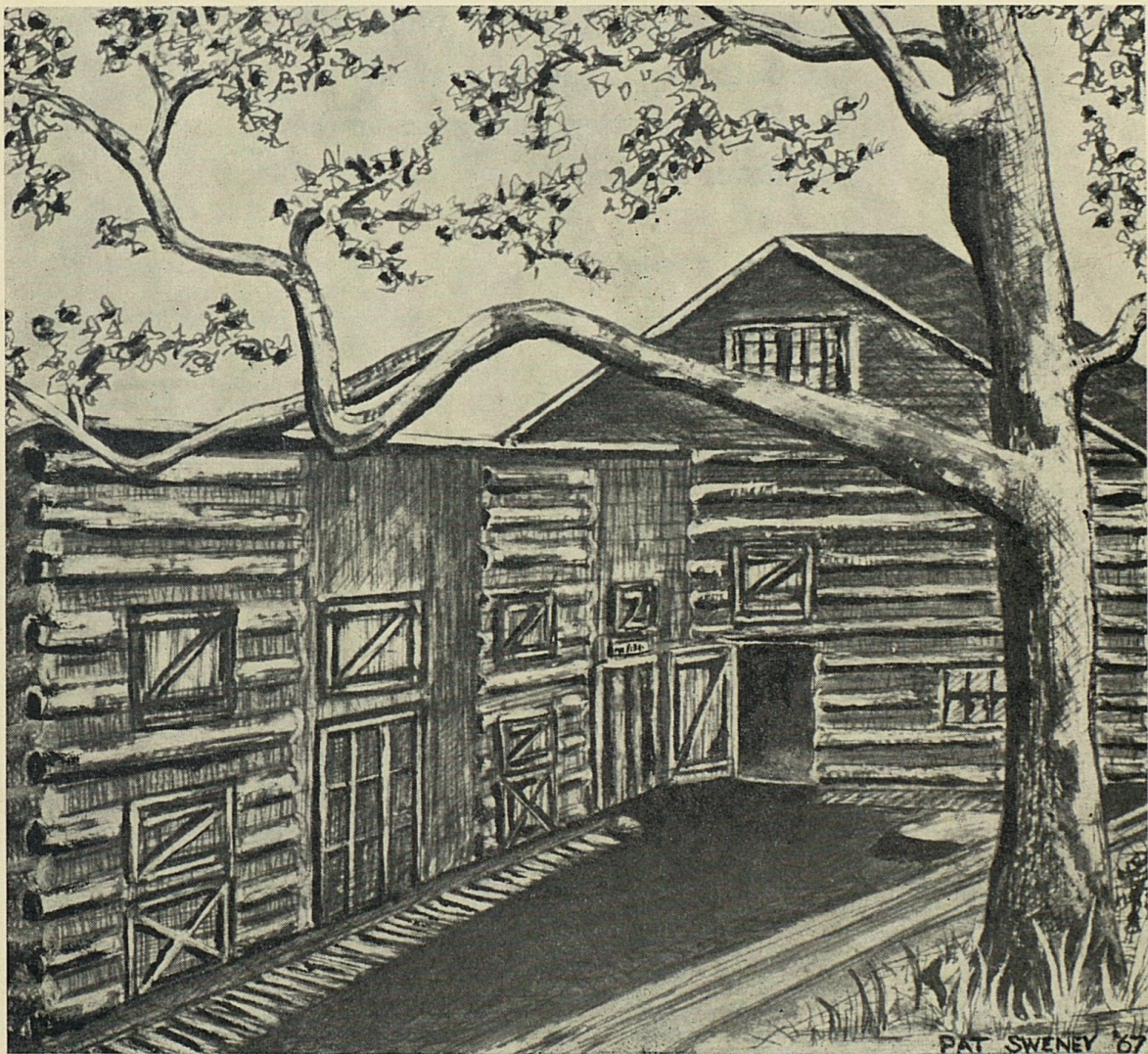


FRONTIER NURSING SERVICE QUARTERLY BULLETIN

VOLUME 42

SPRING, 1967

NUMBER 4



THE HORSE BARN AT WENDOVER

The cover drawing was done by Patricia Sweney, a 1967 courier from Concord, Massachusetts. While Pat was with us she taught a weekly art class for interested youngsters on the Wendover district.

FRONTIER NURSING SERVICE QUARTERLY BULLETIN

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INVOCATION TO YOUTH

Come then, as ever, like the wind at morning!

Joyous, O Youth, in the aged world renew

Freshness to feel the eternities around it,

Rain, stars and clouds, light and the sacred dew.

The strong sun shines above thee:

That strength, that radiance bring!

If Winter come to Winter,

When shall men hope for Spring?

—Laurence Binyon

THE EXTRA MILE

by

MABEL RUSHER, R.N., B.S.



It was a cold, gray winter day as I stood outside the house where Polly Jones lived, and the sky would soon be darkening above the snowpatched mountains. After a long delay the door creaked open a few inches, and I saw the wrinkled, coal-smudged face of Polly herself peering cautiously out at me. When I regained my composure, I explained that I was her new nurse and had come to visit her after hearing that she had hurt her arm.

Earlier in the afternoon I had made a routine visit in a home at the Mouth of Long Branch and had inquired about the families that lived deep in the hollow. At first my informant stated that to her knowledge everyone was well. Then, on further questioning, she recalled that about a week previously Polly had fallen when a step on her porch had broken beneath her weight. Polly's arm was swollen as a result of the fall, so the neighbor had given her some ointment for it and then heard no more from her. Since it was getting late, I almost decided not to go to the trouble of making the hike up the hollow, but something told me I should.

While passing from the outside light into the darkness beyond the door, I got a glimpse of Polly. A snatch of dull gray hair fell from the dingy scarf knotted behind her head. Her clothes, dark with coal dust, hung loosely on her long, thin bones. Then my gaze fell on the arm carefully held in a ragged scarf-sling. Polly winced with pain as she moved her arm for my examination. Her hand was puffed up like a balloon, and there was a hard knot of bone fragments on her forearm where a long smooth bone should have been. She had one of the worst fractures I had ever seen! While making a splint with a magazine, I explained that her arm was broken and that she would have to go to a doctor to have a cast applied. She staunchly insisted that her arm did not give her much pain and that she would be all right. However, before I left I got her promise that she would go with a neighbor to see a doctor early the next morning since she insisted it was too late to go that day.

The following morning was bright and sunny. The melting snow was filling the mountain streams and a cardinal could be heard chirping contentedly. That afternoon as I drove by the Mouth of Long Branch, I stopped to see if Polly had been by on her way to see a doctor. She had not. My heart sank. Again I made the hike deep into the hollow and found Polly at home, slumped in front of her coal stove. Eventually she confided that she had seen a doctor only once before in her life and was afraid to go again. However, with much reassurance she agreed to go if I would take her. So we started off down the path by the little mountain stream. Polly was terrified by the jeep ride that followed and clung to my skirt for all she was worth. As we drove along she disclosed that the day before, when she had opened her door and had seen me standing there, she had thought I was her little girl, dead now for years, who had grown up and come back to help her. I drove on in silence.

Polly got a bright white cast and a new, clean sling. It was dark by the time we got back to Long Branch but her neighbors were there waiting with flashlights—both to see Polly's cast and to help her walk back up the hollow. I wondered what would have happened if I had decided Polly's case was not worth looking into. Polly had taught me the difference that going "the extra mile" can make.

URGENT NEEDS

Our readers will rejoice with us in that, for the first time in years, the Hyden Hospital water system is not included in Urgent Needs! This is because we continue to get an ample supply of water from the Biggerstaff mine in which we impounded the water in 1965. Furthermore, Hyden's application for a municipal water system and a sewage disposal plant have been approved. This means that when the Mary Breckinridge Hospital is built, we can connect it with the city systems.

It has been a very expensive year: prices are up, wages are higher, our properties are older; and the battle to control movement on the Wendover hillside is ever present with us! Our friends in the mountains and beyond the mountains have been wonderful this past year in giving generously to the support of the work. We have kept solvent! We shall welcome your gifts—large and small—towards meeting this list of Urgent Needs.

HYDEN HOSPITAL PLANT

This consists of a number of buildings located on 41.15 acres of land, on a spur of Thousandsticks Mountain. The principal buildings are the Hospital and Annex; Margaret Voorhies Haggin Quarters for Nurses; Mardi Cottage (quarters for the Frontier Graduate School of Midwifery); St. Christopher's Chapel; Joy House; Bolton House; an oak barn; employees' cottage; Betty's Box; and smaller buildings. Some of the most **urgent needs** for this boundary are listed below:

1. **FIRE ESCAPE OFF WARDS:** wooden structure replaced with concrete platform, metal steps and handrails, as recommended by fire marshall—materials and labor.....\$1,268.48

2. **OFFICES ON FIRST FLOOR RE-ARRANGED:** to accommodate additional administrative and clerical staff necessary to handle Medicare Program paper work. This includes:
 - Pantry Converted to Cubbyhole Office and Space for Files:**—materials and labor..... 235.00

X-ray Laboratory and Technician's Office:
stainless steel sink installed in a built-in cabinet
with formica top; and shelves and cupboards
built for supplies—materials and labor—esti-
mated..... 500.00

Partition Wall in Business Office: materials and
labor..... 88.00

Linoleum Laid in 2 Offices: (Medical Director's
and Medical Records Office)—46 sq. yds. laid @
\$7.00 per sq. yd..... 322.00

Note: We shall welcome a gift of one square
yard!

3. OFFICE FURNITURE AND EQUIPMENT:

Desks: new, small metal (typist)
—2 @ \$ 39.95 each—\$ 79.90
used, in excellent condition
—2 @ \$ 65.00 each—\$130.00
—1 @ \$125.00 each—\$125.00
—1 @ \$ 45.00 each—\$ 45.00 379.90

Metal Storage Cabinet: desk-high to
hold copying machine and supplies.....\$ 55.00

Stationery Trays for Desks:

2 @ \$9.50 each— 19.00
2 @ \$3.60 each— 7.20
3 @ \$2.20 each— 6.60

Desk Organizer: for distributing incom-
ing mail..... 39.95

Adding Machine: hand-operated..... 169.00

Typewriter:..... 149.00

Wooden Rack: (locally made)—for
Medical Director's professional maga-
zines for easy reference..... 25.00

Typist Chairs: used, in excellent condi-
tion—2 @ \$15.00 each..... 30.00 500.75

4. BETTER LIGHTING INSTALLED THROUGH- OUT HOSPITAL: additional wiring in conduit; and fixtures—materials and labor—estimated.....	\$1,000.00
5. REPAIR OF PLASTER AND PAINTING: as needed throughout Hospital—materials and labor —estimated.....	1,000.00
6. SICK BABIES' NURSERY: small sink (on hand) installed in cabinet; and shelves and individual cubbyholes for clothes built above it—materials and labor—estimated.....	100.00
7. WARDS-UTILITY ROOM: sub-flooring patched, plywood installed and linoleum laid—materials and labor.....	140.20
8. INSTRUMENT STERILIZER FOR MATERNITY WARD:	150.00
9. OPHTHALMOSCOPE AND OTOSCOPE: for use by doctors.....	85.25
10. OTOSCOPES: for ear examinations by district nurses—5 @ \$39.95 each.....	199.75
11. EXTREMITY OPERATING TABLE: complete with stainless steel washing pan and cushion.....	179.50
12. SUCTION MACHINE: for very sick patients with abdominal obstructions, ulcers, etc.—quoted @....	255.00
13. KITCHEN CUPBOARD: locally made—materials and labor—estimated.....	75.00
14. WOODEN STOOLS FOR CLINIC: (MTD students) 5 @ \$9.85 each.....	49.25
15. CHAIR FOR BUSINESS OFFICE: quoted @.....	40.00
16. CHART HOLDER: locally made—materials and labor.....	25.00
17. REFRIGERATOR FOR HOSPITAL KITCHEN: 17-cu. ft. size.....	275.00
18. BIOLOGICAL REFRIGERATOR: for storage of blood, etc.....	199.95
19. AIR CONDITIONER FOR OPERATING ROOM: window unit installed.....	271.40
20. ALUMINUM AMBULANCE STRETCHER WITH ADJUSTABLE LEGS: quoted @.....	212.00

MARGARET VOORHIES HAGGIN QUARTERS³³ FOR NURSES¹⁷

1. **REFRIGERATOR:** 17-cu. ft.—replacing unit not repairable.....\$ 310.00
 2. **SUITE AND TWO BEDROOMS PAINTED:** materials and labor..... 101.43
 3. **HOLLYWOOD BEDS:** replacing those that are old, sagging and bad for backs—3 complete beds (frames, box springs and innerspring mattresses) @ \$45.00 each..... 135.00
- Note:** Manufacturer and local dealer give us this special price.
4. **PLATFORM ROCKERS:** for bedrooms—2—quoted @ \$50.00 each..... 100.00
 5. **UNBLEACHED SHEETING:** 100 yds. @ 25c per yd..... 25.00

MARDI COTTAGE⁷

Quarters for Frontier Graduate School of Midwifery¹⁹

1. **FUEL CONTROL FOR OIL FURNACE:** installed...\$ 42.50
2. **WATER SUPPLY LINE:** corroded pipe (cutting down pressure)—replaced—materials and labor.... 45.45
3. **LIVING ROOM AND TWO BEDROOMS PAINTED:** materials and labor..... 68.60
4. **PIANO TUNED:**..... 15.00

JOY HOUSE

Helen Newberry Joy

1. **HAND BASIN:** fittings not available for old type basin—new basin, fittings and labor.....\$ 41.43
2. **BATHROOM PAINTED:** materials and labor..... 48.00

BOLTON HOUSE

Gift of Frances P. Bolton

1. **AIR CONDITIONER—1st FLOOR:** (circuit already in)—window unit.....\$ 248.00

- 2. **SEPTIC TANK:** (bad slip in road destroyed septic tank); new steel tank and drain field laid to meet State Health requirements—equipment, materials and labor..... 557.47
- 3. **ALUMINUM SIDING INSTALLED OVER DROP SIDING:** paint is peeling badly—painting would require considerable scraping, sanding and caulking to insure a good job. Factory painted aluminum siding over old siding would insulate house and be maintenance-free for many years—siding and labor—estimated..... 1,500.00
- 4. **DRAINAGE—WET WEATHER SPRING IN BASEMENT:** confine spring in concrete drain around wall and pipe it outside—cement and labor—estimated..... 50.00
- 5. **STAIR HANDRAIL:** rail and labor..... 22.45
- 6. **FIRE EXTINGUISHERS—3:** for Class “A”, “B” and “C” fires..... 72.15
- 7. **ELECTRICAL CIRCUIT:** separate circuit run for doctor to install her air conditioner upstairs—materials and labor..... 11.28

WENDOVER

- 1. **REPAIR OF ROCK WALLS DUE TO WINTER FREEZES FOLLOWED BY HEAVY SPRING RAINS; AND DRAINAGE TO CONTROL MORE CRACKS:**

Retaining Wall and Rock Walk (Chapel to Big Log House): wall re-laid; flagstones in walk reset—cement and labor..\$248.92

Retaining Wall Opposite Garden House: (supports driveway)—disintegrated chestnut logs replaced by concrete blocks and cement; (In doing this, we widened the driveway for more parking space.)—materials and labor..... 613.60

Lower Cistern: repairing three large cracks and filling in around cistern with rock and cement where earth was washed out—materials and labor..... 325.37

Drainage Around Lower Cistern, Upper Shelf and Above Big House: to collect water in surface drains and culvert pipes and carry it off the hillside into nearby branch (to check further damage by water to cistern, retaining walls, buildings, et cetera)—150' surface drains and 76' culvert pipe required—materials and labor—estimated..... 400.00 \$1,587.89

2. RENOVATING VARIOUS BUILDINGS:

(by our men in bad weather) includes repairs, caulking; scraping and stripping woodwork; and painting:

Garden House Basement: (recreation room, laundry, boiler room, et cetera)—materials and labor..... 518.34

Garden House Rooms: 4-offices and bedrooms—materials and labor..... 125.00

Cabin: 1-large bedroom and bathroom (includes replacing warped beaver board with sheetrock)—materials and labor.... 177.60

Big Log House: living room, upstairs hallway (woodwork) and office—materials and labor..... 179.06 1,000.00

3. LOG HORSE BARN—TREATED FOR TERMITES: contract.....

322.20

4. **JEEP PORT:** insulated overhead to make offices and bedrooms above warmer—materials and labor.....

71.95

5. **BIG LOG HOUSE ROOF:** (over kitchen) old roofing

and sheathing replaced and new walk and steps built over roof—materials and labor.....	153.68
6. LOWER SHELF COAL BIN: old wooden, warped bin replaced with concrete blocks and cement—materials and labor.....	221.00
7. BIG LOG HOUSE—FURNACE AND STOKER: furnace sealed and re-set; new retorts put in stoker—parts and labor.....	140.23
8. REVOLVING CHIMNEY CAPS: 6—various sizes....	66.00
9. LOCUST POSTS: for repair of boundary line and pasture fences throughout Service—211 @ 60c each.....	126.60
10. BLOWER FOR CLEANING HEATING SYSTEMS AND REFRIGERATION UNITS: heavy-duty—used, excellent condition.....	30.00
11. FIRE HOSE: 1—50' section—2".....	25.00
12. INSULATED MEAT CHEST: for couriers' use in transporting meat and frozen vegetables from Hyden to Wendover (made by our men)—materials and labor.....	49.93
13. BIG LOG HOUSE—LIVING ROOM CHAIR: maple chair repaired, sanded and refinished by our men—materials and labor.....	25.70
14. ALL-WOOL BLANKETS: (special price) 24 @ \$6.00 each.....	148.40
15. BEDSPREADS: 24 @ \$4.85 each.....	116.40
16. FLOOR FANS: 4 @ \$ 6.95 each (on sale).....	27.80
1 @ 14.95 ".....	14.95
1 @ 19.95 ".....	19.95
	62.70
17. LARGE BREAD BOX: for kitchen.....	10.95
18. BIG LOG HOUSE—OFFICE CHAIR MATS: to protect new linoleum—2 " \$7.70 each.....	15.40

19. **POWER AUGER:** to use at Wendover and the out-post centers in unblocking drain pipes. It will in most cases eliminate necessity of cutting out floor to get to old type drain pipes—quoted @..... 164.00

JEEPS

One new jeep is badly needed to replace a 5-year-old one which is now requiring expensive repairs.

- 1-New Jeep—after trade-in of old jeep—approximately \$2,000.00

BEECH FORK NURSING CENTER²⁵

Jessie Preston Draper Memorial³¹

1. **WATER SYSTEM—PRESSURE TANK INSTALLED:** tank, fittings, controls and labor—estimated.....\$ 100.00

Note: This tank, for pump now in use, will be cheaper than a new cypress storage tank.

2. **HEATING SYSTEM:** install two electric heat pump units—contract price—quoted @..... 1,500.00

Note: Essential parts for our old hot air furnace are no longer available. At its best, the furnace didn't adequately heat the clinic and waiting room in severe weather. The cost of a new hot air system would be about the same as that quoted for the heat pumps, which would heat the whole house without supplementary heat now needed for the clinic and waiting room; and the operating cost would be about the same as for the present heating system.

3. **UTILITY ROOM:** (converting small room next to kitchen)—running circuits for washer, dryer and iron; installing galvanized laundry tubs; and putting linoleum on floor—materials and labor—estimated..... 150.00

- 4. **REFRIGERATOR:** replaces one for which parts were no longer available—cost, less trade-in of old refrigerator..... 200.00
- 5. **KITCHEN CABINET:** new one built to fit space for it—materials and labor—estimated..... 100.00

The nurses would love pictures suitable for their small sitting room.

BRUTUS NURSING CENTER

Belle Barrett Hughitt Memorial

- 1. **LIVING ROOM AND HALLWAY FLOORS:** splintered original pine flooring replaced with prefinished hardwood—materials and labor—estimated. \$ 200.00
- 2. **COFFEE TABLE AND TWO END TABLES:** for living room—quoted @ 96.63
- 3. **BREAKFAST TABLE AND CHAIRS FOR KITCHEN:** quoted @..... 39.95
- 4. **FOOD MIXER:** quoted @ 28.97

Large picture for living room (about 24" x 36") for wall over sofa.

FLAT CREEK NURSING CENTER

Caroline Butler Atwood Memorial

NONE

RED BIRD NURSING CENTER

Clara Ford

- 1. **ENLARGING CLINIC:** closing in porch off waiting room, making room for both nurses to see patients at the same time. Carpentry, painting, heating and lighting—materials and labor.....\$ 952.72
- 2. **CLINIC ADDITION—FURNISHINGS:**
 - Examining table (locally made).....\$30.00
 - Desk (locally made)..... 65.00
 - Shelves for supplies..... 15.00
 - Examining light..... 25.00
 - Curtain material..... 10.00

145.00

3. ELECTRIC RANGE: replacing old range requiring extensive repairs.....	192.00
4. REFRIGERATOR:	239.00
5. KITCHEN CABINETS: 2—made by nurse in off-duty time—materials only.....	40.26
6. LIVING ROOM FLOOR: sanded and refinished—contract.....	54.00
7. PATIENTS' LAVATORY: install hand basin—materials and labor—estimated.....	50.00

WOLF CREEK NURSING CENTER⁶⁵

Margaret Durbin Harper Memorial³¹

1. PAINTING CENTER—EXTERIOR: materials and labor.....	\$ 538.70
<p>The center had not been painted since it was built in 1959. We had to paint it last summer. We "robbed Peter to pay Paul"; will someone please enable us to pay Peter!</p>	
2. PAINTING LIVING ROOM AND DINING AREA: materials and labor—estimated.....	50.00
3. CLINIC CUPBOARD WITH FORMICA TOP AND SLIDING DOORS: nurses badly need more space for clinic set-up and storage of supplies—materials and labor—estimated.....	250.00
4. BREAKFAST TABLE AND 4-CHAIRS: quoted @	39.95
5. STAINLESS STEEL FLATWARE: service for eight—quoted @.....	29.95
6. BOX SPRINGS AND MATTRESSES: for nurses' rooms (manufacturer gives us special price)—2 sets @ \$40.00 each.....	80.00

MARY BRECKINRIDGE HOSPITAL

Progress Report

Members of the FNS Development Committee are:

Co-Chairmen:

Mr. Brooke Alexander, New York, New York
Miss Kate Ireland, Cleveland, Ohio
Mrs. Charles W. Allen, Jr., Louisville, Kentucky
Mrs. Morris Cheston, Ambler, Pennsylvania
Mrs. Richard Higgins, Dedham, Massachusetts
Miss Jane Leigh Powell, New York, New York
Mr. and Mrs. William W. Wotherspoon, Grosse Pointe Farms, Michigan

Ex-officio:

Mrs. Jefferson Patterson, Washington, D. C.
Miss Helen E. Browne, Wendover, Kentucky

Advisory:

Dr. Francis S. Hutchins, Berea, Kentucky
Mr. Henry R. Heyburn, Louisville, Kentucky

The local fund drive being conducted in the mountain area has surpassed its initial goal. One baby is sitting on top of the ladder outside the Court House in Leslie County, showing \$25,000.00 has been deposited in the bank. A twin baby is already on the first rung of the ladder, hoping to reach the top, to help build the Mary Breckinridge Hospital.

Mr. Wynn Bussman, our resident director of development from the firm of Marts & Lundy, came to Wendover in early March to help us make preparations for "screening" meetings in twelve cities where we have organized committees. The purpose of these meetings was to gather information for our Development Committee who have to set a realistic goal for our campaign. "Screening" is not easy and we are deeply grateful to the many FNS friends who have so willingly helped us in this difficult task. The meetings took place in April and May. Kate Ireland and Wynn Bussman undertook the meetings in Louisville, Cleveland, and Cincinnati. Helen Browne and Wynn Bussman were in New York and Philadelphia. All three were at the Boston meeting and Helen Browne went to Washington. The Blue Grass Committee held the last of the "screening" meetings

in Lexington on May 19. It was attended by Kate Ireland and Helen Browne. Mr. Bussman will be compiling a composite report for each city. Marts & Lundy have assigned the writing of the FNS story, or "case" as the professionals term it, to one of their staff members. We hope to have the finished article ready for distribution in June.

As this Bulletin goes to press we are getting ready for a Leadership Conference at Wendover. Trustees and friends from beyond the mountains are coming to Wendover immediately after the Annual Meeting in Lexington on May 31. We have planned visits to outpost centers and the hospital on Thursday, June 1. That evening the women of our Hyden Committee will prepare and serve dinner to all visitors. To this dinner will be invited local friends to meet the guests and to take part in the planning conference after dinner.

The FNS has a contract with Vision Associates, Inc. of New York for the production of a sound motion picture of the work. Mr. Lee Bobker, President of Vision Associates, his assistant, and his crew of camera and sound men, spent the week of May 1 in the field, taking pictures and recording sound. We are all looking forward to the finished product which will be ready by early fall.

Our former Medical Director, Dr. W. B. Rogers Beasley, has written a proposal for a school of district nursing which is included in our plans for the future. We shall hope to discuss the proposal with professional groups later in the year.

One of our goals is to set up a retirement fund for the staff who have devoted so many years of their lives to the FNS. Our readers will rejoice with us that we have received a generous legacy which has been designated for a retirement fund. The response to requests for leadership gifts is very encouraging. We are delighted to be able to announce that pledges for such gifts now amount to half a million dollars. Our Development Committee plans to launch their campaign for funds during the coming fall and winter. This Committee will prepare a more formal report to be included in the next issue of our Quarterly Bulletin.

H. E. B.

In Memoriam

- | | |
|---|---|
| MRS. BUCKNER W. ANDERSON
Cincinnati, Ohio
Died in April, 1967 | MRS. WILLIAM M. HAUPT
New York, New York
Died in September, 1966 |
| MRS. ROBERT MIDDLETON BAGBY
Lexington, Kentucky
Died in December, 1966 | MRS. W. A. HIFNER, JR.
Lexington, Kentucky
Died in April, 1967 |
| MR. PAUL G. BLAZER
Ashland, Kentucky
Died in December, 1966 | MR. ROY ARTHUR HUNT
Pittsburgh, Pennsylvania
Died in October, 1966 |
| DR. JAMES W. BRUCE
Louisville, Kentucky
Died in March, 1967 | MISS MARY E. JOHNSTON
Glendale, Ohio
Died in February, 1967 |
| MR. JOHN HARRIS CLAY, SR.
Paris, Kentucky
Died in March, 1967 | MRS. GEORGE ARTHUR LUMB
Providence, Rhode Island
Died in Autumn, 1966 |
| MRS. JOHN W. DAVIDGE
Washington, D. C.
Died in April, 1967 | MRS. RICHARD H. PREWITT
Wayne, Pennsylvania
Died in December, 1966 |
| MISS MABEL LINDSAY GILLESPIE
Pittsburgh, Pennsylvania
Died in April, 1967 | MR. GRANVILLE RICE
Saul, Kentucky
Died in May, 1967 |
| MRS. CUTHBERT R. TRAIN
Washington, D. C.
Died in January, 1967 | |

Death, be not proud, though some have called thee
Mighty and dreadful, for thou art not so:
For those whom thou think'st thou dost overthrow
Die not, poor Death; . . . Why swell'st thou then?
One short sleep past, we wake eternally,
And Death shall be no more: Death, thou shalt die!

—John Donne

Mrs. Robert Middleton Bagby was an Emeritus member of our Board of Governors at the time of her death in Lexington, Kentucky. We can think of no one more deserving of the title. Caroline Steele Bagby was a charter member of the Frontier Nursing Service and one of the small group that gathered in Frankfort, Kentucky, in May 1925 when the FNS was officially born. Her whole-hearted support of the work and her many kindnesses to the staff will long be remembered. Another dis-

tinguished Kentuckian who honored us by serving as a Trustee was **Mr. Paul G. Blazer** of Ashland. Not only was he a successful businessman but an outstanding civic leader in the Commonwealth of Kentucky. It was at his winter home in Phoenix, Arizona, that he died following a brief illness.

Mrs. John W. Davidge, a great charity leader in Washington, D. C., was a staunch supporter of the FNS and served as a Trustee for over thirty years. On several occasions she opened her lovely home for our meetings in Washington, and was always interested in hearing about our work.

Dr. James W. Bruce, a member of our National Medical Council until the time of his death, was a dearly loved pediatrician in the city of Louisville, where he was in practice for forty-five years. Throughout his career he devoted many hours of volunteer service to health organizations.

We lost a charter member of one of our mountain committees when **Mr. Granville Rice** died in the spring of this year. He first served on our committee at Bowlingtown in Perry County and later transferred to Brutus in Clay County when the Bowlingtown area became inundated by the waters of Buckhorn Lake.

We have lost faithful members from our committees beyond the mountains. **Miss Mary E. Johnston** of Glendale was a friend to hundreds of people all over the world, to whom she had offered a helping hand during her lifetime. Among her many projects perhaps the best loved were little children, nursing and her church. She supported all three with enthusiasm and generosity. **Mrs. George Arthur Lumb** of Providence, Rhode Island, had known of the FNS even before it was born, as she worked with Mrs. Breckinridge in France following World War I. She kept up her interest and support throughout the years and at the time of her death was a member of our Providence Committee. **Mr. Roy Arthur Hunt** and **Miss Mabel Lindsay Gillespie** were charter members of our Pittsburgh Committee and supporters of the FNS for nearly forty years. **Mrs. Cuthbert Train** had followed her family tradition in serving as a member of our Washington Committee. She held the office of secretary until her untimely death following a mortal illness during the past winter. The sudden death of **Mrs. Richard Prewitt** came as a great shock, especially to the members of our Philadelphia Com-

mittee, who had on several occasions had the pleasure of meeting in Jean Prewitt's lovely home in Wayne, Pennsylvania.

All of the Blue Grass area of Kentucky were saddened by the sudden death of **Mr. John Harris Clay, Sr.** of Paris, Kentucky. Our hearts were filled with sympathy for his widow who had lost her elder son only a few weeks prior to the death of her husband. Mr. Clay was one of the kindest of men who included the FNS in his many interests.

Mrs. William M. Haupt entertained us in her Kentucky home in Versailles and in New York on several occasions. She enjoyed hearing of the progress of the FNS which she came to know through her late husband, through whom we were given the fund with which we built the Margaret Voorhies Haggin Quarters for Nurses at Hyden.

Mrs. Buckner W. Anderson of Cincinnati had joined with her husband in supporting the FNS for over thirty years, and we were happy to count her among our friends. **Mrs. W. A. Hifner, Jr.** of Lexington, Kentucky, was a long time friend. The wife of the first auditor the FNS ever had, Mrs. Hifner extended many kindnesses to our bookkeeper each year at the time of our annual audit and many visits with her were enjoyed over the years.

We cherish the memory of these many friends of the FNS who have given us so much during their lifetime. We extend our deep sympathy to all those who have lost a beloved member of their family, and to their hosts of friends.

OUR MAIL BAG

From an Australian guest: I still reflect on the happy association of my visit in 1959.

From a Washington, D. C. Subscriber: Could I have another card with the picture "Waiting." I find it so appealing.

From a Friend in Nova Scotia: I am very interested in your wonderful organization and the great work you accomplish.

From a Guest from Great Britain: I am indeed most impressed at the very fine work carried out by your staff.

From the Mother of a patient injured in an accident near Hyden: It was wonderful to have such a helping hand and sympathetic welcome extended to us when we arrived in the middle of the night. Ray is making very satisfactory progress. I only hope our hospitals extend the kindness that Hyden Hospital extended to us.

From a New Zealand Nurse-Midwife: I will always remember my stay at Wendover. After having spent three months in the esoteric heights of nursing education, I needed the leavening influence of a nursing service such as the Frontier Nursing Service to help me get things into perspective.

From a Physician in Texas: This is very interesting work you are doing, and it certainly is a most unusual service. I think you people are setting a pattern that most of our people have forgotten, how necessary pioneering is in reaching people outside of population centers. It seems our trend now is to push everybody into big cities. It is wonderful to have people like you and your organization still giving their time and talent.

OLD COURIER NEWS

Edited by
JUANETTA MORGAN

From Wendy Wood, Hood College, Frederick, Maryland

—February 15, 1967

There is no way of really telling you how much I enjoyed my stay at Wendover during my semester break. It was wonderful to be there with Phoebe [*her sister*]. I hope that I will be down there this summer to teach swimming.

Thus far, school is going quite well. I did better than I'd expected for my first semester, but still short of what I wanted. I've moved to another dorm and have a new roommate.

. . . .

From Ryntha Johnson, Brownesville, Texas—March 21, 1967

I wish to thank you and everyone else at Wendover who helped make my stay such a worthwhile and rewarding experience. My memories of the FNS will always be pleasant and touched with the hope that I can return some day. I feel I have added a great deal to my life for which I am grateful.

. . . .

From Martha Rockwell, New York City—March 31, 1967

I often wish I could take some time off for a visit—I would love to come back and see the people and the country.

I graduated from Bennington in June and am now working at the Center for War/Peace Studies, doing research. Living in New York is quite a change from Vermont, but all the same I like it. The job is excellent and we are involved largely with current affairs with an emphasis on foreign policy, the war, developing countries, etc.

. . . .

From Mrs. John Stone (Jane Bidwell),

Greenough, Montana—April 1, 1967

We have purchased a cattle ranch thirteen miles from our present home. I do find it difficult to divide my time between two places.

Our nine year old son is about to finish up his third year in school with flying colors. Jim, our six year old, is completing a home kindergarten course. Though it has required much of my time, it has been a life-saver in keeping Jim busy this past year.

We have had a crazy winter with snows followed by rains and mild temperatures. I think we have had more snow in March than we had all winter. It seems to be going rapidly now as I can see the tulips coming up in protected places.

We have enjoyed skiing locally this year along with trips on our motor toboggans. The latter are great fun. One can climb into God's country and look out and see five mountain ranges at one time.

. . . .

From Sally Foster in Africa—April 4, 1967

I'm in the West Cameroons with Pat Heller. At the moment we're in the health clinic and Pat is checking the "out-patients". I feel entirely at home even though I'm in strange surroundings. Have been traveling in Africa for the past three months and will move on to East Africa shortly for another two months or so. It's been a fabulous vacation and I've had a chance to visit many areas and see many things.

. . . .

**From Mrs. Edmund Hendershot Booth (Betty Pratt),
Norwich, Vermont—April 12, 1967**

Day [*her daughter*] writes that she is happy there and is enjoying her work and the other couriers. I am still planning to come to Kentucky while she is there if all is well here. Having Day there makes the whole Service seem really close.

Barbara Barns Ragle [*old courier*] lives in Norwich and is a good friend of mine. She is a science teacher in the Norwich school. Two of her daughters are in our Pony Club. Her husband is working with the CREEL program here and spends about three months a year in the Arctic area.

Since Christmas, my most pleasant reading has been back issues of the Bulletin. The spirit of this little magazine is overpowering. Life there in the mountains is true, and vividly recreated.

**From Mrs. Steven Keck (Pam Wheeler),
Indianapolis, Indiana—April 23, 1967**

Steve is still in law school and has passed the half-way mark. We are both working and so are kept busy. I'm still working at the Girl's School but have changed from the Volunteer Director's job to a counseling job. I like it much better as I work closely with my own caseload of girls and am more in my field.

We have six days off the end of May and we have promised my grandparents that we will spend it with them at their cabin on Lake Cumberland.

.

**From Mrs. Robert A. Lawrence (Patsy Perrin),
Westwood, Massachusetts—April 26, 1967**

The three of us will never forget our incredible happy day and two nights spent with everyone at Wendover. When one reflects back twenty years, one is apt to magnify and exaggerate her good times and impressions; but truly it was even more exciting and refreshing than I expected. The FNS has such an esprit and purpose, and this makes for the lovely outgoing nature of everyone. It is a wonderful life you all have and lead. Franny and Julie are continually talking of their good times. They did not miss anything and observed and appreciated everything.

We all loved our charming rooms, the fire being lit in the early dawn, the delicious food and charming people who made us feel so welcome. However, there is no doubt that the visit to the hospital where we all viewed an eight-hour-old baby was an event never to be forgotten. Certainly the medical efficiency continues magnificently but I doubt if most people have any idea of your limitations in the present hospital. Your need for a new hospital has inspired me to work all the harder.

.

**From Deborah Bowditch, Cambridge, Massachusetts
—April, 1967**

I am now working at a store that sells all sorts of crafts made by various southern folk—pottery, baskets, furniture, quilts and the like. It keeps me busy Tuesday through Saturday on top of my German and art classes, and a new course in designing stained glass, which I have just started. I am still waiting

to hear whether or not I get into the University of Freiburg for next year.

. . . .

From Leland (Andy) Williams, Jacksonville, Florida

—May 1, 1967

I had a marvelous and interesting winter working in a lodge and teaching skiing. I met many people and it was a broadening experience for which I am grateful.

I will be here about a month before the whole family drive to Boston for my sister's graduation from Milton. She and I are going to Europe this summer. My most exciting news is that all the colleges to which I applied have accepted me! Thus the decision I thought might be made for me was left in my hands. I have decided on Bennington—the thought of returning to the FNS during a field term was a big consideration.

. . . .

From Katherine Amsden, Los Angeles, California—May 3, 1967

I am solidly immersed in graduate school. I have just finished my dissertation and my oral exam is May 15—if all goes well will graduate in June. Next year, I will be teaching at the University of New Hampshire.

. . . .

From Rose Marie McDonald, Vassar College,

Poughkeepsie, New York—May 7, 1967

I have been putting in a good, happy year. We have about three weeks more school until vacation starts. I'm hoping to work at home in the post office—not nearly as exciting as working with the FNS.

I have just taken the Medical College Admissions Test. I don't know yet to which colleges I will apply—I may include the University of Kentucky.

VARIETY IS THE SPICE

by

MARIE SULLIVAN, R.N.

"Why do you want to go all the way down to Kentucky?" everyone asked me.

I had several good offers for work, which people pointed out to me.

"But I want to be a nurse-midwife," I would reply.

The Frontier Nursing Service told me I must have six months experience in rural district nursing, first. Experience I have had and experience I am having. Let me tell you a little about it

I didn't have much of an idea of what was in store for me, but it certainly sounded interesting. I drove to Kentucky during a great snowstorm. The roads were so slick that I found the sight of abandoned cars over the embankments and in the creeks quite disconcerting. Signs warning of falling rocks made me certain I'd be caught in a landslide. When I finally reached the FNS Hospital at Hyden, I found a cozy living room and dining room—where we spent much time together. The girls were my age and very friendly.

The next day I began work in the hospital. It was quite unlike any other hospital I'd ever worked in. It is divided into two sections—obstetrics and general. I was to work on the general side. Here there usually were six to eight patients with no one but a single R.N. to run the floor. There was no tension in the work. Whatever was not completed by one nurse could easily be picked up by the next nurse. Patient care came first and then any housekeeping or whatever might come up was done. I can remember setting aside a urine specimen to be sent to the lab—only to be told that if that urine was to be tested I would be the one to do it. Then there was the time when I was hunting all over for the extension number to the diet kitchen only to realize that I also held the position of dietitian. I found that I played many other roles in this unique hospital: head nurse, staff nurse, aide, central service—where I did all the sterilizing of whatever needed to be sterilized, formula nurse for any infants in my care, physical therapist, lab technician, occupational therapist, inhalation thera-

pist, circulating nurse in surgery, telephone operator. In short, just about any duty that had a department head in a large city hospital was relegated to this one R.N. at Hyden Hospital. Yet the work was not overwhelming and it was quite fun to learn to do these things and then truly to give total patient care.

One of my worst problems when I arrived was that of communication. The problem of semantics was great. For example, who would ever guess that when a patient said he wanted to "go out," he wasn't planning on going anywhere but wanted the bedpan! If I had a difficult time, I noticed that the people had an equally difficult time understanding my New England accent. Well, we patiently communicated with each other until we finally were able to understand each other quite easily.

After several months of hospital work I was introduced to another facet in the care of the people—in the Hyden Clinic. Here we (generally two R.N.'s and the Medical Director) would see about fifty patients a day. Their problems would vary from an accident to wanting a refill of pills. Here in the clinic I learned to evaluate a patient and to arrive at a plan of action as set forth by the Medical Director, and then to decide whether the patient could be best cared for by the nurse or if he should be seen by the doctor. Therefore, the clinic was a training ground for learning to care for sundry complaints and for learning to explain so the patient could understand the course of treatment.

Finally I was introduced to district nursing which is most challenging. In this facet of our work I meet the people as a family unit and learn of the love and true hospitality of these people. Here, too, it was a challenge to adapt a simple nursing procedure—remembering all the principles behind it—to a particular home situation. It was most interesting work and I was most happy in it.

OLD STAFF NEWS

Edited by
EILEEN H. MORGAN

From Tharon McConnell in Quang Ngai, Vietnam

—February, 1967

November found me in Saigon struggling with Vietnamese six hours a day. With my Vietnamese friends I went on shopping trips in downtown Saigon and even bought material for a traditional Vietnamese dress, an *ao dai*. I have learned to eat new Vietnamese foods and I am constantly learning more about their customs.

At Christmas I was winging my way back to Quang Ngai for a visit and a break from language study. How good it was to be reunited with my team members and my Quang Ngai friends. I attended the Christmas program at the Protestant church. Although I didn't understand much, the shepherds, wise-men and manger scene were just the same and I rejoiced with them in the true spirit of Christmas. It was also a sad Christmas because it did not bring the much-hoped-for peace. Almost before the truce was over, the war was upon us again.

After another three weeks in Saigon and more language study, I returned to Quang Ngai. Truly it was good to be home again and to be working once more among the people who are coming to mean so very much to me. I hop on my bicycle each morning and head out for the refugee camp. With my little black bag hooked onto my bike, I am becoming part of daily life to the people whom I pass each day.

My work at the refugee camp has been concentrated in the preschool children. We have also begun a food supplement program.

Here in this land the war is ever present. Even as I sit writing this letter, I am hearing the bombs and feeling the house shake. There is a major battle in progress just about ten miles outside the city.

We have just returned from our conference held in Dalat. It was a good one in which there was a free exchange of ideas.

From Gwendolyn Gessner in Kokas, New Guinea—Spring, 1967

Today we had a big Pentecost service here at Kokas. Four

thousand people were here. All of the Christians from the whole Kandep Valley had been invited. We had the dedication of our new church, too. Because it was too small to hold all the people, other services were held on the kick-ball field.

The days and sometimes the nights continue to be full. The government medical assistant went to Mt. Hagan for a week and the government doctor boys (orderlies) kept me busy running over to their hospital to check different patients.

We try to make the trips to Mambisanda worthwhile, so, on our latest one, we took a load of the Schiemanns' cargo to their new home, unloaded the cargo and loaded up seven bags of sweet potatoes to take to Birip for the evangelists training there. We stopped at Raowe for infant welfare clinic and at Sirunki, we picked up Eunice, who had a dental appointment, and Mrs. Wagner, who had a school board meeting. We arrived at Mambisanda at 7:00 p.m., having had two flat tires on the way. When I returned home, my doctor boy was waiting for me. The ward was full and two children were critically ill.

Today was really a day to remember. It was one of those rare days when nothing went wrong. I started off by going to clinic at Titiadake, and one hundred and forty (out of one hundred and fifty) children showed up. (I started two clinics last month.) I came home and went over to the Eckerts to see if I had received any mail, expecting the usual 'Sorry, none today,' but I was overjoyed when they handed me eight first-class letters and a parcel. I floated home on cloud nine and settled down to read and read and read!

. . . .

From Christine Morgan in Williamsburg, Kentucky

—February, 1967

I have not been going home as I did last semester. My school work is very pressing now. At the end of the past semester I lacked two hours being a junior. I can hardly believe I am that near my goal!

For the coming school year I have been appointed a resident assistant, which means I will be considered a member of the staff of the Dean of Women. A floor will be assigned to me in one of the dorms where I will be in charge of noise, problems, et

cetera. I will have a period of training before the school year begins and will be required to take a course in counseling.

You may have read or heard about the great loss Cumberland College suffered last week. Our music building burned to the ground with only a few things saved.

Give my love to all at Wendover.

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From Lena Gray in Greeneville, Tennessee—March, 1967

I am working for my cousin, in Home Service with the Red Cross, so I thought I would try my skill on the typewriter since I have very little to do right now, other than answer the telephone. I work here a day now and then, and although this is the first day I have worked this year, I did several days before Christmas.

I hope everything goes well over there. Give my love to everyone.

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From Renona Van Essen in Portland, Oregon—March, 1967

Today is the official calendar beginning of spring and we do have a beautiful day with only a few sprinkles of daily Portland rain, which is our normal winter weather. How is Kentucky? Things should be lovely and green about now.

I will be leaving Portland in June and my address will be: Rural Route 1, Ogilvie, Minnesota.

My greetings to all at Wendover.

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**From Janet Coleman in Fownhope, Herefordshire,
England—April, 1967**

I have just returned from seven days' holiday with Jennie Mennie, Constance Swain and Pat Thomas in the Isle of Wight. While there we had a grand tea party with Edie Bunce and her mother. Unfortunately, we only just missed Olive Bunce, who is now working in Bermuda and expected home the end of April. We missed meeting her by about seven days!

All the very best to FNS and all whom I know.

.

From Kathie Elliott in Bronx, New York—April, 1967

I have resigned from the school nursing job. I just could

not fit into it! My present application is with a prenatal clinic set-up as a hospital "satellite," which sounds promising and I'm sure I will be more content there.

Betsy Mitchell and I are quite well. I haven't been back to the doctor since February, but I will go in June. We hope to get to Kentucky for a short visit this summer. Meanwhile, best wishes to all.

.

From Martha Tempel Gould in Reserve, New Mexico—April, 1967

We are getting ready for a trip tomorrow, so I'm dashing this note off in great haste. We are serving in a mobile ministry here in west central New Mexico, and we often drive over three hundred miles on a Sunday to reach the four churches on our circuit.

We were married by Rev. Paul Bock at First Presbyterian Church of Arvada, who is a graduate of the Seminary at Louisville, so we had a number of reminders of Kentucky! [See *Weddings.*]

We will surely come to see you all at Wendover if we get the chance.

.

From Linda Levenhagen in Vincennes, Indiana—April, 1967

I have just returned from a two-week trip to Mobile, Alabama, where I got in lots of swimming in the Gulf, and picked up a nice tan. I can't begin to express how much my experiences and my wonderful friends from my year at FNS have come to mean to me and how much I miss being there. One thing is certain, my year at FNS has made me more anxious than ever to go to New Guinea. You know, it is a shame more girls do not give up a little of their time to FNS. You actually aren't giving up so much, but you surely gain much. I will always have the most pleasant memories of FNS and I do hope to keep in touch with you from time to time and keep up with everything going on there.

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**From Betty M. Palethorp (Liz) in Swanage,
Dorset, England—April, 1967**

It seems an eternity since I left Hyden on March 9. It was a month to the very day before we docked at Swansea, during

which time I must have put on about eight pounds, although I have not weighed myself yet. I have something else to show for our North Atlantic cruise besides increased girth. My Jacobean cushion cover is finished and now I have to start on its mate!

I had a wet day to drive from Swansea to Falmouth but I enjoyed the Hertz station wagon and all went well.

I had a very nice interview with Miss Weir and she indicated a "blue letter" in my file as being from the Director of the FNS!

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From Ada Worcester Marston in Warminster,

Wiltshire, England—April, 1967

The Bulletin arrived today. I have a new address: 6, Bath Road, Warminster, Wilts. The other house was too large for one, so I sold it. I found this much smaller one, near to my sister in Warminster. It is very comfortable and I am delighted to be able to enjoy this lovely countryside.

Last Friday I drove down to Stoke Fleming to see May Green and to hear all about her Kentucky holiday. We had a lovely week end and she drove me around to see all the primroses, bluebells and other spring flowers.

We went over to see Nora Lee at school and she was in good form and enjoying full-time work again. Today I am home again and must cope with my new garden and all the other necessary jobs.

My best wishes to you all.

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From Margaret Willson in Crantock, Cornwall, England

—April, 1967

I start work May 21 in Norwich. My address there will be: West Norwich Hospital, Norwich, Nor 68A, Norfolk.

The beaches here have been hit by oil from the Torrey Canyon but the Army has done a tremendous job of cleaning with detergent and scraping, and almost all the beaches are clear now. Many sea birds have been affected and some 25,000 have now lost their lives, which is rather sad.

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From Mrs. Grace A. Terrill (Pixie) in

Louisville, Kentucky—May, 1967

We have been having a siege of events here. Sunday, a week

ago, Carroll's sister fell in the balcony of Deer Park Church and broke her ankle in three places. She has been in the hospital, a nursing home and will come here the end of the week to stay until she is able to go to her own home where she lives alone. This past Sunday my Nancy fell and broke her arm between the elbow and shoulder. She is miserable right now but everything is going along all right.

I have just finished making Nancy a needlepoint bag from scratch, with a Grecian border around her initials. I'm terribly proud of it. Now I'm making a cushion for her piano bench. I love to do needlepoint and I think it is good for my hand.

I wish I could go to the FNS annual meeting the last of May but it doesn't seem possible. Maybe next year things will work out when the meeting will be here in Louisville.

Love to all FNS'ers.

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NEWSY BITS

Dora Howard has recently received her visa to East Pakistan, after being in Thailand for the past eighteen months. Her new address will be: Box 99, Ramna, Dacca 2, East Pakistan.

Weddings

Miss Martha A. Tempel and The Reverend Franklin L. Gould in Arvada, Colorado on December 30, 1966. [See *Letters*]

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Miss Susan McKee and Mr. Thomas Nugent in Peckham, England on March 30, 1967.

Miss Roberta Jean Verhaeghe and Mr. Ehrling Hanson in Moline, Illinois on May 13, 1967.

We send our very best wishes to these three couples for many happy years together.

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Babies

Born to Mr. and Mrs. Tony Bernard (**Joan Antcliff**) in England, a son named Clive Edward, on April 2, 1967. Weight 7 pounds, 2 ounces.

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We were deeply saddened to learn of the death of Carlos,

four-year-old son of Mr. and Mrs. Waldo Enriquez (**Sylvia Leatherwood**), of Wilmington, Delaware, in March of this year. Our sympathy is extended in fullest measure.

. . . .

We extend our deepest sympathy to the families and friends of two of our old staff members who died during the winter months. Ruth Waterbury Coates of Chittenango, New York, was secretary to Agnes Lewis in the early Forties. Priscilla Tighe of Boston, Massachusetts, was a young nurse who spent several months with us at our Hyden Hospital in the early Sixties.

Gloucestershire man, asked why he does not visit neighbours: 'What, go an' sit about in other people's bloomin' draughts? Not me. I stays at 'ome where I knows where they comes from'.

—*The Countryman*, Spring 1967, Edited by John Cripps, Burford, Oxfordshire, England.

Annual subscription for American readers \$5.00
checks on their own banks.

Published quarterly by *The Countryman*, 10 Bouverie Street, London, E. C. 4.

FENCE BUILDER

Bent and grizzled at seventy-six, Nobey came to help me build a fence round the pasture land I inherited in Ohio. 'D ruther work for you than for men; you ain't always tellin' me what to do.' During the many days that Nobey did work for me, our roles as employer and hired man were inevitably reversed. He taught me to handle a crosscut saw, split fence posts, stretch wire and dig thirty post-holes in a day. He insisted on strong heavy posts, deep holes and straight fences. When I pleaded with him to follow the usual contours of the field with a winding fence, even the air around him grew stubborn. Not caring for a tussle with Gibraltar, I gave in. Gleeefully he picked up his tools saying, 'Now we got things goin' our way'.—*Ruth Thomas*

—*The Countryman*, Winter 1966/67, Edited by John Cripps, Burford, Oxfordshire, England.

Annual subscription for American readers \$5.00
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Published quarterly by *The Countryman*, 10 Bouverie Street, London, E. C. 4.

SAYINGS OF OUR CHILDREN

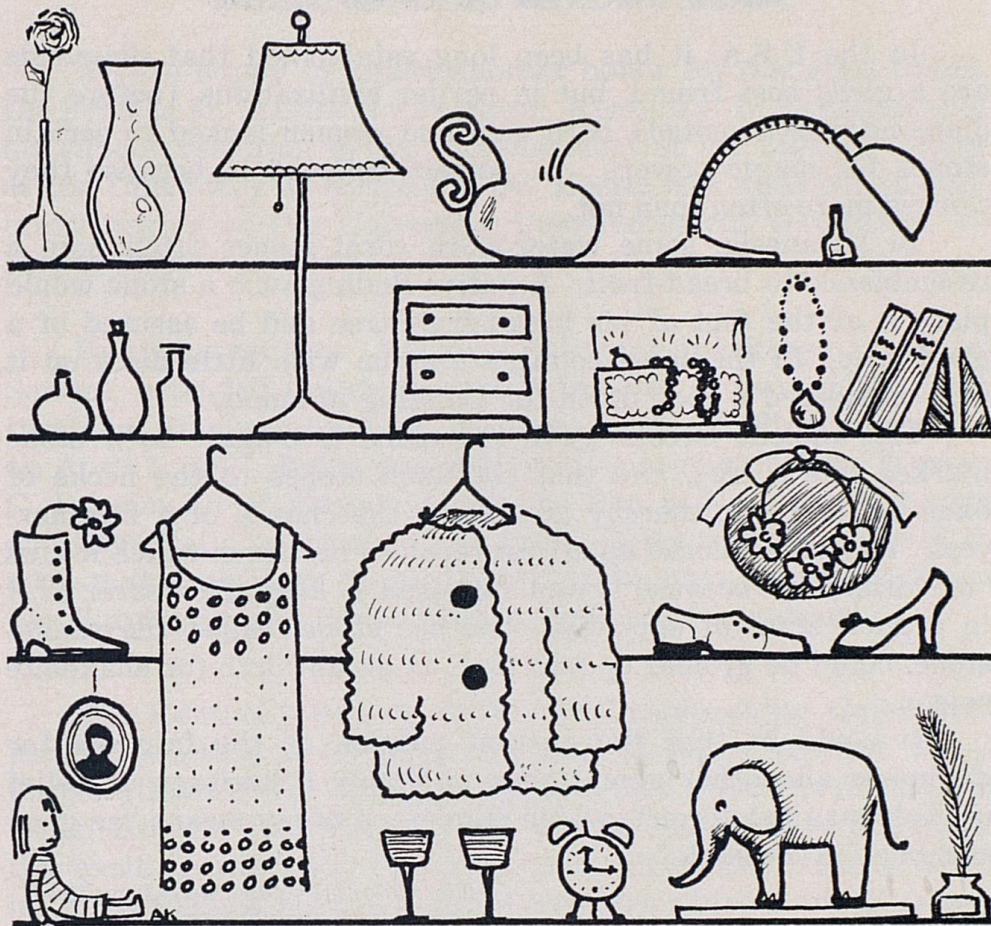
An eight-year-old boy, having watched, wide-eyed, a chicken hatch from its shell commented to his mother: "It sure is marvelous how a chicken knows to peck its way out of an egg. I guess it finally gets tired of its breath blowing back in its face and wants out of there."

Traffic Officer: "When I saw you come around the curve I said to myself '45 at least!'"

Woman driver: "Well, you're wrong. This hat just makes me look older."

—*Modern Maturity*, October-November 1965

WHITE ELEPHANT



DON'T THROW AWAY THAT WHITE ELEPHANT

Send it to **FRONTIER NURSING SERVICE**
 1579 Third Avenue, New York, New York 10028

You don't have to live in or near New York to help make money for the Nursing Service at the Bargain Box in New York. We have received thousands of dollars from the sale of knickknacks sent by friends from sixteen states besides New York. The vase you have never liked; the ornaments for which you have no room; the party dress that is no use to shivering humanity; the extra picture frame; the old pocketbook; odd bits of silver; old jewelry—There are loads of things you could send to be sold in our behalf.

If you want our green tags, fully addressed as labels, for your parcels—then write us here at Wendover for them. We shall be happy to send you as many as you want by return mail. However, your shipment by parcel post or express would be credited to the Frontier Nursing Service at the Bargain Box if you addressed it

FRONTIER NURSING SERVICE
 1579 Third Avenue
 New York, New York 10028

THOSE STONES OF GOOD MAGIC

In the U.S.A. it has been long established that diamonds are a girl's best friend, but in earlier civilizations (before the diamond was invented) both men and women looked to certain stones for magic powers . . . powers believed in because they worked more often than not.

In Melanesia, some water-worn coral stones often bore a resemblance to bread-fruit. A native finding such a stone would place it at the foot of his bread-fruit tree and be assured of a good crop. In the same country a stone with little discs on it was considered a good omen for bringing in money.

The ancient Greeks gave the name tree-agate to a stone marked like a tree, and tied two such stones to the necks of oxen at the plow, thereby increasing the chance of a fair harvest. The wine-colored amethyst received its name, which means "not drunken," because it was supposed to keep the wearer of it in a good state of sobriety. Another stone, called the snake-stone, could be ground up and used as an antidote for snakebite poison.

It could be that the current passion of the fair sex for diamonds and other gem stones is simply a heritage of belief in their magical powers, which translated today means "as good as money in the bank."

—*The Colonial Crier*, May-June 1967
Colonial Hospital Supply Company
Chicago, Illinois

SAYINGS OF THE CHILDREN

School Daze

Small school boy's query to working mother, after he had received his report card: "Mommie, do you get a report card where you work?"

. . . .

One unruly first grader's comment on her "D" in conduct: "I don't know what that is, but it's the hardest thing to make an "A" on it!"

BEYOND THE MOUNTAINS

We are happy to report another honor for our good friend, Dr. Francis M. Massie of Lexington, Kentucky. In recognition of his efforts, resulting in the establishment of the Medical Center at the University of Kentucky, Dr. Massie was awarded an honorary degree at the University Commencement ceremonies on May 8, 1967.

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Betty Lester, our Assistant Director in charge of Social Service, attended the third annual District X Day of the Kentuckiana Alumnae Chapter of Alpha Omicron Pi in Louisville on April 1, 1967. Betty was delighted to see again Mrs. Warren C. Drummond of Evanston, Illinois. She is National Historian and Past National President of AOPi. Betty was also pleased to meet many members of the Sorority who have supported Frontier Nursing Service Social Service for nearly forty years.

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The Kentucky Branch of the English-Speaking Union held its first meeting in the Blue Grass on Tuesday, April 4. Many people attended the dinner at the Imperial House in Lexington. Helen Browne and Betty Lester had the pleasure of attending this exciting event. Mr. Paul Wright of British Information Service in New York gave a most informative address which helped his audience to have a better understanding of John Bull in today's world. Those of us who are members of the English-Speaking Union hope the Lexington Branch will continue to grow and flourish in this very worthwhile organization.

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On April 21, Helen Browne and Betty Lester attended an all-day conference on The Child in the Community at Lees College in Jackson, Kentucky. The keynote speaker was Mrs. Katherine B. Oettinger, Chief, U. S. Childrens Bureau. The focus of the day was needs of the child in Eastern Kentucky.

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On April 25, Helen Browne was the guest speaker at a morning session of child care workers and public health nurses at the Eastern State School and Hospital at Trevoese, Pennsyl-

vania. Public health nurses from Bucks County attended the session. All those present were most interested in hearing the story of the Frontier Nursing Service. Brownie was taken on a tour of the school and hospital which is beautifully designed to meet the needs of emotionally disturbed children. Three members of the staff were planning a visit to the FNS in early May.

. . . .

With much regret we announce the resignation of our Philadelphia Chairman. Mrs. Henry S. Drinker has served us faithfully and with admirable efficiency during her term of office. It is so like Mrs. Drinker to write, "I will, of course, keep on with the Bargain Box." She has already asked FNS friends in the Philadelphia area to bring donations of saleable goods to her garage before May 29.

The chairmanship of our Philadelphia Committee now returns to the McIlvain family. We are happy to announce that Mrs. Drinker will be succeeded as Chairman by Mrs. J. Gibson McIlvain II who will have as her Vice-Chairman Mrs. Morris Cheston.

. . . .

We hope our readers will enjoy our new "White Elephant" drawing on page 35 of this Bulletin. The drawing is contributed by our old courier, Mrs. John DeMaria (Anne Kilham) of Rehoboth, Massachusetts.

Director's Report

This spring has been unusually filled with trips out of the mountains, all connected with plans for the future about which our readers will find more information in the Mary Breckinridge Hospital Progress Report. In April I flew to New York where I was the overnight guest of Mr. and Mrs. Brooke Alexander. On Monday, April 24, Betty Alexander had gathered a good group together for a working luncheon at the Cosmopolitan Club. We were guests of Mrs. Samuel Ordway who, unfortunately, was unable to be present. We missed her at her delightful luncheon. I spent the Monday night with old courier Jane Powell and left early the next morning for Pennsylvania. Our Philadelphia Chairman, Mrs. Henry S. Drinker, very kindly sent her car and chauffeur to drive me to Whitpain Farm in Ambler where I was the

guest of Mr. and Mrs. Morris Cheston in their lovely Early American home. On Tuesday evening the Chestons and I were dinner guests of Mrs. Drinker. On Wednesday, April 26, members of our Philadelphia Committee had a working luncheon at Whip-pain Farm. In the afternoon I flew to Washington where I stayed with Mr. and Mrs. Jefferson Patterson in "my Washington home." Marvin and I always have much to talk over together. Members of our Washington Committee gathered at the Sulgrave Club for their working session on Thursday, April 27. Our Washington Chairman, Mrs. Homer L. Brinkley, gave a small luncheon party after the meeting. Later in the afternoon I flew back to Lexington.

On Monday, May 8, I took off again—this time with Kate Ireland—to attend the Boston meeting. Mrs. Robert A. Lawrence had gathered a wonderful group of committee members and their husbands for a working session followed by dinner at the Harvard Club. Kate and I spent the night at the Hotel Somerset and took the air shuttle to New York the following morning. On Tuesday, May 9, we attended a meeting of the FNS Development Committee at the Cosmopolitan Club. Members of the Committee were present from Boston, Cleveland, Washington, New York, and Philadelphia. Much useful work was accomplished and I flew back to Kentucky that afternoon.

Friday, May 19, was the last of the working sessions in Lexington, Kentucky. Mrs. Floyd H. Wright, our Blue Grass Chairman, had invited a group to meet at the Idle Hour Club at noon. Kate Ireland and I drove down for the day.

As this Bulletin goes to press I am preparing for two professional meetings at which I have been asked to participate. The first is the annual meeting of the American College of Nurse-Midwifery in Milwaukee, Wisconsin, on June 8. I have been asked to discuss the work of the nurse-midwife in a rural area. Later in June I shall attend the Midwestern Regional Conference of the International Childbirth Education Association in Jackson, Michigan. I have been asked to speak and show slides of the FNS. This is one of three conferences being held in the United States this spring.

FAITH, HOPE . . . AND CREDIT

In the year 1736, Ben Franklin wrote: "The use of money is all the advantage there is in having money. For six pounds a year, you may have the use of 100 pounds, provided you are a man of known prudence and honesty."

It seems fairly certain that if Ben were around today he would raise his bifocals a little bit at the rash of credit cards which are literally being forced on the general public. Credit has always been with us, but never before does there seem to have been such a proliferation of it for Mr. and Mrs. Public. It is now possible to obtain even "instant cash" with the credit card.

Conservative economists deplore this trend; most merchants seem to think it's a great idea. We will let history pass judgment for us, but the situation is certainly one to make us think. Things are not always what they seem.

All that a good many school children learn nowadays about Franklin is the erroneous information that he was a penny-pincher. Franklin was a prudent man, but never a tightwad. He was fortunate enough to make a modest fortune early in life, and from then on he devoted himself largely to public service. One of his biggest achievements might be termed a "credit operation," this being his successful enlistment of French help in the Revolution.

What does this have to do with the present day credit card? Quite a bit, we think.

Franklin was a man of prudence and vision. If Franklin were alive today—and bereft of his fortune—he might very well use one of the new credit cards. But Franklin would use it probably to buy a book that would tell how to perform a service that would make enough to pay for the book and leave something over. We don't think that Ben would use his credit card for a color television set or a fly now, pay later trip to Florida, unless the latter was to help cure his gout.

Prudence, vision, and the ability to make that vision become a reality is another translation of our title, "Faith, hope . . . and credit." Franklin had all three.

So do most administrators of modern hospitals. Who among them has not talked with architects and consultants about new

buildings or other expansion of facilities before the money was in the bank? And who among them has not looked beyond the present, as new facilities were completed or dedicated, to still more expansion?

Hospitals, like businesses, cannot flourish by simply standing still. They must move ahead, and sometimes the first, second, and perhaps the third steps are taken on credit alone, but this is credit backed by faith, hope, and ability of the highest sort.

That's the kind we like and honor.

Sincerely,
John McGuire
President

—*The Colonial Crier*, Jan.-Feb. 1967
Colonial Hospital Supply Company
Chicago, Illinois

LOST AND FOUND

We have found a small, gold Elgin watch, with a very small gold bracelet, in the guest room in the Big House at Wendover, and, so far, have not been able to find its owner. Please let us know if anyone has lost such a watch.

FIELD NOTES

Edited by
PEGGY ELMORE

One of the highlights of the Spring of 1967 in the Frontier Nursing Service has been the filming of a new sound motion picture about our work. The old FNS movie, **The Forgotten Frontier**, filmed by Marvin Breckinridge (Mrs. Jefferson Patterson), has received wide acclaim for its excellence but this accurate depiction of the Service in 1930 is not indicative of the work as it is today, and the need of a new film has long been felt.

The Development Committee chose Vision Associates, Inc. of New York City to make the new motion picture. Mr. Lee Bobker, President of Vision, came to Wendover in early March to look over the field of work before preparing the script. Our assistant director, Betty Lester, who had played a prominent part in **The Forgotten Frontier**, was given the chore of lining up the patients who would take part in the new film. Everyone cooperated marvelously and much of the success of the film belongs to Betty and to Margaret McCracken for all their hard work.

Lee Bobker, his assistant, Ann Eisner, the two cameramen, Arthur Fillmore and Bob Bauer, and the soundman, Don Matthews, arrived at Wendover with a veritable mountain of equipment on Monday, May 1, and within thirty minutes had set up their camera and recorder and were busy filming and taping the sights and sounds of Wendover. The crew worked from early morning to late evening all week and Betty Lester and Phoebe Wood, their courier-driver, worked with them. When they left on Friday everyone was limp but tremendously elated about the week's work.

The film will touch on all aspects of the work of the FNS. One whole day was spent with Margaret McCracken and Lois Garber in the homes of patients on the Beech Fork District, and another half day was spent with Carol Gidney on Hyden District and Anne Cundle and Dorothy Hennings at Wendover. Dr. Wiss and Dr. Fox and the patients in the outpatient clinic at Hyden Hospital played their parts as did Carol Banghart and the stu-

dents in the Frontier Graduate School of Midwifery and the nurses and nurse-midwives in the operating room and delivery room at the Hospital. A thirty minute old baby and his parents had their place under the lights. Even the Wendover dogs were involved in a scene in the Big House living room! There was no detailed script and no scene was rehearsed.

One evening, Lee Bobker and Don Matthews drove to Winchester, Kentucky, to the home of Mr. and Mrs. Floyd Baker. Mrs. Baker, who was Edna Ritchie, had agreed to sing and play her dulcimer for the background music for the film. We have heard the tapes and can promise you the music will be enchanting. In fact, if we may make a prediction, we think the whole film will be delightful and we can hardly wait for September when it will be finished. The only problem for Mr. Bobker will be the one of condensing some 4,000 feet of film into twenty-eight minutes.

Betty Lester celebrated the departure of the film crew by breaking a small bone in her foot. We are glad this is not a serious injury and are deeply grateful to her for waiting until the filming was finished!

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We are deeply grateful to Mr. and Mrs. Roger L. Branham for the gift of an "FNS Sampler" designed by their daughter, Jinny. The central design of the sampler is The Cabin and barn at Wendover with the flower garden between and the mountains in the background. The FNS motto, "He shall gather the lambs with His arm and carry them in His bosom, and shall gently lead those that are with young" is written underneath the central scene. Around the border are all the animals—from chipmunks to cows—found at Wendover. This lovely sampler now hangs over the mantle in the living room of the Big House at Wendover.

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The Board of Governors of Frontier Nursing Service, Incorporated held its spring meeting at Wendover on Saturday, April 15. The Chairman, Mrs. Jefferson Patterson of Washington, D. C., arrived on Thursday and Mr. and Mrs. Charles W. Allen, Jr. and Mr. and Mrs. Henry R. Heyburn and their young son, Henry, arrived from Louisville on Friday. Mrs. F. H. Wright and Mr.

Homer L. Drew of Lexington and Dr. Francis Hutchins of Berea, accompanied by his wife, Dr. Louise Hutchins who is a member of our National Medical Council, came for the day on Saturday. Kate Ireland was already at Wendover and Mr. W. Roy Sizemore of Hyden came over for the meeting.

It means a great deal to all of us to have members of our Governing Board visit the field of work each spring.

. . . .

Graduation for the 52nd Class in the Frontier Graduate School of Midwifery was held in St. Christopher's Chapel in Hyden on March 18, 1967. Lois Garber has remained on the FNS staff and Grace Vandervort stayed on to help out at Hyden Hospital between classes in the School. Grace and two other students, Sara Hewitt and Linda Levenhagen, will soon be going overseas. Ruth Lewis returned to her home in Canada and Joy Brands has taken a job with the Kentucky State Department of Health. The seventh member of the class, Roberta Verhaeghe, was married in May. (See Old Staff News.)

The 53rd Class entered the School of Midwifery in early April. All seven students—Sylvia Bancroft, Alice Brauer, Nancy Ettinger, Carol Gidney, Myrna Goodman, Mabel Rusher, and Evelyn Tschetter—had been on the FNS staff for some months.

. . . .

It always gives us pleasure, and is, of course, a great help when members of the old staff return to work with the FNS. Mrs. Leslie Herd of Elizabethtown, Tennessee, who spent several weeks at Hyden Hospital last summer, has returned for the month of May. Sue Kallal came back in May and is again at Wolf Creek, relieving for Susan Cross who, unfortunately, has contracted mononucleosis and will have to be off duty for several weeks. Peggy Emrey, who is working with the Maternal and Infant Care Project in Harlan County, has been coming over on week ends to relieve for the district nurse-midwives. Joan Fenton, Carolyn Coolidge and Dorothy Jean Snell are all coming back in June to spend the summer in Kentucky.

We are very glad to welcome to the Wendover staff Miss Lillian Moreau of Edmonton, Alberta, Canada. Lillian will be

working in Agnes Lewis' office and will take over for her while Agnes is away on a long vacation this summer.

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Two senior student nurses from the University of Vermont, Susan Moses of Medford, Massachusetts, and Joan Lazer of White Plains, New York, arrived in early May for some weeks volunteer work with the Frontier Nursing Service. Student nurses spend part of their time in Hyden Hospital and part at an outpost nursing center and are most helpful to the nursing staff.

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Robert Norum, a senior medical student at Johns Hopkins University, Baltimore, Maryland, is spending several months with the Frontier Nursing Service this spring and summer. Bob is particularly interested in genetics and is doing a genetic study of some FNS patients and is also making himself generally useful to Dr. Wiss and Dr. Fox at Hyden Hospital. When Bob first arrived, he was accompanied by his Advisor, Dr. Victor McKusick, Professor of Medicine at Johns Hopkins.

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The couriers have found a wide variety of ways in which to be useful, and we have been fortunate in having five or six girls in and out of Wendover this spring. Jill Davenport was here until April; Phoebe Wood stayed on until May; and Pat Sweney did not have to leave until early June. They were joined by Judy Wakeman of Cohasset, Massachusetts, and Laura Day Yeomans of Norwich, Vermont, daughter of old courier Betty Pratt Booth. Three Beloit College students, Orlene Stradford, Fairport, New York, Rachel Greeley, Evanston, Illinois, and Susan Everdell, Concord, Massachusetts, came in April and May and will be with us until the summer junior couriers arrive in June. Rachel had lived in near-by Harlan for some years when her father was chief-of-staff of the Harlan Miners Hospital. These girls have driven Anna May January and helped her with the Cancer Project, have helped Dr. Wiss in the busy outpatient clinic at Hyden, and have stayed at the outpost centers with the district nurses in addition to the usual courier chores in and around Wendover.

The FNS had the honor of entertaining Her Excellency Lady Dean, the wife of the British Ambassador to the United States, at Wendover in early May. Lady Dean brought with her to Kentucky her sister, Mrs. Handley-Derry, and her sister-in-law, Mrs. Brian Richardson, who were visiting her from England, and Mrs. Alastair Maitland, wife of the British Consul-General in Cleveland. It was a pleasure to show these delightful guests something of the work of the FNS.

It has been fun having a brief glimpse of several old friends this spring. Mr. and Mrs. Roger L. Branham of Hingham, Massachusetts, and old courier Freddy Holdship of Sewickley, Pennsylvania, flew down for what turned out to be the most beautiful week end of the entire spring. The Beasley family came for Easter at Pluck's Rock and Ardith Clair was at Wendover at the same time. Old staff members Joan Fenton, Carolyn Coolidge, Dorothy Snell and Marie Sullivan spent week ends in the mountains as did old courier Beth Burchenal Jones of Cincinnati with her husband, Don, and their delightful young son, Billy. Kate Ireland entertained friends at Willow Bend, including her father, Mr. R. Livingston Ireland of Cleveland, Mrs. Charles P. Grimes of New York, and Mrs. John T. Lawrence of Cincinnati.

Another welcome guest this spring was Mrs. Robert Ashton Lawrence of Westwood Massachusetts, Chairman of our Boston Committee, who is old courier Patsy Perrin. This was Patsy's first visit to Wendover since her junior courier days. She brought with her her young daughter, Franny, and Franny's friend, Julie Grant. As we go to press we are all enjoying a visit from Miss Margaret Gage of Los Angeles, California. We are most grateful to Miss Gage for planning her annual visit at a time when she can help us get the spring Bulletin to the printer.

We have also had visits from a number of professional guests. Mrs. Mae E. Rosenberg and Dr. Coelho of the National Institute of Mental Health came for dinner one evening with Dr. Edgar Moles of Lexington. Miss Ruth Spurrier of the State Department of Health brought three guests from Thailand to Wendover and spent a night with us. Miss Veronica Sickinger, Mrs. Selma Shapiro, and Mrs. Diane Naegle of Eastern State School and Hospital in Trevoze, Pennsylvania came down for several days in May, as did Sister M. Jerome and Miss Priscilla Kathan

from the Johns Hopkins Nurse-Midwifery Program and Miss Louise Retka, Miss Pat Butler, and Mrs. Susan Earley from Cincinnati Children's Hospital.

As the end of May approaches, we are looking forward to a visit from a number of out-of-state Trustees and friends who plan to attend the 43rd Annual Meeting of the Frontier Nursing Service in Lexington on May 31 and come up to Wendover for a Leadership Conference on June 1 and 2.

INFORMATION, PLEASE

The hospital porter reached wearily for the reception telephone.

'Loamshire General Hospital. Can I help you?'

'I am enquiring about a Mr. Albert Smith . . .'

'Ward number, sir?'

'I am afraid I don't know his ward number.'

'One moment, sir.' The porter rustled his charts. 'Yes, we have a Mr. Albert Smith, sir. Ward C, third floor.'

'Thank you. Would you mind putting me through to the Sister in Charge?'

Two minutes later: 'Floor sister speaking . . .'

'Ah. Can you tell me how Mr. Albert Smith of Ward C is getting along?'

'Certainly, sir. Mr. Smith is doing very nicely and should be discharged next Wednesday. Are you a relative? May I have your name?'

'Well, actually, it's Albert Smith. In this outfit you just can't find out a thing!'

—By courtesy of *'600' Magazine*,
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London, England.

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(Post Office, Big Fork, Leslie County)

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S.C.M. stands for State Certified Midwife and indicates a nurse, whether American or British, who qualified as a midwife under the Central Midwives Boards' examination of England or Scotland and is authorized by these Boards to put these initials after her name.

C.M. stands for Certified Midwife and indicates a nurse who qualified as a midwife under the Kentucky Department of Health examination and is authorized by this Department to put these initials after her name.

FORM OF BEQUEST

For the convenience of those who wish to remember the Frontier Nursing Service in their wills, this form of bequest is suggested:

"I hereby give, devise and bequeath the sum of _____ dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky."

HOW ENDOWMENT GIFTS MAY BE MADE

The following are some of the ways of making gifts to the Endowment Funds of the Frontier Nursing Service:

1. **By Specific Gift under Your Will.** You may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.
2. **By Gift of Residue under Your Will.** You may leave all or a portion of your residuary estate to the Service.
3. **By Living Trust.** You may put property in trust and have the income paid to you or to any other person or persons for life and then have the income or the principal go to the Service.
4. **By Life Insurance Trust.** You may put life insurance in trust and, after your death, have the income paid to your wife or to any other person for life, and then have the income or principal go to the Service.
5. **By Life Insurance.** You may have life insurance made payable direct to the Service.
6. **By Annuity.** The unconsumed portion of a refund annuity may be made payable to the Service.

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The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.



FRONTIER NURSING SERVICE, Inc.

Its motto:

"He shall gather the lambs with his arm
and carry them in his bosom, and shall
gently lead those that are with young."

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives for rural areas in Kentucky and elsewhere, where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and midwifery training schools for graduate nurses; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service, to obtain medical, dental and surgical services for those who need them at a price they can afford to pay; to ameliorate economic conditions inimical to health and growth, and to conduct research towards that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them, to cooperate with individuals and with organizations, whether private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

Articles of Incorporation of the
Frontier Nursing Service, Article III.

DIRECTIONS FOR SHIPPING

We are constantly asked where to send gifts of layettes, toys, clothing, books, etc. These should always be addressed to the FRONTIER NURSING SERVICE and sent either by parcel post to Hyden, Leslie County, Kentucky 41749, or by freight or express to Hazard, Kentucky.

Gifts of money should be made payable to

FRONTIER NURSING SERVICE,
and sent to the treasurer

MR. EDWARD S. DABNEY
Security Trust Company Building
271 West Short Street
Lexington, Kentucky 40507



"THE HORSE BARN FROM THE "BLOSSOM PATCH"

Photograph by Earl Palmer

