmates. Believe it or not, the improvement of the inmate toward release to a normal life in outside society is the end goal of the institution, its staff, and the administration. If the inmate population and the employees can be made to see this function, I am sure that we can accomplish major goals in the future.


John W. Wingo, Warden

CASTLE CELEBRATES ITS EIGHTH YEAR (Continued)

present title of "Castle" with the on the Cumberland being retired to the shelf for two reasons. One; the Cumberland River no longer flows by the fortress here, it's now Lake Barkley and two; the silk-screen artist balked at all the wording and sold us on the idea that the one name would stand out better in the style of TIME, LIFE or FORTUNE.

CASTLE prints over 600 copies per month now, with our outside mailing to subscribers, friends, and other penal publications running at about 250 copies each month. Mailing costs have caused the increase in subscription rate to Two Dollars per year with this issue.

Last year, CASTLE's silk-screen cover for September won a second place award in Best Art in the National Penal Press Contest held by the Journalism Department of Southern Illinois University at Carbondale, Illinois.

NEW ASSISTANT CANTEEN MANAGER NAMED

Mr. John Atwood, Canteen Manager has announced the appointment of Mr. Ralph Barnett, Sebree, Kentucky, as Assistant Canteen manager. Prior to coming here, Mr. Barnett, was, for four years, the Senior Captain of the Security Force at the Job Corps Center at Camp Breckinridge. Before that he spent three years in Eastern Ky. as a Superintendent of the Ormsby Oil Company at Jackson, Kentucky. He helped in the drilling and development of the new oil fields in Breathitt County.

Mr. Barnett said, "In just the short time I have been here, I have come to like my work very much and I do appreciate the courtesy that the men show at the sales window."

COMMISSIONER -NOTES ANNIVERSARY

First, may I congratulate the "Castle" staff on the eighth anniversary of continuous publication. Some magazines of this kind are short-lived, not because of lack of need or lack of material, but because of lack of interest in getting it out. It takes hard work and stick-to-itiveness to accomplish what you have so ably done.

Publications like the "Castle" can have a constructive influence on the population and the institution. Communication is very important, and the penal press has an opportunity as well as a responsibility in fulfilling its mission. The "Castle" is good training in practice, as well as in theory, in writing and publishing.

I have heard many favorable comments about the improvement in the "Castle" in the last few years. Although I cannot vouch for this as I have not been here long enough, I do recognize that you have an excellent periodical which compares favorably with those of other institutions. I hope you will not falter in your efforts, and will continue to forge ahead in the coming years, keeping the "Castle" among the best of penal publications.

J.C. Taylor
Commissioner

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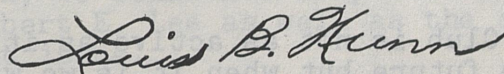
OFFICE OF THE GOVERNOR
Frankfort, Kentucky

Congratulations and best wishes to the staff of the Castle as you observe your eighth anniversary of continuous publication.

Your unique publication serves many vital functions, one of which is to create a community atmosphere and spirit.

I am pleased that you are fulfilling the responsible role and send warmest personal regards and wishes for continued progress.

Sincerely yours,



LOUIE B. NUNN
Governor

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Every Kentuckian Counts !

CLOTHING HOUSE ROLLS ALONG -AND WELL

The Clothing House is now fully stocked with all clothing issue to take care of all needs in clothing for the summer. Clerk Tom Evans and Rawleigh Pennington resident tailor have completed restocking and setting up a new inventory system so that a fuller use can be made of the new and used clothing issued. All clothing now is being marked according to size and length. Orders are filled on time and with great speed due to the new system.

Correctional Officers, B.H. Bell, Clothing House officer and G.T. Moore are responsible for the new operations and also supervise the issue of all officers' uniforms.

The Clothing Plant has been busy filling orders to keep up with the stocking demands. It is expected that when the new clothing house, now under construction, is completed that a different and more diverse type of service will be offered to the residents by the Clothing House.

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CEREMONIES HERE HONOR STAFF (Continued from page)

Upon nomination by the men of Death Row, Warden John W. Wingo was selected Humanitarian of the Year. The award to the Warden was presented by Auggie Myer. Myer in his talk praised the Warden for his compassion and all of the things that he has done to improve the lot of men on Death Row. Warden Wingo has allowed the men to come out of their cells to take part in some of the sports activities, attend the movies, and has conducted them on tours of the institution to let them see what's new on the yard. He was also instrumental in seeing that the Row was moved from the basement of the Lock-up Cell House to new quarters in Five Cell House.

Inmate of the Year Award went to CASTLE Editor, H. R. Dunbar, in bringing out the new look of the inmate magazine and for his attitude toward constructive purposes via this news media as set forth by his fellow inmates.

The K.S.P. Fellowship club is composed of a group of inmates dedicated to provide its' members a program which will improve their abilities in speaking to a group of people and develop their talent in the general area of communication. Out of the meetings, the members derive fellowship, mutual constructive evaluation and varying degrees of responsibility until such time genuine qualities of leadership assert themselves.

The Club is not as active as it once was or as we hope for it to be in the future but when it is we will be soliciting new members to add onto the mere 29 it presently has.

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STAY-TISTICS FOR THE MONTH

High Number-27129

Low Number-4144

Death Row-14

Total Count- 1,097

Records Office 6-19-69

from the



Editor

EDDYVILLE HISTORY- We failed to mention in our history of Eddyville that in our search for information through the old hospital building we ran across an old relic. Said short character grabbed me by the arm with a steely grip to inform me that he would be seeing the Parole Board this month. It was Herman Howard, who having survived three heart attacks now vows to live to 110 and be jailed for contributing to the delinquency of a middle aged widow or shot at the age of 115 by a jealous husband. For seven years, Herman manned the X-Ray machine here and for eight years has helped in the Dentist office both here and at LaGrange. I don't know anyone in either joint that has more friends than Herman and we join with them in wishing he well when he sees the Board.

THE MISSOURI TEAMSTER- A monthly publication arrived across our desk for the first time this past week. We certainly enjoyed reading it. The picture of the lady barber who works in the Teamsters Council Plaza is now hanging in our barbershop, next door. All the barbers here have voted Sally Beauchamp an honorary barbers license to come and use this shop anytime she wants.

IN OUR MAIL BAG- a request from Miss Sandra Hallaron for back issues of CASTLE. The Boston lady is preparing a paper with reference to institutional publications and said, "Mr. W. Manion Rice of the University of Southern Illinois has suggested that your publication is particularly noteworthy." Really the young lady need not look any further than her own state for noteworthy publications- Our Paper, The Decision, The Beacon, The Mentor and in Connecticut, is The Bridge and The Weekly Scene. Naturally we are honored and have sent the copies on to her.

JOINING THE SILK-SCREEN PARADE- is the In-Crowd News of Buford, Georgia which features the work of Jim Burnett-"Dignity's First Flight"- a very beautifully done piece of work, too.

PENAL PRESS COMMENTS- Mike Harrison does a fine job in his Penal Press Review but the Editor reserves the right to snag a few of the magazines and papers that come in before Mike sees them. Thusly, we use some of this space to make a few editorial comments on some of them too! Being Virginia born, we could not help but be thrilled by the fine DOPESTAR cover on Robert E. Lee as well as the story of his life that appeared in a recent issue.

A new, to us, publication arrived today-NEWS and VIEWS, from Granite, Oklahoma-The State Reformatory-a real fine paper that Coordinator, Joe Mosier puts out. Had a little conference with our own circulation manager, Haynes Robinson, and find that we haven't been exchanging with either them or the EYE OPENER at McAlester. Don't know how that happened but both of you are back in the Exchange columns now. (Editor Rambles more on page 14)

PAROLE BOARD MEMBER NAMED

Governor Louie B. Nunn has announced the appointment of Mr. Glynn V. McMinoway, Louisville, Ky., as a member of the Kentucky State Parole Board.

Mr. McMinoway has been the liaison officer in the Corrections Department for the past year and prior to that had served for four years as the Assistant Chief Probation officer in Jefferson County.

Mr. McMinoway, 47, replaced former Judge David L. Davis, Sandy Hook, Ky., whose four year term had expired earlier this year. Yet to be named is a replacement for the unexpired term of Mr. W.C. Brummell, who died earlier this year.

The McMinoway appointment made the second man named to the Board by Governor Nunn. Previously, he had appointed Mr. Sewell C. Harlin. The other two members of the Board, Chairman Glenn Wade and Mrs. Lucille Robuck were appointed by the previous Governor, Edward T. Breathitt.

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MAY PAROLE BOARD - 47% PAROLLED

The May meeting of the Kentucky State Parole Board here failed to come up to their record of a year ago but only by a few percentage points. Last year, 56% of the men seen were granted parole as against 47% this year.

Forty-seven new cases were considered plus four perviously given parole but had their parole conditions changed. Length of set-backs has dropped with this Board with one receiving three months, one receiving six months, 4-one year, 1-20 months, 2- two years, and sixteen men served-out on their sentences,

Of the three lifers granted parole, one received a recommendation after seven years, one after 18 years and one was a reinstatement of a prieveiu parole. Paroles went also to men doing a 24 year sentence, a twenty year sentence (after serving almost twelve years), two doing twenty-one year sentences, three with ten year sentences, one-six years, three doing four years, three doing three years, and five men with a two year sentence each.

The Board at this meeting consisted of the Chairman-Glenn Wade and members, Mrs. Lucille Robuck and Mr. Sewell C. Harlin. The new member of the Board, Mr. Glynn V. McMinoway, will meet the men of Eddyville at the June meeting held at the end of the month, here.

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Mr. Businessman or Mr. Kentucky Farmer !

Do you need some trained help on the job?

If you do, consider a parolee, today..

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FARM REPORT FOR YEAR

Farming is a big business at Kentucky State Penitentiary. Last year the total value of food produced during the twelve months period was \$ 274,827.37. The breakdown of that figure is as follows:

Vegetables.....	\$ 75,498.10	Pork.....	\$ 69,665.15
Milk.....	\$ 64,177.23	Poultry.....	\$ 2,964.02
Beef.....	\$ 45,701.84	Eggs.....	\$ 16,821.03

The census of farm animals showed that we had on hand 1,074 swine, 150 head of dairy cattle, 659 head of beef cattle, 4,224 chickens and 2 horses and 4 mules.

The farms are in four different tracts. Three tracts join each other and the fourth is approximately 19 miles from the other three. The last is used mainly as a stock farm and is known as Farm # 2. It is located west of Kuttawa and is 435 acres. It was purchased for the state in early 1940. Farm # 1, Fredonia Valley, was bought late in 1949. Another tract was purchased that joined Farm # 1, the same year, and in 1962 another tract was bought, which also joined on the others.

The total amount of farm land owned by the Penitentiary is approximately 2,435 acres, with 500 acres in crops. The farm operation employes 18 civilians. They are:

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|--|-------------------------------------|
| G.T. Humphreys-----Manager | C.R. Harrison--Assistant Manager |
| D.P. Slaughter-----Gardner | T.V. Holt--Assistant Gardner |
| H.L. Harper-----Herdsman, Farm-1 | Fred McChesney---Herdsman, Farm-2 |
| Marsh Clift-----Dairyman | C.D. Duff--Dairyman, Relief |
| W.D. Ward, Jr.----Dairyman, Relief | Ralph Hart---Carpentry Supervisor |
| Preston Oliver--Transportation Officer | R.B. Gill--Line Crew Officer |
| Delmer Jenkins---Line Crew Officer | L.T. Brown-Line Crew Officer |
| Kermit Vinson----Line Crew Officer | Lt. W.D. Gressett--Security officer |
- Dr. R.W. Blazier---Veterinarian

The farm dormitory located on Farm # 1 houses approximately 100 men and 35 men leave and return to the prison, daily, to work on the line crews of the farm.

The over-all responsibility of the farming operations is in the hands of Mr. John W. Drennon, Associate Warden for Administration. A statement of the framing operations this year, by him, read as follows:

" Every effort is being made to bring about a more realistic planning and acreage allotment for farm crops. This means that close attention is being paid to what farm products appear to be most desirable to those who consume them.

Products that are popular and are most in demand will be given a higher priority and more acreage and those which we have had a surplus in the past will be reduced.

(FARM STORY Continues on page 12)

NEW COUNSELOR NAME HERE

Associate Wardent for Treatment-William H. Lasley has announced the appointment of Mr. Donald R. Cole, a native of Providence, Ky. as a Clinical Services Counselor.

Mr. Cole attended school at Dixon High School, Dixon, Kentucky and colleges include Bethel Jr. College at Hopkinsville and Murray State University, where he was a ministerial student. Upon graduation from college, he taught school at Hopkinsville for several years and later attended the Mid-Western Baptist Theological Seminary in Kansas City, Mo.

Since that time he has held full time pastorates in several Western Kentucky communities, including Harmony Baptist Church at Grahamville, Zion's Cause Baptist, Route # 7, Benton and was recently called to serve at Midway Baptist, Princeton.

Mr. Cole is married and has two children. He will soon be moving to Route # 3, near Princeton, Kentucky.

"The family and individual counseling service of the ministry has always been my prime interest," he said. "Problem solving and working with people to help them has always given me the most satisfaction in my work. I am looking forward to being able to be of service to the men here." he stated.

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FARM STORY Continued-----

Greater attention will be paid to harvesting farm crops at their quality peak, rather than waiting for maximum poundage, simply to make production records look good.

We have ~~also~~ received some new machinery and equipment in the cannery which should improve the quality of the canned product."

The following civilians are employees at the Farm Dormitory :

Captain R. P. Parker	Mr. Carl M. Dicken- Teacher
Lieutenant W. G. Lee	Officer James Joiner
Officer T.B. Adlich	Officer Steven Waller
Officer Tim Barnes	Officer Clinton Sivells
Officer Carlton Bush	Officer Oscar Gary
Officer Lonnie Cook	Officer Leonard Buntin
Officer Fred Newson	Officer Everett Thurman
Officer Guy Lowery	Officer Leonard Buckingham

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July is a good month to join the happy parade of CASTLE readers. Send the CASTLE to a friend for only \$ 2.00 a year. Let Them in on the happenings in the big Castle on the Barkley. Just send you check or money order to:

CASTLE SUBSCRIPTION

c/o Chief Clerk's Office, Box 128, Eddyville, Kentucky 42038

MIKE HARRISON LOOKS
AT THE

PENAL PRESS

ABOUT FACE- Congratulations on your new paper, it has a nice layout, even better than the small mimeographer mag you guys have been putting out. Knew you could do better.

PRISON MIRROR- Why don't you guys enlist Emil Johnson and Albert Powell as workers in your newspaper. With talent like that you should be the best. Our well wishes to the men on their books. How can we get a copy for our library? I would like to read them as I am a mystery fan?

PONTIAC FLAG NEWS- A very fine edition. Many new names, too. Roy McG. has a job cut out for him but we know he will do it well. The short called "Suicide" was great. Anonymous should have given his name because the piece was something to be proud of.

THE CRITERION- Our congratulations to the High Wall Special on its exceptional tour of Pennsylvania. Wouldn't be surprised to see your car in the Indy "500" some day. Good luck in the future and may you have many more wins. Just shows what we can do when Lady Luck is on your side.

EL SAGUARO- Everyone here at KSP agrees 100% with your editorial, "Behind Prison Walls" of March 28th. You tell it like it is! Keep them coming!

PIONEER NEWS- Always glad to hear from all of you. Add us to the ever growing list of people who congratulate you and the Emergency Fire Men as they do their job.

THE PILLAR- Must have been a bad day at St. Cloud. The May 9th issue in our mail box had six pages; one, two, five and six on one long sheet-- Tsk, tsk! What happen? "What is the men like here?", applies to a lot of us here. We have a group of the same caliber.

TIME AND TIDE- Dandy is the way to describe your departmental news insight. You sure take us on a fine word tour. Our Ed. says to tell W. Parman thanks loads for the letters. Still hasn't heard a word on it.

PENDLETON REFLECTOR- Progress, glad to see it come to your place. As a former resident, I can still remember the benches in the O.S.R. now it is tables and chairs. See you've got your own Ann Landers, only he is named Paul.

CLARION- Old Editor beat me to the last copy, I see. Your May issue-- I do have and seems that your Exchange Editor gets with it. Liked the bit "Wandering of the Strawberry Mind" and E.M., known to us as Skinny Benny really goes for your poetry. Me, I don't dig it.

Had some more to say about CASTLE COURIER, THE DIPLOMAT, ENCHANTED NEWS and THE SPECTATOR but that's all the space I've got for this time. See you next month with more on the Penal Press.

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FROM THE EDITOR Continued

The April and May issues of TIME from Jolliet-Statesville arrived together down here. The April cover was exceptional and the May sports issue cover by Jack Allman beats the old Saturday Evening Post. Dave, I thought you-all said that Joe Milani was going home?

CLARION-Fronteria, Calif.- Att: Mary Frances Pierce-New Editor-'Twas a fine first effort for you, your June issue. The cover and cut-out on the " Girl with the Kalediscope eyes" really sent us. Real graphics in the magazine. In answer to you question, our cover stock is Beckett Brilliant Opaque Cover, long grain, vellum finish, 65 pound stock. We get all our silk-screen supplies from Dick Blick Company, Galesburg, Ill. We can't wait to see your first 'screen cover.

To Editor A. P. Calflooking of the M.P. News- Your past issue of the NEWS has caused more interest than any publication that has hit the office here in some time. Our weightlifters are ready to try a Postal meet with Byron Gallagher and his team. " Constant Reader " got hold of the Letter to the Editor "American Paradox"by Joseph Hunsinger and in turn wrote the following:

WHAT'S REALLY WRONG WITH AMERICA

Too many people with nothing to say are saying too much. For instance, we read an article the other day in the form of a Letter to the Editor of M.P. News. In the most pompous verbosity it purported to explain the trouble with our country today. It succeeded far beyond the writer's intention.

The article rambled page after page putting down a poor and indefensible imitation of the communist line. It appeared more a contribution to the Daily Worker from an asylum than a prisoner's article in the penal press. To dissect it and reduce it to less than nothing would be the work for an unemployed idiot, and we forego the pleasure. In the words of the immortal Bard- Omar Meade:

" The studied actor in life's changing play
With modulated tones the watcher's sway;
While neophytes gesticulate and shout:
He speaks the loudest who has least to say.

If we may offer this advice to the writer: Join a Lonely Hearts Club and leave- Letters to the Editor-to the big boys in the fourth-grade.

Constant Reader

Fortune Society (Canada) and Fortune Society continues to grow. Both of their latest newsletters arrived this week. Their influence continues to be felt. Their message-To create a better understanding & public awareness of the Prison System in America and Canada, today. Give them a helping hand, if you can. They ask those who will to contribute \$2/,\$5/,\$10 or more. The addresses are: 1545 Broadway, Suite 612, New Your,N.Y. and Suite 1810, 80 King Street W., Toronto, Ontario.

And that 'Dear Hearts and Gentle people' is 30 for July.

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A.A. HOLDS OPEN HOUSE

Sunday, June 1st, the Hopeful Group of Alcoholics Anonymous met and held their open house in One shop. A total of 127 residents and outside guests attended the meeting. Forty of this number were outside A.A. and represented groups in the tri-state area. Several former inmates from here, who are now free men returned to tell of their success with the A.A. program on the outside. Four members of the Hopeful Group # 2, the Farm Dormitory group, came into the meeting.

Mr. Homer Patterson is the Inside Sponsor for the group and Chaplain H.E. Inman is the Inside Advisor. The Outside Sponsor and several outside delegates to the group also attended the open house.

Warden John W. Wingo attended the meeting and spoke to the group. One of the high points of the meeting was the reading of a telegram from Governor Louie Nunn stating that he couldn't be present but praising the group for its' program and activities.

Mr. Homer Patterson said, " We are extremely happy with the response to our Open House. I consider that A.A. is our most successful rehabilitation program offered here or in any prison. It is successful because it's a self-help program, giving a man a chance to really examine himself and the problems that has led him into." He added, " The fact that so many outsiders are here today shows that A.A. fellowship and interest for men here, spans walls and states. I know of no other program that gives the men here the opportunity to know that they are not forgotten and that someone has an interest in them, if they have an interest and desire to help themselves."

The buffet luncheon was supervised by resident Foley Bell from the inmate dining room. It included roast beef, baked ham, ham and cheese spread, ham salad, a cheese tree with slices of bologna and cheese, Boston baked beans, potato salad, stuffed celery stalks, deviled eggs, cole slaw, fresh green onion salad and cold and hot beverages-milk or coffee. Ice cream and cake was also served. Many of the outside guest provided pies, cakes and cookies for the meal.

Assisting Bell in the preparation of the food was the head butcher-Robert Gohs, and "Duck" Thomas. Serving the luncheon were: Alfred Cunningham, Larry Hoyt, Jeff Harris, William Bruce and Bill Kile. Mr. Conner of the Receiver's Office along with the dining room stewards cooperated with the men to make the collation possible and it was appreciated by all.

William Connor, Editor of the AA publication, " OUR HOPE" announced that a special section of the magazine was being prepared to cover the Open House. The AA publication here is a quarterly Magazine.

One AA member said it all in summing up the meeting, " It was a success; everyone left the meeting full of good food, good fellowship and most important of all, full of good A.A. "

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WHY RECIDIVISM

By Charles Walker

Recidivism has its inception inside of prison. A careful analysis of the reason for recidivism will prove the above statement to be true and the caption answered. Following is a concatenation of factors that lead to recidivism.

Why recidivism? There are many circumstances in as many situations to cause a person to return to prison either as a parole violator or on a new sentence. However, there are certain contributing factors which remain constant in the majority of cases. Let us first examine these.

ENVIRONMENT: Prison itself is the major single cause of recidivism. Prison offers, at best, an unhealthy mental atmosphere for which to rehabilitate the youthful first offender. More could be done to cushion the psychological anguish one experiences upon first entering prison. During his incarceration he is, in many cases, left alone to fend for himself without being prepared to cope with the problems prison moves present. Whether he emerges with the baptism a complete man depends mostly upon his mental strength. In many institutions he becomes pusillanimous.

Furthermore, the daily routine of life is a constant source of agitation. Moodiness and daydreams are employed as defence mechanisms against regression and/or insanity.

A person is mostly fortunate if he does not become bitter toward humanity while in prison. His sense of proportion is unbalanced. Some matters upon which he placed great importance are treated, he feels, too lightly by the officials. A reasonable request is denied. These denials of desires turns one from requesting to demanding. Such demands cannot be met with anything except disciplinary action. This further frustrates the inmate. Now he is full of resentment. Since there is no form of activity within the institution which would allow one to vent his hostility in an accepted fashion, i. e., football, weekly boxing, card, baseball, he forcefully inflicts it upon fellow inmates who must suffer the same disciplinary action as the instigator.

A convicted felon has no voice of representation in matters within the institution which concerns him, he is told what to do... and when to do it. He is never consulted to ascertain if a better method could be employed to achieve an end, agreeable and beneficial to both institution and inmate. Rather, inmate is used against inmate. Trust no one becomes the common creed.

WELFARE: A person released from prison receives a certain amount of money varying in amount in different states. It is seldom, if ever, enough to sustain one in the necessities; food, lodging and clothing not to mention toilet articles, for a period of time which one awaits the first pay check that he owes by the time of its arrival. This is the most crucial time of adjustment to the parolee. If he survives the first five to seven weeks of freedom he is more likely to remain free from prison, through this trying period. Nor is the parolee prepared to maintain a psychological attitude of calm

(Continued on Page 26)

DRUG ADDICTION

By

Clarence "Bud" Lyons

Much has been told in the past concerning addiction to narcotics. Money has been spent totaling millions in pursuit of the Sure Cure.

Many people lack the ability to look ahead, therefore they fall into the many who must be led.

As humans we are creatures of habit. Addiction comes easy, may it be cigarettes, candy, aspirin, or the more severe; opium, alcohol or sleeping pills, etc.

To me, Love/Care, can be the only keys to open the door for a person plagued by Drug Addiction. If I learned my son or daughter had been caught in this quagmire, I would not confine this person in a prison or mental hospital. With the aid of my entire family, I would offer Care with the Family accepting the obligation, rather than cast the addicted member of my family away. He or she would receive honest love and understanding.

I believe this type of treatment would show good results. The family with the aid of the family Minister, Doctor, and above all the family as a whole, can become the leaders, in the person's life who had failed to look ahead and did fall into the roll of a Social Outcast.

Love is the hardest thing in the world to give completely, likewise as hard to receive. True Love and complete Care by the people involved, often times deemed a failure, can be the keys to solve the problem. A home filled with Love and Care, Along with a broad understanding, in many cases take the place of a prison or mental hospital.

All families having a Drug Problem among them should step forward, know the addicted person's friends, invite them into your home, persuade them toward the meeting of other families with the same problem.

Treat this problem openly not giving to shame. Make the addicted a member of the family no different than anyone around them. No longer an Outcast, rather someone who is understood, someone who has Care and is Loved.

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LITTLE KNOWN FACTS DEPARTMENT

How did the American Legion get its name? The name was Presented at the Legion Paris Caucus in 1919 by Maurice Kirby Gordon, WW1 Army Officer. The Kentucky American Legion Department recently presented a silver medallion struck for the 50th Anniversary observance to the retired Madisonville attorney, who is in his 91st year. The state has also erected a historical marker west of Madisonville which cites the former Dep't. Cmdr (1920-21) for having made the motion that gave the Legion its name. American Legion Magazine-June, 1969

THE THINGS I SEE

By Charles "Chuck" Barnes

I just read where man is now believed to possess three brains-- two of mine have a malfunction and the other won't operate without the two- it's a tight union.

Smoking-says the National Fire Protection Assoc. was the chief cause of major house fires last year. Electric malfunction caused the second greatest number and heating systems third. So if you don't smoke, don't have electricity and no heating system in your home chances are your house won't catch fire. Brilliant deduction, what Watson !

Even monkeys do it! In Topeka, Kansas, seven Rhesus monkeys escaped from the Gage Park Zoo by reaching through their cage and playing with the lock until the door came open. They resisted all man made lures to get them back, chattering from trees overlooking the zoo.

When asked if the culprits had names, the zoo director replied, " They didn't-----until today! "

How times change? Napoleon in the 18th century said, " The contagion of crime is that of the plague, criminals collected together corrupt each other."

Former President Johnson, said in March, 1965, " We know from these studies that antiquated prison facilities are major breeders of crime."

Somewhere, I read about the little old lady who was somewhat shaken up by the ringing of the Senate quorum bells. " Why are they ringing so loudly ?", she asked a page. The bewildered page replied, " I'm not sure. Maybe one of them has escaped."

I see where some esoteric theologians are going to rewrite the Bible. Perhaps it need not be as much re-writtanaas re-read. Speaking of the Bible--there ended last Sunday, June 8th, a week long revival, which I believe is something unique for a prison. The Evangelist-Al Grounds, had this to say about smoking, " They have a new cigarette out now with a tranquilizer in the tip---You still get cancer but you don't care." "Al" as he prefers, was miraculously healed of throat cancer, hence his evangelistic work. For those of you who didn't hear him--you missed hearing a unique young man in the pulpit.

Here's a Thought. " No man's opinion is entirely worthless even a clock, that won't run, is right, twice a day." Thanks, Jerry.

Here's a closing thought for you, too. Elihu Root said it, " Men don't fail--They give up trying."

If you have nothing else to offer your fellow man--try courtesy.

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Editor's Note: We hope to have more from Chuck for you next month.

UNDERCOVER CAT NEWS
by Cry-Baby, the cat



dear editor,

i snuck in during the night to leave you this message. the machine is hard enough to run without putting in the capital letters. ever since that doctor of yours put the 23-skidoo on all the cats in the compound, i have to make the scene at night. i wanted you to tell fluffy that a friend of mine might be around for a handout and i didn't want them to miss him. his name is tiger paws and he is some tom! here is a clipping i found about him in a paper that was in your wastebasket. when are you going to empty that thing anyway? lay-off leaving liver for me and ask mr. brennan or mr. adams to bring me some of those fish they caught---i heard them bragging about it the other day when i was hid out in the paint room. boy, if they really caught as many fish as they say they do, every cat in lyon and surrounding counties would be full for a week.

-In Chicago, the only cat for whom a five-state alarm was ever put out is missing again. Tiger Paws, the pet tomcat of the Burlington Railroad roundhouse, was adopted by railroad brotherhood members and made himself at home in the roundhouse with its noisy coming and going huge locomotives.

When winter came, according to the Chicago Sun-Times, Tiger Paws would sleep atop the traction motors on the trucks of the diesel locomotives. And when the grease got thick on his fur, Tiger Paws would get a shampoo.

Then, one cold day in January, he somehow stayed perched on the couplers joining two of the engines when they departed for Minneapolis with a fast passenger train. For 437 miles Tiger Paws rode on those couplers while the roundhouse boys sent out all-points-wanted-and detain notices to fellow unionists in five states.

Finally Tiger Paws was discovered in Minneapolis, not to much the worse for wear. He came back to Chicago in style, in a warm locomotive cab, and became famous not only around the roundhouse but at the Burlington Headquarters because of his adventure.

In fact, the president of the railroad gave Tiger Paws a collar with a lifetime RR pass attached, and at least one railroad union made him an honorary member. Last week, on one of the first warm days of spring, Tiger Paws disappeared again; and once again RR men in five states were alerted.

"Wanderlust," speculated one of the union men at the roundhouse. "Just springtime- he'll return," said another. "Maybe," said one other man, "Tiger Paws is a hobo cat who'll turn up at every roundhouse between here and San Francisco." Be that as it may, the union men miss Tiger Paws a lot.

FROM: MISSOURI TEAMSTER CAVIL-CADE COLUMN BY LES FINNEGAN

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NOTICE TO SUBSCRIBERS: CASTLE'S subscription rate has now increased to Two Dollars (\$2.00) per year on new and renewal subscriptions. You will be notified on your renewal date by a notice in the magazine.

EXPRESSION OF APPRECIATION

We want to take this opportunity to thank the following men, who sent flowers to our mother's funeral. We deeply appreciate this kind gesture by all of you.

John Cain	Thomas Cox	Grover Gross
Mancel Bell	Latney Blunk	Clyde Collier
Thomas Evans	Sterling Hoskins	Russell Dalrymple
Michael Scott	Claude Lauder	Charles Ringo
John Dorton	James Barnes	Perry Joseph
Everett Shepherd	Rev. H. E. Inman	

Signed:
 Junior Simmons
 John Lauer

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NEWSPAPER PRICES COME DOWN (Continued)

The newspapers and their rates are as follows:

LOUISVILLE-Courier Journal
 Subscription rate per month, daily except Sunday..... \$ 2.08
 Subscription rate per month, daily and Sunday..... \$ 2.96
 Sunday only..... \$.88

PADUCAH Sun-Democrat
 Subscription rate per month, daily except Sunday..... \$ 1.75
 Subscription rate per month, daily and Sunday..... \$ 2.27
 Sunday only..... \$.52
 Wednesday only *..... \$.32

* Wednesday, is the day the Sun-Democrat publishes its area radio and television guide.

LOUISVILLE Times (Evening paper)
 Subscription rate per month, daily except Sunday..... \$ 2.08
 Subscription rate per month, daily and Sunday..... \$ 2.96
 Sunday only..... \$.88

The schedule called for Mr. John Atwood, Canteen Manager to receive C.P.O.'s to cover subscriptions for the following month by the 20th of the current month.

Mr. Drennon stated in the memorandum that refunds would not be made on fractions of a month in cases where the inmate subscriber is released prior to the end of a month. In such cases the papers delivered on a unexpired subscription will be donated to the library.

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Coming in the August issue of CASTLE- A tour of the new Medical facility. An interview with the new Associate Warden for Custody, Mr. Kenneth C. Clapp. CASTLE readers are introduced to Mr. Jerry L. Wilson, Chief Counselor and many more features and stories.

SCHOOL NEWS

Twenty-two men have passed the University Extension class in Political Science offered by the Extension Service of Western Kentucky State University at Bowling Green, Kentucky. The new summer time class will be Freshman Journalism. Students passing the Political Science course include:

Gerald Allison
Harold Cox
Donald Dobbins
Jerry Foy
Gilbert Gray
John Gregory
William Gotee

Charles Hall
Bruce Holcomb
Charles Hooser
Frank Hunter
Danny McBride
Michael McNeil
Horace Payne
David Trodglen

Arthur Penn
Dennis Pool
Rodney Powers
Charles Ringo
James Sayne
Donald Sills
Irvine Stevens

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NEW TEACHER APPOINTED

Mr. William Egbert, Supervisor of Education, announced the appointment of Mr. Paul E. Presler, Princeton, Kentucky, to the staff of the Academic school.

Mr. Presler has a B.A. in English from Western Kentucky University, Bowling Green, Ky. He is married and has a daughter. His father, John H. (Bill) Presler, is employed here as Business Office Accountant.

With this appointment, the school has a permanent staff of seven academic teachers and two vocational teachers.

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LIBRARY HAS A VISITOR

Mr. Grove Paige, Administor, Title IV-A, Library Services and Construction Act of the State Department of Libraries, was a visitor during the month of June to the library. He commented favorably on the neatness and order of the library.

Resident Librarian, Gilbert Gray, mentioned that he appreciated the way that the men have been observing the library rules and getting books back into the library on time. He also wanted to thank those who have found past due books lying around and brought them back in.

Since these new books all come from Federal Title IV money, a careful record must be kept on all of them. Only two books have not been accounted for since the program began. "This means", he said, "that everyone is showing a great respect for the new books and are taking good care of them." One of the missing books is Action At Becher Island by Dee Alexander Brown. Its return will be appreciated.

(SCHOOL NEWS Continued on Page 23)

REVIVAL AT NASH MEMORIAL CHAPEL

By Michael Scott

This article is a report of the revival services held at our Chapel the week of June 2nd through June 8th, 1969. Chaplain H.E. Inman was in charge of the services with Reverend Al Grounds, Evangelist, from Hopkinsville, Kentucky, as the guest speaker for the week. Others who participated in the services were the Chapel choir and two inmate musicians. The average attendance for the services was approximately 140 men per service.

On Sunday, June 8th, Mrs. Al Grounds and daughter presented a special program of music. Warden Wingo was present for this service and was accompanied by 29 outside guests who shared in the service. Thirteen guests also attended the services during the week.

Through the messages of Rev. Grounds, many decisions for Christ were made. Thanks to the consent of Warden Wingo, this revival was a great inspiration to the inmate body. This was the first revival ever held in this institution. We are hoping that revivals may be allowed to continue in the future.

The inmate body would like to extend its thanks to Warden John W. Wingo, Rev. Al Grounds, Chaplain Inman, and all others who made this revival possible.

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SCHEDULE OF CHAPEL ACTIVITIES

SUNDAY	Protestant Worship Service	7:30 AM
	Protestant Bible Class	9:00 AM
	Catholic Mass	12:30 PM
	Protestant Worship for Farm Dormitory	4:30 PM
MONDAY	Yokefellow Groups (1 & 2)	2:30 PM
WEDNESDAY	Mid-Week Prayer Service	2:30 PM
THURSDAY	Yokefellow Groups (3 & 4)	2:30 PM
FRIDAY	Protestant Choir Practice	2:30 PM

INTERVIEWS

Rev. H. E. Inman Protestant Chaplain	Monday through Friday 9:00 AM - 4:00PM
Rev. Thomas Clark Catholic Chaplain	Monday through Friday 10:30 AM 1:00PM

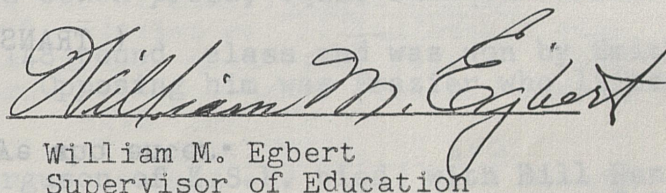
ALCOHOLICS ANONYMOUS

Sunday†	HOPEFUL Group # 1 1:30 PM Two Shop	Monday: HOPEFUL Group # 2 7:00 PM Farm Dorm	Tuesday: 12 2 PM STEP
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A MESSAGE FROM THE SUPERVISOR OF EDUCATION

Happy Anniversary to CASTLE ! For the past two and a half years since the magazine has been a part of the Educational system here, I have been extremely proud of the progress that CASTLE has made in opening the lines of communication to the resident population and the outside readers. The magazine has been most faithful in reporting the progress of the Educational system as it has grown and improved. We consider it a high point for both the Academic School and the Vocational School to have had CASTLE win Second Place Award for Art and an Honorable Mention for an Editorial in last years Penal Press Contest sponsored by the Journalism Department of Southern Illinois Iniversity. It is our fondest hope that this summer's college extension Journalism Class will produce a greater interest in creating news stories and articles for submission to the magazine.

Our congratulations to the CASTLE staff and to J.R. Hubbard, Castle's Advisor, on the high quality magazine they are producing and may it continue to improve.



William M. Egbert
Supervisor of Education

TEACHER ATTENDS WORKSHOP

Mr. Kenneth L. Lewis, teacher at the Academic School attended a basic Adult Educational Workshop for Teachers at Western Ky. University, June 4th through 13th. School Supervisor Egbert said of this program, " It will assist Mr. Lewis in the methods, techniques, and procedures currently employed in Adult Education.

FROM--THE CHALLENGE OF CRIME

by Robert Rice

"What is wrong with isolated custodial institutions, quite aside from the brutality and corruption of some of them, is that they are a constrained, artificial society that bears no resemblance to the society into which the inmates will sooner or later emerge; by their very nature, custodial institutions do not prepare criminals for leading noncriminal lives, but accustom criminals to lead criminal lives.

"It seems fair to assume that one reason custodial corrections has survived so long despite its great expense...and despite its demonstrated ineffectiveness, is that the public, on the whole, much prefers keeping offenders out of sight and mind to participating on an everyday basis in restoring them to useful life."

From--Corrections Candle
Frankfort, Kentucky

GRAFFITI OF THE AGES

FORSAN ET HAEC OLIM
MEMINISSE JUVABIT

(1)

J'Y SUIS, J'y Reste (2)

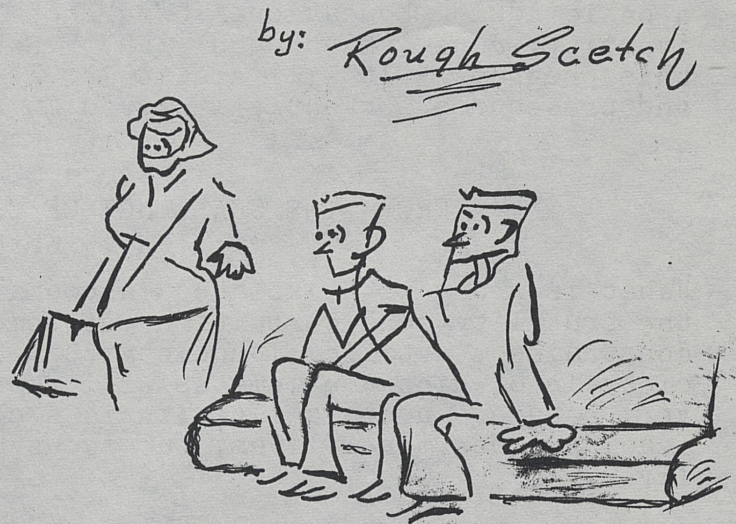
Lasciate ogni speranza,
Voi ch'entrate !

(3)

(TRANSLATION OF ABOVE SIGNS)

(1) Latin- Perhaps this too will be a pleasure to look back
on one day.
(2) French-Here I am, here I remain.
(3) Italian- Abandon all hope, ye who enter.

CARTOON OF THE MONTH



"SOMEONE IS IN THERE NOW"

- ✓ K.S.P OUTLIFTS THE BEST
- ✓ A CHALLENGE FROM THE MUSCLEMEN
- ✓ COACH CHERRY PAYS A VISIT

SPORTS

K.S.P. WEIGHTLIFTERS BEST REGIONAL WINNERS

The weightlifters of K.S.P. bested the winners of the Western Kentucky weightlifters in a contest held here recently to win the first place trophy given in the contest.

K.S.P. won two first places, lost one and tied one in the competitive lifting.

Unopposed in the 132 pound class was Mitchell lifting a total of 950 pounds in the three lifts-bench press, squat and dead lift.

The next event was in the 148 pound class and was won by Smith of K.S.P. with a total of 1070. Opposing him was Frazier who lifted a total of 1015.

In the 165 pound class, Ferguson of K.S.P. tied with Bill Bennet, Paducah, with a total of 1005 pounds. Third place went to Dalton of K.S.P. with 965 pounds total in the power lift meet.

Unopposed in the 185 pound lift, Ragland of K.S.P., lifted a total of 1050 pounds.

In the 198 pound class, Schultz, a visitor to the area from out of state (Buffalo, N.Y.) won the event lifting 1275 pounds. Slets of K.S.P. lifted 1175 pounds.

In the heavyweight class, Taylor of K.S.P. lifted a total of 1230 pounds to beat Russell, who lifted only 890 pounds.

With the cooperation of our Athletic Director, Mr. Everett Cherry, Mr. Bill Bennett of the Paducah Recreational Center arranged for the outsiders to come in. This is the first regional meet to be gathered here composed of representatives and winners in meets of men from Bowling Green, Camp Breckinridge, Paducah and Glasgow.

POSTAL MEET, ANYONE ?

The K.S.P. weightlifters have offered to hold postal meets with any other institutions. In particular, did they extend a challenge to the musclemen of Montana State Prison after all of them read the Musclemen column by Byron Gallacher. Any institution wishing to compete in a postal meet, please write:

SPORTS
c/o CASTLE News Office
Box 128
Eddyville, Kentucky 42038

We will arrange for a non-partial judging and certifying of correct weights and will expect all other to do the same.

WHY RECIDIVISM (Continued)

emotion when the going gets tight.

ATTITUDE: A person's attitude should be one of joy and relief upon his release from prison. In how many cases is this true? During his incarceration the inmate has been subjected to an unchanging daily routine in everything he has done. He has lost family closeness and unity, social intercourse, mental stimulation, female companionship, and the right to make his own decisions and act upon them. A person deprived of dignity is not a man and cannot behave in a manly manner. He is conditioned to be subserviant. Add to this the sheer boredom of prison life and you have the causative for the very foundation upon which recidivism is based.

SOLUTION: If I "Had One" I would be the greatest name in penology. Yet, as in the cause there are certain factors that remain constant in overcoming residivism.

DETERMINATION: This is the premier ingredient. Without a sincere determination to refrain from any criminal activities one is lost. It must come from within the individual. "When the fight begins within himself, a man is worth something."

LOVE OF LIBERTY: Once freedom has been lost and regained one should hold it in the highest esteem. He must realize what prison has cost him. He must accept challenges of life and love them all the more for being able to accept them.

SOUL: "Soul!" you say! Not the type to which you refer but to the one you possess. The one Christ referred to in Mark 8:36, "For what shall it profit a man, if he shall gain the whole world, and lose his own soul." You cannot survive alone. Why not depend upon God? Has anything else you endeavor to accomplish proven to be successful? Then why not God? He can do no less for you and and oh, so much more. Read Matthews: 6:33.

The solution seems to be as simple as it is complex. It must come from within each individual in his own way.

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SPORTS Continued

Mr. Everett Cherry recently attended a four day meeting of the National Recreational Association Conference, held in Jackson, Mississippi, the third week in May. All state and federal prison sport directors were represented at this meeting. Coach Cherry tells us that everyone mentions our "Olympic" swimming pool when they see and talk to him at these meetings.

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For the man sound in body and serene of mind, there is no such thing as bad weather: every sky has its beauty, and storms which whip the blood do but make it pulse more vigorously.

-George Gissing

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Elsewhere

SMOKING STORY-TO OR NOT ?

In a recent pamphlet for those who cannot or will not quit smoking, the U.S. Public Health Service has made suggestions that will reduce health perils. They include: choosing a cigarette with less tar and nicotine, smoking each cigarette only part way down, reducing or eliminating inhaling, and taking fewer draws on a cigarette. The pamphlet emphasizes the fact that most of the tar and nicotine are in the last few puffs and that is where the greatest health perils lie. After charting the parallels of serious disease and deep inhaling, the pamphlet suggests remedial action - postpone a given cigarette until later in the day and reserve an hour each day during which you promise yourself that you won't smoke. It concludes, "You may be surprised at how many cigarettes you smoke you really don't want."

Far stronger than any P.H.S. warning is this little paragraph in the Kentucky Revised Statutes-K.S.R. 196.245-" Not withstanding the provisions of K.S.R 438.020 to 438.040, the Commissioner of Corrections is authorized to permit or prohibit the practice of smoking by the inmates of the penal institutions regardless of age, whenever he believes such regulations will enhance or improve the discipline of the inmates."

The Medical Building here has posted No Smoking signs throughout the building. All have been advised that this rule will be enforced.

-Borrowed in part from
THE ENCHANTED NEWS.

"You Cannot kill time without injuring eternity."

-Henry David Thoreau

HAS ANYONE SEEN MY KEEPER?

~~Arkansas-~~

Officials at Cummings Prison-farm recently decided they should send a guard with an inmate, who drove one of the prison's milk trucks, to a nearby town.

A short time later, the inmate called the prison and told officials that he had been deserted.

The Guard wandered off and did not return.

-Menard Times & Enchanted
News

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HAVE COMMITMENT,
WILL REPORT !

As you probably know, inmates being committed to the penitentiary are brought into the institution in handcuffs and escorted by a law enforcement official, but on May 7th, a new resident-to-be appeared at the prison to admit himself.

The Penitentiary had received a Commitment Order from the Union Circuit Court a few days earlier stating that he should appear by noon on this date, so his arrival was awaited with interest (and a bit of skepticism.) He arrived in front a little before noon, but waited until approximately 11:55 before approaching the gate leading to his new home for the year. He stated that he did not want to report a minute before he had to.

-Eddyville State Penitentiary
via-The Corrections Candle-
June 13th-published by the
Department of Corrections,
Frankfort, Kentucky.



96 Minutes

Fantasy-Drama

KING KONG ESCAPES
July 11th & 12th

King Kong is back, that fabulous character of days gone by. While on a cruise in the Pacific a United Nations submarine discovers King Kong on a uncharted island. How he got off the Empire State building from the last movie, we'll never know. Linda Miller is captured by Kong but she charms him into releasing her. An evil scientist hears about the capture of Kong, builds his own King Kong from a do-it-yourself kit and then the fun begins.

Recommended for captive audiences only

Short Feature- Paste Makes Waste

96 Minutes

Italian-Western

THE UGLY ONES
July 18th & 19th

With the aid of an old girl friend, an outlaw escapes from the lawmen who are taking him to Yuma Prison. Bounty Hunter is after him and finds that the young bandit has joined a tough gang now living in Bounty Hunter's town. He arrives and is captured by them.

Bounty Hunter along with the town people come to feel that Out-Law is really a good boy and deserves another chance.

Short Feature- Pink Pest Control

88 Minutes

Italian-Western

THE BRUTE AND THE BEAST
July 25th & 26th

Western fans will be turning in their Max Brand's and T.V. Olson's after they see this one. A prospector receives a mysterious note telling him to come home (Franco Nero). He does to find that his son has become a sadist of the first-water. His brother (George Hilton) is on the sauce and between the son and half-brother, they are really giving the little town and the people a rough time.

Short Feature- Pink On The Cob

101 Minutes

War Between the States-
Drama (Civil War to Yank-
ees.

Coming on August 1 & 2 !

JOURNEY TO SHILOH

A bunch of Texans are on their way to join General Hood and the South. They run into problems in the South.

CASTLE

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