

# FNU

FRONTIER NURSING UNIVERSITY

Summer 2015 ■ Volume 90 ■ Number 2



## JOIN WITH US TO “MAKE MORE MIDWIVES”

---

Frontier Nursing University establishes  
the Kitty Ernst Chair of Midwifery

TABLE OF CONTENTS

Introduction to FNU .....1  
 The Journey – Dr. Susan Stone.....2  
 Alumni Spotlight .....5  
 Courier Corner .....8  
 Courier Spotlight .....11  
 Field Notes .....13  
 Beyond the Mountains .....16  
 Notes.....18  
 Wendover Report.....20  
 Footprints.....21  
 In Memoriam .....22  
 Tributes.....25  
 Trustees .....25  
 Board of Directors .....27  
 Your Gifts at Work .....28

US ISSN 0016-2116

Frontier Nursing Service Quarterly Bulletin (USPS 835-740, ISSN 00162116) is published at the end of each quarter by Frontier Nursing Service, Inc., 132 FNS Dr., Wendover, KY 41775.

Periodicals Postage Paid at Hyden, KY, and at additional mailing offices. Subscriptions: \$5 per year.

POSTMASTER: Send address changes to Frontier Nursing Service Quarterly Bulletin, 132 FNS Dr., Wendover, KY 41775.

Copyright FNS, Inc. All Rights Reserved. Frontier does not share its donor mailing list.

Corrections: In the last issue of the Quarterly Bulletin please note that The Community of Hope Family Healthy & Birth Center is located in Washington DC (not Arlington, VA). The article also mistakenly stated that the Center was the only free-standing birth center in the Washington, DC area. However, BirthCare & Women’s Health in Alexandria, VA, is also a freestanding birth center in the Washington, DC, area.

Introduction to Frontier Nursing University

Mary Breckinridge spent her early years in many parts of the world — Russia, France, Switzerland and the British Isles. After the deaths of her two children, she abandoned the homebound life expected of women of her class to devote herself to the service of families, with a particular focus on children.

Mrs. Breckinridge founded the Frontier Nursing Service in 1925 after several years of studying and practicing nursing and midwifery in the United States, England, Scotland and France. It was the first organization in America to use nurses trained as midwives collaborating with a single medical doctor, based at their small hospital in Hyden. Originally the staff was composed

“Our aim has always been to see ourselves surpassed, and on a larger scale.”

—Mary Breckinridge, Wide Neighborhoods, 1952

of nurse-midwives trained in England. They traveled on horseback and on foot to provide quality primary care, including maternity care, to families in their own homes. In 1928, she recruited young people to serve as Couriers and help the Frontier staff and nurse-midwives in all manner of efforts. In 1939, Mrs. Breckinridge

established a school of nurse-midwifery. The school provided graduates, many of whom stayed to offer care to families in Leslie County, Kentucky.

Today, Mrs. Breckinridge’s legacy extends far beyond Eastern Kentucky through Frontier Nursing University (FNU), which offers a Doctor of Nursing Practice degree and a Master of Science in Nursing degree with tracks as a Nurse-Midwife, Family Nurse Practitioner and Women’s Health Care Nurse Practitioner. FNU has students and graduates serving all 50 states and many countries.

How to Reach Us

**The Office of Development and Alumni Relations:** Please direct questions, comments or updates to Denise Barrett, Director of Development, at (859) 899-2828 or send an e-mail to development@frontier.edu.

**The Wendover Bed & Breakfast Inn:** The Big House, Mary Breckinridge’s home, is a licensed Bed & Breakfast Inn located at Wendover. For reservations or to arrange a tour, call Michael Claussen, Development Officer, at (859) 899-2707 or e-mail michael.claussen@frontier.edu. Group tours can be arranged, and we are always happy to set up tours for organizations and educational programs with an interest in nursing history and Appalachian studies.



**THE JOURNEY**

**In honor of Kitty Ernst and her years of dedicated service to Frontier Nursing University (FNU), it is my pleasure to announce that during the April meeting of the FNU Board of Directors, the Board voted unanimously to establish the Kitty Ernst Chair of Midwifery.** This prestigious faculty position will support a key midwifery faculty member for FNU in perpetuity. By endowing faculty chairs, FNU ensures the resources are available to retain talented faculty without raising tuition for students. It is certainly fitting that Kitty be honored as namesake of this faculty chair.



*Kitty Ernst attending the birth of a mountain woman*

For half a century, Kitty Ernst has been a pioneer in both the field of midwifery and in developing the best care possible for families in pregnancy and birth. Kitty has been a permanent leader in the nurse-midwifery profession since graduating from the Frontier Graduate School of Midwifery in 1951. Kitty has graciously shared her personal story, her passion, and her vision with every single class of incoming Frontier Nursing University students since the inception of the distance program in 1989. Her experience as a Frontier student — attending the home birth of a strong mountain woman — forever changed her view of birth and the potential role of nurse-midwives in the natural birth process. After practicing as a nurse-midwife, Kitty turned her attention to advocating for nurse-midwives to play an important and respected role in our society's health care system, a pursuit she continues to this day.



*left: Kitty has been a mentor to Susan Stone, President of FNU  
right: Kitty with dear friend and fellow nurse-midwifery advocate, Dr. Ruth Lubic.  
Dr. Lubic and her husband are lead donors to the Kitty Ernst Chair of Midwifery fund.*

While starting her own family, she began working as a parent educator, teaching some of the first childbirth education groups of the International Childbirth Education Association. As a field consultant for the Maternity Center Association, she developed a family-centered maternity care provided by an obstetrician nurse-midwife team at the Salvation Army Booth Maternity Center in Philadelphia. She designed a project to develop and evaluate a program of Self-Care/Self-Help Education Initiated in Childbirth, and assisted in planning and implementation of the demonstration Childbearing Center at Childbirth Connection. She was also the co-founder of the National Association of Childbearing Centers. As Director of the National Association of Childbearing Centers, she continued to be a leader in the effort to bring birth centers into the mainstream of health care delivery and helped to institute the Commission for Accreditation of Freestanding Birth Centers.

During the 1980s, Ms. Ernst became concerned about two issues: the small number of nurse-midwives being educated each year, and the fact that the majority of nurse-midwives being educated in large tertiary care centers had a lack of out-of-hospital experience. To address these issues, she led the design and implementation of the first distance education program for nurse-midwives, which was adopted by the Frontier School of Midwifery and Family Nursing and has grown to the present-day Frontier Nursing University.

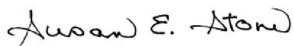
We want to honor her, for her relentless work to seeing the community-based nurse-midwifery education program be born. So convinced, and rightly so, of the need for a distance-based nurse-midwifery program, Kitty managed to pilot the first ever class from her farm in Perkiomenville, Pennsylvania. She welcomed, with

open arms, Class 1 students for the first ever Midwifery Bound. Without Kitty's determination to prove this type of program could and would work, the idea could have simply never come to fruition. She assembled the nuts and bolts, including the instructional materials needed, repurposing her chicken coop to act as temporary learning space, and willed the entire operation to success. For her personal sacrifices in the creation of our nurse-midwifery program, for her lifelong leadership, and for her undying passion to offer safe and respectful care to women and babies – Frontier Nursing University has established the Kitty Ernst Chair of Midwifery.

This endowed position has been created with a \$1 million designation of unrestricted funding from donations and operations. Our goal is to raise an additional \$1 million for the fund. I am pleased to report that we have already received nearly \$100,000 in additional pledges of support towards this goal. Your support will help ensure that Kitty's passion and dedication will live on to inspire countless generations of future midwives. As a symbol of our appreciation for your support of this wonderful woman, mother, midwife, educator and advocate we offer all donors making a gift of \$1,000 or more a limited edition pin. Those donors who are moved to give a gift of \$5,000 or more will be invited to a special event with Kitty.

We are reaching out to all of our supporters to ask for your commitment to this goal. We sincerely appreciate your consideration to contribute to this important fund. Please do not hesitate to contact us with any questions.

Respectfully,



Susan E. Stone, DNSc, CNM, FAAN, FACNM  
President

ALUMNI SPOTLIGHT

## Mona Lydon Rochelle, Pioneer alumna 1978

**L**ike many alumni, Mona Lydon-Rochelle came to Frontier Nursing Service with a spirit for travel and adventure and a longing to be a midwife and work in service for women's health. When she arrived, Mona met fellow FNS student, Sister Barbara Brilliant, a Roman Catholic nun who shared Mona's interest in midwifery and a dream of service abroad. They would remain friends and would meet again in Africa years later. Mona tells interesting stories about Sister Barbara, who was one of five nuns who were sent to FNS for service and midwifery training by their order to prepare for mission work. Mona remembers that in those days, there was a trailer outside Hyden where a Roman Catholic priest would hold services, which Mona attended with the sisters and other



Catholic laypeople, and that the sisters would play guitar and sing. Mona also remembers working with Sister Barbara at the Beech Fork FNS center on a freezing winter day when they were told by radio they could stay in, but Sister Barbara told Mona they were going out in the ice with their jeep. Mona maintained a friendship with Sister Barbara and in later years would visit her in Liberia, where Sister Barbara has served for 35 years as a leader in Catholic medical missions and governmental health initiatives since leaving FNS.



After graduating from FNS as a certified nurse-midwife, Mona moved for a short time to the northeast, but ended up in 1979 in New Mexico, where she worked at a birth center for two years. They then returned to Boston for her husband to attend Harvard law school. They returned to New Mexico for 8 years where Mona practiced clinical midwifery. In 1994 they moved to Washington state where Mona earned a Masters of Public Health and PhD in epidemiology; Mona graduated in 1999 and joined the faculty of University of WA the following year.

Mona taught and conducted research for 8 years during her academic career and worked with the World Health Organization, Centers for Disease Control and National Institute of Health on national and international research efforts addressing the health of women and infants. Mona's scientific work was published in prominent medical journals. While at University of WA, in 2006, Mona visited Sister Barbara in Monrovia, Liberia. Sister Barbara's operation was well designed; she knew what she was doing and was a mover and a shaker.

Mona finally decided she wanted to volunteer with Médecins Sans Frontières (Doctors without Borders), an international health care service organization. When she went to interview in July 2007 at the New York headquarters, they suggested she be recertified as a nurse-midwife rather than planning to serve as an epidemiologist. She got a call in November 2007 asking her to volunteer for a post in the Republic of Georgia, near Russia, as an epidemiologist, with a project to improve treatment for multiple-drug-resistant tuberculosis. If Mona accepted the assignment she would leave in two weeks, which she did—temporarily leaving her husband behind. Tuberculosis is highly contagious and many patients were young; there were compliance problems with the multi-pill regimen for treatment; and data on treatment and outcomes were not reliable. Mona and her team helped figure out what problems there were in measurements and to implement methods to fix the problem, and then she returned to the US.

Following her work in Georgia, Mona was recruited through an international search to join faculty at the University of College Cork to help launch the first National Perinatal Epidemiology Unit in Ireland. This was a governmental initiative to establish standardized measurements for maternal child health so an epidemiologist was needed. Part of Mona's role was to work with the program's medical director to engage stakeholders nationally to build upon the bare-bones infrastructure of the program, so she traveled throughout Ireland, often by train. She also visited France and looked at their system of tracking maternal child health outcomes. Mona found that in Ireland, midwifery was well-integrated into the health system, but that record keeping was sparse because often services were logged under the name of the lead physician. Nurse-midwives would often practice in specialized services that weren't individually coded—and because the privacy laws were much stricter than in the US, so the process for linking medical records and sharing information was problematic. She left with a better system in place for tracking maternal child health measures, and returned after two years to the US.

Mona now lives in Bainbridge Island, Washington with her husband after an impressive career in midwifery and public health leadership. Mona T. Lydon-Rochelle's first poetry chapbook, *Mourning Dove*, was recently published by Finishing Line Press (2014). Poems have appeared or are forthcoming in *Spiritus*, *Floating Bridge Review*, *Journal of Medical Humanities*, *Santa Fe Literary Journal*, *Xavier Review* and *JAMA*. She volunteers for Médecins Sans Frontières.

The following poem, written by Mona Lydon-Rochelle was originally published in the *Journal of the American Medical Association*, *JAMA* Volume 313, Number 21 and is reprinted with permission.

#### *Ariana*

Sweat wets Ariana's hair,  
sculpting sable curls  
into a crown of black opals.

Ariana appeared like an atrate  
angel, swaddled in a pale  
lappa at our door.

In the morning she is half-here  
like a black swallowtail, nearly  
extinct and rarely seen.

At noon, the white sheet,  
once fragrant with bleach,  
turns speckled red.

By evening, she lingers with moonless  
eyes. I can no longer breathe  
through my masque of mourning.

Then night comes,  
and Ariana, small as a doll,  
is gone.

Virologists tell us that 5 species  
of Ebola were born 40 years ago,  
near the Legbala River. There -  
Sudan and the Congo  
buried their dead.

What can I write about a child  
who dies?

MSF Monrovia Midnight  
9th of September  
Ariana 12 months old  
cause of death Ebola  
no surviving family  
*Charles de Foucauld MD*

**COURIER CORNER**

By Nancy Reinhart,  
FNU Courier Program Coordinator



**T**he 2015 Couriers have been up to amazing things this summer! After coming to Wendover and spending a week in “Courier Bound” orientation together, they adapted, served and had fun. They completed more than 1800 total service hours to the communities and clinics of the Appalachian region. They provided health education to hundreds of children, ran summer camp, hosted a literacy training, created brochures and handouts for clinics, helped connect patients to insurance benefits, filed, shredded, asked good questions, brought their passion, lived through difficult challenges along the way and more.



Carson Barnes teaching health education at a Big Creek Camp in Clay County, KY

**Here are a few reflections they had about their experiences:**

*“As an aspiring nurse practitioner, being a courier will give me the chance to use what I learn from the program to better serve my community in the future. I hope to embody the Frontier legacy by promoting the awareness about the Courier Program and nursing as a critical and rewarding occupation in health care.”*

*“As another week passes and I reflect upon my journey thus far, I call to mind all the friendly people I have met, the intriguing conversations I have had, as well as the great food I have tasted. These experiences all intertwine to provide me with a more real and awakened perspective*



Pictured from left to right: LouAnne Verrier (Courier 2001), Carson Barnes, DeAnn Ryan, Mariah Everett, Katelyn Nicewander, Deborah Yip, Nancy Reinhart (Courier Program Coordinator), Hannah Ritsema, Finnie Ng and Phil Mamess.

*about the communities of Eastern Kentucky as well as more broadly, the practice of rural medicine in Appalachia.”*

*“It is important for us, as representatives of having had a “Kentuckian experience,” to let people at home know how things really are around here. With my new understanding, I hope that I can shed some light on a place that many people back home will not experience to the extent that I have, or even visit.”*

*“I am inspired by Mary Breckinridge and her ability to identify a problem (no matter how daunting), create action steps, rally communities around the cause, and make a tangible difference. I think her idea of combining a public health focus directly into the implementation of medicine is critical to improving the quality of life of those in the communities we love.”*

*“I feel like my time here has left such an impact on myself that I, now more than ever, cannot simply end up a doctor plopped in the middle of the familiar suburbs serving individuals. I feel I must become involved in improving the public health climate, especially where it covers underserved populations.”*

**Unbridled Service: Growing Up and Giving Back as a Frontier Nursing Service Courier**

Email [courier.program@frontier.edu](mailto:courier.program@frontier.edu) if you would like to order one or more copies of our book published in April 2104. They will also be available for online ordering soon.

If you have memories to contribute to the Courier Program history—and they are all worthwhile—contact [courier.program@frontier.edu](mailto:courier.program@frontier.edu) to set up an oral interview.

*"I know I am going to continue to speak so highly about the courier program for as long as I live. For me personally, it has been one of the best experiences of my life. It confirmed my career path while providing some other great opportunities."*

Thank you to all the sites, mentors, faculty, staff and community partners who helped to support them in their time with Frontier. It's a wonderful network of people and couldn't be done without you.

#### Nominate a fellow Courier for the 2015 "Unbridled Service Award"

The Courier Program Unbridled Spirit Award is given annually to a former Courier who has carried the torch of Mary Breckinridge beyond the mountains, perpetuating the mission and spirit of Frontier in their own lives. The inaugural award was given posthumously to Kate Ireland, in fall 2014, concurrent to the release of our book about the history of the Courier Program and FNU's 75th Anniversary.

Worthy individuals must be nominated by another former Courier and will be chosen by a team of Frontier staff and former Couriers from the pool of nominees on the basis of their: dedication to serving others; ongoing, longstanding stewardship of Frontier; and demonstration of personal conviction, courage and a zest for adventure.

Please email [courier.program@frontier.edu](mailto:courier.program@frontier.edu) to nominate someone for the award by September 25, 2015. Tell us who they are and why you think they should be nominated.

This year's award will be presented at the FNU Homecoming and Courier Conclave weekend. It is scheduled for October 9-11, 2015 so mark your calendar now. In addition to giving the Courier and Alumni awards, this year Frontier will be hosting a reunion of the first ever distance learning midwifery class.



#### Courier Program t-shirts now available for \$15!

Email [courier.program@frontier.edu](mailto:courier.program@frontier.edu) if you would like to order one or more. We will also make them available for online ordering soon.

#### COURIER SPOTLIGHT

### Kathy Dalton



*Kathy Dalton served as a Courier in 1968 and has been supportive of Frontier since that time. In April 2014, she hosted a tea party to help us release "Unbridled Service," our historical book about the Courier Program. The tea service was done in the traditional English style in honor of the Breckinridge-style tea service she learned at FNS. She inherited the fine German tea set used at the party from her maternal grandmother.*

#### **Briefly introduce yourself.**

I'm from Lexington, KY, am mother to three boys, and am married to OBGYN, Dr. Lisle Dalton. I'm very active in my community and church and I serve on local boards. I worked at Nathaniel Mission, a Methodist health clinic serving the under-served community of Irishtown in Lexington, for ten years. My mother was also from Lexington but her father, my grandfather, Robert Rhodes Estill, was a mining engineer and traveled frequently to coal mines throughout Eastern Kentucky. As a result, I grew up hearing my mother's stories about the region and they were always so interesting. I became curious about the area and really wanted to do a service trip. My parents researched and found the Courier Program which was a good option that matched my interests.

#### **Briefly describe your experience as a Courier.**

I was there for 6 or 8 weeks, in May and June, after my junior year in college ended. I remember sitting in Anna May January's room in the evenings and hearing about her experiences. She told me that when I was assigned to an outpost clinic I should get out and meet some of the local people during my free time. When I was assigned to Flat Creek, I focused on meeting as many people as I could. I sat on porches and talked and listened. I painted the kitchen there and I scythed the grass to cut it low. I delivered medicine to patients and attended the weekly clinic in Mud Lick with the Flat Creek nurse.



*Dalton Tea Party, April 2014*

At Wendover, I took care of horses and took slop to the pigs at the Upper Shelf. On the weekends the Couriers and I would go up to a swimming hole at Hurricane Creek and swim on horseback there. I drove families to their homes in Thousandsticks—those who didn't have transportation upon discharge from the hospital. I remember fixing tea and goodies for the midwives at the Big House. I remember the big black coal

stove in the Big House kitchen and the sweet cooks who prepared the food. Every day, there was tea at four p.m. and sherry hour at five p.m. Once on a stormy day, we had to take all the tack into the Big House to clean it with Neet's Feet oil.

***How did it impact you, your life and your vocational direction?***

Serving as a Courier lit a fire in me—it was exactly what I wanted to do. My time with Frontier made me more aware of poverty and its effects, thereby deepening my existing commitment to service in my church and community throughout my life.

***What is the legacy of the Courier program from your view?***

The Courier Program serves a valuable purpose in helping not only defray the costs of healthcare but in also piquing the Couriers insight into what's really important in life. The program allows them to learn about all kinds of people, especially people from an isolated and under-served part of our country. There are under-served populations in every area of our country, so young people who serve can be inspired to do this elsewhere after they return home.

***Why do you remain involved with Frontier?***

I think the mission of FNU today is right on with Mary Breckinridge's mission. FNU continues to serve a need and I'm proud to be a part of something that has stayed the course over time. I'm also extremely interested in the fact—because of technology—that Frontier's mission can be met from a distance. This success is an example of the best technology has to offer. I'm delighted to be a part of a vital project that is serving the world.

**FIELD NOTES**

**FNU Welcomes Della Deerfield to the Board of Directors**

**F**NU is pleased to welcome Della Deerfield to the Board of Directors. Della Deerfield, CPA is the vice president of finance at Creative Lodging Solutions, LLC (CLS) in Lexington, KY. Prior to joining CLS in 2014, Ms. Deerfield spent more than 20 years as the finance executive at community hospitals in rural Kentucky. As the chief financial officer at Marcum & Wallace Memorial Hospital in Irvine, KY and Saint Joseph – Berea (formerly Berea Hospital) in Berea, KY, Ms. Deerfield provided leadership for financial operations, health information management, information technology, provider practices, and corporate compliance. During her tenure, both facilities implemented information systems and processes to improve patient care and achieve operational efficiencies.

Ms. Deerfield lives in Richmond, KY with her husband, Bruce, and son, Jason. Her daughter, Dr. Shanna Sharber, is a recent graduate of the UK College of Medicine and is currently a pediatric resident at the University of Louisville. Her daughter, Dr. Amanda Deerfield, is an economics professor at James Madison University in Harrisonburg, VA.

**Make plans to attend the 2015 Alumni Homecoming/ Courier Conclave October 9-11**

**Alumni Homecoming and Courier Conclave will be hosted in Hyden October 9-11.** All graduates and former Couriers are invited to join us for this annual event. A full schedule for the weekend is on the opposite page. Registration is \$125 per person and includes lodging and all activities listed with the exception of races at Keeneland.

Register at [www.frontier.edu/homecoming](http://www.frontier.edu/homecoming) or contact Michael Claussen at [michael.claussen@frontier.edu](mailto:michael.claussen@frontier.edu). Payment will be accepted upon arrival. Lodging for the weekend is limited so make your reservations today!



**Alumni Homecoming Schedule of Events****Friday October 9**

- 5 pm Opening Reception at the Big House  
 6 pm Homecoming Celebration Dinner to honor  
 Chicken Coop Midwives (Class 1a,1b and 2)  
 7-9 pm A time to reminisce and share memories  
 9 pm Circle up, closing comments and school song

**Saturday, October 10**

- 8-9 am Big House "The Works" Breakfast  
 9-10 am Tour of Wendover  
 10-11:30 am Free Time  
 11:30-12:30 pm Big House Lunch  
 12:30-3:30 pm CEU Session Pharmacology - Livery  
 (Sponsored by the FNU Alumni Association)  
 12:30-3:30 pm Tour of FNS Service area- Red Bird Clinic, Hell for Certain,  
 Swinging Bridge, FNU Hyden Campus, Stop at Red Light Café  
 3:30-5 pm Free time  
 5 pm Reception  
 6 pm Big House Dinner  
 7-9 pm FNS Historic videos  
 9 pm Circle up, closing comments and school song

**Sunday, October 11**

- 8-9 am Big House Breakfast (included with Wendover Lodging)  
 9-9:30 am Prayer Service at Historical St. Christopher's Chapel  
 9:30 am Ringing the bell  
 10:00 am Depart for Lexington  
 12:30 pm Optional trip to Keeneland Horse Track\*

\*For those individuals interested in attending races at Keeneland their will be an additional \$50 charge. This charge includes entrance fees, lunch and seating in the Phoenix Dining Room for the afternoon where you can enjoy the races in a climate controlled, elegant atmosphere. Dress code is Business Casual, no denim or athletic attire.

**Martha Copeland hosts event in Lexington, KY**

Back: Maggie Roberts, Shanna Elliott,  
 Pat Case, Sally Moore, Jane Mize; Front:  
 Martha Copeland, Peggy Rice, Katie Haag,  
 Alice Craig.

Bailey. Guests enjoyed savory treats, a delicious dessert and lively conversation about the history, present and future of FNU.

**Mountain Health Monthly co-hosted by Frontier**

FNU is co-hosting a new radio show in Eastern Kentucky called Mountain Health Monthly on the WMMT station which airs on the 4th Monday of every month at 6:00 pm EST. The leading show host is FNU graduate Carrie Lee-Hall who welcomes guests from throughout the local healthcare community to discuss health issues important to those living in the mountain area. Carrie is a Family Nurse Practitioner and Certified Nurse-Midwife at Mountain Comprehensive Health Corporation in Whitesburg, Ky. As an FNU graduate, she carries out our mission of serving rural and underserved families in the eastern Kentucky area.

The first Mountain Health Monthly broadcast focuses on the topic of Nutrition, and Carrie welcomes a local dietitian as well as FNU Family Nurse Practitioner student Jackson Davis to talk about this important subject. They discuss the challenges faced in obtaining proper nutrition as well as opportunities and methods by which local folks can adopt healthier diets. The second broadcast focuses on Autism Awareness and features several guests who are autism advocates or deal with autism on a daily basis. Check out these first two shows at [www.wmmt.org](http://www.wmmt.org).

BEYOND THE MOUNTAINS

**New York Committee gathers at Cosmopolitan Club**

Susan Stone, FNU President and Denise Barrett, Director of Development traveled to New York City in May to visit with friends at the annual NYC Committee event. We also had the pleasure of meeting with Mr. Donald Jonas, founder of the Jonas Center for Nursing and Veteran's Healthcare, and Darlene Curley, Executive Director of the Jonas Center. Frontier has been very fortunate to have 6 students in our DNP Program supported through the Jonas Scholars program! Attendees to the tea enjoyed the magnificent view from the Cosmopolitan Club while learning of news and achievements from Frontier and sharing updates with one another.



*Pictured left to right: Noel Smith Fernandez, Karen Gordon, LouAnne Verrier, Susan Stone, and Joyce Hurley*

**American Association of Nurse Practitioners**



FNU Faculty, alumni, students, staff and preceptors along with over 5,600 other nurse practitioners traveled to New Orleans, LA for the 50th Anniversary of AANP. FNU hosts a reception each year during AANP. There were approximately 50 attendees at this

year's reception that included faculty, students, alumni and preceptors. Dr. Julie Marfell, Dean of Nursing, hosted the event during which Frontier paid special tribute to all FNU preceptors, by recognizing them with a gift during the reception.



**Annual American College of Nurse-Midwives Meeting Reception hosts nearly 200 guests**

The Frontier Nursing University reception at ACNM continues to grow. This year we hosted nearly 200 guests at this annual event. Tonya Nicholson recognized three FNU faculty who were inducted into the ACNM Fellows during this year's meeting—Tanya Tanner, Heather Clarke and Diana Jolles. Tonya also recognized valuable preceptors present at the event. The main event was the announcement of the Kitty Ernst Chair of Midwifery and introduction of our guest of honor, Kitty Ernst. Nearly \$30,000 towards the fund was raised at the ACNM convention!



*Alumni dressed as the cast of the popular show "Call the Midwife" pose with the guest of honor*

*Kitty's daughter, Kate and grandson, Darby, celebrated the announcement with her and Susan Stone*



*Members of the first distance education class reunited at the reception*

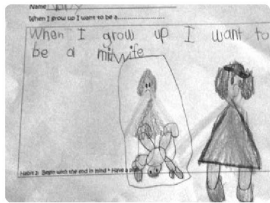
## NOTES

**Jessica Henman**, Class 56 and Kate Bauer, Executive Director of the American Association of Birth Centers, were featured in the *St. Louis Post-Dispatch* for their study on cutting premature births. Jessica is the clinical director and midwife at the Birth and Wellness Center in O'Fallon, MO.

**Sherilyn Gibbs**, FNU DNP Class 16 received the W. Newton Long Award at ACNM. The award is given to a midwife to fund projects related to the advancement of midwifery.

**Cherese Severson**, DNP, FNP-BC was recently awarded the NONPF 2015 Preceptor Gold Star Award. Dr. Severson has been an advocate for independent practice not only in the state of Idaho, but nationwide. She is the co-chair of the Idaho Nursing Action Coalition (INAC), which advocates state and nationally for independent practice for APRNs. She has taken FNU students over the past 4 years and, as per her policy, only takes FNU students as she believes that, "FNU students are the best prepared when it comes to clinic."

**Elena Prendergast**, CFNP Class 108 was selected to be a representative at the AACN Student Policy Summit in Washington D.C.



**Franny Meritt** CNEP 7 shared this picture drawn by her daughter from when she was in kindergarten. Franny's daughter, Abigail, is now 9.

**Lori Morris**, CNEP Class 94, writes that she has started working for Women's Health Services in Cookeville, Tennessee. They attend births at Infinity Birthing Center and

Cookeville Regional Medical Center. She joins **Ashli Randolph**, also a Frontier graduate who also works in the practice.

**Cori Gilkey**, CNM, (DNP Class 18) has joined Albany Area Primary Health Care as a Certified Nurse-Midwife at the Mirian Worthy Women's Health Center in Albany, GA.

**Barbara Crone, DNP Class 12**, has joined Women's Excellence in Midwifery in Lake Orion, Michigan.

**Diane Kim, Courier 2014**, of Williams College writes that she is starting her senior year in school this fall and working towards attending medical school. Since she completed the Courier program, she has gained an interest in the improvement of the community around her college, and has become an after school volunteer tutor at the local middle school. In addition, Diane became a certified volunteer income tax assistant, and worked with low income clients to assist them in filing their taxes last spring.

### We want to hear from you!

Please send your news and updates to [alumniservices@frontier.edu](mailto:alumniservices@frontier.edu) so that we may share them with the Frontier community through our online and print communication channels. You may also mail updates to Frontier Nursing University, Attn: Quarterly Bulletin, 132 FNS Drive, Wendover, KY 41775.

WENDOVER REPORT

*By Michael Claussen, Development Officer*

### Bed and Breakfast Re-Opened

**A**s mentioned in the last issue of the Quarterly Bulletin, the Wendover Bed and Breakfast has been closed to the public due to a rock slide that was threatening parts of Wendover. We have had several surveys of this area in the past few months and while it was determined that the rockslide still remains in the mountains, we are safely able to reopen and continue to conduct events at Wendover. A new wooden stairway has been constructed near the Big House and other renovations are now complete. Lodging became available again at the end of July. We plan to hold a grand re-opening event soon. Visit the Wendover web page at [www.frontier.edu/Wendover](http://www.frontier.edu/Wendover) for additional information about upcoming events.

### Handmade Items

We continue to accept handmade baby caps, scarves and lap quilts that we give to our Frontier students. As our university continues to grow, we will need more and more of these wonderful items. The size needed for lap quilts is approximately 40 by 42 inches. Yarn should be worsted weight. Please send your donated items to: Michael Claussen 132 FNS Drive, Wendover, KY 41775.

These items are given to each Frontier student who passes them on to a patient. When students present the baby caps, scarves or lap blankets to their patients, they tell them the story of Mary Breckinridge and the Frontier Nursing Service. It is a very special time for them to share the story and explain why they have chosen to become a nurse-midwife or nurse practitioner and attend Frontier Nursing University. We appreciate you taking part in this tradition!

Below is a list of recent contributors to this popular project:

Toni Hartman, 1998 Graduate

Harriet Palmer

Susan Dow Johnson, Class 3

Sue Herpich

FOOTPRINTS

*This year, FNU has started a fund for the Kitty Ernst Chair of Midwifery. The Kitty Ernst Chair of Midwifery will be FNU's second faculty chair position in the midwifery program.*

*Kitty Ernst is currently the Mary Breckinridge Chair of Midwifery — the first midwifery Chair in the United States. Below is an article from 1984 about the formation of The Mary Breckinridge Chair.*

### FNS is Given Nation's First Chair of Nurse-Midwifery

**T**hanks to the great generosity of Mrs. Jefferson Patterson and Miss Kate Ireland, the Frontier School of Midwifery and Family Nursing now has the nation's first endowed chair of nurse-midwifery education. This is a development of great importance. It materially strengthens FNS in its continuing efforts to provide the best possible education for the professional nurse-midwives that the nation and the world so badly need. The new chair became possible as a result of two gifts from Mrs. Patterson, FNS national chairman from 1960 to 1975, whose generous support of the Frontier Nursing Service goes back to the days when it was founded by her father's first cousin, Mary Breckinridge, and from Kate Ireland, who since 1975 has been FNS national chairman and whose generous outpouring of her time, energy, and financial assistance have been crucially important to FNS over the years. The new Mary Breckinridge Endowed Chair of Nurse-Midwifery is to be filled by nurse-midwives whose education, experience, and personal attributes have brought them distinction in the field of nurse-midwifery practice and education. FNS Director David M. Hatfield has announced that Mrs. Ruth Coates Beeman, dean and director of the Frontier School of Midwifery and Family Nursing, will hold the first appointment to the new chair.

## IN MEMORIAM

**HOLLOWAY James Blaine, Jr., M.D.**, a retired Lexington surgeon and community leader died peacefully at home. He graduated from Woodberry Forest School, and was granted a BS degree from Yale University. At Yale he was a member of the 1942 NCAA Championship Swimming Team and of the St. Elmo Society. He received his M.D. degree from Yale School of Medicine in 1945. He completed an internship at Duke University Hospital, and a 4-year surgical residency in the Emory University System. After serving four years of active duty in the U.S. Navy he retired as a Lt. Commander. In 1952 he joined the Lexington Clinic, and he started his private practice in 1964. In 1970 he founded Surgical Associates, a multispecialty group with twelve members when he retired in 1987. After retiring, he worked a year as the Medical Director for Medicaid for the Commonwealth and Medical Director for Medicare for 10 years. He served as Chief of Staff and Chief of Surgery at both Saint Joseph Hospital and Saint Joseph East. He served on the Board of Trustees at the Frontier Nursing Service and performed pro bono surgery. He served as President of the Fayette County Medical Society and the Kentucky Medical Society. Dr. Holloway received several Distinguished Service Awards from; KMA, the Kentucky Hospital Association, Kentucky Medical Insurance Co., and FCMA. He was on the Board of Trustees for Midway College, the Kentucky Medical Association, the Iroquois Hunt, the Woodford Hounds, the US Pony Club, and the NSHA. He served on the Vestry Christ Church Cathedral. He was the MFH of the Iroquois Hunt and an honorary Whipper-In, and a Field Master at Woodford Hounds. After designing the High Hope Steeplechase course at the Kentucky Horse Park; he founded Equestrian Events Inc. leading the effort to bring the World Equestrian Championships to Lexington. This event is now known as the Rolex Kentucky Three-Day Event. He felt that his life was a walk through the Elysian Fields. He loved his family, his hunting and his surgical career. He is survived by his wife of 69 years, Katherine S. Holloway, two daughters, Elizabeth H. Playforth (Herman) and Katherine H. Potter, (Berry), a son, James Blaine Holloway, III, all of Lexington and grandchildren, Nelson J. Martin, Las Vegas, NV, Sarah K. Martin, Lexington, KY and John S. Playforth (Krupa) of Arlington, VA and great-granddaughter Simran H. Playforth.

**Jane Washington Haldeman Hope**, 77, of Louisville, Kentucky, died peacefully June 17, 2015. Jane committed her life to social justice, education, and being a mother and grandmother. Her work-life began in 1960 at Seneca High School and then as a teacher at Presentation Academy. She continued her educational career as an academic tutor for the football office at the University of Louisville (she worked with Lee Corso, Tom Jackson, and Richard Bishop). In 1975, she became an equal opportunity specialist in

community relations service for the U.S. Department of Justice during the desegregation period of the Jefferson County school system. She had employment experiences as a food stamp social worker for the Kentucky Department for Human Resources, life skills teacher at Luther Luckett Correctional Complex, and counselor at St. Mathews Area Ministries Drug and Alcohol Intervention Service. She was Corporate Secretary and Director of Kentex Mineral Company for 20 years. In all her work endeavors, the one unifying factor is that she cared about people. She had a life-long dedication to the Frontier Nursing Service in Hyden, Kentucky, where she was a volunteer Courier in their midwifery program during college. Jane Haldeman Hope is survived by older brother Bruce Haldeman II (Barbara) of Greensboro, NC, son Gerald Fraser Tyrrell (Kevin Reuther) of Minneapolis, MN, daughter Jane Norton Tyrrell (Wayne Abney) of Prosser, WA, son Robert McKelden Tyrrell (Virgie Metts) of Louisville, and grandchildren Dylan, Ada, Marshall, Peyton, and Timmy.

**Sharon Koser** of Hyden, KY, was born on November 2, 1942 in Seattle Washington, the daughter of the late Connie Mack Koser and Delila Bane Koser. She passed away on Tuesday, July 14, 2015 at the Hyden Health & Rehab Center, Hyden, KY, at the age of 72. Sharon had been a resident of Hyden for the past 45 years. By occupation Sharon was a retired registered nurse and nurse practitioner from the Frontier Nursing Service. She was a member of the Wootton Presbyterian Church at Wootton, KY. Sharon was a member of the American Nurses Association, Kentucky Coalition of Nurse Practitioner & Nurse-Midwives, Kentucky Nurses Association & Sigma Theta. She enjoyed music, playing the organ and guitar and singing in the Choir; and reading, sewing, bird watching and environmental interests. She is survived by 2 brothers, Norman Koser, Dayton, TN. and Dan Koser and Bev, Escondido, CA., nieces and nephews, Kristen Holstead, Kathleen Oakes, Kyle Koser, John Koser and Tom Koser and a host of friends.

**Allen Rogers Carter Strickler** died Saturday, July 4, 2015, at Episcopal Church Home in Louisville, KY. He was 89 years old, born October 11, 1925 in Louisville, son of Dr. Frank P. Strickler, Jr. and Eleanor Carter Strickler. He graduated from Phillips Exeter Academy in Exeter, NH. Before graduating Yale University he served in the U.S. Navy, and upon graduation from Yale, he was awarded the Cogswell Award. Carter was a member of The Filson Historical Society, Louisville Country Club, Pendennis Club and Society of Colonial Wars. He was known for his life-long interest in Animal Care Society and was actively involved in American Red Cross and Frontier Nursing Service. He is survived by his brother, Frank P. Strickler, III (Catharine D. Strickler); niece, Elizabeth West (Charlie); nephews, Frank P. Strickler IV (Patti) and Stuart D. Strickler (Bridgett); and many great-nephews and great-nieces.

## TRIBUTES

The following people gave contributions to Frontier in **memory** of their friends or loved ones. The names in bold are the deceased.

**Bernice Bradburn**  
Mrs. Elizabeth Bradburn

**Elise R. Donohue**  
Ms. Alexandra Bjorklund

**Dr. James B. Holloway Jr.**  
Mrs. G.S. Bosomworth  
Mr. and Mrs. William Curlin  
Mr. and Mrs. David Gatewood  
Dr. and Mrs. Steve Jackson  
Mrs. Suzanne Mugler  
Dr. and Mrs. Emler A. Neuman  
Mrs. Charles Nicholson  
Mr. and Mrs. James Park

Mr. Job Turner  
Woodford Hounds, INC.

**Jane Haldeman Hope**  
Mrs. R. Bruce Bass  
Mrs. Diane Cashman  
Ms. Chenault M. Conway  
Mr. Christopher Davenport  
Mr. and Mrs. Barbara and George Denison  
Mr. and Mrs. Bruce Haldeman  
Ms. Cathy Hinko  
Ms. Sherry Jelsma  
Ms. Carol Logan  
Mr. and Mrs. John and Eugenia Potter

Mr. S.R. Spanyer  
Ms. Nancy Thomas  
Mrs. Joan Henning Todd  
Ms. Beverly Wagner

**Kate Ireland**  
Ms. Alexandra Bjorklund  
Ms. M. Elizabeth Culbreth  
Mr. William Leach

**Shirley Ohl**  
Ms. Harriet Nicol

**Jane Leigh Powell**  
Ms. Nan Sersig

The following people gave contributions to Frontier in **honor** of their friends or loved ones. The names in bold are the honorees.

**Peter and Abby Coffin**  
Mr. & Mrs. Stephen Moorhead

**Alice Hendrickson**  
Mrs. Mary Francillon

**Kitty Ernst**  
Mr. Richard Geyer

## TRUSTEES

Mrs. Tia D. Andrew, Wellesley, MA  
Governor & Mrs. Steven L. Beshear, Frankfort, KY  
Miss Sarah Bacon, New York, NY  
Mrs. Heather Bernard, Hamilton, NY  
Dr. Robert Botkin, Lexington, KY  
Mrs. Betty Dabney Brown, Louisville, KY  
Dr. Wallace Campbell, Pikeville, KY  
Mrs. Juan Cameron, Washington, DC  
Miss Anna Carey, Hyden, KY  
Ms. Carlyle Carter, Evanston, IL  
Mrs. Charles M. Chapin, III, Oldwick, NJ  
Dr. Holly Cheever, Voorheesville, NY  
Mrs. Charles S. Cheston, Jr., Topsfield, MA  
Mrs. John Dawson, Dover, MA  
Mrs. John J. Dete, West Liberty, OH  
Mr. Joseph C. Donnelly, York Harbor, ME  
Mrs. Peter R. Ehrlich, Bedford, NY  
Mrs. Noel Fernandez, Pomona, NY  
Former Governor Ernie Fletcher, Frankfort, KY  
Mrs. Jackie Graves, Lexington, KY  
Dr. Joyce Fortney Hamberg, Southgate, KY  
Dr. Horace F. Henriques, III, Lyme, NH  
Mrs. Mary G. Hodge, Philadelphia, PA  
Mrs. Kenneth C. A. Isaacs, Lincoln, MA  
Mrs. Donald E. Jones, Bellefontaine, OH  
Mr. Clinton W. Kelly, III, Bethesda, MD  
Mrs. Robert A. Lawrence, Dedham, MA  
Mrs. Henry Ledford, Big Creek, KY  
Mrs. Marian B. Leibold, Cincinnati, OH  
Mrs. Frances Luckett, Louisville, KY  
Mrs. Theodore R.P. Martin, St. Louis, MO  
Mrs. Joan Lambert McPhee, Potomac, MD  
Mrs. E. Townsend Moore, Darling, PA  
Mr. Wade Mountz, Louisville, KY  
Mr. Spencer Noe, Lexington, KY

Mrs. Frank O'Brien, Jr., Boston, MA  
Mr. Dean Osborne, Hyden, KY  
Mr. Ed Parsons, Harlan, KY  
Former Governor Paul Patton, Pikeville, KY  
Ms. Helen Rentch, Midway, KY  
Mrs. John Richardson, Washington, DC  
Mrs. Linda Roach, Lexington, KY  
Miss LouAnne Roberts, New York, NY  
Mrs. George L. Robb, East Orleans, MA  
Mrs. Georgia Hart Rodes, Lexington, KY  
Mrs. Sandy Schreiber, Louisville, KY  
Mrs. Mollie B. Sizemore, Hyden, KY  
Mrs. Joseph M. Smith, Dedham, MA  
Mrs. Austin L. Smithers, Greenwich, CT  
Mrs. Burgess P. Standley, Medfield, MA  
Mrs. Robert N. Steck, Arlington, MA  
Mrs. James W. Stites, Jr., Louisville, KY  
Dr. W. Grady Stumbo, Hindman, KY  
Mrs. Mary H. D. Swift, Upperville, VA  
Mr. Richard Sturgill, Lexington, KY  
Ms. Mary Frazier Vaughan, Lexington, KY  
Mr. Elmer Whitaker, Lexington, KY  
Mrs. Carrie M. Whitcomb, Oviedo, FL  
Dr. Patience White, Bethesda, Maryland  
Mrs. Pendleton P. White, Savannah, GA  
Harvie & Nellie Wilkinson, Lexington, KY  
Mrs. Dudley H. Willis, Sherborn, MA  
Dr. Emery Wilson, Lexington, KY  
Mr. Ray Wilson, Hyden, KY

**HONORARY TRUSTEES**

Mrs. Richard M. Bean, Lexington, KY  
 Mrs. Ralph E. Becker, Bethesda, MD  
 Mrs. Robert W. Estill, Raleigh, NC  
 Mrs. Gilbert W. Humphrey, Miccosukee, FL  
 Mrs. Samuel E. Neel, McLean, VA  
 Mrs. James N. Rawleigh, Jr., Louisville, KY  
 Mrs. Ernest R. von Starck, Bryn Mawr, PA  
 Ms. Erskine P. Wilder, Barrington, IL

**NATIONAL NURSING COUNCIL**

Ms. Mary Ellen Amato, Lexington, KY  
 Dr. Frances C. Dalme, Little, AR  
 Mrs. Albert T. Ernst, Perkiomenville, PA  
 Dr. Joyce Fitzpatrick, Cleveland, OH  
 Dr. Loretta C. Ford, Rochester, NY  
 Miss E. Jane Furnas, Phoenix, AZ  
 Dr. O. Marie Henry, Cookville, MD  
 Mrs. Betty Huff, Hyden, KY  
 Miss Mary Lee Mills, Watha, NC  
 Ms. Barbara Nichols, Madison, WI  
 Miss Evelyn M. Peck, Columbia, MO  
 Mrs. Elaine Pendleton, Falls, PA  
 Dr. Marjorie Ramphal, W. Nyack, NY  
 Miss Christine Schenk, Cleveland, OH  
 Dr. Elizabeth Sharp, Atlanta, GA  
 Dr. Lillie M. Shortridge, Pleasantville, NY  
 Dr. Helen Tirpak, New York, NY  
 Ms. Joyce Wiechmann, Sylacauga, AL  
 Dr. Carolyn A. Williams, Lexington, KY  
 Mrs. Elsie Maier Wilson, Gainesville, FL  
 Ms. Cora Winthrow, Lexington, KY

**FRONTIER NURSING UNIVERSITY**

**Susan Stone**, DNSc, CNM, FAAN, FACNM, President  
**Julie Marfell**, DNP, FNP-BC, FAANP, Dean of Nursing  
**Anne Cockerham**, PhD, CNM, WHNP, Associate Dean of Academic Affairs  
**Tonya Nicholson**, DNP, CNM, WHNP-BC, CNE, Associate Dean of Midwifery and Women's Health  
**Lisa Chappell**, DNP, FNP-BC Associate Dean of Family Nursing  
**Susan Yount**, PhD, CNM, WHNP-BC, FACNM, Program Director Post-Master's DNP  
**Trish McQuillin Voss**, DNP, CNM, ADN-MSN Bridge Director  
**Michael Steinmetz**, CPA, CMA, Vice President of Finance  
**Shelley Aldridge**, BA, Chief Operations Officer  
**Denise Barrett**, MBA, Director of Development and Alumni Relations  
**Angela Bailey**, BA, Associate Director of Development  
**Nancy Reinhart**, MPH, Development Officer and Courier Program Coordinator  
**Michael Claussen**, BA, Development Officer  
**Beulah Couch**, Human Resources/Site Manager  
**Barb Gibson**, Facilities Manager

**BOARD OF DIRECTORS**

**Chairman**  
 Michael Carter, FNP, DNSc  
**Vice Chairman**  
 Michael T. Rust, Louisville, KY  
**Secretary**  
 Marion McCartney, CNM, FACNM, Washington, D.C.  
**Treasurer**  
 John Foley, Lexington, KY  
**Board Members**  
 Wallace Campbell, PhD, Berea, KY  
 Eunice (Kitty) Ernst, CNM, MPH, Perkiomenville, PA  
 Della Deerfield, CPA Richmond, Ky  
 Nancy Hines, Shepherdsville, KY  
 Phyllis Leppert, M.D., Ph.D., Durham, NC  
 Robert Montague, JD Urbanna, VA  
 Peter A. Schwartz, M.D., Wyomissing, PA  
 Kenneth J. Tuggle, JD, Louisville, KY  
 Nancy Fugate Woods, PhD, RN, FAAN, Seattle, WA



*Seated: Marion McCartney, Phyllis Leppert and Nancy Hines  
 Standing: Ken Tuggle, Michael Carter and Wallace Campbell  
 Not pictured: Della Deerfield, Robert Montague, Mike Rust, John Foley,  
 Nancy Fugate-Woods, Peter Schwartz, Kitty Ernst*

## YOUR GIFTS AT WORK

## Spring Scholarships Awarded and establishment of the Noel Smith Fernandez Scholarship

The Scholarship Committee is pleased to announce spring scholarships. This support is made possible through generous endowed funds established by individual donors and foundations. Frontier continues to seek additional private funding to support our students. With just 2% of our students receiving any private support, most are relying on federal loans to finance their education.

### Congratulations to the FNU Scholarship awardees!

Jennifer Akers	Heather Lytle	Robyn McHugh
Rebecca Cox	Traci Martin	Signey Olson
Dana Deane	Charis McCoy	Ami Shelter
Hannah Lair	Sadie McElrath	Kayla Smith
Katelyn Lucy		

### Noel Smith Fernandez Endowed Scholarship



Noel Smith Fernandez  
and Susan Stone

We are honored to establish a new scholarship funded through the generosity of long time friend, and former Social Services Secretary for the Frontier Nursing Service, Noel Smith Fernandez. Noel, a resident of Pomona, New York, has remained involved with Frontier since her time as Social Services Secretary. She regularly returns to Wendover to visit with friends and take advantage of the peaceful setting to write. The scholarship

established by Noel will provide an annual award to a student from an underrepresented race who has financial need. As part of FNU's PRIDE Initiative, we are striving to increase enrollment from underrepresented groups in order to increase diversity in advanced practice nursing and midwifery and therefore decrease health disparities. We are thankful to Noel for recognizing this need and supporting the efforts for these students.

**If you are interested in establishing an endowed scholarship please contact the Office of Development. Endowed scholarships can be established with a gift of \$25,000 or more and will make annual awards to students in perpetuity.**

## Ways to Give: A Lasting Investment

*Your investment in Frontier Nursing University is an investment in quality healthcare for all.*

There are many ways you can support FNU. Gifts ranging from donations for operations to trust instruments to testamentary gifts each provide much needed support for our work. Some of the more common methods are:

- **Annual Fund Donations:** Gifts may be made by check or credit card and can support the general operations of FNU, or be restricted to particular programs. You can use the enclosed remittance envelope or make a gift online at [www.frontier.edu/online-giving](http://www.frontier.edu/online-giving).
- **Stock Gifts:** You can donate your appreciated stock directly to FNU. Please call the Office of Development for instructions.
- **Charitable Remainder Trusts:** These gift instruments allow you and/or your loved ones to benefit from monies placed in the trust during your/their lifetime. Upon the death of the named beneficiary, the remaining balance in the trust is transferred to FNU.
- **Perpetual Income Trusts:** These gift instruments allow the income from monies you place in trust to benefit FNU in perpetuity. The principal of your gift remains intact for the life of the trust, and the income it generates is transferred periodically to FNU.
- **Life Insurance:** You can name FNU as the beneficiary of your life insurance policy, or transfer ownership of the policy directly to FNU.
- **Charitable Gift Annuity:** You can give a one-time gift to FNU in exchange for fixed, recurring payments over the balance of your life. Upon your death, the balance of your original gift is maintained by FNU for its general use.
- **Testamentary Gifts:** You may make provision in your will to provide a specific bequest to FNU, or provide for some or all of your remaining estate to be given to FNU upon your death.

Each of these gift avenues has specific tax implications. Please contact your attorney or financial advisor for further information. For additional information on making a gift to FNU, please call 859-899-2828 or email Denise Barrett, Director of Development at [denise.barrett@frontier.edu](mailto:denise.barrett@frontier.edu).



**FRONTIER NURSING SERVICE, Inc.**

Its motto:

“He shall gather the lambs with his arm and  
carry them in his bosom, and shall gently lead  
those that are with young.”

Isaiah 40:11

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives and nurse practitioners for rural areas where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and educational programs for nurse-midwives and nurse-practitioners; to carry out preventive public health measures; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them, at a price they can afford to pay; to promote the general welfare of the elderly and handicapped; to ameliorate economic conditions inimical to health and growth, and to conduct research toward that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them to cooperate with individuals and with organizations, private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

From the Articles of Incorporation  
of the Frontier Nursing Service.  
Article III as amended April 1999