

SG removes restrictions to number of initiatives

By Tricia McKenny
THE KENTUCKY KERNEL

After much debate and many questions, SG passed an amendment to the Initiative and Referendum Act by a large majority last night.

The Initiative and Referendum Act, originally passed Nov. 10, implemented rules and regulations for the placement of referendums and initiatives on the ballot before they could be voted on by the student body.

Last night's amendment to the act, presented to the full Senate by Senators At-Large Adam Stigall and Michelle Bishop and College of Engineering Sen. Josh Odoi, eliminated a cap setting a limit of three referendums or initiatives to be placed on each year's ballot.

Prior to the amendment, only the first three referendums and initiatives received each year could be placed on the ballot.

The limits were placed originally because of senators' concerns about a limited amount of space on

the ballot.

"Why are we restricting referendums and initiatives when we do not limit the number of candidates?" Bishop asked senators when presenting the amendment.

She said the Senate would be responsible for making room on the ballot if a large number of candidates entered the senate races, so it should also take on that responsibility if a large number of referendums or initiatives are presented.

"Restricting the number (of initiatives) is not democracy."

Josh Odoi
SG senator-at-large

"Student Government is for the students. Just because another person puts theirs in a minute before you doesn't mean you shouldn't have yours on the ballot," he told senators before they voted last night.

Senators passed the Initiative and Referendum Act and last night's amendment in response to

Referendum One, a referendum approved by students last spring that was met with much debate and controversy.

"The Senate made the right choice (in passing the amendment)," said SG President Rachel Watts.

"Who knows how many hot issues will be presented by students? It is not right to limit it if several students do the same amount of work," she said.

The Senate considered four proposed amendments before approving the amendment eliminating the cap and then approving a motion not to vote on the other proposed amendments.

All three of the other proposed amendments left the cap in place.

One of the proposed amendments set up a specific time period for students to submit referendums or initiatives, while the others called for the Senate to determine which referendums and initiatives are placed on the ballot or how many can be placed on the ballot each year.

These proposals were dismissed without going to a vote.



SCOTT LINTNER | STAFF

Senators Michelle Bishop and Josh Odoi discuss the referendum before presenting their version of the amendment to the Senate last night at the Student Government meeting.

Referendums and initiatives can be presented by any UK student up to two weeks before the election, and they require 1,000 signatures and an explanation of intent.

"It is a great chance for students to speak their own voice," Stigall said. "There is no need for a cap because the students work so hard to

get 1,000 signatures." "I would hate to see (the referendum process) limited," said Matt Martin, the College of Pharmacy senator. "It is really the only opportunity for students themselves to put issues on the ballot."

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Above: Theater freshman Kris Alexander (middle) plays Jesus in *Everyman*, which runs tonight through Sunday, with performances at 8 tonight, Friday and Saturday, and Sunday at 2 p.m. *Everyman* is an adaptation of a famous medieval morality play.



Left: Christophe, played by theater senior Craig Brach, sits and sulks as the woman he wants to marry is betrothed to another man. The play follows a festival band that dances and sings for entertainment, and is paid a fee for its services. *Rara!* is shown at 7 p.m. Friday and Saturday.

JONATHAN PALMER | STAFF

UK theatre showcases students' work

By Melissa Smith Mallory
THE KENTUCKY KERNEL

The UK Theatre Department presents two new performance pieces this week: *Everyman* and *Rara!*

Both plays originated as class projects, and students were involved in every aspect of production, from writing the script and designing the set to playing the parts.

Everyman is a medieval morality play, but students in Acting I (TA 126) and Fundamentals of Design and Production (TA 150) have rewritten and modernized the script to maximize its relevancy.

Director Nancy Jones describes the adaptation as a show that has ideas pertinent to today's world — ideas to which college students can particularly relate.

The stage is framed in television screens, with one giant projection screen at the back of the stage. Students can certainly relate to

the omnipresence of the media — it's strange not to have a television in your dorm room to watch the latest episode of "The OC," or a computer to chat with that person three doors down about Adam Brody's hotness.

Theatre freshmen take both TA 126 and TA 150. Freshmen are rarely involved so heavily in a main-stage production, but *Everyman* has given rookies a chance to get hands-on experience in their first year.

"Sometimes students feel like being in plays is the most important part of the theatre program," Jones said.

Whereas the redone *Everyman* addresses aspects of Western culture, Topics in Theatre (TA 350) students are bringing the rituals and customs of Haiti to the Guignol stage in *Rara!*

A typical boy-meets-girl story is the base of the plot of *Rara!*, which the class wrote. Director John Hol-

loway said he first became interested in Haitian culture while watching the History Channel, and in an effort to dispel stereotypes of voodoo — much like those of exorcism in Catholicism — Holloway and his students have tried to remain as faithful to the actual practices as possible.

In *Rara!*, voodoo is about the spirits that visit those in need, through a medium. These spirits provide therapy for the afflicted, as the medium actually becomes the spirit. After further research, Holloway said he decided that the most interesting way to portray the medium's transformation into the spirits is through puppetry.

"Puppets are cutting-edge," he said. "Think about the musicals like *The Lion King* and *Avenue Q*, or the movie *Team America: World Police*."

Most Americans have grown up surrounded by puppets, whether on

If you go

What: *Everyman*
When: 8 tonight through Saturday and 2 p.m. Sunday
Where: Briggs Theatre, Fine Arts Building
How much: Tickets cost \$5

What: *Rara!*
When: 7 p.m. Friday and Saturday
Where: Guignol Theatre, Fine Arts Building
How much: Free

For more information about these productions, visit www.uky.edu/finearts.

"Sesame Street" or in their own homes with sock puppets. Those in *Rara!*, however, are far more complicated than a simple sock.

"I just can't help but think of how cool it all is," Holloway said.

E-mail features@kykernel.com

State's first flu case marks late arrival

By Elizabeth Troutman
THE KENTUCKY KERNEL

Pre-pharmacy freshman Yahya Ahmed relies on the flu vaccine every year because he has asthma. This year was the first he didn't get the shot.

"I have a history of respiratory problems, especially in the winter," he said. "I feel like the fact that there was a scarcity is the reason why people got the flu shot this year."

Ahmed was one of many UK students who were left out of the 1,000 vaccines available at University Health Services in October. Health services had anticipated receiving 4,000 vaccines for student services this year.

The first confirmed case of the flu in Northern Kentucky yesterday marked the late arrival of the state's flu season. Dr. Greg Moore, director of student health, said cases are usually seen after

the Thanksgiving break.

"It's started quite late in the country," he said. "Luckily in New York and Nebraska there have only been a couple cases a week."

Moore said flu season always comes at an inconvenient time for students. Besides taking the vaccine, students can prevent getting sick by eating a well-rounded diet including fruits and vegetables and washing their hands several times a day.

Moore said dorm life and close living environments can also make students more likely to catch the virus. "Certainly living close together is a risk factor," he said. "The height of the flu season is the height of finals. You prevent the flu by doing all the things your mother tells you to."

University Health Services treated 142 cases of the flu during the 2003-04 school year. No cases have been reported since.

See Flu on page 2

Pentagon requests more troops before Iraqis vote

By Tom Bowman
THE BALTIMORE SUN

WASHINGTON — The Pentagon is boosting the total number of U.S. troops in Iraq to 150,000, the highest number deployed since the war began in March 2003.

Army Brig. Gen. David Rodriguez told reporters at the Pentagon yesterday that the increase from the current 138,000 troops would mainly provide security for Iraqi elections scheduled for the end of January and also "keep up the pressure on the insurgency since the Fallujah operation."

Gen. George Casey, the top U.S. commander in Iraq, requested the additional troops, which were approved by Defense Secretary Donald H. Rumsfeld, officials said.

Rodriguez, the operations director for the Joint Chiefs of Staff, said officials planned to reduce the number of U.S. forces back to 138,000 by the end of March, depending on the security situation. But hopes for reducing the number of troops have been continually dashed over the past year. When Baghdad fell in April 2003, some Pentagon officials were privately estimating 30,000 U.S. troops on the ground by the end of that summer, but the ever-grow-

ing insurgency disrupted those plans.

With yesterday's announcement, 10,400 soldiers and Marines will receive extensions for as long as two months, while 1,500 soldiers from the Army's 82nd Airborne Division in coming weeks will be sent to Iraq for about 120 days to support security efforts during the election period, officials said.

The addition of U.S. troops to provide security for the elections was expected, but the numbers unveiled Wednesday were higher than officials had been estimating. Two weeks ago, Lt. Gen. Lance Smith, deputy commander of the U.S. Central Command, said he expected a "brigade's worth" of troops — about 5,000 — would be kept in Iraq during the election period.

Sen. Jack Reed, D-R.I., a former officer in the 82nd Airborne, said the extensions and additional troops announced yesterday showed the Pentagon was finally confronting "the reality of Iraq." "You need more troops, well-trained troops," Reed said in an interview, estimating that as many as 300,000 U.S. troops were necessary to provide security in Iraq. That figure echoes the esti-

See Iraq on page 2

Flu

Continued from page 1

ported this season.

Integrated strategic communications sophomore Jacob Tamme said most students are not concerned about the flu.

"In general, they are not really worried," said Tamme, a member of the football team. "We don't think it will happen to us. I wash my hand and don't drink after people — little stuff like that."

Tess Collins, a secondary education sophomore, said she had the flu six times last year. She didn't receive the vaccine this year but is trying to live healthier to prevent getting the virus

again. "Don't get around people who have it," she said. "Eat right and exercise. I read that if you exercise you are less likely to get the flu."

Collins said she went to class despite being sick several times last year.

"I went to class and dealt with it," she said. "I would miss big lectures. It's a waste of time when you feel like crap."

Moore said students can pick up a "yellow sheet" from Health Services after their appointment if they are sick and need proof. The sheet explains the attendance policy but is not an official excuse, said Moore.

"We give out 30 sheets a day — I doubt 30 students are too sick to go to

class," said Moore. "This is a topic at every university. Whether you go to class is between you and the professor."

"Whether you go to class is between you and the professor."

Dr. Greg Moore

director of student health

cerned with catching the flu.

"More or less, it is a huge hype," he said. "But students are in close quarters. It should be a concern, but I haven't met anyone concerned."

E-mail: news@kykernel.com

Brokaw's final NBC broadcast marks end of an era for anchor

By Elizabeth Jensen
THE LOS ANGELES TIMES

NEW YORK — Tom Brokaw signed off as the anchor of "NBC Nightly News" Wednesday night after 21 years, ending his show by thanking his viewers for "all that I have learned from you; that's been my richest reward."

Brokaw, who has been the subject of extensive goodbye tributes in recent days, addressed viewers during the last four minutes of an otherwise straightforward broadcast, which included news of fighting in Iraq and President Bush's trip to Canada.

"Well, the time is here," Brokaw said. "We've been through a lot together, through dark days and nights and seasons of hope and joy. Whatever the story, I had only one objective: to get it right."

In what seemed to be a reference to the political and moral partisanship that has divided the country in recent years, Brokaw said he had learned that "It's not the questions that get us in trouble, it's the answers. And just as important, no one person has all the answers."

Referring to the World War II veterans he has extensively chronicled as the "Greatest Generation," he said they "left a large and vital legacy of common effort to find common ground here and abroad on which to solve our most vexing problems."

They did not give up their personal beliefs and greatest passions. But they never stopped learning from each other. And, most of all, they did not give up on the idea that we're all in this together. We still are."

Earlier in the day on NBC's "Today" show, Brokaw, 64, choked up when his colleagues offered a champagne toast, but Wednesday night he appeared dry-eyed as NBC moved on to a brief montage of him on assignment through the years and a graphic that read "Thanks Tom."

Wednesday, Jennings offered his own on-air tribute to Brokaw, saying he "has demonstrated time and again that he does not favor power" and — maybe it's his roots in South Dakota, out there on the Lewis and Clark Trail — he has a common touch and a good ear."

Although broadcast journalism has changed considerably while all three men have been in the anchor chair, Jennings said "Brokaw — the journalist, and the historian too — sure earned his place."

Brian Williams, 45, takes over the "NBC Nightly News" anchor chair Thursday night. Thanking him for a report on recovering Iraq veterans in Wednesday's broadcast, Brokaw quipped, "Don't go far because we have plans for you."

Iraq

Continued from page 1

mate of the former Army chief of staff, Gen. Eric Shinseki, who in the weeks before the war told Congress it would take "several hundred thousand" troops for postwar security operations in Iraq.

Both Rumsfeld and his deputy, Paul Wolfowitz, publicly challenged that number, with Wolfowitz terming Shinseki's estimate "wildly off the mark."

Officials and defense analysts are expecting Iraqi security forces, which now number about 115,000, to pick up a greater share of the peacekeeping effort and eventually allow the United States to cut back its forces.

There are 20,000 to 24,000 other for-

eign troops in Iraq deployed by 28 countries as part of the U.S.-led coalition.

Rumsfeld and Gen. Richard B. Myers, chairman of the Joint Chiefs of Staff, have told Congress that about 145,000 Iraqi forces would be trained and equipped by the January election. But yesterday, Rodriguez placed the number at 125,000.

"The Iraqi troops continue to make progress," Rodriguez said. But he admitted they were still not able or in sufficient numbers to handle current security needs.

The troops whose extensions were announced Wednesday include 4,400 soldiers from the 2nd Brigade of the 25th Infantry Division, which is based in Hawaii and was slated to return in January after a year in Iraq.

Now they are to return home in March.

Another 3,500 soldiers from the 2nd Brigade of the 1st Cavalry Division of

Fort Hood, Texas, will be extended for two months, until March, when they will have served 14 months in Iraq.

Some 2,300 Marines from the 31st Marine Expeditionary Unit — whose troops are from Okinawa, Hawaii and California — will now return in February or March instead of January.

Finally, 160 soldiers from the Germany-based 66th Transportation Company, which is now in Kuwait, will remain for 14 months and return in March.

The additional troops are being sent from Fort Bragg, N.C.

The 1,500 soldiers from the 82nd Airborne Division are scheduled to stay in Baghdad for 120 days, officials said.

Asked Wednesday how he expected the extensions to affect morale, Rodriguez said, "The soldiers and their family members understand the importance of this."

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Season leaves Cats scratching their heads

Offensive woes, injuries add up to nine losses

By Jeff Patterson
THE KENTUCKY KERNEL

Boo-birds filled Commonwealth Stadium. Fans left its gates, and footballs flew out of it from the stands.

The sidelines looked like a M*A*S*H unit.

The sight of the offense was much worse.

Welcome to UK football in 2004.

What went wrong?

The season started to collapse last summer when junior cornerback Bo Smith fractured his skull in an off-campus incident. Smith, UK's best cover corner, was out for the year. Depleted from the effects of probation — this was the last of three years in which UK lost 19 scholarships — to have a chance, UK couldn't afford to lose any one.

Instead, the Cats lost just about everyone.

Senior receiver Tommy Cook tore his anterior cruciate ligament in April's Blue-White scrimmage. Trainers carted junior linebacker Dustin Williams off the field with a broken arm at Florida. Senior defensive end Vincent "Sweet Pea" Burns never fully recovered from a knee scope in August. Sophomore receiver Keenan Burton broke his wrist in the summer. Senior receiver Gerald Parker missed several weeks after running into a hydraulic lift making a catch. Junior offensive tackle Ernie Pelayo never played a snap after knee and shoulder injuries.

Sure, injuries are a part of the game, but playing in the Southeastern Conference, a team like UK can't overcome the loss of so many first- and second-string players.

Couple that with UK's atrocious offense in 2004, and the final product is a team that finished 2-9, 1-7 in the SEC. The Cats ranked 115th out of 117 teams in total offense with 275.5 yards per game and 14th in scoring of offense, averaging 15.7 points per game.

Not until the last game of the season, after offensive coordinator Ron Hudson resigned, did UK play with any fire and ambition on offense, excluding the output in the Indiana game. Who knows what happened in that one?

Receivers coach Joker Phillips called the pass play, offensive line coach Paul Dunn picked the run plays, and head coach Rich Brooks decided which one to use against Tennessee.

"Coach Joker let us know we were going to let it fly, and



UK junior kicker Taylor Begley walks the sidelines of Commonwealth Stadium during the Cats' 2-9 season. Begley led UK in scoring with 47 points, including nine of 14 field goals and 20 of 20 extra points.

we were going to play football," said senior quarterback Shane Boyd. "Everything isn't always going to be what you scripted it to do."

And that's what Hudson's offense resembled in his two seasons at UK. He had trouble adjusting to his personnel and to the defense.

The offense wasn't the problem; it was the play calling.

Downfield passing was discouraged. Bubble screens were the buzz.

Simply put, Hudson didn't have the confidence in his players to make plays, or the trust in them to learn through their mistakes.

There was no accountability. "I didn't teach them to fumble," Hudson said earlier this season.

The bright spots

Freshman offensive tackle Aaron Miller.

Miller stepped up out of nowhere to become a force at left tackle. He held his own against Georgia All-American defensive end David Pollack. His false starts decreased as the season went on.

Freshman running back Rafael Little.

After recovering from an off-season knee surgery, Little emerged midseason as a back with a bright future. He scored the only rushing touchdown this season against undefeated Auburn.

Redshirt freshman quarterback Andre Woodson.

FOOTBALL BRIEFS

Wilson will not return

Injury-plagued cornerback Warren Wilson will give up his final year of eligibility after undergoing another knee surgery.

Wilson, who would have been a fifth-year senior in 2005, played in only six games this season due to injury, and only 21 games throughout his career at UK.

Abren earns honor

Redshirt freshman nose tackle Ricky Abren has been named second-team Freshman All-America as chosen by Rivals.com.

Abren, a Hopkinsville, Ky. native, played in all 11 games this season and started six. He had 26 tackles, led the team in quarterback hurries with five and tied for the

Hot seat heats up with latest football firings

Rich Brooks is living on borrowed time.

This week's round of coaching changes has helped melt the ever-thinning ice under his feet.

He can't beg for more time, because that's not how things are done in college football anymore.

Just ask Tyrone Willingham, who was fired from Notre Dame after three seasons. Willingham compiled a record of 21-15 in that time, including a 10-3 opening season that helped make everyone forget Notre Dame had hired George O'Leary — you know, the guy who juiced up his resume like Jose Canseco — first.

In three seasons, Willingham led the Irish to two bowl berths and seven wins over ranked opponents.

It wasn't enough for Notre Dame's boosters.

And that's not unusual. It's the rule — Brooks has to understand that now.

As Florida head coach, Ron Zook had an even shorter leash.

Midway through his third season in Gainesville, Fla., he was out. He had a 20-13 record when he was let go — then he went 3-1 the rest of the way, including the Gators' first win at Florida State since 1986.

Nope, not enough either.

Then there's David Cutcliffe, the head coach of Ole Miss. Last season, his Rebels went 10-3 and finished tied for first in the Southeastern Conference's West Division.

This year, the Rebels went 4-7, Cutcliffe's first losing season in six years at Ole Miss.

Apparently short-term memory loss is an epidemic in Mississippi.

So that's the lay of the land in college football. Win now or go home. It's ridiculous, but it's not going to change anytime soon.

Don't think I'm throwing Brooks in with that trio of tragic firings. He is in a different situation.

Those three coaches had sold resumes. Those coaches earned the right to more time. Brooks hasn't earned a thing. (Unless two wins over Indiana impresses you. No?)

In a perfect world, all college football coaches would get five years to turn things around. (But since college football can't pick a national champion...)

If college administrators can't wait a few seasons, how can you expect patience from blue-chip recruits?

Everyone knows UK's excuses, but every school has them. And as Brooks said after the Tennessee game Nov. 27, "Nobody cares."

He's right. Nobody will care if he's fired next season after another lackluster year.

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FLY ON THE WALL Lynagh's: Eclectic college essential

Though the smoking ban took effect six months ago, people continue to bring it up — many argue that smoking and drinking go hand in hand. For this reason, local bars scrambled this past summer to put together outside areas just for smokers.

The task was undoubtedly difficult for Lynagh's Irish Pub — they don't have the space. This is evident when you walk up to the front door and take notice of the two chained-off parking spaces — that's the smoker-friendly "porch."

A little hard on the eyes? Maybe, but it works.

The problem is keeping patrons comfortable as temperatures fall. For some places, the answer has been the addition of space heaters, but Lynagh's smokers must rough it outside without such an amenity.

According to Lynagh's employees, there is conflict with the fire department as to whether they will be able to get something out there. This subject is irrelevant for those who don't smoke, but social smokers look for those conveniences.

The closest comparison to the atmosphere in Lynagh's Irish Pub is Tolly-Ho on South Limestone Street. Tolly-Ho, in its own right, attracts an eclectic assortment of people that are young, adventurous and, some may say, interesting.

Now, take that group, add a few years, stack the restaurant with a full bar, and you've got the makings of the crowd at Lynagh's.

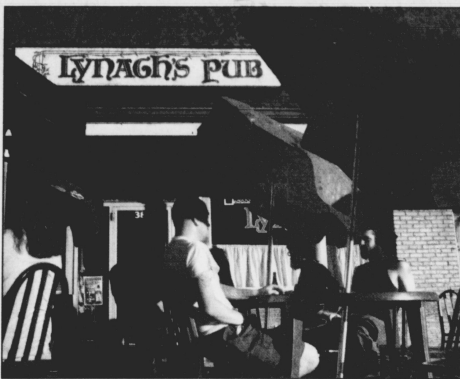
With the introduction of hard liquor and beer, you find some friendly people with more interesting stories than you can shake a stick at.

The high ceilings host an assortment of suspended bikes and flags that fit together in an unusual way — but like the pub's porch, it works.

Despite some of its rough edges, the place is actually moderately clean. Glasses, pitchers and bottles are picked



Anthony Bauman
KERNEL COLUMNIST



JONATHAN PALMER | STAFF

Lynagh's employee AJ Krauss (left) and Lexington Community College mycology sophomore Shawn Barnes take advantage of the pub's smoking ban-generated patio.

up regularly, and the bathrooms are about what you'd expect from a bar.

If you're scared to talk to strangers because of what your mama taught you, order up a cocktail to shake off the jitters from one of the specials offered every night of the week.

The better specials are on Wednesdays, when a combo of a well drinks, shots and domestic beers are served for \$4. Fridays and Saturdays offer 50 cents off drafts and wells, and \$1 off pitchers. Mondays after 7 p.m., domestics are \$1.50, micros \$2 and wells \$2.50.

As for music, Lynagh's knows it's not a club — the music doesn't blare full-blast — instead, it can easily be talked over. And if you want, pick background music from the jukebox to accompany your conversation.

Feeling hungry? Then pick up a menu and order a sandwich from the bar between 11 a.m. and midnight. Such specialties as the Guido Round and the Rib-eye Big Guy might sound funny, but the food is no joke — it's

If you go
What: Lynagh's Irish Pub
Where: 384 Woodland Ave.
Phone: 255-1292
Hours: 11 a.m. to 2:30 a.m. Monday through Saturday, noon to 11 p.m. Sunday

good.

Entree items are served with a pickle wedge and chips, and prices hover around \$6.50. Salads and deli sandwiches are also available, and additional sides may be added for 75 cents.

With its convenient near-campus location at the corner of Euclid and Woodland avenues, this is definitely a watering hole for college students to take advantage of.

Open your mind and don't be scared to introduce yourself, because you're bound to meet someone different.

E-mail: features@kykernel.com

Vodou For You



Director John Holloway looks on as actors rehearse *Rara!* last night in the Guignol Theater. The play runs Friday and Saturday at 7 p.m. Admission is free.

JONATHAN PALMER | STAFF

Modernized Morality



JONATHAN PALMER | STAFF

Theater freshmen Whitney Yeary and Kris Alexander rehearse a medieval morality play adaptation of *Everyman*. The play runs in the Briggs Theater Thursday through Saturday at 8 p.m. and Sunday at 2 p.m. Tickets are \$5.

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Rev. Horton Heat preaches rockabilly

By Nathan Thacher
THE KENTUCKY KERNEL

Hide your alcohol and your girlfriend — The Reverend Horton Heat performs at The Dame tomorrow.

Jim "The Rev. Horton" Heat (guitar, vocals), Jimbo Wallace (standup bass) and Scott Churilla (drums) are currently on the road promoting their latest album, *Revival*, which has enough rock, punk, blues and swing to keep everyone groovin' and boozin' till sunup.

Heat said the band's live sound is "loud, fast, rowdy and influenced by the '50s."

Indeed, if you show up at The Dame, songs like "Indigo Friends," "Rumble Strip" and "Party Mad" will greet you at the door and kick you square in the arse.

This music is a lot of fun to listen to, and it's going to make you feel good, period. The lyrics mix darkness, goofiness and solemnity; the rhythms range from lightning-quick to molasses-lazy. It's just what you need to facilitate a night of bar-hopping and drunken debauchery.

If you enjoy the stylings of Jerry Lee Lewis, Johnny Cash or Ray Charles, The Rev is right up your alley.

"At one point I made the decision to use rockabilly as a platform to go into a lot of other types of music, and it seemed to work rather well," Heat said. "Sometimes I'm influenced by things I don't even like."

Heat has been playing guitar since age 13 and loved listening to the blues as a kid. He first learned how to play "Folsom Prison Blues"

by Johnny Cash, and after "years of noodlin'" he has branched out in his guitar-pickin' ways.

"The energy and fire of the music of the 1950s era is just really fascinating to me," Heat said. "That period of music had a lot of different tempos and types of beats, but we're still working for a high-energy thing."

The composition of the band had been in flux for quite some time, featuring eight different drummers before Churilla and Wallace settled in and solidified their positions.

"I pretty much write all the songs, and the guys love working on great arrangements for my songs," Heat said. "I think we have a hierarchy, as opposed to a democracy, and it's like I'm a dictator."

The band has worked to keep an original sound over the many years, which Heat said is "always morphing, always changing." Hearing the diversity isn't always easy, at least at first, but The Rev is always trying something new.

"Hopefully, I'm not repeating myself," Heat said.

Revival features a lot of cross-picking and a new riff Heat calls "The Hurricane," which he uses extensively throughout the album, playing lead and rhythm guitars simultaneously.

"With a lot of bands today it's kind of like everyone is just playing that same James Brown funk beat, and what they ought to do is give all of their money directly to James Brown," Heat said.

The band has enjoyed a long and illustrious career of

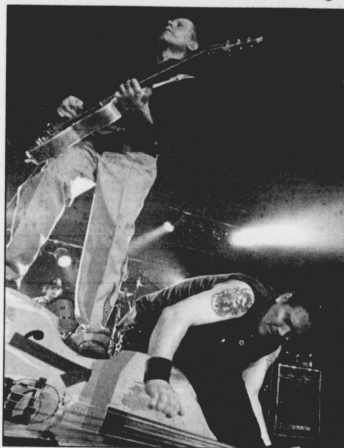


PHOTO FURNISHED BY TEP ROCK RECORDS
"The Rev" Jim Heat (left) — one-third of The Rev. Horton Heat — and bassist Jimbo Wallace perform with drummer Scott Churilla tomorrow.

recording and touring, and Heat said he still loves doing what he does.

"A lot of the aspects of what I've wanted to do are happening right now," he said. "There's a lot of great players out there that don't get to have their songs put out, so I've got to be grateful for that. But as long as I think we're getting better, I think we'll continue to hang in there and do this."

Email features@kykernel.com

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Massage therapy hailed 'very important'

By Hilary E. MacGregor
THE LOS ANGELES TIMES

You lie on the crisp white sheet of the massage table in semidarkness. The scent of almond oil fills the air. Then come the hands, gently kneading the necklike of knots that rings your back, your neck, your shoulders. You close your eyes, breathe deeply and let yourself relax. Beyond the pleasure, though, are there medical benefits to massage?

Hospitals and medical clinics around the United States are beginning to integrate massage into patient care. Massage is the most common nontraditional therapy offered in U.S. hospitals, according to an American Hospital Association survey in 2003. The most common uses for massage in hospitals: Helping patients cope with pain and stress, and as a therapeutic service for cancer and maternity patients.

At Martha Jefferson Hospital in Charlottesville, Va., cancer patients are offered therapeutic massage by one of eight trained therapists. Longmont United Hospital in Colorado has a massage therapist on staff around the clock for patients. At Memorial Sloan-Kettering Cancer Center in New York, 11 massage therapists are on a staff team working with hundreds of patients admitted to the hospital or seen at its various clinics.

And at the University of California-Los Angeles Center for East-West Medicine, a team of four therapists use massage to alleviate pain and symptoms for patients suffering from illnesses such as fibromyalgia, migraines and back pain.

The National Institutes of Health is funding several studies to examine the medical benefits of massage. Previous studies by various organizations have found that massage can help reduce chronic pain, diminish anxiety and depression, and enhance immune function.

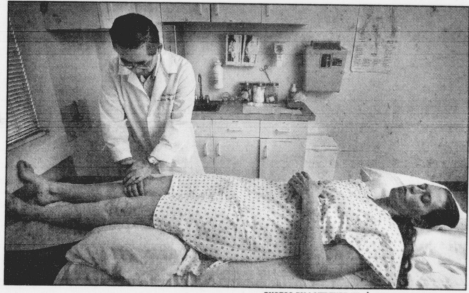
A new survey by the American Massage Therapy Association, a professional organization, shows nearly half of Americans have used massage therapy as a way to manage and relieve pain. The survey also found that healthcare providers are more likely than before to discuss the possible benefits of massage and to recommend it to their patients. And some health insurers have begun paying for the therapy, according to the survey.

Still, many doctors remain skeptical of the research suggesting a medical benefit to massage.

But doctors, nurses and patients who have seen massage in action say that even if the benefits can't be demonstrated by large clinical studies, the anecdotal evidence is powerful.

"Clearly there are medical benefits to massage," said Dr. Gregory P. Fontana, a cardiothoracic surgeon at Cedars-Sinai Medical Center in Los Angeles who conducted a pilot study of heart patients to measure the effectiveness of nontraditional therapies, such as massage, in helping speed recovery after surgery.

Ninety-five percent of the 50 massage patients reported that massage was a "very important" part of their recovery. Fontana said Dr. Ka-Kin Hui, director of UCLA's East-West Center in Santa Monica, Calif., goes further: "Massage is a very important therapeutic approach which is underutilized and underappreciated. A



PHOTOS BY LAWRENCE HO | THE LOS ANGELES TIMES
Dr. Jun Liang Yu gives a massage to Brandi Hugo. "We manipulate the muscles," he says, Hugo, who has suffered from a chronic inflammation, credits her improvement primarily to massage therapy at the University of California, Los Angeles' East-West Center in Santa Monica, Calif.

lot of people think massage is good for aches and pains. But what he has found is that massage activates the body's own healing system.

The use of massage as a healing art dates back to about 4000 B.C., when the therapy was used in China and India. In the U.S., massage was commonly used by nurses up until the 1920s and 1930s to help ease patients' pain and help them sleep.

But the advent of powerful prescription pain medications in recent decades has diminished the use of massage in medical settings — until fairly recently.

Patients at UCLA's East-West Center see a team made up of a Western-trained doctor, an acupuncturist and a massage therapist. Often referred by their physicians, many of the patients come to the center because traditional Western remedies, such as prescription drugs, have not proven effective for their ailments.

About half of the center's patients receive some massage therapy as part of their treatment program, which may also include traditional medicine.

On a recent morning, Anna McGuirk, 45, sat on the edge of a massage table in a hospital gown. About five years ago she began to experience migraines so severe that doctors gave her morphine and Demerol to ease the pain. Confined to bed three to four days a week, she was in danger of losing her nursing job.

"The medical profession kind of pooh-poohs migraines," she says. "And I was losing half my life."

Her primary care doctor sent her to a neurologist, who put her on pain relievers and antidepressants. Nothing worked.

Finally the neurologist referred her to the East-West Center, where she was treated by Dr. Jun Liang Yu, a Chinese-born doctor trained in Western medicine in Asia, who practices acupuncture and massage therapy at the center.

"That was the first time anyone had touched my neck or shoulders" in a medical setting, McGuirk said of her massage treatments with Yu. The UCLA therapists told her that her neck and shoulders were "as hard as wood."

"They told me I was getting no blood



circulation to the brain. If there is no blood circulation there is no oxygen, and if there is no oxygen, of course you are going to get headaches."

As McGuirk lay on the table, Yu began to work her neck, back and shoulders. He did not press down hard on sore areas or acupressure points. Instead, it looked almost as if he were rolling her muscles.

"We don't beat up muscles. We manipulate the muscles," Yu explained. "We are rolling the muscles back in place."

McGuirk has taken prescription medication, such as muscle relaxants, and made lifestyle changes, and now says her migraines occur only about once every three weeks.

But she is convinced that massage had been a key factor in her improvement. "Without it, I'd be back to migraines three to four times a week."

Brandi Hugo, 30, who suffers from interstitial cystitis — a chronic inflammation of the bladder — is another patient at the East-West Center who attributes her improvement primarily to massage. After years of ineffective treatment with antibiotics, she was treated at UCLA with acupuncture, a few muscle relaxants and massage. She has been off antibiotics for two years.

Hui does not believe massage is a panacea. Nor does he believe it can replace surgery or medications. But he does believe it is "an important frontline approach for a lot of chronic problems, or prevention of chronic problems."

CAMPUS CALENDAR

Week of November 29th - December 5th
The Campus Calendar is produced by the Office of Student Activities, Student Government and UK Depts. can submit information for FREE online ONE WEEK PRIOR to the MONDAY before the event is to appear at: http://www.uky.edu/Campus_Calendar. Call 257-8867 for more information.

MEETINGS
*Wesley Foundation Focus Worship, 7:30pm, Student Center, Center Theater Thurs 2

*Christian Student Fellowship presents "Synergy", 8:00pm, CSF Building on the corner of Woodland and Columbia
*UK Phi Alpha Delta Pre-Law Mtg., 5:00pm, Student Center, Room 205

SPORTS
*UK Fencing Club, 8:00pm-10:00pm, Buell Army on Administration Dr.
*Shaolin-Do Club Meeting, 5:00-6:30pm, Alumni Gym Loft, \$60 per semester fee
*Dressage Team Meeting, 5:00pm, Student Center, Room 115

SPECIAL EVENTS
*American Cancer Society's Relay for Life Informational Meeting, 6:30pm-7:30pm, and 8:00pm-9:00pm, William T. Young Library, Auditorium
*UK ACLU presents: What Can Civil Libertarians Expect from the 2005 Kentucky Legislature?, 7:00pm, Henry Clay High School, Theater, FREE no tickets needed

ARTS/MOVIES
**"Minds Wide Open," Monday-Friday, 11:00pm-5:00pm, Rasdall Art Gallery, Student Center

SPORTS
*UK Tae Kwon Do Club Mtg., 5:30pm-6:30pm, Alumni Gym Loft, call 351-7311 for more info Fri 3
*UK Hockey vs. University of Illinois, Midnight, Lexington Ice Center, Tickets \$5 available at the door

ARTS/MOVIES
**"Minds Wide Open," Monday-Friday, 11:00pm-5:00pm, Rasdall Art Gallery, Student Center

SPORTS
*UK Tae Kwon Do Club Mtg., 11:00am-12:30pm, Alumni Gym Loft, call 351-7311 for more info Sat 4
*UK Hockey vs. University of Illinois, Midnight, Lexington Ice Center, Tickets \$5 available at the door

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IN OUR OPINION

Students will pay price if grad contracts fail

When UK students register for classes each semester, they have to weigh various priorities. Should they take more hours to move more rapidly toward graduation? Can they afford not to take a job in order to take additional classes? Is that money lost worth the higher expense of more than four years in college?

The administration has recently taken the first step in alleviating some of those stresses for students. Based on a similar plan at the University of Iowa, 14 of UK's majors will offer a graduation contract.

Students will be assigned a coursework plan for each of their four years at UK. If they follow that prescribed curriculum, graduation will not be delayed beyond four years due to the unavailability of classes.

But if administrators aren't able to hold

up their end of the contract and can't make a requirement available for a student in the prescribed semester, UK will pay the tuition and fees associated with taking the class at a later time.

The basis of the contract is certainly a worthwhile goal. Most importantly, the onus for academic progress is placed mostly on the student. Obtaining a degree in four years is not impossible; it simply takes planning well in advance.

The problem is that the graduation contract has the potential to become the UK bu-

reaucracy's version of an unfunded mandate. Richard Greissman, assistant provost for program support, told The Kernel that no money had been set aside should a student legitimately need additional semesters at UK.

Greissman said the program at the University of Iowa has been in place since 1995, and officials there have never had to pay for any students.

About 40 students here at UK have already signed the contract, and Greissman said he expects that statistic will as much as triple once final numbers come in

from this semester's round of advising. The lack of earmarked funds could be a sign of confidence by university officials that the contracts will not fail.

But as long as even one student has signed a contract, the possibility exists that classes may be unavailable.

If department chairs, college deans or advisers can't agree on an alternate course to fulfill the plan, the only option outside of UK footing the bill is to completely waive the required class.

But majors have core requirements to build the foundation of their specialty.

The graduation contract has the potential to help thousands of future UK students avoid foundering in the system. But the administration has to avoid dipping into scarce funds should the four-year plan ever fail.

Money should have been set aside for graduation contract students who may need additional semesters at UK.



AARON SMITH, THE KENTUCKY KERNEL

Don't let the stress of finals get you down

Rain pelts the windshield relentlessly. My car is pulled over at a bus stop on Rose Street as I wait for a friend who needs a ride. She arrives not long after, hurriedly yanking the passenger door open and scrambling to get in.



Samieh Shalash
KERNEL COLUMNIST

"I hate the rain," she tells me. Ever curious and always inquisitive, I ask her why.

"It makes me wet," she replies. "This is true. Rain makes us wet. It makes the ground soggy, our shoes muddy, our feet soaked — and if you're wearing jeans longer than highwaters, it will creep up your pant leg."

Still, a smile crossed my lips. "I like it," I told her. "Besides, if it didn't rain, I don't think that would bode too well for the world."

Not many people, myself included, want to get caught in a heavy rainstorm or have their socks soaked and their clothes plastered to them.

But I'd miss the light rain on a warm day. The soft drizzle you instinctively turn your face to as welcome, not even wondering if you have your umbrella with you.

I'd miss the nighttime rainfall that hits your window for a sound so relaxing it lulls you to sleep.

Still, I'm among those guilty of surface-level, "rain will inconve-

nience me, so I don't like it" type thinking. Most of us want instant gratification in our lives. We want the world to go our way. We want paths that have no hurdles, roses that have no thorns.

We dream about shiny cars and perfect skin and grades that come without trying.

Everyone is sometimes guilty of prioritizing in the wrong direction. I get distracted by the little things that shouldn't bother me so much. I daydream during class sometimes instead of contributing to the lively discussion we truly learn from.

Every so often, we should take a look at how we spend our days. We need to realize how often we needlessly worry or ungratefully complain.

Sometimes we just need to shovel all of the clutter we waste time on to the back of our agendas, then sift through the dregdes to find what's really important so we can pull it to the top.

Sometimes we just need to stop and say, "Thank you." Or say to ourselves, "I should stop complaining about this, because I've been blessed with so much more than so many people in the world."

Every one of us, as students at UK, has something in common we shouldn't take for granted: We have the chance to expand our knowledge and to meet people from around the world. We have the opportunity to gain a solid higher education.

Gaining that education can be painful. It can mean late nights writ-

ing papers and early mornings taking tests we didn't study enough for. It can mean projects assigned on the first day of the semester that we barely finish by the last day of the semester.

Education can make you hate your life for a few weeks. It can overwhelm you and frustrate you and make you want to stay in bed until dead week and finals week are over.

There's a certain anguish inflicted through classes that most students begin to feel around finals week. Sometimes we feel like our classes last for too long, that our professors make us strive too much, and that school is detrimental to happy living.

But pause to consider the alternative. No college. No homework, no tests, no projects. No education.

That approach works for some people. Bill Gates never finished earning his degree at Harvard, but he earned a place in millions of homes across America with his software. Sam Walton never earned a degree, but he built the Wal-Mart dynasty and left behind billions of dollars.

But for the average student, our educations are our futures. Being at UK is a big step in allowing us to pursue our ambitions. Sure, it can be a pain. But without the pain that stems from this privilege, many of us wouldn't have a chance at the futures we plan for.

Samieh Shalash is a journalism senior. E-mail opinions@kykernel.com

Choice should be clear for next security chief

Orange alerts, duct tape and monthly assurances that we were all going to die.



Ben Roberts
KERNEL COLUMNIST

Since becoming the country's first Homeland Security director three years ago, Tom Ridge never failed at scaring the bejesus out of the American public or supplying late night comedians with days' worth of can't-miss material.

There was his creation of the color-coded terrorist threat system, which used years-old intelligence to issue pre-emptive warnings that nobody paid much attention to. There was his suggestion that Americans buy duct tape to protect themselves from chemical attacks. And amid it all were his constant threats that the terrorists were poised to strike at any moment, but no information as to where, who or how they planned to attack.

Some were left amused. Some were left afraid. Some were left in awe. And now it's over: Ridge decided Tuesday he had had enough with the Homeland Security Department and announced his resignation from the post, effective Feb. 1 of next year.

We'll still have someone to supply us with the fear-mongering sessions from behind the Homeland Security podium in Washington; it just won't be Ridge.

Just hours after the former Pennsylvania governor made his decision to resign known, a number of candidates to replace him were mentioned.

Asa Hutchinson, the undersecretary for border and transportation security; Mitt Romney, the popular Republican governor of Massachusetts; and Mike Leavitt, administrator of the Environmental Protection Agency and former governor of Utah are just a few of the possibilities.

But if President Bush really thinks about it, there is only one logical choice to replace Ridge.

He would meet the approval of the vast majority of both parties. He has a history of cracking down on crime and

violence. And he is already strongly associated with the terrorist attacks of Sept. 11, 2001, that brought about the creation of the Department of Homeland Security in the first place.

He's former New York City mayor Rudolph Giuliani.

It's actually quite surprising that Giuliani's name wasn't mentioned for past vacancies caused by the mass exodus from the Bush cabinet, given the former mayor's high profile during the campaign and assumed bid for the Republican nomination for president in 2008.

But none of those jobs really suited Giuliani. He was probably too moderate, especially on abortion, to be Bush's attorney general. And he probably didn't have the foreign policy expertise necessary to be Bush's secretary of state.

But this position is different. This position is perfect.

In the days following the Sept. 11 attacks, Giuliani was the second-most visible and reassuring figure, after the president. In his days as the mayor of New York City Giuliani's policies led to a 50 percent drop in crime in the city and the Big Apple's lowest homicide rate since the mid-1960s. In his days as a prosecutor in New York, Giuliani earned a reputation for breaking organized crime and bringing members of the mafia to justice.

And then there were his appearances on Saturday Night Live, where he proved he had no problem being a punch line

— something the next Homeland Security chief will most certainly have to deal with.

Simply put, if President Bush wants to instill dignity and respectability to the position of Homeland Security director, he'll choose Giuliani. If he wants to reward a popular and outspoken advocate of eliminating foreign terrorism and protecting our borders, he'll choose Giuliani.

And, for the sake of his party's future, if he wants to give the most attractive Republican contender for president in four years a high-profile job that assures the American public, he'll choose Giuliani.

Ben Roberts is a journalism and political science senior. E-mail broberts@kykernel.com

Submissions

Send a guest column or letter to the editor to Opinions Editor Andrew Martin or Assistant Opinions Editor Ben Roberts. Please limit letters to 250 words or less. Be sure to include your full name, class and major with all submissions.

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Letters to the editor, columns, cartoons and other features on the Opinions page reflect the views of their authors and not necessarily those of the Kernel.

Cats anticipate 'big things' in 2004



By Laura Nelligan
THE KENTUCKY KERNEL

Mo Muhammad expects big things from the UK women's gymnastics team this season.

"This goal puts the team's focus on unity and sense of family, not only in practice and performance, but also in how they live their lives."

"Going for 'big things' is expecting more from each person," said senior Kara Prestigiaco. "It's going beyond your comfort zone. One of our goals this season is to go to the NCAA nationals as a team."

The team's top returning performer is senior co-captain Michelle Gales.

Gales has led the Cats since her sophomore year, when she was the top performer on the floor exercise with a 9.721 average and the second-highest score in the all-around.

Last year, Gales had seven first-place finishes, which included her career-high 9.925 on the uneven bars.

"Michelle leads by example," said Muhammad, who is in his second year as head coach. "She brings a level of consistency. She's a 'get it done' person. That kind of leadership is going to go a long way."

According to Prestigiaco, depth and diversity are the some of the biggest strengths the Cats have this season. The team has a large freshman class of five, with each adding her own individual personality and talent to the variety of the team.

Numerous injuries have made the preseason challenging for team members, but their high confidence has helped them look into the future.

The 2004 UK gymnastics team opens its season with its annual Blue-White Meet 6 p.m. Saturday in Memorial Coliseum. Admission is free to all, and the team will sign autographs after the meet.

PHOTO COURTESY OF UK ATHLETICS

Cats at a glance

Vault
Returning are sophomores Krystle Cook, who recorded a 9.8 or higher every performance last year, and Lindsay Cameron, who recorded a career-high 9.925 against Louisiana State, finishing second.

Bars
Michelle Gales recorded two first-place finishes last year, against Brigham Young University and Arkansas. Cook took second against BYU. Sophomore Allison Sarucci recorded a career-high 9.9 versus Florida.

Beam
Cook and Gales both scored 9.825 in the 2004 season. Junior Staci O'Keefe finished first against Alabama with a 9.85.

Floor
In 2004, the floor exercise was the strongest event for UK gymnastics. Top performers include Gales, Sarucci and sophomore Rachel Riley.

Next Meet
Blue/White Meet
Memorial Coliseum
6 p.m. Saturday
Admission is free, and the meet will be followed by an autograph session.

"They feel a lot better about themselves, as gymnasts, and about their abilities," said Muhammad. "We want big things. We want to break records and reach new heights."

E-mail: lnelligan@kykernel.com

SPORTS BRIEFS

Cats hold off Northwestern
EVANSTON, Ill.— Angela Phillips made sure UK held on this time.

A week after UK's last-second loss to South Dakota State, the sophomore guard led a 5-0 run in the final minute to help the Cats (4-2) defeat Northwestern 70-63 last night in Welsh-Ryan Arena.

Five UK players scored in double figures, led by senior forward Sara Potts' team-high 15 points. It was the first time since Jan. 25, 2004 that five UK players reached double-figures in points in a game.

UK, which saw its 16-point second-half lead shrink to seven, 68-61, with 26 seconds left in the game, used Phillips' run to secure the win.

The Cats shot 44.6 percent from the field in the game and connected on 67 percent of their free throws, but UK was out-scored by Northwestern, 37-31, in the second half.

NU shot 45.2 percent from the field (28-of-62) and 20 percent from long range (2-of-10). Potts made a trio of 3-pointers in the first half, on her way to 5-for-12 shooting from the field.

Junior forward Jennifer Humphrey and Phillips each had 11 points in the game, while Humphrey added seven rebounds.

Junior transfer Nastassia Alektsu chipped in with 10 points and senior Keiko Tate had a team-high eight rebounds. UK, however, was out-rebounded 42-31.

Freshman center Sarah Elliott scored 10 points on four-of-four shooting from the field.

UK plays at Louisville 2 p.m. Sunday.

COMPILED FROM UK ATHLETICS REPORTS

Krystal Ball

Staff picks for the weekend of Dec. 4, 2004



Derek Poore (69-22)

last week: 7-0

Miami (Fla.) 20, Virginia Tech 13
Auburn 33, Tennessee 16
Navy 28, Army 17
Oklahoma 21, Colorado 10
Michigan St. 27, Hawaii 17
Southern Cal 38, UCLA 7
Miami (Ohio) 21, Toledo 20

Leslie Wilhite (64-27)

last week: 5-2

Miami (Fla.) 24, Virginia Tech 17
Auburn 34, Tennessee 10
Navy 14, Army 3
Oklahoma 33, Colorado 27
Hawaii 31, Michigan St. 28
Southern Cal 48, UCLA 13
Miami (Ohio) 24, Toledo 21

Ben Roberts (62-29)

last week: 6-1

Miami (Fla.) 27, Virginia Tech 22
Auburn 38, Tennessee 14
Navy 28, Army 21
Oklahoma 58, Colorado 3
Michigan St. 26, Hawaii 21
Southern Cal 52, UCLA 10
Toledo 17, Miami (Ohio) 14

Tim Wiseman (60-31)

last week: 6-1

Miami (Fla.) 24, Virginia Tech 21
Auburn 21, Tennessee 12
Navy 28, Army 10
Oklahoma 17, Colorado 13
Hawaii 56, Michigan St. 41
Southern Cal 35, UCLA 17
Miami (Ohio) 28, Toledo 10

Steve Ivey (60-31)

last week: 5-2

Miami (Fla.) 28, Virginia Tech 21
Auburn 24, Tennessee 10
Navy 35, Army 9
Oklahoma 31, Colorado 29
Hawaii 56, Michigan St. 49
Southern Cal 42, UCLA 21
Miami (Ohio) 38, Toledo 24

Lindsey Keith (60-31)

last week: 5-2

Miami (Fla.) 28, Virginia Tech 17
Auburn 58, Tennessee 14
Navy 28, Army 21
Oklahoma 36, Colorado 28
Michigan St. 24, Hawaii 21
Southern Cal 24, UCLA 17
Miami (Ohio) 31, Toledo 28

Josh Sullivan (60-31)

last week: 5-2

Virginia Tech 17, Miami (Fla.) 14
Tennessee 24, Auburn 21
Navy 28, Army 21
Oklahoma 35, Colorado 21
Michigan St. 20, Hawaii 14
Southern Cal 30, UCLA 3
Miami (Ohio) 14, Toledo 10

Jeff Patterson (59-32)

last week: 4-3

Miami (Fla.) 24, Virginia Tech 20
Auburn 31, Tennessee 13
Navy 41, Army 17
Oklahoma 28, Colorado 23
Michigan St. 40, Hawaii 39
Southern Cal 47, UCLA 19
Miami (Ohio) 28, Toledo 23

Sara Cunningham (58-33)

last week: 6-1

Miami (Fla.) 31, Virginia Tech 21
Auburn 43, Tennessee 7
Navy 21, Army 17
Oklahoma 28, Colorado 13
Hawaii 38, Michigan St. 25
Southern Cal 48, UCLA 37
Miami (Ohio) 49, Toledo 41

Adam Sichko (51-40)

last week: 3-4

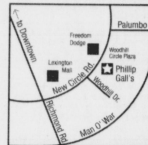
Virginia Tech 28, Miami (Fla.) 24
Auburn 35, Tennessee 24
Navy 42, Army 6
Oklahoma 35, Colorado 20
Michigan St. 31, Hawaii 28
Southern Cal 41, UCLA 28
Toledo 23, Miami (Ohio) 17

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