

FNS

FRONTIER NURSING SERVICE

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QUARTERLY BULLETIN



In Memoriam
Miss Betty Lester
1899 - 1988

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COVER:

This issue of the *Quarterly Bulletin* is dedicated to Miss Betty Lester, British nurse-midwife, in grateful recognition of her sixty year association with the Frontier Nursing Service and her dedication to the people of Leslie County. Date of photo unknown.

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A Salute to a Grand Lady

Miss Betty Lester

1899-1988

This issue of the *Quarterly Bulletin* is dedicated to the memory of Miss Betty Lester. Betty, the last surviving British nurse-midwife recruited in the early days by Mary Breckinridge to work in the eastern Kentucky mountains, died on September 21 at the Mary Breckinridge Hospital. During a blessedly short illness, Miss Lester was surrounded by her friends who rallied to offer support and love. She was 89 years of age.

Miss Lester was born - as she was fond of saying - "on nine/nine/ninety-nine" - in Oxfordshire, England. Her childhood dream of becoming a nurse-midwife and her desire to provide health care to people in rural areas (Betty was born and raised on a farm) was realized in 1928 when she learned of the Frontier Nursing Service (FNS) from a classmate at the General Lying-In Hospital/Nurse-Midwifery School in England. She immediately applied and, after some additional training, came to Kentucky to join Mrs. Breckinridge as America's 13th nurse-midwife.

Betty thought of her life "as a great adventure." Many have heard her describe her arrival in Krypton, Kentucky. "I remember getting off the train and there was a mountain on one side and a mountain on the other side and there was no one around. And I thought to myself, what have I gotten *meself* into now?" Her tardy escort was Mr. Joseph C. Carter, one of the early FNS couriers, who had been sent to escort Betty on the 30-mile trip to Wendover. Mr. Carter recalled the episode in a recent letter. "I was the tardy escort who met Betty Lester at Krypton. It rained most of the way to Wendover. This delightful start of her "great adventure" caused her some apprehension, but she was a real good sport with a wonderful sense of humor. She arrived at Wendover wet, sore and exhausted."

Her early work with FNS as Field Supervisor for the district nursing clinics sent her traveling on horseback throughout the 700 square-mile FNS service area. It was a demanding job and with no roads, it took a week on horseback to make rounds to all the outpost centers. But, when asked to describe this phase of her work she always replied, "I just thought of myself as another pair of hands." She continued in that position until 1939 when she went to England to serve her country during



Upper left to right: A young Betty Lester in uniform; at the British Embassy in Washington, receiving her O.B.E. award. Lower left to right: Betty's 82nd birthday party; Betty at work with the MBH Womens' Auxiliary.

World War II, returning to Kentucky at the war's end.

During her long career with the Frontier Nursing Service, Betty served in a variety of capacities. Among them - practicing nurse-midwife, district clinic manager for the Betty Lester Clinic at Bob Fork, social service director and hospital superintendent.

In a recent letter, Miss Molly Lee (retired FNS British nurse-midwife) wrote: "My first introduction to Betty Lester was as hospital supervisor in 1955, when she first acquired the fitting title of 'The General'...It was an appellation of honor, for it also described her Churchillian bulldoggedness and the British pluck by which she stood by her beliefs and her friends, despite contrary opinions..... as hospital superintendent she not only kept the hospital going with staff and medical supplies, she kept the kitchen and meals going for patients and staff at Haggin Quarters Nurses' Home - she saw to the cleaning and maintenance of all houses on Hospital Hill - she dealt with emergencies of all sorts from injured patients to the frequent failure of our water supply as well as the care of the horses and cows etc. etc. etc..... As director of social services (1959), she used her vast background and knowledge of the mountain people to full advantage. People trusted



their children to her, as she drove regularly to Cincinnati Children's Hospital with them. She became known and admired by the physicians for her devotion to the children and her camaraderie with them."

Although Betty Lester officially "retired" from FNS in 1971, she continued to work tirelessly on behalf of the organization she loved. Often serving as a tour guide and speaker, she patiently repeated her stories of the early days of the Service over and over again to visitors, students, historians, folks from the media, couriers and friends who just loved to hear

them. "Tell us the one about the 'haunt' again Betty." "Surely you don't want to hear that *again!*" "Yes, yes we do." "Well, all right then...A man came to tell me his wife was in labor. I saddled my horse and started out. It was a dark, moonless night..."

As Miss Kate Ireland, national chairman of the FNS Board of Governors stated, "The Frontier Nursing Service has lost its living oral history."

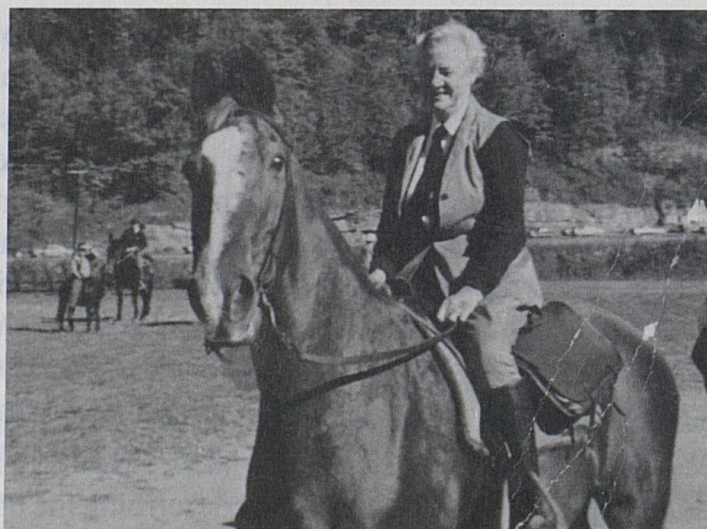
Since its inception, Betty worked as a devoted member of the Mary Breckinridge Hospital Auxiliary. Jean Campbell, friend and fellow auxiliary member, shared these thoughts. "Betty was my life-long friend, but it wasn't until I began to work with her in the Hospital Auxiliary that I gained a deeper love and respect for her because of the high values and fine qualities she possessed. Betty was the heart and soul of the Auxiliary. She was our monitor, director and best friend. The Auxiliary will not ever be the same without her. To me she was the essence of FNS."

Betty was proud of her British Heritage and the "Order of the British Empire" bestowed upon her by her native land, however, it was her Kentucky Colonel pin she sported and, when describing the day she was made an honorary citizen of Leslie County, she always spoke with an emotion that revealed how deeply she was moved by that honor.

Betty Lester was with her good friend FNS member David M. Hefley.

C. Vernon Cooper, Jr. is a local member of the FNS Board of Governors. His thoughts provide insight into the local response to Betty Lester that prompted folks to make her a true Leslie Countian - no longer 'from away', but one of them: "Time may dim, but it shall never erase the memories of a beautiful lady giving her life for the cause of medical attention and care for the people she so dearly loved... The people of eastern Kentucky are much better off for her having passed this way. She leaves this area a better place than she found it when she came. She much more than paid for the space she occupied in her community."

Betty's family in England understood the deep love which existed between Betty and her mountain and FNS friends. Following her death, Betty's great niece Nicky Parker extended these words of consolation: "I would like to express my sympathies to all the staff of FNS and to the people of Hyden on the loss of Betty Lester. I was constantly amazed by her joy of life and, above all, her love of FNS and her 'real' family - the people of Hyden - the grown-up babies she had delivered and watched over....I should like to thank every person in the area for the love and care they gave Betty during the 63 years she lived among them. Although we in England were her blood family, the people of Hyden were her adopted family. Since her retirement we had encouraged her to return to England, but her true home, her friends and her family were in Kentucky and she was so happy to spend the rest of her days with them."



Betty Lester prepares to lead the Mary Breckinridge Festival Parade.

We will miss Betty Lester - all of us. Still, as Mrs. Mary Biggerstaff reminded us in her note: "We cannot grieve for the completion and fulfillment of a life so usefully and beautifully spent in gracious, valuable service. We rejoice in Miss Lester's life."

Molly Lee closed her letter with these beautiful thoughts: "I can almost hear the FNS reunion in Heaven with horses neighing, dogs barking and over all Mrs. Breckinridge's voice - tenderly welcoming and caring. There has been so much depth of prayer and faith and *giving* in FNS history. While writing this I stopped and delved into *Wide Neighborhoods*...

"When a beloved and useful person dies....., heads are shaken sadly and lips murmur, 'What a pity!' It is as though we thought of this life as all the life there is, as though there were no usefulness, no affection, anywhere but here. Birth and death - the coming on to this little planet and the leaving of it for wider neighborhoods - what does it matter? A finely edged tool, forged and sharpened, is of supreme usefulness, there, as here."

Mary Breckinridge

The 'General' has now met her Commander in Chief Breckinridge and above, *all* have earned the Supreme Master's - "Well Done."



Betty Lester visits with her good friend FNS President David M. Hatfield.

MEMO ON KENTUCKY

Usually we present our readers with historical material from the very early days of FNS as well as with articles reflecting the organization's current programs and services. We do not have an abundance of material documenting the mid-point period of our history. It is therefore a great pleasure to share the following article by Doris Schwartz. Ms. Schwartz is well-known in the field of public health as a nurse-educator. Her diary-style account of her 1949 experience with Mrs. Breckinridge and the FNS nurses makes wonderful reading. We have chosen to reprint the author's introductory remarks and observations, her recollections of Miss Betty Lester and, in view of the season, her description of a very special Christmas with the FNS family.

Opening remarks and observations

While still at New York University, I elected a second clinical field experience in rural Kentucky with the FNS (Frontier Nursing Service), the famous "nurses on horseback" who brought safe midwifery and public health nursing programs to an isolated population in Appalachia.

This was still storybook America. I remember the stories galor - and pictures in every nurse's album - of the "stretching" of patients into town. In such emergencies the neighborliness of mountain people showed at its best. A message would come into an outpost center, "Hiram's burned and like to die" or "Becky's wasted turrible." The nurse reached the cabin in record time to find a patient who needed medical care - and badly. Her routine orders covered the treatment of emergency situations, but more than that was required. While she prepared her patient for a long and difficult trip, the husband or a youngster went for help to neighboring homes. A home-made stretcher was prepared with poles and blankets. All the men available were called, for stretching a heavy patient through the mountains on a slippery bitter winter night was vastly difficult. Yet it was done repeatedly. At times the litter bearers had to be relieved every four or five minutes all the way, yet there was never a lack of volunteer assistants or personnel to man a raft - or boat - or any other means of transportation when the nurse said, "We'll have to get him to Hyden - fast!"

One woman, on her own, began the Service. Mrs. Mary Breckinridge was from a wealthy southern family who had contributed a vice president and several senators to the U.S. She was divorced and a mother of two children who had died in infancy. This was 1920 - something, and wealthy women didn't work. But she didn't want to live on family money.

Mrs. Breckinridge became a nurse. She rode horseback through the region, finding the biggest losses among patients were mothers and babies at childbirth. Her work was cut out for her. The only schools of midwifery were in England



Miss Betty Lester transporting a patient to Hyden.

at the time, so she studied in the Outer Hebrides and brought back with her British nurse-midwives. She used her influence as a woman of wealth and service to develop committees of leading citizens and debutants in U.S. cities to raise money for the Service. She offered field experience to Bennington and Wheaton and other colleges from which good horsewomen could come to teach the nurses to ride and care for horses. It became a great adventure. The association of former FNS couriers is world-wide.

Miss Betty Lester

December 15 - The Log Cabin, as it's known, is a two-room structure (with a porch and bathroom - and hot water if you want to fire up the tempermental little pot-bellied stove.) It is perched on the side of the mountain overlooking the Middle Fork and the ridge across the river. And even in this season of mud and barren mountains, it is completely peaceful. In my room, a coal fire glows in the primitive stone fireplace. Lovely and warm within a six-foot radius - freezing beyond that.

In Betty Lester's room, it's warmer as she gets a certain amount of benefit when the bathroom stove is heated up. And though it means more work than coal, Betty is strictly a log fire advocate. Her room is lined with books. They - and Bruno, her dog - reflect the glow of firelight at any hour of the day or night and present the most restful surroundings I have ever known in which to talk, or read, or think, or just relax and go completely blank.

Betty is appointed official guide and interpreter of the Service during my visit here. In this particular, I've had a splendid break. She has been with the FNS since 1928 - interrupted her years here with seven spent in England from the outbreak of the war in '39 till '46, and during that time served in a variety of jobs that brought her entirely up to date on midwifery trends. She loves and is devoted to the Service but her first two loyalties are much more basic: initially, to the whole program of maternal care in rural areas, and, secondly, to the mountain

people of her adopted region.

She has delivered hundreds of babies here. (Mrs. Breckinridge says thousands. Betty disputes that statement, though she has never kept score.) She knows every family in the area and they are her friends.

Neither Betty nor Brownie, Mrs. Breckinridge's other assistant, has any theoretical preparation for her job as an administrator. Both are exceptional teachers and have considerable administrative ability. They are more than adequately supplied with a natural gift for getting on with people and express themselves well. Both read a great deal: professional and general literature. Betty would probably be an effective public speaker. Certainly as we sit in front of the fire and talk about the FNS she gets me so excited about the future of nurse-midwifery in America that I want to reach for an application blank for the Frontier Nursing School.



The Big House -- peaceful under a fresh winter snow.

Christmas

December 24 - At Christmas the family feeling here at Wendover reaches high-water level and beneath the trees are hundreds of gaily decorated packages. Everybody remembers everybody. Gifts are usually jokes - with jingles. Bought things are frowned upon and considerable premium is placed upon ingenuity. On Christmas eve, the hospital nurses come from Hyden. There is something touching about people riding half a dozen miles on horseback across a swollen river to gather at a simple party. It's so out of keeping with the commercialized

sort of Christmas. But then so are all the related festivities here - the simple service in the small log chapel, the traditional employee' dinner at which all who ordinarily sit at the Big House table, cook and serve a splendid feast, while all who ordinarily come in for the day from mountain homes to work in the kitchen, laundry, barn and gardens, sit at the Big House table.

Russie, the new and thoroughly frightened little girl from the "holler down past Flat Creek" has been here just a scant three weeks. She watches the cook ring Mrs. Breckinridge's bell for service from the kitchen and as the whole twenty-nine "new" employees rush out with second helpings, Russie's timidity vanishes and she throws back her head and laughs; her homesickness is done with.

After dinner, Mrs. Breckinridge, with an actress's sense of timing (and a splendid voice for in-front-of-a-fire reading), marks this, as all special occasions, with a story - or with poetry read aloud. She chooses the "Seven Miracles of Gubbio" tonight, a lovely story built upon the St. Francis legend.

Christmas Day - We were up at the crack of dawn for a gorgeous winter sunrise. It had frosted during the night and every tree on the mountainsides was covered with an ethereal lacy ice-coat. The sun rose almost scarlet and sent fluffy, rose-colored clouds across the sky. For perhaps half an hour before the ice began to melt, the mountains were entirely pink and coral.

Joan and Stevie, the British nurses at Flat Creek, had invited Mary (Social Service worker), Hilly, a new nurse from England, and me to come for Christmas dinner. Leo, the social service jeep, was scheduled for the trip and we took off early, dressed for the holiday in blouses, skirts and saddle shoes, instead of the usual jeans and boots.

We stopped at the Center on Red Bird River to pick up the nurses there. By this time the sun was high, and the frozen mud was melting quickly. Would we get across the river in the jeep? Mary said yes - Minnie, the nurse from Red Bird, did not think so. On we went in separate jeeps, we - and the giant shaggy dog Bruno in the first one - Minnie, Owen and their dog Buddie in the second. Average speed: four miles an hour. Roads: washed out in spots and mud to the hubs in others.

Came to the river: flowing fast and high. Consultation: "Yes" or "No?" Mary: "Yes." Minnie: "No." Minnie: "Go ahead and try it, then." Mary: "Are you game to try?" We: (starved by now and practically in sight of Christmas dinner): "Sure."

PLOP - Leo starts across the river. Bruno begins to howl mournfully. We reach the middle of the river. Leo sputters.

We reach the mark: Two-thirds across. Leo stops - bogs down - and starts again. Mary's spine is a straight line, up and down.

We almost make the other side. Leo coughs and dies completely. Minnie stands on the farther bank, a definitely 'I-told-you-so' expression on her face. We try to divert Mary so she won't look back and see it, not on Christmas.

We remove our shoes and socks. "Should have worn boots," we mutter sadly. We open the door and the river flows through. We get out. The water is numbingly cold - the bottom, horribly squishy. We push the jeep. It rolls. Bruno leaps out and frolics in the water, splashing muddy river to our eyebrows. "Bruno", we shriek and, pleased, he leaps again. We push some more. Minnie yells across the water. Buddie barks. "Merry Christmas." Hmm! Leo gets ashore. We relax. Mary tries to start the jeep. The spark plugs are full of river. We throw back the hood and stuff in Kleenex. The mud is ankle deep - and soft - and cold. We put on our shoes and socks. No use. The shoes remain imbedded in the mud at every step. We take them off again. Our feet are blue beneath the coat of mud. "Merry Christmas."

We find a boat, or reasonable facsimile thereof. It is a raft of four wide planks and Mary poles it across the river, using a sapling to guide it with. It's the funniest sight: grown women balancing on that tiny raft, and Bruno, in ecstasy at the prospect of being reunited with Buddie, leaping up and down and practically overturning it.

As the raft dwellers shout, "Stop him!", he takes off on a one-dog committee of welcome, leaping upon his playmate. A sudden tangle of arms and legs and heads and fur and mud scramble onto the river bank as all of us are reunited.

We flounder back to Leo, where the Kleenex has successfully reconditioned every spark plug.

At the Flat Creek Center, Stevie and Joan took a single horrified look and silently brought out stacks of clothing. They piled neat stacks of wash cloths, soap and towels before us.

And eventually we all sat down to Christmas dinner. All of us, even Buddie and Bruno, sat - and ate - and slept. And Joan, who had never cooked a meal for company before, said we were wonderful house guests, appreciative of every detail.



Former couriers (from left to right) Kate Ireland, Sally Butler and Eleanor Wells talk over old times when Sally and Eleanor returned to the area as part of the first FNS Appalachian Fall Tour.

FNS Hosts First Appalachian Fall Tour

One of the greatest challenges for Frontier Nursing Service is that of keeping our friends around the country informed about the many new and exiting endeavors underway here in the mountains. Through the *Quarterly Bulletin*, City Committee meetings and correspondence from the Development Office, we are continually striving to "bring the FNS" to our friends beyond the mountains.

Occasionally, however, we are delighted to welcome visitors to eastern Kentucky and show them our work first-hand. In late September we were very pleased to have 16 friends join us for a two-day tour of the Frontier Nursing Service as part of a special "Appalachian Fall Tour" organized jointly by Passages Unlimited of Wakefield, Massachusetts, and our wonderful Boston Committee Member, Mrs. Pendleton (Julie) White.

The tour group's visit to FNS was the finale to a week-long excursion through the Bluegrass State which included the famous Shaker Village in Pleasant Hill; Claibourne Horse Farm and a chance to 'pat' Secretariat; The Kentucky Horse Park Museum and historic towns such as Harrodsburg and Danville. From the Bluegrass, the tour moved south to Berea College and the

Boone Tavern Hotel. Dr. John B. Stephenson, President of the college and his wife, Jane, hosted a lovely tea in their home on the historic Berea College Campus.

As the tour continued south and then east through the foothills of the Appalachian Mountains, there was just a hint of fall color beginning to emerge throughout the Daniel Boone National Forest. FNS National Chairman, Miss Kate Ireland, welcomed the group, which included many long-time FNS friends and former courier/volunteers, as well as several new supporters.

Nearly a half-century has gone by since Sally Butler and Eleanor Wells were FNS Couriers. They were pleased to see that much of our Wendover headquarters remained familiar to them. Our former medical director, Dr. Frank Lepreau, and his wife Monny, had been away for just over 12 years. They were most interested in the many advances made in health care delivery at FNS during the past decade. Frontier Nursing Service has spanned two generations for Mrs. Bruce Hassinger and Mr. and Mrs. Alfred Shepherd. Mrs. Hassinger's parents were also generous supporters of our work and Mary Shepherd's daughters, Edith and Katherine Fulton, were both couriers.

Among our "newer" friends were Mrs. Fanny Arnold and Mrs. Frances Armytage, Mrs. W. Dawes, Mrs. Edwina Boatwright, Ms. Margaret Wolley, Mrs. Kingsland Van Winkle, Miss Dorothy Brown and Mrs. Chandler Robbins, II.

The tour proved so successful that we hope to organize another - perhaps an "Appalachian Spring" tour?

- by Ron Hallman



When the van broke down guests good-naturedly accepted less than comfortable seating in the back of Kate's station-wagon.

FIELD NOTES

After several more months "in the field", its time once again to report on life at Wendover. The summer was oppressively hot. A drought stunted the growth of our gardens - our watermelons were only the size of cantaloupe - and we were forced to really conserve water. J.G. Morgan reconnected the old, spring-fed water cisterns so that we would have a reserve should the city water run out.

The drought, however, did not keep people from Wendover and we enjoyed visitors from all over the country. Cindy Greenly and her family visited from Columbus, OH on August 3rd. Cindy's husband grew up in eastern Kentucky and he wanted to return to see the mountains. Courier Jodi Wenger received a visit from her father who manages a catering service in New York. The courier family enjoyed his culinary talents. Sandy Evenson, a nursing friend of my wife Stacey, and two of her colleagues visited from Minnesota. Other Wendover guests during the summer were Bill Dann, a consultant to the FNS from Alaska, Robin Isaacs, chairperson of the FNS Boston Committee and Health and Education Vice President Ruth Beeman.

The summer's heat eventually abated and we experienced a beautiful fall. The mountains were a mural of vibrant colors and the mornings were cool and crisp. Vice President for Development Ron Hallman hosted guests at Wendover who were participants in an Appalachian Fall Tour group. Some group members were new friends to the Service while others have had long-time associations with FNS. Everyone enjoyed Wendover in its Fall splendor. Present day couriers enjoyed the opportunity to compare their "courier duties" with those of Ms. Sally Butler, who was an FNS courier in the horseback days.

In September, Wendover hosted the FNS Board of Governors. After long hours of deliberation they relaxed over a delicious turkey dinner prepared by Wendover super-cook, Cassie Mosley, and, of course, for their departure luncheon, Cassie served up her traditional fried chicken feast. In addition to the Board, September brought a visit from staff of the Frances Payne Bolton School of Nursing at Case Western Reserve University. They were joined for dinner by Kate Ireland, David Hatfield and Ron Hallman.

Mary Quarles Hawkes, former FNS director of Social Services (1948), visited Wendover in September with her friend, Ms. Holdon who works for the department of corrections in Utah. It was interesting for our Wendover family to hear Ms. Hawkes reflect on the many changes that have occurred along Camp Creek and around Wendover - but then, some things really haven't changed that much since the old days.

FNS is still trying to overcome its financial difficulties with ingenuity

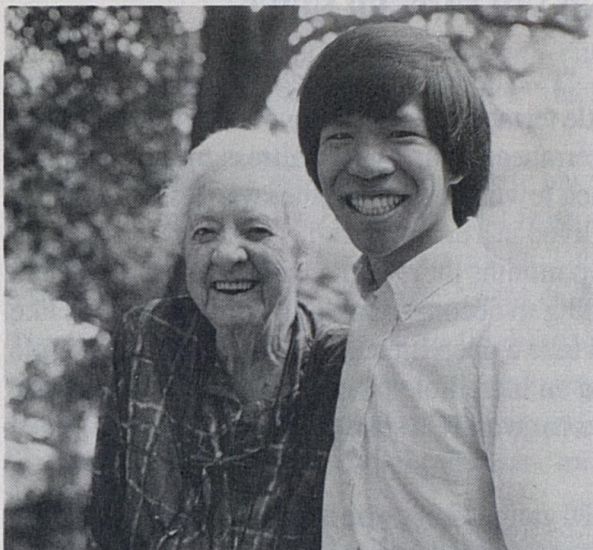
and resourcefulness. Wendover is saving money by becoming more self-sufficient. Kenny, our maintenance man, is doubling these days as Kenny, the hunter. He has provided us with several squirrel dinners! The couriers have been delighted.

We at Wendover have always enjoyed hearing Miss Betty Lester talk about the history of the Frontier Nursing Service and the many changes that have taken place over the course of her long association with FNS. September 9 was Miss Lester's 89th birthday. We decided to help her celebrate. Sharon and David Hatfield, Ron Hallman, Heidi Sulis, a group of midwives, the couriers and my wife Stacey and I, held a dinner at her beloved Wendover. I cooked the dinner myself and Miss Lester's spirits were high. She told us stories about her horse seeing a haunt (ghost), about an explosion in an old sawmill and other tales from the old days. "This is quite a nice party, isn't it?", she said. "Let's do it again sometime." I'm sorry to say that unknown to us, Miss Lester was not feeling well, and the following morning she was admitted to the Mary Breckinridge Hospital. She passed away on the morning of September 21. We all miss her dearly and admire her for the life's service she gave to FNS and the people of Leslie County.

FNS wishes to thank and bid farewell to a number of employees who will be leaving the FNS family. Mae Campbell retired from the hospital's dietary department after many years of dedicated service. Nurse-midwifery faculty member Carol Hanus has left us to marry John Carr and work in Ohio. Congratulations to Carol and John. Carol Schriedel Rawlinson has left her position as family nurse instructor with the Frontier School and district nurse at CHC to return to her Chicago area home. When Evangeline Goss retired from the Physical Therapy Department at the Mary Breckinridge Hospital, Cassie Hensley organized a farewell dinner for her at Wendover. We also had a going away party for John Gilman who has been FNS Director of Finances for the past six years. John is returning to Jacksonville, FL where he has accepted a similar position with a children's hospital.

Alice Whitman has retired and will share her long-time friend Dr. Anne Wasson's farm house in Warner, New Hampshire. Alice served as registrar at the Frontier School for over 14 years. Patty Spangler, FNS graduate, planned a special retirement dinner for Alice as part of the Mary Breckinridge Day festivities. Graduates, who came from as far as Utah and Florida, held a "slumber party" in the Wendover Big House and made homemade pizza for Alice's dinner. They felt their time here was "just like the old days", but without all of the studying.

The Mary Breckinridge Day Festival in early October was a lot of fun. I hadn't realized that Mary Breckinridge Day is the second biggest holiday here next to Christmas. There was music, a craft fair featuring many beautiful Kentucky-made quilts, carnival rides, a lumberjack contest, chainsaw sculpture



and loads of good food. The highlight for me was entering a float in the parade. The theme of this year's festival was "A Tribute to Coal Miners." The Wendover staff built a mine shaft into a small scale mountain on the back of a dump truck. We made our 'mountain' by covering a frame of two-by-fours and chicken wire with that insidious vine, kudzu. Kenny played the part of an injured miner and courier Jessica

Lee, dressed in an old FNS nurse's uniform, acted the nurse who would care for his injuries. To be honest with you, our float was pretty ugly and bystanders frequently yelled at us to take our truck full of weeds to the dump which we eventually did.

During October, Dean Nancy Clark's uncle and aunt, Mr. and Mrs. Pagen and two of their friends were guests at Wendover. Tamara Krivit's parents and brother were also visitors with us. Tamara is a student at the Frontier School. From October 17 to October 21, Wendover lodged ministers and other volunteers who came to Hyden from Ashland, Kentucky to help local folks put a new roof on the Hyden Baptist Church. Helen Mackley livened up life at Wendover during her five day visit. Ms. Mackley, a public health nurse from Australia, has been working with the Center for Disease Control in Atlanta. Boston Committee member, Whitney Robbins also visited with us towards the end of October.

As is usual in the fall, we provided numerous students and school groups with tours of the FNS health care facilities and arranged visits for them with our providers. We find these folks facinated with the history of FNS and impressed with the positive impact that our nurse practitioners and midwives have had and are having on the level of health care in this area.

With the holidays approaching, I expect things to continue busy in the not-so-busy 'town' of Wendover. We are already planning our traditional Thanksgiving celebration. I hope all of you have a Happy Thanksgiving and a Merry Christmas.

-by David Lee

Pictured above: Betty Lester with Courier Coordinator, David Lee, at Wendover, following the FSMFN graduation ceremony last May.

COURIER AND VOLUNTEER NEWS

Barbara West, Courier ('88) - "I've been in Montpellier, France in a tiny bohemian apartment that had a little terrace looking out over all the orange tiled roofs of the city toward the Mediterranean Sea. I was waitressing in a bar part-time. Then I moved to a little beach town. I found another waitressing job, but no housing, so I bought a tent and lived in a campground. I think of you all a lot. It's hard to believe I only spent two months there with you because it really had a big effect on me...not only deciding to become a midwife, but also things like learning to slow down a little and take a deep breath and appreciate the people and things around me. It really is an incredible place inhabited by wonderful people. Now just a few more weeks to go and I'll start back at Swarthmore. Take care."

Suzie Harding, Courier ('88) - "Hi gang - I hope you are all in fine fettle. I miss Wendover and the good times we had and jolly, delicious meals! I cherish my memories. (Suzie recently held a dinner at her home in Maine to raise support for FNS) I had a great FNS evening with Kate Ireland, Anne Cundle and Ron Hallman. About 25 people came. In two days I leave for three weeks in Africa!"

Nick Gazzolo, Courier ('88) - Nick drove down from Illinois for a weekend visit at Wendover especially to see his good friend, Cecil Morgan, who has been pretty sick. Nick is doing well at Shimer College in Illinois, where he is reading many great works of literature.

Laura Schleussner, Courier ('88) - "After I left Kentucky I worked on an archaeological dig in Greece for six weeks. After much digging we uncovered an old Roman house from about 200 AD. That was really exciting! After that I came home again and did some waitressing to pay for my school books. Right now I'm at Brown University and I love it! I still can't believe that I'm in college. I can't believe that I've gotten that old.! I'm studying German, art, archaeology and Latin."

Jodi Wenger and Rachel Hopkins have returned to Wesleyan University. **Meg Bogdan** has returned to Wellesley College and **Ingrid Smith** is at the University of California. All were couriers the summer of 1988.

Jocelyn Fields, Courier ('88) Jocelyn called the other night. She is a first year medical student at the University of Mass. Med School. The peace and quiet she experienced this past summer at Wendover helped to rejuvenate her for the academic demands. Although sometimes she feels sick from all of the biochemistry, she said that medical school really isn't that bad. Jocelyn is still able to make weekend trips to Boston and Maine and finds time to visit with friends.

Anne Vosler, Courier ('88) - Anne also gave us a call. She is living in the Silicon Valley and working for a temporary job service while seeking work related to

nursing. She is enjoying backpacking with Tim in the foothills of the Santa Cruz Mountains and is presently applying to nursing programs at Yale and Case Western.

Carrie Michaels, Courier ('88) - Carrie has also kept in touch by phone. She had a wonderful time in New York and Boston after her stay here in Kentucky. She is currently doing some work with the University of Minnesota and writing a senior paper about her experience here as she is a student in public health.

Tina London, Courier ('88) - Tina lived in Vermont for a while and is currently working in New York City for a catering service run by Jodi Wenger's father. Her experience here this summer encouraged her to pursue a career in nursing. She writes, "I'm moving ahead full steam on this nursing school thing - and it feels right...still!"

Elizabeth Wilcox, former Courier/Volunteer Coordinator (86-88) - Elizabeth reports she has been working in a restaurant, but the fast pace detracted from the art of cooking of which she - as those of us who have eaten her meals know - is a master. She is thinking of going back to school to study horticulture or perhaps ecology. Rumor has it she may be getting married. She misses Wendover and sends her love to all.

* * * * *

STAFF OPPORTUNITIES

Because text for the *Bulletin* must go to the printer several weeks before publication, it is not possible for any issue to contain an up-to-date list of job opportunities. Instead, we list types of positions that are most likely to be available and invite anyone qualified and interested to write for current information.

FNS Staff. Openings may occur from time to time in both the professional and technical staffs, with opportunities for certified nurse-midwives, family nurse practitioners, registered nurses, family practice physicians, laboratory technicians, X-ray technicians, and others. For current information, write Darrell Moore, Director of Personnel, Mary Breckinridge Hospital, Hyden, Kentucky 41749 (phone 606-672-2901).

Couriers and Volunteers. This program has an ongoing need for all types of people, with all types of skills. The program is not limited to those interested in a health career. It encourages applications from anyone who is willing to volunteer for a 6- to 8-week minimum period and would like to be exposed to the work of the Frontier Nursing Service. ("You tell us what you can do, and we'll find a job for you.") For current information, write David Lee, Coordinator of Wendover and the Courier / Volunteer Program, Wendover, Kentucky 41775 (phone 606-672-2318).

School Notes

The leaves have fallen and signs of winter are approaching. The wind has that cord-whip to it especially as the sun sets. Since its the week of Thanksgiving the students have all gone home for the holidays. They should return rested and anxious to start their preceptorships for Family Nursing. Most will be traveling to Kentucky sites outside of the Frontier Nursing Service (FNS) system. Some are placed as far away as Washington State.

Earlier this fall we were all pleased to have Jeanette Woods honored as the Employee of the Month. This is just a small recognition for the service that Jeanette provides for the Frontier School and its students.

When Alice Whitman retired in October, we were fortunate to hire Teresa Turner. She has been a welcome addition. Teresa has been busy most recently sending out the evaluations of the Frontier School's program to graduates of the past five years. As part of this evaluation, employees of these graduates were also surveyed. We are hoping for a good return. This information is valuable in planning our school programs.

The faculty and students have been involved in writing our American College of Nurse Midwifery (ACNM) self- study report. Site visitors from the ACNM will arrive in February and March of 1989 to evaluate us. We are seeking re-creditation for our existing program and creditation for our new pre-certification program.

Because our clinical base for nurse-midwifery will not support the numbers of students we have in the spring semester, students beginning in intrapartum will have this experience with the midwifery service at Texas Technical Institute in El Paso, Texas. Our six pre-certification students will be placed with the nurse-midwifery practice at Jefferson Davis Hospital, Houston, Texas. One student will be placed in Madisonville, Tennessee. These out-of-state placements to provide clinical experience place great pressure on faculty who also leave the Frontier School offices to provide clinical supervision for students. We are very fortunate to date to have faculty who will accept these opportunities to make the needed clinical experience available for our students.

In January we are expecting ten new students. We were fortunate to have over double the number of students apply to our program than we could accept. Throughout the United States we are experiencing a decline in the number of applicants to nurse-midwifery programs. In a recent meeting of the ACNM Education Committee, we discussed the following statistics. In 1986, with twenty programs reporting, there were 505 applicants. Two hundred and six (206) were accepted. In 1988, with twenty-two programs reporting, 395 applied and 222 were accepted. We are facing a critical shortage in nurse-midwives

across the United States.

This shortage is magnified by current events in New York State. Certain reports and legislative acts have required that medical residents limit the number of hours they may work per day to eighteen (18). As a result, less residents are being admitted to programs and more positions are opening for nurse-midwives. With New York State setting the precedent, many others have followed. In Michigan, an existing nurse-midwifery service was asked last week to double its staff. This service was approved for 15 nurse-midwives. Similar events are occurring in other large, one-physician dominated OB services.

Midwifery education programs are faced with the challenge of locating their resources in places where they can best serve the needs of nurse-midwifery and provide increased numbers of nurse-midwives while, at the same time, preserving our ultimate goal of maintaining quality care for mothers and babies in our nurse-midwifery programs.

The faculty and administrative staff here are closely examining how the Frontier School of Midwifery and Family Nursing might better meet the needs for increased nurse-midwifery practitioners. The challenge is before us. Decisions are difficult, but opportunities abound.

- by Nancy Clark



Sue Lazar, FNP at the Beech Fork Clinic, examines a student. This fall, the Beech Fork staff did over 250 physicals for youngsters at area schools.

ALUMNI NEWS

Treva Geiger (1971), Mali, West Africa - "May is the month most missionaries choose for vacation. There are not many options for a change of climate and pace. I had tentatively planned on spending some time in our capital city, Bamako. Even with fans in our mission houses, the heat there is oppressive (114-116 degrees in the shade). In a letter to our field director, a young construction worker from my home church who had been in Mali asked whether I had any specific needs. The letter, without my knowledge, was answered indicating my desire to attend the centennial celebration of my home church - July 30 and 31. Funds were provided for a round-trip ticket, and I praise the Lord for working out details for a mini-furlough of three months. I began sorting and packing, and left Bamako on May 7th arriving in Detroit the following afternoon. It was a rich blessing to enjoy fellowship with relatives and friends there. The Mali Republic remains a wide open field ripe for harvest. We continue to pray to the Lord to send forth career missionaries and teams to help with maintenance, repair jobs and the construction of churches. Muslims are threatened by this church growth and are building more training centers. Pray for wisdom and strength to complete my last term (possibly 21 months) in the field."

Patti (Rogers) Spangler (1981), Oak Park, IL - "I am a retired person.....professionally, that is. I put a lot of thought into it and decided to go for it. I may never get this chance again and life is too short. I'm going to teach LaMaze classes at the local hospital every couple of months. I'm going to volunteer prenatal care at an inner city clinic once a week and there is also a transition home that I'm going to get involved in. It is for young, inner city moms or moms-to-be that want to break the cycle. The house will be in an old rectory on the west side of Chicago. It will house girls 18 and up who are pregnant or have up to 2 kids with no place to go. This program will help them with child care, prenatal care, school and jobs, etc. They can stay at this house for one year, and I think it's a great answer to the problem of the poverty cycle. I'm also going to take Spanish in the fall and, hopefully, I will be fluent someday. Then, I'm going to try to become a literary volunteer. Down the road, I'm going to go back to school - for what degree I haven't decided yet. I'm toying with the idea of becoming a teacher. Scary, isn't it? Rich is behind me all the way. His only concern is that I do something, because he (as well as I) cannot see me just staying at home. We DO have 2 active kids, too. They are a blast. Maura Kate is 14 months old and is more diabolical than her brother at his age. Is that possible?! The child loves mud and stones. We signed them up for swimming lessons and I signed Mike up for tumbling and an adventure camp. Rich and I are going to take ballroom dancing (don't laugh). So summer is going to be ever so slightly busy in these parts."

Kathleen (Haverfield) Wolff (1982), Seattle, WA - "My family is moving to a small community 12 miles northeast of Seattle - buying property on the Samamish River. Room for rabbits, goats, a boat or two, a big garden — AH! Room to spread our arms out vs life on a postage-stamp like spot here. We'll miss grandma's house a lot, but the clean air and open space is *so* inviting. We had a lovely 3 day visit with Pam (Flory -1982) and Ethan. She'll probably be writing with the news soon, but I'm sure she won't mind my spilling the beans - she's pregnant. Roberta (Moore -1982) and Nancy Lee have a new little girl - a sister for Brian. Donna (Marsells -1982) met Joanie for a couple of weeks in Italy in May - we hope Donna may fly west in late summer to spend some time with us. Clair (Englander-1988) and Ardyth (Hintzman-1988) were both students of mine at the Seattle Midwifery School - I hope they enjoyed their stay at FNS."

Jan Carroll (1987), Gunnison, CO - I have been working as a staff nurse at the local hospital this last year and pursuing possible CNM/FNP opportunities. Gunnison is still economically depressed and the MD's are not overly busy. I am going to work in an OB/GYN practice in Durango, CO and if we are mutually compatible, I will join them as the only CNM in town. These MD's have clinics in Aztec, NM and Cortex, CO and that appeals to me. Don will finish out the summer and fall here and then join me in Durango. Our house is on the market now, but we will probably have to lower the price when we get serious about moving. Say 'hi' to everyone. I really missed the Kentucky spring with the dogwood and redbud."

Sheila (Ward) Atkins (1981), Louisville, KY - Phil is halfway through P.T. school and is Mr. Mom for the summer. I'm into my 2nd job since moving to Louisville - I'm six months into a position called "pediatric nurse specialist" for the Visiting Nurse Association. It's a nutty job but keeps me at home at night with my little ones. I'm looking into working on my MSN after Phil graduates. I always enjoy the newsletter. It usually takes me a few weeks to get through it - it makes a nice addition to the morning coffee so I read slowly and savor it. Margaret (Wise 1981) Canter had a baby boy in June and I hope to make a quick trip to FL to see her and the baby."

Karen (Kern) Armstrong (1980), Chatsworth, CA - "I am in the process of moving to Klamath Falls, OR to join the practice that Michele Bouche (1980) is in. We're glad to be back in the U.S....Being in Los Angeles had reconfirmed our desire to seek out a quieter and slower paced life-style, without smog. I think OR will provide that."

Priscilla (Osborn) Thompson (1970), Nairobi, Kenya, Africa - " I corresponded with FNS in 1984 or 1985 regarding doing two months of modules to prepare me for retaking the ACNM examination. I had lost my ACNM accreditation in 1972 not realizing that I had to renew my membership while

overseas. Then in 1984 when I tried to become registered in America as a nurse-midwife I was refused. In 1985 we returned to Africa to Zaire, where I am fully licensed as a nurse-midwife. I have practiced midwifery in Burundi from 1972-1974 and 1976-1979. We are currently missionaries with the Free Methodist Church in Zaire, Central Africa. I am in charge of the medical work for the SE conference, and Director of the maternity and health center here. My biggest discouragement is when the old mother's-in-law give the traditional herbal medicines to the expectant mothers. Often they suffer from uterine rupture....or fetal anoxia. It is always necessary to teach *and* teach and teach."

Susan (Howie) Irvin (1983), Bryceville, FL - "I really do not want to talk much about work except that all is going fine and the teenagers really keep me busy. I now do all of the clinics by myself. It is a great responsibility and keeps me hopping but I would not change it for the world. What I really want to let everyone know is that Dale and I finally took that great step - we were married on July 4th. It was a nice and simple ceremony here at the house with just family and a couple of close friends. I am very happy and have settled right down into married life as Mr. Perry Dale Irvin. Please say 'hi' to all for me."

Julia Oulman (1985), Evanston, IL - "I spoke with Mary Dent (1985) recently. She and Ricky were married this summer at the cottage in Michigan. Carla (Strange-1985) is doing very well in her private practice in CA and is finishing her BSN. I went to Sean Flood's wedding reception in August when I was home. His new wife is lovely - she is an MD from Spain. I am still with the midwifery service at Cook County and really love the people we look after"

Hannah Mitchell (1940), Atlanta, GA - "Georgia was very hot and dry during the summer with restrictions on usage of water. We had some rain in July just in time for some relief from the heat for 25,000 Peachtree Road Racers. In July I had cataract surgery on my right eye ... it developed after a severe allergic reaction to oak pollen around Easter-time. So far I don't have any problem seeing with my left eye. Cataract surgery has improved greatly, I understand, with the use of laser (so says my doctor brother). My best wishes to all."

Sue (Kellman) Horton (1979), Olympia, WA - "In July, Scott and I met Rayna (Yatsko -1980) and Mark Joshe and children for a camping trip at the beach. It was great fun. We are all fine. Emily was 3 y/o in September. She is interested in everything- lately dolls and keeps busy washing their clothes, etc. She likes the outdoors and all critters and loves to go berry picking. I'm contented and happy being home full-time. Scott continues on the old-growth forest studies and enjoys it. We're happy he's got such a nice job and we live in an area we are fond of."

Jewell Olson (1961), Columbus, NE - "In June my dad 'went home to glory'. My sister and brother-in-law from TX were here visiting and my dad decided to

take Sparkie (our Cocker) for a stroll. My dad was 95 - Sparkie is 1 1/2 - the rest of us were at the evening church service. The dog saw a squirrel, down went dad and fractured his hip. Neighbors saw him go down and carried him to the front porch. We were home in 5 or 10 minutes and he was ambulated to the hospital. He rallied well after surgery, but on the 3rd day he must have developed a thrombosis as he slipped away that night. With diminishing sight and hearing he was ready to go and it really was a blessing. I am still teaching LaMaze and helping nights at the Manor during their summer shortage. Would love to join the midwifery refresher program. Hi to all."

Barbara Evans (1981), Richland, MI - "I am pursuing my education, but it is taking a long time just to figure out which direction to go. I want my Bachelors in whatever is the fastest and then get a masters in Christian Counselling. I am still working in a prenatal clinic, but it is overwhelmingly busy. We see 1,100 patients per month with 2 physicians. I am finding the tension very wearing. I hope to get into hospital work, on PM's and maybe even part-time. I miss the excitement of overseas midwifery and find the tension of liability in the States not worth it. My Pakistani patients were only too grateful for what we did and I miss that attitude."

Heidi Klammer (1987), Tacoma, WA - I just returned from my vacation to the Black Hills of SD with my parents for a family reunion (the Klammer side). The driving got old quick, we were on the road 7 days total coming and going, but we did do some nice sightseeing in Yellowstone. Our 2nd day through the park was clouded with smoke from the forest fires. We avoided Old Faithful because of a shift in the wind and an evacuation just the day before of the village nearby because of the threat of fire. My greetings to all."

Ann Voigt (1965), Decatur, GA - "I travel 6 to 8 months a year in my job and that makes it all the more interesting to me. I am with the Center for Disease Control and I am the Nurse Educator/Training Coordinator for our Combatting Childhood Communicable Diseases Project in 10 sub Saharen African countries. The lessons learned at FNS have provided a strong and lasting foundation for my work."

Cindy Sherwood (1975), Zimbabwe, Africa - "Last April I arrived in Michigan and in July I was on my way back to Zimbabwe. My major accomplishment was to finally throw away the signs that I used to label the piles marked 'store in the attic', 'sell' and 'to Zimbabwe'. I'm sorry for you who missed those 'spell-binding' episodes of entertainment!! I've become extremely involved in one of the local churches here. It is called the Chimvuri Church and is located at Chimvuri, about 10 kilometers from Karanda. The Lord has blessed me with a real spirit of peace, contentment and joy unspeakable since I've started serving this group of people. They are the real reason that I'm remaining in Zimbabwe."

It's not a one-way street, however. They have blessed me many times over. Such a gracious and accepting group of people as I've ever met. They are extremely patient with me and my learning Shona — I've learned enough to occasionally get off a punch-line, which makes their day - and mine. In staying here, my nursing is done in the outpatient department. I miss not being out and about to become well acquainted with those I'm caring for and having the opportunity of seeing them in their homes. We stay quite busy in OPD, as we average about 150 patients per day, with Mondays and sometimes Thursdays reaching up to as high as 300 to 400. In my spare time I do a ladies Bible study on Tuesday evenings, attend mid-week prayer service Wednesday evenings, Ruwadzano on Friday afternoons, lead a men's Bible study on Saturday evenings and, of course, attend Sunday morning services. What a joy to be serving God in these ways. Kwaizisal muzita raJesus (greetings to you in the name of Jesus)."

Madonna (Burget) Spratt (1960), Honduras, Central America - " I do enjoy cooking very much and John is so easy to cook for. He likes everything I fix except for my Indian dishes, so when I cook Indian I have something else for him. Last month was an unusual month in the clinic as I delivered 3 babies - seldom do I deliver more than 1 or 2 at the most. As usually happens, all of them came at night or the early hours of the morning and I am always tired afterwards...I just can't take losing sleep like I used to. A new nurse arrived here just at the right time as we started getting a lot busier at the clinic. Now the work load is much lighter for me as we take turns working the afternoons - that gives me 2 afternoons per week off, which is why I am doing better with correspondence. A friend of our new nurse got permission from the School of Nursing, University of TN, to come do some of her work toward her nurse practitioner's license with me supervising. She is picking up Spanish very well, but I get the history, tell her and then she does the physical exam. I enjoy teaching her and she feels her time here is well spent. Please give my regards to all."

Virginia (Frederick) Bowling (1947), Grayling, MI - " We like our new home very much and are settled except for a few things we haven't brought up from Ann Arbor yet. I have seen Doris (Reid -1943) twice since we moved up from Ann Arbor. Doris and Dorothy (her twin sister) came here - they brought part of the dinner and I cooked part of it and we all had a nice evening together. Doris and Dorothy were 75 y/o on June 5th and Willard and I went to Burt Lake, MI to attend a luncheon they gave for friends, relatives and church members. It was delicious and over 100 guests were there. Norie (Wechtel 1948) Denk, an FNS midwife, works for a travel agency in IL and she stopped in MI in July with a tour group. Her stopping point was between Burt Lake and Grayling so Doris and I went to visit with her while she was in our area. - we had a great time reminiscing. How wonderful the FNS has a refresher course for nurse-midwives. It certainly is needed. Please give my greetings to all."

Beyond the Mountains

Our "Fall Schedule" of Frontier Nursing Service gatherings began earlier than usual this year as we brought our Louisville friends up-to-date on our work on August 25 at the Louisville Country Club. The evening was organized and sponsored by our good friend and Trustee, Mrs. Thomas D. Luckett, II.

Our aspirations are to promote the FNS Courier/Volunteer Program to young people here in Kentucky. Through the years, we have always had many volunteers from our Committees on the east coast, and we are now trying to "spread the word" about this vital program closer to home. We had a wonderful group of 35 new and long-time friends of FNS - including members of the local press. Later that week, Frontier Nursing Service was featured in an article in the *Louisville Courier-Journal*. Finally, I must also convey our sincere thanks to Mrs. James Rawleigh (Trustee and former Courier Florence Booker) and Mrs. James Christie, who assisted Mrs. Williams on our behalf.

FNS has many supporters throughout the United States in areas where we have not held our traditional "get-togethers" and, until recently, this was the case in the state of Maine. On October 6, former courier Suzie Harding offered her lovely home in Freeport for a meeting of FNS friends from Maine and New Hampshire. How wonderful it was to meet "face to face" with so many of our generous New England supporters and share the scrumptious dinner provided by Suzie. Everyone enjoyed meeting Miss Kate Ireland, our National Chairman, and Anne Cundle, former FNS British nurse-midwife. It was a memorable evening.

Chicago is one of our favorite cities to visit thanks to the warm hospitality of our loyal friend, Mrs. Louis A. Smith of Lake Forest. For more than a decade Mrs. Smith has hosted a luncheon in her home on behalf of our Service. This year we showed the luncheon guests a new video which features the nurse-midwifery practices of Frontier Nursing Service and the University Hospitals of Cleveland, Ohio. Kate Ireland and I were very happy to meet many new friends including Mr. and Mrs. Richard Kemp, Jean MacMorris, Laura Olson and Marilyn Salimi - and it was, as always, a pleasure to see our devoted, long-time supporters - Mrs. Erskine P. Wilder, Mrs. Charles Potter, Mrs. Laurence Carton, Mrs. Henry P. Isham, Jr., Carolyn Gregory and Sue Maglietta.

Another new friend who joined us for the luncheon, Mrs. Donald Welles, was our hostess for the next evening. Mr. and Mrs. Welles invited several friends for a delightful dinner at their home in Lake Forest.

In November, The National Society of Fund-Raising Executives (NSFRE) honored our own Kate Ireland as the "Outstanding Philanthropist of the Year" for the state of Kentucky. Kate currently serves as board chairman for both

FNS and Berea College in Kentucky. In addition, she is a member or officer of 11 other volunteer boards or advisory committees. Kate has devoted the past 37 years to volunteering on behalf of nearly 50 agencies dedicated to the advancement of health care, education and social welfare. We join the NSFRE in saluting Katie for her many outstanding contributions and her life-long devotion to public service.

Last, but by no means least, is the report of our Frontier Nursing Service meeting in Cleveland, Ohio. Cleveland has long been a leader in providing contributions toward our work. Our existing affiliation with the Frances Payne Bolton School of Nursing (FPB) at Case Western Reserve University (CWRU) has generated even more enthusiasm from our many Cleveland friends. The Frontier School and CWRU are working closely to expand educational opportunities for nurse-midwives and to increase the number of practitioners in order to meet a growing national demand. We were thrilled to have with us the CWRU Chairman Allen Ford, as well as Carol Renner, Chairman of the FPB Visiting Committee, Dr. Joyce Fitzpatrick, Dean of the FPB School of Nursing and Dr. Clair Andrews, Director of the nurse-midwifery program.

A highlight of the evening was a speech by Erica Goodman. Erica is a former FNS nurse-midwife who is now pursuing her doctorate degree at CWRU. She described how the history and visions of Mary Breckinridge and Frances Payne Bolton are serving as the foundation for our efforts as we address the maternal and child health care needs of our society in 1988 and beyond.

We are deeply indebted to our devoted friend and Trustee, Mrs. Paul Vignos, who sponsors our Cleveland meetings and makes it possible for us to share the news of our challenging work with those in the Cleveland area.

- by Ron Hallman

IN MEMORIAM

We wish to acknowledge our appreciation and personal gratitude to these friends who, by including FNS in their Wills, have made a continuing affirmation of interest and belief in the care of mothers and babies and their families by the Frontier Nursing Service. Such legacies are added to the endowment fund.

Miss Esther R. Redfern

Providence, RI

Dr. Anna J. Stephens

Cincinnati, OH

These friends have departed this life in recent months. We wish to express our gratitude for their interest in our work, and our sympathies to their families.

Mr. William Boyer

Chandler, AZ

Husband of Anne DeTournay Boyer, alumna, Class 38

Mrs. Edward Flexer

Reading, PA

Mother of Artis Flexer Dixon, alumna, Class 45

Mrs. George W. Norton

Louisville, KY

Former FNS Trustee and mother of Trustee, Mrs. Alfred R. Shands, III

Mrs. Nancy H. Ruekberg

Churchville, NY

Volunteer, Nancy Harmon (1958) and mother of courier Elizabeth "Beth" Ruekberg (1980); former member of the New York Committee

Mrs. A. Z. West

Rockledge, FL

Former FNS statistician, Kay McMillan, who helped Mrs. Breckinridge compile much of the statistical data for *Wide Neighborhoods*

Mrs. Morris W. Stroud, III

West Chester, PA

Devoted advocate of nursing practice as demonstrated by her long-time involvement in the Visiting Nurse Associations of Philadelphia and Cleveland, as well as her 55 years of support of the Frontier Nursing Service.

Mr. Richard R. Higgins

Dedham, MA

Husband of Honorary Trustee and Boston Committee member, Hanna Higgins.

MEMORIAL GIFTS

We wish to express our deep appreciation to these friends, who have shown their love and respect for the individuals named below by making supporting contributions in their memory to the work of the Frontier Nursing Service:

Ruth Amsden Coolidge

Mr. and Mrs. Edward E. Godfrey, Jr.

Mrs. Burdette Bloomer

Mrs. W. T. Cahoon

Alice Estridge

Mrs. Homer A. Biggerstaff

Charlotte Van Deren Barr

Mr. Dixon A. Barr

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Mr. and Mrs. Bernard T. Carter

Mr. Mitchell R. Guthrie

Mr. Mitchell R. Guthrie

Harriet. L. Kurfees

Dr. and Mrs. James F. Kurfees

Mr. William Boyer

Mrs. Alice E. Whitman

Ada Morgan

Dr. Anne A. Wasson

Anna May January

Dr. Anne A. Wasson

Miss Molly Lee

Peggy Elmore

Mr. and Mrs. Dwight E. Heffelbower

J. E. Elmore

Mr. and Mrs. Dwight E. Heffelbower

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Mrs. Mark L. Rippel

C. W. Hoskins and Wanda Hoskins

Constance Hoskins Wells

Miss Helen E. Brown

Miss Molly Lee

Mr. and Mrs. Edward E. Godfrey, Jr.

Nancy Harmon Ruekberg

Mr. and Mrs. George H. Cleaver

Ms. Muriel R. Last

Ms. T. Margaret Jamer

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Ms. Elinor Townsend

Juanita M. Mantovani

Miss Helen M. Barber

Dr. Stuart Graves, Jr.

Mrs. Stuart Graves

Caroline A. Cheston

Mr. and Mrs. Christopher A. Forster

1st Lt. John C. Breckinridge, USMC

Col. James T. Breckinridge, USMCR

Della Miller

Mary Breckinridge Hospital staff

Miss Betty Lester

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 Mrs. Barbara G. Smith
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 School of Midwifery and
 Family Nursing
 Miss Ruth Spurrier

Mrs. Carter Stanfill
 Mrs. Faith Abbott Stone
 Mr. and Mrs. Dwight F. Swartz
 Mr. and Mrs. Job D. Turner, Jr.
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 Auxiliary
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 Mrs. Lillie M. Campbell
 Georgia Kirkpatrick
 Sr. Virginia Farrell

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President: David Hatfield, MBA, FACHE

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AND FAMILY NURSING**

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URGENT NEEDS

FNS has an urgent need for the items listed below and hopes that its friends will wish to contribute toward their purchase. Donations should be sent to the Development Office, Frontier Nursing Service, Wendover, Kentucky 41775, where they will be gratefully received.

For our Home Health Agency:

Chair - a replacement desk chair *Estimated Cost: \$70*

Electric Typewriter - a replacement typewriter *Estimated Cost \$330*

Adding Machine - a replacement adding machine *Estimated Cost: \$80*

Glucometers (3) - a portable unit which allows the home health nurse and/or patient to determine the amount of sugar in the blood in the home setting. *Estimated cost: \$250 each.*

Disposable, Drawstring Medication & Supply Bags - used by the home health nurse to collect and deliver patient's medications and supplies. *Estimated cost: \$200.*

Microwave Oven - for use in the home health agency. *Estimated cost: \$150.*

CPR Manikins (2) - to be used to instruct staff and community in CPR. *Estimated cost: \$1000 each.*

Binocular microscope w/plan achromate - for use in the Mary Breckinridge Hospital Laboratory. *Estimated cost: \$2074.*

Binocular microscope with achromate - for use in the Kate Ireland Women's HealthCare Center. *Estimated cost: \$1500.*

* * * * *

A Happy Ending to the Story

In the winter edition of the FNS *Quarterly Bulletin*, we told the story of Julie Maggard, the six year-old girl with cerebral palsy, and her courageous struggle against this affliction through daily therapy. We also announced the creation of a fund to help the Maggard family purchase a replacement vehicle that will accommodate Julie's special posture chair. We are pleased to report that, through the magnificent generosity of hundreds of our friends, FNS has purchased a vehicle on behalf of Julie Maggard, which is now in daily use bringing Julie to school or to medical appointments. We are extremely grateful to each and every person who participated in this very special effort.

WE THANK YOU
FOR YOUR PARTICIPATION



The Frontier Nursing Service
Wendover, Kentucky 41775

Loose Item

Please send me more information about:

- The FNS Courier and Volunteer programs.
- The Nursing Education Enrichment Drive.
- Estate Planning.
- Life Income Gift Opportunities.
- Visiting and Touring the FNS.
- Books and other literature concerning FNS.

As an interested friend, my subscription of \$5.00 a year is enclosed.

New Renewal

As a supporter, you will receive the *Frontier Nursing Service Quarterly Bulletin* unless you request otherwise.

Enclosed is my gift of \$ _____



Mary Breckinridge's home at Wendover.
Historic Landmark — Restored in 1981.

Name

Address

City

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Your Gift is
Tax Deductible

Loose Item

FRONTIER NURSING SERVICE, Inc.

Its motto:

“He shall gather the lambs with his arm
and carry them in his bosom, and shall
gently lead those that are with young.”

Isaiah 40:11

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives for rural areas where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and midwife training schools for graduate nurses; to carry out preventive public health measures; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them, at a price they can afford to pay; to promote the general welfare of the elderly and handicapped; to ameliorate economic conditions inimical to health and growth, and to conduct research toward that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them to cooperate with individuals and with organizations, private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

From the Articles of Incorporation of the
Frontier Nursing Service, Article III
as amended June 8, 1984