

FRONTIER NURSING SERVICE QUARTERLY BULLETIN

VOLUME 40

SUMMER, 1964

NUMBER 1

THIRTY-NINTH ANNUAL REPORT



SADDLEBAG BABY

See inside cover

The cover picture called Saddlebag Baby was taken by Virginia Branham in the Wolf Creek area. The nurse-midwife is Judy Pridie, who was with us then. For information about Judy's approaching wedding, see Old Staff News.

FRONTIER NURSING SERVICE QUARTERLY BULLETIN

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SUMMER, 1964

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REX B. POTTER
Certified Public Accountant
Lexington, Ky.

To the Officers and Trustees
Frontier Nursing Service, Incorporated
Lexington, Kentucky

Ladies and Gentlemen:

We have examined the balance sheet of the Frontier Nursing Service, Incorporated, as of April 30, 1964, and the statement of revenue and expense for the fiscal year then ended. Our examination was made in accordance with generally accepted auditing standards, and accordingly included such tests of the accounting records and such other auditing procedures as we considered necessary in the circumstances.

In our opinion, the accompanying balance sheet and statement of revenue and expense present fairly the financial position of the Frontier Nursing Service, Incorporated, at April 30, 1964, and the results of its operations for the fiscal year then ended, and were prepared in conformity with generally accepted accounting principles applied on a basis consistent with that of the preceding year.

Respectfully Submitted,

/s/ **REX B. POTTER**
Certified Public Accountant

Lexington, Kentucky
June First
Nineteen Sixty-four

THIRTY-NINTH ANNUAL REPORT
of the
FRONTIER NURSING SERVICE, Inc.
for the Fiscal Year
May 1, 1963 to April 30, 1964

PREFACE

As has been our custom since we were one year old, we present our annual report of the fiscal affairs and of the field of operations of the Frontier Nursing Service to its trustees, members, and subscribers.

We have, as in previous years, divided our report into two sections. One section is about money, and one section about work.

Under the heading of Conclusion, we tell something of what the year has meant to us.

I.

FISCAL REPORT

Our annual audit is so detailed, and therefore so voluminous, that we do not print it in full. The figures that follow are taken from the Exhibits and Schedules of the last audit. We have divided these figures into four categories. The auditor's own Balance Sheet is the first category. The second is his list of Endowments and Reserves. The third category covers all Revenue Receipts. The fourth category we have put into two columns—to the left the Expenditures of the last fiscal year taken from the audit, and to the right the Budget for the current fiscal year, based on last year's expenditures.

Under a fifth category, called Inventory, we account for all our properties. All five categories are given in sequence on the following pages.

BALANCE SHEET

As at April 30, 1964

ASSETS

Cash on Hand—Petty Funds.....	\$	555.00	
Cash in Banks:			
First Security National Bank—General Account.....		36,349.25	
First Security National Bank—Social Service and Alpha Omicron Pi Account.....		2,166.29	
First Security National Bank—Staff Payroll Account.....		2,356.14	
First Security National Bank—Frances Bolton Building Fund.....		381.94	
Peoples Bank, Hazard, Ky.—Organization Account.....		11,818.07	
Total Cash.....	\$	53,626.69	
Temporary Loans.....		232.06	
U. S. Treasury Notes (Frances Bolton Building Fund).....		24,994.82	
Realty, Buildings, Equipment, Livestock, Net.....		458,438.08	
Endowment, Memorial, Reserve Fund Investments at original cost, in hands of:			
First Security National Bank, Lexington, Ky.....		1,544,061.69	
Liberty National Bank & Trust Co., Louisville, Ky.....		85,250.83	
Morgan Guaranty Trust, New York City.....		185,000.00	
Bankers Trust, New York City.....		137,496.50	1,951,809.02
Total Assets.....			2,489,100.67
LIABILITIES			
Accrued Withheld Payroll Taxes.....		1,780.88	
Endowment, Memorial, Reserve Funds.....		1,951,809.02	
Total Liabilities.....			1,953,589.90
Net Worth.....			535,510.77
Total Liabilities and Net Worth.....			2,489,100.67
Net Worth Represented by—			
Contributions and Income from Organization accumulated through April 30, 1964.....		6,878,531.39	
Less—Expenses Paid from Organization accumulated through April 30, 1964.....		6,343,202.62	
Net Worth, April 30, 1964.....		535,510.77	
Total Revenue Receipts.....		6,878,531.39	
Total Endowment Receipts.....		1,951,809.02	
Total Monies Collected.....		8,830,340.41	

STATEMENT OF ENDOWMENT AND RESERVE FUNDS
April 30, 1963 and 1964

Designated Funds—Income Restricted	April 30 1963	Additions During Year	April 30 1964
Joan Glancy Memorial Baby's Crib.....\$	5,000.00		\$ 5,000.00
Mary Ballard Morton Memorial Wing.....	85,250.83		85,250.83
Jessie Preston Draper Memorial No. 1.....	15,000.00		15,000.00
Jessie Preston Draper Memorial No. 2.....	185,000.00		185,000.00
Belle Barrett Hughitt Memorial.....	16,000.00	\$ 1,000.00	17,000.00
Isabella George Jeffcott Memorial.....	2,500.00		2,500.00
Bettie Starks Rodes Memorial Baby's Crib.....	5,000.00		5,000.00
John Price Starks Memorial Baby's Crib.....	5,000.00		5,000.00
Norah Oliver Shoemaker Memorial Baby's Crib	5,000.00		5,000.00
Eliza Thackara Memorial.....	2,685.16	154.66*	2,839.82
Children's Christmas Fund in Memory of Barbara Brown.....	1,000.00		1,000.00
Donald R. McLennan Memorial Bed.....	12,750.00		12,750.00
Louie A. Hall Legacy in Memory of Sophronia Brooks for a Center and its Endowment.....	69,312.57	3,282.84*	72,595.41
Margaret A. Pettet Legacy.....	1,953.70		1,953.70
Jane Short Atwood Legacy.....	7,500.00		7,500.00
Mrs. John W. Price, Jr., Fund.....	10,800.00		10,800.00
Winfield Baird Foundation.....		105,000.00	105,000.00
Elizabeth Canby Bradford duPont Memorial Nurse.....		10,000.00	10,000.00
Sub-totals.....	\$ 429,752.26	\$119,437.50	\$ 549,189.76
Designated Funds—Income Unrestricted:			
Marion E. Taylor Memorial.....	10,000.00		10,000.00
Fannie Norris Fund.....	10,000.00		10,000.00
Marie L. Willard Legacy.....	3,127.36		3,127.36
William Nelson Fant, Jr., Memorial.....	78,349.52		78,349.52
Mrs. Charles H. Moorman Fund.....	1,100.00		1,100.00
Lillian F. Eisaman Legacy.....	5,000.00		5,000.00
Lt. John M. Atherton Memorial.....	1,000.00		1,000.00
Mrs. Morris B. Belknap Fund.....	26,375.00		26,375.00
Elizabeth Ireland Fund.....	22,457.50		22,457.50
Elizabeth Agnes Alexander Legacy.....	5,000.00		5,000.00
Richard D. McMahan Legacy.....	943.23		943.23
Anonymous—General Endowment.....	137,496.50		137,496.50
Mrs. W. Rodes Shackelford in Memory of her two children.....	10,000.00		10,000.00
Hattie M. Strong Memorial.....	10,000.00		10,000.00
Beulah Bruce Brennan Memorial.....	2,000.00		2,000.00
Anna Rcsina Gooch Memorial.....	16,625.00		16,625.00
Jeannie B. Trull Legacy.....	33,253.33		33,253.33
Elizabeth B. Perkins Legacy.....	152,970.44		152,970.44
Frances Kendall Ross Legacy.....	17,100.00		17,100.00

* Income added to principal.

STATEMENT OF ENDOWMENT AND RESERVE FUNDS

April 30, 1963 and 1964

(Continued)

	April 30 1963	Additions During Year	April 30 1964
Elizabeth Sherman Lindsay Memorial.....	5,000.00		5,000.00
Helen N. and Beatrice A. Wilson Fund.....	10,000.00		10,000.00
Sophia Cogswell Stiger Memorial.....	23,401.42		23,401.42
Charles N. Kavanaugh, M. D., Memorial.....	1,000.00		1,000.00
Margaret C. Breckinridge Legacy.....	3,000.00		3,000.00
Mary Hallock Armstrong Legacy.....	2,000.00		2,000.00
Winifred Irene Leckie Memorial.....	1,000.00		1,000.00
Lena G. Anderson Legacy.....	7,078.50		7,078.50
Eliza Davitt Hartley Legacy.....	150,000.00		150,000.00
Cordie M. Williams Legacy.....	458,254.25		458,254.25
Lisette Hast Legacy.....	10,944.00		10,944.00
Edward S. Jouett Legacy.....	1,000.00		1,000.00
Herman Bowmar Fund.....	1,000.00		1,000.00
Mrs. Henry James Legacy.....	5,000.00		5,000.00
Jean Hollins Memorial Fund.....	5,034.00	45.00	5,079.00
Anne Steele Wilson Memorial Fund.....	1,933.34	25.00	1,958.34
Mary Churchill Humphrey Fund.....	1,001.00		1,001.00
Mrs. Bissell Carey Legacy.....	5,000.00		5,000.00
John M. Bergland, M. D., Memorial.....		1,000.00	1,000.00
Edward C. Wilson Legacy.....		24,500.00	24,500.00
Ann Allen Danson Fund.....		2,430.00	2,430.00
Sub-totals.....	\$1,234,444.39	\$ 28,000.00	\$1,262,444.39
Reserve Accounts:			
Mrs. Louise D. Crane.....	4,000.00		4,000.00
Mrs. Frederic Moseley Sackett.....	10,000.00		10,000.00
Mrs. Eliza A. Browne.....	16,000.00		16,000.00
Winfield Baird Fund.....	6,000.00	(6,000.00)	16,000.00
Winfield Baird Fund.....		14,000.00	14,000.00
Lillie McGinness.....	2,500.00		2,500.00
Harriet H. Grier.....	5,000.00		5,000.00
Maurice S. Miller.....	5,000.00		5,000.00
Leila A. Morgan.....	5,000.00		5,000.00
Eliza Davids.....	6,000.00		6,000.00
Bertha G. Wood.....	12,500.00	528.77	13,028.77
Doris A. Farrington.....	4,920.00		4,920.00
Mrs. E. A. Codman.....	2,000.00		2,000.00
Mrs. Irving E. Raymond.....	4,000.00		4,000.00
Mrs. George M. ToeWater.....	11,781.94	10,000.00	21,781.94
Mrs. Oswald Villard.....	1,000.00		1,000.00
Leila M. Weeks.....	2,469.16		2,469.16
Frances Margaret Bradford.....	5,000.00		5,000.00
William E. Brigham.....		10,000.00	10,000.00
Mrs. Polk Laffoon.....		1,000.00	1,000.00
Mrs. Edna C. Lapham.....		7,475.00	7,475.00
TOTALS.....	\$1,767,367.75	\$184,441.27	\$1,951,809.02
Total Additions for Year (above).....		\$184,441.27	
Add: Transfer Deduction.....		6,000.00	
Total Cash Addition for Year.....		\$190,441.27	

REVENUE RECEIPTS
Statement of Donations and Subscriptions Paid
May 1, 1963 to April 30, 1964

SUMMARY:	Contributions	Benefits and Bargain Box	Totals
Alpha Omicron Pi.....	\$ 4,778.30		\$ 4,778.30
Baltimore Committee.....	1,341.75		1,341.75
Boston Committee.....	6,453.05	6,000.00	12,453.05
Chicago Committee.....	4,316.15		4,316.15
Cincinnati Committee.....	8,223.00		8,223.00
Cleveland Committee.....	19,381.34		19,381.34
Daughters of Colonial Wars.....	5,063.04		5,063.04
Detroit Committee.....	13,010.06		13,010.06
Hartford Committee.....	1,374.50		1,374.50
*Kentucky:			
Blue Grass Committee.....	4,674.50		4,674.50
Louisville Committee.....	9,758.45		9,758.45
Miscellaneous Kentucky.....	2,745.13		2,745.13
Minneapolis Committee.....	1,317.25		1,317.25
New York Committee.....	20,551.11	8,667.45	29,218.56
Philadelphia Committee.....	6,651.11	2,832.55	9,483.66
Pittsburgh Committee.....	14,512.97		14,512.97
Princeton Committee.....	873.50		873.50
Providence Committee.....	1,134.75		1,134.75
Riverdale Committee.....	1,065.00		1,065.00
Rochester Committee.....	2,091.72		2,091.72
Washington, D. C., Committee.....	6,513.36		6,513.36
Miscellaneous.....	12,738.82		12,738.82
Totals.....	\$148,568.86	\$17,500.00	\$166,068.86
Less Transferred to Endowment.....			70.00
			\$165,998.86

*Total for Kentucky \$17,178.08

OTHER REVENUE RECEIPTS:			
Fees for Graduate School of Midwifery.....		10,760.00	
Fees for Speaking Engagements.....		220.00	
Payments from Patients:			
Income from Nursing Centers.....	13,802.57		
Medical and Surgical Fees.....	7,511.45		
Hyden Hospital Fees.....	14,887.07		
Hospital Clinic Funds and Supplies.....	16,489.16	52,690.25	
Wendover Post Office.....		5,783.32	
Income from Investments—Regular.....		102,148.28	
Income from Investments—			
Frances Bolton Nursing Center.....		1,041.37	
“Wide Neighborhoods”—Royalties and Local Sales.....		588.17	
Livestock Sales.....		135.72	
Miscellaneous.....		64.10	173,431.21
TOTAL—ALL REVENUE RECEIPTS.....			\$339,430.07

LAST YEAR'S EXPENDITURES AND THIS YEAR'S BUDGET

	1963-1964	1964-1965
I. FIELD EXPENSE:		
(Hyden Hospital, Frontier Graduate School of Midwifery, Wendover, and five Nursing Centers)		
1. Salaries and Wages*.....	\$122,165.12	\$122,000.00
2. Medical Director and Relief.....	11,755.56	13,000.00
3. Dispensary Supplies (See Note 1).....	37,411.83	37,000.00
4. Running Costs: Food—minus board of residents; cows, fuel, electricity, laundry, freight and hauling, et cetera....	39,168.06	39,000.00
5. Feed and care of 12 horses and mules (See Note 2).....	4,717.73	4,500.00
6. Jeeps (22), Truck, Station Wagon Ambulance.....	8,693.00	8,500.00
7. Maintenance of Properties.....	17,901.54	18,000.00
TOTAL FIELD EXPENSE.....	\$241,812.84	\$242,000.00
II. ADMINISTRATIVE EXPENSE:		
1. Salaries, Accounting and Auditing, Office Supplies, Post- age, Telephone and Telegraph, Printing, etc.....	\$ 40,602.73	\$ 40,500.00
III. SOCIAL SECURITY TAX:	\$ 6,315.45	\$ 6,500.00
IV. SOCIAL SERVICE:	\$ 15,822.66	\$ 16,000.00
V: GENERAL EXPENSE:		
1. Insurance (Fire \$325,500.00 Coverage), Employer's Lia- bility, full coverage on truck, 22 jeeps, and station wagon.....	\$ 7,844.30	\$ 8,000.00
2. Quarterly Bulletins (covered by subscriptions).....	5,099.67	5,000.00
3. Record Department.....	3,092.67	3,000.00
4. Miscellaneous Projects such as: Doctors and Nurses for study and observation, professional books and magazines	2,132.35	2,000.00
5. Miscellaneous Promotional Expenses beyond the moun- tains.....	2,210.07	2,000.00
	\$ 21,370.73	
TOTAL RUNNING EXPENSES.....	\$325,924.41	\$325,000.00
NEW LAND AND BUILDINGS, EQUIPMENT, AND LIVESTOCK ADDITIONS.....	\$ 11,847.51	
TOTAL	\$337,771.92	

*Wages for maintenance charged to Wages Category.

Note 1: Approximately 1/3 of supplies relayed to Districts.

Note 2: Two animals belong to FNS employees, who must ride to work.

LAND, BUILDINGS, LIVESTOCK AND EQUIPMENT

(From Exhibit C of the Audit)

INVENTORY

Our auditors set a value of \$458,438.08 on these holdings, after adjustments. Among the major holdings are the following:

Hyden

A stone Hospital, one wing of which is the Mary Ballard Morton Memorial, one wing the Mary Parker Gill Memorial, and frame Annex, a Memorial to "Jackie" Rousmaniere; Joy House, home of the Medical Director, a gift of Mrs. Henry B. Joy; Aunt Hattie's Oak Barn, gift of Mrs. Henry Alvah Strong; Mardi Cottage, the Quarters for the Frontier Graduate School of Midwifery; The Margaret Voorhies Haggin Quarters for Nurses; St. Christopher's Chapel; "Betty's Box"; employees cottage; and outbuildings including work shop, forge, pighouse, pump houses, fire hose houses; and two water storage tanks.

Wendover

Three log houses, as follows: the Big House ("in memory of Breckie and Polly"), the Old Cabin and the Ruth Draper Cabin; the Garden House; the Upper Shelf and Lower Shelf; the Ham-Way Hut; the Couriers' Log Barn and Aunt Jane's Barn; numerous smaller buildings including: Pebble Work Shop, tool house, forge, apple house, jeep shed, the cow barn, cow hospital barn, mule barn, chicken houses, pump house, two fire hose houses; and two water storage cisterns.

Georgia Wright Clearing

A caretaker's cottage, storage house and barn; extensive pasture land for horses and cows; a bull's barn and stockade; two wells.

Jessie Preston Draper Memorial Nursing Center
(Beech Fork; Post Office, Asher, Leslie County)

Frame building and oak barn; deep well, pump house and water tank; fenced acreage for pasture and gardens.

Frances Bolton Nursing Center
(Possum Bend; Post Office, Confluence, Leslie County)

Evacuated April 1, 1960, by orders of the Government of the United States in behalf of the Buckhorn Dam Reservoir. Relocation site not decided on as yet.

Clara Ford Nursing Center

(Red Bird River; Post Office, Peabody, Clay County)

Log building and oak barn; fire hose house; walled-in spring; two deep wells, pump houses, and water tank; fenced acreage for pasture and gardens.

Caroline Butler Atwood Memorial Nursing Center

(Flat Creek; Post Office, Creekville, Clay County)

Frame building and oak barn; fire hose house; walled-in spring; deep well, pump house and water tank; fenced acreage for pasture and gardens.

Belle Barrett Hughitt Memorial Nursing Center

(Bullskin Creek; Post Office, Brutus, Clay County)

Frame building and oak barn; jeep shed; fire hose house; walled-in spring; water tank; fenced acreage for pasture and gardens.

Margaret Durbin Harper Memorial Nursing Center

(Wolf Creek; Post Office, Big Fork, Leslie County)

Frame building and oak barn; two-jeep garage; deep well and pump; fenced acreage for pasture and gardens.

Subsidiary Clinics

Seven small clinic buildings on the following streams: Bull Creek, Stinnett (Mary B. Willeford Memorial), Coon Creek (Coy Maggard Memorial), Mudlick, Leatherwood, Cutshin, and Grassy.

Livestock

Eleven horses, one mule; one registered Guernsey bull; nine cows; five heifers; registered Hampshire brood sow, two hogs; and over two hundred chickens.

Equipment

Equipment includes: twenty-two jeeps; one Ford station-wagon-ambulance; one three-quarter ton truck; pumps and motors; farm implements; carpenter and plumber's tools; sixty-two pairs of saddlebags; saddles, bridles; halters; hospital equipment and furnishings; dispensary supplies; and household furnishings and equipment at Hyden, Wendover and the five outpost centers, variously located in a seven-hundred mile area.

II. REPORT OF OPERATIONS

The data in this section are supplied by the record department of the Frontier Nursing Service; by records kept on guests and volunteer workers; and by the social service department.

1.

MEDICAL AND SURGICAL

Our own Medical Director, Dr. W. B. Rogers Beasley, returned to us in October of this past fiscal year, to the great rejoicing of everyone. Dr. Francis Brewer was still with us from May through July and Dr. John E. Sinning came to us for August and September. Thus, our medical services have been superb during the whole of the past fiscal year.

We desperately need an assistant for Dr. Beasley and are doing our best to get one.

We extend our warm thanks to the Kentucky Commission for Handicapped Children for free care given the patients we refer to them. Our thanks go too, as they do each year, to Dr. H. G. Reineke of Cincinnati who reads Frontier Nursing Service x-rays for us as a courtesy. We continue to be grateful in the fullest measure to the Cincinnati Children's Hospital for the free care to our children referred to them by our Medical Director. We add further gratitude to this splendid institution for the fine pediatric clinics given during the past year. In November, 1963, we were so fortunate as to have with us again Dr. J. B. Holloway of Lexington and his fine team to conduct a surgical clinic. These clinics are an old tradition in the FNS. The first ones were given us by the late Dr. Scott Breckinridge. Dr. Francis M. Massie followed him. With him in late years came Dr. Holloway who now carries on this fine tradition. We are also most appreciative to Dr. Doane Fisher and to Dr. Carl Yapple of the Daniel Boone Clinic in Harlan, for pediatric help and advice, including clinics held by Dr. Yapple at Hyden Hospital. Dr. David B. Stevens of Lexington, Kentucky, has held orthopedic clinics for us during the past fiscal year and we do thank him so very much. Members of our Lexington Medical Advisory Committee and National Medical Council have given their services over and over to patients sent to them. We have in Dr. Elwood L. Woolsey of Harlan and his associates distinguished help with our obstetric

and gynecological patients and with the Frontier Graduate School of Midwifery.

Our very special thanks go to the Kentucky State Department of Health for the kindness of its Commissioner, Dr. Russell E. Teague, and the directors of its divisions. Dr. Helen B. Fraser, Director of the Division of Maternal and Child Health, and her associates, Dr. Jorge Deju and Dr. Robert Bain, have been especially helpful to us. Miss Ruth Spurrier, a member of our National Nursing Council and Director of Public Health Nursing has also been most kind. Our gratitude goes out in fullest measure to the Kentucky Board of Nursing Education and Nurse Registration and its Executive Secretary, Mrs. Marjorie C. Tyler, for the consideration they have shown our Frontier Nurses.

2.

HYDEN HOSPITAL

Hyden Hospital—with 27 beds and 12 bassinets, 2 incubators—was occupied 6,549 days last year by 1,046 patients with a daily average of 17.9 patients at a cost per patient day of \$16.63. Of the 1,046 patients cared for at the Hospital during the fiscal year, 59 were sick adults, 583 were obstetrical patients, 27 were children and 377 were new born. There were 8 deaths in the Hospital, of which seven were new born. There was no maternal death. The out-patient department, with the Medical Director's clinics, received a total of 18,772 visits. There were 85 operations performed.

3.

DISTRICT NURSING

In the 12 districts operated by the Service from the Hospital, Wendover, and five outpost centers, we attended 10,462 persons in 2,334 families. Of these, 4,613 were children, including 2,015 babies and toddlers. The district nurses paid 22,418 and received 15,960 visits at their nursing centers and at their special clinics. Bedside nursing care was given in their homes to 1,070 sick people of whom 17 died. At the request of the State Board of Health, the Frontier Nursing Service gave 6,404 inoculations and vaccines against typhoid, diphtheria, smallpox, whooping cough, polio, et cetera, and sent 2,278 specimens for analysis.

This part of our report has reference to general district nursing only and does not include midwifery carried day and

night by the nurse-midwives along with their district nursing. The figures for midwifery are covered under the following section.

4.

MIDWIFERY

Registered Cases

The nurse-midwives and the midwifery students of the Frontier Graduate School of Midwifery (under the supervision of their instructors) attended 384 women in childbirth and gave them full prenatal and postpartum care. Of these 384 women, 5 were delivered by the Medical Director. There were 379 live births and 5 stillbirths; 3 deliveries of twins; 265 new cases admitted; 297 closed after postpartum care; 3 miscarriages. There was no maternal death.

Emergency Cases—Unregistered

In addition to these regular registered maternity cases, the Medical Director and the nurse-midwives were called in for 41 emergency deliveries, where the mother had not been registered or given prenatal care, which resulted in 21 live births and 20 emergency miscarriages (19 early, 1 late). There was no maternal death.

Outside-Area Cases

There were 203 women from outside our area who were carried for prenatal care. Of these, 18 were closed before delivery. Most of our outside-area patients move into one of our districts or to our Hospital for delivery. In that case they are transferred to our regular midwifery service. However, the nurse-midwives did go outside our area to deliver 6 such patients of 6 live babies, with no maternal death.

5.

FRONTIER GRADUATE SCHOOL OF MIDWIFERY

The School admits two classes annually. Seven registered nurses are taken in each class of six months duration. The forty-eighth class, which opened August 11, 1964, is now in attendance. When its work is completed in February, 1965, the School will have sent 271 nurses, qualified as midwives and in our frontier technique, to render service all over the world. Graduates of the School are in a number of our states, including Alaska; the Philip-

pinas, New Guinea, India, Thailand, South Korea, Canada, France, the Middle East, and in parts of Africa and South America.

Guest lecturers to whom we are most grateful are Dr. M. A. Carnes, anesthesiologist at the University of Kentucky Medical Center, Dr. Carl Yaple, pediatrician from Harlan, and the nutritionists from the State Department of Health who hold a workshop for each class in the School.

6.

SOCIAL SERVICE DEPARTMENT

(Alpha Omicron Pi Fund and Other Grants)

During the past fiscal year the Social Service Department of the Frontier Nursing Service has given financial aid to families or individuals as follows:

- Provided medicines for 4 patients
- Paid for diagnostic x-rays for 2 people
- Bought glasses for 18 patients (New Eyes for the Needy Fund)
- Bought coal for 3 indigent families
- Provided bus fare for 4 school students
- Paid all or part of outside city hospital bills for 21 patients
- Paid outside doctors' bills for 5 patients
- Bought stove for 1 destitute family
- Gave groceries to 32 families—a total of 81 orders
- Provided school clothes and shoes for 16 children
- Provided monthly allowance for 1 business college student
- Provided seed potatoes and garden seeds for 24 families
- Paid boarding school expenses for 2 children
- Paid tuition fees and board for 4 students at a Practical Nursing School
- Bought lunches for 12 children
- Bought school books for 3 high school students
- Paid bus fares to Lexington for 15 patients for clinic visits
- Paid ambulance bills for 30 trips with patients
- Paid laboratory fees for patients at Lexington and Hazard Clinics (Any patients who can pay do reimburse the Service.)

Many patients have been transported to and from the Frontier Nursing Service Hospital at Hyden to the outpost centers. In addition there were:

Trips to Lexington with 28 children to clinics of the Kentucky Commission for Handicapped Children, 15 patients to Lexington hospitals and 15 to the Lexington Clinic and other doctors.

14 trips to Cincinnati Children's Hospital with 49 patients

10 trips to Harlan with 12 patients

1 trip to Manchester with children to the annual clinic of the Kentucky Commission for Handicapped Children

4 trips to Houston Mission School with 4 students

3 trips to Louisville with 2 patients for eye clinics

More general service and aid have been given to other families and individuals as follows:

Clothing and bedding distributed to needy families (including 7 that were burned out) and books to local schools.

Service and time given in cooperation with the American Red Cross, Welfare and Health Departments, County Judges, Vocational Representatives, Frontier Nursing Service Medical Director, District nurse-midwives, and the Hospital staff.

7.

VOLUNTEER WORKERS

Thirty-six couriers and other volunteers worked for the Service for over 1,500 days.

8.

GUESTS FOR OBSERVATION AND STUDY

As in other years the Service entertained guests, for observation and study of its work, from all over the world. These came not only from North America, but from Europe, Asia, South America, and Africa.

9.

CHRISTMAS

The Frontier Nursing Service gave toys and candy to more than 5,000 children at Christmas, and clothing to those that

needed it. Our local district committees provided free trucks to carry supplies from Hyden to the outpost centers, and were helpful in many other ways. The Service also held Christmas parties at many different places for the children, with Santa Claus, Christmas trees, and Christmas carols. All of this was made possible by the generous response of hundreds of people to our annual request card for the children's Christmas.

III. THIRTY-NINE YEAR TOTAL

It will be of interest to our members to read a few totals covering the whole thirty-nine year period of work.

Patients registered from the beginning.....	56,952
Babies and toddlers.....	24,324
School children.....	9,654
Total children.....	33,978
Adults.....	22,974
Midwifery cases (reg.) delivered.....	14,183
Maternal deaths, 11 (9 puerperal, 2 cardiac)	
Inoculations.....	243,263
Patients admitted into the Hyden Hospital*.....	26,611
Number of days of occupation in Hyden Hospital.....	199,724

* For 34 years and 6 months. The FNS Hospital at Hyden was opened in the fiscal year 1928-1929 and operated only six months in that year.

CONCLUSION

In concluding this report of our 39th fiscal year, we want, as always, to thank everyone who has made such a report possible. Those of you who serve on our committees in and beyond the mountains, those who support our work financially and make possible its excellence, our thousands of patients who coöperate with us, our wonderful staff who give fifty per cent of their time as volunteers,—to all of you we are more grateful than we can begin to express.

We are happy to tell all of our friends that we continue to retain the solvency we have kept for nearly forty years. A charity, in our opinion, should keep out of debt. This is not easily done when the prices of everything that must be bought keep going up and up. Repair, maintenance, new building and new equipment—all these things, that must be done, are terribly

expensive today. But the seven stations over a 700-square-mile area, in which our demonstration is located must not be allowed to fall into disrepair. The usefulness of this demonstration reaches into remotely rural areas on every continent and many islands to thousands of little children and their mothers. Most of them will not have heard of us and few of us will ever see any of them. But for the privilege of helping them we ask all of you to join us in thanking God.

MARVIN BRECKINRIDGE PATTERSON
(Mrs. Jefferson Patterson), Chairman
EDWARD S. DABNEY, Treasurer
MARY BRECKINRIDGE, Director

WANTED

An Assistant for Dr. W. B. Rogers Beasley

So many good things come to us through this Quarterly Bulletin that perhaps the thing we most want right now might come this way too. Our Medical Director has not been able to take a vacation since he came back to us last October. His clinics at Hyden Hospital often run to well over ninety patients. We have been combing the regular routine channels for an assistant. But doctors are about as scarce now as they were in wartime. The dedicated younger ones mostly go into missionary channels. The older missionary physicians have more than once helped us out. But there aren't many of those! The men who finish their residencies at the great hospital schools usually find a branch of the armed services waiting for them on the doorstep.

Now, we don't want to rob anybody of anything, but you, our friends and readers of this Bulletin, know that we have over 10,000 patients annually. We get lots of clinics and much help from prominent doctors. But there is too much continuous work for one man to carry. Dr. Beasley has not complained, nor will he, nor does he know we are writing this. You will help us, I know, if you can.

OUR MAIL BAG

From a physician in the Department of Health, Education, and Welfare: We have just had an enthusiastic report from Mulunesh WOLDEGHIORGHIS about her week at the Frontier Nursing Service. She writes: "Most of the situation I visited resembles my home problems. I was very impressed the way the Frontier Nursing Service handle the situations. I envy the country for having such a great service."

From the Executive Secretary of a Medical Mission Council: Permit me to use this occasion to thank you once again for the tremendous help which the Frontier Nursing Service has been rendering to our medical mission work through the training which you have offered to some of our girls preparatory to overseas service. This has meant very much to us.

From a Washington, D. C., Subscriber of thirty years: Contributing to your wonderful work has been a rewarding experience, and there are few places where money has been used so carefully, intelligently, and to its full value.

From a famous retired bone surgeon in New England: Surely the value of the Service's contribution to society could hardly be overestimated.

From a friend in Delaware: I read with great eagerness every word in the Frontier Nursing Service Bulletin. It is a wonderful and grand piece of work you have and are doing.

From an old Subscriber in Kentucky: Always when the Frontier Nursing Service Bulletin comes I read it immediately with real pleasure. It "speaks to my condition" in so many ways I feel acquainted with you and grateful to you. . . . The birthday card cover is charming. "On Saying Goodbye" is beautiful and expresses more than just that personal experience; it says goodbye for us all.

Wide Neighborhoods gave me so much pleasure when I first read it I sent my copy to my oldest daughter. Since then I have given others to friends and now I want to keep one for myself.

VIRGINIA BRANHAM "Jinny"



VIRGINIA BRANHAM ON BABETTE (Left)—JEAN HOLLINS ON CAMP (Right)

A picture taken February 18, 1956 by L. K.

This picture of two happy girls and their horses was first printed in the Frontier Nursing Service Quarterly Bulletin, months after it was taken, in the Autumn issue of 1956. Babette and Camp have long since gone to the happy hunting ground of horses, with plenty of old friends on the other side to welcome them. It was in March, 1961 that Jean went over to the other

side of death. Now Jinny has followed her across the Great River, fording it on July 8 of this year. One of her many friends wrote us, "I hope the sun was shining just after she died to help you all as Jinny would have with her cheerfulness."

Jinny first came to the Frontier Nursing Service as a courier in 1955 and took up with enthusiasm, not only the regular duties of the courier, but all kinds of special things in which she was highly competent. After the beginning of what was to be a fatal illness, Jinny worked tirelessly on the things that only she could do. Her cheerfulness through the years remained unbroken and her companionship was very dear to her friends. She made frequent trips from her home in Hingham, Massachusetts. Always there were new projects for her to undertake and to carry to a successful conclusion. Among those that stand out in our memory is her water safety program in the summer of 1960. Two boys had drowned in the swimming hole at Wendover. A third boy, fishing higher up on the Middle Fork River, was struck by the silence from the swimming hole. Everybody rushed down to the water's edge in response to his call. But it was Jinny, who diving, brought up the body of one of the boys. Resuscitation was started at once and continued for more than an hour. Dr. Beasley dashed over from Hyden Hospital and took control. The body of the second boy was not found until the river had been dragged for it. Jinny was so moved by this tragedy that she gave all her time that summer to teaching children to swim and to teaching life-saving methods to people who could swim. In all she taught over fifty children to swim with the ardent coöperation of their mothers. She worked at three places on the Middle Fork, using floats for the beginners. She wrote of this experience in the Summer 1960 Quarterly Bulletin and said that they found the Red Cross method of teaching beginners the easiest to teach and to learn. She used ropes in teaching life-saving methods, so that no swimmer would be dragged down by a drowning person. On a tree above the swimming hole where the two boys had drowned, Jinny hung a rope and a metal sign with painted directions for life-saving on it. That summer of hers is one of the most constructive ever given the Frontier Nursing Service by anyone.

Many of those who read this are familiar with the work Jinny did in the building of St. Christopher's Chapel. The beau-

tiful picture of the fifteenth century stained glass window was taken by Jinny and is the cover picture of the Winter 1961 Quarterly Bulletin.

Jinny's skill as an artist not only appears in all of her photography but in special drawings she drew for our own stone-masons and metal workers, whose craftsmanship was as good as any of the fifteenth century itself.

Jinny worked tirelessly on the older buildings of the Frontier Nursing Service with one or more men assisting her, in caulking the places where air came through, and in repainting the rooms. It was on some such a project at Hyden Hospital that she worked all the day before she died. The next morning she woke up feeling ill. On the call of the Wendover nurses, Dr. Beasley dashed over. Telephone exchanges with Mr. and Mrs. Roger Lee Branham at Hingham, Massachusetts, and with a noted brain surgeon in Lexington, led to arrangements to take her at once to a Lexington Hospital. She died of a massive brain hemorrhage within an hour after reaching Lexington. As one of her friends of the Frontier Nursing Service said, "She died with her boots on."

It is hard to tell what Jinny meant to the Frontier Nursing Service or how much love she gave and received. It is much harder to depict the gallantry with which she worked with all the odds against her. Her courage, spiritual as well as physical, was of the highest order. It was perhaps a knowledge of this that brought a wave of sadness over this mountain territory to which Jinny had given so much. The voices of men as well as women choked when they spoke of Jinny after her death.

With the tender sympathy that we feel for her parents, there is mingled a deep gratitude to them for sharing Jinny with us. Mr. and Mrs. Branham have made a substantial gift to our endowment fund in Jinny's memory. Over a hundred of Jinny's friends have added to her parents' gift. The income from this endowment will be used to further those urgent needs about which Jinny cared, and on which she gave herself up to the last day of her life.

AN IMPORTANT LOCAL MEETING

The Upper Kentucky River Development Council met at the Buckhorn Lodge State Park on Tuesday, July 21. Several of us went from Wendover, partly because we wanted to see the new Lodge which had been opened only one week, and partly because Judge George Wooton wanted the Frontier Nursing Service to be represented.

During the meeting a member of each of the four counties, Leslie, Perry, Letcher, and Knott, gave a report on the activities of their county. When they had finished, the Chairman, who is Mr. Willie Dawahare of Hazard, said "Now we would like to hear something of the Frontier Nursing Service. Perhaps Miss Lester will tell us."

I had no warning of this but I got up and told them of Mrs. Breckinridge's interest in the children of the Kentucky mountains and the beginnings of the work. While I was telling of the building of Wendover, the hospital, and the six outpost centers I pointed out the site of the old Margaret Durban Harper Memorial Center at Bowlingtown which we could see through the windows. The water of the lake washes the rocks at the side of the road we travelled and one had a feeling of sadness for the days that are no more.

When I sat down, Judge Wooton, Leslie County Judge, rose and said, "I have something to add. My daughter Marlene was the 10,000th baby delivered by the Frontier Nursing Service and my wife, who is beside me, and I are very proud of that and very grateful to the Service." A lady from Hazard said, "You should all read Mrs. Breckinridge's book, *Wide Neighborhoods* which tells the whole story." Mrs. Martha Cornett added, "Yes, and if you get it at Wendover, Mrs. Breckinridge will autograph it." Mayor Dawahare gave me money for one right away.

BETTY LESTER, R.N., S.C.M.

BEFORE WE STEP INTO THE WINGS

by
MARY BRECKINRIDGE

WING: One of the sides of the stage of a theatre.

The Century Dictionary and Encyclopedia
Copyright 1889

All the world's a stage,
And all the men and women merely players:
They have their exits and their entrances;

As You Like It
William Shakespeare

Over thirty years ago a man came riding through Wendover's big pull-gate with disastrous news. A slab of rock had fallen on the owner of a small local mine of a nearby creek. To me and to Jahugh Morgan, our foreman then, the rider said of his neighbor, "He has been killed." Jahugh asked, "Killed dead?" The rider answered, "Killed dead." It was then that Jahugh gave slowly one of the most beautiful epitaphs that can ever be given of any one. "He was a peaceable man." We all knew this man and admired him greatly. He lived in peace with his family and with all his neighbors.

In recalling all of this now, so many years later, I am reminded of the people all of us know who are terribly interested in working for peace in national and international causes, but are not always on peaceable terms with their own neighbors. In Charles Dickens' great novel, *Bleak House*, there is a description of the guests invited to Caddy Jellby's wedding breakfast by her mother. It will be remembered by those who know and love this book, that Mrs. Jellby's aim in life was to work for Borrio Boola-GHA, while she completely neglected her own household. Her friends at the wedding breakfast were all peculiar people. Among them was "A very contentious gentleman, who said it was his mission to be everybody's brother, but who appeared to be on terms of coolness with the whole of his large family."

I do not mean to imply that universal brotherhood is not a true aim in life. What I am saying is that it will never be reached in the heart of any person who can not reconcile himself to broth-

erhood in his own family and in his own neighborhood. If each one of us would start right where we are, each in his own environment, with peace in his heart for his associates, his co-workers, his kindred, his neighbors— then we really could help bring about the peace of the world. True, some of them are as trying on our tempers as we are on theirs. But if we are courteous and kindly then the odds are that they will become courteous and kindly to us. The simplicity of this lies in the fact that there can be no self-seeking in it as there so often is in conspicuous causes.

The taint of the Pharisee, who thanks God he is not as other men, is hard to eradicate in any of us. The best method is the prayer of the publican, "God be merciful to me a sinner." To this we would add, from *The Cloud of Unknowing*,* an ancient manuscript in the British Museum, the following: ". . . and mean by sin a lump, Thou wottest never what, none other thing but thyself."

In due time we shall make our exit through the wings of the stage of life, and pass: "To where beyond these voices there is peace."

This is the fifth of a series of articles called *Before We Step Into The Wings*, printed annually in the Summer issue of the Frontier Nursing Service Quarterly Bulletin.

**The Cloud of Unknowing*—Fifteenth Century MS Harl. In the British Museum (674). Edited by Evelyn Underhill. Published by John M. Watkins, London.

WRONG TIME IN WHICH TO LIVE

Any person who wants to live a peaceful, quiet, uneventful life, has picked the wrong time in which to live.

—Contributed

COURIER TID-BITS

by

JANE CLARK

Boston Senior Courier

The arrival of volunteers at Wendover can be somewhat untimely. Agnes always accepts help even when it is not really needed at the moment. With her ever ready fund of little projects, she is never caught short of things to do.

Sue White and I arrived late one Tuesday evening in March and were given a quick briefing on new people, places and things. This was my third trip and Sue's first. With flashlights in hand we were off to the Upper Shelf. In the morning, Sue would go to Flat Creek with Mabel Turner and I would go to the hospital to "fill in" for Mary Whitaker, secretary to the superintendent. We packed accordingly, and now, with four weeks gone by, I feel that I would like to have more weekends like that one!

The hospital work has been fascinating, as well as fun. After a few days of mundane jobs, I became quite proficient with the telephone and intercom. Gradually, I was taught the payroll, birth certificate, mail and other numerous routines. All seem so easy, but are extremely intricate in purely FNS style.

One morning "Trink" Beasley arrived at the hospital announcing that she had stepped on a rusty nail and needed a tetanus shot. "The Matron," as Liz Palethorp, Superintendent of the Hospital, is often called, was reminded that this meant that the doctor also was due for his booster. Appropriate steps were taken. At about the time Dr. Beasley was receiving his shot, the visiting psychiatrist appeared in the office. Without a moment's hesitation, Dr. Beasley announced to the psychiatrist that his wife had stepped on a rusty nail and that he was having a tetanus shot! Well, the psychiatrist was sure that the first patient should be Dr. Beasley! Alas, all was ironed out. Who better than our doctor could do this?

Another morning, an employee appeared in the office with the customary empty toilet tissue roll and presented it to me. I wasn't quite sure what appropriate gesture I should make. What's more, I had no idea where to find a new roll, so I called to the drug room to inquire of "The Matron" where I might find

such things. Her retort was somewhat unexpected—"It's in the left-hand file cabinet, middle drawer—look under Payroll." Alas, one never knows where one may expect to find items filed with FNS.

Soon I had become relatively proficient in almost all phases of hospital secretarial procedure. I had even learned a few of the Top Secret bits of information! The time came for certain members of the staff to plan their vacations. "The Matron" is very patient and waits until it is convenient with the Service for her to take her vacation. One morning it was suggested to her by an informed member of the staff that now was the time for her to get away because, after all, "Jane could take over!" I was flattered, but shocked, for I really knew little about the routine. Imagine me—a peon—replacing our Matron! "The Matron" laughed and said, "I'd like to think that it would at least take another nurse to replace me!" The result is that Liz, "The Matron," has not taken her vacation and I have decided to learn more about other facets of the Service!

My next call to duty was an "invitation" to help Sue White paint some of the rooms at Flat Creek. When the color charts had been reviewed I went to the Hospital to telephone Agnes. "Do they really want these colors? Can't you persuade the nurses to choose another color? I'm ordering extra white. Please see that the Flamingo and Lilac are properly toned down." I assured Agnes that all would be well. As the days went by, we were surprised and, I must say, pleased with the results. Mixtures are still classified information, but the rooms look wonderful.

After this project, Sue and I returned to the hospital to see how Liz had done without us. Considering our absence, she had done remarkably well! With the situation so well in hand, we decided to take the week-end in Lexington. "The Matron" caught wind of this, and asked if we would pick up a few I.V. fluids for her. We gaily agreed and took the sealed brown envelope to the appropriate company. While the order was being filled, we chatted with the amiable gentleman behind the desk and casually inquired as to how many cases we were getting. Our car being already jammed with various other things, we had in mind two or three cases for "The Matron." This gentleman quoted me a figure. I laughed, thinking he was joking. To be sure, however,

I went out into the street to get the car. There I saw three men and a sidewalk full of cases. Again, all I could do was laugh. Where were we going to put all of those cartons? I couldn't imagine that they would all fit in, but with a bit of good luck, good management, and considerable juggling and rearrangement, everything was put in the car—four cases of fluids, two saddles, two people, one dog, and assorted clothing—and we were off.

Back at Hyden, and the usual routine——Hark! I hear a voice.

“Jane.”

“Yes, Miss Lester.”

“Will you change your clothes and take an emergency trip to Cincinnati? The station wagon is waiting at the Gulf.”

Ah, yes, life as a courier has its busy moments.

WHY IS LONDON'S FAMOUS CLOCK CALLED “BIG BEN”?

Sir Benjamin Hall was a tall man and very plump. He was an important man, but he never took himself too seriously. He knew when friends and those who worked under his direction made jokes about his tremendous size. He knew they spoke of him as Big Ben, and he did not mind at all.

Sir Benjamin was commissioner of work in London. The year was 1859, and the great bell in the clock tower of the houses of Parliament boomed forth its throaty voice for the first time. Sir Benjamin had a lot to do with installing that bell—as everyone knew. It seemed natural to name it in his honor. It is the booming bell, and not the clock, that is named Big Ben.

—*Modern Maturity*
April-May 1964

THE LAST ROSE OF SUMMER

'Tis the last rose of summer,
Left blooming alone;
All her lovely companions
are faded and gone;
No flower of her kindred,
No rosebud, is nigh
To reflect back her blushes
Or give sigh for sigh.

I'll not leave thee, thou lone one,
To pine on the stem;
Since the lovely are sleeping,
Go, sleep thou with them!
Thus kindly I scatter
Thy leaves o'er the bed
Where thy mates of the garden
Lie scentless and dead.

So, soon may I follow
When friendships decay,
And from love's shining circle
The gems drop away!
When true hearts lie withered,
And fond ones are flown,
Oh, who would inhabit
This bleak world alone?

Thomas Moore, 1779-1852



The Right Honourable The Lord Harlech,
British Ambassador to the United States,
congratulates Miss Helen E. Browne
after presenting her with the Insignia of an
Officer of the Most Excellent
Order of the British Empire



Mrs. Jefferson Patterson, National Chairman
of the Frontier Nursing Service,
with Miss Helen E. Browne, O. B. E.
Washington, June 11, 1964

THE INVESTITURE

In January of this year I received the following letter from the Foreign Office in London: "I have much pleasure in informing you that The Queen, on the recommendation of the Secretary of State for Foreign Affairs, has been graciously pleased, on the occasion of the New Year, to direct that you should be appointed an Officer of the Most Excellent Order of the British Empire in recognition of your valuable services." The letter was dated

December 30, 1963, and really made official the appearance of my name on the New Year Honours list. How exciting for the FNS to have the work recognized from the Old Country which has given us so many staff members.

Among the letters of congratulations which came to Wenderover was one from the British Ambassador in Washington, Sir David Ormsby Gore (now Lord Harlech), in which he hoped he would be able to present me with the award personally. And he did. In May, 1964, I received word from the British Embassy that an investiture would be held in Washington, at the Embassy on June 11, prior to the Garden Party in honour of the Queen's Birthday to which I was invited. I was also told that I was allowed to name two people whom I would like to receive invitations to the investiture and the Garden Party. I chose Mr. and Mrs. Jefferson Patterson since Mrs. Patterson is the National Chairman of the Frontier Nursing Service Board of Trustees, and I have had the pleasure of staying in their lovely Washington home on several occasions, when I have been in the capital city.

At 4:25 p.m. on Thursday, June 11, Mr. and Mrs. Patterson and I left for the British Embassy where we were met and escorted, by Air Attachés in full dress uniform, to the lovely ballroom. The thirteen people to be invested, with their guests, were all assembled when Lady Harlech and her young daughter, Alice Ormsby Gore, came in to the ballroom. Seconds later there was a jingling of swords as the Attachés came to attention and the Ambassador appeared and formally greeted those assembled and announced that by command of Her Majesty Queen Elizabeth he was conferring honours on these thirteen people in recognition of their various services. One by one, as our names were called, each of us approached the Ambassador who pinned on the medal and offered his personal congratulations.

After the ceremony everyone was ushered to the terrace below which is a lovely rose garden, looking its best. Tea tables were set up under the big shade trees and the traditional strawberries and cream were served, along with other goodies. Very soon the thousand-odd guests began to arrive for the Garden Party and Mr. and Mrs. Patterson introduced me to many of their Washington friends. So ended for me one of the exciting events of my life!

HELEN E. BROWNE

BOOKMEN'S AWARD TO HARPER & ROW

Company Named Publisher of Year at Capital Meeting

On June 10, 1964, Harper & Row received the newly created Publisher of the Year Award of the American Booksellers Association. The award was accepted by Raymond C. Harwood, president of the company. The award served not only to honor a publishing concern for good service but also to induce other publishers to raise their standard of performance.

Mr. H. Joseph Houlihan of the Morris Book Shop of Lexington, Kentucky, was elected a director of the American Booksellers Association.

—Special to *The New York Times*
By Harry Gilroy

WIDE NEIGHBORHOODS—EIGHTH PRINTING

The seventh printing of *Wide Neighborhoods* sold for \$4.50 at retail. We still have a few copies left of that printing and will continue to sell it at \$4.50, postpaid, as long as the supply lasts.

The publishers have sent us copies of the eighth printing, the retail price of which is \$4.95. By the middle of October we shall have to sell *Wide Neighborhoods* at the higher price. It will be postpaid and sent anywhere in the world at that price.

Since the Frontier Nursing Service receives an authors' discount on this book, as well as all royalties, we won't lose any money by pre-paying the postage. All of this goes to show how the rising cost of things affects books. The first six printings of *Wide Neighborhoods* sold at \$4.00, the seventh printing at \$4.50, and now the eighth printing is \$4.95. Publishers have to make ends meet, bless them.

OLD COURIER NEWS

Edited by
AGNES LEWIS

From Kate Ireland, The Trossachs, Scotland—May 13, 1964

The first week we spent in Liverpool with Mrs. Cundle—except for two days when we were in Shropshire with Anne's sister, Claire, and her family. Mrs. Cundle's garden was so pretty and her magnolia was in full bloom. We stayed two days in London and had Maggie Willson in to an Italian restaurant for dinner and then we saw "Oliver." Also, we saw "Tom Jones," "Mad, Mad, Mad World," and "No Strings." Then we stayed two days with Mrs. Cundle's sister in Kent. We returned to Liverpool and took Mrs. Cundle to Cinerama and the "Mexican Fiesta," and then to the Lake District for three nights and on here to Scotland. It is so beautiful with its tarns, lakes and mountains. Back to Liverpool tomorrow and off to Greece Thursday.

—May 24, 1964

We are now cruising through the Greek Islands—beautiful islands rising out of the deep, dark blue water, with picturesque harbors and quaint mountain villages. The boat is comfortable and the crew speak no English, but are very nice. Our interpreter is a young Egyptian who speaks six languages. We have a good cook and the Greeks are very friendly.

Athens is fascinating with its ancient temples, excavations and the museum. Anne and I are quite knowledgeable, and now know our Greek history, with Parker [*Kate's uncle*] as our guide. He's found excellent restaurants—one, a shepherd's hut. We saw a Russian Peasant Ballet—very exciting. A fabulous trip!

.

From Valerie Greene, Dayton, Ohio—May 21, 1964

I'm working in St. Elisabeth's Hospital and trying to get ready to return to the University of Colorado in June. My work last winter allowed me to become fairly proficient at skiing—I'm in love with that sport. I took care of three little girls ages two, three and four. They were darling children.

From Charlotte (Carley) Clark, Winchester, Massachusetts

—June 10, 1964

All signals seem to be set on "go," as far as Columbia Nursing School goes, for the fall. I really am excited about this prospect. I am kept busy this summer as a counselor at a camp in the Massachusetts Berkshires.

From Dr. Mary H. Heath (Betty Halstead),

Greenwich, Connecticut—June 19, 1964

I'd like to increase my annual subscription but the high cost of educating three boys in private schools limits me.

It's been 30 years since I was down there but it seems like yesterday. Too bad you don't need a pathologist—or do you?

From Mrs. William R. MacAusland (Franny Baker),

Dedham, Massachusetts—July, 1964

It is terrible about Jinny. What a shock to us all! Many from the Boston Committee went to the funeral. The church was very full. Jinny was a great help to us. It is so sad.

From Fanny B. McIlvain, Devon, Pennsylvania—July 5, 1964

Joan McClellan is visiting us this month—also her old Welsh Corgi, which is getting along very well with my dogs. Joan's next post will be Liverpool, to which she goes the end of July. She is pleased about it, I think, except for the six-month quarantine for her dog, and the fact that she can only have one month at home. I spent the night before Joan arrived with Alice Ford in New York and saw Wini Saxon, who was there buying fall or winter clothes for her shop. I hadn't seen Alice since last fall or Wini for years, and we did have a grand evening as you can imagine. Wini is just the same.

I was sorry to hear from Brownie that Susie [*old Wendover dog*] has gone. As Brownie said, it is hard to part with a long-time friend. I had to part with my last Shepherd, Eyck, a short time ago, too. She was failing very rapidly and it seemed kinder to let her go.

We are so thrilled to hear about Mrs. Breckinridge and, of

course, hope that she will continue to feel so well. Brownie is wonderful, too, and her award most gratifying to all those who know and love her.

. . . .

From Mrs. E. Townsend Moore (Bubbles Cuddy),

Darling, Pennsylvania—July 8, 1964

My thoughts often stray Wendover way. Those six weeks I had there left a great imprint.

Time passes—our oldest child, Linda, is 17 years old; Townie, 15; and Peter 13. Linda is the only one in the family, besides myself, who is horse-minded. At the moment, she is at Brown Lodge Camp in Vermont helping in the riding department.

We still live in our "made over" barn and still love it. At last, most of the renovation has been done.

. . . .

From Fredericka (Freddy) Holdship, East Hampton,

New York—July 17, 1964

We found a gorgeous spot right on the dunes to rest our heads. The weather is nice, water perfect, food delectable. We are off to Shelter Island for a few days.

. . . .

From Ardith (Ardie) Claire, Cataumet, Massachusetts

—July 20, 1964

Last night Mom and Dad took us all to the summer stock theater and we saw "Take Her, She's Mine." Thursday night, I went to Mary Simmers' for dinner. Mrs. Simmers is up now and is able to do a few things around the house. Yesterday noon, Leslie Foster called me and was on her way to Martha's Vineyard. She and her brother dropped in for about two hours. She is still enjoying nurses' training. She has a month off in August and will be working at a work camp in New Hampshire or Vermont.

. . . .

From Laura Riley, Vineyard Haven, Massachusetts

—July 25, 1964

To say that my three months with the FNS was an experience never to be forgotten seems almost silly. Not only shall I not forget my beautiful days with the FNS, but I think that what

I was taught by all of you will help to make me a stronger and a more whole person.

I do miss terribly the animals, our lovely afternoon teas; and my journeys on hot, dusty, friendly roads. And, who could forget the splendor of the meals cooked by Alabam, Ethel and Opal! In all, there is not a thing about the FNS that I do not miss and I miss it so much that if all goes well, I would like ever so much to return in the fall.

Again, please know the infinite pleasure I got from being with you and all of the FNS. It is, and will remain, as one of the loveliest parts of my life.

From Jane Clark, Dover, Massachusetts—August 20, 1964

I'll be here until mid-October and then to Florida for the winter. I am with a good race horse trainer and am learning the ropes. I love it. I think Sue White is going to Tennessee and start a stable, as she and I had planned. Another girl is going with her.

I was so distressed to hear about Jinny.

From Mrs. Robert A. Lawrence (Patsy Perrin),

Westwood, Massachusetts—August 30, 1964

Jinny Branham's death is a great loss to many of us, but to you and your organization the vacuum she has left must be enormous. We all have derived much comfort from the knowledge that she was with all of you who cared so deeply. It always meant a great deal to have her home for our Boston Committee meetings because it was Jinny who could always inform us of the latest news at Wendover and keep us posted in all respects. We not only have lost our best tie with the Frontier Nursing Service, but we have lost a dear friend whom we all adored. Her warm and exuberant personality will remain with us always.

Our Christmas Preview is well underway and Mary Moir as the benefit chairman and Roddy Ward as the chairman of our Boston Committee have done an exceptional job. We are again exceedingly grateful to you for the loan of Brownie. I know she has arranged an interesting lecture tour to coincide, which makes us feel a little less selfish in our request for her presence. You must be extremely proud of the recognition Queen Elizabeth has bestowed on her.

BITS OF COURIER NEWS

Diana Wilson spent a year and a half in New Zealand and now lives in Los Angeles where she works for Pan-American in their tour department.

WEDDINGS

Miss Jane Pleasants Kennedy, of New York City, and Mr. Vernon Frederick Strand of Minneapolis, Minnesota, on June 27, 1964. Mr. Strand is a student at the Medical School of the University of Minnesota, where Jane expects to complete her undergraduate studies. After two years in Wellesley, she participated in the Ried Hall Third Year in Paris Program, returning from France just in time for her wedding.

Miss Edith Howe Fulton, of Providence, Rhode Island, and Mr. Darren Barton Weeks, on August 15, 1964.

Our very best wishes go to these young people.

A BABY

Born to Mr. and Mrs. Charles Steele Cheston, Jr. (Lois Powell), of Millis, Massachusetts, a son, Charles Steele Cheston III, their first child, on May 11, 1964. He is a very fortunate baby and we congratulate him and his parents.

WORD COUNT

Some interesting statistics were recently published in The Press Kit by Greif-Associates:

“Lord’s Prayer, 56 words; Gettysburg Address, 266 words; Ten Commandments, 297 words; Declaration of Independence, 300 words; government order on cabbage prices, 26,911 words.”

—Taken from *The Colonial Crier*, published bimonthly by Colonial Hospital Supply Company. Chicago 40, Illinois.

A LETTER

From One of Our Former Nurse-Midwives—Now in the West

August 5, 1964

Dear Mrs. Breckinridge,

I have wanted to get this to you for several weeks—and just didn't know where to begin so guess I will start at the end. I must tell you what a wonderful thing is the obstetrical care that the women cared for by the FNS receive and I only wish that something approximating it were available to all women in this country. When I was working in public health I had a good opportunity to visit many women before delivery and after and the lack of good support and teaching to these women is appalling. Many of them were attending the county hospital clinics and delivering at the hospital and a smaller percentage at two of the private hospitals. The care seemed about the same, whether with private doctors or not. More recently I have my own experience during a rapid six hour labor which could have been far less painful had the nurse been skilled and/or interested in helping me or had my doctor arrived before my baby was born. I am working part time again at one of the local hospitals. Since labor and delivery rooms are often busy I have been in them some of the time. With my own experience fresh in mind I have tried to put into practice even more conscientiously the skills and principles I have learned through training and experience. The response of the mothers-to-be is so rewarding but the attitude of the staff is not. I can't think how they can be nurses and still persist with such feelings and actions. Obviously, they seem to get away with it because there is no change but at least this is one mother who will hopefully be able to do something to change this in the not too far distant future. Such lack of feeling for human dignity and compassion has turned what should be such a wonderful experience into such a painful and frightening ordeal that I wonder there are as many babies as there are.

It is too bad that there are not more nurse-midwives in this country. The constant care given the mothers in the hospital there in Hyden during labor and delivery (and which they receive with deliveries at home as well) is such a different idea from what is practiced in most situations outside the mountains but is such an important thing. I just wish that Hyden weren't so far or that there was a good nurse-midwife or two near us for our next baby. I'm sure things would be much easier.

I hope I have made my feeling clear. It is such a big problem to do something about but I hope something will come eventually.

You are all in my thoughts very often. Even though I have been away quite awhile a part of me will always feel as if I'm close. Please remember me to all the staff.

Signed with the writer's name.

COLONEL BETTY LESTER



MISS BETTY LESTER, R.N., S.C.M.
ASSISTANT DIRECTOR OF FNS

and

TWO GENERATIONS OF BABIES SHE HAS BROUGHT INTO THE WORLD

This photograph was first printed in the Frontier Nursing Service Quarterly Bulletin of Autumn, 1947. Under it came the following caption:

"Nineteen years ago Betty attended the birth of the young woman shown in this picture with her husband. In Betty's arms is their baby boy, also attended at birth by Betty, at whom she is looking with a most understandable glance of affection."

Now this baby is nearly grown. It is thirty-six years since Betty attended his grandmother when his mother was born.

Betty Lester has held the posts of Midwifery Supervisor

and of Hospital Superintendent in the Frontier Nursing Service, as well as outpost district nurse-midwife. As most of us know Betty Lester is now in charge of FNS Social Service under a grant given annually for many years by the Alpha Omicron Pi National Sorority. This is supplemented by other grants given Social Service. The scope of this work affects hundreds of people in our territory in remedial and constructive ways and Betty carries it forward superbly.

Betty Lester came to the Frontier Nursing Service on July 8, 1928, the year of the dedication of Hyden Hospital and Health Center by Sir Leslie MacKensie. She was first assigned the post of district nurse-midwife in the Bull Creek area around Hyden. Those were horseback days for all of us everywhere. Betty Lester's preparation for her work with the Frontier Nursing Service included her education as nurse at West Kent General Hospital at Maidstone in England, her graduate training as a midwife at General Lying-in Hospital in Lambeth, London, her registration as a nurse and certification as a midwife. She was equal to all emergencies in both fields.

Betty left the Frontier Nursing Service for England and the war in March, 1940. During the war years Betty was a sister (as the British call their head nurses) in charge of a maternity ward at St. Mary Abbott's Hospital in Kensington, London. On a night of June, 1944, a V-1 bomb hit the men's surgical ward, the children's ward, and the nurses' residence, killing five nurses in the residence. Betty was on night duty at the time. She has told us of the windows being shattered in her maternity ward. When she went toward the mothers, she found that each had moved toward the foot of her bed to get to her baby, which was in a cot attached to the mother's bed. No patient was hurt in the maternity ward, but there were many casualties in the men's surgical ward and in the children's ward. Betty's personal belongings went down with the ruins of the nurses' residence. Among those dug up later was a pair of fine pre-war shoes. These Betty was wearing when she came back to the Frontier Nursing Service in January, 1946.

It gives us both pride and happiness to state that Betty Lester has been commissioned a Kentucky Colonel by Edward T. Breathitt, Governor of the Commonwealth, with the following personal citation:

OFFICE OF THE GOVERNOR
FRANKFORT, KENTUCKY

July 23, 1964

Edward T. Breathitt
Governor

Dear Colonel Lester:

The enclosed Kentucky Colonel's commission is presented to you with my very best wishes in recognition of your many years of dedicated service to the Frontier Nursing Service and your devotion to the people of that area. I know the high esteem in which you are held by the people of the mountains, and I am confident you will continue to serve them faithfully and devotedly.

May you enjoy this new title.

Sincerely,

/s/ EDWARD T. BREATHITT

Honorable Betty Lester
Hyden
Kentucky

TWO LUTHERAN "GRACES"

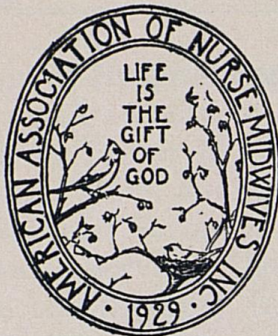
For food and drink and happy days
Accept our gratitude and praise,
In serving others, Lord, may we
In part repay our debt to Thee.

Amen.

Lord Jesus Christ, be Thou our guest,
Our morning light, our evening rest;
And with our daily bread, impart
Thy love and peace to every heart.

Amen.

—Contributed by Gertrude Bluemel



**AMERICAN ASSOCIATION
OF
NURSE-MIDWIVES, Inc.**

The thirty-seventh annual meeting of the American Association of Nurse-Midwives will be held at Wendover, Kentucky, on Saturday, October 24, 1964. The guest speaker will be Dr. Laman A. Gray, Professor of Obstetrics and Gynecology, University of Louisville, Kentucky. The subject of Dr. Gray's address will be "Cancer in Women."

The Frontier Nursing Service will be glad to offer hospitality to out-of-state members of the Association who can plan to attend the meeting. Official notices of the meeting were sent members in July.

Helen E. Browne, Secretary

PAS de TROIS

One glorious November afternoon the late sun shone through the trunks of oak and beech, illuminating a stage of golden leaves on which the actors were two cock pheasants and a hare. Facing each other, but not approaching within a yard of striking distance, the birds advanced and retired, with now and then, a step or two to left or right. Their necks were slightly stretched, and their heads dipped and rose in time to the movement of their feet. All was enacted with a controlled and dignified grace. Meanwhile the hare was dodging between and around the dancers, and it seemed that all three were performing some well-rehearsed measure uncommonly like a figure of eight. For ten minutes I watched the display, until my dog barked. The hare then loped into the bracken and the pheasants rose in flight.—

P. Hall-Stewart

—*The Countryman*, Autumn 1963, Edited by John Cripps, Burford, Oxfordshire, England.

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checks on their own banks.

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Street, London, E. C. 4

OLD STAFF NEWS

Edited by
HELEN E. BROWNE

From Frances Fell in Tesuque, New Mexico—June, 1964

I saw Inty briefly in Phoenix when I was returning from a spring visit to Mexico. Her house and garden were in beautiful order. She had two friends with her from Illinois and another friend stayed at the same hotel where I was, so we had a nice visit there.

I shall be having a special nursing assignment for six weeks this summer, helping with the preparation of the sixty Peace Corps girls going to Brazil.

.

From Judy Pridie in Bristol, England—June, 1964

I must first tell you my bit of exciting news. I have just become engaged to a most gorgeous farmer—Bernard Halse. I have known him now for about six years. Bernard has a sheep farm near Dulverton, 130 acres of very steep Exmoor hill land. In fact, it's very much like the hills of Kentucky. We hope to get married in late January and I just can't wait to become a farmer's wife.

I am working in the sanatorium of a boys school, Marlborough College. There are about 840 boys and 70 staff to look after. The sanatorium has a well equipped surgery which we hold three times a day. We have enough wards to hold 36 boys. It is great fun working here with two other young S.R.N.'s and a very nice resident doctor who also teaches the boys biology. We are allowed to use all the school facilities. I am busy in my off duty doing archery, golf, squash, tennis, and now that summer is here, swimming.

.

From Harriet Derbyshire Luce in Village of North Palm Beach, Florida—June, 1964

Last night I stayed up until two a.m. finishing *Wide Neighborhoods*, and, after years of procrastination, felt I must write and tell you how vividly it brought back memories and fascinated

me. It is no doubt presumptuous of me to hope you may remember me since I was in close personal contact with you only a very short time in the months between January and June, 1946; however, after all these years, my memories of the Service and my glimpses of you are very real to me. Marilyn Herb and I spent these months with you all as Senior Cadets under the Bolton Act, from Henry Ford Hospital School of Nursing and Hygiene in Detroit, and we were so honored to be mentioned in your book, briefly in Chapter 33. I was assigned to Flat Creek under the supervision of Doris Reid, who became a very good friend. Both Herby and I worked in the hospital also, and I will never forget helping with one of the indescribable T. and A. Clinics when the children were indeed stacked feet to feet in the beds!

My husband is a District Boy Scout Executive here in West Palm Beach. We have four children, two girls and two boys. I have been busy with Girl Scout troops and Cub Scout Dens and our Episcopal church and school things, but am now preparing to return to work part time on the obstetrical floor at St. Mary's Hospital here.

Once at Flat Creek, on a glorious spring day, I rode along the creek toward the Center, and while no one was in sight, broke into "Oh what a beautiful morning—oh what a beautiful day" at the top of my tuneless voice! That memory is ever with me.

. . . .

From Martha Temple in Cameroun, Africa—June, 1964

This will be my last newsletter to you from Cameroun, as I plan to return to the States in September for a short furlough and perhaps a leave of absence.

During these next three months, I'm preparing for my furlough, helping in the hospital, and carrying out immunization programs in villages. The first week in July I plan to go to our hospital at Metet and help for a week.

. . . .

From Gloria Fuchs Becker in Guinzadan, The Philippines

—June, 1964

In July we leave for a year's furlough in the USA. Upon return to the Philippines we move to Baguio to quite a different

work and life. It is a move from evangelistic work to teaching in a seminary, from a semi-primitive village to a small progressive city. Since Guinzadan has been our home and our lives for more than eight years, we naturally leave it with mixed feelings.

Our plans are to arrive in St. Louis in mid-August. We hope to live near the seminary and devote full time to graduate courses. This is to be a special study-furlough and therefore we do not expect to be able to travel much outside the St. Louis area. We hope to enroll three of our children in a parochial school. This will be quite a change from the private tutoring they have been receiving at home. It should also provide some of the social activity that missionary children often lack in an isolated area.

. . . .

From Patricia Ware in Canterbury, Kent—June, 1964

You'd love Kent at the moment. It's like something out of a picture book. The fields are a patchwork of green and gold, shaken over the gently rolling hills. It won't be long till the strawberries are ripe and then there'll be the apples and pears. It's a shame we can't grow those lovely big watermelons over here. Got quite addicted to them, I did, in Kentucky.

I went riding last week. It *was* rather strange though, sitting on a saddle and rising to the trot and all that. Fortunately, I was enveloped in a voluminous riding mack—it was raining—so that my worst mistakes were not in evidence. I have come to the conclusion that I'm really just a cowboy and do better with no saddle at all.

. . . .

From Lydia Thompson in Stoke Poges, England—June, 1964

In March I had to go into hospital and it was quite a revelation being on the receiving end. What with modern methods and techniques, I think the present day nurses do far more nursing and waste less time than we did. (Carrying screens for instance.) Anyway, I had excellent care and managed to be an in-patient in cold weather and came home to glorious weather. I have spent the summer sitting out in the garden sun-bathing. I am considering writing a lengthy book on suggestions how to spend one's leisure time. There is no end to what one might do!

From Madge Tait Burton in Horsham, Sussex, England

—June, 1964

This evening Batsy [*Edith Batten*] and I were sitting chatting when there came a rat-tat at the door. It was a person selling flags for Dr. Barnado's Homes. She spoke with a Canadian accent and said they had come from the Cameroons to live in England. I called Batsy to the door and she spoke of her time in Canada. Then FNS was mentioned, and the flag-seller got quite excited and said her daughter had been delivered by a midwife at the Baptist Mission, who'd trained in the FNS and was now in England taking a teaching midwife's training. The midwife is to go to Winchester Hospital for her pupil-teacher training but is sure to visit them in Horsham, so I've urged her to bring the midwife to tea. It's a wonder you didn't hear the chit-chat in Kentucky!

. . . .

From Mary Hewat in Coral Harbour, Manitoba, Canada

—July, 1964

I have enjoyed working in Canada, both on an Indian Reservation and for the past year with the Eskimos. We are a small and isolated community here; our nearest town is Churchill, 500 miles away, reached only by plane in winter and by boat as well for a few months in summer.

This Station was opened in October last year (something like an outpost nursing centre but we have four hospital beds), and I spent the two previous months in setting up records and getting to know the very friendly people. My colleague joined me in October.

The work is varied and interesting with emphasis on public health teaching, and we try to cope with emergencies as they arise. Our nearest hospital is at Churchill, and our doctor visits about every three months. Accident cases and those severely ill have to be flown out to Churchill for treatment.

The Eskimos here are most independent and live by fishing, and hunting the fox, seal, polar bear and walrus. There was great excitement last week when a bear was shot on the moving ice right in our bay at the Settlement. Today the ice has all gone and we are surrounded by the open sea again, which is most satisfying after nine months of ice!

As soon as the snow starts to go at the beginning of June small flowers appear, and now this flat, barren land is covered with a carpet of them. As it is too cold to grow cultivated plants outdoors, I transplanted some of the choice wildflowers to make a garden around the Station. The children were most amused at this odd notion and stood around watching whilst the plants were put in. Pointing to a saxifrage, a mass of small deep purple flowers, they said, hopefully, "these are very good to eat"!

The teachers asked if I would show them my Kentucky slides. The children enjoyed seeing the trees and mountains (we are above the tree line here and hills are far away) and were very taken with the idea of a "cowboy" nurse on horseback.

I do enjoy getting the Quarterly Bulletin and send it on to my mother who also reads it with much pleasure.

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From Priscilla Reitz in Buffalo, New York—August, 1964

Please accept my thank-you for your wonderful message at our recent graduation exercises and also for the copy of *Wide Neighborhoods* which I shall treasure and read frequently as a reminder of the wonderful year I spent with the Frontier Nursing Service.

NEWSY BITS

Wedding

Miss Marian Hiebert and Mr. David Robert Caskey in Nipawin, Saskatchewan, Canada, on June 20, 1964.

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New Baby

To Mr. and Mrs. Phil Fee (**Jean Kerfoot**) a daughter, Katherine, born June 12, 1964, in Okotoks, Alberta, Canada.

THE SENECA INDIANS

Both the House and Senate have now cleared a bill (H. R. 1794) to partially compensate the Seneca Indians of New York and Pennsylvania for the loss of their lands which will be flooded by the construction of the Kinzua Dam in the Allegany Indian Reservation. You will recall that their land has been taken for this dam with no regard for the honor of upholding the first treaty made by the United States in 1794, when George Washington solemnly pledged to the Senecas, "that the President of the United States declares that the general Government considers itself bound to protect you in all the lands secured by you by the treaty."

The final version of H. R. 1794 is a compromise between the two bills passed by the House and Senate. Last February the House unanimously passed the bill to provide about \$20 million to compensate the Senecas for the loss of their homes, barns, etc., and also to give them a tolerable amount to start life all over again. Once the bill reached the Senate, it ran into difficulty in the Committee on Interior and Insular Affairs, which cut it to \$9 million. The final measure authorizes \$15 million. Although this is a cut-back from the original House bill, it is good to know that some action has been taken to aid these people, many of whom must be relocated by October when the waters will flood their lands. I am still heartsick over the whole matter!

—*Reporting from Washington*

Frances P. Bolton, Congressman, 22nd District, Ohio
August 29, 1964

BEYOND THE MOUNTAINS

We are honored to receive the following letter from the Director of the Museum of History and Technology at the Smithsonian Institution, dated July 13, 1964:

"It gives me great pleasure to acknowledge on behalf of the United States National Museum the receipt of fully-equipped Frontier Nursing Service Midwifery Saddlebags used in the 1930's in rural Kentucky, together with the nurse's uniform.

"We are pleased to have these historical additions to our medical collections which have been entered on our records as a gift from you through Mrs. Jefferson Patterson, National Chairman of the Frontier Nursing Service.

"Please accept my thanks for your generosity and for your interest in the United States National Museum."

. . . .

The First Lady honored Helen E. Browne in July, with an invitation to her monthly women-doers luncheon at The White House. Brownie was invited to speak briefly about the FNS. She reported that Mrs. Johnson and her guests were interested in hearing about the work of the nurse-midwife who, when working under medical direction, can help the ever-increasing need for care of mothers and their babies at home and abroad. Brownie said that Mrs. Johnson was gracious and kind and her guests were interesting as well as interested people.

. . . .

Mrs. David Dangler, who has held the chairmanship of our Chicago Committee for three years, has now resigned in favor of Mrs. Charles S. Potter. We are deeply grateful to our older Chicago Committee members for having carried the chairmanship among them for so long a time. We are equally grateful to Mrs. Potter (old courier Barbara McClurg) for taking on this important chairmanship. More and more the chairmanships of our big committees are being carried by a younger generation, many of them old couriers. It is wonderful to have this continuity between the generations.

. . . .

Mrs. Gibson Fuller Dailey (old courier Barbara White) has had to give up the chairmanship of the FNS Princeton Committee because her husband is now doing a big job in Puerto Rico. She and the children are there with him. We are happy

to announce that the Princeton chairmanship, which Barbara carried so well, has been accepted by Mrs. Clayton M. Hall. The new chairman, an old friend, will represent the Frontier Nursing Service at a meeting of the Princeton Needlework Guild on October 15, 1964. Princeton is one of our oldest committees. Mrs. Caspar Goodrich, widow of the Admiral, was the first chairman long ago.

Our Trustee, Miss Margaret M. Gage, spoke on the Frontier Nursing Service to the California Society of the Daughters of Colonial Wars at their meeting in Pasadena on June 24. She wrote us that it was a most interesting meeting and that the Daughters were delightful hostesses.

Our Medical Director, Dr. W. B. Rogers Beasley, spoke on the FNS, with colored slides, to the members of the staff of the Lexington Clinic, Lexington, Kentucky, on August 3. No one is better qualified to handle this subject than our very own Medical Director. The meeting was most successful.

Various public meetings have been attended by members of the staff, representing the FNS. Carolyn Banghart, Dean of the Frontier Graduate School of Midwifery on leave of absence for her Master's degree at Johns Hopkins University, attended the ninth annual convention of the American College of Nurse-Midwifery in Atlantic City on June 13 and 14. The principal speaker was Dr. Morris A. Wessel, Associate Clinical Professor of Pediatrics at Yale University School of Medicine. In his speech, entitled "Delivery Accomplished—Now What?," Dr. Wessel pointed out the need for giving the mother and newborn infant every opportunity, when possible, to be together during the hospital stay. Former members of the FNS staff who attended this meeting were Judith Gay, Margaret Hobson, Gertrude Isaacs, and Mrs. Albert Ernst who, as Kitty Macdonald, was with us in the fifties.

In July, Helen E. Browne went to The National Institute of Health in Bethesda, Maryland, to attend a working conference at which was discussed the needs for mental health development in the rural areas of Appalachia.

In August Betty Lester represented the Frontier Nursing Service at a special conference on Eastern Kentucky Develop-

ment under the auspices of the Commonwealth of Kentucky and Region III of the Department of Health, Education and Welfare, held in Ashland, Kentucky.

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We are profoundly thankful to all of you dear people beyond the mountains, and to friends on our mountain committees, for the help you have given us on Urgent Needs since you read about them in our Spring Bulletin. We were really abashed at the list we printed. There is almost nothing that can be deferred until another summer. Rural properties that are well over thirty years old need new roofs, water tanks, sewage systems, et cetera. Bless you, each and all, for the help you give on these Urgent Needs.

Ever gratefully your old friend,

Mary Breckinridge

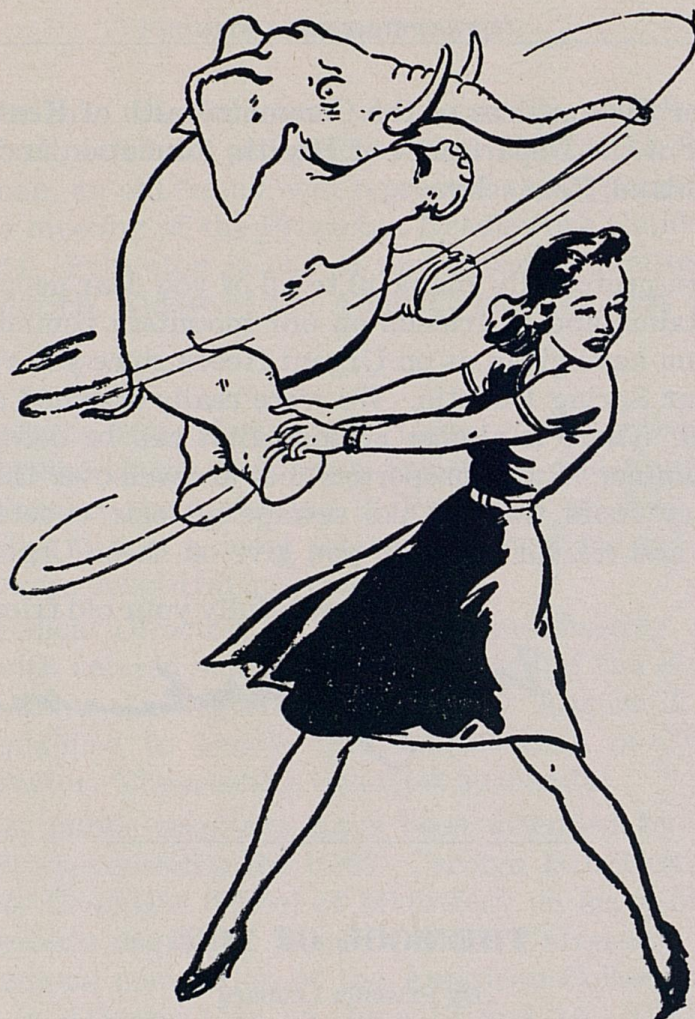
THE BOOK OF LIFE

By Priscilla Leonard

Life has a thousand pages—love and scorn,
Hope and adventure, poverty and sin,
Despair and glory, loneliness forlorn,
Age, sorrow, exile, all are writ therein;
And on each page, however stern or sad,
Are words that gleam upon the crabbed scroll,
Revealing words, that make our spirits glad,
And well are worth the study of the soul.
We may not lightly shrink from any leaf,
For on it may be writ the word we need.
God turns the page—whatever joy or grief
He opens for us, let us wisely read.

—St. Paul's Cathedral, Boston

WHITE ELEPHANT



DON'T THROW AWAY THAT WHITE ELEPHANT

Send it to FRONTIER NURSING SERVICE
1579 Third Avenue, New York 28, New York

You don't have to live in or near New York to help make money for the Frontier Nursing Service at the Bargain Box in New York. We have received thousands of dollars from the sale of knickknacks sent by friends from sixteen states besides New York. The vase you have never liked; the ornaments for which you have no room; the party dress that is no use to shivering humanity; the extra picture frame; the old pocketbook; odd bits of silver; old jewelry—There are loads of things you could send to be sold in our behalf.

If you want our green tags, fully addressed as labels, for your parcels—then write us here at Wendover for them. We shall be happy to send you as many as you want by return mail. However, your shipment by parcel post or express would be credited to the Frontier Nursing Service at the Bargain Box if you addressed it

FRONTIER NURSING SERVICE
1579 Third Avenue
New York 28, New York

FIELD NOTES

Edited by
PEGGY ELMORE

Mr. George Bowling, the master stonemason who built St. Christopher's Chapel, died in the summer of 1963. His many friends felt that recognition of his work should become a permanent part of the Chapel. The Hyden Committee of the FNS donated a plaque which reads

George Bowling
1893 - 1963
Whose Hands Split These Stones
Dressed and Laid Them
To The Glory of God

This plaque was placed in the Chapel under the window niche on the north wall by his son, George Bowling, Jr., who is also a fine stonemason. In August, the Rt. Rev. John M. Allin, Bishop Coadjutor of Mississippi, and his family visited the Beasleys. Bishop Allin celebrated Holy Communion for the staff and, following the service, he blessed the plaque, thanking God for George's skill as a stonemason and for his work in building the Chapel.

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The late spring and the summer are always busy times in the FNS—and especially in Agnes Lewis' department. The bulk of the maintenance—the repair and upkeep for the whole Service—takes place during the good weather each year. This summer seems to have been unusually full of “projects.”

The original water tanks at the Brutus and Red Bird outpost nursing centers had to be replaced and Red Bird had to have a new well drilled. At Wendover we found that the floor of the screened porch off the living room of the Big House was rotting away. When it was decided it should be replaced with a concrete floor, two of our Trustees offered to have the porch enclosed. Casement windows, like those in the living room, allow us plenty of light and fresh air in warm weather, but we can also close the porch in the winter and it will be a most useful addition for those occasions when we have more staff or guests

than the living room will comfortably hold. Our friend and neighbor, Mr. Elmer Brashear, was so kind as to donate the logs for the ceiling of the new porch.

The Hospital has been a bee-hive of activity. One of the most useful improvements has been a spacious addition to the drug room, to take care of some of the medicines and supplies which have been oozing out of the old drug room for months. The wooden shed between the Hospital and Haggin Quarters, which housed the workshop and deep-freezer, has been replaced by a concrete block structure which will give us more storage space inside and more parking space outside. The Annex has been repaired and renovated. A much-needed new sewage system has been installed. We think the chemical processing tank looks exactly like one of the wartime landing ships and we wanted to christen it the S. S. Agnes Lewis, but Miss Lewis has declined the "honor"! We do know that the new sewage system would never have been installed had it not been for the advice of the Hyden Maintenance Committee, especially Mr. Eddie J. Moore who supervised its installation.

The Beasleys have had their own "construction summer" and we want to report to their interested friends that "Pluck's Rock," their most attractive log house retreat on the Middle Fork near Bowling Bend, is, if not quite finished, at least habitable.

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We are most grateful to two interns at the University of Kentucky Medical Center in Lexington—Dr. Thomas Nuzum and Dr. Stephen Kunitz—for coming to Hyden from time to time this summer to help Dr. Beasley.

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The graduation service for the 47th class in the Frontier Graduate School of Midwifery was held in St. Christopher's Chapel on Thursday, July 30, followed by tea honoring the students and their guests. Kay Hunt had the pleasure of having her mother come from Portland, Oregon, for the occasion. We are happy that one of the graduates, Joan Fenton, is remaining on the FNS staff. Fairy Cochlin and Lydia Frank are returning to the overseas mission field and Gwen Gessner, Kay Hunt, and Priscilla Reitz will be going overseas for the first time. Edith

Clark, whose mother came down from Creston, British Columbia, to drive back with her, will be working at an outpost station in the Canadian Northwest.

The 48th Class in the Graduate School began on August 11 with seven students. Alice Campbell, Gayle Lankford, Patricia Moseley, Nancy Sandberg, Rachel Schildroth, and Annie Voigt had all been on the FNS staff for some months. The only "stranger" was Daphne Dunger of Sioux Falls, South Dakota.

Many nurses come to work on the staff of the Frontier Nursing Service to gain experience in rural nursing before they enter the School of Midwifery. When we have six nurses from the staff go into the School at one time, as we had in August, we have an almost complete turn-over of the Hospital nursing staff. We are glad to welcome Madelynn Shade, North Olmstead, Ohio; Marilyn Houser, Aliquippa, Pennsylvania; Carolyn Drumm, Albion, Michigan; and Phyllis Long of Westbury, New York, to the FNS staff.

We have had to say goodbye with regret to Ruth Mink, Madeline Gamble, and Frances Brown, of the Wendover administrative staff, and to nurse-midwives Marjorie Mauger, Alice Herman, and Katherine Vandergriff.

We are happy to welcome a new nurse-midwife to the FNS—Ann Russell of Natick, Massachusetts, who came to Kentucky after completing her midwifery training in England. It is grand to have two of our senior nurse-midwives back with us this year. Margaret Willson returned to Hyden Hospital August 1, after taking the Midwife Teachers Training Course in England, and Carolyn Banghart returned August 10 as Dean of the Frontier Graduate School of Midwifery with her master's degree in Public Health from Johns Hopkins University. We are more grateful than we can ever express to Katherine Vandergriff for all the hard work she did as Dean of the Graduate School during Carol's leave of absence.

It is a pleasure to have Mrs. Marjorie Cundle (Mum) back at Wendover. She has taken on the planning of our meals—and she spoils us with goodies to eat at tea. We are also glad to have Eva Ruth Wooton and Alice Morgan in the Wendover offices and Violet Howard, who has recently completed her training as a practical nurse, at Hyden Hospital.

Four young girls from Hyden, on vacation from college,

have been of immense help to us in the offices at Hyden and Wendover during the summer. We hated to see Betty Sybil Morgan, Mary Louise Lewis, Evelyn Pace, and Patty Maggard leave at the end of August, but we know they have to go back to school and we hope they will be with us again next summer.

We are not sure that we could have survived the summer without the wonderful volunteers who gave us many weeks of their service. Helen Farrington, who teaches public health nursing at the University of Vermont, spent two months on her old district at Beech Fork. When Josie Finnerty heard that we were short-handed at Hyden, she said she would spend her two weeks vacation helping out in the midwifery wards. She brought her delightful aunt, Miss Annie Farrell, with her and it was a joy to have them with us. Miss Grace Crowe, an English nurse-midwife who gave us a month's volunteer service, was immensely useful at Hyden Hospital during the hiatus between the two sessions of the School of Midwifery. Mary Ruth Sparks spent several weeks at Hyden helping in the clinic office. Mrs. F. P. Kinnicutt of Cambridge, Massachusetts, spent six weeks at Hyden Hospital. She answered the telephone, she painted, she ran errands, she helped with Social Service and with guests, and was most useful in a dozen other ways.

The four student nurses who have been with us this summer have been valuable. Alberta Hebert of Louisiana was the Alpha Omicron Pi Scholarship Student, but in addition to helping in the Social Service Department, she spent some time at one of the outpost nursing centers. Charlotte Keen of Hyden was at Hyden Hospital for some weeks while on vacation from the University of Kentucky College of Nursing. Martha Ulm, who was with the FNS the first half of the summer, is a senior student at the Berea College of Nursing and Diana Rowell, who came just before Martha left, is a senior at Simmons College of Nursing in Boston. These two girls gave a hand where needed in the Hospital and on the districts.

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Our junior couriers during the first period this summer were Jane Cheever, Medfield, Massachusetts; Lorna Miller, Washington, D. C.; and Jean Woodruff (Woody) of Binghamton, New York. Lorna and Woody are both daughters of old couriers—

Anne Upton and Louise Will. Woody stayed on for several weeks in August to help with some special projects at the Beech Fork Nursing Center.

Derrick Ann Vanderwaart (Ricky) of Woodbury, Connecticut, began her courier term the middle of July so that she would be here to help Kate Ireland break in the second group of junior couriers and give continuity to the summer's work. The girls who came August 1 are Gale Thompson of St. Louis, Missouri (daughter of old courier Katherine Randolph); Louise Knight, also of St. Louis; and Gail Wilcox, New Britain, Connecticut, (niece of old courier Louise Wilcox). Unfortunately, these couriers have to leave around the middle of September to return to college, and at the moment it looks like Wendover will be courierless the last two weeks in September. The Courier Chairmen who will arrive on October 1 may find several horses urgently awaiting their attention!

In June we had the pleasure of entertaining at Wendover Mr. and Mrs. John L. Grandin, Jr. and their three sons, John, Ned, and Preston, of Chestnut Hill, Massachusetts. Mrs. Grandin is a cousin of Mrs. Breckinridge's as well as a most effective member of the Boston Committee. The Grandins came to Kentucky for a family wedding and were only able to spend two nights with us. Another welcome guest in June was our Trustee and friend from California, Miss Margaret M. Gage—and there is no one whom we enjoy more.

It has been fun to see several of the old staff and old couriers this year. Rosalie Edmondson Jouvenat and her husband were with us for a couple of nights. Mrs. Clifton R. Breckinridge is the sister-in-law of our Mrs. Breckinridge, but to the FNS she is the very first secretary. When she came from California to visit her daughter, Kate Breckinridge Prewitt, and her family, they all drove up to Wendover for the night. Another of Mrs. Breckinridge's secretaries, Wilma Duvall (Mrs. Leonard A. Whittlesey) gave us the pleasure of a brief visit when she stopped by one afternoon with her daughter, Nancy, her mother and her brother and his family.

Judy Gay drove Carolyn Banghart back to Hyden, bringing her young sister, Carol, and Carolyn's nephew, John Banghart,

for a couple of nights. Carolyn Coleman, Marion Schultz, and Corinna Harmon stopped by with friends. Ardith Johnson turned up for a few days in August and Mrs. F. W. Thompson, Jr. (old courier Kitty Randolph), with Mrs. Anderson Gratz of Lexington, drove Gale to Wendover to begin her courier duties. Birch Hincks was visiting her brother and his family in Virginia and they all drove over one Sunday for lunch.

Dr. Robert Bain of the Division of Maternal and Child Health of the Commonwealth of Kentucky was so kind as to come to Hyden in July to give the state examination to the students in the Frontier Graduate School of Midwifery.

Our guests from overseas have represented many parts of the globe. Dr. Frank Scofield, whom we had had the pleasure of meeting before, has been in New Guinea for a number of years. Mrs. Evelyn Kynaston of Liverpool accompanied Mrs. Cundle to the United States and spent a couple of weeks at Wendover. Dr. Asma Kahn, Principal of the Public Health Nursing School in Karachi, Pakistan, and Dr. Vimuklanon Sasichan, of the Department of Health in Bangkok, Thailand, were June guests. Miss Woldeghiorghis Mulunesh, a nurse-midwife from Asmara, Ethiopia, spent a week with us in July. Miss Anima Das of the Ministry of Health in New Delhi, India, spent two nights at Hyden Hospital in August. Also in August, three Deputies to the National Assembly of the Republic of Tchad, Mesdames Louise Djasgaral, Guembang Kaltouma, and Brahim Hawai, came to visit the FNS briefly, accompanied by their interpreter, Mrs. Lucette Nagourny of Washington, D. C.

Two most enjoyable English guests who are with us now as we go to press are Miss Barbara Brierley of London and Miss Stella Isaac of Leigh-on-Sea. Miss Brierley has recently retired as Assistant Principal of the Midwife Teachers Training College in Kingston Hill, Surrey. She and Miss Isaac have been on a tour of Canada, where they visited Miss Brierley's brother, and have stopped off to see us on their way home. Soon after Miss Brierley returns to England she and Miss Lois Beulah, the Principal of the Midwife Teachers Training College, who has also recently retired, set forth, with their Land Rover, for South Africa where they plan to relieve for three months at a time in small mission hospitals. We wish them well in their exciting adventure.

As this Bulletin goes to press, we are looking forward to the Third Annual Mary Breckinridge Day, sponsored by the Leslie County Development Association. It will be held this year on Saturday, October 3, and will again begin with a parade. We hear that the newly organized Leslie County High School Band will make its debut on this occasion. The program will be followed by dinner on the grounds of the high school. A special feature of the day will be a display of local craftsmanship.

Some fifteen to twenty old couriers are expected to be at Wendover the week end of October 1, for a Conclave of Courier Chairmen, and they will attend the Mary Breckinridge Day festivities.

LIME (GREEN) PICKLES

Slice 7 lbs. cucumbers, cover with 2 cups lime dissolved in 2 gallons water, place in stone jar and soak 28 hours. Rinse several times, put back in cleaned stone jar, cover with water and let soak 3 hours. Drain and wrap in towels to absorb excess moisture. Put back in stone jar, cover with following syrup and let stand overnight. (I add green food coloring to make desired shade of green.)

2 Quarts Apple Cider Vinegar
4½ Pounds Granulated Sugar
1 Teaspoon Celery Seed
1 Teaspoon Whole Cloves
1 Teaspoon Mixed Pickling Spices
1 Tablespoon Salt

Next morning boil cucumbers in syrup for 35 minutes, can and seal while hot.

Note: If the cucumbers are put in lime water by 8:00 o'clock in morning, they are ready to come out at 12:00 noon next day, soak in clear water and get them in the syrup before too late in evening.

I understand green tomatoes are as good as cucumbers by this recipe.

—Madeline Gamble

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Evacuated April 1, 1960

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S. C.M. stands for State Certified Midwife and indicates a nurse, whether American or British, who qualified as a midwife under the Central Midwives Boards' examination of England or Scotland and is authorized by these Boards to put these initials after her name.

C.M. stands for Certified Midwife and indicates a nurse who qualified as a midwife under the Kentucky Department of Health examination and is authorized by this Department to put these initials after her name.

FORM OF BEQUEST

For the convenience of those who wish to remember the Frontier Nursing Service in their wills, this form of bequest is suggested:

"I hereby give, devise and bequeath the sum of _____ dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky."

HOW ENDOWMENT GIFTS MAY BE MADE

The following are some of the ways of making gifts to the Endowment Funds of the Frontier Nursing Service:

1. **By Specific Gift under Your Will.** You may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.
2. **By Gift of Residue under Your Will.** You may leave all or a portion of your residuary estate to the Service.
3. **By Living Trust.** You may put property in trust and have the income paid to you or to any other person or persons for life and then have the income or the principal go to the Service.
4. **By Life Insurance Trust.** You may put life insurance in trust and, after your death, have the income paid to your wife or to any other person for life, and then have the income or principal go to the Service.
5. **By Life Insurance.** You may have life insurance made payable direct to the Service.
6. **By Annuity.** The unconsumed portion of a refund annuity may be made payable to the Service.

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The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.



FRONTIER NURSING SERVICE, Inc.

Its motto:

“He shall gather the lambs with his arm
and carry them in his bosom, and shall
gently lead those that are with young.”

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives for rural areas in Kentucky and elsewhere, where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and midwifery training schools for graduate nurses; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service, to obtain medical, dental and surgical services for those who need them at a price they can afford to pay; to ameliorate economic conditions inimical to health and growth, and to conduct research towards that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them, to cooperate with individuals and with organizations, whether private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

Articles of Incorporation of the
Frontier Nursing Service, Article III.

DIRECTIONS FOR SHIPPING

We are constantly asked where to send gifts of layettes, toys, clothing, books, etc. These should always be addressed to the FRONTIER NURSING SERVICE and sent either by parcel post to Hyden, Leslie County, Kentucky, or by freight or express to Hazard, Kentucky.

Gifts of money should be made payable to

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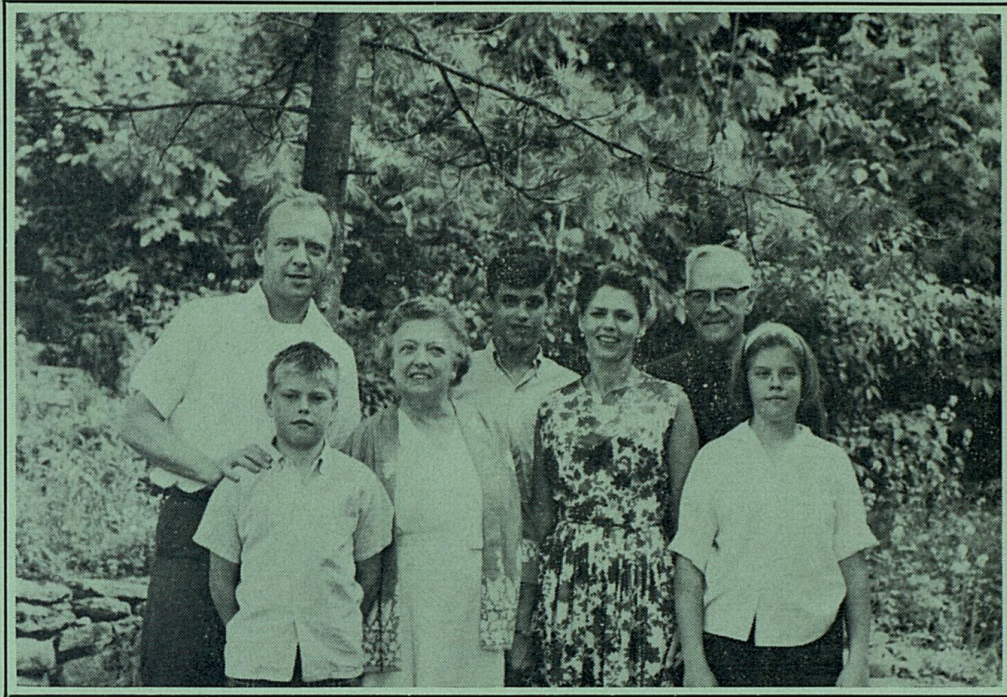
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MR. EDWARD S. DABNEY

Security Trust Company Building

271 West Short Street

Lexington, Kentucky



GOLDEN WEDDING ANNIVERSARY

In early June Mr. and Mrs. A. J. Goedjen celebrated their Golden Wedding Anniversary at Green Bay, Wisconsin. Mr. and Mrs. Goedjen are parents of Mrs. W. B. Rogers Beasley. We take great pleasure in being allowed to print this picture, not only because of our affection for Mr. and Mrs. Goedjen, but because Mrs. Beasley (known to us as "Trink") is their daughter, because our wonderful Medical Director is their son-in-law, and because we are devoted to all three children.

