

FRONTIER NURSING SERVICE QUARTERLY BULLETIN

VOLUME 46

SPRING, 1971

NUMBER 4



Photograph by Earl Palmer

"Wendover—Pop. 21 Approx"—so says the sign at the front gate as photographed by our old friend, Mr. Earl Palmer, in the early Fifties. As long as "Approx" remains on the sign, it is still appropriate. The population of Wendover swells by day to between thirty and forty people with the arrival of the office, maintenance and some of the domestic staff, and dwindles to around ten permanent residents and couriers in the evening.

FRONTIER NURSING SERVICE QUARTERLY BULLETIN

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DON'T QUIT

When things go wrong, as they sometimes will
When the road you're trudging seems all uphill,
When the funds are low and the debts are high,
And you want to smile, but you have to sigh,
When care is pressing you down a bit—
Rest if you must, but don't you quit.

Life is queer with its twists and turns,
As everyone of us sometimes learns,
And many a fellow turns about
When he might have won had he stuck it out,
Don't give up though the pace seems slow—
You may succeed with another blow.

Often the goal is nearer than
It seems to a faint and faltering man;
Often the struggler has given up
When he might have captured the victor's cup;
And he learned too late when the night came down,
How close he was to the golden crown.

Success is failure turned inside out—
The silver tint of the clouds of doubt.
And you never can tell how close you are,
It may be near when it seems afar;
So stick to the fight when you're hardest hit—
It's when things seem worst that you mustn't quit.

—Contributed
Author unknown

URGENT NEEDS

HYDEN HOSPITAL PLANT

Each year since we began planning for a new hospital, we have spent as little as possible on repairs to the old building. But, the heavy patient load and the enormous amount of paper work required of all hospitals in this day and time have necessitated larger professional and clerical staffs, and more modern equipment to make it possible for doctors, nurses and secretaries to work under extremely crowded and difficult circumstances.

Listed below are items that are essential in order to give good care to the patients and to enable the staff to work more efficiently. All hospital equipment and office furniture will be usable in the new hospital and transferred to it when it is completed.

Any and all gifts toward these items will be deeply appreciated.

1. OFFICE FURNITURE:

3—small metal desks	@ 125.25 — 375.75	
3—large metal desks	@ 228.50 — 685.50	
3—secretary chairs	@ 57.95 — 173.85	
2—desks	@ 131.12 — 262.24	\$1,497.34

- 2. **COLOR-CODED FILING SYSTEM:** for Medical
Records Office 1,296.06
- 3. **ROTARY FILES:** for easier reference to patients'
records..... 256.37
- 4. **MICROSCOPE:**..... 515.50
- 5. **CLINIC EXAMINING BED AND STRETCHER:**.... 577.20
- 6. **DRESSING CART:** used on wards..... 267.75
- 7. **OXYGEN ANALYSER:** for pediatric ward..... 196.25
- 8. **CENTRIFUGE:** for Midwives Training Depart-
ment..... 85.50
- 9. **NEW KITCHEN RANGE:** new parts to repair the
old one would have cost 2/3 of what this new,
demonstration unit cost..... 715.90

10. **NEW COMPRESSOR FOR OPERATING ROOM AIR-CONDITIONER:** installed 137.95
11. **SHELVES:** put in office of Chief of Clinical Services—badly needed—materials and labor—estimated..... 50.00

**MARGARET VOORHIES HAGGIN QUARTERS
FOR NURSES**

1. **BEDSPREADS:** 12 @ 6.00 each.....\$ 72.00
2. **PIN-UP LAMPS:** for bedrooms—6 @ 3.98 each..... 23.88
3. **BEDSIDE RUGS:** 10 @ 3.95 each..... 39.50
4. **BOOKCASES:** 6 @ 25.00 each..... 150.00

MARDI COTTAGE

Quarters for Frontier Graduate School of Midwifery

1. **BEDSIDE RUGS:** 12 @ 3.95 each.....\$ 47.40
2. **ALUMINUM COOKERS:** 1—6-qt. @ 4.98
1—8-qt. @ 5.98..... 10.96
3. **STAIR TREADS AND RISERS:** materials and labor—estimated..... 35.00
4. **CARD TABLE:** needed to extend dining table—quoted @ 16.95

JOY HOUSE

Gift of Helen Newberry Joy

1. **NEW ELECTRIC RANGE:** quoted, less discount @\$ 233.95
2. **NEW FLOOR COVERING FOR HALF BATH:** (1st floor) materials and labor—estimated..... 25.00
3. **SECOND FLOOR BATHROOM:** floor covering replaced..... 50.00
4. **CONNECTING JOY HOUSE WITH CITY SEWAGE SYSTEM:** digging ditch for pipe line, gravel, pipe and fittings, and labor—estimated.... 350.00

5. **ENTRANCE PORCH:** underpin with concrete blocks and pour cement floor to replace old wooden floor and eliminate frequent painting—materials and labor—estimated..... 175.00

WENDOVER

1. **DRAINAGE FIELDS FOR OLD HOUSE AND GARDEN HOUSE—RELOCATED:** essential to prevent pollution of the river below—new trenches dug, pipe lines and distribution boxes installed to meet State Board of Health requirements—materials and labor.....\$1,295.85
2. **NEW OFFICE DESKS AND CHAIRS:** replacing the worst of the old, inadequate, patched-up army surplus equipment now in use:
 1—large metal desk with adequate drawer space..... 329.95
 2—metal desks 210.00
 1—metal desk 145.00
 4—steno chairs 172.00... 856.95
3. **FLOOR COVERING FOR GARDEN HOUSE OFFICES:** The finish is worn off the floors. Maintenance is difficult and too expensive. A good grade of vinyl floor covering seems to be the best answer. For 7 offices and hallway—materials and labor—quoted @..... 750.00
4. **CALCULATOR:**..... 625.00
5. **OLD HOUSE—PAINTING:** guest room, bathroom and hallway—paint and labor..... 82.80
6. **GARDEN HOUSE—PAINTING:** 3 offices, hallway and 2nd floor bathroom—paint and labor..... 341.55
7. **FORGE SHOP REPLACED:** built of concrete block after old wooden shed collapsed—materials and labor..... 275.00
8. **LOWER CISTERN REPAIRED:** complete new conical roof—lumber, shingles and labor..... 307.43
9. **CABIN ROOF REPAIRED:** materials and labor.... 149.00

10. ROSE GARDEN RETAINING WALL: re-laid—cement and labor.....	106.35
11. FIRE EXTINGUISHER: replacement.....	51.31
12. PIN-UP LAMPS: 5 @ 5.00 each.....	25.00

BEECH FORK NURSING CENTER
Jessie Preston Draper Memorial

1. WATER SYSTEM: The cypress storage tank is leaking past repair. We have been advised that a pressure tank would be more satisfactory and less expensive than to buy a new cypress tank—pressure tank, 1" pipe, digging ditch line, laying and connecting pipe—materials and labor.....	\$ 100.00
2. NEW ROOF ON CENTER: asphalt shingles and labor—estimated.....	750.00
3. GUTTERING—REPLACED: materials and labor—estimated.....	175.00
4. CENTER—PAINTED: carpentry repairs, paint, materials and labor.....	267.58
5. KITCHEN FLOOR: weak flooring needs replacing and new floor covering laid—materials and labor—estimated.....	150.00
6. KITCHEN ENTRANCE STEPS—REPLACED: rough lumber, nails and labor.....	31.50

BRUTUS NURSING CENTER
Belle Barrett Hughitt Memorial

1. CENTER—EXTERIOR PAINTED: materials and labor.....	\$ 326.60
2. BATHROOM: remove old tile, repair floor and lay good grade of floor covering—materials and labor—estimated.....	50.00
3. NEW FLOOR COVERING FOR CLINIC WAITING ROOM: materials and labor—estimated.....	125.00

4. **BOOK SHELVES FOR CLINIC:** for books, magazines and pamphlets—materials and labor—estimated..... 25.00
5. **SPRING HOUSE REPAIRED:** roofing, nails and labor..... 35.00

FLAT CREEK NURSING CENTER

Caroline Butler Atwood Memorial

NONE

RED BIRD NURSING CENTER

Clara Ford

1. **AUTOMATIC WASHER AND DRYER:** at present the wringer-type washer has to be rolled from waiting room to kitchen to connect it with water; and the clothes have to be carried up steep steps to the attic for drying in winter—quoted @ washer—278.96
dryer —179.96.....\$ 458.92
2. **INDOOR-OUTDOOR CARPETING:** for living room —33-2/3 sq. yd. @ 8.50 laid..... 285.00
3. **HEAVY DUTY LAWN MOWER:** The grounds in front of the center have been cleared of scrub trees and underbrush and sown in grass. A heavy-duty mower is needed to keep the grounds tidy. quoted @..... 210.00
4. **FLOOR LAMPS:** the two lamps bought when the center was built are past repair—2 quoted @ 29.95..... 59.90

WOLF CREEK NURSING CENTER

Margaret Durbin Harper Memorial

1. **FLOOR COVERING FOR CLINIC AND WAITING ROOM:** 2 large rooms, with pine floors which no longer hold paint. 3/8" plywood laid on top of old floors to make them smooth and a good grade of floor covering laid on top of that—materials and labor—estimated.....\$ 300.00

2. INDOOR-OUTDOOR CARPETING:

Living Room.....	25-sq. yds. quoted @ 8.50		
	—laid.....	212.50	
Dining Area.....	20-sq. yds. quoted @ 8.50		
	—laid.....	170.00	
Hallway.....	11-sq. yds. quoted @ 8.50		
	—laid.....	93.50	476.00

3. LIVING ROOM DRAPERIES: for 3 large picture windows—materials and labor—estimated..... 300.00

4. LIVING ROOM CHAIRS: replacement of two which cannot be repaired—quoted @ 80.00 each..... 160.00

NO BODY'S PERFECT!

"I want to exchange these snakeskin pumps," a woman in the crowded shoe store told the clerk. "They are imperfect, see those scratches?"

The clerk agreed that there were some tiny scratches and brought out another pair. The lady examined them carefully. "These are marred, too."

A few minutes later the clerk returned with eight pairs of shoes. The customer thought she detected some flaw in each pair. "They're all imperfect!" she exclaimed as she discarded the last one.

"Madam," the salesman said wearily, "I'm not perfect, you're not perfect. How can you expect a snake to be perfect?"

—*Modern Maturity*, April-May, 1966

COMMUNICATIONS

by
PEGGY ELMORE

It has been some ninety-five years since Mr. Alexander Graham Bell presented the world with the telephone and, although in the lifetime of many of us it has evolved from a rather crude to a fairly sophisticated instrument, it is something most of us take for granted now.

There were telephones in Leslie County when the FNS was begun in 1925 but our old staff member, Della Int-Hout, tells us the story of an important call from Stafford, Kansas, to the FNS Outpost Center at Bowlingtown, which took three days—and a pack mule—to complete in the early Thirties. It seems that Bowlingtown was not listed in official telephone records and the Chief Operator called half a dozen points in Kentucky, including two sheriffs and a railroad, to get information. The railroad said the mail went by pack mule. A sheriff suggested the State Police who obliged by taking the message as far as the road went and there turning it over to the mailman and his mule. Three days after the call was made, the recipient reached a telephone and the call was completed.

All of the outpost nursing centers were linked by phone with Hyden and Wendover in the early days, sometimes utilizing Forestry Service lines, sometimes using lines maintained by FNS. And maintenance could be a problem—because the wire made such good clothesline! Communication was often by relay—from, for example, Brutus to Bowlingtown, to Confluence, to Hyden, to Wendover—and there were times when the message which reached its destination was not quite the same as originally intended. One day the late Jean Hollins received news at Wendover, from Brutus, that “the milk of Blinkie was paltry”. Now Blinkie was a young, fine cow, and, moreover, she was fresh. So Jean checked back and found that the original message, intended for the doctor and not the animal husbandry department, had said, “Bill Couch’s wife has palsy”!

In 1961 the FNS replaced the old, hand-crank telephones, which definitely had character, with dial phones which didn’t. Oh, there were advantages to the dial phones—Wendover and

Hyden Hospital had two lines each, plus an intercom circuit, many more families had phones, and we could use them twenty-four hours a day if we wished. With the old phones the switchboard was closed from 10:00 p.m. until 6:00 a.m., but that was no great disadvantage. Most people were in bed by ten and if there were an emergency at the hospital "Central" was always willing to keep the board open or come back in the middle of the night and help cope with the problem. We can even remember one night when the operator stayed on for nearly an hour while Dr. Beasley, at Hyden Hospital, sought Leigh Powell's advice, from Wendover, on some emergency canine surgery.

The old system was a friendly one. When the phone rang the combination of longs and shorts told us immediately for whom the call was intended. If we needed to locate someone in town, all we had to do was call the switchboard and the operator would tell us where she had last seen the person or keep an eye open for her. And, on the more serious side, if we needed blood donors, all we had to do was tell the operator the names and she would produce the donors. When the Beasleys first came to Hyden, Trink received a call from her seven year old son who said: "Mama, I'm having lunch in the jail. 'Bye.'" Trink had no idea where the jail was, or what misdemeanor her eldest might have committed. So she called the operator who said, "Oh, yes, Mrs. Beasley, your son must be in the second grade. The jailor's son is in the second grade too, and his mother is one of the best cooks in town so you needn't worry." Trink was quite reassured, even though she still didn't know where the jail was.

The dial system may have given us better telephone service but it wasn't half as interesting and during the last two or three years we have, at the hospital anyway, begun to outgrow our "new" system. We don't quite know why but when the hospital is dialed, the phone only rings once, and sometimes not at all—and this was (and is) very frustrating. So last summer we agreed to the installation of an even newer system—with a sort of push-button switchboard which can be moved into the new hospital—which will give us the phones we need at Hyden and will tie Wendover and Hyden Hospital into the same intercom circuits, thus eliminating the two-to-three minute automatic cut-off presently on local calls. Brevity is a fine trait to cultivate but

it often takes most of that two-to-three minutes to locate the person one wants! The new system has been in the process of installation for some months and the old phones will soon be cut off at Wendover. (We will retain the old numbers.) Now we must try to learn what to do with the new "switchboard" and try to remember to dial three intercom numbers instead of one or two, and try to get all the "bugs" ironed out. Wendover has been the "guinea pig" and we are still waiting for the new system to go in at the hospital.

For some time now our friends have been able to dial us directly and we hear a rumor that we, too, will have the advantage of direct dialing by the end of the year and we hope that a solution will soon be found for the problem which causes most long distance calls either to fade away or to cut off in the middle of the conversation. Thus, between the Emergency Radio Network and the new telephones, modern communications have come to the FNS. We wonder if it will *ever* be as good as the grapevine!

At a dinner party, a shy young man had been trying to think of something nice to say to his hostess. At last, he saw his chance when she turned to him and remarked, "What a small appetite you have tonight, Mr. Jones."

"To sit next to you," he replied gallantly, "would cause any man to lose his appetite."

—*Modern Maturity*, April-May, 1969

THE ANNUAL MEETING

The Forty-Seventh Annual Meeting of Frontier Nursing Service, Incorporated was held at Spindletop Hall in Lexington, Kentucky, on Wednesday, May 26, 1971, following luncheon at 12:30 p.m. Arrangements for the meeting were handled by the FNS Blue Grass Committee, under the chairmanship of Mrs. John H. Kerr, Jr. and Mrs. Carter Stanfill, and we were all gratified by the large attendance of interested members and friends.

The National Chairman of Frontier Nursing Service, Mrs. Jefferson Patterson of Washington, D. C., introduced the Rev. Edward Hopper of Lexington, who gave the Invocation, and Dr. Peter Bosomworth, Vice President for Medical Affairs at the University of Kentucky, who expressed the University's interest in the new Family Nurse training program being developed by Frontier Nursing Service. Mrs. Patterson also introduced the members of the Board of Governors who were present and two out-of-state Trustees, Miss Fredericka Holdship of Sewickley, Pennsylvania, and Mrs. H. David Hickey, National President of the Daughters of Colonial Wars.

The Treasurer's Report was given and the Budget for the new fiscal year was presented by the Assistant Treasurer, Mr. Homer L. Drew. Mrs. Patterson reported that the Mary Breckinridge Hospital Fund had gone "over the top" during the past fiscal year, and Dr. W. B. Rogers Beasley, Medical Director of the FNS, reported on the progress of the Family Nurse program. The Director, Miss Helen E. Browne, reviewed the most important events of the past year and introduced the staff members who were present for the meeting.

Mrs. J. Gibson McIlvain II of Devon, Pennsylvania, and Mrs. Alfred R. Shands III of Louisville, Kentucky, were elected to the Board of Governors. New Trustees elected were Mr. A. B. Comstock and The Hon. Thruston Morton of Louisville and Mrs. William C. Robinson, Jr. of Versailles and Sewickley, Pennsylvania.

In Memoriam

MR. TAYLOR G. FELTNER
Manchester, Kentucky
Died in February, 1971

MRS. CASPAR F. GOODRICH
Princeton, New Jersey
Died in November, 1970

MR. HAROLD O. HUNT
Wayzata, Minnesota
Died in March, 1971

MR. WILLIS W. REEVES
Hazard, Kentucky
Died in February, 1971

MR. WALTER G. ROSS
Washington, D. C.
Died in September, 1970

MR. EDWARD F. SPEARS
Paris, Kentucky
Died in December, 1970

MRS. RODERICK TOWER
Locust Valley, New York
Died in November, 1970

MRS. FRASER WILKINS
Washington, D. C.
Died in May, 1971

DR. KARL M. WILSON
Rochester, New York
Died in February, 1971

MRS. CHARLES C. WINDSOR
Washington, D. C.
Died in December, 1970

THE TWENTY-THIRD PSALME

The God of love my Shepherd is,
And He that doth me feed,
While He is mine, and I am His,
What can I want or need?

He leads me to the tender grasse,
Where I both feed and rest;
Then to the streams that gently passe:
In both I have the best.

Or if I stray, He doth convert,
And bring my minde in frame:
And all this not for my desert,
But in His holy name.

Yea, in Death's shadie black abode
Well may I walk, not fear;
For Thou art with me, and Thy rod
To guide, Thy staffe to bear.

Nay, Thou dost make me sit and dine
Ev'n in my enemies' sight;
My head with oyl, my cup with wine
Runnes over day and night.

Surely Thy sweet and wondrous love
Shall measure all my dayes;
And as it never shall remove,
So neither shall my praise.

—George Herbert, 1593-1632

Dr. Karl M. Wilson, the first professor of obstetrics and gynecology at the University of Rochester, was a strong supporter of the Frontier Nursing Service and a long time friend. He found time in his busy career to send physicians to Kentucky to help us during the difficult years in the 1940's. We remember his love of mankind and great concern for the welfare of all people.

We were shocked by the sudden death of Mrs. Fraser Wilkins. She had been an active member of our Washington Committee and we will long remember her efficiency in organizing benefit programs in Washington.

Several of our Committees have lost members during the year. Mrs. Caspar F. Goodrich of Princeton, New Jersey, had been a faithful supporter of FNS for over thirty-five years. We are grateful to her for remembering us in her last will and testament. Our gratitude also goes to Mr. Walter G. Ross of Washington and to Mrs. Roderick Tower of Locust Valley, New York, for remembering the FNS with a legacy.

Good friends of many years in our area of Kentucky have left us. Mr. Taylor Feltner of our Red Bird Committee could always be relied on by our nurses. Many patients have waited in his store for transportation to clinics in Lexington. A warm place in which to wait on a cold winter morning is most welcome.

Mr. Willis W. Reeves of Hazard, Kentucky, was a charter member of the FNS Committee in his town. During the early years of our work many staff members were grateful to Mr. and Mrs. Reeves for hospitality shown them.

To the families and friends of all these good people we send our heartfelt sympathy.

OLD COURIER NEWS

Edited by
JUANETTA MORGAN

From Parker Gundry Trostel, Williams Bay, Wisconsin

—March 26, 1971

We have been living in Williams Bay for about two years now. My husband heads a small manufacturing firm nearby. I keep myself out of trouble by working. I first began to write for a weekly newspaper and then I started working for the YMCA in Lake Geneva. When the Y job stops for the summer, I am going back to work for the newspaper.

The children are thriving. Rick still loves music and skiing and sailing. Both he and Kimmie went to Interlochen Music Camp last summer and are going again this summer. Kimmie is a great reader and consumes books like the housewife consumes the paper. Margie is in kindergarten and seems to adore it.

We leave a week from today for the Virgin Islands for a heavenly trip on a sail boat. Al and I did this two years ago and now we want to do it with the children.

. . . .

From Diane Johnson, Rice Lake, Wisconsin—March 30, 1971

I miss Kentucky, the FNS and all the people I met while there. It is really the people that make the experience meaningful and unforgettable. Thanks so much for everything that you did for me and for the work that you do everyday—it gives me confidence that there will always be good in this world.

I am at school now and like it very much. Spring is coming and I can't wait to get outside again.

. . . .

From Denny Doak, Seattle, Washington—April 21, 1971

I am going to Outward Bound this summer which is going to be really great and I can't wait to get started. After Outward Bound I am hoping to work at a summer camp. This fall I am going to a college in northern Washington which has a

special school of ecology, which I want to go into. Bonnie Reilly is still here and we are having a great time together. She plans to return to her home in Wisconsin the middle of May.

.

From Anna Johnson, Berkeley, California—May 4, 1971

I am currently living in Berkeley and working in various areas of theatre, including teaching drama to primary school children. Life is busy to the point of being hectic but the teaching, in particular, is satisfying.

.

From Katherine Trowbridge Arpee in Iran—May 13, 1971

Have had a delightful time with family and friends in this fascinating country. In Isfahan I met Barbara Brierly who visited the FNS in 1964!

.

From Laura Parrish, Paris, Kentucky—May 20, 1971

It was so good to see you at the airport a few weeks ago, but I must admit I wasn't feeling too well. My appendix did rupture and gave me quite a time for awhile. I ended up having to drop out of school but will try to return in the fall.

I shall hate missing the annual meeting in Lexington, but Betty [her sister and an old courier] has a new baby girl and the family is paying her a visit that week.

.

We extend our heartfelt sympathy to Marianne Stevenson Harper whose mother died March 25, 1971.

.

A BABY

Born to Mr. and Mrs. Joseph Alan Feely II (Lydia Dale Allen), of Wiscasset, Maine, a son, Spencer Cushing Feely.

.

WEDDINGS

Miss Julia Thomson Breckinridge of Summit Point, West Virginia, and Mr. James Edwin Davis, Junior, of Columbus, Georgia, on April 24, 1971, in Berryville, Virginia.

Agnes Lewis, who attended the wedding, has written the following:

"Julie wore Mrs. Mary Breckinridge's wedding veil over an off-white satin gown—she truly was a radiant bride. Jim, in full Marine dress uniform, gave her away; brothers Breck and John were two of the ushers; a cousin was maid of honor and Martha Prewitt was flower girl. Julie cut the wedding cake with her great, great grandfather's (General John C. Breckinridge) sword. After a wedding trip to Jamaica, they are now at home in Columbus, Georgia."

Miss Wendy Busselle Neel and Mr. Patrick Clay Kennedy on May 15, 1971, in McLean, Virginia.

Our very best wishes go to both of these young couples.

THE DEFAULTER

In the private office of a mill in a remote valley near Huddersfield I noticed an old-fashioned clocking-in machine. I asked if it was in honourable retirement. On the contrary, I was assured, it had never been used. It was the first to be installed in the area and the workers ignored it. A special injunction from the proprietor to all departments had no better result. He sent for old Matthew and asked why he had not clocked in and out as instructed.

'Well, tha knaws, Boss, it tak's yoong prentice lads ti larn new tricks an' Ah'm abit passt that. What's t' idea onyway?'

'I want to find out who comes late.'

'That's easy; there's nobut thee, so tha might as well put it here in t' private office.'

The boss took Matthew's hint, and there the clock remains.

—*George Hudson*

—*The Countryman*, Winter 1970/71, Edited by Crispin Gill, Burford, Oxfordshire, England.

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THE LESLIE COUNTY PUBLIC LIBRARY

“... To grow is to change, and to have changed often is to have grown much.”

—John Henry Newman

The Leslie County Public Library was dedicated in ceremonies held in the new building in Hyden, Kentucky, on the afternoon of Sunday, May 16, 1971. Mr. Don Huff, formerly of Hyden and now an Assistant to the Highway Commissioner, was the guest speaker and refreshments were served to the guests at the Open House following the service of dedication.

Cardinal Newman's quotation is most appropriate when describing the evolution of library services in Leslie County. The first library was started in 1940 and was called the Pack Horse Library Project since books were carried in the saddle bags on horseback! The headquarters for the project were in the Presbyterian Community Center in Wooton and, when government funds became available, there was a trained librarian aided by Mrs. Mollie Skeens and Corbitt Begley. In 1954, Leslie County was presented its first bookmobile by the University of Kentucky Athletic Association and the library was moved to the school grounds in Hyden. During the 1960's the library moved several times with the help of the high school students and the Youth Council. Leslie County passed a Library Tax by the largest majority of any county in Kentucky and the Ministerial Association members took turns driving the bookmobile when a driver was not available. During the past two years a new building has been completed and the library has moved to its permanent home.

The Library Board and the Librarian, Mrs. Rogers Beasley, and her Assistant Librarians, Mrs. Leonard Hood and Mrs. Herman Siedschlag, are to be congratulated because they have made the Leslie County Public Library an active community center. One may find the latest novels, a good reference collection, records and copies of famous paintings which may be “checked out” with the books, a special corner with a woolly rug where the small children can be comfortable for their special “story hour” each week, audio-visual equipment, good music, and the latest “hits”. In the spring of this year, there was an exhibit

of great religious art, loaned by the National Gallery in Washington, and the noted wildflower artist, Mrs. Nellie Meadows, came with a display of her original paintings and prints. Local crafts are on sale at the library at all times and special exhibits of paintings, quilts and other handicrafts are arranged. The community room on the second floor, which contains a small kitchenette, is used by every committee and agency in the area for meetings. The Senior Citizens Club has its headquarters at the library as does the Leslie County blind. One of the librarians gives knitting lessons! It is said that our librarians feel that a county librarian should like people as much as she likes books. Perhaps this is the reason the Leslie County Public Library is such a tremendous asset to our area.

HEADS OR TAILS

God gave us two ends; one to sit on—the other to think with. A man's success depends on which end he uses most. It is a case of

HEADS YOU WIN!
TAILS YOU LOSE!

—Contributed

A LOOK BACK

[Editor's Note: In 1937, we met the crisis of a shortage of nurse-midwives by starting our own educational program, primarily to keep our own field staffed. Thirty years later we started to develop our Family Nurse program (an extension of the midwifery program) to help fill the gap in health manpower. By making this latest move, we feel we are one step nearer to achieving our object. Some of our readers will remember the beginning of the Frontier Graduate School of Midwifery. We reprint a report of it here to refresh their memories and for the interest of newer friends.]

Our members know that the Service nursing staff is British-American. It is composed of American nurses who have gone to Great Britain for graduate training in midwifery and of British nurses who have been equipped through such training for what the British call "overseas" and we call "frontier" work. The whole plan of the Service is an adaptation of the Highlands and Islands Medical and Nursing Service, which was especially designed by the late Sir Leslie MacKenzie to meet the problems of that rocky country comprised in the Hebridean and Shetland Islands and the northern coast of Scotland. Under this system Great Britain met the health needs of her only frontier country in the British Isles; but variations of the same system are in operation throughout the colonial possessions of the Empire. It was therefore possible until the war to supply our nursing staff in two ways. One way was to bring over British nurses, many of whom were experienced in frontier work from South Africa to the Australian bush, from India to Labrador. The other way was to send American nurses to Great Britain for post-graduate training. The war has shut down absolutely on both these sources of supply. In addition to making it impossible for us to get new qualified nurses, the poignant needs of the Old Country have caused a number of our British nurses to go back for the duration of the war. From the beginning of the war until the close of our fiscal year, seven of our old staff went back to Great Britain. Three or four will go back during the summer. It will be seen that the Frontier Nursing Service has to face a considerable problem of readjustment and face it during a period of sorrow and strain. We have always operated as a family, and some of these British nurses have been with us many years and are like own sisters.

The situation created for us by the war was not unexpected. As far back as January 12, 1939, at an Executive Committee meeting we discussed what we would have to do when war came. In our annual meeting of trustees on May 24, 1939, a plan for meeting the dislocations that war would bring the Frontier Nursing Service was presented to the trustees. It was our wish to get it into operation in advance but, although we had the forethought, we hadn't the money.

After war was declared, an Executive Committee meeting was held in Louisville and the plan for training American registered nurses in midwifery and frontier technique, was approved, to be put into operation as rapidly as possible. During the same week this plan was endorsed by the Kentucky State Board of Health and also by the Medical Advisory Committee of the Frontier Nursing Service at a special meeting. The plan was submitted in detail to approximately two thousand mountaineers at eight rallies held in the eight areas covered by the Frontier Nursing Service field of operations, and was unanimously endorsed by all. Since it had to be carried out at Hyden, in the Frontier Nursing Service Hospital and on the districts adjacent to the Hospital, it was submitted to the Hyden district committee of the Frontier Nursing Service, at a special meeting held at the Hospital, and received the committee's unanimous endorsement.

It will be recalled that from the beginning of its work the Frontier Nursing Service anticipated the day when it could use its demonstration area as a training field to teach frontier work to both physicians and nurses, in order to prepare them to do similar work in other outpost areas. This part of our program had been deferred only for lack of larger hospital facilities and for lack of special funds to cover costs. The war left us no choice but to start the nurse-training plan at once with such scholarship funds as we could raise, and with our all too meager accommodations. On November 1st we opened our first postgraduate course for American nurses in midwifery and frontier technique, with two pupil nurse-midwives and with our Assistant Director, Miss Nora Kelly, in charge of the course. Two of the three Hyden districts were consolidated into one, and all the maternity work on these two districts was given over to the training school, while to a non-midwife nurse was given the sick nursing and public

health on these two districts. Such of the maternity cases transferred to the Hospital as were normal were used for teaching purposes under the direction of the Hospital nurse-midwife, Miss Betty Lester, while the pupil nurse-midwives were allowed to give nursing care under Dr. Kooser to the abnormal cases. When Miss Lester sailed for England, Miss Louise Mowbray took over the Hospital teaching for the second class. Dr. Kooser gave the medical lectures and our first Assistant Director, Miss Dorothy Buck, the quizzes. The Kentucky State Board of Health agreed to certificate the young graduates of the course upon the satisfactory completion of an examination conducted by the Board. In the number of cases given the pupil midwives, divided between the districts and the Hospital; in the course of lectures; in the classroom instruction; the course corresponded to the four months' course endorsed for nearly twenty years by the Central Midwives Board of England until it was lengthened in recent years. The Frontier Nursing Service expects to be able to lengthen its course this autumn; and will train at least six nurse-midwives at a time instead of two, whenever we receive the funds to build a nursing home and release needed Hospital space for a maternity wing.

Although this course is set up primarily to meet our own acute emergency caused by the war, it is also a part of our permanent program. When our emergency has been met, we will be able at last to respond to the calls so frequently made upon us to provide frontier nurses for American outposts from the Caribbean to Alaska and including the Indian reservations.

We want to make special mention of the courtesy of the Lobenstine Clinic in New York in taking two nurses to train for midwifery for us in their January class. These nurses come to us in the late summer and will be ready for duty when our couriers have taught them to ride well enough to cope with a rough mountain country and when our older nurse-midwives have broken them in to our frontier technique.

Reprinted from The Quarterly Bulletin
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No. 1, Summer, 1940

OLD STAFF NEWS

Edited by
EILEEN H. MORGAN

From Pat Sarge in Bethel, Alaska—February, 1971

I am doing fine, traveling around and seeing the country. At present it is 12 degrees but feels like spring.

My work is progressing well, but I still miss you all and beautiful Kentucky. Tell everyone hello for me.

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From Eileen Stark in Bahia, Brazil—February, 1971

Meetings are over for the time being. I started out at the Board of Directors meeting on January 3 and finished at the conference for primary teachers on February 11.

When I arrived home I found everyone happy and bubbling over from vacation experiences.

We have lights!! They were inaugurated while I was gone and I'll confess that I got goose bumps when I heard the news. I am just afraid that this progress will be the ruination of our health. When we used the fifo (tin can lamp) we were usually in bed by nine and now before we know it, it's eleven! The lightning struck our 220-110 transformer, burning it out, so we are back to 220 volts.

It has been so hot that it is hard to sleep and last night it seemed that we had just gotten to sleep when a call came for a delivery. I now have a baby named after me. Would you recognize my name as Ailin?

School began on Monday with enrollment down due to an extreme drought. We have a fine staff of teachers, one of whom I hope will take over as director.

It is eleven p.m. and it has just begun to rain hard. Oh, if it would just rain all night.

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From Marie Sullivan in Boa Vista, T. F. Roraima, Brazil

—Winter, 1971

After a delightful holiday in the States, I am back in Brazil. It was good to be home during Christmas and to visit many

friends and relatives. During the month I was there I had fifteen meetings and two two-hour newspaper interviews. Even though I was busy, I returned to the field really refreshed.

About two weeks ago some women came running for me. Suzannah had tried to come to the station for me to deliver her baby, but she had to stop on the trail. So I ran up the mountain, or crawled, rather, it was so steep, and got there just as the baby was born and lying on the ground. I finished the rest of the delivery. Suzannah had lost her last three babies at birth. When all was calm again we thanked the Lord for a healthy baby.

While at a village one day, we all enjoyed eating the palm heart. The taste is quite like meat or nut, with a texture like parchment, or burnt paper. I am always intrigued by this strange texture. Some find palm heart a delicacy to eat, others scrape the outer shell and wear it in their ears and as armbands.

I am kept quite busy but I like it that way. I really look forward to receiving the Bulletins.

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From Linda Cheney Knudsen in Lakewood, Colorado

—March, 1971

I have been quite delinquent in writing. I have been going over some pictures and found some of the first annual Mary Breckinridge Day with Mrs. Breckinridge on horseback. I remember what a thrill that was for everyone.

We have two children now, Peter almost three years and Kathryn eleven months. June Moore Bender had her second little girl the same day Katy was born. They are still in Wyoming and we hope to get up to see them sometime this year.

I am keeping quite busy as a housewife and mother. Church activities take up most of my spare time.

We hope to spend a lot of time in the mountains this summer. Katy will be walking so both children will be able to enjoy it.

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From Mary Ann Saylor in Geijarat State, India—March, 1971

I have been going to the villages here and giving typhoid, tetanus and DPT vaccines. It is much more fun now than at

first because I know a little of the language and can speak to people. We have a hundred glass syringes, so we take a small pressure cooker and a kerosene stove along to the village for sterilizing. A native has been taught sterilizing procedure and how to fill syringes, so he takes me to the villages by open jeep and helps me with my work. The roads are very dusty. Even the oxen and camel carts make the dust fly.

We have well-built houses with cement floors and white-washed walls. We also have electricity and cold running water.

My barrel of dishes, et cetera have arrived in Bombay and go through customs tomorrow.

. . . .

From Vivian Bougher Good in Columbus, Ohio—Spring, 1971

After receiving my baccalaureate degree from the Ohio State University in 1967, I went to work for the State of Ohio as a maternity consultant in the health department. This was very challenging and interesting work which took me all over the state to try to improve the quality of maternity nursing care, whether in hospitals, health departments, parent education groups, etc.

Consultants should have a master's degree so last autumn I requested a leave of absence for fifteen months to return to Ohio State University. Since I must work with many different kinds of groups and individuals, I felt that the Community Mental Health program would give me the opportunity to study group process and take courses dealing with human relations and interpersonal relationships, which it does.

A man whom I met in Pittsburgh several years ago was transferred to Columbus and we renewed our acquaintance. We enjoyed taking one-day trips around the state and getting acquainted with Ohio. Then there were plays and concerts, bicycling and canoeing. It was a glorious year which culminated in our marriage on January 30, 1971. (See *Weddings*.)

Just before our marriage, Phil was due to be transferred again. He didn't want to be so far away while I was working on my degree so he accepted a position with Reliance Electric in Toledo. Phil has a small apartment there so I go up sometimes on weekends and school holidays.

We have a whole house and lots of room in Columbus, so

do feel free to stop if you are coming through. We'd like to see you or hear from you in Toledo, too.

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From Bea Kornmann in Baltimore, Maryland—April, 1971

Thank you for placing me on the mailing list for the Bulletin. Just like a letter from home!

I have undertaken a big project in my new assignment to become a hospital nurse-midwife of worthy note in the Church Home and Hospital.

I am looking forward to Ruth Blevins' visit in about two weeks. She will have the floor for relating to me of Brutus Center.

I am living with a favorite prenatal! My daughter and her husband are to become parents in September.

I remember with great pleasure my experiences with and my love for the FNS.

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From Clara-Louise "Pete" Schiefer Johnson

in Moorestown, New Jersey—April, 1971

Eric has been asked to go to Argentina on business and we are leaving the first of next week! We may be gone for several months or for several years, but we definitely will be returning to our home here in Moorestown.

I will be sorry to miss Brownie when she is in Philadelphia. I have enjoyed very much being on the Philadelphia Committee and regret having to relinquish my office of Treasurer so abruptly.

I would greatly enjoy seeing any FNSers who would come to see us in Argentina! We probably will live in Rosario, but our address will be: c/o Cia Swift de la Plata, Reconquista 314, Buenos Aires, Argentina, South America.

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From Ada Worcester Marston in Warminster,

Wilts, England—April, 1971

I had a lovely surprise last week. Mrs. Betty Buck wrote to say that her daughter-in-law was bringing her to England, and to Paris, so I was able to have them here for the night of

Tuesday, April 20. (They had hired a car in Sussex and at present are touring in Devon and Cornwall.) They arrived about 5:00 p.m. and we went out to an old Coaching Inn for our evening meal. It was so nice to return a little hospitality. I stayed with Betty and George Buck in 1930 or '31. They were most kind and took me to see the sights of Baltimore and Washington.

I went to the last Reunion and met Liz Palethorp. She told me that there were old FNS people near here.

Just before my visitors arrived spring did "spring" and we had a burst of lovely warm and sunny weather.

A friend is taking me to the Horse Trials at Badminton tomorrow. This I particularly enjoy as two of my "babies", now over twenty years, do very well and I am old fashioned enough to like seeing the Royal Family off duty.

. . . .

From Mrs. Grace A. Terrill ("Pixie") in Louisville,

Kentucky—May, 1971

The annual Crusade for Children was on WHAS, Channel 11 last Saturday night and all day Sunday. It is a thrill to see the tote board figure change as the vast contributions pour in. The firemen bring a lot of it in from their districts. One fire unit brought over \$25,000.00.

I dressed a hard boiled egg the other day for the little four-year-old girl next door. She was ill and it seemed to brighten her day. Now that Alison is well, her little eighteen-months-old sister, Caroline, has the same ailment so, for the past two days, I have made a clown for her. The little girls are darlings and wonderful young neighbors. The house was vacant for so long and it is a real pleasure to have them there. [*The Wendorver Easter Bunny has sadly missed Pixie's clever, artistically "dressed" eggs. His basket has not been the same since she left in 1966!*]

My love to all my FNS friends.

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Weddings

Vivian Bougher and Mr. William P. Good on January 30, 1971. (*See Letters.*)

Constance Lee Freier and Mr. John James Sterbenz on January 2, 1971 in Benton Harbor Michigan. D. J. Howald was one of the bridesmaids. Connie's mother, Mrs. George Freier, writes: "Connie and 'Casey', as John is affectionately called, are off this morning to spend the summer in Boise, Idaho. He will be with the U. S. Park Service and she with one of the local hospitals, hopefully in O.B.

"We will always have a warm spot in our hearts for you and your dedicated work in Hyden. Connie sends her love."

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Babies

Born to Dr. and Mrs. Ramon Neufeld of Baxter, Kentucky, a daughter, Susan Jill, on April 14, 1971, weight 7 pounds, 13 ounces.

Born to Mr. and Mrs. Jerry Pennington (**Susan Kennedy**) of Lexington, Kentucky, a daughter, Teresa Margaret, on April 6, 1971, weight 6 pounds, 7 ounces.

Our congratulations to the proud parents.

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We take great pleasure in announcing that **Agnes Lewis** received from Maryville College the Outstanding Alumni Citation at the Alumni Banquet on May 29, 1971. We wholeheartedly concur with Mrs. Rachel Ferguson's statement that "no graduate of the College deserves this award more than Agnes and we are thrilled for her."

Said the explorer: "As the tiger charged at me, I leaped for an overhanging branch 20 feet above the ground."

"Did you make it?" interrupted the tense listener.

"Not on the way up," the explorer replied, "but I was lucky enough to on the way down."

—*Modern Maturity*, Aug.-Sept., 1969

TONSIL CLINIC

by
CYNTHIA FLEMING
Courier from Ironia, New Jersey



Thirty-seven children from the area covered by the Frontier Nursing Service were patients at the annual tonsil clinic which was held this year at Hyden Hospital on May 5 and 6.

Dr. Glenn Bratcher of the University of Cincinnati brought an ENT resident, Dr. Ted Bolander, and an anesthesiologist, Dr. Theodore W. Striker, a nurse-anesthetist and a scrub nurse to Hyden to conduct the clinic. The Cincinnati doctors and nurses were aided by FNS staff nurses and our nurse-anesthetist and two surgical teams worked simultaneously. Four couriers also helped by entertaining the children in the afternoon and evening, sitting with some of them at night, and by serving breakfast in the morning.

Twenty-one children entered the hospital on the afternoon of May 4th, had surgery on the 5th, and were discharged the

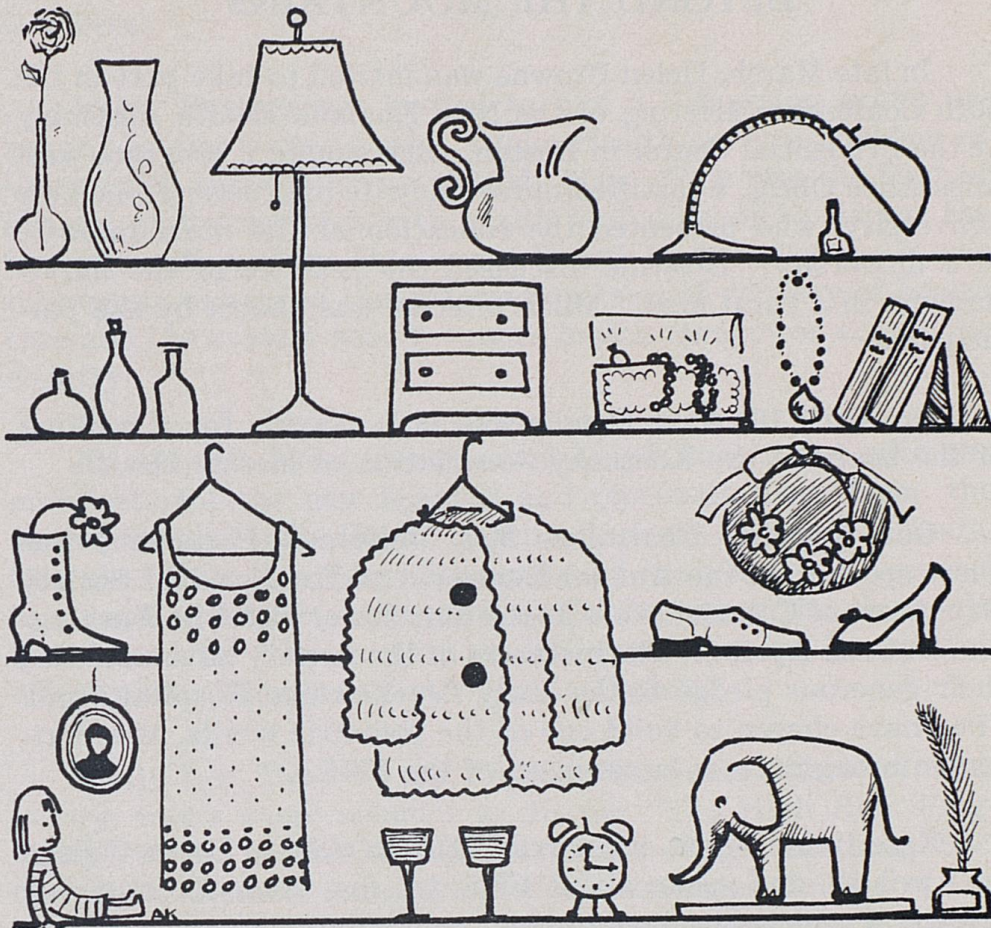


following day. FNS physicians had discharged every possible patient to make room for the children but, even so, the hospital bulged at the seams to accommodate them all. The clinic was somewhat complicated by a small flood which occurred on the morning of the 5th but sixteen more young patients came in on the Thursday or Friday morning and were discharged on Saturday morning.

Wiltshire woman in a bus stuck in traffic jam: " 'Tis terrible in summer; you've got to get a bus too soon to get anywhere".

—*The Countryman*, Winter 1970/71, Edited by Crispin Gill, Burford, Oxfordshire, England.

WHITE ELEPHANT



DON'T THROW AWAY THAT WHITE ELEPHANT

Send it to **FRONTIER NURSING SERVICE**
 1579 Third Avenue, New York, New York 10028

You don't have to live in or near New York to help make money for the Nursing Service at the Bargain Box in New York. We have received thousands of dollars from the sale of knickknacks sent by friends from sixteen states besides New York. The vase you have never liked; the ornaments for which you have no room; the party dress that is no use to shivering humanity; the extra picture frame; the old pocketbook; odd bits of silver; old jewelry—There are loads of things you could send to be sold in our behalf.

If you want our green tags, fully addressed as labels, for your parcels—then write us here at Wendover for them. We shall be happy to send you as many as you want by return mail. However, your shipment by parcel post or express would be credited to the Frontier Nursing Service at the Bargain Box if you addressed it

FRONTIER NURSING SERVICE
 1579 Third Avenue
 New York, New York 10028

BEYOND THE MOUNTAINS

In late March, Helen Browne was invited to take part in the 50th Conference Meeting of the New England Health Assembly at the Prudential Center in Boston. She shared a program with Miss Alice Obrig, a certified nurse-midwife instructor from Yale University, who presented the education of the nurse-midwife in a university. Brownie discussed the practice of the nurse-midwife in a rural area. Much interest was shown by the participants.

On April 16, Anne Cundle was in Louisville for a meeting of the board of the Kentucky Association of Mental Health.

Our National Chairman, Mrs. Jefferson Patterson, was guest speaker at the Annual Luncheon of the National Society Daughters of Colonial Wars at the Mayflower Hotel in Washington, D. C. on April 17. The members of the Society have exceeded their generous pledge to the Mary Breckinridge Hospital Fund. They have chosen to build one of the pediatric wards. Mrs. Patterson brought them latest news of the FNS.

Kate Ireland took our movie, *THE ROAD*, to Berea College on April 19, and spoke about FNS to the students studying "Health Problems in Appalachia".

The British Wives Association at the British Embassy in Washington invited our National Chairman, Mrs. Jefferson Patterson, to introduce our movie, *THE ROAD*, when it was shown at the Embassy on April 24. Mrs. Patterson reports that Lady Cromer, wife of the British Ambassador, and representatives from five other embassies attended and were interested to learn about the FNS.

In early May, Dr. Anne Wasson, Chief of Clinical Services at our Hyden Hospital, attended the Twentieth Annual Scientific Assembly of the Kentucky Academy of General Practice of which she is a member. She reports that she spoke of the FNS Family Nurse program at a breakfast conference. This resulted

in a resolution of endorsement of the program from the members.

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Helen Browne was invited to join a discussion group arranged by the United States Public Health Service Division of Community Health Service in early May. This was the first of general group meetings with health professionals to discuss the implementation of the Emergency Health Personnel Act. It was interesting to hear of the different systems of delivery of health care and the evident need for more health manpower across the country.

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On May 20, Helen Browne and Leigh Powell met with the architects for the new hospital and representatives from the United States Public Health Service Regional Office in Atlanta, Georgia. This was Stage III review of the plans. All seemed to go well and we look forward to the day when the plans will be released for bids, so that we will soon see the happy day when construction gets under way in Hyden.

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Molly Lee, Dean of the Frontier Graduate School of Midwifery, was a panel member to discuss "The High Risk Pregnancy" at the second annual conference of the Kentucky Section of the Nurses' Association of the American College of Obstetricians and Gynecologists. The meeting was held in Louisville, Kentucky, on May 27.

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As we go to press Gertrude Isaacs is on her way to Morgantown, West Virginia. She has been invited to present a paper on the FNS program. The Division of Public Health and Preventive Medicine of the School of Medicine at the University of West Virginia is sponsoring a conference on Appalachian and Rural Health.

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In these days of conferences and seminars we are fortunate in having sufficient members of our staff who are willing to travel long distances to talk about the FNS and its developing program for Family Nurses and its system for delivering primary health care in a rural area.

FIELD NOTES

It was our pleasure once again to entertain the members of the Frontier Nursing Service Board of Governors at Wendover when they came to the mountains for their Spring meeting on Saturday, March 27. The National Chairman arrived on the 24th and Mr. and Mrs. Charles W. Allen, Jr. of Louisville, Mrs. John Harris Clay of Paris, Mr. Charles S. Cheston, Jr. of Millis, Massachusetts, Mr. Henry R. Heyburn of Louisville, and Dr. Willis D. Weatherford, Jr. of Berea spent the Friday night with us. Two Board members, Miss Kate Ireland and Miss Jane Leigh Powell were already at Wendover. These members were joined on the Saturday by Mr. Edward S. Dabney, Mr. John H. Kerr, Dr. J. B. Holloway, and Mrs. F. H. Wright of Lexington and Mr. W. Roy Sizemore, Mr. Fred Brashear and Mr. Eddie J. Moore of Hyden. Mrs. Kerr and Mrs. Weatherford were entertained for lunch in Hyden on the day of the meeting by Mrs. Brashear and Mrs. Moore.

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The Hyden Committee of Frontier Nursing Service met at the Leslie County Library on the evening of Friday, May 14.

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We are fortunate in having Sally Steeves remain at Wendover this spring to help direct the diverse activities of the Courier Service. Our young volunteers during the past three months have been Elise Bloustein, Bennington, Vermont; Cathy Hoffman, Cambridge, Massachusetts; Kate Fulton, Providence, Rhode Island; Dede Trefts, Cleveland, Ohio; Marianne Morton, Baltimore, Maryland; and Cynthia Fleming, Ironia, New Jersey. These girls have helped with tonsil clinic, with district childrens' programs, with records at the hospital and on the district—in addition to their traditional chores of transportation, care of the animals and errands.

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The 60th Class in the Frontier Graduate School of Midwifery was graduated in St. Christopher's Chapel at Hyden Hospital on Wednesday, May 5, 1971. The nurses who received the diploma of the School and licenses to practice midwifery in the

Commonwealth of Kentucky were Janet Austin, Marcella (Sally) DenBleyker, Judith Friend and Sister Rosemary Homrich. This class was rather special since three of the students, Janet, Sally and Judy, were the first students also to receive a certificate in Family Nursing. We are pleased that Judy Friend is remaining for a time on our staff and that Sister Rosemary has accepted a position as a district nurse-midwife at Beech Fork.

Pam Love and Joan Illian, who had graduated previously from the School of Midwifery, have also completed the Family Nursing course and Pam is our hospital midwife. Eight other students have completed Family Nursing and are now in the Frontier Graduate School of Midwifery, four as junior students and four as seniors.

Staff nurses who will begin Family Nursing I on June 1, 1971, are Connie Becker, Leslie Anne Berger, Margaret Ann Burden, Judith Floyd, Ann Hamel, Mary Kaldeway, Karen Linkfield and Marie Price. Marie is a graduate of the 57th Class in the Midwifery School.

The graduating students invited our Field Supervisor, Mable Spell, better known to all of us as "Skip", to be their graduation speaker. Skip told them, in part:

"As we make our journey through life, we must keep before us the adage that 'no man is an island entire unto himself'. We touch the lives of all that come into contact with us. We have a responsibility to touch them in such a way as to promote their progress in their search for meaning in their lives.

"In speaking of this journey of searching, I would like to mention three words for thought—pressure, preparedness and power.

"When I speak of pressure, I am not referring to the pressures of getting to work on time, doing three jobs at once, or reaching economic solvency. I am thinking of the pressures of responsibility. As midwives, you would agree that the weight of responsibility in the delivery of care to the mother, baby and family is a heavy one . . .

"Secondly, there is the pressure of awareness of the needs and ailments of suffering humanity . . . and the pressure of compassionate love.

“. . . You have just completed the education which provides you with a foundation to build upon for a life of service. It's true that you do not receive a degree, but rather a certificate of achievement. I would urge you to continue your education by keeping up with the current trends and constant changes in midwifery. In your efforts to prepare yourself, do not forget to develop and prepare not only your minds but your hearts as well. It is important to think more of others and less of yourselves; to put others first in your life and to learn to love with all your life.

“. . . In speaking of power it is a God-given power of which I am thinking—the power of our minds, the ability to think and reason in order to assess situations instantly. Let us consider some other important powers:

“The power of skilled hands . . . the power of giving of yourself . . . the power to love . . .

“In playing baseball, you may be fortunate enough to outrun the ball and reach home plate—and learn that you are out because you failed to touch one of the bases. So it is with these three words: If you fail to touch yourself with awareness, or fail to be touched with preparedness, and fail to touch others with love, you have failed in reaching your ultimate potential. If you do not remember anything else I have said, I want you to remember: with God's strength behind you, His love within you, and His arms underneath you, you are more than sufficient for the job ahead of you. . . .”

It is with regret that we say goodbye to Dr. R. Edward Dodge and his delightful family who are leaving us in June for Florida. To Dr. Dodge goes much of the credit for the success of the first year of the Family Nurse program. We are most grateful to him and we shall miss him.

We are glad to welcome to our medical staff Dr. Alan H. Mumm who, with his wife, has come to Hyden to help us out this summer. Dr. Mumm has spent the past year at the Johns Hopkins University School of Hygiene and Public Health in Baltimore.

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It hasn't been very many years ago since we had a total staff in the neighborhood of seventy-five people. Now we have

a total staff of approximately one hundred and fifty people—and this means that we have lots of “comings and goings”.

Agnes Lewis was with us for several weeks in the spring, and we are expecting her back, to relieve for Juanetta Morgan's vacation, before the end of June. Metra Heisler, a nurse-midwife from Tamaqua, Pennsylvania, spent three months with us to brush up on her midwifery before returning to Sierra Leone. Pauline Lee, a senior student in the nursing program at Northeastern University in Boston, spent a two month field period with the FNS and was a great help. Pauline's mother, who visited her while she was in Kentucky, has announced Pauline's engagement to Mr. Gregory Anthony Goolkasian. The wedding will take place in Taunton, Massachusetts, on the twenty-sixth of June.

Marjorie Ruegger of New York is spending a month or so in Hyden Clinic before going back overseas. Alice Vardiman, an assistant professor of psychiatric nursing at Spalding College in Louisville, is with us for the summer to help with the Family Nurse course. Helen Tirpak, a doctoral student at the University of Pittsburgh, is spending six months with the FNS, four as a staff nurse and two in research.

For some years Miss Nolie McDonald has been one of the busiest people in the FNS, with both the x-ray department and the lab on her hands. She is free to take a well-earned vacation this summer because we are fortunate in having help in these two areas. Mrs. Dorothy Maffett is with us as a volunteer x-ray technician, Joe Lewis of Hyden has joined our staff as a lab technician, and Alice Prince of New Jersey, is spending the summer helping in the lab before she enters medical school in the fall.

We are delighted to have Marie Price of Edgewood, New Jersey, back in Kentucky and we are pleased to welcome Peggy Burden, a nurse-anesthetist, and Ann Weissinger, a medical-surgical nurse, to our nursing staff. We are most grateful to Kathleen Smith of Lima, Ohio, who volunteered her services for three weeks this spring. Nan Sersig, who was with us last year as a courier, has returned as a nurses aide on the district. We hated to bid farewell to three of our nurse-midwives in May. Sue Cross has returned to her home in England and Barbara Criss has gone to

New York for a midwifery internship. Joan Fenton plans to have a good rest this summer before taking on an exciting new job in the fall. Our best wishes go with them and with Mary Pickering and Pam Himes, two young nurses who also left in May.

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With the coming of good weather to the mountains have also come a number of guests. We have entertained students from Berea and Spalding Colleges and also from two colleges in Kansas. A group from the Evening Branch of the Women's Auxiliary of Christ Church in Cincinnati, spent a day with us in mid-May. Congressman Clarence J. Brown of Urbana, Ohio, and his family stopped by Wendover one morning and Connie Becker brought Miss Mae Glassbrenner and Miss Lucille Horstmeier of Stokee, Illinois, to dinner one evening. We were delighted to have Mr. and Mrs. Martin Lynch of the British Embassy in Washington spend two nights with us, and to have a visit, just prior to our annual meeting from Mrs. H. David Hickey, National President of the Daughters of Colonial Wars, and Miss Catherine Keith, former President of the Tennessee Society.

It has been good to see several old staff members and old couriers this spring. Mrs. E. A. McClintock (Barbara Ingersoll), her daughter and aunt spent a night with us in March. Mrs. George P. Winship (Clara-Dale Echols) and her husband came in for tea one afternoon. Wendy Neel brought her fiance to see us and Janet Ruch and Alice Herman have been back for brief visits. Freddy Holdship came back to Wendover for a week end after the Annual Meeting, as did Phyllis Long who is back in this country from Ethiopia. Mr. and Mrs. William Wotherspoon (Mary Bulkley) were welcome guests one night in late April.

Mr. and Mrs. Albert Trefts of Cleveland brought their daughter Dede to Wendover and came to get her at the end of her courier term. Mrs. Anong Ratanapal and Mrs. Aunchun Thongtawer, nurse-midwives from Thailand, spent about ten days observing the work of the FNS in April.

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And now June is upon us. We had a late—but beautiful—

spring in the Kentucky mountains and so far the full heat of summer has not hit us. Like the spring, this Bulletin is also late. We beg your indulgence—it has been a busy year.

WELSH WAYS

In our Denbighshire village there is a wedding custom known as 'Saving a Good Man'. It consists simply in waiting until the bridegroom arrives at the church and then blocking every approach road but one, so that the bride is delayed and the groom has a chance of second thoughts. Carts and hurdles used to form the road blocks; today it is tractors. As far as I can tell, it happens only when both bride and groom are from the parish or from near by. The last occasion was some five years ago, and the bride had to make a detour of nearly ten miles. Her mother was furious. But there is no record of any bridegroom having taken advantage of his opportunity.

Another local custom, kept up until recently, concerned the delicate matter of fees at funerals. Each member of the bereaved family rose in turn from his seat in church, walked round the coffin and placed a piece of silver on it to pay the parson. At the grave-side they would find two shovels laid crosswise on the path, to remind them that the gravedigger too had earned his fee. Hanging on the west wall of our church is a long-handled six-sided collecting box which, I am told, was used instead of the shovels, or as well, by a former grave-digger of grasping disposition. 'Mean old so-and-so', commented one villager, 'Used to get two pound ten for scything the churchyard twice a year and then went round selling the hay'.—*E. G. Fowler*

—*The Countryman*, Winter 1970/71, Edited by
Crispin Gill, Burford, Oxfordshire, England.

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S.C.M. stands for State Certified Midwife and indicates a nurse, whether American or British, who qualified as a midwife under the Central Midwives Boards' examination of England or Scotland and is authorized by these Boards to put these initials after her name.

C.M. stands for Certified Midwife and indicates a nurse who qualified as a midwife under the Kentucky Department of Health examination and is authorized by this Department to put these initials after her name.

FORM OF BEQUEST

For the convenience of those who wish to remember the Frontier Nursing Service in their wills, this form of bequest is suggested:

"I hereby give, devise and bequeath the sum of _____ dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky."

HOW ENDOWMENT GIFTS MAY BE MADE

The following are some of the ways of making gifts to the Endowment Funds of the Frontier Nursing Service:

1. **By Specific Gift under Your Will.** You may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.
2. **By Gift of Residue under Your Will.** You may leave all or a portion of your residuary estate to the Service.
3. **By Living Trust.** You may put property in trust and have the income paid to you or to any other person or persons for life and then have the income or the principal go to the Service.
4. **By Life Insurance Trust.** You may put life insurance in trust and, after your death, have the income paid to your wife or to any other person for life, and then have the income or principal go to the Service.
5. **By Life Insurance.** You may have life insurance made payable direct to the Service.
6. **By Annuity.** The unconsumed portion of a refund annuity may be made payable to the Service.

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The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.



FRONTIER NURSING SERVICE, Inc.

Its motto:

“He shall gather the lambs with his arm
and carry them in his bosom, and shall
gently lead those that are with young.”

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives for rural areas in Kentucky and elsewhere, where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and midwifery training schools for graduate nurses; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service, to obtain medical, dental and surgical services for those who need them at a price they can afford to pay; to ameliorate economic conditions inimical to health and growth, and to conduct research towards that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them, to cooperate with individuals and with organizations, whether private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

Articles of Incorporation of the
Frontier Nursing Service, Article III.

DIRECTIONS FOR SHIPPING

We are constantly asked where to send gifts of layettes, toys, clothing, books, etc. These should always be addressed to the FRONTIER NURSING SERVICE and sent either by parcel post to Hyden, Leslie County, Kentucky 41749, or by freight or express to Hazard, Kentucky.

Gifts of money should be made payable to

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and sent to the treasurer

MR. EDWARD S. DABNEY
Security Trust Company Building
271 West Short Street
Lexington, Kentucky 40507



THE SIXTIETH CLASS

Frontier Graduate School of Midwifery
With Their Instructors and Graduation Speaker

Left to right, standing:

Marcella (Sally) DenBleyker

Janet Austin

Judith Friend

Mable R. (Skip) Spell, Field Supervisor and Graduation Speaker

Left to right, seated:

Elsie Maier, Midwifery Coordinator

Susan Cross, Instructor

Sister Rosemary Homrich

Molly Lee, Dean

Three of these nurse-midwives—Sally, Janet and Judith—are the first graduates of the new Family Nurse program.

THE UNIVERSITY OF

WISCONSIN
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