

**The Quarterly Bulletin of
The Kentucky Committee for
Mothers and Babies, Inc.**

VOL. III.

NOVEMBER, 1927

NO. 3



**THE DISPENSARY DOLL
FINDS A MOTHER**

THE QUARTERLY BULLETIN OF THE KENTUCKY
COMMITTEE FOR MOTHERS AND BABIES, Inc.

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“The Time Draws Near the Birth of Christ”

The little girl on our cover, who comes to play with the Red Cross class doll at the Hyden Dispensary, and flashes back at us in this snapshot such a look of triumphant motherhood, goes a long way towards putting Christmas into our hearts. We are apt to forget what it means to motherhood.

During the past month one of us was in New York and went as a guest of that royal movie promoter, Elizabeth Perkins, head of the Film Mutual Benefit Bureau, to see the French child Cosette in *Les Misérables*. In the poignant scene with the dolls, where the little girl, like so many of our mountain children, tricks out a rag to fondle, and then gazes with adoring eyes upon the real dolly in the showman's cart, we see an expression of that instinct whose age told in aeons,—that creative instinct, old as recorded time, which springs up anew in every girl baby. Why must she needs mother something, with the first outreaching of her tiny hands? Why plead so early for a life which will one day pierce through her own?

When Christmas comes we understand a little less dimly. The Light of the world could only come to His own through a woman's body. Only a woman kept the mysteries of His advent, and pondered them in her heart.

Waiting to Serve

A writer in the *Rotarian* recalls that Woodrow Wilson once declared that, in his belief, the millions of people living in the mountain regions of Kentucky, Tennessee, the Virginias and the Carolinas had been preserved there to supply a great future need in American life.

If this is true, the reservoir holds the very finest material. These mountaineer folk trace back to the stock, mainly Anglo-Saxon, that settled the Atlantic Colonies 300 years ago. Coming to the mountain wilderness, they remained there, unadulterated by foreign infusions, untouched by the jazz-mad world all about them, holding still to the convictions and beliefs of their forefathers, speaking a language which clings to idioms and phrases current at the time Jamestown and Plymouth were settled, singing ballads in their log cabins that their progenitors sang in thatched cottages of old England and Scotland.

These mountain people are capable of wrestling with the world, when armed by education. They are not weaklings. Their lives have been a continuous struggle for existence. First it was the Indian, the primeval forest and the predatory animal, and later came the fight to raise food crops and food animals on stony hillsides or in flood-washed valleys. Their wits have been sharpened on a natural whetstone.

(From an editorial in *The Louisville Courier-Journal*, November 23, 1927.)

The Autumn News In Leslie County

LAYING THE CORNER STONES

On Saturday, October 1st, before a crowd of Leslie County citizens, we laid the corner stones of the two buildings which comprise the Hyden Health Center and Cottage Hospital.

Mrs. Henning, Vice-Chairman, came up from Louisville especially for the ceremony and trowelled into the mortar for the corner stone of the district nursing wing, while Judge L. D. Lewis, Hyden District Chairman, officiated in laying the corner stone of the hospital section. Several of the leading citizens gave short addresses; Mrs. Henning spoke a few gracious words about her friends Mrs. David Morton, and Mrs. Gill, the two Louisville women these buildings memorialize, and the Honorable Clifton R. Breckinridge closed the ceremony with a brief message. The invocation was by Mr. Westbury and the benediction by Mr. McKee.

Since then the walls have slowly risen until the line of stone is just below the roof. The building stands in simple dignity on a spur of Thousandsticks Mountain and looks across the little town to a far vista of the winding waters of the Middle Fork.

The machine well drill has plunged its mammoth tongue 112 feet into the ground and found abundance of water. The studding is up, and one may stand in a room and say: "This is the Dispensary" or "There is the Living Room." The stone-work is charming. Our mountain masons have a keen eye for beauty of line, and the window arches alone are a monument to their art. The people of the neighborhood are so proud of the new building that every Sunday sees a stream of them at the site commenting on the changes of the week.

WENDOVER'S BABIES

Wendover welcomed a variety of babies through November. First came a destitute mother to shelter under its roof and stay

until the arrival of her ten pound boy, Paul Aden Mosley. She helped with folding and stamping the Committee Christmas Appeals until an hour before his arrival! A second mother came with her baby for a good visit to have Miss Park help along the breast feeding. Lastly, Dusty, the sheep-dog, had eight pups.

THE NEW DISPENSARY

The Nurses at Up River, Gladys Peacock and Mary Willeford, have built and equipped as their gift to the Kentucky Committee, a dispensary for their Stinett Creek section, which is at the outer bounds of their district. The site was donated by one of the local district committee members, Mrs. Flora Morgan, and the hauling by another—that public spirited citizen, Albert Hoskins.

The dispensary is an attractive building, a stone's throw from the Creek, with a touch of the old in its roof of hand-hewn shingles, and much of the modern in its lining of beaver-board!

A VERY LITTLE BABY

The Up River nurses "cotched" a 2½ pound premature baby, who now, at six weeks, weighs 4 pounds, and generates his own body heat. He wisely chose an intelligent mother, from whom there has been rare cooperation. Everybody is wishing them a Merry Christmas.

SIGHT RESTORED

This autumn we did much eye work. Following Dr. Sory's visit we took 18 cases of tracoma to the United States Tracoma Hospital at Richmond, Ky., from which some have already returned, cured of that terrible scourge.

Three little children, nearly blind from congenital cataract, and two with strabismus, have been taken to the Children's Hospital at Louisville and operated on there with marked success.

All of the 23 patients and their nurses travelled on passes of the Louisville and Nashville railroad. In reckoning up its dividends, does this corporation count in the vision restored, the crippled children walking, the sick made whole—all of them, and they are many, transported without charge over its lines? Perhaps corporations have no souls, but certainly the men of this one have hearts as big as the world's need.

AMERICAN RED CROSS

Miss Alice Logan, the Supervisor, and the Secretary to the Director, Miss Martha Prewitt, attended the Regional Conference of the American Red Cross at Hazard on October 26th. Miss Prewitt spoke of the work being done in Leslie County, stressing particularly the Junior Red Cross classes which have been regularly conducted by the Kentucky Committee at Hyden with excellent results. Mr. Henry M. Baker, National Director of Disaster Service and Miss Clyde B. Schuman, National Director of Nutrition Service, were among the Red Cross officials present.

Staff Notes

Miss Ellen Halsall reports that she has moved from the one room log cabin, which has been Possum Bend headquarter since July, to the permanent center nearly finished. The nurses were not quite ready to move, but the rain beat in on them so badly in mid-November, and the river was rising so rapidly, that they decided to get their belongings up to the new place while travel was possible. They made three trips, the last one with their horses swimming, but still, as Miss Halsall concludes triumphantly "we made it." She adds that the new center is, in her opinion, "The most beautiful house ever built."

We have added two new nurses to our staff. Miss Rose McNaught, former supervisor at Union Center, Henry St. Settlement, New York City, joined us in October. Miss Ellen Marsh, one of the Queen's Nurses, came to us from Hove, England, early in November.

Miss Lois Harris and Miss Frances Van Nostrand have completed a year's work with us. This is as long as a nurse can remain with us, who has not yet had her mid wifery training, as we have only two posts available for nurses who are not midwives. Miss Harris goes to the East Harlem Nursing and Health Demonstration for a year's additional experience in Public Health, and then takes her midwifery on our scholarship before returning to us permanently.

Miss Van Nostrand, after a visit home, wishes to take the two years study required for her B. S. Degree and Diploma in Public Health Nursing at Teacher's College.

An Announcement

The Kentucky Committee for Mothers and Babies held its semi-annual meeting in Louisville, October 24th. There was a large attendance of the members and all were pleased when Dr. McCormack brought as a guest, the newly elected President of the American Public Health Association, Dr. Bundeson, Health Commissioner of Chicago.

At this meeting an amendment was passed to the Resolutions adopted by the Committee upon its formation in May, 1925. This amendment placed the governing power of the Kentucky Committee in a Board of Trustees, the number of whom, both in and out of Kentucky are to be determined by the Executive Group from time to time.

Annual Membership in the Kentucky Committee for Mothers and Babies from now on shall be as follows:

Members—Contributors of \$5.00.

Sustaining Members—Contributors of any amount over \$5.00 up to \$1,000.00.

Foundation Members—Contributors of \$1,000.00 or more.

NEW YORK COMMITTEE

Mrs. Francis Boardman	Miss Anne Morgan
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Mrs. James H. Perkins	Mrs. Philip Wyman

Statement of Ownership

Statement of the Ownership, Management, Circulation, etc., required by the Act of Congress of August 24, 1922, of

QUARTERLY BULLETIN

Published Quarterly at Lexington, Kentucky, for October 1, 1927.

State of Kentucky }
County of Fayette } ss:

Before me, a Notary Public in and for the State and county aforesaid, personally appeared Mary Breckinridge, who, having been duly sworn according to law, deposes and says that she is the Director of the Kentucky Committee for Mothers and Babies, Inc., publisher of the Quarterly Bulletin and that the following is, to the best of her knowledge and belief, a true statement of the ownership, management, etc., of the aforesaid publication for the date shown in the above caption, required by the Act of August 24, 1922, embodied in section 411, Postal Laws and Regulations, printed on the reverse of this form, to wit:

(1) That the names and addresses of the publisher, editor, managing editor and business manager are:

Publisher: Kentucky Committee for Mothers and Babies, Inc., Lexington, Kentucky.

Editor: Mrs. Mary Breckinridge, Wendover, Leslie County, Ky.

Managing Editor: Mrs. Mary Breckinridge, Wendover, Leslie County, Ky.

Business Manager: Mrs. Mary Breckinridge, Wendover, Leslie Co., Ky.

(2) That the owners are: The Kentucky Committee for Mothers and Babies Inc., the principal officers of which are: Dr. A. J. A. Alexander, Chairman, Spring Station, Ky.; Mrs. S. C. Henning, Louisville, Ky. and Judge E. O. O'Rear, Frankfort, Ky. vice-chairmen; Mr. C. N. Manning, Lexington, Ky., treasurer; Mrs. W. H. Coffman, Georgetown, Ky., and Mrs. Joseph Carter, Versailles, Ky., secretaries; and Mrs. Mary Breckinridge, Wendover, Ky., director.

(3) That the known bondholders, mortgages, and other security holders owning or holding 1 per cent or more of total amount of bonds, mortgages or other securities are: None.

(4) That the two paragraphs next above, giving the names of the owners, stockholders, and security holders, if any, contain not only the list of stockholders and security holders as they appear upon the books of the company, but also, in cases where the stockholder or security holder appears upon the books of the company as trustee or in any other fiduciary relation, the name of the corporation or person for whom such trustee is acting is given; also that the said two paragraphs contain statements embracing affiant's full knowledge and belief as to the circumstances and conditions under which stockholders and security holders who do not appear upon the books of the company as trustees, hold stock and securities in a capacity other than that of a bona fide owner; and this affiant has no reason to believe that any other person, association, or corporation has any interest, direct or indirect, in the said stock, bonds or other securities than as so stated by her.

KENTUCKY COMMITTEE FOR MOTHERS AND BABIES, Inc.
By Mary Breckinridge, Director.

Sworn to and subscribed before me this 1st day of October, 1927.

W. S. EVERSOLE, Notary Public,
Leslie County, Ky.

My commission expires January 1930.

THE KENTUCKY COMMITTEE FOR
MOTHERS AND BABIES, INC.

Its motto:

“He shall gather the lambs with his arm
and carry them in his bosom, and shall
gently lead those that are with young.”

Its purpose:

To safeguard the lives and health of mothers and young children by providing trained nurse-midwives for rural areas where resident physicians are few and far between—these nurse-midwives to work under supervision; in compliance with the Regulations for Midwives of the State Board of Health, and the law governing the Registration of Nurses in Kentucky; and in co-operation with the nearest medical service.



