

FNS FRONTIER NURSING SERVICE

Volume 74 Number 3 Winter March 1999



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Cover photo: Brutus Clinic 1977 (from old photograph collection).
Photo by Marvin Patterson.

Websites:

(CNEP) - www.midwives.org (CFNP) - www.frontierfnp.org

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The Frontier Nursing Service

If you have never been introduced to the Frontier Nursing Service we would like to take this opportunity to brief you on the history and the on-going work of the Service. We encourage you to share this Bulletin with a friend.

Born in 1881 into a prominent American family, Mary Breckinridge spent her early years in many parts of the world - Russia, France, Switzerland and the British Isles. After the death of her two children, she abandoned the homebound life expected of women of her class to devote herself to the service of others, particularly children.

Mrs. Breckinridge established the Frontier Nursing Service (FNS) in Leslie County, Kentucky in 1925, then one of the poorest and most inaccessible areas in the United States. Mrs. Breckinridge introduced the first nurse-midwives in this country. Riding their horses up mountains and across streams in blizzard, fog or flood, the FNS nurses brought modern healthcare to families throughout an area of 700 square miles.

Until her death in 1965, Mary Breckinridge was the driving force behind the work of the Service whose influence today extends far beyond eastern Kentucky. Through the Frontier School of Midwifery and Family Nursing hundreds of nurses have been trained and this important concept of family healthcare has been carried throughout the world.

Today the FNS is organized as a parent holding company for Mary Breckinridge Healthcare Inc., (home health agency, four outpost clinics, one primary care clinic in the hospital, Kate Ireland Women's Healthcare Clinic) and for the Frontier School of Midwifery and Family Nursing - the largest midwifery program in the United States.

Remarkably, the purpose and philosophy of the FNS has remained constant since 1925. *-Deanna Severance, CEO*



Mary Breckinridge - Founder of FNS



Big House - Home of Mary Breckinridge

In Memory of Edith Wooton



Edith Wooton worked at the Mary Breckinridge Hospital from December 1969 until May 1991 as a cook. Soon afterwards, Edith became disabled and legally blind as a result of diabetes. At that point the FNS Couriers became involved with assisting Edith with numerous tasks such as taking her to the grocery store, to her doctor's appointments, and helping her with keeping her financials organized, etc. Many of the Couriers became very good friends with Edith.

Besides my grandparents, I did not have any older friends until I came to Hyden, Kentucky. I simply did not know how much they could enrich my life or how I could impact theirs. As I adjusted to life in Appalachia, I began to realize that some of my best friends there were older. These were strong relationships based on a kinship-type love I had never known. I was in Leslie County to serve and give of myself, but the mountain people gave so much more to me. I am so fortunate to have been a Courier and have had the experience to meet all different ages and kinds of

people while in Kentucky. The unfortunate thing was not being there to say good-bye when I lost a very dear friend this week.

Edith Wooton was one of the first people I met as a Courier. I began working with her during my first week in Hyden. She welcomed me into her home and community. I learned a lot about the history of Leslie County and FNS from Edith. Edith lived and worked in southeastern Kentucky her entire life. She told stories of working at the Mary Breckinridge Hospital cafeteria; she loved it because she was able to meet and talk with many people throughout the day. Talking was one thing Edith loved to do. We would talk for hours during our visits. She shared with me "how things used to be" and pointed out changes of businesses and buildings in downtown Hyden. Also, during our times together I would read to Edith the Little House on the Prairie series, and she would relate her life and memories to the events in the books.

I will never forget Edith's bright, warm smile, sweet voice, and true love of life. Edith got excited just to hear my voice on the phone. When I say excited I mean that her happiness just spilled over into her words; sometimes I had to ask her to slow down so I could understand her. Food also brought Edith joy. She especially liked fruit. One of her favorite things to do was sit on the front porch and eat fresh fruit while I read to her. She would talk of springtime and tell me that when it was warmer she would like to go walking outside.

Edith always had wonderful things to say about FNS and the Couriers. She told me how the FNS had helped the community. More than once she asked me how we Couriers "had escaped the evil of this world". Then she would continue about how the Couriers were so wonderful to come from far off places to help the people of Leslie County. I do not think she knew the influence that she had on Couriers who have passed through Wendover. As I addressed Christmas cards for her, numerous times I would address a card to a past Courier as Edith would reminisce about their times together.

Then we would check her mail and she received cards from the same Couriers. It was obvious to me that she must have touched their lives in a special way, as she had touched mine.

-Jennifer Swisher '98 Courier

I met Edith for the first time on Tuesday, September 1, 1998 as a fall Courier.

The first time I went to visit Edith she was hanging out her front window greeting and waving me inside. I walked in and sat down and Edith began to cry because she was so glad that I had come. Edith was thankful and praised God for every gift and nicety of the human spirit. In Edith's needs she had no room for the walls and barriers of my own life. She only had room to be thankful. I am often so filled with pride that asking for help or guidance is sometimes hard. Edith didn't let me fall into that trap of the self-sufficient individual.

Looking back on my journal and my months in Kentucky, I know that Edith had everything to offer and to give and she did!! Edith gave and I received. Service is often so paternalistic in our society as we never want to be the person who accepts, the person who is served, as being serviced seems to speak of a weakness. Edith served me in her trust and kindness. She did not know me from a stranger and yet trusted me with her life, her safety, her home, her money and her confidences. I will spend the rest of my life trying to be worthy of this trust and this love, this service.

I took the news of Edith's death a lot harder than I ever imagined I would. I really loved Edith and she really loved me. I can't stop thinking about her house with the connecting porch and her little puppy that loved Edith's leftovers; Subway lunches together in Hyden; the grocery aisles that she had memorized and loved to cruise; the endless talks; sweeping her floor; and trips to Sears. I don't really know how to explain my relationship to that dear old woman except that she was an important person in my life. Edith taught me what it means to accept love and what it means to be thankful. I miss her and wish we could visit again.

-Elizabeth Nussbaum

Wendover News

by *Jeremy T. Bush*

*"The seasons bring the flower again,
and bring the firstling to the flock;
And in the dusk of thee the clock
beats out the little lives of men."*

-Alfred Lord Tennyson

"In Memoriam" (1833-49)

Glorious Spring

"Winter" has been very kind to us here at Wendover. The usual winter billows have been replaced with warm spring breezes. I have noticed some trees beginning to adopt a light maroon hue at the very tips of their branches. This wonderful weather is bound to have a dramatic effect on our local plant, animal and human life.

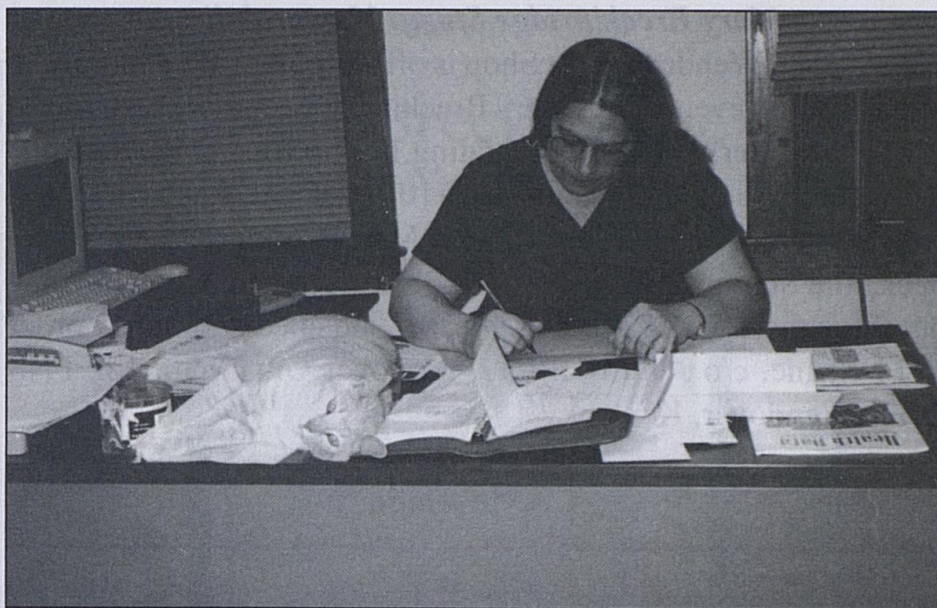
This time of year is perfect for fresh starts and new beginnings. A great lesson can be learned from the trees and flowers. Even though they fall and lose their luster, they still come back every year. The warm spring sun and light breezes signal a new season - a new life. They triumphantly rise again to a wonderful world full of vibrance and color; a glorious spring!

Peach and Trish

The wonderful weather has had very little impact on my furry little feline companion. If anything, it has made him even more sluggish than before. He feels quite content to lounge his time away in his favorite leather (yes, I said leather) chair in Barb's office or on her desk amidst the paperwork.

I must say that little Peach doesn't seem quite so little anymore. He has a pronounced "fat roll" along his lower abdomen. I suppose that is to be expected since his primary activities are eating and sleeping.

Precious little Trish is as sweet as ever. We have an on-going job monitoring her and the cat food. She likes it much better than her special diet.



Barb and Peach - at work

Other Wendover news

Actually, things have been much too quiet at Wendover during the last three months. Tours have slowed to a minimum and guests are waiting for springtime, I assume. Dr. Anne is getting excited about "flower planting" and will have maintenance quite busy in a few days building flower gardens, etc. We are looking forward to the Board of Governors meeting at Wendover in April. The Redbud should be in full bloom!

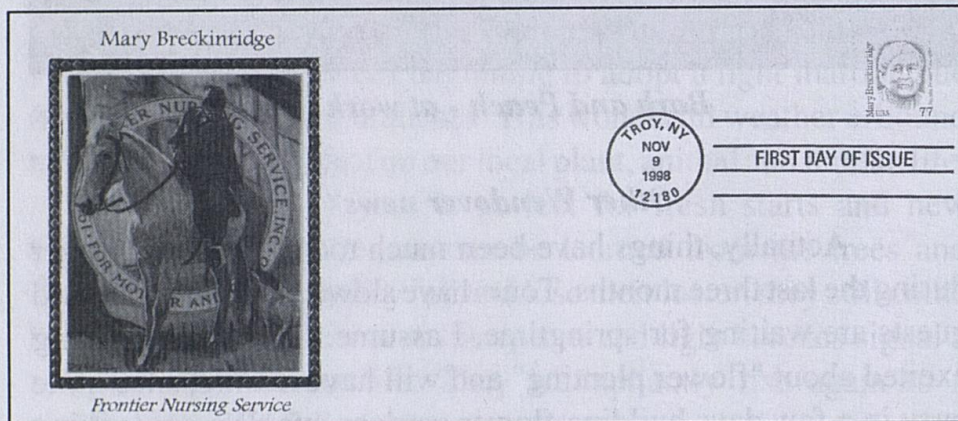
Correction

In the last *Quarterly Bulletin* "Wendover News", I wrote that I attended a book-signing by author Mary Wells. I wrote that the title of her book was Nurses on Horseback but the title is Mary on Horseback.

Mary Breckinridge Stamp Memorabilia

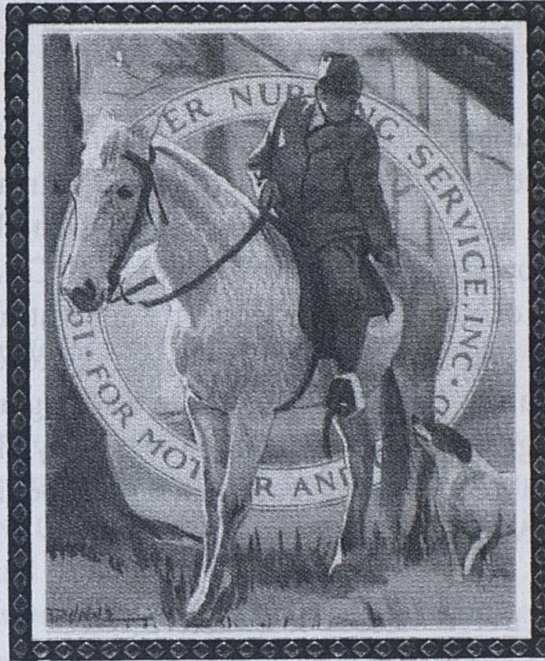
The Wendover Gift Shop is offering special memorabilia of the historic event of the Mary Breckinridge Stamp issued by the U.S. Postal Service, commemorating her lifetime achievements. We have 7x8 souvenir cards and #10 envelopes that each have a wonderful silk screen illustration of Mrs. Breckinridge on horseback, the stamp, and a first day of issue postmark. You may purchase these for \$5.00 each. Please send check or money order to FNS, Inc. c/o Jeremy Bush, Wendover Gift Shop, 132 FNS Drive, Wendover, Kentucky 41775.

10 Envelope



7x8 Souvenir Card

Mary Breckinridge
Frontier Nursing Service



Mary Breckinridge (1881 – 1965) was a nurse, midwife, and founder of the Frontier Nursing Service, an organization that provides health care in rural areas of Appalachia.



FIRST DAY OF ISSUE

Courier News

by Jeremy Bush

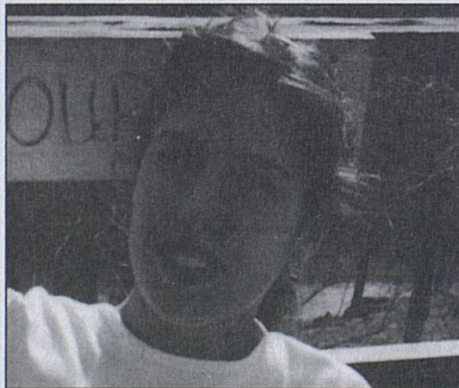
The role of directing the Courier Program has recently fallen under my job description. Karen is now studying photography in North Carolina. Thus, this precious historic Program has been placed in my hands to honor and respect.

The Couriers we now have (Cassie Frank, Heather Thomas and Edmund Sears) and the one that just tearfully departed (Danielle Olds) are such wonderful people. Danielle is a very sweet, sincere young woman with a heart of gold. Cassie, with her wonderful sense of humor keeps the group's spirit at ease. Heather, with a keen wit and an analytical mind, serves to offer special depth and substance. Edmund (Ted), with a strong and enduring spirit gives the group added strength and stability. This mixture serves a perfect recipe for success and a wonderful Courier experience for everyone!

Current Couriers

Cassie Frank, Bloomfield, Michigan, recently graduated from the University of Michigan. Cassie is pursuing a career in public health.

Heather Thomas, Philadelphia, Pennsylvania, recently graduated from Warren Wilson College. She is interested in midwifery.

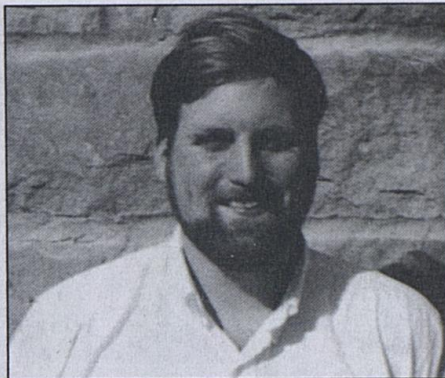


Cassie Frank



Heather Thomas

Edmund (Ted) Sears, Yarmouth, Maine, recently graduated from Bowdoin with a degree in Philosophy and Russian. He plans to become a family practice doctor or a pediatrician in a rural area.



Ted Sears

Former Couriers

Sarah Bacon ('94) graduated from Amherst College last May. She is now living in New York City where she reads newspapers while sitting in one of Sherman Wooton's chairs and naps on the cushions that she made with Alabam Morgan. Sarah is working with a public relations firm that publicizes and advises museums and other cultural groups.

Susan Mathew ('98) has been traveling around India for the past few months. She spent the first month in the South Indian state of Kerala. In October, she worked in a hospital in North India. Then, she was off to the foothills of the Himalayas to study Hindu. Susan plans to come back for a visit in early May or June.

Jennifer Swisher ('98) recently wrote to us about her wonderful transition to medical school. Reflecting on her time here as a Courier she stated that it was truly one of the greatest experiences of her life.

Catherine (Cat) Thompson ('98) wrote to say that she has missed all of us and that she has passed on many Wendover stories to people in New Jersey. Cat said that she got together with **Susan Mathew ('98)**, **Jennifer Swisher ('98)** and **Mariah Mottley ('98)** during Labor Day weekend.

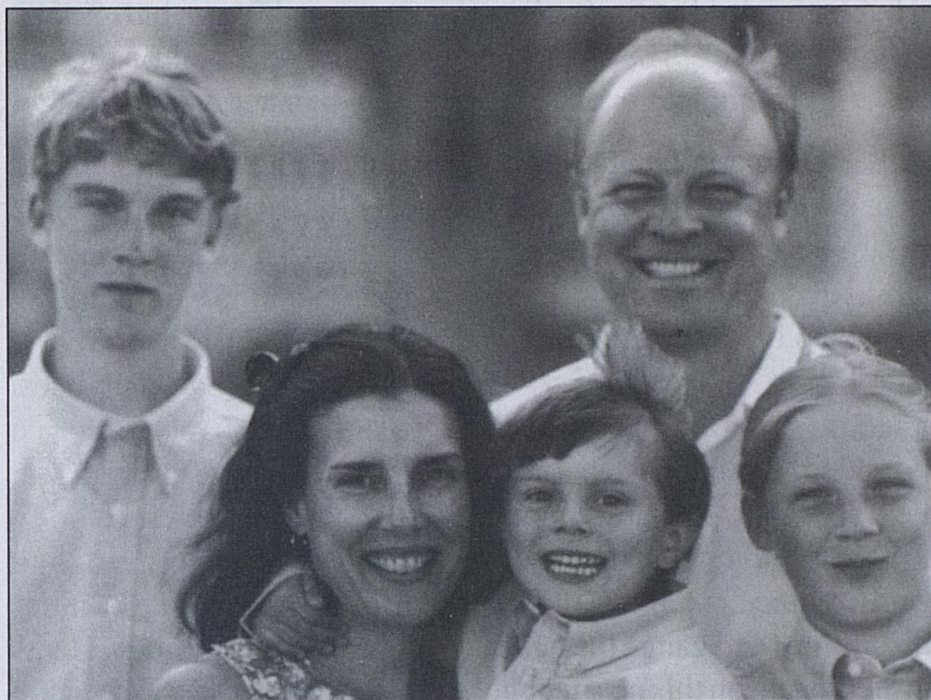


Jennifer Swisher, Mariah Mottley, Catherine Thompson, Susan Mathew

Sally Kundert, Minneapolis, MN (1971) "I was a Courier at the Beech Fork Clinic from 1971-1972. I ran a weekly pre-school program for kindergarten 'drop out' and children who ran the creeks instead of attending Headstart of school. I assisted at the clinics where we saw everything from copperhead snake bites to knife wounds. I scoured the hills for children who need immunizations - driving where there were no roads. The Courier who preceded me died following a jeep accident. I hauled the saddlebags into the "holler" when the midwives did home deliveries. They had jeeps but still used the sterile pack set up in the saddlebags. I literally hauled coal to light fires and boil water out of the creek for the nurses and their patients. Many of the homes I visited had no electricity or plumbing".

Janet Brown Jussel (1971) who now lives in Mount Kisco, New York wrote to Kate Ireland: "I'm 'driving' for my children, one at Sacred Heart, one in Greenwich and one in Stanford. Chris 'drives' for his work plus a lot of flying for the Road Show. I see *Elizabeth (Cynthia) Branch (now Mrs. Linda Eggeman - 1952 Courier)* occasionally but have lost the address for *Ann Proctor (1975)*.

Kate Ireland received this photograph from former Courier *Dorothy (Dede) Trefts McEvoy* (1971).



Dede, Dan, Jonathan, Andrew and Will

Danielle Stanko ('97) wrote to say that she accepted a marriage proposal a few days before Valentine's Day from Lucas Godinez from Bryn Mawr, Pennsylvania. He is in medical school with Danielle and they are planning a May 2000 wedding.

Year 2000 Celebration

Mark your calendars now! FNS will celebrate it's 75 years of service during May, 2000. The celebration will be held in Lexington, Kentucky. See "Beyond the Mountains" for more details. Further developments will be printed in future *Quarterly Bulletins*.

FSMFN/CFNP News

by Dr. Susan Schaffer, PhD, FNP
CFNP Program Director

"Web-Bound"

Dramatic changes are occurring in the way the educational programs at FSMFN are structured and delivered. Yes, we are moving toward teaching all of the courses for the Community-based Nurse-Midwifery Program (CNEP) and the Community-based Family Nurse-Practitioner Program (CFNP) on the World Wide Web! There are many advantages to Web-based courses, including speedy delivery of courses to students (no more reliance on mailed modules), the ability to "program in" instant links to other Web sites that are important to student learning, the ability to make rapid course updates, and of course increased program visibility since potential students can browse through the curriculum outlines and gauge the quality of the curriculum. And students are picking up on this new technology as quickly as we can provide it. CNEP Class 25 downloaded the Banyan Tree Communication software directly from the Web instead of waiting for it to be mailed out. The majority of student inquiries for both programs are now arriving through the www.midwives.org web site.

The next step in this transition will be the placement of the FSMFN Student Handbook on the Web, followed shortly by the CFNP Pharmacology Course. All of the Level One courses for the CFNP Program should be on the new CFNP web site www.frontierfnp.org in time for the opening of the Program in September, 1999, including courses that will be common to both Programs (the www.frontierfnp.org site should be accessible by the time this *Quarterly Bulletin* goes to press).

This rapid technological transition is possible due to the design team at the FSMFN. Heather East heads up the team, with Cherie Bunch and Mary Ann Mullins providing talented support. All readers with internet access should immediately go to www.midwives.org. You can meet all of the CNEP faculty, see

photos of the Dedication Ceremony for the Mary Breckinridge Stamp, and read the "Lost my Hat" stories written by many of the CNEP students. These stories describe the first births attended by the nurse-midwifery students when they hand the parents a special FNS baby hat donated by the Daughters of Colonial Wars. Yes, FSMFN is Web-Bound.



Multi-media Team: Mary Ann Mullins, Heather East and Cherie Bunch

Beyond the Mountains

by Deanna Severance, CEO

"Come in the evening, come in the morning, come when expected, come without warning: Thousands of welcomes you'll find here before you. And the oftener you come, the more we'll adore you." Irish rhyme

As we enter the season of spring, we anticipate the guests that will once again visit us in the mountains. So many of you come from beyond the mountains to share in the rich history of the FNS and to share in our bright future. The Big House at Wendover will, once again, bustle with activity, and we look forward to the warm months and to see you!



Deanna Severance

Accounting Offices Update

Winter has been a busy time. In 1996, FNS opened offices for the Frontier School of Midwifery & Family Nursing in Lexington. These are supportive offices to our campus which, of course, remains in the mountains. The offices house our electronic bulletin board server and network administration which is the electronic heart of our distance learning program.

In the fall of 1998, the Accounting Offices of the FNS opened in Lexington. This move was necessary due to the computerization of accounting. As we moved towards compliance with the Year 2000, we learned that the electrical and telephone systems in Leslie County would not support the computer systems necessary to run the hardware and software needed to support our organization. Those of you who visit us in the mountains are aware that the electricity goes out for moments almost every day. More than one guest has overslept due to an electric clock becoming disconnected! We are moved into the offices! We are in the middle of converting accounting software to "Great Plains" software.

Many thanks to our technical support staff from the firm of Keller Hewitt who have traveled to Lexington and beyond, to the mountains, to assist with this implementation. The FNS offices remain at Wendover and are linked to the computer in Lexington.

MBHC Computer Upgrade

February 24, Brian Lane, Controller, Bonnie Hawkins, Assistant Controller, Ray Branaman, Mary Breckinridge Healthcare Administrator, and I, traveled to Carlisle, Kentucky to view software "The EXTra Advantage Healthcare Information System". The software at Mary Breckinridge Hospital will have to be upgraded for the Year 2000. We were very impressed with the Johnson Mathers Hospital and Nursing Care facility. Many thanks to Ms. Doris Ecton for the time and tour of the software and facilities!

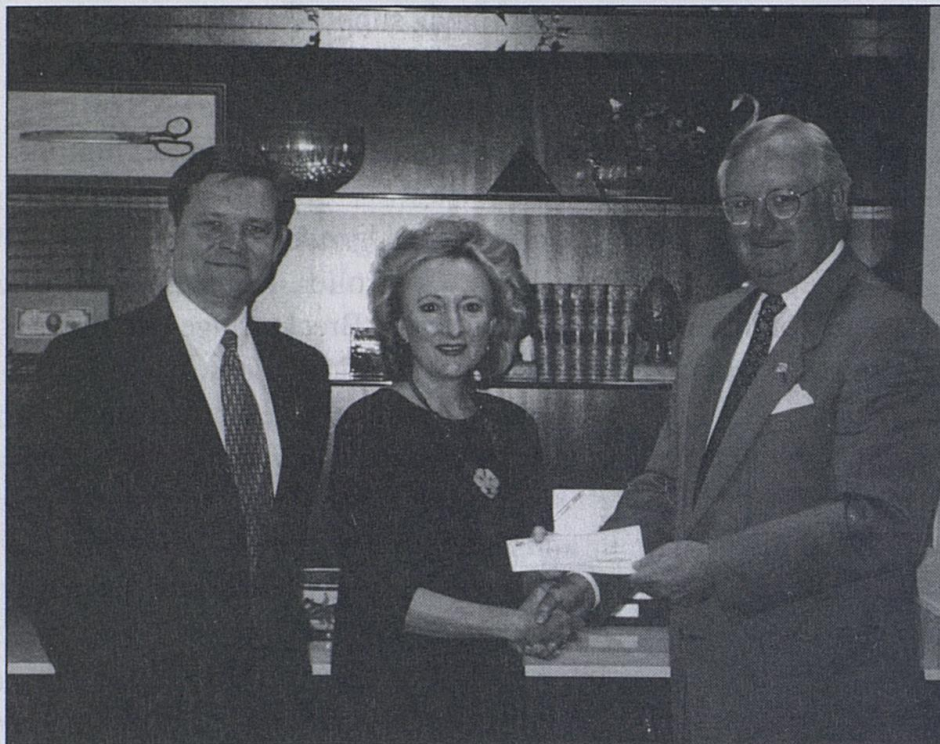
March 2, we will host Mr. Tony Barretta from Pineville, North Carolina. Mr. Barretta will demonstrate the "EXT" software to the Mary Breckinridge Hospital Business Office and Staff.

Charlotte R. Schmidlapp Fund Generosity

I was thrilled to be present for a ceremony at the Fifth Third Bank when President Sam Barnes and Vice-President William H. Hall presented the FNS with a generous check for \$30,000. The Fifth Third Bank is the trustee for The Charlotte R. Schmidlapp Fund in Cincinnati.

The Charlotte R. Schmidlapp Fund was created in 1908 by a gift from Jacob G. Schmidlapp in memory of his daughter. Mr. Schmidlapp directed that the grants be restricted to helping women establish themselves in life. A Distribution Committee makes decisions on how Mr. Schmidlapp's wishes will be carried out and to initiate new ideas for grants from the Fund.

February 18, I had the pleasure of meeting with Lowra Baumann, Director of the Charlotte R. Schmidlapp Fund, to brief her on the activities of the FNS. Ms. Bauman and Mr. Hall visited the Lexington offices.



William W. Hall, Jr., Deanna Severance and Sam Barnes

Nature Conservancy

In November the Nature Conservancy held a nature walk on the Wendover property. We continue to investigate nature trails at Wendover, and the Board is very aware that any erosion due to building trails could harm our hillside. I will keep you posted on the progress.

Mary Breckinridge Stamp Ceremony

Although I mentioned the Mary Breckinridge Stamp Ceremony in the last issue of the *Quarterly Bulletin*, this was the thrill of the fall. So many guests were present for this occasion. We were excited to host a dinner at Wendover the evening before the Ceremony. Present from beyond the mountains were Bluegrass Committee members Marjorie Vogt, Frances (Pani) Lockett, Florence Rawleigh, Mary Francis Muir and Frances Frost. Carrie Morgan Whitcomb, former member of the Washington Committee in the 80's and three of her friends, Mary Wooton, June Begley

and Charlotte Noe were present. Carrie began the effort to have a stamp created honoring the work of Mary Breckinridge.

During dinner the lights in the "Dog Trot" flickered. Not wanting to alarm the guests, I waited until after dinner to investigate. The result was the closing of the Big House during the rest of November and the month of December for the complete rewiring of the downstairs. Many thanks to Miss Kate Ireland and the Elisha-Bolton Foundation for assistance in funding this project.

Keeneland Foundation



William W. Hall, Jr., Bill Greeley and Deanna Severance (photo - courtesy of Bill Straus)

Again, the Frontier Nursing Service is the beneficiary of the generosity of the Keeneland Foundation. This year the Keeneland Foundation funded the purchase of several urgent needs to assist with the operations of Mary Breckinridge Healthcare, including three fetal heart dopplers for the Kate Ireland Women's

Center; antifatigue mats for the Lab; new counter top for Lab and Office at the Beech Fork Clinic; two medicine carts for Medical/Surgical; chairs for Social Services and a portable O2 SAT machine for Home Health. William W. Hall, Vice-President of Fifth Third Bank and Vice-Chairman of the FNS Board of Governors, attended the ceremony with me.

The Keeneland presentation is very touching. Each year, short videos of selected programs which have been assisted by the Foundation, are shown. This is a touching reminder of the charitable work done by so many in our state of Kentucky.

FNS - 75th Year Celebration

As we ended 1998, Nancy Wiser with firm Preston Osborne and I began planning for FNS's 75th Anniversary celebration in the Year 2000! Board member Robert Johnson and I will be meeting with Nancy during 1999. We plan a party in Lexington for our Trustees, Board members and other supporters during May 2000. As the date is firmed up, I will write more through this Bulletin and individually to our Trustees.

Introduction of New Employees

I am pleased to announce the addition of new staff members to the FNS:

Brian Lane, Controller, began work at FNS March 8, 1999. Brian's former employment include Staff Accountant at Richardson, Pennington, & Skinner, PSC in Louisville, Kentucky and Senior Accountant at Potter & Company, LLC, Lexington, Kentucky. Brian received a Bachelor of Science in Accounting from the University of Kentucky.

Bonnie Hawkins, Assistant Controller, began January 4, 1999. Prior to coming to work at FNS, Bonnie was Controller at Baptist Regional Medical Center, Corbin, Kentucky and prior to that, she was employed at Commonwealth Urology, Lexington, Kentucky. Bonnie obtained a Bachelor's in Business Administration and a major in Accounting from Eastern Kentucky University. Bonnie was born at the old Hyden Hospital in Hyden and is an FNS baby!

Jennifer Mercer, Assistant Controller, began March 8, 1999. Prior to coming to FNS, Jennifer was employed at Potter & Company, a CPA firm. Jennifer attended University of Kentucky. She is originally from Louisville, Kentucky.

Lexington Mountain Club

Tuesday, January 26, I was delighted to speak to the Lexington Mountain Club. Mrs. Eliza Wooton Rogers, formerly of Leslie County, Kentucky, asked me to speak. Dr. Anne Wasson and I attended. "The Forgotten Frontier" was shown. The members of this Club have their roots in the mountains of Eastern Kentucky but have moved to Lexington. They never forget their home and share wonderful memories with each other of growing up in this rural environment. I was so impressed with their caring for each other in the city. They continue to ensure that older members get to doctor's appointments and that cards are sent.

Mrs. Roger's brothers George Wooton and Sherman Wooton drove up from Leslie County and attended the meeting. I must write that the meal was prepared by the members, and was like Thanksgiving at my grandmother's house - chicken and dumplings, broccoli cheese casserole, pies - oh my!

Miscellaneous Tidbits

Miss Betty M. (Liz) Palethorpe was the Matron at the old Hyden Hospital from 1958 - 1966. She wrote the following to Miss Kate Ireland and Miss Anne Cundle from the Bone Infection Unit in a hospital in Oxford, England:

"I am still at Oxford and you've probably guessed that this surgery has not been as straight-forward as all the previous ones. I came up on November 5 and the hip, plus some of the metal screws from 1992 were removed on November 12. The incision was leaking considerably from day one and as each day passed I felt less well. On the 26th day post-op, I had a sinus and lab culture which said Medically Resistant Staphylococcus Aureus (M.R.S.A).!!! I really felt glastly for about five weeks.

I gather there is plenty of M.R.S.A. in the USA and Canada. I started I.V. infusions of a powerful antibiotic on December 12 and I reckon I finish the 23 of January.

The following is information obtained from the Evansville Press Metro Tuesday, December 29, 1998:

Deaconess Hospital is taking steps to allow a local Certified Nurse-Midwife to become the first nurse delivering babies at a local hospital. **Mary Beth Lodato**, a 1998 CNEP graduate, works at Deaconess Family Practice Center. So far no Certified Nurse-Midwife has ever performed a hospital delivery in Evansville because of hospital restrictions and the lack of local birthing centers.

The Christmas baby at Mary Breckinridge Healthcare (MBHC) was delivered by Cyndi Perkins, CNM, a member of MBHC's midwifery services.



*Amber Nicole Wooton was born December 26, 1998 at 7:41 am.
Weight 7 lb, 7 oz.*

Obstetrical staff at MBHC include:

Dr. Stephan Trent, DO
 Dr. James Lloyd, OB/GYN
 Cyndi Perkins, CNM
 Deborah Karsnitz, CNM
 and several caring RN's and Nursing Assistants.

IN MEMORIAM

These friends have departed this life in recent months. We wish to express our sympathies to their families, and our gratitude for their interest in our work.

Mrs. Milward Martin, Locust Valley, New York, died during January 1999. Mrs. Martin served as the President of the FNS New York Committee during the 1940's.

Mrs. Edith Wooton, Hyden, Kentucky, died February 17, 1999, at the Mary Breckinridge Hospital (MBHC). Edith was an employee of MBHC from 1969 until 1991 (see article on page 3).

IN MEMORY

Lucille Ryan Houck

Mary Ellen Houck

Mary Dow Novotney

Patricia Dow

Olive M. Gass

Mr & Mrs. Roland B. Bell

Dorothea Chase

Mr. & Mrs. Theodore Chase, Jr.

Sybil J. Waldron

William A. Waldron

Elizabeth Zerbst

Jane & William Nine

Nancy S. Kokoshis

Dorothy Kokoshis

Clarence Walters

Margaret Walters

Caroline Holdship

Mrs. Leroy Thompson

Jim Wygal

Mary Ann Mitchell

Margaret Allen Ireland

The Ireland Foundation

Mary Lewis

P. Anne Cundle

Miss Kate Ireland

Dr. Carol Furgerson Apffel

Keith Apffel

Kinko Yanamoto

Miwako Yanamoto

John H. Kooser

Nancy Muhlbach

Jeanne M. Tillison

Clyde R. Tillison

Diane Sault

W. E. & Kathleen E. Sault

Edward Roberts

Mrs. Alice K. Roberts

Helen Newberry Joy

Eunice Fuller

Marcus H. Muncy	Ethel Fletcher
Caroline S. Muncy	Mr. & Mrs. Fred Eyster
Queen Victoria Harding	Dr. Francis M. Massey
Charles Harding	Dorothy M. Sawyer
Mardi B. Perry Scholarship	R. Livingston Ireland
Judson Bemis	The Ireland Foundation
Margaret Hill	Susie Swartz
Nancy Ann Steele	Frank E. Rhodes
Henry Hardaway	William W. Walsh
Lucille T. Severance	Maria A. Walsh
Bailey Watson	Mary Caldwell
Teva, Lester & Nancy Gabis- Levine	Mr. & Mrs. William A. Caldwell
Ferne C. Esping	Dudley Robinson
Teva, Lester & Nancy Gabis- Levine	Pamela S. Moore
Saul Celnik	Ida B. Lewis
Teva, Lester & Nancy Gabis- Levine	Mr. & Mrs. Fred Thiele
Mrs. Milward Martin	Virginia Morris
Mrs. Richard S. Storrs	Denise Riordan
Deedley Robinson	Belvia Roberts Sandlin
Anne T. Carroll	Mrs. Marcus H. Muncy
	Marie Leroy
	George Gay

IN HONOR OF

Kate Ireland	Marvin B. Patterson
Anne Dexter Smith	Douglas Woods Sprunt
Elizabeth Codman High	Mrs. S. Russell Smith
Elizabeth Culbreth	Lucille T. Severance
Pat Tyson	Dr. Anna Rand
Mary Kilburn Huey	Ida Davidaff
Dawn Heaberlin	Mardi B. Perry
Denise Wheeler	Jean Gordon Bell
James C. Mann	
Charles Harding	

In Memoriam

If you wish to make a contribution to the Frontier Nursing Service in memory of a friend or loved one, please fill out and return this section to the Development Office at FNS.

In memory of: _____

Contributor's name: _____

Person(s) to whom you wish acknowledgments sent:

Name: _____

Address: _____

In Honor of

If you wish to make a contribution to the Frontier Nursing Service in honor of someone's accomplishments or achievements, please fill out and return this section to the Development Office at FNS.

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Hassan Helwani, Internist - *Hyden Clinic*
Deborah Karsnitz, CNM - *Kate Ireland Women's Clinic*
James Lloyd, OB/GYN - *Kate Ireland Women's Clinic*
Albino Nunez, Emergency Medicine - *Emergency Room*
Cyndy Perkins, CNM - *Kate Ireland Women's Clinic*
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FORM OF BEQUEST

For the convenience of those who wish to remember the Frontier Nursing Service in their Wills, this form of bequest is suggested:

" I hereby give, devise and bequeath the sum of . . . dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky."

HOW ENDOWMENT GIFTS MAY BE MADE

The following are some of the ways of making gifts to the Endowment Funds of the Frontier Nursing Service:

1. **By Specific Gift under Your Will.** You may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.
2. **By Gift of Residue under Your Will.** You may leave all or a portion of your residuary estate to the Service.
3. **By Life Insurance.** You may have life insurance made payable direct to the Service.

The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.

Contributions to Frontier Nursing Service, Inc. are tax deductible under Section 501(c) (3) of the Internal Revenue Code of 1954.

Gifts of stock should be sent to:

FRONTIER NURSING SERVICE
Mr. William Hall, Treasurer
Fifth Third Central Kentucky Trust
250 West Main Street, Suite 100
Lexington, Kentucky 40507

STAFF OPPORTUNITIES

Because text for the *Bulletin* must go to the printer several weeks before publication, it is not possible for any issue to contain an up-to-date list of job opportunities. Instead, we list types of positions that are most likely to be available and invite anyone qualified and interested to write for current information.

Staff Opportunities: Family Nurse Practitioners, Registered Nurses, and Physicians. For current information or to apply for a position, contact Department of Human Resources, Wendover, KY 41775 (phone 606-672-2317).

Courier Program: This program has an ongoing need for all types of people, with all types of skills. The program is not limited to those interested in a health career. It encourages applications from anyone who is willing to volunteer for a minimum of 12 weeks and would like to be exposed to the work of the Frontier Nursing Service. For current information, write or call Courier Coordinator/Courier Program, FNS, Inc., 132 FNS Drive, Wendover, Kentucky 41775 (phone 606-672-2317).

Nursing Volunteer Program: This is a program that has been recently designed to meet the needs of nurses and nursing students who only have a short length of time in which to come to FNS and gain experience. In this program if accepted, there is no required amount of time. For current information, write or call Director of Nursing, Mary Breckinridge Healthcare, Inc., 130 Kate Ireland Drive, Hyden, Kentucky 41749 (phone 606-672-3162).

URGENT NEEDS

FNS has an urgent need for the items listed below and hopes that its friends will wish to contribute toward their purchase. We sometimes receive more gifts for a particular item than needed. In those instances, your gift will be applied toward another need. Send to FNS, Inc., 132 FNS Drive, Wendover, KY 41775.

Dietary:

Meat Slicer	1,636.00
Food Blixer, Blender Bowl	507.57

Emergency Room:

Warming Blankets	657.74
Alligator Forceps (ear, nose)	560.87

Home Health:

Ten Home Health Standard Guide Handbooks (new addition with HC7A changes)	350.20
TV & VCR	339.00
Training Video	79.00

Hyden Clinic:

Four Addressographs	1,792.80
Cast Cutter with Cast Vacuum	1,761.17
Rolling Blood Pressure Cuff	141.93
Two Welch Allen Speculum Lights	215.06

Kate Ireland Women's Center:

One Addressograph	448.20
Three Office Chairs	599.94
Four Welch Allen Speculum Lights	430.12

Lab:

Tube Rocker (to mix blood)	381.30
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URGENT NEEDS - Continued

Medical Surgical:

Heavy Duty Bed	1,928.75
Bedside Scales	1,837.50
Six Heavy Duty Rolling Stools (for staff & provider charting)	959.88

Nursing:

Computer with Printer	1,698.99
Six Procedure Updates	269.70
12 Nursing 99 Drug Handbooks	419.40

Obstetrics:

Two Ultrasound Sonic Stethoscope	1,066.90
Infant Digital Scales	296.33
One Addressograph for Labor Hall	448.20

Operating Room:

Buffer/Scrubber	980.00
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Respiratory Care:

Ten E Tank - O2 Gauges	1,350.00
Two O2 Analyzers	628.00
One Pulse Oximetry (hand held)	537.00

X-Ray:

Dedicated Mamography Illuminator Cone Instrument	745.00
Ultrasound Gel Warmer Cone Instrument	229.00
Cool Brite High Intensity Illuminator Cone Instrument	654.00
Sharp Fax Machine	199.94

FRONTIER NURSING SERVICE, INC.

Its motto:

“He shall gather the lambs with his arm
and carry them in his bosom, and shall
gently lead those that are with young.”

Isaiah 40:11

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives for rural areas where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and midwife training schools for graduate nurses; to carry out preventive public health measures; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them, at a price they can afford to pay; to promote the general welfare of the elderly and handicapped; to ameliorate economic conditions inimical to health and growth, and to conduct research toward that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them to cooperate with individuals and with organizations, private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

From the Articles of Incorporation of the
Frontier Nursing Service, Article III
as amended June 8, 1984